# New Celebrity Couple: Sofia Richie Is Dating Matthew Morton After Scott Disick Split





By Carly Silva

In the latest <u>celebrity couple</u> news, Sofia Richie has been spotted moving on with Matthew Norton after her recent split from <u>reality TV star</u> Scott Disick. According to *UsMagazine.com*, the two were spotted at Nobu restaurant in Malibu last weekend, and sources confirmed that the two are definitely seeing each other.

In new celebrity couple news, it looks like Sofia and Scott have really moved on this time around. How do you know you're ready for a new relationship after a split?

### Cupid's Advice:

Staring a new relationship after a split can be a difficult journey, especially if you're not sure if you're ready. If you're looking for ways to tell that you're ready for a new relationship after a split, Cupid has some advice for you:

1. You're doing it for the right reasons: If you are completely over your ex, it may be a time to start a new relationship. But, if you are dating because you are jealous of their new partner, or if you are trying to make them jealous, then you may not be ready for a relationship just yet. Give yourself some time to heal from the split before you start dating to make sure your intentions are healthy.

Related Link: Celebrity Break-Up: Sofia Richie Unfollows Scott
Disick Amid Bella Banos Dating Rumors

2. You've learned more about yourself: A great way to tell if you are ready for a new relationship is to evaluate what you have learned. If you feel that you have grown and learned from your last relationship, you may be ready to move on and start a new one. If you're still feeling lost and heartbroken, then take some more time to heal and grow before starting something new.

Related Link: Celebrity News: Kylie Jenner & Travis Scott
Spark Romance Rumors After Steamy Shoot

3. You're completely over your ex: When you're starting a new

relationship after a split, you definitely want to make sure that you're completely over your ex. If you find yourself thinking about them or wanting to talk about them, then you made need more time to process the break-up, but if you are completely moved on and done thinking about them, you may be ready for a new relationship.

What are some other ways to tell you're ready for a new relationship after a split? Start a conversation in the comments down below!

## New Celebrity Couple: Zac Efron Is Dating Model Vanessa Valladares





By Nicole Maher

In the latest <u>celebrity news</u>, actor Zac Efron has officially fallen for Australian model Vanessa Valladares. According to *UsMagazine.com*, the newly formed <u>celebrity couple</u> were spotted on vacation in New South Wales, Australia earlier this month. Efron and Valladares began sparking romance rumors in July shortly after meeting while Valladares was working at Byron Bay General Store & Cafe a month earlier.

In celebrity couple news, Zac and Vanessa are smitten with each other. What are some ways to begin to build a new relationship?

## Cupid's Advice:

There is so much excitement that comes with the beginning stages of forming a relationship. When two people are smitten for each other, they feel the desire to spend time together and strengthen their bond. If you are looking for ways to begin to build a new relationship, Cupid has some advice for you:

1. Take turns planning dates: One of the best ways to learn about your partner in a new relationship is to figure out what they enjoy doing. By taking turns when it comes to planning dates, you will get a better sense of what their favorite activities are, as well as seeing if they enjoy yours.

Related link: New Celebrity Couple? Sofia Richie & Jaden Smith Get Close at the Beach

2. Communicate with each other: Communication is one of the most important aspects of any relationship, especially when it comes to one that is newly forming. It is important to learn how your partner communicates early on and to determine if it matches your communication methods. Some people prefer to send texts throughout the day while others may want a phone call at the end of the night.

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Herself for Thomas Rhett in New Book

3. Create traditions: Whether it is watching a movie together every Tuesday or grabbing lunch together every Friday, creating small traditions within the relationship are a perfect way to show commitment. Having an activity that is designated for you to do together is also a great way of making the relationship feel unique. Your partner will truly appreciate knowing that there is something that is reserved specifically for the two of us.

What are some other ways to begin building a new relationship? Start a conversation in the comments below!

# Royal Celebrity Couple Prince Harry & Meghan Markle Step Out in Matching Masks in Beverly Hills





By Alycia Williams

In latest <u>celebrity news</u>, <u>celebrity couple</u> Prince Harry and Meghan Markle are enjoying their time together in Los Angles. The Duke and Duchess of Sussex were spotted on Friday afternoon, walking side-by-side as they waited for their car from a valet in Beverly Hills, wearing matching face masks.

Harry and Meghan relocated to California with their one-yearold son Archie in March, and the couple is said to be living in Tyler Perry's Beverly Hills mansion.

This royal celebrity couple is following protocol when it comes to COVID-19. What are some ways to support each other through the pandemic?

### Cupid's Advice:

This pandemic has been a crazy roller coaster ride and it's hard to determine what's coming next, which can make your relationship rocky after a while. If you are looking for ways to support your partner through the pandemic, Cupid has some advice for you:

1. Make time for each other: It can be easy to get set in your ways and do what you want to do during the pandemic, but set aside some time for your partner. Whether it's twice a week, once a week, or everyday, it's nice to have time specifically set aside for your partner.

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<u>Has Strengthened Relationship with Lauren Bushnell</u>

2. Try to get out when you can: Being in the house all day can be really suffocating, so try to get out with your partner. You don't have to go to an extravagant place together; it can be just a walk around the block or you can sit right outside your door together. Try to breathe in that fresh air together.

Related Link: New Celebrity Couple: Sophia Bush & Grant Hughes
Get Cozy in Masks as They Step Out in Malibu Together

3. Alone time is okay: Being together is great, but having some alone time can be really therapeutic for you both. You should also set aside time for you both to be separate and do what you want to do what you want with your free time.

What are some other ways to support each other through the pandemic? Start a conversation in the comments below!

## Celebrity News: Kelly Preston Dies from Breast Cancer at 57 & John Travolta Pays Tribute





In latest <u>celebrity news</u>, Kelly Preston died on July 12, 2020 after a long battle with breast cancer. According to *UsMagazine.com*, Preston's husband, John Travolta, paid tribute to his late wife in a Instagram post. "She fought a courageous fight with the love and support of so many," Travolta wrote. "Kelly's love and life will always be remembered." The <u>celebrity couple</u> shared three kids together. Their eldest child died at the age of 16 in 2009, but Travolta mentions that he will be taking time off to care for his other two kids who have lost their mother.

In celebrity news, tragedy has struck Hollywood, as Kelly Preston passed away after a two year battle with breast cancer. How do you cope with the loss of your significant other?

## Cupid's Advice:

No one is ever really prepared for a loss of a loved one, especially not your significant other. If you're looking to cope with the loss of your partner, Cupid has some advice for you:

1. Allow yourself to cry: It's not healthy to keep your emotions inside, especially when it comes to something as drastic as a lost life. Don't hold your feeling back, no matter where you are. Allow yourself to cry and to feel that pain.

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#### Crash with Daughter Gianna

2. Go easy on yourself: There is no right way to feel when it comes to losing a partner. Don't get down on yourself if you're too sad or not sad enough, as everyone deals with grief differently and you're entitled to your own feelings.

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Silence After Her Death By Suicide

3. Seek support: When you're grieving, it's sometimes best to be around your family and friends. The people who love you and want the best for you are the people who you need to seek support from. Reach out more often than you usually would, especially those times when you're feeling lonely.

How do you cope with the loss of your significant other? Start a conversation in the comments below!

# Celebrity News: Dua Lipa & Anwar Hadid Celebrate First Anniversary





By Ellie Rice

In the latest <u>celebrity news</u>, Dua Lipa and Anwar Hadid are celebrating their first anniversary as a couple. The pair made headlines last year as they were spotted kissing at a music festival. According to *UsMagazine.com*, Lipa and Hadid have been quarantined together in the U.K. during the pandemic. We love to see this kind of news!

In celebrity couple news, Dua Lipa and Anwar Hadid are celebrating one year together. What are some ways to make your anniversary special as the nation reopens?

## Cupid's Advice:

After a long few months, we bet so many people out there are excited to take back their dating lives. Whether it's your

first date or your engagement, Cupid has some advice for you:

1. Get outdoors: After a few long months stuck inside, you're both probably dying to get outside and spend some time with Mother Nature. Take a look at your calendar and if you're anniversary is coming up like Dua and Anwar, then find a way to make it special. If your significant other loves to hike or hit the beach, then plan out a day for the two of you to explore and spend time together. This anniversary will definitely be one for the books, so think of what will make your partner really happy.

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2. Go for a bite: Many places around the country have reopened their restaurants with the opportunity for outdoor seating. If your favorite spot has opened back up, then plan an anniversary meal! Surprise your partner with a day full of food and fun, it's definitely something many people have been missing. Maybe after your morning walk or hike you can head over to enjoy a delicious brunch. If you're both still not quite comfortable going that far, then take it to-go and head back home. Quiet time indoors with some great food works too!

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3. Stay cautious: Just because things are starting to open up and become semi-normal again, doesn't mean that you should stop social distancing or wearing your face mask. Be cautious of your surroundings and make sure you are a safe distance from others. While you know where you and your loved one have been, you can't say the same for someone else! Don't rush out anywhere that you think may be overcrowded or highly populated. Be smart and continue checking in on your county's guidelines.

How are you going to celebrate upcoming occasions as places

begin to open again? Start a conversation in the comments below!

# Celebrity News: Scott Disick Seen Dining With Kourtney Kardashian Amid Sofia Richie Split





By Ellie Rice

In the latest <u>celebrity news</u>, Scott Disick was spotted dining

out with ex-Kourtney Kardashian and their kids. The sighting has fans on high alert as Disick and longtime girlfriend Sofia Richie's recent split was said to be because of his former flame. According to *UsMagazine.com*, Disick's focus was always on Kardashian and their kids rather than Richie. We hope all these celebrity exes can get along!

In celebrity couple news, Scott Disick was seen out with ex-Kourtney Kardashian amid his split from Sofia Richie. How do you know if you're still hung up on an ex?

## Cupid's Advice:

Missing an ex is a common and sometimes inevitable occurrence. If you're wondering if you may fall into that category, Cupid has some advice for you:

1. You're constantly thinking about them: If the one thing that seems to always be on your mind is your ex, then chances are you're not over them. Think about the good and bad within the relationship and why it ended. If you went your separate ways for reasons that were fixable or poorly timed, then maybe reconciliation is in your future. For those whose relationship ended for valid and critical reasons, then you need to remember why the split took place. Nostalgia plays a selective highlight reel through our memory and focuses on the highest of highs, don't let this cloud your judgment.

Related Link: <u>Celebrity Exes: Scott Disick is 'Always</u>
<u>Flirting' With 'Best Friend' Kourtney Kardashian</u>

2. You stalk their socials: Are you glued to your phone and constantly checking in on your ex's profiles? If that sounds

like you, then you're probably not over them. This definitely isn't a healthy step in the moving-on process or any for that matter! Once you've split, unfriend and unfollow your partner. Cutting off this visibility is crucial for you to embark on the next stage of your life. Constantly checking in or stalking their pages isn't going to do you any good and may lead to your feelings getting hurt all over again.

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3. You're still reaching out: Closure is a crucial part of the breakup process. It's important that the two of you have an open and honest discussion about why things ended so you're both walking away without any lingering questions. Once this has happened, it's important that you move forward with your life and work towards finding your own happiness. Stop trying to rehash the past or continue to ask your ex what went wrong. Accept that it wasn't the right path and focus on yourself.

Are you still hung up on an ex? Start a conversation in the comments below!

Celebrity Couple News: Pregnant Sophie Turner & Joe Jonas Attend Black Lives Matter Protest





By Alycia Williams

In latest <u>celebrity news</u>, Sophie Turner and her husband, Joe Jonas, protested police brutality and racial inequality at a Black Lives Matter demonstration. According to *UsMagazine.com*, while their <u>celebrity baby</u> is on the way, this <u>celebrity couple</u> posted photos and a video of them protesting in California. They included a photo of protesters lying face down in the grass, and in another, Turner holds a sign that reads, "White silence is violence."

In celebrity couple news, pregnancy isn't keeping Sophie Turner from protesting racism with her hubby,

# Joe Jonas. How do you know you've found a partner with values that align with your own?

#### Cupid's Advice:

Fining "The One" is always going to be a long process, but finding someone who shares similar values as yours is especially difficult to find. If you're wondering if you and your partner have similar beliefs and ethics, Cupid has some advice for you:

1. Just simply ask: Don't be afraid to ask your partner how they feel about current events, politics, and social issues. It shouldn't be an interrogation session, but just you just casually asking your partner a question. This is so much easier than trying to figure out on your own, and you're bound to get a more real and authentic answer.

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Out Against Racism for Adopted Daughter

2. Are they just as excited as you are?: Whatever makes you excited when it comes to your values, whether it's protesting, donating, or a post on Instagram, should make your partner feel the same way. Typically, if you both feel the same way about something, you'll both want to help. On the side, the things that make you angry or upset in society, should make them feel the same way.

Related Link: Celebrity News: Blake Lively & Ryan Reynolds
Donate \$200,000 to NAACP Legal Defense Fund

3. Do you both see eye to eye on the simple things?: If you two are disagreeing on something simple in the grand scheme of things, then you probably don't have similar ethics and values. Pay attention to the small things you may be bickering

about and take a birds eye view to it. You may be able to see your partner's values more clearly.

What are some more ways to know you've found a partner with values that align with your own? Start a conversation in the comments below!

Celebrity News: Blake Lively & Ryan Reynolds Donate \$200,000 to NAACP Legal Defense Fund





By Alycia Williams

In latest <u>celebrity news</u>, actress Blake Lively and husband Ryan Reynolds donated to the NAACP. According to <u>EOnline.com</u>, the <u>celebrity couple</u> donated \$200,000 to NAACP Legal Defense Fund. Recently, police brutality videos have been surfacing all over the media, most of the videos resulting in the death of a person of color. This has sparked massive protesting all around America, causing many people to get arrested. Reynolds and Lively were quick to show their support by taking to social media and explaining that they don't know what it's like to live in fear of the police, and neither will their kids. The post ended with them stating, "We're ashamed that in the past we've allowed ourselves to be uninformed about how deeply rooted systemic racism is."

# In celebrity news, Blake and Ryan are showing their support for the

#BlackLivesMatter movement by making a substantial donation. What are some ways supporting a worthy cause can bring you closer as a couple?

## Cupid's Advice:

Having similar beliefs and views in a relationship can really help unify you guys as a couple. Standing together on important issues in the world no matter what your opinion is, will strengthen your relationship. If you are wondering how standing together can bring you closer as a couple, Cupid has some advice for you:

1. It builds a foundation for your relationship: Standing together during social crisis is just one of the first steps of always sticking by your partner's side. As your relationship progresses, you'll need to stand together and support each other in a lot of different situations even if you don't agree. Standing by each others' beliefs and feelings will build a foundation to further your relationship.

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<u>Win with Gisele Bundchen & Kids</u>

2. Better communication skills: When you are both supporting a worthy cause together, it can stir up an amazing conversation between you two. Being able to express how you feel about something to your partner and your partner being able to do the same with you is improving your communication. That way, when you have to discuss something that you have totally different views on, you'll be able to get your point across and hear each others' points of view in a productive way.

Related Link: Relationship Advice: Communicate Dislikes like

John Legend & Chrissy Teigen

**3. Attend events together:** When you are both really passionate about something, you will want to support the best way you can. Attending charity events and rallies together will help you two feel more like a unit. Moving as one in a public setting is always a plus in any relationship.

What are some other ways supporting a worthy cause can bring you closer as a couple? Starts a conversation in the comments below!

# Celebrity Couple News: Scott Disick and Sofia Richie Are on a Break Post-Rehab





By Ellie Rice

In the latest <u>celebrity news</u>, Scott Disick and Sofia Richie have decided to take a break from their relationship. Sources exclusively shared with *UsMagazine.com* that Disick needs to get his act together before getting involved with their relationship again. Disick was seeking treatment to work through his past traumas, but left the facility after photos of him in attendance were leaked. We wish nothing, but the best for these two and hope they can work it out!

In celebrity couple news, Scott Disick and Sofia Richie are on a break after his latest stint rehab. What are some ways to support a partner or ex-partner recovering

## from addiction?

### Cupid's Advice:

Supporting a loved one recovering from addiction can be difficult and emotional. If you're looking for a little guidance, Cupid has some advice for you:

1. Take it slow: The recovery process is a long and continuous road for your partner and your relationship. Don't expect everything to change overnight, as your significant other is on their own healing journey. As they find their inner strength, so will your relationship. Be supportive and communicative with them by creating an open and honest environment at home. Allow them to transparently convey their emotions and feelings towards you, so you both can understand where your relationship is at. If you have an ex-partner going through recovery who is still a part of your life, be supportive of them as well. Check-in with them and spend time together participating in fun and lighthearted activities.

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2. Build a support network: Letting your partner know that you support them and are with them every step of the way is so important. They need to feel love and care on the homefront. Remove any triggers from your home environment that you think could get in the way of their recovery process. Take them to their meetings or try engaging in couples therapy to continue rebuilding your relationship. Have family and loved ones provide support as well to show your partner how important they are.

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<u>Space From Kanye West</u>

3. Get adventurous: Come up with fun and exciting activities

to go out and experience with your partner! Finding ways to celebrate each other and rekindle your relationship by engaging in substance-free activities is crucial. Go for a walk down the beach or go take a hike. Create a list of things or places that make you both happy and go from there. Rebuilding your relationship in alcohol and substance-free environments will be a great way to strengthen your bond and help your partner on their journey.

How would you help a partner going through a difficult time? Start a conversation in the comments below!

## Celebrity Couple News: Kim Kardashian Needs Space From Kanye West





By Ellie Rice

In the latest <u>celebrity news</u>, Kim Kardashian has reportedly had enough of quarantine with husband, Kanye West! According to *UsMagazine.com*, Kardashian desperately needs space from her man as he is more focused on work rather than helping her with their three children. After six years of marriage, we hope West can compromise some of his time for the sake of his leading lady!

In this celebrity couple news, Kim Kardashian feels like she needs some space from husband, Kanye West while in quarantine. What are some things to do when feeling suffocated by your partner?

Cupid's Advice:

Feeling like you need a little break from your partner is normal. If you're curious about what to do when you're feeling like this, Cupid has some advice for you:

1. Let them know: Your partner may not understand that they are making you feel suffocated, so letting them know should definitely be your first step. Sit them down and express how you're feeling so they understand how their actions are affecting you. People show love in different ways, so be honest with them about what makes you feel comfortable and supported. If you are requesting changes from your partner that they don't feel they can make, it's time to move on. Staying in a relationship that is emotionally suffocating will not benefit either of you or your mental health.

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<u>Social Media About Starting a Family</u>

2. Make a change: Similar to Kim K, maybe you just need some space from your partner. Try taking a break by spending time with your friends and family, rather than just your significant other. Have a girls night or grab dinner with your parents! By minimizing the annoyance and anxiety you're feeling at home, you'll start to feel better about your partner. Encourage them to do the same by hanging out with their friends or loved ones. It's healthy for any relationship to take time away from each other to focus on the other people in your lives that you care about.

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Up' On a Future with Khloe Kardashian

3. Practice self-care: Focus on yourself! Take time every day to give your mental health some attention. If you're feeling trapped and suffocated by your partner, then spending time alone can be a great refresher. Whether you are into meditation, face masks, or a bath with a glass of wine, you need to find something that makes you feel happy and relaxed.

What steps would you take to feel less suffocated in your relationship? Start a conversation in the comments below!

# Celebrity Couple News: Hilary Duff Shares Heartfelt Tribute to Matthew Koma on Engagement Anniversary





By Ellie Rice

In the latest <u>celebrity news</u>, Hilary Duff posted a series of

Instagram photos honoring her husband, Matthew Koma, to celebrate the anniversary of their engagement. The pair had been dating three years prior to the engagement and share a daughter together. According to *UsMagazine.com*, the happy couple met back in 2015 while Koma was producing one of Duff's music albums.

In this celebrity couple news, Hilary and Matthew are reflecting on the day they got engaged. What are some ways to make your engagement personal and memorable?

### Cupid's Advice:

Aside from your wedding day and the birth of your child, getting engaged is one of the most special days of your adult life. If you're curious about how to make it memorable, Cupid has some advice for you:

1. Capture the moments: Whether you are the one proposing, or you've just been proposed to, capturing this special moment is so important. Hire a photographer or enlist a friend to help make this time extra special and something you both can always look back on. If you've just been proposed to, take pictures of the ring and the two of you, so this day can last forever. You can show the pictures at your wedding, and take a page of out Hilary Duff's playbook and reminisce on social media!

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2. Share the news: One of the beauties of social media is its

ability to quickly spread information. Family and friends from all over the world can be reached at the click of a button. Share the news of your engagement across your platforms, only when you're ready of course, so everyone you love can celebrate with you! Call your friends and family as their excitement for you will be out of this world. Years from now you will all be able to reminisce on the happiness of this occasion.

Related Link: <u>Hilary Duff Says Aaron Carter's Love</u> Declarations Are 'Uncomfortable'

3. Plan your party: Throwing an epic and memorable engagement party is a right of marital passage. The best way to celebrate your love is by being surrounded by all of your friends and family. Invite your loved ones, cater some delicious food, and dance the night away! This is a night that you will never forget, with all of the people who love you the most.

What are some ways you would make your proposal memorable? Start a conversation in the comments below!

# Celebrity Couple News: Kate Beckinsale Defends New Relationship with Goody Grace





By Ellie Rice

In the latest <u>celebrity news</u>, Kate Beckinsale had to defend her new relationship with singer, Goody Grace from internet hate this past weekend. According to *UsMagazine.com*, an Instagram user tried to throw shade at Beckinsale and her rumored new beau, but she clapped back and stood up for her man. Beckinsale's dating choices have been a cause for controversy because of her past dating much younger men. We love to see a strong woman taking charge of her relationships!

In celebrity news, Kate Beckinsale isn't afraid to stand up for her relationship. What are some ways you can stand up for your partner in situations that call for it?

Cupid's Advice:

Just as it's important to stand up for yourself, you should feel confident protecting your partner as well. If you're wondering how to do that, Cupid has some advice for you:

1. To the family: If your family has a lot of critiques for your significant other or hasn't always been fond of your relationship, it's time to change their mind. Instances related to family are definitely one of the leading situations where you would need to stand up for your boyfriend or girlfriend. Don't be afraid to take charge of the situation and explain that this conversation will not continue unless you can be on the same respectful page. Explain to them how your partner makes you feel and the love you have for them. It might just take standing your ground for them to back down and understand your boundaries.

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2. With your friends: Just because you joke around or vent about your relationship doesn't make it okay for your friends to do the same. If you feel like they are continuously crossing the line with their comments about your partner, then you need to have a conversation about it. Your friends just want the best for you so they may be coming from a place of worry or ignorance to their actions. Reassure them that their love for you is validated, but their behaviors have gone too far. Open and honest conversations are the best solution.

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3. With themselves: If your partner is constantly getting down on themselves and expressing doubts with their own abilities whether personally or work related, stand up for them. Everyone feeds into negativity at certain points in their lives, so having an awesome support system is crucial. Let them know how incredible you think they are and help boost

their confidence!

How would you stand up for a loved one if the situation called for it? Start a conversation in the comments below!

## Celebrity Couple News: Ben Affleck Is 'Very Supportive' of Girlfriend Ana De Armas





By Ellie Rice

In the latest celebrity couple news, Ben Affleck and Ana de

Armas are still going strong! Their new relationship took off after costarring in their upcoming psychological thriller, *Deep Water*. According to *UsMagazine.com*, these two are quarantined together and enjoying exploring their feelings for each other. We hope to continue to see more of this blossoming relationship!

In celebrity couple news, this new duo is happy and quarantining together. What are some ways to know you're ready for a serious relationship with your new partner?

### Cupid's Advice:

Sometimes finding *the one* can be a challenging journey. If you're unsure about seriously committing to a new partner, Cupid has some advice for you:

1. You see a future: If you look at your new partner and can envision a life together, this person is worth making a commitment to. Building a future with someone is a special part of life that every couple wants to commit to, but finding the right person can be a challenge. Be sure you are moving at your own pace and taking things slow, as these next steps will be huge for your relationship.

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<u>Filming Scene About Broken Marriage</u>

2. The feelings are there: Before you commit to a new partner, be sure that you feel ready. If you are undeniably physically attracted to this person, make sure you are emotionally there as well. Don't be afraid to ask for open and transparent communication from your partner about where they stand with

their feelings. You both want to be on the same page so your relationship can flourish in a natural and healthy way.

Related Link: <u>Celebrity Exes Ben Affleck and Jennifer Garner</u>
Have 'Underlying Tension' Coparenting

3. You've got babies on the brain: If you have baby fever like never before, and keep viewing this person as a potential father for your child, maybe that's a sign he is worth committing to. Seeing this person in that light should speak a lot to their values, morals, and what they care about in life. If you are both on the same page with your feelings towards each other, take this next step and commit. You never know where it can lead, so go into it confidently and put your best foot forward.

How do you know when you're ready for a serious commitment? Start a conversation in the comments below!

# Celebrity Couple News: David Beckham Shares Why He Fell in Love With Spice Girl Victoria Beckham





By Ellie Rice

In the <u>latest celebrity news</u>, A-list couple David and Victoria Beckham's love seems endless. This past weekend, Victoria shared a sweet video of the pair from back in the day. With David explaining that there wasn't just one thing he loved about Victoria, but instead "the entire package", these two have a relationship to be envied! According to *UsMagazine.com*, not only are the Beckhams a dynamic duo in love, but they're also dynamic as parents to their four children.

In this celebrity couple news, the Beckhams are more in love than ever. What are some ways to keep the love alive after so many years together?

Cupid's Advice:

Showing appreciation for your significant other is one of the keys to long-lasting relationship success. Cupid has some other tips for those looking to have a partnership like the Beckhams:

1. Try new things: Get out and experience life together. Build memories by trying new things. Book a reservation at the new restaurant in town and make time for weekly date nights! Or, visit the new trampoline park in town on Adult Night. Get crazy!

Related Link: <u>Celebrity Parenting</u>: <u>Victoria Beckham Shares How</u>
<u>Motherhood Affected Her Body Image</u>

2. Express yourself: Let your significant other know how much they mean to you with words of affirmation. By telling your loved one how special they are, they will continue to feel it.

Related Link: <u>Celebrity Couple News: Eva Mendes Reveals Ryan</u> Gosling's Secret Talents in the Kitchen

**3. Surprise them:** Don't let the adventure fade! Surprise your partner with a trip or new experience in order to reconnect spend quality time together.

What are some ways you keep the love alive in your relationship? Start a conversation in the comments below!

## Celebrity Couple News: Eva

### Mendes Reveals Ryan Gosling's Secret Talents in the Kitchen





By Ellie Rice

In the latest <u>celebrity news</u>, Eva Mendes has revealed on Instagram that her hubby, Ryan Gosling, knows his way around the kitchen. According to *UsMagazine.com*, Mendes stated that her cooking skills are limited to rice and juicing, while Gosling is not only a great chef, but quite the baker as well. The ever so secretive pair rarely share information about their family life, so we love hearing this!

#### In this celebrity couple news, it's

## all about appreciation. What are some ways to show your partner you appreciate them?

#### Cupid's Advice:

Showing your significant other how much you appreciate them is crucial to a healthy and long lasting relationship. Cupid has some advice for how you can go about this:

1. Words of affirmation: Everyone celebrates love in different ways depending on which love language they feel most empowered by. If your significant other likes hearing how much they mean to you, then let them know!

Related Link: <u>Celebrity Parents: Eva Mendes & Ryan Gosling Are</u>
Running Into Trouble Teaching Their Daughters Spanish

**2. Give a little:** Pick up something special you know your boyfriend or girlfriend has been wanting, or even better, an item *you* think they would love! They will feel cherished and valued.

Related Link: <u>Celebrity Baby News: Find Out How Falling in</u>
<u>Love with Ryan Gosling Changed Eva Mendes' Mind About</u>
Motherhood

**3. Surprise them:** Show you partner you care by proving how much you listen to what they say. Has there been something your significant other has been dying to experience? Surprise them with it! Build memories and show your appreciation all at once.

What are some ways you show your significant other you appreciate them? Start a conversation in the comments below!

## Celebrity Couple News: Justin Timberlake Is Trying to 'Prove Himself' to Jessica Biel Post-PDA Drama





By Ellie Rice

In the latest <u>celebrity couple news</u>, Justin Timberlake has been in hot water after pictures surfaced of him getting cozy with his *Palmer* costar in New Orleans this past November. Timberlake has been married to actress Jessica Biel for over seven years and they have a child together. According to

UsMagazine.com, Timberlake is doing everything he can to earn back his wife's trust. We hope they can rebuild their relationship and not become the next pair of <u>celebrity exes</u>!

In celebrity couple news, Justin Timberlake is doing his best to come back from displays of PDA with a co-star who was not his wife. What are some ways to regain trust in a relationship?

#### Cupid's Advice:

Rebuilding trust within a relationship can be difficult, but potentially worth it with the right person. Cupid has some advice on how to repair your relationship:

1. Figure out what went wrong: Ask your significant other for honesty. Allow them to explain their thoughts and feelings as to why they may have strayed and broken your trust. Once you've established what was missing within the relationship, you can work towards moving forward.

Related Link: <u>Celebrity Interview: 'Temptation Island' Host</u>
<u>Mark Walberg Shares His Thoughts on Season 2 and Physical</u>
<u>Infidelity vs. Emotional Connection</u>

2. Leave the past in the past: If this is the person you truly want to be with, then rebuilding the relationship is a priority. Once you've talked about what went wrong, begin moving on from the situation. Try to go out and experience new things together and build memories that you can feel confident looking back on. Plan date night once a week and pick somewhere new to check out each time!

#### Related Link: Ask the Guys' Guy: Dirty Talk for Beginners

**3. Put in the effort:** If talking it out together just isn't working, then maybe try seeking professional help. If Timberlake and Biel are making it work with couple's therapy, maybe you can too!

What are some ways you've rebuilt trust in your relationship? Start a conversation in the comments below!

# Celebrity Couple News: Why Jana Kramer & Mike Cuassin Are So Open About Their Marriage





By Hope Ankney

In <u>celebrity news</u>, <u>celebrity couple</u> Jana Kramer and Mike Cuassin discuss why they are so open about their marriage. According to *EOnline.com*, the two stars explained their openness after being asked why people feel connected to their podcast: *Whine Down With Jana Kramer*. Kramer said, "Because we don't hold back and we talk about real stuff and we don't sugarcoat anything and we're not like, 'Our marriage is perfect.' We are very open and honest about our struggles, which then opens the door for our listeners to have that same experience and be able to relate."

In celebrity couple news, Jana and Mike are very open and honest about the ups and downs of their celebrity marriage. What are some

### ways being open about the issues in your marriage can help you resolve them?

#### Cupid's Advice:

The way a couple decides to communicate within their marriage can tell a lot about how successful and sustainable that marriage will be. Discussing issues when they arise can save a lot of heartaches later, and it also builds a sense of trust and vulnerability within the two of you. It can be tough, but Cupid has some <a href="love advice">love advice</a> on how being open about problems in your marriage can actually lead to a healthier and stronger relationship:

1. Allows you both to be heard: A marriage is a two-way street. In a relationship, it's only natural to want to feel heard and validated when things that upset you. When healthy communication is enacted in a marriage, the two of you will be able to feel like your need for being heard has been met. It also helps present issues not turn into bigger issues down the road.

Related Link: Celebrity News: Jana Kramer Reacts to Husband
Mike Caussin Saying Cheating Would Be a Dealbreaker

2. Creates a safe-space: More often than not, marriages can fall into a routine of tiptoeing around the other when it comes to certain subjects. It's almost like you're both keeping secrets just to appease each other and not start a conflict. But, consistently being open about issues within your relationship can create a place of vulnerability and calm between the two of you. Having this comfort of never feeling judged around your partner helps in facilitating a safe space that allows both of you to confide in each other anytime something feels off.

Related Link: Celebrity Marriage: Why Harry Hamlin's Marriage to Lisa Rinna Works

3. Helps in understanding one another: The most critical aspect of being open about your issues in a marriage is that it causes your partner to understand why you're upset. Bad communication can cause one-sided perspectives that blind someone as to why their spouse is reacting the way they are. Sitting down and being open about your issues can help in understanding why something has caused an issue within your marriage. It strengthens a relationship and allows you both to understand each other's point of view when something like this arises in the future.

What are some ways that being open in your marriage has helped you resolve conflict? Sound off below!

# Celebrity Couple News: Kaley Cuoco & Karl Cook Still Don't Live Together 1 Year Into Marriage





By Ashley Johnson

Kaley Cuoco and Karl Cook gained attention in the latest celebrity news by rejecting traditional marriage norms. According to UsMagazine.com, they are still living separately after an entire year of marriage. Their lives and celebrity style keep them traveling and working in different locations, and ultimately apart from each other. While the celebrity couple has a rather unconventional living arrangement, it proves to have been successful, and the stars say that having their own space has worked well for them and their relationship.

In celebrity couple news, Kaley Cuoco is taking "unconventional" to the next level. What are some ways living with your partner can change

#### your relationship?

#### Cupid's Advice:

While Kaley Cuoco and Karl Cook may be living separately, for now, they eventually plan on moving into their dream house. which is currently in the works. Living together can be a whole new world and a big step for a relationship, but Cupid has some <u>relationship advice</u> on how to deal with the ways living with your partner can change your relationship:

1. No privacy: You are perhaps going from seeing your partner at least once a week to seeing them at least once a day. Co-habitation means you and your partner will be sharing multiple spaces together, whether it is the kitchen, bathroom, or bedroom. It is essential that you not only get comfortable sharing space and materials with your partner but also get comfortable sharing yourself with your partner. With a new lack of privacy, you and your partner will only learn more about each other and each other's most personal habits, for better or for worse. Of course, no privacy does not mean you cannot set some boundaries for each other if you need to... and that can easily be done through honest communication!

Related Link: Celebrity Break-Up: Bradley Cooper & Irina Shayk
Split After 4 Years Together

2. New fights: A new living arrangement means new rules. While you may be used to living one way, that is certainly not the only way to live. You and your partner may have different cleaning habits, sleep habits, monetary habits, etc., and it can take some time to adjust to. It is unlikely you two are going to agree on every single thing, but you can learn to find common ground. Whether it is figuring out household chores or household finances, you are going to have to sit down with your partner to make a reasonable plan for both of your well-being.

Related Link: Celebrity Break-Up: Adele and Simon Koneckis
Call It Ouits

3. More intimacy: Going to bed every night with your partner and waking up every morning together can create an important bond. Living together means your partner is going to be your "go-to" person. If you need a hug or just someone to sit and listen to a problem you are having, your partner is probably the first person you will run to. Whether it is through physical comfort or intimate conversations with each other throughout the day, you and your partner are definitely going to feel a whole lot closer to each other.

Can you think of any other ways living with your partner can change your relationship? Let us know in the comments below!

Celebrity Couple News: 'Real Housewives of Atlanta' Star Porsha Williams & Dennis McKinley Back Together After One Month Split





By Ashley Johnson

In celebrity couple news, Real Housewives of Atlanta star Porsha Williams was recently seen wearing her wedding ring again, according to EOnline.com. It has been one month since the reality TV star split from her husband Dennis McKinley, but they have decided to give their relationship a second chance and take it one day at a time.

In celebrity couple news, Porsha and Dennis have rekindled things after one month apart. How do you know whether to give your ex a second chance?

#### Cupid's Advice:

We are wishing the celebrity couple well in their reunion, however not all relationships deserve a second chance, and

there are factors to be considered before jumping right back in with your ex. Cupid has some <u>love advice</u> on how to know whether to give your ex a second chance like the *Real Housewives of Atlanta* stars:

1. Your brain and your heart match up: Feelings can be overwhelming and a lot of the time you may get lost in them. The heart wants what it wants, but the brain has a different agenda. While the care may still be there for your ex and old feelings may even resurface, following your heart can come with its consequences. If your heart is invested, but your brain is showing you all the red flags, then you should be very cautious before giving your ex that second chance.

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Runner-Up Goes On Date with Gigi Hadid Days After Spending
Night with Hannah

2. You both have grown: If you both have grown, that means that you both are different people than when you first met, and that also means you both are able to move on from the past. Sometimes you may hold grudges against your ex for certain relationship problems in the past, but if you and your ex are genuinely able and willing to forgive each other, then you can begin anew with each other.

Related Link: Celebrity Couple News: Justin Bieber & Hailey
Baldwin Debut Wedding Bands

3. You see your ex in your future: You always want to move forward, not backward. Just because your ex may have been a good portion of your past, does not always mean that they should be a part of your future. However, if you are both on the same page this time around and have the same wants and needs in a relationship, then you can consider keeping them in your life for a better future together.

Can you think of any other ways how to know whether to give your ex a second chance? Let us know in the comments below!

## Celebrity Engagement: Sarah Hyland and Wells Adams Are Engaged!





By Bonnie Griffin

In the latest <u>celebrity couple news</u>, <u>Modern Family</u>'s Sarah Hyland and <u>The Bachelorette</u>'s, Wells Adams announced they are engaged on Instagram. According to <u>UsMagazine.com</u>, Adams shared a video of his romantic beach proposal. Hyland also shared their engagement on the social platform, sharing photos of the <u>celebrity couple</u> and her new diamond ring.

Wells Adams and Sarah Hyland are celebrating their celebrity engagement on a beach. What are some romantic locations for a proposal?

#### Cupid's Advice:

This celebrity couple shared their romantic beach proposal with fans on Instagram. There are many places you can propose that add to the romance of asking someone to spend their life with you. Cupid has some advice on romantic proposal locations:

1. The beach: Who doesn't love a beautiful beach proposal. Try aiming for evening or dusk, when the sun is creating a beautiful glow in the sky, helping to set the mood. Bring a blanket and bottle of wine to add to the romance before bending to one knee.

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2. In the mountains: What's more romantic than the views of the mountains? Take your love out for a beautiful picnic on the mountainside to pop the question. You can even try using the ring as a napkin holder to add a little something extra to the surprise.

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<u>Taylor & Brittany Cartwright's Upcoming Nuptials</u>

3. Wherever you first met: Propose at the place where you first met or had your first date. No matter the location, the significance of you remembering where you shared that first connection will make it memorable, and your partner is going

to love the romantic gesture.

What are some places you find romantic for a proposal? Let us know in the comments below.

# Celebrity Couple News: Duchess Meghan Comments On Her Relationship with Prince Harry to Pharrell





#### By Bonnie Griffin

In the latest <u>celebrity couple news</u>, Duchess <u>Meghan Markle</u> opened up to singer, Pharell, about the difficulties of having her relationship always in the spotlight. According to *UsMagazine.com*, Meghan said "They don't make it easy," seemingly referring to the constant public scrutiny her and Prince Harry's relationship is always under. Every relationship has its own complicated parts, and this <u>celebrity</u> couple clearly states that having all of your personal life on display for the world to talk about isn't easy.

In celebrity couple news, Duchess Meghan was honest about having a relationship in the spotlight. What are some ways to handle scrutiny of your relationship?

#### Cupid's Advice:

Whether your relationship is constantly in the public eye like the Duchess and Prince, or you find your family and friends nitpicking your every move, it's no fun being scrutinized by others. Cupid has some advice on how to handle the scrutiny of your relationship:

1. Ignore it: The number one thing to do is just ignore what others have to say about your relationship. If they are not a part of your relationship, then their scrutiny does not have to hold any bearing on how you and your partner feel for each other.

Related Link: Celebrity Marriage: Find Out More About Miley
Cyrus' Marriage to Liam Hemsworth

2. Openly communicate with your partner: What is most important is that you and your partner are openly communicating with one another. If others are trying to drag your relationship down, or are saying hurtful things, then it is important that the two of you are open with each other and share your feelings about the situation. You don't want to take out your frustration with others on your partner.

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Be Monogamous' Years After Dean McDermott's Affair

3. Stand up for each other: It's important that you and your partner stand up for each other. It is a sign you love and respect each other that you stand together in the face of scrutiny and don't allow others to disrespect your partner.

What are some ways you might stand up to scrutiny against your relationship? Let us know your thoughts in the comments below.

#### Celebrity Couple News: Demi Lovato & Logan Henderson Aren't Dating, Despite Fan Speculation





By Bonnie Griffin

In the latest <u>celebrity couple news</u>, fans have been speculating that <u>Demi Lovato</u> and Logan Henderson were dating, but sources confirm they are not an item. After a recent gettogether to watch the latest episode of *The Bachelorette* was documented on Instagram by the stars, fans speculation they were dating soared. According to *UsMagazine.com*, the "duo's past alleged romantic association — led fans to draw conclusions about Lovato and Henderson dating."

In celebrity couple news, not all fan speculation is accurate. What are some ways to keep untruths about your relationship from affecting your life?

Cupid's Advice:

Whether you're in a relationship or not, sometimes you may run into rumors and untruths in regards to your relationship status. It is important not to let these untruths set you on a negative pate. Cupid has some advice on keeping untruths about your relationship from affecting your life:

1. Set the record straight: Start with the simplest option. If you're hearing rumors about your relationship, then simply counter with the truth. If you and your partner or alleged partner want to keep the untruths from spreading, let everyone know the truth.

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2. Trust your partner: If you're in a relationship and people are spreading lies you need to have trust in your partner to keep the untruths from affecting your lives together. Trust requires open communication, so talk to your partner. Share what you've heard, and be open to believing what they say instead of letting outside sources influence your life.

Related Link: <u>Celebrity News: Are Khloe Kardashian & French Montana Getting Back Together?</u>

3. When all else fails, ignore the rumors: People like to talk and sometimes that will lead to untruths and rumors starting about your relationship. You can argue with people, tell them it's all lies, or you can choose to ignore them and live your life. Ultimately you are in charge of your happiness, so choose to ignore the untruths people are saying and live your best life.

What are some ways you face untruths being shared about your relationship? Let us know your thoughts in the comments below.

# Celebrity News: Kim Kardashian & Kanye West Celebrate Anniversary With Low-Key Dinner





By: Emily Green

In the latest <u>celebrity news</u>, <u>Kim Kardashian</u> and <u>Kanye West</u> celebrated their five year anniversary a few months early with a low key, romantic candlelight dinner at Santa Monica hot spot Giorgio Baldi last Thursday, according to *EOnline.com*. This was a surprising celebration, as

this <u>celebrity couple</u> is known for celebrating anniversaries, holidays and birthdays in big and "over the top" ways.

In celebrity couple news, Kim and Kanye celebrated their 5-year anniversary in an uncharacteristically low-key way. What are some unique ways to celebrate your anniversary?

#### Cupid's Advice:

Anniversaries are a wonderful reason to celebrate! Each anniversary is a milestone that allows you to reflect on the wonderful things that have occurred in the past year. As wonderful as they are to celebrate, you don't always need a big gesture! Here are a few of Cupid's ideas to commemorate your anniversary without blowing your budget:

1. Plan a trip: Take a trip, whether it be a weekend or only a day, to a place that means a lot to both of you! It could be where you got engaged, where you had your first date, where you got married, or simply a place you both have wanted to visit! Going through new experiences, or reliving fond memories with your partner are wonderful times that you will remember for years to come.

**Related Link:** <u>Holly Madison And Husband Pasquale Celebrate</u> Wedding Anniversary in Disneyland

2. Give them something homemade: Homemade or handmade gifts are truly something your partner will treasure, because they know it came right from your heart! You can make them a playlist, a video, or even make them their favorite meal at

home! Even the smallest gestures will go a long way, and show just how much you care.

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One Year Anniversary with Daryl Sabara

3. Relive your first date: If you can recreate your first date with your significant other, this will be a sentimental gesture that will bring you both back to the start of your relationship, and showcase how your relationship has grown and matured since then. Recreate the same meal, whether it be at home or going to the same restaurant, and then doing any activities after. It will truly be so meaningful to your significant other!

What have you done to celebrate anniversaries with your significant other? Let us know in the comments below!

#### Celebrity Couple News: Kaitlyn Bristowe Dishes About Getting 'Hot & Heavy" with Jason Tartick During Hook Up





By Mara Miller

In the latest <u>celebrity couple</u> news, <u>Kaitlyn Bristowe</u> dished about getting "hot and heavy" with Jason Tartick after their first hookup, according to *UsMagazine.com*. Bristowe admitted their steamy get together made her trust Tartick more. These reality stars started dating in January and seem to have a strong relationship.

In celebrity couple news, celebrity couple Kaitlyn Bristowe and Jason Tartick got hot and heavy on their first date. How do it's okay to let things go farther than steamy on a first date?

#### Cupid's Advice:

Some people would never let things get steamy on a first date.

It depends on your personal values and your comfort level with your date. But here are a few things to consider before going there:

1. You trust them: If you can see yourself going on another date, or actually want it to turn into a full-fledged relationship, having a little steamy fun isn't a bad thing.

Related Link: <u>Celebrity Marriage</u>: <u>Why Harry Hamlin's Marriage</u> to Lisa Rinna Works

2. How long have you known each other?: If you're on your first date with someone you met online after a few days, it might be safer to keep it clean. But if you're friends or have been talking a while? A little fun won't hurt as long as you are both consenting adults.

Related Link: Celebrity Couple: Kylie Jenner & Travis Scott Share Photos from "Baecation"

**3. You both need to be into it:** As well as building trust, you need to be sure your date is willing to take things to the next step. If they aren't comfortable, don't do it.

What are some other things to consider before taking things to the next level on a date? Let us know in the comments below!