

Celebrity Break-Ups: Tarek El Moussa Is 'Sad' for Ex Christina Anstead Amid Her Split



By Carly Silva

In the [latest celebrity news](#), Tarek El Moussa admitted he feels “sad” for his ex-wife Christina Anstead after her recent split from husband, Ant Anstead. According to *UsMagazine.com*, Anstead announced the [celebrity break-up](#) via Instagram, writing that the two are committed to prioritizing their children, and also asked for privacy through the split.

In celebrity break-up news, Tarek El Moussa feels bad for his ex Christina Anstead, who is going through a split. What are some ways to support your friend through a break-up?

Cupid's Advice:

Break-ups can be tough, so it's important to support your friends through them. If you're looking for ways to support your friend through a break-up, Cupid has some advice for you:

1. Get their mind off of it: One of the best things you can do

for a friend going through a break-up is to be there for them and keep their mind distracted. Spend some quality time with your friend and do something fun to keep their mind occupied.

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2. Let them vent: Sometimes when someone is going through a break-up, it makes them feel better to be able to talk about it. Let your friend vent as much as they want to help them express their feelings in a helpful way.


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3. Don't forget to check in: It can be easy to support your friend right after a break-up, but it is also important to reach out to them often, even weeks after the break-up. Check in with them consistently to reassure them that you are there for them for the long haul.

What are some ways to support your friend through a break-up? Start a conversation in the comments down below!

Celebrity Exes: Amber Heard Says Johnny Depp Accused Her of Cheating with Channing Tatum & Leo DiCaprio



 By Alycia Williams

In latest [celebrity news](#), Johnny Depp accused his ex-wife Amber Heard of having multiple affairs with her co-stars while they were married. According to *UsMagazine.com*, after their [celebrity break-up](#), Depp has accused Heard of having affairs with Eddie Redmayne, James Franco, Jim Sturgess, Kevin Costner, Liam Hemsworth, Billy Bob Thornton, Channing Tatum, and Kelli Garner. Depp has also claimed that the actress had a affair with Leonardo DiCaprio after she once auditioned with him. “He would taunt me about it especially when he was drunk or high and had derogatory nicknames for every one of my male costars he considered a sexual threat,” Heard continued. “Leonardo DiCaprio was ‘pumpkin-head,’ Channing Tatum was ‘potato-head’ and ‘Jim Turd Sturgess.’”

These celebrity exes are battling it out in court, and accusations are being thrown around in the process. What are some ways to keep your split amicable?

Cupid’s Advice:

While break-ups can tend to be messy, especially when coming out of a long term relationship it’s important to try to keep things as clean as possible. If you’re looking for ways to keep your split amicable, Cupid has some advice for you:

1. Don’t talk negatively about your ex: It’ll be hard to be friendly with your ex if you’re talking negatively about them or vice versa. Make sure all the comments you make about your ex is positive and if you have nothing nice to say, don’t say anything.

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2. Wish the best for them: Part of splitting amicably is wanting the best for your ex in life. Secretly wishing negativity on them is going to show through your actions. Sincerely want the best for them and that's what will show through your actions.

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3. Don't blame your ex: When things go wrong in a relationship it can be easy to place the blame of your break-up on your ex. Don't blame anyone for your past relationship, it's nobody's fault, not everyone is meant for one another.

What are some more ways to keep your split amicable? Start a **conversation in the comments below!**

Celebrity Break-Up: 'Bachelor' Alum Tia Booth and Boyfriend Cory Cooper Split After 1 Year Together



 By [Ahjané Forbes](#)

Tia Booth is singing "Single Ladies" in [celebrity news](#) after ending her relationship with her [celebrity ex](#), Cory Cooper. The two had dated for a year before their split. According to *UsMagazine.com*, Chad Johnson, a *Bachelor* Nation alum, publicly accused Booth of cheating on Cooper. The [reality TV star](#) responded to Johnson's acquisitions, asking if his Instagram

had been hacked. Booth released a statement on Instagram, saying, "I am fine. He is fine. At this stage of life, we are better as friends. He is a very private person and will freak when he reads this, but I wanted to address it myself."

In celebrity break-up news, Tia Booth hesitantly confirmed her split on social media. What are some factors to consider before sharing relationship details on social media?

Cupid's Advice:

Making a break-up known can be hard. Whether it not to rip off the band aid and share it on social media is a tough decision. Cupid has some advice on how to post the ending of your relationship online:

1. Are you ready to admit that it is over?: Your feelings matter. How you move forward with the way you tell people about your ex is your decision. You don't owe anyone any explanations. Also, if it wasn't clear to you if you can rekindle this relationship, talk to your ex about it. Don't say anything until you're positive that it is truly over.

Related Link: [Relationship Advice: How to Approach Social Media Post-Breakup](#)

2. If your ex is ready to share: Believe it or not some people would rather keep every detail of their life private. A breakup is no different. You both should agree on the way that you want to tell others that you are no longer together.

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[Cooper After Celebrity Break-Up](#)

3. How will you tell the whole world?: You don't want to air your dirty laundry on social media. Try to do this from a professional standpoint. This is easier said than done, but using words like "we have come to a mutual agreement" or "we value each other and always will, but..." This shows maturity and will not make either party a target for trolls.

How would you post your breakup on social media? Join the conversation in the comments below!

Celebrity Break-Up: Allison Williams & Husband Ricky Van Veen Split After 4 Years of Marriage



By [Bonnie Griffin](#)

In [celebrity break-up news](#), after almost four years of marriage, Allison Williams and Ricky Van Veen have split. According to *UsMagazine.com*, the [celebrity couple](#) gave a joint statement saying, "With mutual love and respect, we have made the decision to separate as a couple." Reports say the two have been living apart. It is nice to see they were able to split on friendly terms.

This celebrity break-up comes after four years of marriage. What are some ways to know your marriage has cracks that can't be fixed?

Cupid's Advice:

Sometimes what seems like the best of marriages run into issues that create cracks in the relationship and cannot be repaired. This celebrity couple made the decision to separate while they were still able to be friends. Cupid has some tips to help you decide if the cracks in your marriage are beyond fixing:

1. You live life like you're single: If you're married and either you or your partner are essentially living separate lives, it may be a sign that your marriage is beyond fixing. As partners, you should be putting each other first, and enjoying spending time together. If you are both spending most of your time apart, and making decisions without considering your spouse first, it's a good chance your marriage may be nearing the end.

Related Link: [Celebrity Break-Up: Bradley Cooper & Irina Shayk Split After 4 Years Together](#)

2. Thinking of your spouse with someone else doesn't hurt: Your spouse should be your priority; someone you want to spend time with and who you want to prioritize the love between the two of you. If you think they may be spending time with someone else and that doesn't bother you or make you sad, then your marriage is hurt and this may be a sign it is cracked beyond repair.

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3. You stop having sex: Sex isn't everything, but when you're married, it is something. It isn't necessary that you have sex several times a day or even weekly, but if months go by and neither of you is interested in having sex, this is a bad sign. It is a definite sign that your marriage is not looking so great.

What are some things you look out for when determining if a relationship has run its course? Let us know your thoughts in the comments below.

Celebrity Break-Up: 'Bachelorette' Jed's Ex Haley Cries After Learning He Allegedly Cheated



 By [Bonnie Griffin](#)

In [celebrity break-up news](#), country singer Haley Stevens learns that *Bachelorette* frontrunner, Jed Wyatt, allegedly cheated on her. According to *UsMagazine.com*, Stevens learned of the alleged affair on an episode of the *Reality Steve Podcast*. Steve revealed that Jed allegedly cheated right after the couple took a trip together to the Bahamas. The news brought Stevens to tears. Sadly these [celebrity exes](#) did not have an equally committed relationship, and Stevens is feeling the pain of Wyatt's betrayal.

In celebrity break-up news, *The Bachelorette* drama between Jed Wyatt and his ex Haley is far from over. What are some ways to know your partner is committed?

Cupid's Advice:

Sometimes it can be hard to tell if your partner is as committed to your relationship as you are. When you care for someone deeply you want to know that they are in it as much as you. There are signs you can look out for if you want to know if your partner is committed. Cupid has some advice to help you decide if your partner is committed:

1. You enjoy spending lots of time together: Life is busy, but at the end of the day you and your partner should be spending the majority of your free time together. Not only should you be together, but you should be content and happy to be around each other and genuinely enjoy each other's company.

Related Link: [Celebrity Break-Up: Bradley Cooper & Irina Shayk Split After 4 Years Together](#)

2. You talk about your future together: Both of you spend time planning a future together. You make plans that take each other into consideration because you want the other person to still be in your life months and years down the road.

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3. You're a top priority: You should have social lives and friends, but when push comes to shove if your partner is committed then they should put you as a top priority. Your happiness and well-being should outweigh hanging out with

friends; you should come first.

What are some things you look for when deciding if your partner is committed? Let us know your thoughts in the comments below.

Celebrity Break-Up: Bradley Cooper Enjoys a Boys' Night in L.A. After Irina Shayk Split



 By [Bonnie Griffin](#)

In the latest [celebrity break-up news](#), [Bradley Cooper](#) and Irina Shayk split. According to *EOnline.com*, Cooper “was spotted with pals at the Sunset Tower Hotel in West Hollywood, California on Monday evening.” After four years together, the [celebrity couple](#) called it quits a few days earlier, and it looks like Cooper was happy to spend some time with his friends to blow off the stress of the break-up.

In celebrity break-up news, Bradley Cooper shook off some split stress with a night out on the town with

his guy friends. What are some ways to cope with a very recent split?

Cupid's Advice:

Break-ups can be stressful and often come with a lot of heartaches. The best ways to cope with a recent split can be different for everyone, from hanging out with your friends to eating ice cream from the carton. Cupid has some advice on coping with a recent break-up:

1. Lean on your friends: Sometimes the worst thing you can do after a split is to sit at home alone and dwell on the past. Take this time to spend time with your friends. Go out, dance, and let them help you take your mind off of your break-up; let them be there for you the way you'd be for them if the roles were reversed.

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2. Stick to a routine: A break-up can make you feel like the rug has been pulled from beneath your feet. It can be easy to get lost in your sadness and focus on the loss, but sticking to a schedule will help you avoid getting lost in a long crying abyss even if it is something as simple as setting your alarm, taking a shower at a specific time each night, or whatever helps you keep moving forward.

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3. Express yourself: Feeling lonely or upset and sad is normal after splitting with your partner. Take some time for yourself and find a way to express your feelings; don't keep them bottled up because you could wind up exploding when you least expect it. Draw, paint, or just keep a journal so that you can

get your feelings out in a healthy way.

What are some ways you cope after a break-up? Let us know in the comments below.

Celebrity Break-Up: Kendall Jenner & Ben Simmons Split Months After Reconciliation



 By Bonnie Griffin

In the latest [celebrity break-up news](#), Kendall Jenner and Ben Simmons have split, according to *UsMagazine.com*. For a bit, things between Jenner and Simmons seemed to be getting serious, but sources say that their relationship has been cooling down recently and the split was not sudden. This [celebrity couple](#) decided to move on to enjoy life while they were young, and we can't fault them for knowing what they want.

In celebrity break-up news, Kendall and Ben have called it quits. What are some ways to know your relationship has long-term potential?

Cupid's Advice:

When you are in a relationship that has true potential to become long-term, you and your partner should enjoy each other's company, have chemistry, and feel comfortable just being yourselves around one another. Cupid has some advice to help you decide if your relationship is built to last:

1. You feel at ease being your true self with your partner: Everyone is on their best behavior when dating someone new, but once you have been together a while and have reached the point you are considering your relationship becoming long-term you should be comfortable around your partner. Each of you should feel at ease being yourself with one another without worrying the other will be put-off by your personality.

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2. You trust each other: A successful long-term relationship requires trust between you and your partner. If you are honest with each other from the beginning, that trust will come easy and you will have a solid building block for a happy and long relationship.


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3. You both still have independence: Being in a relationship doesn't necessarily mean you and your partner have to spend 100% of your time together. There will be times you want to go out with your friends without your significant other, and that is fine. If the two of you still have your independence without giving each other the guilt trip, this is another good sign you might be with the right person for a long-term commitment.

What are some things you look for when you are deciding if your partner might be the one you want to commit to for the long haul? Let us know your thoughts in the comments below.

Celebrity News: Kaitlyn Bristowe Slams Nick Viall's Reasons for Joining 'The Bachelorette'



 By Megan McIntosh

Though they are no longer a [celebrity couple](#), Kaitlyn Bristowe is still has opinions about ex Nick Viall after their [celebrity break up](#). According to *UsMagazine.com*, though it was all fun and games, Bristowe didn't hesitate to diss her ex in a word association game saying Viall's name negatively in association with "the right reasons." Though it's been years since they've dated, it's clear there's still bad blood even after all this time.

In celebrity news, these exes are clearly not on good terms after their break-up. What are some ways to keep old hurts from your exes from affecting your current life?

Cupid's Advice:

It can be hard to move on from an ex when you've broken up on bad terms. It's best not to let those old wounds reopen and keep you from living your life. It's not always easy to be

friends with your ex, like Kourtney Kardashian is with Scott Disick, but it is possible to prevent that old relationship from holding you back like [Khloe Kardashian](#) after her break up with Tristan Thompson. Cupid has some tips:

1. Be comfortable moving on: Sometimes when you're afraid of being alone, you tend to hold on to toxic people. Holding on to exes who are not good for you can lead to being resentful and holding onto bitterness, like Bristowe with her ex Viall.

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2. Let go of any possible future together: If you're still holding onto to the idea of you and your ex being together, it stops you from building a life with someone else. It also stops you from growing as a person because you may be stuck in the past.

Related Link: [Celebrity Exes: Khloe Kardashian & Tristan Thompson Reunite at True's 1st Birthday Party](#)

3. Don't talk about your ex: Don't talk about your ex-partner. Just don't. Talking about them is a sign that you're not over them. If you talk about them, you're thinking about them. If you're thinking about them, you're not moving on. Stop talking about them and you will stop thinking about them and you'll finally move on to better things.

What are some other ways to keep old hurts from a past relationship from affecting your current life? Share your thoughts below.

Celebrity News: Are Khloe Kardashian & French Montana Getting Back Together?



By Megan McIntosh

Though they were previously a thing, French Montana and [Khloe Kardashian](#) are not a [celebrity couple](#), according to *UsMagazine.com*. After Kardashian's divorce from Lamar Odom, she moved on with French Montana, but admitted that she "was not in a good place" when they dated. Now, after her breakup with Tristan Thompson, she is currently "not thinking about her love life at the moment" and is instead focusing on her daughter, True.

In celebrity news, it seems this rumor is unfounded. What are some reasons you should think twice before getting back together with your ex?

Cupid's Advice:

It can be difficult to know when it's right to rekindle an old flame. How do you know you shouldn't take that step and try getting back together; that it's time to really let it go and move on? Cupid has some advice:

1. Nothing has changed: What was the reason you broke up with your partner? Is that still an issue between you two? If nothing has changed since you broke up, then there's no reason

to get back together. The issue will only re-emerge and cause a future break up.

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2. The reason you're returning isn't a good one: Why are you getting back together with your ex? Is it because you genuinely have a connection, or is it because you want closure? Never return to an ex because you don't understand the break up. If you broke up, there must have been a reason. If that reason still stands, so should the break up.

Related Link: [Single Celebrity: Brad Pitt Is Moving On as a Single Man As Final Divorce Decisions Are Made](#)

3. It might be a rebound: Never rekindle an old flame for a rebound. If you broke up with someone, there's no reason to return to another ex as a rebound. If there's no emotional attachment, you can try to have fun. But, inevitably, feelings always pop up. If you want to rekindle with an old flame, it should only be you two involved in the why.

How do you know when it's a bad idea to rekindle a relationship? Share below!

Celebrity Break-Up: Demi Lovato Splits from Fashion Designer Henri Levy



 By [Mara Miller](#)

In the latest [celebrity break-up news](#), Demi Lovato has called it quits with fashion designer Henri Levy, according to *UsMagazine.com*. Both sober, the two met years ago in rehab and became friends. They sparked news of their [celebrity relationship](#) after they were spotted in early November 2018 enjoying a dinner date at Matsuhisa restaurant in Beverly Hills. Neither has commented on their split.

This celebrity break-up comes after only four months of dating. What are some ways to know your relationship has long-term potential?

Cupid's Advice:

All new relationships have a honeymoon stage. Whether you decide to stick with your partner after a rough time or not is the true test of a relationship. Cupid has some advice on how to know when a relationship has long-term potential:

1. You feel like yourself with them: You're okay with letting them see you limp in the morning because you tripped while walking the dog. You don't care if your partner sees you with bed-head. You let them see you worrying because your paycheck wasn't as large as you thought it would be. While all of these may be examples, it's important to be yourself around your partner. If you have to fake who you are to impress the person you're with to avoid judgment, then the relationship will not last.

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2. You know what your partner needs: They know how you like

your coffee, and they can tell when you're about to have an emotional breakdown days before it happens. When your partner instinctively knows what you need, then they just may be the one you're meant to live your life with – and it's not just from their side. When you know that your partner needs something without them saying anything, then it means that you have reached the point where you're both in a solid partnership.

Related Link: [Celebrity News: Bradley Cooper's Ex-Wife Reacts to Rumors of Lady Gaga Romance](#)

3. You're physically intimate: A relationship with long-term potential isn't about the sex. You can both be virgins up until marriage if that is something you both value before making a life-long commitment. Holding hands, innocent kisses, and hugs are a sign that you are both comfortable. And if you aren't waiting until marriage, the time between the sheets will help build a stronger connection as long as you both understand that it's a way for you both to show how much you love each other.

What are some other ways you can tell your relationship has the potential to be long-lasting? Let us know in the comments below!

Celebrity Break-Up: Shawn Booth Breaks Silence on 'Painful' Split from Kaitlyn

Bristowe



By [Ivana Jarmon](#)

Shawn Booth recently opened up about his recent split. In [celebrity news](#), Booth shared his first message about his recent split from [celebrity ex](#) Kaitlyn Bistowe. The [celebrity exes](#) fell in love in 2015 on season 11 of *The Bachelorette*. After months of not being spotted together and denying split rumors, the couple called off their engagement on November 2nd, *UsMagazine.com* reports. Booth wrote on Instagram, “I just want to thank everyone who has been so supportive of my relationship with Kaitlyn over the years. You’ve made me feel incredibly special, supported and very loved. So, from the bottom of my heart, thank you. It truly means a lot.”

In celebrity break-up news, Shawn Booth is speaking out about his split from Kaitlyn Bristowe. What are some ways to handle announcing your break-up to family and friends??

Cupid’s Advice:

Break-ups are never easy, and it’s especially hard when you have to tell your family and friends. Cupid has some ways to handle announcing your break up to family and friends:

1. Be open and honest: Tell your closest family and friends the truth. It is over, and it didn’t work. You and your ex-partner are no longer compatible, and you are both trying to

move on.

Related Link: [Celebrity News: Halsey Responds to Rumors She's Dating John Mayer](#)

2. Tell people quickly and publicly: To avoid unnecessary gossip and rumors, share the news in person. While it might feel easier to drop a quick headline on Facebook, you don't want to be overwhelmed with a million questions and reactions all at once. Once you tell a few friends, the news will spread quickly.

Related Link: [Celebrity Couple News: The Weeknd Cheers on Girlfriend Bella Hadid at Victoria's Secret Fashion Show](#)

3. Reassure family and friends it's for the best: Sit down with family and friends and be open and honest to hearing their concerns. Then, reassure them as best as you can, both during that conversation and through your actions over the following weeks and months, that it's for the best. Your family and friends all love you and want you to be happy, so they should understand your decision.

What are some ways to handle announcing your break-up to family and friends? Share your thoughts below.

Celebrity Break-Up: 'Bachelor in Paradise' Star Jordan Kimball Confirms Split from

Jenna Cooper Amid Cheating Reports



 By Ivana Jarmon

In [celebrity news](#), *Bachelor in Paradise* stars Jordan Kimball and Jenna Copper called it quits after reports of cheating. Kimball and Cooper met while filming *BIP* season 5. The [celebrity exes](#) recently got engaged during the Tuesday, September 11th finale. Kimball popped the question at the end of shooting earlier this summer, and the pair gushed over their future nuptials exclusively to *UsMagazine.com*. “It’ll be a production, I can say that. Then after, it’s going to be a big party. I’m not too crazy, but it might get crazy later,” Kimball said. On Tuesday, Reality Steve posted text messages of a conversation between Jenna talking to an unknown man about her relationship with Kimball being fake. Kimball posted on his Instagram, saying, “Fumbling emotions and being understanding is not easy. I’ll be taking time to pursue my inner peace and she will always have me to talk to, if you’ve reached out to me, allow me time. Thank you to those that have.”

In Bachelor in Paradise Jordan Kimball and Jenna Cooper call it quits after cheating scandal. What are some ways to approach your partner if you suspect infidelity?

Cupid’s Advice:

Suspecting your partner of cheating is one of the worst feelings. Cupid has tips on how to approach your partner if you suspect infidelity:

1. Just talk to them: Of course it's easier said than done, but it's likely the fastest way of finding out. Be assertive and honest; tell them about your thoughts and how you feel. Stand your ground even if it hurts.

Related Link: [Celebrity News: 'Bachelor' Nation Alum Ashley Iaconetti & Jared Haibon Respond to Kevin Wendt's Cheating Claims](#)

2. Innocent until proven guilty: Stay calm, and remain in the present. You have to be patient so that you can observe. You have to play detective. The only way to do that is via rational observation. It may take some time for the truth to reveal itself, but the truth almost always comes to light.

Related Link: [Celebrity News: Two Strong 'Bachelor in Paradise' Couples Abruptly Breakup](#)

3. Examine yourself: Your intuition may be right! Or, you could be reading too much into it. So, take a long hard look at yourself, and be honest. Do you get jealous easily? Are you insecure about your partner's feelings or your relationship? Answer yourself truthfully.

What are some tips on how to approach your partner if you suspect infidelity? Share your thoughts below.

Celebrity Break-Ups: Ashlee

Simpson Wasn't Totally Surprised By Jessica Simpson & Nick Lachey's Split

By Ivana Jarmon

According to *UsMagazine.com*, singer/songwriter Ashlee Simpson, 33, open up about her reaction to sister [Jessica Simpson](#) and Jessica's ex Nick Lachey's [celebrity break-up](#) on *Watch What Happens Live with Andy Cohen*. This took place while playing a round of no-holds-barred "Plead the Fifth" on Tuesday, September 4th. In 2005, then [celebrity couple](#) Jessica Simpson and Nick Lachey's split rocked the celebrity world. After five years of marriage, the pair announced they were separating. Within the following month, Simpson filed for divorce citing "irreconcilable differences." But, for Ashlee Simpson, her sister's break-up wasn't all that surprising. Andy Cohen asked her, "On a scale of 0 to 10, how surprised were you by the split of Nick Lachey and your sister? Ten being the most surprised." Simpson gave a coy smile to her husband Evan Ross, before answering, "A five."

This celebrity break-up happened a long time ago, but it was a big deal in the celebrity world at the time! What are some ways to keep your break-up from being breaking news?

Cupid's Advice:

If you go through a break-up, the last thing you want is for it to be the talk of the town. Cupid has some tips:

1. Privacy is key: The truth is, no one needs to know about your split. Keep your lips sealed. It's your business and your business alone. Of course you'll want to tell a trustworthy few like family and close friends, but no one else needs to know your business. Don't confirm anything unless you feel ready. Don't ever feel pressured to confirm something or make any announcements.

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2. Don't bash each other: After a break-up, make a pact with your ex to not throw each other under the bus no matter the circumstances. No bashing each other in public or on social media. Why? The fact is, it's plain rude and shows you have no respect for that person or yourself.

Related Link: [Jessica Simpson Runs Into Ex Nick Lachey](#)

3. Platform: Your break-up is only news if you put your relationship on such a platform where people will see it. A real relationship doesn't belong in the public eye; it's between two people. Keep your relationship and lack thereof to yourself! It doesn't belong on social media, television or anything that lets others sneak a peek into your personal life.

What are some other ways to keep your relationship from being big news? Share your thoughts below.

Celebrity Break-Up: Nikki Bella & John Cena Split Again Two Months After Reconciling



By [Haley Lerner](#)

In [celebrity break up](#) news, Nikki Bella and John Cena have split again only two months after reconciling and resuming their [celebrity engagement](#). Bella told *EOnline.com* in a statement, “After I called off the engagement, we tried to work on our relationship to get back to where it was, and in order to move forward with our wedding. After much time and soul-searching alone and together, we have decided to officially part ways. I had a beautiful and loving 6-year relationship with a wonderful man. I have the utmost respect for John, but I know what is best for me.” A source said Bella is doing well and moving on with her life after the breakup. But, Cena has yet to publicly comment on the breakup. This news comes after Bella’s representative said she and Cena were “working on their relationship” after the two initially called off their engagement just over three months ago. The couple began dating in 2012 and their relationship has been documented on *Total Divas* and *Total Bellas*.

It looks like John and Nikki are experiencing a celebrity break-up yet again. What are some factors to consider before reconciling with an

ex?

Cupid's Advice:

Are you feeling like you might want to reconcile with an ex? Cupid has some factors for you to consider:

1. Will it last?: Before getting back together with an ex, you want to make sure that the reconciliation will actually last. For Bella and Cena, their reunion was short-lived. Getting back together just to break up again shortly after can cause you more pain than the initial break up did. If you reunite with your ex, make sure you are completely committed to doing so and you are sure things will last for the long term.

Related Link: [On-Again! Celebrity Couple Nikki Bella & John Cena Are Back Together After Calling Off Wedding](#)

2. Have things changed?: You shouldn't get back together with someone if all the problems that made you two break up are still there. If you choose to reconcile with your ex, all former arguments should be quelled and you two need to have worked through your problems. If a past issue is still present, it's likely to cause more trouble for you further on in your relationship.

Related Link: [Celebrity Wedding: Nikki Bella Admits She's Growing 'More Apart' from John Cena Pre-Nuptials](#)

3. Are you ready?: It's important you make sure that you are emotionally ready to be in a relationship again after already getting your heartbroken before. You need to make sure prior to reconciling with your ex that you are confident in yourself and are ready for what could happen if the relationship fails again. Don't get back with your ex if you think you won't be able to handle a potential negative outcome from it.

Have any more things to consider before getting back together

with an ex? Comment below!

Celebrity Break-Up: Josh Duhamel & Eiza Gonzalez Split After 5 Months of Dating



By [Haley Lerner](#)

In [celebrity break-up](#) news, Josh Duhamel and Eiza Gonzalez have split after dating for five months. A source told *UsMagazine.com* that the [celebrity couple](#) split “a couple weeks ago” because “they just drifted apart.” On July 23, Duhamel told photographers in Los Angeles that he and Gonzalez are “done,” according to the *Daily Mail*. Duhamel started dating Gonzalez less than five months after splitting from wife Fergie after being married for eight years. Duhamel and Gonzalez met in February at Jennifer Lopez’s pre-Super Bowl concert at the Minneapolis Armory.

This celebrity break-up was a result of the couple just drifting apart. What are some ways to keep your relationship strong?

Cupid’s Advice:

Looking to stay close with your partner? Cupid has some tips on how to keep your relationship strong:

1. Plan dates: If you and your partner are having trouble making time to see each other, it is important you work together to set aside time for special dates and meetings. Plan a romantic date with your beau and spend quality time with each other.

Related Link: [New Celebrity Couple: Josh Duhamel Steps Out with Eiza Gonzalez Amidst Relationship Rumors](#)

2. Talk about your feelings: If you feel like you and your partner might be drifting apart, you really should talk about it to them. You two can then process your emotions together and figure out what's causing the distance and how you can solve it as a couple.

Related Link: [Celebrity News: Fergie Says She Wanted to Stay Married to Josh Duhamel 'Forever'](#)

3. Show your love: Stay close with your partner by showing them how much you truly love them. Whether it's by complimenting them, surprising them with a gift or cooking for them, you should make it clear to your partner how much you love them.

Have any more tips on how to stay close with your partner? Comment below!

Celebrity News: Kendra Wilkinson Asks Fans for Dating Advice After Split

From Hank Baskett



By [Haley Lerner](#)

In [celebrity news](#), Kendra Wilkinson is asking her fans for dating and sex advice after her split from Hank Baskett. According to *EOnline.com*, Wilkinson officially filed for [celebrity divorce](#) from her husband of eight years in April. Monday on Twitter, Wilkinson asked her followers, “What’s your opinion... do i start dating/sex now or give myself more time? My heart is broken, but I have needs. Lmaoooo. #notgettingyounger #33hereicome.” Wilkinson and Baskett have two kids, 8-year-old Hank Baskett IV and 3-year-old Alijah Baskett.

In celebrity news, Kendra Wilkinson is appealing to her fans for advice one month after filing for divorce from Hank Baskett. What are some ways to know you’re ready to move on after a split.

Cupid’s Advice:

Deciding when to move on after a split is tough, because you want to make sure your heart is ready. Cupid has some tips:

1. You’ve stopped internet stalking your ex: It’s okay to admit it, we all do it. After a tough break-up, it’s natural to be checking up on your former lover on social media. A surefire way of knowing if you’re over your ex is if you lose the urge to see your old flame’s latest picture on Instagram

or their most recent tweet. If you've moved on, you shouldn't care about what your ex is up to.

Related Link: [Celebrity Marriage: Kendra Wilkinson Takes Off Wedding Ring and Breaks Down on Instagram](#)

2. You're okay on your own: After a break-up, you can often feel pretty lonely and isolated without having your significant other around all the time. Before hopping into another relationship, it's important that you're able to be independent and are confident in yourself. This way, you can make sure your next relationship is a genuine one and not a rebound from your last!

Related Link: [Celebrity Exes: 'The Bachelor' Star Lauren Bushnell Says She Hasn't Spoken to Ex Ben Higgins Recently](#)

3. The prospect of dating excites you: Being single can definitely be a freeing thing, but if you can't help but start picturing yourself coupled up with potential suitors, then you're probably ready to try dating again! You don't need to rush into anything, but follow your instincts. If you feel the time is right, go for it!

What are some signs you think show you're ready to move on? Comment below!

Celebrity News: Jennifer Garner and Kids Visit Ben Affleck In Hawaii



✖ By [Jessica DeRubbo](#)

It looks like these [celebrity exes](#) are keeping it friendly, as [Jennifer Garner](#) and her kids were recently spotted visiting [Ben Affleck](#) in Hawaii over Spring Break, while he's there to train for a Netflix action movie. According to [UsMagazine.com](#), Garner traveled to the Aloha State over the weekend with daughters Violet, 12, and Seraphina, 9, and son Samuel, 6. She even posted a photo on Instagram of herself hiking with her trainer, Simone De La Rue during the trip. Though Affleck is currently dating Lindsay Shookus, who was spotted in Hawaii on March 26th, Shookus was nowhere to be seen when Garner and the kids were visiting. We're glad this former [celebrity couple](#) can keep it civil for their kids!

In [celebrity news](#), Jennifer Garner and Ben Affleck are following through on their commitment to putting their kids first. What are some ways to put your kids first after a split?

Cupid's Advice:

When you have kids and are going through a split, it's super important to focus on your children and how the things you're doing are affecting them. Cupid has some ways to make sure you're putting them first:

- 1. Put forth a united front:** No matter what your beef is with your former significant other, your kids shouldn't catch wind of it. It's important to get on the same page with your ex before communicating with your kids. You want to make sure the messages coming from each of you are the same.

Related Link: [New Celebrity Couple: Ben Affleck Is Dating 'SNL' Producer Lindsay Shookus](#)

2. Hang out as a family: If it's possible, continue to spend time together as a family. This may be difficult if your split was particularly bitter, but do your best to get to a point where being together is doable. It will make your kids relax and feel as if their family hasn't been ripped apart forever.

Related Link: [Latest Celebrity News: Jennifer Garner Says She Is 'Not Interested in Dating' After Split From Ben Affleck](#)

3. Make all decisions with your kids in mind: Instead of thinking of yourself during your split (or after), think about your kids first. Each decision should be made with them in mind. Even if something isn't necessarily preferable to you, you're at a point where you can deal with it, while your kids are still growing and impressionable.

What are some other ways to put your kids first after a split? Share your experiences or thoughts below.

Celebrity News: Would Jennifer Aniston Get Back Together With Brad Pitt?



 By [Jessica Gomez](#)

Former [celebrity couple Jennifer Aniston](#) and Justin Theroux's split is raising a certain question: will [celebrity exes](#) Aniston and [Brad Pitt](#) be getting back together now that

they're both single? According to UsMagazine.com, Aniston and Pitt will not be rekindling their [celebrity relationship](#) after all. "Jen wouldn't consider being with Brad in a romantic way," a friend of Aniston's said. "But there is always a spot in her heart for him." As for Pitt, a source said, "Brad is sad to hear about Jen's divorce. He only wishes the best for her. However, Brad hasn't reached out to Jen, and has no plans to do so at this point."

In this [celebrity news](#), fans are speculating about Jennifer Aniston and Brad Pitt now that both have gone through splits. What are some things to consider before getting back together with an ex?

Cupid's Advice:

Whether or not to get back with an ex is an important decision. It isn't always an easy one either. Cupid has some things to consider before making the choice:

1. Have you both moved on from the reason you both broke up?: Think about the reason why you both broke up in the first place. Was it for a good reason or was it circumstantial? Then, also think about whether you both have forgiven each other completely for past mistakes. If you have, then that can be a good sign – if not, then not so much. If you feel like you haven't forgiven your ex for something, then that problem will probably constantly arise during your reconciled relationship.

Related Link: [Justin Theroux Found Post-Its from Brad Pitt During Jennifer Aniston Marriage](#)

2. Do you see a future with your ex?: Why go back to an ex if you don't think it's going to be serious and no good future ahead? Think about this thoroughly – sometimes we see a future with someone, but that future comes with unnecessary obstacles and negativity. If this is the case, then it may be a sign that your ex is meant to stay an ex. Think about this while spending some time apart – it's something big to ponder.

Related Link: [Justin Theroux Had 'Reservations' About Marrying Jennifer Aniston](#)

3. What are reasons to get back together and not get back together?: Pro and con lists are good ones to make. Be fair and think about why you should get back together with your ex and why you shouldn't. Then, weigh it all. Certain things weigh more than others, so be honest and just with yourself when considering all the information. Making a list with a friend can help, as long as that friend isn't necessarily biased.

What are some things you or a friend considered before getting back with an ex? Share below!

Celebrity Break-Ups: Charlie Puth Says Selena Gomez Romance Messed Him Up



 By [Carly Horowitz](#)

In [latest celebrity news](#), Charlie Puth reveals that his short relationship with [Selena Gomez](#) had a significant impact on

him. According to UsMagazine.com, Puth explains that his [celebrity break-up](#) with Gomez fuels the energy behind his song "We Don't Talk Anymore." Puth further elaborates, "You gather up a bunch of emotion with the life shovel, throw it in the life bucket, mix it up. And she evoked such good emotion on that song, it was a pleasure working with her. That's why I'm always happy to sing it, even though it came from a dark point in my life."

Even celebrity break-ups leave a lasting effect on their victims. What are some ways to cope with a recent break-up?

Cupid's Advice:

Time can't measure the amount of feelings you may have for someone in a relationship. Also, you may carry the effects from a break-up for years to come. Luckily, Cupid has some advice on how to cope with a recent break-up so that you can respectfully accept what happened and become better from it:

1. Change up your workout regimen: When you exert energy from working out, endorphins are released in your brain. This helps to fight stress and heighten your happiness level. Take this post break-up time to better yourself and your body. Go to the gym with your friends and do some fun workout routines together! Remember to not overwork yourself though. Do just enough so that you feel happy and healthy.

Related Link: [Celebrity News: The Weeknd Hangs Out with Justin Bieber's Ex Post-Selena Gomez Split](#)

2. Write it out or talk it out: When emotions are bottled up inside of you continuing to boil and you don't let them spill

out, it can be very detrimental to your overall well-being. It is healthy to get out how you are feeling. Identify your feelings in order to get past them. If you don't feel comfortable talking to anyone in your life about your personal post break-up feelings, start a journal. Write down your thoughts and feelings. Let it all out- so then you have more room in your heart to let love in.

Related Link: [Celebrity News: Miranda Lambert Throws Shade at Celebrity Ex Blake Shelton With Key Lyric Change](#)

3. Go outside: Fresh air has the power to boost your mood and self-esteem. This is a simple way to clear your head post break-up. It is easy to stay in your bed all day and sulk about what is going on your life. Make an effort to try to get outside at least once a day for a few hours. Smile and realize that this world is so beautiful!

How have you coped with a recent break-up? Comment below!

Celebrity News: Taylor Swift's Ex Turned Her Into 'Quasimodo,' According to BFF Todrick Hall



 By [Karley Kemble](#)

[Taylor Swift](#) is infamous for being dramatic about her exes. If 2017 has shown us anything, it's that Swift is tired of being defined by the media. From winning a defining court case as a

victim of sexual assault, to releasing her sixth album, Swift's past reputation is slowly, but surely being forgotten. In the latest [celebrity news](#), one of Swift's closest friend Todrick Hall has revealed some vulnerable details about her most recent [celebrity ex](#), reports [EOnline.com](#). According to Hall, Swift would "hunch over" at the mere mention of her ex's name – so he edited a photo of her to look like Quasimodo and told her, "You cannot turn into Quasimodo for this guy. Every time you say his name, you hunch over." Though her most recent relationship ended with a break-up, Hall said that his bestie is happier than ever with her current beau, Joe Alwyn.

In celebrity news, even Taylor Swift fell victim to an unhealthy relationship. What are some ways to know you're in an unhealthy relationship?

Cupid's Advice:

Unhealthy relationships are emotionally draining, and it's best to end them before things worsen. If you think you might be in an unhealthy relationship, read these tips from Cupid:

1. They're too attached: Sure, it's normal to be a little clingy to your partner, but there is a line that must be drawn. Make sure you are aware of the differences between healthy attachment and emotional manipulation. Phrases like "I'll die if you ever break up with me" should never be taken lightly. Emotional manipulation is never, ever okay.

Related Link: [Celebrity News: Taylor Swift & Joe Alwyn Dance Together at Jingle Bell Ball](#)

2. They constantly blame you: If your partner finds a way to

spin every argument or disagreement you have and makes *you* feel like the bad guy, that is a telling sign of an unhealthy relationship. You are entitled to your feelings and opinions, and your partner should never invalidate you for being too sensitive or for overreacting. Beware of this if it arises.

Related Link: [Relationship Advice: Getting Over a Grudge](#)

3. You're changing for the wrong reasons: You and your partner should bring out the best in each other. Any changes you make in your life should always be because *you* want to – not because you think it's what your partner would want for you. It's cliché, but staying true to your core values is important, and you should never lose sight of that!

Have you or somebody close to you been in an unhealthy relationship? How did it end?

Celebrity Break-Up? Nina Dobrev & Glen Powell Taking Time Apart Amid Busy Schedules



 By [Karley Kemble](#)

Uh oh, it looks like Nina Dobrev and her boyfriend Glen Powell could soon face an upsetting [celebrity break-up](#). According to [EOnline.com](#), the [celebrity couple](#) are taking a break from their relationship. Though they've not officially called it quits, a source close to the duo says that Dobrev has been

quite busy with various projects, which has caused a rift in the relationship. While there hasn't been any explosive fights between or bad blood, sources are saying they are not as close as they had been earlier this year. We hope things work out for this celebrity couple!

Though this may not be classified as a celebrity break-up yet, it seems busy schedules are getting in the way of this relationship. What are some ways to keep a busy schedule from affecting your relationship?

Cupid's Advice:

Sometimes, life gets in the way and it's challenging to balance your professional life with your personal life. Check out some ways to manage your busy schedule, without feeling as though you're neglecting your relationship or your job:

1. Set boundaries: Make it a point to keep your work at work. When you constantly blur the lines between your relationship and your career, it's inevitable that one will take up more of your time. Being present with your partner without checking your phone for work updates when you're off the clock really means a lot! Set boundaries and make sure you keep yourself accountable.

Related Link: [New Celebrity Couple: Nina Dobrev and Glen Powell Attend Julianne Hough's Wedding Together](#)

2. Communicate: A strong relationship needs strong communication to survive. If you or your partner conceal your

feelings of neglect, then it's likely an explosive argument will occur somewhere along the line. If you need to work late, and reschedule date night, make sure your partner knows you still care for them, and aren't choosing your job because you love it more than them!

Related Link: [Five Celebs Who Are Infamous for Dating Their Co-Stars](#)

3. Include them in your plans: If it's possible, you can try merging your two worlds. This doesn't mean you have to find your partner a job at your workplace, but perhaps you two can form your own business together (given that you two mesh well on a professional level, that is!) Alternatively, invite your partner into your "work world," and bring them to social events outside of work. That way, they can meet the people you spend your working hours with, and they can get a first-hand look into another area of your life that is kind of unknown.

How have you kept your schedule from affecting your relationship? Share in the comments below!

Celebrity Break-Up: How Jennifer Lawrence & Darren Aronofsky's Age Difference Led to Their Split



 By [Rachel Sparks](#)

We're sad to see this [celebrity couple](#) split. [Jennifer Lawrence](#), 26, and [celebrity ex](#) director Darren Aronofsky, 48, broke up just one month after the release of *mother!*, the movie where they met. According to [People.com](#), a source told the magazine that the age difference between Lawrence and Aronofsky was likely the cause for the end of their relationship. The source says that though the couple was extremely infatuated with and respected each other, the differences in life experiences was the cause of this [celebrity break-up](#).

This celebrity break-up happened back in September, but we are just now getting some more details. What are some factors to consider when it comes to age in a relationship?

Cupid's Advice:

When Cupid strikes, rationale is forgotten. It's not always logical who we fall in love with, but sometimes it's important to sit down and evaluate a relationship. Age doesn't have to be a negative factor between two people. The Olsen twins are notorious for dating older men, and despite what critics may see, the longevity of their relationships speaks to their happiness. There are things to talk about with your partner to ensure that age will not have a long-term effect between you two. Here is Cupid's [relationship advice](#):

1. Children: Let's knock the biggie out right off the bat. Sometimes older partners may not want kids, may not be able to have them, or already have some. Children are a huge factor in many people's relationships. Are you and your partner on the same page in regards to this? Age doesn't have to have any

impact on the ability or desire to have children, but be sure both you and your partner are open and honest about what you want when it comes to children.

Related Link: [Celebrity Baby: Mary-Kate Olsen & Husband Olivier Sarkozy 'Really Want a Baby'](#)

2. Friends: We all tend to hang out with people who are similar to us. While ages may vary in friendships, more often than not we gravitate to people who are close to our age because, generally speaking, life evolves on similar paths. If you're around a bunch of older friends, will you be intimidated or inspired? Will you feel left out or will you grow and feel like part of the group?

Related Link: [Celebrity Wedding: John Stamos & Girlfriend Caitlin McHugh Are Engaged](#)

3. Life-experiences: Older ages have dealt with kids, divorce, education, careers, health issues, etc., while younger people are likely still trying to figure out life. Sometimes moments occur where there's tension because of these differences. Age differences are not impossible to work with in a relationship. The older person likely places more value on the relationship because of their past experiences, adding more depth to the relationship; however, there will be challenges. Just be certain this is something the both of you are willing to work through.

Have you been in a relationship where there's been a major age difference? How did that impact your relationship? Share your tips below!

Celebrity Break-Up: Robert Pattinson & FKA Twigs Split, But Maybe Not for Good



By [Rachel Sparks](#)

After two years of engagement, [celebrity couple Robert Pattinson](#) and FKA Twigs have taken a break. According to [People.com](#), the couple hadn't seen each other in two months. Between Twigs' new album and Pattinson's press tour, time and distance have been a strain and led to a [celebrity break-up](#). But don't worry, as Twigs has kept the engagement ring and Pattinson admits, "That's the girl he wants to marry." We may see the couple reuniting soon.

This celebrity break-up is the here and now, but it may not be forever. What are some factors to consider when it comes to on-again off-again relationships?

Cupid's Advice:

Like this celebrity couple, sometimes breaks are necessary. People change and it's important to realize who we are before we can go back. But does that mean you should go back? Is lost love always lost? How do you decide what's best? Read our [relationship advice](#) below:

1. Know what you want: Monogamous, long-term relationships are not for everyone. There's no right or wrong to what makes

you happy, but you need to know what does. If you're ok with an on-again off-again relationship, stay the course. If each break-up tears you down a little more, it's time to reevaluate. You deserve what makes you happy, but it starts be knowing what that is.

Related Article: [Couple News: Robert Pattinson Says He & FKA Twigs Are Still 'Kind Of' Engaged](#)

2. Know why it ended: Some relationships end for good reasons. While the end is painful and often leaves you wanting to go back, take a moment and reflect on what caused the end. Is it worth going back to that?

Related Article: [Robert Pattinson's Celebrity Love FKA Twigs 'Really Wants Kids' Says Source](#)

3. Who do you want to be? What does the future version of yourself have to do with your current relationship status? Everything. Imagine who it is that you want to be. Does your partner support that? Does the relationship hold you back from that vision? The only way to become the person you envision is to start acting like you're that person now. If someone distracts you from that vision, realize it's not what you need and move on.

Have you been in the on-again off-again cycle? What helped you make up your mind? Share below.

Celebrity Break-Up: 'Flip or Flop' Star Christina El

Moussa Officially Files for Divorce from Tarek



By [Marissa Donovan](#)

Famous HGTV series couple has officially split. Christina El Moussa filed for divorce from former husband and co-star Tarek El Moussa. The *Flip or Flop* real estate agents broke the news to fans last December that they were calling it quits after seven years of their [celebrity marriage](#). According to [UsMagazine.com](#), the two are staying civil and will still work together on the [Reality TV](#) show.

It looks like this estranged couple is officially having a [celebrity break-up](#). What are some ways to salvage your relationship?

Cupid's Advice:

This couple decided to end their relationship after many years together, but some couple may feel that they can still reclaim their love for each other. Here are some ways you can salvage your relationship:

1. Notice the little details: Noticing the little details while being together is important. Mention how you like their new wardrobe or express how much you appreciate when they take out the trash. It may seem silly, but you and your partner will connect over compliments.

Related Link: [HGTV Realtor Steven Aaron Talks 'Selling LA' and](#)

[Love: "You Can't Be Everything To One Person All The Time"](#)

2. Take a vacation: Sometimes getaways are needed to save a crumbling marriage. Plan a vacation that you and your partner can escape the stress of your daily lives.

Related Link: [Celebrity Video Interview: Love Advice From HGTV Host Kelly Edwards](#)

3. Seek a couples therapist: Reach out to an expert when it comes in helping others try to save marriages. A couple therapist can give you and your partner tools to help you problem-solve and help you decide if you want to save your marriage.

What do you think of this celebrity break-up? Let us know in the comments!