Celebrity News: Khloe Kardashian Reunites with Tristan Thompson in Boston After 'Mystery Woman' Drama



By Nicole Maher

In the latest <u>celebrity news</u>, Khloe Kardashian joined Tristan Thompson in Boston as he prepares for his first basketball game with the Celtics. According to UsMagazine.com, the <u>celebrity couple</u> was spotted out to dinner at the same restaurant Thompson was seen with a different woman earlier in the week. The other woman has since been identified as an estate manager that has worked with Thompson in the past.

#### In celebrity news, it looks like Khloe Kardashian still trusts her man. What are some ways to know your partner is being truthful with you?

#### Cupid's Advice:

Although trust is a crucial part of any relationship, it can sometimes be hard to achieve. If you do not have trust in your partner, who will continue to face obstacles as the relationship progresses. If you are looking for some ways to know if your partner is being truthful, Cupid has some advice for you:

1. They communicate clearly: While constant communication is not needed to determine if someone is being truthful, clear communication is. If someone communicates openly with you about topics such as where they are going and how they are feeling, then there probably is no reason to worry about them lying. Red flags should only appear if the person is continuously giving vague answers or avoiding questions.

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2. They acknowledge your concerns: Sometimes the only way to resolve a trust issue is to address your concerns with your partner. If your partner is willing to have a conversation that acknowledges your concerns and does not get defensive, then they are likely being truthful. However, having this conversation too often can sometimes cause someone to become offended if they need to keep defending themselves.

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Bonding Over Sad Songs with BF Joe Alwyn

3. They haven't lied to you before: If you have never caught someone in a lie before, then there is likely no reason to worry about them lying moving forward. Relationships may experience periods of distance or decreased communication, but these are not necessarily signs that someone is being dishonest. Until it's proven, don't jump to conclusions about your partner being untruthful!

What are some other ways to know if your partner is being truthful with you? Start a conversation in the comments below!

# Celebrity News: Taylor Swift Opens Up About Bonding Over Sad Songs with BF Joe Alwyn





By Nicole Maher

In the latest <u>celebrity news</u>, Taylor Swift provided her fans with some details about her <u>celebrity relationship</u> with Joe Alwyn. According to *EOnline.com*, Swift revealed that her and longtime boyfriend Alwyn bonded while writing sad songs for her latest album. The couple has been dating for about four years, but have chosen to keep their relationship relatively private due to Swift's past experiences with public relationships and break-ups.

In celebrity news, Taylor Swift gave fans rare insight into her relationship with boyfriend Joe Alwyn. What are some reasons to keep details about your relationship to yourself?

#### Cupid's Advice:

There is nothing wrong with wanting to keep some of the details about your relationship to yourself, whether it one that is relatively new or one you've been in for years. If you are looking for some reasons to keep details about your relationship to yourself, Cupid has some advice for you:

1. Past traumas: If you've experienced some kind of public fallout from a break-up in the past, you may want to keep your future relationships more private. Sharing too much of your new relationship with the public could cause you to fear the same result if things end, which can add unnecessary stress to your current situation. Keeping this quiet and revealing selective details is a great alternative to sharing everything if you don't want to!

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2. Work-life separation: If you have a relatively public career, you may desire to keep other aspects of your life private, such as your relationships. Having a private relationship while working in the public eyes is a great way of ensuring you don't feel like the public knows everything about your life, and takes the pressure off your partner if they are not used to their lives being incredibly public.

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3. Value privacy: Some people simply value their privacy and do not want everyone else knowing the details of their relationship. This desire for privacy is a valid reason for keeping details of your relationship to yourself. Share what you wish to share, and keep the rest as details between just you and your partner.

What are some other reasons to keep details about your

relationship to yourself? Start a conversation in the comments below!

## Celebrity Couple News: 'Bachelorette' Tayshia Adams Picks Her Final 3 And Sends Someone Home



By Nicole Maher

In the latest celebrity news, Bachelorette Tayshia Adams

narrowed down her remaining contestants to just three men after hometown dates. According to UsMagazine.com, Adams hoped these dates would provide an opportunity to get to know both the men and their families better. The <u>reality tv</u> star went on four individual dates during the episode and made the heartbreaking decision to send one man home.

#### In celebrity couple news, Tayshia Adams is down to her final three suitors. What are some ways to know that someone is right for you?

#### Cupid's Advice:

Sometimes we encounter a person who we find both attractive and kind, but inevitably do not have the best chemistry with. These situations can be challenging because you may be reluctant to let go of someone when nothing is necessarily wrong, they are just not your perfect match. If you are looking for some ways to know that someone is right for you, Cupid has some advice for you:

1. Your bond feels natural: While it may not be love at first sight, creating a bond with someone should feel easy and natural if they are the right person for you. There may be awkward silences in conversations or mild miscommunications while you are getting to know someone, but the overall progression of the relationship should never feel forced.

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2. You're progressing at the same pace: There is no set timeline that you need to follow when you are getting to know or dating someone new. However, the two of you should be progressing at relatively the same pace as the relationship continues. If one person is still holding back months into the relationship, it may be a sign they are not the right person for you.

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**3. You don't feel stressed:** Your intuition is your best friend when starting a relationship with someone new. Sometimes we still feel stressed with things appearing to be going perfectly, which may be a result of some underlying factor you are avoiding. If the current situation you are in causes you to feel a constant low level of stress, it may be a sign that person is not your perfect match.

What are some other ways to know if someone is right for you? Start a conversation in the comments below!

Celebrity News: Khloe Kardashian Posts Cryptic Messages One Day After Tristan Flies to Boston to Join Celtics





By Nicole Maher

In the latest <u>celebrity news</u>, Khloe Kardashian posted a series of cryptic messages the day following Tristan Thompson's arrival in Boston to join the Celtics. According to *UsMagazine.com*, the Kardashian sister shared a series of inspirational quotes on her Instagram stories about focusing on the positives of life. The <u>celebrity couple</u> has experienced a rocky relationship with allegations of Thompson's cheating first surfacing in February of 2019, but plan to split their time between Los Angeles and Boston.

In celebrity news, Khloe Kardashian may be dealing with a long distance relationship after Tristan flew across the country to join his new basketball team. What are some ways

# to make a long distance relationship successful?

#### Cupid's Advice:

Long distance relationships can be difficult to navigate, no matter how prepared you may feel to take on the challenge of living in different places. However, with some hard work, long distance relationships can be successful. If you are looking for ways to make a long distance relationship work, Cupid has some advice for you:

1. Have a communication plan: When you are not physically near someone, it can feel more tempting to want to talk to them more often. However, if you're expecting to talk to your partner all day when it is not realistic for either of your schedules, you may find yourself getting disappointed. Selecting methods of communication and times to talk early-on in a long distance relationship can help manage expectations and avoid conflict.

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2. Plan enough visits: Even if you have good communication in your different locations, it is still important to make the effort to see each other in person. Trying to see each other relatively often, as well as making sure both partners are making the effort to travel if possible, is a great way to strengthen a long distance relationship.

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**3. Focus on the end-goal:** Every long distance relationship is going to experience hardships relating to the difference of location, which makes it especially important to focus on your

end goal. If the distance is only temporary, focus on working toward being in the same location again. This reminder that the distance is only a phase in your relationship will help the two of you work through the challenges connected to it!

What are some other ways to make long distance relationships successful? Start a conversation in the comments below!

# Celebrity News: 'Bachelorette' Clare Crawley Says She's 'Going Through Things' After Thanksgiving with Dale





By Nicole Maher

In the latest <u>celebrity news</u>, former <u>Bachelorette</u> Clare Crawley alluded to some troubles in her <u>celebrity relationship</u> with Dale Moss after the pair spent this Thanksgiving together. According to <u>UsMagazine.com</u>, Crawley provided insight into the issues of their relationship in an Instagram caption, and explained how being a <u>reality television star</u> does not "exempt" her from having real emotions. The pair made history after getting engaged after just two weeks on the show this past season.

In celebrity news, things may not be rainbows and roses for Clare Crawley and her new beau, Dale. What are some signs your relationship needs help?

Cupid's Advice:

Every relationship is bound to run into issues at some point, whether it is early-on or after some time. While tough to navigate, these issues can point you to the areas of your relationship that need some more attention. If you are looking for some signs that your relationship needs help, Cupid has some advice for you:

1. You've stopped trying to problem-solve: In a healthy relationship, most issues are addressed with problem-solving and compromise. However, if these issues have caused you to avoid discussing possible solutions and led you to avoid the topic altogether, then it is a sign that your relationship needs help. Looking for new areas of compromise or different communication strategies may help you work through this rocky period.

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2. You've purposely spent less time together: Everyone needs a break from the partner occasionally, even if it is just for a few hours. But if you find yourself looking for extra opportunities to spend some time away from your partner, it may be a sign that your relationship needs help. This person should be considered a safe-space in your life, not someone you are looking to avoid.

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3. You have fundamental differences: Especially in newer relationships, it can be exciting when you have a lot in common with your partner, but challenging when you start discovering differences. Large fundamental differences, such as desired living situations and future ideas of marriage and children, can reveal areas of your relationship that need help. If both partners are willing to compromise in some areas, it could easily become a resolved issue.

What are some other signs that a relationship needs help? Start a conversation in the comments below.

### Celebrity News: Tamera Mowry Says Quarantine Tested Her Marriage to Adam Housley





By Nicole Maher

In the latest <u>celebrity news</u>, Tamera Mowry revealed that being quarantined with her husband Adam Housley tested their marriage. According to *UsMagazine.com*, Mowry described both herself and her husband as workaholics, and said that being home together constantly was a change to which they needed to adapt. The <u>celebrity couple</u> tied the knot in May of 2011, and share two children together.

In celebrity news, Tamera Mowry is opening up about the test she and her husband are going through due to COVID-19. What are some ways to cope with being quarantined with your partner?

#### Cupid's Advice:

Quarantine has proved as a relationship test for even the strongest of couples. While you may love your partner endlessly, being confined to one home for months on end can test your relationship. If you are looking for some ways to cope with being quarantined with your partner, Cupid has some advice for you:

1. Allow for some alone time: Just because you and your partner are in the same house does not mean you have to be together the entire time. As quarantine progresses, you may feel the need to have some time apart. Taking a few hours every day or so to relax or sit on your own can help prevent any frustrations or tensions you may be feeling with your partner. If possible, safely getting some alone time by going for a walk or drive is also a good option.

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2. Have off-limit areas: Quarantine can make any living space

feel claustrophobic after some time, so designating some areas that are reserved for each partner is a good idea to maintain the peace. If you are working from home, an office is a great space to reserve for yourself. In smaller living situations such as apartments, having a designated chair where your partner knows to give you space can also work.

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3. Plan in-house events: Despite feeling confined to your partner because of quarantine, it is still important to nurture the relationship by scheduling things to do together. By doing at-home dates such as cooking together or watching a movie, it will show your partner that you still want to spend quality time with them. This miniature date can help relieve some tension and make your partner more willing to give you space when you need it.

What are some other ways to cope with being quarantined with your partner? Start a conversation in the comments below.

### Celebrity News: Vanessa Hudgens Opens Up About What She Wants in an Ideal Partner After Split





By Nicole Maher

In the latest <u>celebrity news</u>, Vanessa Hudgens revealed what she wants in the ideal partner following her <u>celebrity break-</u> <u>up</u> with Austin Butler. According to *UsMagazine.com*, Hudgens is open to dating someone whether they are in the public eye or not. Hudgens and Butler separated in January of this year after dating for nearly nine years. Since their break-up, Hudgens has revealed that she has not been dating amid the coronavirus pandemic and her busy acting schedule.

In celebrity news, Vanessa Hudgens is reevaluating what she looks for in a partner after her split from Austin Butler. What are some ways to learn from a break-up?

Cupid's Advice:

Although challenging, break-ups provide a great opportunity for learning lessons from a past relationship, as well as determining what you want out of future relationships. If you are looking for some ways to learn from a break-up, Cupid has some advice for you:

1. Set priorities: Break-ups provide a great time to reestablish your priorities and expectations about what you want in a future relationship. While you likely had an idea of your priorities before you even started dating, going through an unsuccessful relationship can reveal what you truly need from a partner to make things work. Take this time to update your priorities so that you know what is a must-have the next time around.

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2. Establish deal-breakers: Deciding on deal-breakers is just as important as setting priorities. A person can have all of the characteristics you favor, but if they have a major lifestyle habit that you disagree with, it can cause conflict in the future. Deal breakers also don't have to be "negative" attributes about the person, but can simply be factors like distance and the type of relationship you are both looking for.

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3. Consider external factors: When we're in a relationship, we sometimes tend to put that aspect of your life above others. Break-ups are a great time to look at other aspects of your life and decide if you'd like to spend some time improving them as well. By working to better yourself professionally or mentally between partners, you will enter your next relationship with a more solid foundation and be ready to put in all the necessary effort. What are some other ways to learn from a break-up? Start a conversation in the comments below.

### Celebrity Break-Up: Olivia Wilde Ditches Engagement Ring After Jason Sudeikis Split



By Nicole Maher

Lupid's

In the latest <u>celebrity news</u>, Olivia Wilde has removed her engagement ring after her <u>celebrity break-up</u> with fiancé Jason Sudeikis. According to *UsMagazine.com*, Wilde was first spotted without her ring while spending some time at a horse stable in Los Angeles, California. The couple began dating in November of 2011 and announced their engagement in January of 2013.

In celebrity break-up news, Olivia Wilde is no longer sporting the engagement ring she got from ex Jason Sudeikis. What are some physical ways you can cope with a break-up?

Cupid's Advice:

One of the hardest things to deal with in a break-up is letting go of some of the physical reminders of your relationship. If you are looking for some physical ways you can cope with a break-up, Cupid has some advice for you:

1. Lose the jewelry: Whether it's an engagement ring or a necklace, taking off any jewelry that was given to you by your ex is a good first step in removing physical reminders of your break-up. This will also give others the clue that your relationship has ended without you necessarily needing to tell everyone verbally. After some time has passed, you can decide what to do with the jewelry long-term.

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2. Clean your social media: In the modern age, nearly everyone in a relationship has shared some pictures with their partner on social media. Another physical way of coping with a breakup is to clear that person from your field. This can include archiving pictures of you two together, removing tags from past photos, and muting or unfollowing your ex's account.

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3. Put away past gifts: While you may have a sentimental attachment to some of the gifts your ex has given you in the past, it is a good idea to remove these gifts from view. Just like with jewelry, placing the gifts you've received in a box and putting them away for a while can help take your mind off the break-up. Once your emotions have settled, then you can decide what to keep, return, and get rid of.

What are some other physical ways that can help you cope with a break-up? Start a conversation in the comments below.

### Celebrity News: Alex Trebek's Wife Shares Photo of Their Wedding After Thanking Fans for Support After His Death





By Nicole Maher

In the latest <u>celebrity news</u>, Alex Trebek's wife shared a wedding photo of the couple after thanking his fans for their support. According to *People.com*, Jean Trebek shared a photo on Instagram following the death of her husband and host of *Jeopardy!* Trebek passed away at the age of 80 after fighting stage four pancreatic cancer for nearly two years. The <u>celebrity couple</u> had been happily married for twenty-nine years at the time of his passing

In celebrity news, Alex Trebek's wife is thankful for the support of the public after Trebek's passing from cancer. What are some ways to cope if your partner passes away?

Cupid's Advice:

No matter how much time you may have to prepare, losing the life your partner is heartbreaking. While the support and wishes of loved ones can help, there will still be strong feelings of loss. If you are looking for some ways to cope with a partner's passing, Cupid has some advice for you:

1. Give yourself time: One of the easiest and most effective ways to cope with a loss is to give yourself time. While it sounds simple, many people try to force their way through the grief process so their life can return to some form of normalcy. However, this can cause issues to rise in the future, so giving yourself ample time following the loss of a partner is the best way to cope with their absence long-term.

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2. Consider your surroundings: It is important to take into account your surroundings following the loss of a partner. Decide whether going places you enjoyed together brings you peace or makes you upset. The same consideration should be thought about in terms of your partner's belongings. Consider whether being surrounded by items that remind you of them is beneficial or harmful in your personal healing process.

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3. Tell their stories: Sometimes when we lose someone we love, we tend to stop talking about them. However, just because they are no longer physically does not mean that you have to completely remove them from your life. After enough time has passed, continue to share the memories you created with your past partner with others to help in remembering them.

What are some other ways to cope with the loss of a partner? Start a conversation in the comments below.

### Celebrity Baby News: 'Bachelor in Paradise' Contestant Krystal Nielson Is Pregnant with First Child





By Nicole Maher

In the latest <u>celebrity news</u>, former Bachelor in Paradise contestant Krystal Nielson revealed that she is expecting her first child with boyfriend Miles Bowles. According to UsMagazine.com, Nielson revealed the couple is expecting a <u>celebrity baby</u> in a video posted to YouTube. Nielson and Miles made their relationship official this past October following Nielson's split from her husband Chris Randone. Nielson and Randone had been married for roughly eight months before their deciding to separate.

In celebrity baby news, *BiP* star Krystal Nielson is pregnant with her boyfriend of eight months. What are some ways to prepare a newer relationship for a baby?

Cupid's Advice:

Having a child can be a large adjustment for any relationship, especially one that is relatively new. If you are looking for some ways to prepare a newer relationship for a baby, Cupid has some advice for you:

1. Balance responsibility: There is a lot of planning and preparation that comes with expecting a child. Be sure that these responsibilities are balanced between you and your partner. While one of you may be responsible for getting the nursery ready, the other may take on the task of baby-proofing the kitchen. Balancing these types of responsibilities is a great way to get both of you involved and excited about the child you are having.

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2. Discuss expectations: Having a child can drastically change the dynamic of a relationship, so discussing future expectations is a must. Topics such as child care plans, living situations, and the future of your relationship are important to have early on to avoid conflict later. If you and your partner have different expectations, find ways to work through them and compromise for the benefit of your future child.

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**3. Continue relationship growth:** Even though you may be focused on preparing for your child, it is still important to prioritize the growth of your relationship. Continue to go on dates and spend time together that does not revolve around child-preparation activities. This will show your partner that you view them as equally important to your future child and get them excited about becoming a family!

What are some other ways to prepare a newer relationship for a baby? Start a conversation in the comments below!

Celebrity News: New 'Bachelorette' Tayshia Adams Defends Contestants After Taking Over for Clare Crawley





By Nicole Maher

In the <u>latest celebrity news</u>, new *The Bachelorette* Tayshia Adams defended the character of the remaining male contestants after taking over for Clare Crawley. According to *EOnline.com*, Adams described the men as "phenomenal" while discussing the season on the *Bachelor Happy Hour* podcast. The <u>reality tv star</u> describes that during Crawley's time on the show, very few of the men had the opportunity to express their personalities, which changes as the season advances with Adams.

In celebrity news, Tayshia defended the men on her season of *The Bachelorette* after taking over for Clare. What are some ways to find love in an unusual setting?

Cupid's Advice:

Even if we are not planning on going on a dating television show, it is still possible to find love in unconventional settings. However, these settings may cause us to feel closed off or skeptical. If you are looking for some ways to find love in an unusual setting, Cupid has some advice for you:

1. Drop preconceived ideas: When we find ourselves in a new setting, we often have preconceived ideas about what the people and experiences will be like once we arrive. In order to give the idea of finding love a fair chance, it is important to get rid of those preconceptions. Having a clean slate and open mind is the best way to find love in unusual situations.

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2. Don't force anything: Sometimes when approaching a situation with the hope of finding love, we may unintentionally feel ourselves trying to force a connection. Even in unusual settings, it is better to let things progress naturally. Make sure that the person you are finding interest in is someone you would want present in your normal life as well, and not simply the best option out of the people around you.

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3. Take advantage of your time there: Whether your unusual setting is a business trip or simply your local gym, it is important to take advantage of the time you have there. If you are looking to find love, use every opportunity to talk to the people around rather than waiting for them to approach you. By using your time wisely, you'll open as many doors as possible for potential bonds.

What are some other ways to find love in an unusual setting? Start a conversation in the comments below!

### Celebrity Break-Up: Lamar Odom & Fiancée Sabrina Parr Call It Quits





By Nicole Maher

In the latest <u>celebrity news</u>, Lamar Odom and Sabrina Parr have decided to call off their engagement. According to *UsMagazine.com*, Odom and Parr's <u>celebrity break-up</u> stems from personal issues that Odom needs to work through on his own. The couple was engaged in November of 2019, just three months after first being seen together in Atlanta, and had planned their wedding for November 2021.

#### According to Sabrina, this celebrity break-up is a result of Lamar Odom needing to work on himself. How do you know if you're in a good place mentally and emotionally for a relationship?

#### Cupid's Advice:

Sometimes the state of a relationship is dependent on internal factors, such as mental and emotional readiness, rather than external factors. If you are wondering if you're mentally and emotionally ready for a relationship, Cupid has some advice for you:

1. You have other outlets of happiness: Being in a relationship should be one of the highlights of your current life, but it should not be your only outlet of happiness. If the only thing that truly brings you joy is being around your partner, then you may not be mentally or emotionally ready for a relationship. Placing all of your happiness on one person can lead to unhealthy standards and more disappointments even if neither partner is in the wrong.

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2. You're happy with the timing: When you are in a sound mental and emotional place, you are often happy with the progression of your life. If you are content with the rate at which your relationship is moving, as well as how it fits into your life overall, then you are ready to be in that relationship. However, if you feel that this relationship will cause you to miss out on different areas of your life, you may be in the spot to commit mentally.

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3. You've processed past experiences: An obstacle that many people face in relationships is getting over negative past experiences caused by an ex. If you are entering a new relationship but are still holding onto issues caused by a past partner, you may not be emotionally ready. However, if you've processed and coped with these past issues, then you are likely in a good spot to go forward with a relationship.

What are some other ways to tell if you're mentally and emotionally ready for a relationship? Start a conversation in the comments below.

Celebrity Break-Up: 'RHOBH' Star Erika Jayne & Tom Girardi Split After 21 Years Together





By Nicole Maher

In the latest <u>celebrity news</u>, *Real Housewives of Beverly Hills'* couple Erika Jayne and Tom Girardi have announced their split. According to *EOnline.com*, their <u>celebrity break-up</u> comes following 21 years of marriage. The couple had originally met while Jayne was working in West Hollywood and were engaged after six months of dating. Despite being married for two decades, Jayne expressed frustration about the public's continued reference to the couples' age gap.

In celebrity break-up news, it's over for Erika and Tom, who have been together for over two decades. How do you know when a long-term relationship has run its course?

Cupid's Advice:

Break-ups are never easy, no matter how long you and your partner have been together. However, spending years, or even decades, with another person can make the process of breaking up even more challenging. If you are looking for signs that your long-term relationship has run its course, Cupid has some advice for you:

1. Holding on to happier times: Creating memories together can be one of the best parts of a relationship, but it can also cause people to remain in relationships that are reaching their end. If you find yourself holding on to memories that happened months or years ago, but have not made the same type of memories since, your relationship may have run its course. Breaking-up doesn't mean you have to forget all the great times in your relationship, it opens you up to new experiences.

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2. You've grown in different directions: People are constantly growing and changing over the years. It's possible that you and your long-term partner have grown in different ways since the beginning of your relationship. While this is no one's fault, staying together despite your different paths in life may continue to cause conflicts that you're already facing.

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**3. Loss of feelings:** No one wants to be told that their partner has lost feelings for them. Likewise, many people might not want to admit they've lost feelings for their partner. However, it's possible of the course of a long-term relationship for feelings to change, and holding on to past feelings of love that have disappeared will eventually lead to an unhealthy relationship.

What are some other signs a long-term relationship has run its

course? Start a conversation in the comments below.

### Celebrity News: Kristin Cavallari & Jay Cutler Reunite to Celebrate Halloween With Their Kids



By Nicole Maher

In the latest <u>celebrity news</u>, Kristin Cavallari and Jay Cutler celebrated Halloween together with their kids despite being in

the midst of a divorce. According to *EOnline.com*, Cavallari shared an Instagram post showcasing the <u>celebrity exes'</u> costumes, along with those of their three children. The couple first announced their divorce in April of this year after ten years of marriage, and Cavallari has been rumored to be casually dating comedian Jeff Dye.

In celebrity news, these exes took the high road and celebrated Halloween together with their kids. Why should you come together as a family for holidays if you're not together as a couple anymore?

#### Cupid's Advice:

Holidays can be challenging for separated families, especially when both parents want to be present. Even though it may be difficult to come together for a holiday with your ex, it may be worth it. If you are looking for some reasons to come together as a family for the holidays, Cupid has some advice for you:

1. Create new memories: Holidays are the perfect occasion for creating memories with your children. It is important not to skip out on these types of memories just because you are no longer with your partner. Looking back, both you and your children will be happy you chose to spend these days together as a family despite any differences.

**Related Link:** <u>Celebrity Couple News: Jeff Dye Appears to</u> <u>Reference New Romance With Kristin Cavallari in Funny Post</u>

2. Demonstrate healthy relationships: Spending the holidays

together despite no longer being together is a great way to demonstrate healthy relationships to your children. They will learn that even if two people have a differing opinion on something, it is still possible to compromise and communicate effectively. They will also learn how to set realistic expectations and boundaries in their future relationships.

**Related Link:** <u>Celebrity Break-Up: Christina Anstead Talks</u> <u>About Choosing Peace Over Drama After Split</u>

3. Relieve family stress: Whether people are showing it or not, the holidays can be stressful for everyone involved in a separated family. While you may be worrying about not being able to see your children on a specific holiday, they may be facing the same fear. By making an effort to all be in the same house, you'll be relieving stress for everyone involved.

What are some other reasons you should come together as a family for the holidays? Start a conversation in the comments below!

## Celebrity News: Megan Fox Slams Ex Brian Austin Green for Sharing Halloween Photo of Their Son




In the latest <u>celebrity news</u>, Megan Fox publicly slammed her <u>celebrity ex</u> Brian Austin Green for sharing a photograph of their son on Halloween. According to UsMagazine.com, Green posted an image of himself along with the couple's youngest son, Journey, to his Instagram. Fox was quick to comment on the image and questioned why her estranged husband did not crop their child out of the image. The <u>celebrity couple</u> officially split in May of this year after 10 years of marriage.

In celebrity news, there's definitely some drama between these exes, who share three kids together. What are some ways to iron out parenting differences with

#### your ex?

#### Cupid's Advice:

It can be difficult to navigate co-parenting with an ex, especially if you have differing opinions on many fronts. If you are looking for some ways to iron out parenting differences with your ex, Cupid has some advice for you:

1. Establish predetermined rules: An easy way to prevent conflict or differences from arising in the future is to establish some predetermined rules. If you are against having your children featured on social media, or want a universal curfew for both of your houses, these are rules that can be established ahead of time. Be sure to keep these rules straightforward and collaborative to help eliminate as many parenting differences as possible.

**Related Link:** <u>Celebrity Divorce: Ant Anstead Says He Lost 23</u> Pounds Amid Divorce From Christina Anstead

2. Ask for permission: There will always be gray-area when it comes to parenting, whether you and your partner are still together or not. A great way to avoid differences is to simply ask for permission when you are unsure if what you're about to do will upset the other parent. The other person involved will appreciate the open communication and hopefully do the same when faced with a situation they are unsure of.

**Related Link:** <u>Celebrity News: Cardi B & Offset Spotted Kissing</u> at Her Birthday Party One Month After Split

**3. Discuss differences privately:** While it can be frustrating to navigate parenting differences, especially when they are repetitive issues, it's important to discuss these differences privately. Opening up your conflicts to many other people, such as posting on social media, will only add unnecessary

tension to the strained relationship and make it harder to iron out differences in the future.

What are some other ways to iron out parenting differences with your ex? Start a conversation in the comments below.

# Celebrity Break-Up: Jessie J Posts About 'Unhealthy Love' After Channing Tatum Split



By Nicole Maher

In the latest <u>celebrity news</u>, Jessie J revealed details about her relationship with Channing Tatum after their split, referring to the relationship as "unhealthy love." According to UsMagazine.com, the singer made reference to her relationship with Tatum on her Instagram Story when she included a quote about avoiding relationship timelines and emphasized falling in love at any age. The <u>celebrity couple</u> dated on-and-off for the past two years before officially announcing their <u>celebrity break-up</u> earlier this year.

In celebrity break-up news, Jessie J is seemingly speaking out about her unhealthy relationship with Channing Tatum. What are some telltale signs that you're in an unhealthy relationship?

Cupid's Advice:

1. There's no compromise: One of the most important aspects of a relationship is the willingness to compromise. It is likely that you and your partner will not agree on everything, but when both people are willing to compromise in different ways, it allows for healthy communication and an overall healthy relationship. However, if your partner is not compromising in any way and you are constantly forced to follow their decisions, you are in an unhealthy relationship.

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2. Other areas of your life are impacted: Unhealthy relationships can cause a great deal of stress and frustration when you are around your partner, but these feelings can also

spread into other areas of your life. If you feel yourself getting frustrated with your other friends or work environment but are unsure why, it may be stemming from stress that started in your relationship.

**Related Link:** <u>Celebrity Break-Ups: Lenny Kravitz 'Blew It'</u> During First Meeting with Ex Lisa Bonet

3. You feel worse about yourself: The person you are in a relationship with should never leave you questioning your own worth or how much they care about you. While nearly every relationship goes through a rough patch, there should never be a time where your partner makes you feel like less of a person. This willingness to put you down shows a lack of overall respect and is likely a sign of unhealthy love.

What are some other tell-tale signs you're in an unhealthy relationship? Start a conversation in the comments below.

# Celebrity News: Machine Gun Kelly Says He's a 'Better Person' After Falling in Love with Megan Fox





In the latest <u>celebrity news</u>, Machine Gun Kelly outlined how his new relationship with Megan Fox has made him a better person. According to *UsMagazine.com*, Kelly was struggling with addiction prior to meeting Fox, but their relationship allowed him to break the cycle and have the "biggest rise" of his life. The <u>celebrity couple</u> met while filming *Midnight in the Switchgrass* and moved in together one month after Fox separated from her estranged husband.

In celebrity news, Machine Gun Kelly credits Megan Fox for helping him become a better person. What are some ways a relationship can change you for the better?

Cupid's Advice:

There are many benefits to being in healthy and loving relationships, some of which may personally make you a better person. If you are looking for some ways a relationship can change you for the better, Cupid has some advice for you:

1. More responsibility: Relationships come with a lot of responsibilities, from maintaining open communication to tending to the feelings of your partner. By taking on some of these responsibilities when getting into a relationship, you will gradually become more mature and better equipped to maintain other relationships and friendships in the future. This ability to handle more responsibilities can also translate to other areas of your life, such as your professional life.

**Related Link:** <u>Celebrity Couple News: Jacob Elordi & Kaia</u> <u>Gerber Confirm Relationship With a Kiss</u>

2. New social circles: The people that we choose to surround ourselves with can benefit or hurt us in the long run. Forming a new relationship can provide an opportunity to integrate new people into your social circle, which may lead to some more positive influences. Changing the people you surround yourself with can also provide an opportunity to stop falling back into old habits if it was something you shared with your past friends.

**Related Link:** <u>Celebrity News: 'RHOC' Alum Vicki Gunvalson</u> <u>Shoots Down Split Rumors</u>

3. Positive outlooks: Healthy and loving relationships should provide you with more things to look forward to in life. A relationship can better you as a person by giving you more outlets for excitement, which in turn can make you a happier and more pleasant person to be around. The happier you are, the more positively you will see yourself as well.

What are some other ways a relationship can make you a better person? Start a conversation in the comments below!

### Celebrity Wedding: Find Out More About Blake Shelton's Proposal to Gwen Stefani





By Nicole Maher

In the latest <u>celebrity news</u>, Blake Shelton and Gwen Stefani have taken the next step in their relationship by getting engaged. According to *UsMagazine.com*, Shelton proposed to Stefani after asking her father for permission and selecting a custom engagement ring. The <u>celebrity couple</u> began dating in November 2015 after working together on *The Voice*, and moved in together in October 2019. Shelton and Stefani now look forward to planning their <u>celebrity wedding</u>.

#### In celebrity wedding news, Blake and Gwen are officially engaged after Blake asked her father's permission. What are some must-dos before an engagement?

#### Cupid's Advice:

Whether you are a fan of more traditional engagements or are looking for a modern approach, there are a few steps to take before popping the question. If you are looking for some mustdos before an engagement, Cupid has some advice for you:

1. Rehearse your speech: Whether you're looking to keep things short-and-sweet, or want a more detailed speech, it's a must to rehearse what you're going to say before the big day. Engagements are exciting and emotional, and may cause you to freeze up in the moment. By having an idea of the points you want to get across beforehand, you will make sure your partner knows just how much thought you put into asking the question.

**Related Link:** <u>Celebrity News: Blake Shelton & Gwen Stefani</u> <u>Toast to CMT Music Awards 2020 Win</u>

2. Select the perfect location: Selecting the perfect location to pop the question is also a must-do before an engagement. Consider some of your partner's favorite places and decide which would be the best spot to begin this next step together. It is also important to consider if you and your partner would rather have a public or private engagement when planning out the location.

Related Link: Celebrity Couple News: Kelsea Ballerini Talks

How Husband Supported Her Reimagined Album

**3. Ask for permission:** Just as Blake Shelton did, it is important to ask for permission when proposing to your partner. By asking your partner's parents, siblings, or close friends if they approve of your engagement, it'll show the respect you have for your partner's existing family. It will also allow them to get excited and potentially help you with the rest of the planning process!

What are some other must-dos before an engagement? Start a conversation in the comments below!

# Celebrity Baby: Lily Allen Reveals She Wants Kids With Husband David Harbour





In the latest <u>celebrity news</u>, Lily Allen revealed that she may be discussing the possibility of having a <u>celebrity baby</u> with new husband David Harbour. According to *EOnline.com*, Allen and Harbour are open to having children together, but may hold off for a while because of Allen's struggles with mental health. The <u>celebrity couple</u> met on the dating app Raya in 2019 and were secretly married in September of this year.

In celebrity baby news, Lily Allen wants kids eventually with her new husband, but she may hold off for a little while since she's in a good place mentally. What are some ways mental health comes into play when

#### deciding whether to have kids?

#### Cupid's Advice:

Having children leads to large changes in everyone's lives, but these changes can be especially challenging for those who struggle to maintain mental health. What mental health considerations should you make before having kids? Cupid has some advice:

1. Change in hormones: Pregnancy and childbirth are two events that cause large changes to a woman's hormones, which could also affect her mental health. If you are considering having children but are worried about the changes it will cause to your body because of your mental health, getting the advice of both a psychologist and an obstetrician can help you decide when the best time to try for a child may be.

**Related Link:** <u>Royal Celebrity News: Prince William Disagreed</u> <u>With the Palace's Misleading Comments about Meghan Markle's</u> <u>Labor and Birth</u>

2. Higher energy levels: Having and raising children requires large amounts of energy, which is something that may already be a struggle for someone with inconsistent mental health. While having a kid may allow for less rest days, there are many ways to structure your schedule that allow you to prioritize both raising your child and maintaining your balance of energy. On days where your energy is lower, try relying more on your partner or a babysitter.

**Related Link:** <u>Celebrity Baby News: 'Duck Dynasty' Alum Sadie</u> <u>Robertson is Pregnant With First Child</u>

**3. Constant enthusiasm:** Whether it's their first birthday, first steps, or first day of school, there is so much to celebrate as your child grows up. However, this constant need to have enthusiasm may be difficult for someone struggling to

maintain good mental health. Waiting until you have more enthusiasm in your daily life to have a kid may be a good idea to prevent you from feeling like you're missing out on celebrating important milestones.

What are some other ways mental health comes into play when deciding whether to have kids? Start a conversation in the comments below.

## Celebrity Couple News: Kelsea Ballerini Talks How Husband Supported Her Reimagined Album





In the latest <u>celebrity news</u>, singer Kelsea Ballerini describes how her husband, Morgan Evans, supported the creation of her reimagined album throughout quarantine. According to *UsMagazine.com*, Ballerini and Evans had agreed not to write music together when quarantine began, but as time went on, they found enjoyment in sharing their creative processes with each other. In March, Ballerini released a stripped-down version of her *Kelsea* album titled *Ballerini*. The <u>celebrity couple</u> initially met in 2016 and were married in December of 2017.

In celebrity couple news, Kelsea Ballerini gave credit to her husband for supporting her through the release of her most recent

# album. What are some ways to support your partner's passions?

Cupid's Advice:

Whether you and your partner have shared passions, or they are drastically different, it is important to support each other through all of your endeavors. If you are looking for some ways to support your partner's passions, Cupid has some advice for you:

1. Attend their events: Whether it's a sport, art style, or other type of hobby, it is likely that your partner will eventually start attending events centered around their passion. A great way to show your support is to accompany them to these types of events. By cheering your partner on through a race or sitting in the audience of an open-mic, your presence will show your partner that you respect their passion just as much as they do.

**Related Link:** <u>Celebrity News: Blake Shelton & Gwen Stefani</u> <u>Toast to CMT Music Awards 2020 Win</u>

2. Ask questions: The best way to show support for a passion you may not completely understand is to ask questions. Your partner is likely aware that you do not share the same passion as them, but by showing you're interested through asking questions, they will still feel supported and appreciated. Show them you want to learn more by getting to know some of the details about what they are passionate about!

**Related Link:** <u>Celebrity Couple News: Jacob Elordi & Kaia</u> <u>Gerber Confirm Relationship With a Kiss</u>

**3. Celebrate successes:** Big or small, it is important to celebrate your partner's successes within their passion. Acknowledge the new milestones they are reaching by buying

them a gift or treating them to a night out. These little celebrations will give them the drive they need to continue advancing in their passion while also allowing you to have fun and support them.

What are some other ways to support your partner's passion? Start a conversation in the comments below!

### Celebrity News: Blake Shelton & Gwen Stefani Toast to CMT Music Awards 2020 Win





In the latest <u>celebrity news</u>, Blake Shelton and Gwen Stefani celebrated their recent win at the CMT Music Awards 2020 for their duet "Nobody But You." According to UsMagazine.com, Shelton and Stefani toasted to their win while watching the award ceremony from their living room. The <u>celebrity couple</u> has been together since 2015, and have released a total of four duets together. Both singers took to their social media accounts to thank their fans and each other for all the support.

In celebrity news, Blake and Gwen are the definition of a power couple! What are some ways to celebrate your accomplishments with your partner?

Cupid's Advice:

One of the best parts of being in a relationship is getting to celebrate your accomplishments with the person you love. Whether it is something that you have accomplished together or individually, it is the perfect opportunity to provide some congratulations. If you are looking for some ways to celebrate your accomplishments with your partner, Cupid has some advice for you:

1. Plan a date: The perfect way to celebrate an accomplishment within your relationship is to plan a date. Whether it is a dinner at your favorite restaurant or a weekend getaway, planning a date is a great way to show your partner how proud you are of them, and gives you an opportunity to celebrate together. **Related Link:** <u>Celebrity Couple News: Gwen Stefani & Blake</u> <u>Shelton's Love Takes Center Stage at 2020 ACM Awards</u>

2. Buy them a gift: Gifts are another thoughtful way of celebrating an accomplishment within your relationship. If it was your partner that achieved their goal, then buy them something you know they've been wanting for a while. If it is something that you've accomplished together, then you can both contribute and buy something for the two of you to share.

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3. Tell them you're proud: Sometimes the best way to celebrate an accomplishment and make your partner feel important is to simply tell them how proud you are. Words of affirmation can go a long way in making your partner feel special and strengthening your relationship, and are not something that should be overlooked just because they are free!

What are some other ways to celebrate an accomplishment with your partner? Start a conversation in the comments below!

## Royal Celebrity News: Prince William Disagreed With the Palace's Misleading Comments about Meghan Markle's Labor and Birth





By Carly Silva

In royal <u>celebrity news</u>, Prince William disagreed with misleading comments regarding Meghan Markle's labor and birth of <u>celebrity baby</u>, Archie. The Duke and Dutchess of Sussex welcomed their firstborn baby into the world in 2019, but it wasn't until eight hours after Archie was born that the royal family announced that Meghan was going into labor. According to *UsMagazine.com*, Prince William did not approve of this misleading statement, and in turn, waited a full eight days to meet his nephew.

In royal celebrity news, Prince William isn't a fan of purposely

#### misleading comments for the public. What are some ways to deal with a partner you've caught being dishonest?

Cupid's Advice:

Dealing with a partner who has been dishonest can be extremely tricky, but it doesn't have to mean that all hope is lost. If you're in need of some ways to deal with a partner who you have caught being dishonest, Cupid has some advice for you:

1. Talk honestly with them: When someone is dishonest, it can be extremely hard accept or move on from. Try talking honestly with your partner, as it may help you understand why they lied in the first place. Having open conversations with each other will allow you to both to maintain an honest relationship together.

**Related Link:** <u>Royal Celebrity Couple Prince Harry & Meghan</u> <u>Markle Take Aim At Online Negativity</u>

2. Make sure it won't happen again: While it's important to understand where your partner was coming from, you also want to make it known that it can't happen again. Make sure your partner knows that dishonesty isn't going to work in your relationship, and try to set up rules and boundaries so it doesn't happen again in the future.

**Related Link:** <u>Royal Celebrity Couple Prince Harry & Meghan</u> <u>Markle Step Out in Matching Masks in Beverly Hills</u>

3. Decide if you're going to forgive them: While it can often be difficult to trust your partner after they've been dishonest, always trust your gut. If you genuinely believe that your partner is open with you, but makes mistakes sometimes, then it's okay to forgive. If lying is a consistent habit of your partner's, then it may be time to reevaluate the trust you have between each other.

What are some other ways to deal with a partner you've caught being dishonest? Start a conversation in the comments down below!

# Celebrity Couple News: Jeff Dye Appears to Reference New Romance With Kristin Cavallari in Funny Post





In the latest <u>celebrity news</u>, Jeff Dye may have just referenced a new romance forming with Kristin Cavallari. According to UsMazagine.com, Dye posted a mirror selfie to his Instagram account captioned, "Some women like hot guys, some like funny guys. Don't be salty," which Cavallari liked. While the <u>celebrity couple</u> has not made their relationship official, they were spotted kissing during a date in Chicago this October. Cavallari has expressed not wanting a serious relationship following her recent split from husband Jay Cutler.

In celebrity couple news, Jeff Dye hasn't officially confirmed his relationship with Kristin Cavallari, but he seemingly

#### referenced it in a recent Instagram post. What are some reasons to keep your relationship under wraps at first?

Cupid's Advice:

Just because you see your friends and family releasing details about their relationship does not mean you are obligated to do the same thing. If you are looking for some reasons to keep your relationship under wraps at first, Cupid has some advice for you:

1. You're just starting out: When you are just beginning a new relationship and aren't sure where it's going, you may wish to keep the details to yourself. There is no shame in waiting a few weeks or months before sharing your relationship with others, especially if you are waiting to see if you're going to be with this person long-term.

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2. Keeping it casual: If you and your current partner are just looking to keep things casual, then there may be no reason to post about it. You may not want to overshare about this relationship if you do not see yourself dating this person long-term, or are still open to meeting other people.

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**3. You want privacy:** Some people simply want privacy in a relationship and do not wish to make all the details public. Whether you went through a public break-up in the past or simply do not want to answer endless questions about your new

partner, seeking privacy is an understandable reason for keeping things under wraps.

What are some other reasons for keeping your relationship on the down-low when you first start dating? Start a conversation in the comments below!

### Celebrity News: Kylie Jenner & Travis Scott Spark Romance Rumors After Steamy Shoot





By Nicole Maher

In the <u>latest celebrity news</u>, Kylie Jenner and Travis Scott sparked romance rumors after posting a picture together. According to *UsMagazine.com*, Jenner shared two pictures of the pair to her Instagram account with Scott responding in the comments. The <u>celebrity couple</u> first started dating back in 2017 before welcoming their daughter, Stormi, in February of 2018. Jenner and Scott went on to announce their <u>celebrity</u> <u>break-up</u> in October of 2019 and have been focusing on coparenting since.

In celebrity news, Kylie and Travis may be giving things another go after a steamy photo shoot. What are some ways to know if you should give a past relationship another shot?

#### Cupid's Advice:

Sometimes exes find their way back to each other only to form healthier, stronger relationships. If you are looking for some ways to decide if you should give a past relationship another chance, Cupid has some advice for you:

1. Time has passed: After a break-up, it is necessary to allow enough time to pass before reaching out again with the hope of rekindling. It is likely that there were some large issues leading up to the break-up, and these will not be resolved overnight. By allowing each other enough time to learn and grow, your second try at the relationship may be more successful.

**Related Link:** <u>Celebrity Break-Ups: Lenny Kravitz 'Blew It'</u> <u>During First Meeting with Ex Lisa Bonet</u> 2. Emotions have calmed: In order for your rekindled relationship to work, you have to let go of any negative emotions surrounding the past attempt at dating. If you still feel yourself holding onto instances where your partner upset or angered you, it may not be the right time to give the relationship another try. Once these emotions have truly vanished, then you can consider a second try with your partner.

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3. You've both discussed it: It is a mutual decision to give your relationship another chance. By having a conversation about the possibility of reconciling your relationship with your partner first, you will ensure that you are both on the same page. This will allow you to reenter the relationship with a stronger foundation than before and will help you two succeed in the future.

What are some other ways to decide if you should give a relationship another shot? Start a conversation in the comments below.