

Lea Michele Takes Home Her Late Celebrity Ex Cory Monteith's 'Glee' Jersey Post-Wrap



By

Maggie Manfredi

Say goodbye to *Glee*. In latest celebrity news, according to UsMagazine.com, Lea Michele wrapped her sixth and the final season of *Glee* this weekend, along with her fellow cast mates. The actress took to Twitter in light of the big changes and said, "Thank you so much to all of our amazing Gleeks who supported us so much! I love you guys. We were so lucky to have had the most amazing crew who worked so hard everyday to make the show amazing. I'm so grateful for them...So thank you

all again so much from the bottom of my heart. I will miss Rachel Berry so very much.” Michele also posted a beautiful picture of her leaving the set with late celebrity ex Cory Monteith’s football jersey from the show. Emotions are high, but we are very excited to see what this superstar will do next!

In latest celebrity news, Lea Michele is honoring her late celebrity ex Cory Monteith by keeping his ‘Glee’ jersey as a memento. What are some ways to honor a partner who has passed away?

Cupid’s Advice:

Some of the hardest moments in life include a large amount of heartache. But like Lea Michele, you will be able to move on and still honor your past relationships. Cupid has some advice on how to handle a loved one who has passed away:

1. Take the time you need: When tragedy strikes, it can be a full body experience. When the news broke about Monteith’s death, Michele got away from the public and mourned in her own way and in her own time. You are allowed this time to internalize the tragedy and work through your loss like Lea did with the loss of her now celebrity ex.

Related Link: [Lea Michele Posts Touching Picture on Anniversary of Cory Monteith’s Death](#)

2. Careful with social media: Social media can be a tricky space when it comes to dealing with death. You need to be

cautious in order to respect the life and family of your love, but you also want and need to express your feelings. Michele has made many beautiful posts in honor of Monteith and their relationship together on social media since his death in 2013.

Related Link: [Lea Michele Says Cory Monteith Is 'Watching Everything I'm Doing'](#)

3. Look to love again: It is important to avoid fearing love or holding back after you have mourned the loss of your beloved. We can never anticipate what he or she would say, but Cupid is guessing they want you to be happy in this life, and happiness can be found in love.

Are you sad to see Glee go? Share your favorite thing about Rachel Berry below!

Lea Michele Posts Touching Picture on Anniversary of Cory Monteith's Death





By

Shannon Seibert

This past Sunday marked the year anniversary since the death of Cory Monteith who died of heroin and alcohol overdose at the age of 31. Former girlfriend, Lea Michele had been dating Monteith for almost a year and a half before his untimely death in 2013. Michele honored her love's memory by posting a touching photo on Twitter. The *Glee* actress tweeted: "We hold you in our hearts today, and every day we remember your smile. We will love you and miss you always," according to UsMagazine.com.

How do you honor the memory of a loved one who passed away?

Cupid's Advice:

Memories are some of the best gifts that life can give. Though our loved ones may leave us before we are ready, they give us something to hold on to for when times get tough. Honoring your passed loved ones may require more strength and acceptance than you're ready to give, but giving tribute to people who have touched your heart can give you a peace of mind.

1. Host an event: If your loved one has passed away from an unfortunate circumstance you can raise awareness about the issue by reaching out to your community. Start up an annual 5k for breast cancer awareness, or host a reach-out event for those who have lost family members and friends to suicide. In doing so you can educate your community on what you've learned through your experiences, and learn from those around you.

Related: [Mourning A Loss: 'Glee' Star Becca Tobin's Boyfriend Matt Bendik Found Dead](#)

2. Go talk with them: It may sound odd, but by having a conversation with a passed loved one can make you feel closer to them again. Go to their grave site, or visit a place the two of you shared many memories at, and just talk. Tell them about your day, talk about memories, ask them for advice. By keeping them in your mind you'll never lose them in your heart.

Related: [Eric Hill's Death Casts a Shadow on 'Bachelorette' Hometown Dates](#)

3. Accomplish what you said you were going to do together: When you're with someone it is easy to make plans for the future, but when someone leaves unexpectedly it is even easier to want to forget those plans. Honor your loved one by taking the trips you said you'd take together. Be the person you told them you wanted to be. See the sights they wanted to see. By following through you'll feel closer to your loved one and you'll be able to do the things they cannot. This gesture to them is meaningful and shows the love you'll always have for them.

How have you honored your memories of a loved one who has passed? Share your story with us in the comments below!

Lea Michele Says Cory Monteith Is 'Watching Everything I'm Doing'



By

Brittany Stubbs

Although Cory Monteith passed away last July, Lea Michele is feeling his presence now more than ever before. Michele is getting ready to release her debut album, *Louder*, which is full of reminders of the love her and her costar/real-life boyfriend shared, UsMagazine.com reveals. "I somehow feel the insane love Cory and I had for each other morphed into this strength that I have right now," the "Cannonball" singer explains. "There's just something about knowing he's watching

everything I'm doing and feeling like I have to do everything now not just for me but for him. I also have a safety net below me – if I fall or if it's too much, my friends and family will be there to catch me.”

What are some ways to cope with the loss of your partner?

Cupid's Advice:

Losing a partner is one of the hardest things in life with which to cope. Cupid has some tips:

1. Surround yourself with loved ones: This seems obvious, but after losing the love of your life, you might be tempted to crawl in a hole and shut everybody out. But the truth is, you need your family and friends around you now. Consider staying having someone stay with you or staying with somebody else for a little bit.

Related: [Source Says Lea Michele 'Talks about Cory All the Time'](#)

2. Accept the loss: People often have trouble facing and accepting the loss of someone they were so in love with; it's not uncommon for someone to want to be in denial after such a tragedy. But this will only prolong the pain and make it harder to move on from down the road. Allow yourself to go through the grieving period.

Related: [Sources Say Cory Monteith Was Planning a Surprise for Lea Michele](#)

3. Continue your routines: Eventually, you have to allow your life to slowly begin returning to the way it was. Granted, it's going to be extremely different now, but you have to allow yourself to get back in the swing of things to move on. Focus on those little routines you had, whether going to the gym every morning, going grocery shopping at night, etc. Continuing these small tasks will help you feel like things

are getting back to normal.

What are some ways to cope with the loss of your partner? Share your thoughts below.

Find Out How Kate Hudson Helped Lea Michele After Cory Monteith's Death



By

April Littleton

According to UsMagazine.com, Lea Michele has gotten plenty of help getting through Cory Monteith's death. In an interview

for [Elle](#), the *Glee* actress explained how Kate Hudson helped her through the tragedy. “I called her and said, I don’t know where I’m going to go because my house is swarmed [with reporters],” Michele said. “She was like, ‘Oh, you’re going to stay at my house.’ Like it was nothing.” Monteith died in July at the age of 31. The couple began dating in early 2012.

What are some ways you can help a friend who has lost his/her partner?

Cupid’s Advice:

Helping a friend get through a tragedy of losing someone they love is not an easy task. You don’t want to overstep your boundaries, but at the same time, you want him/her to know you’re there for them whenever they need you. Cupid has some tips:

1. Support them: One of the best things you can do for a friend in need is just lend a listening ear. When your friend is ready to vent to someone, just be there for them. Don’t pressure him/her to do or say anything they’re not ready for.

2. Keep them busy: Get your friend up and out of the house. Help them get back into their old routine. Maybe the two of you can pick up some new hobbies together. Sign up for a cooking class, learn how to play a musical instrument together or catch up on the latest movies. If those options don’t work for you and your loved one, find something else the two of you would enjoy doing.

3. Help them reminisce: Help your friend find some healthy ways to remember their lost love. Start a scrapbooking project together or be there for your friend when it comes time to visit their late partner’s grave. Let them know it’s OK for him/her to still think about their significant other from time-to-time – they just have to figure out how to grieve in a proper manner.

What are some other ways to help a friend who has lost his/her partner? Comment below.

Source Says Lea Michele 'Talks About Cory All the Time'



By

April Littleton

According to [People](#), Lea Michele is slowly moving on from the loss of her late boyfriend, Cory Monteith, who died in July. "It's getting a little easier," said a source close to the *Glee* actress. "She talks about Cory all the time." During the

tribute episode that aired Thursday, Michele shared a photo of herself with Monteith on Instagram. The source also said that Michele, who dated Monteith for more than two years isn't ready to think about dating.

What are some ways to cope after your partner unexpectedly passes?

Cupid's Advice:

Coping with the loss of a partner or spouse is a difficult challenge to get through – especially if the tragedy happened suddenly. Everyone grieves differently, so it's up to you how you deal with situation. No matter what you may be feeling or thinking right now, you don't have to go through this alone. Cupid has some advice:

1. Friends and family: Even though it may be hard for you to think clearly right now, just remember that your loved ones are there for you whenever you need someone to talk to. Don't isolate yourself. The best thing you can do for yourself is vent and let out all of your frustrations to people who you can trust.

2. Take care of yourself: People who grieve tend to lose sight of their health. Avoid putting your body through further stress by maintaining a proper diet as best as you can. If you need additional help, don't be afraid to ask a close friend or family member. Stay active and get as much rest as you need. If you notice any unusual changes in your sleeping habits and/or appetite, see your doctor as soon as possible.

3. Join a support group: You love being around your friends and family during this sad time in your life, but they may not fully understand what you're going through. In that case, join a grief support group. You'll be around a group of people who know what you're going through and will be able to give you some helpful advice on how to move on from the ordeal.

What are some other ways to cope with the loss of a partner?
Comment below.

Jane Lynch Says Losing Cory Monteith Has 'Just Been Brutal' for Lea Michele



By

April Littleton

The cast of *Glee* are still grieving the loss of Cory Monteith and it comes to no surprise that Lea Michele is taking it the

hardest. "I know it's just been brutal for her," Jane Lynch told [People](#) at the Gallo Family Vineyards and Ciroq-sponsored event. "I never lost a boyfriend when I was 26-years-old. I can't tell her what her experience is. She's a champion, and a rock star, and she is getting through this." *Glee* is set to air a special episode next month to pay tribute to Monteith, who played Finn Hudson on the show.

What are some ways to cope with losing your partner?

Cupid's Advice:

Coping with a death of a loved one is very difficult. It'll take some time to fully mourn the loss of someone who was once such a huge part of your life. Everyone deals with situations like this differently. While some people find venting and crying on the shoulders of friends and family to be helpful, others feel the need to lash out. It's important to find healthy ways to cope. Cupid has some tips:

Find a creative outlet: Take all of the negatives emotions you feel over the situation and turn it into a form of art. Start painting, drawing or even write down your feelings in a journal. If you're a fan of poetry, this may be an opportunity to try your hand at some stanzas yourself. This might not be the best time for arts and crafts, but it's a lot better than falling into bad habits that could cause you to go into deep depression.

Stay active: Maintain healthy eating habits and keep yourself involved in your family and friend's lives. Individuals dealing with loss tend to isolate themselves, but doing so will only make getting over your loss harder. Continue to do the daily activities you did before the incident. Go back to work even if it's only part-time and consult with someone you trust if you feel like you need someone to talk to.

Funeral preparations: Helping out with the funeral plans can

help you get the closure you need. It'll be a chance for you to say your final goodbyes and fully accept what happened. Dealing with the funeral will be challenging, but you'll get through it.

What are some other ways to cope with losing a partner? Comment below.

How to Move On and Keep Your Dignity (And Hope) Intact After Heartbreak



By

[Marni Battista](#)

In recent months, there have been a couple of sudden, celebrity deaths that have no doubt left family, friends, and significant others reeling. Both *Glee* star Cory Monteith's fatal drug overdose and former *Bachelor* contestant Gia Allemand's tragic suicide opened up much speculation about how their partners, Lea Michele and Ryan Anderson respectively, have been coping.

These tragedies got me thinking: All of us will experience heartbreak in our lives – whether in the form of a difficult breakup or the death of a significant other – and will surely find ourselves desperate for ways to move on with as much grace, ease, and dignity as possible. Here at Dating with Dignity, I've developed five simple practices that certainly won't eradicate the pain of your loss but **will** give you the tools to begin healing.

1. Allow Moments of Grief

The most important thing when untangling yourself from a broken heart is to express whatever you're feeling and do so in a healthy way. Allow yourself to cry, write, listen to or make music, or talk with a close friend or family member. As you become further removed from the incident, be cognizant of when it's time to distill this period of grief into brief, private moments, and then eventually your loss will become less acute. Grieving is healthy, but if you continue to dwell on it for more than one year and it feels like it's turning into chronic depression, make sure you seek help from a healthcare professional.

Related Link: [Gia Allemand's Boyfriend: 'I Don't Love You Anymore'](#)

2. Don't Cast Blame

It was widely reported that Allemand's suicide occurred immediately after a blowout fight with her boyfriend, NBA

player Anderson, that culminated in him saying, “I don’t love you anymore.” In this situation, it would be easy for Anderson to process his loss by blaming himself and wondering if he could have saved his girlfriend by choosing his words more carefully.

But it’s important to remember that there are endless numbers of factors that contribute to something so serious, and whatever you feel you did wrong is only the tipping point (if even a factor at all). There’s no way to truly know, and blaming yourself or others will only alienate you as work through your grief – so train yourself to focus your energy on moving past it.

We’re ultimately **not** responsible for the actions of others. Of course, we want to make sure we’re always compassionate and empathetic; however, each of us must take personal responsibility for how we react to what we hear from others each day.

3. Adopt a Mantra: “The Only Way to Get Through It Is to Get Through It”

Whether recovering from a breakup or the death of a loved one, you’ve been placed in an undesirable situation beyond your control. As much as it may feel like the world has stopped turning and nothing will ever be the same, there’s nothing you can do but focus on the better times ahead.

Each relationship can help to form who we are as well as who we’ll become. There are no such things as mistakes. If you soldier through these dark days and keep yourself focused on the gifts you experienced as a result of your lost love, you’ll gradually start to feel better...and one day, you’ll reflect on that dark time from a much lighter point of view.

4. Re-Install Routine

Depending on the gravity of your loss, it’s possible that

whatever incident you're recovering from has completely wiped out your usually bustling schedule. Even though holing up at home may seem like the most appealing option, one of the best ways to begin to move on is to re-introduce routine into your daily life.

It may feel forced at first, but a schedule will allow a sense of normalcy to return and provide a welcome distraction. If there's something in your routine you used to partake in with your absent partner, create a new ritual with a close friend or family member in its place.

Related Link: [Lea Michele Is Grieving With Cory Monteith's Family](#)

5. Lean On Friends and Family

After the death of Monteith, mourning fans across the country cast much of their concern toward his longtime girlfriend and *Glee* costar Michele. People began speculating about when and how she would make her first public appearance in the wake of her tragedy. After a couple weeks of silence, the brunette was spotted going to a baby shower and has since been seen surrounded by at least one or two close friends. Loved ones provide a welcome distraction, but they'll also help force you back into your routine and listen when you need to talk about how you're feeling.

Heartbreak is a part of life, and when it happens, all you can do is work towards moving on. If you diligently hold yourself to these five practices in the wake of a tragedy, I'm certain you'll gradually start to feel lighter.

[Marni Battista](#), founder of [Dating with Dignity](#), is an expert dating and life coach with a 10-step system to manifesting love for your self and others. You can contact Marni at marni@datingwithdignity.com.

Lea Michele Dedicates Teen Choice Awards Glee Win to Cory Monteith



By

Kerri Sheehan

Gleeks far and wide had to dry their eyes this Sunday night during the Teen Choice Awards. Lea Michele, 26, dedicated the award she won for her portrayal of *Glee*'s Rachel Berry to deceased boyfriend and cast member, Cory Monteith. Her appearance at the awards show is the *Glee* beauty's first since Monteith's July 13th death. She made sure to thank fans for their love and support during, "These very difficult past few

weeks,” reported [People](#).

What are some ways to honor a deceased partner?

Cupid’s Advice:

Finding ways to honor a deceased loved one is an important part of learning to live with their death. Cupid has some ideas on how to do so:

1. Love what they loved: Anyone who passes leaves behind a great number of things. Whether they are children, pets, family, friends or mementos, hold on to those things your partner once treasured. This will help to remind you of them and all the great times you had together.

2. Remember them: As time passes, you may wish to forget about your time together completely as you think that will hurt less, however that is not the case. The time you two spent loving and supporting each other can’t be replaced and it was special. Choosing to forget it would be a shame.

3. Accomplish their goals for them: Go somewhere your loved one always wanted to visit, or take up a hobby that they wish they had time for. This will help you feel more connected to the deceased person and will help you accept their passing.

Have you ever lost a partner? How did you honor them? Share below.

Sources Say Cory Monteith Was

Planning Surprise for Lea Michele's Birthday Before Death



By

Petra Halbur

It seems that Cory Monteith may have been planning a surprise for girlfriend Lea Michele at the time of his death on July 13. According to UsMagazine.com, Michele told friends that Monteith had something special in store for her 27th birthday in August. "She didn't know what," a source says. "But she thought it could be a party and possibly a trip somewhere." Michele is currently grieving with Monteith's family.

What are some surprises to plan for your partner's birthday?

Cupid's Advice:

Often, as adults, we let birthdays slip by with little or no celebration. How can you ensure that your partner's next birthday is one to remember? Cupid has some ideas:

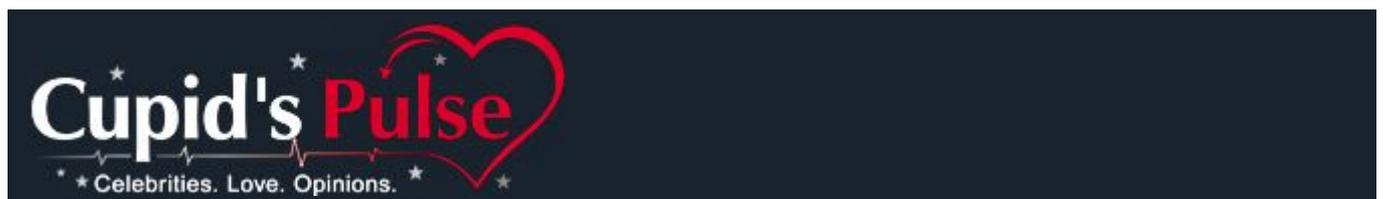
1. Weekend getaway: Announce that you've rented out a rustic cabin or reserved a room at a bed and breakfast for the weekend. It'll be a great surprise and ensure a romantic weekend.

2. Bite the bullet: Do something your partner loves that, quite frankly, you're not crazy about. Whether it's watching *The Notebook* or going to ComicCon together, your partner will appreciate that you made his or her happiness a priority.

3. Erotic fantasy: Rose petals, lavender lotion, handcuffs ... whatever it is, indulge your partner's sex wildest sexual fantasy.

What surprises did you spring on your partner for his/her birthday?

Celebrity Couples Who Met on Set





By

Kerri Sheehan

Like many other people, Hollywood relationships are likely to form at the workplace. For them, this means on the set of their latest movie and television ventures. People tend to date who they're in close contact with, so if you're famous then your close contacts will most likely be other celebrities. Hollywood co-stars who become romantically involved are a common occurrence; still America can't help but to be fascinated by it. Here are six of our favorite celebrity couples who met on set:

1. Kristen Stewart and Robert Pattinson: Known affectionately as K-Stew and R-Pats, these two met on the set of their vampire flick, *Twilight*. Although they tried to make the relationship work after Stewart had an indiscretion with "Snow White and the Huntsman" director, Rupert Sanders, the duo has recently parted ways for good.

Related: [Celebrities That Remained Friends After Dating](#)

2. Andrew Garfield and Emma Stone: Andrew Garfield and Emma Stone played love interests in last summer's hit *The Amazing*

Spiderman, but it seems they let the love stay after the cameras stopped rolling. The movie's sequel is currently under production and set to be released in 2014.

3. Jennifer Garner and Ben Affleck: Many think the Oscar winner and his wife met on the set of their 2003 movie *Daredevil*, but they really met two years prior while filming *Pearl Harbor*. However, they didn't begin dating officially until 2004, as Affleck was previously part of another Bennifer, with Jennifer Lopez. Garner and Affleck tied the knot in 2005 and have three kids together.

4. Brad Pitt and Angelina Jolie: The start of this couple was a tad controversial as they met on the set of *Mr. and Mrs. Smith* when Pitt was still married to Jennifer Aniston. Pitt and Jolie claim they didn't start dating until after his divorce from Aniston. They are not yet married, but have six children together, three of which are adopted.

Related: [How Can Jennifer Aniston Make Her Love Last?](#)

5. Ashton Kutcher and Mila Kunis: *That 70s Show* co-stars, Mila Kunis and Ashton Kutcher were in close proximity while filming the show from 1998-2006; however, at the time Kunis was with Macaulay Culkin and Kutcher with Demi Moore. Fast forward to the summer of 2012 and the two single stars chose to give love a go. They've been happy and in love ever since.

Who are your favorite Hollywood couples? Share below.

Rumor: Were Cory Monteith and

Lea Michele Engaged Before He Died?



By

Petra Halbur

In the wake of Cory Monteith's tragic death, it's come to light that he and Lea Michele may have had plans for marriage. A source confided to [People](#), that, at the time of Monteith's death last week, the couple were considering tying the knot. However, other sources insist that the two were never formally engaged. Regardless, the two *Glee* actors were spending a great deal of time together and Michele has expressed her gratitude to her fans for their support and sympathy. "Lea is deeply grateful for all the love and support she's received from family, friends and fans. Since Cory's passing, Lea has been grieving alongside his family and making appropriate arrangements with them," the statement issued by her reps

reads. "They are supporting each other as they endure this profound loss together."

What are some things to consider before dating someone with a history of drug abuse?

Cupid's Advice:

Dating someone with a history of drug abuse is not an easy matter. What should you consider before deciding whether or not to pursue such an inherently complicated relationship? Cupid has some ideas:

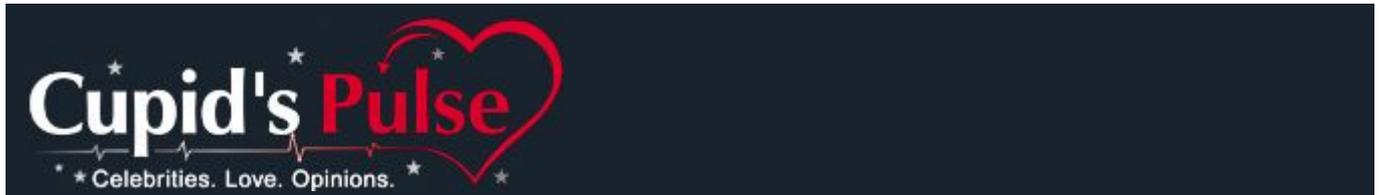
1. Recovery last a lifetime: Former users refer to themselves as "recovering" addicts because recovery from addiction is a process that lasts the rest of the individual's life. Before you pursue this relationship, educate yourself about the nature of addiction and decide if this is something that you can handle in your life.

2. What are the chances of relapse: According to experts, addiction relapse rates are as high as 90%. This means that there is a 9 out of 10 chance that your partner will start doing drugs again at some point in his or her lifetime. You need to let this sink in before your relationship goes any further.

3. Love cannot save the day: The power of addiction is something that those who have never experienced it cannot understand. Do not delude yourself into believing that your love is enough to save your partner from drug abuse. Love and support is, of course, a necessary component to any relationship but do not assign yourself the role of savior. Doing so will only lead to unhappiness.

Have you ever dated someone with a drug problem? Tell us below.

Lea Michele Is Grieving With Cory Monteith's Family



By

April Littleton

According to [People](#), the *Glee* star is spending her time grieving with Cory Monteith's family. Monteith's body was found in a Vancouver hotel room over the weekend. The coronor announced he died of a mixture of heroin and alcohol.

What are some ways to help your partner grieve?

Cupid's Advice:

Your partner just went through a tragic loss and you've been

doing all you can to try to console them. Sometimes, it's hard to know what your loved one would appreciate and what would set them off once again, especially if you're not going through grieving yourself. Cupid has some tips:

1. Listen: If you're afraid of saying the wrong things to your partner, just listen to them vent. Some people only want to be heard when they're going through a rough time. The best thing you can do for your significant other is just to be there and lend a ear if and when they need it.

2. Be supportive: Your partner will expect you to be the strong one while they are dealing with a loss. While you may not know how to handle everything, you'll need to give it your best shot and provide a sense of stability. You'll need to show your love all of the positive, while they can't help but to focus on the negative. Your partner will be counting on you to be there, don't let them down.

3. Don't judge: The worst thing you can do right now is judge the decisions and actions your significant other may make. Naturally, some of the things they do might not be wise, but they're not thinking clearly. Let them grieve how they want and for as long as they need. Don't get impatient. When they do finally bounce back, they'll appreciate everything you did and your relationship will be stronger than ever.

How did you help your partner grieve? Comment below.

Lea Michele's Rep Requests

Privacy During this 'Devastating Time'



By

Kerri Sheehan

Tragedy struck in the Glee fandom this past weekend when actor Cory Monteith, who portrays Finn Hudson on Fox's hit television show, was found dead in his hotel room. For costar Lea Michele, Monteith's passing was more than just the loss of a friend, as the two were real life love interests. Michele has yet to release a statement, as she is still in the grieving process, but her rep told UsMagazine.com, "We ask that everyone kindly respect Lea's privacy during this devastating time. Thank you."

What are some ways to help a friend who has lost his/her partner?

Cupid's Advice:

The death of a partner is one of the worst things that can happen in your life, especially when you're young and in love. Cupid has some insight on how to help a friend through this difficult time:

1. Be supportive: Your friend has recently gone from being deeply in love to being single in the worst way, so they won't be used to not having someone to lean on at all times. Let your friend know that if they feel lost or alone you'll be there for them in a heartbeat. Sometimes just knowing someone is there can help tremendously.

2. Mourn: Crying is a big factor in the mourning process. Not to say you have to cry with your friend but just be there for them as they cry. A hug is the best medicine you can give.

3. Understand: There is not right or wrong way to grieve a loss. Don't judge your friend for grieving differently than you think you would. Accept them wholeheartedly and let them handle the loss in whatever way they feel is appropriate.

Have you ever lost a partner? Share below.

'Glee' Star Cory Monteith is Found Dead in Hotel Room





By

Kristyn Schwiep

Glee star, Cory Monteith, 31, was found dead in his Vancouver hotel room on Saturday. According to [People](#), the cause of the death was not immediately apparent, and an autopsy was set for Monday. According to [The Age Entertainment](#), said there's nothing to indicate the death was due to illicit drug use. When Monteith missed his check-out time, staff went to his room and found his body, said Acting Police Chief Doug LePard. Monteith had been dead for numerous hours by the time his body was found. LePard added: "On behalf of the Vancouver Police, I want to pass on our condolences to the family, friends, castmates and millions of fans of Mr. Monteith. As was the case in countless homes, I watched *Glee* regularly with my daughters, and I know there will be shock and sadness in many households with the news of his tragic death."

How do you help your partner deal with a tragic loss?

Cupid's Advice:

Dealing with a tragic loss is hard, emotionally and and mentally, so how can you help your partner deal with such a

tragedy? Cupid has some advice for you:

1. Just be there: Even if you don't have the right words to say, just be there and keep them company. Letting them know that you let are there for them no matter what can be the most comforting of feelings. At least now they know that if they need or want someone to talk to they have you. Also, feel free to ask them if they need help with anything such as babysitting or taking them somewhere, if you offer they might be more welcome to the idea during this hard time.

2. Send a note: Send a note of comfort, especially if you can't be with them in person, and make sure it is written in your own words. It may seem cliché to send a note and flowers, but it can cause an incredible impact on some who is suffering a loss. Even the littlest gestures goes a long way during a time of need and they will remember that you spoke out of comfort to them.

3. Don't run away: Helping someone through such a tragic loss can sometimes be uncomfortable, but try and stay with them through this hard time. Don't be quick to judge if you feel uneasy about their behavior. Also remember, that you can't fix anything or make anything better, but as long as you are there you are doing something to help.

What are some ways you have helped your partner deal with a tragic loss? Share your thoughts below.

Celebrity News: Cory Monteith

Celebrates 31st Birthday with Girlfriend Lea Michele



By [J](#)

[essica Conigliaro](#)

Cory Monteith and *Glee* costar/girlfriend Lea Michele were spotted celebrating his birthday on Saturday, May 11. The couple was seen at a private club in West Hollywood, according to [UsMagazine](#). They have been dating for a year now and wanted to make the night special. "A very happy birthday to the best guy I know Mr. Cory Monteith," Michele tweeted Saturday. "Thanks for making me feel like the luckiest girl in the world every day."

How do you make your partner's birthday special?

Cupid's Advice:

Your partner's birthday is coming up and you want to make the occasion one they will always remember. Cupid is here to show you how to make the night special for them:

1. Get down on one knee: You and your love have been dating for almost 2 years and have discussed the possibility of marriage. With your partner's birthday on the way, it's the perfect time to buy the ring. Surprise her in front of all her friends by proposing on her birthday. She will love the romantic gesture—and will especially love sharing the moment with the people closest to her.

2. Meaningful gift: For your partner's birthday is coming up and you are rattling around gift ideas. Get him/her a big present they will always cherish. Buy concert tickets to their favorite band—get them a smaller present to throw them off at first. Wait a few minutes before giving them the tickets. They will love the anticipation—and of course the tickets as well.

3. Surprise Vacation: What better way to celebrate a birthday than on a beach with your love? Throw you partner a small surprise party a week early and reveal to him then that you planned a week long trip to The Bahamas for their big day. He will love the thoughtful gesture and appreciate your efforts.

How did you make your partner's birthday special? Share below.

Celebrity News: Lea Michele Is Proud of Boyfriend Cory

Monteith for Checking In to Rehab



By

Andrea Surujnauth

Glee star Lea Michele is supporting her boyfriend, and also costar, Cory Monteith as he checks into rehab. “I love and support Cory and will stand by him through this. I am grateful and proud he made this decision.” According to [People](#), Monteith is suffering from substance addiction. The couple have been public about their romance since April 2012. “He really, really inspires me, and he motivates me and I think he’s just so talented.” Michele told *People* last year. Along with Michele, Monteith is receiving support from his 20th Century Fox TV family. A statement was made to *The Hollywood Reporter* saying “Cory is a beloved member of the *Glee* family and we fully support his decision to seek treatment. Everyone

at the show wishes him well and looks forward to his return.”

What are some ways to support your partner through a tough time?

Cupid’s Advice:

Your love is having a hard time getting through a rough patch in their life. You don’t like seeing your sweetie suffer so how can you help them? Cupid is here with some advice for you:

1. Support: Be there to listen to your sweetheart talk about what bothering them. If they do not want to discuss the problem then do not push. Just let them know that you are there for whenever they want to talk.

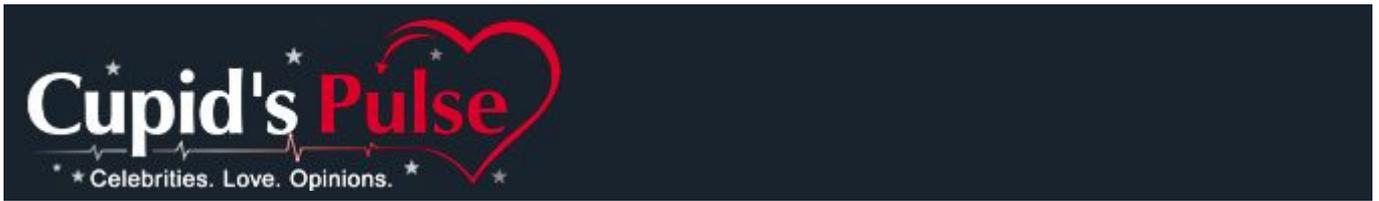
2. Be kind: Your beau might be moody during time of stress. Do not let this get to you. Be kind to them even if they seem to be snapping at you. If you are rude back to them, they will just feel worse and it might create an unnecessary argument.

3. Be positive: Remind your sweetie about all the positive things in their lives but do not push them. If you are overly preppy, they will resent your attitude. Just show them that they have you to make them smile.

How do you support your partner during tough times? Comment below and let us know.

Small-Screen Costars Who Turned Their TV Romances into

the Real Deal



By

Jennifer Ross

It is not surprising that when actors have chemistry on-screen, feelings can keep rolling after the director screams “cut!” The lines between fiction and reality can get blurry with all those hormones raging. No matter how professional an actor claims to be, when it comes to love, sometimes you just can’t fight the resistance for too long. For many TV fans, the reel-to-real romance is exactly what they want. Take a peek at some of Hollywood’s romantic couples, on-and-off screen.

Related Link: [Patti Stanger Explains How to Reconnect Like Ashton Kutcher and Mila Kunis](#)

1. Ashton Kutcher and Mila Kunis: What started out as a dysfunctional high-school relationship between characters

Jackie Burkhart (Mila Kunis) and Michael Kelso (Ashton Kutcher) on Fox's *That '70s Show* finally came to reality earlier this year. The cute Wisconsin couple was on-and-off again for the first 4 seasons of the show, which began airing on August 1998. However, it wasn't till about a decade later that Kutcher, 34, and Kunis, 29, decided to date off-screen. Before that time, Kutcher was married to ex Demi Moore. Now, sources report to UsMagazine.com that Kutcher has always had a thing for Kunis.

2. Lea Michele and Cory Monteith: *Glee* fans everywhere simply adore the on-screen relationship between characters Finn Hudson (Cory Monteith) and Rachel Berry (Lea Michele). Fortunately, the off-screen actors are just as happy to turn Finchel into a reality. The twosome, playing a high school couple, has been dating since last fall. Michele, 26, has gushed to *People* that she loves working with Monteith, 30. "He really, really inspires me, and he motivates me and I think he's just so talented," the *Glee* club diva professes.

Related Link: [Nina Dobrev Admits to Fighting Feelings for Costar Ian Somerhalder](#)

3. Anna Paquin and Stephen Moyer: The complicated on-screen relationship between characters Sookie Stackhouse (Anna Paquin) and Bill Compton (Stephen Moyer) on the *HBO* show *True Blood* has unfortunately ended. However, the real life union between the actors is still going strong. Married in 2010, the couple began dating back in 2008. Growing their family, Paquin, 30, recently gave birth to twins last month. No news yet as to the gender or names of the newborns. Although the twins were born a few weeks early, both babies and mom are said to be doing fine, according to Usmagazine.com. The twins are the first children for Paquin while Moyer, 43, has two additional children Lilac, 10, and Billy, 12, from a previous relationship.

4. Will Chase and Debra Messing: On the *NBC* television series

Smash, a steamy love affair ensued between Broadway lyricist and musical's co-writer Julia Houston (Debra Messing) and musical theater star Michael Swift (Will Chase). Although Messing's character broke off the affair and struggled to save her on-screen marriage, off-screen she and Chase, 41, have been continuing their hot yet private relationship. Just last year, Messing, 44, ended her 10 year marriage to theater guru Daniel Zelman. Prior to his relationship with Messing, Chase also left his wife of 2 years, actress Stephanie Gibson. It looks like both of them made the right decision and are happily enjoying each other's company.

What small-screen couples would you like to see dating in real life? Tell us below.

Lea Michele Serves Boyfriend Cory Monteith Raw Eggs





By

Nicole Weintraub

Glee stars Cory Monteith and Lea Michele enjoy breakfast together, though Michele served him raw eggs once, according to UsMagazine.com. Though she is not very skilled in the kitchen, [Michele](#) thoroughly enjoys cooking and hopes to have her own cooking show one day in the near future. Though, she worries about her sailor mouth since she curses left and right. In one of her recent culinary endeavors, she served up her own creation, but the eggs wound up being undercooked. "It wasn't very good, but he was a very good sport," Michele explained.

How do you make a homemade meal served at home romantic?

Cupid's Advice:

Don't want to go out for a fancy dinner at a romantic restaurant? Here are some tips to make a homemade meal romantic:

1. Set the mood: Set the scene with candles, dim lighting and a nice bottle of champagne or wine. Put some music on in the

background and there you go. You have created your own little private seating area in a restaurant.

2. It's homemade: The fact that you have slaved in the kitchen, creating a homemade meal for your partner is romantic alone. Even if you are not a culinary artist, it shows that you care for your partner and took the time out for them.

3. Cook together: A great way to make a fun date out of a homemade meal is to cook it together. Experiment in the kitchen with one another and just throw something together.

Do you make romantic homemade meals for your partner? Share your experiences with us in the comments below!

'Glee' Star Lea Michele Discusses Working with Boyfriend Cory Monteith





By

Nicole Weintraub

Glee's favorite on screen couple is also one off screen. According to [People](#), Lea Michele and Cory Monteith are just as much of a couple in real life as they are on the show. Michele shares that she loves working with Monteith. "He really, really inspires me, and he motivates me," she gushed recently regarding her working relationship with her boyfriend. According to the *Glee* star, she is happy with her current beau, as the chemistry between the two is easy to spot on the hit television show.

What are some tips for working with your significant other?

Cupid's Advice:

Dating your co-worker? Yikes! That can be a tricky spot to be in, but here are some tips to help you out:

1. Keep it professional: In the workplace, try to remain as professional as possible. That means no public displays of affection or long strolls throughout the office. Save the mushy feelings for after work, not during.

2. Be open with your coworkers: While it may be frowned upon to date a fellow coworker, being open and honest about it may be better in the long run. If you bump into another co-worker outside of work, it may put you in a sticky spot if you and your partner are not honest about your relationship.

3. Support each other: We all have bad days at work or face obstacles we have to overcome. Support and motivate your partner from the sidelines. Do not fight their battles for them; they have to face their own problems at times.

Do you and your partner work together? Share your stories with us!