

# Celebrity Interview: 'RHONJ' Star Teresa Giudice Opens Up About New Book, 'Standing Strong'



Interview by [Lori Bizzoco](#). Written by [Karley Kemble](#).

In our exclusive [celebrity interview](#), [Teresa Giudice](#) candidly discusses her new book, her four daughters, and her controversial past. *Standing Strong* is all about finding strength during tough times – something that the *Real Housewives of New Jersey* star knows the importance of from firsthand experience. Ultimately, she hopes to use her celebrity status as a platform to help women struggling with financial infidelity. Her words of advice to the masses?

“Stand strong – nothing bad lasts forever,” she shares. “Even though you feel like you’re going through a rough time, you’re gonna get through it.”

As for the future, expect to see more from this bestselling author. “The sky’s the limit, and I’m all about empowering women,” the [reality TV](#) star says in our celebrity interview. “So, you know, we’ll see what comes my way in the future.”

*You can follow Teresa on Instagram at [@teresagiudice](#) and purchase her book on [Amazon](#).*

---

## Celebrity Interview: ‘RHOD’ Star Stephanie Hollman Talks Fame, Family Life, and Spring Style





By [Delaney Gilbride](#)

After our recent [celebrity interview](#) with “wonder woman” Stephanie Hollman, we can certainly say this charitable philanthropist does it all. While *The Real Housewives of Dallas* (RHOD) has only recently finished filming its second season, the peacemaker of the show continues to juggle her work, home, and social life flawlessly. It begs the question: How is Hollman able to balance her busy life after her steady rise to fame? Thankfully, the reality TV star gives us all of the answers we crave and more.

## **Stephanie Hollman Talks *The Real Housewives of Dallas* in Our Exclusive Celebrity Interview**

While fame is notorious for going to people’s heads, that’s nowhere near the case for Hollman. As for how the philanthropist felt after the release of season one of *RHOD*, she says that “you learn who your real friends are”

after you've made your claim to fame. "There's something really freeing about not being perfect and having everyone see that," Hollman continues.

Of the drama that arises during the filming of Bravo's hit show, Hollman explains that her mom's words are always in the back of her mind: "If you don't know what to do, do nothing." She urges people to think before they act in both friendships and romantic relationships – and this *especially* goes for women! When you act before you think, you have to deal with the consequences one way or another.

**Related Link:** [Celebrity Interview: 'RHOD' Star Stephanie Hollman Says Her Life Is All About Her Family](#)

As for upcoming episodes of the show, the reality TV star explains that she's "excited and nervous" for the season to air. "They really dug in deep, and everyone's vulnerable," she shares. Reality TV fanatics can't help but obsess over the bickering and drama that comes along with shows such as *RHOD*, and it seems like this season won't disappoint. Along with your typical petty drama that lives on reality television, Hollman explains that "real life issues" will also be taking place. As for a sneak peak, the star exclaims that the cast trip was "unforgettable." Guess we'll have to wait to see what's in store!

## **Reality TV Star Gives Family and Relationship Advice**

Hollman and her family are known to be the ultimate charitable family in Dallas, and she and her husband take strides every day to shape their two sons into humble and caring young men. While they work tirelessly to make the world a better place for those who need it, they're also teaching their children to "give back in ways that they can understand." For instance, during the winter, they do all that they can to help those who

are struggling. Hollman and her children go out and buy children's jackets in every size to donate to kids who don't have a coat. They even give their own shoes to those who can't afford them. She teaches her children to "be kind" to others in the hopes that others will do the same.

**Related Link:** [Celebrity News: Katherine Heigl Gushes Over Marriage and Kids](#)

As for her celebrity relationship with her husband, Hollman says marriage is definitely hard work! "I work really hard on my marriage," she claims. "We fight, but we talk about it, and we have a very open dialogue." She and her husband go to therapy weekly in order to maintain such a strong relationship, whether they're having a rough time or not. As for her best [relationship advice](#), Hollman encourages you to remember that, "no matter what happens, your spouse will always love you."

## Hollman Talks Keys to the Perfect Spring Style

Look no further for spring [beauty tips](#)! This mother of two has got you covered. When it comes to the warmer days ahead, the reality star says her number one tip is that you *have* to be "really cozy in the spring." The weather can range from easy breezy to intensely hot in a matter of hours, so to prepare for the changing temperatures, Hollman tells us that flowy clothes are the way to go. Her absolute favorite pieces for the spring time include maxi dresses, a flowy shirt, and a good pair of shorts. The fashionista also urges our readers to play with color and just have fun with their wardrobes.

**Related Link:** [Vacation Destinations: Spring Travel Tips for Home and Abroad](#)

When it comes to the one beauty product she just can't leave the house without, we were a bit surprised. Hollman reveals that she doesn't wear makeup unless she's going out on a [date night](#) with her husband and instead wears her favorite sunscreen, EltaMD, almost every day. "You will never look into anything else!" Hollman promises in our celebrity interview. "It's almost like foundation. It makes my skin look beautiful and feel amazing." The reasonably-priced sunscreen blocks out harmful UV rays, doesn't clog your pores, and gives your skin a beautiful finish. We know what will be on our shopping list this summer!

*Catch Stephanie Hollman on the upcoming season of The Real Housewives of Dallas on Bravo. Check out her regularly updated [blog](#) today!*

---

## Reality TV Star & Cookbook Author Kathy Wakile Hosts Book Signing at Cabo in Rockville Centre







By [Whitney Johnson](#)

On Thursday, March 23rd, *The Real Housewives of New Jersey* star Kathy Wakile will be doing an exclusive book signing of her best-selling dessert cookbook *Indulge: Delicious Little Desserts That Keep Life Real Sweet*. You can meet the [reality TV](#) star at Cabo – A Taste of Mexico in Rockville Centre, New York, at 7 p.m. EST.

## Dessert Cookbook Signing with Reality TV Star Kathy Wakile

We had the pleasure of interviewing Wakile when her cookbook was first released, and she opened up about her favorite sweet treat for date night. She recommends baking her Chocolate Volcanoes. As she mentioned after our [celebrity interview](#), “It should be served hot – and it’ll make your man feel hot too!” It’s no surprise that it’s her husband Richard’s favorite dessert.

**Related Link:** [‘RHONJ’ Star Kathy Wakile Talks Desserts in](#)

## Celebrity Video Interview: “Indulge. It’s Not Going to Kill You!”

The reality TV star also opened up about the inspiration for the name of her cookbook. As fans may know, the title of her cookbook came from something she said on *RHONJ*: “We were talking about my desserts, and I mentioned how I see really, really skinny girls who deprive themselves of everything and who aren’t happy. So I said, “Honey, have a cupcake. Indulge. It’s not going to kill you!’” With that thought in mind, Wakile focused on mini desserts, so people can enjoy something sweet without feeling guilty afterwards. Happy baking!

*For more details about the book signing event, check out Cabo on [Facebook](#), Twitter [@caborvc](#), and Instagram [@caborvc](#).*

---

## **Celebrity News: “Odd Mom Out” Star, Jill Kargman Launches New Book at Armitron Watches**







By Mallory McDonald

On September 12, *Odd Mom Out* creator and star Jill Kargman made celebrity news at the celebration of her book release for *Sprinkle Glitter on My Grave* with Armitron Watches. This is the Bravo star's latest book, which is also a part of Lyss Stern's DivaMoms Book Club, a telltale sign that this is a must have for your personal book collection! Cupid's Pulse had the opportunity to meet Kargman at the sold out event.

## Celebrity Interview With Odd Mom Out Creator Jill Kargman



Jill Kargman, Lyss Stern and Barbara “Bobbie” Weichselbaum

**Related Link:** [Celebrity Interview: ‘Famously Single’ Star Dr. Darcy Reveals Her Favorite Cast Members & Those Who Surprised Her Most](#)

Kargman revealed that her daughter Ivy was actually the brain behind her book title after the passing of her aunt. In her daughter’s opinion, flowers didn’t do her memory justice. In a surprising twist, Ivy proceeded to tell Kargman, that if she passes away, she is going to sprinkle glitter on her grave because that’s just how fabulous she is! Not to mention how difficult it is to clean up, so it’s remnants would definitely last longer than flowers. Kargman also shared with her New York guests, that although she is not a fan of Los Angeles, she is excited to go there to attend the Emmy’s.



Our executive editor Lori Bizzoco with Jill Kargman at the event!

**Related Link:** [Celebrity Interview: Hollywood Medium Tyler Henry Talks Upcoming Season, New Memoir & His Love Life](#)

The event was hosted by the DivaMoms Book Club at the Armitron building in Manhattan. Guests had the opportunity to explore the Armitron showroom and browse their stylish and unique watch collection. They were also treated to hors d’oeuvres and delicious cocktails by Owl’s Brew, along with a wonderful candy bar that was impossible to resist. Kargman signed and sold books at the event, and gave time for attendees to have a

Q&A.

To get a copy of Jill's new book, *Sprinkle Glitter on My Grave: Observations, Rants and Other Uplifting Thoughts About Life* go to [Amazon.com](https://www.amazon.com).

---

# Reality TV Newcomer Chantelle Fraser Talks Relationship Status & Blood, Sweat and Heels Finale



Interview by [Lori Bizzoco](#). Written by Jenna Bagcal.

On this season of the Bravo reality TV show *Blood, Sweat and Heels*, fans welcomed newcomer Chantelle Fraser to the show's cast. The UK native and founder of Flawless NYC made her television debut on the popular show and forged strong friendships and even some rivalries along the way. In this [exclusive celebrity interview](#), CupidsPulse.com Executive Editor Lori Bizzoco caught up with Fraser who shared details about her time on the show, who she's dating, and what's next for her.

## Reality TV Newcomer Discusses Her Experience on the Show

Fraser joined the cast of the Bravo reality TV show in its second season, and cites her experience on the show as "surreal." She reveals, "Well it's obviously surreal watching yourself on television, especially because I haven't been on television before, seeing myself *being* myself. So that's always interesting." Fraser adds that she was pleased with how she portrayed herself, but wished that the show reflected more depth regarding disputes between cast members.

**Related Link:** [‘Blood, Sweat and Heels’ Reality TV Star Brie Bythewood Says, “I Don’t Know How to Be Anyone Other Than Me”](#)

One of Fraser's biggest disputes this season was between herself and fellow cast member Demetria Lucas D'Oyley. Fraser says that the feud between the two women was not portrayed as well on the show. "Me and Demetria had a bit of beef on the show and I kind of felt like it didn't really reflect what truly went down from the cut, which was unfortunate," she says. Currently Fraser confirms that the two women "don't have a relationship" after the events on the show transpired.

Despite this feud however, the young businesswoman says that she has formed great friendships with some of her fellow cast

members including Geneva Thomas and Daisy Lewellyn, both of whom she speaks with regularly.

## Bravo Star Shares Relationship Details and What's Next

Before appearing on *Blood, Sweat and Heels*, the reality TV star was romantically linked to Mario Singer, the ex-husband of Ramona Singer from *Real Housewives of New York*. Rumors surrounded Fraser and Singer, who were reportedly believed to be a celebrity couple. However, Fraser revealed that she is currently in a celebrity relationship with one of her ex-boyfriends. She shared that she and her current flame, who is a New York City lawyer, have been dating since the show wrapped almost one year ago and that fans can “forget the rumors” that she and Singer are an item.

**Related Link:** [Celebrity Video Exclusive: ‘Blood, Sweat and Heels’ Star Geneva Thomas Moments Before Brawl with Melyssa Ford](#)

Although she has had a mostly positive experience on the show, she says that being in the cast presented challenges as well. “The biggest struggle I think is staying focused on day to day business activities because people want to pull and push you in different directions. It’s great, but at the same time I still need to keep an eye on my business.”

A new project that the entrepreneur is currently working on is *flawless-living.com*, which she says is a weekly website that is “focused on self development.” Fraser shares “My goal is to be the best version of myself, and I know that it’s the the goal of many other people too. It’s a journey, so we’ve enlisted experts in nutrition, health, wellness, beauty and love.”

After five months of filming, Fraser says that being on the



show is better than she imagined. She reveals that the positive feedback from the media as well as the support of her fans have been “overwhelming.” She also adds, “I’m all about growing and learning. By watching myself on TV for better or for worse, I can grow and I can learn.”

*Catch up with Chantelle on Twitter @chantyfraser.*

---

## Exclusive Celebrity Interview with Reality TV Star Chef Richard Blais



By Meranda Yslas

With summer around the corner, people will be bringing out their barbecues and getting ready for cookouts. Lucky for us, reality TV chef Richard Blais shared some helpful tips for starting up our grills in our [exclusive celebrity interview](#). Read on for more!

## Exclusive Celebrity Interview with Reality TV's *Top Chef*

Blais first appeared on television in season 4 of Bravo's *Top Chef*, and nine years later, he is making his return to the small screen. "I'm returning again as a judge for *Top Chef* season 13, which we're getting ready to film in California," he explains. Since his premiere on the reality TV show, the New York native has made great strides in his career. He has already published one cookbook, and the second one will be out later this year. He shares that it's "going to be great," adding, "It'll be in the same vain as my first cookbook, focusing on creativity for the home cook. I'm really excited about it."

**Related Link:** ['Top Chef' Alum Richard Blais on Healthy Holiday Cooking with Benefiber](#)

Being a chef is a career where you're constantly honing your skills and even learning new techniques. There's no doubt that Blais has changed since the start of his career. "My cooking has become more for the people than it is for myself," he says. "I cook for everyone and hope to inspire home cooks to get creative in the kitchen because that's when it's really fun." The *Top Chef All-Stars* winner elaborates on his new approach to cooking: When in the kitchen, "it's not about me; it's about the guest. I cook for everyone else, whether it's at my restaurants or on TV – it's all about the people who enjoy your food."

# Learning The Science of Food

Some people may think that cooking is just about throwing in ingredients and hoping for a tasty result, but there is actually a science and psychology behind food decisions. “Science is about asking questions, and as chefs, we often ask questions about how to make food taste good,” Blais reveals. “Understanding where food comes from is understanding the science of deliciousness.” Being aware of this science ultimately influences how the reality TV star cooks and what ingredients he uses. “I really like to look at flavor, and if it is delicious and makes people happy, then I’m very interested,” he adds.

One type of flavor that the Trail Blais owner has been paying attention to recently is the smoky flavor of barbecue. “There’s a nostalgia with smoked foods – everyone has a personal memory. Whether it is a family cookout, a favorite barbecue dish, or the summer holidays, who doesn’t love smoked foods?” he says.

If you’re interested in grilling out, consider this advice from the chef: “When smoking meat, the type of wood you use is key, as each wood creates a smoke with its own unique and distinct flavor. That’s why I’m excited to be working with Boar’s Head on their Black Forest Beechwood Smoked Ham,” he divulges. “It’s naturally smoked with imported beechwood from Germany and has a clean, balanced flavor. It’s a distinct braise that’s not bitter or ashy, and the texture and color is amazing.”

**Related Link:** [Wolfgang Puck of ‘Top Chef: Seattle’ Says Taste is the Most Important Part of Cooking for Your Loved Ones](#)

Achieving this distinct and delicious flavor isn’t as hard as one might think. “The best thing to do is use things that already have smoked ingredients...and get creative in the kitchen,” he advises.

Of course, a great date idea for this summer is to fire up the grill with your significant other and try out some recipes with a smoky flavor. Blais offers three final tips to make your cookout successful: "First, wear Hollywood short shorts. Second, do most of the work ahead of time. *Mis en place*. And third, use a wood-burning grill and make sure you have a great playlist!"

*You can keep up with Richard on Twitter @RichardBlais and [www.facebook.com/richardblaisofficial/](http://www.facebook.com/richardblaisofficial/)!*

---

## **‘Newlyweds’ Reality TV Stars Laura and Kirk Knight Dish Out Their Big Pregnancy News**





By Kirk and Laura Knight

**Kirk:** Since Laura and I made the big decision to have a baby, we have been working hard at being healthy, including clean eating and workouts at the gym. Laura's workout regimen is frequent and very advanced. It's going to take everything I've got to keep up with her pace! Her motivation and drive encourages me to stay focused and incorporate some sort of physical activity every day.

**Related Link:** [Bravo Reality TV Star Kirk Knight Reveals Details of His Unforgettable Wedding Day](#)

**Laura:** I understand that healthy living can lead to a healthy pregnancy – I'm trying my best to keep Kirk motivated at the gym in hopes that this will help us on our path while trying to conceive. Plus, when your body feels good, sex is more fun!

**K:** In preparation to get pregnant, Laura stopped taking birth control pills. Within a few weeks, my super sperm did not disappoint, and Laura surprised me with a positive pregnancy test. Although my confidence was extremely high, I did not expect her to get pregnant this quickly – my boys can swim!!!



We were so excited for this to have happened and couldn't wait to share this big news about our [relationship and love](#) with our family and friends. Everyone was thrilled for us.

**L:** One day, I was feeling unusually queasy, so I took a pregnancy test, and to my surprise, I was indeed pregnant! I wanted to tell Kirk the happy news in a sweet and clever way but couldn't come up with anything. He was in the living room, and there was no way that I could wait a day to put something together. I grabbed our video camera and called him into the bathroom, so I could capture his reaction – it was priceless! I was feeling two strong emotions at this point: First, it was complete and utter joy. And second, I only have nine months to learn everything I can about pregnancy and motherhood. So we went to the bookstore, and I bought the five best books I could find and began my research.

**Related Link:** [Robert Pattison's Celebrity Love FKA Twigs 'Really Wants Kids' Says Source](#)

**K & L:** We were on cloud nine – feeling very happy and in a great place. We had decided to have a child, and we were blessed with a pregnancy. For the moment, everything seemed to be perfect. The morning of the sonogram, we were excited to see the heart beat and first images of our little bundle of joy. As the sonogram began, our excitement immediately turned into fear as the tech could only see the pregnancy sack and not the embryo. We were emotionally panicked and felt like our happiness and joy was instantly deflated – only left with fear and anxiety, wondering what this meant. What we discover puts us on an emotional roller coaster. Watch our reality TV show tonight and find out what happens and how we deal with it...

*What's up next for this celebrity couple? Tune in to the reality TV show Newlyweds: The First Year on Tuesdays at 10/9c on Bravo to find out!*

---

# Reality TV Star Lea Black Says, “Once You Find the Right Person, You’ve Really Got to be Committed to Having Equal Power”



By [Sarah Batcheller](#)

The ever-glamorous Lea Black has appeared on *The Real Housewives of Miami* since season 1. Her charm and sass – not to mention her whirlwind lifestyle among Florida’s elite –

have drawn audiences in. With a steady celebrity marriage and beloved thirteen-year-old son, the reality TV star has also balanced a cherished domestic life with all the glitz. She hosts an annual charity gala to raise money for troubled teens and, in addition to her philanthropic efforts, is the president and CEO of The World of Lea Black, a multi-brand company that offers everything from jewelry and handbags to beauty products.

Now, in her upcoming novel *Red Carpets & White Lies*, Black has penned a fictional depiction of the scandalous, unpredictable lives of Miami's top socialites. In this [exclusive celebrity interview](#), we had the chance to speak with the newly-minted author about her book, the *Housewives*, and her best love advice.

## Reality TV Star Discusses Her Glamour-Filled Upcoming Novel

The spunky Texas native believes that the city of Miami is one of the best in the world, so it's no surprise that she wanted to capture its essence in her novel. "Miami is a very complex city, and it's very international – there's a very diverse crowd," she explains. "So I think it is one of the most exciting cities in the world because it really is a gateway to Central and South America. It's so multi-cultural; you get everything from the really serious intellectuals to the people who came here wanting to live the American Dream to the riff-raff who come and go and sort of reinvent who they are."

**Related Link:** [Bethenny Frankel Calls Money 'the Root of All Evil' in Split with Celebrity Ex Jason Hoppy](#)

Of course, the best people to inspire the characters in Black's novel were none other than herself and her intriguing social circle. So we had to ask: Are her characters based off

of real people? “They all are in a way,” she confirms. “But they’re compositions of people. I would take the personality traits of one person along with the character of another and kind of camouflage them.”

Whether or not we’ll see the *The Real Housewives of Miami* stars, whom readers may be able to identify in *Red Carpets & White Lies*, grace the small screen again is still up for debate. The reality TV star says, “Bravo continues to say they haven’t made any decisions, and I think that’s totally true. Our ratings were certainly close to some of the other shows that were renewed, so they *could* justify bringing the show back.”

The network may be rethinking the cast too. “I think that some of the personalities on the show weren’t as well-received by the audience as they would’ve hoped...and that may include me!” she adds. Having formed friendships with other *Housewives*, including Lisa Vanderpump, whom she did business with in Los Angeles, and Kathy Wakile, it’s safe to conclude that Black won’t be falling off the radar anytime soon.

**Related Link:** [Top Ten Most Down-To-Earth Celebrity Wives](#)

Despite her busy career, her number one focus is always her family. Not only do the jewelry designer and her husband Roy love to have date nights when they travel, but they work to raise their son to be a respectable young man. “It’s funny; I’ve sent my son twice now to etiquette and charm school! As for my husband, he does good and bad, so I point it out to my son when he does something that’s not acceptable!” she reveals with a laugh. “I put a big effort into teaching my son manners. I think if you don’t have an ounce of manners, then later in life, people will view you differently.” As for their summer vacation plans, the family of three are planning to travel to Los Angeles, something they do each year.

# Lea Black Shares Best Love Advice

The reality TV star's happy celebrity marriage can be attributed to her commitment to working at her relationship every day. She believes that communication is key. "You should communicate *before* things escalate, not after," she insists. "And you need to be on the same page in life. If you focus on the 'me' instead of 'we', then that relationship is not going in the right direction."

The beauty guru believes that, after you find the right person, you need balance. "Once you find the right person, you've really got to be committed to having equal power, an equal balance," she asserts. "That's why I'm so against guys who make girls sign prenups – because it situates the guy to have more power through money. You have to go in expecting both people to have an equal say."

**Related Link:** [Celebrity Couple Gabrielle Union and Dwayne Wade Signed a Prenup](#)

Black also thinks that, if you're facing disapproval from your friends and family, you need to make a decision about who's worth keeping in your life. "You have to tell your friends to support you unconditionally. If not, you can be friends with them at a distance and be amicable, but they can't be in your daily life," she believes. "If they're judging your relationship, then it'll just cause problems. If they're going to be in your life, they need to be supportive. They don't get to criticize your spouse unless it's something very serious that requires an intervention."

Keep up with Lea on Twitter [@leablackmiami](#) and [www.facebook.com/LeaBlackMiami](#). Don't forget to pick up a copy of *Red Carpets & White Lies* on May 5th!



---

# Reality TV Stars Kirk and Laura Knight Share Baby News



By Kirk and Laura Knight

**Kirk:** I have really been putting a lot of thought into starting a family with Laura. I truly needed to make sure that I was ready to have a child and couldn't just succumb to any pressure. One of my fears was waiting too long and being in a situation similar to my father's, where he is spending his retirement years still tending to young children. I've loved being a young father and I want to be an active role model for our future children. Laura's going to be a great mom and she is already a great caretaker for me and our household.

# Reality TV Stars Are Ready to Start a Family

**Laura:** Kirk and I have been talking about having a baby for years – agreeing that we wanted to have a child together, but not sure when exactly the “right time” would be for this next chapter in our lives . I’ve gotten to a point in our [relationship and love](#) where I am ready *now*. At 34 years old, my clock is ticking. I began to worry that Kirk was never going to be on the same page as me. Just as I was having my doubts, my husband surprised me with his own revelation – he too was ready for a baby!!! Tears welled up in my eyes with joy at this happy news.

**Related Link:** [Reality TV Stars Kirk and Laura Knight Staying in Shape and the Possibility of Parenthood](#)

**K:** Now that its baby making time my confidence is extremely high and I know my super sperm will deliver. My excitement grows daily since I’ve made the decision to start a family, I am focused and can’t wait for this to happen.

## Celebrity Couple’s Plans For Staying Healthy

**L:** We have a couple things to focus on in order to stay on track with our plan – eat healthy, exercise and make that baby!!!

**Related Link:** [Bravo Reality TV Star Kirk Knight Reveals Details of His Unforgettable Wedding Day](#)

**K:** One evening I was working on the fish tank, Laura called me into our bathroom and gave me the shock of the year. Watch tonight’s episode of the reality TV show *Newlyweds: The First Year* to see what happens next.

*What's up next for this celebrity couple? Tune in to the reality TV show Newlyweds: The First Year on Tuesdays at 10/9c on Bravo to find out!*

---

# Reality TV Stars Kirk and Laura Knight Talk About Staying in Shape and the Possibility of Parenthood



By Kirk and Laura Knight

**Kirk:** Oh my gosh, what an awakening this week! After looking

through our wedding photos, my wife so cleverly picked out a picture that happened to show me at my heaviest weight. This was her subtle hint to tell me about my weight gain -- and I'm glad she did. Since Laura and I began our [relationship and love](#), I have gained forty pounds. It seems like the traveling, eating out, and drinking have finally caught up with me. So I immediately needed to go into workout mode.

## Celebrity Couple Kirk and Laura Knight Work on Getting Healthy

**Laura:** I am a certified pilates instructor and felt that Kirk would greatly benefit from taking my classes. He needed to get his body moving, and I was hopeful that he would embrace this type of exercise since I was coaching him through the sessions. Next on the agenda was getting him to start eating healthy. As you saw on this week's episode of the reality TV show *Newlyweds: The First Year*, I set up a "food intervention" with our good friend and personal trainer Biani. The goal is to bring a little more awareness to what Kirk was eating and help him make some healthy alternative food choices.

**Related Link:** [Kirk and Laura Knight Prepare For Tonight's Premiere of Bravo's Reality TV Show 'Newlyweds'](#)

**K:** Being so out of shape really made it difficult to get through the pilates class. I'm even more out of shape than I thought – this is going to take a lot of work! During the intervention, I was trying to make light of the situation by stealing some candy and requesting that the girls cook with their shirts off. In order to get healthy, I think I'm going to have to take this more seriously!

**Reality                      TV                      Stars                      Talk**

# About Becoming Parents

**K:** On top of all the pressure I feel to lose weight and get into shape, Laura is really ready to start a family and have a baby. She brought up the “baby” discussion over dinner, and I just feel like I need a little more time. We have a very free life filled with traveling and having fun, and I know that a baby will change all of that. So I want to make sure that we are both on the same page. To add to the current pressure, we attended a family party where everybody in attendance had only one goal: to make sure that we are planning on having a baby.

**Related Link:** [Kirk Knight of Bravo's 'Newlyweds' Details His Hawaiian Honeymoon and Reveals Possible Baby Plans](#)

**L:** Kirk and I have spoken many times about starting a family, but it seems that we are a little off on our time frames. Hopefully, we can get on the same page soon because I want to be a mommy...

*What's up next for this celebrity couple? Tune in to the realty TV show Newlyweds: The First Year on Tuesdays at 10/9c on Bravo to find out!*

---

## Katie Maloney of 'Vanderpump Rules' Opens Up About Her Relationship and Love Life: "I'm Confident Now That a



# Proposal is Coming"



Interview by [Lori Bizzoco](#). Written by Emma L. Wells.

After an emotional ride on season three of the popular Bravo reality TV series *Vanderpump Rules*, [Katie Maloney](#) seems better than ever! She took some time to talk with CupidsPulse.com about the biggest moments of last season, her relationship with Tom Schwartz and what's next for them as a [celebrity couple](#).

## Katie Maloney Discusses Her Relationship and Love Life and

# Reality TV Show

There were many points during last season where the fate of Maloney's relationship and love life with Schwartz was unclear. Viewers had watched the reality star give her boyfriend a six-month proposal ultimatum on the show. "When that came about, I was fed up and really frustrated," the reality TV star explains. After the complete story of his infidelity finally came out, Maloney admits that she was at the end of her rope: "I was like, 'Okay, well, how many blows can I take and still be patient and understanding and work at this with you?' There were all these bombs coming out of left field!"

**Related Link:** ['Vanderpump Rules' Reality TV Star Katie Maloney Confirms That She and Tom Schwartz Are Still Together!](#)

In January, the beauty guru wrote about her celebrity romance in her Bravo blog: "I had to completely turn my attention and priorities towards our relationship and assess everything. Rebuilding my relationship was the most important thing to me. So in order to move forward, both in head and heart, I had to forgive everyone. Not for them but for me... For me, I cannot move forward and grow and learn if I do not swallow my pride and forgive and accept. I did this for myself and for my relationship. Tom on his own was making moves to preserve our relationship, and this was my contribution to our growth."

And while her deadline has come and gone without an engagement ring, she seems optimistic about her future with Schwartz. "I'm confident now that a proposal is coming," she shares. "We're in the best place that we've been in. We went through hell, and we decided that our relationship is important to us both. We're committed equally to it, and I think we're more in love than we have been."

Fans of *Vanderpump Rules* know that the famous couple have, of

course, talked about their eventual engagement. Maloney says that she is a sucker for watching the crazy flash mob proposals on YouTube, but she has a different idea for her own special day. "I want him to do something that's representative of us and that he wants to do," she admits.

When it comes to their wedding day, she'd like it to be "completely stress-free. We get married, and then we party!" The pair hasn't completely ruled out getting married on reality TV though. "We'll see," she cryptically responds when asked if her walk down the aisle will be seen on *Vanderpump Rules*.

She also reveals that they have talked about having a family. "I definitely want us to enjoy being married for a bit before we start having kids. And that's why I want to get the ball moving – I'm young, but I'm not getting younger!" she says with a laugh.

**Related Link:** [Celebrity Interview with Scheana Marie – Dishes About Oscar Picks and Wedding Plans](#)

It's no surprise that Maloney feels that the issues she faced last year, both in her romantic relationship and in her friendships, have allowed her to grow as a person. She cites the difficulties with Schwartz as the turning point and shares, "Instead of letting it destroy me or devastate me, I'd rather use it to empower me. I want to focus on my strength and happiness and really begin to let go of the petty drama. I realize now that life is short."

That new mindset is one of the reasons why she decided to bury the hatchet with Scheana Marie and go to Miami, even though it ended her friendship with Stassi Schroeder. "At the end of the day, if it's going to be something that dumb that causes Stassi to toss out an amazing friend, then you know what? Sorry I'm not sorry," she comments.

# *Vanderpump Rules* Star Katie Maloney Has Big Plans for the Future

It's not just Maloney's romantic life that's coming together. "I'm at a point right now where I'm thinking, 'What are you going to do next?'" she shares of her career path. Outside of working at Sur, she's still focusing on her beauty blog Pucker & Pout, which offers makeup and fashion advice and might soon be broadening into health-conscious content like meditation, yoga, and exercise. "I've been brainstorming other ideas, little ventures I can do," she adds. "It would be so much fun to do a line of cosmetics or hair care products, but it's a huge undertaking." While the blog is definitely her passion, she doesn't know much about the business side of things. "I just like to put makeup on and be creative," she confesses.

**Related Link:** [Celebrity Women Who Built Business Empires with Their Husbands](#)

Her work on Pucker & Pout is something that viewers of the show don't really get to see. "That stuff would be fun to have on *Vanderpump Rules*, but there's not a lot of drama in it," she explains. "Sometimes, I wish we could show more of the personal endeavors and things outside of the show. I think it's important because we all are people who are creative, talented, and smart and work at a restaurant to supplement our income."

Speaking of the hit reality TV show, fans of *Vanderpump Rules* are dying to know if there will be another season. The most recent season received such high ratings and viewership that many would be surprised if it Bravo didn't renew it. When asked if she'd sign on for season four, she enthusiastically responds, "Of course!"

Keep up with Katie on Twitter @MusicKillsKate, and don't

forget to check out her blog *Pucker & Pout*, [www.puckerandpout.com/](http://www.puckerandpout.com/)!

---

# Kirk Knight of Bravo's 'Newlyweds' Details His Hawaiian Honeymoon and Reveals Possible Baby Plans



By Kirk Knight

After spending an entire year planning a wedding, Laura and I were ready for some serious R&R on our honeymoon to Hawaii,



our favorite tropical paradise! Our journey across the Pacific took us to Maui, Kauai, and the “big island.” Each island has its own distinct character, and we immersed ourselves in the Aloha culture as soon as we stepped foot off the plane. We are adventure-seekers and spent our days swimming with sea turtles, whale watching, surfing, hiking through bamboo forests, and touring the islands via helicopter. It was truly a fantasy vacation, and now, a little piece of our hearts will forever be in Hawaii.

**Related Link:** [Famous Couple Chris Soules and Whitney Bischoff Stay Strong Amid Celebrity Gossip](#)

## **Kirk and Laura Knight's Romantic Honeymoon Airs on Bravo**

Coming back to the states from such a beautiful honeymoon is a little shocking to the system, but we quickly rejoined our daily life. The holidays were upon us, and we had much to do. Laura had sent me out to run some errands for a party we were hosting, and wouldn't you know, that's when I get the call from my favorite fish store that a new order of tropical fish arrived. Trying to be as sneaky as possible, I stopped by to pick up a couple of fish before the party. Unfortunately, my wife knows me a little too well and busted me as soon as it happened. The party turned out great, though, so in the end, all was well in Bethesda, Maryland!

For the most part, Laura and I share the responsibilities we have in the relationship with the exception of house work; that's where Laura picks up (literally) everything. We do have a maid, so she doesn't do it all by herself, but I really don't do much. Okay, I do no housework! I guess we're still trying to figure out the balance of chores.

# Reality TV Star Hints There May Be Celebrity Baby News in the Future

**Related Link:** [Famous Couple Brandon and Leah Jenner Announce Celebrity Pregnancy with Cute Instagram Photo](#)

Meanwhile, I have been test-driving Corvettes. I love sports cars, and since this brand new model came out, I have been dying to get one. So I met up with my father to drive one of these beauties. And guess what? I want one! Laura and I are having many discussions surrounding the purchase of the car. Being married means that we have to agree on the big decisions, and this is an area where I really don't want to compromise. As you'll see on *Newlyweds*, my beautiful wife has a different focus in mind: kids.

*Will there be a [celebrity baby](#) in this reality TV couple's future? Tune in to Newlyweds: The First Year on Tuesdays at 10/9c on Bravo to find out!*

---

## **‘Game of Crowns’ Reality TV Star Lori-Ann Marchese Shares Love Advice: “You Can’t Expect One Person to Do Absolutely Everything”**



By Jenna Bagcal and [Whitney Johnson](#)

Thanks to the popular Bravo show *Game of Crowns*, fans have been introduced to feisty personal trainer [Lori-Ann Marchese](#). She believes in the concept of fitness by women, for women and proudly shows off the results of her hard work. As viewers know though, there may be a change to her fitness routine if the series is picked up for a second season: “We’re definitely trying to have a baby,” she confirms. “We’re just having fun with it and hoping to get pregnant very soon.” In our [exclusive celebrity interview](#), Marchese shares her fitness expertise and also opens up about her relationship with husband John.

## ***Game of Crowns* Star Shares Workout**

# Tips in Exclusive Celebrity Interview

Her personal experience and belief system is what led her to open up Body Construct LLC, a training facility that focuses on the specific health needs of women. "Before I started Body Construct, I actually was training with male trainers, and I just didn't like how they were training me. They were training me as if they were training themselves," she explains. "I wanted to share my experience with women because I understand a woman's body. If you want to look good, you have to eat right. You shouldn't be taking away carbohydrates from your diet; that's just not a healthy way of living. You'll still lose weight and gain muscle with good exercise and by eating your fruits and vegetables."

**Related Link:** [Celebrity Nutritionist and Trainer Jackie Keller Says, "Those Who Exercise With Support from Their Partners Do Better Overall"](#)

When training her clients, Marchese believes in combining cardiovascular efforts with weights. "With exercise, I usually tell my clients to train three times a week. That's going to show results, and that's going to burn the most calories," she shares.

Of course, she knows that many women find it hard to go to the gym or find time to exercise while having a full-time job and a family, so she always keeps that in mind. "I give my clients an exercise program that's going to help them burn fat and help them burn it fast," she says in our exclusive celebrity interview. "You're pretty much out of breath for that hour in the studio, but that's all that you need!"

If you're like many women and hoping to get fit for bikini season, the beauty pageant queen has three simple tips to consider. First, if you have a hard time focusing and

motivating yourself, get into a group training program. Second, eat very clean and fresh. “Stay on the outside of the grocery store. Everything on the inside isn’t good for you because it’s packaged,” she advises.

And third, find something that motivates you. “Whether it’s a new swimsuit, some short shorts, or a tank top, buy it and hang it in the front of your closet,” she shares. “Try it on each week until it fits.”

**Related Link:** [Date Idea: Warm Up By Exercising This Winter](#)

## **Bravo Reality TV Star Lori-Ann Marchese Gives Love Advice**

Given her fast-paced life, it’s no surprise that Marchese finds it difficult to make time for her marriage, business, television show, *and* social life. Still, the reality TV star offers the following love advice: “You and your significant other have to find a middle somewhere. For me and John, I work a lot, and he works a lot, but whoever comes home first cooks that night. You can’t expect one person to do absolutely everything – that’s impossible.”

Although both she and her husband are active, the fitness guru reveals that they don’t usually work out together. “I think it can be motivating to work out with your partner, but for me, when I exercise with my husband, he distracts me. All I want to do is sit on his lap, poke him, or make fun of him!” she says with a laugh.

With that thought in mind, she believes that the best workout partner to have is someone who motivates you *without* being a distraction. “If you want to stay focused, you need to exercise with a partner who has the same goals,” she shares. “Try to go to the gym or on a run with a girlfriend. That way, you’re both there to work out and do your thing.”



Although they may not head to the gym together, Marchese is incredibly thankful for her husband's support in other aspects of her life. "He's there for me every step of the way. He's my biggest fan, my everything," she gushes. "He's the one who keeps me going."

**Related Link:** [Exclusive Celebrity Interview: 'Revenge' Star James Tupper Opens Up About His Love Life and Playing David Clarke](#)

So what's next for the reality TV star? To help her fans achieve their fitness goals, Marchese recently came out with a line of meal replacement shakes. She is also developing a Body Construct workout video system. "It's going to include four workout DVDs and also have nutrition plans, grocery lists, and an evaluation. Somebody can buy the system, and they'll have everything they need," she explains.

*You can keep up with Lori-Ann on Twitter @LoriAnnMarchese. Learn more at [bodyconstructfit.com](http://bodyconstructfit.com).*

---

## Bravo Reality TV Star Kirk Knight Reveals Details of His Unforgettable Wedding Day





By Kirk Knight

Here we are, days before the wedding, and Laura and I can feel the stress levels rising. From the beginning, we wanted to be extremely hands-on in planning our big day. We chose not to hire a wedding planner and only hired a day-of coordinator instead. We wanted to go through every detail and make it completely ours as we told the story of our [relationship and love](#). Laura and I work well as a team and share very similar tastes; however, we are still in disagreement about whether we keep the “Knight” or not... This is one of our first battles, and I really don’t think I’m giving in on this one!

## Reality TV Star Talks About His Wedding Day

It meant so much to me for my two teenage sons to be a part of our wedding. My boys were the first two people I told, and I was so proud to ask them to be a part of it. The boys have always loved Laura and knew she was The One for me. Over dinner, I told them I was proposing, and Trevor said, “Dad, this is the best decision you have ever made.” Aidan said, “I

am really proud of you.” Yes, I cried at dinner in front of the entire restaurant – and fairly uncontrollably at that (they wouldn’t be the last tears I shed.)

**Related Link:** [Kirk and Laura Knight Prepare for Tonight’s Premiere of Bravo’s Reality TV Show ‘Newlyweds’](#)

As I mentioned in last week’s blog, Laura tragically lost her brother shortly before we met. This was the darkest time of her life, and I could see the pain in her eyes everyday. She battled to come to terms with his death, and as most people can attest, it takes a long time. I felt very helpless but tried to comfort her and be a good friend. The friendship we formed from us sharing so many intimate details of our lives is the foundation and basis of our beautiful relationship and love.

## ***Newlyweds: The First Year Couple Celebrates Their Relationship and Love***

On the big day, I was nervous and excited, and I hadn’t seen Laura yet. As we had planned, I would first see her when she was walking down the aisle. Everything was in place, and it was time for the ceremony to start. The strings were playing, and everyone stood as Laura entered the room. When I saw her walking towards me, I thought two things: First, my boys were right; this is the best decision I have ever made. Second, hold back the tears and keep it together! As we began to say our vows, I tried as much as possible not to cry, but I knew that wasn’t going to happen. What can I say? I’m an emotional guy.

**Related Link:** [Celebrity Video Interview: Meryl Davis and Charlie White Dish About Their Love Lives!](#)

This week, we are off to our honeymoon! But when we come back,

the daily decisions that are a part of being a married couple start testing us.

*Don't forget to tune in to Newlyweds: The First Year tonight at 10/9c on Bravo!*

---

# Kirk and Laura Knight Prepare For Tonight's Premiere of Bravo's Reality TV Show 'Newlyweds'



By Kirk Knight

Laura and I started our relationship and love just outside of Washington, DC on a true blind date. Normally, neither one of us would entertain the idea of a real blind date – especially without even a social media drive by. Armed with nothing more than each other's names, we set up a date for afternoon coffee in Bethesda, Maryland. I remember waiting in front of the coffee shop, looking at each woman that walked by worried that a "blind date" may be a really bad idea and a waste of time. Just then, I saw this absolutely beautiful woman walk up to the coffee shop.

## The Beginning Of A Relationship and Love

It was Laura, and she made a visual impression that lasts to this day. After sitting down, we started talking about everything. Two and a half hours later, she not only had my attention but my heart. I would say it was love at first sight, but I feel that cheapens what it was. It wasn't just the sight of her; it was our conversation, her warmth, her heart. She is what I could only describe as the feeling of "coming home."

**Related Link:** [Famous Couple Robert Pattinson and FKA Twigs Exchange Promise Rings](#)

I grew up in the DC area, and Laura is from Florida (two completely different cultures). I have two teenage sons and a large and very close family. We quickly learned how much we have in common, how our interests are so similar, and how much we both value family. Six months prior to meeting me, Laura had lost her brother to a drug overdose in an addiction battle that lasted years. She was devastated, but I felt like it brought us closer. It allowed us to share very intimate feelings with one another and bond in ways most people may not get a glimpse of so early in a relationship and love.



Laura was new to the area and mostly stayed busy with her insurance brokerage business, Silver State Law Pro. We both had a lot going on and spent the next few years getting to know each other, traveling, and having the best time of our lives. I knew I wanted to marry Laura from early on, but I really wanted to build on a strong foundation for our love. After three and a half years, I proposed to Laura, and we got married on November 15, 2013 (with a beautiful ceremony, if I do say so myself).

**Related Link:** [Are Prince Harry and Emma Watson in a New Celebrity Relationship?](#)

## **Being on the Reality TV Show *Newlyweds***

As a married couple, we have been busy merging our lives and trying to juggle 100 things at any given time. I own Knight Investments, a commercial real estate consulting company, and the start-up Internet and mobile app company Razzd.com, which allows people to argue about any topic or headline and have the public vote on who's right and who's wrong. It's a really fun venture, but it takes a lot of my time. We have such a great relationship, but together, we own three companies and film a reality TV show. Plus, I'm launching my start-up. We are facing some major life decisions: Should we have kids? If so, then when? Should we move out of the city? I'm used to our very free life and wonder how we can handle all of the changes and challenges being a married couple brings...

*Watch Kirk and Laura's story unfold on Bravo's Newlyweds: The First Year, premiering on tonight at 10/9c!*

---

# 'Vanderpump Rules' Reality TV Star Katie Maloney Confirms That She and Tom Schwartz Are Still Together!



Interview by [Lori Bizzoco](#). Written by [Sarah Batcheller](#).

[Katie Maloney](#) is a force to be reckoned with on Bravo's hit reality series *Vanderpump Rules*, a spinoff of *The Real Housewives of Beverly Hills*. Maloney's romantic relationship with castmate Tom Schwartz is in the spotlight this season and has made her character very interesting to watch. Intense, drama-filled friendships sum up her social life, and her heated love life is now fodder for [celebrity relationship](#) news. CupidsPulse.com had the chance to speak with

Maloney about the most recent celebrity cheating rumors on the show as well as her current relationship with Schwartz.

During our exclusive celebrity interview, the reality TV star confirmed that her employment at SUR was not staged for the cameras and that she's actually still working there. She also says that working with Lisa Vanderpump, the show's matriarch and boss, is "exactly what you would expect it to be." She assures us that Vanderpump "has high expectations – she really wants us to respect her and her business," adding, "She's really smart!"

## **Katie Maloney Discusses Celebrity Scandal on Reality TV Show**

The *Pucker & Pout* style blogger clears the air about her fallout with castmate and ex-best friend Kristen Doute, who slept with their friend Stassi Schroeder's boyfriend, Jax Taylor. "Contrary to what everyone, including Kristen, wants to believe, I didn't end my friendship with her [Doute] because of what she did to Stassi." But Maloney does say it was a contributing factor because Doute's behavior and lies were "disturbing and alarming." Maloney explains, "It opened my eyes to how Kristen is towards her friends. We were best friends for so long, and we had a lot of fun together, but she has some issues that she has to work through. I don't hate her; I just had to move on with my life."

**Related Link:** [Celebrity Couples That Have Bounced Back After Cheating](#)

In regards to her friendship with Schroeder, the SUR employee says, "It's definitely not what it was." Without revealing what happened between them, Maloney says that Schroeder had ulterior motives when it came to helping her through the

celebrity scandal and cheating rumors about her boyfriend of four years, Schwartz. Most of Schroeder's motives were fueled by Schroeder's beef with her ex-boyfriend Taylor. "It's a sensitive subject because there are a lot of things I don't understand about it," Maloney admits.

Maloney says she tries to stay out of the drama, but it's hard. "With the kind of people I run around with, it's impossible not to get caught up in things," she confesses. "I've always tried to keep a level head as much as I can and not let emotions run too high. That's always kind of been my M.O. – I think I've done a pretty good job!"

## Celebrity Couple Katie Maloney and Tom Schwartz Still Together

If history repeats itself, then viewers predict that another celebrity cheating scandal will occur on season three of the popular show – and that it might be Maloney and her boyfriend who end things next. Thankfully, though, Maloney fondly describes their celebrity relationship, recalling, "We met when he moved here from Florida. Kristen moved in with him, and she kept wanting to introduce me to her roommate, and I was like, 'No, I don't really want to date a model dude. There are plenty of those.' But then finally I met him...and the rest is history!" During our exclusive celebrity interview, she confirms that, even though their relationship has been a bumpy ride, they are still together and going strong.

**Related Link:** [Celebrities Who Have Gotten Back Together After a Cheating Scandal](#)

Maloney did go to her boss Vanderpump for relationship advice as we will see on tonight's episode. "I didn't know anyone else with an unbiased opinion who I could talk to about it," she shares. "Everyone was talking about Tom and me. I didn't know where to go. I didn't know how to be around Jax. Lisa

could tell how much I was hurting and pressed for information, and I told her everything that happened. I value her opinion because she has more life experience. She's been married for 30 years, and she's not Jax's ex-girlfriend! It was really nice to go to her."

Since her blog offers beauty and fashion advice, we had to ask Maloney for her best tips on what to wear on a first date. She shares, "It obviously all depends on where you're going, but wear something comfortable. Wear your favorite outfit: your go-to shoes and your go-to dress." If you still can't find something that works, she adds, "A little black dress is always a good option. Just keep it as classic as possible!"

The *Pucker & Pout* creator believes that her and Schwartz's story "tugs on the heartstrings a little" because it's so relatable to those who have also had to work through tough issues with their partner. Maloney is very firm on the fact that she and her beau have a good relationship and she encourages women to be careful of the pressure you get from friends when it comes to making decisions about your love life!

*Keep up with Katie on Twitter @MusicKillsKate, and don't forget to check out her blog Pucker & Pout. Tune in for Vanderpump Rules on Mondays at 9/8c on Bravo!*

---

## **Latest Celebrity Gossip: Mario Singer Dating 'Blood,**



# Sweat and Heels' Reality TV Star Chantelle Fraser



By Emily Meyer

Mario Singer sure loves the Bravo ladies! Per the [latest celebrity gossip](#), *Real Housewives of New York* reality TV star Ramona Singer announced her plan to divorce her husband in August after she allegedly caught him cheating multiple times with his mistress. Now, it's being reported that he's dating Chantelle Fraser, a newcomer to the cast of season two of *Blood, Sweat and Heels*. Our team at CupidsPulse.com got an inside look at this budding romance while at the "A Flawless Affair" event on the Hornblower Infinity a few weeks ago.

**Related Link:** [Exclusive: Chantelle Fraser Talks Flawless NYC](#)

[Moments Before 'Blood, Sweat & Heels' Brawl](#)

## Mario Singer Is Dating Another Reality TV Star

According to [Radar Online](#), the new celebrity couple was recently kicked out of an upscale nightclub after their PDA was out of control. Allegedly, the make out session was so raunchy that they were asked to leave by management. They then fueled more rumors when Singer was spotted at Fraser's own "A Flawless Affair" event, which was filmed for *Blood, Sweat and Heels*. If celebrity dating history repeats itself, then can this relationship and love really last?

Throughout the party, Singer was seen talking to a few women and mingling on the ship. However, he stayed directly across from where Bravo was filming. He was in the area when the guests witnessed the brawl between *Blood, Sweat and Heels* castmates Geneva Thomas and Melyssa Ford. Thomas is currently facing felony charges as a result of the fight.

**Related Link:** [Video Interview: 'Blood, Sweat & Heels' Star Geneva Thomas Moments Before Brawl with Melyssa Ford](#)

Reports recently confirmed the latest celebrity gossip, so we know that Fraser will be replacing Brie Bythewood and Demetria Lucas on the upcoming season of the Bravo reality TV show. We will have to wait and see if Singer makes any appearances!

---

## Celebrity

## Interview:

# Chantelle Fraser Talks Flawless NYC Moments Before 'Blood, Sweat and Heels' Brawl



Interview by [Lori Bizzoco](#). Written by Emily Meyer.

CupidsPulse.com Executive Editor Lori Bizzoco was on the scene at the hot NYC event last week, "A Flawless Affair" on the Hornblower Infinty, and had the chance to chat with the event planner responsible for the evening, Chantelle Fraser, in an exclusive celebrity interview.

As many people know, Fraser has recently been in the news after hinting on her Instagram account that she may be

joining the cast of *Blood, Sweat and Heels* for season two. She has posted multiple photos of her with stars of the [reality TV](#) series. In fact, the Bravo reality show was filming at the Flawless NYC event and made headlines after Geneva Thomas got into a brawl and broke a bottle over the head of her castmate Melyssa Ford. Ford was later rushed to the hospital and received stitches to her head, while Thomas was arrested for felony assault.

**Related Link:** [Video Interview: 'Blood, Sweat & Heels' Star Geneva Thomas Moments Before Brawl with Melyssa Ford](#)

The event planner was unable to comment on the brawl, but she did put out a statement last week. "I would also like to acknowledge that the highly publicized physical altercation which led to both parties being injured and an arrest was very upsetting for us all," she wrote on Facebook. "Neither party was associated or affiliated with the Flawless NYC brand. Flawless NYC represent love, enjoyment, positivity, and creativity. We do not condone violence in any way."

## Celebrity Interview with Bravo Reality Star

Fraser, who hosted the event, talked with us on-camera prior to the altercation and explained that the night was supposed to be "a showcase of Flawless NYC," which she started nine years ago from her bedroom. "I was a high fashion modeling agent, and I noticed that a lot of the models needed extra work. They needed to do other things outside of the traditional modeling print arena," she says. "So the event space was a very unique opportunity. I managed to get all of these high fashion models and help them utilize their additional skill sets."





Event performers. Photo courtesy of Chantelle Fraser's Facebook.

Fraser was in high spirits – and only a bit nervous – about the event. “I want to show the world what a New York party should look like,” she exclaimed during our celebrity interview.

**Related Link:** [‘Blood, Sweat and Heels’ Star Brie Bythewood on Departure From the Series and Pregnancy](#)

In addition to the evening's finale with Thomas and Ford (which we hear will be highlighted on the season two finale episode of *Blood, Sweat and Heels*), the event featured some of the best entertainers and models from Flawless NYC, including belly and burlesque dancers, fire performers, white angel performers, and a number of body-painted models. DJ She-Rock, another member of the Flawless NYC team, also provided some of today's hottest dance tracks for the guests to enjoy all night.





DJ She-Rock. Photo courtesy of Chantelle Fraser's Facebook.

A premiere date has not yet been announced for season two of *Blood, Sweat and Heels*.

You can follow Chantelle on Twitter @chantyfraser. For more information on *Flawless NYC*, visit the website, <http://flawlessnyc.com/>.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

---

## Celebrity Video Exclusive: 'Blood, Sweat & Heels' Star

# Geneva Thomas Moments Before Brawl with Melyssa Ford



Interview by [Lori Bizzoco](#). Written by [Sarah Batcheller](#).

CupidsPulse.com Executive Editor Lori Bizzoco was on the scene when Bravo's *Blood, Sweat and Heels* filmed on Tuesday evening and had a chance to booty shake during a celebrity video exclusive interview with reality star Geneva Thomas only moments before her brawl with costar Melyssa Ford.

## Celebrity Video Exclusive with Bravo Reality Star

During the celebrity interview, Thomas was in better than good spirits and shared with us her optimistic views

on relationships and love. “I’m still single, unfortunately – but fortunately too because it gives me a chance to focus on my work and also to meet the guy who’s right for me,” she says. “I’m not particularly into rushing into anything. I just want to have fun and enjoy being single!” Feisty as always, the Detroit-born diva showed she was doing just fine on her own two feet.

**Related Link:** [Jennifer Lopez Says She Needs to Be Single Right Now](#)

Further discussing her career, the reality star mentioned the successful launch of 1530 Agency, a digital marketing firm, as well as a website she is currently working on called Jawbreaker NYC, which involves style and pop culture. “I’m a journalist – that’s my passion and my heart!” she exclaims during our [celebrity video exclusive](#) interview. The last thing the Bravo star informed us of was her recent Halloween costume party, where she dressed as the powerful Cleopatra.

So what changed her mood only moments later? A source close to Thomas tells us that the tension between her and Ford has been building since the first season. As viewers know, some of that drama was edited out of the Bravo show. Bizzoco witnessed the altercation that took place on the Hornblower Infinity and spoke to Thomas directly following the brawl but will not comment further.

**Related Link:** [‘Blood, Sweat and Heels’ Star Brie Bythewood on Departure From the Series and Pregnancy](#)

Thomas is currently facing felony charges as a result of the brawl with Ford, so the big question now is whether Thomas will stay on *Blood, Sweat and Heels* or be asked to leave the show like former cast member and mom-to-be Brie Bythewood. We will just have to wait and see how the series handles the situation on the upcoming season!

*You can follow Geneva on Twitter @GenevaSThomas.*

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

---

# 'Blood, Sweat and Heels' Star Brie Bythewood on Departure From Reality TV and Celebrity Pregnancy



Interview by [Lori Bizzoco](#). Written by [Sarah Batcheller](#).  
Bravo's *Blood, Sweat and Heels* reality TV star Brie Bythewood has it all: an impressive career, a devoted man, and soon, a



little girl to call her own. CupidsPulse.com Executive Editor Lori Bizzoco spoke with the real estate developer at the *OK!* Magazine New York Fashion Week event on September 10th to get some insight on her celebrity pregnancy and the upcoming season of the hit show. However, this week, there have been rumblings that Bythewood won't be returning to *Blood, Sweat and Heels*, so we followed up with her and got the full scoop on her plans for the future. Here's what we know:

## Bravo Star Talks About Reality TV Show

The mom-to-be spoke to us about the recent rumors of her departure from the reality TV show, "It was a decision made months ago," she reveals in our celebrity interview. "For me, my pregnancy is, and has been, my focus."

**Related Link:** [‘Blood, Sweat and Heels’ Star Brie Bythewood on Baby Announcement: “There Won’t Be Any Pregnancy Scenes on the Show”](#)

When we asked Bythewood if there were any new projects brewing or if she would be taking a break, she said that instead of slowing down, her schedule has actually picked up, and she has a new project in the works, hinting, "That will be something everyone will have to wait to see! I can't really get into the details about it quite yet, but it will be very different from what you saw on *Blood, Sweat and Heels*."





Brie Bythewood is thrilled about having a baby girl. Photo: Alicia Bythewood

## **Brie Bythewood Dishes on Her Celebrity Pregnancy**

The Emerson alumna describes the father of her soon-to-be daughter as her “heartbeat” and gushes that he’ll be an amazing dad. She goes on to say, “He’ll be the first man [our daughter] ever loves, and she doesn’t know how amazing of a person that is to have as a first love.”

While speaking of the gender reveal party she and her longtime boyfriend hosted, Bythewood reflects on the day their doctor called to announce the sex of their baby. She appointed her mother as the keeper of the secret, as she wanted the news to remain a surprise so she could share the moment with the rest of her loved ones. So when the party came around, the original Mama Bythewood filled a box with pink balloons, and when the couple opened it, they rejoiced at the news of a baby girl on her way.

**Related Link:** [‘Blood, Sweat and Heels’ Star Brie Bythewood Says, “I Don’t Know How to Be Anyone Other Than Me”](#)

It was difficult to meet up with a few of her former castmates to tell them the news of her [celebrity pregnancy](#), and she regrets that they read the story in the press first. She states, “We couldn’t get it together, so I said, ‘You know what, you’re going to read some news; I wanted to tell you first.’ But I refused to tell them over the phone.”

We’re sad that there will be no pregnancy and celebrity romance on the second season of *Blood, Sweat and Heels* – we’ll miss the class and sophistication that the mama-to-be brought to the small screen!

*You can keep up with Brie on Twitter @BrieBythewood!*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

---

## ‘RHONJ’ Star Kathy Wakile

# Talks Desserts in Celebrity Video Interview: “Indulge. It’s Not Going to Kill You!”



Interview by [Lori Bizzoco](#). Video by [Damian Kolodiy](#).

Kathy Wakile first captured our hearts as a cast member of *Real Housewives of New Jersey (RHONJ)*, and now, she's enchanting our taste buds with her dessert line Dolci Della Dea and her cookbook *Indulge: Delicious Little Desserts That Keep Life Real Sweet*, which was released on September 2nd. Earlier this week, the reality TV star did a book signing at the Boulevard Books & Cafe in Brooklyn. In our celebrity video interview, we got the latest scoop on her decadent desserts, the upcoming season of *RHONJ*, and life at home with her family.





Lori Bizzoco with Kathy Wakile and her husband Richard.

## Reality TV Star Dishes on New Cookbook

As fans may know, the title of her cookbook came from something she said on *RHONJ*: “We were talking about my desserts, and I mentioned how I see really, really skinny girls who deprive themselves of everything and who aren’t happy. So I said, “Honey, have a cupcake. Indulge. It’s not going to kill you!’” With that thought in mind, Wakile focused on mini desserts, so people can enjoy something

sweet without feeling guilty afterwards. She adds, “We want them to look good and taste good, but we don’t have to have such large portions.”

**Related Link:** [‘RHONJ’ Star Jacqueline Laurita: “I Try My Best to Get Along with Everyone”](#)

When it comes to impressing your partner, her best love advice is simple: She recommends baking her Chocolate Volcanoes. As she mentioned after our interview, “It should be served hot – and it’ll make your man feel hot too!” It’s no surprise that it’s her husband Richard’s favorite dessert. Another great date night dessert is the Almond Joyous Cheesecake Cuties (recipe below) – perfect for sharing with *your* cutie!



Almond Joyous  
Cheesecake Cuties.  
Photo: Andrei  
Jackamets

**Almond Joyous Cheesecake Cuties – makes 2 dozen**

## **CRUST**

2 large egg whites



$\frac{1}{4}$  cup granulated sugar

2 cups sweetened flaked coconut

### **TOPPING**

$\frac{1}{2}$  cup sour cream

3 tablespoons sugar

1 teaspoon almond extract

### **FILLING**

Two 8-ounce packages cream cheese, at room temperature

$\frac{1}{2}$  cup granulated sugar

3 large eggs

3 tablespoons sour cream

3 tablespoons heavy cream

1 teaspoon almond extract

2 teaspoons coconut extract

$\frac{1}{4}$  cup almonds, toasted and finely chopped

Ganache (page 181)

Sliced almonds, for garnish

### **EQUIPMENT**

Two 12-cavity mini cheesecake pans

Food processor

Electric mixer

Small pastry tamper, optional

## 2 large rimmed baking sheets

- Preheat the oven to 350°F with one rack positioned in the center of the oven and another rack positioned at the bottom of the oven. Fill a broiler pan or roasting pan with about 2 inches of water and set it on the bottom rack.
- To make the crust, combine the egg whites with the sugar in a medium bowl and use an electric mixer to beat to very stiff peaks. Use a rubber spatula to fold in the coconut until well combined.
- Scoop about 1 tablespoon of the mixture into each cavity in the mini cheesecake pan and use the back of the measuring spoon to firmly compress the mixture into an even layer about  $\frac{1}{4}$  inch thick.
- Set aside.
- To make the almond topping, in a small bowl stir together the sour cream, sugar, and almond extract. Set aside. To make the filling, in a separate bowl beat together the cream cheese and sugar with an electric mixer at medium speed until smooth and creamy. Beat in each egg separately and scrape down the bowl after each addition. Continue to mix at medium speed and add the sour cream, heavy cream, almond extract, and coconut extract.
- Set the cheesecake pans on rimmed baking sheets (this will make it easier to get them in and out of the oven). Press the crust down again to ensure that it is well packed.
- Transfer the filling to a large measuring cup with a spout and pour enough filling into each cavity of the pans to fill a bit more than three-quarters of the way up to the rim.
- Bake for 7 minutes at 350°F then lower the temperature to 250°F and bake 10 to 12 more minutes, or just until the surfaces of the cuties are set at the outer edges but still wobbly in the center. (Keep a close eye on

them!

- Take the pans out of the oven and divide the almond topping among the cakes, spooning an even layer onto each and smoothing the tops with the back of the spoon. Top with the chopped almonds, then return the pans to the oven and bake for an additional 7 minutes. (They'll still look wet, but they will set as they cool.)
- Let the cakes cool in the pans for 3 to 5 minutes, then run the tip of a very sharp knife around the top edge of each cake (this will unstick any topping that has adhered to the side of the pan and help the cake come out of the pan easily and flawlessly once they are cool.) *Don't try to add the chocolate ganache or unmold the cakes while they are still warm!*
- Let the cuties cool in the pans all the way to room temperature, at least 30 minutes. Then chill in pans for 2 hours before unmolding and topping with ganache.
- Carefully unmold the cuties by pressing the little round disk underneath each cake upward to raise the cake so that its bottom is level with the pan rim, then slide a small spatula underneath the cake.
- To cover the cuties with ganache, arrange the unmolded cheesecakes on a wire rack that's sitting on a parchment-lined baking sheet. Use an offset spatula or butter knife to carefully apply a thin layer of ganache to the tops and sides of each cutie. Let dry, then go over the cheesecakes again to smooth out any spots you may have missed, working from the top first and then down around the sides (dipping the spatula or knife in hot water and wiping dry periodically will also help keep the ganache smooth).
- Garnish with sliced almonds and refrigerate 6 hours or overnight before serving. (You could chill the cuties overnight before adding ganache, then chill more briefly just to set the ganache. The cuties can be kept in the refrigerator for 3 days and are also freezable.)

## **Ganache – makes about $\frac{3}{4}$ cup**

8 ounces bittersweet or semisweet chocolate, chopped

$\frac{1}{4}$  cup heavy cream

2 tablespoons unsalted butter

- Combine the chocolate, cream, and butter in a small heatproof bowl. Set the bowl over a saucepan of barely simmering water. Cook, stirring occasionally, until the chocolate is melted and the mixture is very smooth.
- Let the ganache cool to room temperature before using.

*From Indulge by Kathy Wakile with Miriam Harris. Copyright 2014 by the authors and reprinted by permission of St. Martin's Griffin, an imprint of St. Martin's Press, LLC.*

## **Celebrity Video Interview: Kathy Wakile Opens Up About Her Family**

Although the mom of two focused on her cookbook over the past few months, she will be gracing the small screen towards the end of season six of *RHONJ*. “You’ll see what’s happening with my family and see how my children have grown. You’ll see what’s happening with our everyday lives,” she explains.



Kathy Wakile at her book signing at Boulevard Books & Cafe.

Speaking of her family, the reality TV star reveals that her daughter Victoria is doing well after battling her second benign brain tumor. “She’s a strong, brave girl, and she’s just more motivated than ever,” she says with a smile. Of how she got through such a difficult time, she credits the power of prayer. “I don’t feel like it was me doing everything. I feel like God was carrying me through.”

**Related Link:** [RHONJ’s Teresa Giudice Debunks Divorce Rumors](#)

Of course, the New Jersey native isn’t done expanding her empire just yet. Next up is a cookbook of Mediterranean-based appetizers and small plates. As she explains, “I get a chance to show my love through my cooking!”

*Keep up with Kathy on Twitter @KathyWakile. You can purchase her cookbook Indulge: Delicious Little Desserts That Keep Life Real Sweet at your local bookstore or on Amazon.*

---



# Bravo Reality TV Star Tabatha Coffey Says It's Important to "Connect and Continue to Get to Know Your Partner"



By Brittany Stubbs

Celebrity hairstylist Tabatha Coffey is more than just an expert on bouncy curls and shiny locks. Known for her business expertise and tough-love approach while helping restore struggling salons on Bravo's reality TV show *Tabatha Takes Over*, it's no wonder the questions from viewers inspired the star to put her profitable advice on paper. In her new book *Own It! Be the Boss of Your Life – Home and in the Workplace*,

she provides readers with the tools to be successful not only in their professional lives but in their personal lives as well.

## Exclusive Celebrity Interview with Reality TV Star

“Living a successful and well-balanced life is, to me, what it’s all about,” she shares in our exclusive celebrity interview. With so many people today struggling with work-life balance, Coffey believes her book will empower readers of all kinds, whether they’re looking to move up in a current career, they’re fresh out of college, or they’re stay-at-home mothers. More than just a catchy title, she shows readers how to “own it,” teaching them how to take control and responsibility for their own lives.

**Related Link:** [Molly Sims Talks New Hair Color & Favorite Date Night Looks](#)

While her blunt honesty has often been perceived as bitchiness, she says that “it’s always in the name of helping someone.” Whether giving a new haircut to make a woman feel beautiful or guiding a failing business owner towards a fresh start, the author has always been passionate and motivated by any activity that can empower people.

But empowering people sometimes requires a harsh reality check. “It’s just my tough love that comes from a place of wanting people to move forward,” she admits. “I truly understand when people get upset by some of the things I say because change is hard. Sometimes, people who ask for my help don’t really want to hear the truth, but they need to hear it in order to make changes and become successful.”

Speaking of asking for help, we couldn’t help but pick the hairstylist’s brain for a few summer hair tips. After all, it

is her expertise! When it comes to managing hair in the hot and humid months to come, “it’s all about using the right product to protect your hair in the sun, especially if you have color in your hair. There are many products out there that will help minimize the fading you’re going to get from the sun.” While it might seem like your hair is constantly in the water between pool parties and trips to the beach, she encourages you to rehydrate your hair with a great conditioner or treatment too.

**Related Link:** [Celebrity Stylist Raphael Reboh Says Jennifer Lopez Has the Best Hair in Hollywood](#)

One thing Coffey loves about summer is embracing a more casual look. Whether you’re letting your hair air-dry, rocking a messy ponytail, or just slicking back short hair, try using a leave-in conditioner to get a nice treatment in your hair and a smooth result without a bunch of mousse or gel. The reality TV star assures us that this hair trend will be spotted in Hollywood as well. “We’ll definitely see waves, especially more casual, beachy waves that allow movement and more of a natural texture to the hair as opposed to being so formal and so done with a curling iron.”

Another great, summer go-to style that she predicts celebrities will be wearing is ponytails. Whether high or low, with or without a part, “ponytails are a great summer trend and can look incredibly chic, even if you’re wearing an evening gown.”

## **Tabatha Coffey Shares Her Best Dating Advice**

Although hair and business have been her main focus, Coffey stresses the importance of still making time for a relationship and love life. Being with the same partner for over a decade, she has learned that it’s important to avoid

routines. “The longer you’ve been in a relationship with someone, the easier it is to get in the habit of just doing your duties and going about your daily routine side-by-side,” she explains of her best [dating advice](#). “I think it’s important to make an effort to go to the movies or go out to dinner and spend time connecting and continuing to get to know your significant other better instead of just the daily updates that we all seem to do.”

**Related Link:** [Tabatha Coffey Shares Life, Relationship, and Hair Tips](#)

While the Australian native believes in scheduling time for your partner, she encourages you to not forget about yourself too. “It’s often easier to just focus on work or on putting other people first, but you can’t put yourself on the back burner.” Whether it’s five minutes of meditating a day or just enjoying a cup of tea, you need to take time to reenergize and do something nice for yourself.

Still, she knows with today’s constant connection to our phones and tablets that this is often easier said than done. You have to work to find out what works best for you. For Coffey, one of her activities of choice is playing Candy Crush. “I’m obsessed,” she says with a laugh – but sometimes, that’s all she needs.

*To purchase Coffey’s book Own It!, check it out on Amazon. You can keep up with the hairstylist on Twitter @tabathacoffey.*

---

## ‘RH00C’ Reality TV Newbie

# Lizzie Rovsek on How the Show Helped Her Celebrity Marriage: “You’ve Got to Keep the Passion and the Fire Alive”



By Brittany Stubbs

Our favorite Bravo ladies are back in the *Real Housewives of Orange County*. You may have thought you met all the bombshells this season, but joining the reality TV cast on tonight's episode is the much-anticipated wife, mother, and former pageant star Lizzie Rovsek. As any *Housewives* fan knows, with



new women, we can expect new drama. And Rovsek makes it clear her debut will be no exception to the rule.

**Related Link:** [‘RH0A’ Star Phaedra Parks Talks New Book and Marriage: “Remember What Made You Fall in Love”](#)

## Celebrity Interview with *RH00C* Reality TV Star

Not only does she fall down at her first filmed party, but she also has to defend herself from the very beginning. “Vicki and I definitely had a rocky start,” the newly-minted reality TV star admits. “I didn’t feel welcomed by her and felt like I was a burden because she doesn’t like new people. I don’t think she likes what I do for a living or even my name.”

As the only veteran OC housewife still remaining from the first season, Vicki Gunvalson has had issues with newbies in the past. But between Rovsek and Shannon Beador, the other rookie housewife joining the cast this season, Rovsek definitely believes she was in the firing line the most. While she was judged and picked on from the very beginning, Beador seems to have had an easier welcoming from the legendary veteran. “It might be because Shannon and Vicki have a lot more in common than Vicki and I do. They’re the same age, and they’ve been married for a long time.”

Despite her roller coaster of drama with Gunvalson, she still manages to make friends this season. “I was warned a little bit and told to be careful of Tamra, but she was actually very nice when I met her,” she candidly shares in our celebrity interview. “She’s very fun, and we have that in common.”

**Related Link:** [Relationship Taglines for the Ladies of ‘The Real Housewives of New York’](#)

Besides Tamra Judge (formerly Tamra Barney), the mother of two

also forms alliances with fellow brunette Heather Dubrow. “She is so classy, and I truly look up to her. Throughout the season, Heather is someone I find myself going to for advice, and she’s been my friend basically through the whole thing.”

With beauty queen and model on her resume, it’s no surprise people have a lot of misconceptions when it comes to Rovsek’s looks, brains, and personality. “There was an article that I had a nose job, but I’ve never had plastic surgery on my face,” she explains. Valedictorian in high school and graduating college Cum Laude, the housewife assures us that she has much more to offer than just her looks. “I’m actually a big science geek,” she says with a laugh. “I’m definitely not just a bimbo or pretty face.”

Despite some false judgements, she faces a lot of the same challenges as other working mothers. Between taking care of two young boys and a husband who loves home cooked meals and running a swimwear company, she’s just trying to juggle it all. On top of that, she still wants more children. “We’re definitely talking about having another baby and thinking that will happen by the end of this year or beginning of next year,” the celebrity mom says, making it clear that viewers can expect to see some of these discussions on the show.

**Related Link:** [Gary and Cassie Chapman from ‘Nashville Wives’ Talk Marriage and Adoption](#)

## **Lizzie Rovsek Talks About Her Celebrity Marriage**

While the *Housewives* franchise has shown the destruction of several [celebrity marriages](#) in the past, especially in the OC, this pageant queen feels like doing the show with her husband Christian has actually brought them closer. “This experience has made us stronger and made us take a closer look at our relationship and love life. Marriage is hard work! You’ve got

to keep the passion and the fire alive, and it's not always easy. We're working at it all the time."

For other parents of young children struggling to fit in romance, Rovsek encourages setting aside time to be alone together. "Go on a trip, even if it's just a two-day drive somewhere. You need to spend time alone – away from your kids, away from your work – and really make time for each other."

Besides strengthening her celebrity marriage and getting closer to her husband, she also hopes her appearance on the show will inspire viewers who look up to her. "I hope they get to see my loving nature, and I hope they learn that it's okay to make mistakes. Sometimes, you learn the most valuable lessons by messing up," she shares. "Life is a gift, and we're all in this together."

*To learn more about Rovsek and the Real Housewives of Orange County, tune into Bravo every Monday at 9/8c. You can keep up with Rovsek on Twitter @LizzieRovsek.*

---

## Celebrity Interview: Chef Roble Talks Date Nights and Says Creating New Fragrance Was "A Lot Like Cooking"





By Maria Darbenzio

Chef Roblé Ali, best known for Bravo's [reality TV](#) documentary series *Chef Roblé & Co*, is continuing to make his mark on the food industry. Over the years, thanks to his passionate dedication to cooking, he has prepared meals for many A-list stars, started a successful catering company, and has now ventured into the realm of beauty. With his new fragrance *Clique* by Roblé, he's expanding his brand beyond the foodies.

## Celebrity Interview with Chef Roblé

Although developing a perfume may seem like a strange departure for a chef, his fragrance, which he created with master perfumer Frank Voelkl, includes scents of ingredients from his recipes. "When you smell the perfume, you first get a sparkling citrus top note, and that's based on one of my signature cocktails that includes blood orange, lime, and tequila. It's called the Chupacabra," he explains in our celebrity interview. "Once it settles in, there's a rich dessert note there, and that's another one of my recipes

called the French Toast Crunch. It's dessert French toast that's crusted in cornflakes, and it has drizzled honey and hot Nutella and chocolate dusted with some powdered sugar. It's cooked in brown butter, so it's really rich and multidimensional."

**Related Link:** [Giveaway: Smell Great with Clique by Roblé](#)

Much like filming a reality show or cooking in the kitchen, creating a fragrance takes a lot of time and dedication. It took over a year of extensive testing to narrow it down to just one scent. To test the final two options, he gathered a group of women – and a few men too – to share which one they liked best. "The other one is really good too, so who knows? We might do something with that one day. Right now, we're just focusing on rolling out Clique by Roblé," he shares. "I just want to get it in front of people. It will sell itself. It's something I'm really proud of, and we got really good feedback."

## Bravo Reality TV Star Shares Dating Advice

Chef Roblé imagines this scent being something for everyone, whether it's being worn for a day in the office or a date night at home. When it comes to wowing your special someone with a home-cooked meal, he suggests finding out what he or she likes. "I wouldn't do a whole bunch of guessing. You can put all this energy into something you think is nice, but what if that person doesn't like red meat? Or maybe they're allergic to shellfish, and you just made a lobster bisque," he explains of his dating advice.

**Related Link:** ['Food Network' Host Claire Robinson Says, "Food Is the Key to Passion"](#)

As for his own date nights, the "single as a pringle" chef



states that he would rather just go to a restaurant. This approach allows him to focus completely on his date and their conversation instead of running around and cooking during the evening. He may be single at the moment, but he's not one to look for a relationship and love. "If you look, it doesn't come. Whatever happens, happens," he admits. Still, he knows what he wants in a partner: He says his perfect woman is "good looking, has good morals, and smells delicious."

Being a celebrity chef means meeting a lot of people, both famous and not, during his travels. Over the span of his career, Chef Roblé has prepared his signature dishes for the likes of Michael Jackson and his crew, Britney Spears, and President Obama. Plus, he's had the opportunity to cook alongside Mario Batali on *The Chew*. "He's my all-around favorite chef out there, and I got to work with him," he excitedly reveals in our celebrity interview. "That was definitely a memorable and great experience for me."

**Related Link:** [Mario Batali Shares His Tips for Cooking at Home on Date Night](#)

So what's next for the former reality TV star? He's in the process of coming up with concept and location ideas for restaurants, one on the West Coast and another one on the East Coast. They're still in the development stage at the moment, but be on the lookout for more news over the next couple of months.

Besides the restaurants, he's also in the process of developing a line of wines – perfect for your next date night. There may even be some more television time in his future, but for now, he says he's too busy traveling to commit to filming. We'll all have to stay tuned to see what the chef does next!

*To stay up to date with Chef Roblé's projects, follow him on Twitter @ChefRoble and [www.facebook.com/ChefRoble/](http://www.facebook.com/ChefRoble/). Don't forget to enter our fragrance giveaway!*