

Celebrity Couple News: 'Bachelorette' Tayshia Adams Picks Her Final 3 And Sends Someone Home



By Nicole Maher

In the latest [celebrity news](#), *Bachelorette* Tayshia Adams narrowed down her remaining contestants to just three men after hometown dates. According to *UsMagazine.com*, Adams hoped these dates would provide an opportunity to get to know both the men and their families better. The [reality tv](#) star went on four individual dates during the episode and made the heartbreaking decision to send one man home.

In celebrity couple news, Tayshia Adams is down to her final three suitors. What are some ways to know that someone is right for you?

Cupid's Advice:

Sometimes we encounter a person who we find both attractive and kind, but inevitably do not have the best chemistry with. These situations can be challenging because you may be reluctant to let go of someone when nothing is necessarily wrong, they are just not your perfect match. If you are looking for some ways to know that someone is right for you, Cupid has some advice for you:

1. Your bond feels natural: While it may not be love at first sight, creating a bond with someone should feel easy and natural if they are the right person for you. There may be awkward silences in conversations or mild miscommunications while you are getting to know someone, but the overall progression of the relationship should never feel forced.

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2. You're progressing at the same pace: There is no set timeline that you need to follow when you are getting to know or dating someone new. However, the two of you should be progressing at relatively the same pace as the relationship continues. If one person is still holding back months into the relationship, it may be a sign they are not the right person for you.

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3. You don't feel stressed: Your intuition is your best friend when starting a relationship with someone new. Sometimes we still feel stressed with things appearing to be going perfectly, which may be a result of some underlying factor you are avoiding. If the current situation you are in causes you to feel a constant low level of stress, it may be a sign that person is not your perfect match.

What are some other ways to know if someone is right for you? Start a conversation in the comments below!

Celebrity News: Vanessa Hudgens Opens Up About What She Wants in an Ideal Partner After Split





By Nicole Maher

In the latest [celebrity news](#), Vanessa Hudgens revealed what she wants in the ideal partner following her [celebrity break-up](#) with Austin Butler. According to *UsMagazine.com*, Hudgens is open to dating someone whether they are in the public eye or not. Hudgens and Butler separated in January of this year after dating for nearly nine years. Since their break-up, Hudgens has revealed that she has not been dating amid the coronavirus pandemic and her busy acting schedule.

In celebrity news, Vanessa Hudgens is reevaluating what she looks for in a partner after her split from Austin Butler. What are some ways to learn from a break-up?

Cupid's Advice:

Although challenging, break-ups provide a great opportunity for learning lessons from a past relationship, as well as determining what you want out of future relationships. If you are looking for some ways to learn from a break-up, Cupid has some advice for you:

1. Set priorities: Break-ups provide a great time to reestablish your priorities and expectations about what you want in a future relationship. While you likely had an idea of your priorities before you even started dating, going through an unsuccessful relationship can reveal what you truly need from a partner to make things work. Take this time to update your priorities so that you know what is a must-have the next time around.

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2. Establish deal-breakers: Deciding on deal-breakers is just as important as setting priorities. A person can have all of the characteristics you favor, but if they have a major lifestyle habit that you disagree with, it can cause conflict in the future. Deal breakers also don't have to be "negative" attributes about the person, but can simply be factors like distance and the type of relationship you are both looking for.

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3. Consider external factors: When we're in a relationship, we sometimes tend to put that aspect of your life above others. Break-ups are a great time to look at other aspects of your life and decide if you'd like to spend some time improving them as well. By working to better yourself professionally or mentally between partners, you will enter your next relationship with a more solid foundation and be ready to put in all the necessary effort.

What are some other ways to learn from a break-up? Start a conversation in the comments below.

Celebrity Break-Up: Lamar Odom & Fiancée Sabrina Parr Call It Quits



By Nicole Maher

In the latest [celebrity news](#), Lamar Odom and Sabrina Parr have decided to call off their engagement. According to *UsMagazine.com*, Odom and Parr's [celebrity break-up](#) stems from

personal issues that Odom needs to work through on his own. The couple was engaged in November of 2019, just three months after first being seen together in Atlanta, and had planned their wedding for November 2021.

According to Sabrina, this celebrity break-up is a result of Lamar Odom needing to work on himself. How do you know if you're in a good place mentally and emotionally for a relationship?

Cupid's Advice:

Sometimes the state of a relationship is dependent on internal factors, such as mental and emotional readiness, rather than external factors. If you are wondering if you're mentally and emotionally ready for a relationship, Cupid has some advice for you:

1. You have other outlets of happiness: Being in a relationship should be one of the highlights of your current life, but it should not be your only outlet of happiness. If the only thing that truly brings you joy is being around your partner, then you may not be mentally or emotionally ready for a relationship. Placing all of your happiness on one person can lead to unhealthy standards and more disappointments even if neither partner is in the wrong.

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2. You're happy with the timing: When you are in a sound mental and emotional place, you are often happy with the

progression of your life. If you are content with the rate at which your relationship is moving, as well as how it fits into your life overall, then you are ready to be in that relationship. However, if you feel that this relationship will cause you to miss out on different areas of your life, you may be in the spot to commit mentally.

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3. You've processed past experiences: An obstacle that many people face in relationships is getting over negative past experiences caused by an ex. If you are entering a new relationship but are still holding onto issues caused by a past partner, you may not be emotionally ready. However, if you've processed and coped with these past issues, then you are likely in a good spot to go forward with a relationship.

What are some other ways to tell if you're mentally and emotionally ready for a relationship? Start a conversation in the comments below.

Celebrity Break-Up: 'RHOBH' Star Erika Jayne & Tom Girardi Split After 21 Years Together





By Nicole Maher

In the latest [celebrity news](#), *Real Housewives of Beverly Hills*' couple Erika Jayne and Tom Girardi have announced their split. According to *EOnline.com*, their [celebrity break-up](#) comes following 21 years of marriage. The couple had originally met while Jayne was working in West Hollywood and were engaged after six months of dating. Despite being married for two decades, Jayne expressed frustration about the public's continued reference to the couples' age gap.

In celebrity break-up news, it's over for Erika and Tom, who have been together for over two decades. How do you know when a long-term relationship has run its course?

Cupid's Advice:

Break-ups are never easy, no matter how long you and your partner have been together. However, spending years, or even decades, with another person can make the process of breaking up even more challenging. If you are looking for signs that your long-term relationship has run its course, Cupid has some advice for you:

1. Holding on to happier times: Creating memories together can be one of the best parts of a relationship, but it can also cause people to remain in relationships that are reaching their end. If you find yourself holding on to memories that happened months or years ago, but have not made the same type of memories since, your relationship may have run its course. Breaking-up doesn't mean you have to forget all the great times in your relationship, it opens you up to new experiences.

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2. You've grown in different directions: People are constantly growing and changing over the years. It's possible that you and your long-term partner have grown in different ways since the beginning of your relationship. While this is no one's fault, staying together despite your different paths in life may continue to cause conflicts that you're already facing.

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3. Loss of feelings: No one wants to be told that their partner has lost feelings for them. Likewise, many people might not want to admit they've lost feelings for their partner. However, it's possible over the course of a long-term relationship for feelings to change, and holding on to past feelings of love that have disappeared will eventually lead to an unhealthy relationship.

What are some other signs a long-term relationship has run its

course? Start a conversation in the comments below.

Celebrity News: Kylie Jenner & Travis Scott Spark Romance Rumors After Steamy Shoot



By Nicole Maher

In the [latest celebrity news](#), Kylie Jenner and Travis Scott sparked romance rumors after posting a picture together. According to *UsMagazine.com*, Jenner shared two pictures of the pair to her Instagram account with Scott responding in the

comments. The [celebrity couple](#) first started dating back in 2017 before welcoming their daughter, Stormi, in February of 2018. Jenner and Scott went on to announce their [celebrity break-up](#) in October of 2019 and have been focusing on co-parenting since.

In celebrity news, Kylie and Travis may be giving things another go after a steamy photo shoot. What are some ways to know if you should give a past relationship another shot?

Cupid's Advice:

Sometimes exes find their way back to each other only to form healthier, stronger relationships. If you are looking for some ways to decide if you should give a past relationship another chance, Cupid has some advice for you:

1. Time has passed: After a break-up, it is necessary to allow enough time to pass before reaching out again with the hope of rekindling. It is likely that there were some large issues leading up to the break-up, and these will not be resolved overnight. By allowing each other enough time to learn and grow, your second try at the relationship may be more successful.

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2. Emotions have calmed: In order for your rekindled relationship to work, you have to let go of any negative emotions surrounding the past attempt at dating. If you still

feel yourself holding onto instances where your partner upset or angered you, it may not be the right time to give the relationship another try. Once these emotions have truly vanished, then you can consider a second try with your partner.

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3. You've both discussed it: It is a mutual decision to give your relationship another chance. By having a conversation about the possibility of reconciling your relationship with your partner first, you will ensure that you are both on the same page. This will allow you to reenter the relationship with a stronger foundation than before and will help you two succeed in the future.

What are some other ways to decide if you should give a relationship another shot? Start a conversation in the comments below.

Celebrity News: Amanza Smith Says Ex Taye Diggs Supported Her & Kids for 5 Years





By Nicole Maher

In the latest [celebrity news](#), Amanza Smith revealed that she was financially dependent on her [celebrity ex](#) Taye Diggs during their relationship. According to *UsMagazine.com*, the couple dated for five years following Smith's divorce from NFL star Ralph Brown. During their relationship, Diggs "took care" of Smith and her two children as Smith did not have a consistent job. Following the couple's split in 2018, Smith was motivated to be financially stable on her own and began working as a real estate agent on *Selling Sunset*.

In celebrity news, Amanza Smith says her ex Taye Diggs took care of her and her kids for the five years they were together. What are some ways to rebuild your life (and your

finances) after a break-up?

Cupid's Advice:

Among the many challenges people face following a break-up, rebuilding your life and finances are some of the most difficult. If you are looking for some ways to get back on the right track following a break-up, Cupid has some advice for you:

1. Scale down: Whether it is downsizing where you're living or canceling a few memberships/subscriptions, scaling down might be necessary following a financially dependent break-up. Don't be disheartened by the need to cut back in a few areas after a relationship ends. Scaling down is only temporary, and these novelties can be added back into your life once you're on your feet again.

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2. Create a new budget: Your style of living usually changes following a break-up, especially if you were living with your ex partner. These changes will also mean you need to recess your budget and spending habits. By keeping track of your new sources of income and expenses, you will feel like you have more control of your finances moving forward.

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3. Explore new opportunities: You will probably be looking for some kind of change in your life following a break-up, so use this as a chance to explore new opportunities. If there is a career field you have always wanted to break into or a product you have always wanted to create, now is the time to do it. Not only could it serve as a source of income, but it will

also have you feeling like you're headed on a new track in life.

What are some other ways to rebuild your life (and your finances) after a break-up? Start a conversation in the comments below.

Celebrity Break-Up News: Kelly Clarkson Is Sued by Father-in-Law's Company Amid Divorce





By Nicole Maher

In the latest [celebrity news](#), Kelly Clarkson is being sued by her ex father-in-law's company amid her celebrity divorce from Brandon Blackstock. According to *UsMagazine.com*, Starstruck Management Group, which is owned by Narval Blackstock, announced that Clarkson owns \$1.4 million in unpaid commissions. This amount is in addition to the \$1.9 million that Clarkson has already paid since the end of her [celebrity relationship](#) with Blackstock. The couple had been married for seven years before officially announcing their [celebrity break-up](#) in June of this year.

This celebrity break-up is not going smoothly, as Kelly Clarkson is getting sued by her ex's father's company. What are some

support systems to have in place during a dramatic divorce?

Cupid's Advice:

Going through a divorce is challenging in any circumstance, but can be even more difficult when the divorce turns dramatic. Not only are you facing the end of a relationship, but you are also forced to confront other hardships in your life. If you are looking for ways to stay supported during a dramatic divorce, Cupid has some advice for you.

1. Family and friends: The first people you can find support in amid a dramatic divorce are those closest to you. Friends and family can be the perfect outlets to allow you to express your feelings and escape any drama caused by your divorce. You may also have someone in your circle that has gone through a similar experience and can offer some insight of their own.

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2. A lawyer: The last person you probably want to spend more time with amid your divorce is your lawyer, but they can be one of your best support systems. By discussing any charges or accusations brought forward by your ex partner with your lawyer, you will have a better understanding of what you are actually responsible for throughout the process. This can help alleviate some of the uncertainty or stress you may be feeling.

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3. Counselors and therapists: It can be easy to get caught up in the financial and legal strains of a difficult divorce and forget the effect it is having on your emotions. At the end of

the day, you are still processing the end of a relationship as well. Discussing the events of your divorce with a therapist can help in the healing process and allow you to move on with your life in a healthier way.

What are some other support systems that you can turn to during a dramatic divorce? Start a conversation in the comments below.

Celebrity Break-Up: Max Ehrich Reveals Details About How He Learned of Split From Demi Lovato





By Nicole Maher

In the latest [celebrity news](#), Max Ehrich reveals new details surrounding his [celebrity break-up](#) from fiancé Demi Lovato. According to *EOnline.com*, Ehrich first learned that his [celebrity relationship](#) was over when he saw the headline of a tabloid on his phone. At the time, Ehrich was on the set of his new movie, *Southern Gospel*, and not with his then-fiancé Lovato. The actor described how his cast members watched the event unfold and helped him get back into character to continue filming.

In celebrity break-up news, Max Ehrich claims he heard about his break-up from Demi Lovato via a tabloid. If you've decided to break things off with your partner, what

are the best ways to go about it?

Cupid's Advice:

Breaking up with your partner can be one of the most difficult conversations to have. However, just because the conversation is challenging does not mean it's okay to go about ending the relationship without consulting your partner. If you are looking for the best ways to go about breaking things off with your partner, Cupid has some advice for you:

1. Address the issues: Before you even get to the point of breaking up, it is important to discuss the issues you are having within the relationship with your partner. Try to find any last minute areas of compromise before you decide that the relationship is officially over. If the issues that the two of you are facing appear to be unrepairable, then continue forward with the split.

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2. Privately and in-person: Even though a relationship is failing and there may be some ill-feelings between you and your partner, it is still important to respect the other person throughout the process. One of the main ways to show respect is to go about the break-up in a private setting and preferably in person. If distance is an issue, try to make the conversation as personable as possible by making a phone call rather than sending a text.

Related Link: [Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties](#)

3. Listen to their requests: After a break-up, there are often new boundaries that need to be established between you and your ex. Take some time after the break-up to establish what

kind of relationship the two of you will have moving forward. While one of you may wish to remain friends, the other may need some time without any contact to process this new change before agreeing to an ongoing relationship of any kind.

What are some other ways to go about breaking things off with your partner in the best way? Start a conversation in the comments below.

Celebrity Break-Ups: Kelly Clarkson & Usher Connect Over Divorce Difficulties





By Nicole Maher

In the latest [celebrity news](#), Kelly Clarkson and Usher opened up about the pains they both experienced as they were going through [celebrity divorces](#). According to *UsMagazine.com*, the two discussed some of the challenges that follow a divorce in the spotlight on Clarkson's talk-show, the *Kelly Clarkson Show*. Clarkson had recently announced her [celebrity break-up](#) from Brandon Blackstock in July of this year after nearly seven years of marriage, while Usher has gone through divorces with both Tameka Foster in 2009 and Grace Miguel in 2017.

Kelly Clarkson and Usher connected over their celebrity break-up struggles. What are some ways to support someone who is going through a rough split?

Cupid's Advice:

Watching someone we care about go through an emotional break-up can be almost as painful as going through a break-up ourselves. If you are looking for ways to support a friend or family member through a rough split, Cupid has some advice for you:

1. Listen to them: The best way to show your support for someone in any situation, especially someone going through a rough split, is to simply listen to them. While it is great to offer advice and insight into similar situations you have been through, it is also important to make sure you are simply listening as the other person expresses their feelings. The last thing you want is for someone to falsely think you are trying to make the situation about yourself.

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2. Spend time together: One of the most difficult things that follows a break-up is filling the time that you used to spend with your significant other. If you know someone who is going through a painful break-up, a great way to support them is to offer them your time. Make plans to go out to lunch or watch a movie and allow them to escape from thinking about their break-up for a few hours.

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3. Reserve your opinions: Right after a break-up, many people turn to talking poorly about their new ex as a way of processing what they are going through. While you may have opinions about this person's ex or their relationship in general, it is better to reserve these opinions in the beginning. Whether you have been waiting for the couple to break-up or shocked that their relationship didn't work, waiting until all emotions have subsided to express your opinions can prevent any confusion or ill feelings between you

and the person you are supporting.

What are some other ways to support someone you is going through a rough split? Start a conversation in the comments below!

Celebrity Break-Up: Savannah Chrisley & Nic Kerdiles Split After Postponing Wedding



By Nicole Maher

In the latest [celebrity news](#), Savannah Chrisley and Nic Kerdiles have officially ended their engagement after postponing their wedding earlier this year. According to *UsMagazine.com*, Chrisley announced their [celebrity break-up](#) via Instagram and acknowledged that fans had been looking for an update on the couple's status. Chrisley and Kerdiles began dating in November of 2017 and got engaged shortly after in December of 2018. While the couple has faced challenges in the past, Chrisley clarified in her post that there is no hatred between them.

In celebrity break-up news, Savannah and Nic have decided to go call it quits on their relationship. What are some last ditch efforts you can make before deciding to split from your partner?

Cupid's Advice:

Deciding if it is time to split from your current partner is one of the most difficult decisions to make in a relationship. It can be hard to tell your relationship has reached its end, or if you are simply going through a rough patch. If you are looking for ways to prolong your relationship, Cupid has some advice for you.

1. Look to the beginning: As a relationship progresses it tends to change, and there are likely some aspects that you have left in the past. By revisiting some of your favorite activities from when you first started dating, you may be able to rekindle the spark you are currently missing.

Related link: [Celebrity News: Cassie Randolph Is Granted Restraining Order Against 'Bachelor' Colton Underwood](#)

2. Take a step back: Sometimes we have to see just how much we will miss a person before we let them go. Try designating some time throughout the week for the both of you to spend alone and allow yourself to miss the other person's company. Taking a step back from your relationship is a great way of determining if your partner's absence brings you unhappiness or peace.

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3. Seek professional help: Involving a relationship professional is the perfect way to get another perspective on your relationship. Couples counseling makes it necessary for both people in the relationship to speak through their concerns and hopefully find solutions. A professional can introduce new communication methods that may be able to save your relationship in the end and get you back on the same page.

What are some other last ditch efforts you can make before deciding to split from your partner? Start a conversation in the comments below!

**Celebrity News: Cassie
Randolph Is Granted**

Restraining Order Against 'Bachelor' Colton Underwood



By Carly Silva

In the [latest celebrity news](#), Cassie Randolph was officially granted a restraining order against ex-boyfriend and former *Bachelor*, Colton Underwood. Randolph filed for the order last Friday, September 11th, on the grounds that Underwood has been harassing her since their [celebrity break-up](#). According to *UsMagazine.com*, Randolph claimed that Underwood has been stalking her, relentlessly sending her text messages, and even placed a tracking device on her vehicle.

In celebrity news, Cassie Randolph has a restraining order against Colton Underwood, and text messages were released showing some intense feelings between the two. What do you do if you feel your ex has become unstable and/or dangerous?

Cupid's Advice:

Sometimes break-ups can get heated, especially when intense feelings are involved. If you're starting to think your ex has become unstable and/or dangerous, Cupid has some advice for you:

1. Stop contacting them completely: If your ex is starting to make you feel unsafe in any way, it's important to stop contacting them completely. Don't answer their calls or texts, and definitely don't make plans to see them in person. You can even unfollow or block them on social media accounts to ensure that they can't reach you.

Related Link: [Relationship Advice: How Do You Deal With A Badmouthing Ex?](#)

2. Tell someone about it: Sometimes when people get into dangerous relationships, it can be scary or embarrassing to tell your friends and family, but it is essential. Having support from other people will help keep you safer, so your friends and family should definitely be aware of what is going on.

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3. Don't be afraid to do call the authorities. Although it can be hard to take things to the next level, it may be necessary if you are really starting to worry for your safety. Filing a police report or a restraining order can help give you peace of mind.

What do you do if you feel your ex has become unstable and/or dangerous? Start a conversation in the comments below!

Celebrity Break-Up: Kelly Clarkson Says Life Has Been a 'Dumpster' Amid Divorce from Brandon Blackstock





By Nicole Maher

In the latest [celebrity news](#), singer Kelly Clarkson opened up about some of the challenges she has been facing since her [celebrity divorce](#) from estranged husband Brandon Blackstock. According to *UsMagazine.com*, Clarkson and Blackstock filed for divorce in June of this year, putting an end to their seven year marriage. While the couple was experiencing problems before, these issues were heightened while the pair was quarantining together amid the coronavirus pandemic.

In celebrity break-up news, Kelly Clarkson is having a tough time amid her divorce from Brandon Blackstock. What are some ways to keep the drama at bay during a

split?

Cupid's Advice:

One of the unfortunate added side effects that often follows a break-up is drama. Despite all the efforts we may make, it is normal to be faced with rumors or awkward questions once a relationship ends. If you are looking for ways to keep the drama at bay during a split, Cupid has some advice for you:

1. Keep it neutral: Negative words seem to travel the quickest during the time of a break-up, and are likely to make their way back to your ex partner if you share mutual friends. While it is necessary to process your break-up with others, avoiding an excessive amount of negativity around the situation can help alleviate some of the drama. Try to keep statements as neutral as possible when speaking with your mutual friends to avoid anything accidentally being taken out of context.

Related link: [Celebrity Divorce: What Went Wrong for Kelly Clarkson & Brandon Blackstock?](#)

2. Focus on yourself: Drama is often started when we are focusing on another person. Instead of worrying about if your ex partner is going on dates or talking to someone else, focus on what you are doing post break-up. If you refuse to give this budding drama the time of day by prioritizing yourself, then it will not be able to grow!

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3. Find an outlet: Just as Clarkson did through her music, finding an outlet to help you process your feelings can help avoid some unnecessary drama. Songwriting, keeping a journal, or even recording quick voice-memos are good ways to channel how you are feeling without involving anyone else. Once you have a better handle on how you are truly feeling, then it can

be easier to address any questions without feeling like you will be stirring up drama.

What are some other ways to keep drama to a minimum during a break-up? Start a conversation in the comments below!

Celebrity Break-Up: Victoria Fuller Says She & Chris Soules Split Due to Geography



By Nicole Maher

In the latest [celebrity news](#), *Bachelor* Nation stars Victoria Fuller and Chris Soules called off their relationship due to geographical reasons. According to *UsMagazine.com*, Fuller was not ready to move to Iowa and join Soules on his farm. The two had been traveling to see each other since April of this year, but were ultimately unable to reach a decision on where to settle down together. While the pair agreed to a [celebrity break-up](#), they have reportedly been staying in contact with each other.

In celebrity break-up news, Victoria and Chris split due to location. What do you do if you're in a long distance relationship and can't agree on a place to live together eventually?

Cupid's Advice:

Distance can be one of the most difficult factors of a relationship to navigate. Whether someone is a long car ride away or only accessible by plane, the challenge of seeing each other can have a toll on the relationship. If you are looking for ways to overcome the challenges of distance as a couple, Cupid has some advice for you:

1. Meet in the middle: One of the main reasons people do not want to uproot their life and move is because they are familiar with their current surroundings. It can be difficult to convince a person to leave their family and friends and move to a completely new place where they only know one person. But if both partners are willing to meet someplace in the middle, it would allow both of them to remain closer to home and to each other.

Related link: [New Celebrity Couple: Is Victoria Fuller Quarantining with Former 'Bachelor' Chris Soules in Iowa?](#)

2. Continue to travel: If the impending distance does not need to be resolved right away, then continue your current travel methods. Circumstances and priorities may change after a period of time, and the two of you may eventually reach a point of agreement on where to finally settle down together.

Related link: [Celebrity News: 'Too Hot to Handle' Star Francesca Farago Sets Record Straight on Romance Rumors with Former 'Bachelorette' Star Jef Holm](#)

3. Be honest with yourself: If you and your partner have had multiple conversations about the distance and there has been no compromise on either side, it might be time to consider the alternative of breaking-up. Breaking-up does not mean that the relationship failed, it simply means that the two people involved are progressing in different directions. In this case it may be two different geographical locations.

What are some other ways to conquer a long-distance relationship? Start a conversation in the comments below!

Celebrity Break-Up: Justin Hartley Isn't Concerned About Ex Chrishell Stause's Drama





By Diana Iscenko

In the latest [celebrity news](#), Justin Hartley reveals he's not letting drama from his divorce from [celebrity ex](#) Chrishell Stause bring him down. Despite the *Selling Sunset* star's claims about their split, Hartley told *ETOnline.com* that he is staying positive: "I'm a happy guy. I sleep like a baby. I don't have anything on my mind... I am a very, very lucky, lucky individual." Hartley filed for divorce from Stause in November 2019 after almost three years of marriage.

In celebrity break-up news, Justin Hartley isn't concerning himself with his ex Chrishell's divorce drama. What are some ways to distance yourself from relationship

drama?

Cupid's Advice:

Post-break-up drama can be overwhelming, especially if you're trying to distance yourself from it. If your ex refuses to leave the drama in the past, Cupid has some advice for you:

1. Find your support system: Surround yourself with people you trust. Distance yourself from your ex and other people you're worried might try to bring you down with unnecessary drama. Lean on close friends and family who you trust have your best interests at heart.

Related Link: [Celebrity News: Justin Hartley Brings Daughter to Critics Choice Awards Amid Divorce](#)

2. Be empathetic: Understand other people's thought processes and do your best to forgive them. Your ex may be causing drama after the break-up but think about where they're coming from. Break-ups hurt and this may be your ex's (imperfect) way of handling it.

Related Link: [Celebrity Exes: G-Eazy Had 'Creative Breakthrough' After 'Toxic' Halsey Relationship](#)

3. Look on the bright side: Have a positive outlook on your situation. While things may not be going perfectly, be thankful for the positive people in your life. Be grateful for you and your ex's time together instead of bashing them post-split.

How do you avoid relationship drama? Start a conversation in the comments below!

Celebrity Break-Up News: Jordana Brewster Files for Divorce from Andrew Form



By Diana Iscenko

In the latest [celebrity news](#), Jordana Brewster filed for divorce from husband Andrew Form after 13 years of marriage. According to *UsMagazine.com*, the *Fast & Furious* actress submitted the divorce papers to the Stanley Mosk Courthouse in Los Angeles last week. The former [celebrity couple](#)'s case was listed as "dissolution with minor children." The pair share two sons, Julian, 6, and Rowan, 4.

In celebrity break-up news, Jordana and Andrew have decided to call it quits on their marriage. What are some ways to announce your divorce to your young children?

Cupid's Advice:

The end of a marriage is never easy, but it can be even more stressful when you have young children. As a parent, you want to protect your kids from painful situations. If you're not sure the best way to tell your kids about you and your parent's separation, Cupid has some advice for you:

1. Focus on the moment: Your kids will likely remember the moment you tell them about the divorce for their entire lives. Make sure you're sitting down as a family, with all your kids and your partner, when having this conversation. Think about where you're having this conversation and if it would be comfortable for your children.

Related Link: [Celebrity Divorce: What Went Wrong for Kelly Clarkson & Brandon Blackstock?](#)

2. Listen to your children: It's impossible to know how your child will react to this news. No matter how well you breakdown the news to your young children, they're going to have questions you're not prepared for. Be supportive of them no matter how they react and answer their difficult questions honestly.

Related Link: [Celebrity Divorce: Ewan McGregor Settles Divorce from Eve Mavrakis 2 Years After Filing](#)

3. Be united with your partner: While your divorce is hard on you, you need to be mature around your children. When

announcing your separation, do not blame your partner. Both parents should take ownership and give your children the same message. Blaming your partner will make your kids think they need to reject their other parent.

How do you look out for your kids during a divorce? Start a conversation in the comments below!

Celebrity Break-Up: Cassie Randolph Slams 'Bachelor' Editing After Talking Split from Colton Underwood





By Diana Iscenko

In the latest [celebrity news](#), Cassie Randolph speaks out against how *The Bachelor: The Greatest Seasons – Ever!* portrayed her in a recent interview. The interview focused on Randolph's recent split from [Bachelor](#) Colton Underwood, despite Randolph's reluctance to talk about it. The [reality TV](#) star posted on her Instagram story, explaining how much was cut from her interview: "There's so much more to me than just my past relationship, and I think that's why I'm annoyed."

In celebrity break-up news, Cassie Randolph isn't happy with the way her split was in the spotlight on a recent episode of The Bachelor GOAT. What are some ways to keep

the after-effects of your split from getting you down?

Cupid's Advice:

No matter how your relationship ended, it's completely normal to be upset. That doesn't mean you should let your grief consume you! If you're having trouble keeping your head up post-break-up, Cupid has some advice for you:

1. Lean on your friends: It's easy to see your friends less during a relationship, but it's important to stay connected. Use this time to catch up with them. Set aside time to talk to them, whether that's in person or over the phone.

Related Link: [Celebrity Break-Up: 'Bachelor' Alum Colton Underwood Jokes About Split from Cassie Randolph](#)

2. Focus on your interests: Throw yourself back into your hobbies. Focusing on something you enjoy will help you focus on something besides your break-up. It's also a great opportunity to try something new!

Related Link: [Celebrity News: Arie Luyendyk Jr. Says 'Bachelor' Concept 'Barely Works' for Finding Love](#)

3. Keep saying "yes": Accept social every invitation you get. Spend as much time as you can with those who support you. It may not feel genuine at first, but spending time with friends and family will prevent you from isolating yourself.

How do you keep your mood up after a break-up? Start a conversation in the comments below!

Celebrity Break-Up: Christina Ricci is Granted Protective Order Against Husband James Heerdegen



By Diana Iscenko

In the latest [celebrity news](#), Christina Ricci was granted an emergency protective order against husband James Heerdegen. According to *UsMagazine.com*, the Los Angeles Police Department responded to a call for domestic battery at the actress' home. Ricci was granted the protective order, which prohibits any

contact between the [celebrity couple](#). Heerrdegen was not arrested.

In celebrity break-up news, Christina Ricci and her husband James Heerdegen are clearly having major issues. What do you do if your partner becomes violent toward you?

Cupid's Advice:

Finding out your partner is abusive is difficult to navigate. While you may still love them, it's important to keep yourself safe. No matter what kind of violence you're facing, it isn't your fault and you aren't responsible for your partner's abusive behavior. If you need help figuring out how to leave a violent relationship, Cupid has some advice for you:

1. Create a safety plan: A safety plan is a personalized plan to keep you safe while in a violent relationship. It should include telling close friends or family about the abuse and how to stay as safe as possible before leaving the relationship. Teach children how to stay safe in these emergencies.

Related Link: [Celebrity Exes: Mandy Moore Says Ex Ryan Adams Was 'Psychologically Abusive'](#)

2. Get legal protection: Protective orders and restraining orders can help you immediately by keeping your partner physically away from you and your family. Once you have a protective order, you should always keep the document with you. You can apply for these documents at courthouses, women's

shelters and police stations.

Related Link: [Celebrity News: Demi Moore Says She Was 'Addicted' to Ashton Kutcher](#)

3. Leave your abuser: Make a plan to escape quickly. You might want to request a police escort when you leave. Be sure to grab important documents and other irreplaceable keepsakes when leaving. After leaving, try to change up your routine to lessen the chance of your abuser finding you. This might include changing your hours at work or changing your phone number.

Do you have advice for those facing intimate partner violence? Start a conversation in the comments below!

Celebrity Break-Up: Jim Edmonds Says Marriage with Meghan King Edmonds Was 'Loveless and Abusive'





By Diana Iscenko

In latest [celebrity news](#), Jim Edmonds accused ex-wife Meghan King Edmonds of abuse in a recent Instagram post. Edmonds posted a picture of his girlfriend, Kortnie O'Connor, captioning it: "If it wasn't for this girl, I don't think I would be here right now." He continues by accusing his [celebrity ex-wife](#) and *Real Housewives* star: "I was going through hell ending a loveless and abusive relationship. The lies and accusations that followed the breakup only put me deeper into a funk." The post's intent was to celebrate the new [celebrity couple](#) but may create drama between the [reality TV](#) exes.

This celebrity break-up was certainly not drama-free, and accusations are still being thrown out there. What are some ways to

keep negativity after a break-up from consuming your life?

Cupid's Advice:

The end of a relationship is always hard, but avoiding drama will make it easier for you and your ex. Even if you can't avoid every awkward moment, Cupid has some advice for you:

1. Take time apart: Do your best to not see your ex, even if you want to be friends after the breakup. Give yourself a couple of months to get used to life on your own before you reach out to your ex again. Staying too interconnected after a breakup will prevent you (and your ex!) from moving on.

Related Link: [Celebrity Breakup: Teresa & Joe Giudice Talk Divorce in Interview with Andy Cohen](#)

2. Set boundaries: Sometimes you can't avoid your ex. Maybe you work together or have close mutual friends. You and your ex need to establish boundaries. Discuss what you're comfortable with when you do see each other and be adamant about not falling back into your old habits.

Related Link: [Celebrity Break-Up: Kenya Moore's Husband Marc Daly Reportedly Had Multiple Affairs Before Split](#)

3. Avoid social media: After the breakup, take some time before going on social media. Seeing what your ex is doing will cause unnecessary hurt and drama. You might also want to keep your breakup off the internet at first. You may not be ready to talk about the breakup with those outside your inner circle.

How do you keep things drama-free with your exes? Start a conversation in the comments below!

Celebrity Break-Ups: Julianne Hough Is 'Super Upset' Amid Brooks Laich Split



By Diana Iscenko

In the latest [celebrity news](#), Julianne Hough is having a hard time with her recent separation from ex-NHL player Brooks Laich. The [celebrity couple](#) split in May after almost three years of marriage. A source told *UsMagazine.com* that the *Dancing with the Stars* alum is “super upset” about the pair’s upcoming [celebrity divorce](#) saying, “Julianne and Brooks’ split was a long time coming... There’s still a love there, but not in

a romantic sense.”

In celebrity break-up news, Julianne is having a tough time dealing with her recent split. What are some happy things you can do while coping with a split to boost your mood?

Cupid's Advice:

The end of a relationship is always hard. You need time to grieve no matter how it ended. It's also important not to let the grief be the only thing you feel. If you're having a hard time feeling positive after your breakup, Cupid has some advice for you:

1. Reconnect with friends: It's easy to distance yourself from your friends during your relationship, but it's important to spend time with them after a breakup. Your close friends are there for you and this is when you need them most. If they're long-distance friends, schedule times to call them!

Related Link: [Celebrity News: Brooks Laich Still Wants Kids After Split from Julianne Hough](#)

2. Fall in love with your hobbies: Some of your free time will be spent being upset about your breakup and that's okay. Try spending more of that time getting back into hobbies you may have stopped doing during your relationship. This is your time to experiment with new activities, too!

Related Link: [Celebrity Break-Up: Kaitlyn Bristowe & Nick Viall React to Nick's Past Proposal on 'The Bachelor GOAT'](#)

3. Say yes to new experiences: Accept every social invitation you have. Spend a night out with friends or have lunch with your family. Even if it doesn't feel genuine at the beginning, you'll be glad you spent time with people you care about instead of holing up and watching Netflix again.

What are some ways you pick yourself up after a breakup? Start a conversation in the comments below!

Celebrity Break-Up News: Kristin Cavallari's Friends Saw 'Shady' Side to Jay Cutler Pre-Split





By Diana Iscenko

In the latest [celebrity news](#), *Very Cavallari* star Kristin Cavallari and Jay Cutler have filled for divorce. Fans of the [celebrity couple](#) may be surprised to hear of this split, but those closest to the [reality TV star](#) weren't always Cutler's biggest fan. According to *UsMagazine.com*, Culter "would be mean to [Cavallari], embarrass her, make her feel bad, or storm off." Despite this messy situation, these [celebrity exes](#) "have nothing but love and respect for one another," according to an Instagram post.

In this celebrity break-up news, Kristin Cavallari's friends saw the writing on the wall before her split from Jay Cutler. What do you do if your friends are voicing

warnings about your relationship?

Cupid's Advice:

In a perfect world, your friends would all adore your significant other as much as you do. Unfortunately, there are many times when your friends might not see eye to eye with your new partner. If you're not sure how to handle a friend's worries about your new relationship, Cupid has some advice for you:

1. Think about your friendship: Consider if you have a healthy relationship with your friend. Are they one of your closest friends? Do you trust their judgment? Unfortunately, not all your friendships are perfect, but you'll be able to tell if your friend has your best intentions at heart.

Related Link: [Celebrity Break-Up: Kristin Cavallari & Jay Cutler Reach Temporary Child Custody Agreement](#)

2. Learn more about their worries: Ask your friend what exactly makes them dislike your partner. Having an open conversation will let you know why exactly they're concerned. It's also important to consider your friend's viewpoint. They could see some major red flags you might have missed.

Related Link: [Relationship Advice: What We Can Learn From The Trials And Triumphs Of Celebrity Relationships](#)

3. Find a compromise: You can't force your friend and partner to get along, but you can make sure they're both as comfortable as possible. Set boundaries so they can feel comfortable around the other person. Maybe that's only seeing the other in a group setting or not discussing certain topics.

What do you do when your friend is worried about your new relationship? Start a conversation in the comments below!

Celebrity Break-Up: Scott Disick & Sofia Richie Officially Break Up After 3 Years



By Diana Iscenko

In the latest [celebrity news](#), [Scott Disick](#) and Sofia Richie called it quits after their three-year relationship. Richie ended things to give Disick space to work on his mental health and addiction issues, which he has struggled with long before the pair got together. These [celebrity exes](#) remain on speaking

terms, despite Disick spending his birthday weekend with ex-wife [Kourtney Kardashian](#).

In celebrity break-up news, Scott and Sofia are calling it quits. How do you cope with the loss of a long-term relationship?

Cupid's Advice:

The end of a long-term relationship marks a new chapter of your life. It doesn't matter who initiated the break-up; both parties will have to deal with heartbreak. If you're unsure of how to move forward, Cupid has some advice for you:

1. Allow yourself to grieve: This is your chance to accept your new reality without your ex. You have the time to reflect on the relationship and your own actions, which will allow you to move on. This is your time to establish a new routine without your ex and untangle them from your life.

Related Link: [Celebrity News: Scott Disick Celebrates Birthday with Ex Kourtney Kardashian & Kids After Split from Sofia Richie](#)

2. Focus on yourself: Long-term relationships often have you focusing more on "we" than on "me." This is your chance to do things that make you happy. This could be finding a new hobby, going out to your favorite places, or spending more time with people who support you.

Related Link: [Celebrity Couple News: Scott Disick and Sofia Richie Are on a Break Post-Rehab](#)

3. Lean on friends and family: Your loved ones are there to cheer you up! They can be a shoulder to cry on, an ear to

listen, or a distraction from the break-up. Spending time together will lift your spirits no matter what you do and it will remind you you're not alone.

What do you do to heal after a relationship? Start a conversation in the comments below!

Celebrity News: Scott Disick Celebrates Birthday with Ex Kourtney Kardashian & Kids After Split from Sofia Richie





By Diana Iscenko

In the latest [celebrity news](#), [Scott Disick](#) spent his birthday with ex-wife [Kourtney Kardashian](#) and their kids. According to *UsMagazine.com*, Disick and his long-time girlfriend, Sofia Richie, recently took a break from their relationship so he could work on his mental health. In the wake of this [celebrity break-up](#), Disick and Kardashian spent their Memorial Day weekend with two of their children, Penelope, 7, and Reign, 5, in Lake Powell, Utah.

In this celebrity news, exes Scott and Kourtney made his birthday a family affair. What are some reasons to keep things civil with your ex?

Cupid's Advice:

The end of a relationship is painful. Many people choose to cut their ex out of their life, but there are many reasons you might want to keep an ex in your life. If you're debating whether you should stay civil with an ex, Cupid has some advice for you:

1. You need closure: A break-up hurts less when it ends on good terms. This isn't always possible, but if your ex can have a conversation with you about the relationship, it may help you better move on and keep things drama-free in the future.

Related Link: [Celebrity Couple News: Scott Disick and Sofia Richie Are on a Break Post-Rehab](#)

2. You run in the same circles: Sometimes staying civil with an ex is all about practicality. If you share a group of friends or a workplace, you want to remain on speaking terms with an ex to avoid future drama and awkwardness.

Related Link: [Relationship Advice: What We Can Learn From The Trials And Triumphs Of Celebrity Relationships](#)

3. You still trust them: If your relationship had a clean ending, you might still want them as a supportive friend in the future. By ending on civil terms, it opens the door for your ex to come back into your life when you're ready.

Do you try to keep things civil with your ex? Start a conversation in the comments below!

Celebrity Break-Up: David

Eason Speaks Out After Jenelle Evans Announces Split



By [Hope Ankney](#)

In the latest [celebrity news](#), *Teen Mom 2* alum David Eason has spoken out after Jenelle Evans announced their [celebrity break-up](#). This is the first time he's addressed the issue with his estranged wife, and he seemingly shaded Evans through several Instagram stories on Sunday, November 3rd. According to *UsMagazine.com*, Eason posted two screenshots of *TMZ* articles. One detailed a request for full custody of the pair's two-year-old daughter, Ensley. The other discussed Evan's road rage that was broadcast in 2018 where she followed a driver home and then brandished a gun.

In celebrity break-up news, David Eason threw some shade Jenelle Evans' way after she announced their split. What are some things to avoid on social media during a break-up?

Cupid's Advice:

Getting over a nasty breakup is hard, but it is even harder when social media is involved. Whether it is viewing their stories, stalking their profiles, or keeping up with what their friends are doing, it is a breeding ground for hurt feelings and questionable consequences. If you're going through a break-up, and you're having a hard time pulling yourself away from your ex's social media, don't worry! Cupid has some [relationship advice](#) on what to avoid on social media during a split:

1. Social media stories: Facebook has them. Instagram has them. Snapchat has them. Social media stories allow users to see exactly what's going on with someone in real-time. It's a cool feature unless you're going through a tough break-up. Seeing your ex out having fun on their stories can further fan the flame, and it might lead to feeling worse or to toxic social media behavior. Before you decide to click on their icon, think about what viewing this story is really going to help when it comes to getting over them.

Related Link: [Celebrity Parents: 'Teen Mom 2' Alum Jenelle Evans & David Eason Lose Custody of Kids After Legal Battle](#)

2. Burner accounts: If you follow their FINSTA (private Instagram) or Fake Twitter, chances are your ex will be

venting about you and your relationship after it ends. If they haven't already blocked you from following their account, maybe it's a good idea to unfriend yourself from seeing those posts. And, if you are blocked, don't give in to the temptation to ask friends who are still privy to the accounts to spy on them and report back. You'll see or hear something you weren't prepared for, and it will only lead to anger or hurt.

Related Link: [Celebrity Break-Up: 'Bachelor' Alum Tia Booth and Boyfriend Cory Cooper Split After 1 Year Together](#)

3. Keeping up with the circle: Chances are, when a relationship ends, the friend circle won't be the same. Some people will choose to stay with your ex while others might be more neutral about the breakup. Either way, it isn't a good idea to poke your nose into the circle, especially on social media, to keep up to date about what your ex is doing. Not only does it not paint you in a good light, but it can cause issues in the friend group. It's better to keep a safe distance than to cause more distress than is necessary.

What are some things you avoid on social media while going through a breakup? Let us know down below!

**Celebrity News :
'Bachelorette' Hannah Brown**

Says 'Thank You, Next' to Questions about Tyler Cameron & Gigi Hadid



By Ashley Johnson

In a [celebrity interview](#) with *UsMagazine.com*, Hannah Brown made it clear that she is ready to take on life as a single woman after her [celebrity break-up](#) with Tyler Cameron. The reality TV star says she is focused on exploring her new opportunities as a single woman and is ready to move forward from *The Bachelorette* with or without a man.

In celebrity news, Hannah isn't letting anyone draw her into talks surrounding Tyler Cameron's dating life. What are some ways to move on when you see your ex moving on?

Cupid's Advice:

While all celebrity relationships do not last, the relationship you have with yourself does. We are rooting for Hannah in her new journey! Cupid has some advice on how to move on from an ex like Hannah Brown and many other single celebrities:

1. Focus on yourself: Self-care is always the best way to go. When we take care of ourselves and give ourselves all the love and affection for a change, we realize just how much we needed it and realize that self love is enough. Focusing on yourself and taking the time to heal on your own can help you rediscover yourself and learn more about who you are. You can learn more about your likes, dislikes, and everything in between.

Related Link: [Celebrity News: Shia Lebeouf and FKA Twig's Relationship Is On Hold](#)

2. Enjoy your hobbies and friends: Just taking the time to do things you enjoy again can remind you what you really value in life. You can now focus all your time and energy on everything you have ever wanted to do, whether it be painting, going to concerts, traveling the world, or spending more time with friends. Friends are there for you when you need them the most. They can help distract you from your ex and past relationship and can be a shoulder to lean on when you just need to vent.

Related Link: [Celebrity Break-Up: Bradley Cooper Enjoys a Boys' Night in L.A. After Irina Shayk Split](#)

3. Take a break from social media: Focusing on yourself means you can't have any distractions. Social media is the easiest way to stay up to date with your friends, and unfortunately, your ex. With just one click you can get lost in your ex's feed. Being single means you now have time to focus on yourself, not your ex and their whereabouts. Embrace the distance from your ex... this may even mean blocking or unfollowing them on all social media for the time being.

Can you think of any other ways to move on when you see your ex moving on? Let us know in the comments below!