

Celebrity Couple News: 'Real Housewives of Atlanta' Star Porsha Williams & Dennis McKinley Back Together After One Month Split



By Ashley Johnson

In celebrity couple news, *Real Housewives of Atlanta* star Porsha Williams was recently seen wearing her wedding ring again, according to *EOnline.com*. It has been one month since the [reality TV star](#) split from her husband Dennis McKinley, but they have decided to give their relationship a second chance and take it one day at a time.

In celebrity couple news, Porsha and Dennis have rekindled things after one month apart. How do you know whether to give your ex a second chance?

Cupid's Advice:

We are wishing the celebrity couple well in their reunion, however not all relationships deserve a second chance, and there are factors to be considered before jumping right back in with your ex. Cupid has some [love advice](#) on how to know whether to give your ex a second chance like the *Real Housewives of Atlanta* stars:

1. Your brain and your heart match up: Feelings can be overwhelming and a lot of the time you may get lost in them. The heart wants what it wants, but the brain has a different agenda. While the care may still be there for your ex and old feelings may even resurface, following your heart can come with its consequences. If your heart is invested, but your brain is showing you all the red flags, then you should be very cautious before giving your ex that second chance.

Related Link: [Celebrity News: Hannah Brown's 'Bachelorette' Runner-Up Goes On Date with Gigi Hadid Days After Spending Night with Hannah](#)

2. You both have grown: If you both have grown, that means that you both are different people than when you first met, and that also means you both are able to move on from the past. Sometimes you may hold grudges against your ex for certain relationship problems in the past, but if you and your ex are genuinely able and willing to forgive each other, then you can begin anew with each other.

Related Link: [Celebrity Couple News: Justin Bieber & Hailey Baldwin Debut Wedding Bands](#)

3. You see your ex in your future: You always want to move forward, not backward. Just because your ex may have been a good portion of your past, does not always mean that they should be a part of your future. However, if you are both on the same page this time around and have the same wants and needs in a relationship, then you can consider keeping them in your life for a better future together.

Can you think of any other ways how to know whether to give your ex a second chance? Let us know in the comments below!

Celebrity Couple News: Gwyneth Paltrow Explains Why She And Husband Brad Falchuk Don't Live Together Full-Time





By [Emily Green](#)

In the latest [celebrity news](#), [Gwyneth Paltrow](#) opened up about why she and her husband Brad Falchuk do not live together full time, according to *UsMagazine.com*. This [celebrity couple](#) was married in September of 2018, and each have two children from previous marriages. Due to worrying how their children will adapt, Falchuk has a separate home he stays in when his children come to stay with him.

This celebrity couple doesn't live together full-time due to reasons pertaining to their kids. What are some ways to introduce the kids you had with your ex to your new love?

Cupid's Advice:

Introducing your children from a previous relationship to your

new partner is not only a big step in your relationship, but a big adjustment for your children. By focusing on your children and how they feel, you can help ensure a smooth transition into this new period in your lives. Here are some of Cupid's tips to introduce your kids to your new partner:

1. Introduce them in a group setting: By introducing your kids to your new partner in a group setting like a barbecue or at the park, this creates a no pressure atmosphere with your kids, so they don't have to worry about making a amazing first impression and vice versa. By meeting them in public group settings the first few times, this gives the kids more time to become acquainted with who your partner is, and will feel more comfortable down the line.

Related Link: [Celebrity Divorce: Jennifer Garner is Seen Dating Someone New After Divorce from Ben Affleck](#)

2. Go slowly: While you might be completely in love with your new partner, remember this is a totally new situation for your children. Watch how they interact with your new partner, and pay attention to their social cues. If they are having a problem with something, talk to them so you can work through it, and then you can move forward.

Related Link: [Celebrity Parents: Inside Kate Hudson's Co-Parenting with Exes Matt Bellamy & Chris Robinson](#)

3. Go in with no expectations: People can't be forced to like one another. By telling your kids they need to be on their best behavior can plant that seed of worry, and immediately puts pressure on the meeting. Simply ask them to go in with an open mind, and they can form their own opinions to share with you after they get to know them.

What are some ways you have introduced your kids to your new partner? Let us know in the comments below!

Bonnie Griffin



Summer 2019

Editorial Intern

Bonnie Griffin is a graduate student at Southern New Hampshire University where she is a student in their new online MFA Creative Writing program. Her main areas of study are in writing in the romance genre and teaching writing online. After working as a freelance writer for other authors and publishers, she published her first paranormal romance novel in 2017 as B.M. Griffin, and has since published four books in total with many more already in the works. Bonnie hopes to turn her love for writing into a career by teaching others in

the profession she is so passionate about, while also continuing to write books that she is proud to put her name on. Bonnie lives in Richlands, North Carolina with her husband Jason, their two daughters, and two dogs she considers her third and fourth child.

Bonnie's favorite [celebrity couple](#) is [Kristen Bell](#) and Dax Shepard. She's been a fan of Shepard's since he starred in the NBC comedy, *Parenthood*. Bonnie loves to see the couple laughing and having a great time together; they seem to truly enjoy being together. The video of Kristen meeting a sloth sealed the deal for her when it came to them becoming her favorite celebrity couple.

Celebrity News: Are Khloe Kardashian & French Montana Getting Back Together?





By Megan McIntosh

Though they were previously a thing, French Montana and [Khloe Kardashian](#) are not a [celebrity couple](#), according to *UsMagazine.com*. After Kardashian's divorce from Lamar Odom, she moved on with French Montana, but admitted that she "was not in a good place" when they dated. Now, after her breakup with Tristan Thompson, she is currently "not thinking about her love life at the moment" and is instead focusing on her daughter, True.

In celebrity news, it seems this rumor is unfounded. What are some reasons you should think twice before getting back together with your ex?

Cupid's Advice:

It can be difficult to know when it's right to rekindle an old flame. How do you know you shouldn't take that step and try getting back together; that it's time to really let it go and move on? Cupid has some advice:

1. Nothing has changed: What was the reason you broke up with your partner? Is that still an issue between you two? If nothing has changed since you broke up, then there's no reason to get back together. The issue will only re-emerge and cause a future break up.

Related Link: [Celebrity Break-Up: Adele & Simon Koneckis Call It Quits](#)

2. The reason you're returning isn't a good one: Why are you getting back together with your ex? Is it because you genuinely have a connection, or is it because you want closure? Never return to an ex because you don't understand the break up. If you broke up, there must have been a reason. If that reason still stands, so should the break up.

Related Link: [Single Celebrity: Brad Pitt Is Moving On as a Single Man As Final Divorce Decisions Are Made](#)

3. It might be a rebound: Never rekindle an old flame for a rebound. If you broke up with someone, there's no reason to return to another ex as a rebound. If there's no emotional attachment, you can try to have fun. But, inevitably, feelings always pop up. If you want to rekindle with an old flame, it should only be you two involved in the why.

How do you know when it's a bad idea to rekindle a relationship? Share below!

Celebrity Baby News: Find Out How Falling in Love with Ryan Gosling Changed Eva Mendes' Mind About Motherhood



By Megan McIntosh

Not everyone thinks that motherhood is for them, and sometimes it isn't. But, a lot of times it just takes the right partner. [Celebrity couple](#) Ryan Gosling and Eva Mendes are examples of this. According to *EOnline.com*, Mendes never really considered being a mom until she fell in love with [Ryan Gosling](#) saying, "Then it made sense for me to have...not kids, but his kids. It was very specific to him." She says that a partnership and motherhood has shifted her focus from ambition in the

workplace to ambition in the home. Instead of working hard on a movie set, Mendes says working at home with her children is “challenging her in so many ways.” It’s definitely enough to keep her occupied.

In celebrity baby news, Eva Mendes changed her mind about motherhood because of her partner, Ryan Gosling. What are some signs your partner will be a good parent?

Cupid’s Advice:

It can be difficult to know if you or your partner are ready to have a child together. But there are always signs to look out for that indicate whether your partner will be a good parent:

1. Patience: If your partner is patient when it comes to relationship squabbles, it’s a good indicator that they’ll be a patient parent. Watch how they interact when it comes to tiny annoyances. Kids know how to push all your buttons.

Related Link: [Parenting Advice: 5 Steps to More Effective Parenting](#)

2. Flexibility: Is your partner willing to accept other people’s suggestions? If your partner is willing to be wrong or to compromise, this is a good sign they’re flexible enough to be a parent with you. You won’t always agree on parenting methods, so flexibility is key.

Related Link: [Parenting Tips: How To Set a Good Example For Your Child](#)

3. Emotions: Your partner doesn't have to be super emotional to be a good parent, but it is a good idea to look for signs of affection. If your partner readily shows affection, this is a good sign they're ready to be a parent in the future. At the same time, they shouldn't be quick to anger.

What are some signs you look for to parent with you in the future? Share below!

Celebrity Couple News: Cardi B & Offset Make Reunion Red Carpet Official at Grammys





By Megan McIntosh

Breaking up is hard to do. Sometimes it's so hard that some couples don't remain broken up. [Celebrity couple](#) Cardi B and Offset have been on and off again since his cheating scandal last year. According to *People.com*, Cardi B and Offset finally had a public reunion at the *Grammys*, making it red carpet official. Cardi B has maintained that her relationship with her husband, while rocky, remains focused on their daughter, Kulture. Like many [celebrity break-ups](#), Cardi B and Offset had to decide for their own family whether their [celebrity marriage](#) was worth another chance.

Break ups can be hard but deciding whether or not to give a relationship another chance can be even harder. What are some tips to

deciding where or not to take an ex back?

Cupid's Advice:

Some celebrity couples call it quits and never try again. Others, like Cardi B and Offset, find themselves revisiting that old flame and keeping the fire going. As long as you go into a potential rekindling with a different mentality than the one that made you decide to break up, getting back with an ex can be a good idea when done right. Cupid has some tips:

1. Acknowledge that you have both grown: You may have broken up and the wounds may still be fresh but in order to move on together you have to let go of past hurts. You are both not the same person that you were when you ended your relationship previously.

Related Link: [Celeb News: How Miley Cyrus and Liam Hemsworth Beat the Odds to Become One of Hollywood's Most Solid Couples](#)

2. Don't ignore the elephant in the room: Whatever the reason was for the break up, you can't pretend that it never happened. Don't be afraid to open up the communication about the break up without holding on to grudges or letting resentment build up. Be willing to have open communication like Miley Cyrus and her once ex (but now husband), Liam Hemsworth.

Related Link: [Celebrity News: Carey Hart Pays Tribute to Wife Pink at 13th Anniversary](#)

3. Don't be so serious: Don't be afraid to let your hair down and relax with your potential significant other. You were comfortable together before, let them back in and trust again. With open communication, trust, and lots of laughter, you'll be celebrating an anniversary like celebrity couple Pink and her husband, Carey Hart, in no time.

What are some more ways to successfully reconnect with an ex?
Share below.

Celebrity Baby: Meghan Markle Reveals Due Date



By Mara Miller

In the latest royal [celebrity baby](#) news, Meghan Markle revealed her due date during a walkabout in Hamilton Square with Prince Harry, according to *EOnline.com*. Markle is currently six months pregnant; the [celebrity couple](#) is expecting their first baby between April and May. The Dutchess

and Prince have decided to wait to find out the gender of their baby. This is the closest confirmation of her due date available since Kensington Palace previously announced the baby is expected in Spring 2019.

Meghan Markle and Prince Harry are about to have their first celebrity baby. What are some ways of announcing your due date to the world?

Cupid's Advice:

Announcing your due date isn't something you need to keep a secret if you don't want to. What are some ways you can tell your family and friends your exciting news?

1. Photographs: You could do a mini photo shoot with the ultrasound picture and baby shoes. If you have an older child or a pet, include them in the announcement photo. You could have your older child standing next to a chalkboard with something that says, "Big (sister or brother) starting (insert due date)". For your pet, you could do something like taking a picture of their paws next to baby shoes. Have fun and get creative!

Related Link: [Prince Harry Reveals His Nickname for the Royal Celebrity Baby](#)

2. Announce to immediate family: Announcing your pregnancy and due date is an exciting time for you and your partner, as well as for your family and friend. If you don't want to immediately let everyone on social media know before your close circle does, plan unique announcements for each group! Don't let the pressure of sharing your due date stress you

out; it doesn't have to be extravagant. A phone call to your mother (instead of texting) means more because it's personal. Or maybe a cup that says, "World's Best Grandma/Grandpa/Uncle/Aunt" and a picture of the ultrasound with the due date will be more memorable for years to come.

Related Link: [Celebrity Baby News: Prince Charles Teases Baby Names for Duchess Meghan and Prince Harry](#)

3. Make something special (or have something special) made to celebrate: You can go beyond having a cup made when you announce your due date. If you're creative with programs like Photoshop, you could create a movie poster with the due date or make a small trailer with a video editing program (like iMovie or Windows Movie Maker). If you create the movie poster, you could put it in the baby's room once they're born.

What are some ways you have seen someone announce their due date?

Celebrity Baby News: Carrie Underwood Shares Sex of Baby at 2018 CMAs





By [Ivana Jarmon](#)

It's a boy for [Carrie Underwood](#)! In [celebrity news](#), the country singer accidentally let it slip that she is having a boy while hosting the 52nd CMA Awards, *EOnline.com* reports. Co-host Brad Paisley managed to poke and prod Underwood to learn the sex of the baby for all the details on live TV. He teased, "Seriously, Carrie, give me a baby hint." Paisley suggested a few potential girl and boy names, and Underwood, annoyed, said, "Oh, my gosh, Willie, it's a Willie!" This is Underwood's second celebrity pregnancy, as she and husband Mike Fisher share a son named Isaiah.

In celebrity baby news, Carrie Underwood is expecting a little boy. What are some ways to reveal the sex of your unborn child??

Cupid's Advice:

Next to announcing that you're pregnant, revealing if it's a girl or boy is very big news, so why not find a creative way to share it. Cupid has some ways to reveal the sex of your unborn child:

1. Gender reveal balloons: To do a gender reveal with a balloon, many people fill the inside with blue or pink confetti, powder. When it is time to reveal the gender, the only thing the future parents will have to do is pop it with a pin and the confetti, glitter or powder will explode in a big way. Celebrity couples such as [Kate Hudson](#) and Danny Fujikawa have done it.

Related Link: [Celebrity Break-Ups: Kaitlyn Bristowe Visits Vancouver Post-Split from Shawn Booth](#)

2. Color your cake: All gender reveal parties call for cake or cupcakes...it's a rule. So why not hide the news of your babies' gender inside the cake or cupcake? All it takes is some food coloring to make the batter pink or blue, then use frosting to hide the evidence and write an enticing message on top. The only way guest will find out what the gender is by cutting the cake or biting the cupcake.

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3. Push pop confetti: Nothing says celebration like confetti! Gender reveal confetti push pops are the perfect reveal. Celebrity couple such as [Hilary Duff](#) and Matthew Koma have used the push pop at their own gender reveal party. The push pops can be found in many stores already pre-loaded with pink or blue confetti a simple twist is all that is required to activate and dazzle you and your guess with Confetti.

What are some ways to reveal the sex of your unborn child? Share your thoughts below.

Celebrity Wedding: 'Teen Mom 2' Star Jo Rivera Marries Vee Torres with Ex Kailyn Lowry in Attendance



By Courtney Shapiro

The knot was recently tied for [celebrity couple](#) Jo Rivera and Vee Torres. The *Teen Mom 2* [celebrity wedding](#) was filled with love and family as Torres' son Isaac and daughter with Rivera, Vivi, participated as the ring bearers. According to *UsMagazine.com*, Torres' ex Kailyn Lowry was also at the

wedding. Lowry attended with her best friend and sent a tweet thanking her for “wiping my tears as I bawled.” Rivera and Torres declared their engagement in April and were both looking forward to their big day.

In this celebrity wedding, Rivera’s ex attended. What are some ways to decide whether to include your ex on the guest list for your nuptials?

Cupid’s Advice:

Is it okay to have you ex at your wedding? Cupid has some thoughts on when this is okay:

1. The relationship with the ex isn’t fresh: If you have been in your current relationship longer than you were broken up and were able to be in a friendship with your ex, then having them at your wedding shouldn’t be an issue. The past is in the past and both of you are currently happy with the life you live, so it should be easy to include them on the guest list.

Related Link: [Celebrity Wedding: Justin Bieber and Hailey Baldwin Quietly Wed on Thursday](#)

2. The ex is a part of the couple’s life: The ex shouldn’t be invited to the wedding if they are just a random person brought up from the past. If the couple spends time with this person and thinks of them as a friend rather than an ex, then they can choose if they want that person there or not.

Related Link: [Celebrity Wedding News: Paris Hilton & Chris Zylka Push Back Wedding Date](#)

3. The ex is the other parent to your child: This is more of a

courtesy to the child rather than to either of the parents. It shows that even though the parents are not together, there is no hostility between them, which gives the child an easier time of understanding the new relationship.

Have you invited an ex to your wedding? Let us know below!

Celebrity Break-Up: 'Bachelor in Paradise' Star Jordan Kimball Confirms Split from Jenna Cooper Amid Cheating Reports





By Ivana Jarmon

In [celebrity news](#), *Bachelor in Paradise* stars Jordan Kimball and Jenna Copper called it quits after reports of cheating. Kimball and Cooper met while filming *BIP* season 5. The [celebrity exes](#) recently got engaged during the Tuesday, September 11th finale. Kimball popped the question at the end of shooting earlier this summer, and the pair gushed over their future nuptials exclusively to *UsMagazine.com*. "It'll be a production, I can say that. Then after, it's going to be a big party. I'm not too crazy, but it might get crazy later," Kimball said. On Tuesday, Reality Steve posted text messages of a conversation between Jenna talking to an unknown man about her relationship with Kimball being fake. Kimball posted on his Instagram, saying, "Fumbling emotions and being understanding is not easy. I'll be taking time to pursue my inner peace and she will always have me to talk to, if you've reached out to me, allow me time. Thank you to those that have."

In Bachelor in Paradise Jordan Kimball and Jenna Cooper call it quits after cheating scandal. What are some ways to approach your partner if you suspect infidelity?

Cupid's Advice:

Suspecting your partner of cheating is one of the worst feelings. Cupid has tips on how to approach your partner if you suspect infidelity:

1. Just talk to them: Of course it's easier said than done, but it's likely the fastest way of finding out. Be assertive and honest; tell them about your thoughts and how you feel. Stand your ground even if it hurts.

Related Link: [Celebrity News: 'Bachelor' Nation Alum Ashley Iaconetti & Jared Haibon Respond to Kevin Wendt's Cheating Claims](#)

2. Innocent until proven guilty: Stay calm, and remain in the present. You have to be patient so that you can observe. You have to play detective. The only way to do that is via rational observation. It may take some time for the truth to reveal itself, but the truth almost always comes to light.

Related Link: [Celebrity News: Two Strong 'Bachelor in Paradise' Couples Abruptly Breakup](#)

3. Examine yourself: Your intuition may be right! Or, you could be reading too much into it. So, take a long hard look at yourself, and be honest. Do you get jealous easily? Are you insecure about your partner's feelings or your relationship? Answer yourself truthfully.

What are some tips on how to approach your partner if you suspect infidelity? Share your thoughts below.

Celebrity Couple News: Joanna Gaines Cheers on Husband Chip at His First Marathon



By Rhodesia Williams

In [celebrity news](#) we have Joanna and Chip Gaines showing the world how they are nothing short of relationship goals! The [celebrity couple](#) were all smiles May 6th in Waco, Texas for

the Silo District Marathon, according to [UsMagazine.com](https://www.usmagazine.com). Chip, 43, ran his first ever marathon while his wife, Joanna waited for him at the finish line. With Joanna excited for Chip's big finish, she captured the moment as he crossed the finish line. However, that won't be the only excitement for this celebrity couple! Joanna is expecting her fifth child soon.

This celebrity couple is known for supporting each other in their endeavors. What are some ways to show your partner you support them?

Cupid's Advice:

Joanna Gaines isn't the only one who should be supporting her partner; it's important in every relationship. Cupid has some advice:

1. Show up: Sometimes support is as simple as just being there for your partner, just like Joanna Gaines attended Chip's marathon. Your presence alone does a lot to empower your partner to succeed.

Related Link: ['Fixer Upper' Stars Chip & Joanna Gaines Are Expecting Celebrity Baby No. 5](#)

2. Be there to listen: Support comes in many forms, and being there to listen to your partner is one of them. Being someone your partner can count on to talk on their feelings is extremely helpful and supportive.

Related Link: [3 Ways to Support Your Anxious Partner](#)

3. Offer help frequently: Make sure to lend a hand whenever you can. Even if your partner says "no" once, be sure to keep offering to help out so that he or she knows the offer is

still on the table and doesn't feel bad asking.

What are some other ways to show your support to your partner? Share your thoughts below.

5 Things We Can Learn from Justin Bieber & Selena Gomez's Rocky Relationship



By Ashton Dixey

There are a lot of beautiful [celebrity couples](#) out there, but there is one in particular that we've all come to admire and

treasure: [Justin Bieber](#) and [Selena Gomez](#). Society has perhaps learned more from observing their dating story than we could from reading a [relationship book](#)! Although they're currently on a break right now, that doesn't mean that we can't learn from this super cute couple.

Read on to learn more about the five things that celebrity couple Justin Bieber and Selena Gomez taught us about relationships:

1. First loves are the hardest to get over: Justin Bieber was only 16 and Selena Gomez was 18 when they both started dating each other. Fresh faced and in love, these two went everywhere together and were spotted packing on the PDA in full swing. Fast forward eight years later (past all of the drama) and these two are still in touch trying to make things work. It seemed like Bieber never fully recovered once Gomez and him broke-up. Gomez even wrote a song about it called "The Heart Wants What It Wants." Be careful who you fall in love with for the first time because that first break-up is the toughest to recover from.

2. Learn to be okay alone: It seemed as if these two kind-of lost their balance when they had their [celebrity break-up](#). One ended up in rehab and the other was caught peeing in random wash buckets in California. Be sure you are okay with who you are as a person inside so you can move on without racking up 20 tattoos on your neck to try and burn away the pain. One month shortly after the break-up, Justin ended up driving drunk without a license, running from the cops, and even egging his neighbor's house. When you go through a break-up, don't lose touch with yourself. Now is the perfect time to rediscover the greatness within you. Stay in touch with

friends and family that truly support you so you can talk through your emotions instead of acting impulsively.

Related Link: [Celebrity Break-Ups: Find Out Why Justin Bieber & Selena Gomez Are Taking a Break](#)

3. Keep a cool head after a break-up: Sometimes it feels really good to go on social media and unfollow your ex-boyfriend or girlfriend. Or, it might be fun to go out with a random person for the night and post pictures of yourself and them kissing. Although this may relieve the pain for a bit, it is not the best idea. Bieber put fuel on the Jelena rumor fires when he unfollowed Gomez and started posting steamy pictures of himself and other girls on Instagram. There was somewhat of an Instagram war occurring between the two. Try your best to keep a cool head after you break-up and don't do anything you'll regret. If you do end up back together at some point, you don't want to do anything that might spoil the relationship for the future. Collect yourself, you got this!

4. Rebounds don't work: If you're trying to get over an ex, it can be tempting to find someone that's available and willing to jump into a relationship with you. But when your heart is still reeling from wanting to be with your ex-lover, this can be a very bad decision. Instead of facing the pain, you're pouring it into a new relationship and settling to boot. Gomez ended up dating The Weeknd for about eight months before she ended up back in Bieber's arms after a sweet bicycle trip that turned out to be an awesome [date idea](#). As much as you try to forget that person that you're still in love with, it won't be easy, and it certainly won't be fair for the person who's serving as your rebound.

Related Link: [Celebrity News: Has Justin Bieber Moved On from Selena Gomez With Baskin Champion?](#)

5. If at first you don't succeed, try try again: Throughout Bieber and Gomez's rocky relationship, it seems that Bieber

had tried to win Gomez back many times. From serenading her at a hotel in Beverly Hills, to posting photos complimenting Gomez on his Instagram, he tried and tried again to win her back. After several years of trying, it worked! They got officially back together and even made it Instagram official this month. If there's anything to learn here it's that true love never dies and that if there's someone you know you're supposed to be with, it makes sense to fight for their love. Bieber did it for Gomez and even though they are on a break right now, true love is always worth fighting for.

Ashton Dixey is a recent graduate of UVU and an avid reader of romance novels. When not spending time with her family, you can find her working on her website, [Awesome Date Ideas](#), and taking writing workshops.

Celebrity News: Gordon Ramsay Lost 50 Pounds to Save Marriage to Wife Tana





By [Karley Kemble](#)

Anyone on a weight loss journey has an individual reason why they want to get fit. For some, it's to build self-confidence, or to shred for a wedding. For celebrities like Gordon Ramsay, it's to save his marriage. In the latest [celebrity news](#), Ramsay was motivated to lose over 50 pounds after seeing a photo of himself with his wife Tana, reports [UsMagazine.com](#). Shocked by how overweight he was, Ramsey wondered how his wife stayed around, because she was "better-looking and more gorgeous" but "getting in bed with a fat f-k." Balancing his busy schedule with his personal life was challenging, but once he started to put his goals at the forefront, he started to see success on the scale! We're so glad that the [celebrity couple](#) is still going strong.

In this celebrity news, Gordon Ramsay wanted to get fit for his

wife. What are some ways fitness can help your relationship?

Cupid's Advice:

You may not think fitness has anything to do with your relationship, but Cupid has news for you! Check out Cupid's Advice and see how being in shape impacts your relationship with your spouse:

1. Lowered stress levels: Any form of physical activity helps clear your head. Whether you participate in a spin class, go for walk, or do some yoga, all have the ability to significantly reduce your stress levels. The rush of endorphins cause you to feel happier, which transfers over into your relationship, too!

Related Link: [5 Surprising Foods Your Favorite Celebrity Chefs Love to Hate](#)

2. More confidence: Sure, some days you would rather do anything else than work out, but have you ever regretted a good sweat afterwards? Our guess is probably no! In fact, your self-confidence will certainly be higher. When you feel good about yourself, you feel more worthy of attention and worthy of love.

Related Link: [Famous NY Restaurant: Black Tap is the Latest Obsession in Burgers & Flashy Milkshakes](#)

3. Higher energy: Building your stamina gives you more energy to do things you love! You'll be more eager to agree to a romantic late-night stroll, or early morning sunrise hike! You will also have more stamina for cardio-related bedroom fun (wink, wink!)

How has fitness impacted your relationship? Leave us a comment below!

Checklist for Dating from Different Decades: Get Love Advice from 'The Bachelor' Star Arie Luyendyk, Jr.



By [Megan Weks](#)

There is a bit of a buzz going on about the age gap between some of the contestants and the leading man on season 22 of *The Bachelor*. Is it really a big deal? After all, significant age differences are often common in [celebrity relationships](#). A notable one is Mary-Kate Olsen and French businessman Olivier

Sarkozy, who is seventeen years older than the fashion designer. Celebrity couple Hugh Jackman and Deborra-lee Furness also seem to be handling the test of time: She is thirteen years his senior, and they have been married for nearly two decades.

Love Advice from *Bachelor* Star Arie Luyendyk Jr.

What should we look out for if we are dating someone from a different decade? Since Arie Luyendyk Jr. seems well-prepared to qualify the candidates on *The Bachelor*, we might be able to get some great [love advice](#) from his experiences. He has self-proclaimed “baby fever” and is therefore seeking a match who is ready to tie the knot and start a family.

Related Link: [Celebrity News: ‘Bachelor’ Star Arie Luyendyk Jr. Justifies First Impression Rose Pick](#)

A good relationship starts with good intentions – which means, if both people know what they want out of life and have similar values, there is a much better chance for success, regardless of a difference in age. Luyendyk knows what he wants, which will make it easier for him to see if the intentions of the women he meets match his own. When people do not have clarity on what they want out of life, they can easily veer away from one another on the path to self-discovery.

Regarding his decision-making process with regard to age, according to *The Hollywood Reporter*, Luyendyk said, “I only really addressed that if I felt it was an issue – if there was some immaturity or if I questioned whether they were really ready for marriage. It’s more about readiness and about being able to take that next step.”

Realize that, if you choose a mate from a different decade,

there will be things you don't have in common. My husband, who is ten years older than me, has different musical interests and grew up knowing different movies and shows. However, since I had an older sibling and am a person who likes all the arts, we find similarities among our tastes. This difference could become frustrating, however, for those who cannot connect through the arts because inevitably, you'll be spending time listening to music and watching movies and shows together. Therefore, it's ideal to be able to find some common ground in media that you can enjoy together.

Related Link: [Expert Love Advice: How I Used a Manfunnel to Meet My Dream Husband](#)

Another thing to look out for: Either you or your partner will be aging at what seems like a faster rate. Your partner may be reaching the next stage of life – middle age or elderly – before you. This difference might start to be more noticeable for you if you're the younger half. You'll want to be sure you have enough of a soul connection that this situation won't matter to you.

Overall, if your goals, values, and soul connection are intact, then age truly is just a number.

For more information about dating expert Megan Weks, visit her website at www.meganweks.com. For more relationship advice articles from Megan, click [here](#).

Relationship Advice: What If

Your Family Doesn't Approve Of Your Partner?



By Dr. Jane Greer

Choosing a partner for life is a big deal under any circumstances. There's enough pressure on yourself to ensure that you're making the right decision and meeting all your needs. So what happens when you come up against a thumbs down from a parent, sibling, or friend who has been weighing in on your choices all your life? Why is it that the people you love take a contrary position and see your partner completely unsuitable for you? Why can't they just welcome the people your care about with open arms? If this sounds like a familiar situation, you are not alone. This is a very common experience for many people, and it happens for a lot of reasons. It

speaks to declaring your independence, freedom of choice, autonomy, and, most importantly, trusting your own judgement to know what is best for you, rather than what others think is best.

Here are some key pieces of [relationship advice](#) as you work to stay true to yourself and your commitment, without allowing conflict to tear apart your family:

It has been reported that [Selena Gomez](#)'s mother is not happy about her rekindled [celebrity relationship](#) with pop star [Justin Bieber](#). Considering how distraught Selena was in the aftermath of their much-publicized breakup, it makes sense that her loved ones would worry about her this time around. Whatever the reasons may be, Selena's mom has assured the public that she just wants her daughter to be safe, healthy, and happy. While the approval of your parents is always a plus in any relationship, is it crucial to the success of your union? What can you do, then, if you find yourself in a similar situation?

It is important to begin with an open conversation with the person criticizing your partner. Ask them to spell out their concerns and explain why they feel the person is not right for you. This isn't always easy to do. You might start from a defensive position, (especially if this is a continuous pattern) but it is worth hearing what's on their mind because their thinking is valid and you might be missing something. Keep an open mind while you are talking and consider what they have to say. If, for example, your romantic partner exhibited bad behavior in the past and your parents call that out, think about what has changed and what is different now. You have

likely allowed yourself to fully trust that person and move forward with them. Explain the changes and describe why the previous behaviors are no longer something to worry about.

Related Link: [Relationship Advice: Is a Bad Boy Good for You?](#)

If, on the other hand, your family members or friends raise issues about a difference in race or religion, this may be a fork in the road where you choose to go your own way. It becomes a step toward independence, and a move away from the ideals of the family you grew up in. It is a time when you can take responsibility and voice your own values, even though they may differ from your parents, siblings, or friends. It can serve as an emotional emancipation and where you start to embrace what is important to you. When this happens, you acknowledge that they have criticisms, while asserting that they are not your personal beliefs.

Related Link: [Relationship Advice: When Is the Old New Again?](#)

Whatever the case, if you continue to meet disapproval tell your loved ones that you would like them to “agree to disagree” and accept that you have clear differences of opinion in order to stay together as a family. This is also a time to put boundaries in place. Note that you are aware they don’t like your choice, but you do not want to hear anything more from them unless you specifically ask for an opinion. You can even warn that if they broach the subject, you will simply end the conversation. This will help you keep some control and prevent being blindsided.

The ultimate goal is to avoid getting into a power struggle that could make you feel controlled and judged by a parent or other loved one. It’ll also avoid lots of arguments, too! Try not to become defensive or feel you have to justify your choice. The only thing that matters is that you are happy, excited, and comfortable as you move forward with your partner with your eyes on the future. Hopefully Selena and Justin will

be able to do this and find peace even with the family discord. And, in time, Selena's mother will also come around and embrace her daughter's rekindled romance.

Please tune in to the Doctor on Call radio hour on HealthyLife.net every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at askdrjane@drjanegreer.com. Connect with Dr. Jane Greer on [Facebook](https://www.facebook.com/DrJaneGreer), at www.facebook.com/DrJaneGreer, and be sure to follow [@DrJaneGreer on Twitter](https://twitter.com/DrJaneGreer) for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit <http://www.drjanegreer.com>.

Love & Libations: Valentine's Day Cocktails for February Date Nights





By [Yolanda Shoshana](#)

As soon as January 1st hit, the Valentine's Day decorations, chocolates, and teddy bears are out. Now that February is only a few weeks away, it's time to prep. February is known as the month of love. Besides Valentine's Day on the 14th, there are 27 other days to show love to your partner, friends, and, of course, yourself.

That being said, here are three libations to help you show love next month:

Cocktails for February Date Nights

Related Link: [Love & Libations: Sparkling Wine for Holiday Date Nights](#)

Gin & Dubonnet

Celebrate yourself and drink like a queen. Queen Elizabeth II has a Gin & Dubonnet every day at lunch. In fact, it's part of her four-cocktails-a-day routine. It's perfect to enjoy while

having some “me time.” There’s a good chance that the Queen will sip on one of these at Prince Harry and Meghan Markle’s [celebrity wedding](#) reception!

Ingredients:

- 1 1/2 oz. gin
- 3/4 oz. Dubonnet Rouge
- Lemon or orange twist for garnish

Directions:

Add all the ingredients to a glass and fill with ice. Stir. Garnish with a lemon or orange twist. Sip as you are wearing your favorite tiara.

Chocolate Martini

A chocolate martini is an aphrodisiac in a glass. Believe it or not, two Hollywood legends created this cocktail: none other than Rock Hudson and Elizabeth Taylor. They invented it one evening when they lived across the street from each other while they filmed the movie, *Giant*.

The following recipe uses Sean “Diddy” Combs’ Ciroc Vodka. Maybe he will make one for his long-time love Cassie – or she will make one for him. After all, it’s the perfect cocktail for lovers on a February [date night](#).

Ingredients:

- 1/2 oz. Ciroc Vodka
- Dash of Madagascar vanilla extract
- 1 1/2 oz. Godiva Chocolate Liqueur
- 2 1/2 oz. half-and-half
- 1 oz. Kahlua
- Ice
- Shaved chocolate and/or fresh strawberries for garnish if desired

Directions:

Add all of the ingredients to a cocktail shaker and shake. Pour into a chilled cocktail glass that is rimmed with chocolate syrup. Garnish with dark chocolate and/or strawberries.

Related Link: [Love & Libations: Autumn Date Nights Inspired by Celebrity Red Wines](#)

Flirtini

February would not be complete without a Flirtini. Most people remember the Cosmo being a big part of *Sex and The City*, but the Flirtini was also in the mix. All it takes is three ingredients. Enjoy with your girl squad while binging on the show.

Ingredients:

- 1 oz. vodka
- 2 oz. champagne
- 2 oz. pineapple juice

Directions:

Combine vodka, champagne, and pineapple juice in a highball or collins glass filled with ice. If you are making it for a viewing soiree, multiply the recipe by six, and mix it up in a pitcher.

For more Love & Libations date night ideas and [celebrity couple](#) predictions from Yolanda Shoshana, click [here](#).

Celebrity Baby News: Anna Kournikova & Enrique Iglesias Welcome Twins



By [Karley Kemple](#)

Two new [celebrity babies](#) have been born! Enrique Iglesias and his partner Anna Kournikova have welcomed twins: a boy named Nicholas and a girl named Lucy, confirms [UsMagazine.com](#). This [celebrity news](#) is certainly a surprise, as the pair kept the pregnancy under wraps until now! The couple has been together since 2001, and their two bundles of joy are their first children together. Congratulations to Iglesias and Kournikova!

These celebrity babies are two times the fun...and two times the work! What are some ways to work together with your partner to split the responsibilities of parenthood?

Cupid's Advice:

Sure, parenting is a lot of work, but it is very rewarding! As long as you and your partner actively work together, there is less of a chance for chaos. If you're looking for different ways to work with each other, look no further! Cupid has some tips for you:

1. Divide and conquer: You and your partner inherently have strengths and weaknesses. Maybe you're better at reading bedtime stories to your little one, but your partner has really got bath time down to a science. Use whatever it may be, figure out a system that works best for your individual talents. You and your partner will soon feel like super parents that can conquer anything together!

Related Link: [Celebrity Wedding? Enrique Iglesias Hints at Possible Marriage to Anna Kournikova](#)

2. Create a chore chart: If visual aids are your style, a chore chart is super handy! They're not just meant for kids or college roommates, after all. With all the craziness that comes from parenting, a chore chart can hold you and your partner accountable for recurring tasks – i.e. laundry, dishes, cleaning the bathroom. It's easy for the mundane responsibilities to slip through the cracks, but this is an easy way to remember and take action!

Related Link: [Celebrity News: 10 Hot Latin Celebrities](#)

3. Embrace conflict: As in all aspects of your relationship, conflict is inevitable. Parenting will certainly create conflict for you and your spouse at times. There's nothing wrong with conflict, just as sure you and your partner deal with it as adults. Find the compromise and work toward bettering each other for the sake of your children!

How do you and your partner keep your parenting duties balanced? Comment below!

Celebrity News: Selena Gomez Breaks Silence on Split from The Weeknd & Reunion with Justin Bieber





By [Karley Kemble](#)

[Selena Gomez](#) is finally opening up about her recent romantic reunion with [Justin Bieber](#)! Gomez and Bieber were once infamous for their on-again-off-again romance, but the singer has a positive attitude about her [celebrity relationship](#) this time around, reports [UsMagazine.com](#). In a recent interview with *Vanity Fair*, the singer spoke candidly about her past and present feelings for Bieber, saying, “I cherish people who have really impacted my life. So maybe before, it could have been forcing something that wasn’t right. But that doesn’t mean caring for someone ever goes away.” She also revealed that there are no hard feelings toward The Weeknd, and that the [celebrity exes](#) remain best friends.

This [celebrity news](#) is something a lot of fans have been waiting for! What are some benefits to being

open about your relationship triumphs and woes?

Cupid's Advice:

Being open about your relationship has many benefits that not only help you, but also help others. Check out these tips from Cupid:

1. It's mature: There is a certain maturity that comes from being open about your woes. Nobody has a perfect relationship that is free from conflict. Being honest about your past mistakes and showing an active desire to change and grow is very mature. People will respect you and shouldn't look at you any differently!

Related Link: [Celebrity News: Selena Gomez's Family Is 'Still Getting Comfortable' With Her Justin Bieber Romance](#)

2. It's therapeutic: Sometimes, you need a listening ear to help process your feelings and emotions. When you talk to your close, inner circle about the good and bad parts of your relationship, you're allowing yourself to be vulnerable – which isn't always easy to do. It is also super beneficial to your mental health and wellbeing, and you'll have a newfound clarity in due time.

Related Link: [Celebrity News: Selena Gomez Snuggles With Her Pup at Justin Bieber's Hockey Game](#)

3. It's helpful to others: We're all familiar with the saying "everyone has something going on." We are naturally inclined to conceal the ugly parts of our lives, so you might not even realize one of your coworkers or close friends are going through a rough patch! Sharing your story is helpful to others who are facing similar situations, whether it's intentional or not.

What are some other benefits of being open about your relationship? Let us know below!

Celebrity Break-Up? Nina Dobrev & Glen Powell Taking Time Apart Amid Busy Schedules



By [Karley Kemble](#)

Uh oh, it looks like Nina Dobrev and her boyfriend Glen Powell

could soon face an upsetting [celebrity break-up](#). According to [EOnline.com](#), the [celebrity couple](#) are taking a break from their relationship. Though they've not officially called it quits, a source close to the duo says that Dobrev has been quite busy with various projects, which has caused a rift in the relationship. While there hasn't been any explosive fights between or bad blood, sources are saying they are not as close as they had been earlier this year. We hope things work out for this celebrity couple!

Though this may not be classified as a celebrity break-up yet, it seems busy schedules are getting in the way of this relationship. What are some ways to keep a busy schedule from affecting your relationship?

Cupid's Advice:

Sometimes, life gets in the way and it's challenging to balance your professional life with your personal life. Check out some ways to manage your busy schedule, without feeling as though you're neglecting your relationship or your job:

1. Set boundaries: Make it a point to keep your work at work. When you constantly blur the lines between your relationship and your career, it's inevitable that one will take up more of your time. Being present with your partner without checking your phone for work updates when you're off the clock really means a lot! Set boundaries and make sure you keep yourself accountable.

Related Link: [New Celebrity Couple: Nina Dobrev and Glen](#)

[Powell Attend Julianne Hough's Wedding Together](#)

2. Communicate: A strong relationship needs strong communication to survive. If you or your partner conceal your feelings of neglect, then it's likely an explosive argument will occur somewhere along the line. If you need to work late, and reschedule date night, make sure your partner knows you still care for them, and aren't choosing your job because you love it more than them!

Related Link: [Five Celebs Who Are Infamous for Dating Their Co-Stars](#)

3. Include them in your plans: If it's possible, you can try merging your two worlds. This doesn't mean you have to find your partner a job at your workplace, but perhaps you two can form your own business together (given that you two mesh well on a professional level, that is!) Alternatively, invite your partner into your "work world," and bring them to social events outside of work. That way, they can meet the people you spend your working hours with, and they can get a first-hand look into another area of your life that is kind of unknown.

How have you kept your schedule from affecting your relationship? Share in the comments below!

Celebrity News: 'Jersey Shore' Star Ronnie Ortiz-

Magro Opens Up About Serious Girlfriend



By [Karley Kemble](#)

In the latest [celebrity news](#), Ronnie Ortiz-Magro is gushing with details about his love life! The former *Jersey Shore* star says his current girlfriend Jen is his soulmate. Ortiz-Magro exclusively told [UsMagazine.com](#) “She is the first person I finally really fell in love with. I want to settle down and have a family; she is that person for me.” The [celebrity couple](#) is even talking marriage – though they are happy with the current state of their relationship. Ortiz-Magro and most of the original *Jersey Shore* cast will reunite in a revamped version of their 2007 show, titled *Jersey Shore Family Vacation*, which will premiere next year on MTV.

In this adorable celebrity news, it looks like the *Jersey Shore* alum is looking to settle down. What are some ways to know you're ready to settle down?

Cupid's Advice:

Are you ready to take the next step in your relationship? Check out these tips straight from Cupid:

1. You don't see anybody else in your future: Relationships are all about the journey from "you and me" to "we." When you think of your life five, ten, or even one year from now, do you see your partner? If the answer is yes, then you are certainly heading in a serious direction.

Related Link: [Celebrity Break-Up: 'Famously Single' Stars Ronnie Magro & Malika Haqq Have Split](#)

2. You share big responsibilities together: When you're ready to share a huge commitment together, that is very telling. Big responsibilities – dogs, cats, any living object – are classic "starters" to a future life filled with kids. It takes mutual support from you and your partner to care for a pet – and it is obligation that is certainly serious!

Related Link: ['Martha & Snoop's Potluck Dinner Party' Producer SallyAnn Salsano Talks About Her Hit Reality TV Shows & Possible 'Jersey Shore' Revival](#)

3. When it doesn't feel like you're settling down: The progression from couple to *serious* couple is naturally seamless. If you feel like you and your partner are simply continuing along on your journey together, then you are definitely ready to settle down! It's important that your and

your partner bring out the best in each other, and challenge each other to grow.

How did you know you were ready to settle down? Let us know below!

Celebrity News: Selena Gomez's Family Is 'Still Getting Comfortable' With Her Justin Bieber Romance



By [Karley Kemble](#)

Though [Selena Gomez](#) and [Justin Bieber](#) have recently reunited, it appears those close to Gomez are hesitant to accept Bieber back into the family. According to [EOnline.com](#), Gomez's family "is still getting comfortable with the idea of them back together." The [celebrity couple](#) spent Thanksgiving apart and both agreed to be with their families, because Gomez felt it was too soon to bring him home for the holidays. A source close to the couple says Bieber is hoping to be included in Gomez's Christmas plans, but knows that her family is hesitant. Hopefully they'll come around soon!

In the latest [celebrity news](#), Selena's family is taking a while to come around to her rekindled romance with Justin Bieber. What are some ways to foster a positive relationship between your partner and your family?

Cupid's Advice:

It can be troubling when your family doesn't approve of your partner. Check out Cupid's advice on how to deal with these tough situations:

- 1. Start small:** If your family is hesitant to accept your partner, it's probably a good idea to start small. Having them come home for the holidays is traditionally a big deal, and it can get super awkward. Instead, try gradually making your partner a part of your family's life. Some people just take longer to warm up to than others, so it doesn't mean all hope is lost!

Related Link: [Celebrity News: Selena Gomez's Friends Want Her 'To Be Cautious' with Justin Bieber](#)

2. Don't force it: No matter how hard you try, you can't force people to get along. In fact, forcing a positive relationship upon people often works in reverse. If the relationship between your partner and your family is not what you hoped it'd be, give it some time and don't meddle! Things will pan out, in due time.

Related Link: [Relationship Advice: What To Do If Your Partner's Family Doesn't Like You](#)

3. Respect the differences: At the end of the day, your family is not the one in the relationship. You are. If you are happy, then that's ultimately what matters most. Your family and your partner are entitled to feel the ways they feel. Just make sure you keep an open mind and focus on what's important to you!

Do you have any tips on how to keep the peace between your family and your partner? Let us know below!

Celebrity News: A-Rod's Intelligence is Questioned by Ex-Girlfriend Anne Wojcicki's Mom





By [Rachel Sparks](#)

The [latest celebrity news](#) is full of low insults and, interestingly, a sincere compliment. Alex Rodriguez has been under fire by celebrity ex Anne Wojcicki's mom who, in short, called him the dullest lightbulb in the box. According to [UsMagazine.com](#), Wojcicki's mom stated that the only thing A-Rod knew how to talk about was baseball. That's not the impression you want to leave with your future in-laws. Wojcicki's mom did say that it was clearly evident A-Rod loved her daughter. [Jennifer Lopez](#), now part of one of the hottest [celebrity couples](#) with A-Rod, complimented her beau by saying he can conquer anything. So, while you may not watch *Big Bang Theory* and debate particle theories, at the core, A-Rod is a great guy.

This celebrity news seems a little shallow to us. What are some ways

to make a good impression on your partner's parents?

Cupid's Advice:

If you're trying to build a lasting relationship with your partner, impressing their family will need to be a priority eventually. It's intimidating. You're trying to tell the people who love your significant other more than anyone else that you're deserving. If your partner has close relationship to their parents, impressing them, or lack thereof, could be detrimental to future movement of your relationship. Read Cupid's [relationship advice](#) to help you put your best face on for that monumental meeting:

1. Act like it's an interview: because it is. Dress to impress, as they say. Turn off your cell phone, shake hands, stand with confidence and power, and follow common protocols for respect. Be on your best behavior and act like you're getting a job, because you are. Your partner's parents expect you to take care of their baby (no matter how old they are) so you're interviewing for the role of supportive partner.

Related Link: [Relationship Advice: What to Do If Your Partner's Family Doesn't Like You](#)

2. Southern respect: "Sir" and "Ma'am" go a long way. Sure, major cities like New York and Seattle think these terms are out-dated, but they ultimately stand as a sign of respect. Even though we're all adults, showing respect through the language you use sets the tone for how you're likely to treat their kid. Plus, you're impressing your S.O. when you treat their family with respect. Don't worry, you'll get rewarded afterwards.

Related Link: [Relationship Advice: How to Handle Your Significant Other's Family](#)

3. Showcase your skills as a partner: We said you're interviewing, right? Well how better can you interview than by showing off your skills as a partner? Shower your love with affection and admiration. Believe us, this will go very, very far for both your partner and their family.

How do you try to impress the future in-laws? Share your advice below!

Celebrity News: Selena Gomez's Friends Want Her 'To Be Cautious' with Justin Bieber





By [Karley Kemble](#)

Recently reunited [celebrity couple Selena Gomez](#) and [Justin Bieber](#) are as happy as ever, and want to do things right this time around. Though the couple spent most of their past relationship as an on-again-of-again couple, they have both grown individually in the years they've been apart. In the latest [celebrity news](#), friends are a bit wary that the celebrity couple is back together, reports [UsMagazine.com](#). Sources close to Gomez, including her bestie Taylor Swift, report that they want her "to be cautious" dating Bieber again. Though her friends admit the singer has certainly changed for the better, they also know how much hurt he has caused Gomez in the past. Here's to hoping they continue to go strong!

This celebrity news is definitely the talk of Hollywood at the

moment. What are some things to be careful about if you're getting back together with an ex?

Cupid's Advice:

No matter what people say, getting back with an ex isn't always a bad idea. Like Gomez says – the heart wants what it wants, right? However, it is important to be cautious when you jump back into a relationship with someone. Cupid has the scoop:

1. Think about their motives: While this might be unsettling, you need to consider your ex's feelings. Are they genuinely wanting to give it another go, or are they just using you to fill a void? You don't want to get burned again, so be careful and really think this through before you jump back in.

Related Link: [Celebrity News: It's Official! Selena Gomez & Justin Bieber Are Back Together](#)

2. Think about your feelings: Similarly, it's important to be careful that you're really interested in giving it another shot. If you just want to get back with them because you don't want to go to your bestie's wedding by yourself or are lonely in general, you should reconsider your priorities. Don't invest your time into your ex if you aren't going back into the relationship with the right intentions.

Related Link: [Celebrity Break-Up: Selena Gomez & The Weeknd Split After 10 Months of Dating](#)

3. Beware of old habits: As they say, old habits die hard. While you might be thinking that your ex has completely changed for the better, it's important to be realistic. There's still potential for the habits that previously affected your relationship to creep back into the picture, so

don't put your ex on a pedestal quite yet.

Have you ever gotten back with an ex? How were you careful? Let us know below.

Celebrity News: It's Official! Selena Gomez & Justin Bieber Are Back Together



By [Karley Kemble](#)

After a roller coaster of a week for [Selena Gomez](#), it appears she and [Justin Bieber](#) are officially a couple again! [UsMagazine.com](#) reports Gomez “has always had feelings” for Bieber, so this [celebrity news](#) is not too surprising for their inner circle. Since 2011, the [celebrity couple](#) has had a longstanding on-again, off-again history, and they went their separate ways for good three years ago. After Gomez’s kidney transplant over the summer, Bieber reached out to check in with her. While they kept things platonic at first, it wasn’t long before old feelings resurfaced. According to their pals, their time apart has allowed each of them mature and “move past” the drama they used to have, and the rekindled celebrity couple is happier than ever!

This celebrity news has us reeling! What are some ways to decide whether or not to get back together with your ex?

Cupid’s Advice:

Sure, you broke up for a reason. But sometimes, it’s impossible to get that one person out of your head. If you’re thinking of getting back with an ex, Cupid has some ways to help you decide if it’s the right move:

1. Enough time has passed: If it’s been awhile since you’ve gone your separate ways and you’ve had the chance to grow individually, then you might be ready to give it another shot. Time apart allows for clarity, after all. Maybe they were the right person for you, just at the wrong time in your life.

Related Link: [Celebrity Break-Up: Selena Gomez & The Weeknd Split After 10 Months of Dating](#)

2. You’re miserable without them: It goes without saying, but

if you want to get back with your ex simply because you are lonely, that isn't a good idea. However, if your break-up has truly made you realize your ex is your better half, then you should definitely consider getting back together. Second chances aren't always a no-go!

Related Link: [Why Celebrity Exes Justin Bieber & Selena Gomez Can't Quit Each Other](#)

3. You can easily fix what was broken: Perhaps the reason you two broke up wasn't anything personal; they just worked too much, or the distance was too challenging. If the big issues aren't big anymore, why not give it another shot? It could turn out to be something wonderful.

Have you ever gotten back with an ex? How did you make your decision? Let us know!