

# Fashion Tips: Best Summer Bags For The Beach



By [Carly Horowitz](#)

The time is approaching where you'll be able to feel warm grains of sand between your toes and relish in the sound of waves crashing down on the shore in a forceful yet relaxing manner. To get the most enjoyable experience, you need to remember to bring the essentials like sunscreen, water, snacks, sunglasses, and a beach towel. But, how are you going to transport all of these items onto the sandy shore? You need a beach bag that is large enough to store your items and that also won't get ruined in the setting at hand. It is a struggle to find a bag that is suitable for the beach yet stylish at the same time. Cupid is here to help you with the process and

give you ideas on what type of beach bags to look for this summer!

## Take into consideration these [fashion tips](#) on which beach bags are best for summer 2018.

**1. Sand-proof bag:** Did you know there are specially designed bags that resist the stick of sand? That is just perfect for the beach! No one likes to come back from the beach with sand dripping off of them and their bag. This bag helps to minimize the mess. Search on Amazon.com for a sand-proof bag made out of silicone to sport to your favorite beach this summer.

**2. Straw bag:** This type of bag is probably the most stylish to don. There are an array of different straw bags on the market with fun patterns. Straw bags give off a traditional beachy look while still serving to contain all your items succinctly. The only problem with straw bags is that they usually don't provide different compartments for you to store your stuff. But it's up to you if you want to choose fashion over practicality!

**Related Link:** [Fashion Trend: Splash Around in Crop Top Bikinis](#)

**3. See-through mesh bag:** Your most affordable beach bag option is definitely a see-through mesh bag. You can usually get these in a pretty large size as well. They are durable and made out of nylon so they are easy to pack away when you are not using it in the other months! Mesh bags are a great portable option for when you are embarking on some exciting [travel destinations](#).

**4. Canvas bag:** Canvas bags are also a pretty stylish choice for the beach. Find one that has rope handles so that it provides a more nautical feel. Search for specific canvas

beach bags with cool patterns and you most definitely won't be let down.

**Related Link:** [Product Review: Celebrity Style Goes to The Beach](#)

**5. Bag with cooler:** Instead of bringing both a large bag and a cooler to the beach, invest in a product that has both! There are many beach bags that serve as both a bag and a cooler at the bottom. Now, your water bottles will stay nice and cold for you on hot summer beach days.

**Do you know of any other great beach bags that we need to get for the summer? Comment below!**

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## **Celebrity News: Kaley Cuoco Says First Husband Ryan Sweeting 'Was Not the Person I Originally Met'**





By [Carly Horowitz](#)

According to [People.com](#), [Kaley Cuoco](#) is thinking back to what went wrong in her relationship with Ryan Sweeting. She reveals that due to the drastic personality changes that she noticed in Sweeting as their relationship went on, she was a little reluctant to embark upon another [celebrity wedding](#). “The person I ended up with was not the person I originally met. And that wasn’t my fault – that was his,” she said. Luckily, she was able to get past this lack of trust for a new partner and is now engaged to Karl Cook. Cuoco says this is now her “perfect match.” Best of luck to this [celebrity couple](#)!

**This [celebrity news](#) isn’t exactly shocking, as Kaley and her first husband are no longer together. What are some ways to know the**

# person you're with is not for you?

## Cupid's Advice:

The relationship you have with your partner should just feel natural. You may love the idea of someone, but yet they are not completely right for you. Here are some ways to know if it is not a perfect match:

**1. You are not best friends:** Your partner should be your best friend, your go to, the first person you want to share exciting news with. If you are feeling a disconnect on the friendship level, you may need to rethink if this person is right for you. It may take some time to get to that comfortable point of being best friends, so don't jump to conclusions if you have not been with your partner for a while.

**Related Link:** [Celebrity Wedding News: Kaley Cuoco Opens Up About Wedding Planning](#)

**2. You hold back:** You should be able to be your trust self around your partner. There is no need to feel any sort of self-consciousness around them. If you find yourself holding back things you want to say or do in fear of judgment in your relationship, then that isn't the best sign.

**Related Link:** [Celebrity Wedding: Kaley Cuoco Is Engaged to Karl Cook After Emotional Proposal](#)

**3. You feel a disconnect:** You will know. It is usually clear after a while of being with someone if they are not right for you. Something is just missing but you can't really tell what it is. It's okay, now is the time to express your feelings and move on to better things.

**What are some other ways to know that the person you are with is not the best for you? Comment below!**

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# Celebrity Break-Up: Channing Tatum & Jenna Dewan Tatum Split After 9 Years of Marriage



By [Carly Horowitz](#)

In [latest celebrity news](#), [Channing Tatum](#) and Jenna Dewan Tatum announced their separation on Instagram this past Monday. A part of the statement read, "We have lovingly chosen to separate as a couple. We fell deeply in love so many years ago and have had a magical journey together. Absolutely nothing

has changed about how much we love one another, but love is a beautiful adventure that is taking us on different paths for now. There are no secrets nor salacious events at the root of our decision – just two best-friends realizing it's time to take some space and help each other live the most joyous, fulfilled lives as possible. We are still a family and will always be loving dedicated parents to Everly. We won't be commenting beyond this, and we thank you all in advance for respecting our family's privacy." According to [UsMagazine.com](https://www.usmagazine.com), the pair had their [celebrity wedding](#) in 2009. They also share 4-year-old daughter, Everly, but they have made it clear that they are going to make efforts so that this separation will not affect her in a negative way.

**This [celebrity break-up](#) is so disappointing to us! What are some ways to work on your marriage prior to calling it quits?**

### **Cupid's Advice:**

Marriage is a lifelong commitment that must be worked on day in and day out. Sometimes it may get rocky along the way, but try not to give up! Here are some ways to work on your marriage before breaking it off:

**1. Remember why you got married:** You are going to need some motivation if you want to avidly work on your marriage during a rough time. Try your best to remember why you got married in the first place. Ponder the amazing assets of your partner and visualize the amazing wedding that you shared together. Maybe even try to do things that you used to do when you first started dating or when you first got married in order to ignite that spark again and become motivated for this improvement process.

**Related Link:** [Celebrity Couple News: Channing Tatum Recalls 'Cruel' Proposal Tactic](#)

**2. Take a walk together each day:** It sounds so simple yet it is so beneficial. Taking time out of each of your days to take a nice stroll around your neighborhood will give you and your partner an opportunity to discuss your feelings and further hone the bond that you have. You can talk about how your day went and then get into some serious points as to why you are needing to work on your marriage. Being in the outdoors will also help you and your partner to be more open and happy while conversing.

**Related Link:** [Celebrity Couple News: Jenna Dewan Tatum Explains How She and Channing Began Dating](#)

**3. Practice forgiveness:** Try to open your mind and see things the way that your partner is seeing things. Now is not time for the blame game. That will only prove to be detrimental. Take responsibility for your own actions and move on from there. Keep in your mind that you are trying to improve your relationship instead of looking for reasons to end it.

**What are some other ways work on your marriage before separating? Comment below!**

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**Celebrity Marriage: Kendra Wilkinson Takes Off Wedding Ring and Breaks Down on**



# Instagram



By [Carly Horowitz](#)

In [latest celebrity news](#), Kendra Wilkinson is seemingly having marriage problems with her partner, Hank Baskett, once again. The two had their [celebrity wedding](#) in 2009, but they were recently spotted at their son's soccer game in L.A. both not wearing rings according to [EOnline.com](#). The pair shares two children together: Eight-year-old son Hank Baskett IV, and three-year-old daughter Alijah Mary Baskett. Another occurrence that is causing speculation in regards to Wilkinson and Baskett's marriage problems are the Instagram stories that were posted on Sunday night. Wilkinson posted multiple black and white selfies with sayings like "How much strength does it take to be strong?", "I need to love myself again and I will. Life is too precious", and "No matter what...I am labeled.

*Playboy* party girl. Bad mom. D list celebrity. Crazy. Always wrong.” She posted another Instagram story on Monday morning stating “I’m proud of myself,” and she was not sporting her wedding ring yet again.

## **This celebrity marriage may almost be over. What are some ways to re-establish a love of yourself amid relationship issues?**

### **Cupid’s Advice:**

The deepest love you can have is for yourself. You are the only person who has been there since birth and through all your struggles. When everything else isn’t going your way, the only person you can count on is yourself. It is so important to love yourself! But, it is much easier said than done. Cupid is here with some tips on how to re-establish a love for yourself:

**1. Make contact with your inner-self:** The first thing you must do is truly get to your core. You can do this through meditation, self-reflection, or by just taking a few quiet moments with yourself to ponder your innermost thoughts and feelings. Things become a lot more clear and refreshing when you truly understand yourself and why you make the decisions that you do. Most importantly, forgive yourself. This is a very important step in re-establishing this intimate love.

**Related Link:** [Celebrity Couple Kendra Wilkinson & Hank Baskett Don’t Watch Marital Struggles on TV](#)

**2. Go on a date with yourself:** Take time to embark on activities that you enjoy. Do you love to go hiking, biking, boating? Whatever it is, plan to do an activity that you

really like to do, and then take yourself out to your favorite lunch spot! Practice the love that you wish to receive.

**Related Link:** [Kendra Wilkinson Opens Up About Sleeping with Hugh Hefner on 'I'm a Celebrity'](#)

**3. Make positive affirmations everyday:** It is a daily, constant effort to maintain this attachment with yourself. You don't want to become disconnected by worldly stresses. Say out loud to yourself every day things like: "I love and accept myself unconditionally." Take breaks throughout the day to remind yourself of this as well. You are a wonderful and unique soul, don't forget that.

**What are some other tips on how to re-establish a love of yourself amid relationship issues? Comment below!**

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## **Celebrity News: Britney Spears 'Won't Allow' Kevin Federline to Take Advantage of Her During Child Support Battle**





By [Carly Horowitz](#)

What does Kevin Federline want to do with the \$40,000 child support money he is requesting from [Britney Spears](#)? Spears believes it is not because he needs more help supporting their [celebrity children](#), Sean Preston and Jayden James. She is positive that she already supplies enough money to do so. According to [UsMagazine.com](#), a source reveals, "They believe this is nothing but a shameless money grab. Kevin hasn't had a full-time job in a long time. He just continues to sponge off Britney." This former [celebrity couple](#) were wed in October 2004, but went through their divorce three years later. In other [celebrity news](#), Spears' father is making moves on ending the court-approved conservatorship. This has been in effect since 2008 after Spears had her public mental breakdown. Best of luck to them in this process!

**In celebrity news, this child support battle is definitely not**

# resolved yet. What are some ways to keep your children happy during a custody or child support disagreement?

## Cupid's Advice:

When going through legal disagreements with your ex-partner, it is important to still keep your children's best interests in mind. It is easy to become consumed in all of the stress that is being caused by things that are over their head. Hopefully these tips will serve well in keeping your children happy during these taxing times:

**1. Get your feelings out somewhere else:** It is perfectly normal to be upset and angry when disagreements are occurring. You don't have to completely shut down your feelings because you want to look put-together in front of your kids. Rather, get your feelings out to a therapist or close friend so that you don't feel the need to vent to your children.

**Related Link:** [Celebrity News: Britney Spears Is 'Angry' At Child Support Battle with Kevin Federline](#)

**2. Apologize if you do slip up:** We are not asking you to be perfect. You may have a slip up in front of your children which may cause them to be upset. Just apologize! This will also teach your children how to deal with conflict and demonstrate that if they mess up, they should apologize. After that, continue to give them the love that they need right now during this time.

**Related Link:** [Celebrity Couple News: Britney Spears Shares Sweet Video With Boyfriend Sam Asghari](#)

**3. Give genuine care:** A common mistake in situations like this

is giving your children material items in hopes that this will make them happy. It may make them joyful for a short period of time, but what really counts is the actual love that you give them. Try not to fill that void by buying your children multiple items. Instead, take them for a walk on the beach and just enjoy this world with them by your side.

**What are some other ways to keep your children happy during a custody or child support disagreement? Comment below!**

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## **Celebrity Baby News: Khloe Kardashian Opens Up About What She Hopes Baby Inherits from Herself and Tristan Thompson**





By [Carly Horowitz](#)

[Reality TV star Khloe Kardashian](#) is approaching her due date to give birth! According to [EOnline.com](#), Kardashian hopes her baby girl inherits certain aspects from both herself and her partner, Tristan Thompson. Kardashian shared on her app that she hopes her baby inherits her fashion sense, but Thompson's dance moves. Additionally, she hopes her baby will have Thompson's good looks and charm, but her patience and work ethic. Kardashian went on to detail more specific aspects that she wishes her baby will have. The pair plans to have their [celebrity baby](#) in Cleveland. Unlike Kylie Jenner, Khloe has been keeping the public updated on her pregnancy. We will surely be informed when she gives birth! Best wishes to her during this time.

**In this [celebrity baby news](#), Khloe Kardashian has some wishes for her**

# soon-to-be born baby. What are some ways to keep expectations from affecting your children?

## Cupid's Advice:

It is so fun to fantasize about which specific aspects your child will inherit from both you and your partner. Although, you should not let that overtake the beauty of nature. Your child is going to be so beautiful and will inherit great aspects from you and your partner. It may not be exactly what you hoped for, but you will end up finding it to be perfect anyway. It may be hard sometimes, both before your child is born and much later down the line, to keep your expectations from affecting your children. Fortunately, Cupid is here with some tips on how to help:

**1. Let go of timelines:** Children are supposed to walking by the time they are one and be potty trained by two, right? No, not necessarily. Don't place such high standards on your child meeting the typical deadlines of when they are going to accomplish these 'firsts'. Every child is different and runs on different schedules. Don't worry, they will eventually take their first steps and be potty trained when the time is right for them. Just enjoy the moments you have together because when they are older and out of the house, you're going to wish you could still be changing their diapers!

**Related Links:** [Celebrity Baby News: Khloe Kardashian Celebrates Tristan Thompson's Birthday After Lavish Baby Shower](#)

**2. Let them know they are enough:** It is unrealistic to say that you won't have any specific expectations for your children. Even if you do, let your kid know that they are perfect just the way they are. You can encourage them to be



the best they can be, but try not to expect so much that you end up getting let down, or worse, your child feels as if they let you down. Shower your child with love and appreciation.

**Related Link:** [Celebrity Baby News: Khloe Kardashian Is Having a Girl](#)

**3. Support:** One of the greatest things you can do as a parent is show support for your child's interests. Maybe you wanted your child to be a star soccer player like you, but they seem to be more interested in swimming. Great for them! Even if it is not what you originally expected, be happy that they are showing interest in something and support them. Remember, your child is not just a younger replica you, they are a different version of you so let their own light shine!

**What are some other ways to keep your expectations from affecting your children? Comment below!**

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## **Celebrity News: Seth Rogen Is Open to Renewing Vows with Wife Lauren Miller**





By [Carly Horowitz](#)

Seth Rogen and Lauren Miller are all about enjoying the moment! In [latest celebrity news](#), Rogen reveals that he would be open to renewing his vows with his wife, Lauren Miller. According to [UsMagazine.com](#), Rogen said, “Yeah, that would be fun. Anything for a party.” Miller is open to the idea as well as she stated, “Renew our vows? Does that mean we can have another wedding?” The [celebrity couple](#) was wed in October 2011 after they had been dating for seven years. A source revealed that their [celebrity wedding](#) was carefree and entertaining. “The wedding was more laughs than anything else,” said the source. “Every other line was a joke. The crowd couldn’t contain their laughter!”

**In celebrity news, Seth Rogen is open to renewing his vows so he can have another party! What are some**

# benefits to renewing your vows?

## Cupid's Advice:

Once you and your partner have been married for a while, the question may arise as to if you would like to renew your vows. Renewing your vows is a wonderful way to celebrate your marriage and love and reaffirm your commitment to one another. Here are some reasons why reviewing your vows may be a good choice at this time in your relationship:

**1. You two have been through a lot:** Maybe you and your partner have just experienced a loss in your family. Or, you two have just gone through the stresses of losing a job. Nevertheless, you have made it through together! Now, your relationship is even stronger than it was before. You definitely deserve a celebration and some time to let loose. If you have been through something like this with your partner, it may be a perfect time to gather up your closest friends and family and have a beautiful ceremony to renew your vows.

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**2. You didn't have your dream wedding:** There is always room for second chances. You may have gotten married in a time where you could not afford to have the wedding of your dreams. Maybe something happened at your wedding that was deemed unsatisfactory. Whatever it is, renewing your vows offers you an opportunity to now plan your dream wedding with your partner whom you are now even more in love with!

**Related Link:** [Celebrity News: Find Out Why Amy Schumer Is Not Changing Her Last Name Post-Marriage](#)

**3. It can reignite the spark:** Renewing your vows is an intimate ceremony that has the potential to reignite the spark

in your relationship. If you two have been married for a while and are living in a routine, it would be a wonderful change of pace to plan for a ceremony of renewing vows. This time around, it will be so much more relaxing and enjoyable.

**What are some other advantages to renewing your vows? Comment below!**

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## **Celebrity Baby News: Jinger Duggar Reveals Her Greatest Shock About Pregnancy**



By [Carly Horowitz](#)

Jinger Duggar is pregnant with her and her husband, Jeremy Vuolo's child. According to [UsMagazine.com](#), Duggar was especially taken back by one aspect of pregnancy. "I do think probably what surprised me most is just being so tired all the time," the *Counting On* [reality TV star](#) revealed. This [celebrity couple](#) is going strong during this beautiful time of pregnancy as Duggar explains that Vuolo has been an amazing help and has gotten her take-out food many times because the kitchen made her nauseous. Although now, Duggar is feeling great carrying her [celebrity baby](#) 24 weeks along. The gender of the baby has not yet been revealed.

**In [celebrity baby news](#), Jinger Duggar is surprised about her level of tiredness during pregnancy. What are some other things to expect when you're expecting?**

#### **Cupid's Advice:**

The process of carrying a baby for 9 months is simply beautiful. Although, you may lose sight of that when you are going through difficult stages of your pregnancy. The last thing you want to do is be surprised. If you are aware of how you may feel as you go through this journey, it can make it a lot easier. Not every woman goes through the same struggles during pregnancy, but nevertheless it is beneficial to be aware of what different things may occur for you during this time:

**1. Frequent forgetfulness:** Don't be alarmed if you search the entire house for the car keys when the whole time you had just

put them in your pocket five minutes beforehand. You are not losing your mind. Sudden forgetfulness is actually a common occurrence in pregnant women. It is due to lack of oxygen in the blood. Sometimes, this is referred to as “pregnancy brain.”

**Related Link:** [Celebrity Baby News: Rachel McAdams Is Pregnant With Her First Child](#)

**2. Foot swelling:** Some women may experience foot swelling while they are pregnant as well. Your feet may even grow up to one full shoe size. Don't be shy to ask for a foot rub from your partner or close friend. Carrying a baby is a lot of work! You deserve the relaxation.

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**3. Skin tone change:** Obviously when you are pregnant, your appearance will be changing in many ways. One that you may not have thought about is change of skin tone, yet, this is a pretty common aspect of pregnancy. Additionally, more changes in skin will include a bunch of stretch marks near your stomach area and you may even begin to have some pimples on your face. It is all natural and okay. Embrace these wonderful changes and look forward to this new life inside of you that will be emerging soon.

**What are some other things to expect when you're expecting? Comment below!**

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# Celebrity News: Liam Payne Wishes Son Bear a Happy 1st Birthday



By [Carly Horowitz](#)

In [latest celebrity news](#), Liam Payne took to Instagram yesterday to wish his son, Bear Payne, a happy first birthday. He wrote, "Can't believe my little man is one today, where does the time go? Happy birthday son you're my world." Payne's girlfriend, Cheryl Cole, also took to social media to wish her [celebrity baby](#) a happy birthday. Additionally, according to [EOnline.com](#), this [celebrity couple](#) relationship hasn't necessarily been smooth sailing. "You know, we have our struggles," Payne revealed. "Like, of course I'm not gonna sit here and say that everything's absolutely fine and dandy,

because of course you go through different things, and that's what a relationship is." He continues to say that it's about whether you make it out of that rough patch in a relationship that matters most. Even though this pair may be having minor difficulties, they still express immense positivity and happiness in regards to their wonderful son. Happy Birthday baby Bear!

## **In celebrity news, Liam Payne put together a sweet Instagram post to wish his son a happy birthday. What are some ways to make your child's first birthday special?**

### **Cupid's Advice:**

Your baby's first birthday is finally here! Such a short time yet it seemed like an eternity and you can not imagine life without them. Even though your child may not be able to completely comprehend this birthday celebration, you should still make efforts to help make your child's first birthday special. Here are some ideas on how to do so:

**1. Have guests sign a book:** At your baby's first birthday party, provide a book with blank pages for friends and family to write special birthday messages to your child. This serves as a great keepsake your child to be able to read once they grow up. You can even make it a tradition for loved ones to sign the book each year and you can see how their special messages develop!

**Related Link:** [Celebrity Baby News: America Ferrera Celebrates Baby Shower with Co-Stars](#)

**2. Get a smash cake:** A smash cake is a small cake made with



frosting specifically for the purpose of babies smashing it! Your child will love to get the opportunity to be a mess and dig through the cake. This will make for adorable pictures as well. Make sure to get another real cake as well for the guests to enjoy.

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**3. Create a video montage:** Make a video montage of your child's first year of life. It will be a wonderful thing to watch at your kid's birthday party and it will be even more heartfelt when you look back on this video when your child is older.

**What are some other ways to celebrate your child's first birthday? Comment below!**

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## **Popular Restaurants: Where to Find the Best Rolled Ice Cream**





By [Carly Horowitz](#)

Have you heard of the new latest [food trend](#)? You have probably seen it on an Instagram post or a SnapChat story. It's rolled ice cream! It is ice cream that is cooled to a temperature where it is able to be rolled into a satisfying swirl. Now you definitely want to try this out, or more importantly, buy some so that you can post a picture of it, right? Fortunately, Cupid has narrowed down the places to find the best rolled ice cream in America.

**Hop on the coolest (get it) food trend and try out these hot spots that have rolled ice cream!**

**1. 10Below Ice Cream:** This amazing spot serves Thai-inspired ice cream rolls. They make the desert for you right in front of your eyes. 10Below Ice Cream has locations all over New York in Chinatown, Flushing, Lower East Side, and East Village. They have even spanned to a Philadelphia,

Pennsylvania location and the store is opening up in Los Angeles, California soon!

**2. Blossom Ice Cream:** Located in Brooklyn, NY, this ice cream joint makes it their business to serve you rolled ice cream with great energy. With flavors like wild berry lavender, matcha melody, cookie butter, dream of Hawaii, and more, this is definitely not a place you want to pass up. They also offer soy-based cream for individuals with vegan diets or prefer non-dairy ice cream!

**Related Link:** [Food Trend: Seasonal Foods to Bring Spring Cleaning to Your Body](#)

**3. Ice Land:** Ice Land has put together a menu of rolled ice cream creations with specific toppings that go with each of the flavors in order for you to get a delicious desert experience. For example, they have a product called the 'key lime pie' which contains a vanilla rolled ice cream base, graham cracker, fresh lime, pie mixer, and whipped cream! This place is located in Philadelphia, Pennsylvania.

**4. Holy Roly Ice Cream:** Make your way down to LA and stop by Holy Roly Ice cream for some organic, handmade desert. The best part is that with no preservatives or stabilizers added in, this can serve as a relatively healthy desert! They also recommend that you take videos of them making the rolled ice cream. Perfect Instagram story opportunity.

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**5. I CE NY:** Although it has NY in the name, this store spans widely throughout the U.S. with multiple locations in New York, Florida, Georgia, Michigan, Pennsylvania, and Texas! There are also locations coming soon to Massachusetts, Colorado, and Virginia. I CE NY has also put together wonderful ice cream combinations for you to choose from. Or, you can mix and match ice cream and toppings yourself. Don't miss out on the 'Strawberry Cheesecake' that contains vanilla

ice cream, fresh strawberries, real cheesecake, and strawberry sauce. This popular experience is a perfect way to end off a [date night](#) in a sweet way.

Know of any more places that serve amazing rolled ice cream? Comment below!

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## Celebrity News: Blake Shelton Says It's 'So Fun' Having Gwen Stefani's Kids Around



By [Carly Horowitz](#)

In recent [celebrity news](#), [Blake Shelton](#) is loving the time he gets to spend with the three sons of his girlfriend, [Gwen Stefani](#). According to [UsMagazine.com](#), Shelton says “At this point in my life, I kind of had put [having kids] as like, ‘Well, that wasn’t meant to be.’ Then all of a sudden it happens – one way or another – and it’s like, ‘Wow, I really missed out on a lot.’” Stefani shares her three children with her [celebrity ex](#), Gavin Rossdale. It seems as if Shelton wouldn’t be opposed to having [celebrity kids](#) of his own with Stefani. But, a source shared with *Us Weekly* that, “Their feeling is if it happens naturally, great. But they’ve decided to not focus on it for the time being.” Nevertheless, Shelton is thoroughly enjoying having Kingston, Zuma, and Apollo Rossdale as a part of his life.

**In celebrity news, Blake Shelton is relishing having his girlfriend’s kids around. How do you know if your partner will be good with kids?**

#### **Cupid’s Advice:**

It is usually pretty clear that if your partner loves you and is just a caring and kind person in general, then they will be good with kids. But, here are some specific aspects that can really make it clear that your partner will be the perfect parent:

**1. They take care of you when you’re sick:** Remember last year when you were in bed with the flu? Did your partner make you soup and hot tea while they rubbed your back? If they did, then that is absolutely wonderful and that shows that if you two care for children together, they will be just as caring to

them.

**Related Link:** [Celebrity News: Gwen Stefani & Blake Shelton Go Fishing With Her Sons](#)

**2. They are playful:** It is always a good sign if your partner knows how to be fun and entertain children. It is even better if they exhibit the perfect amount of playfulness and seriousness throughout your relationship so you know that they have the ability to do the same with children.

**Related Link:** [Celebrity Couple News: Gwen Stefani Gushes Over 'Love' Blake Shelton](#)

**3. They have had a dog:** Children are just like dogs right? No, not quite. But if your partner has tasted the responsibility of watching after another living being, then that can attribute to them knowing how to handle the responsibility of having a kid. Overall, if your partner loves you and they truly want to care for children with you, they will be an amazing parent.

**What are some other signs that your partner will be good with kids? Comment below!**

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## **Celebrity Break-Up: Donald Trump Jr. Had an Affair with Aubrey O'Day During Marriage**





By [Carly Horowitz](#)

In [latest celebrity news](#), it turns out that Donald Trump Jr. had an affair with *Celebrity Apprentice* contestant Aubrey O'Day while he was still married to his wife, Vanessa Trump. A source told [UsMagazine.com](#) that "Things started up with Aubrey and Don Jr. toward the end of the taping." This time spanned from the end of 2011 into March 2012. The affair ended at that time because Trump Jr.'s wife Vanessa allegedly found emails between the two. Vanessa and Trump Jr. had made up, but now, Vanessa has filed for a [celebrity divorce](#) on March 15.

**Donald Trump Jr.'s [celebrity break-up](#) may have something to do with his infidelity. What are some signs that your partner is being unfaithful?**

**Cupid's Advice:**

If things have just not been the same lately between you and your partner, there may be something sneaky occurring. Don't jump to conclusions, as we all have a tendency to do. But, if you notice any of these signs, sit down with your partner and have a mature conversation about the thoughts you are having. Here are some signs that indicate that your partner may be cheating:

**1. Intimacy has halted:** It is normal during long-time relationships that the intimacy between you two may slow down at points. If it has completely stopped and when you try to get close to your partner they back away constantly, then that is a red flag.

**Related Link:** [Celebrity Divorce: Vanessa Trump Files for Divorce from Donald Trump Jr.](#)

**2. Constant private phone usage:** If out of the blue your partner starts to use their phone a lot more often in a very private manner, then that is a little fishy. If your partner has always been a big phone user, then maybe it is normal. Ask them if they have something going on at work or another occurrence that may be causing them to use their phone instead of spending time with you.

**Related Link:** [Celebrity Break-Ups: Find Out Why Justin Bieber & Selena Gomez Are Taking a Break](#)

**3. Excuses:** You and your partner should have an honest relationship where you make time for each other because you truly want to! If lately your partner is making an array of excuses as to why they can't meet up, you may need to get to the bottom of what is truly occurring.

**What are some other tell-tale signs that your partner is being unfaithful? Comment below!**



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# Beauty Trend: Best Drugstore Eyeshadow Palettes



By [Carly Horowitz](#)

There's no need to break the bank on expensive make-up products that aren't even that great. Some people are firm believers that some of the best make-up can be found right in your local drugstore! For instance, there is an array of affordable yet amazing eyeshadow palettes available. Fortunately, Cupid has narrowed down the best drugstore eyeshadow palettes for you so that you don't have to go through the trial and error process.

# Rock the latest [beauty trends](#) with these lovely drugstore eyeshadow palettes!

**1. L.A Girl Beauty Brick Eyeshadow, Nudes:** This palette is perfect for that natural look you are striving to achieve. No need to spend over \$50 on an Urban Decay Naked Palette when you can achieve the same look starting at \$7. This palette offers some shades with shimmer, and some completely matte colors. Plus, the magnetic case includes a mirror and a double-sided eyeshadow applicator so you can do your makeup on the go. This eyeshadow has an amazingly smooth texture and also has the ability to keep your eyes looking amazing all day long!

**2. NYX Ultimate Shadow Palette In Smokey and Highlight:** Put together your next [date night](#) look with the help of the beautiful array of shades in the NYX Ultimate Shadow Palette. The immensely pigmented, easily bendable colors glide across your eyelids so gracefully. You will have the ability to create an uncountable amount of looks because this palette offers such a variety of colors. Make your way to the local drugstore and get this amazing eyeshadow!

**Related Link:** [Product Review: Try New, Natural Beauty Products](#)

**3. Revlon ColorStay 16 Hour Eyeshadow Quad in Precocious:** Who doesn't love a nice smoky grey and purple look? If you're a fan, then this is a great drugstore palette for you. These 4 colors will stay on your lids for a guaranteed 16 hours. The only downfall is that these colors aren't that pigmented. But, due to its anti-crease qualities, this palette makes the cut.

**4. Milani Everyday Eyes Eyeshadow Palette in Earthy Elements:** With six very pigmented shades, you can create a beautiful [celebrity style](#) look. These smooth, easily bendable colors

will last you all day and all night long. Nothing compares to using hues that represent this wonderful earth that we live on.

**Related Link:** [Beauty Tips: Celebrity Hair Trends to Brighten Up for Spring](#)

**5. Burt's Bees Eye Shadow Trio in Shimmering Nudes:** The best part about this palette is that every tone incorporates ingredients such as honey, vitamin E, and bamboo so you can be nurturing your skin while you brighten up your look. You won't have to worry about creasing, smudging, or fading either when you are strutting with this great product on your skin.

**Do you have some more amazing drugstore eyeshadow palette suggestions for us to try? Comment below!**

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## **Celebrity News: Taylor Swift Holds Joe Alwyn Close During Rare Hike in Malibu**





By [Carly Horowitz](#)

In [celebrity news](#), [Taylor Swift](#) was seen venturing on a beautiful hike in Malibu with her boo Joe Alwyn. This is exciting because this [celebrity couple](#) has not been publicly seen together since December! According to [EOnline.com](#), a source revealed, "Taylor looked quite exhausted from the hike but she looked very close to Joe, holding on to his arm and holding hands. They seemed very at ease with each other and relaxed." Swift and Alwyn have been stirring romance rumors about their [celebrity relationship](#) for about a year now. The duo has kept their relationship pretty private, and a source says that they are clearly very serious.

**In celebrity news, Taylor Swift stepped out with her boyfriend Joe. What are some fun ways to spend a Saturday outdoors with your**

# partner?

## **Cupid's Advice:**

A great place to spend a nice date with your partner is in nature. It is so beautiful and is a chance to get in touch with the outdoors while creating precious bonding moments with the one you love. Here are some fun ideas on how to spend a day outside with your partner:

**1. Picnic:** Have a picnic in a park near you! Whip up some yummy sandwiches and some side salads and put them in a traditional picnic basket for you and your partner. Don't forget to bring a comfy blanket to put down on the grass so you and your partner can lounge, eat, and enjoy the outdoors together.

**Related Link:** [Celebrity News: Taylor Swift & Joe Alwyn Dance Together at Jingle Bell Ball](#)

**2. Beach day:** Spend a Saturday with your partner at the beach! It doesn't matter if it's warm or cold out. If it is a little chilly, bundle up and cuddle up while you admire the wonderful waves crashing down on the shore. If it is a hot summer day, even better! Put on your favorite bathing suit and spend the day splashing around with your true love.

**Related Link:** [Celebrity Couple News: Taylor Swift & BF Joe Alwyn Go on Double Date with Blake Lively & Ryan Reynolds](#)

**3. Bike ride:** An amazing idea to spend a whole day with your partner is to go for a bike ride around your town. Make a day out of it and bike to your favorite lunch spot. Sit down, enjoy, and then get back on your way to bike and work off some of the food you just ate! Bike all the way until the sun sets to make for a romantic end to your day.

**What are some other outdoor dates to embark upon with your**

partner? Comment below!

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# Celebrity Couple News: 'Bachelor' Arie Luyendyk Jr. & Lauren Burnham Have First Date Night Post-Engagement



By [Carly Horowitz](#)

In [latest celebrity news](#), Arie Luyendyk Jr. and Lauren Burnham are spotted on their first public [date night](#) since their

[celebrity engagement](#)! According to [UsMagazine.com](#), the pair was seen at New York City's Japanese hotspot Megu on Wednesday. Arie and Lauren seemed to have a great time as they spent three hours in the private dining room. Although the duo seems very happy together, [The Bachelor](#) fans are still upset with Arie for proposing to Becca Kuftrin, and then breaking off the engagement to propose to Lauren soon after. It makes it a little better now that Becca gets to be the star of season 14 of [The Bachelorette](#) and hopefully find true love herself.

**This [celebrity couple news](#) is garnering mixed reactions from *Bachelor* Nation. What are some reasons to ignore scrutiny of your relationship?**

#### **Cupid's Advice:**

People will always have opinions about aspects of your life. That's okay if you learn how to deal with it and just let it go. Here are some reasons why you should ignore this criticism and not let it get to you:

**1. They don't know your feelings:** No one in this world is able to grasp your true feelings deep down. So how do they have the right to judge you? If you love someone and you want to be with them, that's all that matters.

**Related Link:** [Celebrity News: Arie Tells Two Women He Loves Them Ahead of 'The Bachelor' Finale](#)

**2. It may not be about you:** Don't let scrutiny get under your skin because these people may be critiquing your life, yet they are doing this because they are not happy with aspects in their own life.

**Related Link:** [Celebrity News: 'The Bachelor' Arie Luyendyk Jr. Proposes In a Dramatic Finale Episode](#)

**3. Jealousy:** People may have such strong opinions about your life simply because they are jealous of you! Why else would they be taking so much time out of their day to analyze every aspect of your life and pick out the parts they don't agree with?

**Why else should you ignore criticism? Comment below!**

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## Date Idea: Friendsgiving



By [Carly Horowitz](#) and Kristin Mattern



Have a Friendsgiving! This weekend, instead of having a one-on-one date with your sweetie, make it a group night and set-up a belated Thanksgiving dinner. Invite your partner's and your closest buddies over for a fun and social date night. This date idea comes with all the trimmings for a good time.

## **Plan a Friendsgiving and have this [date idea](#) include your closest friends!**

Make it a potluck and ask your friends to each bring a different dish. Not only does this cut down on the amount of cost and time for you spend, it allows you all to try a variety of dishes! Suggest that your friends bring their favorite Thanksgiving entrées and desserts. Sample your best friend's mom's famous pumpkin pie, washed down with your sweetheart's secret recipe for Irish cream cordial. You can impress everybody with your signature candied yams, a recipe passed down from your grandmother.

**Related Link:** [Date Idea: Best Shows to Binge-Watch With Your Partner](#)

Be sure to pick a theme! Ever had a true Southern Thanksgiving? You and your babe can research some southern comfort foods and traditional Thanksgiving dishes to serve. Cook up some deliciously decadent dishes like sweet potato casserole with marshmallows on top, cornbread stuffing, creamy collard greens and fried okras. Channel your inner [famous chef](#) inside you and make everyone's tummy smile. Bring all the warmth of the south to your Friendsgiving, or pick a different theme like Thanksgiving in New York City or Los Angeles.

**Related Link:** [Date Idea: Star in Your Own Romantic Comedy](#)

Discover you and your honey's inner connoisseur and have a

wine or beer tasting with your friendsgiving dinner. Have each of your friends bring a wine or beer from a different region of the United States. See which region's drink really compliments certain dishes, or have a vote to see what beverage beats out the rest as everyone's favorite. At the end of the night, have a swap and let everyone take home his or her top choice from the tasting.

**Related Link:** [Date Idea: Early Morning Ideas](#)

To add more spice to your event, create placement cards that are also thankful cards. Relive childhood memories as you and your significant other trace each other's hand on white construction paper to make hand-turkeys. Color the front to resemble a traditional turkey or to go along with your dinner's theme. Write each guest's name on the colored front for the place card and on the other side write a simple question: What are you thankful for? Use the cards to set the table and place a crayon or pen nearby. Have your friends fill in the cards when they first arrive, and then before dinner, go around the table and share what everyone is thankful for this Thanksgiving.

**Have you hosted a Friendsgiving or a holiday-themed dinner party before? Tell us all about it in the comments below!**

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## **Date Idea: Go To a Turkey Shoot**





By [Carly Horowitz](#) and Kristin Mattern

If you can't wait for Thanksgiving and dreams of pumpkin pie and mashed potatoes are already filling your head, it's time to get into the holiday spirit! This weekend, take your significant other to a turkey shoot. Don't worry, no turkeys are harmed during this event! Take aim at love as you and your partner shoot at targets 30 feet away in this long-standing traditional competition. Whoever hits the center of the targets, or just gets the closest, wins a frozen turkey as a prize! It'll be the perfect addition to your Thanksgiving table.

**Take part in this traditional [date idea](#) during this season of thanks!**

Get in the mood for this date by wearing flannel shirts and horseback riding boots. If you're a skilled shooter, impress your babe with your marksmanship. And if you're a little gun shy (pun intended), a good tip to remember is to move with the

recoil as the gun hits your shoulder to avoid bruising or discomfort. Always wear safety goggles and practice safe shooting. Don't point your rifle anywhere but the target and follow all the instructions provided by the event coordinators to ensure a fun and safe time.

**Related Link:** [Date Idea: Feed Your Heart with a Sushi Sampling](#)

When your turkey shoot is over, it's time to head back for a romantic home-cooked meal. Cooking is a fun activity that you can enjoy together. Grow closer with your sweetheart while swapping recipes or researching some new ones. For something simple, make a dish like pasta with red sauce and turkey meatballs. During your [date night](#) time in the kitchen, discover each other's favorite foods and types of cuisine. If you don't feel like cooking, order in! Opt for cheesy pizza or spicy Thai food, whatever the two of you are craving after your big day. Look into some [famous restaurants](#) near you and see if they offer take-out as well.

**Related Link:** [Date Idea: Take In Some Cartoons](#)

After dinner, make Thanksgiving-themed drinks like hot apple cider or cranberry and vodka and watch a Thanksgiving movie. You and your honey will laugh until it hurts watching a classic like *Trains, Planes and Automobiles*. Then, get a little sentimental and relive your childhood with *A Charlie Brown Thanksgiving*. Build a fire in the fireplace and really get cozy with the one you love as you prep for the upcoming holiday.

This date idea could be you and your sweetheart's new November tradition!

**Ever been on a Turkey Shoot? Tell about your experience in the comments below!**

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# Celebrity Wedding: 'Bachelor' Arie Luyendyk Jr. Proposes to Lauren Burnham After Breaking Off Engagement to Becca

Cupid's Pulse  
\* Celebrities. Love. Opinions. \*



By [Carly Horowitz](#)

In [celebrity news](#), after [The Bachelor](#) Arie Luyendyk Jr. had a dramatic [celebrity break-up](#) with Becca Kufirin, he didn't take very much time before embarking on what he supposedly truly wants, which is to be with Lauren Burnham. According to [UsMagazine.com](#), Luyendyk rushed to Virginia Beach after

breaking off his engagement to Becca in order to ask Lauren to take him back. Then, on the live *After the Final Rose* episode, he proposed. "I made some bad decisions, but the best decision was running back to you," Arie said to Lauren. "I truly believe are my soulmate. I'm ready to face this life with you and all that comes with it. I love you so much. I wanted to do this in front of everyone because I want to show you that I should have done this a long time ago." Lauren also reveals that she does trust Arie despite the past occurrences.

**There's a [celebrity wedding](#) in the works, but not the one we thought! What are some ways to make up your mind if you're torn between dating two people?**

### **Cupid's Advice:**

The universe works in mysterious ways and sometimes two important people will come into your life all at once. It can be difficult to decide who you truly want to be with! Fortunately, Cupid has some tips on how to decide who to date:

**1. Make a list:** Yes, the old-fashioned pros and cons list. Sit down and deeply ponder what each of these people have to offer. How do they make you feel? Who do you get more excited to see? Do you have similar plans for the future? Take time to really think about it and you can even try to spend two consecutive days with each of them to explore the best qualities in each.

**Related Link:** [Celebrity News: Justin Bieber Takes Selena Gomez As His Date to His Dad's Wedding](#)

**2. Stick to your instincts:** Who do you feel more natural with?

The best choice is the person who you can sit in silence with and still feel comfortable because your relationship just comes naturally. Be aware of these innate aspects. Also, try not to turn to multiple people for their opinions. Only you can determine what you truly desire. Listen to your heart.

**Related Link:** [Celebrity News: 'The Bachelor' Arie Luyendyk Jr. Proposes In a Dramatic Finale Episode](#)

**3. Don't rush:** Hopefully there is not anything binding you to make a decision right away. Things take time and as long as you are not tampering with anyone's trust, it is okay to keep going as you are until you realize who is truly the best fit for you.

What are some other tips on how to make up your mind if you're torn between two people? Comment below!

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## **Celebrity News: Britney Spears Is 'Angry' At Child Support Battle with Kevin Federline**





By [Carly Horowitz](#)

In [latest celebrity news](#), [Britney Spears](#) isn't happy with [celebrity ex](#), Kevin Federline, who is requesting more child support money from her. According to [UsMagazine.com](#), Spears believes that she pays for everything already and she has an inkling that Federline may be requesting this additional money to support his other four children. Spears makes it clear that she does certainly care for her [celebrity kids](#) as well, as the ex-couple split time with their kids 50/50. A source reveals, "Those boys are her world. She is an amazing mother." She simply just does not believe that this additional money is needed to help her children live a good life.

**In celebrity news, Britney Spears is angry at her ex for asking for additional child support. What are**



# some ways to keep legal battles from affecting your kids?

## Cupid's Advice:

After a split, some issues may arise regarding legal matters. You and your ex may disagree on some aspects. Although, it is important to be mature and handle these disputes privately so that it doesn't affect your children. We all know that guaranteeing your children's happiness is the biggest priority. Here are some tips on how to keep these legal battles from negatively affecting your kids:

**1. Talk to them:** If your kids are older, they most certainly will not be blind to the situation at hand. They may overhear phone call conversations and such. Even though you are trying to keep them out of it, older kids should still be informed so they feel involved and loved. Be honest and explain to them what is going on but assure them that everything is going to be okay.

**Related Link:** [Celebrity Baby News: Khloe Kardashian Is Having a Girl](#)

**2. Don't badmouth your ex partner:** The last thing you want to do is talk negatively about your kid's other parent in front of them. You never want to make it seem like there is a good guy and a bad guy because that will just create an abundance of stress on your children. Even if you feel as if your ex is a horrible person, keep it to yourself and allow your children to form their own opinions by the way that they treat them.

**Related Link:** [Celebrity Break-Up: Did Miranda Lambert and Anderson East Split?](#)

**3. Stay collected:** One of the worst things you can do is set a bad example of freaking out in front of your children. Even

though the legal situation you are going through may be frustrating, try your best to still be the amazing parent that you are to your children.

What are some other ways to keep legal battles from affecting your children? Comment below!

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## No Celebrity Baby Here! 'Vanderpump Rules' Stars Brittany & Jax Have Pregnancy Scare





By [Carly Horowitz](#)

In [latest celebrity news](#), last night's episode of *Vanderpump Rules* took us down an emotional journey including funding struggles with Lala Kent's new album, James Kennedy's drunkenness, Billie Lee's transgender difficulties, and of course Brittany Cartwright and Jax Taylor's pregnancy scare. While on a [romantic getaway](#) in Las Vegas with some other friends, [celebrity couple](#) Cartwright and Taylor thought they might have created a baby! The results ended up being negative.

**There won't be a [celebrity baby](#) for Brittany and Jax. What are some ways to deal with a pregnancy scare?**

**Cupid's Advice:**

Getting pregnant is a wonderful blessing. Although sometimes, you may not be ready for a baby at this certain time in your life, and that's okay. Even though children are a gift, it may be stressful if you don't feel prepared to receive this gift just quite yet. Here are some ways to deal with a pregnancy scare:

**1. Breathe:** Just breathe. It is overwhelming to think you may be carrying a baby when you are not quite ready to do so yet. It is all okay though, I promise. Take a deep breath and realize that whatever is meant to be, will be. Everything happens for a reason and you can deal with whatever comes your way!

**Related Link:** [Celebrity Divorce: 'Vanderpump Rules' Star Lala Kent's Married Boyfriend Is Officially Divorced](#)

**2. Be aware of your symptoms:** There are multiple symptoms that can indicate if you are pregnant...these symptoms also coincide with PMS symptoms, so sometimes, it is very difficult to tell what is actually occurring inside your body. Just be aware of how you are feeling and the changes you are going through. When you are ready, see a doctor.

**Related Link:** [Celebrity Break-Up: 'Vanderpump Rules' Star Sheana Marie & Robert Valletta 'Kind of Broke Up'](#)

**3. Plan:** Make a plan for the possibility of if you are pregnant. At this point, it is worth it to ponder about how you will handle this situation if it turns out to be true. Will you keep the baby? Put it up for adoption? There are many options. Thoroughly think this through and rejoice that you get to go through this exciting life experience.

**What are some other ways to deal with a pregnancy scare? Comment below!**

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# Celebrity News: 'The Bachelor' Arie Luyendyk Jr. Proposes In a Dramatic Finale Episode



By [Carly Horowitz](#)

In [latest celebrity news](#), [The Bachelor](#) finale aired on Monday! Spoiler alert: Arie Luyendyk Jr. proposed to Becca and left Lauren heartbroken. This season of *The Bachelor* showcased Arie's indecisiveness and abundance of love for many girls! Becca was clearly ecstatic with this result, but Lauren said

she felt “betrayed” and “extremely confused” because Arie led her to believe that she was the one. That being said, she didn’t have to be confused for long, because Arie had a change of heart, broke off his engagement to Becca, and then begged for Lauren’s forgiveness! Now, the new official [celebrity couple](#) Lauren and Arie are looking for a new start!

**In celebrity news, Arie is probably going down in history as the worst *Bachelor* ever. What are some ways to know you’re sure you’re ready before proposing to your significant other?**

#### **Cupid’s Advice:**

It’s hard to imagine how your feelings would conflict if you were in the same position as Arie. Nevertheless, marriage is a big commitment and you need to make sure you truly love this person before you embark on this incredible journey of marriage. Here are some things that can help you focus your mind and determine whether you’re ready to propose or say “yes” to a proposal:

**1. You’ve allowed yourself to be vulnerable:** Before you devote yourself to a lifetime commitment, you need to make sure that your partner has seen every beautiful aspect of you and your personality. You’re not worried that one day your partner might realize some insecure that you have and then not want to be with you anymore. You know you’re ready for marriage if you have been comfortably vulnerable with your partner and they truly know what makes you, you.

**Related Link:** [Expert Dating Advice: How to Handle Heartbreak](#)

**2. Your happiness is their happiness:** Whenever anything good happens in your life, the first thing you think to do is call your partner because you know they will be just as happy as you are. Form yourself a relationship where you can share good times and bad and you can be confident that your partner will equally experience all of these emotions with you.

**Related Link:** [Celebrity News: Arie Tells Two Women He Loves Them Ahead of 'The Bachelor' Finale](#)

**3. If you couldn't have an amazing ceremony, you'd still marry:** You need to make sure that it is truly your partner whom you want to marry, not the idea of your wedding ceremony. Sometimes when you get to a certain age, you may feel like it is time to settle and have this amazing wedding ceremony that all of your friends have already had, but please make sure that your partner is who you want for the rest of your life. Your soulmate is in this world and it's just a matter of when you find them!

**What are some other ways that can dictate when you're ready to propose to your significant other? Comment below!**

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## **Fitness Trend: Break A Sweat With Piloxing**





By [Carly Horowitz](#)

Imagine a world where fitness gurus combine the intricate skills of boxing with the flexibility of Pilates. Well, you don't have to imagine anymore, because we are living in such a world! Allow us to reveal the latest [fitness trend](#): Piloxing. People around the globe are partaking in this cool new workout.

**Piloxing is a fitness trend that will get you feeling sexy and powerful!**

There are a multitude of ways to work your body in order to achieve the fitness level you desire. This piloxing movement is striving to target both the mind and body by inspiring everyone to reach their fullest potential.

**Here are some benefits to this exciting fitness trend:**



**1. Burn up to 1200 calories per hour:** Not only is this workout fun, it also works to burn an abundance of calories so you can be rocking your summer body in no time!

**2. Improve cardiovascular ability:** This amazing workout will enhance the transportation of oxygen to your muscles from your heart, lungs, and blood. It truly strives to improve your overall well-being.

**3. Strengthen and lengthen muscles:** Piloxing isn't designed as a workout to help you get buff. It works to lengthen your muscles for a lean, toned look while still gaining plenty of strength.

**4. Improve balance and posture:** By practicing piloxing, you will gain agility as well! So many different aspects are added into this workout so that it serves as such an inclusive total body experience.

**Related Link:** [Celebrity Style: Active Wear Inspiration to Kick Start Your Workout](#)

The ornate mixture of both pilates and boxing works to combine grace and power. A touch of dance is even added in! The movements are meant to empower everyone and exhibit that you can be elegant yet strong during this workout. Look into where piloxing is offered near you and try it out!

**Related Link:** [Fitness Secrets: Learn More About Your Body in a Metabolic Chamber](#)

If you live in New York City, try visiting the Piloxing Studio at Adelante Studios or Bally Total Fitness. If you reside in the LA area, check out the Real Ryder Cycling Studio on San Vicente Blvd.

You can even purchase a piloxing DVD or search for some fun piloxing YouTube videos. Work those muscles!

**Do you want to try out piloxing? Comment below!**

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# Celebrity News: Justin Bieber Celebrates 24th Birthday Without Selena Gomez



By [Carly Horowitz](#)

Happy 24th Birthday [Justin Bieber](#)! In [celebrity news](#), Bieber enjoyed celebrating his birthday with his friends and family. According to [EOnline.com](#), Bieber met up with some friends for a birthday lunch at the London West Hollywood. After that, they went to MB2 Raceway in Sylmar, California for some fun go-kart racing. A few pals that were in attendance for this celebration were Pastor Carl Lentz, Pastor Judah Smith,

Scooter Braun, Ryan Good and Justin's mom Pattie Mallette. Missing someone? The other half of the hottest [celebrity couple](#), [Selena Gomez](#), didn't make it for Bieber's birthday festivities. Although, she did send him happy birthday wishes via Instagram.

## **In celebrity news, Justin Bieber had a blast celebrating his birthday even without Selena. What are some ways to make your partner's birthday special?**

### **Cupid's Advice:**

Birthday's are so fun to celebrate with your special someone. Here are some cool ideas on how to help make your partner's birthday memorable:

**1. Candle-lit dinner:** Chef it up in the kitchen and help your partner end their special day with a yummy feast! Make it romantic by adding candles for the dinner, and then of course candles in the delicious birthday cake you have prepared afterwards.

**Related Link:** [Celebrity News: Justin Bieber Takes Selena Gomez As His Date to His Dad's Wedding](#)

**2. Do something they enjoy:** Does your partner love baseball games? Broadway shows? Whatever it is, even if you are not the biggest fan, your partner would love it if you invested in an activity for their birthday that they thoroughly enjoy.

**Related Link:** [Romantic Getaway: Justin Bieber & Selena Gomez Sneak Away to Laguna Beach](#)

**3. Throw a surprise party!:** Why not engage in the traditional birthday surprise and throw a surprise party for your partner. This will definitely make for a memorable birthday celebration!

**What are some other ways to make your partner's birthday special? Comment below!**

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## **Celebrity Break-Up: Did Miranda Lambert and Anderson East Split?**



By [Carly Horowitz](#)

In [latest celebrity gossip](#), rumors have been circulating about Miranda Lambert and Anderson East's [celebrity relationship](#). According to [UsMagazine.com](#), East has not posted any photos on Instagram with Lambert since November, and he hasn't liked any of her photos since December. Since these rumors have been present, the public has also noticed that East does not follow Lambert on Instagram. But, we are not sure if he ever did. It may be a large leap to judge a [celebrity break-up](#) by mere social media, but East performed on Bobby Bones' syndicated radio show on Wednesday, February 28, and sang a song about heartbreak: "If You Keep Leaving Me." We are not jumping to conclusions, but hopefully Anderson and East will comment on these [celebrity break-up rumors](#) soon!

## Rumors are stirring about a potential celebrity break-up. What are some ways to decrease break-up speculation?

### Cupid's Advice:

People have a tendency to be nosy. They may begin to assume things in regards to your relationship if there are notable changes on social media, or in person. Whether these changes have any truth to them, it can be annoying to have people constantly discussing these rumors. Luckily, Cupid is here with some advice on how to decrease this talk:

- 1. Be honest:** If you don't mind people knowing the truth, then share your break-up right after it occurs. This will stop people from formulating their own conclusions as to if you and your partner have broken up and why. Let people know about your break-up, and give them an explanation to the extent at

which you feel comfortable so that further rumors don't begin to arise regarding the reasons why.

**Related Link:** [Celebrity Break-Up: Alicia Silverstone & Husband Christopher Jarecki Split After 20 Years](#)

**2. Delete social media:** After your break-up, you may want to take a break from social media anyway. Also, if you temporarily delete your social media during this time, it will decrease speculation that can form from people analyzing who you are following, who is liking your pictures, and such. Sometimes it's nice to take a break from it all.

**Related Link:** [Celebrity Break-Up: Jennifer Aniston & Justin Theroux Announce Separation](#)

**3. Be yourself:** The number one reason why break-up speculation arises is because people notice changes in individual's personalities. If you and your partner actually did not break-up but you are just going through some other personal changes, let your friends and family know so that they don't assume otherwise. If you and your partner did break-up but you don't want people to know yet, try your best to still act like yourself so speculation doesn't occur.

**What are some other ways to decrease break-up rumors? Comment below!**