

Exclusive Celebrity Interview: Celebrity Fashion Stylist Brad Goreski Shares Secrets for the Perfect Sunglasses



Interview by [Lori Bizzoco](#). Written by [Rachel Sparks](#).

Brad Goreski, a prominent L.A. [celebrity fashion stylist](#), has worked with the likes of [Jessica Alba](#), [Demi Moore](#), and Rashida Jones. Currently the Exclusive Brand Stylist for Kate Spade New York, Goreski spares some time for an [exclusive celebrity interview](#) with Cupid's Pulse just in time for National Sunglasses Day. In our Exclusive Celebrity Interview Goreski shares his secrets for finding the perfect pair of sunglasses

for your face shape and your style.

Celebrity Interview with Brad Goreski: National Sunglasses Day and Relationship Advice

Goreski loves sunglasses. They're important in protecting our eyes from UVB and UVA rays and are an important part of our summer wardrobe. "They are a great way to express where our style is at for the season," said the fashion guru. Goreski is a huge advocate for wearing sunglasses as an accessory to dress up an outfit, but he is also a strong believer that they should be worn to protect your eyes.

Related Link: [Celebrity Video Interview: Brad Goreski Says, "I Think We're Going to See an Explosion of Glamour" at the Oscars](#)

Styles have become so diverse that there is a sunglass style for everyone. Goreski's stylist experience takes us through the trends he sees. With the resurgence of the eighties' style, neon has made a comeback. If you don't like bold-colored frames, have fun with the colors of the lenses. For example, you can try a metallic or mirror finish, a smokey grey, or tinted lens. A simple outfit, like jeans and a T-shirt, can be dressed up with a stellar pair of sunglasses too. "Accessories like sunglasses help you look like you put the effort in," said Goreski.

In addition to colors, Goreski says that frame shapes are becoming more diverse. "My favorite trend right now is the cat eye," he says. "It's a little futuristic." If you're wary of trying a bold new look, check out the discounted aisles. "Try cheaper sunglasses so you can try trends before committing to expensive glasses," he advises.

Related Link: [Brad Goreski Shares Breakup Drama Details After Split with Rachel Zoe](#)

Goreski has four tips for finding the perfect pair of sunglasses and he says that opposites attract. “If you have a round face, go for square frames,” he offers as a tip to our followers. And when it comes to style, if you lean towards a more classic look then go for an aviator. And if you are bold and futuristic try micro-glasses.

What interview is complete without some [relationship advice](#)? Goreski shares the secret that has held him and Gary Janetti together for eighteen years. “Always dress up for each other. Take pride on the inside and the outside. Putting in the effort after so many years together makes for a whole different experience.” For your next [date night](#), dress in a way that “makes you feel beautiful and excited. That energy attracts people.”

What’s coming up next for this stylist? Award season! While waiting for the summer lull to end, Goreski is excited for National Sunglasses Day, June 27th, and encourages everyone to take a selfie in their favorite pair of sunglasses.

Interested in following Brad Goreski? Check out his website, [MrBradGoreski.com](#) or follow him on [Twitter](#)!

Celebrity Video Interview: Brad Goreski Says, “I Think

We're Going to See an Explosion of Glamour" at the Oscars



Interview by [Whitney Johnson](#).

In our celebrity video interview, we talked to fashion stylist Brad Goreski about the fashion at Sunday night's Grammys as well as his tips for [date night](#) looks. "The number one trend that I loved was the metallics," the reality TV star says, citing Taylor Swift, Chrissy Tiegen ("the golden goddess of the evening"), and Rita Ora as gorgeous examples. Plus, he reveals his predictions for the upcoming Oscars: "I think we're going to see an explosion of glamour."

Related Link: [Celeb Stylist Rachel Zoe and Brad Goreski Split](#)

Celebrity Stylist Talks Date Night Looks

When it comes to a date night, Goreski encourages women to look beyond what they're wearing. "Starting off with really good hair, makeup, and skin is super duper important," he explains. "Your skin should definitely be glowing on Valentine's Day!" He also says that you should invest in a show-stopping coat to amp up your look this winter. Watch the celebrity video interview above for more!

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Brad Goreski Shares Breakup Drama Details After Split With Rachel Zoe





On his new Bravo show, *It's a Brad, Brad World*, Brad Goreski admits he and ex-girlfriend Rachel Zoe are no longer on speaking terms. "We don't speak to each other. I would love to be able to speak with her," he said. According to [People](#), he has yet to meet her nine-month old son, Skylar, because he has "not been invited." Goreski said he has an "idea" of why he and his stylist are on bad terms. "I think I have conducted myself with honesty, with dignity and with grace," Goreski said. "And I will continue to do so no matter what is said about me."

How do you cope when your ex refuses to speak with you post-split?

Cupid's Advice:

Breakups are tough and avoiding each other is an easy way to help with the healing process. Cupid has some suggestions to help you accept this situation:

1. Carry on: Just because you're not speaking with your ex, it doesn't mean your world stops. Take this time to prioritize your life and rebuild it.

2. Cut the cord: You don't have to delete your ex's number or defriend them on Facebook, but finding ways to distance yourself makes things easier.

3. Time: Like a lot of issues in relationships and breakups, in time you'll be able to accept the situation. Just be patient.

What did you do when your ex shut you out post-split? Share your experiences below.

Celeb Stylist Rachel Zoe & Brad Goreski Split



Celebrity stylist Rachel Zoe and her assistant Brad Goreski

have decided to part ways, reports [People](#). The amicable split between the two was brought on nearly a month ago when Goreski broke the news to Zoe. He tells People, "... there's a point where either I do it now or I'll never know what it's like to spread my wings and soar." With the duo being used as fodder for her show, *The Rachel Zoe* project, Zoe speaks kindly of Goreski, "I don't want to hire somebody for the purpose of the show, we just got lucky. No one's ever going to be Brad to me."

Is it better to "test the waters" before committing to a relationship?

Cupid's Advice:

You shouldn't extend the inevitable by staying in a relationship when one person wants to explore other options. Whether you're just starting out or you've been together for a long time, Cupid has some pointers for determining if your partner (new or old) is ready to settle down:

1. Start slow: Instead of dinner and a bottle of wine on a first date, agree to meet for coffee. People can have a fuzzy sense of belief or communication when alcohol is involved. Keeping it sober can help you get a sense of someone's level of commitment before you pencil him or her in for a Friday night.

2. Following the crowd: If you or your partner are surrounded by friends and family who are in relationships, this may be what's keeping you together. Watching others around you couple up could make you feel like the black sheep if you're the only single one. Explore your partners feelings about being serious and most importantly be upfront with yourself.

3. Be careful: Dating different people can be fun but eventually it could leave you feeling lonely. Before you decide to break it off with someone or say "no" to dating

them, make sure that you're ready. Sometimes people break-up and end up regretting it for the rest of their lives.