

Celebrity Divorce: Adele Files for Divorce from Simon Konecki



By Ahjané Forbes

In [celebrity news](#), singer Adele sets “fire to the rain” after she files for divorce from her [celebrity ex](#) Simon Konecki. The [celebrity couple](#) have been together for eight years and share a son, Angelo, together. The two plan to go their separate ways, but will raise their son in a loving environment. The songwriter has not spoken out publicly, but continues to send positive vibes on social media. According to *EOnline.com*, Adele posted on Instagram back in May about her willingness to make this a better year, saying, “30 tried my so hard but I’m

owning it and trying my hardest to lean in to it all.”

In celebrity divorce news, Adele has officially filed for divorce from her husband Simon. What are some ways to announce your divorce to family and friends?

Cupid's Advice:

Telling someone that you and your ex lover have decided to split is not the easiest tasks especially when there is family involved. Some couples live separate lives, but stay together in order to please their family members. This is not the best idea especially when you are not happy being with this person. Cupid has some relationship advice when it comes to telling your family and friends about your divorce:

1. Don't break the news at a family event: This can become awkward very quickly. You don't want to ruin a fun filled event with some bad news. Avoid making any “grand entrance” with news about a separation. You don't want to be put on the spot to answer private questions about your relationship.

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2. Try not to play the blame game: Pointing fingers at why the relationship ended is the easiest way for many to avoid talking about what really happened. Even if it is the other person's fault try not to be petty about what happened. Accepting what when wrong is the first part of the healing process. Learn how to tell the story in a positive light. Use words like “this was the best decision for us” or “we've come to a mutual agreement”. Not only is this mature, but this

language will be best for telling important people like your children.

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3. Let everyone know that you are still processing this: Whether you called it quits or your partner its important that you take the time to process it all. You might be wondering what went wrong or how you will get over this person. The warning signals could have been there, but you didn't know it would go downhill so fast. Take your time and needed space to reflect.

How would you tell people about your divorce? Share your ideas in the comments below!

Adele Celebrates 31st Birthday Amid Celebrity Divorce





By [Mara Miller](#)

In the latest [celebrity news](#) according to *UsMagazine.com*, Adele is celebrated her 31st birthday on May 5 despite her [celebrity divorce](#). In a captioned post on Instagram, Adele wrote, “30 tried me so hard but now I’m owning it and trying my hardest to lean in to it all. No matter how long we’re here for life is constant and complicated at times.” Adele announced her split from [celebrity ex](#) Simon Konecki in April. They have chosen to keep specific details about their split private.

Amid her celebrity divorce and birthday celebration, Adele says life is “complicated.” What are some coping mechanisms for getting through a break-up or divorce?

Cupids Advice:

A break-up or divorce is never easy. Cupid has some advice on how to cope:

1. Spend more time with your bestie: Your best friend(s) can be your strongest ally when it comes to helping you cope after a breakup. They can be there for you to drag you out for lobster and steak, a karaoke night, or even a late night Netflix binge with wine. It can be beneficial to spend time with someone who you know will be there for you without question.

Related Link: [Celebrity Break-Up: Adele & Simon Koneckis Call It Quits](#)

2. Pick up a new passion: This can seem incredibly corny, but picking up a new passion can help you cope with the aftermath of a breakup. Have you always thought about writing a romance novel? Going back to school to get another degree (or your first if you never went to college?).

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3. Practice positivity: Staying positive after a break-up is important for your emotional health because it can be easy to fall into an emotional trap that will leave you circling why your relationship failed in a continuous loop.

What are some other ways you can cope with divorce or a break-up? Let us know in the comments below!

Celebrity Break-Up: Adele &

Simon Koneckis Call It Quits



By [Mara Miller](#)

In [celebrity break-up](#) news, [celebrity couple](#) Adele and Simon Koneckies have decided to call it quits after two years of marriage. They broke up eight or nine months ago, according to a source for *UsMagazine.com*. A second source said, "Their relationship evolved and they became more friends than lovers." The [celebrity exes](#) have a six-year-old son and are committed to raising him together.

In celebrity break-up news, Adele and her husband have decided to go

their separate ways. What are some ways to work on your romantic love?

Cupid's Advice:

Unfortunately, love sometimes fades in a relationship. Cupid has advice on how to work on your romantic love to keep the spark alive:

1. Keep dating: Date nights are important when keeping your love with your partner alive. It gives you both a chance to get away from the kids for the night so you can focus on each other instead of school events, doctor appointments, or work issues.

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2. Take on a challenge together: Whether it's adopting a new puppy, tackling a sink full of dishes, or potty training a new puppy, taking on challenges with your partner encourages the both of you to learn how to work together rather than apart.

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3. Buy each other gifts: It's cheesy and it's been suggested over and over again, but buying gifts for each other really will keep the romance alive. You don't have to show affection for your partner only on holidays or special occasions like an anniversary. Let them know you love them by getting something simple like a candy bar or that coffee they've been eyeing all week!

What are some other ways to work on your romantic love? Let us know in the comments below!

Parenting Tips: See How Celebrity Moms Raise Their Children Without Gender Stereotypes



By [Marissa Donovan](#)

Some [celebrity parents](#) such as Megan Fox break away from gender stereotypes and raise their children to make their own choices on what they want to wear or who they want to become. Fox has been seen letting her first son Noah wear dresses because that is what he is most comfortable in. As a parent,

Fox wants her children to feel confident in the choices they make and gender stereotypes can be detrimental to a child's growth.

Check out how other [celebrity moms](#) are breaking away from gender stereotypes!

1. Jada Pickett Smith: Celebrity kids Jaden and Willow Smith has been making headlines for their actions, but Jada Pickett Smith always stands behind her children! According to Usmagazine.com, Smith claimed to be a unconventional parent for how she allows her children to make their own choices instead of telling them what she validates as okay. Many people have been surprised by Jaden fashion choices and willow's choice to shave her head. She believes it's empowering to let her children put themselves first!



Jada Pinkett Smith
and Jaden Smith.
Photo: Facebook.com

Related Link: [Celebrity Children Who Are Just Like Their Parents](#)

2. Adele: Powerhouse singer Adele is not only a force to be reckoned with musically, but also has a voice when it comes to breaking gender stereotypes. In an interview with Time.com, the singer expressed her excitement for the future of her son Angelo. She excited to see who he will fall in love with, who his best friends will be, and what movies he will enjoy! So far it looks like Frozen has been one of his favorites since the celebrity child wore a Princess Elsa costume to Disneyland!



Adele. Photo: Marco Sagliocco / PRPhotos.com

Related Link: [Adele Is 'Thrilled' About Becoming a Mother](#)

3. Carrie Fisher: The legendary Carrie Fisher did not believe in enforcing gender roles on her daughter Billie Lourd. According to Teenvogue.com, the *Scream Queens* star was named Billie was one of ways Fisher showed that gender didn't matter. The celebrity mom took pride in showing her daughter that men and woman are equal and all that mattered was being a strong person!



Photo:
praisethelourd/Instagram

Related Link: [January Jones Opens Up About Being a Single Celebrity Mom](#)

4. Bryce Dallas Howard: Jurassic World star wanted her daughter to lead the way instead of instilling gender roles in Beatrice. According to [People.com](#), allowed her daughter to wear hand-me-downs from her brother Theodore. Her celebrity child was also bald for a long period of time and her gender did not appear prominent. Howard had no issue with what other people thought of her daughter because she was focused on letting Beatrice make her own choices.



Photo:

brycedhoward/Instagram

Related Link: [Celebrity Mom Jillian Michaels Admits It's Hard to Balance Workouts and Motherhood](#)

5. Jillian Michaels: Famous [fitness](#) trainer Jillian Michaels is okay with having her son Phoenix follow his daughter Lukensia's choices. According to [Huffingtonpost.com](#), Phoenix enjoys wearing heels and playing with dolls. Michaels does not tell her son these choices are off limits because she believes it's okay to like things that are traditionally stereotyped for girls only.



Jillian Michaels with daughter Lukensia. Photo: FAMEFLYNET PICTURES

Which celebrity mother is your favorite from our list? Let us know in the comments!

Celebrity Parents Who Keep

Their Kids Out of the Spotlight



By [Melissa Lee](#)

With living in a world absolutely obsessed with pop culture and celebrities, you can only wonder – what does the media love *more* than stars? The answer to that is unsurprising and comes in the form of little ones... celebrity families! Not only does our society idolize celebs, but we also have a fascination with famous families like the Kardashians. This obsession has caused celebrity parents to make the executive decision to keep their children out of the spotlight – and we can't exactly blame them!

Check out these celebrity parents and their kids, who have managed to stay out of the limelight!

1. Sandra Bullock: Bullock adopted two children, Louis Bardo in 2010, and Laila in 2015. Although the paparazzi are always dying to catch candid photos of the single mom with her kids, Bullock has expressed her need for privacy on multiple occasions. "Most foster children are in foster care because they were taken from their birth homes under tragic circumstances," she says. "The last thing I wanted was to bring more harm to her because of the nature of my job."

2. Adele: Adele and husband Simon Konecki had their son in October 2012, and have kept him out of the spotlight to the best of their abilities. "We need to have some privacy," Adele explained. "I think it's really hard being a famous person's child." The couple even went as far as suing paparazzi in 2013 for taking photos of their son on a private family outing.

Related Link: [Celebrity Co-Parents: See How Stars Manage to Raise Their Children Post-Split](#)

3. Jennifer Garner: When it comes to this celeb mom, her main concern was how aggressive the paparazzi were toward her three kids, Violet, Seraphina, and Samuel. She says that her kids were constantly uncomfortable with the paparazzi, and didn't want them to know what they looked like. "They don't want this at all, and I don't want it for them," Garner said.

4. Ryan Gosling and Eva Mendes: These celebrity parents are notorious for keeping things under wraps. In fact, the majority of their six-year long relationship has been extremely private! The couple have two daughters together, Esmeralda and Amada. "I find the media's 'bump watch' obsession to be both intrusive and stressful," says Mendes.

“So I made the decision to eject myself from it completely.”

Related Link: [Parenting Tips: How to Cope With Stress](#)

5. Tyra Banks: Tyra welcomed her son, York, into the world just last year, and has made a great effort to keep his life relatively low-key. “I don’t think that my son has ever asked to be seen, so I’m very, very conservative when it comes to showing him,” said Banks.

Who are some of your favorite celebrity families? Share your thoughts below!

Secret Celebrity Wedding? Rumors Circulate That Adele & Simon Konecki Are Married





By [Mallory McDonald](#)

In recent [celebrity news](#), a secret [celebrity wedding](#) rumor is sparking everyone's attention! After [celebrity couple](#) Adele and Simon Konecki were spotted in Los Angeles wearing wedding bands, everyone started wondering if the two had secretly eloped. [UsMagazine.com](#) learned that when asked about rumors that the couple had secretly married over Christmas, "Adele's rep declined to comment." During the "Hello" singer's final sold-out show of her North American tour in Phoenix this past November, she announced to the crowd that she's "off to have a baby." "Give it up for me – I did it!" she added while celebrating the end of her tour. "I'll see you on the other side. In a couple years, I'll be back [to the States]. You won't be able to get rid of me."

If this celebrity wedding happened, it was done in secret. What are

some benefits to a secret wedding?

Cupid's Advice:

Planning a wedding is an exciting time for everyone, but the pressures can be overwhelming and sometimes being in the spotlight can add more stress. These are some ways a secret wedding can be more beneficial:

1. In the public eye: If you are constantly in the public eye, and you want your wedding to be the one thing that is intimate and private, a secret wedding is a perfect option.

Related Link: [Celebrity Baby News: Adele Presents Mini Oscar to Her 'Best Son'](#)

2. Stress factors: If planning a wedding becomes too stressful and is causing more harm than good, a secret wedding could be a good way to eliminate some of the stress.

Related Link: [Adele and Boyfriend Flaunt PDA at Lady Gaga Concert](#)

3. Intimacy: Having a secret wedding can be the perfect way to keep the ceremony and your wedding day the most intimate between you and your partner.

Why did you choose to have a secret wedding? Comment below!

Young Celebrity Moms





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Hilary Duff

Hilary Duff married NHL hockey player Mike Comrie when she was

only 22 years old, and the couple welcomed their son Luca 2 years later. The former child star has never shied away from expressing how thankful she is to be a mother, often posting adorable photos of Luca on Instagram. Photo: LRR/FAMEFLYNET PICTURES

Adele and Boyfriend Flaunt PDA at Lady Gaga Concert



By Kerri Sheehan

Crooning sensation Adele looks like she's happy in love! The British songbird was recently photographed looking completely

smitten with boyfriend and baby daddy Simon Konecki. The two are rarely seen together, but they made a public appearance at a secret Lady Gaga concert in London. An insider recently dished to UsMagazine.com, "Adele loves being a mom. Simon helps her in every way and is a great dad. They are just incredibly happy."

Where are some appropriate places to indulge in PDA?

Cupids Advice:

PDA is a tricky subject. Cupid has some advice:

1. Depends on the couple: Some people are far more open to PDA than others are. If PDA makes your significant other uncomfortable than don't force them into it.

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2. At a wedding: Weddings are all about showing love, so some reception PDA is all right. Keep it classy though, this is a public affair.

Related Link: [Adele Presents Mini Oscar to Her 'Best Son'](#)

3. Just keep it PG: PDA can be acceptable anywhere as long as it isn't too intense. Hand holding and a kiss on the cheek is fine at any occasion, but anything past that is far too much.

Where do you engage in PDA? Share below.

Celebrity Baby News: Adele Presents Mini Oscar to Her 'Best Son'



By Meghan Fitzgerald

Even though Adele won an award for the James Bond theme-song *Skyfall*, she had other things in mind, like her son. The singer and songwriter posted a picture on [Twitter](#) of her Oscar sitting next to a smaller golden reading, stating 'Best Son.' Adele, 24 and boyfriend, Simon Konecki still have no released the name of their child together. The celebrity couple's baby boy was born last October. [People](#) stated that he traveled for his lovely British mum to Los Angeles for the Academy Awards .

What are some ways to honor your child?

Cupid's Advice:

Honoring your child is an important part of their childhood, and a necessary part of your responsibilities as a parent. It is essential that your child is honored, whether it be once a month, once every two weeks, or twice a week. It is pertinent that you honor your child! Cupid has some advice on how to do this:

1. Undivided attention: Put down your cell phone, turn it off, and put it away. Ignore your email, phone calls, and what not. It does not have to be for an entire day, but your child deserves some undivided attention. Depending on their age, play blocks with them, read them a book, ask them how their day was, tell them a story, be with them and them only. Your child will be ecstatic that you spent time with them and didn't do anything else. It shows them how much you love them, which is more than important.

2. Reward: Rewarding your child is not only exciting to them but exciting to you. If your child is receiving a reward, they did something special or grand. Your child will know that you are acknowledging their hard work. They will also be casually conditioned to receive praise when they do something good. This will make your child act better! Who doesn't want that?! The one thing here is to limit the amount of reward given. It is not a reward if you give out all the time.

3. Express love: Love makes the world go round, especially with children. Children want to feel comfortable and safe, mostly with their family and people closest around. Telling your child how much you love them, and how great they are is a treat for them. Kids love to be loved, it as simple as that. So you and your [partner](#) better be shedding out some love if you aren't already!

How do you honor your kid? Explain below.

Adele Welcomes a Baby Boy



By Nic Baird

British singer-songwriter Adele Adkins had a baby boy on Friday, according to [People](#). Right now she's avoiding the spotlight to spend time with her newborn and the child's father, boyfriend Simon Konecki. "Obviously we're over the moon and very excited but please respect our privacy at this precious time," the Grammy winner wrote on her website when she announced the pregnancy in June. The new mother disappears as fans are treated to her theme for the upcoming James Bond film, *Skyfall*.

How does having a child affect your relationship?

Cupid's Advice:

Whether you and your partner have been working towards a child or you get suddenly surprised, having a baby opens up new challenges and joys. Expect change, but comfort yourself with the love and support you share with your partner on this new adventure:

1. Meaning: Your relationship is now physically represented by your offspring. Procreating and raising a child is the most tangible purpose human beings can find. Together you will be rewarded by deep unconditional love. Make sure to spread the it among all three of you. Instead of revelling in the potential of your love, you can celebrate the product.

2. Identity: No matter how you feel about it, you're no longer simply a couple, but a family. This will influence your career, friendships, and any future relationships. Your partner is now cemented with a fixed level of importance as the co-parent of your child. This shift is a major escalation of your relationship. Realize this new dynamic must change your relationship, but find stability in the aspects that stay the same.

3. Sacrifice: As a couple you've hopefully gotten used to compromise and martyrdom. Having a child will really test how you've developed these areas. Keep in mind that you and your partner are caring for this child as a team. You're giving up independence. No matter the future of your relationship, you have a duty your child.

What are some other ways that having a child can affect your relationship? Share your ideas below.

Adele Is 'Thrilled' About Becoming a Mother



By Jennifer Ross

Adele's new single, the James Bond theme "Skyfall," is finally out and hitting the charts; yet, the thing that's most on her mind now is much bigger than her new single. The Grammy-winning singer, 24, is "thrilled" about her upcoming real-life role as mum, a source reports to [People](#). As Adele prepares for her first baby with her boyfriend, Simon Konecki, she has no complaints about staying out of the spotlight for awhile. She has been described as "laying low and nesting." Little baby is expected to arrive sometime this fall.

How do you prepare your relationship for a first child?

Cupid's Advice:

No matter how hard you try, you and your partner can't possibly know what to expect with the birth of your first child. But there are some common pitfalls all couples can be aware of after a baby is born that could help ease the transition to parenthood:

1. Understand biological drives: Men and women respond differently when it comes to transforming into parents. Soon after a woman discovers she's pregnant, her mommy mode kicks straight into protection gear. For men, the daddy mode may not start until after the baby arrives and it usually comes with a blast of last-minute financial panic. Understanding that these feelings are normal and supporting each other through them will help ease the stress.

2. Individual roles: It's vital to agree to each other's role with the baby. Talk about what your parents did when you were a child and how you felt about the way they raised you. Do you want to follow in their path? Are there some key areas that you want to steer away from when you're a mom or dad? Figuring out who does what before the little one arrives will lead to less confusion.

3. Sleep deprivation: In the beginning, the baby will need feedings at all hours. It would be useless if both parents were getting up together at night. This would inevitably transform you both into walking zombies during the day. Instead, divide the feedings into a set schedule that both of you agree to so that at least one of you gets rest each evening.

What steps did you take to prepare your relationship for a first child? Tell us below.

Adele Visits a Swamp with New Boyfriend Simon Konecki



Under-the-weather singer Adele has been out and about recently. The “Somebody Like You” songstress, who’s recovering from vocal chord surgery, took a romantic walk with new boyfriend Simon Konecki in the Everglades on Monday, reports UsMagazine.com. Konecki, 36, is a founder of the charity Drop4Drop, which gives clean drinking water to those who need it. “[Konecki] watched [Adele’s] every move, especially when she was on the dock and on the boat. He wanted to make sure she didn’t fall into the water!” said a witness. “They were lovey dovey with one another [and] very

into each other. She seems really happy.”

What are some unique and romantic locations to take a walk with your partner?

Cupid's Advice:

Sometimes the best dates are the simplest ones. Here are a few unique and romantic places to take a stroll with your significant other:

1. The woods: Try escaping the hustle and bustle of city life and driving to a more rural location. Take your partner on an expedition in the woods. Bring along a camera and plenty of insect repellent.

2. The harbor: If you live by an ocean, there's most likely a nearby harbor. Most harbors have a boardwalk, some of which have stands that sell ice cream and other snacks. Take your partner and admire the ships and seagulls.

3. Your neighborhood: Though this seems less than exciting, chances are you haven't fully explored your own neighborhood. Take a left turn where you normally take a right, and discover the rest of your environment.

Have you ever gone for a walk with your partner? Feel free to leave a comment below.