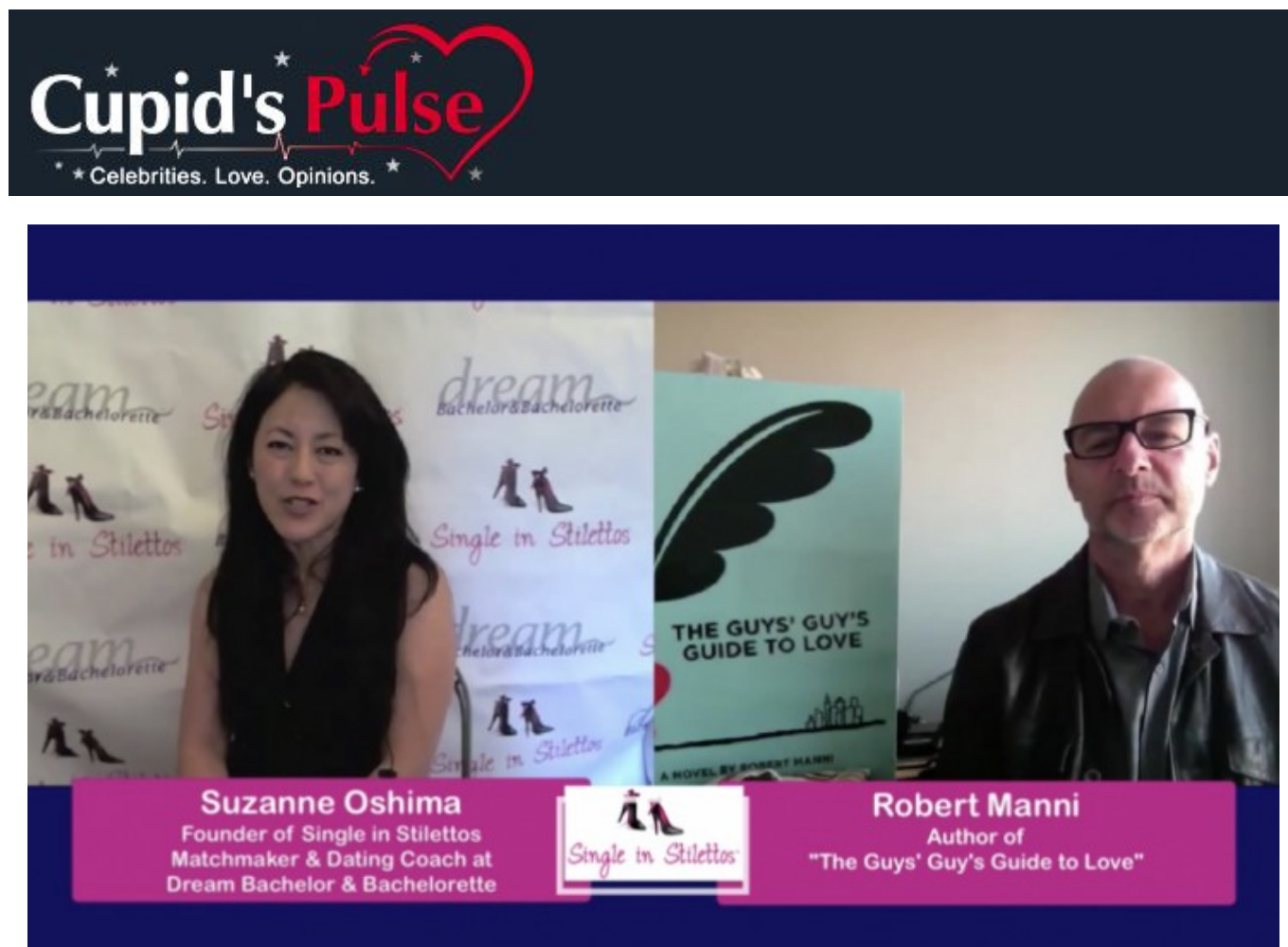


Single in Stilettos Show: How to Talk About Being Exclusive with Your Partner



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima and dating coach Robert Manni discuss how to talk about being exclusive with your beau. The author of *The Guys' Guy's Guide to Love* shares five important things to remember when you bring up this subject: make sure it's a good time to have a serious conversation; do it in person; let him know it means a lot to you; never give him an ultimatum; and remember that it's about what you *both* want.

Related Link: [Robert Manni on How to Get a Second Date](#)

Ultimately, it's a conversation between the two of you. Although you may be focused on sharing your feelings with

your partner, be sure to listen to him in return. Pay attention to how he responds. If he says he's just not ready, respect his wishes and be patient. However, if he says he doesn't want to be exclusive with you, it may be time to move on.

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What's your best tip for talking about being exclusive with your partner? Share your comments below!

Top Ten Most Romantic Holiday Getaway Spots





By [Melanie Mar](#)

This winter, some lucky couples will be cuddling up next to fireplaces, warming up with hot chocolate and marshmallows, and, depending on their location, riding in horse-drawn carriages and hitting the slopes together...all in the name of love. The holidays often bring out a softer, more romantic side as established pairs get nostalgic and newbies want to create magical memories. What better way to beat the winter blues and heat up your relationship than getting away for a fabulous rendezvous with your mate?

Pictures of celebrities often grace the covers of magazines at the most desirable locales, so it's no surprise we look to them when choosing a vacation spot. Make your fantasies a reality and become the star yourself with the following destinations. Not only are these celebrity-visited locations glamorous, but they're also some of the most romantic places on the planet. You don't have to break the bank to live your dream. Scour the internet for special offers and packages, and enjoy these top ten most romantic holiday getaway spots.

Related Link: [Cupid's Weekly Round-Up: Make Your Holiday the Best One Yet](#)

1. Aspen, Colorado is by far the ultimate romantic dream winter getaway, thanks to its breathtaking ski slopes, steamy hot tubs, high-end shopping, and endless fine dining. The Colorado Chamber of Resorts even called Aspen the “Rocky Mountain Playground for the Rich and Famous.” Aspen mountains are a favorite, as celebs don’t stand out as much and can maintain their privacy. Stars that frequent the snowy town include longtime lovers Goldie Hawn and Kurt Russell and hot new parents Ashton Kutcher and Mila Kunis.

2. Following Bridget Bardot’s lead, tourists and celebs visit **St. Tropez, France** all-year round. The beaches of this small town are the perfect place to achieve that Victoria’s Secret-like bronzed tan while getting close to your lover, so pack your colorful swimsuit and gear up for some snorkeling! It is no surprise that A-list stars frequent this coastal city, including Neil Patrick Harris and David Burtka as well as the lovely Naomi Watts and Liev Schreiber. St. Tropez will leave you never wanting to return home!

3. The Eiffel Tower lit up at night, carousels that spin around in delight, bunches of flowers in the marketplace, and balloons come to mind when I think of **Paris, France**. The City of Lights is one of the most heart-stopping, romantic vacation spots on the planet. How many movies do we see that whisk the couple off to Paris for a secret rendezvous? Take a stroll along the famous bridge and seal your love with a special lock and key, or set up your own lovely picnic along the river Seine and enjoy the magic.

Related Link: [Dating Someone New During the Holidays](#)

4. Lake Como, Italy is now a popular destination, thanks to stars like Brad Pitt and George Clooney. The view alone is a postcard-like vision and enough to make anyone get dreamy-

eyed. With the castles, lush gardens, giant cathedrals, and quaint shops, you're sure to find many places to reignite that romantic spark! Lake Como is a fairy-tale getaway for many celebrities including David and Victoria Beckham as well as Matt Damon and his wife Luciana Barroso.

5. The coastal towns **Carmel** and **Monterey, California** are both fabulous places to visit with someone special. The many cozy inns located here provide the perfect place to keep warm. Beaches, golf courses, upscale shopping, phenomenal spas, and many other beautiful outdoor spots will leave you feeling rested and refreshed. The wooded area near the Coastal Cruise on Highway 101 is the perfect place to stroll with a coffee before hitting the spa. End your day with a glass of wine at Pacific Edge Grill.

6. Mallorca, Spain is the largest island in the Balearic Islands along the Mediterranean Sea. This gorgeous location is a lover's favorite, so much so that recently a friend of mine decided to move there after falling head over heels in love with a man from the area! Have a glass of wine and snuggle up in a secluded restaurant, take a bike ride along the beach, or even scuba dive in the clear waters. Most celebrities choose this luxurious spot for a break from their fast-paced lives and for its cultural appeal. Frequent visitors include hot couple Justin Theroux and Jen Aniston as well as power pair Michael Douglas and Catherine Zeta-Jones, who own a home there.

Related Link: [Ashley Hebert and J.P. Rosenbaum Celebrate Holiday Traditions](#)

7. This past summer, Kanye West and Kim Kardashian jetted to **Punta de Mita, Mexico** and shared Instagram pictures of the magical sunsets, delightful spreads of food, and infinity pools in this romantic town. Punta de Mita is a beachfront village that offers high-end places to stay like the Four Seasons Resort or the private retreat built by mogul Joe

Francis. This is a wonderful spot to escape to this year, as it is both private and posh and will certainly bring new passion to your relationship.

8. Maui, Hawaii is not only a great place to visit in the summer, but it's a hotspot during the winter months as well. Just ask sweet couple Brian Austin Green and Megan Fox, who got hitched on the island. Maui offers its visitors breathtaking hikes, eye-popping volcanoes, and a variety of private beaches.

9. While most vacationers think that **Rio De Janeiro, Brazil** is a destination for the summer months only, celebs have long been fans of this tropical paradise. Sunbathe on the beach of Ipanema, take a bike ride through the village, or visit the many gardens and museums. Javier Bardem and his beauty Penelope Cruz and handsome bachelor Gerard Butler have been known to vacation here. It's the perfect place to relax, unwind, get closer to your partner, and enjoy a new culture all at the same time.

Related Link: [Adam Levine Marries Behati Prinsloo in Mexico](#)

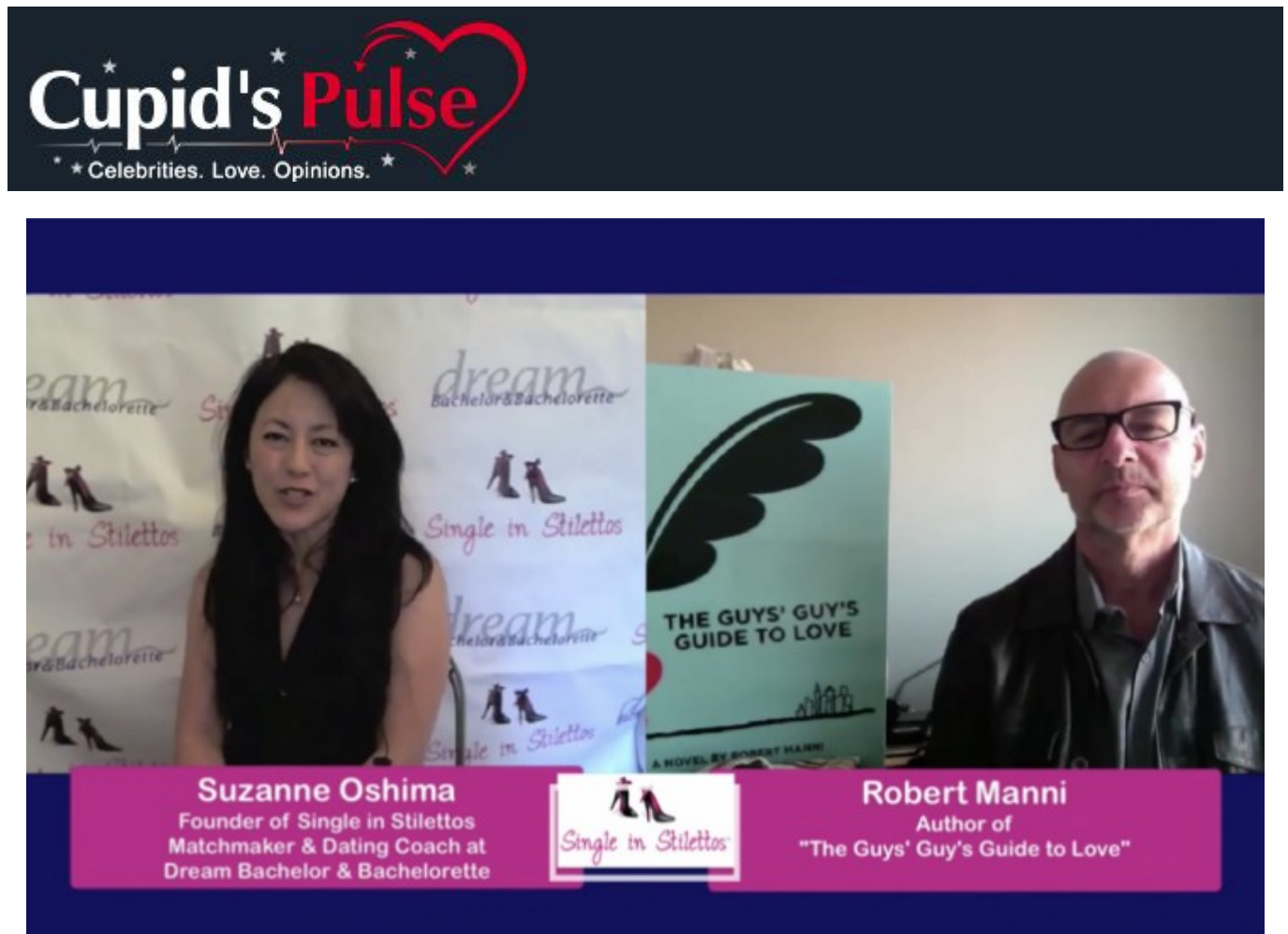
10. Celebrities love to head to the beaches of **Los Cabos, Mexico**. One frequent famous guest, Jennifer Lopez, enjoys staying at the luxurious Mexican resort, Las Ventanas. This private getaway is a romantic vision with enormous suites and private bungalows, each with private Jacuzzis on their balconies. You will be enamored with your choice as you overlook the magnificent waters of Mexico.

Winter is the perfect time to escape from the stress, the cold, and the city, and there is nothing quite like finding the perfect place to unwind and just relax. Whether you choose a chillier climate to snuggle up in or a warmer one to throw on your swimsuit and show off your tan lines, these holiday hot spots are sure to make your winter sizzle!

[Melanie Mar](#) is a relationship and life coach as well as co-

owner of the Millionaire's Club International Matchmaking Agency for the U.K. and Europe. She is certified by the WANT Institute in Androgynous Semantic Realignment and a Transaction Analysis practitioner certified by the United States America Transaction Analysis Association.

Best Friends and the Search for Love



By Patricia Bubash, Ed.S., LPC for [Hope After Divorce](#)

"He is my best friend." These words came from the lips of a wife. It isn't the first time I have heard a wife say this

about her other half, but it is the first time that I really thought about the impact of a “best friend” relationship in a marriage – and even more impacting, in a remarriage.

Statistics show that most divorced men and women are still desirous of finding a lifelong partner. More than half of first-time divorced spouses choose to walk down the aisle again. We really don’t need to read the statistics; observation is enough. The overwhelming number of dating sites, divorce support groups, and friends trying to “set” single friends up easily convinces us.

Research will show we indeed live in a couples’ society. Most people feel the need to have a partner, a companion, a person to share interests, socialization, and good and bad situations – a soul mate. Finding that someone special is a desire shared among the single. We are inundated via all modes of communication – television, radio, written word, and personal conversations – with the necessity of “being in love.” Unhappily for the love-seeker, many of their hopes for the real thing are relationships founded “in lust” rather than “in love.”

Related Link: [Daniel Radcliffe Says Girlfriend Erin Darke Is “Definitely” His Best Friend](#)

An author friend, Pam Evans, is an expert on finding love. Her problem wasn’t finding love but *keeping* it! As a self-proclaimed “multiple marrier,” she is familiar with the search for a soul mate, a replacement for a previous spouse. In her book *Ring ExChange*, she shares her misdirected view of what was important in a relationship. It was this perception that led to her four failed marriages. A good thing for the readers of her book, she didn’t give up easily.

A lesson from her book coincides with my premise to find a best friend first. If the new love meets her criteria, then chances are high that a soul mate will follow. She provides

these words of wisdom: "When two individuals approach a relationship first in the spirit of friendship, then true bonding leading to the deepest unconditional love, where affection, respect, compassion, sensuality, and kindness join together, can develop." I reread this lengthy quote several times to really "get" the depth of it. But, once I did, I heartedly agreed with her "friendship first" suggestion.

We know, typically, a physical attraction is usually the "first" connector for two people looking for a serious, long-term relationship with the end result being marriage. Through our own personal experiences or those of friends, we know that physical attraction is short-lived. No matter how gorgeous or how handsome, if our choice is based on exterior qualities rather than best friend qualities, our relationship will soon end, and a new search will begin again.

Related Link: [Can Love Be Better the Second Time Around?](#)

A close friend who has a PhD in counseling with many years of private practice and is also one of the divorced who is "searching" shared some personal and professional insights: "In the past, I found myself trying to be who my date wanted me to be. I found myself trying to please, to make him happy. In doing that, I wasn't making me happy, and I was being dishonest."

I think in our anticipation of making up for the loss of our marriage, our need for finding love again, a replacement for that lost love, we aren't always true to "me." First, I believe it is essential to be a best friend to yourself. Then, find that "best friend" who will be a true love.

Returning to this "best friend first then love" theory, ask yourself this question: "What qualities or virtues do I need in deciding that someone has achieved best friend status with me?" For me, it is the following:

1. Be supportive and honest. I don't want someone to agree

with me just because disagreeing might hurt my feelings.

2. Be willing to listen to me *without* giving advice. My view of advice: "Fools never heed it, and wise men don't need it." So skip the advice, just listen.

3. Let me know about the spinach between my teeth!

4. Encourage me in my goals.

When you find that someone who fills these four (my best friend) criteria, I believe you have found someone worthy of being your partner. Also worth thinking about: Don't rush it! Best friends tend to evolve over time, but once in place, they last forever. One day, you will be repeating the words of the woman whom I interviewed: "He is my best friend."

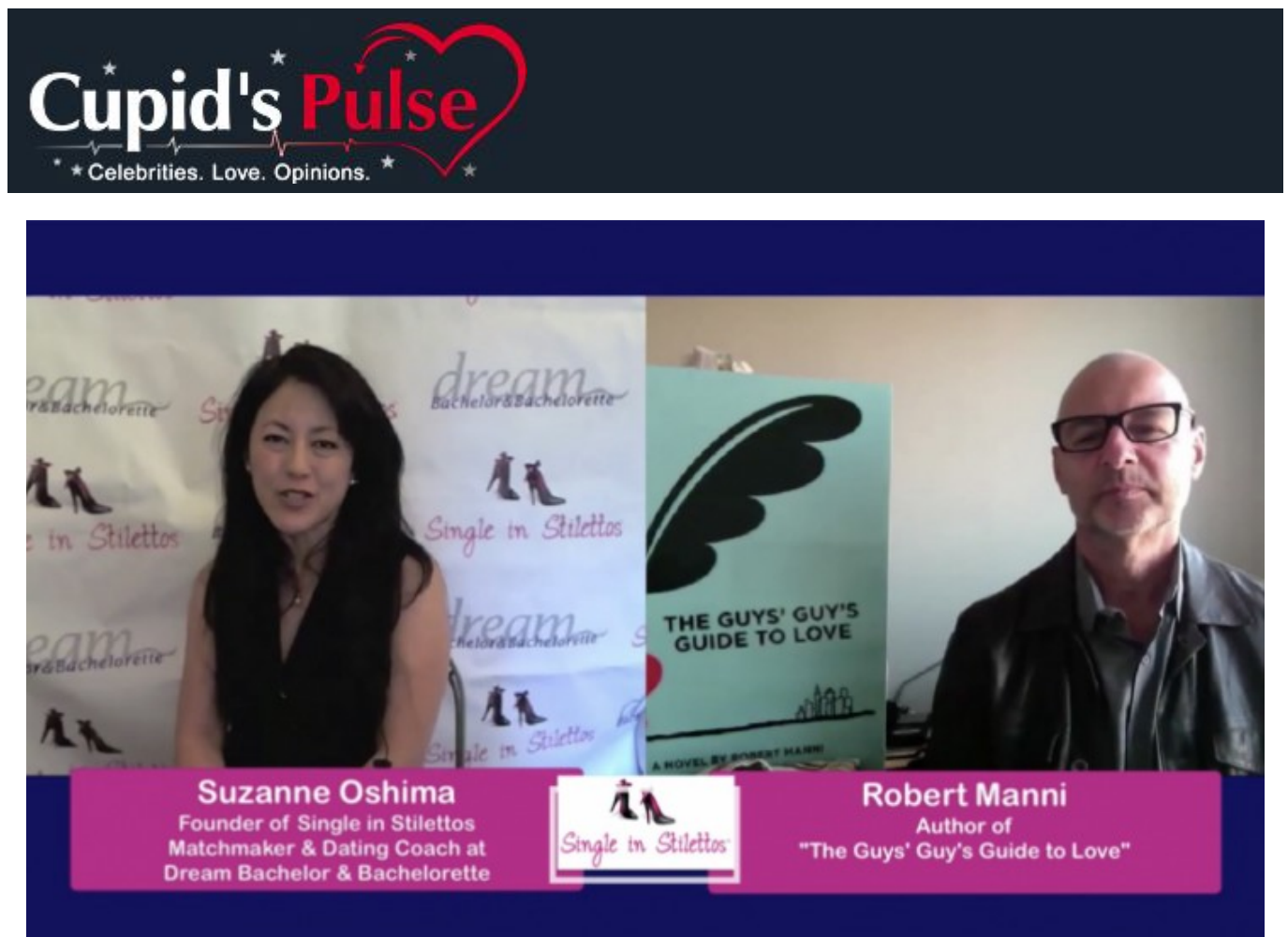
For more information about Hope After Divorce, click [here](#).



Patricia Bubash received her M.Ed. in Counseling from the University of Missouri, St. Louis. Working with students and families has been her true calling for over thirty years. For more than twenty years she has presented workshops at the community college on a variety of topics relating to parenting issues, self-esteem and issues relative to divorce. Patricia is a Licensed Professional Counselor in the state of Missouri and, a Stephen Minister. She

submits a variety of articles related to relationships, marriage and divorce to several internet sites, and, frequently, is interviewed on internet radio stations. Volunteerism, writing and family are most significant in her life. Patricia writes for DivorceSupportCenter.com, HopeAfterDivorce.org, CupidPulse.com, andFamilyShare.com. She can be reached at patriciathecounselor@successfulsecondmarriages.com.

Single in Stilettos Show: 5 Biggest Dating Mistakes Women Make with Men!



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to Ms. Solomon from TheDatingTruth.com about the five biggest dating mistakes that women make with men. Ladies, here are things you often do that are keeping you single: You think you can't be beautiful *and* smart; you always have to prove a point; you lead with your credentials and accomplishments; you can't give a good sound bite and tend to dominate the conversation; and you put down other women.

Related Link: [Ms. Solomon on How to Talk to a Guy](#)

If you can avoid making these five dating mistakes, you'll have a more successful love life in no time!

For more information about *Single in Stilettos* shows, click [here](#).

For more videos from *CupidsPulse.com*, check out our [YouTube channel](#).

How do you avoid making these dating mistakes? Share your tips in the comments below!

Q&A: Should I Be Concerned About My Man's Social Network Activity with Other Women?





Question from Jane C.: This guy and I have been dating for a few months now, and everything is going great, but I sometimes get bothered by the way he interacts with other girls on social media. It will pop up on my Facebook Newsfeed that he's liked a bunch of girl's photos or commented on some girl's picture. Should I read into this, or am I just being paranoid?

Related Link: [Is It Okay If My Boyfriend Texts His Ex?](#)

Suzanne K. Oshima, Matchmaker: When you're dating someone exclusively, it just means that you're not going to date other people. It doesn't mean that he can't be friends with other women or like their photos on Facebook.

However, that being said, his behavior could be inappropriate based on the type of photos he's liking or commenting on. If the photos are innocent in nature, then I wouldn't be so worried. But if the photos are sexy or provocative photos of the women and he's making inappropriate comments, then it's definitely a red flag that he may have a wandering eye. Not to mention the fact that it's completely disrespectful to you! If the tables were reversed, I'm sure he wouldn't appreciate you liking and commenting on photos of other men with their shirts

off or flexing their muscles.

It's not something that I would say you should break up over. However, it *is* something that you should keep an eye out for.

Paige Wyatt, Reality Star: The way people interact online can give you a good insight to their personality. In your boyfriend's case, he seems to be flirty and outgoing. He doesn't think twice when he comments on girls' pictures or posts on their walls because that's his personality. He probably doesn't see anything wrong with it. His online interactions are completely innocent to him because he doesn't think too deeply into them. Although it may not be a problem to him, it *is* for you. It's important to be open and honest with your feelings and opinions, so let him know what you're thinking. Otherwise, he may never change his behavior.

Related Link: [Should I Delete or Unfriend My Exes on Social Networks?](#)

Robert Manni, Guy's Guy: It's called social media for a reason. People connect online and socialize. Unfortunately, a lot of guys raised on social media think the way to score dates is sitting in front of their laptops in their tighty whiteys and hitting on random women. And that could be the case here. Without knowing the parameters of Jane's relationship, it's easy to condemn this guy for blatantly flirting while he's dating Jane.

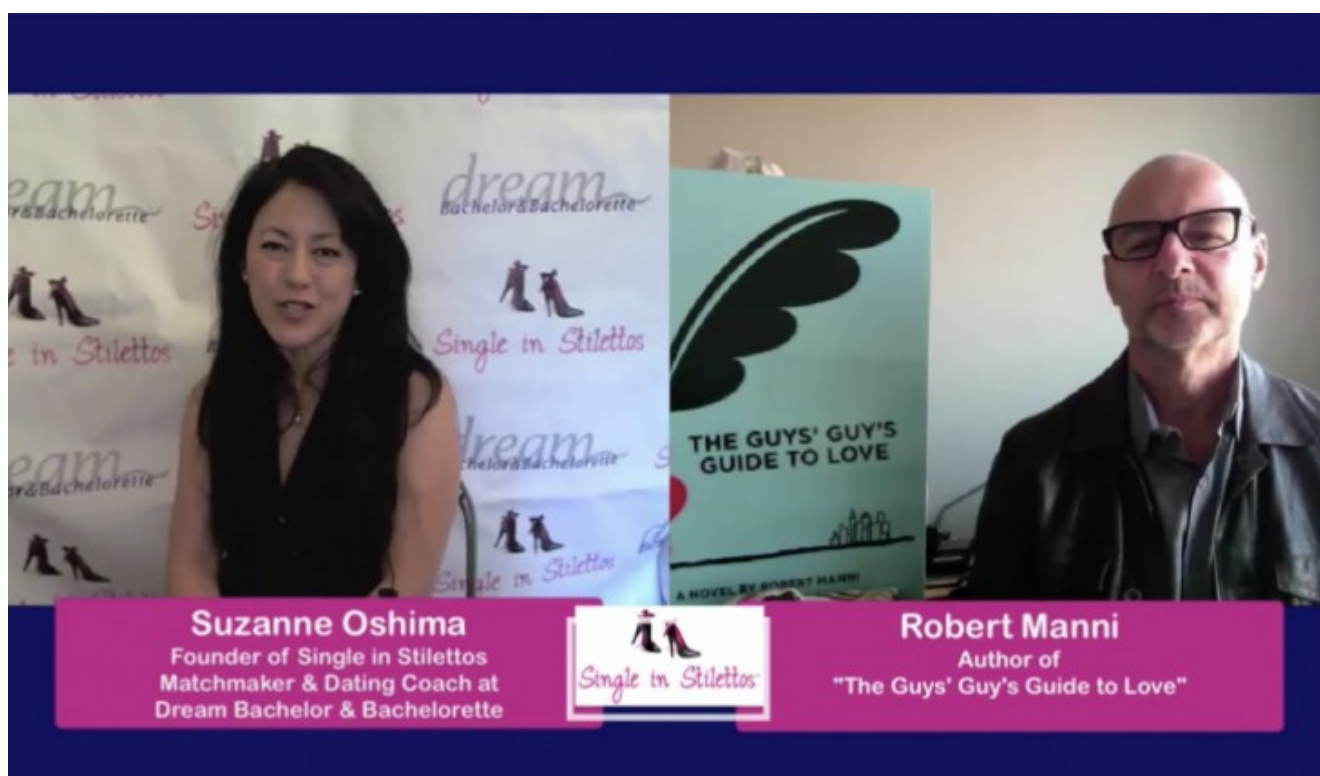
If they're in an exclusive relationship, Jane might ask why he's so friendly with these other women. If he's evasive or she doesn't buy his answer, she has some choices. She can put up with it (not recommended), return the favor and also flirt online, or start dating other people – at least until he realizes what's good for guys can be very good for the ladies.

To find out more about our three dating and technology gurus, click [here](#).

If you have any questions you would like answered by our experts, please submit them on our [Contact Page](#).

How do you handle concern about your partner's social media habits? Share with us in the comments below!

Screwing the Rules Video Dating Tips: Do THIS When Meeting His Family Over the Holidays



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Dating Coach Laurel House

Related Link: [Laurel House on Meeting Your Partner's Family Over the Holidays](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) talks about what to do when you meet your partner's parents. "There are several things you can do to make that greeting less stressful and actually fun for everyone," she explains. "You just have to remember to keep the romance and connection alive." Listen up to find out everything you need to know before your beau joins your family's Thanksgiving table!

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you prepare for meeting your significant other's family over the holidays? Tell us in the comments below!

Single in Stilettos Show: Why You Can't Make Him Love You





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to Duana Welch, PhD, author of *Love Factually: 10 Proven Steps from I Wish to I Do!*, about why you can't make a man fall in love with you. Usually, if a woman asks the question, "How can I make a man love me?," it's because the relationship is one-sided. It's impossible to make a man see you as his perfect match if he simply doesn't have feelings for you. Remember that love is reciprocal – you can't *make* him love you if he doesn't!

Related Link: [5 Signs He's Interested in You](#)

Listen up to find out what a man looks for in a woman, what a woman wants in a man, and more great dating advice!

For more information about *Single in Stilettos* shows, click [here](#).

For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).

Do you agree with Duana's thoughts about making a man fall in love with you? Tell us what you think in the comments below!

Making Special Occasions Comfortable for Children After Divorce



By Michele Sfakianos, RN, BSN for [Hope After Divorce](#)

It's very important to make special occasions comfortable for children after a divorce. You may find it's better to have birthday parties or Christmas morning at both homes, and most children will love the extra attention. However, there will be some events that can't be divided, and that's where communication between the parents is essential.

Children don't get a say as to what's going to happen due to a divorce, so it's up to the parents to always keep their best interests in mind. When your child has a dance recital, a school play, sporting events, dances, and even graduation, they will want both parents to be in attendance. You don't want everyone to be tense due to who will be attending the event either.

Related Link: [Brandi Glanville Talks About Dating as a Single Parent](#)

There are many children from divorced families with sad stories to share. They will tell you how their parents were fighting during a certain gathering. Some children will stop being involved in various activities just so they can avoid the conflict that will arise when their parents show up at the same event for them.

Other children have stories of one parent refusing to attend a special occasion due to the other parent planning to be there. A child should never be placed into such a difficult situation where they have to choose one parent over the other! It can backfire on the demanding parent too because their children may end up resenting them for acting in such a manner.

It doesn't matter how old the children are either – it will still affect them. I have seen women cry on their wedding day because their mother wouldn't attend the ceremony if their father was walking her down the aisle. Young children are deeply affected by this type of conflict. Don't assume that they don't know what's going on, as children tend to pick up on many issues that parents don't give them credit for.

For many newly divorced couples, this can be very hard to do. They may still be struggling with their own emotions from the divorce. It can be difficult to see the ex-spouse at events. It's okay to feel this way, but you need to be honest about your feelings. You may express to your child that it's

difficult to see their other parent at the event but that you're willing to give it a try for their sake. They will appreciate both your honesty and your effort.

Related Link: [Ryan Phillippe Says He's 'Proud' of How He and Reese Co-Parent](#)

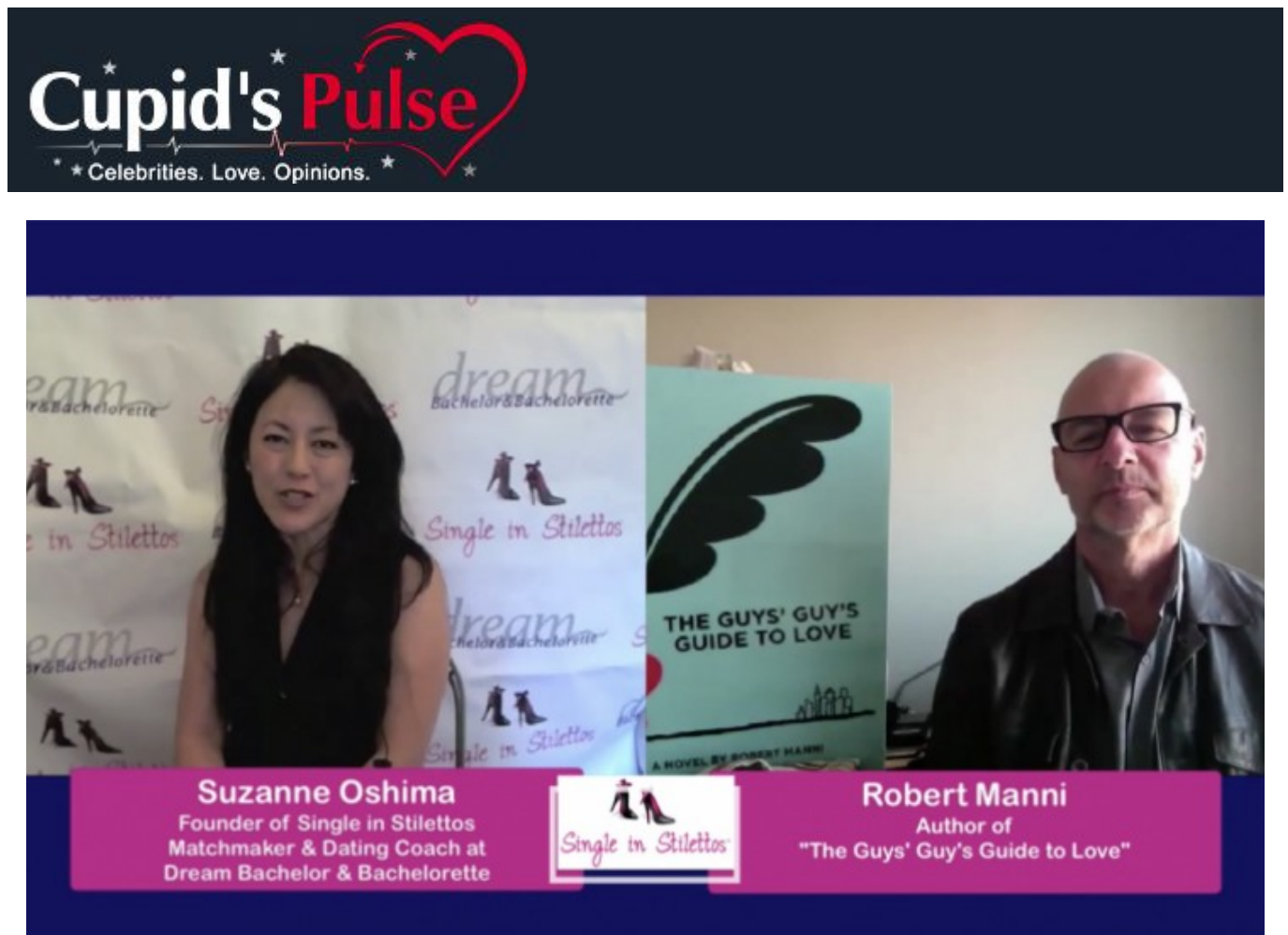
It's the parents who really want their children to be happy who will work to make special occasions comfortable for everyone after a divorce. They may not want to sit together at the event or hang out afterwards, but they can be respectful of each other. They can also set a very good example for other people on how to always put the needs of your children first.

For most couples, this will get easier as time goes by. The wounds from the divorce will start to heal. They may even become somewhat of friends as they are able to focus on the good things about each other again. This is a process that is going to take some work though. It won't just happen, so a conscious effort by both of the parents has to be there. Don't let your own foolish pride prevent your children from being able to shine at their special occasions.

For more information about Hope After Divorce, click [here](#).

Michele Sfakianos, RN, BSN, is a Registered Nurse, Life Skills Expert, Speaker and Award Winning Author. She is the owner of Open Pages Publishing, which includes her series of "The 4-1-1" books on Life Skills, Step Parenting, and Surviving Teenhood. Michele is a contributing expert for HopeAfterDivorce.org, DivorceSupportCenter.com, FamilyShare.com, and CupidsPulse.com.

What Chris Pratt and Anna Faris's Goofy Red Carpet Pose Says About Their Love



By [Jared Sais](#)

So often we see celebrity couples get stuck in the “properness” of what they should look like when walking down a red carpet. How one should act, pose, smile, and stand all help the viewer (you) determine who the couple is in public as well as in private. Luckily, at a recent iHeartRadio event, Chris Pratt and Anna Faris broke the standard rules and give us a real glimpse into their relationship.

In the picture above, we see the adorable pair truly enjoying each other's company. First of all, anyone will tell you that,

if a girl can laugh at her partner as he acts like a goof, then she's a keeper. From this photo, you can see how they're both joyful, loving, and non-judgmental.

Related Link: [Anna Faris And Chris Pratt Welcome Child](#)

Let's first focus on Faris's face: It's a combination of surprise and a happy, playful smile. The mouth tells me this pose wasn't planned to be cute for the camera, as it is a genuinely shocked expression. As you can see, her mouth is in a slightly off "O" shape due to the combination of a surprise emotion and a smile of happiness. When feeling the excitement of shock, the mouth goes into an "O" shape as your eyes widen and your eyebrows shoot upwards. Though, in this case, with the addition of joy, her eyes are a bit less open, and her outer lips of her smile a bit more raised.

One of the main non-verbal cues that jump out at me is the *Mom* star's nose. Some people will mistakenly see a wrinkled nose as disgust, but when paired with a smile, it is a well-known sign of playfulness and lust.

If we now focus on her hands, it looks like the shock of Pratt's sudden love outburst made the actress have a sudden need to do a non-verbal cue called a self-touch gesture. This gesture is a subconscious or auto-response to curb stress, induce the sense of comfort, or reassure oneself in times of anxiety or excitement. I am not saying Faris was scared; rather, she was startled in a good way, which can stimulate the same response.

Now, let's switch our gaze to Pratt. He is defiantly posing for the photo but doing so in the most loving and goofy way. This is important to know, as he is allowing himself to be silly and free. If he can be himself in front of the camera and have her play along, then in a sense, it's a telling sign that their connection is the real deal.

Related Link: [Celebrity Couples: What True Love Looks Like](#)

Notice Pratt's hands in a double-hand grasp around his wife's waist. This is a very strong non-verbal gesture of love and, in some cases, dominance; I believe that the gesture is one of love in this picture. Also, such a tight grasp is telling of their relationship because, when people truly love each other, they are more comfortable in their close proxemics with their loved ones. The more love you share, the closer you are together; the less love, the farther you are apart. It's as easy as that!

Lastly, the *Guardians of the Galaxy* actor's lip pucker is a cute, fun gesture to solidify his emotions towards Faris. The lip pucker is known to be the non-verbal cue of love and the beginning of a romantic kiss. For this celebrity couple, I foresee a long, loving relationship that will last.

[Jared Sais](#) is co-author of the website [The Non-Verbal Game](#), where you can find free downloadable content. He is an expert in non-verbal communication, who specializes in body language, micro-expressions and lie deception as they relate to life and love.

Single in Stilettos Show: How to Meet a Guy





So many women struggle with the first step when it comes to dating: how to meet a great guy. You can't just do one or two things and expect the right man to come along; you need to put yourself out there in a variety of ways if you really want to find someone special. On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating coach Tripp to answer this elusive question. If you want to meet men, he recommends that you: go out more; try online dating; make eye contact and smile; compliment him; and always look your best.

Related Link: [Tripp on Top 5 Dating Mistakes that Women Make](#)

Listen up for more great dating tips!

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Ladies, what's your best tip for how to meet a guy? Share with us in the comments below!

Celebrity Couple Predictions: Kris Jenner, Neil Patrick Harris and Rachel Bilson



By [Shoshi](#)

For today's celebrity couple predictions, we're looking at three very different but seemingly happy couples. One pair of new lovers is all wrapped up in each other despite receiving their fair share of speculation from the public; another duo is thriving in their marriage and family; and the last couple is celebrating the recent birth of their first child.

Kris Jenner and Corey Gamble: Raise your hand if you believe that this is a real relationship. From the moment I saw these two together, the word “staged” came into my psychic radar. In fact, the best way to summarize this relationship is “staging with benefits.” Don’t get me wrong: Jenner is an attractive woman and still has it going on. Of course, she could cougar it up better than anyone – I even expect that from her at this point! There just seems to be calculation around this so-called relationship. All we really know about Gamble so far is that he works with Justin Bieber’s manager, Scooter Braun.

Do not be surprised if you find out that Gamble is about to drop an album or he wants to start his own management firm. Better yet, he could partner with Jenner’s empire. Either way, he wins because he is not only getting the attention he wants but has a sugar mama to play with until this hot mess is done.

Related Link: [Khloe Kardashian Approves of Kris Jenner’s New Beau Corey Gamble](#)

Neil Patrick Harris and David Burtka: I might be biased because I love the former *How I Met Your Mother* star and adore his relationship with Burtka. They seem to really love and respect each other, though I always wondered how Burtka felt about giving up his career – or shall I say *changing* his career – to accommodate Harris, who was more successful.

In case you didn’t know, the couple got married in September and then moved to New York City with their two adorable twins. They are being open about the fact that Burtka was rather miserable in Los Angeles. Now in NYC, he’s feeling like his happy self again.

These two are stronger than ever. Both will be able to have an identity, something Burtka struggled with in LA. Burtka will do a lot of theater, while Harris, of course, will host the Oscars. I also see that Harris will be on a television show that’s based in NYC. Money is not an issue for them anymore,

so they will be able to work or not work when they choose. Their family will remain a priority. The twins will flourish in NYC as well. All is moving in the right direction for the Harris-Burtka family!

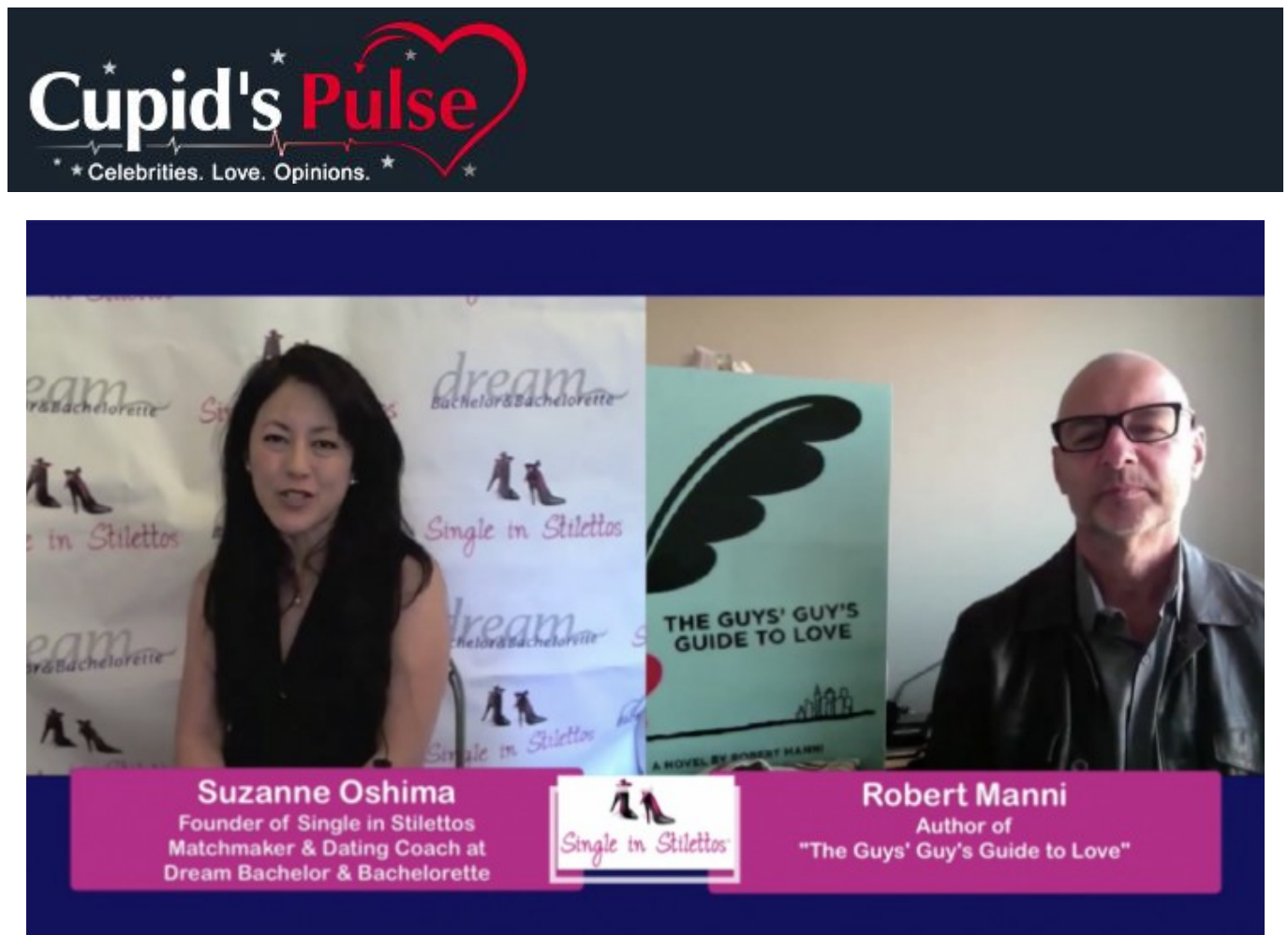
Related Link: [Neil Patrick Harris and David Burtka Share Italian Wedding Photo](#)

Rachel Bilson and Hayden Christensen: These two actors just welcomed their daughter Briar Rose into the world. This little bundle of joy should turn out to be quite a cutie considering that both of her parents are lookers! But what is really going on with this couple? They're not married but have been together longer than many celebrity couples. They started dating in 2007, got engaged in 2008, broke up in 2010, and got back together only three months later. Now, they have a baby, which is a game changer.

I predict that Bilson and Christensen will get married and that we will be the last to know about it. They'll invite some family and close friends to brunch or a party, and then a minister will drop in to officiate their wedding. I can see Bilson casually mentioning on a talk show that she's married. Parenthood will change this couple for the better, making them stronger. The *Hart of Dixie* actress is always going to be the breadwinner between the two of them, thanks to her successful TV career and being a spokesperson for numerous products.

For more information on Shoshi, click [here](#).

Screwing the Rules Video Dating Tips: How to Make a Guy Fall in Love with You



By [E!'s Famously Single Dating Coach, Laurel House](#)

At home, you may be the independent woman who fixes that leaky faucet by herself and lights up the grill without a second thought. At work, you may be the boss who oversees a team of employees and keeps everyone in line. While these two roles show off your strength, in order to make a guy fall in love with you, you need to be willing to assert your...weakness.

Dating Advice from E!'s *Famously Single* Dating Coach Laurel House

"Yes, men are attracted to confidence and beauty, inside and out. They're attracted to fun, to enthusiasm," explains relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) in this week's [dating advice](#) video. "But if you want them to fall in love, you need to show your vulnerability; you need to surrender; and you need to show your humanity."

Related Link: [Laurel House Reveals Your Must-Have Mantra](#)

For more information about our dating mentor, click [here](#).

For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).

What's your best tip for making a guy fall in love? Tell us in the comments below!

Single in Stilettos Show: Best Ways to Start a Conversation with a Man





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to writer, speaker, and author Zan Perrion about the best way to start a conversation with a man. He's worked with thousands of men and really knows what they want from women. The problem, he says, with women approaching men to start a conversation is "they're damned if they do, and they're damned if they don't." If they don't say hello to that cute guy in the corner, they go home alone because he's not doing his job and being the man. But if you do make the first move as a woman, even if the relationship works out, you may forever be holding up his end of the bargain. Listen up for more great dating tips from Perrion!

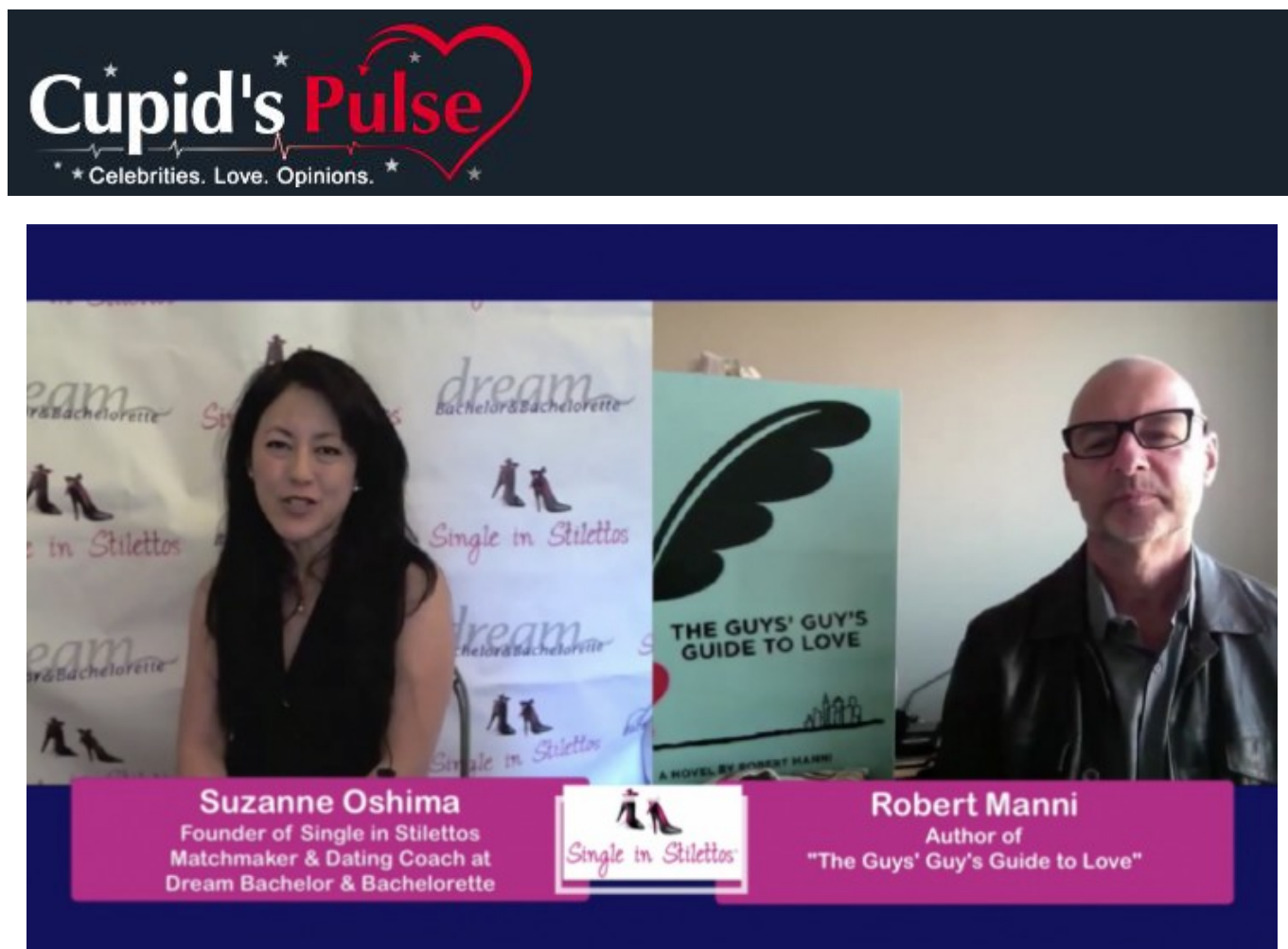
Related Link: [Zan Perrion on What Scares a Man Away](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).

What's your best tip for making the first move? Tell us in the comments below!

Balance Work and Love Like a Celebrity Couple



By Lori Zaslow and Jennifer Zucher for [Project Soulmate](#)

It's no secret that we are all envious of celebrities and the lavish lifestyles they lead, most especially their wardrobes. After all, they're dripping in diamonds and designer ensembles. Let's face it: Who wouldn't want to raid Victoria Beckham or Angelina Jolie's closet? But their favorite arm candy to show off is not their Birkin Bags; it's their men.

Hollywood Relationships and Love Lives

While celebrities may have fame and fortune, when it comes to relationships and love, they don't always have the best luck. Constantly being in the spotlight and traveling for work is not the best mix when it comes to being in a committed partnership. We've seen many [Hollywood relationships](#) unravel because of the constant pressure of being in the public eye, but some celebrity couples have learned to balance their careers with their personal lives.

Related Link: [Sofia Vergara's Ex Nick Loeb Sneaks Up On Her at Red Carpet Event](#)

Finding the perfect balance of being successful in work *and* in your relationship can be tricky for anyone. Some famous couples have made maintaining their relationship look easy, while others crumble to the ground.

Victoria Beckham and David Beckham have become one of Hollywood's most iconic pairs. From their perfect physiques to their trendy clothing lines, this duo is constantly in the media. However, somehow, they've been able to stay grounded and keep their private lives to themselves. They both have successful careers, which helps balance their power in the relationship and allows them to have their own lives in addition to the life that they share together. This is important because, in order to have a successful relationship, you must keep your own interests and friends. The Beckham's have different careers, but they share a love for family and fashion, which helps to keep them united.

Another celebrity couple that we can't seem to get enough of is [Angelina Jolie](#) and [Brad Pitt](#) – otherwise known as Brangelina. This Hollywood relationship may have started out with a bit of a scandal, but their connection has blossomed

into quite the love story. They're able to maintain their busy schedules and keep the spark alive. They visit each other on sets with their children and have even written love notes to each other while they were filming on opposite sides of the world – talk about romance! They also take many family celebrity vacations together and even tied the knot this past year to show their children just how much they love each other.

Related Link: [7 Ways to Know If It's Really Love](#)

Not All Celebrity Couples Last Forever

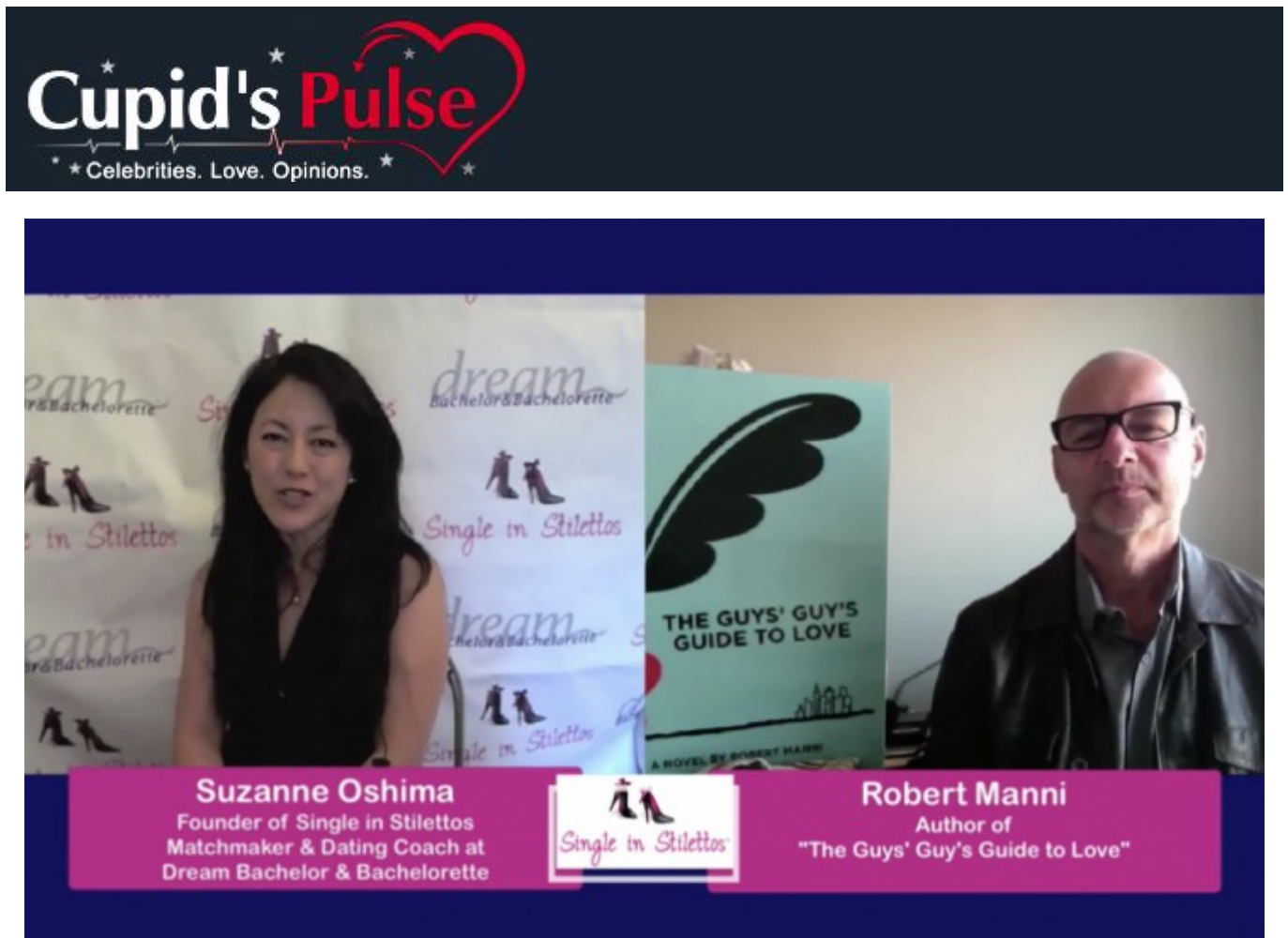
On the other hand, some celebrity couples like Tom Cruise and Katie Holmes fall apart at the seams. We first learned of their relationship when Cruise infamously jumped on Oprah's sofa and announced his love for the *Dawson's Creek* star. But perhaps, he spoke too soon. The pair became a media frenzy, and with the pressure from the public along with their busy work schedules, they couldn't seem to make it work. They both shared the same career and both converted to Scientology, which may have strained their celebrity relationship.

Given these examples, it's best to follow the behavior of the Beckham's or Brangelina. Maintain your independence no matter how in love you are. If they can find a lasting relationship and love, you can too!

For more information about Project Soulmate, click [here](#).

**How do you balance a relationship and love with your career?
Let us know in the comments below!**

Your Soul Needs Nourishment



By Janeen Diamond for [Hope After Divorce](#)

"Stay in bed a few extra minutes in the morning and listen to the birds chirping outside your window..."

Fall is my favorite time of the year. Besides the cooler temperatures and beautiful colors in the mountains, I love what it represents. The holidays are coming, and family time is more prevalent. I get to make soup for dinner more often than not, and it's time to turn the fireplaces on and bring out the blankets. Plus, it's by far the best time of the year for driving around in my convertible PT Cruiser with the top down. I tell myself it is good for my soul; it makes me feel happy and alive. And if it's too cold for the top to be down, I put it down anyway and blast the heater. I know that there are others out there who do the very same thing!

I believe whatever it is that makes us happy – the small pleasures, in particular – is what we should do on a regular basis. Life can be full of challenges and trials, heartache and sadness, hard work and stress. We have to take control of our own happiness and involve ourselves in things that bring us joy. We need to feed our own souls and look for those little things that make us tick. And while we're at it, I think we should help our family members do the same.

Related Link: [Clear the Clutter](#)

Make a list right now of the things you would do more often if you had time – and then make the time and start doing them *now*. Here is a short list to get you started:

- Do something creative. Attack a difficult recipe or make some clever Christmas ornaments.
- Play with your pets! Put on a warm sweater and take them for a walk or to a dog park.
- Get in your cozy robe and sit by the fire and paint your toenails.
- Stay in bed a few extra minutes in the morning and listen to the birds chirping outside your window.
- Plan a pie-making party with some of your friends.

I decided a few years ago to begin making the holiday season less stressful and more meaningful. I stopped giving such expensive gifts and started focusing more on enjoying this time of the year and helping others enjoy it as well. I would rather spend time eating lunch with my friends, having parties with my family, and attending events that instill the Spirit into my soul rather than spend my time shopping, paying bills, and worrying about what to buy for everyone.

Related Link: [Date Idea: "Fall" in Love](#)

Take this special time to begin making a change. Focus on becoming healthier and happier...whatever that means for you personally. Those around you will benefit greatly too. And

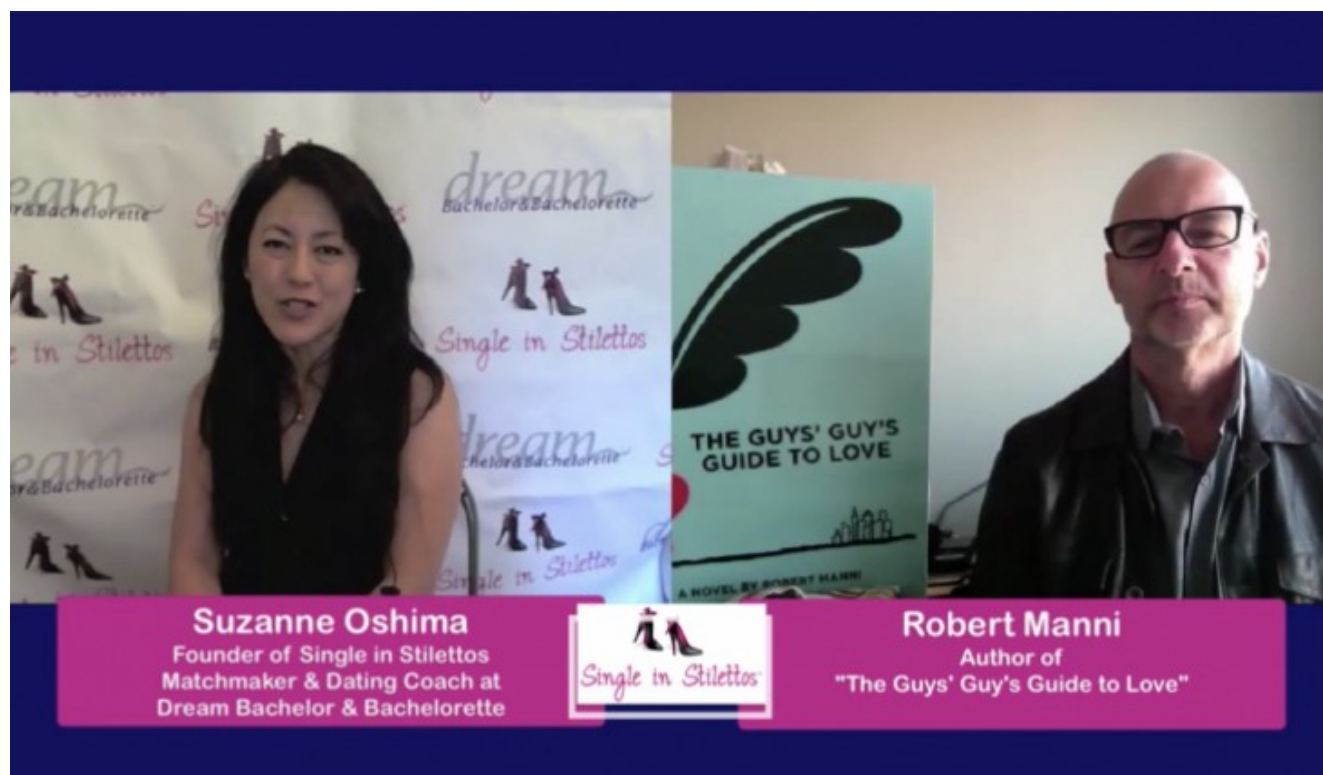
once the New Year hits, you'll be prepared to continue moving forward with more ideas that will help you nourish your soul. Make it an ongoing activity. Always be searching for new experiences in life and ways to enjoy being alive. When you feel nourished – body *and* soul – you will be available for yourself and others to love, to serve, and to make life better. So get going on your list!

For more information about Hope After Divorce, click [here](#).



Janeen Diamond, author of Save Your Marriage in 30, was a newscaster for KUTV News until 2001. Since that time, she has been actively producing commercials and special programming through her company, Your TV Spot. She has hosted several television and internet productions and has been a spokesperson for several products and companies. She is a leader over the youth in her church and takes a special interest in helping kids stay on track with their lives. Janeen is currently co-creating "Teen Impact TV," a website for high school students to give them a creative and emotional outlet. She is a contributing expert for HopeAfterDivorce.org, DivorceSupportCenter.com, FamilyShare.com, and CupidsPulse.com. Follow her on Twitter @janeendiamond and www.facebook.com/janeen.diamond.

Single in Stilettos Show: Are You an Unavailable Woman?



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to passionate living coach and author Abiola Abrams about ways you're being unavailable and how to attract love in your life. Here are some things you may be doing to block love from entering your life: You're not really trying to meet the right man; you complain to your friends and family that there are no good men out there; you think all men are cheaters; you think it's impossible to meet a man because there are more women than men in your city; you keep making excuses as to why you can't meet someone; you're stuck in a past relationship; you're using your looks or work to hold you back; you think men your age just want to date younger women; you think of yourself as a victim; or you're afraid of the love you deserve, being vulnerable, and/or intimacy.

Related Link: [Abiola Abrams on Insecurity and Dating](#)

Sure, it's hard to meet the right guy, but it's not

impossible. If you're feeling hopeless, it's time to look inward and consider the advice in the video above!

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you make yourself available to potential partners? Tell us in the comments below!

How to Meet A Man on Halloween





By [David Wygant](#)

I know. You're about to unlock the inner bad girl version of you for Halloween. Some of you love to dress up as sexy school girls. Some of you are even more rambunctious and like to dress up as a naughty nurse. Maybe you're the dominating dominatrix, the meanest witch, or the cutest little ghost a man has ever seen. That's what I love about this holiday. It allows the inner woman, that naughty version of you, to come flying out. To you, it's just staying in costume all night long.

Related Link: [10 Fun Halloween Date Ideas](#)

Halloween is also one of the most overhyped nights of the year. This year, it's coming on a Friday night. Everybody's going to want to go out and party, have fun, and meet someone before the cold winter settles in, before you really need a broomstick to fly you down to Florida to warm your hooked nose and evil brew.

So what is a woman to do to meet a man on Halloween? It's simple. It's not *you* who's flirting; it's the naughty little

witch. Perhaps it's the dirty schoolgirl, the cute little ghost, or the Disney princess. Halloween gives you the opportunity to be audacious like never before, to spend the night approaching men. It's the only night of the year when you can be bold beyond belief and do things you normally wouldn't – because it's not really you doing it. It's the character you're playing.

If you really want to meet a man on Halloween, the best thing to do is comment on his costume. Whether it's creative, sexy, or funny, just say something nice to him. This is your chance to practice flirting skills you don't use on a daily basis. It gives you an opportunity to work on your conversation skills and be playful. Halloween is just another day. You can use those same skills and approaches on men on a regular basis, but tonight, it'll be even more fun.

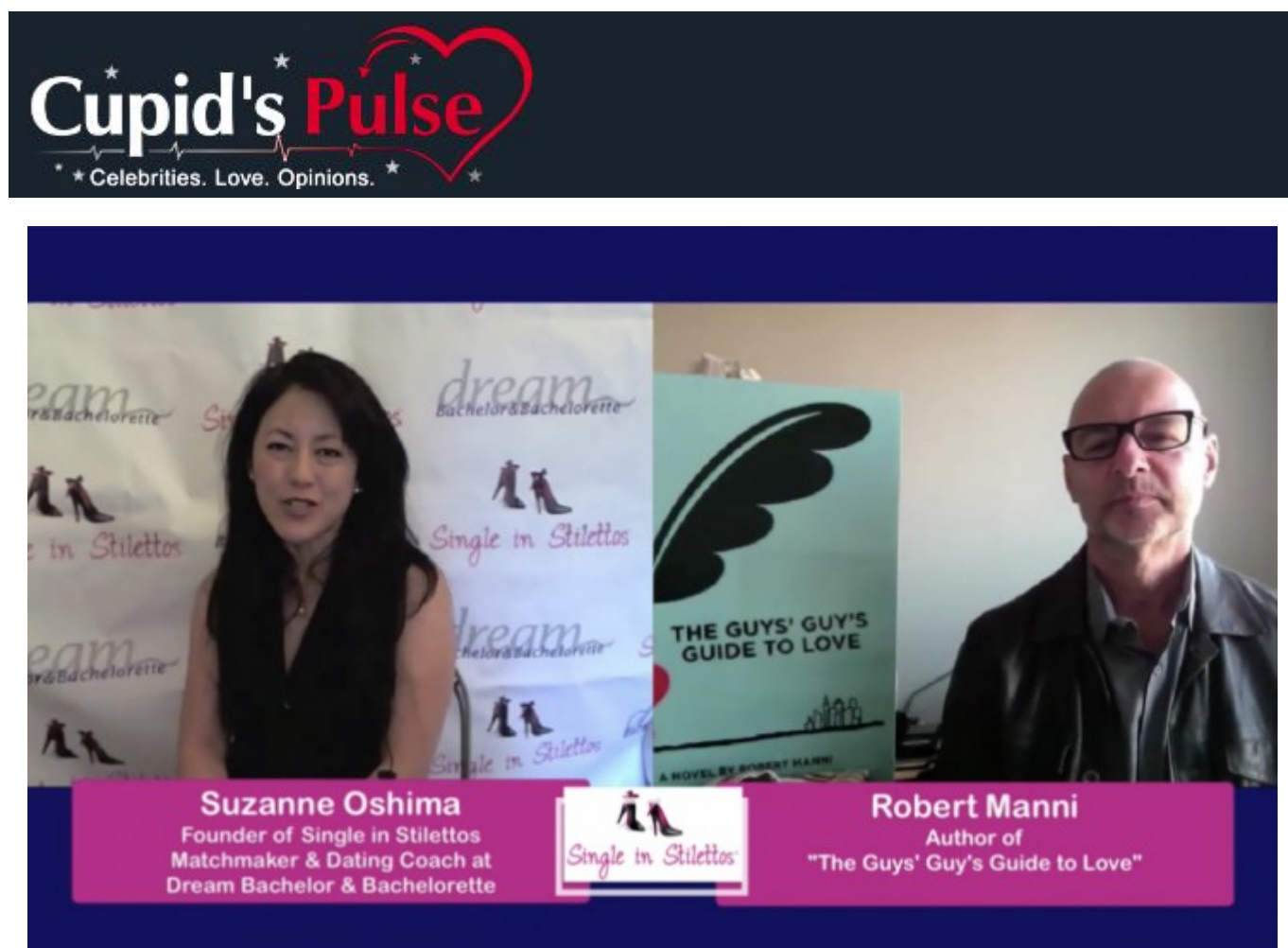
Related Link: [What Your Halloween Costume Says About You](#)

You might even walk around with a bag of candy, giving out Hershey's kisses to men. Or you can walk around with a little pumpkin and have men fill your basket. Halloween is an opportunity to get outside yourself. Get over the self-conscious feelings and get into a character you always wanted to be. It gives you an opportunity to boldly approach a really sexy guy...because it's not really you saying hello!

So dress up, flirt, and stay in character. When the conversation gets good, jump out of character so he can see the real, relaxed version of you. That's all you need to do to meet a man on Halloween.

For more articles from David Wygant, click [here](#).

Screwing the Rules Video Dating Tips: Dress Up for Your Man



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Dating Coach Laurel House

Related Link: [Communicating About Tough Topics](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) talks about how Halloween can influence your time spent between the sheets

with your partner. "Halloween is a great excuse to dress up, to play a role, to be something a little different, to be edgier, to be sexier, to be more demure, to be more discreet, to be dangerous," she shares. This idea extends beyond what you wear to that Halloween party too. If you're in a serious relationship, this is a great opportunity to dress up in a costume for just your man to see. Even if your chemistry is still off the charts, "changing it up is always a good idea," House explains. "It's not just about being scary or having crazy teeth. It's about fulfilling fantasies."

Listen up for her best tips for "adding a little spice" to your relationship!

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Cupid wants to know: What's your favorite Halloween costume – both in and out of the bedroom?

Single in Stilettos Show: How to Get a Second Date





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to Robert Manni, author of *The Guys' Guy's Guide to Love*, about how to get a second date. It's easy to get him to say yes to a first date, but securing another night out with the right guy can be a bit trickier. Here are some tips that Manni recommends following: have confidence; don't drink too much; dress the part; talk about your dreams; have a conversation and really get to know him; and send a "thank you" text afterwards.

Related Link: [5 Ways Women Sabotage Themselves with Men](#)

Of course, whether or not he asks you out again is ultimately up to him, but if you follow the advice above, he'll be more likely to do so. Good luck!

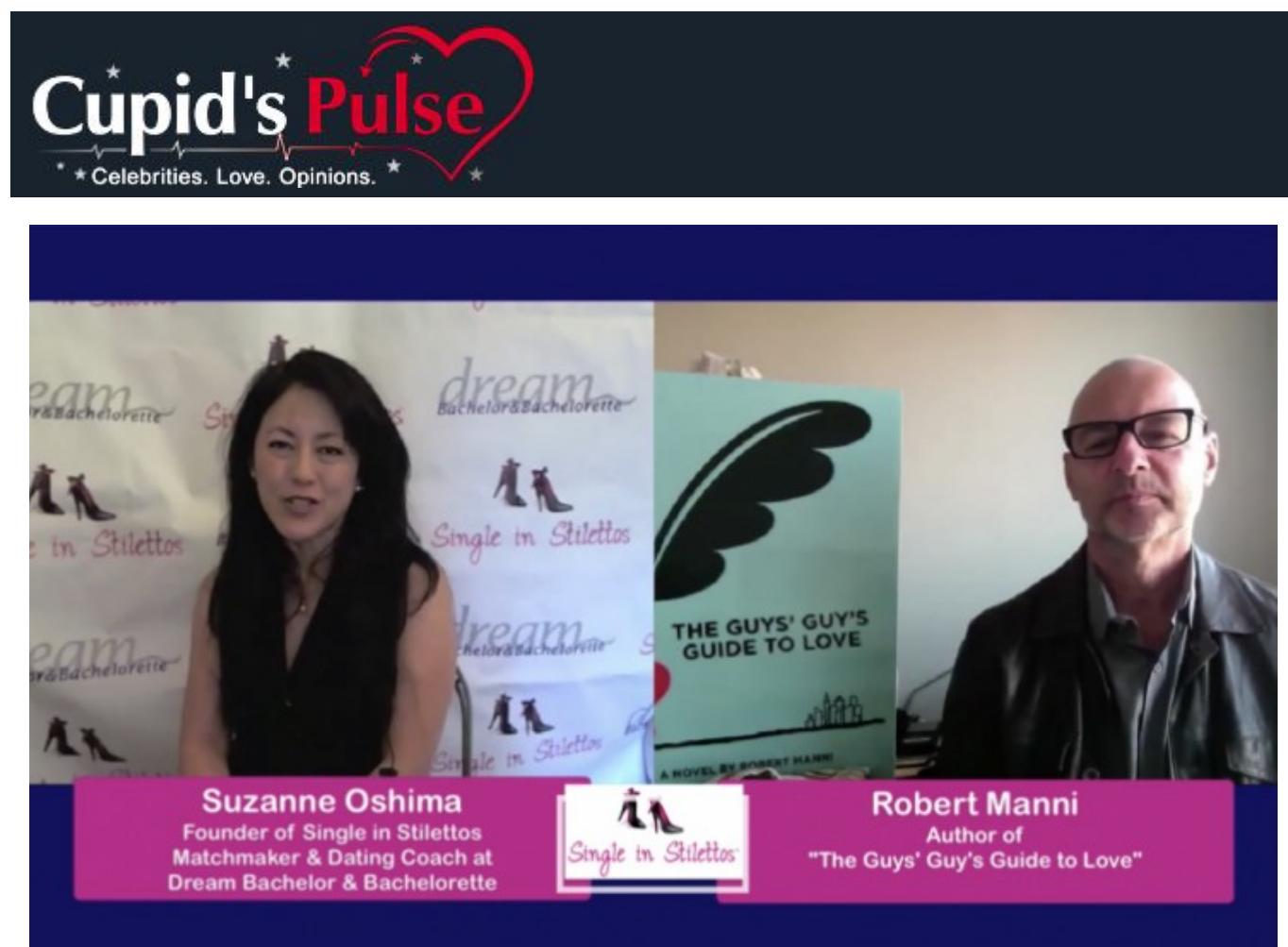
For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What's your best advice for ensuring that he asks you out

again? Share your comments below!

How to Know When to Make a Move For Him



By [Marni Battista](#)

Serious relationships, a status most singletons strive for, present their own set of complicated issues that naturally arise when two people are on the precipice of sharing the rest of their lives together. And then, life throws a crossroads into your partnership's trajectory: the dreaded move.

Regardless of the plans you've made, a too-great-to-resist job opportunity or unforeseen family emergency will make it suddenly imperative that he relocates, and the difficult question remains: Will you follow? Diehard romantics or impulse decision-makers might immediately say, "Of course!"

Related Link: [Moving In Together: How to Know When the Time is Right](#)

But there are some absolutely essential questions to consider before you decide to make such a monumental decision based on someone else. I'm here at Dating with Dignity to guide you towards the right choice for you, your relationship, and your future with these five questions:

1. Are you on the same page about where the relationship is going? You don't necessarily need a ring on your finger to make the move, but ensuring you both share a vision about the future of your relationship is paramount to making this life-changing decision. Broaching the topic may feel daunting, especially if you're in the earlier stages of a relationship, but if the possibility of moving to be with him is already on the table, this question should naturally follow.

2. Are you on the same page about living arrangements? If you aren't living together in your current city, feel out his thoughts on where you would reside in the new one and don't shy away from your own expectations. There's no right or wrong answer on whether you should live together or separately, but it's all about making sure you know *exactly* what to expect. Clearing this up will also help you to plan financially as well – rent and utilities are a major expense, no matter where you're moving!

3. What would you do if the relationship didn't work out once you're there? You may not want to think about this possibility, but unfortunately, there are a number of reasons the move may not work out, whether it's because of the

relationship itself, the city, or some unpredictable x-factor. Though letting your mind wander to negative outcomes may not feel productive or encouraging, it's important to have a back-up plan so your life isn't leveled by unforeseen circumstances.

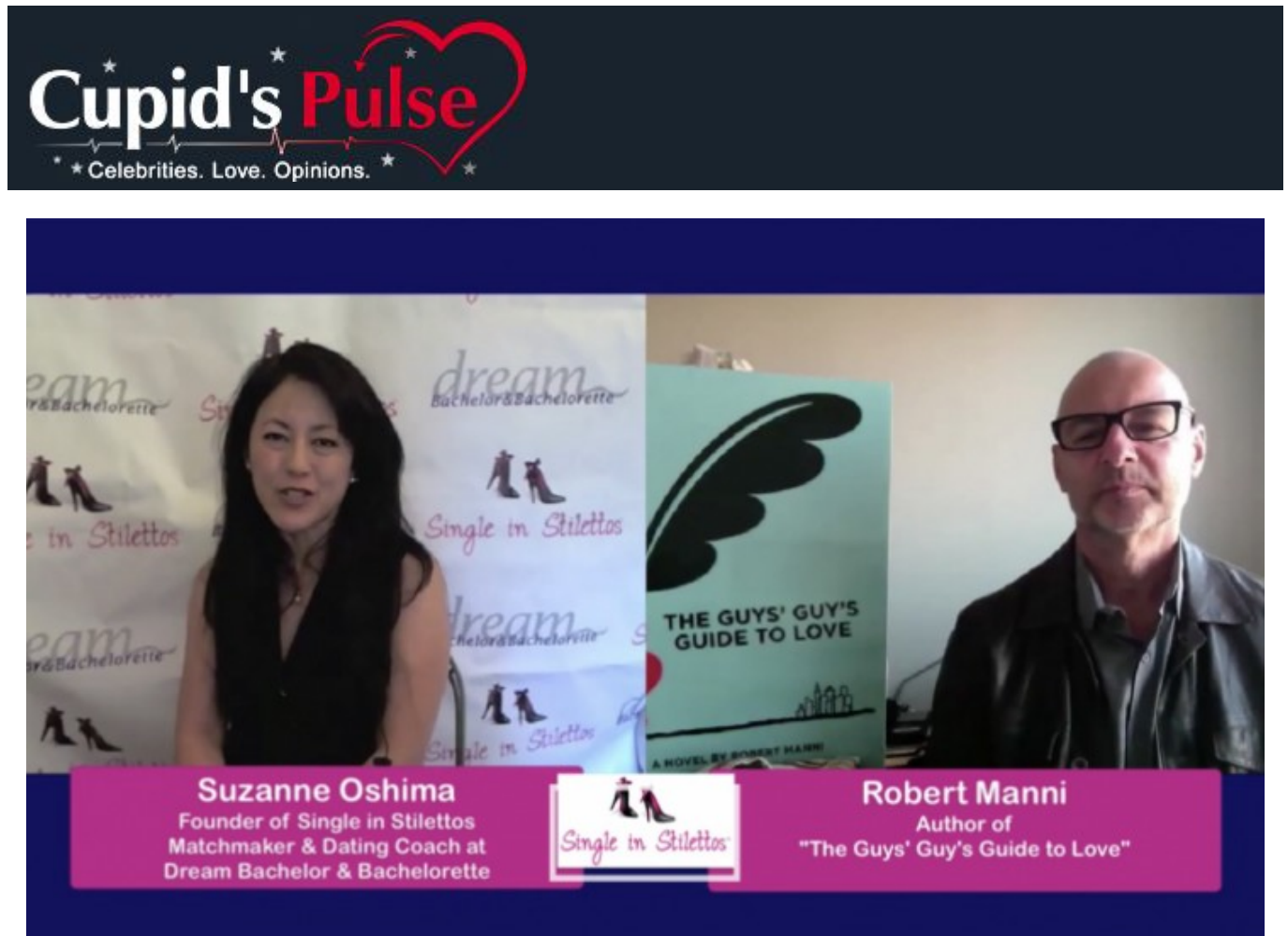
Related Link: [The Big Merge: 3 Tips for Moving In Together](#)

4. How do you feel about the new city in question? Thinking about the new city is likely taking a back seat to the countless relationship questions you're churning over, but how you feel about your prospective new home has everything to do with the future of your relationship. Moving somewhere unsavory that has few opportunities within your chosen career field can cause you to build resentment toward your significant other and ultimately lead to the downfall of your relationship. Plan regular visits and do your research to make sure this is somewhere you could build a healthy social and professional life.

5. Do your current feelings for your partner outweigh those of your life where you live now? Perhaps the most important question to ask is whether or not being with your fella alone fulfills you more than the current life you lead or if it would even be the same without him in it. This is a tough one because, in most cases, you will have built a social circle and comfortable life for yourself where you are, and the thought of moving somewhere completely new is nothing short of terrifying. This is where your rusty "trust gut check" comes in. No matter how bittersweet it may seem, someone you just know will make you happy no matter where you live is worth taking the leap for.

[Marni Battista](#), founder of *Dating with Dignity*, is an expert dating and life coach with a 10-step system to manifesting love for your self and others. You can contact Marni at marni@datingwithdignity.com.

Solo Parenting: Divorce with Children



By Cynthia MacGregor for Hope After Divorce

Celebrity moms Tori Spelling and Kendra Wilkinson are both contemplating divorce due to their unfaithful husbands Dean McDermott and Hank Baskett. They have a lot to consider and process before making the life-changing decision to divorce. Not only will it change their own lives, but it will change their children's lives. They say divorce changes who children are – and that's a very serious reality we parents must not take lightly. A second chance is certainly worth the effort when kids are concerned, as long as there is no abuse

happening (physical, emotional, or mental) in the home.

If Spelling and Wilkinson do end up divorcing their husbands, here is a reality check of what they will be facing as divorced parents with young children. Learning to respectfully co-parent together is essential for the well-being of their kids.

Now that you're divorced – or perhaps you're still going through the legalities of the divorce process, but at any rate, you and your husband no longer share a roof or a bed – the dynamics of your family have changed. Whether you have one child or more, it's just you and your child or children, and you've likely become aware that they're interacting with you in different ways than before.

Related Link: [Keep Talking to Your Kids After Divorce](#)

How? Well, actually there are several possibilities, but they mainly fall into two categories. One is that they seem to be clingy and staying closer to you than ever before. The other is that they are distancing themselves from you. How can two opposite reactions result from the same circumstances? Easy! Different personalities perceive the divorce with different sets of eyes...and, accordingly, react differently.

Clingy: Kids who fall into this group are afraid that you'll leave him too. Being self-centered, a child will perceive the divorce in terms of Daddy having left him rather than this being between Dad and you. The child will cling tightly to you to avoid this fear.

Distancing: Again, the child perceives the divorce in terms of Daddy having left him and is afraid you'll leave him next, but this child, having a different personality, distances himself from you rather than clings to you. His methodology is to get used to losing you before it happens, so that when you leave him, it won't catch him by surprise and

hurt as badly as when Daddy left.

Then, there is the child – typically a little older – who comprehends that the divorce was between you and Daddy but blames you for making Daddy leave. This child will distance himself from you out of anger.

The child may also act out as well as being cold and distant because he is testing you. He is trying to see if you will leave if he does his best to push you away. He doesn't really *want* you to leave; he's just testing you to see if you will.

Related Link: [Source Says Kendra Wilkinson Is Going 'Back and Forth' About Divorce Decision](#)

Togetherness: A few visits to a good therapist who specializes in children or families may be in order, but there are things you can do on your own as well.

- Have another talk with the child. Kids don't always "get" the concept of divorce the first time it's explained to them. Your child needs to understand that Daddy didn't "leave him" and that, even if you were the one who asked for the divorce, it's not as cut-and-dry as "it's your fault." And above all, he needs to understand that you're not going to leave him – ever.
- Get involved in a project with the child. Any kind of project will do: scrapbooking, redecorating his room, a knitting or crocheting project, or a gardening project – anything that will have you two working closely together.
- Be yourself, unchanged and unchanging. Show the child through your actions that you are still Mom. You are still loving; you have not changed; and you are not going anywhere – no matter what happens and no matter how the child behaves.

Time will help heal the situation. You can do your part to make it better too. As with so much else in parenting,

patience is called for, but by now, you should be an old hand at that.



Cynthia MacGregor is a multi-published author. She has over 100 books to her credit. They include "After Your Divorce," "Divorce Helpbook for Kids," "Divorce Helpbook for Teens," "Solo Parenting," "'Step This Way," and others. Forthcoming books include "The One-Parent Family," "Why Are Mommy and Daddy Getting Divorced," and "Daddy Doesn't Live Here Anymore." She hosted and produced the TV show "Solo Parenting," which was broadcasted in South Florida over WHDT.

Cynthia writes for HopeAfterDivorce.org, FamilyShare.com and LAFamily.com. Contact Cynthia at Cynthia@cynthiamacgregor.com.

Single in Stilettos Show: Conquer Your Fear of Talking to a Handsome Man





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to Ms. Solomon, dating coach at TheDatingTruth.com, about conquering your fear of talking to a handsome man. We've all been there: We're approached by an incredibly good-looking guy, and before we know it, we're tongue-tied or babbling, looking down at our feet, and feeling like a fool. Here are a few tips from Ms. Solomon to help you gracefully handle this situation: Talk to every man, not just the attractive ones; have a prop or a conversation topic in mind; and recognize and acknowledge that you're nervous.

Related Link: [The One Thing Men Want from Women](#)

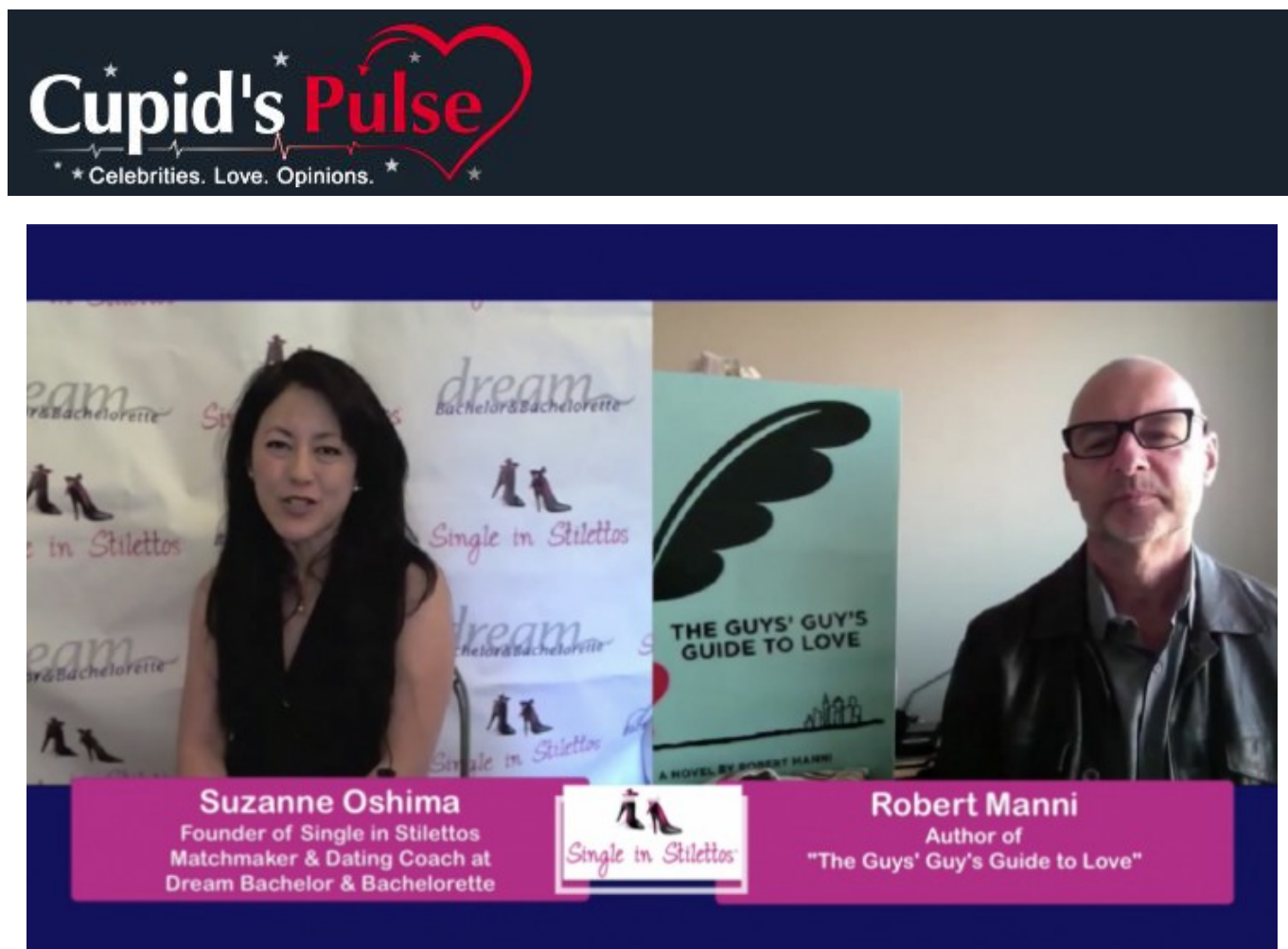
Next time, armed with this advice, you'll be ready to talk to the hottest man in the room!

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Any other tips for approaching a handsome guy? Tell us in the comments below!

The Smarter Way to Meet New People and Actually Enjoy It!



By [Melanie Mar](#)

These days, looking for love is more accessible than ever. To fit it into life's busy schedules, there are a vast number of websites and events available to attend, but often, one can start to see dating as a daunting task. To assist you in finding the joy of dating, I've listed some tips below on how to enjoy the process. It's time to date smarter!

1. Be proactive: "Should I sign up for that online dating event in my area this week?" "Perhaps I'll join that online

dating site everyone's talking about to meet someone." "Maybe I'll go to that meet-up singles party tomorrow." These are all common thoughts that tend to ruminate in the mind of someone who is single and interested in finding love but feeling a bit overwhelmed.

Just pick one new thing to do at a time. See if you're comfortable and progress slowly on to other, more "scary" dating scenarios. If socializing in a bar with friends is a more appealing way to meet new people than a dating site, put on that little black dress and go for it. If the idea of working your way through numerous interactions and exchanging resumes fills you with dread, then simply pass. Dating smart is all about not wasting your time. Knowing where you excel and where you're most relaxed is key to starting the process.

Related Link: [How to Listen to Your Heart and Take Back Control of Your Love Life](#)

2. Fly, social butterfly: Don't be a hermit! Make sure you're not saving all your love life activities for one day a month. Many singles tend to choose one or two nights to focus on dating. It's easy to get into a routine of coming home from work and getting into your pajamas, but make the effort to get out there. Otherwise, you're simply missing out on all the people you could be meeting. Consider the places that you're socializing and make sure that the type of mate you're looking for frequents those spots.

3. Talk to three new people each week: Look for ways to meet people who share the same passions you do. Compatibility is crucial, and meeting someone that already has common interests with you is a great way to go. Give yourself a goal and challenge yourself to talk to three new people every week. It's likely that you'll find a way to be in closer proximity to other people by doing so. Don't forget there are singles who cross your path every day. Practice flirting by striking up conversations with them!

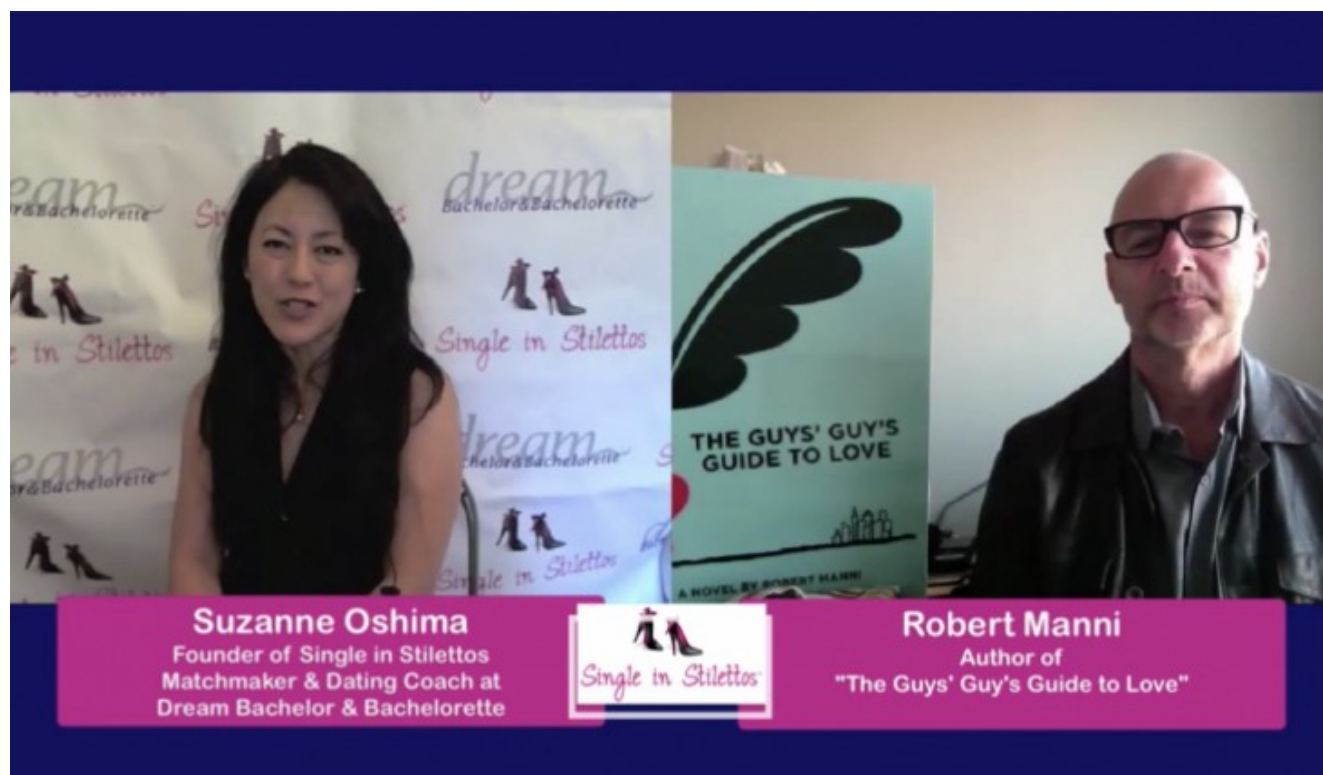
Related Link: [Can You Tell by Someone's Social Network If They're the Relationship Type?](#)

Being a smart dater means that you give everyone a fair chance, but you don't continue dating someone if they don't have the same long-term life plans as you. Always go on three dates with someone new. The first date could simply be awkward, and the second one may be "take it or leave it." By the third date, though, you should have a very good idea if this person is someone you'd like to continue dating or not. It's important not to let weeks turn into months just because it's "comfortable" and you "can't be bothered with the dating scene." Eventually, this relationship will fizzle, and you'll be back to the drawing board.

So stay smart in your dating. Keep focused; know what you want and don't want; and make a list of your non-negotiables. Then, get out there and enjoy dating!

[Melanie Mar](#) is a relationship and life coach as well as co-owner of the Millionaire's Club International Matchmaking Agency for the U.K. and Europe. She is certified by the WANT Institute in Androgynous Semantic Realignment and a Transaction Analysis practitioner certified by the United States America Transaction Analysis Association.

Screwing the Rules Video Dating Tips: What's Wrong With You?



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Dating Coach Laurel House

Related Link: [Your Must-Have Dating Mantra](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) talks to *Expectation Hangover: Overcoming Disappointment in Work, Love, and Life* author Christine Hassler about a simple question: What's wrong with you? When faced with that question, what do you think? There's generally a common theme of "judgment," says Hassler. "We're terrible critics of ourselves." Instead, the answer should be, "Absolutely nothing." As Hassler explains, "We forget our fabulousness and look to our flaws."

Listen up for more tips on how to recognize your gifts and your uniqueness!

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you see the good in yourself? Share your tips in the comments below!