

# Celebrity Parenting: Find Out What Carrie Underwood Is Doing Differently as a Second-Time Mom



By [Mara Miller](#)

In [celebrity news](#), [celebrity parenting](#) isn't [Carrie Underwood's](#) first rodeo. She was already a celebrity mom to four-year-old Isaiah Michael before she welcomed [celebrity baby](#) Jacob Bryan in January, according to *People.com*. Little Jacob has joined his celebrity parents and big brother on Underwood's Cry Pretty 360 arena tour. While it might be a popular notion that second-time moms naturally have it together by the second child, Underwood admitted it isn't the

case for her. Her two boys look different, with her newborn's unique strawberry blonde hair while her eldest son's hair is darker. She also finds herself worrying more over Jacob. Underwood even revealed that she schedules a time to cry when she feels overwhelmed. "Sometimes I feel like I just need to cry, for no reason, and there's not anything that happened," she says. "I've learned to be okay with that, whereas five or 10 years ago I would have been like 'Oh my God, something's wrong with me!'"

## **Celebrity parenting comes with the same challenges the rest of us face. What are some tips you can learn from your first-time parenting mistakes?**

### **Cupid's Advice:**

You're on your second kid, or maybe even your third. You've had time to learn what not to do, or maybe you need a nudge in the right direction because you feel like scheduling a cry. Cupid has advice on parenting tips you can learn from your first-time parenting mistakes:

**1. Don't take advice from everyone:** You need to do your own thing when it comes to parenting. Many people—family and friends included—will have opinions on things like how much you should feed your kids, when they should go to bed, or when you should stop breastfeeding. You need to do what you feel is right for the well-being of your children.

**Related Link:** [Celebrity Pregnancy: Tristan Thompson's Ex Claims Khloe Kardashian Relationship Caused Pregnancy Complications](#)

**2. You overestimate free-time:** Um, free time? What's that? Unless you have a baby sitter or your spouse is willing to stay with the kids while you pursue your passions, there is *no such thing* as free time now that you're a parent until the kids are in school...and that's a *maybe* unless it's scheduled. Time management is now key so you don't drive yourself crazy because it helps you see how much time you actually have in a day.

**Related Link:** [Celebrity Parents: Exes Drew Barrymore & Will Kopelman Reunite for Daughter's Graduation](#)

**3. Don't put yourself last:** Even though you might feel overwhelmed and feel like you never have free time anymore, you have to realize putting yourself last is a big no-no. As mentioned, time management will help you see how much time you actually have so you can soak in the bathtub or go out to dinner with your friends. Even moms need breaks.

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## **Celebrity Couple News: Katherine Schwarzenegger Calls New Husband Chris Pratt a 'Wonderful Husband' on Father's Day**





By Katie Sotack

According to *UsMagazine.com*, Katherine Schwarzenegger wished Chris Pratt a “Happy Father’s Day” on Instagram. Schwarzenegger posted a photo of Pratt watching over his son along with a laundry list of compliments for the father. Katherine claimed, “Watching you be such a hands on and loving father was one of the many reasons I fell in love with you, and continue to each day.” The news comes after the [celebrity couple](#) married at a ranch in California about a week ago.

**In this celebrity couple news, Katherine may have kids on the mind this Father’s Day! What are some ways to celebrate your partner as a parent year-round?**

**Cupid’s Advice:**

The challenges of parenthood deserve to be rewarded with appreciation. Celebrating your partner's dedication to your children can help to strengthen the whole family's relationship. Here are some ways to acknowledge your partner's work with the kids:

**1. A day to themselves:** being a care taker is as rewarding as it is exhausting. If you want to show your partner how much you appreciate them consider giving them the day off to rest and practice self care. Send them to a spa or take the kids out so they can relax at home.

**Related Link:** [Celebrity Wedding News: Chris Pratt & Katherine Schwarzenegger Tie the Knot](#)

**2. Craft time:** sit your kids down to make your significant other some heart-warming crafts. Have your kids express how much they love their mommy or daddy with homemade cards or presents.

**Related Link:** [Celebrity Baby News: Elin Nordegren Is Expecting With Former Football Pro Jordan Cameron](#)

**3. Post up:** If your partners been working extra hard lately, take a cue from Schwarzenegger. Pick your favorite shot of your partner and child and take to social media as a nice surprise saying how much you admire their parent-child relationship.

**How do you show your parenting partner appreciation? Share in the comments below!**

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# Single Celebrity Parents: Balance Your Career & Parenting Like Sandra Bullock



By [Bonnie Griffin](#)

One [single celebrity parent](#) who seems to have it all figured out when it comes to being a full-time actress and mom is Sandra Bullock. According to *RadarOnline.com*, Bullock was already helping raise her three stepchildren in her previous marriage when she decided to adopt her baby boy from New Orleans. Bullock handled her quickly changing family situation and becoming a single mom with grace, making a smooth transition into her role as a single celebrity mom.

# **This single celebrity parent balances working full-time as an actress in the public eye. What are some ways to balance being a full-time single parent and a full-time career?**

## **Cupid's Advice:**

Trying to balance work and being a single parent can be the most difficult job of them all. Spending time away from your child to work, then coming home to take care of them and provide a happy, healthy home can be a lot to juggle for anyone. Cupid's has some [parenting advice](#) to help you balance work and parenthood:

**1. Find your support system:** Being a single parent doesn't have to mean you are all alone. Everyone needs support, whether it be someone to listen when we need to vent or to lend a helping hand. This includes single parents. Reach out to family or friends and find people who are willing to listen and occasionally pitch in when you need some time for yourself.

**Related Link: Parenting Tips:** [Apply Research to the Practice of Parenting](#)

**2. Take care of yourself:** It is easy to focus all your energy on making sure your children eat well and take their vitamins so that they are healthy, but it's not as easy to remember to take care of yourself. If you are going to pull double-time working and being a single parent, taking care of your own health is essential so that you can care for your child and not wind up completely worn down and exhausted. Your health

will help you keep up with your busy career and allow you to be the best parent you can be.

**Related Link:** [Celebrity Parents: Mindy Kaling Opens Up About Single Parenting and Hard Work](#)

**3. Have a backup plan:** The unexpected can happen to anyone. We would all love to ditch work and take care of our child anytime they are sick or don't have school, but that isn't always realistic when you're working. It is important to have a plan for what to do when something happens out of the ordinary, like losing a job or handling work when you have a sick child. Having a friend, neighbor, or family member as a backup for childcare when you cannot take your child to daycare or school will help you balance work and parenting. Folks in the IT world know that passing the Cisco 200-125 test to get the [ExamSnap's Website](#) credential can make all of the difference. Other parents simply go back to school to find what they love to do.

**What are some ways you balance being a working parent? Let us know in the comments below.**

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## **Celebrity Parents: Eva Mendes & Ryan Gosling Are Running Into Trouble Teaching Their**



# Daughters Spanish



By Bonnie Griffin

In the latest [celebrity baby news](#), celebrity parents Eva Mendes and [Ryan Gosling](#) are discovering that children learn the language they hear the most. According to *EOnline.com*, Mendes, who is Cuban, wants her children to learn Spanish, but the actress is finding that what the children are actually learning is Spanglish. Mendez told *The Talk* that she speaks “Spanglish, and that’s what they’re picking up. So it’s adorable, but it’s technically not a language.” Even celebrity children say the darndest things.

## Even celebrity parents have issues

# with various parenting efforts! What are three tips for teaching your child a foreign language?

## **Cupid's Advice:**

Teaching children a foreign language can be difficult, but if you start when they are young and remain consistent, you can teach them to be bilingual. Cupid has some advice:

**1. Start teaching them while they are young:** Young children have minds that absorb knowledge like a sponge. If you teach your child both languages from the beginning, they will learn quickly. When children are first learning to really speak, typically at ages 2 to 3, they can learn words quickly, even in two languages.

**Related Link:** [Parenting Advice: How to Manage Being a Working Parent](#)

**2. Teach them one word at a time:** While formal lessons are an option, they are not a necessity to teach your child a foreign language. Use pictures and objects to teach them one word at a time, teaching them that the object or picture can be called two different things – one in each language they are learning.

**Related Link:** [Celebrity Parents: Inside Kate Hudson's Co-Parenting with Exes Matt Bellamy & Chris Robinson](#)

**3. Communicate with them in the second language:** Choose specific times throughout the day where you communicate using the second language. Another option for this method is to have one parent communicate in English while the other communicates with their child in the foreign language they are learning. Consistency is key when your child is learning another language.

What are some methods you may have used to teach your child a foreign language? Share your thoughts below.

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## Celebrity Parenting: Kristin Cavallari Says Jay Cutler Is the 'Stricter Parent'



By Megan McIntosh

Though no one would argue that celebrity parents [Kristin Cavallari](#) and Jay Cutler aren't a team, they do have slightly different parenting styles. According to *UsMagazine.com*,

Cavallari is a more laid-back parent. Though she's insistent that she doesn't let the kids run wild, she admits, "I'm more along the lines of let kids be kids and make a mess..." Husband Jay Cutler, on the other hand, likes to be a little stricter than his wife and can do without the mess.

## **Even celebrity parents have to discipline their children. What are some tips to keep in mind for disciplining your kids?**

### **Cupid's Advice:**

Disciplining your kids is never a fun time, but it's a necessary evil when it comes to helping your kids grow up the right way. Cupid has some tips:

**1. Keep it positive:** Don't focus on what they're doing wrong. Keep the focus on the positives. If they washed their face and didn't brush their teeth, emphasize how good it was that they washed their face. Give them a high five or words of affirmation. They will associate good behavior with good feelings.

**Related Link:** [Celebrity Parenting: Khloe Kardashian Is 'Extremely Upset' With Tristan Thompson For Not Being Involved with True](#)

**2. Give them individual attention:** Rather than waiting for your child to misbehave, give them attention. This proactive approach, gives positive attention to the child so that they strive to emulate positive behavior that they see mommy or daddy do.

**Related Link:** [Celebrity Parenting: Hayden Panettiere 'Hasn't Had Much Time' with Daughter Kaya](#)

**3. Have clear rules with tangible punishments:** There should be a clear direction or even written paper that dictates to your child what rules they are expected to follow. If they know that not doing homework means no dessert, they are not punished after the fact. Your kids already know what will happen if they don't do their homework. But make sure you're consistent with what you expect from your child.

**How do you balance disciplining your child? Share below.**

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## **Celebrity Exes Chris Pratt and Anna Faris Give Co-Parenting Tips!**





By Mara Miller

In the [latest celebrity news](#), [celebrity exes Anna Faris](#) and [Chris Pratt](#) remain on good terms while they co-parent their son, Jack. According to [US Weekly](#), Pratt and Faris remain close for the sake of their child. Jack's well-being has been their main focus, especially now, with Pratt's [celebrity engagement](#) to Katherine Schwarzenegger and Faris's long-term relationship with Michel Barrett. Faris said, "I think the general idea is making sure he's surrounded by lots of love and happiness." Jack is a lucky kid to have two parents who work together to make him safe and happy even though they are no longer together. Pratt and Faris should start offering [parenting advice](#)!

**Chris Pratt and Anna Faris are setting the golden standard on co-parenting. What are some ways to**

# co-parent when the relationship is less than friendly?

## Cupid's Advice:

Divorce isn't easy, especially when you might never want to see your ex again. How should you set your own golden standard for co-parenting your child(ren)?

**1. Remember that you were a happy family once:** Even though things are tough now and you might not be able to stand each other, remember that you were a happy family together once. Divorce isn't just hard on the both of you, but on your kid(s) too.

**Related Link:** [Celebrity Exes: How Chris Pratt Told Anna Faris About His Engagement](#)

**2. Never speak negatively about the other parent:** Hearing bad things about their parents can leave a long-lasting impact on children that might cause them to act out in school or at home. Never, ever say anything nasty about the other parent. Remember, kids are like sponges. They like to repeat what they hear, and your other co-parent is likely to find out what has been said about them eventually. Would you rather get through this co-parenting thing together relatively unscathed, or hardly be able to stand each other when you're in the same room together if your child needs you?

**Related Link:** [Celebrity Wedding: Chris Pratt & Katherine Schwarzenegger Are Engaged!](#)

**3. The both of you need to swallow your pride:** There will be birthday parties, family nights, holiday gatherings, and school events. Your child(ren) needs to feel loved first. They will need reassurance that Mom and Dad can still get along. Put aside your differences and have a board game night. If

you've moved on already, include your new S.O. if the other co-parent has agreed to let your kid(s) meet them. While things might be awkward at first, eventually the less than stellar relationship as co-parents will become easier.

What are some ways you suggest making the co-parenting relationship work when things aren't great with your ex?

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## Celebrity Parents: Busy Philipps Says Husband 'Didn't Try' to Be a Dad Initially





By Ivana Jarmon

In [celebrity news](#), Busy Philipps gets real about the challenges of marriage and family in the November issue of *Parents* magazine. The actress and host of *E!'s Busy Tonight* opened up about her 11-year marriage to producer husband *Marc Silverstein* and how he wasn't the most supportive parent after the birth of their first child, Birdie Leigh, now 10. According to *People.com*, Philipps recalled, "He was not understanding how to be a dad and, in fact, didn't try. I was parenting by myself. When I told him, I wanted to have a second child, he said, 'Fine, but it's all on you.' That was so heartbreaking." She continued, "Marriage is always hard, but especially when you have kids...You're going to go through periods when you're not into it, but there always has to be one person willing to fight. I went to Marc several times and said, 'I cannot do this anymore. Something has to change, and it's you.' The celebrity parents had a lot of serious discussions and counseling. Since the conversation, the couple has welcomed their second child Cricket Pearl, now 5. The [celebrity parent](#) says, "He's incredibly participatory now in a way I don't think he could've imagined before. We're a work in progress but trying our best."

**In celebrity parent news, Busy Philipps got real about parenting and marriage. What are some ways to encourage positive communication with your partner regarding parenting?**

**Cupid's Advice:**

Marriage and parenthood bring many struggles! Cupid has some

tips to encourage positive communication with your partner regarding parenting:

**1. Be open and honest:** This involves communicating with your partner. The both of you have to ask yourselves when you two got together, is this what you wanted out of the relationship? Were kids part of the mix? And if you already have kid,s how can you make this work? What can you change to be better partners and parents? Be honest with yourselves and with each other!

**Related Link:** [Parenting Tips: 5 Tips for Co-Parenting](#)

**2. Learn to take a step back and compromise:** Parenting is hard enough, but co-parenting is a whole different ball game. When parenting, you learn and make mistakes and initially find your own way to raise your child. With a partner, your styles may not be the same, so you have to step back and let them do their own thing. But, also learn from each other. Like a marriage, you must compromise when it comes co-parenting.

**Related Link:** [Co-Parenting During the Holidays](#)

**3. Just talk to each other:** Communication is the first step you take in any relationship. It's how marriage and children are created. Start a conversation about your wants, needs, and desires. Just talk to each other, remember you two love each other and saw a future for yourselves beyond the first date. The worst thing you can do is not talk to each other. Talking is how you resolve problems and heal. So just talk!

**What are some tips to encourage positive communication with your partner regarding parenting? Share your thoughts below.**

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# Parenting Advice: How to Keep Your Kids Motivated Throughout the Rest of the School Year



By [Jessica Gomez](#)

Your child's school year is almost over! However, as they approach the finish line, some students may get off track. This is unfortunate considering that they're so close to the end! Having a support system to encourage kids with their studies is essential. The approach to motivating your children can depend on the child's age. However, some methods can be useful for children of any age if they're customized or "tailored" to the girl or boy, and that is where you, the

parent, comes in!

## Keep your child motivated with this [parenting advice](#), along with some examples from [celebrity parents](#):

**1. Stay involved:** When you are constantly involved in parent teacher meetings and school events, your child is more likely to keep their interest in school going. Being active in your child's school not only helps you keep an eye on them, but also familiarizes you with the environment they're in for the majority of the week. Being attentive is key. Celebrity couple [Beyoncé](#) and [Jay-Z](#) stay involved with daughter Blue Ivy's school. Bey volunteered at a fundraiser last year where she performed three hit songs, while Jay-Z attends PTA meetings. And, the duo alternates picking her up and dropping her off to school. If this busy, power couple can make the time, so can you!

**Related Link:** [How to Keep Your Children From Getting Hurt at School Valentine's Day Parties](#)

**2. Create a reward system while keeping yourself up-to-date:** Whether the reward is big or small, a reward is a reward. For example, having your kids do their homework straight after school before taking part in other activities is one way to do it. After doing their homework, getting to play, watch TV, or do any other acceptable activity is a reward. When creating and implementing a reward system, it is important to keep yourself updated with your child's work. Make sure they do their homework and projects, and don't forget to ask them how school went and what they learned. For a little more information on creating reward systems (specifically ones based on the child's age), read on [here](#) along with other

creative ideas on [Pinterest](#).

**Related Link:** [How to Connect with Your Teenager](#)

**3. Encourage them:** This sounds simple, but many parents tend to sometimes miss it. School becomes something they expect their kids to do because they have to, but that does not mean that it requires any less encouragement than any other activity. Sometimes we're focused on tough love or are just not as involved as we should be (back to tip #1 above). Whichever the case, parents need to find different ways to keep their kids going. Be their cheerleaders! Many celebrity parents like Sarah Jessica Parker, [Jennifer Lopez](#), Sarah Michelle Gellar, Jessica Alba, and [David Beckham](#), took the approach of encouraging their kids on the first day of school by posting photos on social media – photos can be seen [here](#). This can also work toward the ending of the school year because it's an exciting time that should be celebrated.

**Related Link:** [5 Tips for Co-Parenting](#)

**4. Create a nice, clean work space for them:** Having a study area free from clutter and unlimited distractions is an important space to have. It encourages you to do work and keeps you situated. Ideally, a good work space will be organized, well-lit, and comfortable. If your child is easily distracted by what's going on outside, their study space should be away from any windows. If they work well in silence, choosing the quietest place is a good idea. If they like some low background music, choose a space where you can set that up. Learn your child's learning and productivity style, and then appoint a space as their study area based upon it.

**Related Link:** [Celebrity Parents Open Up About Their Best Parenting Advice](#)

**5. Share a productive and motivating lifestyle with them:** Your mentality has a big say in how motivated and productive you are. Besides controlling your way of thinking, there are a few

ways to change your lifestyle and your child's. Getting eight hours of sleep is important, depending on your child's age, even 10 hours of sleep is good for them. Many kids don't get the proper amount of sleep, which makes them too tired to be fully focused and productive in school. A good diet is also important because your child needs the energy to do well in school and in the other parts of their lives. Dark fruits and vegetables along with ones rich in Vitamin B (like broccoli, spinach, celery, beets, blueberries, apples, potatoes, and beans) improve memory and cognition and are also good for alertness. And of course, stay fit by exercising together as well.

**Related Link:** [Parenting Tips to Stay Sane for the Rest of the Summer](#)

These are just a few ways to help your child stay motivated for the rest of the school year – there are many more! Being a parent is a huge responsibility, and in order to do the job right, you have to know your child and incorporate different aspects of life into your parenting style, like described above.

**What are some ways you keep your little one motivated as they become eager to finish the school year? Share below!**

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## Parenting Tips: Rainy Day Activities





By [Karley Kemble](#)

It's raining, and your kiddos are loving the day inside. At first, they're having a blast playing with their toys, but now they're becoming restless with their pent-up energy. (There are only so many toys, after all, you don't have a [celebrity baby](#)!) You still can't go out since it's wet and raining, so what is there to do? If you've ever been in this predicament, you know how frustrating it can be for you and your kids! The days where you can't go outside are always the days that your kids want to go outside the most! Never fear, Cupid is here. The next time rain tries to put a damper to your day, you'll have an arsenal of games and activities ready to go!

**These [parenting tips](#) are sure to alleviate rainy day restlessness and boredom!**

**1. Build a pillow fort:** Relive the days of your childhood, and

build a pillow fort with your kids! The best forts don't need much: just pillows or couch cushions, blankets, and chairs. Forts are truly a timeless art form and can be used for many different purposes. Your kiddos will have a blast playing pretend all day and hanging out inside!

**Related Link:** [Parenting Tips: How To Set a Good Example For Your Child](#)

**2. Create a scavenger hunt:** Scavenger hunts are an awesome way to release pent-up energy. You can set the stakes high with a new toy, or simply hide some candy bars. Get bonus points for having a cohesive theme for the entire hunt, such as pirates or princesses. You'll find that your little ones will really get into the theme and feel as though they're actually looking for buried treasure!

**Related Link:** [Parenting Tips: How To Cope With Stress](#)

**3. Make a mini museum:** Make the old feel new again to your kids, and turn your living room into a museum. Have your kids set up shop by making displays of whatever they feel like showing off – toys, books, and pieces of art – the list is endless! Once the museum is “ready to open,” have your kids act as the museum docents and take you on a tour. Encourage them to share the history and backstories of all the items, whether they are true or not!

**Related Link:** [Parenting Tips: 5 Unique Ways to Have Fun in the Sun with Your Child](#)

**4. Get crafty:** There are tons of crafts you can do while being cooped up inside. One of the biggest DIY crafts with kids right now is “slime.” All you need is Elmer's glue, borax, water, and food coloring! Crafts keep your kids occupied and engaged and truly help develop their creativity. They'll also have tons of pride once they have a completed product.

**5. Bring out the board games:** Contrary to what most people may



think, board games are still alive and thriving. Kids aren't just glued to their technology; they still like board games! Rainy days are the perfect opportunity to open that cabinet full of games and spend quality time with each other. These moments will instill many wonderful memories within your kids' lives, too!

**What do you like to do on rainy days? Tell us in the comments – we'd love to hear about it!**

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## **Celebrity Maternity Style: Get Inspired by These Celebrity Baby Nurseries**





By [Rachel Sparks](#)

Famous parents have created the best nurseries for their [celebrity babies](#) that even we envy! Going all out for their children has offered a lot of inspiration for how to make your own nurseries glamorous and whimsical. [Kim Kardashian](#), the queen of luxury, decorated North West's nursery with a sheepskin rug and oversized stuffed animals in a glam-safari style. Ciara created the perfect angelic room for her son in soft, plush whites and pinks. We've been inspired by these celebrity nurseries and have [parenting advice](#) for your babies!

**Read Cupid's parenting advice to get ideas for your baby's nursery!**

**Cupid's Advice:**

While your baby may not remember their nursery, you certainly will. There's something about investing right from the beginning of your child's life that makes you feel like the parent who can conquer anything. Here are some of the latest

nursery trends based on what we've seen celebrity parents doing:

**1. Art gallery:** Coco Rocha sets the standard for chic. For her daughter's nursery, she has a wall dedicated to artwork. Pop art pillows and name brand rocking chairs, Coco Rocha has created the perfect high-fashion designer nursery for her daughter. While you may not hire interior designers for your own nursery, you can take inspiration to recreate your own art gallery for your child!

**Related Link:** [Product Review: A Lounger Fit For a Celebrity Baby](#)

**2. Monochromatic palettes:** Pastels have been all the rage the past couple of years, but we're talking using bold colors to create your child's perfect getaway. Use Penelope Disick's nursery as inspiration! [Kourtney Kardashian](#) used coral pink everywhere: on the walls, in the fluffy-clouded-wallpaper on the ceiling, all the way to the accents in the room. Juxtapose with pops of turquoise for flashes of cheery delight.

**3. Patriotism:** Parenting is hard. You have to evaluate your beliefs and see if they are something you want to pass onto your children. Take Jaime Ford's idea and put up flags from your country (or your family's cultural heritage). Find cultural inspiration for your artwork and stray from the norm of animal-inspired artwork to give your baby something with deeper meaning.

**Related Link:** [Soften Up a Room with Lorena Canals New Rug Collection](#)

**4. Pops of color:** Kendra Wilkinson-Baskett has created a modern nursery with bold flashes of color. Keep the rest of the decor simplistic and use sunny yellows, fiery reds, or dark-sea blues to go for a dramatic style.

**5. Whimsy:** The most important details you can add to your

nursery are the ones that add magic to your child's life. Oversized stuffed animals, child-sized teepees, and plush carpeting create many sources of entertainment for your child!

What are your ideas for your dream nursery? Share your ideas **below!**

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## Celebrity Parents: 'Glee' Star Matthew Morrison Gushes Over Fatherhood



By [Karley Kemble](#)

Matthew Morrison's new life as a father has filled him with lots of glee! In recent [celebrity news](#), he and his wife Renee Puente welcomed their first [celebrity baby](#), Revel James Makai Morrison just two weeks ago. Morrison tells [EOnline.com](#) that fatherhood has been "something I have been ready for" and such a "beautiful transformation in my life." Congratulations to these new celebrity parents!

**This celebrity parent couldn't be happier with the transformation in his life! What are some ways your relationship must change when you become parents?**

#### **Cupid's Advice:**

Welcoming a new bundle of joy is sure to bring lots of change to your routines and overall way of life. Without a doubt, your relationship will have to adjust accordingly. Cupid has some tips to consider:

**1. Prioritize, prioritize, prioritize:** It'll probably feel like you have less time for you and your partner to spend time together. That's normal – your new baby comes first!

**Related Link:** [Matthew Morrison Shares Wedding Photo With New Wife Renee Puente](#)

**2. Be there for backup:** With two parents taking care of one child, it may sometimes feel like one person is pulling more weight than the other. Make sure you are self-aware and there for your partner when they need a little respite. Remaining strong together is key

**Related Link:** ['Glee' Star Matthew Morrison and Girlfriend](#)

[Dress as Britney and JT for Halloween](#)

**3. Compliment each other:** Moral support is so necessary as first-time parents. If you see something you admire about your partner's parenting style, tell them! It'll give them a wonderful confidence boost.

**Do you have other relationship tips for new parents? Do tell us in the comments below!**

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## **Celebrity Parenting Tips: How To Keep Your Child Healthy During Flu Season**





By [Marissa Donovan](#)

Back in January 2013, *Supernatural* star Jared Padalecki shared that he was feeling bad for his nine-month old sick son Thomas Colton. According to [People.com](#), Padalecki thought that maybe he gave his son his sickness. As a parent, it's easy pass on a sickness to your children. Keeping your children healthy and practicing good hygiene with them can decrease the risk of them catching the flu this winter season.

**Here are some [celebrity parenting tips](#) on how to keep your child from catching the flu bug!**

**1. Get vaccinated:** [Kristen Bell](#) strongly believes in children receiving flu vaccination during those risky winter months. According to her [parenting advice](#) for [Parents.com](#), Bell explains that even though the shot is roughly 50 percent effective, it's better than having your child be 100 percent at risk.

**Related Link:** [Celebrity Parents Open Up About Their Best Parenting Advice](#)

**2. Have a strict diet:** [Gwyneth Paltrow](#) is a [celebrity mom](#) who wants her kids eat healthy foods. According to [WomensMealthMag.com](#), she tries to stay away from noticeable food allergens and has her kids eating more plant-based. Eating healthy can keep your immune system on track.

**Related Link:** [Parenting Tips: Why Disciplining Your Kids Is Important](#)

**3. Be on top of their hygiene:** [Tia Mowry](#) keeps her son super clean to prevent catching the flu. According to her interview with [Parents.com](#), she keeps her hand sanitizer handy for her son and once he gets home from school he puts on new clothes. Germs can stay attached to surfaces such as clothing, so Mowry encourages to put them into play clothes to keep them from catching the sickness and spreading it to family members.

**Do you have other parenting tips in time for flu season? Leave your best advice in the comments!**

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## **Celebrity News: Gwen Stefani & Blake Shelton Go Fishing With Her Sons**







By [Marissa Donovan](#)

[Gwen Stefani](#) and [Blake Shelton](#) spent quality time with the No Doubt singer's three sons. According to [UsMagazine.com](#), *The Voice* judges posted their family fishing trip on Snapchat. [Celebrity children](#) Kingston, Zuma, and Apollo were having a fun day with their mother and Shelton. This [celebrity couple](#) enjoyed many sunset views and the excitement of one of the boys catching a fish. Looks like a fun summer day for this bunch!

**This [celebrity news](#) has us convinced Gwen & Blake could go the distance! What are some ways to introduce your kids to your new partner?**

**Cupid's Advice:**

Summer has many great opportunities to allow you to introduce your kids to your new partner. Here are a few fun filled ways that your new partner and kids can meet:

**1. Take a trip to a water park:** Let your children and new partner have a blast at a water park together! They can bond over slippery slides and splashing around in the cool water.

**Related Link:** [Celebrity News: Blake Shelton Spends Christmas Eve With Girlfriend Gwen Stefani & Her Kids](#)

**2. Have a family picnic at the beach:** Bring a cooler and sunscreen for a relaxing picnic at the beach. Your new partner can help you make sandwiches and extra snacks for a family meal that will hopefully bring you all together.

**Related Link:** [How Gwen Stefani & Blake Shelton 'Rescued Each Other' Post-Celebrity Divorces](#)

**3. Watch a movie on the lawn:** Get creative and use technology to your advantage this summer. Use a white bed sheet, laptop, and computer projector to create an outdoor movie screening for everyone to enjoy. Let your new partner and children pick a movie that they both enjoy!

**What other summer fun activities can allow your new partner and kids to bond over ? Let us know in the comments!**

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**Celebrity News: Ryan Phillippe Does Not Want His**

# Children To Watch 'Cruel Intentions'



By [Marissa Donovan](#)

Ryan Phillippe is currently promoting his new film *Wish Upon*. In a radio interview on [Sway in the Morning](#), the actor compared the new scary movie to his 90's film *I Know What You Did Last Summer*. He also shared that he's excited for his kids to see the film, since his movie are not kid friendly features. Phillippe feels that *Cruel Intentions* is a "little too edgy" for his 17 year old daughter and 13 year old son. Maybe someday Phillippe and his co-parent [Reese Witherspoon](#) will watch their co-staring film as a family someday.

In recent [celebrity news](#), This [celebrity parent](#) seems excited to promote his new film! What film genres can you and your partner enjoy with your children without worrying about edgy scenes?

### **Cupid Advice:**

Today's film industry can sometimes push the envelope when it comes to movie ratings. Here are some suggested film genres that you can enjoy with your partner and your children:

**1. Animal or food documentaries:** Documentaries can be interesting and educational for your family, especially ones about animals or food. Interviews from specialist or soothing narration will keep your family engaged and learning new facts!

**Related Link:** [Ryan Phillippe Says He's 'Proud' of How He and Reese Co-Parent](#)

**2. Classic westerns:** Find a classic Clint Eastwood or John Wayne film for your next movie night as a family. Watch horseback journeys and cowboy duels in this action packed genre! If you are not comfortable with suggested violence, then our next feature might be a better fit for your family

**Related Link:** [Alexis Knapp Gives Her Baby Ryan Phillippe's Last Name](#)

**3. Animated movies:** Despicable Me and Pixar movies have heartfelt story lines and jokes that the whole family can enjoy. There are many new animated releases to choose from on your Netflix account!

What are some movies that you enjoy watching with your partner and your children? Leave some of your favorites in the comments!

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## Parenting Tips: How to Connect with Your Teenager



By [Marissa Donovan](#)

[Reese Witherspoon](#) is not only a fabulous [celebrity parent](#), but she's also a best friend to her daughter Ava Phillippe. The two have been seen on each other's Instagram accounts, as well as at the premieres for Witherspoon's recent work. Witherspoon

shared with [Vanityfair.com](http://Vanityfair.com) that they both support and talk to each other often. Having a connection with your teenager can be difficult, but acknowledging what you're both going through can be the first step to having a tight knit relationship!

## **Are you struggling to connect with your teenager? Here are some parenting tips on how to rebuild or make your relationship stronger!**

**Adjust to their mood:** Mood swings and tiring days from school are bound to happen for your teen. Instead of being high-spirited in hopes to turn their mood around, try giving them space and relax your enthusiasm. They will appreciate the distance you give them instead of trying to cheer them up.

**Related Link:** [Co-Parenting Teenagers in the Summertime](#)

**Keep responses positive:** Teens pay attention to how you respond. If you respond to them negatively, they probably will probably feel uncomfortable communicating. Instead of responding with a sense of disappointment or judgement, open your statements with terms of hope and understanding.

**Related Link:** [Parenting Tips: How To Set a Good Example For Your Child](#)

**Never take their outburst personally:** Your teenager is still trying to process how to manage and process their anger. When you say no or try reaching out to them, they might lash out. At the end of the day, slamming bedroom doors or hateful remarks are not because of you. Try remembering a moment when you were upset at their age and recognize what they're going through.

**Related Link:** [Parenting Tips: How To Cope With Stress](#)

**Know their friend circle:** Get to know who your teen hangs out with! Allow them to invite friends over for dinner or social gatherings. You can later connect with them by asking how they met and what types of activities they like to do together. If they have similar taste in music, you can later search for concerts you can all attend together. Bonding over your teen's friend circle can bring you closer!

**Related Link:** [Best Celebrity Moms \(Who Also Make Great Wives\)](#)

**Be their biggest fan:** You don't have to carry around a foam finger to know how much you support your teen. Attending their sporting events or encouraging their artistic talents is just one small way of having a relationship with your teen. They might be embarrassed by your efforts at first, but eventually they will be grateful for your love as a parent.

**Do you have tips for raising a teenager? Give our reader your parenting tips in the comments!**

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## **Celebrity Co-Parents: See How Stars Manage To Raise Their Children Post-Split**





By [Marissa Donovan](#)

Co-parenting is a lifestyle choice that many celebrities find to be a healthy way to stay close as a family. [Celebrity break-ups](#) happen, but ex couples with children have come to the mutual agreement that parenting comes first. According to the [University of New Hampshire Cooperative Extension](#), the long term advantages of co-parenting include less feelings of abandonment and a sense of stability. Co-parenting after a split can be done by meeting with the other parent and making an agreement on future goals and family gatherings.

**Like a [celebrity parent](#), it can be hard to find balance between raising a child and working out a mutual schedule with your ex. Check out these co-parenting tips to**



# understand how to find the happy medium of raising a family after a break-up:

**1. Have positive conversation about your family members:** Even when the other parent is momentarily unavailable, it is important to tell your children that they are still loved. [Ben Affleck](#) spoke highly of [Jennifer Garner](#) in an [EOnline.com](#) interview calling her a “superhero mom” and being thankful they can co-parent together. Speaking compassionately to your children about their other parent shows them that you both genuinely care about their well being.

**Related Link:** [Parenting Tips: How To Set a Good Example For Your Child](#)

**2. Meet as a family:** Coming together as a family is something you and your ex should consider when co-parenting. Holidays may be the easiest time to share a meal or do an activity together. As seen on *Keeping Up With The Kardashians*, [Scott Disick](#) and [Kourtney Kardashian](#) go on vacations with their children to spend quality time together as a family. Spontaneous changes in schedules may arise, but you must move forward and plan another family day.

**Related Link:** [Celebrity Interview: Katherine Heigl Says “Family Comes First”](#)

**3. Understand your strengths as overall parents:** It’s good for your child to spend quality time alone with his or her mom or dad. Actor Ryan Phillippe opened up to [ETOnline.com](#) about his arrangement with [Reese Witherspoon](#) to have one parent have alone time with their children. When each parent has their children separately, the pair can understand their strengths when handling a situation with their child. Mom might be better at helping with school projects, or Dad might be better

at handling temper tantrums. Applying your skills as individual parents will help the development of your children.

Do you know of any other co-parenting tips? Share your experiences in the comments below!

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## Parenting Tips: Should You Circumcise Your Baby?



By [Noelle Downey](#)

There's no doubt about it – parenting can be a minefield. There are so many decisions to make and questions that don't

seem to have a clear right answer. While every good parent does everything they can to make sure that their child is safe, happy, and healthy, sometimes even the experts have conflicting [parenting tips](#) on the best ways to accomplish that goal. One of the most hot-button topics when it comes to [parenting advice](#) is circumcision. While some experts argue that circumcision has health benefits like decreased risk of urinary tract infections, penile cancer or STI's, others contend that the reduction of the risk is actually so small that it doesn't warrant a corrective procedure, especially for infants who have no say in what some consider to be an invasive surgery. Differing cultural and religious views also tend to influence parents when it comes to whether or not they choose to have their children circumcised. Although circumcision is a medical procedure many take for granted, even some [celebrity parents](#) argue against it. Cupid is here with a list of the top five most vocal celebrity protestors of circumcision.

**Whether or not you believe circumcision is right for your children, there are plenty of famous parents who say their top parenting tip for their [celebrity babies](#) is to avoid the cut altogether!**

**1. Alicia Silverstone:** Alicia Silverstone is a [celebrity mom](#) to six-year-old son Bear Blu Jarecki, and she and her husband, Christopher Jarecki, made the personal decision not to circumcise Bear despite the fact that Silverstone had a Jewish upbringing. Silverstone confronted the complicated decision she and her husband made in her book, 'The Kind Mama' and

later said that her fans reactions to it touched her deeply. "One [fan] said that 17 years ago she had her son, and she made this choice," Silverstone shared in a celebrity interview with *The Stir*, "and she was crying, because she was remembering her experience. It was moving to me."

**2. Ben Affleck:** [Ben Affleck](#), [celebrity ex](#) of [Jennifer Garner](#) and dad to children Violet, Seraphina, and Samuel, has said in the past that despite some reports from experts that state that being uncircumcised can lead to an increased risk of frequent urinary tract infections, he himself doesn't approve of the practice. He once confessed to Jon Stewart in an interview, "I hate circumcisions! Get enough in me, and I'll tell you how much I hate them!"

**Related Link:** [Celebrity Divorce: Ben Affleck Still Living at Family Home with Jennifer Garner](#)

**3. Russell Crowe:** Famed actor and father to two sons, Charles and Tennyson, Russell Crowe took to Twitter to slam circumcision in a series of controversial tweets. The actor steamed, "Circumcision is barbaric and stupid. Who are you to correct nature? Babies are perfect." While many responded negatively to his tweets, citing a lack of sensitivity to the nuanced reasons that many choose to circumcise their children, others firmly supported his declarations, sparking a dramatic social media storm.

**4. Mario Lopez:** On a 2010 episode of this cute star's hit reality TV show, 'Saved By the Baby', Mario Lopez pushed his then-girlfriend (now wife) Courtney Mazza to consider not circumcising their future son, and the discussion quickly got heated for the [celebrity couple](#). "That's not up for discussion," Lopez insisted firmly, "News flash, this is the way all men are born." Lopez and Mazza are now celebrity parents to two children, Gia Francesca Lopez and Dominic Lopez.

**Related Link:** [Mario and Courtney Lopez Welcome a Baby Boy](#)

**5. Cameron Diaz:** It's not just celebrity parents who have their opinions on circumcision. Forty-four year old actress Cameron Diaz has made it clear in the past that if she and her husband Benji Madden ever have a son, that circumcision will not be for them. She spoke in an interview with *The Stir* about her film 'What to Expect When You're Expecting' and some changes that had to be made to the script to achieve a PG-13 rating, claiming, "they made us cut out a bunch about circumcision. To get a PG-13 rating we had to cut out the actual *description* of circumcision. So apparently it is very uncomfortable for people to hear how it works." Diaz added, "America is the same way about their beef – they just want it delivered in a styrofoam package with saran wrap over it. They don't want to know how it got to you. Same thing with circumcision."

**What do you think about the practice of circumcision? Do the alleged health benefits or personal concerns outweigh these celebrity opinions? Or do you think they have a point? Let us know in the comments!**

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**Celebrity News: Katherine Heigl Gushes Over Marriage and Kids**



By [Noelle Downey](#)

It's official! Katherine Heigl absolutely loves her family life. Recently in [celebrity news](#), Heigl gushed to [EOnline.com](#) on the red carpet of her movie premiere about her love for her three children and the secret to her long-lasting and incredibly happy [celebrity relationship](#) with her husband. "I think honestly, that we just are really good friends," Heigl confessed about her longtime love, Josh Kelley, "We're sort of best friends, we get along really well, we have a really good time together. We have our moments, like any couple, so we just sort of cling to that friendship when stuff gets hard." Kelley and Heigl have been married for nearly ten years and have three children, Naleigh, Adalaide and Joshua, and the [celebrity mom](#) joked that she's all in for more. "I'm kind of like, 'Let's have four or five' and Josh is tapping out," Heigl confessed, adding that whether or not there are more [celebrity babies](#) on the horizon for her and her hubby, her

daughters are adjusting incredibly well to new family addition, four-month-old Joshua. “They’re fawning all over him,” Heigl admitted with a huge smile.

## **This celebrity news has us very happy for Katherine Heigl! What are some secrets to a long-lasting relationship?**

### **Cupid’s Advice:**

Heigl and Kelley seem to have figured out the set of secrets that help them build a blissfully happy marriage. Here are Cupid’s top tips on how to have a relationship as happy as this [celebrity couple’s](#):

**1. Build a strong friendship:** Just as Heigl says that she and Kelley are “best friends,” it’s important for you to feel the same way about your romantic partner. Building a firm friendship is a necessary and strong foundation for any romantic relationship, and knowing that someone always has your back is vital in any long-term partnership. Romance is important and intimacy is a must, but friendship adds a warm glow and allows love to flourish even in times of hardship.

**Related Link:** [Katherine Heigl & Josh Kelley Move to Utah](#)

**2. Prioritize your relationship:** The best couples are those that make time for each other even in the busiest seasons of their lives. If you’re constantly pushing quality time with your significant other or spouse to the bottom of your priorities list, it’s time to take a good hard look at how much you’re contributing to this relationship’s success. With work, kids and other time commitments, making time isn’t always easy, but it’s necessary in order to make sure your

relationship is still healthy and strong years after you first fall in love.

**Related Link:** [Celebrity Interview: Katherine Heigl Says "Family Comes First"](#)

**3. Be honest about your needs:** Even in the best relationship, it's likely that you will go through rough patches if you stay together long-term. If you're feeling as though your partner isn't truly meeting your needs the way you want them to, be open with them about it. Make time for an honest, calm discussion, and prepare yourself to listen and be receptive if they have concerns for you as well.

These celebrity parents are clearly knocking it out of the park when it comes to caring for each other and their family. What are some of your tips for making sure your relationship stays strong through any kind of weather? Let us know in the comments!

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## Parenting Tips: How To Set a Good Example For Your Child







By Noelle Downey

When it comes to [parenting](#), setting a good example for your children can be one of the trickiest parts. Although every good parent wants their kids to look up to them and be able to positively emulate their behavior, in reality, setting a good example can be much more complicated than it first seems. It requires constant attention to your actions and reactions around your child, and a good sense not only of your child's perception of you, but of your perception of yourself. According to [UsNews.com](#), Madeline Levine, renowned psychologist and author, spoke to this concept recently, saying that true integrity is shown, "by a thousand small examples." Robyn Silverman, child and teen development specialist, agrees, "They hear your process," she advises, noting that it's important to articulate your good decisions and why you're making them so the child can learn to appreciate your moral compass and follow your example.

Whether you're a [celebrity parent](#) or not, it's vital to set a good example for your children to insure that they grow up to be healthy, well-adjusted adults. Check out this [parenting advice](#) to demonstrate to your kids through your actions the way you want them to behave.

Setting a good example for your children is complicated, but not impossible. Just like [celebrity kids](#), your children may struggle to know how to act even if they're not growing up in the spotlight. Below are some tips for how to show, rather than only tell, your kids how to act:

**Prioritize spending time with your kids:** [Celebrity mom](#) and famous actress Katherine Heigl once asserted in an interview, "family comes first" and we couldn't agree more! Your kids can't learn from your example if you're never around to begin with. Although life is busy and other priorities should also be on your list, make sure your children know how much you care about them by spending quality time focusing only on them. Just being together will teach your kids to value family time and your advice in particular!

**Related Link:** [Celebrity Interview: Katherine Heigl Says "Family Comes First"](#)

**Watch what you say:** If you're constantly complaining in the car to your partner with your kid in the back seat, or mumbling a series of not-so-nice words when you step on a

favorite toy left out in the middle of the living room, your child will pick up on it. While you should find time and space to vent or deal with negative emotions verbally, try not to do so in front of your kids. By considering carefully how your kids will interpret what you say and choosing to be positive, kind and thoughtful with your words when you're around them, you'll show them that what you say matters and make them less likely to learn bad habits when it comes to talking out their problems.

**Be self-aware and in the moment:** When it comes to being a good example for your kids, one of the most important steps you can take is to focus on being your best self in the moment. While it's easy to get caught up in your head as a parent, in a 2014 interview with Cupid's Pulse, reality star and celebrity parent Rosie Pope cautioned mothers not to forget what's going on in the here and now. "You have to be really present in the moment, because you don't have a lot of time to do anything," Pope counsels, "You have to be 100 percent present to feel fulfilled and know that you're getting the most out of every moment." If your child observes your focus on living in the moment and making sure your behavior in the here-and-now is nothing short of stellar, they'll want to mimic that way of life.

**Related Link:** [Celebrity Interview: Maternity Expert Rosie Pope Encourages Moms "To Be Really Present in the Moment"](#)

**Communicate when you've made a mistake:** Nobody's perfect, and you shouldn't expect yourself to be either. We all make mistakes, and even if you try your hardest to set a good example for your children, at some point there's bound to be a slip-up. Don't be afraid to tell your child you acted poorly in a situation if they see you lose control for a moment or two. Apologize, explain why what you did was unacceptable and take steps to move forward. Your child will ultimately respect you for owning up to your mistake and it will teach them to also be honest and take responsibility for their actions when

you discipline them in the future.

**Related Link:** [Parenting Tips: Why Disciplining Your Kids Is Important](#)

Setting a good example for your child is an important part of the parenting process. Although no one is capable of being a good example every minute of every day, we should all strive to better ourselves for the benefit of our children. By taking the time and making the effort to demonstrate good actions to your child, you are investing in not only their future, but the future of the world.

**Do you have any personal examples of a time you set a great example for your favorite kiddos? Let us know in the comments!**

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## **Celebrity News: Angelina Jolie & Brad Pitt Are Talking Again**





By Noelle Downey

This week in [celebrity news](#) there's an item that will have many Brangelina fans breathing a sigh of relief; [Brad Pitt](#) and [Angelina Jolie](#) are talking again. According to [EOnline.com](#), after a six-month period of silence when news of the [celebrity divorce](#) broke, the former couple has finally put aside their differences enough to open up some direct lines of communication. While the exes' relationship is still strained, a close inside source says their recent move to connect personally is a "significant step" away from only speaking through lawyers. The source also claims that things are less "tense" now between the former power couple and that "they've both agreed to put the kids first." No doubt Pitt and Jolie's six children, Maddox, Pax, Zahara, Shiloh, Knox and Vivienne are just as relieved as we are that their parents have taken a step from sour to civil.

**This former [celebrity couple](#) are**

# working through their issues for the benefit of their kids. What are some ways to keep children out of the crossfire when it comes to messy divorce proceedings?

## Cupid's Advice:

There's no way around it; divorces can be painful and frustrating. But never fear, as that doesn't mean they have to pull apart families for good. Cupid's on the case to give you just a few key ways to make sure your divorce won't demolish your children's sense of security:

**1. Try your best to stay civil:** If there's constant animosity between you and your former spouse, your child will pick up on it. While anger and sadness are normal responses to a life event like divorce, it's important to remember that your child is also likely experiencing these emotions, and keeping your relationship with your ex civil will help smooth the transition for them.

**Related Link:** [Former Celebrity Couple Angelina Jolie & Brad Pitt Agree to Seal Divorce Documents](#)

**2. Develop a new routine:** Angelina Jolie said in a recent statement to the press, "We are and forever will be a family. And so that is how I'm coping." Remember that regardless of your feelings for your ex, you are first and foremost a family. If the circumstances of the separation allow it, try to make room in your new routines for your child(ren) to spend time with the other parent. While at first this may be difficult, in the end it will help your whole family cope with the change.

**Related Link:** [Celebrity Divorce: Brad Pitt & Angelina Jolie's Lawyers Are Trying to Hash Out Custody Agreement](#)

**3. Take care of yourself, too:** You can't be expected to be a rock for your children if you aren't first taking care of your own mental and physical health. A source recently said that after the Hollywood divorce, Brad is "doing well and is focused on healthy, clean living." Take a tip from this [celebrity parent](#) and indulge in some self-care.

Do you think Brad and Angelina are on the right track to keeping their divorce amicable? Let us know in the comments!

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## Parenting Advice: You're Never Too Old to Have a Child





By [Dr. Jane Greer](#)

You're never too old to have a child – just ask Steve Martin, Mick Jagger, Ronnie Wood, and many other [celebrity dads](#) who are choosing to become fathers later in life. While there is no ideal age that is perfect for every couple, having children at an older age has many benefits and also a few possible drawbacks. And you certainly don't have to be a [celebrity](#) or a dad to consider starting a family beyond your twenties and thirties. In fact, because of various reasons including being caught up in their professional lives, many people are realizing it doesn't have to be one or the other, and despite focusing on their career for years realize they have not missed the chance to have kids. With that in mind, along with the current fertility technology and the possibility of adoption, many are pursuing that goal in their forties and even fifties. If you are in a new relationship with an older or younger partner, or you're older and finally ready to enjoy the joy of parenthood, or you have kids with an ex-spouse, but want to share that experience with a new one, there is still time.



# Here are a few things to consider while you contemplate having kids later in life.

On the positive side, waiting to have a baby means there is more time available to pursue your career before settling down. It gives you the chance to focus on work and achieve the goals you set for yourself without feeling guilty that you don't have time for a child, or weighed down by the details of taking care of your family. Additionally, because you were able to fulfill your life dreams you may be more content and relaxed when you are faced with the additional responsibilities that come with parenthood. Furthermore, being older parents can also mean more financial and emotional stability for the kids, as well as a higher level of wisdom and teaching that comes from extra life experience, along with resilience and stamina which are essential qualities in a good parent. And of course, what better way to bring youth back to your home than to have a baby? Of course the family dynamics do change somewhat the longer you wait, but there's something to be said for getting the most out of the first chapter of life before starting the next one.

**Related Link:** [How Raising a Child Can Bring you Closer Together as a Couple](#)

On the flip side, though, there are a few other things to keep in mind. In truth, one's physical energy level is not the same when you're older as when you're younger. Being able to deal with the high demands and energy level of children themselves is something to be aware of. Of course, there is always the option to reach out for childcare support, no matter what age you are, when you become a mother or a father. Even more serious is the hope that one will live long enough to see their children reach different junctures in life – high school

graduation, a wedding, the birth of a grandchild. The older you are, the more this might come into question. Mortality can be something that enters into the picture when the decision is made to have children at a later date.

**Related Link:** [Why It's OK to Have Kids Later In Life](#)

In the end, you have to consider the pros and cons of bringing a new person into the world at any time in your life. Why not do it when you are more established and more grounded in the world, just like Steve Martin and the other celebrity dads did? It might be as good a time as any, especially if you missed the chance at an earlier stage.

*Please tune in to the Doctor on Call radio hour on [HealthyLife.net](#) every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at [askdrjane@drjanegreer.com](mailto:askdrjane@drjanegreer.com). Connect with Dr. Jane Greer on Facebook, at [www.facebook.com/DrJaneGreer](http://www.facebook.com/DrJaneGreer), and be sure to follow [@DrJaneGreer on Twitter](#) for her latest insights on love, relationships, sex, and intimacy.*

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## **Celebrity Baby News: Jonathan Rhys Meyers & Fiancee Welcome a Son**



By Justin Thomas

[EOnline.com](http://EOnline.com) broke the news on December 15 that celebrity couple Jonathan Rhys Meyers and fiancé Mara Lane welcomed a precious baby boy into the world right from the comfort of their own home, adding to 2016's long list of [celebrity babies](#). Uniquely named Wolf Rhys Meyers, the bundle of joy was long anticipated through a series of charming social media pregnancy posts on Lane's Instagram account, beginning in September when the couple announced their pregnancy. The [celebrity couple](#) started dating in 2014 and got engaged December of that year. Jonathan has been struggling with alcohol addiction for years now, but it is said that his fiancée has been a driving force behind his journey to sobriety, even through a brief relapse in 2015 in which he took to Lane's Instagram account to address the issue and apologize to his fans.

# There's another celebrity baby to add to the mix! What are some ways to prepare for a baby boy specifically?

## Cupid's Advice:

There are some obvious differences you could imagine when preparing for baby boy as opposed to a girl, so here are some pointers on what to expect when you're expecting ... a boy!:

**1. Pink or blue?:** Telling a little girl to put down the football is vastly different than telling a little boy to put down a doll. Gender roles are a vital part of parenting from the very beginning so be mindful of gender roles and identity, and what they mean to you as a parent.

**Related Link:** [Celebrity Baby: Matt Dallas and Husband Blue Hamilton Adopt Little Boy](#)

**2. Boys do cry:** Don't assume because you're having a boy that parenting will be a breeze. Even though they might get a little more down and dirty, know that boys (babies included) can be a lot more emotional and sensitive than popular stereotypes maintain.

**Related Link:** [Celebrity Baby News: Mila Kunis & Ashton Kutcher Welcome a Baby Boy](#)

**3. The process:** There's no all-encompassing manual or instruction pamphlet designed for parenthood. It's a learning process for not only the baby, but also for parent. If this is your first baby or baby boy, don't be afraid of learning and making mistakes.

**What are some ways you think raising boys can be different**

from raising girls? Comment below!

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# Celebrity Couple Alec & Hilaria Baldwin Open Up About Raising Their Kids



By Kayla Garritano

Some serious parenting skills! In the [latest celebrity news](#), Alec and Hilaria Baldwin open up about how they met, upcoming projects and raising their three children, who are all featured on HOLA! USA. According to [EOnline.com](#), Hilaria

reveals that teaching her three-year old daughter her native language, Spanish, is crucial and she's already speaking two languages at home. Their daughter also switches to speaking English with Alec. "Alec's Spanish is getting better and better. His accent is very good," she said. Hilaria also opens up about how the [celebrity couple](#) met, saying they met because of yoga. The yoga instructor, who was born in Majorca, Spain, has made Alec brush up on his Spanish among other things. "My Spanish can only get better. It can only improve...maybe by the time I'm 90, I will nail it," he joked. "I love Madrid. I think it's one of my favorite cities in the world."

## **This celebrity couple is opening up about parenthood. How do you know your partner is cut out to be a parent?**

### **Cupid's Advice:**

Knowing how to be a parent doesn't come naturally. You're going to learn new things and make mistakes, but that's part of being a parent. Cupid has some [parenting advice](#) to make sure you and your partner are ready:

**1. Stable relationship and stable mind:** If your relationship is strong, and your partner shows that they are mature, strong and well-minded, then it's a sign they can be a parent. You don't want to bring a baby into the world if your relationship is on the rocks. You also want to make sure your partner can handle the tough times, like not sleeping or changing that stinky diaper.

**Related Link:** [Expert Relationship Advice: Three Questions Crucial to Co-Parenting Success](#)

**2. They talk to you:** Being a parent means communicating your

needs and wants, as well as what you're thinking. If they can handle a discussion about having a baby, and can see a future where they're holding a baby in their arms and taking care of their little one, then that's another sign they are ready to take parenting on.

**Related Link:** [Celebrity Baby News: Mila Kunis & Ashton Kutcher Welcome a Baby Boy](#)

**3. Financial cost:** Are you and your partner able to provide for a future family? A baby can cost a lot, from diapers to formula to clothes, they will have money flying out of your wallet. Make sure they are ready to handle the cost of a baby.

**How did you make sure your partner was ready for parenthood? Comment below!**

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## 'Bachelorette' Alum Desiree Hartsock Gives Birth to Celebrity Baby Boy





By Kayla Garritano

It's a boy, and she's a mother! Former [Bachelorette](#) contestant [Desiree Hartsock](#) welcomed a [celebrity baby](#) boy into the world on Wednesday, October 19. According to [EOnline.com](#), Asher Wrigley Siegfried was born at 8 pounds and 20.5 inches, and Desiree and husband Chris Siegfried couldn't be happier. "Words can't even express the amount of love we feel for our baby boy Asher," the new mom exclaimed. "He has already brought so much joy into our lives in one day. He's strong, healthy, happy, playful and warm. Chris and I are beyond blessed with this beautiful gift of life that we are excited to have as a part our family."

**This celebrity baby's name is Asher Wrigley. What are some ways to decide what to name your new baby?**

**Cupid's Advice:**

You have a new bundle of joy! Now, you have to name your baby.



The name is permanent once you write it on the birth certificate, so just make sure you 're committed to the name, even if it's just think it was pretty! How do you know what's the right name for your baby? Cupid is here to help:

**1. Baby books:** There are plenty of baby naming books if you're really stuck not knowing what to name your newborn. There are different types of names and different ways to spell them. Talk it out and see what you and your significant other agree on. You can even take a look at your baby and see what name suits him or her best.

**Related Link:** [Olivia Wilde & Jason Sudeikis Welcome a Celebrity Baby Girl!](#)

**2. Family importance:** Is there one family member on either your side or your partner's side who you adore and look up to so much you want to bless your child with that name? A lot of people do this, in honor of someone they love or lost. Take a moment to think about it and see if you'd name your baby the same.

**Related Link:** [Rob Kardashian & Blac Chyna Are Having a Celebrity Baby Girl](#)

**3. Common interest:** Maybe there's a name of a character in a movie, on a TV show or in a book that you connect with. You love the character so much that you can see your baby with the same name. Your baby could also be named after your favorite celebrity. Anything that interests you is fair game!

**How did you decide on your baby's name? Comment below!**