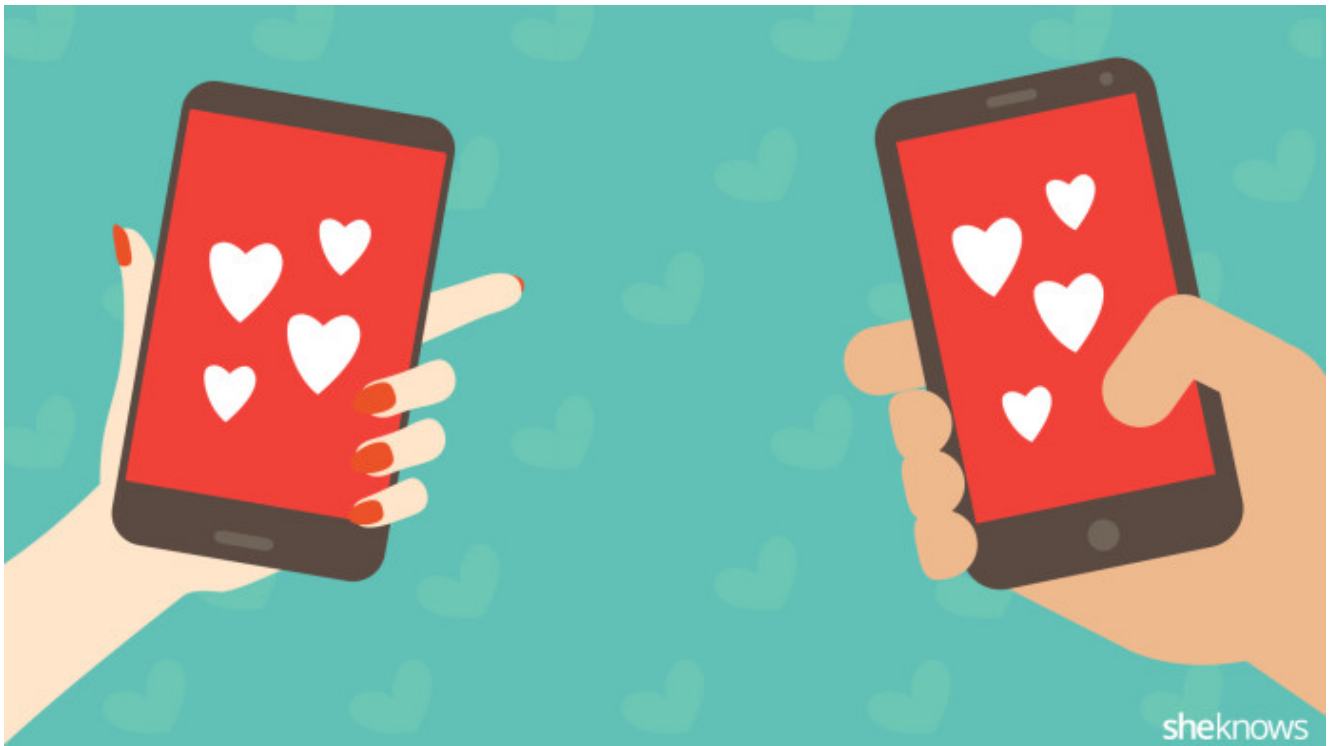


Expert Dating Advice: Tired of Online Dating Sites? 3 Ways to Get Off As Quick As Possible



By [Josh Pompey](#)

Online dating can be physically exhausting for a lot of people. Add to that the emotional exhaustion that often comes with the territory, and it's easy to see why so many people would do anything to get off of dating sites as fast as possible. If you fall into that camp, here's 3 tips that may boost your ability to find love quicker than you think.

Get off online dating with these tips!

1. Take control of your fate. The best way to ensure that you will find what you are looking for is by assuming responsibility. This means being an active online dater. Don't just wait for someone special to show up in your inbox, because it may never happen. Get out there every day, search religiously, and initiate conversations with those that interest you.

Related Link: [Expert Dating Advice: 5 First Date Ideas to Get Past the Winter Blues](#)

2. Target with precision. It's easy to get distracted online by a cute smile or someone that is just plain hot. But what if they have long-term deal-breakers that you know will not be compatible in the long run? Avoid these setbacks and potential distractions by creating reasonable filters that allow you to engage with men and women who fit your long-term partner priorities.

Related Link: [Expert Dating Advice: 5 Reasons to Hire A Online Dating Assistant](#)

3. Don't treat online dating as an option. Tired from work? Too bad. Drinks with friends for happy hour? No excuse. Whatever it is you have going on in your life, take a half hour to an hour a day to make sure you are performing searches and initiating your conversations. What you do for money is your first job. Your second job is to scour online dating sites looking for the ideal partner. This needs to remain your priority and treated like the full-time job that it is.

For more information and online dating advice from Joshua Pompey, visiting <http://joshuapompey.com> or <http://nemvip.com>

Ask The Guy's Guy: Should I Follow My Boyfriend To Where His Job Is?



By [Robert Manni](#)

Question from Kaylee M: "My boyfriend and I have been together for a while now, and we both know we're going to end up together for a while. But, he might have to take a job that's 6 hours from my home, and that might be an issue for me. I'm very close to my family and not sure if this is a move I want to do. What should I do?"

Boyfriends moving away, should you go with him?

Hi Kaylee:

You have a lot of variables to consider before making a decision about this move. It's great that you have a strong bond with your boyfriend, that he has a great opportunity, and he wants you to join him. Now it's time to ask yourself questions. What are the opportunities for you if you join him? Do you have a career where you currently live? If so, can you get a transfer to the new locale or easily find a similar job there? Have you visited this location? Did you like it, and could you see yourself living there? Do you know anyone there? How difficult would it be to visit your family if you move?

Six hours by car is substantial, but it's not like moving across the country. You mentioned seeing yourself together with your boyfriend "for a while". How long is a while? Is it long enough to pick up and move your life, career, and away from your family? Only you know the answers to what's in your heart and what his intentions are.

Related Link: [Ask The Guy's Guy: What Do I Do If I Have Trouble Opening Up To My Significant Other](#)

I'm not trying to throw water on what could be a great opportunity for both of you. I'm suggesting you consider how all the variables of this move will impact you and your life, friends, and family connections. I'm also wondering what your boyfriend has to say about this opportunity as it relates to you. After all, you will be making a sacrifice since he already has a job set up. Was this opportunity a surprise or something he has been working towards? As you can see, there is a lot for you to consider prior to making a decision. You may discover that it can turn out great for both of you. Or not. Only you can get the answers you need to make a wise decision. After all, your number one priority and consideration is to yourself. Good luck!

If you would like relationship expert Robert Manni to answer your online dating/relationship questions, please email gillian@nvmediainc.com

More about the Guy's Guy:



Robert is the host of Guy's Guy Radio, featured on Blog Talk Radio and available on iTunes, Stitcher, and TuneIn. The weekly podcast features interviews with relationship coaches, entertainers, authors, wellness experts, spiritual teachers, sports personalities, and a weekly "Guys' Guy's Guide" exploring current guy-focused topics.

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Robert developed the Guy's Guy Platform to help men and women better understand each other and bridge the growing communication gap between the sexes. He continually creates a fresh, robust palette of timely Guy's Guy [content focused on life, love and the pursuit of happiness](#). Whether it's navigating the challenges of dating, relationships, friendship, career or wellness, Robert explores ways to help both men and women be at their best so that everybody wins.

Dating Advice: 5 Activities for a Fun and Fresh Date With Your SO



Valentine's Day is over and done. But, celebrating and expressing love should never be limited by a holiday or a certain month of the year. Trying out new things as a couple is proven to strengthen any relationship regardless of stage. Sure, a candlelit dinner, flower bouquets, and expensive chocolates do sound romantic, but you can do that any day with your S.O. Go for something new, and never be afraid to try out other things!

Once in a while, isn't it amazing to go all-out? Whether you and your S.O. are the outdoorsy types or incorrigible homebodies, here is some [dating advice](#) with five simple activities you can do for fun.

Camp Under the Stars

For the outdoorsy couple, an excellent Valentine's celebration would mix romance and adventure, and that's exactly what you can get when you go camping. Camping in the wilderness makes you feel as if you were the last people on earth. It's just you and your SO underneath the stars, surrounded by the quiet and peace of nature. Nothing can be more intimate than that.

Plus, camping outdoors has lots of [benefits to your physical and mental health](#), including stress reduction, getting exercise, breathing fresh air, and unplugging from social media, to name a few.

Of course, if you don't fancy the long trek and lugging heavy camp gear to the site, you could always [go for glamping](#). It may not be as thrilling or as adventurous as traditional camping is, but you'll have more comfort and convenience in exchange. In any case, you can always rough it up next time.

Do an Arts and Crafts Day

Not everyone enjoys going out. Some people just want to stay in and relax with their SO at home. You can watch some movies, play video games, and share a home-cooked dinner. Or you can do something that you don't do every day to celebrate the holiday—like doing arts and crafts.

Whether you and your partner are artistically inclined or not, there are plenty of benefits of doing arts and crafts. Staying at home, making origami, [creating a photo book](#), coloring, or just doing something creative is a great way to have fun and just relax. You can compete with your arts and crafts with something 'romantic' as prize for the winner.

Try Paintball

If you and your partner are itching for some thrill and adventure, invite all your friends and organize a paintball competition this weekend. There's nothing like adrenaline rush to add fun and excitement to your celebration.

Paintball is perfect for people who want to have fun and let off some steam at the same time. You're free to go wild, get competitive, and make as much mess as you can. A game of paintball may be just what you and your partner need to decompress and loosen up some knots.

First time trying the sport? Learn all about the rules and whatnot of the game using this [detailed paintball guide](#).

Have a Slumber Party

Who says only kids can have slumber parties? Adults need them too! Slumber parties are a lot of fun, and you and your significant other deserve to as much.

You can stay up watching all your favorite movies, playing video games, doing your nails, having a rap battle, holding an impromptu concert, or simply chatting. It's a great way to catch up especially if you've both been so busy doing individual things.

Having a slumber party also takes away the stress of planning a romantic celebration on one or both of you. And you save yourselves from struggling with a million other couples who are rushing to make it on time for their dinner reservations.

Spend a Relaxing Day at the Spa

For the busy couple, a relaxing spa day may be the perfect way to celebrate special days. Sure, spending the holiday at the spa may not be the most romantic thing to do for others, but both of you deserve to feel more refreshed and a really great massage and pampering. Adventure and excitement can wait until the next holiday or weekend. For now, you both deserve to treat yourself.

Final Word

You're not obligated to celebrate and express your love for each other all the time. But these little things make a huge difference for any relationship. Planning such activities add spice to any relationship and will make your significant other feel loved. You don't have to stick to conventional ways of celebrating all the time. If you and your SO have the time, energy, and resources, why not do something fun and unique and even more extreme?

What are some fun date ideas you do with your SO to keep the spark alive? Share below!

Date Idea: Garage Sale





By Ann Luther and [Mara Miller](#)

This weekend, embrace the traditional activity of spring cleaning and host a garage sale together. For this date idea, advertise throughout your community to get rid of all of the clutter in your homes to make way for the new memories you'll create together. Throwing away, giving away, or selling the items that made up your past says to your partner that you're ready for your future as a couple. It's tough to let go, but you're not using all that old stuff for a reason and if this task seems impossible, you can always hire a [home cleaning service](#) to help!

Do Some Spring Cleaning With This Weekend Date Idea

Cleaning out your closet can be fun too! Put on a fashion show before you get rid of out of date clothing. You and your beau can laugh at all of those oh-so-wrong statements you made. You can also give your partner a look into the life you lived before you met him, which is another special thing to share.

If you're thinking of moving in together, follow this [expert dating advice](#): Make a list of all the essentials you both have at your respective residences. You won't need two things like vacuums, brooms, dust pans, dish drying racks, tool boxes, shower curtains, and sets of pots and pans. Keep the best of everything (just like you do in your relationship!), be rid of the rest, and make enough money to go to a fancy restaurant after the garage sale is over.

Related Link: [Date Idea: Redecorate](#)

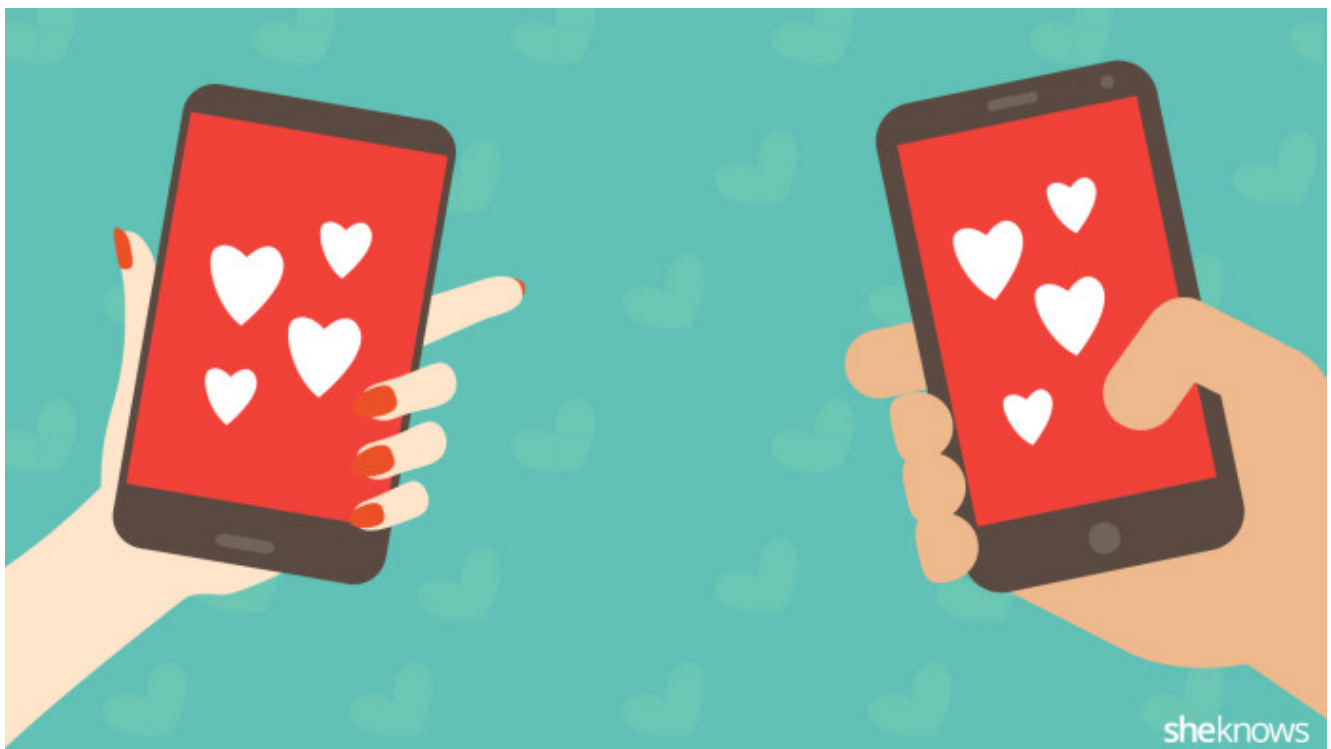
This weekend date idea allows you to soak up the magnificent weather by getting out and plastering your town with flyers about your garage sale. You might make a competition out of it: See who can post flyers down either side of the block faster. Post a picture of the winner and the flyer on social media to advertise your sale and to show off your happy relationship to your friends and family. To further your sale's exposure, [Garagesalestracker.com](#) is a great forum to inform the surrounding areas that you'll be open for business.

Related Link: [Date Idea: Personal Spring Cleaning](#)

On the afternoon of the sale, bring out some speakers and a bottle of wine to make the long day more bearable. The fun atmosphere will bring more people to your lawn, and you can dance with your man in between transactions. Whatever you don't sell, you can donate to Goodwill, The Salvation Army, or another charitable organization. Thanks to this love advice, when the day is done, you'll have more space, more money, and more fun memories.

Have you ever gotten rid of junk to make space for your partner? Share your stories below.

Dating Advice: 5 Online Dating Tips to Start the New Year Right



By [Joshua Pompey](#)

New Years' Eve may have come and gone, but it's not too late to make those resolutions still, especially in regards to improving your dating life. Let's take a look at 5 online dating tips that you could implement immediately to get your love life on the right path this year.

New Year, New Profile!

Update the photo gallery

This is one area of your online dating life that there is always room for improvement with. Unless you are a Kardashian garnering tens of thousands of likes with every picture you take, break out the camera and get to work.

Focus on taking pictures that highlight your best attributes, while also capturing you in scenarios that reveal your best personality traits. You will also want to thumb through some of your best pictures of the past year, with the focus being on combining your best experiences, with pictures that you look most flattering in. For some great advice on how to do this, you can read this guide to creating a perfect photo gallery <https://joshuapompey.com/women/guide-online-dating-profile-pictures-women/>

Related Link: [Expert Dating Advice: 5 Reasons to Hire a Professional Online Dating Profile Writer](#)

Rewrite the profile

There is always room for improvement here, not to mention, the written portion of your profile is arguably the most important determinant of your success.

When you revisit your profile, don't think of it as a homework assignment or essay. Keep it fun, playful, and lighthearted. The idea is to reveal your best personality trait and interests in a way that jumps off the page and shows who you are at your core. And don't forget to proofread!

Related Link: [Expert Dating Advice: Date Ideas for Spring Love](#)

Improve your emailing game

With all the competition that exists online, you can't afford to be boring. You need to make sure your email stands out from everyone else by making it fun, engaging, and interesting. The best approach is to scan the profile for

something interesting about the other person, think of something playful to say, and then follow that up with a question. Once you do this a few times, you'll get the hang of it and be able to do this on autopilot in a relatively easy manner.

Related Link: [Dating Expert Reveals Why Online Dating Is Better Than Meeting In Real Life](#)

Start initiating messages

Here's a little secret. Often times the highest quality men and woman are not initiating conversations online, nor are they performing searches. Why? Because the more successful and well-rounded people are in their personal life, the less time they often have to spend on dating sites.

So while you might be waiting around for someone special to send you an email and sweep you off your feet, the irony is that they might not even know you exist. The best way to ensure that you get dates with the highest quality people is to actively perform searches and show up in their inbox with an incredible message and profile to match.

For more information from Joshua Pompey, visit Joshuapompey.com or nemvip.com

Expert Dating Advice: Why Am I Attracted to The Wrong Men?





By Gillian Lee

In this week's Single In Stiletto's dating advice video, founder and love expert Suzanne Oshima talks to Dr. Diana Kirschner about why am I attracted to the wrong kind of men. Watch the video above and read the article below for some dating tips in your life!

Why Am I Finding The Wrong Men?

Dr. Kirschner is a PBS Love Expert, Psychologist, and Best Selling author to many books! She started a journey to find love after she had a rough childhood, and she was successful by finding a partner. She has now been able to help thousands of people around the world to find self-love and with a partner.

Related Link: [Expert Dating Advice: How To Get A Man To Crave Your Company](#)

1. **Attracted to Alpha Men:** Us women are wired biologically to be attracted to men who are "bad boys." It's an instinct that we are attracted to these type of men because of the survival

of the fittest. A stronger man is going to be better for your reproductive needs, and sometimes it's irresistible that we are attracted to these type of men. He's good in bed, and you're attracted to him, but why isn't it working out? It doesn't work out because they're often players and narcissists. These men are usually not interested, because it's all about getting laid. "Most women end up heartbroken..." Dr. Kirschner explains.

Related Link: [Expert Dating Advice: 3 Signs He's Falling in Love With You](#)

2. Men Who Are Gorgeous: When you're attracted to men like this, it's not going to give you that "soulmate love" kind of experience. "It's really something inside that makes them a good partner...that makes someone a soulmate for you." Dr. Kirschner tells us.

Related Link: [Expert Dating Advice: Can Casual Sex Turn Into Love?](#)

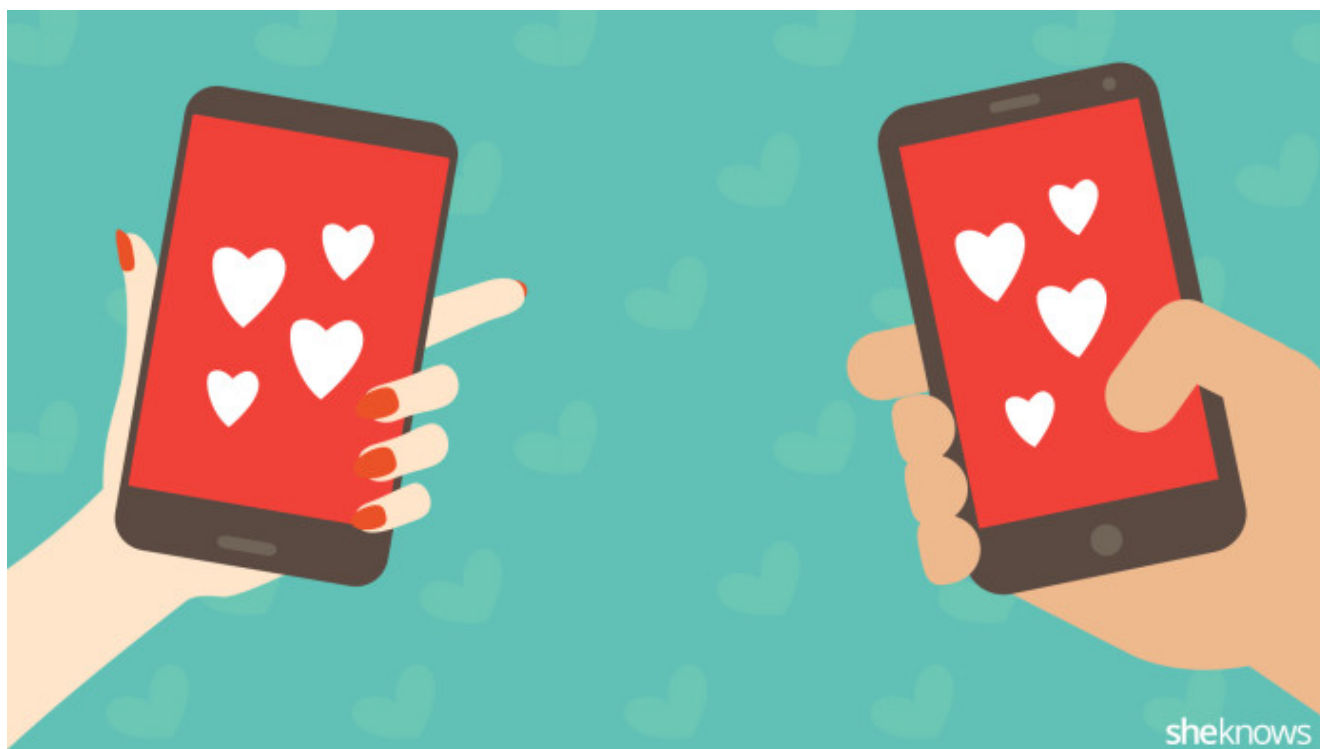
3. Negative Parental Role Models: If you grew up with bad role models, then you will most likely end up dating someone who is bad as well. When you grow up, your parents set a template up for you on love, and how portray it. This all happens in your subconscious mind, and then you'll realize who they truly are.

Dr. Kirschner has a gift for all her viewers, which is a free 40-minute session with a love mentor coach. They can help you get attracted to the right guys, and all you need to do is go to lovein90days.com and fill out the form. Make sure to Suzanne sent me, to get your free session.

For more dating advice videos and additional information about the Single in Stilettoes shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Ask The Guy's Guy: If He Isn't Ready To Date, What Should I Do?



By [Robert Manni](#)

Question from Olivia MacBeth (Binghamton, NY): "What should I do if the guy I really like isn't ready to date yet? Should I keep waiting or should I move on?"

Keep waiting or move on?

When a guy says he “isn’t ready to date yet” there are usually only two reasons for his hesitancy to go out with with a great woman like you. The first consideration is that he’s coming out of a painful break up and needs time to lick his wounds before jumping back into shark-infested dating waters. If this is the case, I suggest you give him some time. Maybe let him heal for a month or so, but that’s it. You both need to get on with your lives. If he needs a little time, make sure he’s being truthful, then clock his behavior while his heart “heals” and watch how he handles the situation. Every guy gets dumped, but what often separates one man from another is how they handle challenging matters of the heart. Of course you want to date guy who’s in touch with his feelings, but if he’s still pining for his ex after a certain period of time, that a signal that it’s time for you to move on.

Related Link: [Ask The Guy’s Guy: What to do if You Find Your Partner Using Online Dating Sites](#)

On the other hand, if a guy has not recently come out of a break up but is still hesitant about dating you, that’s another story which does not have happy ending. When a guy is single and available, yet remains non-committal about dating you, that means one of two things. He’s either interested in someone else or he’s just not that into you. If either is the case, take a deep breath, exhale, hold your head high, and move on.

After all, do you really want to wait around for a guy who is not jumping at the chance to date you? I doubt it.

Hope this helps. Good luck.

Related Link: [Ask The Guy’s Guy: How to Win a First Date After Meeting Online](#)

If you would like relationship expert Robert Manni to answer your online dating/relationship questions, please email gillian@nvmediainc.com

More about the Guy’s Guy:



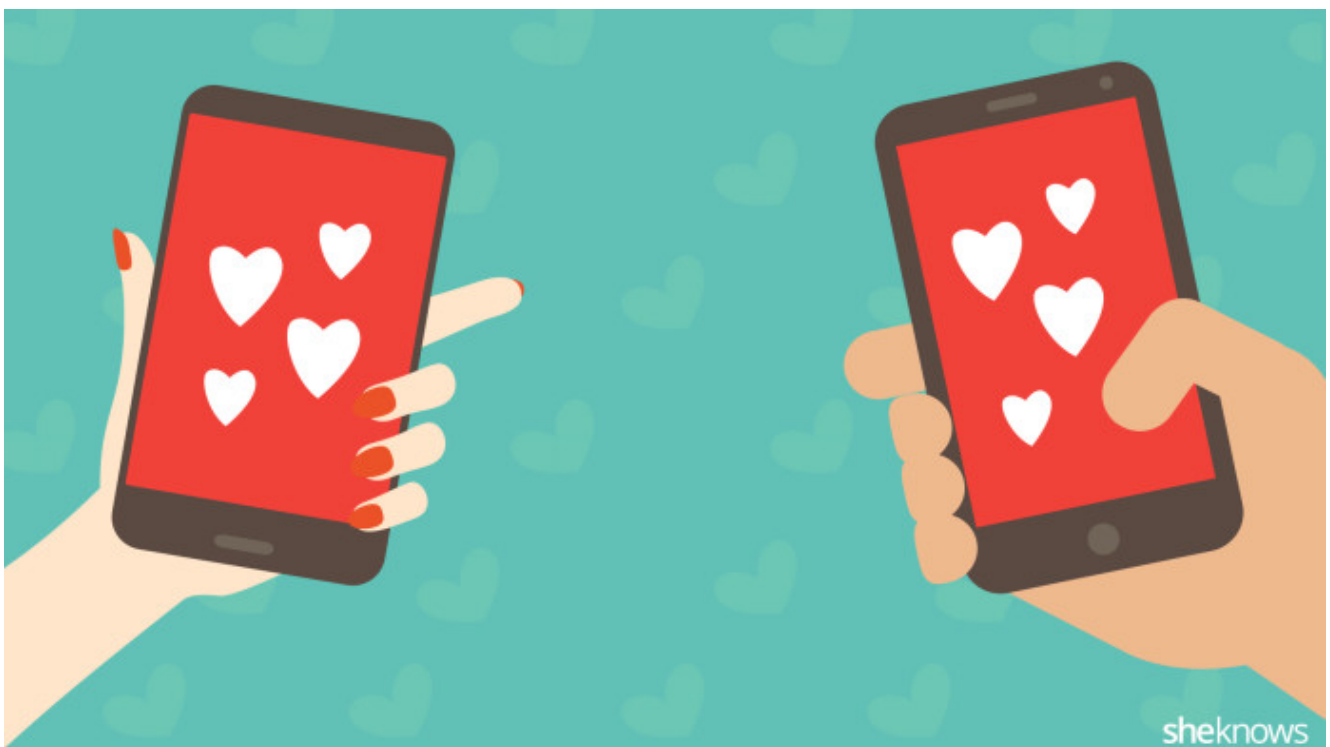
Robert is the host of Guy's Guy Radio, featured on Blog Talk Radio and available on iTunes, Stitcher, and TuneIn. The weekly podcast features interviews with relationship coaches, entertainers, authors, wellness experts, spiritual teachers, sports personalities, and a weekly "Guys' Guy's Guide" exploring current guy-focused topics.

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Expert Dating Advice: Are You Ready To Move-In Together?



By [Megan Weks](#)

Thinking about moving in with him? Read some [expert relationship advice](#) to see if you are ready to make this move.

Making the next big step in the relationship!

Before you move in with him, consider this: Rent is expensive and you'd LOVE to share it with him... You're sick of living out

of a suitcase every weekend when you're at his house. You're practically there all the time. His dog is starting to call you "Mom." Is it time to move in? Think about this from a Man's perspective. What generally is a man seeking out of a relationship with you? Warmth. Encouragement. Admiration. Love. Sex. He gets it all nearly all of the time when you move in with him. We have all heard the old adage, why buy the cow when you can get the milk for free? Well, it's something to seriously consider when you are looking to move in with him.

Related Link: [Expert Dating Advice: How To Put Yourself Out There After A Break-Up](#)

When the conversation of moving in arises, it's an opportunity. It's your chance to create a moment to have a man face some real-life questions. Basically, what are his intentions here? Otherwise, I guarantee it's not on the top of his mind. He is probably focused on his career or other important things like his fantasy league or latest fall micro-brew. He's not going to be sitting there thinking about his intentions with you. It may not cross his mind at all how this move could benefit you or not benefit you a year later when he's about ready to pick his fantasy team, again...

Use this moment to discuss intentions rather than going with the flow or "hoping." A tactic I see women using all the time. I also see it blowing up in their face where it's a year later, they are a year older, and they have nothing more but a year more of memories with a dude who just "wasn't ready" for what she wanted.

Related Link: [How I Used a Manfunnel to Meet My Dream Husband](#)

Now realize I don't know you or your relationship so I'm simply asking you to consider this before proceeding. If you're looking for a formal commitment to A.K. A. engagement or marriage, don't allow a man to have you in his place all cozy while he decides what he wants to do with you. He gets to

play house. He gets to have it all. You can spend plenty of time together to experience what living with one another might be like. You don't have to actually take that plunge to learn what you need to learn.

Related Link: [Should I Drop All The Other People I'm Interested In?](#)

Here is another thinking point. Are you considering moving in because it's an inconvenience to you? You're tired of going back and forth. You're tired of living out of a bag when you're at his place? Why is it that we women tend to travel to the man's house? Why are we spending more time over there rather than him spending time at our place? I've heard answers many reasons to this question. He doesn't have a roommate and you do. He has a bigger bed, a bigger place or better TV. I've heard that the man isn't comfortable there and can't sleep well over at your place, and many more excuses.

Sometimes it starts to feel like a girlfriend delivery service. You're so cozy at this point, he barely has to take you out anymore on dates. I've seen men stay in relationships for years because they have all that they need but they also don't intend on proceeding with a formal commitment. After seven years, you move out and he marries the next woman who comes along who he dated for seven months! I'm pretty sure we have all heard some version of a similar story.

I see way too many women jumping through hoops to be the girlfriend. Let him jump through hoops to have you in his life at all. Did you know that a man will appreciate you about 100 times or more if you are very certain in your value and your deservingness to be appreciated? Women are so afraid to lose a man that they seem to hardly take this approach of making him work hard to have her in his life. A man wants to do this work. He wants to cherish you and go out of his way for you. If you make everything too easy on him, he will view the relationship as less valuable.

Related Link: [Expert Dating Advice: How To Handle a Heartbreak](#)

Before moving in, you need to truly figure out what's best for you. I'm not asking you to take a fear-based approach but I am suggesting to be smart about this decision. It's a big one. Don't do it out of convenience. Don't do it if you don't know where the relationship is headed. Discuss both of your intentions and a timeline of expectations before you take the relationship to the next level.

For more information about dating expert Megan Weks, visit her website at www.meganweks.com. For more relationship advice articles from Megan, click [here](#).

Expert Dating Advice: Why Can't I Seem to Find The One?





By Gillian Lee

In this week's Singles In Stilettos, [dating advice video](#), founder and relationship expert [Suzanne Oshima](#) talks to Dr. Diana Kirschner about why you can't find the one. Watch the video above, and read the article below to find out some good dating tips in your life.

Searching For The One

Dr. Diana Kirschner is a PBS Love Expert, Psychologist, and the best selling author to many books. Kirschner had a difficult time finding love for herself, and a difficult childhood that led to her finding her passions today.

1. Unconscious patterns: We as people are prone to our unconscious patterns, but sometimes they are very strong which can lead to continuously dating to not find the one. Start to become conscious of whatever pattern you've been playing out, and then overcome this pattern. Kirschner said the "I will make you love me pattern...but you can't make anyone love you."

This all has to do with self-esteem and the belief that no one will love you. You can see this when you realize you are always taking care of your partner, you never really get a turn to get help. "It's like you need to produce in order to get love," Kirschner tells us.

Related Link: [Expert Dating Advice: 3 Signs He's Falling in Love With You](#)

2. Not perfect, I'll pass: For this reason, you find little imperfections on a person, and say he's "not perfect." In this pattern, "perfectly great guys come along but they are rejected, often are in women's early years." We have to realize that there's no perfect guy, and there's going to be something that isn't on your "checklist." You have to see if he is able to grow as a man and be able to improve his imperfections.

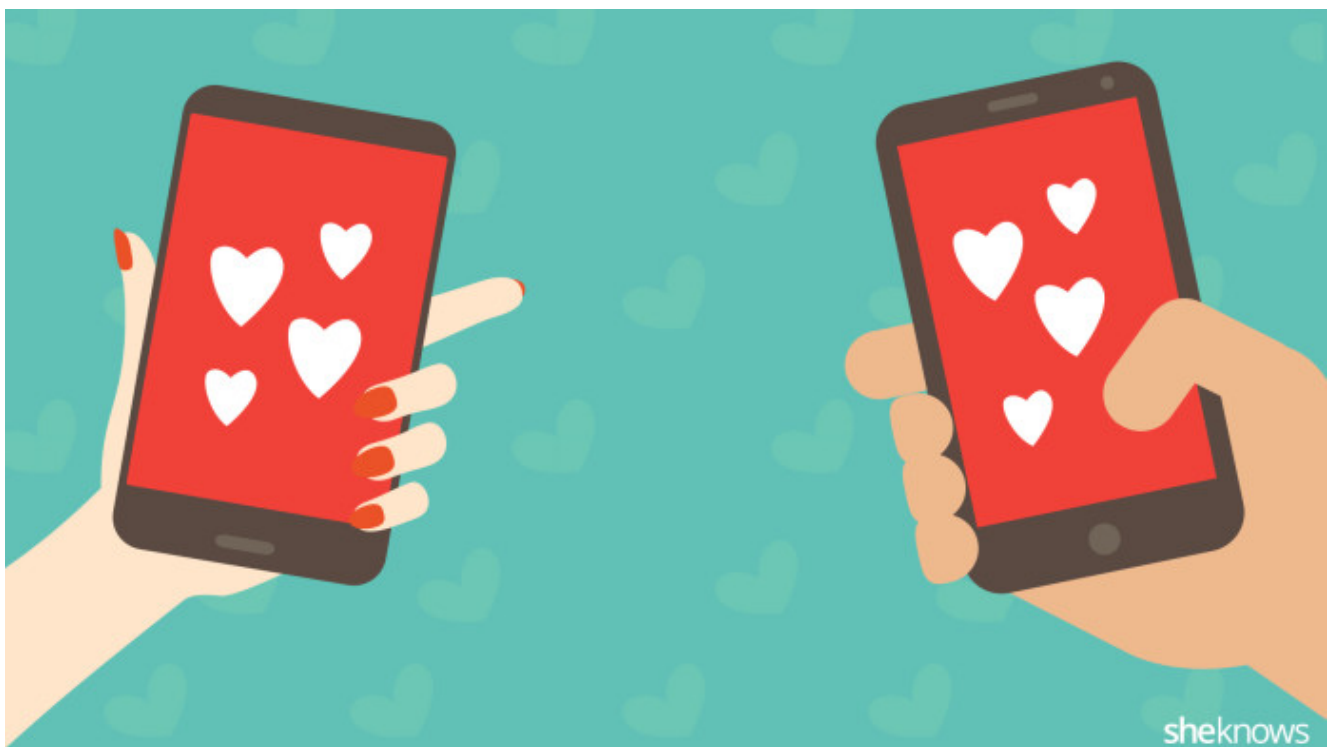
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3. The flameout: An example, for this reason, would be attending a 5-hour date and having sex, which is too much intimacy in a short amount of time. This pattern also happens to be fueled by fear because you feel like you have to jump in quickly. Women are prone to feel if they don't move fast enough, that person might get away.

For more dating advice videos and additional information about the Single in Stiletto shows, click [here](#).

For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).

Ask The Guy's Guy: What to do if You Find Your Partner Using Online Dating Sites



By [Robert Manni](#)

Question from Anna B (Binghamton, New York): I recently found my significant other (who I met on online) using an online dating website when I was on it. What should I do next?

Caught partner on online dating site, what should I do next?

The irony to this question is that when you are checking up on your partner online, your profile must be active also. This

happened to me a few times and like most singles, I pushed back by asking what she was doing online also. At the time, I thought it was a good idea to keep my options open and in case things did not work out. Truth be told, I was a bad boy and liked window shopping all the beautiful ladies still on the market. Was this fair? Of course not, but at the time I enjoyed meeting new women and did not think I wanted a serious relationship. But all that changed when I was taught a great lesson about dating by the woman who later became my wife.

Related Link: [Dating Advice Q&A: Should I Remain Friends With My Ex Online?](#)

When we met online, she'd just returned to the dating scene after a long-term relationship ended. She signed up for a free three day pass on Match and winked at me. I was the only guy she met. I was having fun dating randomly and thought I was in no hurry to settle on one partner. But when after three great dates she asked me why my profile was still active on the site, she was not accusatory and asked in such an innocent way that I thought she was more curious than snooping. It felt like she was honestly wondering why I kept my profile active on this dating site while we were going out.

Related Link: [Dating & Technology Q&A: Is It Too Soon For Me To Ask Him To Get Off Dating Sites?](#)

When I thought about it, I realized that I had been dating so much that I'd waded too deep in the online dating pool and forgotten why I was dating in the first place. I was having a blast dating, but deep down, like most singles, I wanted a partner. So, after she asked me this innocent, but loaded question, I told her I'd hide my profile. And it's stayed hidden. The more we dated, the more I liked being with her. She taught me that it was important to give new relationships a fair chance. If things didn't work out, we could reactive our profiles and get on with our lives. Without saying anything more about it, we began dating exclusively and never

looked back.

Related Link: [Dating Advice Q&A: How Can You Tell Red Flags From Online Dating?](#)

The moral of the story is that if you find your partner's profile is still active online, ask him or her why and what their intentions are. Ask them if they want to date around or give the relationship a chance to grow. This way, you know where you stand without having to juggle partners and sneak around. I found this to be a more honest way of dating. So, if you're feeling good about someone, consider giving your relationship the best opportunity to succeed by hiding or shutting down your online presence.

Good luck.

If you would like relationship expert Robert Manni to answer your online dating/relationship questions, please email gillian@nvmediainc.com

Expert Dating Advice: 5 Reasons to Hire a Professional Online Dating Profile Writer





By: [Joshua Pompey](#)

Online dating can be tricky. With so many moving parts and different components, it's often hard to diagnose how to improve your results. If you are having trouble attracting the highest quality singles, you may want to look into having your profile revamped by a professional. Below are 5 reasons why you should hire a professional online dating profile writer:

Hire an Online Dating Profile Writer

1. The **experience.** If you're looking to improve your fitness, you hire a personal trainer. If you're looking to become a better cook, you take a cooking class. Online dating shouldn't be looked at any differently. If you want the best of the best, let a professional assist you. They will be able to get the right person for you, and better results than what you've been getting.

Related Link: [Expert Dating Advice: 5 Reasons to Hire an Online Dating Assistant](#)

2. This could determine the rest of your life! An online dating profile is about more than just writing something that reflects you well. It's about landing your profile to someone who you could potentially spend the rest of your life with. For that reason, it should be treated with as much importance as just about anything else in your life.

Related Link: [Dating Expert Reveals Why Online Dating Is Better Than Meeting In Real Life](#)

3. It's hard to write about yourself. It may surprise some people out there to know that I've written the profiles of best selling authors, English professors, and prominent journalists. Why? Because writing about yourself isn't easy. But, professional profile writers will be able to sell your profile in a way that you won't be able to. Professional profile writers will objectively take this task out of your hands in a way that comes across as down to earth, fun, and engaging.

Related Link: [Dating Advice: 5 Online Dating Photos That Will Instantly Up Your Profile Game](#)

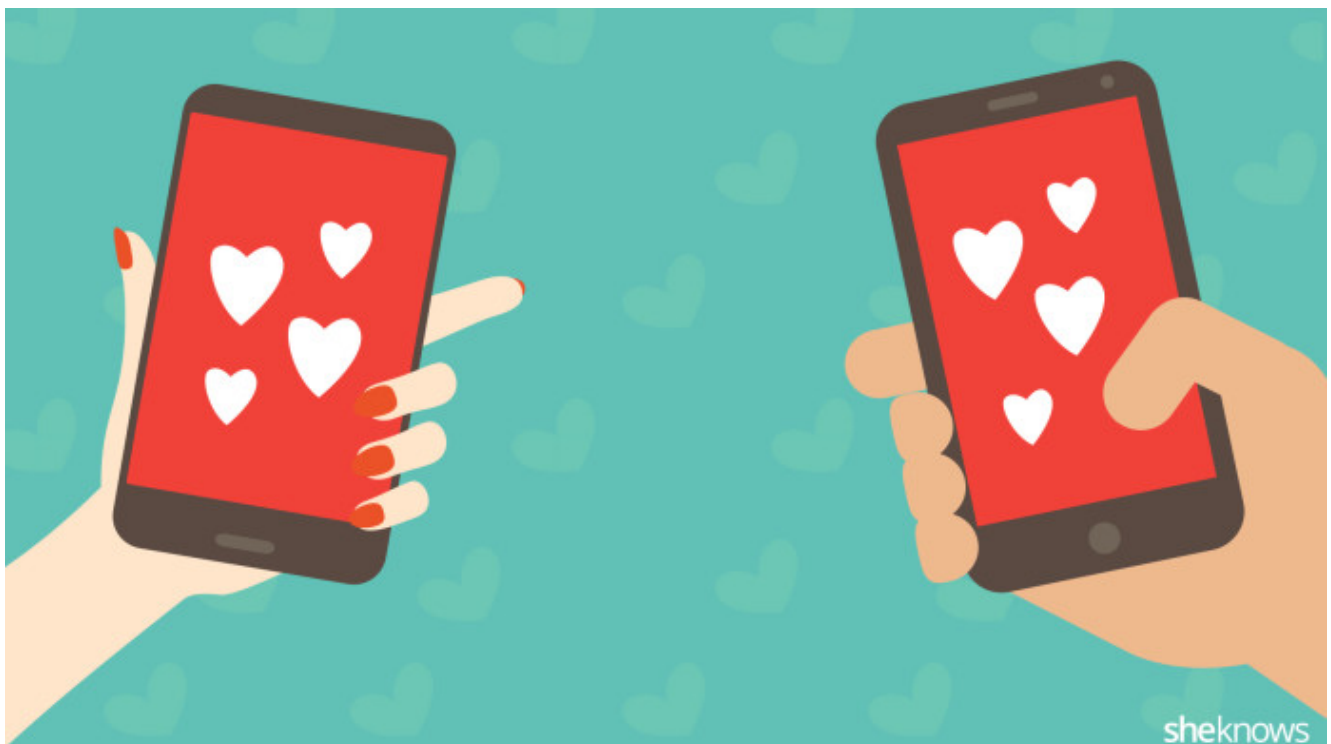
4. Pro's are Pros for a reason. A professional has the experience, writing background, and knowledge that might take you months, or even years to acquire. Why work with mediocre results when you could be attracting the others at the highest possible level?

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5. Profile writing is hard work! At the end of the day, even if you could write yourself a great profile, you probably have a whole lot of other things going on in your life. Spending hours writing about yourself probably isn't at the top of your list. Hiring someone from the outside takes the work out of your hands and allows you to simply focus on the things that you enjoy doing.

Joshua Pompey has been helping online daters since 2009 and written thousands of profiles. To learn more about his professional profile writing service, men, click here <https://joshuapompey.com/men/professional-online-dating-profile-writing-service-for-men/>. Women click here <https://joshuapompey.com/women/professional-online-dating-profile-writers/>.

Relationship Advice: 4 Types of Men You'll Meet Online



By [Gillian Lee](#)

In this week's Single In Stiletto's [dating advice video](#), founder and [relationship expert](#) Suzanne Oshima talk to [Robert Manni](#) about 4 types of men you'll meet online. Watch the video above and the article below for good dating tips in your life!

Different Types of Men You Meet Online

1. Newbies: The first type of people you would run into are the "newbies." These men have just recently started online dating, and aren't positive what they are looking for in a woman. Manni explains to us women, "I would recommend to all ladies as a first question when you're with a guy to ask them what they think about online dating." He explains to us to beware of the newbies because it's an idea of "window shopping" for them. Don't forget these guys completely, but instead, keep seeing guys who have experience.

Related Link: [Relationship Advice: I'm Scared to Get Back There and Date](#)

2. Jugglers: These type of men or women are people who are using various dating sites, and who are "dating up a storm." These people are overbooking dates, and what usually happens is that they would cancel last minute, or ghost you. When you are dating this type of guy, make sure to look out for your heart because they would be balancing multiple people at once.

Related Link: [Relationship Advice: You're Scaring Men Off!](#)

3. Lonelies: These type of people are the ones who have been dumped a bunch of times, or their wife have just left them. They seek a companion through online dating, but they haven't yet managed their feelings. "These people might be a little needy, and might not know how to manage online dating...starting over can be really difficult for some people..." Manni says to

us.

Related Link: [Dating Advice: 3 Things Men Wished You Knew](#)

4. Realist: These are the type of guys that you want to meet because “they have confidence in their own skin, like to meet people offline...” This man will be able to show you a good time and be the type of guy you want to date. These men will have more relationship potential for women. But, you have to be careful if somebody is that comfortable in their own skin and have their game together that they won't turn into players, because it's pretty easy. Find a guy that has a cool head, and knows who he is and is respectable to women.

For more dating advice videos and additional information about the Single in Stilettos shows, click [here](#).

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Expert Dating Advice: The #1 Thing Holding You Back From The Right Relationship





By Gillian Lee

In this week's Single in Stilettos, [dating advice video](#), founder and relationship expert Suzanne Oshima talks to Antia Boyd about the #1 thing holding you back from the right relationship. Watch the video above and read the article below to find out some good dating tips in your life!

What's Holding You Back In A Relationship

Boyd tells us that the number one thing holding us back from the right relationship is that we're always wanting to be right! Boyd states, "I need to be right because when I'm right I can rely on that and I can't rely on anyone else." She explains this is how most women feel, and this can ultimately hold you back.

Related Link: [3 Signs He's Falling In Love With You](#)

You have to be willing to be wrong in dating. Acknowledge you

can be wrong, and that will allow you to fully open up. Us women are so used to being, “strong independent women” and we love being in control and always knowing the outcome. Oshima states, “sometimes you just have to go with the flow and that’s how things happen organically.” It’s hard sometimes for independent women to allow the man to take the lead and receive in a relationship. But doing so, will let your relationship thrive!

Related Link: [How To Build A Lasting Love](#)

Most women haven’t perfected the “transitioning” between work mode, and love mode. Women should have a transition between when they leave work to when they are back with their significant other, so it shows a man that you’re giving them your undivided attention.

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Expert Dating Advice: Can Casual Sex Turn Into Love





By Gillian Lee

In this week's Single In Stiletto's [dating advice video](#), founder and relationship expert [Suzanne Oshima](#) talks to Lisa Shield about how casual sex can turn into love. Lisa Shield is a dating and relationship coach on emotionally naked dating. Watch the video above, and read the article below to find out some good dating tips in your life!

Expert Talks About Sex and Love

1. Don't Act on What Mother Nature Wants: As human beings we are designed to have a sex drive with the opposite sex. With this sex drive, "mother nature" wants us to propagate with the opposite sex to continue the circle of life because this is what we were designed for. But, despite what mother nature wants for us, we can't act on our drive for sex. If you decide to act on your impulses this will lead you to being "ghosted" and it won't last.

Related Link: [Relationship Advice: How To Build a Lasting Love](#)

2. Separate Sex From Dating: If you decide that you just want

to have a sexual partner, then make sure you pick someone that you won't be emotionally involved with. Keep your recreational sex and dating separate, because it doesn't change as you get older. Shield states, "you have to share your head before you share your bed."

Related Link: [Dating Advice: 3 Dating Red Flags](#)

3. Wait to Have Sex Until You Are Comfortable: Shield explains if you know you've found the love of your life, why would you want to rush into things if you have forever. "The minute you introduce sex, it becomes about sex at least in the very beginning," Shield tells us. Wait till the relationship gets deeper, and more meaningful so when you actually do have sex, that's when it's more intimate.

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Expert Dating Advice: 3 Signs He's Falling in Love With You





By Gillian Lee

In this week's Singles In Stilettos, [dating advice video](#), founder and relationship expert [Suzanne Oshima](#) talks to Hunt Ethridge about three signs he's definitely falling in love with you. Watch the video above, and read the article below to find out some good dating tips in your life!

He's Falling In Love With You

1. Starts To Become Vulnerable: Men in a relationship tend to be more closed off because they don't know their certain "role" yet. They try to portray strength, and show an alpha attitude, but when you start to show that you are there for what's on the inside, he will start opening himself up. "It's the first clue of many that he is really starting to fall for you," Ethridge explains. If your significant other isn't opening up to you, recognize that you should create a safe environment, and do a technique called "mirroring." To use this technique, you mirror the activity that you want them to do, and you will be vulnerable with them in hopes they open up as well.

Related Link: [Dating Advice: 3 Things Men Wish You Knew](#)

2. How Advance His Planning Is: If he starts bringing up plans regarding the future such as next month, and next year, this is a sign he is falling in love with you. “This basically let’s you know he sees you as apart of his life in the future,” Hunt tells us. This moment is amazing because it shows he’s serious about the relationship.

Related Link: [Relationship Advice: How to Build a Lasting Love](#)

3. Important Actions: A man will start to show different actions on how he is falling in love with you. For example, “does he start to leave you a little glass of water beside your bed before you go to sleep?” Ethridge says. In every relationship the actions will be different, but you will personally know what actions he will do to show he is falling in love with you.

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Expert Dating Advice: 5 Reasons to Hire A Online Dating Assistant





By [Joshua Pompey](#)

As the head of Next Evolution Matchmaking, I am hired by busy and successful professionals to serve as their very own online dating assistant. But I don't just assist them with the process, I take complete control of the process. If you don't have the time to build an online profile, keep reading for some [dating advice](#) from [relationship expert Joshua Pompey](#)

Have Someone Find You Matches!

As their online dating assistant, I'm not only finding them matches, but I'm also writing all their emails and lining up dates as well. While this may sound a little extreme to some, I believe that the birth of online dating assistants has only just begun. Below are several arguments as to why we should embrace the idea. Keep reading to find out more from our [relationship expert](#)!

1. Hiring an assistant is nothing new

Need someone to clean your house? You hire a housekeeper. Are you a busy career mom? You hire a babysitter. Too busy to find

love? Why not hire an online dating assistant? People have sought help from skilled professionals since the beginning of time. Hiring a professional to handle what is arguably the most important component of your entire life, finding love, sounds like a worthwhile cause to me.

Related Link: [5 Steps To Securing Second Date](#)

2. There just aren't enough hours in the day.

Online dating is a full time job if you are going to fully dedicate yourself to the process in a meaningful way. Being busy and successful shouldn't require love and happiness to be put on the back burner. A professional online dating assistant can complete all the time consuming aspects that you might not otherwise have the time to pursue on your own.

Related Link: [Moving Your Relationship From Online To Face-To-Face](#)

3. Online dating assistants can save you months, or years of loneliness

Want to know one the biggest reasons people quit online dating? It's because they just aren't successful at it. After a few weeks or months of bad dates, they eventually quit, but it doesn't have to be this way. A professional online dater will bring experience and skill to the table, navigating the online world for you in a way that yields quality results.

Not being an expert at online dating shouldn't mean that you have to waste months, or even years of your life navigating these dating sites without finding the happiness you deserve.

Related Link: [The Do's And Don'ts of Online Dating First Dates](#)

4. Nobody is being deceived on a massive scale

If this was the 1993 Sleepless in Seattle version of online dating, where two people are pouring their souls out over dozens of emails and getting to know each other on an intimate

level over the computer, than yes, this would be very deceiving and immoral.

Fast forward to the present and the email exchanges on dating sites are about as harmless and lighthearted as it gets. Sure, when I work on a client's account at Next Evolution Matchmaking, I am writing emails as my clients. But these are mainly just superficial exchanges where I help to facilitate the exchange of phone numbers. Once that's complete, it's entirely up to the client to take things from there.

5. Online dating assistants take over the tedious aspects of online dating.

Let's face it, online dating just isn't fun! Sure, you could endlessly swipe right, chase down other singles, and write repetitive emails day after day. Or you could hire a pro and be free to do things you actually like to do! At the end of the day, sometimes pampering yourself is just plain worth it!

Joshua Pompey is the founder of Next Evolution Matchmaking. For information about how Joshua Pompey helps online daters, visit [this page](https://www.nemvip.com/next-evolution-matchmaking).
<https://www.nemvip.com/next-evolution-matchmaking>

Ask The Guy's Guy: How to Win a First Date After Meeting Online





By Robert Manni

Question from Gillian L., Manhattan, "Hey Guy's Guy, whats the best way of turning an online connection into a real date?"

You have a match on your favorite dating app and the conversations online are taking off. You're up for hours talking to your match but you're nervous about meeting in person. How can you be sure to impress on a first date when you've already gotten to know each other? How do you make a successful transition from online to in person dating? Read [dating advice](#) from our [relationship expert](#) Robert Manni!

Score That First Date!

We live in a wired world so these days connecting with new people often begins online. As a result, in business and dating, we need to develop an authentic, online voice that others like and can relate to. We make our connections online with a goal of meeting in person to close the deal.

When it comes to dating, after making a new connection online, scoring an in-person meeting can be challenging. With all the texting and emails we send each day, online communications are second nature for us. As a result, some online daters become nervous when it comes to leaving their comfort zone behind the keyboard and actually meeting someone new in person. But, it must be done because no matter how much texting or how many Facebook or Instagram posts you share, romantic connections only happen when you meet face-to face.

Related Link: [Can Technology Make Long-Distance Work?](#)

So, after you've made a potential online love connection how can you quickly and seamlessly move the process ahead? First, keep the online correspondence brief and always pointed towards the ultimate goal of meeting in person. What's worked for me is after exchanging a few brief texts or emails with someone new, I send my number and suggest a phone call. As a guy, this validates that I am who I say I am and is sharing my real phone number. It's a minor display of truth and vulnerability.

Related Link: [Is It Weird If He Doesn't Call Back After A Date](#)

If the woman is interested she would usually send her number. Then, I make the first call. The process may work a bit differently for women. If you are interested in a guy and he's dragging his feet, if everything else feels right send him your number or ask for his. The goal remains the same; exchange numbers and have a phone call. Energy is exchanged when you hear a person's voice for the first time and hold a conversation with them. A phone conversation is a qualifying step before you decide on meeting someone new.

Related Link: [Why Do Men Ask For Photos?](#)

I suggest keeping the call brief. It's easy to get excited and share too many personal details with someone new, but you also can waste a lot of time chatting on the phone with someone

that you don't feel the sparks for in person. Keep the call short and keep the process moving. If things feel right, before breaking off the call, casually suggest meeting up and continuing the conversation in person. Drinks, coffee, whatever feels right for a first "date". If the guy shows any hesitation and does not jump at the chance to meet a woman as dynamic as you in person, move on.

Hope this helps. Good luck!

For more dating advice and to find out more about our dating and technology guru, click [here](#).

If you have any questions you would like answered by our relationship experts, please e-mail them to cupid@cupidspulse.com.

Dating Advice: Why Do I Attract Men I Don't Want...And Repel Men I Desire?





By Gillian Lee

In this week's *Single in Stilettos* [dating advice video](#), founder and [relationship expert Suzanne Oshima](#) talks to Duana Welch. Watch the video above and read the article below for some good tips in your dating life!

Why Are We Repelling Men We Desire?

1. Not right for each other: Us women need to remind ourselves that just because you think you're attracting the wrong ones, doesn't mean you are doing the dating game wrong. Welch brings up the dating app, Bumble and explains that men loves this app because it shows that women show that they're sexually interested.

Related Link: [How to Be More Desirable](#)

2. Showing you are available: This one might sound strange that you're showing that you're available. But, Welch states, "When women pursue them, what they hear is that I am sexually available to you and please don't make a commitment to me because I am sexually available to everyone." People tend to

send the wrong signals when trying to pursue someone, and this often leads to repelling people you desire.

[Related Link: Fearless Flirting Formula](#)

3. Send proper signals: On dating sites, make sure to have the guy reach out first. Have a presence on the site, and show that you are single, but let him do the talking! Welch states, "Men are anywhere between 6-10x more likely to reach out for that first contact than women are."

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Expert Relationship Advice: Dogs Make Everything Better





By [Dr. Amy Osmond Cook](#)

We all know how great dogs are; no one can quite match your dog's unique brand of love. While your fuzzy fur baby will always be the love of your life, did you know that your dog can also make your human relationships better?

According to my research, having a dog is good for you. Not only does having one in your life lower your stress levels and blood pressure, but your furry family member also boosts your immune system and brings added joy to your personal relationships. Here are four reasons being a dog person makes you a better people person.

Expert Relationship Advice On Dogs In Relationships

On the edge of your seat...[click here](#) for more

1. Improve Communication: If it's hard for you to make connections with people, your fur buddy can help. An early study by [Therapy Dogs International](#) discovered that people who were in elder care facilities that used canine therapy

treatments were more social with other people in their facility. They were more verbal in general and more alert.

I found that when you play with, pet, and talk to your dog while in the presence of other people, you'll feel relaxed, which may make others see you as approachable. Introverts especially benefit communication-wise by owning a dog. If you're an introvert without a pet, go out and get one. You won't be sorry.

2. Strengthen Relationships: While many believe children are key to strengthening a marriage, research has found a dog will have a similar effect. In an Association for Psychological Science study, researchers found that participants experienced more positive feelings about their partner after viewing a picture of them with cute animals.

[James K. McNulty](#), the psychological scientist over the study, said, "One ultimate source of our feelings about our relationships can be reduced to how we associate our partners with positive affect, and those associations can come from our partners but also from unrelated things, like puppies and bunnies." While there are many ways to make your relationship with your partner stronger, such as by celebrating one another and staying connected, to me, when people bring a dog into their life, they are strengthening their relationship with each by having something special to share.

[Related Link: Relationship Advice: 8 Creative Ways That Older Couples Can Keep The Romance Alive](#)

3. Develop Patience and Empathy: When it comes to emotional intelligence, canines score high. That intelligence can rub off on their owners, who can become more empathetic and loving toward other humans. A study published in the [National Center for Biotechnology](#) found that when children have the opportunity to care for another living being, they become more empathetic.

Getting better at empathy also helps you read people's nonverbal cues. Improving your ability to read nonverbal cues can be particularly helpful in relationships. The way that your partner is looking, moving, reacting, and listening can tell you whether he or she cares, how well you're being listened to, and if they're being truthful.

As a pet owner, patience is a must. Animals are going to misbehave. Your fuzzy family member will try to steal your steak off the counter or pee on the floor. Dealing with your pet's slip-ups may make it easier for you to handle the ones that your partner makes.

[Related Link: Four Ways to Stay Connected to Your Spouse](#)

4. Renews Focus on Others: In relationships, it can be tough to figure out the point that the other person is trying to make as well as what he or she really wants. Often, the reason behind this is our own [lack of focus](#). If you typically forget a person's name right after being introduced, it's likely because you were paying attention to how the person was perceiving you instead of what they were saying.

When you take a dog to a trainer, your furry friend will learn how to focus to pay attention to your words and actions. The next time you're in a social situation, think about your pet and how he or she focuses—mimic that.

If you aren't a pet owner and find most of your personal relationships challenging, consider becoming one. Along with making life just better in general, owning a dog improves your personal relationships by making it easier for you to communicate. With a dog in your home, you'll learn [how to be a better human](#) by feeling more positive about your partner, empathizing more and focusing on the people in your life. As [Orhan Pamuk](#) wisely put it, "Dogs do speak, but only to those who know how to listen."

For more information about and articles by our relationship

expert Dr. Amy Osmond Cook, click [here](#).

Dating Advice: 3 Things Men Wish You Knew



By Gillian Lee

In this week's Single In Stiletto's [dating advice video](#), founder and [relationship expert Suzanne Oshima](#) talks to Cheyenne Bostock about three things men wish you knew but will never tell you. Watch the video above and read the article below for some good tips in your dating life!

Dating Advice On What Men Wished You Knew!

Related Link: [Dating Advice: How to Attract a Strong Man Who Takes the Lead](#)

1. Men Don't Like To Date: According to relationship expert Bostock, "If there's two things that men value, it's time and their money." He believes that when it comes to dating, a man thinks it's a waste of their time and money. When dating, it's important to see that going out to dinner takes a decent amount of money, especially for several dates. Bostock explains that before the first date, find out as much as you can about the other person so that when you do get to the first date, you're already invested. When you get to know her before the first date and already feel like you want to date her, then that date won't feel like a waste of time and money. You will have that feeling that they are "always wanting you around."

Related Link: [Expert Relationship Advice: Two Things That Make a Man Fall in Love & Commit](#)

2. Food Is The Way To a Man's Heart: Bostock said some men would tell their women this tip, but most women don't truly understand the gravity of this. For example, if your date is uninterested in going to an event you want to go to, tell him there will be great food and he will change his mind. Also, if a woman wants to talk to a man about something, a good idea would be to bring up food, instead of saying, "We need to talk." He will be concentrated on the food while you are concentrated on the talk. It's a win-win!

Related Link: [Relationship Advice: How To Build a Lasting Love](#)

3. Affirming a Man: This is the most important [love advice](#) out of all of them because it defines the difference between a

boyfriend and a husband. Bostock states, "There is nothing more valuable than a man feeling like he's needed, he's wanted, he's valued, he's appreciated." There are many terms that you can say on daily a basis that will make him feel wanted such as, "I love you" or "You are important." Make sure you make your man feel good, because it'll make him want to stay and love you. Bostock explains that if you aren't the one affirming him, then there will be someone else out there who will.

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Expert Dating Advice: How To Put Yourself Out There After A Break-Up





By [Megan Weks](#)

After having my heart beaten to a pulp too many times in my life, I've learned a valuable lesson: there's no time like the present to get back into the saddle. But before you get too skeptical, hear me out on this [expert relationship love advice](#). Trust me, I'm a [relationship expert](#).

Expert Relationship Advice to Help You Move On After a Breakup!

Of course it's good to take some time and heal. I'm not advising you to push past your feelings and not acknowledge them. In fact, it's an absolutely necessary part of the healing process. Lay in bed for a weekend. Cry. Watch all 94 episodes of *Sex and The City*. Wallow in enough cute animal videos to comfort you for a lifetime.

But then get back out there! This time do it with patience, an open heart, and with the goal of simply learning. You're out there only to learn and explore, to figure out how to improve upon what went wrong with the last relationship. Do you need

to shift some criteria around to find a better match? Find your clarity through exploration.

Related Link: [Expert Dating Advice: How To Handle Heartbreak](#)

Here's the loophole. You don't necessarily have to date others to start dating. I want you to date yourself. Yes, yourself! Start filling up the time you used to spend on your relationships with creative ways of pampering and bettering yourself or just plain pleasuring yourself in any way you can think of. It's healthy to bring pleasure to yourself.

Maybe you're feeling lesser or you've lost some of your glow because a person you loved is leaving your life. Keep in mind you have the power to ignite your own glow! As soon as you're able to get out of that bed, it's your challenge to cultivate your spark again. If you're finding that you're luck in love is not all that great and you seem to be facing a lot of let downs and broken hearts, it's time to look within.

Related Link: [Expert Relationship Advice: How to Move on After Being Ghosted](#)

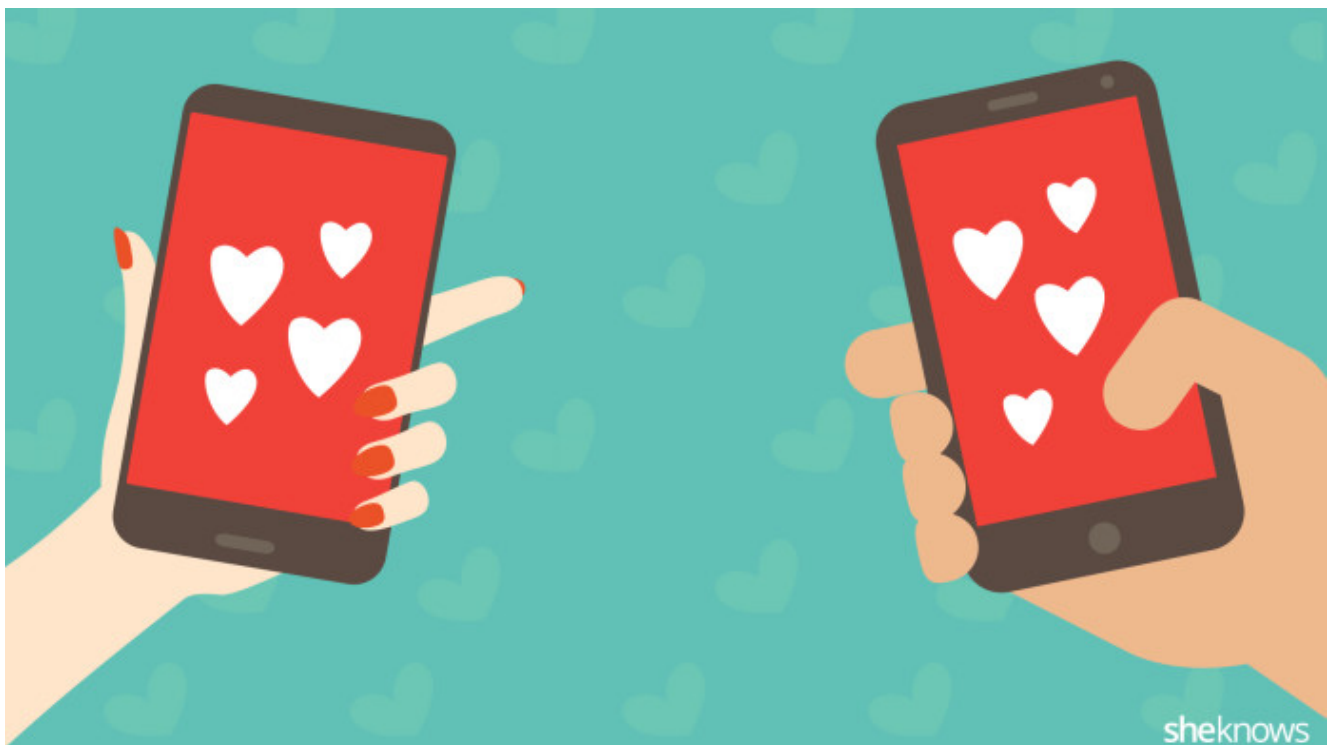
There a few ways you can increase the quality of your relationships. You can deepen your relationship with yourself through self-nurturing, become a more multifaceted person with more to offer as a partner, and you can increase your relationship skills. There is not a better time to work on these things than when you are grieving and taking a deeper look within.

When you live your life knowing YOU are in control of your joy and happiness, you will be able to cultivate it on your own without a partner. You will begin to have a greater chance of attracting a true and incredible partnership with someone else in the process. When two halves are out there looking to form a whole... that is not when the most idealistic partnerships are formed.

After heartbreak, it may take time to become whole again. Become the greatest whole you can be and you'll be well on your way to attracting an even higher quality relationship than the one you're grieving today.

For more information about dating expert Megan Weks, visit her [website](#). For more relationship advice articles from Megan, click [here](#).

Expert Dating Advice Guys' Edition: 5 Not So Obvious Signs She's Into You



By [Joshua Pompey](#)

Guys, have you ever been on a date that you thought went well, only to never hear from the girl again? This is frustrating and discouraging for anyone. Don't dwell on the dates that didn't work out. The best thing you can do is learn how to assess a date while you're on one so you won't be taken off guard if you do get ghosted. Read the below [expert dating advice](#) by [relationship expert](#) Joshua Pompey to enhance your dating life!

Expert Dating Advice for Guys to Make You Dating Pros!

1. Small touches: Women express love or interest with physical gestures. If she lightly touches your arm, leg, or back, she is showing she's interested. Sometimes this is a purely subconscious act for women, but sometimes it is a direct means of flirting with you. To encourage even more friendly flirting, reciprocate these small touches, but be sure to keep it G-rated and organic.

Related Link: [Dating Advice: The Do's and Don'ts of Online Dating First Dates](#)

2. Make-up Touch-ups: When women go to the bathroom on a date, they often adjust their hair or reapply make-up. Pay attention to this. If you notice a fresh coat of lipstick, it's a sign that she wants to look good for you. Lipstick draws the eye to the lips, and a fresh coat is a strong sign that she hopes for a kiss at the end of the date. If a woman isn't interested, she's not freshening up for you.

3. Personal Questions: Did she ask about your family at some point during the date? Was she curious about your goals and passions? The more personal questions she asks directly correlates to how interested she is in you. It's natural to

want to know more about someone you are interested in, but pay attention to her body language as she asks these questions. If she's looking around or checking her phone, then she's bored but trying to be polite. If she's leaning into the conversation, that's a great sign.

Related Link: [Dating Advice: How to Make the First Move \(Women's Edition\)](#)

4. Commonalities: No matter what kind of relationship you are building with someone, whether it be friendly, familial, or romantic, sharing common interests is a great sign for the success of that bond. If you and your date discover commonalities and her demeanor changes to one of excitement, she's probably thinking of ways to engage in these shared interests for future dates.

5. No phone: When are women truly alone? Almost never. Women rely on their girlfriends for guy advice, safety, and a way out of a bad date if needed. If thirty minutes into the date she checks her phone, you can almost be certain it's a girlfriend checking in to see if your date is enjoying herself or needs an escape plan. If she quickly responds, apologizes, and jumps right back into the conversation, you're in good shape!

For more free dating information from Joshua Pompey, click [here](#).

Expert Dating Advice: Date

Ideas for Spring Love



By [Joshua Pompey](#)

If you are a New Yorker like me, it often feels like winter will never come to an end. Believe it or not, it was snowing in April this year! While this can be frustrating, it only makes the arrival of Spring all the more sweeter. As an added bonus, spring is an incredible time for dating if you use the [expert dating advice](#) below. Try these spring [date ideas](#) from [relationship expert](#) Joshua Pompey that will help you and your loved one make the most of this season!

Expert Dating Advice to Ignite a Spring Love!

Spring serves as a symbolic fresh start. With the sun shining

and the flowers blooming, all is renewed in the world again. Take advantage of the feel-good vibes and enjoy some outdoor date ideas that tap into these endorphins.

1. Check out a ball game: Nothing says spring more than going to a ballgame. Even if you're not a fan of sports, the atmosphere at a game is infectious. There is a reason baseball is called America's favorite pastime: the cheering, the weather, the nostalgia. It all makes for a terrific date night. Indulge in some good old fashioned American food, have a few drinks, and don't forget the songs, chanting, and seventh-inning stretch.

Related Link: [Dating Advice: How to Make the First Move \(Women's Edition\)](#)

2. Go to the park: There are so many ways to enjoy a day at the park. Bring a basket full of cheeses, fruits, nuts and a bottle of wine for a romantic picnic. Try tossing around a Frisbee like you're kids again. Relax on a blanket and people watch on a beautiful day. And of course, the conversation of a great date will make the time unforgettable. Explore each others' interests, ask about old childhood memories, and discover something new about your love.

Related Link: [Dating Advice: 5 Steps to Securing a Second Date](#)

3. Find a roof top: Roof top bars or restaurants with a nice view tend to make incredible dates. What more can you really ask for when you see the city skyline? If you can't find a rooftop, a restaurant with a nice patio is a great backup plan.

4. Head to the dog park: This may not apply to all of you out there, but nothing will bond people quicker than an adorable dog. A dog tends to make the ultimate wing man (or woman!), and if your date has a dog, you will be guaranteed a great time outside. Who doesn't feel light-hearted around four-legged creatures that only want to please people? Take turns

tossing a ball or playing tug of war. Befriending your date's pet is a win in every dating book.

For more expert dating advice from [Joshua Pompey](#), click [here](#).

Expert Relationship Advice: How to Move On After Being Ghosted



By [Megan Weks](#)

Ghosted? Congratulations! While it may hurt to be left alone without any explanation, this [expert relationship advice](#) will

help you see how ghosting can be a *positive* thing for your dating life.

Reference the expert relationship advice below when you're feeling the dating blues!

Last night, a client told me how a man she had planned a date with seemingly fell off the face of the earth, except for one thing: the haunting green light on his Match account was lit up. He was online. His photos and approach were so entirely normal that I could not deem this man a scammer, a player, or anything in between. Frankly, it made the situation worse. It's easier when you can say, "This looks like a fake account" or "You dodged a bullet."

Related Link: [Expert Relationship Advice: When to Sleep Over](#)

My client was trying to move on and was doing great until that same man sent a message saying, "I have not heard back from you in response to my last few messages." The fishy thing was that my client had been writing to him and had not heard back. She explained that in her next message. Was it a glitch with Match? Could it be some sort of deranged, crossed e-mail lines? She wrote him several times, reassuring him that she had written back. Flatline.

Did this man make the most lame excuse on the planet to dodge the date he had previously seemed so excited to attend? We may never know. As my client told her story, I felt knots in the pit of my stomach. Dating can be extremely discouraging already. This behavior, while unlikely a technical glitch, was completely outside of the realm of integrity that would line up with my client. She is a person who dedicates her life selflessly to others and deserves the utmost quality in her future mate.

When I finished scratching my head, I realized this truth: Some people are completely inept in telling you that they are not interested. One reason may simply be because they don't care. The other reason is that they actually care but cannot bring themselves to express the words.

Related Link: [Expert Dating Advice: How to Handle Heartbreak](#)

I want you to know that, if you're doing a good job putting yourself out there, you will come across some low-grade individuals – people who have little or no aptitude for dating whatsoever. It's going to be par for the course. While your dating life may not be the [latest celebrity news](#), it's still a tumultuous and painful journey.

What might be less obvious to you is that it's a sign you're on the right track. You're on the right track because you are taking the risks to get out there and to take the good with the bad. If you're doing that, you're already winning.

The path toward finding The One can be bumpy. It's those who are willing to face the bumps and persevere who will find their love. Keep going. Rejection is simply redirection. It's the universe's way of sending you one step closer toward your right person. Trust my love advice – it will help you avoid any more unnecessary heartbreak.

You were ghosted? Congratulations. NEXT!

For more information about dating expert Megan Weks, visit her website at www.meganweks.com. For more expert relationship advice articles from Megan, click [here](#).