

Celebrity Couple News: Justin Timberlake Is Trying to 'Prove Himself' to Jessica Biel Post-PDA Drama



By Ellie

Rice

In the latest [celebrity couple news](#), Justin Timberlake has been in hot water after pictures surfaced of him getting cozy with his *Palmer* costar in New Orleans this past November. Timberlake has been married to actress Jessica Biel for over seven years and they have a child together. According to *UsMagazine.com*, Timberlake is doing everything he can to earn back his wife's trust. We hope they can rebuild their relationship and not become the next pair of [celebrity exes](#)!

In celebrity couple news, Justin Timberlake is doing his best to come back from displays of PDA with a co-star who was not his wife. What are some ways to regain trust in a relationship?

Cupid's Advice:

Rebuilding trust within a relationship can be difficult, but potentially worth it with the right person. Cupid has some advice on how to repair your relationship:

1. Figure out what went wrong: Ask your significant other for honesty. Allow them to explain their thoughts and feelings as to why they may have strayed and broken your trust. Once you've established what was missing within the relationship, you can work towards moving forward.

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2. Leave the past in the past: If this is the person you truly want to be with, then rebuilding the relationship is a priority. Once you've talked about what went wrong, begin moving on from the situation. Try to go out and experience new things together and build memories that you can feel confident looking back on. Plan date night once a week and pick somewhere new to check out each time!

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3. Put in the effort: If talking it out together just isn't working, then maybe try seeking professional help. If

Timberlake and Biel are making it work with couple's therapy, maybe you can too!

What are some ways you've rebuilt trust in your relationship? Start a conversation in the comments below!

Celebrity News: Kylie Jenner & Travis Scott Will Spend Christmas Together for Daughter Stormi



By [Hope](#)

[Ankney](#)

In the latest [celebrity news](#), it seems that Kylie Jenner and Travis Scott will be spreading the holiday cheer together with daughter, Stormi. According to *EOnline.com*, the [celebrity exes](#) will be spending Christmas as a family to make it as wonderful as possible for Stormi. He will be at family gatherings and other outings with Kylie and his daughter in the upcoming week. They're both excited to share this experience with Stormi, together.

In celebrity news, Kylie and Travis will spend the holidays together despite not being together. What are some important ways to be the best co-parents you can be?

Cupid's Advice:

Co-parenting isn't always the easiest job, especially when it comes to being at odds with your ex. But, it doesn't have to hinder your child's experience with both of you! If you're having a difficult time figuring out how to be a family together, don't worry! Cupid has some [parenting advice](#) to make sure you're being the best co-parent you can be:

1. Find a healthy way to communicate: Co-parenting is hard enough as it is. You don't want to make it even harder by not having a sense of communication with one another. Meet in the middle with your ex, and find a way for both of you to communicate so you can come together for your children and give them the best memories possible.

Related Link: [Celebrity News: Source Says Kylie Jenner Left Travis Scott Over Lifestyle Differences](#)

2. Set boundaries: Make sure that you both have a deep

understanding of which boundaries not to cross with one another. An easy way to fix any potential blow-ups is to know what's a touchy subject for your ex. This allows you both to exist in the same space without wondering if one of you is going to cross the line about a certain topic.

Related Link: [Celebrity Parents: Kendall Jenner Jokes on Social Media About Starting a Family](#)

3. Put your child first: The most important aspect of co-parenting is to always do what's in the best interest of your child. It isn't about you as exes. It's about making sure that your kid has the best experience they can with each of you as a family. If you can't come together for the well-being of your child, then it will be a very difficult journey being co-parents together, and the outcome of that could affect them in the long run.

What are some of your most helpful co-parenting tips? Let us know below!

Celebrity Exes Ben Affleck and Jennifer Garner Have 'Underlying Tension' Coparenting





By [Hope](#)

[Ankney](#)

In the latest [celebrity news](#), [celebrity exes Ben Affleck](#) and [Jennifer Garner](#) have kept an amicable coparenting relationship amidst “underlying tension.” According to *UsWeekly.com*, Garner has high expectations for Ben, and it’s difficult for him to live up to it, sometimes. However, the couple has agreed to keep their three children out of their “former problems.”

These celebrity exes work at a civil relationship, but they still have tension when it comes to coparenting. What are some ways to work together on parenting?

Cupid’s Advice:

Whatever brought about the divorce, coparenting can be an absolute nightmare if not fleshed out correctly. You’re trying to keep the peace with the kids, but it’s hard when you and your ex are not seeing eye-to-eye. If you’re having trouble

keeping the conflict down and putting the children first, don't worry! Cupid has some [parenting advice](#) for those struggling to work together:

1. Communicate when you're in a good emotional place: When it comes to tension with an ex, it's important to take time to cool off. Keep calm, and put your emotions by the door. Keep the conversation about coparenting duties brief, informative, and respectful. You don't need more fuel for the fire.

Related Link: [Celebrity News: Justin Timberlake Breaks Silence on Alisha Wainwright PDA Pics](#)

2. Focus on the children: At the end of the day, it's what's best for the kids that should take priority over the divorce. Creating a new life and keeping a healthy family dynamic is way more important than outwardly battling with an ex. Find time, together, to figure out what would be best for your children before moving forward.

Related Link: [Celebrity Parents: Garth Brooks Gets Real About Raising Daughters After Split from Ex-Wife](#)

3. Find a support network for difficult times: Coparenting after a divorce can revolve around tensions after tensions. It's important for both of you to have someone to talk with when things have become more difficult in this department. Whether that be a friend, a religious leader, or even family, finding someone who helps you see clearly about both sides make such a difference in how you handle situations going forward.

How have you led a successful coparenting relationship? Let us know down below!

Celebrity Exes: Britney Spears & Kevin Federline 'Don't Have Much of a Relationship'



By

[Ahjané Forbes](#)

In [celebrity news](#), these [celebrity exes](#) don't have much of a relationship with each other. Instead, [Britney Spears](#) and ex husband Kevin Federline have a cordial relationship with each other. The two plan to focus on their [celebrity kids](#) Preston, 14 and Jayden, 13. According to *UsMagazine.com*, a source said, "Britney does not have much of a relationship with Kevin other than everyday co-parenting stuff."

These celebrity exes are definitely not close, though they share two kids. What are some ways to keep things civil with your ex when children are involved?

Cupid's Advice:

A change in your family situation is not always easy to navigate. What you call "home" has now been broken. This can create tension between both individuals and creates stress in the family unit. Cupid has some advice on how to keep a solid co-parenting relationship with your ex:

1. Don't dwell on the past: When you break up with your partner, it often leads to digging up details about what happened throughout your relationship. For the sake of your kids, try to avoid negativity while speaking about your ex-partner. This will not happen overnight. However, it is important that you show respect toward the person you are co-parenting with, because this will show your children and that both of you are mature adults.

Related Link: [Parenting Advice: Collaborative Parenting](#)

2. Try not to invade their personal lives: If your ex-partner starts dating again, avoid intervening or saying something about it. It is not your place. You do have agreed to complete a job together regarding your children. You don't have to be happy that they are moving on, but you must respect them.

Related Link: [Celebrity Exes Chris Pratt and Anna Faris Give Co-Parenting Tips!](#)

3. Be friendly, but not too friendly: You both have agreed to end the relationship. Therefore, there is no longer a sense of

entitlement. Both parties are responsible for their respective activities with the kids. You don't need to get into deep conversations or details about your social life outside of the kids. One or both parties might still be hurt from the break-up. You will need to get into the right mindset to be able to be cordial with with your ex-partner.

How did you handle co-parenting with an ex partner? Share experiences in the comments below!

Celebrity Exes: Jon Gosselin Says Kate Gosselin is 'Warped' By Fame



By [Hope](#)

[Ankney](#)

In the [latest celebrity news](#), Jon Gosselin has stated he thinks [celebrity ex](#)-wife, Kate Gosselin, has changed for the worse after the couple's fame skyrocketed from *Jon and Kate Plus 8*. According to *UsMagazine.com*, Jon expressed his concerns on an upcoming episode of *Dr. Oz*. Preview clips of the interview feature him stating, "I believe that her belief system is skewed. I believe her intentions, in the beginning, were good intentions. Bringing kids into the world that she fought to have, these kids. But I think once fame and money got involved, it twisted her belief system. On my end, I've been fighting to get my kids off TV forever."

These celebrity exes are still taking digs at each other. What are some ways to keep negativity about your ex out of your life?

Cupid's Advice:

Sometimes, when it comes to exes, it's hard to stay on friendly terms. The split is messy. The friend circle is too small. The wounds aren't easy to heal. If you're struggling with keeping yourself out of the drama with an ex, don't worry. Cupid has some [relationship advice](#) to help you keep their negativity out of your life:

1. Give a disclaimer to friends: If you and your ex share a friend group, make sure you have a conversation with the friends about how you feel. If you tell them that you'd rather not hear anything about your ex, they'll more than likely accommodate your request than if you didn't communicate with them beforehand. It also keeps the peace between the friend circle.

Related Link: [Celebrity News: Tristan Thompson 'Isn't Giving Up' On a Future with Khloe Kardashian](#)

2. Unfollow them on social media: Negativity seems to follow exes who stalk each other on social media. If you really want to distance yourself from the drama and pessimism that is triggered by an ex, unfollow them or even block them on your social sites. This helps you not be tempted to check their page and sour your mood.

Related Link: [Celebrity News: Angelina Jolie Has Been On a 'Few Dates' Amid Divorce from Brad Pitt](#)

3. Don't fan the fire: Most times when an ex is causing negativity in your life, they're expecting a reaction. Ignoring someone might sound like an obvious piece of advice, but it is important to not allow yourself to give in and snap back. This only causes more drama and makes your ex susceptible to acting out again.

How do you keep the negativity about an ex out of your life? Let us know down below!

Celebrity News: Demi Moore Says She Was 'Addicted' to Ashton Kutcher





By

[Ahjané Forbes](#)

In [celebrity news](#), [Demi Moore](#) tells her story on Red Table Talk. She spoke about her relationship with [celebrity ex Ashton Kutcher](#), and her struggle to sobriety. The actress admits that she relapsed after 20 years of sobriety. The interview comes a month after the release of her new book *Inside Out*. According to *UsMagazine.com*, Kutcher told her once, “I don’t know if alcoholism is a real thing – I think it’s all about moderation.” Moore tells Jada Pickett-Smith and her daughters that, “I wanted to be that girl. The girl who could have a glass of wine at dinner, or do a tequila shot at a party. In my mind, Ashton wanted that, too.” The actress also admits that losing her [celebrity baby](#) was her fault. Rumer, Moore’s daughter, said that she felt like she had lost her mom while she was in the [celebrity relationship](#) with Kutcher. She felt as though she “wasn’t good enough” for her mom.

In celebrity news, Demi Moore says

she was addicted to Ashton, and it wasn't healthy. What are some ways addiction can affect your relationship?

Cupid's Advice:

Having an addiction can be very toxic in any form in your relationship. Whether it's a big or small addiction, it will have a negative affect. Drinking and smoking are the most common addictions, and they can tear your bond apart. However, there can be other addictions that have the same effects as a substance abuse. Cupid has some ways is to know if your addiction is affecting your relationship:

1. Communication starts to become strained: If you notice that your partner or your children do not want to communicate with you as often anymore, then you have to look into what you are doing differently than you used to. For example, if you are used to having family night and watching the football game together, and now no one has an interest in watching with you anymore, your addition could be the source of the problem. Ask your partner and your children why they're communicating with you less. If they respond with, "I don't like it when..." then your addiction is a serious problem.

Related Link: [Parenting Advice: Tips to Get Your Child Talking](#)

2. Lots of interest in public events: You would rather stay at home and drink a glass of wine or skip a family event to go and play poker. If this is the case, your addiction might be affecting your life. You'll start to seclude yourself from people, including your family members, because you want to perform the action that everyone hates.

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3. No effort in quitting: When your family members and friends tell you that your addiction is very harmful to yourself and others, will you try to stop? If you have the “tunnel vision” mindset when it comes to your addiction, you’ll never be able to see the affect it has on everyone around you. Quitting will not be easy, but it is the effort that counts. If you seriously want to quit, then find a support group nearby that will help you through the process.

How can you tell if your addiction is affecting your relationships? Let us know in the comments below!

Celebrity Exes: Selena Gomez Breaks Silence After Drama with Hailey Baldwin Bieber





By

[Ahjané Forbes](#)

In [celebrity news](#), Selena Gomez released two new songs. “Lose You To Love Me” is reportedly about her break up with [celebrity ex](#) Justin Bieber. As a result, fans thought that Hailey (Baldwin) Bieber purposely threw shade at Gomez on her Instagram after the song came out. They voiced their disapproval of Hailey as a result. Hailey responded, saying, “Please stop with this nonsense... there is no ‘response.’ this is complete BS.” Gomez also cleared the air saying, “Don’t go off and say things that you just feel in the moment. Just please, for me, know that that’s not my heart. My heart is only to release things that I feel are me, and that I’m proud of. And that’s all I’ll say.” According to *UsMagazine.com*, the Disney Channel alum released a new song called “Look At Her Now” right after this misunderstanding.

Selena Gomez isn’t about the drama when it comes to her celebrity ex Justin Bieber’s wife. What are some

ways to keep drama with your ex to a minimum?

Cupid's Advice:

relationship advice on how to avoid the bad interactions with your ex:

1. Stay away: Now that you both have broken up, there is no need for you to constantly check up on them. If you don't have anything nice to say about this person, then you need to distance yourself. In order for you to get over what happened in the past you have to let go.

Related Link: [Dating Advice: 7 Effective Ways Out of a Breakup](#)

2. Respect that they have moved on: It may hurt to see your ex with another person. However, you should not bring up old times as a way to reel them back in. Avoid conversations about the past with them. This will help to reduce conflict with their new partner.

Related Link: [Ask the Guys' Guy: How Much Is Too Much On Exes?](#)

3. Let them see you happy: Start going out more with your friends. This will make you think less of your relationship and a little more about yourself. Don't show them your vulnerable side.

What are some ways that you have produced drama with your ex? Share your experience in the comments below!

Celebrity News: Miley Cyrus Appears to Shade Exes Kaitlynn Carter & Liam Hemsworth in Post About Love



By [Hope](#)

[Ankney](#)

In [celebrity news](#), [Miley Cyrus](#) might've just indirectly shaded both of her [celebrity exes](#). On Sunday, Cyrus took to Instagram to post about love and loyalty that could be pointed at Liam Hemsworth and Kaitlynn Carter. According to *UsMagazine.com*, her Instagram story showed her in bed surrounded by her pups. The caption of the stories read, "Happy Sunday from me & 2 stinky dogs! waking up surrounded by animals is my favorite way to start a morning. I am immediately reminded about LOVE without conditions... the best part about animals is that they

are careless about the details. They live by the golden rule ... Love & Be Loved. Nothing in between. No questions regarding wealth, career, talents, race, age sex ... They love back 100X ... all they ask is to be cared for in exchange for loyalty, reliability, and faithfulness. (reminds me of someone).”

In celebrity news, Miley Cyrus sent a message to her exes via Instagram. What are some ways social media can help you cope with feelings?

Cupid’s Advice:

Even celebrities air their dirty laundry on social media from time to time. It’s hard not to, especially when you’re trying to handle your feelings that can be difficult to ignore. But, it can get messy if you throw your feelings out on your social platforms without thinking it through. If you’re having a hard time coping with feelings by yourself, don’t worry! Cupid has [relationship advice](#) on how using social media, in a healthy way, can help you sort through your feelings:

1. Private Instagrams: Something I’m sure you’ve heard before, but FINSTAS (or fake Instas) are accounts that are private for you to vent and cope over your feelings in a space that only a few people have access to. By creating a private IG, you’re allowing yourself a place to comfortably discuss and post about things you’re having a hard time dealing with. It’s therapeutic to have a sense of freedom when it comes to not censoring yourself online, and accounts like these can act as a personal diary.

Related Link: [Celebrity Break-up: Miley Cyrus & Liam Hemsworth Split Less Than 8 Months After Wedding](#)

2. Private Twitters: Another way to cope on social media is through something similar to the FINSTAS- a private twitter. Private Twitter accounts are something that, from personal experience, has been even better at coping with feelings because of the format of the platform. Instead of having to post photos and write captions underneath to vent, Twitter allows you to simply post a tweet and even write threads that hold all your thoughts together in a cohesive manner. This type of account feels most like a diary because it's like you're writing down excerpts from your day. You can also quote tweet others without them seeing it, so that can also help to vent if you're sorting through feelings about a certain person.

Related Link: [Celebrity News: Miley Cyrus & Kaitlynn Carter Step Out for Date Night in Matching Outfits](#)

3. The 'close friends' option: Lastly, with the progress in certain social media to include options that allow you to post without others seeing, the Close Friends option allows someone to post their feelings on their own account, like their Instagram Story, without having to create a whole private account just to do so. This is much more accessible to the average person, and it can feel even more liberating to do it on your main account. The only issue here is to be sure you're careful in how you word things or choose to vent because even though things seem to be private, you must be observant which accounts on your main are allowed to see these stories. Trusting some friends to not share things you post in confidence might not be the best idea.

What are some ways that you find social media can help you cope with your feelings? Let us know down below!

Celebrity Divorce: Sarah Palin's Husband Files for Divorce After 31 Years of Marriage



By

Ahjané Forbes

"[It's] impossible to live together as husband and wife," said Todd Palin, who filed for a [celebrity divorce](#) from former Alaskan Governor Sarah Palin on Friday, September 6. Todd Palin called it quits on his birthday pointing to "incompatibility of temperament between the parties." According to *UsMagazine.com*, the former Republican Vice President candidate has not commented on the filing. However,

her [celebrity ex](#) does wish to have shared custody of their son, Trig, who has Down syndrome.

This celebrity divorce comes after multiple decades of marriage. How do you know when to call it quits on your marriage?

Cupid's Advice:

No matter how long the relationship, we all encounter our likes, dislikes, and most importantly, the common ground with our partners. Marriage is kind of tricky. Every day, you respond "until death do us part" and "I do", but what happens when you begin to respond "I don't"? Cupid has some [relationship advice](#) on how to know when your marriage is definitely over:

1. Communication starts to change: We all go through that honeymoon phase of our relationships, and then we start to get comfortable with each other. It's healthy to have arguments here and there, but if your partner starts disrespecting you, not caring, and not telling you important information, then you likely have a problem. Communication is the root of every successful relationship. If your significant other starts to talk less or gets mad at everything you say or do, it's time to have a serious conversation about why this might be happening.

Related Link: [Celebrity Break-up: Miley Cyrus & Liam Hemsworth Split Less Than 8 Months After Wedding](#)

2. Not making time for each other: A relationship does not end when you get married. It's important to still schedule in date nights and continue the ongoing flow of bliss. A spark dies

when you don't continue to maintain it. If you have children and busy schedules, you can still make a romantic dinner or watch a movie. The more creative and thoughtful you are, the better.

Related Link: [Celebrity Break-Up: Allison Williams & Husband Ricky Van Veen Split After 4 Years of Marriage](#)

3. Start noticing suspicious behavior: Is your partner leaving without telling you where they are going, spending too much time on their phone, or hanging out with new friends? These are tactics that can lead to extramarital affairs. Confront your partner about this, and if it turns into a serious argument, seek out professional help.

What are some ways to know your marriage has ended? Tell us about it in the comments below!

Celebrity Exes: Kristen Stewart Is 'So Happy' Ex Robert Pattinson is Batman





By Hope

Ankney

In [celebrity news](#), it's nice to know that [Kristen Stewart](#) and [Robert Pattinson](#) are [celebrity exes](#) who are actually on good terms. According to *UsMagazine.com*, over the weekend, Stewart gushed over how happy she was for Pattinson snagging the role of Batman. Speaking to *Variety.com* at the Toronto Film Festival, the actress exclaimed, "I feel like he's the only guy that could play that part. I'm so happy for him. It's crazy ... I'm very, very happy about that. I heard that and I was like, 'Oh man!' It's awesome."

These celebrity exes still show each other support in their careers. What are some benefits to staying on good terms with your ex?

Cupid's Advice:

Kristen Stewart and Robert Pattinson are exes that have tons of history, yet they still stand on good terms with one another. They make it look easy to continuously support an ex

after a break-up, but we all know how difficult that can be. But, there can be upsides to staying friendly with an ex. Cupid has some advice that can have you reaping the benefits of staying on good terms with one of your exes:

1. This person knows you better than others: If your relationship started off with the both of you being friends, chances are this ex knows you better than most people do. If the relationship didn't have a messy end, it may be good to keep this person a part of your life. Besides, if you're both up to it, you can give each other [relationship advice](#) since you both dated each other. Who else can give you better relationship advice than that?

Related Link: [Celebrity News: Kristen Stewart Opens Up About Her Love Life](#)

2. Your ex brings out your strengths: It's obvious that one of the main reasons they were in a relationship with you is because they saw how wonderful you were. If you can stay friends after a break-up, this ex is a valuable person to come to when your self-confidence has been beaten down. They'll be able to remind you of the best parts of who you are. Not to mention, they'll be able to give you this pick-me-up from an outsider's perspective.

Related Link: [New Celebrity Couple? Robert Pattinson Kisses Suki Waterhouse on Movie Date](#)

3. It can be rewarding: Having very positive and genuine interactions with your ex after a relationship has ended can be a very healthy part of the healing process. It's rewarding to be able to know you are both mature enough to handle being friendly towards one another. The fewer people you so hastily cut from your life, the more people you will have in your corner. It also gives you a sense of growth if you make an effort to stay friends with someone you had a failed relationship with.

What are some ways that you have benefitted from staying friendly with an ex? Tell us down below!

Celebrity Exes: Tyler Cameron Sets the Record Straight on Feelings for 'Bachelorette' Hannah Brown



By Hope Ankney

In [celebrity news](#), [The Bachelorette](#) runner-up, Tyler Cameron,

has officially set the record straight about where he stands with Hannah Brown. According to *EOnline.com*, the star popped on Twitter Wednesday to dismiss claims that he had been shading *The Bachelorette* star. What started with an accidental liking of a tweet shading Brown ended with Cameron writing a series of tweets defending her. Sharing how much respect he had for Brown, he stated “...that girl deserves no shade and nothing but success. She empowers women and deserves all the accolades. She empowers women and created so much conversation on how women should be treated. I am grateful for our time together and all that I learned from her.”

These [celebrity exes](#) are keeping their feelings positive all the way around. What do you do if your ex is throwing shade at you?

Cupid's Advice:

When an ex decides to throw shade your way, it triggers an almost immediate emotional reaction. It's hard to ignore the issue and not let it affect you or your behavior. It's even worse if this ex has thrown something like this at you before. But, is it worth giving them the satisfaction of visibly showing how upset it made you? Not at all. Take a look at a few of Cupid's suggestions for [relationship advice](#) on how to deal with an ex that is trying to shade you:

1. Delete their social media from your accounts: A big mistake people make is keeping their exes on their social media as friends, followers, etc. It not only keeps a break-up fresh, but it's easy to go on their pages and keep up with their every move. Deleting them as friends or unfollowing their accounts will help you deal with an ex that might cryptically tweet about you or like shady tweets that could be indirectly

addressed towards you. In fact, after wiping them away, you might not even know they're doing it anymore.

Related Link: [Celebrity News: Tyler Cameron Addresses Future with 'Bachelorette' Hannah Brown](#)

2. Take a breath: Taking a long, deep breath can do wonders for how you react towards an ex throwing shade. It'll help you balance your composure by trying to keep your mind and body calm. And, if you feel like you need to respond, taking a moment to collect yourself and your thoughts before you reply can do wonders for how the entire situation will go.

Related Link: [Celebrity News: 'Bachelorette' Hannah Brown Says 'Thank You, Next' to Questions about Tyler Cameron & Gigi Hadid](#)

3. Surround yourself with positivity: There's nothing worse than being alone or around negativity when an ex decides to throw something your way. The isolation and negative energy will only fuel you to respond with something you'll regret later. When an ex is exhibiting this behavior, try and find friends full of positivity to surround yourself with. They'll bring your mood up while further encouraging you and keeping you motivated to be above the nonsense.

How have you dealt with an ex that's thrown shade at you? Tell us down below!

Celebrity News: Brody Jenner is 'Happy' for Miley Cyrus &

Ex Kaitlynn Carter



By Hope

Ankney

Three cheers for supportive exes! In [celebrity news](#), Brody Jenner is speaking out about his ex, Kaitlynn Carter, and her new fling with [Miley Cyrus](#). According to *UsMagazine.com*, Jenner is “happy that Kaitlynn’s moved on and found love.” The two [celebrity exes](#), reportedly, have no hard feelings towards one another. They had a clean split that helped them to stay close friends, allowing Jenner to not be bothered by Carter and Cyrus’s relationship.

In celebrity news, Brody Jenner isn’t holding any ill will toward

his ex, Kaitlynn Carter and her new relationship with Miley. What are some ways to keep jealousy at bay when your ex moves on?

Cupid's Advice:

Even Hollywood's stars go through jealousy after break-ups. It's a normal feeling to have, especially after seeing an ex with someone new. Jealousy can consume, but it doesn't have to be that way. Fortunately, Cupid has some [relationship advice](#) on how to keep the eye of jealousy away when your ex has moved on:

1. Distract yourself: Keeping one's mind busy after seeing an ex with a new fling is an important step in keeping jealousy at bay. Distraction can be your best friend when all else fails, and you just need time to turn your brain off from it all. Throwing yourself into a new hobby, double-downing at work, or even spending more time with friends could be the perfect way to keep your mind from wandering to your ex and the person they're with.

Related Link: [Celebrity News: Miley Cyrus Gets Close to Kaitlynn Carter at Lunch with Mom Tish](#)

2. Try to bring closure to the relationship: Many studies state that journaling, venting to loved ones, and creating arts and crafts are just some things that bring closure after a break-up. By creating a safe space where you can let out all your feelings without judgment, the less likely you'll become jealous and act on that jealousy. It could also help you find out more about where this jealousy is stemming from, and how you can de-construct it.

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[Trials And Triumphs Of Celebrity Relationships](#)

3. Embrace your 'wins:' Break-ups take such an emotional toll on us. It's even worse when it seems like they've moved on before you. You've got to learn to let go by discovering all the 'wins' that the relationship gave you. By studying the positive sides of the relationships and understanding that those things were 'wins' to you even if the relationship ended, it helps you come to terms with the loss before jealousy overrides it. What did this person teach you about yourself? Did they encourage you to embrace something you wouldn't have otherwise? That's the 'win' that keeps the memory of the relationship positive.

Have you ever had to overcome jealousy after you saw an ex with someone new? How did you do it? Sound off in the comments below!

Celebrity News: Kendall Jenner & A\$AP Rocky Attend Sunday Service After He's Released from Prison





By

Ashley Johnson

In [celebrity news](#), upon his return to the U.S. on Saturday morning, August 3, A\$AP Rocky was photographed exiting his private jet and wearing a big smile (and of course, his classic designer babushka in true [celebrity style](#)). According to *UsMagazine.com*, the rapper had spent one month behind Swedish bars before being released Friday, August 2. Just two days later, he was filmed wearing the same smile, as he chatted it up with former flame and [reality TV](#) star Kendall Jenner while attending Kanye West's weekly Sunday Service.

In [celebrity news](#), Kendall Jenner and A\$AP Rocky wasted no time getting together after he was released from prison. What are some ways to support your partner after a traumatic event?

Cupid's Advice:

While the celebrity exes spent no time getting reacquainted with each other after Rocky's release from prison, Cupid has some advice on how to navigate a relationship and support your partner after a traumatic event:

1. Be communicative with each other: Communication is important, especially if the one you love has been gone for months. In order to rebuild the relationship and understand parts of your partner's experience you may not be all that familiar with, having open and honest conversations is helpful. Most of the time, survivors of trauma have a lot on their mind and just need someone to talk to in a safe space without judgment.

Related Link: [Celebrity Couple News: Duchess Meghan Comments On Her Relationship with Prince Harry to Pharrell](#)

2. Comfort your partner: Sometimes when words fail, physical touch can do wonders. Whether you comfort your partner by kissing them on the forehead or tightly embracing them, you are providing a safe and supportive environment for them. Words are not always enough, but just your presence can be appreciated and let your partner know that you are there for them.

Related Link: [Celebrity News: Brooks Laich Says He's Proud of Wife Julianne Hough For Saying She's Not 'Straight'](#)

3. Understand triggers: Depending on the trauma, survivors may have a list of triggers, including loud noises, dark places, and confined spaces. Triggers can suddenly recreate trauma for your partner and make them relive an experience they would rather not relive. By knowing your partner's triggers you can help make them feel safe and avoid exposure to their certain triggers.

Can you think of any more ways to support your partner after a traumatic event? Let us know in the comments below!

Celebrity News: JWoww Celebrates Daughter's Birthday with Her Boyfriend & Estranged Husband



By [Emily](#)

[Green](#)

In the latest [celebrity news](#), Jenni “JWoww” Farley and her estranged husband Roger Mathews celebrated their daughter Meilani’s 5th birthday this past Saturday, with Farley’s boyfriend, Zack Clayton Carpinello in attendance, according to *UsMagazine.com*. This former [celebrity couple](#) split in September 2018 after three years of marriage, and have been working toward co-parenting their children together.

In celebrity news, it's the more the merrier for JWoww's daughter's birthday celebration. What are some ways to play nice with your ex for the sake of your children?

Cupid's Advice:

Being on amicable terms with your ex is the ideal co-parenting situation for any parents. By remaining friendly with your former partner, your children can transition more smoothly into their own version of a typical day-to-day lifestyle. Cupid has a few ways to play nice with your ex for the sake of your children:

1. Ask them how they are doing: Simply asking how someone is doing can brighten their day and give them the sense that you truly care about what is going on in their lives. Whether you listen to them talk about their job, how they are feeling mentally, or even their newfound love life, it is important to show that you still care for your ex's well being, despite not being together anymore.

Related Link: [Celebrity Exes: Nikki Bella Prays for John Cena to Find Happiness](#)

2. Be supportive of their decisions: Just like you, your ex is a competent individual. Whether they decide to venture into a new career opportunity, or even begin to start dating a new person, let them know that you are supportive of them in their decisions, and they will do the same in return.

Related Link: [Celebrity Exes: Khloe Kardashian & Tristan Thompson Reunite at True's 1st Birthday Party](#)

3. Don't bring up any sensitive topics: It is important to

remember that you and your ex broke up for a reason. If you're going to talk about the past, try to focus on the happy times, and not times where things were a bit rough. By focusing on the happier times, you and your ex will be able to stay civil for not on your children, but friends and family as well.

What are some other ways to play nice with your ex? Let us know in the comments below!

Celebrity Break-Up: Allison Williams & Husband Ricky Van Veen Split After 4 Years of Marriage





By

[Bonnie Griffin](#)

In [celebrity break-up news](#), after almost four years of marriage, Allison Williams and Ricky Van Veen have split. According to *UsMagazine.com*, the [celebrity couple](#) gave a joint statement saying, “With mutual love and respect, we have made the decision to separate as a couple.” Reports say the two have been living apart. It is nice to see they were able to split on friendly terms.

This celebrity break-up comes after four years of marriage. What are some ways to know your marriage has cracks that can't be fixed?

Cupid's Advice:

Sometimes what seems like the best of marriages run into issues that create cracks in the relationship and cannot be repaired. This celebrity couple made the decision to separate while they were still able to be friends. Cupid has some tips to help you decide if the cracks in your marriage are beyond

fixing:

1. You live life like you're single: If you're married and either you or your partner are essentially living separate lives, it may be a sign that your marriage is beyond fixing. As partners, you should be putting each other first, and enjoying spending time together. If you are both spending most of your time apart, and making decisions without considering your spouse first, it's a good chance your marriage may be nearing the end.

Related Link: [Celebrity Break-Up: Bradley Cooper & Irina Shayk Split After 4 Years Together](#)

2. Thinking of your spouse with someone else doesn't hurt: Your spouse should be your priority; someone you want to spend time with and who you want to prioritize the love between the two of you. If you think they may be spending time with someone else and that doesn't bother you or make you sad, then your marriage is hurt and this may be a sign it is cracked beyond repair.

Related Link: [Celebrity Exes: Nikki Bella Prays for John Cena to Find Happiness](#)

3. You stop having sex: Sex isn't everything, but when you're married, it is something. It isn't necessary that you have sex several times a day or even weekly, but if months go by and neither of you is interested in having sex, this is a bad sign. It is a definite sign that your marriage is not looking so great.

What are some things you look out for when determining if a relationship has run its course? Let us know your thoughts in the comments below.

Celebrity Break-Up: 'Bachelorette' Jed's Ex Haley Cries After Learning He Allegedly Cheated



By

[Bonnie Griffin](#)

In [celebrity break-up news](#), country singer Haley Stevens learns that *Bachelorette* frontrunner, Jed Wyatt, allegedly cheated on her. According to *UsMagazine.com*, Stevens learned of the alleged affair on an episode of the *Reality Steve Podcast*. Steve revealed that Jed allegedly cheated right after the couple took a trip together to the Bahamas. The news brought Stevens to tears. Sadly these [celebrity exes](#) did not

have an equally committed relationship, and Stevens is feeling the pain of Wyatt's betrayal.

In celebrity break-up news, *The Bachelorette* drama between Jed Wyatt and his ex Haley is far from over. What are some ways to know your partner is committed?

Cupid's Advice:

Sometimes it can be hard to tell if your partner is as committed to your relationship as you are. When you care for someone deeply you want to know that they are in it as much as you. There are signs you can look out for if you want to know if your partner is committed. Cupid has some advice to help you decide if your partner is committed:

1. You enjoy spending lots of time together: Life is busy, but at the end of the day you and your partner should be spending the majority of your free time together. Not only should you be together, but you should be content and happy to be around each other and genuinely enjoy each other's company.

Related Link: [Celebrity Break-Up: Bradley Cooper & Irina Shayk Split After 4 Years Together](#)

2. You talk about your future together: Both of you spend time planning a future together. You make plans that take each other into consideration because you want the other person to still be in your life months and years down the road.

Related Link: [Celebrity Exes: Nikki Bella Prays for John Cena to Find Happiness](#)

3. You're a top priority: You should have social lives and

friends, but when push comes to shove if your partner is committed then they should put you as a top priority. Your happiness and well-being should outweigh hanging out with friends; you should come first.

What are some things you look for when deciding if your partner is committed? Let us know your thoughts in the comments below.

Celebrity News: Kourtney Kardashian & Scott Disick Vacation in Costa Rica Without Sofia Richie





By [Mara](#)

[Miller](#)

In the [latest celebrity news](#), everyone keeps asking, “Where’s Sofia?” [Celebrity exes Kourtney Kardashian](#) and Scott Disick were spotted on June 19 on a [celebrity vacation](#) without Disick’s celebrity girlfriend, Sofia Richie, according to *UsMagazine.com*. The [celebrity exes](#) hit the beach with their three kids, 9-year old Mason, 6-year old Penelope, and 4-year old Reign, as well as [Kim Kardashian](#) and her daughter, North West, in Costa Rica. But don’t think the [celebrity couple](#) has called it quits just because Richie didn’t go on the vacation. *Popsugar.com* reported that while Disick and Kardashian are no longer romantically involved, they are committed to remaining a family and parenting their children. Richie remained in the States, attending events in New York and Los Angeles, including a gathering for Miranda Kerr’s Kora Organics.

In celebrity news, the words on everyone’s lips are, “Where’s

Sofia?” What are some ways to keep your jealousy in check when your partner interacts with his or her ex?

Cupid’s Advice:

Despite the rumors that may be flaring up because Kourtney and Scott took their kids on a vacation, Sofia seemed comfortable enough to remain home so she could attend work events. Sometimes we can’t help it if our partner has to interact with their ex if they have children together. Cupid has advice on how to keep your jealousy in check:

1. Remember, your partner is with YOU: Your partner and their ex split up for a reason. Even if they are on friendly terms, you have to realize they didn’t work for a reason. Your partner would not be in a relationship with you if what you have between you both isn’t working.

Related Link: [Celebrity News: ‘RHOC’ Alum Alexis Bellino Takes Next Step with Boyfriend Andy Bohns](#)

2. They might not have a choice: This is especially true if your partner has children with their ex. Would you want to keep a parent away from their children? It’s healthier for kids to have parents who don’t fight, so try not to let jealousy get in the way of your partner’s relationship with their kids. Your relationship may be in jeopardy if you try.

Related Link: [Celebrity Vacation: Porsha Williams Spotted on Vacation Amid Dennis McKinley Cheating Rumors](#)

3. Talk to your partner: If your jealousy and insecurities are getting the better of you, it’s a good time to sit down and talk to your partner. Talk to them about how you feel. Chances

are, they'll understand, and they'll help you put any worries at ease.

What are some other ways to keep your jealousy in line if your partner interacts with their ex? Let us know in the comments below!

Celebrity Baby News: Roger Mathews Defends Estranged Wife Jenni 'JWoww' Farley Amid Parenting Criticism





By Emily

Green

In the latest [celebrity baby news](#), Roger Mathews of *Jersey Shore*, defends his estranged wife Jenni 'JWoww' Farley via Instagram on Monday, in the midst of an overflow of negative comments regarding their co-parenting skills. These negative comments come after new [celebrity couple](#) Farley and boyfriend, Zack Clayton Carpinello, were seen celebrating Memorial Day in Las Vegas, according to *UsMagazine.com*.

In celebrity baby news, Roger Mathews is supporting his ex JWoww through criticism about their parenting. What are some ways to keep parenting criticism from affecting your children?

Cupid's Advice:

As a parent, receiving any criticism about how you are raising

your children can be hard to hear, especially if it's from an outside source. These criticisms can make you begin to question if you are truly raising your children in the "right way." Every parent has their own unique way that they want their children to be raised. Here are Cupid's advice on remembering that your parenting style is the "right way" for you:

1. Ask yourself about their intentions: Some parents are what some would call "too confident" in their parenting style, thinking their way is the only right way to raise a child. Consider where their criticism is coming from: are they a random stranger that wants you to do things a certain way, or are they a close friend or family member offering advice? Through experience, you will find the parenting style that works best for you and your family.

Related Link: [Parenting Advice: 4 Types of Parenting Styles](#)

2. Everyone is different: No parents are going to have the exact same type of parenting as others. Every household is different, with different parents and children, with different morals and ideals. If you are not sure about how to go about a situation, that's okay! Reach out to your partner, any close friends or family members, even do some research! It takes time to figure out exactly how you want to raise your children, so don't be afraid to try new things or ask for help.

Related Link: [Parenting Tips: Apply Research to the Practice of Parenting](#)

3. You know your children best: No one knows your children better than YOU! You've been the one who has seen them grow up first hand, so you know how they react and adapt to certain situations and experiences. If you want to change up something in your parenting to better fit your family, that's fine! Just stick to what you know will benefit your family, don't conform

to any criticisms from any outside perspective. You know what is best!

What are some ways how you don't let parenting criticism affect your children? Let us know in the comments below!

Celebrity News: Kaitlyn Bristowe Slams Nick Viall's Reasons for Joining 'The Bachelorette'



By Megan

McIntosh

Though they are no longer a [celebrity couple](#), Kaitlyn Bristowe is still has opinions about ex Nick Viall after their [celebrity break up](#). According to *UsMagazine.com*, though it was all fun and games, Bristowe didn't hesitate to diss her ex in a word association game saying Viall's name negatively in association with "the right reasons." Though it's been years since they've dated, it's clear there's still bad blood even after all this time.

In celebrity news, these exes are clearly not on good terms after their break-up. What are some ways to keep old hurts from your exes from affecting your current life?

Cupid's Advice:

It can be hard to move on from an ex when you've broken up on bad terms. It's best not to let those old wounds reopen and keep you from living your life. It's not always easy to be friends with your ex, like Kourtney Kardashian is with Scott Disick, but it is possible to prevent that old relationship from holding you back like [Khloe Kardashian](#) after her break up with Tristan Thompson. Cupid has some tips:

1. Be comfortable moving on: Sometimes when you're afraid of being alone, you tend to hold on to toxic people. Holding on to exes who are not good for you can lead to being resentful and holding onto bitterness, like Bristowe with her ex Viall.

Related Link: [Celebrity News: Demi Moore to Reflect on Ashton Kutcher & Bruce Willis Marriages In Memoir](#)

2. Let go of any possible future together: If you're still holding onto to the idea of you and your ex being together, it

stops you from building a life with someone else. It also stops you from growing as a person because you may be stuck in the past.

Related Link: [Celebrity Exes: Khloe Kardashian & Tristan Thompson Reunite at True's 1st Birthday Party](#)

3. Don't talk about your ex: Don't talk about your ex-partner. Just don't. Talking about them is a sign that you're not over them. If you talk about them, you're thinking about them. If you're thinking about them, you're not moving on. Stop talking about them and you will stop thinking about them and you'll finally move on to better things.

What are some other ways to keep old hurts from a past relationship from affecting your current life? Share your thoughts below.

Celebrity Break-Up: Adele & Simon Koneckis Call It Quits





By [Mara](#)

[Miller](#)

In [celebrity break-up](#) news, [celebrity couple](#) Adele and Simon Koneckies have decided to call it quits after two years of marriage. They broke up eight or nine months ago, according to a source for *UsMagazine.com*. A second source said, "Their relationship evolved and they became more friends than lovers." The [celebrity exes](#) have a six-year-old son and are committed to raising him together.

In celebrity break-up news, Adele and her husband have decided to go their separate ways. What are some ways to work on your romantic love?

Cupid's Advice:

Unfortunately, love sometimes fades in a relationship. Cupid has advice on how to work on your romantic love to keep the spark alive:

1. Keep dating: Date nights are important when keeping your

love with your partner alive. It gives you both a chance to get away from the kids for the night so you can focus on each other instead of school events, doctor appointments, or work issues.

Related Link: [Celebrity News: Demi Moore to Reflect on Ashton Kutcher & Bruce Willis Marriages In Memoir](#)

2. Take on a challenge together: Whether it's adopting a new puppy, tackling a sink full of dishes, or potty training a new puppy, taking on challenges with your partner encourages the both of you to learn how to work together rather than apart.

Related Link: [Celebrity Exes: Khloe Kardashian & Tristan Thompson Reunite at True's 1st Birthday Party](#)

3. Buy each other gifts: It's cheesy and it's been suggested over and over again, but buying gifts for each other really will keep the romance alive. You don't have to show affection for your partner only on holidays or special occasions like an anniversary. Let them know you love them by getting something simple like a candy bar or that coffee they've been eyeing all week!

What are some other ways to work on your romantic love? Let us know in the comments below!

Celebrity News: Demi Moore to Reflect on Ashton Kutcher & Bruce Willis Marriages In

Memoir



By [Mara](#)

[Miller](#)

In [celebrity news](#), [Demi Moore](#) is set to release a “deeply candid and insightful” memoir titled *Inside Out* that reflects on her [celebrity marriages](#) to [celebrity exes](#) [Aston Kutcher](#) and Bruce Willis, according to Harper Collins. *UsMagazine.com* reports Moore was married to Willis from 1997 to 2000 and have three daughters, Rumer, Scout, and Tallulah. Kutcher and Moore were together from 2005-2011, with their celebrity divorce being finalized in 2013.

In celebrity news, Demi Moore will open up about her failed marriages

in her memoir. What are some ways writing can help you cope with a break-up?

Cupid's Advice:

Demi Moore wrote an entire memoir after two of her marriages ended in divorce. While writing might not be your coping mechanism for a break-up (and it's a *really* good way to cope), here are some other ways to get through your relationship ending:

1. Talk about it: Get some coffee with a friend or go to a restaurant for lobster and steak to dish all about the break-up. It's not good to hold in emotions after a break-up and your friend is sure to be willing to listen to you vent! Use it as a chance to catch up with them too if you haven't seen each other in a while.

Related Link: [Celebrity News: Stephanie Pratt Is Not On Speaking Terms with Spencer Pratt Due to 'Gold Digger' Heidi](#)

2. Practice self-care: It's time to put yourself first for a while. It is not selfish. You are putting your own well-being first for once. Get a mani-pedi, binge-watch your favorite show on Netflix, or eat an entire pizza by yourself. Or all do all three! You need to learn to care for yourself again.

Related Link: [Celebrity Couple News: Priyanka Chopra Jonas Admits She Judged Nick Jonas At First](#)

3. Practice positivity: Try not to let yourself dwell on everything negative that happened in your relationship. If you don't want to think about it at all, that's okay. Start a gratitude journal and write about all of the good things happening in your life. Or, if you need to write about your relationship, write about the positives and the things you

have learned that you can take with you when you are ready to start dating again.

What are some other things you can do to help you cope with the end of your relationship? Let us know in the comments below!

Single Celebrity: Brad Pitt Is Moving On as a Single Man As Final Divorce Decisions Are Made



By [Mara](#)

[Miller](#)

In the latest [celebrity news](#), [Brad Pitt](#) is officially a [single celebrity](#) after a bifurcated judgment handed down last week, according to *EOnline.com*. [Angelina Jolie](#) has now taken back her maiden name since the judgment also declared her single. The [celebrity exes](#) are doing everything they can to work together, although they are continuing efforts to iron out custody and financial settlements. Pitt seems to be focusing mostly on his children and career despite [celebrity dating](#) rumors.

This single celebrity is ready to move on now that his divorce is almost complete. What are some first steps to moving on after a split?

Cupid's Advice:

Brad Pitt is officially single now and seems to be focusing on himself and his children. If you're in a similar situation, here are a few things to consider about moving on after a split:

1. Do your thing: It's hard to figure out how to be yourself when you have been with someone for so long. Whether it's 3 AM dance sessions in your underwear or a vampire movie binge, take time for yourself to figure out where you want to go now.

Related Link: [Celebrity News: Jenni 'JWoww' Farley Shares Photo While On Date with Mystery Man](#)

2. Start dating: There is going to be a time when you have to get out there and start dating again. It's okay if you're not ready yet, but it doesn't hurt to poke around a dating site or to go to a bar for a few drinks just to talk to strangers to

explore your new options.

Related Link: [Celebrity Couple News: Kaitlyn Bristowe Dishes About Getting 'Hot & Heavy' with Jason Tartick During Hook Up](#)

3. Spend time with loved ones: Whether it's your kids needing time with Mom or Dad on the weekend or reconnecting with an old friend you haven't seen in years because life got busy, reconnecting with someone important in your life can negate any negative thoughts that may pop up over the situation that caused your split.

What are some other first steps to moving on after a split? Let us know in the comments below!

Celebrity Parents: Inside Kate Hudson's Co-Parenting with Exes Matt Bellamy & Chris Robinson





By [Mara](#)

[Miller](#)

In the latest [celebrity news](#), [celebrity parent Kate Hudson](#) makes co-parenting work with [celebrity exes](#) Matt Bellamy and Chris Robinson, according to *UsMagazine.com*. Hudson, 40, shares her boys Ryder, 15, and Bingham, 7, with Bellamy and Robinson respectively. Bellamy and Hudson see each other a lot due to Bingham, and Robinson comes down from Northern California to visit Ryder. It seems like this celebrity mom has a well-thought-out co-parenting plan with her boys' fathers, and she now has a new baby girl, Rani, with current boyfriend Danny Fujikawa.

These celebrity parents do their best to co-parent their children. What are some things to keep in mind when it comes to co-parenting?

Cupid's Advice:

This celebrity mom has been keeping things civil with her celebrity exes for the sake of her children, and it even seems

like they still all have a good time together as a family. Here are a few things to keep in mind when it comes to co-parenting:

1. Keep communication open: You'll need to text, call, or see the other co-parent in person. Keep yourself open to speaking with them and try to maintain a decent relationship even if you aren't together anymore.

Related Link: [Celebrity Baby: Kate Hudson Opens Up About "Genderless" Parenting](#)

2. Plan for holidays and vacations: Always keep each other in the loop on plans for holidays and vacations. If it's summer break and you want to take the kids to the beach and it's your co-parent's time to be with the children, for example, clear the air before you make any reservations.

Related Link: [Celebrity Exes Chris Pratt and Anna Faris Give Co-Parenting Tips!](#)

3. Focus on your child: Focusing on your child(ren) and putting them first before any personal needs are important. You don't want your kid(s) feeling like they're the reason they caused you and your ex to split, and they don't need to feel any guilt over wanting to spend time with their other parent.

What are some things you keep in mind when it comes to co-parenting your children? Let us know in the comments below!

Celebrity Exes: Khloe

Kardashian & Tristan Thompson Reunite at True's 1st Birthday Party



By [Mara](#)

[Miller](#)

In the latest [celebrity news](#), [celebrity exes](#) Khloe Kardashian and Tristan Thompson threw a birthday bash for their 12-month-old daughter, True. According to *UsMagazine.com*, they even took a picture together on Instagram, where Kardashian shared pictures of True's party. Happy birthday, True!

These celebrity exes came together for their daughter, despite their

differences. What are some pointers for successfully co-parenting?

Cupid's Advice:

Even if you and your ex aren't together anymore, you will have to keep things amicable, like Khloe Kardashian and Tristan Thompson, when it comes to your kid(s). We've got a few pointers:

1. Put them first: Always put your kid(s) first, no matter what. They depend on you both.

Related Link: [Celebrity Couple News: Priyanka Chopra Jonas Admits She Judged Nick Jonas At First](#)

2. Improve communication: The easier you can both communicate because you have put aside the past, the better your child(ren) will benefit.

Related Link: [Celebrity Parenting: Khloe Kardashian Is 'Extremely Upset' With Tristan Thompson For Not Being Involved with True](#)

3. Think of co-parenting as teamwork: If you approach co-parenting as working together as a team, it will make things easier. If you have rules, boundaries, and a schedule, then being there for your kid(s) will remain your top priority.

Do you have any pointers for successfully co-parenting your children? Share your thoughts below.