

Celebrity Parents: Struggling with Postpartum and Recovery Tips



By [Bonnie Griffin](#)

When you have a baby it's the happiest time of your life... until it's not. Many mothers struggle with a sense of extreme sadness and depression after giving birth. It may feel like you're all alone, and like you need to hide your feelings and pretend to be happy even if that's not what you're feeling but it's not. [Celebrity parents](#) like [Katy Perry](#) and Serena Williams are speaking out about their battle with postpartum depression. It's nothing to be ashamed of because it is very real for many new mothers.

Parents, you're not alone. Even celebrity parents struggle with postpartum.

According to *People.com*, celebrity parents like Katy Perry, Serena Williams, and Alyssa Milano are helping to shed some light on the reality of postpartum depression. Williams opened up saying, “Sometimes I still think I have to deal with it, ... I think people need to talk about it more because it's almost like the fourth trimester, it's part of the pregnancy.” These celebrities are helping shed light on the fact that postpartum is not something to be ashamed of; it is a natural part of giving birth and the first step to beginning to feel better is to accept it is natural and you don't need to hide. Here are some recovery [parenting tips](#) for dealing with postpartum depression:

1. Respond to your child's needs: Build a bond with your baby. That may seem like a lot when you're feeling like you're stuck in sadness and darkness, but take it one step at a time. You build a bond by meeting your baby's needs. When they cry, pick them up, have skin-to-skin contact, sing to them, anything as long as you're interacting with them in a positive manner. As your bond grows between you and your baby it will help you both to feel more secure and help you feel better, too.

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2. Take care of yourself: It can be easy to get lost of taking care of your baby instead of taking care of yourself after giving birth. This can be further exasperated if you're suffering from postpartum depression. Take your vitamins, and make sure you are sleeping when the baby sleeps. Ask your friends and family for help so you can get some time to yourself to pamper yourself and make sure you're getting enough sleep. Get outside and get some sunshine because it can

positively impact your mood.

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3. Use your support network: Loneliness can make your postpartum feel worse, and leave you feeling lost in the dark. Reach out to your friends and family for support when you're lonely. Visit them or invite them out to lunch. They can offer social and emotional support that will help boost your self-esteem and lift your mood.

4. Therapy: If self-help and lifestyle changes are not enough to pull you out of your depression you can seek therapy. A doctor may also prescribe medication or counseling and psychotherapy to help you talk about your concerns and set manageable goals to help you take steps towards feeling more positive.

Postpartum affects many new mothers. What are some tips you have for lifting your spirits when you feel depressed? Let us know in the comments below.

Royal Celebrity Parents: Meghan Markle & Prince Harry Are 'Enjoying Each Day' with Baby Archie





By [Katie Sotack](#)

Royals Meghan Markle and Prince Harry are stowed away in Windsor and “enjoying each day” with their eight week old [celebrity baby](#), Archie. According to *People.com*, the celebrity parents are focused on giving Archie a peaceful start to life, hence the escape to a private cottage. A royal source says they are “basking in the glow and enjoying each day”. Like all new parents, the royal couple are living soulfully in their new baby’s needs and wants, discovering his newness every day that they spend with him.

These royal celebrity parents are enjoying the time with their infant son. What are some ways to bond as a couple in the face of parenthood?

Cupid's Advice:

New parenthood is filled with as many challenges as it is

joys. Making time for your partner when this new life has became your world can feel impossible. Here are relationship tips for parents looking to bond outside of their baby:

1. Make time for one another: With your new baby becoming the center of your world, it's difficult to make time for each other. However, having one-on-one time is essential to a sturdy relationship and ultimately the growth of your baby. Go on a date together or just sit and talk after the baby's gone to bed.

Related Link: [Celebrity News: Nick Cannon Reacts to Ex Mariah Carey's Take on #BottleCapChallenge](#)

2. Enlist a trusted relative or friend: Give yourself a break and recruit a member of your inner circle to watch your children so you parents can have alone time. Make sure you have faith in their child care abilities and your child is familiar with the care taker so that you don't spend your date worried out of your mind.

Related Link: [Celebrity Couple News: Teresa Giudice Shares Worries about Husband Joe's Deportation](#)

3. Cut each other some slack: Being a parent isn't easy. When your partner makes a mistake, don't go after them. Instead understand where they're coming from and that we're all human. As long as your baby's safe, chances are they won't remember the tiny screw up.

How do you make time for your partner as a parent? Share in the comments below!

Celebrity Parents: Exes Drew Barrymore & Will Kopelman Reunite for Daughter's Graduation



By; Emily Green

In the latest [celebrity news](#), actress Drew Barrymore and ex-husband Will Kopelman reunited for their daughter Frankie's graduation, according to [UsMagazine.com](#). This [celebrity couple](#) split in 2016, but they have remained on good terms while co-parenting their two daughters, Olive (6) and Frankie (5).

These celebrity parents are focusing on making co-parenting successful. What are some things you can do to enhance your co-parenting situation?

Cupid's Advice:

Just because you and your partner are no longer together doesn't mean your family is broken. By staying on good terms with your ex, you can ensure that your children adjust well to a new family dynamic. Here are some of Cupid's tips to ensure a successful co-parenting situation:

1. Communication is key: By actively communicating with your ex, you can ensure that you are both on the same page regarding your children. If one of you has concerns about something, you should be able to sit down and talk it out. Even just asking one another about their day, or what has been going on in their lives is a great step toward having a friendly relationship.

Related Link: [Celebrity Parents:Inside Kate Hudson's Co-Parenting with Exes Matt Bellamy & Chris Robinson](#)

2. Be open and flexible: Different situations pop up all the time, so if your ex has to cancel a day because of an impromptu meeting, try to schedule another day so your children can still see them! Remember to put your children first, and work your parenting schedules around what will make the kids happy.

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3. Respect their time: Each of you deserve an equal amount of

time with your children. Make sure that your ex receives just as much time and respect with their children as you expect in return.

What are some of your tips to have a successful co-parent relationship? Let us know in the comments below!

Celebrity Parents: Duchess Meghan Plans to Take Baby Archie to NYC Over the Summer



By [Mara Miller](#)

The royal [celebrity couple](#) has been adjusting to life as celebrity parents well: Prince Harry is on diaper duty! In the latest [celebrity news](#), Duchess Meghan and Prince Harry plan to take royal [celebrity baby](#) Archie to New York City this summer, according to *UsMagazine.com*. They have plans to visit with the Duchess' mother, Doria Ragland, and friends in America.

These celebrity parents are brave to travel internationally with an infant. What are some tips for traveling with a baby?

Cupid's Advice:

The standard recommendation is to wait until your baby is at least one month old before traveling, although some doctors recommend waiting until your little one is four to six months old so his or her immune system has enough time to become strong. Cupid has gathered some tips that might help if you do decide to travel:

1. Breastfeed if you can: Breastfeed your baby when he or she gets hungry. You don't need to be shy about where you breastfeed and you won't need to lug around any extra gear.

Related Link: [Celebrity Baby News: Duchess Meghan Has Been 'Very Emotional' Since Welcoming Baby Boy](#)

2. Wear the baby: Instead of pushing around a clunky stroller, using a wrap to keep them close is an easier option. Your baby will love being near you and will likely go right to sleep!

Related Link: [Celebrity News: Duchess Kate & Duchess Meghan Are 'Bonding Over Motherhood'](#)

3. Forget the "nap schedule": Don't stress yourself out too

much about having your baby on a schedule while you're traveling. You don't have to rush back to the hotel to make sure the baby will get rest: having him/her sleep in a stroller while you're at a restaurant or exploring the area will be fine.

Do you have any more travel tips to share for parents traveling with their baby? Let us know in the comments below!

Celebrity Parenting: Kristin Cavallari Says Jay Cutler Is the 'Stricter Parent'





By Megan McIntosh

Though no one would argue that celebrity parents [Kristin Cavallari](#) and Jay Cutler aren't a team, they do have slightly different parenting styles. According to *UsMagazine.com*, Cavallari is a more laid-back parent. Though she's insistent that she doesn't let the kids run wild, she admits, "I'm more along the lines of let kids be kids and make a mess..." Husband Jay Cutler, on the other hand, likes to be a little stricter than his wife and can do without the mess.

Even celebrity parents have to discipline their children. What are some tips to keep in mind for disciplining your kids?

Cupid's Advice:

Disciplining your kids is never a fun time, but it's a necessary evil when it comes to helping your kids grow up the

right way. Cupid has some tips:

1. Keep it positive: Don't focus on what they're doing wrong. Keep the focus on the positives. If they washed their face and didn't brush their teeth, emphasize how good it was that they washed their face. Give them a high five or words of affirmation. They will associate good behavior with good feelings.

Related Link: [Celebrity Parenting: Khloe Kardashian Is 'Extremely Upset' With Tristan Thompson For Not Being Involved with True](#)

2. Give them individual attention: Rather than waiting for your child to misbehave, give them attention. This proactive approach, gives positive attention to the child so that they strive to emulate positive behavior that they see mommy or daddy do.

Related Link: [Celebrity Parenting: Hayden Panettiere 'Hasn't Had Much Time' with Daughter Kaya](#)

3. Have clear rules with tangible punishments: There should be a clear direction or even written paper that dictates to your child what rules they are expected to follow. If they know that not doing homework means no dessert, they are not punished after the fact. Your kids already know what will happen if they don't do their homework. But make sure you're consistent with what you expect from your child.

How do you balance disciplining your child? Share below.

Celebrity Parenting: Khloe Kardashian Is ‘Extremely Upset’ With Tristan Thompson For Not Being Involved with True



By [Mara Miller](#)

In the latest [celebrity parenting](#) news, [Khloe Kardashian](#) is upset with Tristan Thompson for not being more involved in their daughter's life. [Celebrity baby](#), True, is 11 months old. While Kardashian understands that he has a busy NBA schedule and lives in Cleveland, Thompson has shown little interest in seeing his daughter. He has more of an “I’ll see her when I

see her" attitude, according to a source from *UsMagazine.com*. The celebrity exes split after rumors of Thompson cheating with Jordyn Woods, although that wasn't the first time, with Thompson also being unfaithful during Kardashian's pregnancy with True.

These celebrity parents are at odds with one another. What are some ways to stay on the same page with your child's other parent?

Cupid's Advice:

Staying on the same page with your child's parent when the two of you aren't together anymore can become difficult, especially when the other parent doesn't seem like he or she wants to be involved in actively co-parenting. Cupid has some tips on how to communicate more efficiently:

1. Communicate: You're both going to have to talk to each other eventually, and this can be hard if the breakup wasn't easy. But you will both need to speak to each other eventually for your child. And keep the conversations about the child only. Everything else isn't relevant.

Related Link: [Celebrity News: Tristan Thompson Likes Khloe's Sultry Instagram Pic Amid Cheating Scandal](#)

2. Try to understand the other parent: Even though you might not be a couple anymore, trying to understand your child's parent is important in getting them to listen to you. It's not out of line to ask for their work schedule or to plan ahead far in advance when they can take the time off to spend with your child.

Related Link: [Celebrity News: Jordyn Woods Also Hooked Up With](#)

[Khloe Kardashian's Ex James Harden](#)

3. Be flexible: If you can be flexible with the other parent, it's likely that they will be more willing to work with you later. That way, when something does come up and you need them to take your child, then they'll be more willing to cooperate.

What are some ways to work with your child's other parent? Let us know in the comments below!

Parenting Advice: Cooking Fun with Your Kids



By Megan McIntosh

There comes a time when your kids want to be involved in what mom or dad is doing in the kitchen. They want to bake their own cake or fry their own eggs. Whether you decide to start small or let them help you with a whole meal, it's easy to have some cooking fun with your kids! Celebrity parent and model Chrissy Teigen recently made a special menu for [celebrity baby](#) Luna, and [Jennifer Garner](#) routinely cooks healthy meals for her kids. Like them, you can also have your kids join you in the kitchen!

Parenting Advice: Cooking with your kids can be a fun and educational experience that lets you have some quality time together, too!

Here's some exciting advice to start cooking in the kitchen with your kids:

1. Find some kid-friendly menus:

Find some fun menus that the kids can easily follow with you. Try to make character pancakes with fruit and nuts as decorations. Put together a yummy snack mix, which is simple and should keep the mess to a minimum. There are a variety of kid-friendly menus, but you can even create your own like celebrity parent Chrissy Teigen did when Luna turned out to be a picky eater.

2. Start small:

If your child wants to be involved in the preparation of a grown-up meal, give them something small to start with. Let your child mix the spices, or let them toss some ingredients into a salad. This gets them excited to be involved in the kitchen, but keeps their little hands safe. Help them create

something healthy but simple, like Jennifer Garner and her granola recipe.

Related Link: [Parenting Advice: Make Your Own Fresh Baby Food](#)

3. Let them be a little independent:

Once your child is a little older, you can let them be a little more independent in the kitchen. Let them create their own snack mix rather than following a recipe. Let your child create recipes that have three ingredients like banana pancakes or dunkaroo dip. Let your kid make dessert while you focus on dinner with them making banana oat cookies or peanut butter fudge. Keep it seasonal by making popsicles in the summer and hot chocolate in the winter.

Related Link: [Parenting Tips: Make Popsicles with Your Kids This Summer](#)

4. Keep it age appropriate: Though we encourage independence with our children, it's very important to keep it at level with their age. If they're a little younger, you'll want to keep them away from sharp objects and doing more activities like mixing and squeezing. As they get older you can incorporate more difficult tasks such as cutting with a blunt blade or cracking eggs. Eventually they'll be able to help you out in the kitchen so much that you'll get a chance to relax a little quicker.

Related Link: [Product Review: Back-To-School Products For Kids Of All Ages](#)

Any tips for how to get started in the kitchen with your kids? Share below!

Parenting Advice: 4 Types of Parenting Styles



By [Mara Miller](#)

Celebrity parents Will Smith and Jada Pinkett-Smith encourage their children to show their creative sides and allow their kids to make their own decisions as long as they have a sound reason for doing it. Julie Bowen believes you shouldn't be your kid's best friend. Whether you're a laissez-faire parent, or super strict, in this [parenting advice](#), we'll look at four parenting styles and how they can affect your kids!

Check out our parenting advice on

various types of parenting styles.

The type of parent you are has a lot to do with the type of person your child will turn into as an adult. It can affect everything from their weight to how they will treat other people (bullying vs. non-bullying, anyone?). Your kids rely on you not only to show them how to take out the trash or do the dishes but how their choices can have positive or negative consequences. Keep in mind that you might not fall into any one category as a parent. Parenting styles can blend depending on how old your children are and the mood you're in. So don't feel bad if you're a permissive parent one day and an authoritative another day.

1. Authoritarian: Authoritarian parents are the ones who force their children to do as they say. "Because I said so" is a common phrase used with this parenting style. Kids aren't allowed to do anything without their parent's permission and feelings are not taken into consideration. Studies show kids who grow up with super strict parents are excellent at following the rules but it comes at a price. They grow up thinking that their opinions don't count and suffer from high self-esteem problems. They also may grow to be excellent liars in order to avoid punishment.

Related Link: [Parenting Advice: How to Decide What TV Shows & Movies to Allow Your Kids to Watch](#)

2. Authoritative: Unlike authoritarian parents, authoritative parents enforce their rules, but they also take their children's feelings into consideration even though the parents are still involved. Children have consequences for bad behavior, but they also get rewarded for good behavior. Kids who grow up with authoritative parents tend to be well-rounded adults who are happy and successful. They have no problems making decisions on their own because they are able to evaluate the risks involved in any choices they make. Studies

show that this is the best type of parenting style.

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3. Permissive: Permissive parents set rules but they rarely enforce them. They don't like to hand out consequences for their children's behavior. They encourage their children to talk to them about their problems but there isn't a lot of effort made to influence their child's behavior one way or the other. They try to act more like a friend to their child rather than an actual parent. In fact, being liked by their child is more important than enforcing punishment for this type of parent. Studies show children with permissive parents tend to struggle academically and poor eating habits. Kids with permissive parents may struggle with obesity and dental issues because their parents don't want to enforce healthy eating habits.

4. Uninvolved: An uninvolved parent simply isn't involved at all. These types of parents tend to be neglectful, but it isn't always because they don't care about their children. They may be overworked or stressed by other events happening in their lives. They may also lack knowledge of child development. This type of parent expects their children to raise themselves and are not involved in their child's decision-making process. Studies show that kids with uninvolved parents tend to have bad grades and misbehave in school. They also tend to develop self-esteem issues.

What kind of parent are you? Let us know in the comments below!

Celebrity Parenting: Hayden Panettiere ‘Hasn’t Had Much Time’ with Daughter Kaya



By Megan McIntosh

According to *UsMagazine.com*, in the last year, Hayden Panettiere went through a [celebrity break-up](#) from her fiance of nine years, Wladimir Klitschko, and as a celebrity parent, she hasn't been able to spend much time with her child. She's opted instead to do what's best for her child and allow her to spend more time with her father and grandmother overseas. Break-ups are hard to handle for everyone, but they can be especially difficult for parents.

Break-ups are hard, and that doesn't change when you're a celebrity parent. What are three tips to successfully co-parent your children with your ex?

Cupid's Advice:

Many celebrity parents have found a way to put their children first after a break-up and are able to successfully co-parent. As long as you find that the child is the center of the relationship, you will be able to successfully parent your child with your ex, too:

1. Put the child first: Like Hayden Panettiere, you must always think about your child first rather than your own feelings. It might be better for the child to have a set schedule or live with one parent full-time, but ultimately it's whatever is best for the child. Co-parenting can lead to happy co-families.

Related Link: [Why Celebrity Exes Kourtney Kardashian & Scott Disick Are Happier Than Ever](#)

2. Be consistent: [Celebrity exes](#) Chris Pratt and Anna Faris keep their relationship separate from their parenting relationship. This allows them to spend time with their child together consistently. Don't assign a fun parent; both of you are examples for your children.

Related Link: [Parenting Tips: 5 Tips for Co-Parenting](#)

3. Don't put anything on your child: Keep any issues with your ex away from family conversation. Don't expose your kid to any conflicts in the relationship. When it comes to co-parenting, it's all about making agreements for the children.

How are you able to successfully co-parent with your ex? Share some tips below!

Parenting Advice: How to Keep Your Kids Motivated Throughout the Rest of the School Year



By [Jessica Gomez](#)

Your child's school year is almost over! However, as they

approach the finish line, some students may get off track. This is unfortunate considering that they're so close to the end! Having a support system to encourage kids with their studies is essential. The approach to motivating your children can depend on the child's age. However, some methods can be useful for children of any age if they're customized or "tailored" to the girl or boy, and that is where you, the parent, comes in!

Keep your child motivated with this parenting advice, along with some examples from celebrity parents:

1. Stay involved: When you are constantly involved in parent teacher meetings and school events, your child is more likely to keep their interest in school going. Being active in your child's school not only helps you keep an eye on them, but also familiarizes you with the environment they're in for the majority of the week. Being attentive is key. Celebrity couple Beyoncé and Jay-Z stay involved with daughter Blue Ivy's school. Bey volunteered at a fundraiser last year where she performed three hit songs, while Jay-Z attends PTA meetings. And, the duo alternates picking her up and dropping her off to school. If this busy, power couple can make the time, so can you!

Related Link: [How to Keep Your Children From Getting Hurt at School Valentine's Day Parties](#)

2. Create a reward system while keeping yourself up-to-date: Whether the reward is big or small, a reward is a reward. For example, having your kids do their homework straight after school before taking part in other activities is one way to do it. After doing their homework, getting to play, watch TV, or

do any other acceptable activity is a reward. When creating and implementing a reward system, it is important to keep yourself updated with your child's work. Make sure they do their homework and projects, and don't forget to ask them how school went and what they learned. For a little more information on creating reward systems (specifically ones based on the child's age), read on [here](#) along with other creative ideas on [Pinterest](#).

Related Link: [How to Connect with Your Teenager](#)

3. Encourage them: This sounds simple, but many parents tend to sometimes miss it. School becomes something they expect their kids to do because they have to, but that does not mean that it requires any less encouragement than any other activity. Sometimes we're focused on tough love or are just not as involved as we should be (back to tip #1 above). Whichever the case, parents need to find different ways to keep their kids going. Be their cheerleaders! Many celebrity parents like Sarah Jessica Parker, [Jennifer Lopez](#), Sarah Michelle Gellar, Jessica Alba, and [David Beckham](#), took the approach of encouraging their kids on the first day of school by posting photos on social media – photos can be seen [here](#). This can also work toward the ending of the school year because it's an exciting time that should be celebrated.

Related Link: [5 Tips for Co-Parenting](#)

4. Create a nice, clean work space for them: Having a study area free from clutter and unlimited distractions is an important space to have. It encourages you to do work and keeps you situated. Ideally, a good work space will be organized, well-lit, and comfortable. If your child is easily distracted by what's going on outside, their study space should be away from any windows. If they work well in silence, choosing the quietest place is a good idea. If they like some low background music, choose a space where you can set that up. Learn your child's learning and productivity style, and

then appoint a space as their study area based upon it.

Related Link: [Celebrity Parents Open Up About Their Best Parenting Advice](#)

5. Share a productive and motivating lifestyle with them: Your mentality has a big say in how motivated and productive you are. Besides controlling your way of thinking, there are a few ways to change your lifestyle and your child's. Getting eight hours of sleep is important, depending on your child's age, even 10 hours of sleep is good for them. Many kids don't get the proper amount of sleep, which makes them too tired to be fully focused and productive in school. A good diet is also important because your child needs the energy to do well in school and in the other parts of their lives. Dark fruits and vegetables along with ones rich in Vitamin B (like broccoli, spinach, celery, beets, blueberries, apples, potatoes, and beans) improve memory and cognition and are also good for alertness. And of course, stay fit by exercising together as well.

Related Link: [Parenting Tips to Stay Sane for the Rest of the Summer](#)

These are just a few ways to help your child stay motivated for the rest of the school year – there are many more! Being a parent is a huge responsibility, and in order to do the job right, you have to know your child and incorporate different aspects of life into your parenting style, like described above.

What are some ways you keep your little one motivated as they become eager to finish the school year? Share below!

Celebrity Couple News: George & Amal Clooney Enjoy Date Night in Lake Como



By [Marissa Donovan](#)

It looks like George and Amal Clooney enjoyed their [date night](#) in Lake Como, Italy! According to [UsMagazine.com](#), the celebrity couple enjoyed a boat ride and dinner together with friends. The new [celebrity parents](#) enjoyed a night out without their twins and were all smile through out the whole date. In April 2016, George gushed that he's never been happier, and he's found the love of his life. It looks like the sparks are still flying between the pair.

This celebrity couple took a break from their twins for date night. What are some ways to keep your relationship healthy while raising kids?

Cupid's Advice:

Taking care of your children 24/7 can sometimes take a toll on your relationship with your partner. Here are some ways to keep your relationship healthy while raising kids:

1. Take vacations: [Travel](#) with your partner to escape the pressure of being parents for once. Book a vacay with your partner and try relaxing, while also resolving problems you have both been having with each other.

Related Link: [Celebrity Baby: George and Amal Clooney Welcome Boy & Girl Twins!](#)

2. Go on date nights: Like the clooneys, go on a date night and enjoy each others company while being away from the kids. Making weekend date nights a routine will improve your relationship as a couple.

Related Link: [Find Out About George & Amal Clooney's First Week as Celebrity Parents](#)

3. Seek relationship advice: Seeking [dating advice](#) for certain problems you are having in your relationship will help things stay healthy between you and your partner. Even couples who are currently healthy in their relationships should keep some advice on the radar in case problems surface.

Do you think we will see the twins in the public eye soon? Let us know what you think in the comments.

Celebrity News: Beyoncé & Jay-Z Are Ready for Blue to Start Kindergarten



By [Marissa Donovan](#)

Power couple [Beyoncé](#) and Jay-Z are ready for their next project, which happens to be getting Blue ready for Kindergarten! The [celebrity parents](#) are excited for her to go to school and Blue is too. According to [People.com](#), the [celebrity couple](#) bought an \$88 million mansion that is close to her school. Besides being a kindergartener, Blue is enjoying her role as a big sister to her younger twin

siblings. It looks like this family has good start to the school year!

This celebrity baby has really grown up! How can you and your partner prepare your child for their first year of school?

Cupid's Advice:

As parents, you and your partner must be excited for your child to start school. Here's how you and your partner can prepare your little one for their big step into growing up:

1. Make a schedule: Base your family schedule off of when your child enters and leaves school during the week. This can get your partner and your child into a routine of how you can live your new lifestyles.

Related Link: [Celebrity Baby News: Beyoncé Announces She's Expecting Twins with Jay-Z](#)

2. Go shopping as a family: Before your little one goes off to learn, go shopping with you and your partner for school supplies and snacks to bring to school. Check online to see if there's any coupons that can help you save on cash.

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3. Be extra supportive: Your child may be nervous to start school. Now is a good time for you and your partner to boost your child's confidence and be there for them on their first day. Try your best not to be too overprotective, but be present when your child asks for help or seems scared about their new beginning.

What advice would you give Beyoncé and Jay-Z for Blue's first year of school? Let us know in the comments

Celebrity Baby News: 'Hocus Pocus' star Vinessa Shaw Shares Movie Themed Announcement



By [Marissa Donovan](#)

It looks like this new [celebrity parent](#) is getting in the

spirit of Halloween! Actor Vinessa Shaw gave fans of the 90's Halloween classic a sweet surprise when she teased a celebrity baby announcement her husband made on Instagram. According to [People.com](#), stars of the movie such as Sarah Jessica Parker and Bette Midler have talked about a sequel to the film. Shaw has been thankful to fans of the movie, and maybe starring in a second installment to the Disney movie isn't totally out of the question in the future.

This [celebrity baby news](#) is very creative! What are some ideas for your own baby announcement?

Cupid's Advice:

Baby announcements are one of the exciting things about your pregnancy! Here are some fun ideas for sharing your happy news:

1. Include your pets: Have your cat or dog share the news to your family and friends. Upload a video of presenting your dog with baby shoes or take a photo of your cat in a baby crib. Get creative with your fury friend and see what you can come up with.

Related Link: [Celebrity News: 'Bachelor in Paradise' Stars Carly Waddell & Evan Bass Discuss Surprise Pregnancy](#)

2. Have a theme: Try having a theme that can make your announcement be cute and clever. Have you and your partner think of lines from your favorite movie or think of ways you could include your favorite sports team. Base the announcement off of one idea that you could take pictures of and share with others.

Related Link: [Celebrity Baby: Brooklyn Decker & Andy Roddick](#)

[Expecting Baby No. 2](#)

3. Make it interactive: Create a game or prank out of your big news with close friends or family members. Make sure to video tape it so you can share the news with others!

What are some other ideas for baby announcements? Let our readers know in the comments!

Celebrity Exes Rob Kardashian & Blac Chyna Are ‘Working Toward a Resolution’





By [Marissa Donovan](#)

Will the drama finally end for Rob Kardashian and Blac Chyna? It sounds like things might be turning around for these [celebrity exes](#)! According to [UsMagazine.com](#), the celebrity parents are trying to coparent their daughter Dream. It has been challenging due to the restraining order Chyna has against Kardashian. The [celebrity parents](#) both have nannies that take turns watching their daughter, which makes the situation a bit easier. Chyna's attorney is currently trying to help find an agreement that the two can agree to.

These celebrity exes and parents to daughter Dream are trying to get on the same page. What are some ways to keep things civil for the sake of your children?

Cupid's Advice:

It's important to put your kids first, no matter how you get along with your ex. Cupid has some advice:

1. Don't bring up personal issues: Even though you may be on bad terms with your ex, do not bad mouth them to your child. Save your upset feeling for private chats with friends. Trying to let your child be on "your side" will make things unfair in the long run.

Related Link: [Celebrity News: Blac Chyna Explains Rob Kardashian Drama on 'Good Morning America'](#)

2. Make an agreement: Try to come together with your ex and work out an agreement about when and how you're going to parent your child(ren). Getting an idea of what is manageable will help you plan a schedule out.

Related Link: [Celebrity News: Blac Chyna's Lawyer 'Considering All Legal Options' Against Rob Kardashian](#)

3. Let your child make some choices: It might be easy for you and your ex to call the shots, but allow your child to make some decisions now and then. If a holiday is coming up, ask what they would like to do. Your child will be happy to have some freedom to choose.

Will this celebrity couple work things out? Let us know what you think in the comments!

Celebrity Break-Up News: Anna Faris and Chris Pratt Split

After 8 Years



By [Marissa Donovan](#)

Chris Pratt and Anna Faris are calling it quits after spending eight years together. *The Guardian* of *The Galaxy* star released a statement posted a joint statement on Facebook releasing their status as a former [celebrity couple](#). According to [People.com](#), The two actors tried to make their marriage work over the years due to Pratt's busy schedule. The celebrity parents have the best intentions for their son Jack by keeping their divorce private for the time being. We probably can expect them to be [celebrity co-parent](#) role models!

This [celebrity break-up](#) has us

optimistic that the two will continue being the best parents. How can you and your partner handle a break-up while trying to raise children?

Cupid's Advice:

Break-ups can be hard, especially when you both have a child together. Here is how you and partner can handle a break-up while trying to raise a child:

1. Try your best to normalize the transition at first: Don't make drastic changes, and instead try to keep to the routine of whatever your child does normally. Eventually you or your partner can find another place to live, but try not to rush into packing on the first day of breaking the news to your child.

Related Link: [Celebrity Couple News: Chris Pratt Praises Wife Anna Faris and Son at MTV Movie Awards](#)

2. Make sure the child has enough time with both parents: Try and make a schedule that allows you and your partner to spend time with your child equally. Jobs and living situations might be problem, but you and your partner can also compromise time with holidays or other events.

Related Link: [Anna Faris Responds to Celebrity Cheating Rumors Regarding Husband Chris Pratt](#)

3. Let teacher or caretaker know: Since this change may be difficult for your child, let someone close to your child know what's happening. Giving someone the heads up can allow others to have the best interest for your child and make sure they can have support.

What do you think of this celebrity break-up? Let us know in the comments!

Celebrity Baby: Brooklyn Decker & Andy Roddick Expecting Baby No. 2



By [Marissa Donovan](#)

These [celebrity parents](#) are expanding their family very soon! According to [UsMagazine.com](#), Andy Roddick revealed his wife Brooklyn Decker is currently pregnant. The newest addition to

their family will be a little sister for their son Hank. The tennis star has previously praised Decker for juggling her acting career, their marriage, and her motherhood all at the same time. The *Grace and Frankie* star felt empowered through her last pregnancy as a mother and an actor. Let's hope this [celebrity couple](#) can keep their lives balance with another family member!

Celebrity baby makes four! What are some ways to adjust to becoming a four-person family versus a three-person family?

Cupid's Advice:

Having a second family member come into your lives can be a big deal. Even though one more person might seem like a small adjustment, things you didn't expect to change will. Here are some tips for adjusting to a four-person family lifestyle:

1. Discuss transition with current family: Sit down with your parent and plan a way to discuss the current transition your family will make with a new baby. Find a way to share the news with your current child and what it means to be an older sibling.

Related Link: [Celebrity Baby News: Brooklyn Decker and Andy Roddick Welcome a Son](#)

2. Plan out household: If your family plans on moving, find a living space that has enough rooms that will fit your new family's needs. If you plan on staying in your household, adjust rooms based on individual needs of each family member. You will most likely want to have your children in different rooms for sleeping schedules reasons. You can also decide which room would be best for the nursery. Map out a mini

blueprint with your partner and see what you can both come up with!

Related Link: [Brooklyn Decker Talks About Marrying Young](#)

3. Ask for extra hands: Don't be afraid to ask for help before your baby comes! Your family and friends will understand how changing it can be when trying to keep your life balanced with a new family member.

Do you have any baby name predictions for this celebrity couple? Let us know in the comments!

Celebrity Parents Who Keep Their Kids Out of the Spotlight





By [Melissa Lee](#)

With living in a world absolutely obsessed with pop culture and celebrities, you can only wonder – what does the media love *more* than stars? The answer to that is unsurprising and comes in the form of little ones... celebrity families! Not only does our society idolize celebs, but we also have a fascination with famous families like the Kardashians. This obsession has caused celebrity parents to make the executive decision to keep their children out of the spotlight – and we can't exactly blame them!

Check out these celebrity parents and their kids, who have managed to stay out of the limelight!

1. Sandra Bullock: Bullock adopted two children, Louis Bardo in 2010, and Laila in 2015. Although the paparazzi are always dying to catch candids of the single mom with her kids, Bullock has expressed her need for privacy on multiple

occasions. "Most foster children are in foster care because they were taken from their birth homes under tragic circumstances," she says. "The last thing I wanted was to bring more harm to her because of the nature of my job."

2. Adele: Adele and husband Simon Konecki had their son in October 2012, and have kept him out of the spotlight to the best of their abilities. "We need to have some privacy," Adele explained. "I think it's really hard being a famous person's child." The couple even went as far as suing paparazzi in 2013 for taking photos of their son on a private family outing.

Related Link: [Celebrity Co-Parents: See How Stars Manage to Raise Their Children Post-Split](#)

3. Jennifer Garner: When it comes to this celeb mom, her main concern was how aggressive the paparazzi were toward her three kids, Violet, Seraphina, and Samuel. She says that her kids were constantly uncomfortable with the paparazzi, and didn't want them to know what they looked like. "They don't want this at all, and I don't want it for them," Garner said.

4. Ryan Gosling and Eva Mendes: These celebrity parents are notorious for keeping things under wraps. In fact, the majority of their six-year long relationship has been extremely private! The couple have two daughters together, Esmeralda and Amada. "I find the media's 'bump watch' obsession to be both intrusive and stressful," says Mendes. "So I made the decision to eject myself from it completely."

Related Link: [Parenting Tips: How to Cope With Stress](#)

5. Tyra Banks: Tyra welcomed her son, York, into the world just last year, and has made a great effort to keep his life relatively low-key. "I don't think that my son has ever asked to be seen, so I'm very, very conservative when it comes to showing him," said Banks.

Who are some of your favorite celebrity families? Share your

thoughts below!

Celebrity Baby News: Joseph Gordon-Levitt & Wife Tasha McCauley Welcome Second Child



By [Marissa Donovan](#)

Joseph Gordon-Levitt is the proud father of another child! The actor and wife Tasha McCauley have kept their baby news hushed from fans and social media. According to [UsMagazine.com](#), the baby is 23 months old. The [celebrity parents](#) will not be

revealing the name of their children anytime soon. Gordon-Levitt wants his children to decide whether they want to be in the spotlight or not. This is a decision he has also allowed his wife to make when attending celebrity events. It sounds like *Snowden* star is quite the family man!

We'll probably never know the name of this celebrity baby due to his parents' commitment to his privacy. What are some benefits to keeping information about your child under wraps?

Cupid's Advice:

Your family and friends may want the latest scoop on what's happening in your child's life. Most parents are eager to share their child's life, but some parents like to keep details about their child private. Here are some benefits for keeping news about your child on the down low:

1. There's no pressure: Sharing your child's straight A report card or sports awards can build up expectations. By keeping proud moments private, you can celebrate without pressuring your child!

Related Link: [Joseph Gordon-Levitt Secretly Marries Girlfriend Tasha McCauley](#)

2. Your child can share for themselves: By not speaking for your child, you can allow your child to have their own voice. This decision can also give your child independence to speak up when they want to, instead of speaking for them.

Related Link: [Celebrity Baby: Spencer Pratt Says He'll Teach](#)

[His Son What He Shouldn't Have Done](#)

3. Less people will gossip: Information can sometimes turn into gossip when it comes to sharing about your child on social media or to friends. When you keep news private about your child, you are less likely to have people talking about it.

Would you rather keeps news about your child under wraps or share the news? Let us know in the comments!

5 Celebrity Kids Who Look Just Like Their Famous Parents





By [Marissa Donovan](#)

Sailor Brinkley Cook has been featured in the 2017 Sports Illustrated Swimsuit Edition and is repped by IMG Models. Not only is she following in the footsteps of her famous mother Christie Brinkley, but she's a spitting image of the supermodel!

There are many other celebrity kids who look identical to their celebrity parents. Here are five celebrity children who fit the bill:

1. Clint and Scott Eastwood: The father and son actors have been on the cover of *Esquire Magazine* and even worked side by side in *Gran Torino*. Scott looks like a younger version of the classic Western star and has recently stared in *The Fate of the Furious*.



Photo:
scotteastwood/Instagram

Related Link: [Chick Flick 'The Longest Ride' Features Brittany Robertson and Scott Eastwood Living Their Love Story](#)

2. Julianne Moore and Liv Freundlich: Although Julianne Moore's daughter may be taller than she is, the two practically look like twins! The tight knit mother and daughter were seen together at The Women's March last January and have been seen at multiple fashion shows.



Photo:
livfreundlich_/Instagr
am

Related Link: [Celebrity News: Julianne Moore Says Husband Was](#)

First to See 'Still Alice' and Predicted Oscar Win

3. Lisa Bonet and Zoe Kravitz: Lisa Bonet is known for her role as Denise Huxtable on *The Cosby Show* and is also the mother of Zoe Kravitz. Kravitz has made a name for herself in Hollywood with her many roles in television and film. The *Rough Night* star also shares the same interest in music like her father Lenny Kravitz. She is the lead singer in the R&B band Lolawolf.



Related Link: [Lenny Kravitz Says He and Ex-Wife Lisa Bonet Are 'Best Friends'](#)

4. Cindy Crawford and Kaia Gerber: Kaia Gerber really resembles supermodel mother Cindy Crawford! Gerber has been the face for famous designers such as Marc Jacobs. Crawford has been very supportive of her daughter's career in modeling. We can probably expect to see Gerber in more ad campaigns like her mother's famous Pepsi ad!



Photo:
cindycrawford/Instagram

Related Link: [Celebrity Couple: David Beckham Shares Sweet Birthday Message for Wife Victoria](#)

5. David and Brooklyn Beckman: Although many of [David Beckman's](#) sons look like him, Brooklyn Beckman is a carbon copy of the soccer player's physical features! The Calvin Klein model's son has recently published a photography book called *What I See* and has held art exhibits for his work. Brooklyn has a creative side that is similar to his mother's [Victoria Beckham](#).



Photo:
brooklynbeckham/Instagram

Which look-alike duo from this list is your favorite? Leave your pick in the comments!

Celebrity Baby: Spencer Pratt Says He'll Teach His Son What He Shouldn't Have Done



By [Marissa Donovan](#)

In [celebrity news](#), Spencer Pratt does not regret the poor choices that he has made, because now he is going to put his personal experience to good use. Heidi Montag and Spencer

Pratt will be having their first [celebrity baby](#) in October and are very excited to be parents! The soon-to-be father plans to advise his son not to follow in his footsteps regarding a variety of different things. The [reality TV](#) has a close relationship with his own father and will most likely play a huge role in his own son's life. According to [UsMagazine.com](#), Pratt joked that he will be the "angry soccer dad" during his son's games. Best of luck to these soon-to-be [celebrity parents!](#)

This celebrity baby daddy is determined to teach his kid which things *not* to do! What are three valuable lessons you can teach your children?

Cupid's Advice:

Becoming a parent can be exciting and also a life long lesson in itself. Try sharing these lessons to your own children:

1. Be patient with the things you truly want: This lesson may be hard to practice even as a new parent, but it's one lesson your child needs to know. Help them understand that instant gratification does not apply to everything they do. Explain that certain things take time to learn and receive. These lessons will help them appreciate hard work and the concept of waiting.

Related Link: [Celebrity Baby: 'The Hills' Alum Spencer Pratt & Heidi Montag Are Expecting a Baby](#)

2. Rejection and failure is bound to happen: Your child will be in many situations where social interactions or activities seem unfair to them. Whether it's not getting invited to a

birthday party or losing a soccer game, it's important to let them know that more opportunities are ahead for them. Keeping your child optimistic during their childhood will give them ambition to reach their goals in life!

Related Link: [Parenting Tips: How To Set a Good Example For Your Child](#)

3. Stay kind to others: Some of those your child comes in contact with will have different lifestyles or learning abilities. Bad behavior on the playground may be rooted in their differences, so it is crucial to help your child understand and respect the differences in people. One-on-one play dates can allow children to come together naturally. It is one of the easiest lessons to teach your child, but you also have to practice this lesson as a parent!

What is one valuable lesson to teach a child? Leave a life lesson in the comments!

Celebrity Couple News: Kristin Cavallari Says Her Marriage to Jay Cutler ‘Isn’t Perfect’





By [Marissa Donovan](#)

Kristin Cavallari understands the hardships that come with marriage. The *Laguna Beach* alum is the mother of three children, and the wife to an NFL quarterback. According to [UsMagazine.com](#), Jay Cutler has recently left his position for the Chicago Bears to pursue NFL commentating. Their family has relocated to Nashville for his new job. It has been a difficult adjustment for the celebrity parents, but the celebrity couple manages to work out their problems through the techniques they have learned in couples therapy.

This celebrity couple doesn't claim to have it all figured out! What are some ways looking at your relationship realistically can help?

Cupid's Advice:

Sometimes it's hard to communicate your problems as a couple with your partner. Here are some tips for keeping your relationship on the same page:

1. Couples therapy: Like Cavallari and Cutler, try couples therapy and figure out your problems. A therapist can hear what each of your problems are in the relationship in an unbiased way and can help you both find a solution for communicating those problems to each other.

Related Link: [Celebrity News: Find Out What Kristin Cavallari's First Impression of Jay Cutler Was](#)

2. Take a vacation together: Find a way to have a couples' getaway during your busy lives. Have a weekend [getaway](#) in a new city, or take a week off from your responsibilities in a tropical oasis. Spending time together will make it easier to express how you feel without work schedules from keeping you tied down.

Related Link: [Celebrity News: Kristin Cavallari Reveals Her Third Wedding Anniversary Celebration With Jay Cutler](#)

3. Spend time apart: Have alone time away from each other once in awhile. Spend a few days apart to reevaluate your problems as a couple. This time apart does not suggest that you see other people, but it's a time to reflect on how each of you can improve the relationship.

What relationship advice do you have for a couple struggling in their relationship? Leave your thoughts in the comments!

Find Out About George & Amal Clooney's First Week as Celebrity Parents



By [Marissa Donovan](#)

It's been a week since Amal and [George Clooney](#) became parents to twins. The Clooney family of four spend some time in the hospital before welcoming the twins into their house in England. According to sources who spoke with [EOnline.com](#), George and Amal have hired nurses to help with the twins sleeping schedule for eight weeks. The [celebrity couple](#) have also had help from locals in their community. The community members have been guarding photographer from circling around their home. George and Amal have embraced the challenges of being [celebrity parents](#) to both their daughter

and son.

These celebrity parents no doubt have their hands full with their newborn twins. What are some ways to prepare your relationship for the addition of twins?

Cupid's Advice:

Newborn twins can be overwhelming and can put a strain on your relationship. Here are some tips for helping you stay happy during their arrival:

1. Make a sleeping schedule: Although you might not have at home nurse like the Clooneys, make sure you and your partner work out a sleeping schedule for your children. Reading parenting books can help you strategize how to take turns getting up during the night. Take turns taking naps to avoid being cranky with each other.

Related Link: [Celebrity Baby: George and Amal Clooney Welcome Boy & Girl Twins!](#)

2. Have your parents come over to help: Your parents are probably waiting for you to ask them for help! Spending time with their grandchildren is something they've been looking forward to. Taking them up on an offer or asking for their help will allow for quality time to relax with your partner.

Related Link: [Celebrity Baby News: Beyoncé Announces She's Expecting Twins with Jay-Z](#)

3. Complement each other parenting abilities: Giving each other compliments can increase the love and trust you have for another. Words can insure that you both still deeply care

about each other, despite the stress your twins have been causing. Even a thank you can allow the person to know you value them as a partner and a parent.

Do you have any tips for keeping your relationship strong while having twins? We want to hear about your experiences in the comments!

Celebrity Baby: George and Amal Clooney Welcome Boy & Girl Twins!



By [Marissa Donovan](#)

On June 6th, [George Clooney](#) and wife Amal became [celebrity parents](#) to twins, Alexander and Ella! The [celebrity couple](#) discovered they were expecting last February and were very excited when they received the news. Sources told [People.com](#) that the actor suggested that he was going to be momentarily absent on the set his upcoming movie *Suburbicon*. Mr. and Mrs. Clooney will be enjoying the presence of their little boy and girl!

These [celebrity babies](#) were long-awaited, and the tabloids are buzzing. What are some ways to prepare for twin versus a single child?

Cupid's Advice:

Twins come with additional choices to consider when getting ready for children. Consider these [parenting tips](#) before your twins arrive:

1. Buy different outfits instead of matching: It is common to see twins in matching outfits, but this is one fashion style that is often expensive. Your best option for daily outfits is to buy different clothing for your twins instead of matching. This gives them collection of choices to wear. Matching clothes are best saved for family photos and special events!

Related Link: [Celebrity Maternity Style: Find Out How You Can Be Chic During Pregnancy Like Amal Clooney!](#)

2. Select stroller that is best for you: A baby stroller for twins can come in multiple styles. The side-by-side stroller

is a traditional option that has the twins sitting next to each other. A tandem double stroller will have your twins sitting front to back. A double jogger styled stroller has the similar make up of a side-by-side, but are more durable for rocky paths and exercise. Each stroller has their special features, but you need to decide which make the most sense for your lifestyle.

Related Link: [Parenting Tips: How To Cope With Stress](#)

3. Become a list person: Before your little ones come into the world, become a list person. Start writing down your goals in how you plan to organize their nursery, meals, and supplies. Once you have your list of tasks, break them down into categories and each month try to tackle what seems ideal for your current schedule. Once your twins come, you'll already be prepared for their arrival and have a new list ready for parenting them!

Do you have any tips to prepare for twins? Leave your advice in the comments!

Celebrity Exes: Scarlett Johansson Attends Event with Romain Dauriac Amid Divorce





By Noelle Downey

Former [celebrity couple Scarlett Johansson](#) and Romain Dauriac were spotted out together on April 5th, less than a month after Johansson had officially filed for divorce from Dauriac. While there's no doubt this must be a troublesome time for both of them, according to [UsMagazine.com](#), these [celebrity exes](#) seem at peace with their decision to separate, and remained amicable throughout the night as they sipped on cocktails and admired the art at 53W53 Gallery in NYC. Despite Dauriac's lawyer recently stating that there would be a custody battle in this [celebrity divorce](#) over the couple's now two year old daughter, Rose, both Johansson and Dauriac seem determined to remain civil, even posing for photographs together throughout the night despite their conspicuously bare ring fingers.

It seems these celebrity exes are absolutely amicable! What are some

ways to keep the drama out of your divorce?

Cupid's Advice:

In a [celebrity break-up](#), just like any other, there's bound to be some conflict and crushed feelings. But just like these sensible stars, there's no need to bring that angst into the public eye. Here are Cupid's top three tips for keeping your divorce cordial and calm:

1. Define your boundaries: In an early statement to the press about her impending divorce, Johansson clarified, "I would only like to say that I will never, ever be commenting on the dissolution of my marriage. Out of respect for my desires as a parent and out of respect for all working moms, it is with kindness that I ask other parties involved... to do the same." Just like this celebrity parent, be careful who you choose to divulge the dirty details of your divorce to. While confiding in close friends and confidants is healthy, don't be afraid to tell someone when they're prying into your personal business – and let them know, firmly and kindly, that your divorce is between you, your family and your lawyers.

Related Link: [Celebrity Break-Up: Scarlett Johansson & Husband Romain Dauriac Split After Two Years of Marriage](#)

2. Form a friendly truce with your ex: Just like Johansson and former flame Dauriac, it's possible to be able to associate casually with your ex even when tensions are high. By forming a working friendship, these celebrity co-parents are presenting a united front to the world despite their recent separation, which will help them in future negotiations, especially over their daughter, Rose. Try doing the same with your ex to ease the stress of separation.

Related Link: [Scarlett Johansson Says She 'Hit Rock Bottom' in](#)

Celebrity Relationship

3. Focus on what really matters: Whether that's your child's happiness, your own personal mental and physical health or making sure that you and your ex can remain on friendly terms even after the divorce is finalized, prioritize what really matters, and try not to get caught up in petty squabbles over things that don't. While it can be tempting to lash out at your ex for hurting you, remember that in the end, focusing on the most important things will help you heal faster and adjust more quickly to this life change.

Do you think that Johansson and Dauriac will be able to maintain their drama-free divorce throughout the struggles of their custody battle? Let us know in the comments!