

Celebrity News: 'The Bachelor' Alum Juan Pablo Galavis Is Close to Getting Engaged



By [Whitney Johnson](#)

According to the latest celebrity news in [UsMagazine.com](#), former *Bachelor* Juan Pablo Galavis may be off the market soon! Multiple sources confirm that the reality TV star is ready to propose to his girlfriend, Venezuelan beauty queen Osmariel Villalobos. "She'll definitely say yes," the insider reveals. "They spend all their time together, and she gets along amazingly with his 8-year-old daughter, Camila. All of Juan's family and friends love her. They have talked about

marriage, and both know it's what they want." The [celebrity couple](#) has been dating since last summer and are "perfect" for each other. Despite this happy [celebrity news](#), we can't ignore Galavis's shaky relationship history: The ex-soccer star is known for his inability to commit, infamously giving his final rose to Nikki Ferrell on the season 18 finale of *The Bachelor* but refusing to propose or even say "I love you."

This celebrity news has us skeptical. What are some ways to know you're ready to get married?

Cupid's Advice:

Only time will tell if this celebrity couple makes it down the aisle! If you think you're ready to tie the knot with your partner, consider the relationship advice below:

1. You no longer want to change him: In the beginning of a relationship, it's tempting to want your beau to be the type of guy who surprises you with a dozen roses, always picks up after himself, and can make a new friend anywhere, but as time passes, you may realize that's just not who he is. Before you get hitched, you need to accept him as he is.

Related Link: [Are 'Bachelor' Nation's Josh Murray & Amanda Stanton a Celebrity Couple Again?](#)

2. You're willing to compromise: Sure, happy relationships are all about compromise, but marriage gives the word a whole new meaning. If your families live in different states, you can't spend Christmas with both of them, so you need to be willing to come up with a solution that works for both of you. Once you truly understand what it means to compromise – and you're *willing* to do so – you're one step closer to be ready for marriage.

Related Link: [Celebrity News: Former 'Bachelorette' Andi Dorfman Calls Juan Pablo Season 'Stupidest Thing I've Ever Been a Part Of'](#)

3. You bring out the best in each other: When it comes to forever, you want to be with someone who makes you the best version of yourself – and you want to do the same for him. Do you feel like you're glowing when you're together? Do people ask you why you're so happy? If so, he may just be The One!

What are some ways to know if you're ready to get married? Tell us in the comments below!

Celebrity News: 'Bachelor' Nick Viall Causes Drama After Disastrous Group Date





By [Whitney Johnson](#)

On Monday night's episode of [The Bachelor](#), reality TV star Nick Viall and the remaining nine ladies headed to St. Thomas, which frontrunner Raven called "the perfect place to fall in love – and the perfect place to send people home." According to the latest celebrity news on [UsMagazine.com](#), after a successful one-on-one date, the group date took a disastrous turn. None of the six women felt like they were getting enough quality time with Viall, and after a lot of tears, the bachelor deemed the day "pretty much a disaster." That evening, things continued to go poorly as Viall listened to each woman open up about her feelings and sent Jasmine home on the spot. The only one to actually enjoy this disastrous date? Raven, who got the rose at the end of the night.

This celebrity news has us cringing. What are some ways to

keep drama to a minimum in your relationship?

Cupid's Advice:

This week's episode of *The Bachelor* wasn't easy for Viall: In only three days, he said goodbye to six women! Of course, drama is expected on reality TV, but that doesn't mean you need it in your own love life. If you're looking for ways to keep drama to a minimum in your relationship, it starts with *you*. Consider this [love advice](#):

1. Keep yourself in check: Sure, you want to believe that you're always rational and calm, but we all get caught up in drama occasionally. Before you lash out and blame your partner, take a look at your recent behavior and make sure you're not at fault.

Related Link: [Celebrity News: 'The Bachelor' Nick Viall Calls Two-on-One Date with Corinne & Taylor a 'Disaster'](#)

2. Communicate your feelings: As much as you may want him to, he can't read your mind. It's up to you to tell him what he needs to know. Something to remember: It's important that you understand your own emotions before you open up to your partner and expect them to understand. Write down what you're thinking, and make sure you're prepared for what may be a tough conversation.

Related Link: [Celebrity News: 'Bachelor' Villain Corinne Temps Nick Viall with Surprises on Latest Episode](#)

3. Know who you are and what you want: You've been dating your girlfriend for a few months, but you're already tired of her tendency to run late. Why can't she just be on time?! If that's a deal breaker for you, accept it, and move on. Staying with someone who isn't the right fit for you is a surefire way

to keep the drama alive.

What's your best piece of love advice for minimizing drama in your relationship? Tell us in the comments below!

Celebrity News : 'The Bachelor' Alum Lauren Bushnell Celebrates Birthday in Mexico Without Ben Higgins



By [Whitney Johnson](#)

Is there trouble in paradise? [The Bachelor](#) alum Lauren Bushnell recently celebrated her 27th birthday in Mexico without one special person by her side: fiancé [Ben Higgins](#). According to [UsMagazine.com](#), the reality TV star jetted off to the beach with her family for a week of fun in the sun. Higgins shared a sweet birthday message on Instagram and also responded to recent [celebrity news](#) and break-up rumors, writing, “[J]ust know as @laurenbushnell celebrates her birthday tomorrow I am still extremely lucky to be able to share life with her and be by her side.” Fans first began speculating about a celebrity break-up when Bushnell spent a girls’ weekend in Nashville without her 4.25-carat Neil Lane engagement ring – which is noticeably absent in her Instagram posts from Mexico as well.

In celebrity news, this turn of events has us wondering about Lauren and Ben’s relationship. What are some tell-tale signs that things aren’t going well in your relationship?

Cupid’s Advice:

Based on this celebrity news, it’s hard to know if this celebrity couple is headed for the altar or headed for Splitsville – but luckily, it’s easier to tell if your own relationship is on the rocks. Here are three signs that things aren’t going well in your love life:

1. You’re spending less time together: If you and your partner are spending more time apart than together, there’s a chance your relationship is headed towards its end. It’s good to have separate interests, but you shouldn’t use those hobbies as an

excuse to be away from each other.

Related Link: [Celebrity News: Lauren Bushnell Says When She'll Marry Ben Higgins is the 'Million Dollar Question'](#)

2. You argue constantly: It's one thing to have a fight every now and then; it's another if all of your discussions turn into yelling matches. Relationships are all about communication, so a failure to do so in a civilized manner is a tell-tale sign that things are headed in the wrong direction.

Related Link: ['The Bachelor' Celebrity Couple Ben Higgins & Lauren Bushnell 'Happier Than Ever' After Calling Off Wedding](#)

3. You no longer make each other happy: If you're choosing to be in a relationship with someone, you should feel like the best version of yourself when you're around each other, plain and simple. Instead, if you're often stressed and unhappy because of them, it's time to reevaluate your partnership.

Cupid wants to know: What's another sign that your relationship isn't going well? Tell us in the comments below!

Celebrity News: 'The Bachelor' Nick Viall Calls Two-on-One Date with Corinne & Taylor a 'Disaster'



By [Whitney Johnson](#)

On Monday night's episode of [The Bachelor](#), reality TV star Nick Viall says his two-on-one date with Corinne and Taylor is "pretty much a disaster." For viewers of this season of ABC's hit reality show, this [celebrity news](#), as reported by [UsMagazine.com](#), shouldn't come as a surprise: The two ladies fought at the end of last week's episode as Taylor questioned Corinne's "emotional intelligence." On their two-on-one date, Corinne, this season's villain, tells Viall that Taylor "emotionally attacked" her, and Taylor later reveals that Corinne lied to him. Talk about drama!

Not many of us can relate to a two-on-one date scenario like in this

celebrity news. What are some factors to consider when you're deciding between two potential partners?

Cupid's Advice:

On this season of *The Bachelor*, fan favorite Viall has to pick between 30 women – what a challenge! Luckily, for those of us not on reality TV, the choice is often between only two potential partners. But what factors should you consider to determine who is the best fit for you? Check out our dating advice below:

1. Compatibility: Physical attraction will only take you so far. Do you enjoy spending time together? Do you share the same values? Do you want the same things out of your relationship? Determine if you're truly compatible before moving forward.

Related Link: [Celebrity News: 'Bachelor' Nick Viall Meets a Past Hook-Up on First Night](#)

2. Common interests: Sure, opposites attract, but for a long-term partnership, it's equally important to have similar hobbies and passions. If you enjoy spending a lot of your free time outdoors, it'd be difficult to main a relationship with someone who'd rather be on the couch!

Related Link: [Celebrity News: 'Bachelor' Villain Corinne Temps Nick Viall with Surprises on Latest Episode](#)

3. Compromise: A relationship will never last unless you're both willing to compromise. If you're always going to *his* favorite restaurant or seeing whatever movie *she* wants, it may be a sign that you don't belong together. You want to be with



Interview by [Lori Bizzoco](#). Written by Katelyn Di Salvo.

It sounds like [Chris Soules](#) found his true love...in farming! The star of [The Bachelor](#) season 19 truly stepped out of his comfort zone during his stint on reality TV, going from being a farm boy to a celebrity overnight. On the finale episode, he proposed to Whitney Bischoff, but just seven months later, the famous couple announced their celebrity break-up. Now, he seems to be finding solace in his farm.

Former *Bachelor* Talks Farm Life in Our Exclusive Celebrity Interview

In our [exclusive celebrity interview](#), Soules shares that, prior to his time on reality TV, he had never left Iowa for more than 10 days. Suddenly, he was gone for two months to film *The Bachelorette*, another two months for *The Bachelor*, and *another* two months for *Dancing with the Stars*. After his third stint on television, he took a step away from Hollywood – and he couldn't be happier. "It's been good

to get back home and do what I love,” he says. “Going on all these reality shows and being some what disconnected from the farm was pretty unusual for me.”

Related Link: [Former ‘Bachelor’ Chris Soules Spends Time with Family in Iowa Post Celebrity Break-Up](#)

The former *Bachelor* describes being a pig farmer as an “intense labor of love,” explaining how, as a farmer, you never truly have a day off because the animals and crops always need care. We only hope that he can give a lucky lady that level of devotion someday!

Recently, Soules was a judge on the National Pork Board, and he introduced us to the winner of this year’s First Annual America’s Pig Farmer of the Year Award, Keith Schoettmer. Schoettmer reveals his approach to farming, saying, “It starts with our responsibility of the farm, which we take very seriously. We properly care for these pigs everyday, and while we’re doing that, we’re not losing sight of the people we work with and the consumers.”

Reality TV Star Opens Up About His Relationships and Love Life

Soules has been on a roller coaster ride for the past year when it comes to his love life. The celeb went from trying to win the heart of [Andi Dorfman](#) on *The Bachelorette* to having his pick of 30 women on *The Bachelor* to being engaged to Bischoff...to being single again. With that said, relationships and love are the last thing on his mind right now. “My dating life is relatively non-existent... After dating 30 some-odd women and being engaged and going through that whole process, it’s been nice to just kind of get back to normal,” he explains. “Eventually, I’ll get back in the dating rink.” He adds that he and his [celebrity ex](#) still keep in touch and are “good friends.”

Related Link: [‘The Bachelor’ Winner Whitney Bischoff is Casually Dating After Celebrity Break-Up from Chris Soules](#)

In our exclusive celebrity interview, the reality TV star admits that his approach to dating hasn't really changed since being on *The Bachelor*. "There's not a lot of changes I'll probably make. It's still just about finding the right person, someone who appreciates the farming life and also the finer things in life," he shares. He believes that finding love this time around will be a little easier since he is "out there," confessing that there are a lot more women interested in dating him now.

Chris Soules Shares Dating Advice for Upcoming *Bachelor* Ben Higgins

Soules recently met the newest *Bachelor* Ben Higgins and says he's a great guy. He wishes him the best of luck on the reality TV show and adds, "He deserves it. He's a stand-up guy, and he's what the show is all about, I think. He's truly trying to find somebody, so hopefully, that happens for him."

Of course, the former *Bachelor* had some dating advice to share with Higgins: "The main advice that I gave him was to make sure you take each relationship that you have with those girls very seriously and make sure they feel as comfortable as possible... In order to have a real relationship develop, those girls need to feel like they're the only ones involved in the relationship."

Related Link: [Former ‘Bachelorette’ Trista Sutter Defends ‘Bachelor’ Franchise After Chris Soules, Whitney Bischoff Split](#)

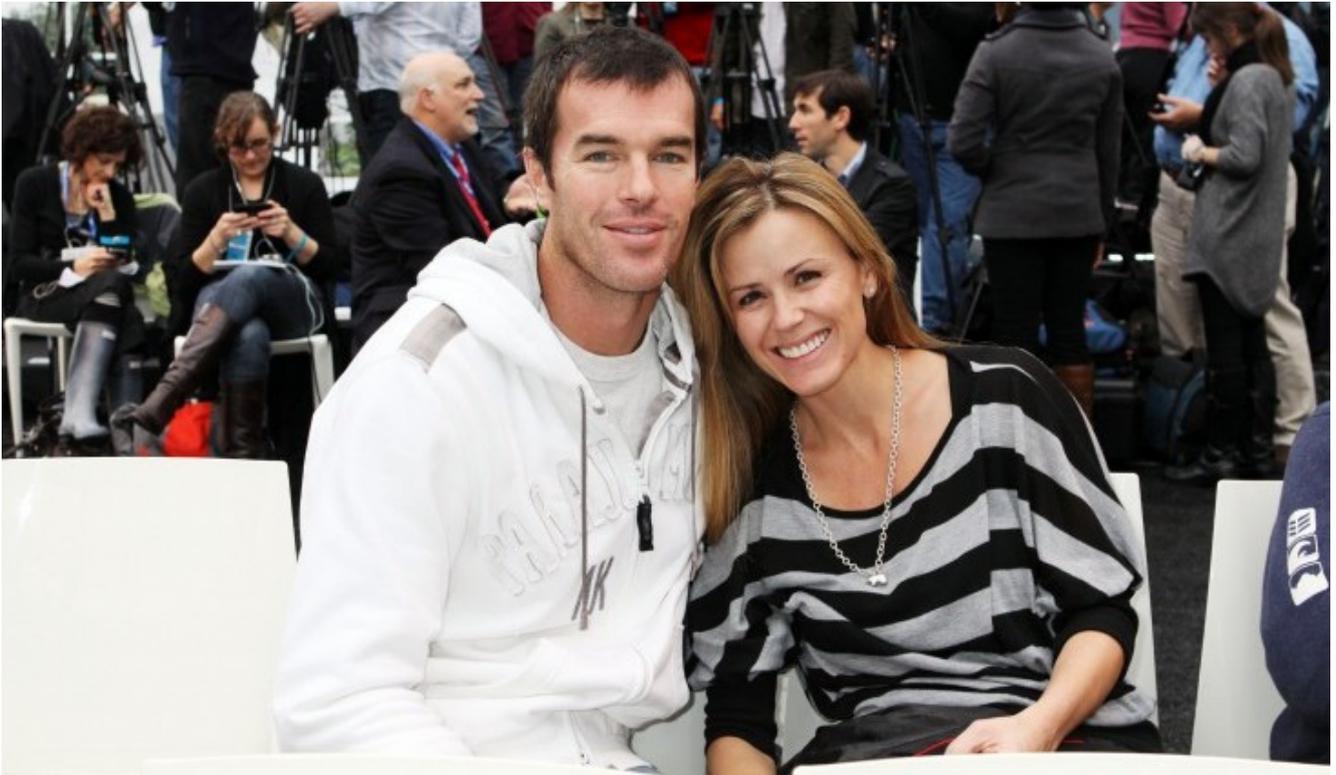
Despite his return to farming, Soules hasn't completely said goodbye to reality TV just yet. You can catch him on the latest season of *Worst Cooks in America* on The Food

Network. He explains that, although he may be good with a grill, he's not so great in the kitchen!

Keep up with Chris on Twitter @SoulesChris and www.instagram.com/souleschris/!

Celebrity Photo Gallery: The History of 'The Bachelorette'





Season 1: Ryan Sutter and Trista (Rehn) Sutter

Trista Rehn was the runner-up during season 1 of 'The Bachelor.' She went on to be the first 'Bachelorette' and found love with firefighter Ryan Sutter. The celebrity couple were married in December 2003. They have two kids and live in Eagle County, Colorado. Photo: Diane Cohen/Fame Pictures

**‘Bachelorette’ Contestants
Clint Arlis and JJ Lane Find
Love...With Each Other!**





By Kayla D'Amour

Things have been heating up on *The Bachelorette*...but in a completely unexpected way! 25 of the country's most eligible bachelors have been fighting for a relationship and love with [Kaitlyn Bristowe](#), but when it comes to reality TV contestants Clint Arlis and JJ Lane, it looks like they are vying for *each other's* hearts instead! According to [UsMagazine.com](#), Arlis confessed, "The possibility of coming onto *The Bachelorette* and falling in love with a man never crossed my mind, but I believe in the process, and at this point, I am a success story."

These *Bachelorette* contestants found love in an unexpected way on reality TV. What do you do if your boyfriend's relationship with his

best friend turns into a bromance?

Cupid's Advice:

Of course, you want your man to have good friends that he can depend on, but you don't want them to be *too* close. If you feel like one of his friendships is turning into a bromance, consider this [love advice](#):

1. Talk to him about it: Be sure to always have a line of open communication with your boyfriend and let him know how you feel. You can't expect him to change if he doesn't know there's a problem in the first place.

Related Link: [Find Out 'The Bachelorette' Kaitlyn Bristowe's Worst Date Moment So Far](#)

2. Go out with the girls: Take advantage of your man's bro-time to spend some quality time with your gal pals. Maybe the space will help you see the situation in a new light. There's nothing a mani-pedi date and a gossip session with your best friends can't cure!

Related Link: ['The Bachelor' Chris Soules and Fiancee Whitney Bischoff Split](#)

3. Get to know your guy's best friend: If you can't beat 'em, join 'em! Ask your guy to invite his buddy over and see what this new dude is all about. You never know – you might be overreacting or misreading their friendship.

How do you handle your man's bromances? Share your story below.

'American Crime' Actress Gwendoline Yeo on Relationships and Love: "You Have to Have Similar Hearts"



By [Sarah Batcheller](#)

Gwendoline Yeo captivates audiences with her ability to capture the essence of every character she plays. She is best-known for her roles on *Desperate Housewives*, *Broken Trail*, and most recently, ABC's *American Crime*. While her comedic virtue keeps fans coming back, it's her knack for expressing deep human emotions that is truly unforgettable. The Singapore native is an outstanding example of a female actress whose undeniable talent demands reverence. In addition to

her television roles, she has crafted her own one-woman show that reminds us all about the power of inner strength. In our exclusive celebrity interview, Yeo opens up about the representation of women in the entertainment industry, her booming career, and, of course, all things [relationships and love!](#)

***American Crime* Star Discusses the Role of Women in the Entertainment Industry**

The actress believes that the entertainment industry should always work to increase the number of empowered female roles, particularly when it comes to women of color. During her time on *Desperate Housewives*, she recalls the ways in which the media would miss the point and celebrate women for things other than their acting talent. “I remember that there was a cover story about Eva Longoria saying something like, ‘Mexican Latina Explosion!’ Eva was like, ‘What explosion? It’s just me,’” she says.

Related Link: [Eva Longoria Says She’s Not Angry About Ex Tony Parker’s Affair](#)

She explains the importance of a diverse representation in the TV world by saying, “You’ve just got to keep working at diversity. I do think that many networks are trying to get there. *American Crime* is such a diverse show, and ABC as a network has such a diverse roster.”

She then adds, “It’s also not just about being in front of the camera. It’s important for people to want to be *behind* the camera directing and writing these roles. With all of that being said, I don’t think I work any less than other actresses. I’ve been very fortunate, and half of the roles I have booked have not been race specific. I still believe that

talent and authenticity win in a room.”

As far as the behind-the-scenes work goes, the *Desperate Housewives* veteran explains that women are often times harder on her, but she describes that as “a joyful challenge” because, all-in-all, they understand each other.

Yeo is currently working on transforming her one-woman show, *Laughing With My Mouth Wide Open*, into a screenplay. The show details the true story of her journey from abuse and suppression to freedom and happiness, and her goal is to connect with her audience through art. “I feel that, often times, when you expose yourself, people are actually very accepting because everybody has their own shame about things,” the actress-turned-producer explains. “I really wanted to impact younger women. I had a lot of women come up to me, and while none were very vocal, I think they were like, ‘Wow, I learned something.’”

She continues, “I wanted to prevent people from getting into situations where they feel compromised. Whenever people are victimized in certain ways, they always wonder, ‘Did I cause it?’ But I don’t feel that’s the case.”

Gwendoline Yeo Gives Relationship Advice to Fans

Although there was a time when her parents disagreed with her career choice, Yeo changed their minds when she realized that acting gave her a sense of wholeness. “In any family, you want stability for your children. When we came over to the states, my dad was making twenty to thirty thousand a year, and my mom sold sewing machines at five dollars an hour. All the while, they were putting us through Catholic school. They were doing their best, so I felt indebted to them,” she candidly shares in our exclusive celebrity interview. “Eventually, though, they came around completely. When I found a sense of self-

esteem through acting, they had to respect it.”

Of her desire to act, she reasons, “Some people choose the art of creativity because it makes them process things and it makes them more stable people. There’s nothing more important than emotional health.”

Related Link: [5 Pieces of Love Advice From Celebrity Couples in Long-Term Relationships](#)

Sharing her best relationship advice – a tip that applies to both family relationships and romantic partnerships – Yeo says, “I think that when you are your authentic self and when you’re moving with a purpose – I think that’s the gift that God gave me, to make people feel less alone and entertain people – people cannot deny your self-confidence. People respect it.”

When it comes to sharing her life with someone special, the actress offers sound knowledge on how to balance love with a busy career. “It’s something that I still struggle with! When you are a successful woman, I think communication is important. You have to be able to communicate, navigate, and not be selfish. You’ve also got to realize that any time is quality time. It doesn’t have to be something romantic. If you have four hours, just kick it!” she insists. “I also think you have to have similar hearts. Whether it be a passion for creativity, giving, or kids or even a racial connection, there needs to be an anchor. Whatever that ‘thing’ is – that centripetal force.” While she hasn’t had a celebrity relationship and prefers to keep her love life private, she does believe that “kindness, authenticity, and manners” go a long way.

For more from Gwendoline, visit GwendolineYeo.com and follow her on Twitter @GwendolineYeo and www.facebook.com/GwendolineYeoOfficialFanpage.

Celebrity Couple Chris Soules and Whitney Bischoff Discuss Their Plans For a 'Bachelor' Baby



By Emma L. Wells

This celebrity couple is revealing their plans for the future, and it includes more than just the two of them. “Dancing, the move to Iowa, the wedding, and eventually a family,” *The Bachelor* winner Whitney Bischoff told *Us Weekly*. “[We] definitely [want kids], so one step at a time.” Since their

celebrity engagement, she's been by fiancé Chris Soules' side during his run on *Dancing with the Stars*. So what's next on Soules' agenda? According to OkMagazine.com, he said, "We're just looking forward to getting into our normal lives. Then, we can talk about wedding planning." But his celebrity love is way ahead of him: In a *Good Morning America* interview, Bischoff said she was ready for a [celebrity pregnancy](#) and admitted that she had frozen her eggs so she can have "multiple kids."

There's no doubt in Bischoff's mind that parenthood is in the future for this celebrity couple. What are some ways to pick out a name for your baby?

Cupid's Advice:

There are so many big decisions that come up after you get pregnant, but picking out a name for your little bundle of joy is perhaps the one with the longest impact. Your name says so much about you, and parents should put careful thought into it before settling on one. Cupid has some tips on how to make the best baby name choice:

1. Ignore the trends: Everything goes out of style eventually. Right now, it's a fad among celebrity couples to use really unique names for their kids – think Apple Martin or North West. Instead of thinking way outside the box, consider looking into the past. Check out the social security website of popular baby names that goes back over 100 years. There are many names in the list that, although they aren't common right now, are beautiful and timeless.

Related Link: [Justin Timberlake Gives Shout Out to Pregnant](#)

[Celebrity Love Jessica Biel at iHeart Radio Awards](#)

2. Honor someone: It can be a great idea to name your baby after someone you love. Not only is it a wonderful gift to give that person, but it provides a legacy your child will appreciate when they grow up. It always special to pick a name of a family member or friend. If you can't find one that you like, then consider the name of your favorite book character or a historical figure you admire.

Related Link: [Famous Couple Brandon and Leah Jenner Announce Celebrity Pregnancy with Cute Instagram Photo](#)

3. Try it out: Before you and your partner decide on a name, think about how your child will grow up with it. Ask yourselves these questions: Does it sound good with their last name? What will their nickname be? Is this a name that will be relatively easy for your kid to learn to spell? These questions should help you narrow down your list.

What are some other ways to find baby name inspiration? Tell us below!

Famous Couple Chris Soules and Whitney Bischoff Stay Strong Amid Celebrity Gossip





By Emma L. Wells

Like many *Bachelor* and *Bachelorette* couples that have come before them, famous couple [Chris Soules](#) and Whitney Bischoff are facing a spinning rumor mill following the announcement of their celebrity engagement. But this pretty pair is determined not to let the celebrity gossip ruin their happiness! Both [reality TV](#) stars have posted recent photos to Instagram to prove that their relationship and love is as strong as ever. According to [Wetpaint.com](#), this weekend, Soules shared a heartwarming photo from filming with the message, “She brings me happiness.”

Bischoff also took to Instagram, posting a snap of the famous couple cuddling on the couch together. When recently asked about the celebrity break-up rumors and tabloid drama, she responded, “You can’t read it. You really just can’t. There’s so much outside noise out there.”

This famous couple clearly isn't

Letting celebrity gossip damage their relationship and love. What are some ways to stay strong despite rumors?

Cupid's Advice:

Just because you're not a celebrity couple doesn't mean you don't have to deal with rumors and gossip. Thanks to social media, news travels fast and people talk. But you can't let other people's opinions cause problems in your private relationship. Cupid has some tips on how to rise above the gossip:

1. Turn the other cheek: Ignoring what other people are saying about you is easier said than done. Sometimes, it can be downright impossible, and you'll start to wonder if there's any truth to what's being said. If you're feeling insecure, you need to approach your partner with your concerns in an honest and non-accusatory way.

Related Link: [Celebrity Engagement: Chris Soules Proposes to Whitney Bischoff on 'The Bachelor' Season 19 Finale](#)

2. There's power in numbers: There are only two opinions in your relationship that matter. It'll be easier for you and your significant other to fend off rumors when you stick together and remember that the only voices you should listen to are each other's.

Related Link: [Celebrity Couple: Chris Soules Kisses 'Bachelor' Winner Whitney Bischoff on Romantic Date Night](#)

3. Sticks and stones...: If your mother ever told you that words can't hurt, she lied. Words, especially negative ones, can carry weight and cause damage, and pretending that gossip

doesn't bother you won't make things any easier. Once you recognize this truth, you need to remember that, while words can be painful, you can definitely be stronger than the people who run the rumor mill.

How have you and your beau handled negative rumors? Tell us in the comments below!

Celebrity Video Interview: Meryl Davis and Charlie White Dish About Their Love Lives!



Interview by [Lori Bizzoco](#). Written by Jenna Bagcal.

From winning gold medals at the 2014 Winter Olympics to appearing on *Dancing With the Stars*, [Meryl Davis](#) and [Charlie White](#) know what it means to have a lasting and successful partnership. After such a phenomenal year, the duo is taking some time off from training to pursue other projects, including traveling across the country with the *Stars on Ice Tour* and returning to the University of Michigan to finish their degrees. Earlier this week, on Mar. 11, the athletes appeared at the airweave store opening in Soho as brand ambassadors for the company, and Executive Editor and Founder Lori Bizzoco was there to chat with the duo in this [celebrity video interview](#).

Meryl Davis and Charlie White Discuss Their Partnership in Celebrity Video Interview

Having trained together since 1997, Davis and White are currently the longest-lasting ice dancing team in the United States. They credit their partnership to a number of different factors. “I think that we want the same things,” Davis reveals. “But I think also having a set of parents and having families that instilled similar values and raised us in very similar ways – raised us to respect not only each other but other people – has really been the foundation to our relationship.”

Related Link: [Find Out What Olympic Swimmer Ryan Lochte Looks for In a Girl](#)

White adds that, despite their long partnership, they’re fortunate enough not to get into any huge disagreements. “We always knew that, even when we disagreed on something, we were trying to get to the same place,” he says. “The key for us was just keeping our eyes on the prize and knowing that, either

way, it was going to be a win for us because we just cared so much.”

Celebrity Athletes Talk About Their Relationships and Love Lives

Thanks to their compatibility and convincing performances on the ice, people often mistake Davis and White for a famous couple. However, White is currently engaged to former ice dancer Tanith Belbin. “She retired in 2010, and having her support through the last four years was really so significant to my ability to both succeed and really enjoy the whole process.,” he reveals. “She was such an amazing pillar of strength and one that I definitely used as much as possible.” He also confirmed that their celebrity wedding is set for the end of April. Congratulations to the happy couple!

Related Link: [Exclusive Celebrity Interview: Karina Smirnoff and Lindsay Rielly Share Dating Advice In ‘We’re Just Not That Into You’](#)

Davis, who has been linked to her *DWTS* partner Maksim Chmerkovskiy, assures us that the two are just friends. “We had an amazing relationship, and we *still* have an amazing relationship.” she explains. “It wasn’t a romantic relationship, but we were really fortunate to have a really special friendship.” She also divulges that she is seeing someone but remained quiet on any further details about her relationship and love life.

Keep up with Meryl and Charlie on Twitter @Meryl_Davis and @CharlieaWhite and [www.facebook.com/merylandcharlie!](http://www.facebook.com/merylandcharlie)

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Celebrity Engagement: Chris Soules Proposes to Whitney Bischoff on 'The Bachelor' Season 19 Finale



By Emma L. Wells

After ten weeks of searching on reality TV, Prince Farming has finally found his Princess! On the finale episode of *The Bachelor* season 19, Chris Soules, armed with a Neil Lane engagement ring, got down on one knee and proposed to Whitney Bischoff, a 29-year-old fertility nurse from Chicago.

“Everything about this moment feels right,” he told her. According to [ABC News](#), Bischoff seemed to be the obvious choice after the other contestant, Becca Tilley, confessed that she wasn’t ready to jump into a [celebrity engagement](#) and commit to a life in Arlington with Soules. During the “After the Final Rose” special, it was easy to see that the reality TV pair is thrilled to just be a “normal” couple.

This celebrity couple found true love on reality TV, but not all of us have that option. What are some unique ways to meet your soulmate?

Cupid’s Advice:

Unlike the lucky celebrity couple from *The Bachelor* season 19, most of us don’t have reality TV producers arranging the perfect circumstances for us to find relationships and love. If we want it, we have to go out and look for it ourselves! It’s certainly not easy, but Cupid has some love advice about how to meet your soulmate:

1. Take part in group activities: You’ll want to have common interests with your future partner, so why not participate in group activities that relate to your hobbies? Take an Italian cooking class or sign up to learn Spanish. Join an intramural kickball league or a hobby club. It will be easy to strike up a conversation with someone over your shared interests while interacting in this laidback setting.

Related Link: [The LOWEdown on ‘The Bachelor’ Celebrity Wedding of Sean Lowe & Catherine Giudici](#)

2. Ask your friends: There’s a reason why so many dating websites and apps give you matches based on your Facebook friends: You’re more likely to hit it off with someone who



Interview by [Lori Bizzoco](#). Written by [Rebecca White](#).

[James Tupper](#) is famously known for his roles on shows like the ABC series *Men in Trees* and the NBC medical drama *Mercy*. Most recently, he has played David Clarke on ABC's *Revenge*. After a month-long hiatus, season four is coming back on Sunday, Mar. 8, so buckle your seat belts for some unexpected twists and turns! In our [exclusive celebrity interview](#), Tupper opens up about his relationship and love with *Dig* star, Anne Heche, his family life, and his role on *Revenge*.

James Tupper Shares His Celebrity Love Story and Gives Relationship Advice

It was love at first sight for Tupper and his longtime partner Heche. The celebrity couple met when they worked together on *Men in Trees*, but it wasn't as easy as you may think. Both stars were married at the time, and although he says that their marriages were dysfunctional, they didn't act on their

attraction for each other. "Being married made it a lot worse because, for eight months, we didn't come together," the actor reveals. "But we had this incredible abiding friendship and, out of that loyalty, grew love."

The famous couple isn't married yet, but they do remain eternally engaged. "One of the really fun things we do is every year I ask Anne to marry me. She always says yes, and then we just never pick a date," he says with a laugh.

The Hollywood couple have been happily together for almost eight years and have son Atlas together as well as Heche's son Homer from her previous marriage to cameraman Coleman "Coley" Laffoon. They plan to celebrate Atlas's sixth birthday and Homer's thirteenth birthday this weekend in Beverly Hills with close family and friends. "We're renting a hotel room in Los Angeles and an adjacent hotel room," the actor shares. "Homer is going to have his best buds come, and then Atlas and his best friend's family are renting a room beside us. Our cousins and nephews are all going to come, and we're going to hang out by the pool and celebrate."

Related Link: ['Revenge' Star Josh Bowman Says People Shouldn't Care About His Personal Life](#)

You may be wondering how the duo juggles their busy careers with a grounded family life, and you wouldn't be alone. Tupper reveals that it's essential to go after your passions. "Follow your dreams. Just do something little every day that makes you feel full," the star advises. "Anne and I are both people that do that, and when we come home at the end of the day, there's a feeling of fullness, and it makes our partnership stronger."

Doing something that you love and really care about is some of the best dating and relationship advice you can receive. This is especially true when you're in a celebrity relationship with a lot of pressure and scrutiny. "People who are pursuing

what they love are providing nourishment for their relationship,” the actor adds.

James Tupper Talks Behind-the-Scenes of *Revenge* in Exclusive Celebrity Interview

Although Tupper couldn't give us any information on the upcoming episodes during our exclusive celebrity interview (no spoiler alerts here!), he did share a behind-the-scenes secret for fans of the show. As you may know, costars Emily VanCamp, who plays Emily Thorne, and Joshua Bowman, who played Daniel Grayson, are a real life celebrity couple. Although Bowman's character was tragically killed off earlier this season, he still visits the set to see his girlfriend and provide laughs for the cast and crew. “Just the other day, he came to set,” Tupper divulges. “Me, Emily and Nolan Ross were having a scene, and behind us was this large yard. During the scene, he wandered through it, and everybody started busting up laughing. He was like, ‘I'm still alive!’”

Related Link: [Rumor: Are 'Revenge' Co-Stars Emily VanCamp and Josh Bowman Dating?](#)

Obviously, the cast and crew enjoy their time together, but as avid viewers of the series know, the show is not always fun and games. Tupper's character was actually presumed to be dead for the first few seasons. The drama only recently revealed that he was alive, providing one of the biggest shockers of the entire series. “*Revenge* is the only show I've ever worked on where, as soon as I get the script, I go right to the last two pages to see if my character is still talking,” he says with a laugh.

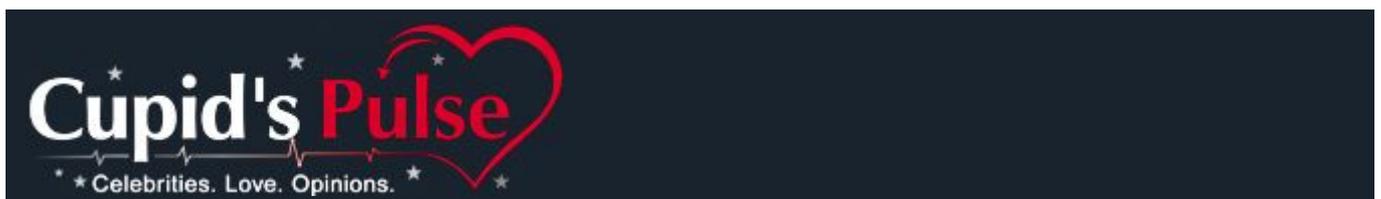
You may have been surprised to find out that David was still alive, but the writers have actually been planning that since

the beginning of the show; they just didn't know when it was going to happen. "In the history of television, it's the longest introduction to any character," the actor shares. "I would turn the show on during the second or third season, and in every scene, they'd be saying, 'David Clarke wouldn't have wanted that.' I was like, 'That's crazy – this power that's built around his memory.'"

Tupper says the cast and crew hope to continue for many more seasons. When asked how they keep coming up with story lines for these characters, he says he's wondered the same thing! The writers have assured him that they aren't done yet and have much more up their sleeves. It sounds like season five is just around the corner – stay tuned!

You can keep up with James on Twitter @MrJamesTupper. Tune in for Revenge this Sunday, Mar. 8 at 10/9c on ABC!

'The Bachelor' Season 19 Contestant Britt Nilsson Faces Her Fear For Chris Soules





By Emma L. Wells

“The sky’s the limit...,” read Britt Nilsson’s one-on-one date card on last night’s episode of *The Bachelor* season 19. That’s when the 27-year-old waitress started to cry in panic due to her debilitating phobia of heights. Still, she pulled it together before their one-on-one date. [People.com](https://www.people.com) reported Chris Soules saying that she was “just as beautiful first thing in the morning as when she’s all dolled up for the rose ceremony. It’s pretty incredible.” Turns out, she gets all dolled up for bed too, but oh well! The reality TV lovebirds soon arrived in the New Mexico desert to find a hot air balloon waiting for them, and Nilsson’s fears quickly disappeared with Soules’ arms around her.

This *Bachelor* season 19 contestant overcame her fear to get closer to Chris Soules. What are some ways

you can beat your phobias when looking for a relationship and love?

Cupid's Advice:

Whether you fear heights, spiders, darkness, or commitment, you shouldn't let it stand in your way when you're looking for a relationship and love. It's completely possible to overcome your distress, no matter how big it may seem. Cupid has some dating advice for you:

1. Switch your focus: On *The Bachelor* season 19, Nilsson was able get over her fear because being close to Soules was more important to her. If you're afraid of flying but have to take a trip, focus on the destination to help you get through the flight. Paying attention to your fear will only make the situation harder. That's why having a hunky farmer by your side is always a benefit!

Related Link: [The First Official Look at Chris Soules on 'The Bachelor' Season 19](#)

2. Get your facts straight: Most fears – like the fear of sharks, for instance – aren't based on actual statistics. Our imaginations make our phobias much worse than they should be. Do you really live in an area where you need to be worried about giant, poisonous spiders getting you in the dark, or is it just in your mind? Do some research to calm your nerves.

Related Link: ['The Bachelor' Chris Soules Says That Men "Don't Work Well with Subtlety"](#)

3. Face your fear: You can't just ignore it and expect it to go away. To overcome your terror, you need to take gradual steps. If you're afraid of dogs, watch a few videos of them until you're comfortable seeing them on the screen. Then,

work your way up to being in the same room with them or passing them on a sidewalk. Keep going until you can interact with a large dog in an enclosed setting. There's no need to rush!

Tell us about a time where you had to face your fears in the name of love!

'The Bachelor' Chris Soules Says That Men "Don't Work Well with Subtlety"



By Emma L. Wells

Poor Chris Soules had a lot to handle on last night's jam-packed episode of the hit reality TV show *The Bachelor*. His hands were full with two group dates, two one-on-ones, a visit from his sisters, a shameless *Cinderella* promotion, and one big confession. The first group date brought seven girls to the lake for a day of beach fun and night of camping. Ashley I. was, in her own words, a camping virgin and a virgin camping, and after fretting over it, she decided to tell Soules the truth about her sexual history – or lack thereof. She snuck into *The Bachelor* star's tent in the middle of night to wake him up and was clearly nervous as she danced around the point of the conversation without actually saying it. In his blog on People.com, the Iowa farmer writes, "Here's a little lesson for you ladies: Men are pretty simple when it comes to words... Spell it out for us. Maybe even write it down so we don't forget it. We don't work well with subtlety." Later in the episode, she bravely tried again, and this time, she came right out with her confession.

***The Bachelor* contestant Ashley I. was in need of some dating advice before she confronted Chris Soules with her big reveal on last night's episode. What are some ways to successfully open up to a guy?**

Cupid's Advice:

Getting to know someone at the start of a relationship is both fun and scary. Once you get through basic background information, you have to open up about the good, the bad, and the emotional – and that's not always easy. It's worth it,

though: Sharing yourself with a new guy leads to a deeper connection and a stronger relationship. Cupid has some dating advice to help you successfully open up:

1. Pick the right time and place: Ashley I. should've waited for a better opportunity to reveal her big secret to Soules. If you're ready to share something personal, it's important that your partner be in the right mindset. Make sure you have an appropriate amount of time, their undivided attention, and a bit of privacy. You should be somewhere where you feel comfortable expressing your emotions and talking freely without interruptions or distractions.

Related Link: [‘The Bachelor’ Season 19 Contestants Deal with Jealousy – Chris Soules Can’t Stop Kissing Them!](#)

2. Be straightforward: Like *The Bachelor* said, “Spell it out.” Don't beat around the bush; your significant other probably won't understand what you're trying to say, and you won't get the response you're looking for. It can be hard, but say it as plainly as possible. You may still have answer some follow-up questions though, so be prepared to have a conversation and not just make a confession.

Related Link: [‘The Bachelor’ Chris Soules Opens Up About Finding His Future Wife](#)

3. Let it happen naturally: Reaching the point in a relationship where you two can really be honest with each other can't be forced. If it's meant to be, it will be. There's no need to rush to pull the skeletons out of your closet in the first few weeks of a knowing each other. When the timing is right, you'll feel it. That being said, if you think this person can't really get to know you while you're keeping a secret, then it's time to reveal it.

How do you know when it's time to open up in a new relationship? Tell us in the comments below!

Screwing the Rules Video Dating Advice: How 'The Bachelor' Is Changing the Reality of Dating



By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) discusses how *The Bachelor*, particularly season 19 with [Chris Soules](#), and other similar reality TV shows are changing the reality of

dating.

Dating Advice from E!'s *Famously Single* Dating Coach Laurel House

“They’re helping to shape the way we view what is desirable, what is sexy,” she explains of the reality TV franchise. “With Farmer Chris from Iowa as America’s current leading man, the dating landscape has dramatically shifted.” House reveals five ways that Soules is changing the reality of dating: Women no longer want bad boys like former *Bachelor* Juan Pablo Galavis; we see farmers as marriage material; we’re going back to the basics and forgetting about the rich and famous; we want a true gentleman; and we (finally!) think nice is sexy.

Related Link: [Screwing the Rules Video Dating Advice: Find the Love of Your Life](#)

Funny enough, a reality TV show is helping us redefine real love. “It’s being authentic; it’s being our true self. It’s looking down deep and thinking, ‘What do I need in a relationship and love? What do I need in a relationship? What will sustain a relationship long-term?’” the relationship expert shares.

For more dating advice from House, click [here](#).

For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).

How do you think *The Bachelor* is changing the way we date? Tell us in the comments below!

'The Bachelor' Season 19 Contestants Deal with Jealousy – Chris Soules Can't Stop Kissing Them!



By Emma L. Wells

[Chris Soules](#) certainly seemed to be enjoying himself during last night's episode of [The Bachelor season 19](#)! Reality TV fans got to see multiple makeout sessions and enjoy a lot of laughs, thanks to a guest appearance by Jimmy Kimmel. According to [People.com](#), Soules kissed eight different women, claiming that it was simply part of the process of finding love. When asked by Mackenzie why he was macking with so many different honeys, he answered nervously that that's just how

he gets to know people. Becca was the only girl to deny his attempt at a smooch; instead, the two shared a sweet hug.

What are some ways to deal with jealousy when, like the contestants on *The Bachelor* season 19, you aren't exclusive yet?

Cupid's Advice:

It's easy to get jealous during the beginning stages of relationships and love. On *The Bachelor* season 19, the contestants are forced to watch the man they're all falling for go after multiple women at once. While a little jealousy can add heat to your romance, letting it consume you can have consequences. Whether you're on reality TV or dating in real life, Cupid has some dating advice to help you handle your jealousy:

1. Honesty is key: Soules doesn't – and can't – hide his dalliances from the women on *The Bachelor* season 19. You should be honest with your partner too, no matter how hard it may be to tell him that you're ready to go all in and stop dating other people. Besides, don't you want to know if he's seeing someone else? The only way to truly know for sure is to ask.

Related Link: ['The Bachelor' Chris Soules on First Night Jitters](#)

2. It's not a competition: Cut down on your jealousy by focusing on your relationship. You could drive yourself crazy comparing yourself to other people in your date's life. Your relationship, even if it's not exclusive yet, should be about just the two of you. Focus on the amazing time you have together and all the positive aspects of your partnership so

far.

Related Link: [‘The Bachelor’ Season 19 Premiere: Chris Soules Meets 30 Bachelorettes](#)

3. Take the power back: Jealousy in relationships often stems from a lack of power. This doesn't mean you need to control your partner's actions, but you should assert your right to make your own decisions. For instance, don't feel the need to match every move of your beau. Even if you've agreed that you're not ready to be exclusive, you don't have to date other people just because he is. You should do what feels right for you! Take a tip from Mackenzie and Becca and clarify what *your* boundaries are for the relationship.

What's your best tip for dealing with jealousy in the early stages of dating? Tell us in the comments below!

‘The Bachelorette’ Winner Josh Murray Gets Out of Town with His Mom Following Split





By Emma L. Wells

The Bachelorette winner Josh Murray knows there's nothing like a mother's love to help you heal. In a tweet on Jan. 12, he told followers he was headed to his hometown of Tampa, Florida with his mother after his celebrity breakup from Andi Dorfman. The couple, who met during season 10 of the popular reality TV show, announced their split in a joint statement earlier this month. Murray had been living in Atlanta, Georgia with Dorfman. According to [UsMagazine.com](https://www.usmagazine.com), his mother, Lauren Goodhart Murray, flew to see her son after the news went public, and now, the two are driving south together. Dorfman's final pick also expressed excitement about seeing his beloved dog Sabel again.

Taking a cue from this celebrity breakup, what are some ways to cope with broken heart after a split?

Cupid's Advice:

Breakups can be painful no matter the circumstances. It's important to give yourself enough time to grieve but not so much time that you start to wallow. You need to move on but not so quickly that you haven't fully healed yet. Cupid has some advice on how to handle a broken heart:

1. Surround yourself with people who care: There is nothing strange about wanting your mama when you are hurting, no matter how old you are. It's natural to feel lonely after a split. Being around people who see how wonderful you really are will help you see it too. Follow Murray's lead after his celebrity breakup and don't shut yourself off from the world! Take a weekend trip to see family or friends. Even though your significant other may no longer be in your life, you are not alone.

Related Link: ['Bachelorette' Andi Dorfman Hands Out Final Rose](#)

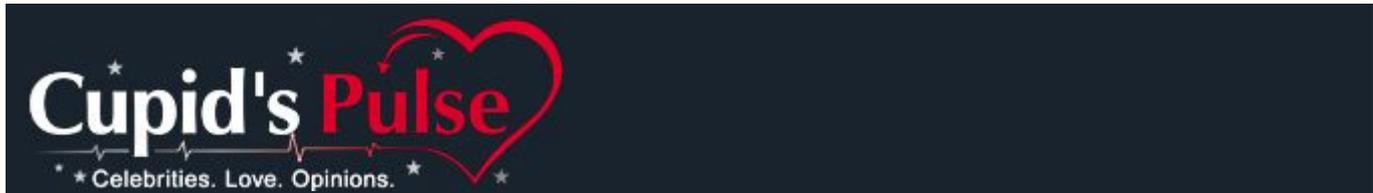
2. Be active: You know what they say: Out with the old, in with the new! Use this time of change to better yourself by starting a new hobby or interest. Try taking a cooking or dance class or learning a new language. Exercise classes can be especially beneficial because of the endorphins your body releases when you workout. Get your mind off your hurt by setting a goal and hitting the gym.

Related Link: ['Bachelorette' Season 10 Couple Andi Dorfman and Josh Murray Call It Quits](#)

3. Invest in yourself: You've just gone from being part of a twosome to being single again; you need time to adjust to that kind of change. Remember your awesomeness comes from within, not from your partner. Take yourself out for a day of you! Do the things you love, things that you couldn't do when you were in a relationship.

How did you heal after a breakup? Tell us in the comments below!

The Worst 'Bachelor' and 'Bachelorette' Breakups

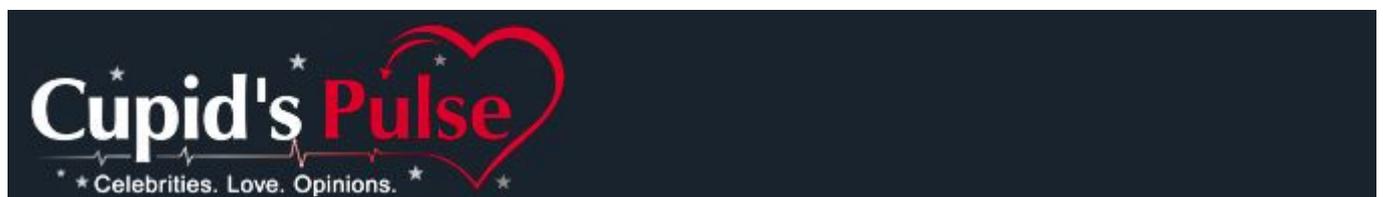




Jake Pavelka and Vienna Girardi

Jake Pavelka thought Vienna Girardi would be his best chance at love when he knelt in front of her on 'The Bachelor' season 14 finale. But after a short engagement, the pilot decided it was over and broke the news to his fiancée over the phone! On a TV special, Pavelka accused her of cheating, while Girardi said he was obsessed with fame. Ouch! Photo: Bob Charlotte / PR Photos

Coffee Meets Bagel Dating App Co-Founder Talks About Being on 'Shark Tank'





Interview by [Lori Bizzoco](#). Written by Lori Bizzoco and Emma Wells.

Looking for a unique way to find love on your mobile device? Well, one of the biggest names in [dating and relationship](#) apps is about to get some air time on television tonight (and no, it's not Tinder). Coffee Meets Bagel co-founders and sisters, Dawoon, Arum, and Soo Kang, are heading to ABC's *Shark Tank* for the season premiere to seek funding for an Android app expansion that launched two days ago to compliment their growing business.

What is the Coffee Meets Bagel Dating and Relationship App?

Coffee Meets Bagel was started by the Kang sisters in April 2012 in New York. As smart, attractive, young, and busy professionals who weren't having much success with dating, they wanted to make finding love easier and more fun for singles by creating a unique dating and relationship app. According to their website, Coffee Meets Bagel operates under three guiding principles: Firstly, your dating life should be

as private as you want it to be; secondly, meeting people through friends is safe and easy; and finally, it shouldn't be hard, uncomfortable, or tricky to meet good potential partners.

Related Link: [New Dating Apps to Manage Your Love Life](#)

Coffee Meets Bagel sets itself apart from other dating and relationship apps by providing users with only one potential match – or “Bagel” – per day at noon. Users then have 24 hours to either “like” or “pass” on their match. If you select “like” and your match does too, you get connected via SMS messages and can schedule a date. Additionally, Coffee Meets Bagel only provides matches it finds through your Facebook friend network. Perhaps this is why it has been so successful: They claim one million matches/introductions since they launched!

Their Experiences on Shark Tank

Executive Editor Lori Bizzoco had the chance to meet Dawoon a few years back at the New York launch party, and she spoke to her again this week. She wouldn't disclose too much information about what happens on *Shark Tank* or about the company's user numbers. “We don't give out our numbers,” she reveals. Well, that's going to make for an interesting segment tonight considering *Shark Tank* investors are ALL about the numbers! When asked if we'll find out more about this on the show, she replies, “You'll have to wait and see!”

Interestingly, Mashable reported that the sisters were attacked by the sharks for being coy about their users.

It's not that the sisters don't know the premise of the show. In fact, Dawoon said that they are big fans. However, she does tell us that they didn't seek out the opportunity to be on *Shark Tank*, explaining that ABC actually contacted them directly. “I never considered going on *Shark Tank* before because we are a bigger company than the entrepreneurs they

typically have on the show,” referring to her company’s 11 person team and their recent funding. The company received their first round of funding in September 2012 for 600,000 dollars from LightBank Venture Capital and the co-founder of Match.com, Peng T. Ong. They received a second round of venture capital – 2.8 million dollars – from an unknown source in May 2014. Speculation is that this came from one of the sharks, but Dawoon confirms it did not. “The investment happened before the announcement was made and before *Shark Tank*,” she says.

Related Link: [‘Shark Tank’s’ Barbara Corcoran Talks Business, Relationships, and ‘Shark Tales’](#)

But when the opportunity presented itself, they knew it was too good to turn down. “We thought it would be amazing to have one of the sharks involved because they are so smart and experienced,” she shares. “So we decided to go for it. It was very nerve-racking, but it was a lot of fun!”

When asked if there was a particular shark they would want as an investor, she points to Mark Cuban. “If I were to pick one shark [to work with], I would probably love to have him involved because he’s just so tech savvy. All the sharks are very straightforward and sharp, but I find Mark to be particularly so. I can totally see him adding a lot of value to Coffee Meets Bagel. We are very excited at the prospect of getting any of the sharks involved though.”

Like any good reality television show, there is always the possibility of some drama. We’ll just have to wait and see if Coffee Meets Bagel will be a match on the premiere episode of *Shark Tank*!

Tune in for Shark Tank tonight on ABC at 9/8c!

'The Bachelor' Chris Soules on First Night Jitters



By Emma L. Wells

First dates can be stressful enough, but can you imagine having 30 first dates simultaneously? That's how Chris Soules felt on Monday night during the premiere of *The Bachelor* Season 19. "It was nerve-racking but exciting to be in the same room with 30 amazing women and knowing that one of them could potentially become my fiancée," Soules said in an interview with People.com. While some women handled the stress of the evening better than others (a few contestants were noticeably intoxicated by the evening's close...), they all made

lasting impressions. From motorcycles and karaoke to secret admirers and a pig nose, the women used a variety of tactics to try and catch the handsome bachelor's eye. Some ended up being more successful than others, as the 33-year-old farm boy from Iowa eliminated eight women during the first rose ceremony on *The Bachelor* Season 19.

'The Bachelor' Chris Soules was pretty nervous Monday night. What are three ways to deal with nerves on a first date?

Cupid's Advice:

Everyone has to deal with nerves from time to time, but you don't want to let some overly energetic butterflies interfere with what could be a really amazing first date. Cupid has some ways to reign in those jitters:

1. Just breathe: It may seem like simple advice, but it's often what people forget when they are under pressure. Focusing on your breathing helps in many ways. First, it helps center your mind on something else. Second, it'll slow your heartbeat and your thoughts, and you'll quickly start to feel less flustered and crazy. Being in control of your breathing will help you feel in control of your situation. Try counting to five as you inhale and counting to seven as you exhale; repeat this ten times, and you'll be calm again in no time!

Related Link: ['The Bachelor' Season 19 Premiere: Chris Soules Meets 30 Bachelorettes](#)

2. Remember you're not the only one: You're not alone! It's good to keep in mind that the person sitting across from you

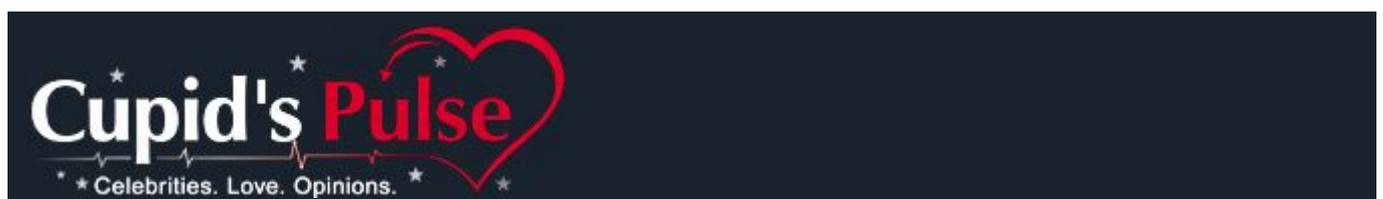
is most likely feeling just as nervous as you are. Believe it or not, shared nervousness can even be something you two can bond over. Try joking about it and see where the conversation takes you.

Related Link: [‘Bachelor’ Chris Soules Opens Up About Finding His Future Wife](#)

3. Understand your anxiety: First date nerves can have many causes. They might just mean you’re really excited. Or perhaps you always get restless when you meet new people. The jitters could also be your body’s way of telling you that you already know this isn’t a good match. Diagnosing the reason behind your butterflies will help you figure out how to handle the situation. Most importantly, remember that nerves are normal; don’t let them stand in the way of your happily ever after!

What are some ways you deal with nerves on a first date? Share your thoughts below.

Did ‘The Bachelor’ Winner Nikki Ferrell Reveal She Has A New Man?





By [Emily Meyer](#)

Although Nikki Ferrell's celebrity breakup from *Bachelor* Juan Pablo Galavis was only a month ago, her Instagram account tells us she's wasting no time getting back into the swing of things when it comes to her relationships and love life. According to [Wetpaint.com](#), the *Bachelor* winner posted a photo over the weekend quoting Beyoncé's song "Halo" by writing, "I swore I'd never fall again, but this don't even feel like falling." She then captioned the quote with more lyrics from the song, "Think I'm addicted to your light," followed by a heart emoji. The private beauty didn't give any more details about this new special someone, but we can't wait to see what celebrity love gossip she shares next!

'The Bachelor' winner Nikki Ferrell found romance after her celebrity breakup. How do you know when

you're ready to start dating again after a breakup?

Cupid's Advice:

Whether you were in a relationship for months or years, breaking up is never easy. You have been dealing with a tornado of emotions ranging from anger and confusion to sadness. It can be difficult to figure out when you're ready to start dating again, so Cupid has three ways to help you know when you're ready to get back into the dating scene:

1. You have a positive outlook about your past love: Although it's normal to feel somewhat angry about how your last relationship ended, it's important that you let go of those negative feelings. If not, you may not be able to move forward to a place of peace with a new partner. Figure out what's still holding you back and like *Bachelor* winner Nikki Ferrell, speak positively of your ex to help you move into a better place.

Related Link: ['Bachelor' Winner Nikki Ferrell Confirms Split from Juan Pablo Galavis](#)

2. You can be happy on your own: You have to be content with yourself before you can find happiness with someone else. Make sure you have your own hobbies, career, and social circle before you dive into another relationship. When you sincerely love yourself as an individual, you'll be ready to start the dating process again.

Related Link: [Chris Harrison Jokingly Slaps Chris Soules in New 'Bachelor' Promo](#)

3. You want to move on for *yourself*: It's only human to want to make your ex a *little* jealous. However, that should not be your main motivation. Make sure you're fully committed to

dating new people for the right reasons.

How did you know you were ready to get back into the dating scene? Tell us in the comments below!

'Bachelor in Paradise' Couple Marcus Grodd and Lacy Faddoul Spend Their First Thanksgiving Together!



By [Emily Meyer](#)

The holidays are meant to be shared with the people you love, and for Marcus Grodd and Lacy Faddoul, they did just that! According to Wetpaint.com, the *Bachelor in Paradise* couple spent their first Thanksgiving together in Faddoul's home state of California. Both reality stars posted sweet pictures together on their Instagram accounts. Faddoul captioned one photo, "Happy Thanksgiving! We are so thankful for those that love and support our little family. #family #friends #bachelornation." Grodd then wrote, "Happy Thanksgiving Day from our family to yours! Hold your loved ones close #blessed #love #gobble." From the background of the photos, we are guessing they were snapped in The Golden State, which also happens to be where the couple has been spending most of their time these days. This adorable pair seems to be powering through the holiday season joyfully!

How do you know when you're ready to bring your partner home for the holidays?

Cupid's Advice:

Although many people usually complain about being single during the holidays, it's not so easy for couples either! The big question is for many pairs is whether or not you should bring your lover home for the holidays. Cupid knows it can be stressful, so here are three ways to tell if you're ready for your new partner to spend this special time with your family:

1. They have met your loved ones before: If your significant other has never met your parents, the holidays may be an awkward time to introduce them. It'll be intimidating to expect your beau to get to know your entire family (including your crazy aunt) during this stressful time of cooking, gift giving, and party-hopping.

Related Link: ['Bachelor in Paradise' Couple Marcus Grodd and Lacy Faddoul Still Together](#)

2: They seem pro-holiday: If your sweetheart is asking you about your family's Christmas traditions and your favorite memories, that's a good sign! They're already invested in sharing the holidays together and want to become more connected as a couple. If they seem to be in good spirits about the holidays, it's worth broaching the subject of bringing them home with you.

Related Link: ['Bachelor' Runner-Up Lindsay Yenter Is Engaged](#)

3. You actually *want* them there: It's really important to not feel pressured to bring a new boyfriend or girlfriend home for the holidays. Make sure that you really want them there and that you aren't only trying to please someone else (like your mother). If you don't feel ready, don't extend the invite!

How did you know you were ready to bring your partner home for the holidays? Share with us below!

Antonio Sabato Jr. Takes Elimination from 'DWTS' in Great Stride: "I'm Sorry I Can't Stay"





By Shannon Seibert

In a sad turn of events, Antonio Sabato Jr. and partner Cheryl Burke were eliminated last Monday night on *Dancing with the Stars*. For their last time on the dance floor, the spicy duo danced a Viennese Waltz, hoping to impress the judges after the prior week's critical Salsa assessment. Though the pair didn't satisfy the judges' tastes, Sabato says he will continue dancing after the show. The former soap opera star's other show *Fix it and Finish It* is also off to new endeavors as it heads into its 69th show. Don't miss our [exclusive celebrity interview](#) below!

Exclusive Celebrity Interview with Antonio Sabato Jr.

Halloween week on *DWTS* seemed like so much fun! What was your favorite part of last week's episode?

ASJ: Dancing with the team was great, but what always was my favorite part of any show was having my family there and getting to dance for my wife. I loved being able to do two

beautiful dances, but nothing brings me more joy than family.

We're so sad that we won't get to see you and Cheryl dance again. Anything you want to say to your fans?

ASJ: My love goes out to all of them, and I wish things had gone differently on the show. As someone who has never danced before, I'm really proud of what I accomplished and making it as far as I did.

Having Cheryl take me through seven weeks on the show was amazing. It was a great run, and I'm sorry I can't stay. I had a great time, and I wish I could do it again.

Related Link: ['DWTS' Contestant Antonio Sabato Jr. and Partner Cheryl Burke Are "Still Going Strong"](#)

What will you miss most about being on DWTS?

ASJ: Dancing for my wife and kids – that was the best part, along with being able to dance for my fans and supporters. The TV show part was fun, and getting to work with Cheryl was a blast. I really did appreciate the feedback from the judges and the help they were giving me to be a better dancer. All of it was great, but dancing for everyone was the thing I will miss most.

Do you think you'll continue to dance even though your time on the show is over?

ASJ: Oh yes, I'm going to continue to dance with my wife. When I'm on location, I will practice my dance moves in front of the mirror because it's great exercise. I love to feel the music, and now I'm hooked. You feel good doing it, and I love that it's something that I enjoy so much.

We have to ask: Who do you think will win the mirror ball trophy this season?

ASJ: I don't know! It's not necessarily a sure thing for anyone at this stage. You have celeb dancers that have danced

for a long time who can win it. You have Sadie Robertson, a young teenager who is amazing. You have Janel Parrish. These are people that can break through. Of course, Alfonso Ribeiro has been dancing his whole life and could win it. It's anybody's game. Now that I see the rest of the crowd, it could be anybody. There are a lot of good dancers there. A lot of variables influence something like this.

Related Link: [Antonio Sabato Jr. on His 'DWTS' Journey So Far: "I Have a Passion with Everything I Do"](#)

Shifting gears, what are you currently working on in Cleveland for Fix It and Finish It?

ASJ: We did a den today for two teenagers, and tomorrow, we're doing a back yard for a wonderful family that needs their deck and yard done. We've got six more to do, and then after Thanksgiving, we go to Richmond.

What can fans expect to see on the upcoming episodes?

ASJ: The ones you're going to see coming up are wonderful projects: We do a few basements, and we turn a garage into a living room. We turn a lot of homes inside and out. We work with wonderful contractors all over the country who do amazing work. We've already done 69 shows!

Follow Antonio Sabato Jr. on Twitter @antoniosabatojr. Continue watching Dancing with the Stars on Mondays on ABC at 8/7c!