

Dating Experts Reveal 5 Things You Need To Know About Men



On this week's [Single in Stilettos](#) relationship advice video, matchmaker Suzanne Oshima and dating expert Robert Manni reveal the five things women need to know about men when they're dating!

Dating Expert Reveals Relationship Advice: 5 Things You Need To Know

About Men

1. Men are sexually wired. They think about sex a lot. But, the dating experts say just because he thinks of it, doesn't mean that's his only intent.

2. What you see is what you get. Men say what they think and are straightforward. You can tell a lot by his demeanor, sense of humor, and how he dresses. Unless he's a player. The experts relationship advice is to sort through the players and genuine guys.

Related Link: [Relationship Experts Talk Capturing His Attention \(in person!\)](#)

3. Patronizing women. A lot of men tell women what they want to hear, with sex in mind. Women have to be careful and sort out if what they're hearing is true.

4. Men are driven by fear and ego. Men are competitive with each other and are ultimately loners. They don't confide in each other and are left to sort things out on their own. Men have a fear of losing rather than the desire to win.

Related Link: [Expert Dating Advice: How to Make a Relationship and Love Work](#)

5. Men want a solid relationship and love. They are looking for something reliable. Men want a woman who is attractive and a friend they can confide in.

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What do you think women need to know about men? Tell us in the comments below!

Love Advice: Roll With The Punches, Don't Get Rolled Over



By Debbie Ceresa

You know the feeling. It's that unsettling doubt that surfaces when the best of days turns into the worst of moments. It's like the time Taylor Swift was awarded the 2009 MTV Best Female Video Award only to watch helplessly as the self-proclaimed 'expert' on artistry, Kanye West, took the microphone to express his differing opinion. Thankfully, most of us aren't confronted with these instances on national

television, yet our reactions to these experiences are just as emotionally charged. As a relationship expert, I know these moments happen in relationships and love all the time. During these occasions, you're faced with a choice. How you handle that decision can make all of the difference in the outcome.

Love Advice On Rolling With The Punches

Several years ago, I was asked to present several awards during an annual high school honors ceremony. This year, one of the awards would be presented to my team of ambassadors and I couldn't wait. I caught the smiles from the audience and was ready to begin my accolades of the young people on the team. However, before I could say another word, a loud ringing phone rudely interrupted this high point. I could have tried continuing over the interruption. Or, I could have gotten angry and flustered. But, I didn't. The ringing eventually stopped and the audience sat silently. Looking over the crowd, I smiled and jokingly said, "I guess another student wants to apply." The laughter was overwhelming and so was the applause.

Related Link: [Relationship Advice: 4 Reasons To Leave The Past In The Past](#)

I learned a lot from that incident. Often in our lives, many unexpected events happen. What we do with the unexpected is what matters. My love advice: Instead of living in fear of being knocked off course, here are four strategies to navigate the surprise bumps and keep you on the straight and narrow for success in your love life.

1. Change your course and navigate the unexpected life bumps. You know the unexpected is going to happen when you least expect the disruption. Why not channel your adventuresome side? Use the detour as an opportunity to find a

new discovery. Many of us hide our longing for adventure by turning cautious and reserved. Remember your curiosity when you were a child? Some of your inquisitive adventures were great learning experiences; others earned you a time-out. Either way, it didn't take long to learn from one of your escapades. As adults in your love life, not all of your challenges bring about immediate positive outcomes. Nevertheless, accept this love advice, your "time-out" experience, and learn from it.

2. Learn to laugh. By keeping an open mind, you'll find yourself laughing and enjoying some of the unexpected. It's easy to focus on the familiar and never look beyond the narrow comfort zone you created. Often times, the comfort zone is only in our mind, prohibiting us from seeing so much more. Life is constantly changing; why not enjoy the unforeseen? My expert dating advice: Laugh, join the party, and live in the moment.

3. Don't listen to the criticism. Many people rely on the emotional destruction of others to boost their own place in life. Just like Taylor Swift in 2009, and the 2015 Grammy awarding artist Beck for Album of the Year (whom Kanye West also tried to upstage), sometimes this happens when you least expect it. In those seemingly powerless instances, the outcome is entirely up to you. Your strength lies in your ability to rise above the negativity and be an example of grace, maturity and professionalism. Both Swift and Beck displayed immense diplomacy and both gained enormous respect as a result.

4. Accept and share compliment. How do you feel when someone hands you a compliment? I don't know about you, but I feel good when that positive gesture comes my way. Focusing on what's good in our lives and taking note of our good fortune in every aspect helps us operate on a higher level. It encourages us to rise above the pettiness and negativity and remain focused on what is everlasting and important. Accept and be grateful for that positive vibe that comes to you.

Think about the many ways you can spread your own thankfulness. I guarantee the positive energy will make your day.

Related Link: [Dating Advice: Create The Person You Want To Be](#)

We can't eliminate the unanticipated twists that happen in our lives, but we can decide today how we plan to navigate them. By remaining flexible in the need to change, using humor to buoy our decisions, turning away from negative people, and focusing on our contributions to the world and being grateful for the goodness that comes our way in return, we can handle the unexpected. In this way, the one thing we CAN expect is much success and happiness in our near future.

Debbie is a Certified Grief Recovery Specialist® and the author to the #1 bestselling memoir A Beautiful View, available on Amazon.com. A Beautiful View documents her journey through her husband's battle with cancer, which ultimately ended with his death. She has experienced grief firsthand and is well equipped to aid others in the recovery process, whether with death or divorce. For more information about Debbie and how to recover from your loss, please visit debbieceresa.com.

For more information about and articles by our Divorce Support Center relationship relationship experts, click [here!](#)

Relationship Experts Q&A: Does Social Media Stalking

Create False Intimacy?



Question from Anna C.: I've had a crush on my neighbor for a while, and he finally asked me out on a date! Since we've lived near each other for nearly a year, we're already friends on Facebook. Of course, I've looked at his profile in that time, and I feel like I really know him. On our date, is it okay to bring up something I saw on his profile, or should I avoid mentioning anything I've learned from social media stalking?

Read on to see the [relationship experts](#) dating advice!

Relationship Experts Share Dating

Advice On Social Media Stalking

[Suzanne K. Oshima, Matchmaker](#): If it was something that you saw on his profile awhile back, then I would avoid bringing it up. He'll know that you've been snooping around his Facebook page and it could raise an "eyebrow" in his mind. As a relationship expert, I tell my clients that you never want to appear like you're more interested in him than he is in you. So, just play it cool on the first date and have fun. As you go out on more dates and you get to know him better, then it would be okay to bring up something you saw on his profile because then it would be more appropriate.

Related Link: [Expert Love Advice Q&A: When Do I Send A Friend Request After A First Date?](#)

Paige Wyatt, Reality TV Star: It's absolutely okay to mention something you saw on your dates Facebook profile on the first date! It's a good way to connect and create a comfortable conversation. But you've got to make sure you say you saw it on their profile. If you say, "Hey, I saw that funny video on your page last week with the cats!" it can start a conversation, but if you say "I think cats are so funny!" it might get a little weird. Guys can get creeped out if you try to hide the fact that you looked at their social media. Honestly, that seems a little more stalker-ish, like you're secretly watching them. If you're open about seeing things on their profile, they're more inclined to feel flattered that you took an interest in their stuff!

Related Link: [Love Advice Q&A: How Do I Show My Interest In Someone Online?](#)

[Robert Manni, Guy's Guy](#): Since you were neighbors and had connected offline prior to dating, I suggest leaving Facebook behind for now. Checking his profile now and then is understandable, but as you know, social media posts can lead to assumptions and misconceptions. If I were you, my love

advice is to consider yourself lucky to be dating someone that interested you from afar. That's a great start. Now it's time focus on building a relationship and love face to face, and hopefully cheek to cheek.

To find out more about our three dating and technology gurus, click [here](#).

If you have any questions you would like answered by our relationship experts, please e-mail them to cupid@cupidspulse.com.

Do you think social media stalking creates false intimacy? Share your dating advice with us in the comments below!

Dating Advice: How To Get A Man To Call You Back





On this week's [Single in Stilettos](#) relationship advice video, matchmaker Suzanne Oshima talks to dating expert Matt Adams about how to get a man to stop texting you and actually pick up the phone.

Related Link: [Expert Love Advice: Matt Adams Reveals the #1 Thing a Man Wants After Looks](#)

Matt Adams Reveals Dating Advice On Becoming A Priority In A Mans Life

Are you struggling with how to become a priority in your relationship and love? Then, you've come to the right place, because Matt Adams reveals his best love advice for how to get a man to value you. First, you cannot be needy! Don't require something of the man your dating and instead give him value. For example, text him something interesting or funny that doesn't need a reply.

Related Link: [Expert Dating Advice: What A Man Doesn't Want In](#)

[A Woman](#)

You can bait him with something, like a mysterious story. Say, "I'm so embarrassed, you'll never guess what I did today." Then, when he replies, you'll respond and say "Too much to text, call me later!" Now, you're setting him up to chase you a bit to get that missing information. It's vulnerable and yet mysterious. If they don't bite the bait, then they probably aren't as interested as you might think.

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How do you get a man to call instead of text? Tell us in the comments below!

Relationship Expert Talks What's Wrong With Men In The Dating World





By [Jared Sais](#)

As a [relationship expert](#), I've heard some of the worst dating stories. I'm sure, like my friends, you too have been on some bad dates. Sometimes the men are only after one thing. Sometimes they just don't know how to actually have a conversation with you. And sometimes they have no manners and barely plan the date. This article will do two things. First, I will call out the rude, bizarre, and ugly behavior men are showing women on dates. Second, I will share my love advice on how women should handle situations like these.

Relationship Expert Says What To Do On A Bad Date

Let's look at a couple scenarios and then I'll give my expert dating advice.

Scenario 1: The girl picks up the guy in front of his apartment. It's 7 p.m. and the girl hasn't eaten and is quite hungry. She is excited as she sits in the car anxiously. She

took the time to make sure she looked nice. Then the man walks out of his building in workout gear. Long shorts, ragged shirt, and hair a mess. He gets in the car and tells the girl that they're going to a nice place. Needless to say, she's a bit dumbfounded by the way he chose to put himself together. He tells her where to go and they wind up at a sports bar. As they get into the bar he sees a group of his friends and orders two beers, one for him and one for her. The night ends two hours later and he decides to stay with his friends, leaving the girl to drive home from the bar.

Now, I'm sure your mouth is on the floor by now, but this situation might also look familiar. And if so, this is what you can do next time:

- Call them out on how they've presented themselves.
- Tell them you haven't had dinner yet.
- Tell them the date is over if they don't treat you right.
- If they don't show you respect or have class, they're not worth your time.

Related Link: [Dating Expert Gives Five Body Language Cues to Look For on a First Date](#)

Scenario 2: The girl took time getting ready and even wore a new outfit. It's 8 p.m. and she only ate a tiny bit as the guy said they were getting food together. As the girl meets the guy, he decides to change the plans and wants to head to a bar for a drink first. They get a drink each and he only pays for his, leaving her to pay for her own. During the drinks they speak about getting food and more about him. He never asks one question about her and what she likes. They finish their drinks and head back to his car. They start to drive and wind up back at her car. He says he'll get food on the way home and that he feels tired. So the girl drives home and eats back at her place.

What to do if this happens to you:

- Leave and never call him back, ever.
- Again, call him out on his behavior.
- The man should pay for the first few dates. Call me old school but it's just classy and shows good manners. Of course, the girl should offer to split but the guy should decline and pay.
- If the plans change, step it up in scale. So if you want to change plans, make it bigger and better, not smaller and worse.
- If you agree to food on the date, then that is a must. Don't ditch the main event. It's rude.

Related Link: [Expert Love Advice: 10 Signs That He's Just Not That Into You](#)

What is wrong with men today? They aren't dressing to par, they aren't paying, they only want a physical relationship and love, they show zero class, and worst of all, they're disrespectful to women. There are good guys out there, ladies, but there may be awkwardness, which will happen to a guy that really likes you. They will pay for the date, open the door and want to get to know you.

As a relationship expert, I see good guys get the boot due to some silly reason, while idiot men who won't even care about a woman's day get all the buzz and attention. This leads to a constant cycle of bad dates and sadness. But, this isn't all the woman's fault, not in the slightest. Men need to really bring their game up. Be a classy guy, show you care about the way you look, and act with gratitude. Open doors, pay for the meal and look for something real in the woman you're dating. Not every date needs to be perfect but try and put some thought into it to make it nice. I think the perfect date is

at a coffee shop, from 5-8 p.m., where there's quiet music to take away from any first date awkwardness.

[Jared Sais](#) is the co-author of the website [The Non-Verbal Game](#), where you can find free downloadable content. He is a dating expert in non-verbal communication, who specializes in body language, micro-expressions, and lie deception as they relate to relationships and love.

Dating Advice: Don't Let Jealousy Impact Your Friendships





By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) talks about how jealousy impacts your friendships. Her dating advice is simple: Just because you're in a relationship and love doesn't mean you have to drop your opposite sex friends.

Dating Advice from E!'s *Famously Single* Dating Coach Laurel House That Will Help Your Friendships

Being in a committed relationship is not a single gender jail, where your partner is the bodyguard. The relationship expert offers everyone a reality check: Friends often last longer than new lovers. Your BFF's have been there through the good times and the bad. So don't disengage with your friends when you're spoken for and decide to go back when you're single. You'll most likely lose a lot of friends that way.

Related Link: [Dating Expert Says Look For What You Need, Not](#)

[Want!](#)

House also reveals that you *can* be friends with people of the opposite sex! Her dating advice? As long as you both have an understanding that you're just friends, then it shouldn't impact your love life. There should be no lying or hiding your friends from your partner. But make sure you have a conversation with your honey to talk about your comfort levels.

For more relationship advice videos from House, click [here](#).

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Do you think you can be friends with people of the opposite sex? Tell us in the comments below!

Are Celebrity Couple Emma Stone and Andrew Garfield Overcoming Jealousy?





By Dr. Jane Greer

It's rumored that celebrity couple Emma Stone and Andrew Garfield are having issues lately, stemming from the fact that Stone is close to her colleague Ryan Gosling. The possibility has spawned a lot of discussion about jealousy and how the famous couple might move forward from here. While the two of them have not addressed the situation publicly, additional reports surfaced suggesting the pair have resolved their issues.

It's very important to tackle jealousy head-on rather than letting it simmer within the relationship.

Believe it or not, your partner doesn't have to be working with a movie star, as is the case for Emma and Andrew, for you to feel the green-eyed monster in full force. In fact, most people go through this at one time or another, especially if

their loved one is working closely with someone who is attractive and smart. When this happens, it is hard not to be rattled by the possibility that they could fall for this person and you could wind up losing them. So, what can you do to keep your fear and jealousy from taking over, and possibly creating more of a problem with your relationship than actually exists?

Recognition.

First, recognize that acting jealous can actually cause tension between you that may drive you apart rather than bring you closer. If you are feeling threatened, you may accuse your lover of doing something he or she isn't doing, lash out in anger, or just generally make things so unpleasant that you unwittingly push them away from you and possibly in the direction of the other person.

Focus on your connection.

The bottom line is that it is always uncomfortable knowing there are appealing men or women around whom your lover might come into contact with and find attractive. However, the real key to staying together happily is to focus on the connection you two share, rather than putting an emphasis on that perceived interloper. In other words, pay attention to ways to build on and strengthen your intimacy and closeness. If you are having problems over sex and/or money, for example, then now is a good time to invest your energy into problem solving and finding ways to compromise and resolve them, so that you can feel more confident, happy, and safe in your relationship. This way you use your energy productively to focus on considering and loving each other, rather than use it to act on your anxiety and possibly end up having it work against you.

Eliminate the space.

When you are in sync and feel harmonious, it can eliminate any

room for someone else to come between you. It can also help to ask for reassurance, making sure to avoid placing blame but rather raising your concerns and giving your significant other the chance to bring clarity to what is actually going on that will help you feel better. Despite jealous feelings occurring, when you have a strong foundation and trust each other, you can feel secure that you are the person your partner wants to be with. Hopefully, that will be the case, too, for Emma and Andrew.

Please tune in to the Doctor on Call radio hour on HealthyLife.net every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to [Dr. Greer](mailto:askdrjane@drjanegreer.com) at askdrjane@drjanegreer.com. Connect with Dr. Jane Greer on www.facebook.com/DrJaneGreer, and be sure to follow [@DrJaneGreer](https://twitter.com/DrJaneGreer) on Twitter for her latest insights on love, relationships, sex, and intimacy.

Breaking Up: How To Ditch Your "Better Than Nothing" Relationship And Love





On this week's [Single in Stilettos](#) relationship advice video, dating expert Suzanne Oshima talks to [relationship author](#) Duana Welch about ditching those better than nothing (BTN) relationships and love.

Related Link: [Love Advice: How To Increase Your Chances Of Meeting The One](#)

End Your 'Better Than Nothing' Relationships and Love

Have you ever been in a better than nothing relationship and love? The type where a lot of your standards are met, but you just know that this isn't your final choice. If you're in this type of romantic rendezvous, get out of it as soon as possible! "It's a time waster," the relationship experts say.

Related Link: [Relationship Advice Video: 5 Things That Belong On Your Must-Have List](#)

Here are five ways to know when it's time to ditch your BTN

love:

- 1. If they lack one of your must have.** Don't stay with your honey if you aren't fully satisfied.
- 2. If the pain outweighs the pleasure.** Relationships should be happy, not painful.
- 3. If they don't love you enough.** You deserve someone who worships the ground you walk on.
- 4. If you don't love them enough.** You deserve to worship the ground someone walks on.
- 5. If your intuition says so.** Your intuition was created to protect you, so listen to it!

Listen to the love advice above to find out how to end one of these toxic flings!

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What do you think about better than nothing relationships? Tell us in the comments below!

Celebrity Couple Predictions: George Clooney, Kylie Jenner

and Sandra Bullock



By [Shoshi](#)

Want the latest celebrity news and romance gossip? Then you've come to the right place! Recently, these famous couples have made headlines for their relationships and love, whether it be George Clooney's [celebrity marriage](#), Kylie Jenner's budding romance, or Sandra Bullock's new beau. Check out my predictions for the three celebrity couples below and find out what's next in their love lives!

The Latest Celebrity News and

Celebrity Couple Predictions

George Clooney and Amal Clooney: What can one say about George and Amal? They seem to be on top of the world. As they travel the world walking hand and hand, the media cannot get enough of this celebrity couple. Since there doesn't seem to be any real drama in their relationship and love, the media is trying to stir something up. Most of the criticism is focused on Amal. Some say she dresses tacky, while others accused her law firm of giving her the high profile accounts, because she is married to George Clooney. Nevermind that she's highly qualified to take on any case thrown her way. I love Amal and think that she's great for George. I still say that from the beginning their celebrity marriage was for calculated reasons versus simply love. Those reasons may never be known to the rest of us, because it looks like they know how to keep their mouths shut. This couple is working out fine even though Clooney is starting to look much older when he stands next to his lovely wife. Let's just say Clooney met a woman who know hows to ride or die.

Related Link: [George Clooney Jokes About Celebrity Marriage: 'They Said It Wouldn't Last'](#)

Kylie Jenner and Tyga: This relationship has disaster written all over it. Are they in love? It looks more like lust than love to me. At this point it's hard to know who's using who. Tyga is getting a boost in his career from being with a Jenner, while who knows exactly what Jenner is getting from being with him. It all seems like a carefully orchestrated relationship put together by the puppetmaster, Kris Jenner. Don't believe the engagement rumors. This relationship is going to run its course and end as dramatically as it began. Right now, what remains to be seen is who will get tired of who first. Right now, my money is on Jenner because she has the upper-hand.

Related Link: [Famous Couple Kylie Jenner and Tyga Make Funny Snapchat Videos](#)

Sandra Bullock and Bryan Randall: There are rumors flying everywhere that Sandra Bullock is dating model and photographer, Bryan Randall. Before you get all excited about this news, hold on a minute, When did a dinner date start to mean that someone is in a relationship? I would love to see Bullock find love, but it's time to stop assuming she's in a relationship with every single man she talks to. That being said, Randall has a bit of a criminal past and we all know how Bullock loves bad boys. I don't see a romance with Randall having any staying power. Right now, she is just dipping her toe back into the dating scene. The main concern on her mind is having a good influence around for her son, Louis. Randall is a "meh" choice for Bullock. He's fine for testing out her flirting moves, but she should definitely keep her options open. Bullock needs to take dating tips from some of the other women in Hollywood.

For more information on Shoshi, click [here](#).

What celebrity couples do you want to see predictions for next? Tell us in the comments below!

Expert Love Advice: Handling Debt & Credit Scores Post-Divorce



By Rosalind Sedacca, CCT

As the media shares details of [celebrity break-ups](#) we learn that even the rich and famous aren't immune to financial hardships. With stars like Brian Austin Green and Avril Lavigne taking steps toward a life on their own, we are reminded of the importance of keeping our financial history intact.

This Expert Love Advice Will Save Your Credit Score

Divorced or not, we all understand the importance of having a high credit score. Unfortunately when divorce decrees are drawn up, a simple attorney error or oversight can result in long-term negative affects on your personal credit. Since these papers identify who is awarded what debt, it's essential

that debts that came from joint accounts are only in the person's name that is awarded that debt per the decree. In most cases the decree is a simple agreement between divorcing couples. It *does not separate liabilities* – and that's where the problem lies. If, while you were married, your significant other had created some debt on your joint accounts, both of you are affected. Each of your social security numbers are attached to the obligations – and all three credit bureaus have this information.

Related Link: [Kelsey Grammer's Ex Could Get \\$30M in the Divorce!](#)

When you decide to end your relationship and love, a divorce decree is not the best way to handle debt. The reasons become obvious when you explore a number of likely possibilities. What if, a couple of years after the divorce, your ex decides to be late on a debt obligation that is still reporting in your name? Imagine what will happen to your credit score! It can suddenly drop 150 points – and you may not even know it! Unfortunately, this is not uncommon. And the problem is now yours even though the debt was awarded to your ex. What if it's a house at stake and your former spouse decides to let it go to foreclosure? Are you aware that you cannot buy a home for the next three years because of the foreclosure record on your credit report?

Related Link: [Facing a Divorce? Don't Take the Adversarial Approach](#)

Here's some expert love advice offered by divorce financial planners. They insist that divorcing couples should never rely on the other spouse to pay bills that were awarded to them per decree. In essence, this is a disaster waiting to happen. These issues must be tackled up front so you're not vulnerable once the divorce is final. If you are among those who have already made this mistake, it's important that you go back to court to get those debts off your name. If a house is involved

especially, get it refinanced out of your name or sold, depending on the situation. If your ex is behind on the mortgage, you might want to go back to court and take over the mortgage payment in return for having the house awarded back to you.

Divorce is tough enough without having to deal with financial crises in the months and years to follow. Be aware. Make sure you don't have debts in your name that get awarded to your ex. Don't put him or her in the position in which they can ruin your credit. If you are not sure about your credit rating, get your current credit report with credit scores to make sure there is no damage done. There are many resources on the Internet for accessing this information. My relationship advice: Don't put it off!

For more information on and expert relationship advice from Hope After Divorce, click [here](#).

For other free articles on child-centered divorce, a free ezine, valuable resources for parents, coaching, and other services, visit <http://www.childcenterreddivorce.com>. Rosalind Sedacca, CCT is founder of the Child-Centered Divorce Network and author of the new ebook, How Do I Tell the Kids ... about the Divorce? A Create-a-Storybook Guide to Preparing Your Children – with Love!

Relationship Experts Talk

Capturing His Attention (In Person!)



Suzanne Oshima
Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette



Robert Manni
Author of
"The Guys' Guy's Guide to Love"

In this week's [relationship advice video](#), matchmaker and relationship expert Suzanne Oshima talks to dating coach Arica Angelo about how to capture his attention (in person!). Check out their expert dating advice above!

Three Tips From Relationship Experts: How To Capture His Attention

1. Appearance. Men are visual creatures, so make sure you're emulating the best version of yourself. You are your brand, so

present yourself accordingly.

Related Link: [Expert Dating Advice: What A Man Doesn't Want In A Woman](#)

2. Energy. If you have a positive energy and openness, then people will gravitate towards you, the relationship experts say. Be excited about yourself and your life, because that is attractive.

Related Link: [Expert Love Advice: Matt Adams Reveals the #1 Thing a Man Wants After Looks](#)

3. Pursue men yourself. Don't be afraid to initiate conversation, ladies. If you want a relationship and love, get out of your head, and go after the guys you want to date.

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How do you capture his attention in person? Tell us in the comments below!

Dating Expert Says Look For What You Need, Not Want!





By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) shares the secret on how to be happy in your relationship and love for the rest of your life! Her expert love advice is simple: Make sure you're looking for what you need versus what you want.

E!'s *Famously Single* Dating Expert On Wants Vs. Needs

If your love life isn't where you want it to be, then you may be searching too hard for what you want, instead of what you need. The list of "must-haves" that you judge every potential partner by, is actually just a list of preferences and aren't essential to a lasting relationship. "You need someone who makes you feel like a priority and communicates with you," the dating expert shares. But you don't necessarily need that person to be tall, dark, and handsome.

Related Link: [Expert Dating Advice: How To Find The Good Guys](#)

[Sexy](#)

Start looking at your needs as sexy. It's sexy when your honey shows up physically and emotionally for you. It's sexy when your love is kind to you and respects you. It's attractive when you share the same core values. If you don't have your needs met, the connection won't last. "Get your needs met and your wants will be fulfilled," House says.

For more relationship advice videos from House, click [here](#).

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How do you know your wants versus your needs? Tell us in the comments below!

Expert Dating Advice: How to Get Over "The Little Things"





By [Project Soulmate](#) matchmakers Lori Zaslow and Jennifer Zucher with contributing writers Nicole Hartley and Samantha Cohen

Is there something about your significant other that bothers you a little too much and a little too often? Relationships and love are often born on “the little things.” It’s the little things that attract you to your significant other, but it can also be the little things that really annoy you about that person too. Is her voice too squeaky? Does he talk too loud in public? Does her taste in music really drive you insane? Partnerships are difficult enough without those small annoyances getting in the way. Finding the perfect person can be a difficult task, but once you do find your match, how do you get over those things they do that bother you? Read on for our expert dating advice!

Getting Over Small Annoyances in Your Relationship and Love

Related Link: [Love Advice: What to Do If Your Friends Don't](#)

[Love Your Partner Like You Do](#)

First things first: If something they do bothers you to the extent that you really just can't get over it, maybe it's time to face the reality that they may not be your soulmate. However, in most cases, this is the extreme. Sure, hating your girlfriend's taste in music can be a bother on occasions, but it is something you can get over. On the other hand, if you're a neat freak and she's a hopeless slob, *that* can be a deal breaker.

Let's face it: Every person has flaws. It is the size and the severity of the flaw that can determine whether or not the relationship and love is worth it for the long haul. As relationship experts, we think we can all admit that, at times, we love to hate things about people. It's just what we do! However, sometimes those flaws are what make us love someone even more. So what if you hate her taste in music? Maybe you love the way she dances or the way she can never get the lyrics quite right to her favorite song. In order to appreciate these little quirks, you may have to sacrifice putting up with music you might hate.

In any relationship, it's important to always look for the good things in your significant other and in the partnership itself. If it's "the little things" that made you fall in love with them, then it's safe to say that getting over those things that bother you should be just as simple. Hopefully, for every thing that bothers you about them, you have a handful of things that you really love about them. That is what you should focus on when feeling bothered by that annoying thing your soulmate does.

Related Link: [Love Advice: You Love It, He Loves It Not](#)

Always remember that no one is perfect. Love isn't perfect, and neither is your significant other. It is important to look for the best in everyone, so give your

boyfriend or girlfriend a break. If you're feeling extra nice, consider this love advice: Get up and dance to that awful music with them! Maybe karma will reward you, and they will cherish your peculiarities too.

Relationship experts Lori Zaslow and Jennifer Zucher are BRAVO TV's Love Brokers and founders of [Project Soulmate](#), a high-end New York-based matchmaking company.

Relationship Advice On Dating Your Ex

A video call interface showing two participants. On the left is Suzanne Oshima, a woman with long dark hair wearing a red top. On the right is Robert Manni, a bald man with glasses wearing a blue shirt and a dark jacket. The background behind Suzanne features promotional banners for 'Single in Stilettoes', 'Dream Bachelor & Bachelorette', and 'The Guys' Guy's Guide to Love'.

Suzanne Oshima
Founder of Single in Stilettoes
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette

The logo for 'Single in Stilettoes' features a pair of high-heeled shoes (one black, one red) above the text 'Single in Stilettoes' in a stylized font.

Robert Manni
Author of
"The Guys' Guy's Guide to Love"

In this week's [relationship advice video](#) from [Single in Stiletto](#)s, matchmaker and dating expert Suzanne Oshima talks to relationship author Tinzley Bradford about dating your ex.

Expert Dating Advice: Should You Date Your Ex?

Make sure you listen to this expert dating advice and ask these three questions before you decide whether or not to go back to your old partner:

1. Do you harbor any resentments? If the issues aren't resolved, then don't go back to your old flame! Here's some relationship advice: You have to go in with a clean slate, if you've made the decision to go backwards, instead of forwards.

Related Link: [Expert Dating Advice: How to Make a Relationship and Love Work](#)

2. What caused the break up? You need to assess what went wrong and what arguments were had. Make sure you know what you're willing to deal with.

Related Link: [Relationship Advice Video: 5 Things That Belong On Your Must-Have List](#)

3. Is it worth the effort? You need to make sure the circumstances have changed, so you'll nurture a healthier relationship and love.

*For more relationship advice videos and additional information about Single in Stiletto*s shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Would you get back together with your ex? Tell us in the comments below!

Relationship Expert Discusses How To Know When It's Time To Call It Quits



By [David Wygant](#)

This is a really tough article to write. When is it time to call it quits with your significant other? Is it when you have exhausted every single avenue, when you have reached a point of diminishing returns in the effort to make your [relationship and love](#) work?

Once a relationship goes down the he-said, she-said route or

it starts to look like a standoff at the O.K. Corral, despite many lengthy, late night conversations, it's time to bring in the heavy artillery. If you're not seeing eye-to-eye and you're acting defensive and resentful of each other, then you need to sit down with a professional. You need to talk to someone on the outside, someone not invested in the relationship. I'm talking about a real professional.

Love Advice: When to Break Things Off

As a relationship expert, I am a firm believer in therapy, especially marriage or relationship counseling. A few hours with the right person can save you months, even years, of emotional duress and stress. After all, if you're struggling, a miracle isn't going to happen out of nowhere. Your significant other isn't suddenly going to say, "Yes, I see your point exactly. I understand everything now!"

Related Link: [Dating Advice: What to Do When You're Not His Priority](#)

I've been down this road too many times. It's beyond frustrating. You think to yourself, "Tonight, I'm going to rephrase the conversation. We're finally going to communicate and realize we both just want to be happy." So you come home, and you discuss things in a constructive way, but as usual, your partner gets triggered, acts defensive...and the shit hits the fan.

If you've got kids in the mix, it makes it even harder to call it quits. But if someone doesn't understand you or recognize your love language and has stopped trying to make you happy, then you need to get help immediately. If the help doesn't work – if you've been to a counselor and you're still banging your head against the wall – nothing's going to

change. It's time to figure out the best way for you to move forward separately.

Most people don't change. They won't. They resist it and instead buildup a steady flow of resentment towards you. Resentment is the poison pill for relationships and love. Resentment is the opposite of trying to make someone happy, the opposite of compromise, the opposite of trying to change for the sake of saving the partnership. Once resentment finds its way into your relationship, it's the beginning of the end.

Related Link: [How to Move On After Heartbreak](#)

People only change when they desire change. You can't wave a magic wand over somebody and make them change or see how you feel. If we could, there would be no divorce, no separation. People would simply evolve and grow together. Like many of you, I wish I could wave a magic wand over my ex and make her the person I want her to be. I'm sure she'd love to magically make me into the perfect person for her too.

So if you've exhausted all avenues and you're both full of resentment, then and only then, when you've done everything you can, it's time to call it quits.

David Wygant is an internationally-renowned dating and relationship expert, author of the book Naked, and speaker. Through his boot camps, personal coaching, and his [website](#), his love advice has transformed the relationships and love of hundreds of thousands of people from every corner of the globe.

For more expert dating advice from David, click [here](#).

Relationship Expert Talks When To File For Divorce



Suzanne Oshima
Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette



Robert Manni
Author of
"The Guys' Guy's Guide to Love"

By J'Nel Wright for [Divorce Support Center](#)

If your relationship and love has been confronted with unexpected and undesirable changes, you might consider ending your marriage. While we witness the threat of [celebrity divorce](#) surface almost every day, along with other nasty allegations, the fact remains that the decision to pursue a divorce is a personal choice.

Relationship Expert: What To

Consider Before Ending Your Marriage

Before you make a serious decision about your future, consider our love advice and ask yourself these questions:

1. What do you value most about the marriage? Is it the security the marriage provides? Do you value the companionship that's shared? For many, mutual respect is a highly favored characteristic, but whatever it may be, consider the strength of that factor now. For example, relationship expert, Rosalind Sedacca, CCT, says "When one or both spouses stop respecting one another, the foundation of the marriage is torn apart and little can be done to mend it. This is the biggest cause of divorce and is usually behind all the other issues involved." If the value you cherish is lost, you need to decide if it can ever be reclaimed. If not, you have the answer on what the next step should be.

Related Link: [Is Your Life Working?](#)

2. What do you value in your partner? Think about what attracted you to your honey in the first place. Was it integrity? Was it the prospect of a lifetime of financial support? Does your partner make you laugh or offer protection that makes you feel safe? If something has happened that compromises their character or desirable traits, you need to consider what's left. Moreover, is it enough to sustain your marriage in the future. The key is to identify the difference between reacting to an emotional experience and becoming more self-aware about what ultimately matters to you and what you want in your life.

Divorce support relationship expert Cathy Meyer says "If you're ready for divorce, you've let go of any emotional attachments you have to your spouse. These are good and negative feelings that often come into play during marital

conflict. Deciding on divorce at a time when you're overwhelmed with emotions won't solve problems. It will generate problems and compound any hurt and frustration you may be feeling."

Related Link: [Dating Advice: Create The Person You Want To Be](#)

3. How much is an outside party influencing your feelings or decision? At the first sign of infidelity, the pressure to leave the marriage is palpable. Often the hint of staying leaves feminists howling "once a cheater, always a cheater." But what if the infraction is viewed as redeemable? In a variety of instances that go beyond infidelity, how do you piece together the logic of the woman who chooses to stand by her man? Truthfully, a third party has no place in your decision. If they have information that's important for you to know then it should be shared, but if you find yourself overly concerned about the reaction your decision may receive, your focus is misdirected. Only you can decide if this marriage has the foundation to withstand hardship. You're the one to decide if you have the strength and desire to rebuild it. Whatever your decision, be prepared to defend it to those who question it, but make it clear the decision was yours to make.

Related Link: [Expert Dating Advice: Moving On After a Divorce](#)

We are surrounded by failed marriages that kicked the bucket for a host of reasons. Unfortunately, the commonality of it doesn't make the decision to end our marriage any easier. By establishing our value system and monitoring the present state of a relationship that we once held in high esteem, we can better prepare ourselves to estimate the current value of our love and whether or not it can make it over the threshold to better days.

For more information about and articles by our Hope After Divorce relationship experts, click [here](#).

Expert Dating Advice: How to Make a Relationship and Love Work



Suzanne Oshima
Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette



Robert Manni
Author of
"The Guys' Guy's Guide to Love"

On this week's [Single in Stilettos](#) relationship advice video, matchmaker Suzanne Oshima talks to [dating expert](#) and Robert Manni about how to make a relationship and love work.

Dating Expert Robert Manni Reveals

How to Keep Your Relationship and Love Strong

Here are five pieces of expert dating advice to follow if you want a strong relationship and love:

1. Pay attention: As Manni explains, “Guys are not that good at paying attention, and women pay attention to *everything*.” If you want to keep your partner happy, be mindful to their needs.

Related Link: [Improve Your Chances of Finding Love, Thanks to This Relationship Advice Video!](#)

2. Give your partner the benefit of the doubt: People are very quick to point out if something’s not completely right, but a lot of times, there’s a rationale behind people’s behavior. Don’t jump to conclusions!

3. Have shared values: “A couple can be opposites, but it’s the values that count – they need to sync up,” the dating expert says. For instance, two people need the same viewpoint on money, trust, and family, which often goes back to how they were raised.

4. Communicate: It’s important that neither person shuts down when it comes to communication. Really listen and hear where the other person is coming from. “It’s very important that women don’t expect men to read their minds and that men are willing to engage about an issue,” Manni shares. “Both women and men have to meet each other halfway.”

Related Link: [Relationship Advice Video: Three Things Women Don’t Know About Men](#)

5. Always keep dating: It’s easy to get comfortable and unintentionally take things for granted. “I’m guilty of that all the time,” the relationship author of *The Guy’s Guys Guide*

to Love admits. “You have to keep the mindset – and the heartset – that the person you’re with is somebody that you’re constantly wooing.”

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Love Advice Q&A: How Do I Show My Interest In Someone Online?





Question from Carrie K.: When I first meet a nice guy and we become friends on Facebook, I always try to think of a way to show him I might be interested. Is there a way to subtly do so without looking like a stalker or totally desperate?

Read on for [love advice](#) from our dating experts!

Relationship Experts Share Dating Advice About Showing Interest On Facebook

[Suzanne K. Oshima, Matchmaker](#): When it comes to Facebook, there's a fine line between showing interest and coming across as a stalker. Obviously, you can like and comment on his posts, but my love advice is to not do so too much. If you go overboard, you'll be seen as someone who has a little too much interest in his life and no life of your own. So my expert dating advice is to be selective about what you comment on and like. Then, at some point, after you've been friends for awhile, try to initiate a conversation over the private

messaging feature on Facebook. Once the conversation takes off, add in a little innocent flirting and see where it goes. Soon, he may ask you out on a date, and you can get offline and meet up in person!

Related Link: [Expert Love Advice Q&A: When Do I Send A Friend Request After A First Date?](#)

Paige Wyatt, Reality TV Star: I know that everyone likes to fluff up their Facebook profile to encourage some new sparks. There's just a right and wrong way to do it. Most importantly, don't ever pretend that you're seriously interested in something you've never even heard of because this new guy seems into it. That can lead to some awkward conversations when he starts asking you about it. You can absolutely expand your interests though. Let's say you like being outdoors, for example. Just because your version of "being outdoors" is drinking wine and eating cheese at the closest park instead of hiking three miles every weekend doesn't mean it's a lie. You can also message him if you see something cool on his profile, like, "I loved that video you just posted – do you rock climb?" It can give you guys something to talk about and is a good way to further the conversation beyond a confirmed friend request.

Related Link: [Dating Advice Q&A: Can I Blog About My Relationship and Love Life?](#)

[Robert Manni, Guy's Guy](#): The dating game is thriving in the digital world, but if you want to win, get offline as quickly as possible. Most guys are not that savvy when it comes to reading between the lines of texts or e-mails, so as a relationship expert, I suggest you stay cool, but be clear about your intentions. A good way to take the connection offline is through finding common ground with a new connection. For example, you love margaritas, and he considers himself an expert on tequila. Bueno! Find a cool and conveniently located Mexican restaurant or bar that carries

the good stuff and suggest meeting up to sample their Maestro Dobel reposado, don Julio 1942, or 7 Leguas Tequila Anejo. If you conduct a bit of research on something you both enjoy, most guys will appreciate the effort. And in this case, he'll think you're someone who has great taste in men *and* spirits.

To find out more about our three dating and technology gurus, click [here](#).

If you have any questions you would like answered by our relationship experts, please e-mail them to cupid@cupidspulse.com.

How would you show someone you're interested via Facebook? Share your dating advice with us in the comments below!

Relationship Expert Reveals The Secret To A Great First Date





By [E!'s Famously Single Dating Coach, Laurel House](#)
In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) shares the secret on how to never have a bad first date again! Her expert dating advice is simple: Always pre-qualify your dates.

Relationship Expert from E!'s *Famously Single* Says to Pre-Qualify Potential Matches Before a First Date

We all know that relationships and love can be tricky. Whether you meet through work, friends, or even online, you must pre-qualify all of your dates before you give them any personal information. With online dating in particular, if you move too quickly, you may realize how weird or creepy they are too late. "You're afraid, and now, they have your phone number," the relationship expert shares.

Related Link: [Relationship Expert Reveals What to Do Before You Begin Online Dating](#)

To avoid having a bad first date, pre-qualify your potential matches by asking strategic and substantive questions. Be vulnerable and remember to go down before you go up. Even share your core values and ask for their's to ensure a positive outcome. "Online dating can be the most amazing and easy way to meet people," House says. "But it can be exhausting, confusing, and a waste of time if you don't pre-qualify."

For more relationship advice videos from House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you pre-qualify your dates? Tell us in the comments below!

Relationship Advice Video: Rejection Is Part of Dating – Get Used to It!





In this week's [Single in Stilettos](#) relationship advice video, founder and matchmaker Suzanne Oshima talks to [dating expert](#) David Crowther about one part of looking for a relationship and love that you *must* accept: rejection.

Expert Relationship Advice About Rejection

As Oshima says, "Nobody likes rejection." For some people, if they face too much rejection, they want to stop dating all together, which is a huge mistake. According to the relationship advice video, it can affect us physically. For instance, we may experience a tight feeling in our chest or the blood rush to our face. "With the proper outlook and a grandiose goal, it's something you can overcome," Crowther explains.

Related Link: [Relationship Advice Video: Should I Date More Than One Man?](#)

The dating expert also discusses the idea of the default

future, which means that, if you keep doing what you're doing, you're going to continue following the same path. Instead, you must step outside of your comfort zone and put yourself in the position to be rejected. Eventually, you'll realize that those guys aren't the right fit for you anyways!

Check out the rest of his love advice in the video above!

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

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Expert Relationship Advice: Comforting Your Partner During Arguments





By Jared Sais

It's inevitable that you'll endure rough patches in your relationship and love, and maintaining a loving and committed attitude during them will help strengthen your bond. If you want to comfort your significant other but aren't sure what to do, consider these six pieces of non-verbal expert relationship advice:

Dating Expert Reveals How to Play Nice During Arguments

1. Pay attention to your tone and pitch: It's not what you say but *how you say it*. As a dating expert, I remind my clients of this truth often! We've all heard it before, and during an argument, it absolutely rings true. Which one sounds better? "You have been so self-absorbed – it has been driving me nuts" or "I feel that you have been very busy lately and haven't been taking the time to consider me and my feelings..." Even though both statements make the same point, your partner will react to the first one very differently than the second one. The first statement is harsh

and accusatory, while the second statement permits more empathy and discussion.

Related Link: [Should We Be Worried About Ben and Jen's Celebrity Marriage?](#)

Instead of screaming an impulsive negative thought, take a deep breath and, in a calm manner, state how you've been feeling. Be completely honest, but imagine how *you* would want to be confronted if the issue were directed at you. It is often helpful to initiate the conversation by stating, "This is how I feel" or even just "I feel..."

Telling your significant other how you feel rather than yelling "You are an idiot!" allows them to understand you're not accusing them or playing the "I'm right, and you're wrong" game. Instead, you're merely revealing your feelings. Your perspective on an issue is your reality, but it may not be your partner's. By beginning the conversation in a mature way, you're bravely setting the stage for a constructive argument. The issue can then be resolved quickly and often without any harm to the relationship and love.

My love advice below breaks this idea down even more. Here are some tips to consider:

- Use a calm, conversational voice. I know the urge to yell and shout is there, but hold it back.
- Use phrases like, "I hear what you are saying" or "I'm trying to see it from your perspective" and actually mean them. Try to understand what your partner is feeling.
- Alternate voicing your feelings and opinions. Both of you talking at once will eventually lead to yelling.
- Limit sarcasm, as it is the lowest form of humor. Also, refrain from phrases like, "What's wrong with you?" and "Are you feeling okay?" Those comments tend to initiate a steamy

cycle of anger.

- Don't talk down to your partner. You are clearly with that person for a reason, and you're not their superior.
- Be genuine and honest in regards to how you feel.

2. Limit the defensive body language: Arguments will happen, regardless of how perfect your relationship is. The most important thing for you to do is say what's really bothering you, which is sometimes more difficult than it seems due to the nature of your feelings. It may be uncomfortable, embarrassing, or just anger you too much!

Having closed-off body language will make the difficult topic even more stressful to discuss and thus slow the mending process. Unresolved issues will linger and likely come back to haunt the relationship. Here are the dos and don'ts of keeping your body language open:

- Don't fold or cross your arms. You're not a body guard or a bouncer at a club trying to portray intimidation.
- Do talk with your hands and leave your arms open or to the sides of your body. This stance promotes the impression of open-mindedness and flexibility. People like to be heard and understood.
- Don't point at your partner. It adds a sense of guilt and makes the other person feel uncomfortable.
- Do keep a normal distance (each couple has their own normal distance), and don't tilt your body away or leave.
- Don't turn away from your partner. Face the person speaking, as it shows respect and that you're listening to what they're saying. You may not agree with their statements, but if you want to be heard, you have to listen.

3. Make direct eye contact: Eye contact is of prime importance

when discussing a difficult topic or trying to resolve an argument. It's not constant, as too much can be awkward and uncomfortable, but consistent eye contact should be made throughout the conversation. It displays confidence, maturity, and trust. More than just being common courtesy, looking into someone's eyes when they're speaking shows that you're paying attention to what they're saying and that you care about how they feel. These are all necessary features to civilly talk through a difficult situation.

Whatever you do, don't roll your eyes or look away too much. I understand it can be uncomfortable to see your partner upset, but as a mature adult, you need to confront the issue, eyes on.

Related Link: [Celebrity Couples: What True Love Looks Like](#)

4. Limit the use of angry body language: Similar to the importance of having open body language, limiting angry body language will help solve the problem at hand. Anger is easily seen without a word or grunt. Once it's detected, it's contagious – and that's one wild fire you need to put out.

Angry body language is displayed most commonly by these three non-verbal cues:

- Closed fist(s).
- A facial expression of anger, which includes pinched lips, death eyes or a strong glare, and lowering of eyebrows.
- Hitting. If you or your partner hits the wall or an object, stop what you're doing. Take a deep breath and start the conversation again after both of you regain your composure.

5. Recognize the non-verbal sign for “stop”: Look out for this very important non-verbal cue. It's the stop sign, a flat palm with straight fingers stretched out. This cue might be shown in front of the person's chest or at the side of the person's

hip. Wherever it is, it means one thing: Stop what you're doing right now! No matter what you're doing or saying, if you see this non-verbal cue, you need to walk away or leave the room. Return only if you and the other person can calmly discuss the problem at hand. This "stop" sign, alternated with tight closed fists, is the strongest clue that you need to regroup.

Related Link: [10 Signs That He's Just Not That Into You](#)

6. Seek help when needed: There's no harm in asking for help! After all, being honest with yourself about your relationship and love is key to a happy ending. A therapist is a wonderful way to maintain a healthy environment when discussing an important issue. Sometimes, a problem is deeper than it seems, and help from a professional may be the best way to resolve it.

Jared Sais is the co-author of the website [The Non-Verbal Game](#), where you can find free downloadable content. He is a dating expert in non-verbal communication, who specializes in body language, micro-expressions, and lie deception as they relate to relationships and love.

Expert Relationship Advice: Three Questions Crucial to Co-Parenting Success





By Rosalind Sedacca, CCT

Michael Matracci, Esq. is one of the “good guy” collaborative divorce attorneys who avidly supports the concept and principles of a child-centered divorce. He is the author of a new [self-help relationship book](#), *Fighting Over the Kids: Resolving Day-to-Day Custody Conflict in Divorce Situations*, which can be found at his website, www.divorcewithoutdishonor.com/.

Expert Relationship Advice from Michael Matracci, Esq.

Recently, I interviewed the relationship author, who is a divorced parent himself. He shared with me a valuable technique he uses when dealing with parenting issues with his former spouse. I loved his expert relationship advice and am passing it along to other parents who face continuous challenges, month after month, year after year, as they raise their children following a divorce.

Related Link: [A Reminder About Relationship Mistakes to Avoid](#)

Michael asks himself three basic questions that get to the heart of what a child-centered divorce is about: doing the very best for your children. When a parenting issue arises that he and his former spouse have to face, before he takes any action, he first answers these questions:

- 1. If we were two “normal” married parents, what would I do?**
- 2. If we were still married, would this issue really be a big deal?**
- 3. Is this about our child – or more about ME and HER/HIM?**

These questions put you in the right perspective for taking wise and effective action. They help you to detach from the emotional “drama” of your divorce. Have you been caught up in your “story” about being a victim, abused, hurt, angry, jealous, or exploited by your former spouse? By questioning your motives, you can remind yourself that parenting issues are not about you; they are about what’s in the best interest of the children you love.

That can mean sacrificing some ego gratification, biting your tongue when you want to be sarcastic, and being more tolerant of an ex who sees things differently regarding discipline, rules, and other parenting choices. At the same time, it can also bring you into closer alignment with your children’s other parent, which will help you to determine the best outcomes for your children together as their parents.

Related Link: [How to Cooperatively Co-Parent After Separation or Divorce](#)

Most important of all, these questions will remind you that when it comes to parenting decisions, always take the high road. Be the “mature” parent who puts their children’s needs first. That’s always the answer you are looking for – and one that you will never regret.

For more information on and expert relationship advice from Hope After Divorce, click [here](#).

For other free articles on child-centered divorce, a free ezine, valuable resources for parents, coaching, and other services, visit <http://www.childcentereddivorce.com>. Rosalind Sedacca, CCT is founder of the Child-Centered Divorce Network and author of the new ebook, How Do I Tell the Kids ... about the Divorce? A Create-a-Storybook Guide to Preparing Your Children – with Love!

Expert Love Advice: Matt Adams Reveals the #1 Thing a Man Wants After Looks





In today's [relationship advice video](#), Single in Stilettos founder and matchmaker Suzanne Oshima talks to dating expert Matt Adams about the number one thing a man wants in a woman *after* looks.

Expert Love Advice from Dating Expert Matt Adams

According to Adams, he looks for physical attraction first and a good personality second. "It's really what attracts me to them," he reveals. "If you don't have as juicy of a personality, you've got to work on that a little bit." There's more to this expert love advice though: Most of the men who the dating expert counsels want a woman who adds value to their lives. "Are you fun? Are you flirty? Are you adventurous?" he asks. "What are you doing to help his life? Those kind of things are how a man is assessing you as you're going through the dating process."

Related Link: [Expert Dating Advice: What a Man Doesn't Want in a Woman](#)

Watch the video above for more great expert love advice!

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For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Hey guys! What do you look for in a potential partner? Tell us in the comments below.

Celebrity Couple Predictions: Jennifer Aniston, Caitlyn Jenner and Elizabeth Olsen





By [Shoshi](#)

The latest celebrity news has been brimming with romance gossip. Recently, these famous couples have made headlines for their relationships and love, whether it be Jennifer Aniston's secret [celebrity wedding](#), Caitlyn Jenner's budding romance, or Elizabeth Olsen's new beau. Check out my predictions for the three celebrity couples below and find out what's next in their love lives!

Celebrity Couple Predictions and the Latest Celebrity News

Jennifer Aniston and Justin Theroux: Fans of [Jennifer Aniston](#) let out sighs of relief when it was announced that she *finally* married Justin Theroux. We were all wondering if this marriage was ever going to happen! Now that the two have walked down the aisle, the media can finally stop making the actress look pathetic when it comes to love. I never believed that she was as miserable as people wanted her to be. She dated quite a few cuties along the way – why should

she have to settle down?

As a relationship expert, I see good energy for this celebrity couple. Everything should work out if they are committed to making their marriage work when they hit bumpy times. Soon, there will be celebrity break-up rumors, but pay no attention to them.

Theroux has seen a dramatic upgrade in his living situation since he started dating Aniston. That is not to say his bank account is anything to side eye. When it comes to money, the *Friends* alum is clearly the one with more. I see a big prenuptial agreement in place if this marriage ever takes a turn for the worse. It looks like there is a cheating clause, which is ironic since it is speculated that Aniston may have swooped in on Theroux when he was in a relationship. All the best to these two! May that prenup gather dust and never be used.

Related Link: [Find Out Why Newlyweds Jennifer Aniston and Justin Theroux Decided to Celebrate Celebrity Marriage](#)

Caitlyn Jenner and Candis Cayne: [Caitlyn Jenner](#) has faced her share of relationships rumors. Now, everyone wants to know who she will date: men or women, maybe even both. All eyes are currently on the relationship that she has with Candis Cayne. Are they dating or not? As I take a look at these two, what I see is really close friendship. At least for now. You know how things in the Kardashian world can change! Jenner can learn from Cayne as well as talk to her about things that her family cannot understand. That being said, like most people who are brought into the Kardashian mix, Cayne is benefiting from being Jenner's best girlfriend. It is a win-win situation for both of them. Just don't look for them to step out as a famous couple. It's unfortunate – they would be so hot together!

Related Link: [Celebrity News: Caitlyn Jenner Addresses Candis Cayne Dating Rumors on 'I Am Cait'](#)

Elizabeth Olsen and Tom Hiddleston: It looks like Mary Kate and Ashley Olsen's little sister Elizabeth is dating British actor Tom Hiddleston. The two haven't confirmed that they're dating, but photos are showing that they seem pretty darn close. The alleged famous couple met while playing husband and wife on the set of *I Saw The Light*, a movie about Hank and Audrey Williams. While they make a good-looking pair, it looks like it will only be a casual romance. Olsen broke up with her fiancé at the beginning of this year, and a serious relationship is not on her mind right now. She wants to have a bit fun instead. As for Hiddleston? He is becoming hot in the business, so he will add a few gorgeous starlets to his little black book to fit right in with the other eligible bachelors in Hollywood.

For more information on Shoshi, click [here](#).

What celebrity couples do you want to see predictions for next? Tell us in the comments below!