Celebrity Interview:
Christina Milian Says,
"Homemaker was just mom, and
now it's also grandma, it's
grandpa, it's stepmom, it's a
combination of different
people."





Interview by Lori Bizzoco. Written by Cortney Moore.

There's very little Christina Milian can't do. She's a performer that can sing and dance, as well as act. These three

traits definitely came in handy during her role as Magenta in the Fox broadcast of The Rocky Horror Picture Show: Let's Do the Time Warp Again, which aired on October 18. In our exclusive celebrity interview, Milian opens up about her relationships, Thanksgiving plans, career and what it's like being a homemaker.

# Learn what Christina Milian thinks it means to be a homemaker in this exclusive celebrity interview!

Milian has recently made news with her friendship to celebrity ex Nick Cannon. The pair dated for two years in the early 2000's, but since then have recently been seen hanging out with each other. Milian confirms that they are only friends, saying, "It was good to catch up, it's been over 10 years, so that was a friendship that I always valued." She also says it's been nice experience for them to reconnect as parents, and that it has been fun discussing family life with someone who understands. Is the next logical step getting back together? Milian laughed, saying, "Well you never know, we'll see what happens!"

Related Link: Christina Milian Talks New Reality TV Show, Viva Diva Wines and the Status of Her Love Life

Meanwhile, Milian's 6-year-old daughter Violet keeps her on her toes. "Now she lets me know how I should be making the decisions in my life and how we should reschedule my life to make sure she's incorporated in every single part of it," which is something Milian went on to say she loved about her daughter. When asked if Violet had any interest in show business, Milian says she's steering her toward education, but would be supportive of her daughter either way. With regard to raising Violet, Milian says her mother and father were a big

help. "It really took a village to raise the household, to keep the house clean and safe, especially around the holidays," she says. Everyone in the Milian home contributes in some way, whether it be serving the table or cleaning up after each other. This especially holds true on Thanksgiving Day. As for family traditions, Milian likes to enjoy her Thanksgiving in her pajamas and cooking delicious food. "You better make two types of stuffing," Milian jokes in reference to differing palates. If you're ever making stuffing for Milian, make sure it has raisins in it!

Related Link: <u>Carmen Milian Talks Reality TV Show and Dating Advice in Exclusive Celebrity Interview: "Love Can Conquer All"</u>

More recently, Milian has partnered with Pine Sol to redefine what a homemaker means. "Homemaker was just mom, and now it's also grandma, it's grandpa, it's stepmom, it's a combination of different people," Milian explains. The initiative hopes to get people to share their stories on social media through #MakersOfHome, to show that other family members contribute to making a home. She is also involved with Pine Sol's charity Together We Rise, which aims to improve the lives of foster children. "This time of year I think it's really great for people to help other people," Milian goes on to add. "Philanthropy is very important to me, especially in the foster care system." Aside from her partnership, she's moved on from her reality tv show to other projects. Keep an eye out for new music in 2017. She also has a role on the new Fox show Superhuman alongside Mike Tyson and Dr. Rahul Jandial, which will begin to air next year.

For more information about Milian, check out her website, www.christinamilian.com. Follow her on Twitter @ChristinaMilian.

# Get Fit In Time For Date Night With A Twerk-Out





By <u>Cortney Moore</u>

Move over Zumba because a new exercise dance craze is taking over the nation! Make way for twerking yourself into a slimmer shape! Yes, twerking, or as some like to put it, a "twerkout." It's not just for celebrities like Miley Cyrus. These instructional dance classes are popping up in gyms and dance studios across the country. It's where fitness meets the club, combining dancehall choreography, cardio and aerobics to help exercisers break a sweat. Not convinced to give it a try? Well a single 60-minute class can help you burn up to 1,000

calories! Getting fit for <u>date night</u> couldn't be any easier, not to mention you'll learn dance moves your partner will surely appreciate. Get in touch with your seductive side and learn how to twerk like a professional!

### Learn How To Twerk Like A Pro Before Your Next Date Night

LexTwerkOut: Lexy Pantera's revolutionary twerk out program has made celebrity news with her famous clientele. which include Christina Milian, Karrueche Tran and Tameka Harris. Based in Los Angeles, dance enthusiasts are able to take classes or host twerk parties with their closest friends. Even if you can't make your way to her studio, you can still get a good work out through her LexTwerkOut app and Youtube channel.

Vixen Workout: With multiple locations throughout New York and Florida, Vixen Workout is an intense hip hop cardio dance program. Started by a former Heat cheerleader, this workout routine will get you in touch with your inner vixen by teaching you how shake what you've got. There are Vixen instructors in other states, so if New York and Florida are too far for you to travel for lessons, you can find someone else to teach you the great moves.

Related Link: Date Idea: Dance the Night Away With Your Love

305 Fitness: Named after Miami's area code, 305 Fitness is one the hottest dance cardio studios to hit the east coast. With locations in New York, Boston and Washington D.C., twerk lovers can get a full body workout doing non-stop cardio and high interval training. Each class has a live DJ playing music so your workout routine won't even feel like a workout. Featured in a number of publications for their great studio, 305 Fitness promises to get you moving.

Boss Chick Dance Workout: Just like the name says, this

revolutionary dance program will show you how to dance like a boss. This dance program teaches a high intensity hip hop, dancehall, afrobeat fusion twerk-out. Get yourself closer to that "bangin' new body" you've always wanted. With Boss Chick dance studios in 6 states and abroad, you'll have plenty of opportunities to take lessons or host your own twerk party.

Related Link: Make Your Love Soar On Date Night With Aerial Classes In NYC

StripXpertease: Is a female driven business that aims to teach women to get in touch with their "sexier, sultrier, more confident" self. At StripXpertease, you'll learn how to do pole work, lap dances, twerk and much more. Couple activities are encouraged so it might be a great option for a date night! Visit their studios in New York and Los Angeles so you can unleash your sexy and toned self.

Twerk Out Fitness: If you're on the shy side and don't wish to pay the expense for private lessons, then twerking in the comforts of your own home might be the best option. Twerk Out Fitness offers instructional DVDs and downloadable content that will show you how to move. Once you've boosted your confidence, you can contact the instructors at Twerk Out fitness to schedule in-person lessons or parties. You'll learn from the best here since many of their instructors are from Atlanta, where twerking originated.

Have you heard of a "twerk-out" before? Would you sign up for a class? Share your thoughts in the comments below!

### Celebrity Couple News: Christina Milian Hints She's Hooked Up with Leonardo DiCaprio





By Abbi Comphel

In <u>celebrity couple news</u>, Christina Milian has hinted about hooking up with certain "white guys" in Hollywood. <u>UsMagazine.com</u> reports that she was heard speaking about this on a recent podcast interview. She was giggly when asked about certain guys she possibly hooked up with. She will definitely start celebrity gossip with this statement! She even hinted at hooking up with Leonardo DiCaprio. Milian was previously married to celebrity ex The Dream and they have a 5 year old

# This celebrity couple news is surprising. What are some things to consider before hooking up with someone new?

#### Cupid's Advice:

There may be a few things to consider before you decide to hook up with someone you barely know. Cupid has some <u>dating</u> advice on what to consider:

1. People finding out: If you hook up with someone, you have the chance of people finding out, especially if it is someone in your close circle. They can spread the news, and everyone will find out.

Related Link: Celebrity News: Gwen Stefani Says New Horse is 'Best Present Ever' — Is it From Blake?

2. Regretting it: You don't want to live with this regret. If it was a moment of weakness and you did it for other reasons, then you will find yourself regretting it later on in life.

Related Link: Celebrity Couple: Bindi Irwin and BF Chandler Powell Get Away to Hawaii

3. Comfortable: Make sure you are ready to hook up with the person you are with. Think it through before you just randomly go for it. You want to make sure you know the consequences of doing this, and you want to feel comfortable about it.

What do you think people should consider before hooking up with someone new? Comment below!

# Celebrity Exes: Christina Milian and Lil Wayne Call It Quits





By Mackenzie Scibetta

Christina Milian and Lil Wayne, who were in a celebrity relationship with each other since July 2014, have decided to part ways. According to <u>UsMagazine.com</u>, the famous couple sight busy schedules as the reason for their separation. This is not the first break-up for the newly single <u>celebrity exes</u>. Just a few months ago, Milian told reporters, "I'm so inspired by the relationship that I'm in that it's definitely

an experience. It's that careless, hopeless, romantic love — that feeling of 'I will do anything for you."

# These celebrity exes are keeping things civil. How do you keep the drama out of your relationship with your ex?

#### Cupid's Advice:

They're called an ex for a reason so don't let them distract you from your real happiness. Remaining friends, or at least acquaintances, with your ex is challenging but definitely not impossible. Cupid has three tips to help you keep life with your ex drama-free:

1. Set boundaries: Make it clear what are appropriate forms of communication, if communication is welcomed, and when. Don't let them become over-bearing and always make sure they know it's a friendly relationship, not romantic.

Related Link: 'Mad Men' Creator Says Jon Hamm and Jennifer
Westfeldt Are Having 'Tough Time' Post-Celebrity Break-Up

2. Treat them with respect: This one is hard, especially if you had a nasty break-up, but by showing you are an adult and want to move on they will respect you back. Treating them with negative feelings will only promote more negative feelings and actions to come out.

Related Link: <u>Is Tyga Feuding with Celebrity Ex Blac Chyna</u> <u>Over Kylie Jenner's Ferrari?</u>

3. Think before you speak: Don't let unsaid feelings or thoughts from your relationship come out and don't make them feel guilty. You broke up for a reason so don't fuel the fire

and say things you might regret.

How did you handle a crazy ex? Comment below.

Carmen Milian Talks Reality
TV Show and Dating Advice in
Exclusive Celebrity
Interview: "Love Can Conquer
All"





By Sarah Batcheller

The encouraging, protective, all-powerful role of momager is becoming ever more prominent in the most glamorous celebrity families, and Carmen Milian is no exception to the population of fabulous moms taking over the entertainment industry. Mother to singer and actress Christina, hairstylist Danielle (who just announced that her third celebrity baby is on the way!), and chef Lizzy, the family matriarch has a lot of fame on her plate, as seen on the hit reality TV show Christina Milian Turned Up. Milian is not only a successful businesswomen; she happily raised her three equally-successful daughters following her divorce. In this exclusive celebrity interview, the celebrity mom describes life and love under her roof.

## Exclusive Celebrity Interview with Reality TV Star Carmen Milian

Milian reveals that filming their reality TV show was a good experience for her family. "It actually brought us closer," she explains. "We worked out some underlying issues throughout filming that we were able to resolve, and I think we came out better in the end by finally dealing with them."

The mother of three also had a lot of favorite moments, but unfortunately, many of them won't be seen by audiences. "There were a lot of beautiful scenes that we shot that they didn't use. The footage showed us joking around and being silly or even a lot more lovable. I wish people could have seen that," she says. "We also filmed an episode for Viva Diva Wines, which Christina and I own along with our partner Robyn Santiago. It was a charity event that we supported, and our wines were such a great hit!"

Related Link: Christina Milian Talks New Reality TV Show, Viva Diva Wines and the Status of Her Love Life

In regard to her high-profile business venture with her daughter, Milian makes it sound like a match made in heaven. "I love being Christina's partner!" she gushes. "I feel like we understand and respect each other's roles now better then ever. We work better side-by-side than when I work for her." She then adds, "Our relationship has remained pretty much the same. The partnership is based on the same work ethic and trust that we've always had."

The entrepreneur likes to add a familial aspect to everything she does. Even while working, her children and grandchildren are at the forefront of her mind. Making it sound easy, she divulges her secret to balancing it all: "My grandkids are team players. They know that sometimes they have to be quiet while I'm on a business call, but they don't mind because those calls usually come while I'm in Toys "R" Us, at the park, or at Chuck E. Cheese. I spoil them plenty, so they are fine with me working while we play. I try not to text or email during my time with them though because I don't want them to feel ignored. "

## Celebrity Mom Shares Dating and Relationship Advice

Milian is looking forward to this year, as she intends to make it a noteworthy one in terms of her relationship and love life. She believes that this is her time, saying, "The truth is that I used to date back in the day after my divorce, but it's been a while. Dating is the one thing I wish I would've taken more time for in the past, but it's never too late, and that is my intention in 2015."

Related Link: Reality TV Star Christina Milian Talks About Her New Partnership and Being a Celebrity Mom

She also has some dating and relationship advice for other single mothers looking for someone special. "Be open to it,"

she insists in our exclusive celebrity interview. "Date as many frogs as you like, but only introduce your kids to a few princes. Hopefully, one of them will turn out to be your king!"

When it comes to the season finale of *Christina Milian Turned Up*, which airs this Sunday, Mar. 1, viewers have a lot to look forward to. "They are definitely going to see our worst sides at the beginning of the episode. They'll see that my family is in no way perfect," she candidly shares. "But at the end, everyone will see how we work through our issues and that love can conquer all."

The reality TV star reassures fans that the closing of the first season of *Christina Milian Turned Up* doesn't bring a halt to the family's success. Christina will be dropping a hit single next week and is appearing in the Hulu series titled *East Los High*; Danielle is an avid blogger for *Latina Magazine* and has a line of hair extensions in the works; and Lizzy is a private chef and has just begun writing for *Latin Kitchen*.

Catch Carmen on the exciting season finale of Christina Milian Turned Up on E! this Sunday, Mar. 1 at 10/9c!

## OK! Magazine New York Fashion Week Celebration





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Nicky Hilton

## Christina Milian: Bye Bye to Jas Prince





By Sanetra Richards

Goodbye, fiancé! Hello, single lady! According to <u>UsMagazine.com</u>, a rep for Christina Milian's family has announced the 32-year-old singer/actress and fiancé Jas Prince have ended their engagement. The star and her music executive boyfriend of nearly four years called off the engagement at the beginning of this month. Milan removed her belongings from their L.A. house on Thursday, June 19th. The pair allegedly began dating in 2010, following a few months after her divorce from singer/songwriter The Dream. She was

spotted sporting a nice sized diamond ring in April 2013, but kept it under wraps, even when asked about it in interviews.

While not saying too much, Milian shared a quote on Instagram on June 12th about new beginnings and achieving the life you desire: "There comes a time in life, when you walk away from all the drama and people who create it. Surround yourself with people who make you laugh, forget the bad, and focus on the good. Love the people who treat you right. Pray for the ones who don't. Life is too short to be anything but happy. Falling down is part of life, getting back up is living." Following the message, the caption stated, "Morning inspiration. Turn your life around and do all the things that make you happy. It's your life to live."

How do you know when to call off your engagement?

#### Cupid's Advice:

You dated, fell in love, and then came the big question. Of course, you said yes . . . but found yourself rethinking the entire ordeal once things took a turn for the worse. Unfortunately, you are not quite sure how to tell your partner you do not want to go forward or if being **single** is what you truly want to do. Cupid has some advice to help you:

1. No longer getting along: The arguments have started and the looks of disgust are definitely not going away anytime soon — it is probably best to say goodbye to your engagement. The worst thing you could possibly do is get married knowing you are unhappy and will be that way for some time to come. Do not be ashamed to tell your family and friends you are calling it quits. Chances are, they will be happier to know you are not going into a marriage with ill feelings.

Related: Christina Milian Talks Reality TV Show and Dating Advice in Exclusive Celebrity Interview: "Love Can Conquer All"

2. Cheating: Yes, the big C. If this in already happening in your relationship, your marriage will not stand a chance.

Related: Christina Milian Doesn't Deny or Confirm Engagement to Jas Prince

3. Future is not the same: Your talks about what your future entails have changed and you are no longer on the same page . . let it go. Your idea of a happy life is not matching your partner's, and there is no convincing him/her of having the same. If you want to succeed successfully throughout your marriage, conversations revolving around your life as a married couple are key (and should probably be similar).

When is the right time to call off your engagement and return to the single life? Share your thoughts below.

### Reality TV Star Christina Milian Talks About Her New Partnership and Being a Celebrity Mom





By Brittany Stubbs

Christina Milian is more than just an actress, television host, singer-songwriter, and pretty face. She is a driven woman, balancing her celebrity family and her relationship and love life along with new projects and career opportunities, like breaking into the electronic hookah and electronic cigarette business.

Milian recently partnered with Platinum E Hookah. "I saw the craze beginning for hookahs and e-cigs," she shares in our celebrity interview. "I always enjoyed hookah lounges, and I thought, 'Why not create our own product that is nicotine free?'" Along with coming up with something that is safer than traditional cigarettes, Platinum E Hookah took it one step further and added some delicious flavors to curb your sweet tooth — from strawberry lemonade to blueberry cotton candy to banana cream.

"We also just added our nicotine free e-juice, which has sold out so many times already," she adds. "We have it in so many great flavors, like cake batter and peanut butter and jelly. It keeps it interesting, fun, and tasty."

#### Related Link: Christina Milian is Engaged

Although there has been some negative buzz about electronic hookah and electronic cigarettes encouraging smoking habits to younger crowds with their tasty flavors and celebrity users, Milian makes it clear that Platinum E Hookah strictly enforces that buyers must be 18 and over to purchase the products. She also points out that from what they've seen thus far, the flavored vapor business has helped people stop or slow down on smoking actual tobacco and real hookah that contain all the harsh carcinogens that are proven to cause cancer. "The option to smoke vapors is a safer option and does not carry the addiction that products that contain tobacco and nicotine do," the reality TV star explains.

### Christina Milian on Being a Celebrity Mom

While the starlet's career is important to her, her number one focus is her sweet daughter, Violet Madison. "Violet makes me a better person and makes me want to accomplish more in my life," the celebrity mom gushes. "Every decision I make is because of and for Violet."

As a single mother, Milian has learned to work hard each day to make a better life for her and her daughter. She encourages other single moms looking for a love to "always stay true to who you are and what you want in your life, and the right person will always come along. It's not about looking for the right one; it's about making your life great for you and the right one fitting right in."

Related Link: Girl's Night Movie Pick of the Week: 'The Single Moms Club'

### Reality TV Star Opens Up About Relationship and Love Life

The singer took this advice when it came to her own relationship and love life. After separating from Violet's father, R&B singer/songwriter The-Dream, she refused to give up on finding someone special. As she explains, "If I learned anything, it's to be strong, believe in yourself, and keep going. A failed relationship hurts, but I believe when things fall apart, they do so better things can come together."

Luckily for her, she found something better in someone who had been in her life all along. She describes her now-fiance Jas Prince as her best friend. "We have so much in common. At a certain point, it just clicked for us," she says. The couple got engaged last May. With everything that the two of them have going on, they've yet to set a date for their celebrity wedding, but she assures us she is looking forward to getting started on their plans for the big day.

#### Related Link: Documenting Your Love Story

Speaking of things to look forward to, we can't wait to learn more about Milian and her celebrity family in her upcoming reality TV show on E!. "I am excited to be working on a docuseries! Fans can expect to see our family, our businesses, and our day-to-day lives."

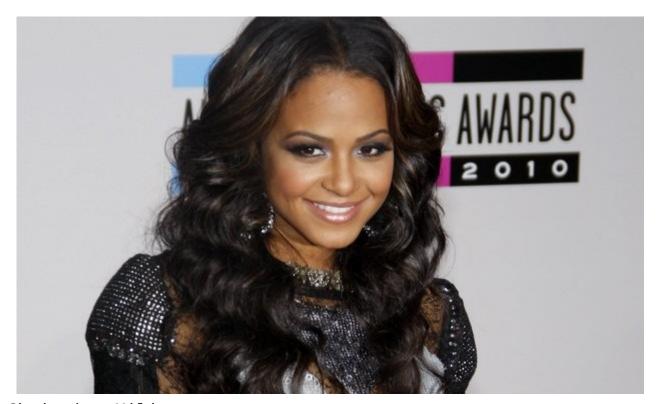
For more information about Milian, check out her website, www.christinamilian.com/. Follow her on Twitter @ChristinaMilian.

# What's Your Favorite Love Song?





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Christina Milian "Oh gosh, my favorite love song? I know a lot of heartbreak songs, but I like 'Drunken Love.'" Photo: David Gabber / PR Photos

### Christina Milian Doesn't Deny or Confirm Engagement to Jas Prince





By April Littleton

Sources told <u>People</u> that Christina Milian is engaged to her longtime boyfriend, Jas Prince, but she's neither denying or confirming the news. "I'm definitely in love with someone," she said. "I'm in a very happy relationship, a very stable relationship, which is great and he's very supportive."

What are some ways to keep your engagement under wraps?

#### Cupid's Advice:

You're engaged, but you're not ready to share the exciting news just yet. How do you keep something as big as an engagement a secret from all of your loved ones? Cupid has some advice:

1. No rings: Hold off on wearing an engagement ring until you're ready to spill the beans to your family and friends. Rings are a clear giveaway to what you and your partner have in store, so if you want to keep the curiosity at a minimum, wear a new necklace or a bracelet instead.

- 2. Don't tell your best friend: This might be a tough one for you, but if you really want to keep the details of your engagement to yourself for a little while longer you need to avoid telling your best friend. If you tell one person, you'll end up telling another. Even your best friend might accidentally spill your secret to someone if they're not aware that you want to keep it private. To avoid any unnecessary drama, just keep it to yourself until you're ready for everyone to find out.
- 3. Avoid any wedding talk: Your friends and family will get suspicious if you're constantly talking about weddings or if your place is cluttered with bridal magazines. Don't contemplate over bridesmaids dresses or what kind of topper you want on your wedding cake in front of your loved ones unless you want them to find out about your engagement sooner rather than later.

What are some other ways to keep your engagement under wraps? Comment below.

### Christina Milian is Engaged





By April Littleton

Congratulations are in order for Christina Milian and her longtime boyfriend Jas Prince. The couple began dating in 2010 and have been engaged since May. "He's a great match for her," a source close to Milian told <u>People</u>. Milian was previously married to music producer The Dream. The pair separated in 2010 when pictures surfaced of him being straddled by his assistant. Milian was pregnant with their daughter, Violet, at the time.

### How do you avoid becoming jaded about marriage after a divorce?

#### Cupid's Advice:

Marriage is meant to last a lifetime, but sometimes it doesn't work out that way. You've been through a divorce and now you're in a relationship you can see yourself being fully committed to. After everything you've been though it's tough to stay positive and remain hopeful for a long lasting commitment. Cupid has some advice:

- 1. Don't repeat the same mistakes: Think about what went wrong in your previous marriage. What was your role in the downfall of your relationship? Own up to your mistakes and prevent yourself from repeating history with your new honey. Don't blame your current partner for what your old one may have done to you in the past.
- 2. Talk to someone: Before you commit to your significant other, talk to a few loved ones or a therapist about any unresolved issues over your last relationship. You might not be as over the divorce as you think. You need to be able to openly express your worries and doubts over a new marriage. If you don't, you may never move forward with your life.
- 3. Take all the time you need: There's no need to rush to tie the knot again. Many divorcees wait years before remarrying again. If your honey is serious about what the two of you have and is in it for the long run, he/she will wait until you're ready to take the next step with them.

How did you avoid becoming jaded about marriage after a divorce? Share your experience below.

### Christina Milian: 'I Love Being Single'





Though Christina Milian will be appearing in the holiday movie Christmas Cupid December 12<sup>th</sup> on ABC Family, she does not plan on being struck by Cupid's arrow anytime soon. As the singer/actress told People, there is no man in her life now, and she loves being single. Christina Milian recently split from rapper-producer The Dream. The two have an 8-month-old daughter together, and she is her mother's first priority. She says, "I'm learning about myself all over again. And as far as my daughter, I will never bring anyone into her life that I don't have a real connection with. I'm going to protect her. I don't just bring anyone into my life or her life."What are some of the perks of being single?

#### Cupid's Advice:

Being in a relationship is wonderful, but being single can be just as amazing. After all, you have to love yourself before you can begin to love someone else:

1. Embrace independence: Singles can breathe a sigh of relief because the only person they have to worry about is themselves.

- 2. Self-reflect: Flying solo means you have time to find yourself and figure out what you want from a potential future relationship.
- **3. Enjoy being alone:** You are always your best company. So if your last relationship didn't work out, remember it's far better to be alone than in bad company.

# Christina Milian & The Dream Announce Separation





On Monday, a rep for The Dream confirmed the separation of the producer from wife, singer Christina Milian, to <u>US Weekly</u>.

The confirmation of the split came shortly after the website released photos of The Dream playing on the beach with a mystery woman. The couple married this past September, and have a daughter, Violet, who is 5-months-old.

How can you maintain the honeymoon stage through the first year of marriage?

#### Cupid's Advice:

The first year of marriage can be the hardest, especially once the actual honeymoon is over. Even if it's rough, you can make it through as a couple and a family by keeping the spark alive, and keeping things special.

- 1. Survive PHD (or 'post-honeymoon depression'): It isn't easy to come back to the real world after spending a vacation in paradise with just you and your mate. Ease back into your routine, and remind yourselves that just because the trip has ended, doesn't mean the passion has to fizzle, too.
- 2. Pick a date night: You are getting settled into your new life together, which often means doing a lot of tedious errand running and paper filing. Schedule dates together once a week. Get out of the house and be a couple on the town.
- 3. Celebrate the small things: Once you're married, everything can become a 'first' again make each of those firsts count. Have friends over when you are completely moved into your new place. Start a new tradition for your first holiday season as a married couple. In short, start making new memories together.