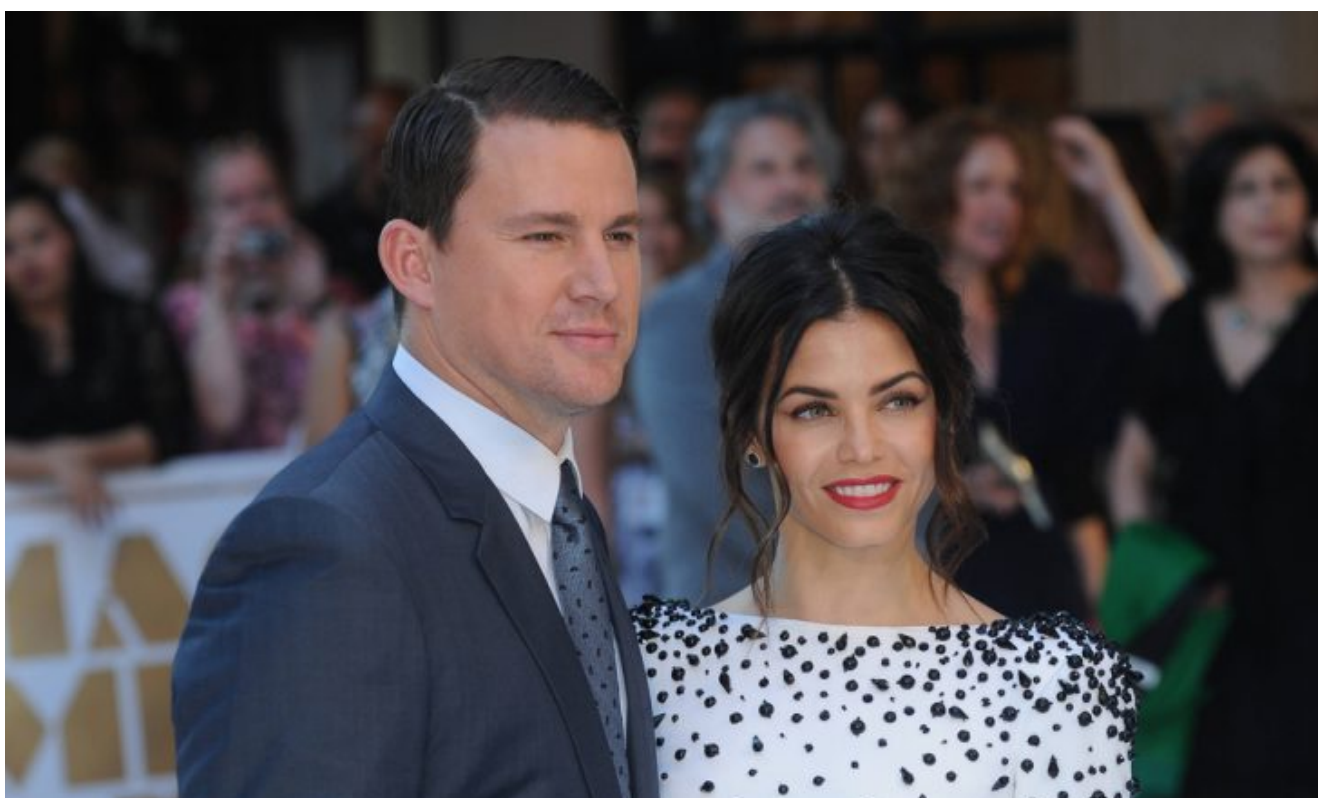


Celebrity News: Jenna Dewan Opens Up About Love, Divorce and Healing in New Book



By [Meghan Khameraj](#)

In [celebrity news](#), Jenna Dewan opens up about her life and journey in her new book titled *Gracefully You*. The actress released her a joint statement with her ex-husband, [Channing Tatum](#) in April 2018 in which they announced their [celebrity divorce](#). According to *UsMagazine.com*, the [celebrity couple](#) ended their nearly ten-year relationship on positive terms and work together to raise their six-year-old daughter, Everly. Since then, Tatum has been in a relationship with singer Jessie J, and Dewan is expecting a child with new boyfriend, Steve Kazee. In her book, Dewan shared what got her through

her divorce with Tatum, stating “acknowledge your emotions and do the work. Meet with a therapist, look into breathwork, meditate, take walks in nature, and have wine with your friends.”

In celebrity news, Jenna Dewan turned to writing to help heal her broken heart. What are some other healthy avenues for coping with lost love?

Cupid's Advice:

Jenna Dewan shared her [relationship advice](#) on how to deal with and heal from a devastating break-up. She was able to move on and find peace and love again. Cupid has some advice to help you find yourself again after a difficult break-up:

1. Therapy: If you're feeling an overwhelming amount of emotion, a therapist can help you cope with them in a healthy way. Speaking to a therapist will allow you to discover how to handle intense emotions while also guiding you through this rough time so you don't have to go through it alone.

Related Link: [Celebrity Baby News: Blake Lively & Ryan Reynolds Reveal Sex of Third Baby](#)

2. Dive into a new hobby: After a break-up, you're going to have more free time. Avoid spending that time reminiscing of your past love and use it to foster a new hobby. Choose a fun activity that you've always wanted to try and before you know it you'll forget about your ex and have a new talent.

Related Link: [Celebrity Couple News: Jenni 'JWoww' Farley & Zack Carpinello Are Back Together After Split](#)

3. Spend time with your friends: Spending time with your friends is probably the best way to get over a lost love. Surround yourself with people who will support you when you're crying and help you find yourself again after a break-up.

How do you get over a lost love? Let us know in the comments below!

Celebrity Break-Up: Kenya Moore's Husband Marc Daly Reportedly Had Multiple Affairs Before Split





By Ahjané Forbes

In [celebrity news](#), former *Real Housewives of Atlanta* star, Kenya Moore, is filing for a [celebrity divorce](#) from her husband Marc Daly. The [celebrity couple](#) has been married since June 2017 and share their 11-month old daughter, Brooklyn. According to sources from *UsMagazine.com*, the divorce filing comes after an alleged extramarital affair involving Moore's husband. Daly reportedly got very upset when discussing a possible prenup, saying, "You can take everything, I'll build it again!" Moore has requested her privacy at this time, while her soon-to-be [celebrity ex](#) husband has not commented.

In celebrity break-up news, Kenya Moore's estranged husband may have cheated on her with multiple people. What do you do if you find

out your partner is cheating?

Cupid's Advice:

It's a hard pill to swallow when you find out that your partner has been having an affair with another person. It's even harder to accept the fact that you have been "replaced". Being upset is a normal emotion to feel at a time like this. However, how do you deal with this realistically? Cupid has some advice on how to deal with your lover's cheating ways:

1. Talk about it: Now, this is easier said than done. If you haven't given your partner a chance to explain him or herself, then you won't really know what's happening. Nobody likes hearing the potential unfaithful person's perspective, but it's important to talk to your partner before you take any further action. It is also important to point out any noticed changes in your love life. Tell your partner that you've notice the change in behavior. This will let them know that you are still paying close attention to them.

Related Link: [Relationship Advice: Signs Your Partner May Be Cheating](#)

2. Go to therapy sessions: If a conversation is not obtainable, please seek professional help. Tell the therapist what's happening and how you feel about this. Your partner should also be willing to attend sessions to take steps to repair your relationship, if that's something you're willing to do. Try to let them tell their side of the story without interrupting. This will be the only way to get them to open up. Also, try to talk about how things were prior to the infidelity. This will help target a sequence of events and a timeline.

Related Link: [Celebrity Divorce: Why Liam Hemsworth Quickly Filed for Divorce from Miley Cyrus](#)

3. Don't rush a decision: If you have children, this may affect them as well. Consider them as well when you're deciding how to move forward with your partner. Don't make any hasty decisions. As much as you may want to leave, take some time to think. Your partner's actions may not be justifiable, but choosing a plan of action in the heat of the moment is not a good move. Distance yourself and talk about the important things that involve your children or your household. If there's no repairable solution to fix your relationship, and they are living a separate life, take steps to tell your children what's going on and start filing for a divorce.

What are some ways you've dealt with a cheating spouse? Let us know in the comments below!

Celebrity Divorce: Sarah Palin's Husband Files for Divorce After 31 Years of Marriage





By Ahjané Forbes

“[It’s] impossible to live together as husband and wife,” said Todd Palin, who filed for a [celebrity divorce](#) from former Alaskan Governor Sarah Palin on Friday, September 6. Todd Palin called it quits on his birthday pointing to “incompatibility of temperament between the parties.” According to *UsMagazine.com*, the former Republican Vice President candidate has not commented on the filing. However, her [celebrity ex](#) does wish to have shared custody of their son, Trig, who has Down syndrome.

This celebrity divorce comes after multiple decades of marriage. How do you know when to call it quits on your marriage?

Cupid’s Advice:

No matter how long the relationship, we all encounter our likes, dislikes, and most importantly, the common ground with our partners. Marriage is kind of tricky. Every day, you respond “until death do us part” and “I do”, but what happens when you begin to respond “I don’t”? Cupid has some [relationship advice](#) on how to know when your marriage is definitely over:

1. Communication starts to change: We all go through that honeymoon phase of our relationships, and then we start to get comfortable with each other. It’s healthy to have arguments here and there, but if your partner starts disrespecting you, not caring, and not telling you important information, then you likely have a problem. Communication is the root of every successful relationship. If your significant other starts to talk less or gets mad at everything you say or do, it’s time to have a serious conversation about why this might be happening.

Related Link: [Celebrity Break-up: Miley Cyrus & Liam Hemsworth Split Less Than 8 Months After Wedding](#)

2. Not making time for each other: A relationship does not end when you get married. It’s important to still schedule in date nights and continue the ongoing flow of bliss. A spark dies when you don’t continue to maintain it. If you have children and busy schedules, you can still make a romantic dinner or watch a movie. The more creative and thoughtful you are, the better.

Related Link: [Celebrity Break-Up: Allison Williams & Husband Ricky Van Veen Split After 4 Years of Marriage](#)

3. Start noticing suspicious behavior: Is your partner leaving without telling you where they are going, spending too much time on their phone, or hanging out with new friends? These are tactics that can lead to extramarital affairs. Confront your partner about this, and if it turns into a

serious argument, seek out professional help.

What are some ways to know your marriage has ended? Tell us about it in the comments below!

Are Lori Loughlin & Mossimo Giannulli Heading for a Celebrity Divorce?



By Meghan Khameraj

In the latest [celebrity news](#), Lori Loughlin and Mossimo

Giannulli may be headed for a [celebrity divorce](#). According to a source for *UsMagazine.com*, the [famous couple](#) of over 20 years are struggling to maintain their relationship in wake of their college admissions scandal. In March, they were arrested for reportedly bribing the University of Southern California with over \$500,000 to accept their daughters, Bella and Olivia Jade. Since then, Loughlin and Mossimo have disputed over issues such as the use of their private jet and the rejection of a plea deal.

There may be another celebrity divorce headed our way. What are some ways to get through a tough time as a couple?

Cupid's Advice:

Lori Loughlin and Mossimo Giannulli are going through a rough patch in their relationship. When tensions are high and the relationship is on the line, many people may be lost on what to do next. Cupid has some relationship advice that will help you navigate through this difficult time:

1. Talk it out: While this may seem like a simple piece of advice, communication is key to making a relationship work. Talking to your partner about the things that bother you can help your relationship steer clear of rough patches. With talking comes listening, if your significant opens up about the relationship you should listen and be prepared to address those issues.

Related Link: [Celebrity Divorce: 'Jersey' Shore' Couple Jenni 'JWoww' Farley & Roger Mathews Finalize Divorce](#)

2. Take some time apart: If you can't seem to sit down and talk to your partner then perhaps you both need to take some

time and clear your heads. People tend to behave less rashly once they have taken time to think about the situation. You want to approach any conflict with your significant other with a clear and rational mindset.

Related Link: [Celebrity Break-up: Miley Cyrus & Liam Hemsworth Split Less Than 8 Months After Wedding](#)

3. Consider counseling: You've tried talking and clearing your mind but both seemed to have failed. Your relationship issues might be rooted in a deeper problem that can be uncovered through couples therapy or counseling. The therapist will act as an unbiased voice of reason to help you and your partner re-build your relationship.

What's your go-to strategy for getting through a tough time with your partner? Let us know in the comments below!

Celebrity Divorce: 'Jersey' Shore' Couple Jenni 'JWoww' Farley & Roger Mathews Finalize Divorce





By Meghan Khameraj

In [celebrity news](#), *Jersey Shore* couple Jenni ‘JWoww’ Farley and Roger Mathews has finalized their divorce after announcing their separation in September 2018. Farley and Mathews share two children, daughter, Meilani, 5, and son, Greyson, 3. This [celebrity divorce](#) won’t be ugly, according to a source for *UsMagzine.com*, “the former couple has put their differences aside for the sake of their children.” Mathews even attends the same family events as Farley’s new boyfriend. The former celebrity couple is committed to maintaining an amicable relationship for the sake of their kids.

This celebrity divorce has been finalized. What are some ways to re-build after a divorce?

Cupid’s Advice:

Even celebrity divorces can take a lot out of the couple in

question. It can be hard to think about moving on and re-building your life. Cupid has some tips:

1. Talk it out: Understanding why your relationship didn't work out will help you avoid awkward and potentially hurtful conversations with your ex. Avoid the drama and be honest with your former partner. Understand their point of view and their feelings so you can both move past it.

Related Link: [Celebrity News: Orlando Bloom Reveals How Past Divorce Affects Katy Perry Relationship](#)

2. Keep it civil: Break-ups can be nasty and it can be painful to have any sort of relationship with your ex. However, don't take your frustrations out on your former partner, instead, express your feelings calmly to figure out how you can maintain a relationship with your ex.

Related Link: [Celebrity Break-Up: Find Out Why Katie Holmes Ended Relationship with Jamie Foxx](#)

3. Move on: Don't spend time dwelling on the past and don't think you might get back together. Take your time to heal from the breakup but also understand that the romantic relationship is over and now you must move on to a more amicable relationship.

What are some other ways you can re-build a relationship? Let us know in the comments below!

Celebrity Divorce: Why Liam Hemsworth Quickly Filed for

Divorce from Miley Cyrus



By [Ashley Johnson](#)

In celebrity divorce news, Liam Hemsworth has filed for divorce after just eight months of marriage to [Miley Cyrus](#). Immediately after her split from the Aussie actor, Cyrus was spotted out holding hands and kissing blogger Kaitlynn Carter. According to *UsMagazine.com*, pictures have also surfaced of the two getting intimate in Italy on August 10. That said, the former Disney star denies any allegations that she had been cheating while married to Hemsworth. Ultimately, the former [celebrity couple](#) has agreed to go their separate ways due to irreconcilable differences.

In celebrity divorce news, Liam Hemsworth quickly filed for divorce from Miley Cyrus after news of their split became public. What are some ways to know you're ready to file for divorce?

Cupid's Advice:

Even the strongest of Hollywood relationships can end messily. Some will last and some will barely survive. Not all relationships are going to have a perfect ending, and that is okay. Luckily, Cupid has some [relationship advice](#) on how to know when you are ready to file for divorce:

1. You have outside interests: The maintenance of any marriage can definitely be made more difficult if you or your partner have different interests. Either both of your interests no longer line up, or your interests lie outside of the best interest of your marriage. You or your partner may want to explore something new outside of your marriage, whether it be sexually, physically, mentally, etc. Having interests outside of your marriage can include wanting to travel the world, wanting to pursue your own career goals, and much more. If this is the case, then divorce should be an option that you two explore together.

Related Link: [Celebrity Break-Up: Bradley Cooper & Irina Shayk Split After 4 Years Together](#)

2. You fight with your partner: Of course, no relationships has only ups. You and your partner are going to experience downs and some [relationship problems](#) along the way. It is impossible to agree on every single thing that comes your way.

Occasional disagreements are healthy, but when you and your partner are fighting more than you are having a good time with each other then it is probably best to end your marriage for the sake of wellbeing and happiness.

Related Link: [Celebrity Divorce: Hilary Duff & Mike Comrie Finalize Divorce 2 Years After Split](#)

3. You aren't intimate: Intimacy with your partner can be physical, emotional, or mental. If you feel your intimacy with your partner has declined at all in any context, then perhaps your marriage is not as strong as it used to be. A loss of intimacy can include no longer sleeping in the same bed as your partner, no longer having sex with your partner, not having as many conversations with your partner as you used to, and much more.

Can you think of any other ways to know you are ready to file for divorce? Let us know in the comments below!

Celebrity Break-up: Miley Cyrus & Liam Hemsworth Split Less Than 8 Months After Wedding





By [Katie Sotack](#)

It “came in like a wrecking ball” for [Miley Cyrus](#) and Liam Hemsworth fans. Following a surprise reunion and hasty marriage, the couple’s time together has ended in divorce. According to *UsMagazine.com*, the couple is happier focusing on themselves and their careers. The marriage lasted less than eight months before the relationship grew too rocky. The [celebrity news](#) was a shock to fans hoping that the *Last Song* costars real life love affair would work out.

Miley and Liam announced their celebrity break-up as she enjoyed an Italian vacation with friends. What are some tips for announcing your break-up to family and friends?

Cupid's Advice:

Aside from the pain of the actual breakup, you'll find it's time to deal with telling the masses. If friends and family knew them well this can very difficult news to break. Here are some relationship tips to ease the tense news:

1. Bring everyone together: Instead of doing a world tour to tell your family and friends, make the news a one night show. Invite those close to you over for dinner, ply them with wine, and fess up.

Related Link: [Celebrity News: 'Bachelorette' Hannah Brown Confronts Luke P. at 'Men Tell All'](#)

2. Ease them into it: Divorce and break-ups don't just happen, but it can feel that way to those who know you. Be honest about the dissolution of your relationship and the negative effects it was having on you near the end.

Related Link: [Celebrity Couple News: Scott Disick Is 'Really Happy' Kylie Jenner Is Close to Girlfriend Sofia Richie](#)

3. Focus on you: Your loved ones may have a lot of opinions, but remember that this was your relationship. Do not let their suggestions or criticism persuade you from knowing this breakup was right. Look out for yourself while reassuring their feelings.

How do you break the news for your breakup? Share in the comments below.

Celebrity Divorce: 'She's All That' Star Rachael Leigh Cook to Divorce Daniel Gillies After 15 Years



By [Mara Miller](#)

In the latest [celebrity news](#), [celebrity couple](#) Rachael Leigh Cook and Daniel Gillies are calling it quits with a [celebrity divorce](#) after 15 years of marriage. According to *EOnline.com*, Cook and Gillies posted an announcement on their Instagram on June 13th. They began their love story in 2004 and got engaged after just two months. The *She's All That* and *The Originals* stars have two children together and ask that their decision be approached with discretion for the sake of their children.

This celebrity divorce comes after a pretty long-term marriage. What are some ways to know your relationship can't be repaired?

Cupid's Advice:

Talk about the end of an era! Coming to the decision to separate or divorce when you have been married for a long time is not easy. Cupid has some advice on when to know to call it quits:

1. You've tried everything: You've been to marriage counseling. You've tried to talk it out. If the solution just isn't there, then it's time to admit to yourself that your marriage isn't salvageable.

Related Link: [Celebrity Break-Up: Bradley Cooper Enjoys a Boys' Night in L.A. After Irina Shayk Split](#)

2. You know in your heart that your marriage is over: If you can't shake the feeling deep in your heart that it's not worth pursuing anymore, then it's okay to start thinking about divorce. It's not worth trying to force something that will make you both miserable.

Related Link: [Celebrity Break-Up: Kendall Jenner & Ben Simmons Split Months After Reconciliation](#)

3. Your relationship has become toxic: This doesn't mean abusive. It could mean a number of things. You're fighting more because you've grown apart and don't see eye to eye over finances or kids. You're jealous your partner is spending more time with a friend of the opposite sex and you're worried more might be there. Whatever it is, if you find yourself and your spouse can no longer get along, then it might be time to call

it quits.

Are there any other ways you might know when it's time to call it quits on your marriage? Let us know in the comments below.

Adele Celebrates 31st Birthday Amid Celebrity Divorce



By [Mara Miller](#)

In the latest [celebrity news](#) according

to *UsMagazine.com*, Adele is celebrated her 31st birthday on May 5 despite her [celebrity divorce](#). In a captioned post on Instagram, Adele wrote, “30 tried me so hard but now I’m owning it and trying my hardest to lean in to it all. No matter how long we’re here for life is constant and complicated at times.” Adele announced her split from [celebrity ex](#) Simon Konecki in April. They have chosen to keep specific details about their split private.

Amid her celebrity divorce and birthday celebration, Adele says life is “complicated.” What are some coping mechanisms for getting through a break-up or divorce?

Cupids Advice:

A break-up or divorce is never easy. Cupid has some advice on how to cope:

1. Spend more time with your bestie: Your best friend(s) can be your strongest ally when it comes to helping you cope after a breakup. They can be there for you to drag you out for lobster and steak, a karaoke night, or even a late night Netflix binge with wine. It can be beneficial to spend time with someone who you know will be there for you without question.

Related Link: [Celebrity Break-Up: Adele & Simon Koneckis Call It Quits](#)

2. Pick up a new passion: This can seem incredibly corny, but picking up a new passion can help you cope with the aftermath of a breakup. Have you always thought about writing a romance novel? Going back to school to get another degree (or your

first if you never went to college?).

Related Link: [Celebrity News: 'Pump Rules' Lala Kent Deletes Instagram Pics of Fiance Randall Emmett](#)

3. Practice positivity: Staying positive after a break-up is important for your emotional health because it can be easy to fall into an emotional trap that will leave your circling why your relationship failed in a continuous loop.

What are some other ways you can cope with divorce or a break-up? Let us know in the comments below!

Celebrity Divorce: Wendy Williams Confronted Husband About Allegedly Having a Baby with Mistress





By Megan McIntosh

Wendy Williams is a part of a [celebrity couple](#) no more. According to *People.com*, Wendy Williams is divorcing her long-time manager husband after over two decades of marriage. This is not an amicable split. Williams confronted her husband and “the split is definitely due to Kevin’s ongoing infidelity and that his mistress recently welcomed their child.” Despite the strain that this has put on Williams, she remains in high spirits, continues to battle her substance addiction, and “she’s ready to leave the sober living house and build a new life for her and her son.”

In celebrity divorce news, the drama is still raging between Wendy Williams and her ex. What are some ways to get through a split when

you're on bad terms with your ex?

Cupid's Advice:

It can be hard to deal with a break up, it can be even harder to deal with a bad break up. Cupid has some ways to deal with an awful split:

1. Move ahead without closure: Sometimes closure just means moving on and continuing to live like Wendy Williams. Confrontation and arguments won't always bring you that peace you're looking for after a split. You sometimes have to make your own closure as the relationship is over, and it's time to move on.

Related Link: [How to Move On After Heartbreak](#)

2. Don't rush it: You don't need to move on with someone else quickly to fill the void or to get rid of the bad taste that your bad split has left you with. Focus on yourself and your family first. Of course, there's nothing wrong with moving on from a split quickly like [Chris Pratt](#) when he divorced Anna Faris.

Related Link: [Relationship Advice: How to Navigate a Separation](#)

3. Keep it civil: You don't have to be friends after a bad split or after any kind of breakup. But it is important to remain civil especially if you have children or mutual friends. Treat them like acquaintances, be polite but you don't have to be friendly.

**How have you dealt when a relationship ended on bad terms?
Share below!**

Celebrity News: Jenni 'JWoww' Farley Shares Photo While On Date with Mystery Man



By [Mara Miller](#)

In the [latest celebrity news](#), Jenny 'JWoww' Farley shared a photo on Instagram while on a [celebrity date](#) with a mystery man, according to *UsMagazine.com*. JWoww shared a photo captioned "cheers to the weekend" for her date. The photograph was of JWoww's lunch with her hand and the mystery man's hand on glasses of wine overlooking a terrace. Currently, JWoww is in the midst of a [celebrity divorce](#) with her celebrity ex

Roger Mathews, but it seems she is ready to move on!

In celebrity news, JWOWW seems to be moving on from her ex, Roger Mathews. What are some ways to know you're ready to move on after a split?

Cupid's Advice:

It can be difficult to decide when you are ready to move on from a split with your past partner. Here are a few ways to know you might be ready:

1. You feel good about yourself: You've moved on and you feel stronger, confident, and ready to take on the world—or maybe a new date.

Related Link: [Celebrity News: Stephanie Pratt Is Not On Speaking Terms with Spencer Pratt Due to 'Gold Digger' Heidi](#)

2. You feel hopeful when you see other couples: If you catch yourself smiling at a couple or feeling hopeful that you will find someone again, you might be ready to move on.

Related Link: [Celebrity News: Halsey Shuts Down Pregnancy Rumors](#)

3. You find yourself thinking less about your ex: This can seem like the hardest part after a breakup... but eventually, it *will* happen.

What are some other ways you might know you're ready to move on after a split? Let us know in the comments below!

Celebrity Wedding: Nicolas Cage Files for Annulment 4 Days After Fourth Wedding



By [Mara Miller](#)

In the latest [celebrity wedding](#) news, Nicolas Cage filed for an annulment four days after his wedding with his fourth wife, Erika Koike. According to *UsMagazine.com*, if the court won't grant an annulment, Cage has asked for a [celebrity divorce](#). Cage and Koike were first spotted together in San Juan, Puerto Rico in April 2018.

In celebrity wedding news, this isn't exactly a favorable outcome. What are some yellow flags to look for before making a final decision on marriage?

Cupid's Advice:

It's easy to get wrapped up in the idea of love and being married to your partner. It's not expensive to get married if you decide to elope in the courthouse, either. But here are a few flags you should watch out for before making the final decision on marriage to your partner:

1. If they lie about something small: Chances are, they might be lying about something bigger. If you feel like your partner isn't honest, getting married should be off the table. You need to be able to trust your spouse.

Related Link: [Celebrity Wedding News: J.Lo Was 'Surprised' When A-Rod Asked Her to Marry Him](#)

2. You WANT to be with them: One way to know that you're ready for marriage is that you can't stand the thought of not being with your future spouse. Difficulty sleeping at night when they aren't there or getting super excited when you know they're about to come home from work is a sign you might be ready.

Related Link: [Celebrity Wedding: Katy Perry & Orlando Bloom Are Engaged!](#)

3. Listen to your gut feelings: Can you see yourself actually going the distance with this person? Are you excited about starting a life together, and having (or adopting children) together? If your gut is telling you to run, you *may* want to

re-evaluate the situation.

What are some yellow flags you think you should be aware of before tying the knot? Let us know in the comments below!

Celebrity Divorce: Mandy Moore Reflects on 'Sad' and 'Lonely' Marriage to Ryan Adams



By [Mara Miller](#)

In the latest [celebrity divorce news](#), Many Moore opened up about her seven-year roller-coaster marriage to singer-songwriter Ryan Adams, according to *UsMagazine.com*. The [celebrity exes](#) met when Moore was 23, and she became smitten with him. They married a year later. Things fell apart in Moore's immediate family when her mother left her father and so she thought, "I'll create my own family," Moore admitted on the "WTF with Marc Maron" podcast. She explained that her career quieted down soon after the marriage. "I couldn't do my job because there was just a constant stream of trying to pay attention to this person who needed me and wouldn't let me do anything else." Moore and Adams divorced in June of 2015. She is now happily married to Dawes frontman Taylor Goldsmith.

This celebrity divorce ended up being a blessing in the end. What do you do if you find yourself in a marriage that's bad for you?

Cupid's Advice:

If you're truly being abused by your partner, the best thing you can do is get out of the relationship. Call this domestic abuse hotline if you ever need it: 1-800-SAFE (7233). Local women's shelters and community-based services may be able to provide help as well.

When you're in a bad marriage, it can be a tough call to decide whether you should leave or stay. But, you have to think about yourself and your children (if you have any) before you think about the longevity of your marriage to someone who makes you unhappy. Cupid has some tips:

1. Stop making excuses: It's easy to make excuses if you're in an unhealthy marriage. They're working too hard for you and

your family, or they had a bad day at work, so that's why they insulted you, especially when it happens constantly. *Stop this.* You're letting your spouse get away with treating you badly. It's easy to find yourself in a loop of reasons why it's okay to let your spouse treat you this way. Remember this: the *only* person that can get you out of this situation is yourself.

Related Link: [Celebrity Exes: Mandy Moore Says Ex Ryan Adams Was 'Psychologically Abusive'](#)

2. Take a good, hard look at your role in the relationship: Does the house fall apart when you aren't home no matter how many times you've asked for help? Do they expect you to hold a full-time job *and* do all of the housework? Take care of the kids by yourself? If every single thing falls on you and they aren't trying to help, or they try to make you feel awful when you haven't gotten everything done, then it might be time to get out.

Related Link: [Celebrity Divorce: Channing Tatum & Jenna Dewan's Split is Becoming 'Challenging and Emotional'](#)

3. Reach out to friends and family: It can be easy to lose touch with friends and family when you're busy. This is normal. But one of the first signs of being abused is for the abuser to start isolating their partner so they can't reach out for help. Being in a relationship that requires an occasional venting session with your bestie is one thing, but feeling completely isolated with no way out is another beast entirely.

What are some things you can do if you find yourself in a bad relationship? Let us know in the comments below!

Celebrity Couple News: Cardi B & Offset Make Reunion Red Carpet Official at Grammys



By Megan McIntosh

Breaking up is hard to do. Sometimes it's so hard that some couples don't remain broken up. [Celebrity couple](#) Cardi B and Offset have been on and off again since his cheating scandal last year. According to *People.com*, Cardi B and Offset finally had a public reunion at the *Grammys*, making it red carpet official. Cardi B has maintained that her relationship with her husband, while rocky, remains focused on their daughter, Kulture. Like many [celebrity break-ups](#), Cardi B and Offset had to decide for their own family whether their [celebrity marriage](#) was worth another chance.

Break ups can be hard but deciding whether or not to give a relationship another chance can be even harder. What are some tips to deciding where or not to take an ex back?

Cupid's Advice:

Some celebrity couples call it quits and never try again. Others, like Cardi B and Offset, find themselves revisiting that old flame and keeping the fire going. As long as you go into a potential rekindling with a different mentality than the one that made you decide to break up, getting back with an ex can be a good idea when done right. Cupid has some tips:

1. Acknowledge that you have both grown: You may have broken up and the wounds may still be fresh but in order to move on together you have to let go of past hurts. You are both not the same person that you were when you ended your relationship previously.

Related Link: [Celeb News: How Miley Cyrus and Liam Hemsworth Beat the Odds to Become One of Hollywood's Most Solid Couples](#)

2. Don't ignore the elephant in the room: Whatever the reason was for the break up, you can't pretend that it never happened. Don't be afraid to open up the communication about the break up without holding on to grudges or letting resentment build up. Be willing to have open communication like Miley Cyrus and her once ex (but now husband), Liam Hemsworth.

Related Link: [Celebrity News: Carey Hart Pays Tribute to Wife Pink at 13th Anniversary](#)

3. Don't be so serious: Don't be afraid to let your hair down and relax with your potential significant other. You were comfortable together before, let them back in and trust again. With open communication, trust, and lots of laughter, you'll be celebrating an anniversary like celebrity couple Pink and her husband, Carey Hart, in no time.

What are some more ways to successfully reconnect with an ex? Share below.

Celebrity News: Jeff Bezos Makes Public Appearance Without Wedding Ring





By [Lauren Burczyk](#)

In [celebrity news](#), [celebrity couple](#) Jeff Bezos and Lauren Sanchez's relationship is becoming more public. Bezos stepped out without his wedding ring, after announcing last week that he and his wife of 25 years, MacKenzie Bezos, would be getting a [celebrity divorce](#). According to *EOnline.com*, he was seen posing alongside John Travolta at the 16th Annual Legends of Aviation Awards at the Beverly Hilton Hotel, without sporting his band. News of Bezos' relationship with Sanchez broke one day following the announcement of his divorce. An insider told *EOnline.com* that the Amazon founder and former *Good Day L.A.* co-host are happy together and news of an engagement may not be far off.

One week after announcing he would be getting a divorce, Jeff Bezos is seen without his wedding ring,

making celebrity news. When is it acceptable to step out in public without your wedding ring after breaking the news of a divorce with your long-time spouse?

Cupid's Advice:

Announcing the news of a divorce between you and your spouse of many years can be very difficult. What's even tougher is deciding when it's appropriate to take that ring off in public. Cupid has some ideas of when it's acceptable to step out in the limelight minus your ring.

1. Let the news spread: It's best to wait just long enough so that the news can travel. It may not take long, just a week or so, but it's a good idea to give it some time to avoid any confusion.

Related Link: [Celebrity Break-Up: Jeff Bezos Caught Cheating With Friend's Wife Before Divorce](#)

2. Plan ahead for the right time: It's not a good idea to decide to make your first appearance without your wedding band at an event where you'll see your spouse or any family members. The appropriate place and time will be at an event where you'll be attending on your own, without your spouse or family members.

Related Link: [Celebrity Exes Chris Pratt and Anna Faris Give Co-Parenting Tips!](#)

3. Communicate with your soon-to-be ex: A good way to know when it's the right time to remove your wedding ring in public is by discussing it with your soon-to-be ex-partner. If you're

both okay with stepping out without your rings, then you'll know it's the perfect time.

When did you know that it was time to take off your wedding ring in public? Let us know! Comment below.

Celebrity Break-Up: Jeff Bezos Caught Cheating With Friend's Wife Before Divorce



By Lauren Burczyk

In [celebrity break-up](#) news, Amazon CEO, Jeff Bezos, announced that he and his wife of 25 years, MacKenzie, would be getting a divorce following their trial separation. This [celebrity divorce](#) comes after Bezos, 54, was caught cheating with his friend Patrick Whitesell's wife, Lauren Sanchez, 49. According to *UsMagazine.com*, Bezos and Sanchez have been seeing each other for eight months. Sources say that Jeff and Lauren's respective spouses have just been made aware of their relationship.

In celebrity break-up news, Amazon's CEO is caught up in a cheating scandal. What are some ways to know if your partner is cheating?

Cupid's Advice:

It can be difficult to come to terms with the fact that your partner is cheating. Cupid has some ways to confirm your suspicions:

1. Your partner changes up their routine: If your partner suddenly starts doing things out of the ordinary, such as showering every time they come home or sitting on their computer all night, then it may be worth it to question their loyalty.

Related Link: [Celebrity Break-Up: Find Out Why Michael Sheen & Sarah Silverman Split](#)

2. Your significant other finds every excuse to spend time alone: Your partner is making it difficult to spend time together and suddenly prefers to run errands by themselves. This can be a sign that there is someone else and may make you

want to confront them.

Related Link: [Celebrity Break-Up: 'Bachelorette' Alum Jordan Kimball is Using Dating App After Split from 'BIP' Love Jenna Cooper](#)

3. Your partner is visibly distraught and anxious: Cheating can take a toll on everyone, including the perpetrators. If your partner seems to be losing sleep and is getting easily agitated, it could be a sign that they are acting dishonestly.

What are some ways that you have known your partner was cheating? Comment below.

Celebrity Divorce: 'Bachelor' Star Nikki Ferrell and Husband Tyler Vanloo Split After 2 Years of Marriage





By [Courtney Shapiro](#)

In [celebrity news](#), former *Bachelor* star Nikki Ferrell has split from her husband Tyler Vanloo after two years of marriage. A source told *UsMagazine.com* that the twosome are “done” and have been “on the rocks” since their wedding. The [celebrity couple](#) tied the knot in October of 2016 in front of family and friends. Ferrell has recently posted photos without her wedding ring.

This duo is calling it quits after only a couple years of marriage. What are some ways to work on your marriage before splitting?

Cupid’s Advice:

How can you work on your marriage before splitting? Cupid has some thoughts:

1. Go to counseling: Talking to someone outside of your relationship might help to strengthen the marriage. The counselor may be able to offer advice that may not have occurred to you or your partner.

Related Link: [Celebrity Break-Up: Offset Responds After Cardi B Rejects His Grand Gesture On-Stage](#)

2. Stay focused on the issues you have at the moment: If you or your partner has a problem, make sure to talk it out with each other. Say what's on your mind but don't bring up anything that isn't necessary at the time.

Related Link: [Celebrity Break-Up: Niall Horan & Hailee Steinfeld Split](#)

3. Remember why the two of you are together: The two of you both made vows and chose to get married. Don't give up on each other so easily, and remember that the rough patch might only be temporary.

How did you work on your marriage? Share with us below!

Moving On: Jennifer Garner is Dating Businessman John Miller After Celebrity Divorce





By [Courtney Shapiro](#)

In [celebrity news](#), Jennifer Garner is happily dating businessman John Miller. After the actress finalized her [celebrity divorce](#) from actor Ben Affleck, she is excited to be moving forward with her love life. The new couple has been dating for six months and it seems to be getting pretty serious. A source told *UsMagazine.com*, “Jen brings out the best in John, and he is the happiest he has probably ever been. It’s a loving, healthy relationship.” Garner is glad to be moving on from the divorce.

Now that her celebrity divorce has been finalized, Jennifer Garner has moved on. What are some ways to know you’re ready to move on after a divorce or break-up?

Cupid’s Advice:

How do you know you're ready to move on after a divorce or a break up? Cupid shares some thoughts:

1. You are dating someone else: Dating someone else and being fully committed to that relationship is a big sign that you've moved on from your previous relationship. It is okay to move on and have a new love interest in you're life if you truly feel ready to be in that space again.

Related Link: [Celebrity Couple News: Gwyneth Paltrow Gushes Over Newlywed Life with Brad Falchuk](#)

2. You and your ex are friends: No one is asking you to be bff's with your ex, but if you two have a friendship rather than a romantic relationship, then it's safe to say you have respectfully moved on from that part of your lives.

Related Link: [Celebrity Divorce: Leah Jenner Officially Files for Divorce from Brandon Jenner](#)

3. Your emotions aren't all over the place: When the break-up first happens, it is expected that you will feel many different things. It's difficult at the start, but you'll have more control over your emotions after you have had time to move forward from the relationship.

How were you able to move on after a divorce? Let us know below!

Celebrity Divorce: Jennifer Garner is Seen Dating Someone

New After Divorce from Ben Affleck



By [Courtney Shapiro](#)

In [celebrity news](#), recently divorced actress, Jennifer Garner was seen dating someone new. Her divorce from actor Ben Affleck was finalized on October 5, 2018. The [celebrity couple](#) made their split public in 2015 and officially filed for divorce in 2017. The pair has three kids together and are on the same page about co-parenting. According to *UsMagazine.com*, Garner is “ready to start the next phase of her life.”

In celebrity divorce news, Jennifer Garner is moving on from her ex-husband. What are some ways to know you are ready to move on after a divorce?

Cupid's Advice:

How do you know you're ready to move on after a divorce? Cupid shares some advice:

1. You aren't thinking of your ex romantically: Of course there was a romantic connection between the two of you since you decided to get married. If you don't feel connected or attracted to the other person anymore, it could be a sign that you're ready to move on with your life.

Related Link: [Celebrity News: 'Bachelor in Paradise' Alum Jordan Kimball Denies Falsifying Jenna Cooper Cheating Texts](#)

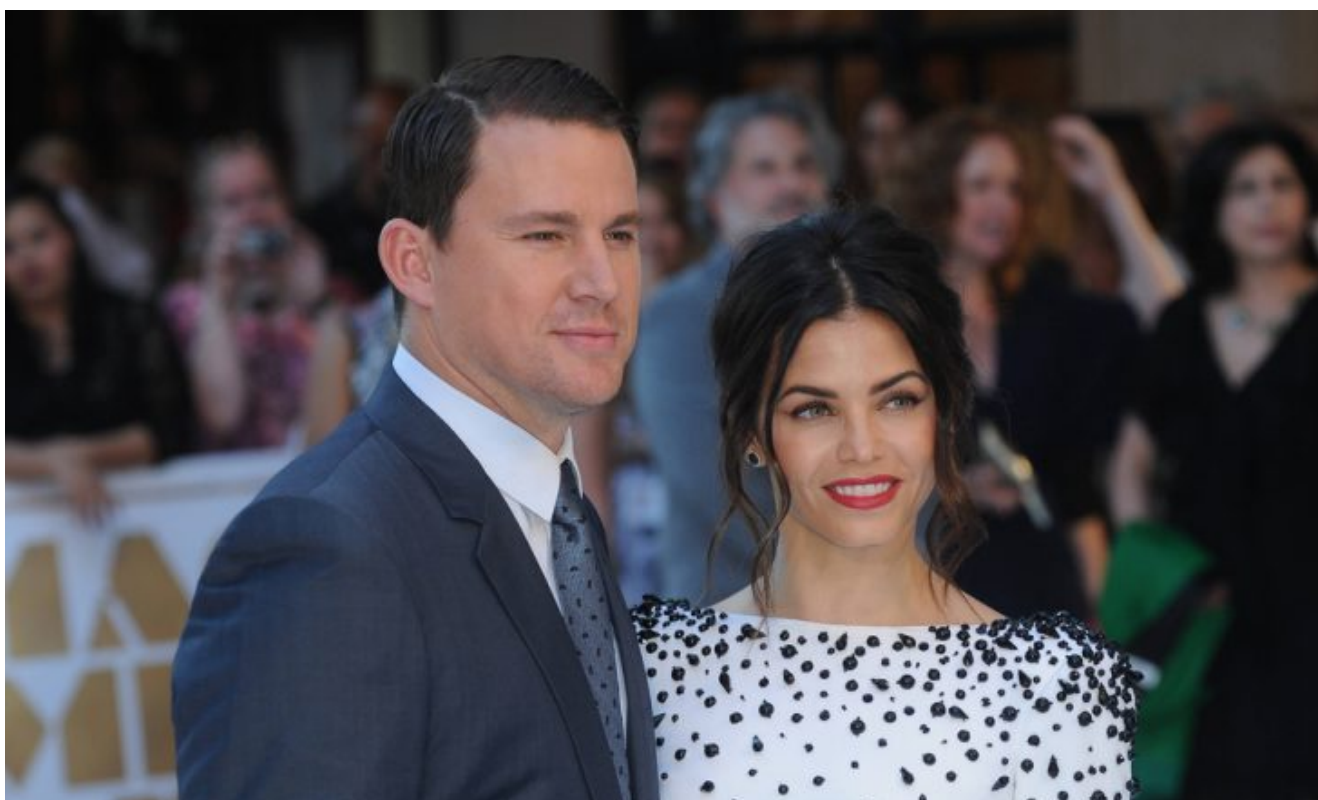
2. You're excited to go out again: The time will come after the divorce where you're ready to put yourself out there again. It may take a bit to get there, but eventually you'll be out of that post-divorce slump.

Related Link: [Celebrity Divorce: Leah Jenner Officially Files for Divorce from Brandon Jenner](#)

3. You have direction in your life: You know what you want and you are easing your way into getting it. Once you've dusted away the old pieces of the divorce, you have a clearer image of what your future will look like.

How were you able to move on after a divorce? Let us know below!

Celebrity Divorce: Leah Jenner Officially Files for Divorce from Brandon Jenner



By Ivana Jarmon

Leah Jenner and Brandon Jenner are over. In [celebrity news](#), Leah officially filed for [celebrity divorce](#) two weeks after announcing their split, [EOnline.com](#) reports. In a joint statement, the [celebrity exes](#) broke the news that after 14 years together and six years of marriage they'd be going their separate ways. "Even though we have chosen to separate as a couple, we still love one another very, very much and remain a

major part of each other's lives- as best friends, family and loving parents to our daughter," the statement read. Brandon is the oldest son of [Caitlyn Jenner](#) and Linda Thompson, and Leah is daughter of former Eagles guitarist Don Felder. The exes tied the knot in an intimate wedding ceremony in Hawaii in 2012, and they welcomed a baby girl named Eva James Jenner in July 2015.

This couple has decided to throw in the towel and are getting a celebrity divorce. What are some last-ditch efforts to make toward the end of a relationship?

Cupid's Advice:

When it comes to love you have to give it your all even if it's the end! Cupid has 3 last-ditch efforts that could save your relationship:

1. Take the b-word off the table: You don't want a possible break-up to be hanging over your heads. So, take it off the table, because in order to make the relationship work, you must create a safe space. This means no ultimatums and no threats of any kind. This also includes planning, thinking about breaking up or pursuing other relationship as if you're going to break up. This is serious, as using the b-word creates uncertainty and pressure in a relationship. You have to completely remove breaking up from the table.

Related Link: [Celebrity Exes: Justin Theroux Breaks Silence on Split from Jennifer Aniston](#)

2. Opportunity to evolve: In order for a relationship to heal, vulnerability has to be reintroduced to the relationship. This

means giving your partner another chance to evolve and to change in order to be a better partner. This gives them and you another chance to respond differently to your needs and to look at love differently.

Related Link: [Celebrity Exes: Tate Donovan Says He was 'Dying Inside' Working with Ex Jennifer Aniston on 'Friends'](#)

3. Work on yourself: The most important relationship you can ever be in and improve upon is the one you have with yourself. By fixing yourself, you change the way you see and react to others – your partner included. This may mean they will change the way they respond to you. To save your relationship, work on yourself!

“If you can't love yourself, how the hell you gonna love somebody else?”- RuPaul

What are some last-ditch efforts that's could save your relationship? Share your thoughts below.

Celebrity Break-Ups: Ashlee Simpson Wasn't Totally Surprised By Jessica Simpson & Nick Lachey's Split





By Ivana Jarmon

According to *UsMagazine.com*, singer/songwriter Ashlee Simpson, 33, open up about her reaction to sister [Jessica Simpson](#) and Jessica's ex Nick Lachey's [celebrity break-up](#) on *Watch What Happens Live with Andy Cohen*. This took place while playing a round of no-holds-barred "Plead the Fifth" on Tuesday, September 4th. In 2005, then [celebrity couple](#) Jessica Simpson and Nick Lachey's split rocked the celebrity world. After five years of marriage, the pair announced they were separating. Within the following month, Simpson filed for divorce citing "irreconcilable differences." But, for Ashlee Simpson, her sister's break-up wasn't all that surprising. Andy Cohen asked her, "On a scale of 0 to 10, how surprised were you by the split of Nick Lachey and your sister? Ten being the most surprised." Simpson gave a coy smile to her husband Evan Ross, before answering, "A five."

This celebrity break-up happened a

long time ago, but it was a big deal in the celebrity world at the time! What are some ways to keep your break-up from being breaking news?

Cupid's Advice:

If you go through a break-up, the last thing you want is for it to be the talk of the town. Cupid has some tips:

1. Privacy is key: The truth is, no one needs to know about your split. Keep your lips sealed. It's your business and your business alone. Of course you'll want to tell a trustworthy few like family and close friends, but no one else needs to know your business. Don't confirm anything unless you feel ready. Don't ever feel pressured to confirm something or make any announcements.

Related Link: [Celebrity Relationship: Jessica Simpson Celebrates 7-Year Anniversary with Eric Johnson](#)

2. Don't bash each other: After a break-up, make a pact with your ex to not throw each other under the bus no matter the circumstances. No bashing each other in public or on social media. Why? The fact is, it's plain rude and shows you have no respect for that person or yourself.

Related Link: [Jessica Simpson Runs Into Ex Nick Lachey](#)

3. Platform: Your break-up is only news if you put your relationship on such a platform where people will see it. A real relationship doesn't belong in the public eye; it's between two people. Keep your relationship and lack thereof to yourself! It doesn't belong on social media, television or anything that lets others sneak a peek into your personal

life.

What are some other ways to keep your relationship from being big news? Share your thoughts below.

Celebrity Divorce: Ben Affleck & Jennifer Garner Reach Divorce Settlement



By Jessica DeRubbo

In [celebrity news](#), [Ben Affleck](#) and [Jennifer Garner](#) have

reached a [celebrity divorce](#) settlement, according to *UsMagazine.com*. This comes after a long drawn out set of proceedings (almost three years), and it comes at a time when Affleck is currently in rehab recovering from alcohol addiction. The 46-year-old actor entered a treatment center last week to combat his addiction. Garner, his ex, drove him to the facility after an intervention. A final divorce settlement will be filed with the court after Affleck is released from rehab.

This celebrity divorce is almost official after long deliberations. What are some ways to keep your divorce proceedings civil?

Cupid's Advice:

When going through something so trying, it can be tough to keep things civil. But, you're always better off not fighting and getting heated, especially if there are kids involved. Cupid has some tips:

1. Always include a middle man: Whenever you're talking about your divorce, make sure there's someone there to mediate. There's a reason you're getting divorced, which probably means effective communication between the two of you is at an all-time low. Having someone else there to listen to both sides will be helpful.

Related Link: [Celebrity Break Up: Jennifer Garner Wants Ben Affleck to "Work on His Health" Before Finalizing Divorce](#)

2. Take a few breaths before responding: Keep spur of the moment reactions to a minimum by taking a beat before responding to various requests. Think through what you want to say before you say it, so that you don't end up saying

something you regret.

Related Link: [Jennifer Garner Is 'Not Surprised' Ben Affleck Is Dating Playboy Model Shauna Sexton](#)

3. Think about the love you once had: You got married for a reason in the first, place so keep that in the back of your mind while you're going through your divorce proceedings. This will open up that soft spot you had for your former S.O. and will keep you more level-headed.

What are some other ways to keep a divorce civil? Share your thoughts below.

Celebrity News: Ben Affleck Checks In to Rehab After Intervention with Jennifer Garner





By [Haley Lerner](#)

In [celebrity news](#), [Ben Affleck](#) checked in to rehab on August 22 after an intervention by estranged wife [Jennifer Garner](#) and a sober coach. According to *UsMagazine.com*, a source said Affleck knew he needed help and asked for it. An eyewitness at the scene of the intervention at Affleck's home in Pacific Palisades said at one point Garner came outside shaking. After the intervention, Affleck and Garner left his house in a car together, stopped at a Jack in the Box and drove to Malibu. Garner has supported Affleck through his addiction struggles even though the two split up in 2015 and filed for divorce in 2017.

In celebrity news, Ben Affleck checked into rehab with support from his family. What are some ways to support a partner

who has a substance addiction?

Cupid's Advice:

Substance addiction is a tough battle, and if your partner is going through it, it can be difficult. Cupid has some tips on how to support your partner:

1. Get them help: The most important thing you can do for your partner is to get them help for their substance addiction. Whether it's having an intervention, taking them to rehab, getting them a therapist or some other form of treatment, it is definitely necessary for them.

Related Link: [Celebrity Break Up: Jennifer Garner Wants Ben Affleck to "Work on His Health" Before Finalizing Divorce](#)

2. Be there for them: Right now, your partner needs you to be loving and supporting while they are going through a hard time. Be there to talk to them whenever they need it and make it clear you aren't going to leave them.

Related Link: [Celebrity News: Jennifer Garner 'Doesn't Want' Her Kids Around Ben Affleck's GF Lindsay Shookus](#)

3. Help them find new outlets: If your partner is out of rehab but still is in a tough place from their substance abuse, help them find new fun outlets to spend their time and enjoy life. Show them you still want life to be fun for them and take them on fun dates and outings.

Have any more tips on how to help a partner who has a substance addiction? Comment below!

Celebrity News: Find Out Why Angelina Jolie is Waging War Over Custody with Brad Pitt



By [Haley Lerner](#)

In [celebrity news](#), [Angelina Jolie](#) is waging a war over custody of her six children with [Brad Pitt](#) after their [celebrity divorce](#). In a court document filed August 7 by Jolie's legal team, Jolie claimed Pitt "has paid no meaningful child support" in the 23 months since their separation. According to *UsMagazine.com*, sources say the reason Jolie is revving up the custody battle is because, "She sees the writing on the wall: Joint custody is a done deal, and there is nothing she can do to stop it." Pitt was the subject of a child services investigation immediately following Jolie's divorce filing,

but he was cleared of any wrongdoing. Though Jolie has held primary custody of the kids, Pitt has been granted increased visitation rights. In June, Pitt was granted temporary shared custody for the summer by an L.A. judge. An insider said, "Brad is done playing doormat to Angie, hoping that would tamp down her anger. He is going to trust his lawyers and inner circle of friends to continue to be there for him – and get him joint custody of the kids."

In celebrity news, Angelina Jolie isn't going to go quietly into the night when it comes to the custody of her children. What are some ways to make a custody battle more civil?

Cupid's Advice:

Custody battles can be hard for both the parents and the children. Cupid has some tips on how to make it easier:

1. Think of your children: During a custody battle, it's important you remember the reason you are going through all of this: your children. Do your best to keep things civil to ease the pain and turmoil your kids will have to go through with their parents splitting up.

Related Link: [Celebrity News: How Brad Pitt Came Out of Split from Angelina Jolie Better Than Ever](#)

2. Open communication: Even if you may have negative feelings towards your ex, it's important you keep communication open during a custody battle. Icing each other out will only cause more tension and cause things to get uncivil.

Related Link: [Celebrity News: Brad Pitt Was 'Done Being Mr. Nice Guy' in Custody Agreement with Angelina Jolie](#)

3. Understand each other: As much as you might want to loathe your ex and have them have zero contact with your kids, it's important you understand where they are coming from and the love they have for your children. Be understanding and respect that they deserve time with your children as well.

Have any more tips on how to make a custody battle more civil? Comment below!