

Celebrity News: Vanessa Hudgens Opens Up About What She Wants in an Ideal Partner After Split



By Nicole Maher

In the latest [celebrity news](#), Vanessa Hudgens revealed what she wants in the ideal partner following her [celebrity break-up](#) with Austin Butler. According to *UsMagazine.com*, Hudgens is open to dating someone whether they are in the public eye or not. Hudgens and Butler separated in January of this year after dating for nearly nine years. Since their break-up, Hudgens has revealed that she has not been dating amid the coronavirus pandemic and her busy acting schedule.

In celebrity news, Vanessa Hudgens is reevaluating what she looks for in a partner after her split from Austin Butler. What are some ways to learn from a break-up?

Cupid's Advice:

Although challenging, break-ups provide a great opportunity for learning lessons from a past relationship, as well as determining what you want out of future relationships. If you are looking for some ways to learn from a break-up, Cupid has some advice for you:

1. Set priorities: Break-ups provide a great time to reestablish your priorities and expectations about what you want in a future relationship. While you likely had an idea of your priorities before you even started dating, going through an unsuccessful relationship can reveal what you truly need from a partner to make things work. Take this time to update your priorities so that you know what is a must-have the next time around.

Related Link: [Celebrity Break-Up: Julianne Hough Files for Divorce from Brooks Laich 5 Months After Split](#)

2. Establish deal-breakers: Deciding on deal-breakers is just as important as setting priorities. A person can have all of the characteristics you favor, but if they have a major lifestyle habit that you disagree with, it can cause conflict in the future. Deal breakers also don't have to be "negative" attributes about the person, but can simply be factors like distance and the type of relationship you are both looking for.

Related Link: [Celebrity News: Machine Gun Kelly Says He's a 'Better Person' After Falling in Love with Megan Fox](#)

3. Consider external factors: When we're in a relationship, we sometimes tend to put that aspect of your life above others. Break-ups are a great time to look at other aspects of your life and decide if you'd like to spend some time improving them as well. By working to better yourself professionally or mentally between partners, you will enter your next relationship with a more solid foundation and be ready to put in all the necessary effort.

What are some other ways to learn from a break-up? Start a conversation in the comments below.

Celebrity Break-Up: Olivia Wilde Ditches Engagement Ring After Jason Sudeikis Split





By Nicole Maher

In the latest [celebrity news](#), Olivia Wilde has removed her engagement ring after her [celebrity break-up](#) with fiancé Jason Sudeikis. According to *UsMagazine.com*, Wilde was first spotted without her ring while spending some time at a horse stable in Los Angeles, California. The couple began dating in November of 2011 and announced their engagement in January of 2013.

In celebrity break-up news, Olivia Wilde is no longer sporting the engagement ring she got from ex Jason Sudeikis. What are some physical ways you can cope with a break-up?

Cupid's Advice:

One of the hardest things to deal with in a break-up is

letting go of some of the physical reminders of your relationship. If you are looking for some physical ways you can cope with a break-up, Cupid has some advice for you:

1. Lose the jewelry: Whether it's an engagement ring or a necklace, taking off any jewelry that was given to you by your ex is a good first step in removing physical reminders of your break-up. This will also give others the clue that your relationship has ended without you necessarily needing to tell everyone verbally. After some time has passed, you can decide what to do with the jewelry long-term.

Related Link: [Celebrity Break-Up: Lamar Odom & Fiancée Sabrina Parr Call It Quits](#)

2. Clean your social media: In the modern age, nearly everyone in a relationship has shared some pictures with their partner on social media. Another physical way of coping with a break-up is to clear that person from your field. This can include archiving pictures of you two together, removing tags from past photos, and muting or unfollowing your ex's account.

Related Link: [Celebrity News: Alex Trebek's Wife Shares Photo of Their Wedding After Thanking Fans for Support After His Death](#)

3. Put away past gifts: While you may have a sentimental attachment to some of the gifts your ex has given you in the past, it is a good idea to remove these gifts from view. Just like with jewelry, placing the gifts you've received in a box and putting them away for a while can help take your mind off the break-up. Once your emotions have settled, then you can decide what to keep, return, and get rid of.

What are some other physical ways that can help you cope with a break-up? Start a conversation in the comments below.

Celebrity News: Kristin Cavallari & Jay Cutler Reunite to Celebrate Halloween With Their Kids



By Nicole Maher

In the latest [celebrity news](#), Kristin Cavallari and Jay Cutler celebrated Halloween together with their kids despite being in the midst of a divorce. According to *EOnline.com*, Cavallari shared an Instagram post showcasing the [celebrity exes'](#) costumes, along with those of their three children. The couple

first announced their divorce in April of this year after ten years of marriage, and Cavallari has been rumored to be casually dating comedian Jeff Dye.

In celebrity news, these exes took the high road and celebrated Halloween together with their kids. Why should you come together as a family for holidays if you're not together as a couple anymore?

Cupid's Advice:

Holidays can be challenging for separated families, especially when both parents want to be present. Even though it may be difficult to come together for a holiday with your ex, it may be worth it. If you are looking for some reasons to come together as a family for the holidays, Cupid has some advice for you:

1. Create new memories: Holidays are the perfect occasion for creating memories with your children. It is important not to skip out on these types of memories just because you are no longer with your partner. Looking back, both you and your children will be happy you chose to spend these days together as a family despite any differences.

Related Link: [Celebrity Couple News: Jeff Dye Appears to Reference New Romance With Kristin Cavallari in Funny Post](#)

2. Demonstrate healthy relationships: Spending the holidays together despite no longer being together is a great way to demonstrate healthy relationships to your children. They will learn that even if two people have a differing opinion on

something, it is still possible to compromise and communicate effectively. They will also learn how to set realistic expectations and boundaries in their future relationships.

Related Link: [Celebrity Break-Up: Christina Anstead Talks About Choosing Peace Over Drama After Split](#)

3. Relieve family stress: Whether people are showing it or not, the holidays can be stressful for everyone involved in a separated family. While you may be worrying about not being able to see your children on a specific holiday, they may be facing the same fear. By making an effort to all be in the same house, you'll be relieving stress for everyone involved.

What are some other reasons you should come together as a family for the holidays? Start a conversation in the comments below!

Celebrity News: Megan Fox Slams Ex Brian Austin Green for Sharing Halloween Photo of Their Son





By Nicole Maher

In the latest [celebrity news](#), Megan Fox publicly slammed her [celebrity ex](#) Brian Austin Green for sharing a photograph of their son on Halloween. According to *UsMagazine.com*, Green posted an image of himself along with the couple's youngest son, Journey, to his Instagram. Fox was quick to comment on the image and questioned why her estranged husband did not crop their child out of the image. The [celebrity couple](#) officially split in May of this year after 10 years of marriage.

In celebrity news, there's definitely some drama between these exes, who share three kids together. What are some ways to iron out parenting differences with

your ex?

Cupid's Advice:

It can be difficult to navigate co-parenting with an ex, especially if you have differing opinions on many fronts. If you are looking for some ways to iron out parenting differences with your ex, Cupid has some advice for you:

1. Establish predetermined rules: An easy way to prevent conflict or differences from arising in the future is to establish some predetermined rules. If you are against having your children featured on social media, or want a universal curfew for both of your houses, these are rules that can be established ahead of time. Be sure to keep these rules straightforward and collaborative to help eliminate as many parenting differences as possible.

Related Link: [Celebrity Divorce: Ant Anstead Says He Lost 23 Pounds Amid Divorce From Christina Anstead](#)

2. Ask for permission: There will always be gray-area when it comes to parenting, whether you and your partner are still together or not. A great way to avoid differences is to simply ask for permission when you are unsure if what you're about to do will upset the other parent. The other person involved will appreciate the open communication and hopefully do the same when faced with a situation they are unsure of.

Related Link: [Celebrity News: Cardi B & Offset Spotted Kissing at Her Birthday Party One Month After Split](#)

3. Discuss differences privately: While it can be frustrating to navigate parenting differences, especially when they are repetitive issues, it's important to discuss these differences privately. Opening up your conflicts to many other people, such as posting on social media, will only add unnecessary

tension to the strained relationship and make it harder to iron out differences in the future.

What are some other ways to iron out parenting differences with your ex? Start a conversation in the comments below.

Celebrity News: Kylie Jenner & Travis Scott Spark Romance Rumors After Steamy Shoot



By Nicole Maher

In the [latest celebrity news](#), Kylie Jenner and Travis Scott sparked romance rumors after posting a picture together. According to *UsMagazine.com*, Jenner shared two pictures of the pair to her Instagram account with Scott responding in the comments. The [celebrity couple](#) first started dating back in 2017 before welcoming their daughter, Stormi, in February of 2018. Jenner and Scott went on to announce their [celebrity break-up](#) in October of 2019 and have been focusing on co-parenting since.

In celebrity news, Kylie and Travis may be giving things another go after a steamy photo shoot. What are some ways to know if you should give a past relationship another shot?

Cupid's Advice:

Sometimes exes find their way back to each other only to form healthier, stronger relationships. If you are looking for some ways to decide if you should give a past relationship another chance, Cupid has some advice for you:

1. Time has passed: After a break-up, it is necessary to allow enough time to pass before reaching out again with the hope of rekindling. It is likely that there were some large issues leading up to the break-up, and these will not be resolved overnight. By allowing each other enough time to learn and grow, your second try at the relationship may be more successful.

Related Link: [Celebrity Break-Ups: Lenny Kravitz 'Blew It' During First Meeting with Ex Lisa Bonet](#)

2. Emotions have calmed: In order for your rekindled relationship to work, you have to let go of any negative emotions surrounding the past attempt at dating. If you still feel yourself holding onto instances where your partner upset or angered you, it may not be the right time to give the relationship another try. Once these emotions have truly vanished, then you can consider a second try with your partner.

Related Link: [Celebrity News: Lily James & Married Dominic West Spark Romance Rumors in Italy](#)

3. You've both discussed it: It is a mutual decision to give your relationship another chance. By having a conversation about the possibility of reconciling your relationship with your partner first, you will ensure that you are both on the same page. This will allow you to reenter the relationship with a stronger foundation than before and will help you two succeed in the future.

What are some other ways to decide if you should give a relationship another shot? Start a conversation in the comments below.

Celebrity Break-Ups: Lenny Kravitz 'Blew It' During First Meeting with Ex Lisa Bonet



By Nicole Maher

In the latest [celebrity news](#), Lenny Kravitz's new memoir *Let Love Rule* gave fans a look into some of the hardship he has faced in the past, including making a bad first impression when meeting his [celebrity ex](#) Lisa Bonet. According to *EOnline.com*, Kravitz outlines how when first meeting Bonet, he "kind of blew it" by complimenting her hair. Kravitz explained that he was nervous, and while he did like her hair, he knew he should've said something better. Kravitz and Bonet later went on to get married and have a daughter before announcing their [celebrity break-up](#) in 1993.

In celebrity break-up news, not all love stories have a perfect

beginning, middle, and end. What do you do if you make a bad impression on your crush the first time you meet them?

Cupid's Advice:

Sometimes when we get nervous or are trying to impress someone we end up saying the wrong thing. While this may not lead to the best first impression, it doesn't mean that we completely blew our shot. If you are looking for some ways to make up for a bad first impression, Cupid has some advice for you:

1. Acknowledge and apologize: Oftentimes the easiest way to move past an awkward encounter is to simply acknowledge it happened and apologize for it. This will ensure your crush that you also thought the first impression wasn't the best so they are not left wondering if that's how you normally act. Once the air is cleared, focus on impressing them next time!

Related Link: [Celebrity Break-Up: Prince William Dumped Then-Girlfriend Kate Middleton Over the Phone](#)

2. Don't dwell on it: While the fact that you made a bad first impression on your crush may still be on the forefront of your mind, it is important not to dwell on this encounter. If you spend too much time focusing on what you did wrong, it can make it more difficult to show your crush your real personality moving forward. Once you've acknowledged it, just let it go!

Related Link: [Celebrity News: Valerie Bertinelli Pays Tribute to Late Ex-Husband Eddie Van Halen](#)

3. Nail the second impression: First impressions are not last impressions. Once the air is cleared from an awkward first

encounter and you have stopped dwelling on what you originally said, take every opportunity moving forward to make a better impression. Over time, your crush will forget how bad your first impression may have been and only think of the ways you have impressed them since.

What are some other ways to make up for making a bad impression on your crush the first time you meet them? Start a conversation in the comments below.

Celebrity News: Cardi B & Offset Spotted Kissing at Her Birthday Party One Month After Split





By Nicole Maher

In the latest [celebrity news](#), exes Cardi B and Offset were spotted kissing at Cardi B's birthday party one month after announcing their divorce. According to *UsMazagine.com*, the two rappers shared a series of Instagram stories and posts of each other at the party, which included them dancing together and sharing a quick kiss. The couple announced their [celebrity break-up](#) earlier this year after tying the knot in September of 2017. Since making their divorce official, Cardi B has clarified the reason for ending their relationship involved too much arguing and not any infidelity.

In celebrity news, Cardi B and Offset may be having second thoughts about their split. How do you know when your relationship is

truly over?

Cupid's Advice:

It can be hard to determine when a relationship has officially run its course, and even harder to let go when you two share a long past or children. If you are looking for ways to determine if your relationship is truly over, Cupid has some advice for you:

1. You're not yourself: It can be difficult to determine just how much a failing relationship is affecting your life. If you find yourself getting tired or irritated in situations that have nothing to do with your current relationship, the emotions can still be coming from this source of stress. Take a moment to access your current state of mind and see if relationship drama is carrying into other areas of your life.

Related Link: [Celebrity Break-Up: Find Out More About Demi Lovato & Max Ehrich's Messy Split](#)

2. You've split many times before: Sometimes you truly need to break-up with someone to understand just how much they mean to you. In some cases, a temporary break can lead to a more solid relationship in the future. However, if you have split multiple times with your current partner, or have started taking breaks more frequently, it may be a sign that your relationship is coming to an end.

Related Link: [Celebrity Break-Up: Sofia Richie Unfollows Scott Disick Amid Bella Banos Dating Rumors](#)

3. You've spoken with professionals: Many people turn to relationship counselors when they are experiencing trouble with their partner to find new ways to problem-solve. If these new communication methods or techniques aren't helping to repair your relationship, it might be time to consider breaking up. Relationship counselors will also sometimes

recommend splitting from your partner if they feel your relationship is irreparable.

What are some other ways to determine if your relationship is truly over? Start a conversation in the comments below.

Celebrity Exes: 'Bachelor' Nation's Kendall Long Reveals What Future Holds with Ex Joe Amabile



By Carly Silva

In the [latest celebrity news](#), *Bachelor* Nation's Kendall Long recently opened up about her split from Joe Amabile. According to *EOnline*, the [reality TV star](#), who has been promoting the upcoming launch of her new book, said she and Amabile are still good friends and that they still want the best for each other.

These celebrity exes may not see sparks again in the future, but they're still good friends and potential confidants. What are some ways to build a lasting friendship with your ex?

Cupid's Advice:

Trying to stay friends with an ex can be tricky territory, but there are a few tips to help you do it right. If you're looking for some ways to build a lasting friendship with your ex, Cupid has some advice for you:

1. Be clear about expectations: When you first start the process of being friends with your ex, you need to be open and clear about where your friendship is going. Make sure both of your intentions are understood, and that friendship is what you both really want.

Related Link: [Celebrity News: Bachelorette Alum Tyler Cameron Says He and Hannah Brown Have Struggled to Figure Out Relationship](#)

2. Establish boundaries: It's also important to make sure both of you know where the boundaries are. Establish what types of

behaviors are okay and which ones aren't. Make it clear that flirting and hooking up are off limits so that you don't fall into old habits.

Related Link: [Celebrity Baby News: Vanderpump Rules Stars Brittany Cartwright & Jax Taylor Are Expecting First Child Together](#)

3. Learn to be happy for them: One of the biggest parts of starting a friendship with your ex is the ability to be happy for them. Make sure you're in a place where you won't be jealous of their new love life. Try your best to accept that your relationship has ended and support them through their new endeavors.

What are some other ways to build a lasting friendship with your ex? Start a conversation in the comments down below!

Celebrity News: Amanza Smith Says Ex Taye Diggs Supported Her & Kids for 5 Years





By Nicole Maher

In the latest [celebrity news](#), Amanza Smith revealed that she was financially dependent on her [celebrity ex](#) Taye Diggs during their relationship. According to *UsMagazine.com*, the couple dated for five years following Smith's divorce from NFL star Ralph Brown. During their relationship, Diggs "took care" of Smith and her two children as Smith did not have a consistent job. Following the couple's split in 2018, Smith was motivated to be financially stable on her own and began working as a real estate agent on *Selling Sunset*.

In celebrity news, Amanza Smith says her ex Taye Diggs took care of her and her kids for the five years they were together. What are some ways to rebuild your life (and your

finances) after a break-up?

Cupid's Advice:

Among the many challenges people face following a break-up, rebuilding your life and finances are some of the most difficult. If you are looking for some ways to get back on the right track following a break-up, Cupid has some advice for you:

1. Scale down: Whether it is downsizing where you're living or canceling a few memberships/subscriptions, scaling down might be necessary following a financially dependent break-up. Don't be disheartened by the need to cut back in a few areas after a relationship ends. Scaling down is only temporary, and these novelties can be added back into your life once you're on your feet again.

Related Link: [Celebrity Break-Up: Sofia Richie Unfollows Scott Disick Amid Bella Banos Dating Rumors](#)

2. Create a new budget: Your style of living usually changes following a break-up, especially if you were living with your ex partner. These changes will also mean you need to recess your budget and spending habits. By keeping track of your new sources of income and expenses, you will feel like you have more control of your finances moving forward.

Related Link: [Celebrity Couple News: 'DWTS' Pro Cheryl Burke Says Husband Matthew Lawrence Is Her 'Rock' Amid Sobriety Journey](#)

3. Explore new opportunities: You will probably be looking for some kind of change in your life following a break-up, so use this as a chance to explore new opportunities. If there is a career field you have always wanted to break into or a product you have always wanted to create, now is the time to do it. Not only could it serve as a source of income, but it will

also have you feeling like you're headed on a new track in life.

What are some other ways to rebuild your life (and your finances) after a break-up? Start a conversation in the comments below.

Celebrity News: Valerie Bertinelli Pays Tribute to Late Ex-Husband Eddie Van Halen





By Nicole Maher

In the latest [celebrity news](#), Valerie Bertinelli paid tribute to her late [celebrity ex](#) Eddie Van Halen in a recent Instagram post. According to *UsMagazine.com*, Bertinelli wrote that Van Halen had forever changed her life despite the fact that the [celebrity couple](#) was no longer together. Van Halen and Bertinelli's son, Wolfgang Van Halen, also shared some words about his father, who lost his long battle to throat cancer on October 6th. The father and son duo had been playing together in Van Halen's band from 2006 until the group stopped touring in 2015.

In celebrity news, Eddie Van Halen passed away after a fight with cancer. What are some ways to honor a loved one after they pass away?

Cupid's Advice:

One of the most difficult things that everyone will face at some point in their lives is the loss of a loved one. Losing someone close to you can be heartbreaking, but it can eventually lead to opportunities to honor their life. If you are looking for some ways to honor the life of a loved one after they pass away, Cupid has some advice for you:

1. Talk about them: It seems simple, but often after losing a loved one, we refrain from bringing up their name. While you may need some time following their passing to process your loss, eventually bringing their name back into conversations is a great way to show acceptance and honor their life. Those closest to you will always be happy to hear about your favorite memories with the loved one you lost.

Related Link: [Celebrity Couple News: 'DWTS' Pro Cheryl Burke Says Husband Matthew Lawrence Is Her 'Rock' Amid Sobriety Journey](#)

2. Celebrate their birthdays: A loved one's birthday can be one of the hardest days following their death, but can also be a great opportunity to celebrate them. Creating new traditions to carry out on their birthdays, such as baking their favorite dessert or releasing balloons, is a sweet way to honor their life and reminisce on some of your favorite memories with them.

Related Link: [Celebrity Break-Up; Find Out More About Demi Lovato & Max Ehrich's Messy Split](#)

3. Get involved: Getting involved in someone's cause following their death can help honor their life as well as save the lives of others. Taking part in fundraising events or charity walks to raise money for specific illnesses, such as cancer, gives you the opportunity to share your loved one's story and listen to those of others. While the subject matter of these events is usually heavy, the events themselves can be uplifting and community building.

What are some other ways to honor a loved one after they pass away? Start a conversation in the comments below.

Celebrity Break-Up: Sofia Richie Unfollows Scott Disick Amid Bella Banos Dating Rumors



By Nicole Maher

In the latest [celebrity news](#), Sofia Richie officially

unfollowed her celebrity ex Scott Disick on social media. According to *UsMagazine.com*, Richie recently unfollowed both Disick and his other ex, Kourtney Kardashian, on Instagram after rumors of his involvement with Bella Banos began to surface. Richie and Disick first made their [celebrity relationship](#) official back in 2017 before announcing their [celebrity break-up](#) in May of this year. The couple appeared to briefly rekindle their relationship afterward, but has since split for a second time.

In celebrity break-up news, Sofia Richie unfollowed her ex Scott Disick on social media as he was spotted with a new woman. What are some steps you can take to get over your ex?

Cupid's Advice:

No matter how amicable the situation may have been, breaking up with your partner and beginning the process of getting over them can be challenging. If you are looking for some steps to take to get over your ex, Cupid has some advice for you:

1. Remove them from your feed: It's hard to get over someone if you are constantly aware of what they're doing or who they're with. By limiting how much of the other person you see on social media, you will stop yourself from seeing anything you are not ready for. Whether it is muting, unfollowing, or blocking, there are many different options to limit your exposure to your ex.

Related Link: [New Celebrity Couple? Sofia Richie & Jaden Smith Get Close at the Beach](#)

2. Take down your posts: While removing them from your feed is helpful, so is taking down whatever posts you have of the relationship on your account. It may not be necessary to completely delete these posts, but archiving them or setting them as private is a good way to show you're moving on. Once you start conveying to other people that you are past the relationship, you will begin to believe it yourself.

Related Link: [Celebrity Break-Up: Ant Anstead Asks Fans to Stop Trying to Diagnose Split from Ex Christina](#)

3. Limit other forms of communication: Depending on the situation, it may not be possible to cut off all communication right away. Be sure to set boundaries between you and your ex to establish how much communication you are comfortable with. These boundaries can always be lessened or strengthened as the situation changes.

What are some other ways to help someone get over an ex? Start a conversation in the comments below!

Celebrity Break-Up News: Kelly Clarkson Is Sued by Father-in-Law's Company Amid Divorce





By Nicole Maher

In the latest [celebrity news](#), Kelly Clarkson is being sued by her ex father-in-law's company amid her celebrity divorce from Brandon Blackstock. According to *UsMagazine.com*, Starstruck Management Group, which is owned by Narval Blackstock, announced that Clarkson owns \$1.4 million in unpaid commissions. This amount is in addition to the \$1.9 million that Clarkson has already paid since the end of her [celebrity relationship](#) with Blackstock. The couple had been married for seven years before officially announcing their [celebrity break-up](#) in June of this year.

This celebrity break-up is not going smoothly, as Kelly Clarkson is getting sued by her ex's father's company. What are some

support systems to have in place during a dramatic divorce?

Cupid's Advice:

Going through a divorce is challenging in any circumstance, but can be even more difficult when the divorce turns dramatic. Not only are you facing the end of a relationship, but you are also forced to confront other hardships in your life. If you are looking for ways to stay supported during a dramatic divorce, Cupid has some advice for you.

1. Family and friends: The first people you can find support in amid a dramatic divorce are those closest to you. Friends and family can be the perfect outlets to allow you to express your feelings and escape any drama caused by your divorce. You may also have someone in your circle that has gone through a similar experience and can offer some insight of their own.

Related Link: [Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties](#)

2. A lawyer: The last person you probably want to spend more time with amid your divorce is your lawyer, but they can be one of your best support systems. By discussing any charges or accusations brought forward by your ex partner with your lawyer, you will have a better understanding of what you are actually responsible for throughout the process. This can help alleviate some of the uncertainty or stress you may be feeling.

Related Link: [Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock](#)

3. Counselors and therapists: It can be easy to get caught up in the financial and legal strains of a difficult divorce and forget the effect it is having on your emotions. At the end of

the day, you are still processing the end of a relationship as well. Discussing the events of your divorce with a therapist can help in the healing process and allow you to move on with your life in a healthier way.

What are some other support systems that you can turn to during a dramatic divorce? Start a conversation in the comments below.

Celebrity Break-Up: Demi Lovato Is Feeling Relieved After Split From Max Ehrich





By Carly Silva

In the [latest celebrity news](#), Demi Lovato is feeling a sense of relief after breaking off her engagement with Max Ehrich. The [celebrity exes](#) met in March and moved in with each other to quarantine together. Their relationship moved along quickly, and Ehrich popped the question only months after they were dating. The engagement was recently broken off, and according to *UsMagazine.com*, a spokesperson for Demi Lovato revealed that the pop singer is relieved after seeing Ehrich's "true colors."

In celebrity break-up news, Demi Lovato is relieved after her split and broken engagement from Max Ehrich. If you're feeling trapped or suffocated in a relationship,

what do you do?

Cupid's Advice

Relationships can be very demanding and overwhelming sometimes. If you're feeling trapped or suffocated in a relationship and you're wondering what to do, Cupid has some advice for you:

1. Be honest: If you're having concerns about being suffocated in a relationship, the first thing to do is to be honest with your partner about it. Tell them that this type of relationship isn't working for you and that you're not happy. Your partner may be able to change their behavior and cater to your needs so that the relationship is more suitable for what you want.

Related Link: [Celebrity Break-Up: Max Ehrich Reveals Details About How He Learned of Split From Demi Lovato](#)

2. Set boundaries: If your partner is on board to make a change in your relationship, it's important to set boundaries. Tell them exactly what behaviors are okay and which ones aren't. Dedicate some time to having individual space and time for yourself to help with the suffocating feeling. If your partner is able to make these changes effectively, it may show that there is hope for your relationship to be less suffocating.

Related Link: [Celebrity Break-Up: Kristin Cavallari Says She Thought About Divorce for Two Years Before Filing](#)

3. Cut it loose: If you're able to work on a relationship with your partner, it can help with feeling less suffocated, but if you are feeling trapped in your relationship, that may mean something is seriously wrong. If you're not completely happy and for some reason feel like you can't get out of your relationship, then it is important that you cut it loose.

Feeling trapped is not healthy for a relationship and will only lead to resentment.

What else can you do if you're feeling trapped or suffocated in a relationship? Start a conversation in the comments down below!

Celebrity Break-Up: Max Ehrich Reveals Details About How He Learned of Split From Demi Lovato





By Nicole Maher

In the latest [celebrity news](#), Max Ehrich reveals new details surrounding his [celebrity break-up](#) from fiancé Demi Lovato. According to *EOnline.com*, Ehrich first learned that his [celebrity relationship](#) was over when he saw the headline of a tabloid on his phone. At the time, Ehrich was on the set of his new movie, *Southern Gospel*, and not with his then-fiancé Lovato. The actor described how his cast members watched the event unfold and helped him get back into character to continue filming.

In celebrity break-up news, Max Ehrich claims he heard about his break-up from Demi Lovato via a tabloid. If you've decided to break things off with your partner, what

are the best ways to go about it?

Cupid's Advice:

Breaking up with your partner can be one of the most difficult conversations to have. However, just because the conversation is challenging does not mean it's okay to go about ending the relationship without consulting your partner. If you are looking for the best ways to go about breaking things off with your partner, Cupid has some advice for you:

1. Address the issues: Before you even get to the point of breaking up, it is important to discuss the issues you are having within the relationship with your partner. Try to find any last minute areas of compromise before you decide that the relationship is officially over. If the issues that the two of you are facing appear to be unrepairable, then continue forward with the split.

Related Link: [Celebrity News: Demi Lovato Buys \\$7 Million House After Getting Engaged to Max Ehrich](#)

2. Privately and in-person: Even though a relationship is failing and there may be some ill-feelings between you and your partner, it is still important to respect the other person throughout the process. One of the main ways to show respect is to go about the break-up in a private setting and preferably in person. If distance is an issue, try to make the conversation as personable as possible by making a phone call rather than sending a text.

Related Link: [Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties](#)

3. Listen to their requests: After a break-up, there are often new boundaries that need to be established between you and your ex. Take some time after the break-up to establish what

kind of relationship the two of you will have moving forward. While one of you may wish to remain friends, the other may need some time without any contact to process this new change before agreeing to an ongoing relationship of any kind.

What are some other ways to go about breaking things off with your partner in the best way? Start a conversation in the comments below.

Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties





By Nicole Maher

In the latest [celebrity news](#), Kelly Clarkson and Usher opened up about the pains they both experienced as they were going through [celebrity divorces](#). According to *UsMagazine.com*, the two discussed some of the challenges that follow a divorce in the spotlight on Clarkson's talk-show, the *Kelly Clarkson Show*. Clarkson had recently announced her [celebrity break-up](#) from Brandon Blackstock in July of this year after nearly seven years of marriage, while Usher has gone through divorces with both Tameka Foster in 2009 and Grace Miguel in 2017.

Kelly Clarkson and Usher connected over their celebrity break-up struggles. What are some ways to support someone who is going through a rough split?

Cupid's Advice:

Watching someone we care about go through an emotional break-up can be almost as painful as going through a break-up ourselves. If you are looking for ways to support a friend or family member through a rough split, Cupid has some advice for you:

1. Listen to them: The best way to show your support for someone in any situation, especially someone going through a rough split, is to simply listen to them. While it is great to offer advice and insight into similar situations you have been through, it is also important to make sure you are simply listening as the other person expresses their feelings. The last thing you want is for someone to falsely think you are trying to make the situation about yourself.

Related Link: [Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock](#)

2. Spend time together: One of the most difficult things that follows a break-up is filling the time that you used to spend with your significant other. If you know someone who is going through a painful break-up, a great way to support them is to offer them your time. Make plans to go out to lunch or watch a movie and allow them to escape from thinking about their break-up for a few hours.

Related Link: [Celebrity Couple News: Gwen Stefani & Black Shelton's Love Takes Center Stage at 2020 ACM Awards](#)

3. Reserve your opinions: Right after a break-up, many people turn to talking poorly about their new ex as a way of processing what they are going through. While you may have opinions about this person's ex or their relationship in general, it is better to reserve these opinions in the beginning. Whether you have been waiting for the couple to break-up or shocked that their relationship didn't work, waiting until all emotions have subsided to express your opinions can prevent any confusion or ill feelings between you

and the person you are supporting.

What are some other ways to support someone you is going through a rough split? Start a conversation in the comments below!

Celebrity Exes: Demi Moore Posts Epic Throwback Emmys Pic with Ex-Husband Bruce Willis



By Nicole Maher

In the latest [celebrity news](#), Demi Moore shared a throwback image of herself attending the 1987 Emmys alongside now ex-husband Bruce Willis on Instagram. According to *UsMagazine.com*, Moore shared the image of the former [celebrity couple](#) to commemorate the 2020 Emmy ceremony, which took place without a red carpet or audience due to the pandemic. While the [celebrity exes](#) split back in 2000, Moore explained how their relationship grew stronger after their divorce, and how the two are devoted to creating family memories with their three children. Moore and Willis were recently reported to be quarantining together, alongside their children, in Idaho earlier this year.

These celebrity exes have kept things civil and can even remember their relationship positively to this day. What are some ways to turn the corner from bitterness to happy memories after a break-up?

Cupid's Advice:

Sometimes we realize after getting into a relationship with someone that our bond was better suited for a friendship. Unfortunately, it can be difficult to back-track from this position without causing any bitterness or tension for both people involved. If you are looking for ways to limit the bitterness post break-up and turn the corner into a true friendship, Cupid has some advice for you.

1. Give it time: Even if you and your partner have gone through an amicable break-up, it can still be necessary to

spend some time apart. During the time immediately following a break-up, bitterness and drama are likely to surface, which can be avoided if both parties limit their contact. Once the two of you have started on your own separate paths post-relationship, it can be easier to slowly build a friendship.

Related link: [Celebrity Exes Kendra Wilkinson & Hank Baskett Are in a 'Really Good Spot' After Split](#)

2. Respect each other's boundaries: It is important to understand that while you are still in your ex-partner's life, your role has changed. Just like the two of us set boundaries in your romantic relationship, boundaries need to be established for your newly formed friendship. By understanding what both people want out of a friendship, you will prevent any bitterness or disagreements from forming.

Related link: [Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock](#)

3. Reminisce with each other: Just as Moore and Willis do, look back at all the great memories you made as a couple. Even if a relationship does not work out, it doesn't mean that all the memories you made together need to be tainted by the break-up. Remember things for how they were in the moment rather than how they are under the changed relationship status.

What are some other ways to turn the corner from bitterness to happy memories after a break-up? Start a conversation in the comments below!

Celebrity Break-Up: Savannah Chrisley & Nic Kerdiles Split After Postponing Wedding



By Nicole Maher

In the latest [celebrity news](#), Savannah Chrisley and Nic Kerdiles have officially ended their engagement after postponing their wedding earlier this year. According to *UsMagazine.com*, Chrisley announced their [celebrity break-up](#) via Instagram and acknowledged that fans had been looking for an update on the couple's status. Chrisley and Kerdiles began dating in November of 2017 and got engaged shortly after in December of 2018. While the couple has faced challenges in the past, Chrisley clarified in her post that there is no hatred

between them.

In celebrity break-up news, Savannah and Nic have decided to go call it quits on their relationship. What are some last ditch efforts you can make before deciding to split from your partner?

Cupid's Advice:

Deciding if it is time to split from your current partner is one of the most difficult decisions to make in a relationship. It can be hard to tell your relationship has reached its end, or if you are simply going through a rough patch. If you are looking for ways to prolong your relationship, Cupid has some advice for you.

1. Look to the beginning: As a relationship progresses it tends to change, and there are likely some aspects that you have left in the past. By revisiting some of your favorite activities from when you first started dating, you may be able to rekindle the spark you are currently missing.

Related link: [Celebrity News: Cassie Randolph Is Granted Restraining Order Against 'Bachelor' Colton Underwood](#)

2. Take a step back: Sometimes we have to see just how much we will miss a person before we let them go. Try designating some time throughout the week for the both of you to spend alone and allow yourself to miss the other person's company. Taking a step back from your relationship is a great way of determining if your partner's absence brings you unhappiness

or peace.

Related link: [Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock](#)

3. Seek professional help: Involving a relationship professional is the perfect way to get another perspective on your relationship. Couples counseling makes it necessary for both people in the relationship to speak through their concerns and hopefully find solutions. A professional can introduce new communication methods that may be able to save your relationship in the end and get you back on the same page.

What are some other last ditch efforts you can make before deciding to split from your partner? Start a conversation in the comments below!

Celebrity Break-Up: Victoria Fuller Says She & Chris Soules Split Due to Geography





By Nicole Maher

In the latest [celebrity news](#), *Bachelor* Nation stars Victoria Fuller and Chris Soules called off their relationship due to geographical reasons. According to *UsMagazine.com*, Fuller was not ready to move to Iowa and join Soules on his farm. The two had been traveling to see each other since April of this year, but were ultimately unable to reach a decision on where to settle down together. While the pair agreed to a [celebrity break-up](#), they have reportedly been staying in contact with each other.

In celebrity break-up news, Victoria and Chris split due to location. What do you do if you're in a long distance relationship and can't agree on a place to live

together eventually?

Cupid's Advice:

Distance can be one of the most difficult factors of a relationship to navigate. Whether someone is a long car ride away or only accessible by plane, the challenge of seeing each other can have a toll on the relationship. If you are looking for ways to overcome the challenges of distance as a couple, Cupid has some advice for you:

1. Meet in the middle: One of the main reasons people do not want to uproot their life and move is because they are familiar with their current surroundings. It can be difficult to convince a person to leave their family and friends and move to a completely new place where they only know one person. But if both partners are willing to meet someplace in the middle, it would allow both of them to remain closer to home and to each other.

Related link: [New Celebrity Couple: Is Victoria Fuller Quarantining with Former 'Bachelor' Chris Soules in Iowa?](#)

2. Continue to travel: If the impending distance does not need to be resolved right away, then continue your current travel methods. Circumstances and priorities may change after a period of time, and the two of you may eventually reach a point of agreement on where to finally settle down together.

Related link: [Celebrity News: 'Too Hot to Handle' Star Francesca Farago Sets Record Straight on Romance Rumors with Former 'Bachelorette' Star Jef Holm](#)

3. Be honest with yourself: If you and your partner have had multiple conversations about the distance and there has been no compromise on either side, it might be time to consider the alternative of breaking-up. Breaking-up does not mean that the relationship failed, it simply means that the two people

involved are progressing in different directions. In this case it may be two different geographical locations.

What are some other ways to conquer a long-distance relationship? Start a conversation in the comments below!

Celebrity News: Find Out Where Scott Disick and Sofia Richie's Relationship Stands As He Vacations with Ex Kourtney Kardashian





By Diana Iscenko

In the latest [celebrity news](#), [Scott Disick](#) and Sofia Richie's on-again, off-again relationship seems to be off as he vacations with his [celebrity ex](#), [Kourtney Kardashian](#), and their kids. A source close to the [celebrity couple](#) tells *EOnline.com* that "they are still in contact and have seen each other multiple times in the last month but are not as inseparable as before." While Disick vacations with Kardashian in Coeur d'Alene, Idaho, Richie is "hesitant about getting back together" with him, according to the source,

In celebrity news, Scott and Sofia are definitely on the outs right now. What are some ways to keep your partner from being jealous of your ex?

Cupid's Advice:

It's normal to sometimes feel jealous of your partner's ex, even in the happiest relationships. But obsessing over that jealousy can cause serious harm. If you need help getting your partner past their jealousy, Cupid has some advice for you.

1. Reassure them: Remind your partner that you and your ex broke up for a reason. Remind them that you chose to be with them, not your ex. It's easy to get lost in overthinking, so reassure your partner of your feelings. Ask if there's more you can be doing to help them feel comfortable.

Related Link: [Celebrity News: Scott Disick Seen Dining With Kourtney Kardashian Amid Sofia Richie Split](#)

2. Get to the root: Find out why your partner is so fixated on your ex. It's normal to feel jealous, but if jealousy is consuming your partner, there might be an underlying issue. It's likely that your partner is feeling insecure (we've all been there!), but make sure there isn't something more serious going through their head.

Related Link: [Celebrity News: Kourtney Kardashian Says She Has 'Responsibility' to Teach Kids About White Privilege](#)

3. Focus on your relationship: Actions speak louder than words. Put extra energy into your relationship and show your partner that you're choosing them and your future together. Strengthening your relationship will not only bring you closer but help calm any anxiety your partner may be feeling.

How do you help your partner get past jealousy? Start a conversation in the comments below!

Celebrity Couple News: Khloé Kardashian & Tristan Thompson Want to Buy a New Home Together



By Diana Iscenko

In the latest [celebrity news](#), [Khloé Kardashian](#) and Tristan Thompson are searching for a new home together after the [celebrity exes](#) reunited during the pandemic. A source close to the pair told *UsMagazine.com* of their plans to live together after their breakup in February 2019: “Tristan wants to prove to Khloé that he has changed and wants to make this permanent with a family home.” The [celebrity couple](#) shares a two-year-old daughter, True.

In celebrity couple news, Khloé and Tristan are on such good terms again that they're looking to buy a home together. What do you do if you and your partner disagree on the features you want in a home?

Cupid's Advice:

When you and your partner are ready to move into a new place together, you're likely excited about this next step in your relationship. Unfortunately, you might find out you and your partner can't agree on what you want in a home. If you're worried about making this compromise, Cupid has some advice for you:

1. Decide your must-haves: Both you and your partner should make separate lists of your must-haves for your new home. Compare lists afterward and find out what you agree on from the get-go. Use these features you already agree on as the foundation for your house search.

Related Link: [Celebrity News: Tristan Thompson 'Isn't Giving Up' On a Future with Khloe Kardashian](#)

2. Focus on your budget: Most couples have a hard time deciding on a budget. A good rule of thumb is your monthly payments should be less than 25% of your net pay. Going by this rule gives a more definite budget and can prevent you (or your partner) from wanting to get a home outside of this range.

Related Link: [Celebrity News: Kanye West Visits Hospital for 'Anxiety' After Apologizing to Kim Kardashian](#)

3. Lean on your realtor: Your real estate agent will be knowledgeable about the housing market in your area and should be able to give you and your partner impartial advice. They won't be able to magically fix your disagreement, but they might be able to help you reach that compromise.

How do you reach a mutual understanding with your partner? Start a conversation in the comments below!

Celebrity Exes: Amber Heard Says Johnny Depp Accused Her of Cheating with Channing Tatum & Leo DiCaprio





By Alycia Williams

In latest [celebrity news](#), Johnny Depp accused his ex-wife Amber Heard of having multiple affairs with her co-stars while they were married. According to *UsMagazine.com*, after their [celebrity break-up](#), Depp has accused Heard of having affairs with Eddie Redmayne, James Franco, Jim Sturgess, Kevin Costner, Liam Hemsworth, Billy Bob Thornton, Channing Tatum, and Kelli Garner. Depp has also claimed that the actress had a affair with Leonardo DiCaprio after she once auditioned with him. "He would taunt me about it especially when he was drunk or high and had derogatory nicknames for every one of my male costars he considered a sexual threat," Heard continued. "Leonardo DiCaprio was 'pumpkin-head,' Channing Tatum was 'potato-head' and 'Jim Turd Sturgess.'"

**These celebrity exes are battling
it out in court, and**

accusations are being thrown around in the process. What are some ways to keep your split amicable?

Cupid's Advice:

While break-ups can tend to be messy, especially when coming out of a long term relationship it's important to try to keep things as clean as possible. If you're looking for ways to keep your split amicable, Cupid has some advice for you:

1. Don't talk negatively about your ex: It'll be hard to be friendly with your ex if you're talking negatively about them or vice versa. Make sure all the comments you make about your ex is positive and if you have nothing nice to say, don't say anything.

Related Link: [Celebrity Exes: Jessie J Shares Sweet Birthday Tribute to Channing Tatum Weeks After Split](#)

2. Wish the best for them: Part of splitting amicably is wanting the best for your ex in life. Secretly wishing negativity on them is going to show through your actions. Sincerely want the best for them and that's what will show through your actions.

Related Link: [Celebrity Exes: Kristen Stewart Is 'So Happy' Ex Robert Pattinson is Batman](#)

3. Don't blame your ex: When things go wrong in a relationship it can be easy to place the blame of your break-up on your ex. Don't blame anyone for your past relationship, it's nobody's fault, not everyone is meant for one another.

What are some more ways to keep your split amicable? Start a conversation in the comments below!

Relationship Advice: How Do You Deal With A Badmouthing Ex?



By Dr. Jane Greer

Breaking up is hard in itself. You have to find a way to move from the “we” back to the “me,” disentangle your lives and heal enough to look to the future. But what happens when the end of a relationship is charged with unrelenting and unresolved anger, and rather than bowing out gracefully and moving on your ex instead allows that anger to fuel bad behavior which can damage your reputation? This includes

saying terrible things about you and can happen in different ways, including revealing personal information, distorting the truth, gossiping about a private mistake that was made when you were together or even by spreading rumors. Sometimes the information begins with the ex, and sometimes the ex simply serves to fuel the negative information. For example, [celebrity exes](#) Matthew Morrison and Lea Michele were in this situation when Morrison recently addressed reports of Michele's diva actions while working on the show *Glee*. He said, "Yeah, going back to what I was saying, you know, you want to be a good, pleasant person to be around." He did not appear to have her back.

So, how do you deal with a vindictive ex who is out for revenge? How can you handle a negative campaign against you, especially from someone you used to care about? Check out Dr. Greer's relationship advice.

When your relationship dissolves and you find yourself with a spiteful ex, there is no telling how far their anger will go or whom it will reach. Now that they are no longer trying to please you or make things work between you, they might feel they have free license to say anything they want. That can be scary, and in many ways it is its own form of cyberbullying, since so much information can be spread online so quickly. It can do harm to your integrity as well as your self-esteem. But once you figure out the focus of the verbal assault there are ways to live with it and to deal with it. Depending on whom your ex is talking to and what they are saying, you can pick your course of action accordingly.

Related Link: [Relationship Advice: Susan Trombetti Talks Love & Dating Amid COVID-19](#)

If, for example, they are disparaging you to loved ones – family and friends – consider putting your own boundaries in place. If your sister-in-law or friend tells you that your ex is saying bad things about you, let them know first and foremost that you don't want to hear about it. Ask them to stop reporting back to you because it is too hurtful. Once you do that, you can take it one step further and ask if your loved one would consider telling your ex that they would prefer they didn't talk about you to them. They might explain that they are in touch with both of you, or that they truly care about you, and don't want to get in the middle or hear these negative claims. If the people your ex is badmouthing you to are your children, if they are old enough you can explain that just because people are saying things, doesn't make them true. In fact, you can tell them that you separated because you didn't agree about certain things, and because of the ongoing disagreement there is still a lot of residual anger between you. As a result, people can say and do terrible things when they are that upset. It is also okay to guide your children toward telling the other parent that they don't want to be told these things about mommy or daddy. In other words, you can encourage your children to put their own boundaries in place by either talking to the parent who is saying the disturbing things or by choosing to not listen or to ignore what is being said.

Related Link: [Ask the Guy's Guy: Can You Be Friends After A Breakup](#)

Finally, as was the case with Lea Michele, sometimes an ex has an even wider reach and says bad things to the public. This can sometimes be the most disturbing since it can contaminate your reputation and it can be harder to know how to reach so many people with your own message. In this situation, there are two options. The first is to ignore whatever was said and

not give it credibility by trying to explain it away or justify it. If you do that, it can sometimes validate whatever information was being put out there. However, if your ex revealed personal material that was supposed to be kept private but is truly offensive and can be verified, the better choice may be to take ownership of it immediately. You can do that by acknowledging what happened and sharing your remorse and regret about it, as well as how you have grown from it. You can let people know it is something you will never do again, and that this can be a lesson learned which may serve as an example and be an inspiration to others.

Related Link: [Relationship Advice: Heidi Klum & Tom Kaulitz Survival Strategies For The Home Front](#)

No matter who is the recipient of the information, having an ex – someone you once loved and trusted – attack your personality is an awful place to be. If you follow these basic suggestions, though, you will be able to keep some control so you can maintain your own relationships and hold onto their respect and your own integrity. In the case of Lea Michele, her ex didn't defend her when others questioned how she handled herself on the set of *Glee*, and, in fact, perpetuated the negative things that were being said about her. Hopefully she, and you, will be able to be your own champion and take back the narrative of your life.

Please tune in to the Doctor on Call radio hour on HealthyLife.net the first Wednesday of each month, at 11 AM EST, 8 AM PST; including Shrink Wrap on Call, Pop Psych with Dr. Greer, and Let's Talk Sex! Connect with Dr. Jane Greer on [Facebook](https://www.facebook.com/DrJaneGreer), and be sure to follow [@DrJaneGreer](https://twitter.com/DrJaneGreer) on Twitter for her latest insights on love, relationships, sex, and intimacy. Listen to Dr. Greer's Shrink Wrap News at 7 segments on [HealthyLife](http://HealthyLife.net).

Celebrity Exes: G-Eazy Had 'Creative Breakthrough' After 'Toxic' Halsey Relationship



By Alicia Williams

In latest [celebrity news](#), G-Eazy had a creative breakthrough in his music after his toxic on- and off-again relationship with Halsey. According to *UsMagazine.com*, G-Eazy is finally feeling positive again after his [celebrity break-up](#) from Halsey nearly two years ago. The relationship was really toxic toward the end, but G-Eazy has been healing through his music and has been spending his quarantine time in his home studio

writing and recording. In his new songs, he isn't afraid to mention how crazy he believes Halsey to be.

These celebrity exes clearly didn't part on good terms. What are some ways to turn your rough break-up into a positive experience?

Cupid's Advice:

When a relationship ends, no one can promise that it'll end on a good note and even though you might be in a slump, it's important to pick yourself back up. If you are looking for ways to have a more positive outlook on life after a bad break-up, Cupid has some advice for you:

1. Take time for yourself: In times like these the only person that can really pick up your energy is you. Spend time in your own thoughts, reflecting on how you'll move forward from this experience. Direct your focus to things that are most important to you at this moment.

Related Link: [Celebrity Break-Up: Jim Edmonds Says Marriage with Meghan King Edmonds Was 'Loveless and Abusive'](#)

2. Talk to someone about it: This doesn't necessarily mean you need to seek professional help, it means that you should talk to someone that makes you feel comfortable. Someone that you don't mind sharing every detail with.

Related Link: [Celebrity Break-Ups: Julianne Hough Is 'Super Upset' Amid Brooks Laich Split](#)

3. Spend time doing things that you love: Use this extra time to do what you love to do. Whether it's playing the guitar or having a movie marathon with your friends, do whatever make

you happy.

What are some ways to turn your rough break-up into a positive experience? Start a conversation in the comments below!

Celebrity Break-Up: Jim Edmonds Says Marriage with Meghan King Edmonds Was 'Loveless and Abusive'



By Diana Iscenko

In latest [celebrity news](#), Jim Edmonds accused ex-wife Meghan King Edmonds of abuse in a recent Instagram post. Edmonds posted a picture of his girlfriend, Kortnie O'Connor, captioning it: "If it wasn't for this girl, I don't think I would be here right now." He continues by accusing his [celebrity ex-wife](#) and *Real Housewives* star: "I was going through hell ending a loveless and abusive relationship. The lies and accusations that followed the breakup only put me deeper into a funk." The post's intent was to celebrate the new [celebrity couple](#) but may create drama between the [reality TV](#) exes.

This celebrity break-up was certainly not drama-free, and accusations are still being thrown out there. What are some ways to keep negativity after a break-up from consuming your life?

Cupid's Advice:

The end of a relationship is always hard, but avoiding drama will make it easier for you and your ex. Even if you can't avoid every awkward moment, Cupid has some advice for you:

1. Take time apart: Do your best to not see your ex, even if you want to be friends after the breakup. Give yourself a couple of months to get used to life on your own before you reach out to your ex again. Staying too interconnected after a breakup will prevent you (and your ex!) from moving on.

Related Link: [Celebrity Breakup: Teresa & Joe Giudice Talk Divorce in Interview with Andy Cohen](#)

2. Set boundaries: Sometimes you can't avoid your ex. Maybe you work together or have close mutual friends. You and your ex need to establish boundaries. Discuss what you're comfortable with when you do see each other and be adamant about not falling back into your old habits.

Related Link: [Celebrity Break-Up: Kenya Moore's Husband Marc Daly Reportedly Had Multiple Affairs Before Split](#)

3. Avoid social media: After the breakup, take some time before going on social media. Seeing what your ex is doing will cause unnecessary hurt and drama. You might also want to keep your breakup off the internet at first. You may not be ready to talk about the breakup with those outside your inner circle.

How do you keep things drama-free with your exes? Start a conversation in the comments below!