

Celebrity Divorce: Audrina Patridge Files for Divorce from Corey Bohan



By [Ashleigh Underwood](#)

Sadly, another [celebrity divorce](#) is in the center of this week's [celebrity news](#). Audrina Patridge has filed for divorce from Corey Bohan after 10 months of marriage. While the couple wishes to keep their privacy at the moment, [UsMagazine.com](#) has learned that the relationship has been troublesome from the beginning. Even though they wanted to make it work for their infant daughter, Patridge and Bohan have already taken steps toward separating and are living apart.

This celebrity divorce seems to have come out of nowhere. What are some ways to know you've done everything you can to save your relationship?

Cupid's Advice:

When you love someone, you want to do everything you can to make the relationship work. However, sometimes you have done all you can and still nothing seems to go right. Here are a few ways to know that it's time to move on:

1. You have tried: The only way to save a relationship is to put in the work. You have to make an effort to change the dynamic between you and your partner and make serious changes. If you feel that you have put time and energy into the relationship and nothing has changed, it may be time to move on.

Related Link: [Audrina Patridge Says Cameras Are Off and Love Life Is On](#)

2. Therapy has come and gone: Sometimes you need a third party to work out your relationship woes. If you've tried therapy or counseling and it hasn't worked for you, it's safe to say there's probably no fixing what you have, and it's time to move on.

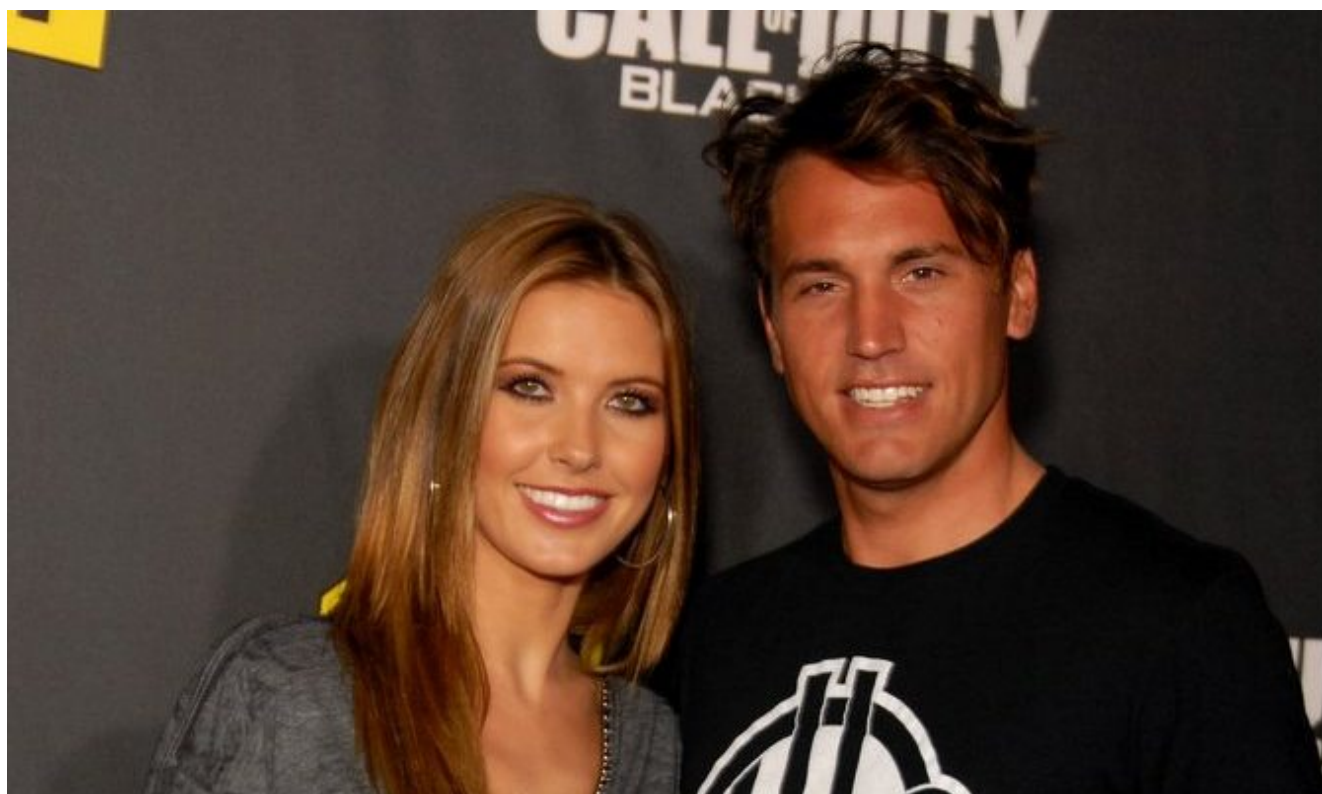
Related Link: [Audrina Patridge Says A Guy Must Have "Loyalty, Integrity and Respect" To Get Her Attention](#)

3. The love just isn't there: You may get along okay as roommates, but the love you once had for each other is no longer there ... and you can't get it back. The fact is, sometimes people just fall out of love, and there's not much

you can do about it. If that's the case for you, it's time for an amicable split and to move on with your life.

What are some other ways to know it's time to move on? Share your thoughts below.

Celebrity Break-Up: Rachel Bilson & Hayden Christensen Split After 10 Years Together



By [Ashleigh Underwood](#)

[Celebrity couple](#) Hayden Christensen and Rachel Bilson have officially ended their relationship. This [celebrity news](#) comes as a disheartening shock as the pair have been together for 10 years. While they have managed to keep their lives private, a source close to the pair told [UsMagazine.com](#) that they have been “on the outs for a couple of months.”

This celebrity break-up comes after a very long-term relationship. What are some ways to cope after the end of a long relationship?

Cupid's Advice:

Ending a relationship is hard, particularly when you have been together for a very long time. Here are a few ways to cope with your break up.

1. Get out of the house: When you break up with someone, one of the worst things you can do is sit at home and wallow. Call up your friends and have a night out. Leave your worries at the door and let loose.

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2. Take care of yourself: After a relationship has ended, it is easy to fall into a pit of sadness and depression. Instead, take some time to pamper yourself by going to a spa, taking a relaxing day off work, or trying a yoga class. Anything to make you feel special and more relaxed.

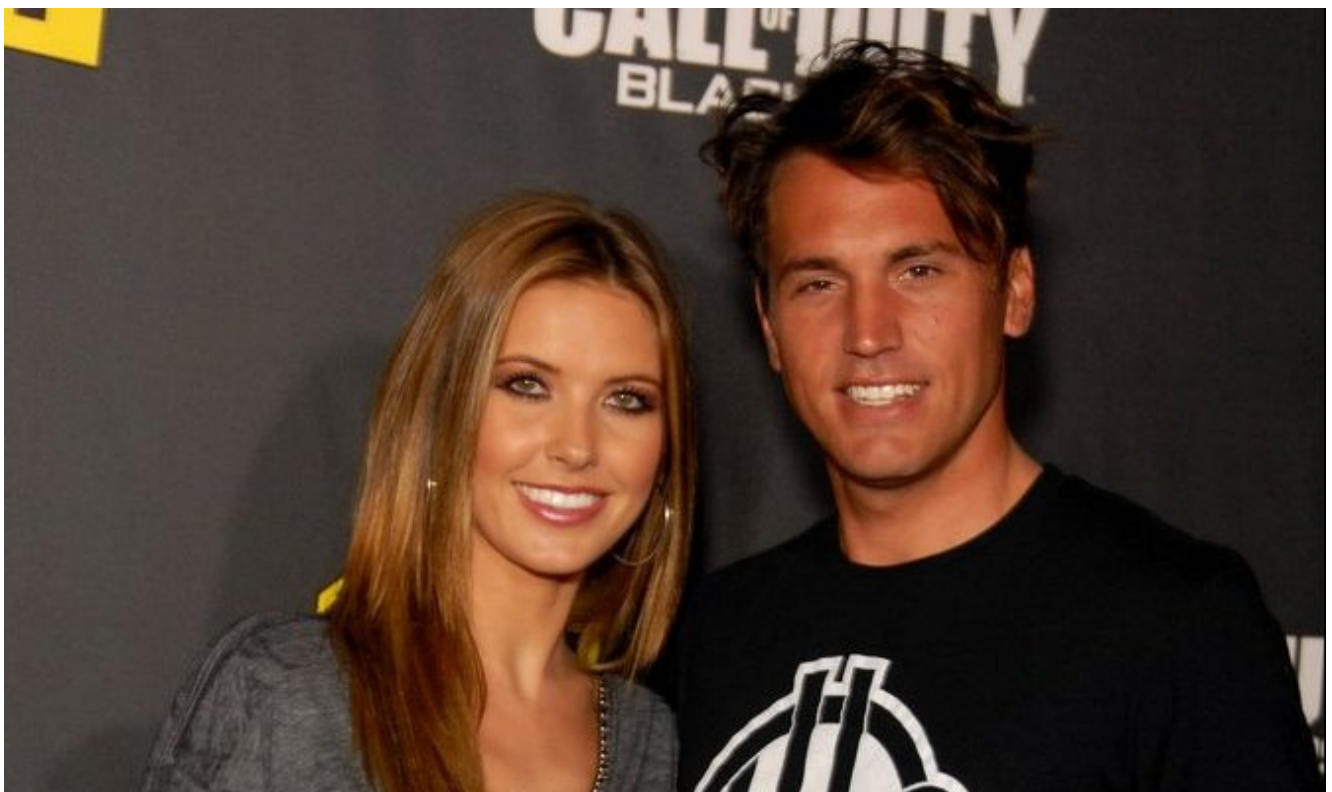
Related Link: [Celebrity Divorce: Fergie & Josh Duhamel Call it Quits](#)

3. Let it out: One of the best things you can do to make

yourself feel better, is to acknowledge your feelings and let it out of your system. Recognize that your relationship has ended and your feelings are valid. Talk to your friends about what you're thinking and allow yourself time to grieve.

How did you cope with your break up? Comment below!

Celebrity News: Ryan Phillippe Responds to Ex's 'False' Abuse Allegations



[By Ashleigh Underwood](#)

In some very serious [celebrity news](#), Ryan Phillippe has been accused of domestic abuse against ex-girlfriend Elsie Hewitt. Early this week, Hewitt filed a \$1 million lawsuit claiming “assault, battery and intentional infliction of emotional distress” according to [E! Online](#). However, in a recent [celebrity interview](#) with the network, one of Phillippe’s representatives has shared a statement from the actor, saying “Ryan is completely devastated that these false allegations have been made and circulated.” Meanwhile, both parties have continued to go back and forth between the validity of the accusations, and nothing is currently being brought to court.

In this celebrity news, the situation is full of drama. What are some ways to deal with false allegations made by an ex?

Cupid’s Advice:

While drama can be interesting from afar, nothing is more draining than being in the center of it. Especially, if the drama is coming from false accusations of an ex! Here a few ways to deal with the crazy drama:

1. Confront your ex: In many situations, rumors can be put to an end by going straight to the source. If your ex is spreading lies and making accusations, your best bet is to approach them and talk it out. Odds are, they will take back what they said and stop talking about you.

Related Link: [Celebrity News: Ryan Phillippe Does Not Want His Children To Watch ‘Cruel Intentions’](#)

2. Let it slide: If the drama and rumors are something minor,

you could let it go. Many times, the talk is petty and insignificant enough that no one will even take notice. If it is something you can handle, ignore the drama and move on.

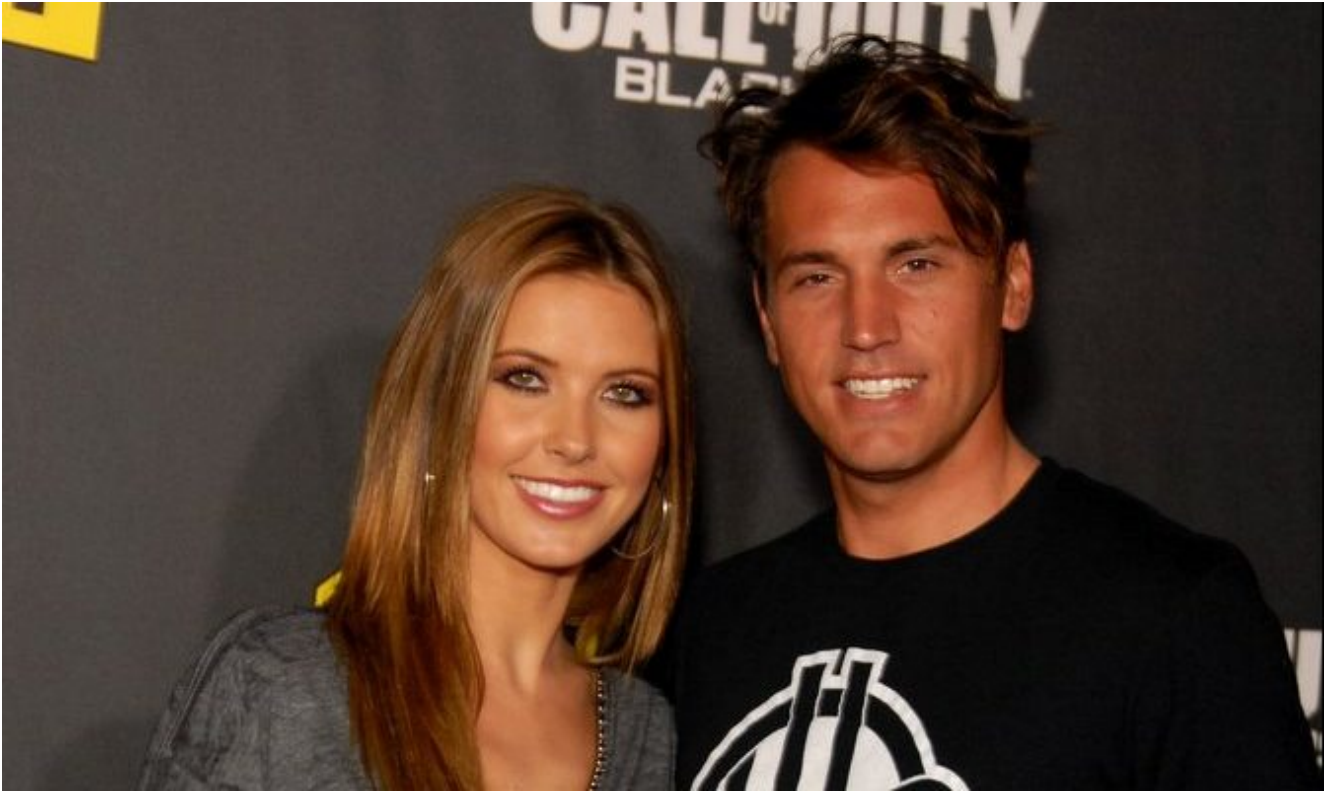
Related Link: [Celebrity Co-Parents: See How Stars Manage To Raise Their Children Post-Split](#)

3. Take action: When rumors and claims become serious and endangering your well being or reputation, you need to take action. Depending on the situations and circumstances you may need to take action with any adult or in worse cases the police. Always be cautious and look out for your own safety.

How do you deal with drama? Comment below!

Reality TV Update: Andi Dorfman Is 'Excited' to See Arie Luyendyk Jr. as New Star of 'The Bachelor'





by [Ashleigh Underwood](#)

The [latest celebrity news](#) reveals that Arie Luyendyk Jr. is the newest star of [The Bachelor](#), and former *Bachelorette* [Andi Dorfman](#) is happy to share her excitement. In a recent [celebrity interview](#) with [UsMagazine.com](#), Dorfman says, “I think it’s cool, it’s kind of interesting. It’s going back a little old school.” And she’s completely right: With the network bringing back an old contestant, there is bound to be some riveting plot twists and interesting people returning to this longtime reality TV show.

This former *Bachelorette* is just as excited as we are for the upcoming season of *The Bachelor*! What are some ways to support your friends as they look for love?

Cupid’s Advice:

Being a good friend means being there through thick and thin. Whatever they are going through, you are by their side, holding their hand. When it comes to their search for true love, here are a few ways to show your support:

1. Know how to listen: The most important thing you can do to help a friend is to simply listen. When your pals are upset or struggling with something, odds are, they just need to get it out of their system. Allowing them to talk through it can help their situation more than anything else.

Related Link: [Celebrity News: Peter Kraus Speaks Out About Arie Luyendyk Jr. Becoming 'The Bachelor'](#)

2. Empathize with them: While you may not be experiencing the exact same thing, you can probably relate. Share your stories with your friend and let them know they're not alone. This way, they'll feel more comfortable and hopefully feel better faster. When you share your experiences with them, it may also help them to come to another solution they may not have thought of before.

Related Link: [Celebrity Break-Up Nick Viall Says He Still Loves Vanessa Grimaldi Post-Split](#)

3. Be their wingman: There is nothing more empowering than having your friends talk you up. If they are struggling to find love, help set them up with someone! No one knows your friend and what they want more than you. You can pair them up with the perfect partner and help them jump start a new relationship.

How do you support your friends as they look for love? Comment below!

Celebrity Divorce: Fergie and Josh Duhamel Call It Quits



By [Ashleigh Underwood](#)

The [latest celebrity news](#) has fans surprised and upset: [Celebrity couple](#) Fergie and Josh Duhamel have decided to end their eight-year marriage. This [celebrity divorce](#) comes as a shock, especially since the pair had been talking about adding to their family just last month. However, according to [UsMagazine.com](#), the celebrity couple had been having trouble for a while, with Duhamel moving out in the early spring. While the duo have decided to part ways, they remain friends in order to care for their 4-year-old Axl.

This celebrity divorce comes as a shock, especially considering Fergie and Josh Duhamel were hoping to have another baby just months ago. How do you know when it's time to call it quits?

Cupid's Advice:

Breaking up with someone is extremely difficult, particularly when you have been together for years and years, like this celebrity couple. Check out these three ways to help you know if it's truly time to call it quits:

1. You're constantly fighting: One of the most obvious red flags in a relationship is that you're having nonstop screaming matches with each other. If every little issue turns into a huge blowout fight, you might want to rethink whether or not this is the right situation. As a couple, you should be able to work things out calmly and with understanding every single time.

Related Link: [Celebrity News: Allison Janney Reveals How Anna Faris Is Handling Celebrity Divorce from Chris Pratt](#)

2. You feel like a second choice: You should never feel like you're not your partner's first priority. If you feel second to their friends, their coworkers, another romantic interest, or even their career, it's time to say something. Speak up about your feelings, and if nothing changes, it may be time to part ways.

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3. You just know: Gut feelings should always be trusted. While your brain may not be on the same page, the rest of your body knows what is right. Deep down, you know what is best for you and whether or not you should continue your relationship.

Cupid wants to know: How did you know it was time to end your relationship?

Vacation Destinations: Perfect Places to Relax



By [Ashleigh Underwood](#)

With the craziness that is life, everyone needs a relaxing getaway. You spend your time working day in and day out at home, at the office, and even your social life can feel taxing. Why not treat yourself and take a week off? Take a trip to clear your head, and you will come back to reality happier and ready for whatever comes your way. These vacation destinations are the perfect places to relax and de-stress. You are guaranteed to have the time of your life and leave every worry behind.

If you're ready to get away and have the most relaxing time of your life, check out these perfect vacation destinations:

1. Nantucket: Located off Cape Cod, this tiny island is the prime place for a week away. The island is surrounded by natural beauty, and gorgeous town fronts, perfect for spending a quiet time by yourself. The cobblestone streets are great for biking around town and taking stunning pictures during the day and afterwards you can head to the beach and soak up the sun. At night, their restaurants are the place to be. With many options to choose from, you are bound to have an exciting time.

Related Link: [Top 5 Luxury Travel Destinations for Your Next Girls-Only Getaway](#)

2. Newport: If you love sailing, this destination is the spot for you! With a harbor filled with yachts, and an annual regatta, boat lovers from all around flock to this Rhode Island getaway. Being that this town is surrounded by water, seafood is their specialty. Get yourself a bowl of clam chowder and spend the day taking in the gorgeous views of Newport.

Related Link: [Top 5 Cost-Efficient Tropical Vacation Destinations](#)

3. Martha's Vineyard: A popular island off Cape Cod, is a celebrity destination like no other. If your idea of relaxation is star searching for hours, Martha's Vineyard is a must. Celebrities like [Reese Witherspoon](#), Barack Obama, Bill Murray and Jake Gyllenhaal spend their vacation days unwinding on the beach and quaint towns. Another highlight to the Vineyard, is that the atmosphere is very laid back. While it does have a large population of celebrities, there is no need to dress yourself up. So pack your comfiest sandals and your best celebrity spy gear, and head on over to the Vineyard!

Related Link: [Celebrity Travel: How to Travel in Style Like a Celebrity](#)

4. Greenville: Greenville, South Carolina—yeah, that Greenville. As there are many cities called Greenville, this one city aims to stand out. With the town constantly growing, there is never a shortage of things to do. Bring the whole family and check out the Children's Museum and the Museum of Art. Or, tap in to your adventurous side and explore the many hiking trails they have available. Regardless of what you choose to do, Greenville will not disappoint.

5. Williamsburg: If you prefer history and rich culture over a tropical retreat, Williamsburg should be on the top of your list. This town is a monument to our founding fathers and an old English colony that will leave you speechless. While wandering the streets of downtown Colonial Williamsburg you'll be completely immersed in the past. With old style buildings, monuments and even men dressed as if they were from that time, you will be convinced you took a time machine.

What are some of your top relaxation destinations? Comment below!

Zayn Malik Opens Up About His Celebrity Relationship with Gigi Hadid



By [Ashleigh Underwood](#)

Being young and in love is never easy, especially for people in the public eye. [Celebrity couple](#) Zayn Malik and Gigi Hadid are no exception. In a recent interview with [UsMagazine.com](#), Malik opened up about his [celebrity relationship](#) with the model. When asked about how he and Hadid handle the public attention, he stated that the two of them try to ignore all the comments. Instead, they focus on

each other and “do right” by one another. He also shared that since they both love to cook, many of their date nights are spent cooking for one another and trying out new meals.

We can't get enough of this celebrity relationship! What are some other date night ideas for longtime couples?

Cupid's Advice:

When you have been with someone for a long time, date nights can seem tedious: You cook the same meals, go to the same restaurants, and watch the same movies. If you want to spice it up, check out these fun date ideas:

1. Get out of your comfort zone: When things start to feel too comfortable in your relationship, do something daring! If you and your partner love to dance, go to a new club. If you end up loving it, you have a new go-to spot, and if it's not quite your thing, you have a fun new memory to share with each other. Or take a cue from this celebrity relationship and simply try out a new recipe – it's as easy as that!

Related Link: [Celebrity Couple News: Gigi Hadid and Zayn Malik Love Each Others Clothes](#)

2. Get intimate: It is easy to get into a routine with your partner: You come home, eat dinner, watch television, and go to bed, only to repeat it all the next day. Often, we forget that intimacy matters in a relationship. To get back into that romantic zone, try getting a couples massage. This way, you will be able to relax from the stresses of your life and also feel closer to one another.

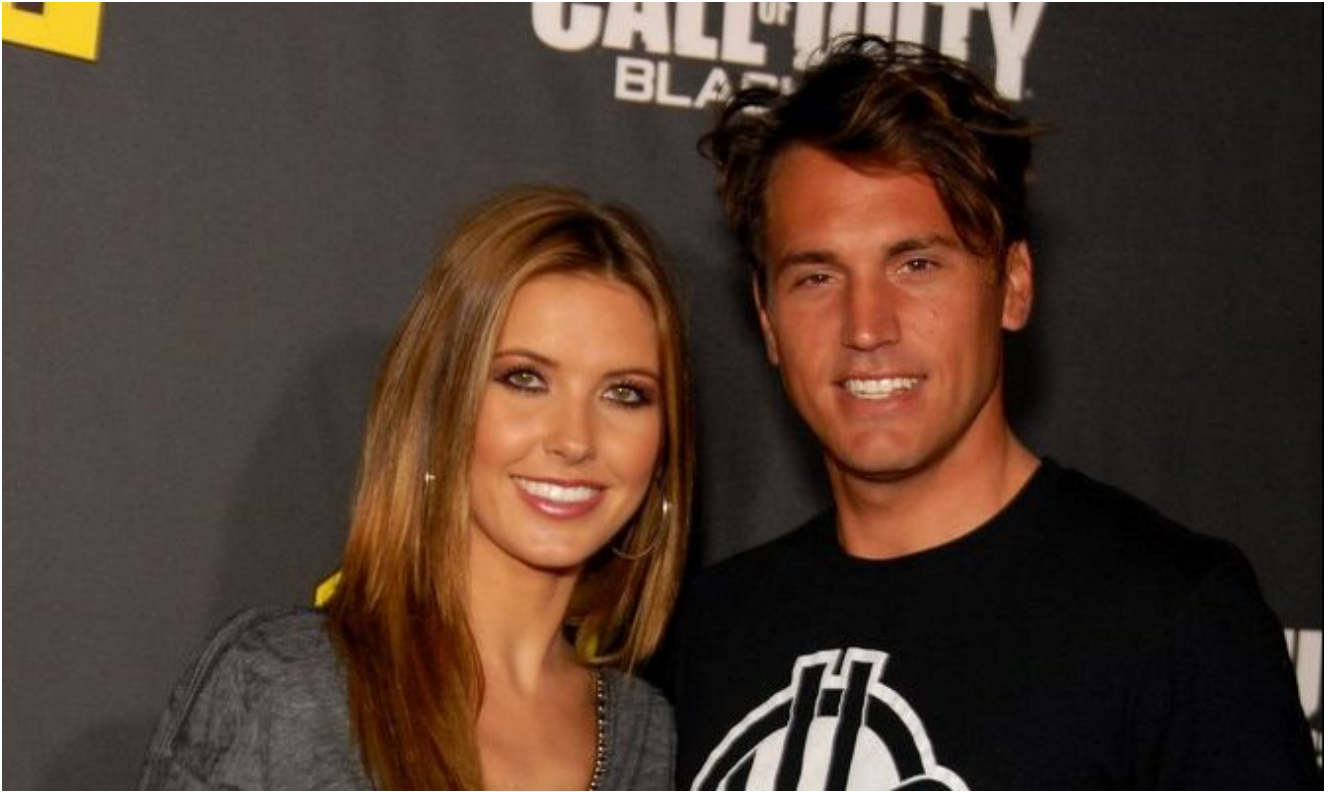
Related Link: [Date Idea: Take a Journey](#)

3. Get competitive: There is nothing more fun than beating your partner in a heated round of a board game. While this date idea may be simple, it is also extremely overlooked. Having a game night is the perfect way to show off both your competitive and flirty sides. You could even make it interesting and make bets. Winner gets to choose a romantic dinner destination!

What are some fun date ideas you have tried? Comment below!

Celebrity Baby: Serena Williams Introduces Daughter Alexis Olympia





By [Ashleigh Underwood](#)

It's a girl! A [celebrity baby](#) destined for Olympic gold has been born, and her name is Alexis Olympia Ohanian Jr. Although she was born almost two weeks ago on September 1st, [celebrity couple](#) Serena Williams and her fiancé Alexis Ohanian have only just shared pictures and the name of their newest addition. While they opted to keep the sex of their celebrity baby a secret until her birth, Williams revealed to [People.com](#) that she felt "like it has to be a girl because everything that that baby went through and handled like a champ, only a woman could be strong enough to take on."

This celebrity baby made her debut on social media! What are some other ways to introduce your child to family and friends?

Cupid's Advice:

Having a baby is an incredible and life-changing event in every parent's life. It is so amazing, in fact, that you will want to share your bundle of joy with everyone. Here are a few ways to reveal your exciting news:

1. Throw a party: What better way to celebrate your baby than with a party! Invite your family and friends to a "sip and see" to show off your child. If you didn't get the chance to have a baby shower, use this get-together as an opportunity to let your guests meet your little one and shower him or her with gifts.

Related Link: [Celebrity Baby: 'Bachelor in Paradise' Stars Jade Roper & Tanner Tolbert Reveal Baby Girl's Name](#)

2. Send an announcement: If you are a little wary about letting people near your newborn, send out a baby announcement. Take some adorable photos of your child and attach them to a card sharing their name, birthday, birth weight and height, and other important information. You can even include a personalized note, thanking everyone for their love and support during this exciting time.

Related Link: [Celebrity Baby: Eva Longoria Is Not Pregnant Despite Rumors, Rep Says](#)

3. Opt for a pregnancy announcement: A fun and easy way to share your baby news is with a pregnancy announcement. After you give birth, odds are, you will be too busy and tired to see family and friends. Instead, have a party or take pictures *before* the big day. This way, everyone will know that you are expecting and can congratulate you right away.

How did you announce your new baby? Comment below!

Popular Restaurants: The Best NYC Vegetarian Spots



By [Ashleigh Underwood](#)

For quite a long time, it was tough for vegetarians to find a good meal in New York City. Most of the time, vegetarian food would be bland, poorly cooked or of the cheapest quality—definitely not something you would be dying to eat. However, as more and more people have traded in their meat loving ways and opted for a vegetable-based diet, NYC has finally gotten on board. Now, there are many food options and places to choose from that will have vegetarians swooning.

Are you a vegetarian looking to try out some awesome new meals? Check out the most popular veggie-friendly restaurants in NYC!

1. Beyond Sushi: When most people think of sushi, they automatically think of raw fish wrapped in rice, which is not necessarily ideal for a vegetarian. What if there were a place that took your love for sushi and made it vegan? Well, Beyond Sushi is the place for you. With many options beyond the basic California roll, there is certainly something for everyone. This restaurant opts for foods such as curried cauliflower, mushrooms and charred corn instead of typical sushi ingredients. If sushi isn't quite your thing, they also offer a variety of dumplings, noodle salads, soups and rice wraps to satisfy your hunger.

Related Link: [Popular Restaurants: Best Bagels in NYC](#)

2. Dirt Candy: If you are on the hunt for the most popular restaurant, this place should definitely be on your list. Dirty Candy was the first vegetarian-focused restaurant in NYC, and it has not disappointed their customers since opening many years ago. While offering brunch, dinner, dessert and a drink menu, their options are quite extensive. For brunch, there are a variety of à la carte choices with their most popular being the Brussels sprouts tacos. For dinner, they do not serve à la carte, however guests are welcome to choose from either a five or 10 course meal with a wide range of veggie options.

Related Link: [5 Famous NY Restaurants to Visit if You Want to Spot One of Your Favorite Celebrities](#)

3. Avant Garden: For a special night out with a fancy setting,

this is the place to be. With a quaint and intimate atmosphere, this place is perfect for celebrating a special occasion. While, this place is on the more expensive side, all the reviews point to it being well worth the money. If you're very hungry, expect to try many of their menu options, since their portions are fairly small. Also, check out their menu before you go! If you go once, odds are the menu has changed since the last time you were there, as they have a rotating seasonal menu.

Related Link: [Famous Restaurants: Crazy Milkshakes in NYC](#)

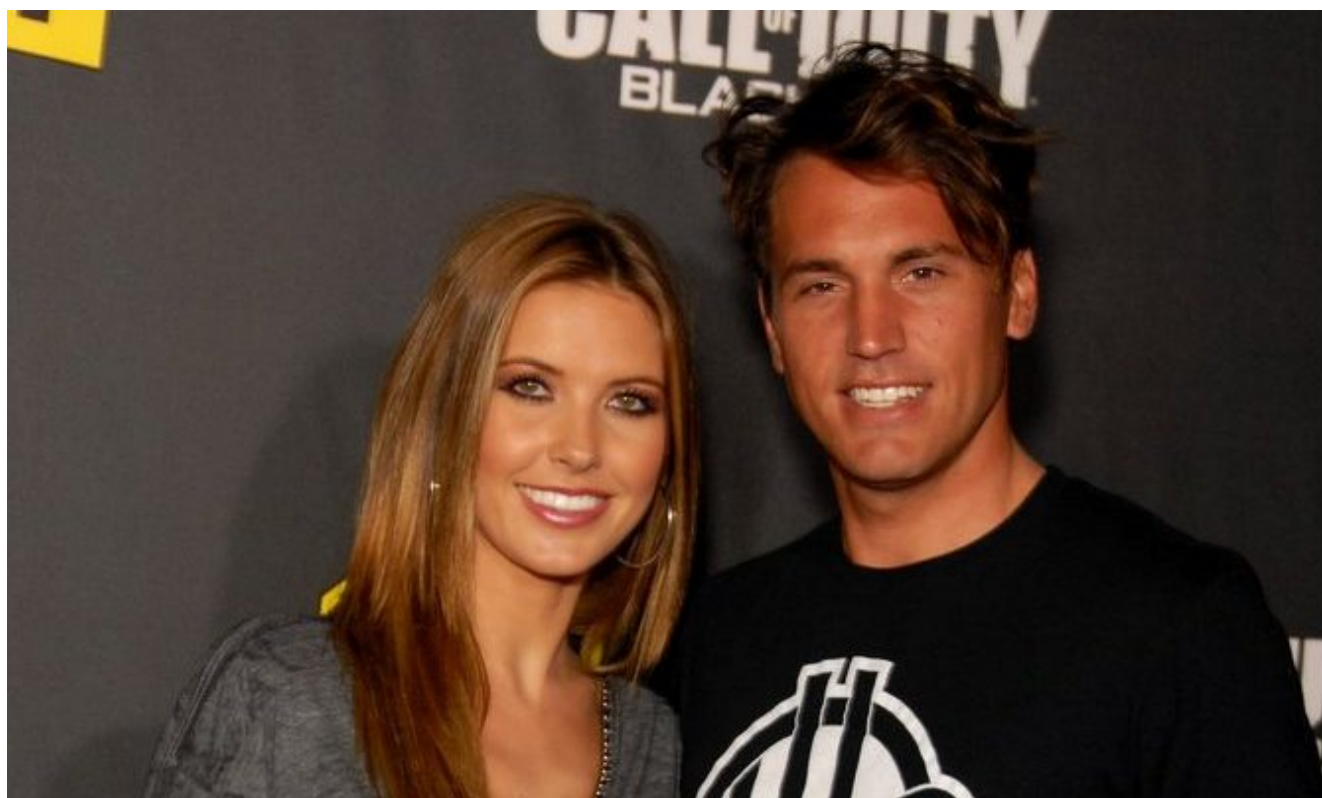
4. Narcissa: The menu at this popular restaurant is sure to have something for everyone! Bring along your meat eating friends, and they are sure to find something they like as well. Their dinner options have many meat-based appetizers to choose from, and then a healthy variation of vegetable-based meals. They also have the option to order by the course, offering two appetizers, main dishes, sides and one dessert per person. Alongside their delicious food choices, Narcissa is also happy to offer local products coming from Hudson Valley Farm.

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5. Superiority Burger: For so long, it was extremely rare for any vegetarian to find a quality burger that didn't fall apart at the seams. This eatery takes the classic vegetarian burger to the next level, pleasing all types of customers. Their burgers are made with lentil, quinoa and black beans, creating the most incredible taste blend. To make this place even better, they are insanely affordable! With prices ranging from \$4.00 to \$9.00, everyone is able to eat out as often as they like!

What are the best vegetarian restaurants in NYC you have tried? Comment below!

Reality TV Star Dean Unglert Talks About 'Bachelor in Paradise' Love Triangle



By [Ashleigh Underwood](#)

Finding love isn't easy, even for [Bachelor in Paradise](#) contestants. As reported by [People.com](#), during this season's competition, reality TV star Dean Unglert found himself in the middle of a love triangle. He initially pursued a relationship with Kristina Schulman and then showed interest in Danielle Lombard, ultimately leading them both on. Schulman eventually took herself out of the game, allowing Unglert to continue his

[celebrity relationship](#) with Lombard. While filming Monday's finale episode, the [reality TV](#) star admitted that he hurt both women throughout the show. "Watching it all play back, it makes me realize that I need to change a lot of things about myself before I can actually pursue a relationship," he shared. "It sucks to come to that realization that what you've been doing is just not right. To see how deeply upset Danielle and Kristina both were, it hurt."

Dean Unglert realized that he needed to change after viewers saw him involved in a reality TV love triangle. What are some ways to make sure you're ready for a relationship?

Cupid's Advice:

As Unglert learned, starting a relationship can be stressful. If you are unsure whether or not you're ready to begin something new, answer the three questions below:

1. Are you comfortable with yourself? A big part of dating is joining together two lives: your's and your partner's. Before you commit to a relationship, make sure you're happy with who you are and the life you're living. As they say, you must love yourself first.

Related Link: [Celebrity News: 'Bachelorette' Castoff Dean Unglert Still Isn't Speaking to Father After Emotional Reunion](#)

2. Are you a good communicator? In order to make a relationship work, you have to communicate. When an issue arises, the two of you need to be able to work it out in a

healthy way. Make sure you are ready to talk openly and honestly with your partner.

Related Link: [Celebrity Break-up: 'Bachelor in Paradise' Star Amanda Stanton Opens Up About Her Split From Robby Hayes](#)

3. Have you moved on from your past? If you hope to move forward in a relationship, you need to let go of the past. You cannot be focused on your previous dating experiences and how they ended up. All you can do is learn from your past and concentrate on the present.

Cupid wants to know: How did you know that you were ready for a new relationship?

Celebrity News: Jennifer Lopez Plays Singing Coach to Boyfriend Alex Rodriguez's Daughter





By [Ashleigh Underwood](#)

[Celebrity couple Jennifer Lopez](#) and Alex Rodriguez have no problem blending their families. The pair have been known to include their children while spending quality time together, according to the latest [celebrity news](#) on [E! Online](#). Most recently, J.Lo shared her knowledge of music with Rodriguez's daughter, Ella. Rodriguez posted a video on Instagram, gushing about both his daughter and girlfriend while showing off their singing skills. He even referred to Lopez as "Coach JL."

According to this celebrity news, Jennifer Lopez is hitting off with Alex Rodriguez's daughter! What are some things to consider when trying to bond with your partner's children?

Cupid's Advice:

It can be hard to win a child's affection, but it means even more when it's your partner's child. When trying to bond with them, consider this advice from Cupid:

1. Be patient: While you might want to be close with the children right away, it's just not plausible. When someone new is introduced into a child's life, it's a big adjustment. It can take more time for them to get used to the changes than it does for you. So be patient and wait until they're ready.

Related Post: [Celebrity News: Jennifer Lopez's Twins Cuddle with Alex Rodriguez Kids in Sweet Pic](#)

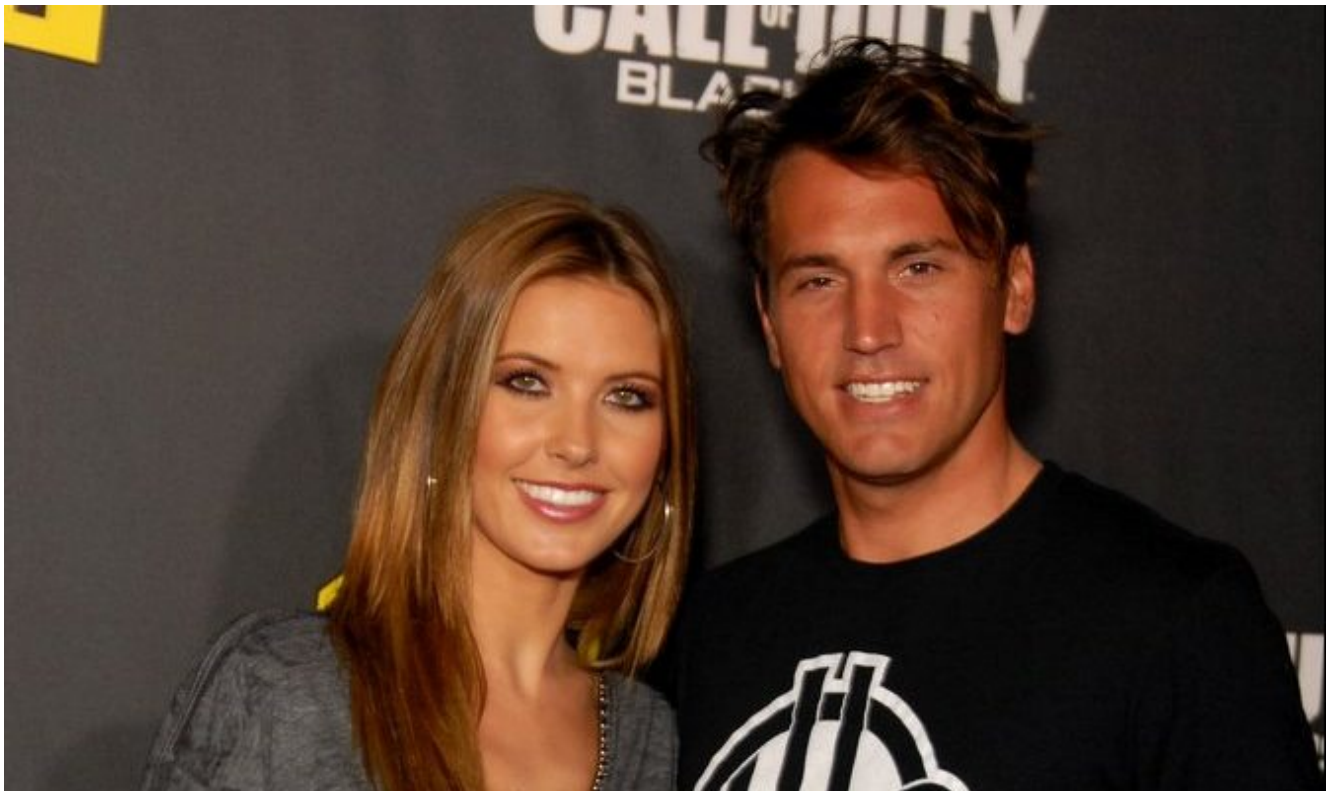
2. Make an effort: Kids can tell when you make an effort with them and want to be around them. Take a cue from Lopez in this celebrity news: Show an interest in their hobbies and interests, and try to do those things with them. If they feel like you genuinely care about them and their life, they will feel more comfortable with you.

Related Post: [Celebrity Wedding: Jennifer Lopez & Alex Rodriguez Are Already Talking About Marriage](#)

3. Let them in: Curiosity is a big part of being a kid. Things are constantly happening around them that they may not understand. They don't want to feel like you're another mystery in their life, so be open with them and answer any questions they have. If they understand who you are, they will be able to create a stronger bond with you.

How did you bond with your partner's kids? Comment below!

Celebrity News: Peter Kraus Speaks Out About Arie Luyendyk Jr. Becoming 'The Bachelor'



By [Ashleigh Underwood](#)

The new [Bachelor](#) for season 22 has been decided. While many fans believed Peter Kraus was the front runner and clear choice, the [latest celebrity news](#) is not in his favor! Instead, Arie Luyendyk Jr. will be this season's star. Although ABC went in another direction, Kraus believes they "made the right choice," according to [E! Online](#). He is grateful for the opportunities [The Bachelorette](#) provided for him and is ready to continue helping people in his home state

of Wisconsin.

In this celebrity news, Peter Kraus says he supports ABC's decision, but does he really? What are some ways to deal with rejection?

Cupid's Advice:

Rejection can be hard to deal with, especially when you were sure of the outcome. So, when it rejection hits you out of nowhere, use these tools to to make it through:

1. Accept the outcome: Denying rejection will not make it go away. In fact, it will only delay your ability to move on and try again. So, after giving yourself some time to grieve, acknowledge the rejection and move forward.

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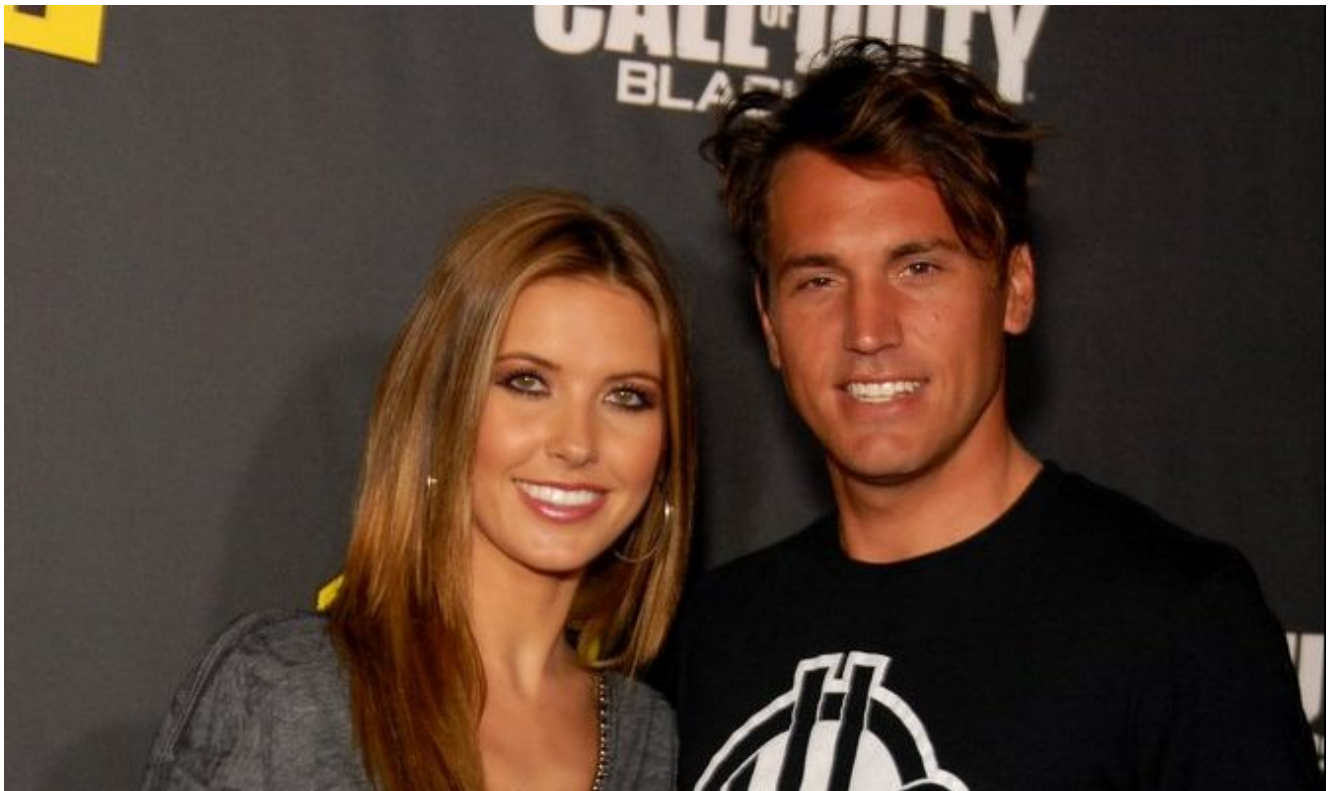
2. Don't give up: When you are faced with rejection, it is all to easy to throw in the towel forever. Don't! Rejection happens all too often in life and you have to learn to continue on afterwards. Try and see it as a minor set back and then continue to go after your goals.

Related Link: [Celebrity Break-Up: Kylie Jenner Says She's 'Genuinely Happy' and Having 'More Fun' After Split from Tyga](#)

3. Don't take it personally: Rejection is never about you as a person. Whether you were denied a job, a date or an opportunity, the blame cannot be placed on yourself. The person in control was rejecting what didn't work for them or their situation. It does not mean that there is something wrong with what you have, it was just the wrong fit.

How do you manage rejection? Let us know below!

Celebrity Baby: Eva Longoria Is Not Pregnant Despite Rumors, Rep Says



By [Ashleigh Underwood](#)

The [latest celebrity news](#) surrounds actress Eva Longoria. While enjoying a romantic vacation in Athens, Greece, Longoria and husband José Bastón were strolling around enjoying the view. While out, Longoria was spotted wearing a long flowing

dress that sent her fans into chaos, according to [UsMagazine.com](https://www.usmagazine.com). Although this is not her first [celebrity pregnancy](#) rumor, Longoria's representatives have continuously denied the rumors.

The rumor mill was wrong with this celebrity baby theory! What are some ways to keep the pressure to have kids from affecting you?

Cupid's Advice:

It can be hard dealing with outside influences, especially when it's a sensitive subject. Here are a few ways to deal with the pressure of having kids:

1. Stay cool: If you are receiving continuous pressure to have kids, but are sure you don't want any, it can be easy to get worked up. When you let the baby pressure get to you and take over your emotions, you are nothing, but miserable. Instead, take a breath and ignore the baby talk.

Related Link: [Celebrity News: 'Bachelorette' Alum Shawn Booth Open Up About Having Kids with Kaitlyn Bristowe](#)

2. Have a sense of humor: It can be easy to take baby pressure and rumors personally. Instead, just laugh it all off. When people are urging you to have kids, they are not intending to hurt your feelings. So, just carry on with a positive and humorous attitude.

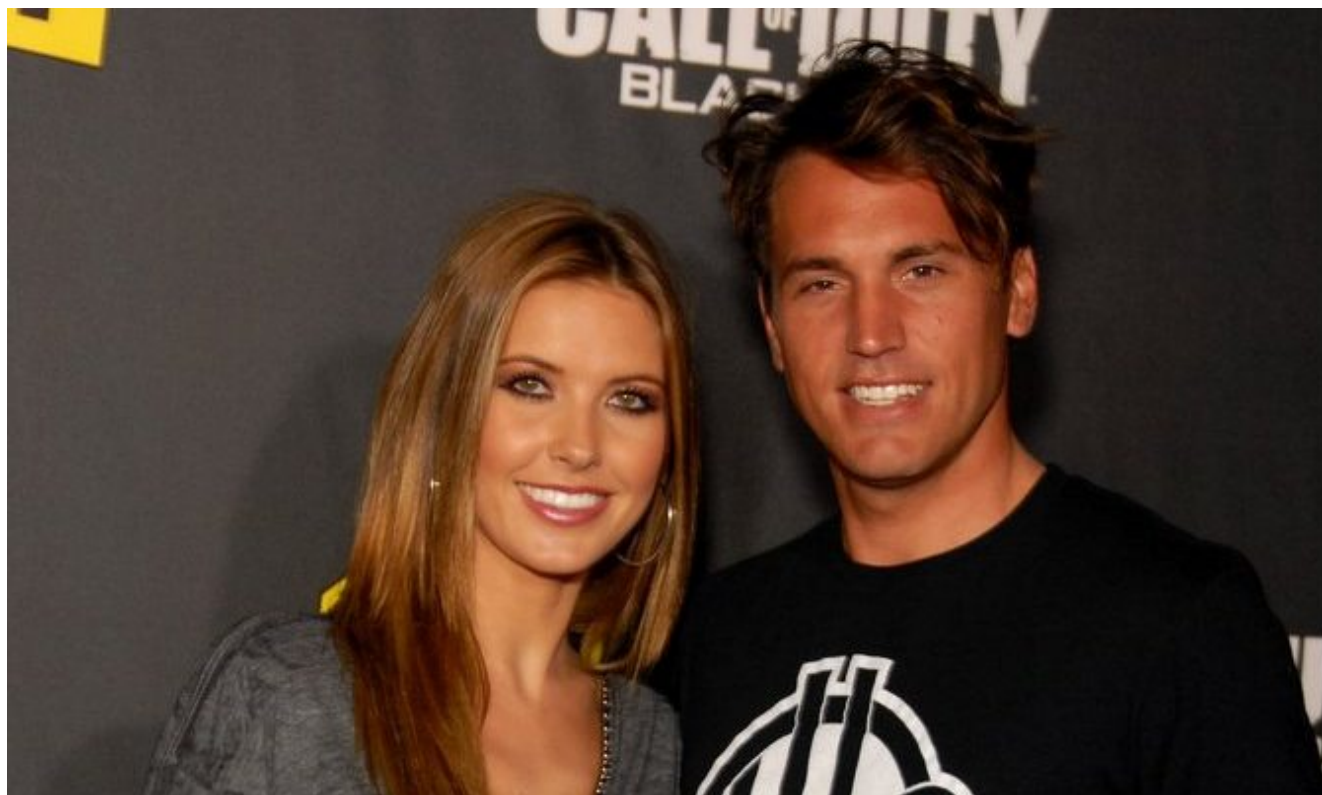
Related Link: [Celebrity Baby News: 'Bachelorette' Rachel Lindsay Says Bryan's Mom 'Is Pressuring Us for Babies'](#)

3. Go with it: Even after telling people over and over again that a baby is not in your near future, they still might not

get the point. When this happens, it is easiest to just let them run with their imagination. This will take the pressure off of you to keep convincing them otherwise, and eventually they will figure out they are wrong.

How do you avoid the pressure to have kids? Comment below!

Parenting Tips: How to Deal with Empty Nest Syndrome



By [Ashleigh Underwood](#)

When you have a child, [parenting](#) becomes a big part of your

life. You are invested in your kids, and much of what you do is about them and for them. What happens, then, when your children grow up and no longer need your constant care? Unfortunately, for many parents, the result is empty nest syndrome, causing depression and extreme loneliness. Thankfully, [PsychologyToday.com](https://www.psychologytoday.com) offers some helpful insights for dealing with these tough times.

If you're struggling with Empty Nest Syndrome, worry not. Cupid is here to help, with five [parenting tips](#) to deal with your symptoms:

1. Talk it out: In most situations, the best thing you can do is talk about how you feel. Getting your emotions out in the open allows for you to release some stress you have and to think out your problems. Opening up to your spouse or your friends can also give you a new perspective on your feelings. Odds are they are going or have gone through the same situation.

Related Link: [Parenting Tips: How To Cope With Stress](#)

2. Find new hobbies: When her youngest children went off to college, [celebrity mom](#) Susan Sarandon took advantage of her free time. She jumped headfirst into her acting career and starred in a Broadway play. Whether you throw yourself into your work, like Sarandon, or take up painting, a new activity can easily distract you from your quiet home.

3. Keep in touch: Just because your kids have flown the nest, doesn't mean you can never talk to them again. Stay in contact! Every once in a while, check in with your kids and see what they are up to. This will keep you feeling close and connected with them, even while they're gone.

Related Link: [Parenting Tips: How to Connect with Your Teenager](#)

4. Stay positive: In hard times, it is easy to fall into a negative state. You can tell yourself every negative scenario in the book, but it will only make things worse. Instead, keep your head up and focus on the positives. Every situation is easier with a positive attitude.

5. Prepare beforehand: Before your children leave, take some time to prepare. Enhance your personal and social life so that you have something to look forward to when they are away. Make new friends, start new hobbies or even begin talking about your fears in advance.

How do you deal with empty nest syndrome? Comment Below!

**Fashion Trend: Making
Sweatshirts Stylish**





By Ashleigh Underwood

With fall just around the corner, fall [fashion](#) is in full swing. Colder weather and shorter days has us longing for warm and comfortable clothes we can wear in every situation. This means wearing sweatshirts as the latest celebrity [fashion trend](#). While sweatshirts have been a staple in lazy Friday fashion, they can also be worn in fancier, everyday settings.

Take a cue from this fashion trend to incorporate sweatshirts into your everyday wardrobe:

1. Keep it simple and casual: Sometimes, the best look is the most simple one. Break out your comfiest knit sweater, and layer it over some skinny jeans and boots. You'll look stylish, while staying comfy and warm all day long.

Related Link: [5 Trends to Make Winter More Bearable](#)

2. Dress it up: When you're ready to show off your

sophisticated side, pair your sweatshirt with a skirt. Tuck in your sweater, slide on some heels and decorate yourself with jewelry. This is a sure fire way to glam up any sweatshirt.

3. Elegant and chic: For those days when you want to feel classy, but stay comfy, try for this look. Take a page from [Hilary Duff](#)'s style guide and wear your sweatshirt over a classic button down. Show off the collar and let the bottom of the shirt peek out from the bottom of your sweater, creating that perfect chic style.

Related Link: [Product Review: Keep Warm These Colder Months With Peekaboos Ponytail Hats & Scarves](#)

4. Edgy and bold: If you are feeling determined and bold, this look is for you. Starting with your sweatshirt, add a pair of leather pants, a long cardigan and your favorite glam accessories. In no time, you will be looking as fierce as ever.

5. Bring back summer: With cold weather coming fast, it is understandable to want to hang on to summer vibes as long as possible. Channel your inner Vanessa Hudgens and layer a long sweatshirt on top of a summer dress to get that classic boho look. Finish the outfit off with a stylish hat and boots and you're good to go!

What are some ways you style a sweatshirt? Comment below!

Celebrity Couple News: Chloe Green Denies Engagement to

'Hot Felon' Jeremy Meeks



By Ashleigh Underwood

While this [celebrity couple](#) may have gotten their start in a scandalous way, things have been heating up fast between Chloe Green and Jeremy Meeks. That's why, when spotted with a sparking diamond ring, rumors flew that the two were engaged. However, that rumor was put to rest quickly when Green's team stated "Chloe is not engaged," according to [E! Online](#). Despite the rumors and controversy, the pair continue to show off their [celebrity relationship](#) and pile on the PDA.

Despite reports, this celebrity

couple is not soon to be married. What are some ways to know you're ready for an engagement?

Cupid's Advice:

Getting engaged is a big step in a relationship. Knowing the right time to get engaged is important, but can sometimes be tricky. Here are a few ways to know you're ready:

1. Talk with your partner: When getting engaged, you and your partner need to be on the same level. While one of you may be ready to move forward, the other may not be. Make sure to discuss where you are at with your partner so you will know when you're both ready.

Related Link: [Relationship Advice: Don't Let Him be the One Who Got Away](#)

2. You are comfortable with yourself: A big part of being in a relationship, is knowing that you are okay with yourself. You each have your own identity, apart from each other, and that is good. If you know that you would be alright on your own but would rather be with your partner, you may be ready to get engaged.

Related Link: [Relationship Advice: Post-Engagement Behavior](#)

3. You are sure they're the one: In the end, it all comes down to your true gut feeling. If your partner checks off everything on your list, and makes you feel complete, you may be ready. When you know your partner is the one you want to be with, then go with it.

How did you know you were ready to be engaged? Comment below!

Celebrity Wedding: Sarah Michelle Gellar & Freddie Prinze Jr. Celebrate 15th Anniversary



By Ashleigh Underwood

[Celebrity couple](#) Sarah Michelle Gellar and Freddie Prinze Jr. are here to stay, and are stronger than ever. Recently, the pair celebrated their 15th [celebrity wedding](#) anniversary. After all these years, the couple is still together and making it work. In a recent [celebrity interview](#) with [E! Online](#),

Prinze admitted that their secret is staying friends and knowing each other inside and out.

This celebrity wedding anniversary is one for the books! What are some ways to make your anniversary special for your partner?

Cupid's Advice:

Your anniversary is something to be celebrated! Cupid has some ways to be sure your anniversary plans are up to snuff:

1. Incorporate the past: You and your partner are celebrating your anniversary for a reason. You have been together for a significant amount of time, and made some great memories along the way. Use those past memories to show your partner how much they all meant to you.

Related Link: [Celebrity Relationship: Jessica Simpson Celebrates 7-Year Anniversary With Eric Johnson](#)

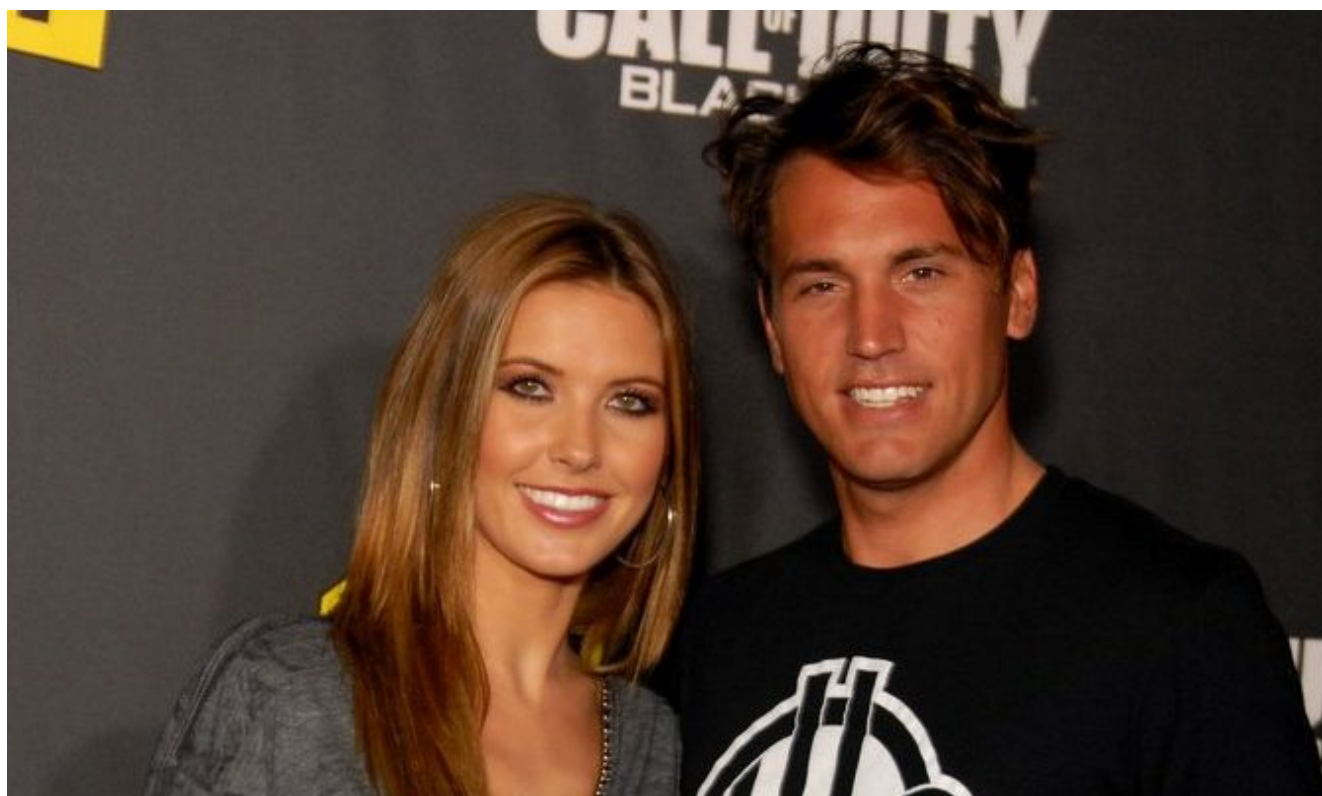
2. Keep it simple: Sometimes, the most simple of celebrations mean the most. An intimate, candle lit dinner at home can allow for a more meaningful night with your partner. Even something as simple as cleaning up around the house, can show your partner that you care.

Related Link: [Celebrity Couple Sarah Michelle Gellar and Freddie Prinze Jr.'s Kids are the Perfect Mix of Mom and Dad](#)

3. Make the day about the relationship: This anniversary is all about you and your partner. Make sure that your partner knows that this day is dedicated to just that. Leave your worries about everything else for another day, and keep your focus on celebrating your love.

How do you make your anniversaries special? Comment below!

Celebrity Baby: Find Out How Spencer Pratt & Heidi Montag Picked Their Baby's Name



By Ashleigh Underwood

[Celebrity couple](#) Heidi Montag and Spencer Pratt have decided on a name for their [celebrity baby](#) boy! As these two stars got their start in reality TV, it is understandable that the couple share a love for social media. In a recent celebrity

interview with [UsMagazine.com](https://www.usmagazine.com), Pratt shared the couple's plans for their newest arrival stating "I would just like my baby to be a professional content maker." In order to secure the babies role in the social world, Pratt and Montag made sure to choose a name with an available social media handle.

Social media is being put to use for celebrity baby names these days! What are some ways you can use social media to come up with baby name ideas yourself?

Cupid's Advice:

Choosing a baby name can be hard. There are so many books, lists and options to choose from when deciding what to name your child. To ease the anxiety of picking a name, seek help from your social media. Here a few ways how:

1. Scroll for inspiration: Inspiration can stem from anything. Why not search for ideas in your social media feed? Look at the names of all the people you follow, names of filters, cute words your friends use in a post, anything! Use these words and names to fuel your baby name search.

Related Post: [Celebrity Baby: Spencer Pratt Says He'll Teach His Son What He Shouldn't Have Done](#)

2. Ask your followers for advice: Stuck between two names you just love? Leave the choice up to someone else! Set up a poll on you social media account and let your followers choose for you. This takes the pressure away from you, and your child gets a name you love either way.

Related Post: [Pop Star Singers: Cutest Celebrity Babies](#)

3. Search the name: If you want your baby's name to be absolutely unique, search for it on your social media accounts. Find a few names you like and then search for them. By doing this, you can see if they are more or less common and can choose which is better for your baby.

How did social media help you choose your baby's name? Comment below!

Celebrity News: Spoiler Alert! 'Bachelor in Paradise' Stars Derek Peth & Taylor Nolan Are Engaged





By Ashleigh Underwood

This season, *Bachelor in Paradise* has fulfilled its goal of helping its contestants find love. In [latest celebrity news](#), Derek Peth and Taylor Nolan have decided to continue their romance and have gotten engaged! According to [UsMagazine.com](#), the [celebrity couple](#) engagement came out of the blue on Wednesday, August, 30. With a Neil Lane ring, Peth popped the question during a taping of *Bachelor in Paradise's* after-show.

This celebrity news comes before this season of *Bachelor in Paradise* is even complete! What are some ways to keep your engagement on the down-low until the right time?

Cupid's Advice:

Getting engaged is a big and important step in a relationship. However, you may not be ready to share your big news with everyone around you. Here are a few ways to keep your new status quiet until the right time:

1. Stay off social media: When you and your partner get engaged, it's only natural to commemorate the event with photos. While you may be tempted to share photos or post subtle clues about your relationship, don't. Social media is the easiest way for your news to spread, whether or not you're ready for it.

Related Link: [Is Your Boyfriend Hopping Around the Big Question?](#)

2. Don't show off your ring: If you and your partner want to keep your relationship on the down-low, it is best to hide your ring. Your ring is a dead giveaway. So, when you are out in public it is best to keep it hidden, or take it off altogether.

Related Link: [Celebrity New: 'Bachelor in Paradise' Premiere Addresses DeMario Jackson & Corinne Olympios Scandal](#)

3. Make it a private event: When people get engaged, it seems only nature to make a grand gesture. However, when you are trying to keep things quiet, it is best to keep your proposal simple and private. Instead of proposing at a big event, opt for an intimate dinner or romantic night in.

How did you keep your engagement on the down-low? Comment below!

Celebrity Baby: John Legend Opens Up About Fertility Struggles with Chrissy Teigen



By Ashleigh Underwood

Fertility struggles are something that no partnership wants to have to endure. While [celebrity couple John Legend](#) and [Chrissy Teigen](#) have shown off their beautiful [celebrity baby](#), Luna, it has not always been easy to grow their family. In a recent celebrity interview with [UsMagazine.com](#), Legend opened up about his and Teigen's fertility struggles and how it made their relationship stronger. He stated that "having a baby is a big challenge for a couple, and going through that together strengthens your bond because if you make it through [having a child], you know you can make it through anything."

This celebrity couple can make it through anything. How can you help your partner through their fertility challenges?

Cupid's Advice:

No couple wants to experience fertility issues. It can put added stress and strain on the relationship, but the key is to support one another. Here are a few ways to show your partner that you support and care for them:

1. Communicate: Fertility issues can bring about many internal struggles. It is important to talk about how you feel so that your partner can help you work through it. The last thing you want is to be on two different pages and not even know it.

Related Link: [Relationship Advice: 5 Communication Keys Every Relationship Needs](#)

2. Don't place blame: It is no one's fault when you are struggling to start a family, and it does not help to blame each other. Instead, be patient and understanding with your partner. Let them know that you share the burden and know it is not their fault.

Related Link: [Relationship Advice: Marriage Survival Guide for Tough Times](#)

3. Get involved: Actions always speak louder than words. A part of showing your partner that you care, is going to all appointments and events with them.

How do you support your partner through fertility struggles? Comment below!