

Celebrity Baby News: Amanda Bynes Is Pregnant with First Child



By Ellie Rice

In the latest [celebrity news](#), tabloid favorite Amanda Bynes is expecting! According to *UsMagazine.com*, the news comes as a shock as she is welcoming her first child with ex fiancé, Paul Michael. The pair have been on-and-off in recent days, noting Bynes' complicated conservatorship as a driving force behind the breakups. We wish these two nothing but the best as they bring this child into the world!

In celebrity baby news, Amanda Bynes is pregnant after reuniting with your ex, Paul Michael. What are some ways to cope with an unexpected pregnancy?

Cupid's Advice:

Unplanned pregnancies can be complicated and extremely emotional. If you're looking for ways to cope with your current situation, Cupid has some advice for you:

1. Tell someone: Don't be alone in this. If you're in a relationship, explain to your partner what's going on and how you are feeling about it. Maybe hearing what they have to say will alter your perspective on the situation and outlook on this opportunity. If the two of you decide that a baby is the

next step in your relationship, then educate yourselves on everything that entails. If you're not ready to tell your partner or they are out of the picture, that is okay too! Speak with a friend or family member, as a sense of release and care for mental health.

Related Link: [Amanda Bynes: When Help Is Needed But Not Wanted](#)

2. Build a support system: If you've decided that even though this pregnancy is unexpected, it is still something you want to move forward with, then you have an exciting few months ahead. Make sure you are surrounding yourself with friends and loved ones to support you through the next nine months. It is important for your physical and mental health to have people to turn to when you need it.

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3. Understand your options: If you are truly not ready for a baby, that is okay! Schedule an appointment with your doctor to learn about the next steps you can take in this process. Understanding that you are not alone and have choices to make is crucial. Research and educate yourself on dealing with unplanned pregnancy and speak with counselors and medical professionals to help you further acknowledge your options. Whether you decide to keep your baby, choose adoption or abortion, this decision is a personal one. Be sure you are reaching out to your support system and taking care of your own mental health along the way.

How would you handle an unexpected pregnancy? Start a conversation in the comments below!

Andrew Garfield Attends Girlfriend Emma Stone's Broadway Debut



By Amanda Boyer

Making her Broadway debut, Emma Stone is doing big things as of Tuesday, Nov. 11. *The Help* and *Cabaret* star is now performing in front of big audiences and even her longtime boyfriend is showing up and supporting her. According to UsMagazine.com, Andrew Garfield came backstage after the show with Stone's mother and other guests. Garfield kissed her and congratulated her.

What are some ways to support your partner's interests?

Cupid's Advice:

Relationships should be filled with faith and support from your partner. Cupid has some tips:

1. Write a note: If your honey has a big day at work or an event coming up, leave them a motivational note in their purse or briefcase so they find it right before.

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2. Listen: Be all eyes and ears when they are talking to you about something they are passionate about. It will show how much they want to share that with you.


Related: [Emma Stone and Andrew Garfield Attend a Cirque du Soleil Production in Hollywood](#)

3. Surprise them: To show some support for them after a long day, make dinner for them and plan a date night. They will appreciate your thoughtfulness.

Share other tips to support your partner below.

Amanda Bynes: When Help Is Needed But Not Wanted



 By Jane Greer, PhD for GalTime.com

Amanda Bynes has been in the news recently after a flurry of erratic behavior both in the real world and on Twitter. Drama peaked this week when she was allegedly caught in possession of drug paraphernalia and arrested. Two mug shots were circulated, one of Bynes wearing a flamboyant, platinum wig and the second with the wig removed revealing a new super-cropped haircut. Since the incident, she's lashed out at Rihanna on Twitter saying she had been beaten by Chris Brown for being "not pretty enough."

The child star has been having trouble for a while, including an arrest in 2012 for a DUI. Last month, she announced that she had an eating disorder and posted a photo of herself wearing only a bra. Since then, she's been sharing increasingly inappropriate photos of herself on Twitter. For those of us on the outside, it is like watching a train wreck: we can see it happening but there really isn't anything we can do. But what about those close to her? Is there anything they can do? And what can you do if you have a friend or family member spinning out of control?

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In Bynes' case, it is hard to know if she is dealing with a drug problem, a mental health condition or something else, but one thing is for sure, she needs help. The reality is, though, she doesn't seem to be taking it. This is something many of us can relate to, the desperate pull to want to help someone in trouble who is flat out refusing to accept it. Your instinct is to throw them a rope, but they just swim in the other direction and cut themselves off from those who love them.

Sometimes friends and family coming together as a united front and doing an intervention can cut through the refusal to help. If that doesn't work, you might consider getting out of their way; on occasion a person has to hit rock bottom before they really take their problem seriously and are willing to accept help. So often people deny the severity of their situation and continue to think they can handle themselves and that they are OK. Realize that unless and until they experience the full impact of their behavior, they may remain unwilling to do anything about it to change.

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It isn't until they reach their lowest point that they can fully appreciate the seriousness of what they are dealing with, and grasp the importance of getting assistance. It is only then that they will want help and reach out to get it, or accept what is being offered. Of course, stepping aside isn't an easy thing to do. You might feel helpless because they are at risk – if they are dealing with a drug problem the fear is an overdose, if they are mentally ill then you might be worried that they will be self-destructive. The truth is, though, that the more you attempt to help them, the more likely it is that they pull away and isolate themselves further. If you can curb your desire to help so you stop

battling with them, then the only person they are fighting is themselves and they might finally be able to reach out and/or accept help.

Know also that if their out-of-control behavior continues to escalate, at some point either the legal system or the mental health system is likely to get involved so that seeking help will no longer be a matter of choice, but rather a necessity.

As difficult as it can be, sometimes the only option when someone is refusing help is to stop offering. Hopefully this will be the case for Amanda and those who know and love her, and she'll be ready to accept true support on her own soon.

Amanda Bynes Tweets Her Crush on Liam Hemsworth



 By Petra Halbur

Amanda Bynes took to Twitter on June 4th to gush about her latest celebrity crushes. “Liam Helmsworth is the most gorgeous man on the face of the earth other than Tanz Watson. FYi!” Bynes tweeted, misspelling the *Hunger Games* actor’s last name. According to UsMagazine.com, Bynes has a bit of history with Hemsworth, as the two were spotted together at a nightclub back in 2011.

How do you let your crush know you’re into him or her?

Cupid’s Advice:

When it comes to confronting your crush about your feelings,

there is very fine line between being too passive and being too direct. Cupid is here to help you find a middle ground:

1. Drop hints: Incorporate the topic of romance into a conversation and see how your crush responds. Subtly is absolutely key here, but this is a simple, non-confrontational tactic to determine whether or not your relationship has any future.

2. Use non-verbal communication: Try sitting a little closer to your crush during your next conversation, or maintaining eye contact a little longer than usual and see if your crush reciprocates these mild advances or not. Once again, subtly is important here as too much body language can come across as either embarrassing or creepy.

3. Be honest: Unless you want to end up like Eponine from *Les Miserables*, you're eventually going to have to take a leap of faith and confess your feelings. It may be scary but if you don't, then your relationship will never be anything more than a fantasy.

How did you tell your crush you had feelings for him or her? Tell us below.