

Celebrity Photo Gallery: Famous Couples That Co-Parent





Jennifer Lopez and Marc Anthony

Although they're no longer together, the two singers co-parent and do business together. These celebrity exes didn't let their break-up get in the way of their children or career.

Photo: Charles Norfleet / PR Photos

Nastiest Celebrity Divorces





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Jon and Kate Gosselin

Fans watched this celebrity marriage fall apart right before their eyes. The once happy TLC couple went from 'Jon and Kate

Plus 8' to 'Jon and Kate Plus Hate' in a matter of months. They were married for 10 years before filing for divorce in 2009, and since then, they've openly shared their dislike for one another. Photos: PRN / PR Photos; Glenn Harris / PR Photos

5 Celebrity Divorces That Turned Nasty



By [Courtney Omernick](#)

No one ever said that getting a divorce is fun, but imagine your divorce being in every magazine and broadcast all over the television on the evening news. With the stress and

pressures that Hollywood brings, it's no wonder so many star's marriages are over before they even started. Below are five of the nastiest celebrity divorces thus far.

1. Jon and Kate Gosselin: It seems the couple was getting ready for a divorce within a few months of America meeting their eight children. Kate ended up accusing Jon of taking \$230,000 of the \$231,000 they had in their joint bank account. Jon denied Kate's claims stating that he only took \$22,000 and that Kate is "hiding money." For this couple, there were multiple accusations followed by a denial, then a rebuttal.

Related: [Are Your Dating Standards Too High?](#)

2. Denise Richards and Charlie Sheen: The breakup of this power couple was one of the ugliest Hollywood has ever seen! After three years of marriage, Richards filed for divorce in 2005 stating that Sheen was unfaithful, abusive, and addicted to prostitutes. Soon after, Sheen told Richards to "rot in **** hell" and called her a "sad, jobless ****."

Related: [Should You Give Your Ex Another Chance?](#)

3. Christie Brinkley and Peter Cook: After almost 10 years of marriage, Brinkley filed for divorce after learning that Cook had an affair with his 18-year-old assistant, Diana Bianchi. During the divorce trial, there were accusations that Brinkley raided Cook's office, scratched his face out of family photos, and copied his hard drive. Brinkley ended up paying Cook \$2 million, but she got to keep her 18 properties and was given custody of their two children.

4. Liza Minnelli and David Guest: These stars were married less than two years before Guest sued Minnelli for \$10 million claiming that his wife beat him so badly during rages (spurred by alcohol) that he had suffered neurological damage and had to be hospitalized. From there, Minnelli countersued and accused Guest of stealing \$2 million while he produced her

shows. Over the next few years, more allegations surfaced, and the pair decided to call it quits in 2007.

5. Britney Spears and Kevin Federline: While the divorce itself wasn't so much of a disaster, the custody battle was unbearable. Spears's breakdown involving Kevin and their two sons, Sean Preston and Jayden James happened in January 2008 when she refused to turn the boys over to Federline for a scheduled visitation. Spears ended up hiding the boys in her home for four hours until police physically removed her and put her into a medical center.

What are some other nasty celebrity divorces? Share in the comments!

Relationship Advice: Must We Remain Friends With Our Ex-Husband?





By Nancy Lang for Hope After Divorce

The Universe can have a very ironic sense of humor. I recently had an altercation via e-mail with my ex-husband (about money, of course), and all of my old buttons were not only pushed, but they got stuck in “I’m hurt, I’m not respected, I’m not appreciated, I’m pissed, and I hate you!” mode. For two days, I stewed and chewed on the not-so-pretty file in my memory drive, as I was reminded of the many reasons why we got divorced. Several days later, funny enough, I find myself with the opportunity to write about maintaining a friendship with one’s ex-husband.

In recent news, Denise Richards (perhaps we should call her Mother Denise?) has raised the bar for all ex-wives: she offered to have temporary custody of her ex-husband’s (Charlie Sheen) kids from his last marriage to Brooke Mueller (his third ex-wife), who is in rehab for the twentieth time. This arrangement has been approved by L.A. County Juvenile Court.

Related Link: [Making Sure You Do What’s Best for the Kids](#)

Clearly, Richards has put the needs of these children before anything else. They are, after all, half-siblings to her children with Sheen. She is providing them with a more stable environment than either of their parents can provide. I'm guessing she would open her heart and home to them even if she and Sheen weren't getting along. So, while it's great that they are able to co-exist or even co-parent, whether everything remains copasetic or not, the priority is the well-being of the children.

Is it possible to remain friends with your ex-husband? This depends on the reasons for the split and the level of hostility. There are also other things to consider:

- If you don't have kids, and you think friendship is possible, first give yourself some time to move on and adjust to who you are as a single person.
- There is a difference between being buds and maintaining a good relationship. If there are children involved, you will always be connected to your ex, so it's best to at least get along. Kids hate when there is tension between Mom and Dad.
- If regular communication would bring up old hurts, then keep it peaceful and keep interaction to a minimum.
- If you can't be friendly, try not to bash your ex to your children, no matter their age. I made the mistake of saying my ex was a short name for Richard. Not my best mommy moment.

Related Link: [The EX Word](#)

Yes, the Universe works in mysterious ways. Many years ago, when I was beginning my acting career in Los Angeles, I was an extra in a movie starring Martin Sheen. He played a man with a wife (Blythe Danner) and kids, who discovers he fathered a child from an affair. The mother of this child dies, so his wife, understanding of the circumstances, suggests they take the child into their home.

Six degrees of Charlie Sheen. We come full circle. Thank you, Universe, for the laugh and the lesson!

✘ *Nancy Lang is a Certified Life Coach, published author, professional actress and M.D. (Maven of Dating!). It was her role in life as a divorced woman that inspired her to write the book, You Want Me to What?!—The Dating Adventures and Life Lessons of a Newly Divorced Woman (available on Amazon) and www.you-want-me-to-what.com. She was co-writer and co-star of the original musical sketch comedy, Shtick Happens! which played to crowds from West Hollywood to Minneapolis. Nancy is on a mission to empower women.*

Nancy writes for HopeAfterDivorce.org, FamilyShare.com, LAFamily.com, CupidsPulse.com, Huffington Post, Life After 50 Magazine, and many other publications. To read more about Nancy's adventures, her poignant and humorous view on life's lessons, visit her Nancytellsall.com and [Facebook](#). Nancy is the mother of two amazing young adult children.

Relationship Advice: Making Sure You Do What's Best for the Kids





By Jane Greer, PhD for GalTime.com

Denise Richards, ex-wife of Charlie Sheen and the mother of two of his children, now has temporary custody of Sheen's sons with his *other* ex-wife Brooke Mueller. Brooke and Charlie have both struggled publically with substance abuse for many years. Though Brooke is not making comments at this time, US Weekly confirmed that the removal of the children from her home was due to an "'unsafe environment' caused by "[her] ongoing alleged drug use." The children, four-year-old twin boys Bob and Max, have moved in with Denise and are living with their sisters, Denise's children with Charlie, Sam and Lola, and Denise's adopted daughter, Eloise. Denise, who has not remarried since her divorce from Sheen in 2005, is now a single mom to all five kids under the age of 12. She has cared for the twins before, saying the boys are "family" and she would, "do anything for them." It has been reported that Charlie is supportive of the idea.

Taking the children in is an impressive choice on Denise's part; with all the turmoil and strife that she and Charlie clearly shared in their marriage and then in their divorce,

her ability to do this is a terrific example of putting the children first. His acceptance of it is equally positive. It isn't easy to put all those negative feelings to the side so the children involved can be properly and well taken care of. Bad marriages that then lead into bad divorces are often a tough place to be for the kids who are a product of that relationship because so often they are used as pawns or even weapons in the fight. But Denise isn't letting that happen. She is managing to maintain the family unit and step up to the plate, keeping the priorities where they should be. It is commendable because it is such a difficult road to travel.

When moving toward or out of a divorce, people tend to be in reactive mode and aren't always able to think things through as Denise seems to be doing. Instead of just getting angry, she was able to respond to the situation and handle it. While it is easy to get caught up in competitive and rivalrous feelings toward the new wife, in this case Charlie's third ex-wife Brooke, Denise didn't let that get in the way. Being able to move beyond that is an act of maturity.

For anyone in this situation, those feelings that follow the aftermath of a divorce are real and often quite overpowering. But you don't have to let them interfere with doing the right thing on behalf of the children. Denise is adult enough to know when it's time to put her differences aside for the sake of the children involved. Kudos to her.

Celebrity News: Denise Richards Says She Enjoys

Hanging with Ex Charlie Sheen



By Kerri Sheehan

Last week Denise Richards dubbed Charlie Sheen the “greatest ex,” after he arranged for his jet to fly her home in time for Mother’s Day. This week Richards is giving more insight as to how the two keep their relationship friendly. According to [People](#), Richards revealed that she feels, “One can feel one way and one can feel another way, and there’s lots of feelings and emotions there, but at the end of the day we want our daughters to benefit by us getting along. For myself, I don’t want to have an unhealthy relationship with him ... life’s too short for that and we actually enjoy hanging out and being with the kids, and it’s much easier.”

What are some perks to remaining friends with an ex?

Cupid's Advice:

Staying friends with an ex is often beneficial, especially when there are kids involved. Cupid has some reasons why:

1. Keeping your group of friends intact: Being in a long-term relationship with someone means you're bound to garner the same group of friends. By staying friends with your ex you will be able to ensure that you won't lose any friends in the process of breaking up.

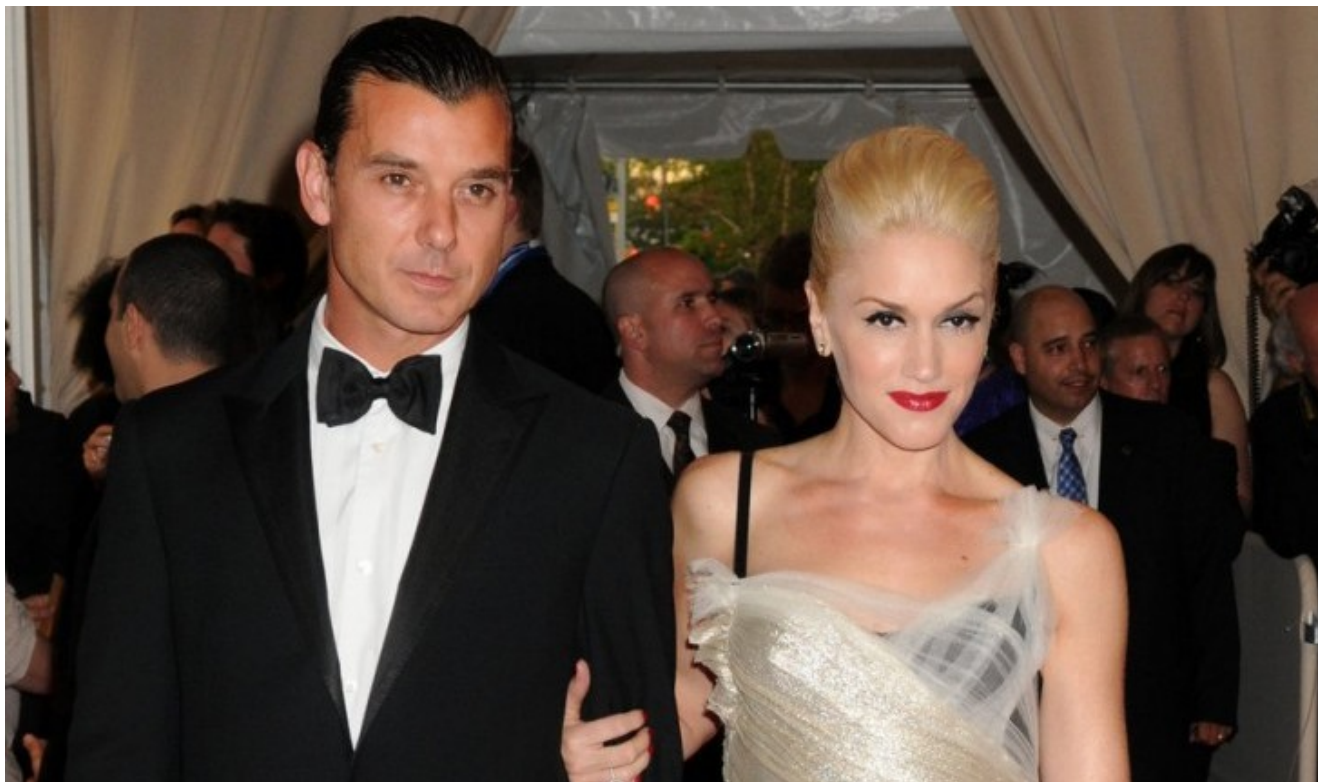
2. Raising the children: If there are kids involved then it's vital to keep the relationship with your ex as civil as possible. Raising kids in a hostile environment will force them to feel the tension constantly. They also may feel forced to pick a side (mom vs. dad) and that's not fair to anyone.

3. Help with future relationships: Although it may take you two a while to reach this point, eventually you will be able to help each other out in the dating world. No one knows about your bad and annoying habits better than your ex so they can help you determine where your future relationship are falling flat.

Are you friends with your ex? Share your story below.

Celebrity News: Denise Richards Calls Charlie Sheen the 'Greatest Ex Ever' for

Lending Jet



By Meghan Fitzgerald

UsMagazine.com reports that 42-year old actress Denise Richards was in NYC filming the new ABC series *Twisted* on Mother's Day. Ex-husband Charlie Sheen let her fly his jet home the next day back to L.A. Richards tweeted a Instagram picture of herself looking out the window and wrote, "Greatest ex @charliesheen." The caption of the picture was, "My mom's day gift flying me home on his plane so I can take the kids to school."

What are some things to be cautious of when remaining friends with an ex?

Cupid's Advice:

It is necessary to be cautious if you are going to remain friends with an ex. You will never feel the same about someone after you've dated them. Cupid has some tips:

1. Relationship analysis: When it comes to being friends with your ex, you should be cautious of analyzing your relationship. You do not need to hash out all the reasons why you didn't work, and why you two are no longer together. Friends do not talk like that. So don't. Stick as much as possible to your typical friend conversation.

2. Current partners: If you allowed your ex to remain in your life, be careful if you're currently in a relationship. When your ex starts to ask questions about your partner, what they're like, your current affairs with them – beware. It is not in any way necessary for your ex to ask you about the small details of your current relationship. That is for you and your mate only.

3. Feelings: Be super careful of developing feelings back for your ex. If they remain in your life after a breakup, feelings are most likely still fresh. If you know feelings are going to arise if you keep them in your life, reconsider. It's not worth falling for the person you swore you were never going to fall for again. If you think your ex is developing feelings again, be careful.

How have you stayed cautious when remaining friends with an ex? Explain below.

Three Hollywood Breakups That

Offer a Lesson In How Not To Behave During Divorce



By Sheena Clarkson

While about half of all marriages end in divorce, in Hollywood the rate is undoubtedly higher. We look to celebrities to see the latest trends in everything from hairstyles and designer shoes to baby strollers and exercise regimes. But when it comes to breakups, stars aren't always the greatest role models.

If you're facing a difficult breakup, take a lesson in dealing with lost love from a few celebs that handled it less than famously.

Related: [Is Divorce the Best Option?](#)

Kim Basinger and Alec Baldwin

At the center of this couple's divorce was a bitter child custody battle. Kim claimed to have been victim to physical and emotional abuse during the marriage. Meanwhile, Alec tried to discredit his estranged wife by portraying her as moody and unstable.

What really turned up the spotlight on this nasty divorce was when a voicemail was leaked to the press in which Alec, in an angry rant, referred to his 11-year-old daughter as a "thoughtless little pig". It was the voicemail heard 'round the entertainment world, and resulted in a judge ordering that Baldwin be temporarily banned from seeing his child.

Lesson: Don't let frustration toward your ex spill onto your kids.

Related: [Demi Moore Proves There's Hope After Divorce](#)

Liza Minnelli and David Gest

Having been married and divorced 4 times, Liza is one celeb who could single-handedly affect Hollywood divorce statistics. Though their marriage officially lasted about five years, after the first year of marriage the couple separated and things got messy fast.

Gest hurled accusations and lawsuits at Minnelli, suing the Oscar-winning actress for verbal and physical abusive, even claiming she had given him an STD. Though David Gest hurled a slew of allegations in the courts, the whole ordeal ended with his case being dismissed.

Lesson: Toss the dirty laundry out with the relationship.

Denise Richards and Charlie Sheen

Nowadays, the name Charlie Sheen is pretty much synonymous with traits that are big red flags to most marriage-seeking

women. Egomaniac? Check. Self-described porn-addict? Check. Drug and alcohol problems? Check, check. It probably doesn't come as much of a surprise that Sheen also has difficulty handling rejection.

When the couple split after three years of marriage Richards accused Sheen of being abusive, unfaithful, and an addict. Charlie responded with a string of voicemails and emails that make Alec Baldwin's post breakup rant sound cordial in comparison. In a message leaked to the press, Sheen calls Richards a "sad, jobless pig" and even makes fun of Richards' cancer-stricken mother.

Lesson: Don't resort to personal attacks.

There's no getting around it, love has the potential to make us all a little crazy. But if you skip the angry voicemail in favor of some healthy self-reflection you'll rebound from heartache as a stronger, happier person.

Sheena Clarkson is a freelancer who writes for McKinley Irvin and others. While researching this article she learned more than she ever wanted to know about Charlie Sheen.

Charlie Sheen Insists He's No Longer Insane





Charlie Sheen is really on “winning” streak these days. Although the first time he described himself as “winning,” he had departed from CBS’ *Two and a Half Men* and was generally *unsuccessful in his other exploits*, things are finally shaping up for the popular celebrity. Sheen has made the comeback of the century by starring in the hit new comedy *Anger Management* and mending his rocky relationships with ex-wife Denise Richards and his father. When asked about his unruly behavior last year, [E!](#) reports that he said, “It was a crazy time. It’s sort of like a dream I couldn’t wake up from... it’s something that could never happen again, so that’s pretty cool.” He continued by saying “My life’s different now that I’m not insane anymore. I’m accountable most of the time.”

What are some ways to know someone you used to date has truly changed?

Cupid’s Advice:

When a former partner tries to win you back after you’ve broken up with them, it’s important to determine if they’ve really made a change. You can only know someone you used to

date has truly improved if they prove it, not say it. Here are some things to look for:

1. They do things for themselves: If your ex has done new and important things with their life, they might only be trying to win you back by bragging about these changes later. If they've really changed, they will be doing these things to better themselves, so try to figure out if that's the case.

2. They spent time alone to reflect: Your ex hasn't changed if they're still hanging around all of the same people, or found someone to instantly replace you. Only when you find out who you are as an independent person can you really change for the better.

3. They're friendly with you: No matter how terrible the split was, the past shouldn't affect your civility toward each other. If your ex dwells on the past and can't look at you without hashing out old fights, nothing has changed. Only a changed person would be able to move forward or start over.

What do you think are some signs to know your ex has truly changed? Tell us below.

Six Famous Relationships That Started with Celebrity Scandals





By Jessica Smith

Nothing in Hollywood is juicier than a celebrity scandal. Many Hollywood couples work through humiliating experiences while dating, including Kim Kardashian and Reggie Bush, who went through a sex tape scandal; Justin Bieber and Selena Gomez, who recently dealt with Bieber's accusation of getting a fan pregnant; and Miley Cyrus and Liam Hemsworth, who had to deal with negative press on Cyrus' sexual antics.

Many of us can relate to similar problems on a smaller scale, but it can still be exhilarating and deeply saddening to watch our favorite famous relationships let us down in these ways. Sometimes, celebrity couples even begin their love lives under this sort of scrutiny. Although not all celebrity affairs work out, some blossom into long-lasting relationships and love. Here are six famous couples that made the headlines with their scandalous splits, affairs, and ensuing sprint to the altar.

Celebrity Scandals That Turned Into Celebrity Relationships

1. Brad Pitt and Angelina Jolie: After being married to the beautiful Jennifer Aniston for five years, Brad Pitt and Aniston's relationship began to fail when he confessed his love for Angelina Jolie. Pitt and Jolie worked together on the set of *Mr. & Mrs. Smith* as a sexy spy couple, and they took their on-screen romance off-screen – even while Pitt was still married. The humanitarian couple has now been together for seven years. We can thank their six children for pressuring them to get engaged, so they can *finally* tie the knot.

2. LeAnn Rimes and Eddie Cibrian: These two stars met on the set of *Northern Lights*, where their characters' relationship spiraled into a real-world celebrity affair that ended both of their marriages. While LeAnn Rimes and her ex-husband Dean Sheremet claimed to go their separate ways with plans to remain loving friends, Eddie Cibrian's ex only had negative things to say about him. Rimes and Cibrian are now happily married.

Related Link: [You've Cheated, So Now What?](#)

3. Richie Sambora and Denise Richards: This was a celebrity scandal that cost Denise Richards a friendship but gained her a new man. Richie Sambora was married to Heather Locklear for 12 years before things started to get shaky between them. Richards encouraged her good friend Locklear to file for divorce, and despite girl code, Sambora and Richards were caught making out like teenagers a few weeks later. This seemingly-forbidden romance also required Sambora and Richards to deal with some pretty messy divorces of their own. Unfortunately, their relationship recently ended.

4. Tori Spelling and Dean McDermott: Tori Spelling and Dean McDermott fell in love on the set of the Lifetime movie *Mind*

Over Murder, but they were both married at the time. The two quickly separated from their spouses. Before either one was legally divorced, they decided to announce their celebrity engagement. The two were married just a month after Spelling's divorce was finalized, and they have been married since 2006. They have three children and recently announced that they are expecting their fourth celebrity baby.

Related Link: [Eva Longoria Says She's Not Angry About Ex Tony Parker's Affair](#)

From Celebrity Affair To Celebrity Engagement

5. Jesse James and Kat Von D: Jesse James and Sandra Bullock were married for five years and had just adopted a son together when rumors began about James' unfaithfulness. After confirmation of numerous affairs, Bullock filed for a celebrity divorce and decided to raise her son as a single parent. Not soon after, James started dating tattoo artist Kat Von D. The two made it as far as an engagement, but they never made it to their wedding day.

6. Blake Lively and Ryan Reynolds: Although the two didn't date immediately after Ryan Reynolds' divorce from wife Scarlett Johansson, it's believed that Blake Lively was a factor that led to their split. Considering their marriage seemed to be going smoothly, their celebrity divorce announcement was surprising. The actor jumped from one serious relationship to another, as the celebrity couple was recently spotted house hunting.

What's your favorite celebrity scandal? Share your comments below!

Richie Sambora Loves Denise Richards More for Adopting



Rocker Richie Sambora and model Denise Richards have rekindled their romance, and Sambora says Richards' adoption made him fall even harder for her. Richards, who has two daughters with ex Charlie Sheen, adopted a baby girl named Eloise in 2011. "When she did that, it just made me fall in love with her more for god sakes," the musician told UsMagazine.com. "Because it's such a beautiful thing to do. It's such a giving thing." While Sambora supports Richards' decision to adopt, his own daughter with ex Heather Locklear, supports his new relationship whole heartedly. "I think they are so cute

together and I couldn't be happier!" she said. "They are adorable."

What are some disadvantages to dating someone that has kids?

Cupid's Advice:

Dating someone new can call for some adjusting, but dating someone with kids can call for some major changes, and will change the rules of the dating game. Cupid has some reasons why:

1. Expectations: Not only are you trying to impress your partner, but you're going to have to impress their kids if you want to have any chance at taking the relationship to more serious levels. Kids can be very accepting, but they're also honest and judgmental.

2. Fitting into two roles: There will be a part of you that's the "you" when it's just you and your partner, and there will be the "you" when you're with your partner in front of their children. It's important that you remain as much yourself in both situations for the relationship to be real.

3. Different priorities: Your partner's kids will, as they should, take priority over you and your relationship. This can lead you to feel like you're not appreciated or you're being ignored, while in reality, your partner is busy being a responsible parent.

Have you or are you dating someone with kids? Share your comments below.

Denise Richards Sheds Light on Being a Single Mom



Denise Richards has certainly proven herself to be a dedicated single mom. Richards is a former supermodel and mother of three (two of who she had with ex-husband Charlie Sheen). When Sheen had his outbursts last year, Richards knew better than to continue to lie to her children and keep them in the dark. She decided to educate her daughters about the cause of those outbursts: addiction. According to UsMagazine.com, Richards said, "It's too early [for them to understand], but I told them enough for them to make sense of things that were going on." There's no doubt that single parents can use Richards as an example.

How do you explain to your kid(s) why you're a single parent?

Cupid's Advice:

Sometimes it can be difficult raising kids on your own. Cupid shares how to handle the time when kids ask why you're a single parent:

1. Don't bash your ex: When explaining why you're no longer in a relationship and why your partner is absent, don't criticize them. Like Richards, take it as an opportunity to educate your child.

2. Don't lie: Some parents like to sugarcoat things for their child, but that's not always the best option. It's usually better for them to hear the truth from you, even if it's not the whole story of your separation.

3. Memories: Explain that sometimes all you have are memories. Share the good times with your child, but let them know that it wasn't always happy and that your being a single parent was best for both you and them.

How do you help your child understand your being a single parent? Let us know in a comment below.

Denise Richards and Charlie Sheen Bring Kids on a Winter Vacation





Charlie Sheen is spending the holiday season a little differently this year, reports [People](#). The actor and his ex, Denise Richards, are vacationing with their daughters at an unknown tropical location. Sheen posted a photo of the family on the social networking site WhoSay with the caption, "What's better than a modern family vacation!?! love spending winter break w/ @denise_richards & my kids!"

Is it unhealthy to take a vacation with your ex and the kids?

Cupid's Advice:

Though having the family together may seem beneficial, there are some downsides to a shared vacation. Here are a few things to consider before vacationing with your ex and the kids:

- 1. Payment:** Make sure that you and your ex come to an agreement about the cost of the trip. Decide if the two of you will split the cost of the hotel room, meals and outings ahead of time.
- 2. Living arrangements:** Before you invite your ex on vacation,

make sure you review your living arrangements. If you are planning on staying in a hotel, make sure your room has enough beds for your whole family to sleep comfortably (and separately).

3. Your feelings: If you and your ex still have a strained relationship, vacationing together is not the best idea. Your kids may love having the family together, but they will not enjoy it if you and your ex spend the getaway bickering.

Have you ever vacationed with your ex and the kids? Feel free to leave a comment below.

Charlie Sheen Reunites with Denise Richards for Kid's Soccer Game





According to [RadarOnline](#), Charlie Sheen spent Saturday in Calabasas, Calif. with his ex-wife Denise Richards while attending his daughter's soccer game. Sheen and Richards watched from the sidelines with daughters Lola and Sam and were seen laughing and joking with each other. Although Sam's team lost, Charlie announced on Twitter afterward, "Saturday is soccer! Here's three great reasons why I love my weekends!" and posted a picture of himself, Richards and his daughters.

How do you remain civil with your ex after a bitter falling out?

Cupid's Advice:

After a divorce, it's difficult to remain civil with your ex, although it's not entirely impossible. Here are three ways:

1. Be understanding: After a bitter break-up, you both will experience different emotions toward one another. When interacting, stay calm and try to understand each other, especially if you are at one of your child's events.

2. Arrive single: While at a joint celebration, never arrive with a date unless it has been many years since the divorce took place. Introducing your new partner might upset not only your ex, but also your children.

3. Have rules: Work things out and speak with your ex about how you can both remain civil at functions so that you don't upset those around you.

How you do remain civil with your ex? Share your ideas below.

Denise Richards and Richie Sambora Are Dating Again



Being reunited must feel good for on-again couple Denise Richards and Richie Sambora. The two were seen together Sunday night at a Japanese restaurant in California, according to [E! Online](#). After a year long relationship in 2007, the couple have decided to try their hand at love together again. In Richard's memoir, she discussed her relationship with Sambora saying, "Richie and I shared an easiness I hadn't before had." She also revealed that since their split, the couple has met up a few times. It's clear that they both still care for each other, and hopefully this time around proves to be more successful.

What do you do when you haven't gotten over your ex?

Cupid's Advice:

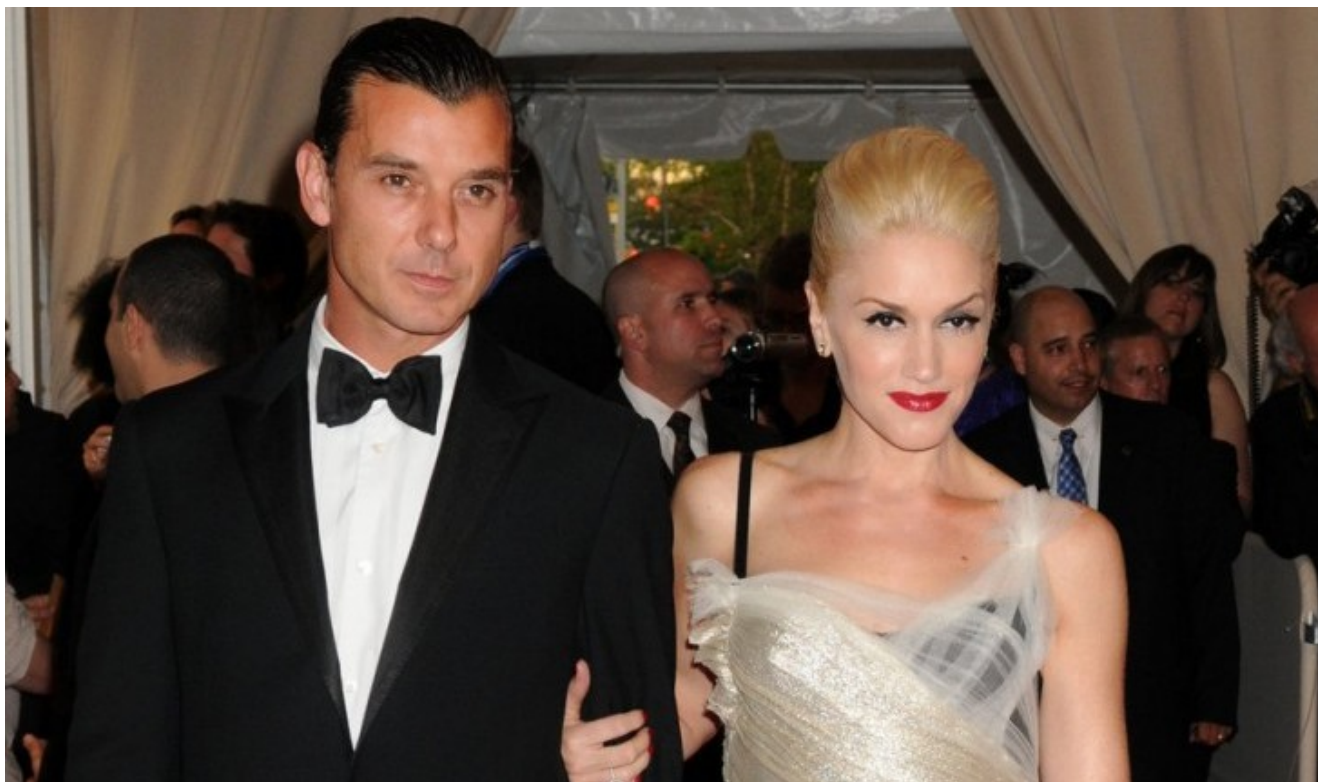
It's important to give yourself some time after a breakup to focus on yourself. However, if after a while you still have strong feelings for your ex, maybe it's time to explore why you broke up and if there's potential for a reconciliation. Here are some things to consider:

- 1. The reason you can't move on:** Many times it's hard to get over an ex if there was no closure at the end of your relationship. Meet up with your ex and discuss why your relationship ended to help your feelings subside.
- 2. Learn from your mistakes:** In a lot of relationships, both parties feel like the other is at fault for a breakup. Instead of blaming your ex for everything, look at what you both could have done better to make your romance last.
- 3. Second chances:** Sometimes it takes a split and individual growth to realize that your ex is the right person for you. Talk to your former partner and see if there's a potential future still there for you.

What did you do when you couldn't get over your ex? Tell us

your story below.

'The Help' Star Viola Davis Plans to Follow Hollywood Trend and Adopt a Child



Yet another celebrity is jumping on the adoption bandwagon, reports [Hollyscoop](#). At the premiere of her new movie *The Help*, Viola Davis and husband Julius Tennon confirmed that they are about to adopt a baby domestically. This is the first child for the couple and third for Tennon, who has two children from previous relationships. Davis is following in

the footsteps of many celebrity moms who have also recently adopted, including Sandra Bullock and Denise Richards. Bullock adopted son Louis Bardo after splitting from husband Jesse James. Denise Richards, who has two children with Charlie Sheen, adopted daughter Eloise Joni around the time her new book, *The Real Girl Next Door*, was released. Who will be next?

How do you decide whether to adopt a child or not?

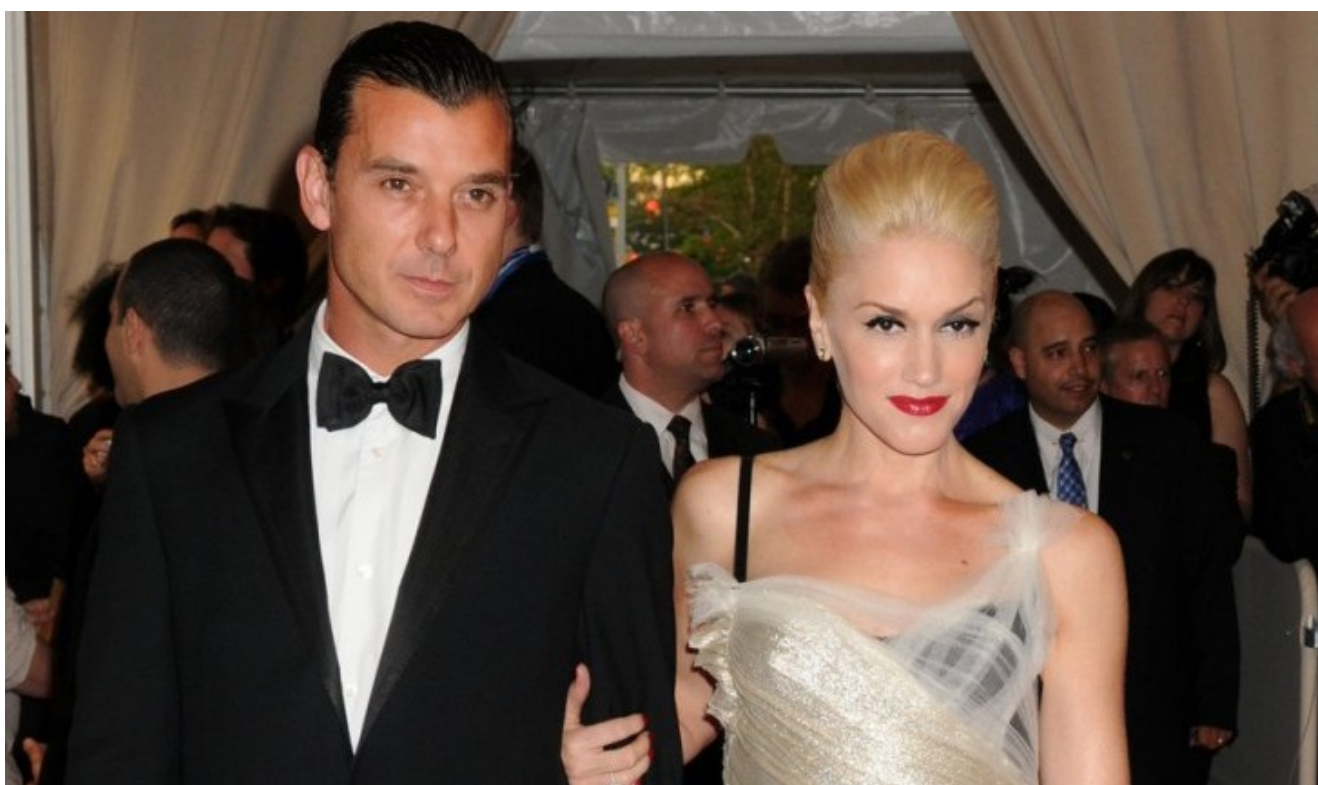
Cupid's Advice:

The decision to adopt a child is extremely important and should not be taken lightly. Cupid has some tips on how to decide if adoption is right for you:

- 1. Timing:** Deciding to adopt requires the same amount of thought and preparation as having a child naturally. If you and your mate are emotionally ready to take on the responsibility of raising a child, then consider adoption.
- 2. Money:** Adopting a child is very expensive. You and your partner must be financially stable before you consider it.
- 3. Other options:** Nowadays, there are a lot of different ways to have kids. Consider all the other options, like having a child naturally, through a surrogate or becoming a foster parent before you settle on adoption.

What are some other factors to consider when deciding whether to adopt? Share your comments below.

Denise Richards Says She Had a Beautiful Love Story With Charlie Sheen



Break ups are never easy, especially when your ex is someone like Charlie Sheen. But Denise Richards wants us all to know her relationship wasn't completely bad. When discussing her marriage to the former *Two and a Half Men* star with UsMagazine.com, she says, "people have only gotten the rotten stuff. There was a beautiful love story between he and I and I know that it went the way it went, but I talk more about how I felt during that time because I feel like a lot of women can relate to that."

How do you keep your breakup in a positive light?

Cupid's Advice:

Maintaining a relationship with your ex is never easy. After all the pain that comes with a split, we often find ourselves bad mouthing one another and continuing to fight. Here are some helpful tips on how to stay positive about a breakup:

1. Take time: It's impossible to part from someone and instantly go back to being 'just friends' after a serious relationship. Take some time to get back to your old self before seeking a friendship with your ex. Blow off some steam with your close friends and get back into the swing of being single.

2. Don't talk about new relationships: Talking about your new love lives without your ex is uncomfortable. No good can come of it. Avoid the topic as much as possible.

3. Focus on the good: The best way to keep your breakup positive is to remember all of the good times that the two of you had. You were happy once. Cherish those memories and keep them close to your heart, but realize the breakup was for the best, just as Denise Richards feels about the end of her marriage with Charlie Sheen.

What some ways you have maintained a friendly relationship with your ex? Share your comments below.

Denise Richards Protects Children From Charlie Sheen



It's no secret that Charlie Sheen has constantly been in and out of rehab, but now it's affecting his children. As a result of the media frenzy surrounding the actor's rambunctious behavior, according to *People*, ex-wife Denise Richards has been trying her hardest to protect their daughters Sam, 6 and Lola, 5. With new drama about the *Two and a Half Men* star in the news every day, shielding the kids is getting to be a full-time job for Richards, who has said she still cares about her ex a great deal. The actor also has 2-year-old twins with ex-wife, Brooke Mueller.

When should you protect your children from your ex?

Cupid's Advice:

It's the parents' job to protect and shelter their children for as long as possible. In certain cases, that responsibility

extends to protecting them from your ex. Here are some of those cases:

1. When drugs or alcohol are involved: Until your partner or ex-partner can sober up, he or she should not be allowed around the kids.

2. When they are abusive: If your mate is physically or emotionally abusive to you or the kids, cut off all contact. Protect your kids by telling them that they are safe and that abuse is not acceptable behavior.

3. Mental or physical illness: Though it may not be your partner's fault that they are ill, children need to be protected from the pain serious illness can cause. At least shelter them from some of the gruesome details.

Denise Richards and Nikki Sixx Split





Even though sources say they were never more than casually dating, actress Denise Richards and rocker Nikki Sixx have decided to call it quits, according to *UsMagazine.com*. Charlie Sheen's former flame started quietly dating Sixx, the Motley Crue bassist, in December. Although a source originally said of the couple, "They have a lot in common and are taking things slowly," one of Richards' insiders insists, "It's crazy how this is being made out to be some big breakup. They were never exclusive or serious to begin with! I could count on my hand how many times they went out. They decided to try it and she was not interested."

If you're not interested in someone, how do you tactfully let him know?

Cupid's Advice:

We've all been there. There's someone who's interested in pursuing something with you, but you're just not feeling it. Cupid has some ways to let someone know he's not "the one" in the least brutal way possible:

1. Make it clear it's not his fault: As you're explaining that

you just don't see a future with this person, make it clear that it's nothing he's done specifically. It doesn't always have to be a drama-filled declaration. Sometimes there's just no spark.

2. Be humble: There's no room for being a diva in this type of situation. The worst thing you can do is leave him with a feeling that you think you're better than him. In most cases, you're *not* better than him. You're just different people.

3. Let him down gently: Don't just walk up to him, say your piece, and leave. If he's interested in discussing why you feel the way that you do, be understanding of that and answer his questions. If you were in his position, wouldn't you want the same courtesy?

Is Denise Richards Dating Rocker Nikki Sixx?





Talk about picking the same kind of men. [People](#) reports that Denise Richards admitted she had “gone on a couple dates” with rocker and radio host Nikki Sixx, 52. Richards, 39, has had her share of experience with bad boys, including a complicated marriage to Charlie Sheen and a relationship with Bon Jovi guitarist Richie Sambora. With her new bad boy, who recently broke up with Kat Von D, Richards admits, “The God’s honest truth is we’re taking it very slowly.” **Why are women attracted to bad boys?**

Cupid’s Advice:

Cupid has some ideas on why it’s so hard to stay away from a bad boy:

1. He’s confident: Bad boys attract women because of their rebellious nature and self-confidence. Many women find the combination irresistible. But keep in mind that a guy can be confident and not bad.

2. He needs to be rescued: If you love the idea of a fixer-upper, you may flock to a bad boy because you think he’s

damaged and needs to be rescued. That said, it's not always the best idea for a stable relationship.

3. He doesn't like commitment: Some women may not be ready for a long-term relationship and will sabotage the relationship from the beginning by dating a heartbreaker. There's nothing wrong with dating around, but when you're ready for a relationship, cut it out with the bad boys!