

Expert Dating Advice: How Do I Know If a Guy is Into Me?



By [Jared Sais](#)

"I found out that a guy liked me, and I liked him too. I tried to talk to him more and set up a casual date, but he stopped responding. What gives?"

As a relationship expert, I hear about this story happening a lot. It's like the person just vanishes. You thought they liked you back. You were talking a lot, and then suddenly, you never hear back from them. This phenomenon is called "ghosting," and the idea behind it is simple: It's easier to ignore the situation instead of facing it head on.

Related Link: [Expert Love Advice: 10 Signs He's Just Not That](#)

[Into You](#)

Relationship Expert Shares His Thoughts on “Ghosting”

People ghost as a way to say they're not interested in you. It sucks, I know. It hurts, and you're left with a bad taste in your mouth. Things may even feel unresolved. I hope you take comfort in the fact you're not alone. People everywhere are wondering the same question. What the heck is going on?

Ghosting is the new way of saying, “It's not you; it's me.” Technology has been integrated into the dating world and the process of forming new relationships and love. Ghosting is how people are using (or not using) it to end their partnerships.

As part of my expert [dating advice](#), I've said before that people don't have the same social skills they used to. They text instead of talking face-to-face. I remember when texting was considered the “cheap way” to break-up with someone. Back then, someone would be so offended if you called it quits via text! Now it's standard, and ghosting is becoming less and less taboo.

So if the person just vanishes into the night with no response, chances are he's ghosting you and isn't interested in continuing what you already started. But why, right? You want answers!

Related Link: [Relationship Expert Talks About What's Wrong with Men in the Dating World](#)

The first thing that comes to mind is that they might have been dating other people at the same time and felt they had more in common with the other person. A second possibility is that, while they aren't seeing someone else, they didn't feel that chemistry with you, causing them to ghost you. A third

option – one that's very cliché but could be true – is that they're a workaholic and simply don't have time for a relationship. Regardless of why, they're ignoring you instead of being an adult about things and just talking to you.

Here's what you need to remember: If someone is truly interested in you, they'll want to see you, talk to you, and spend time with you. That's how you should be treated: with kindness and respect. How someone starts or ends a relationship shows a lot about their character. If someone is ghosting you, they probably aren't ready for anything serious. It's time to move on!

[Jared Sais](#) is the co-author of the website [The Non-Verbal Game](#), where you can find free downloadable content. He is a relationship expert in non-verbal communication, who specializes in dating advice about body language, micro-expressions, and lie deception.

Dating Advice for Women: Get Out of Your Dating Rut & Find the Right Man





On this week's [Single in Stilettos](#) show, founder and matchmaker Suzanne Oshima talks to relationship expert Marni Battista about how to get out of your dating rut and meet someone special.

Related Link: [How to Communicate to Get What You Need](#)

Follow This Dating Advice to Find the Right Man

The relationship experts believe that, if the same thing keeps happening in your search for a relationship and love, you need to look inward and make some changes. They discuss their best [dating advice](#) to help you do a dating cleanse and stop repeating the same negative patterns. Plus, they share how staying in your comfort zone can keep you single, why you need to go on at least three dates with someone before making a decision about them, and what the biggest turn-off is for men on a first date.

Related Link: [Get Back in the Dating Game This New Year](#)

Watch the video above for more great dating advice!

For more relationship advice videos and additional information about *Single in Stilettos* shows, click [here](#).

For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).

What is your best love advice to get out of a dating rut? Tell us in the comments below!

Celebrity Couple Predictions: Gwen Stefani, Serena Williams and Nicole Scherzinger



By [Shoshi](#)

If you're looking for the latest celebrity news and romance rumors, you've come to the right place! Below, I consider the future of three [celebrity couples](#), two new pairs and one on-again, off-again duo.

Get the Latest Celebrity News on Blake Shelton and Gwen Stefani

Blake Shelton and Gwen Stefani: When it was announced that Gwen Stefani and Gavin Rossdale were getting a celebrity divorce, it wasn't a big surprise. Throughout their marriage, there were cheating rumors on Rosedale's end – and where there's smoke, there tends to be fire. Good for Stefani for doing what she needed to do to get out of their marriage and get on with her life. Besides, she's as hot as ever; she will land another lover...which brings us to her new romance with Blake Shelton.

Related Link: [Gwen Stefani Drops New Music Video About Celebrity Divorce](#)

If ever someone needed to have fun after ending a marriage, it's the pop star. Looks like Shelton is the right partner in crime! I don't see this relationship and love as a long-lasting one though. It's simply two people coming together to heal as they put their marriages behind them. After Shelton, Stefani will move on to a new guy who is a little younger and wants to settle down.

Serena Williams and Alexis Ohanian: It seems like any man that the tennis star speaks to for more than five minutes gets the title of "boyfriend." Currently, that man is Alexis Ohanian, the co-founder of Reddit. Rumor has it that they were seen holding hands after one of her workouts. However, I have to ask: Is there even one photo of this celebrity

couple together? It'd be nice to have a little proof that they have been in the same room at the same time! Unfortunately, Williams tends to keep her personal life to herself, so it may a while before we get the true scoop on this pair.

This relationship looks like a casual one, though it could very easily turn out to be the real deal. They're both at the top of their field; they both have their own money; and they're both good-looking. It's a grand slam.

Shoshi's Prediction for Celebrity Exes Nicole Scherzinger and Lewis Hamilton

Nicole Scherzinger and Lewis Hamilton: These two make one hot famous couple. When they walk a red carpet, people have to fan themselves. That being said, it's not all hearts and flowers between them. They have broken up and gotten back together so many times that they probably don't know which date to use as their anniversary.

Related Link: [Nicole Scherzinger and Lewis Hamilton Become Celebrity Exes Again](#)

Besides their six-year age difference, there seems to be a lot of physical distance. Scherzinger lives in Los Angeles, while Hamilton lives in Monaco. It's being said that the distance is causing a strain on the relationship and love. Plus, there's the fact that Hamilton won't marry Scherzinger. Put all of that together, and it screams *hot mess*.

One of them is going to have to put an end to all of the celebrity break-ups and make-ups. From what I see, it will have to be Scherzinger. It looks like they want different things from their relationship. If no one is willing to move to make this relationship work, it doesn't stand a chance.

For more information on Shoshi, click [here](#).

What celebrity couples do you want to see predictions for next? Tell us in the comments below!

Expert Dating Advice: How to Rebound from a Solo Holiday Season



By Debbie Ceresa for [Divorce Support Center](#)

Does Christmas have you singing the blues? The holidays are supposed to be about good times with family, friends, and

traditions. Yet, many of us dredge up old feelings from divorce, job loss, money, or even the death of a beloved pet. December has more stimuli than other times of the year, sparking memories that are both happy and sad. The many holiday sounds, traditions, and smells take us down memory lane, but often that road runs two ways, lined with both cherished and painful memories of what once was part of our lives.

Dating Advice for Rebounding From a Solo Holiday Season

While the sparkling lights, decorations, and songs may leave you with an emptiness that magnifies your new single status, here are three pieces of expert [dating advice](#) to help you avoid an unhealthy rebound relationship and love and bring the ring back into the holidays and throughout the coming New Year.

Related Link: [Moving On After a Divorce](#)

1. Follow your heart: We all need a connection with someone. However, before beginning a new relationship, make sure your heart is telling you it's right. If you can't fully commit emotionally to moving forward, you may still be grieving over a previous loss. Resolving feelings following a failed partnership or divorce takes time.

Instead of getting involved with someone, step back and evaluate your unresolved grief. Many of us don't give ourselves credit when it comes to our instincts. The pain of loss is sharp and lingering, but awareness of your feelings can help you avoid a rebound relationship that will surely complicate your ability to move forward and hurt the other person involved.

2. Take your life on a vacation: That's right. Take a

vacation. Instead of thinking and rethinking your new marital status, start planning a life vacation. Think about how motivated you are while planning a trip! Most of us have so many tasks to get done before leaving, so try looking at your life this way.

Social psychologist Erica B. Slotter, Ph.D. calls it looking for the silver lining. "Focus on the good things that may come out of the end of your relationship and love. Perhaps now you feel you can cook foods your partner never liked or finally take that pottery class," she writes in the article, "3 Ways to Take Care of Yourself After a Breakup." "Maybe you can simply feel grateful that a painful relationship is over, and in the future, look for a better one."

Focus on a to-do list of how you can improve your situation, however small or large, and write it down. Look at your list daily, and promise to check off one item each day. Channel thoughts from past trips that improved your well-being and feel confident about taking this emotional vacation.

Related Link: [Dating Advice: Create the Person You Want to Be](#)

3. Love yourself: You are a wonderful human being! Take a few minutes every day to remind yourself of the many good things you've done in your life. "When relationships end, people tend to be very hard on themselves," writes Slotter. "Stop it. Self-compassion involves viewing yourself with kindness and acceptance, not being overly focused or identified with negative emotions, and acknowledging that many others in the world have likely been where you are now at some point in their lives."

If you want to listen to my expert dating advice, you should add meditation to your to-do list. It works wonders for your well-being. Along with meditation, a great daily exercise is to tell yourself you're a good person and deserve to be happy. Think about the many things that would make you feel whole

again and concentrate on the positive.

By following your heart, using personal accomplishment and growth to help heal, and remembering to love ourselves, we can all have beautiful views in our lives, one needs only to step back and look.

Debbie is a Certified Grief Recovery Specialist® and the author to the #1 bestselling memoir A Beautiful View, available on amazon.com. A Beautiful View documents her journey through her husband's battle with cancer, which ultimately ended with his death. She has experienced grief firsthand and is well equipped to aid others in the recovery process, whether with death or divorce. For more information about Debbie and how to recover from your loss, please visit debbieceresa.com.

For more information about and articles by our Divorce Support Center relationship experts, click [here](#).

Expert Dating Advice: Top Four Places to Meet Mr. Right





In this week's [dating advice](#) video from [Single in Stilettos](#), founder Suzanne Oshima and relationship author Duana Welch discuss the top four places to meet Mr. Right.

Consider This Expert Dating Advice If You Want to Meet Mr. Right

To follow this expert dating advice, the best places to meet Mr. Right are listed below:

1. Look for your future in your past: Welch says that 10 percent of women have a “lost love.” If you broke up because of outside circumstances, like moving away or a background difference, it’s worth reconnecting. These couples “often know within one hour that this person is The One for them,” explains the relationship author. “And their divorce rate is *two percent.*”

Related Link: [Duana Welch Says Living Together Doesn't Prepare You for More](#)

2. Ask your friends and family to set you up: Statistically,

most people meet their significant other this way. It's so successful because it capitalizes on familiarity and safety. "It's an informal matchmaking process that works really well," says Welch.

3. Get online: Between 2002 and 2008, according to the Harris Survey, one in three new marriages were between people who met through online dating – and those couples were slightly happier than pairs who met another way. "That's my story," the relationship author of *Love Actually* shares. "I met my husband online."

Related Link: [How to Ditch Your "Better Than Nothing" Relationship and Love](#)

4. Use the Law of Proximity: You're most likely to marry someone you've met in person (duh!), and therefore, the single biggest predictor of a life partner is geographic nearness. "You need to put yourself next to this person," Welch says. "Let's say that you're taking a couple of college classes, and there's a really attractive guy in that class...You need to sit next to him."

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Where is the best place to find true love? Tell us in the comments below!

Relationship Advice: Four Reasons To Be Thankful For Your Partner



By Lori Zaslow and Jennifer Zucher for [Project Soulmate](#) with contributing writer Nicole Hartley

Leaves are falling and frost is here, which can only mean one thing: the holiday season is here! Thanksgiving is a time to be thankful for the things in your life that you may not stop to appreciate on a daily basis. But most importantly, Thanksgiving is a time to be thankful for the *people* in your life. As relationship experts, we know that it can be difficult to take the time to appreciate your significant other as often as you probably should. Aside from birthdays and anniversaries, Thanksgiving is the perfect time to show

the person you love why you care about them. But before you do, our [relationship advice](#) is to realize why you're thankful for them.

Relationship Advice: Be Thankful For Your Partner This Holiday Season

Here's 4 reasons you should be thankful and appreciative of your partner this Thanksgiving:

1. It's the holidays. Who doesn't love holidays? Holidays bring food, friends, family, and most importantly love. The Thanksgiving spirit in and of itself should give you a reason to celebrate your relationship and love a little extra this week. Spend some time cooking together or watching a game of football. Listen to our love advice and whatever the tradition is, share it together.

Related Link: [Taking Your Partner on a Family Vacation](#)

2. They put up with you. Okay, this is a big one. If nothing else, you should appreciate your significant other because they have to put up with you on a regular basis. Sure, we all think we're great and have no flaws, but the fact of the matter is that we do. Thanksgiving is meant to ignite a sense of gratefulness for the people you care about, so be grateful that he/she puts up with you during your best and worst moments.

Related Link: [Expert Dating Advice: How to Get Over "The Little Things"](#)

3. It's the season of giving. Relationships live and thrive through compromise. The ever-changing cycle of give and take is what makes a relationship tick and function properly. Only

you and your significant other know your system of give and take, but consider giving a little extra this holiday because it's good-natured and it even feels good too. If you know he/she likes their potatoes made a certain kind of way, consider making their favorite dish this Thanksgiving to put a smile on their face and satisfaction in their stomach. The little things go a long way, so consider what they love and try to give them what you can this Thanksgiving.

Related Link: [Love Advice: What To Do If Your Friends Don't Love Your Partner Like You Do](#)

4. For all the times you didn't say thank you. We're all guilty of taking things for granted, but it's important to stop and appreciate who you have every once in a while. There probably has been countless times that your partner has done something for you that you didn't notice, like hanging your keys up in the same spot so you don't forget them. Again, it's the little things that count. It's okay to forget a thank you here and there. Thanksgiving is an opportunity to tell the person you love how you truly appreciate every time they do those little things, even when you may not say it every time. It's the perfect time to say thank you for all the things that typically go unnoticed. Our relationship advice is to spread thanks as generously as you spread your gravy and your holiday is bound to be a success along with your relationship.

Relationship experts Lori Zaslow and Jennifer Zucher are BRAVO TV's Love Brokers and founders of [Project Soulmate](#), a high-end New York-based matchmaking company.

Relationship Advice On Finding True Love



On this week's Single in Stiletto's [relationship advice](#) video, matchmaker Suzanne Oshima and dating expert Tinzley Bradford reveal how to find relationships and love that will last a lifetime!

Dating Experts Give Relationship Advice On Finding True Love

Check out the video above for the best relationship advice on how to find true love.

1. Be with someone who wants to be with you. The person you're dating should be able to tell you, without hesitating, that

they're looking for the same things you are. The relationship experts revealed their dating advice that you need to watch out for the man who will pursue you one week and disappear the next.

Related Link: [Relationship Advice: How To Get A Ring On The Finger!](#)

2. Be a lovable person. Even though you may have had bad experiences in the past, don't be critical or downgrading of the man you're dating currently. That negatively isn't good for either of you!

Related Link: [Dating Advice: Balancing Your Career & Relationships and Love](#)

3. Be patient. Don't let the fact that you're single consume you. Hang out with friends and family and do things to keep you occupied. Just enjoy life as you are, have fun, do something different, and flirt. The worst thing you can do is stress over being single.

For more relationship advice videos and additional information about Single in Stiletto's shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What are your tips for finding true love? Tell us in the comments below!

Expert Relationship Advice:

Travel 101 for the Guys



By [David Wygant](#)

What should a man know before going on vacation with his significant other for the very first time? Well, there are a couple of things to keep in mind. You're going to see your significant other in a whole different way when you go away with her. If you follow my expert [relationship advice](#), I strongly suggest you engage her to see how she handles certain situations.

Follow This Expert Relationship Advice on Your First Vacation as a

Couple

The first thing you are going to learn is her level of flexibility. When you take a person out of their everyday surroundings, they need to become a little more, let's just say, flexible. Whether you spend three or four days with her walking around a city or vacationing in paradise, you are going to see how flexible she is outside of her day-to-day routine. How does she roll with the punches when the person in the next hotel room is loud at night? Or when she doesn't have any cell service and can't check her e-mails? What about when you guys get into a little tiff? Because those things are bound to happen when you go on vacation with somebody.

Related Link: [This Holiday Season, Stop Dating Your iPhone!](#)

Another thing you're going to learn about is her habits. When you're dating somebody, they tend to be on their best behavior. For instance, they won't check their phone as often as they usually do. But when you take them out of their environment, you'll get an idea of her *real* social media and texting habits. How often does she look at her phone? How often is she checking her e-mail or Instagram? Is she answering texts and phone calls from friends when she is away with you? You're going to quickly figure out how her attention is spent. Is she present in the moment? Or is she constantly thinking about work?

You get an idea of who somebody is because, when you take them away, you'll start to learn about how well they can relax. One time, when I took somebody away for the first time, I realized after that three-day trip that it would be our last vacation ever. She couldn't get out of work mode. She was constantly checking her phone, constantly worried about things back at home. She wasn't present at all, and it taught me a lot about her and about the type of relationship and love I was going to have with her. You see, when we were together on a Saturday

night, it was easy for her to hide all of those things...but when we were together for five days straight, she couldn't hide those neurotic behaviors.

Another great thing you can learn about somebody is their sleeping habits. Most of the time, when you take someone away for the first time, you spend a night or two together. Imagine spending a week with them and taking a look at their *real* sleeping habits. For instance, how long does she spend in the bathroom before bed? I was dating an awesome girl once, but after our first trip, I realized that she spent 90 minutes in the bathroom every night doing who knows what. I couldn't believe that was how her days always ended!

Related Link: [Expert Love Advice: Why Getting to Know Her Friends Is Like a Football Game](#)

Traveling with your partner is really an amazing experience. It allows you to see somebody for exactly who they are. Here's my best expert relationship advice: Go away together for a week. That length of time will allow you to get an idea of their habits and of their flexibility when they're out of their comfort zone. It's easy for a woman to pack a bag and come to your house for a night, but it's a challenge for her to come and hang out with you for a full week. You will learn so much about who she is.

David Wygant is an internationally-renowned dating and relationship expert, author of the book Naked, and speaker. Through his boot camps, personal coaching, and his [website](#), his love advice has transformed the relationships and love of hundreds of thousands of people from every corner of the globe.

For more expert dating advice from David, click [here](#).

Relationship Advice: Is Friendship After Divorce Possible?



By Amy Osmond Cook for [Divorce Support Center](#)

Headlines are filled with photos of happy celebrities vacationing in remote places with their children in tow. It's a picture perfect story—almost. For some celebrity exes such as Miranda Kerr and Orlando Bloom and Mariah Carey and Nick Cannon, the marriage ended long ago, but the family unit remains. It's not uncommon to hear stories of former couples vacationing together, living by each other and spending family

time together. With such a high-profile breakup, how can co-parenting be such an easy transition for them? My [relationship advice](#) for you is to emulate these famous relationships because the success largely depends on the parents' ability to move forward.

Relationship Advice Navigating Friendship Post-Divorce

Though the success of co-parenting is largely dependent on the circumstances of the split, these celebrity couples are proof that children can still grow up with the positive influence of both parents, even after the marriage or longtime relationship and love has ended. Here is my relationship advice for how to successfully transition from a married household to shared parenting between two households.

1. Focus on long term. A swift dose of reality should remind you that carrying anger or other negative feelings won't change the outcome. Your marriage died. Mourn the loss of that part of your life then move forward to create a new future for yourself and children. "I am always impressed when I see couples who manage to stay friends, as it takes strength in character and an understanding of the bigger picture to rise above the hurt," wrote Seth Myers, Psy.D., in the article, *Stay Friends After Divorce: Why, Coping, and Moving On*. "While we can't do much to change the state of affairs in other couples, you can reflect on your own relationship." Recognize that your former partner must make the same effort. This often means a new relationship—and you need to be okay with that.

Related Link: [Expert Dating Advice: Moving On After a Divorce](#)

2. You are not defined by your divorce, so don't allow it to dictate your actions. Your role as a spouse may be over, but your parenting role continues. Don't allow the end of your

marriage to overshadow the positive, future memorable moments you owe your children. By making the choice to fill your life with positive and hopeful plans for the future, you'll have a solid base on which to build new relationships. But, you do need a plan. A personal strategy will lessen the potentially negative effects if you witness your partner moving forward. It will also remind you to stay focused on the plans you have prepared for your progress. This transition requires a great deal of discipline and compromise since you're putting your feelings aside for the sake of contributing to a positive parenting environment for your children. A large part of this growth is recognizing that was then, and this is now. Your actions will be a lasting example for your children. What message do you hope they remember? Whether positive or negative—it'll make an impact.

Related Link: [Relationship Expert Talks About Being Friends With Your Ex](#)

3. Relationships are life's classroom. Seth Myers described it best when he wrote, "Too often, men and women end relationships and feel that they made a mistake in choosing the partner they committed to in the past because the relationship didn't work. But such a perspective betrays the bigger picture that relationships are one of life's greatest classrooms and it's within this context that we figure out what we need and learn how to move closer to true fulfillment." Instead of focusing your energy on changing the result of your ended marriage by making him pay for what he did, recognize your role in the demise of that relationship and make it a goal to learn from that experience. Feelings of resentment and revenge do nothing to change the outcome. All it does is affect those you still fully love—your children. "Barring cases of abuse," added Myers, "learning to forge a friendship with your ex after divorce can be a truly healing experience and allows for an important integration of your past with the present."

By staying committed to long-term goals, maintaining a positive and hopeful attitude on your future, and viewing your relationship as a learning experience, you're set to develop a surprisingly supportive relationship with the one person who used to know you best and that's a winning strategy for you and your children.

For more information about and articles by our Hope After Divorce relationship experts, click [here](#).

Dating Advice: Balancing Your Career & Relationships and Love





On this week's [Single in Stilettos](#) relationship advice video, dating experts Suzanne Oshima and CupidsPulse.com Executive Editor [Lori Bizzoco](#) reveal three [dating advice](#) tips on balancing your relationships and love with a booming career!

Dating Advice On How To Balance Your Love Life & A Booming Career

If you've ever wondered, "Can I really have it all?", these relationship experts are here to tell you that you can. We may not be able to have it all at the same time, but you can balance your career and love life with these tips below.

1. Prioritization. Make sure you set priorities for yourself so you're happy with what you've accomplished, whether it be at work or in your personal life. Also, communicate what's important to you with your significant other and even your boss.

Related Link: [Dating Advice: First Date Tips For Women!](#)

2. Time management. Need some dating advice? Start devoting

time to your relationship the same way you do with work. Set boundaries and make sure you're not working 12-14 hour days, because that's not healthy. If you make a time commitment to someone, be there, whether it's with your friends or your partner.

Related Link: [Relationship Advice: How To Get A Ring On The Finger!](#)

3. Communication. Take interest in your partners day and ask about their coworkers, while sharing details about your own job. You'll feel connected and it will help you unwind after a stressful work day. But limit job chit chat, so it doesn't consume the relationship.

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What is your advice on balancing a career and your love life? Tell us in the comments below!

Dating Advice Q&A: How Do I Tell My Friend She Shares Too Much About Her Relationship And Love On Instagram?



Question from Mary Kate K.: I have a friend that has been dating this guy for almost 2 years. It seems like every other day she's uploading a picture of the two of them with some caption like, "the love of my life and I enjoying dinner at our favorite restaurant" or "look at the flowers my boyfriend gave me after a hard day!" I'm happy for her...but I'm also sick to my stomach. How do I nicely tell her to tone it down?

Read on to see the relationship experts [dating advice](#)!

Dating Advice: How To Deal With Too Much PDA

[Suzanne K. Oshima, Matchmaker](#): While it can be annoying when a friend posts too much about their relationship and love on social media, it's not really your place to tell your friend how much she should or shouldn't post on Instagram. I think

the bigger issue is, you really need to ask yourself why it really bothers you so much? Her posts aren't vulgar or offensive by any means, however if her posts are making you physically sick to your stomach, then you have a choice to follow or unfollow her. If you follow her, then just be a good friend and be truly happy for her. And if you can't be happy for her, my love advice is to stop following her.

Related Link: [Relationship Experts Q&A: Does Social Media Stalking Create False Intimacy?](#)

Paige Wyatt, Reality TV Star: Telling someone to stop posting about their relationship is a conversation that will never end well and will also make you seem a bit jealous. Simply unfollow her on so you don't see her posts unless you search for them. Telling someone to tone down their happiness online will make you seem unsupportive of their relationship and stir up trouble.

Related Link: [Love Advice Q&A: How Do I Show My Interest In Someone Online?](#)

[Robert Manni, Guy's Guy](#): For whatever reason, you'd prefer not to see your friend's parade of Instagram posts with her boyfriend of almost two years. Here is an easy solution: My dating advice is to stop following her on Instagram. It's not appropriate to ask her to stop posting what makes her happy. After all, it's her account. The question you might ask yourself is why. Are you being good friend and concerned about the guy, fear your friend is setting herself up for an embarrassing fail on social media? Or could you be a tad jealous of her good fortune? Ouch. In our Kardashian world where anything and everything is exposed on social media, I'm not feeling why your friend's Insta-bragging is such an issue. Respect and good luck, Mary Kate.

To find out more about our three dating and technology gurus, click [here](#).

If you have any questions you would like answered by our relationship experts, please e-mail them to cupid@cupidspulse.com.

Do you think it's appropriate to tell a friend to tone down the PDA on her social media accounts? Share your dating advice with us in the comments below!

Dating Advice: First Date Tips For Women!



On this week's Single in Stiletto's [dating advice](#) video, matchmaker Suzanne Oshima talks to relationship expert Matt

Adams about what turns a man off on a first date.

First Date Dating Advice From Relationship Expert Matt Adams

On a first date, the biggest turn off for a man is when a woman talks about her relationship goals right off the bat. Yes, men want to know if you want to get married and have kids, but not in the first meeting. Wait to share your relationship and love goals, so that your date can get to know you and assess what role you'll play in their life.

Related Link: [Dating Advice: How To Get A Man To Call You Back](#)

Listen to this expert dating advice and take the pressure off yourself on the first date. Go out, have fun, and meet new people. Make sure you aren't being negative, either. People don't want to hear about your bad day or why your previous relationships haven't worked out. The experts share their love advice to spin everything into a positive, so you can present your best self first.

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What are your first date tips? Tell us in the comments below!

Relationship Advice On How To

Fall In Love



By [E!'s Famosly Single Dating Coach, Laurel House](#)

In this week's [relationship advice](#) video, relationship expert and E!'s *Famosly Single* dating coach, [Laurel House](#) gives relationship advice for how to fall in love. Check out the video above for more details!

Relationship Advice from E!'s *Famosly Single* Dating Coach On Falling In Love

Have you ever thought of falling in love as a decision, rather than the spontaneous, exciting chemistry that's often shown in the movies? Most people haven't, however, relationship expert

Laurel House shares that people need to stop waiting to fall and instead make the decision to open your heart and let your guard down. The simple act of falling in love is called chemistry, which is actually a drug, and it fades. The dating expert featured on *E!'s Famously Single* reveals that chemistry shows itself in the brain in the same location as cocaine and even shows similar attributes.

Related Link: [Expert Dating Advice: How To Find The Good Guys Sexy](#)

While the high of falling in love feels good, it also fixes blinders to your face that makes it hard to see the warning signs that would prove that your relationship and love won't lead you to happily ever after. If you want to truly experience love, House's relationship advice is to make the decision to open your heart and date smart. With a clear head and minus the facade, you can make the decision to find love. The decision includes being vulnerable because if you aren't, you won't feel their love and you won't love them either. Watch the video above to find out how to fall in love correctly!

For more relationship advice videos from House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Do you think falling in love is a decision or a feeling? Tell us in the comments below!

Dating Advice: Body Language to Create Instant Attraction



By [Jared Sais](#)

Instant attraction happens all the time. As a relationship expert, when I go out to research at a venue, I can spot this phenomena in a split second. However, people who share the nonverbal cues of instant attraction don't usually know it at first. Their bodies seem to be on a different wavelength than the conscious mind. It's as if their souls were meeting before their actual bodies were. The body subconsciously understands this connection, yet the individual people lag behind. Well not me. I see it first hand as fast as it happens. And this is my secret on what I look for. My [dating advice](#) is to look for three main nonverbal cues to identify instant attraction.

Dating Advice On Nonverbal Cues For Instant Attraction

1. Eye contact with a delayed neck turn lasting about two full seconds. This is a hard nonverbal cue to look for yourself. As you walk into a crowded place full of people you're taking in more information than you can actually fully handle. You're in a stage of information overload. So, when your body chooses to take a longer-than-average look at someone, that tells me they're more important than the other people you decided to mentally block or purge. When the eye contact is reciprocated for an equal time of two seconds, that's the first sign of instant attraction. The neck will slowly turn away instead of quickly whipping to the next target or person. This occurs because the eyes want a longer look at the person you're interested in. Now, this happens so fast that your body keeps moving and your mind may not fully recognize the chemistry that just took place. Take my love advice and try to capitalize on those moments.

Related Link: [Expert Love Advice: 10 Signs That He's Just Not That Into You](#)

2. A comparable physical attraction match. One thing I've noticed is that usually instant attraction takes place with people of close or equal attraction level. Meaning, if you wouldn't normally be attracted to that person, you won't form instant attraction to that person. Chemistry and survival make up a big part of this instant connection. Your body is saying that person would be a good match for you, as matching with them would lead to a good looking baby. Chemistry also plays a role as the force trying to make that happen. Hormones and pheromones are released and the two bodies start trying to push you two together. I'm not saying people won't find love in other forms, such as personality, wits, stability, or economics. But we're speaking about instant attraction and that is almost 100% based on looks or in this case, senses.

Related Link: [Dating Expert Gives Five Body Language Cues to Look For on a First Date](#)

3. The five senses create a liking.

- Sight/Looks. The obvious one. If you look good, more people will form an instant attraction towards you. This attraction isn't always reciprocated back but if the two people are close or equal levels of attraction, it will be.
- Smell. Sure, we can say pheromones and hormones need to match up but the truth is if you smell nice, people want to be around you longer. If you smell bad, people will run away. Think of bees to a flower. Try and be the flower. Make sure you smell nice so you can keep the company surrounding you longer. Also, smell is a powerful tool. People remember smells long after other senses.
- Taste. No, you're not eating the person. Well I hope you're not. But taste does play a role when speaking about instant attraction. The Luncheon Technique is a persuasion tool that states if you give someone a tasty meal and ask for something, such as money, they'll be more likely to give you what you want. So, if you approach someone in a nice place, as they're eating and having fun, they will be more likely to respond favorably towards you. Now, not everyone likes to eat in front of strangers, or even be approached by one as they're eating. But the idea is sound and there are specific ways to approach people in times like this that won't create a sense of awkwardness.
- Touch. Touch is a powerful tool. It lets people know if you're interested, strong, caring, friends, lovers or family. Touch is how we connect as humans and animals to show feelings and emotions. Based on touch, we can determine if someone will be or is instantly attracted to you on where they're touching you. If a person

(though in my findings a woman will usually perform this nonverbal action) puts a flat hand on your chest, that is a sign of trust and complete affection and lust. Hands on bicep, thigh, knee, side of the neck, cheek, hand and lower back are all attraction cues. The forearm can be a sign of attraction but can also be a sign of friendship. Depending on where you are and who is doing it and how it's being done.

- Hearing. The sound of a voice can trigger a sense of attraction. How someones voice impacts your ears will send a sign of pleasant or unpleasant, adding to the force of instant attraction. If you like the way they sound, find it comforting or attractive and their voice matches their appearance, you'll be more attracted to that person.

Related Link: [Relationship Expert Talks What's Wrong With Men In The Dating World](#)

I see people show nonverbal cues of instant attraction all the time. It happens everywhere such as on the street, at a bar, in a restaurant or at a friends party meeting new people. I hope when reading this you'll be more open to observing this happen to you and will be able to capitalize on it and find the relationship and love to last a lifetime. So, my dating advice is to put away your phones and look into peoples eyes and see if you find what you've been looking for.

[Jared Sais](#) is the co-author of the website [The Non-Verbal Game](#), where you can find free downloadable content. He is a dating expert in non-verbal communication, who specializes in body language, micro-expressions, and lie deception as they relate to relationships and love.

Relationship Advice: Top 6 Contributors to Infidelity



By Toni Coleman

We read celebrity gossip about infidelity all the time. Sometimes, as in the cases of Debra Messing or Claire Danes, it's a part of their dating behavior. But what compels a partner to cheat? And why are the perimeters of commitment such a mystery to them? In this article, relationship expert Toni Coleman, LCSW, gives [relationship advice](#) and explores the hidden meanings behind infidelity and what we can do to secure our relationships and love.

Relationship Advice On Infidelity

When infidelity occurs, it often leads to a lot of blaming that focuses on the violation of trust and a realization that one's partner isn't the person who they believed them to be. There's a clear distinction made between victim and perpetrator. While this is certainly true to a point, it ignores the dynamics that left the relationship vulnerable in the first place. And it leads to a simplistic and erroneous conclusion that nothing could have prevented the infidelity except for the wronged spouse to have picked someone else to marry. Remaining stuck in this thinking is a sure way to end up in divorce court. My relationship advice to healing is that both people need to take an honest look at the state of their marriage prior to the cheating, what each contributed to their problems, and how they could work together on building an infidelity proof union. Identifying which of the following issues played a role in their marital breakdown is the first and most important step. Below are the top 6 contributors to infidelity.

1. A breakdown in communication. A "problem with communication" is the number one reason couples give for seeking relationship help. It has a broad interpretation but essentially boils down to having difficulty connecting through daily conversation, misunderstandings and hurt feelings due to an inability to express feelings and needs clearly, conflict when discussing sensitive topics or issues they disagree on, and/or withholding through silence. Any of these can contribute to increasing distance, which leaves a void that one partner might attempt to fill by going outside the relationship. This is of course a poor choice, and one that can bring the couple to a place there is no coming back from.

Related Link: [Gwen Stefani Drops New Music Video About Her Celebrity Divorce](#)

2. A decrease in emotional and physical intimacy. There is a lot of emphasis placed on a couple's problematic sexual relationship as the cause of marital unhappiness. However, this is only one facet of what they share and though it is important, addressing it alone will not offer a complete solution for repairing their broken bond. Emotional intimacy provides fuel and is foreplay in a relationship—and unless two people share a strong friendship and good intellectual chemistry, their physical relationship can become another chore that is best avoided or handled quickly and without wasting any of the little emotional energy that their relationship has left them with. One partner might make the poor decision to reach out to someone who they can laugh with, who listens to them and seems to really get them, and who challenges them and inspires them in a way their spouse no longer seems to have any interest in doing.

3. Unaddressed stressors related to family and job. Couples encounter many challenges on the long road through commitment, marriage and family life. Sickness, loss of a job, an ill or handicapped child, unexpected financial problems, and the day-to-day struggle to find balance in a too-crowded life all lead to stress. For many people, this is something they try to ignore or just push through, thinking that in time, things will get better on their own. Then, one day, they realize they are completely overwhelmed and experiencing physical and emotional symptoms that contribute to an “every man for himself” mindset. When this happens, the marriage is often put on the back burner and the individuals hunker down, focused on getting through another day, unable or unwilling to add to their own burden, even for the well-being of their partner.

Related Link: [Celebrity Divorce: Source Says Halle Berry and Olivier Martinez 'Both Have Major Tempers'](#)

4. A negative or hostile home environment. When a couple stops communicating, puts their focus on their own needs, and withdraws due to overload—the environment often becomes

charged with negative energy and feelings of resentment and anger. The tension is often palatable as one or both seek a way to escape through watching TV, going online, spending time alone in different rooms and parts of the house—and seeking companionship and dialogue with others outside of the relationship/family. Essentially the negative energy pushes them further and further apart until home is not a comfortable or happy place to be, so they look elsewhere for that lost comfort.

5. Stressors related to physical or mental illness. This is the “in sickness and health” part that is contained in the marriage vows. For many couples, naiveté contributes to that feeling of invulnerability that many start out their marriage with. Sickness happens to other people, but won’t happen to them. Then when something bad strikes, it feels completely unexpected and can have a sudden destabilizing impact on a relationship. Even if the couple can quickly put resources and supports in place to deal with the crisis, it can be a game changer, depending on the type, severity, and chronicity of the illness. Physical and emotional exhaustion, draining or depleted resources, lack of down time and fun, and the potential for a large shift in how the couple interacts and relates—can push one or both people over the edge. If one individual ends up in a caregiver role for their partner, it shifts the dynamics in a way that can leave them unable to get their own needs met—and they may feel resentment and a desire to escape this new life they had not planned on. Even if the illness is not chronic and can be eventually resolved, the stress can alter how two people relate and lead to emotional and physical distance that leaves a void of unmet needs.

6. Financial problems. Money problems are often said to be the root cause of marital conflict and discord. Difficulty managing joint finances, agreeing on a budget, keeping secrets about purchases and debt, and conflicting values regarding saving and spending are some of the common issues that arise.

If these are not addressed quickly, they can lead to a loss of trust, and respect, and an unwillingness to be open and candid regarding important financial decisions that could have a long-term impact on their family's security and well-being. When this happens, some people are vulnerable to thinking about what it would be like to be with someone else, to have a partner that offers financial security and someone who wants what they want for their future.

Related Link: [Relationship Advice On Financial Infidelity](#)

No wonder the marriage vows include the phrase "for better or worse, for richer or poorer, in sickness and in health..." Marriages are tested by all of these, and if a couple doesn't work together, they will slip apart—and the space that is left is what a third person moves in to fill.

Toni Coleman is a licensed psychotherapist, certified relationship coach and internationally recognized dating and relationship expert and founder of consum-mate relationship coaching. She is frequently quoted in many local and national publications and top ranked dating and relationship websites and has been a guest on a number of radio and TV programs seeking to provide their listeners with her cutting edge expertise. She is a regular contributor to Hope After Divorce and HealthyLiving.care.

For more information about and articles by our Hope After Divorce relationship experts, click [here](#).

Relationship Advice: Living

Together Doesn't Prepare You For More



In this week's [relationship advice](#) video, matchmaker and dating expert Suzanne Oshima talks to relationship author Duana Welch about why living together doesn't prepare you for more. Check out their [dating advice](#) in the video above!

Relationship Advice On Moving In Together

Although it might be quite shocking and contrary to popular belief, surveys show that moving in together actually won't benefit your relationship and love. It might even make it suffer. The experts say that those who move in together before marriage are more likely to get divorced and cheat on each

other.

Related Link: [Dating Advice Reveals What Men Really Want In A Woman](#)

Experts say women may need some relationship advice that when a man asks you to move in, he isn't asking you to marry him. Without that commitment to marriage, men are less likely to propose and more likely to have an affair. If you end up moving in together before marriage, or before you've set your wedding date, you might end up playing at commitment, instead of fully committing.

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What do you think about moving in together before marriage? Tell us in the comments below!

Celebrity Couple Predictions: Khloe Kardashian, Olivia Munn and Ciara





By [Shoshi](#)

Want the latest [celebrity news](#) and romance gossip? Recently, these famous couples have made headlines for their relationships and love, whether it be Khloe Kardashian's rekindled celebrity marriage, Olivia Munn's soon-to-be troubled romance, or Ciara's new beau. Check out my predictions for the three celebrity couples below and find out what's next in their love lives!

Celebrity Gossip Around These Celebrity Couples

Khloe Kardashian and Lamar Odom: I was not surprised that Kardashian and Odom put their divorce on hold. I called it before Odom woke up. According to the ladies at the Love Ranch, Odom didn't sleep with either one of them. Maybe he was too busy popping pills? There's so much criticism online because Kardashian has decided to take him back, especially since he happened to be in a brothel. But remember, it's not

like he slipped out of the house to go to the Love Ranch. They were in the process of a divorce so he was doing his thing and she was doing hers. Will this celebrity couple last is the biggest question circling around them. At this moment, when I look at their relationship the answer is yes. There's a different energy around Khloe and Lamar than when they were married the first time around. Right now, it's about two people who love and need each other, money and celebrity status aside. I hope that they make it. There is no reason why they can't have a healthy relationship. For it to work, these two will have to keep things private. That includes keeping Kris Jenner out of their business. This time around I see that Kardashian is strong enough to tell her mother to stay out of her business. She knows what her life is like without Lamar and she would prefer to have him in it.

Related Link: [Khloe Kardashian and Lamar Odom Are Throwing Out Celebrity Divorce Case](#)

Olivia Munn and Aaron Rodgers: This is an interesting relationship, one that looks a bit unbalanced. Rodgers credits Munn for supporting him and putting some of her goals on hold for him. Meanwhile Munn credits Rodgers for helping her to be in better shape. It's good that they're aware of their dynamic. Right now things are okay between these two, but as time goes on, there will be friction. Rodgers is getting more out of this relationship than Munn, which will eventually become a sore point. At the beginning of a relationship is when you set the stage for the give and take. This will not be an equal relationship when it comes to career. There is also something shady about Rodgers that will come to light in the long run. It looks like he has marriage on his mind as does Munn. Sometimes a woman gives things up to get a ring, which is her choice. Hopefully that decision doesn't eventually cost her a booming career and a relationship.

Related Link: [Aaron Rodgers Gushes Over Celebrity Relationship with Olivia Munn](#)

Ciara and Russell Wilson: When Ciara and Wilson were seen together there were whispers of it not being a real relationship. It was suggested that the two were only together for the cameras. Now that it has been more than a few months, the fans are not happy about Ciara being in the picture. The Seattle Seahawks haven't been having the best football season, which has the fans saying that Ciara is nothing but bad luck. Sports teams have always been superstitious, which is why most of them have a psychic on call. While Ciara is probably not the reason the Seahawks can't get it together on the field, she should fall back a bit at the games. She should stay in the box seats away from the stands and the fans. It might even be good if she just watches the game at home. Since players are superstitious when it comes to games, it would be a shame if Wilson starts believing what people are saying. These two have similar values and want the same thing in a relationship. This relationship has a good chance of ending up in marriage if they continue in the direction they're going in.

For more information on Shoshi, click [here](#).

What celebrity couples do you want to see predictions for next? Tell us in the comments below!

Online Dating Advice: When To Jump Back Online After A Breakup





By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's relationship advice video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) gives online [dating advice](#) for when to get back online after a nasty breakup

Online Dating Advice After A Breakup From E!'s *Famously Single* Laurel House

If you're recently heartbroken and don't know when to get back out in the dating world, then this dating advice is for you. Relationship experts reveal that getting back out there doesn't always mean looking for a new relationship and love. You need time to be alone and heal, but going out, flirting, and feeling sexy is a necessary reminder that you're a hot commodity.

Related Link: [Relationship Expert Reveals What to Do Before You Begin Online Dating](#)

Moving on isn't always easy, so check out what steps to take after a breakup. First, you need to end social media relationships, because you don't want to see what your ex is up to. Then, you need to list all of the bad things about your former romance. It's too easy to fantasize about what used to be. Next, you need to refresh your look and do something that will make you feel good about yourself again. For the rest of the steps from *E!'s 'Famously Single;* star Laurel House, check out the video above!

For more relationship advice videos from House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

When do you think you should get back online after a breakup? Tell us in the comments below!

Dating Advice Reveals What Men Really Want In A Woman





In this week's [relationship advice video](#), matchmaker and relationship expert Suzanne Oshima talks to dating coach Arica Angelo about what men really want in a woman. Check out their [dating advice](#) in the video above!

Dating Advice For Women: What A Man Really Wants

1. Respect. Respect can be shown by saying thank you and being grateful for the hard work a man puts into a date. Some women have a sense of entitlement and expect men to do certain things, but our dating advice is to be grateful and honor him.

Related Link: [Relationship Experts Talk Capturing His Attention \(in person!\)](#)

2. A woman who knows how to have fun. No one likes boring dates, with little interaction because it's such a turn off. Listen to this love advice and when you're on a date, put yourself out there and have fun.

Related Link: [Dating Experts Reveal 5 Things You Need To Know](#)

[About Men](#)

3. A bright woman. Men love brilliant women, so communicate your brilliance. Don't be a narcissist or brag about your accomplishments, though. Men gravitate toward intellectual women, so flirt with your brilliance.

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What do you think a man really wants? Tell us in the comments below!

Dating Advice: First Date Fashion Do's And Don'ts





By Lori Zaslow and Jennifer Zucher for [Project Soulmate](#)

A first date is just as important as a first impression, so things like introduction and attire really count. The introduction and conversation aspect comes with the territory, but sometimes it's tough to decide what to wear to the occasion. What do you wear on a date night? It's important to look good, but it's also important to not appear like you're trying too hard. So as relationship experts, here's our [dating advice](#) and tips on do's and don'ts of fashion when going on a first date.

Dating Advice On First Date Fashion

Do: Wear something flattering

This may be an obvious one, but you'd be surprised how many people miss this memo. It's important to look your best and in order to do so you should always wear something that fits your figure; not too tight, but not too baggy. Most importantly, make sure you're comfortable in what you're wearing because it will make you feel better when you're out on the date knowing

that you like the way you look.

Don't: Wear something too flashy

Flattering is chic, flashy is trashy. Don't be that girl that shows up to a date in a low cut shirt or sequins all over your outfit. A man may appreciate your womanly features, but it's the first date and you should leave something to the imagination. This is essential because you want his first impression of you to be classy, responsible, and someone he can picture himself in a relationship and love with.

Related Link: [Expert Dating Advice: 5 Signs He's Mr. Now and Not Mr. Right](#)

Do: Lipstick

Not only is lipstick very in right now, but it also screams classy with a hint of sexy. Lipstick is the perfect make-up "do" because it balances your face in a way that compliments every woman. So, wear some lipstick to the first date, but make sure you find the right color for both your complexion and the outfit you're planning to wear!

Don't: Get too crazy with your make-up

Historically, men aren't huge fans of crazy amounts of make-up on a woman. That being said, women love make-up, so you do you and wear what you please, but just remember that the "natural look" is classic and looks really nice. So, our dating advice is wear the "natural look" for the first date because it's a win win.

Related Link: [Expert Dating Advice: 5 Surefire Signs He's Into You...or Not](#)

Do: Wear cute shoes

Who doesn't love shoes? The first date is the time to pull out your really nice shoes whether they're your nicest boots, your

brand new stilettos, or a cute bootie you just bought. The right shoe will pull your whole outfit together and he's going to appreciate that you're putting your best foot forward to look great for him.

Don't: Wear shoes you can't walk in

This is important. Shoes are like a Venus fly-trap. They suck you in with their beauty and then slowly kill your feet with pain while you wear them. I don't care how pretty the shoe is, if you can't walk in them or you're going to be complaining the whole night about how your feet hurt, DO NOT WEAR THEM. He wants to know that you are having a good time and I can guarantee he will be able to detect the pain on your face when you wince every time you walk, which will just bring the mood down for both you and him. So, our love advice: When looking in your closet to pick a pair of shoes, pick the pair that is cute, but provides a certain level of comfort so that both you and your guy can enjoy your night to the fullest.

Relationship experts Lori Zaslow and Jennifer Zucher are BRAVO TV's Love Brokers and founders of [Project Soulmate](#), a high-end New York-based matchmaking company.

Relationship Advice On Financial Infidelity





By Toni Coleman

While celebrity news cites irreconcilable differences as the final blow for [celebrity divorces](#) such as Brandi Glanville of “Real Housewives of Beverly Hills,” actress Kaley Cuoco, and celebrity chef Giada DeLaurentiis, it doesn’t take long for the matter of money to surface as part of the proceedings. Whether finances are openly discussed as an asset to a healthy relationship and love, or used as fodder when your vows start falling in the red, money is an integral part of any marriage.

Relationship Advice On Handling Money Issues

If you’re concerned about how you and your partner communicate about money, pay attention to the following relationship advice. Watch for these four warning signs of financial infidelity.

1. You never sit down and talk specific numbers. After two people are married, their lives become intertwined. Their home

and individual possessions essentially become the property of both. And ideally large purchases, investments, and decisions regarding long-term financial goals are decided jointly. But what if a couple never discusses a budget or decides how they will handle savings and investments? That answer is usually that you're both too busy, one of you is better with money and handles all the bills without the input of the other, or you each handle your money in your own way. If any of these are true you could be on a slippery slope. Continuing down this path could lead to important financial decisions being made without the knowledge or consent of the other, which constitutes financial infidelity.

My relationship advice is to address this by sitting down and listing all your income and expenses. Then, decide on a budget that covers joint expenses while also allowing each of you a discretionary pot of money that only you control. Every few months conduct a joint review to assess how your system is working and make adjustments as needed. Handling it this way allows you both some autonomy but not at the expense of your marital financial health and happiness.

Related Link: [Bethenny Frankel Calls Money 'the Root of All Evil' in Split with Celebrity Ex Jason Hoppy](#)

2. Discussing finances becomes heated and defensive. What happens if you agree to sit down and talk about your finances and one of you reacts with defensiveness or anger because you feel you're being accused or challenged in some way? When you attempt to talk it through, do the words "yours" and "mine" get used too often? Does it ever feel like money is a taboo subject that you shouldn't really be discussing at all because it often leads to hurt feelings or conflict? If any of these sound familiar, you're at risk of ending up with no financial plan, which often leads to impulsive, short-sighted, and costly choices. When this happens, partners can begin to focus on protecting their share of the assets, which increases secrecy and contributes to a further breakdown of cooperation

and an increasing loss of intimacy. The way to address this issue is to decide together that continuing to avoid the problem is not an option. Then you may need to seek out resources to help if you continue to be unsuccessful in your attempts to resolve it on your own. Try talking with an experienced counselor or a financial planner.

Related Link: [Expert Love Advice: Handling Debt & Credit Scores Post-Divorce](#)

3. Large purchases are hidden. When there is a breakdown in cooperation and a loss of intimacy, secrecy flourishes. These conditions create an environment in which partners can begin to act autonomously and in their own interest, hiding large purchases as they tell themselves they have no other option. Over time, one partner can run up huge amounts of credit card and other debt, liens are placed against the home due to unpaid taxes, and properties go into foreclosure—all happening without the knowledge or consent of the other partner. Yes, these are all examples of worse case scenarios, but they happen with alarming frequency. The solution is open, honest communication—again seeking out competent, experienced professionals when needed.

Related Link: [Child Expenses After Divorce](#)

4. You discover a secret bank account or PO box. When one partner is being secretive, the other one usually senses something is up and begins to pay closer attention. This is often when the discovery of a secret bank account or PO box is discovered. Sometimes the partner happens upon the information as they're attempting to get a better handle on the couple's bills and complete paperwork. Either way, it not only spells serious trouble, but it also says that the problem has been going on for some time and has most likely reached a serious stage. It is at this stage that large secret purchases, huge debt or liens and potential foreclosures come to light.

When you hear about money being the number one reason for divorce, this is why. Because so much damage has been allowed to occur, the solution will be more complicated and costly in terms of money, time, and marital goodwill. Immediate crisis intervention is needed, which consists of professionals who can help the couple triage their debt, cut their expenses, come up with a payment plan—and continue in their home and adjusted lifestyle if possible. When a couple finds themselves here, they must act quickly and work towards a new normal. Otherwise the financial consequences can be dire and the marriage un-salvageable.

You have worked hard to build your financial security. Don't allow it to collapse by falling victim to poor financial decisions by someone you love and trust. By watching for signs of financial infidelity, you can be sure your wallet is protected as well as your heart.

Toni Coleman is a licensed psychotherapist, certified relationship coach and internationally recognized dating and relationship expert and founder of consum-mate relationship coaching. She is frequently quoted in many local and national publications and top ranked dating and relationship websites and has been a guest on a number of radio and TV programs seeking to provide their listeners with her cutting edge expertise. She is a regular contributor to Hope After Divorce and HealthyLiving.care.

For more information about and articles by our Hope After Divorce relationship experts, click [here](#).

Relationship Advice: How To Get A Ring On THAT Finger!



On this week's [Single in Stiletto](#)s relationship advice video, matchmaker Suzanne Oshima and dating expert Tinzley Bradford talk about how long you should wait before you get engaged.

Dating Experts Give Relationship Advice On When To Tie The Knot

Have you been in a relationship and love for a few years and he still hasn't proposed? It seems like we've all been there, but don't fret because the experts have this [relationship advice](#): It's okay to ask him and talk to him about it! If

you've been together for 2-4 years, then it's time to have a talk. Don't waste your time when you're dating, because if he likes you, he should put a ring on it.

Related Link: [Dating Experts Reveal 5 Things You Need To Know About Men](#)

You also want to make sure you never give a man an ultimatum and you value what he wants. Marriage is about compromise and it's about both of you, so you need to have a discussion about it. Learn about where both of you are regarding the idea of marriage, whether you're comfortable financially or even at your career. You never want to force someone into marriage. Listen to this relationship advice, because if he's dodging the talk, that could be a red flag that maybe he isn't ready for marriage.

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How long should you wait before getting engaged? Tell us in the comments below!

Relationship Expert Talks
Striking Up Party
Conversation



By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [relationship advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) talks about how to start a conversation at a party. Her dating advice is simple: Dig in and reveal yourself.

E!'s *Famously Single* Dating Coach Gives Top Tips For Party Conversation

When you go to a party and see someone really hot standing across the way, how do you casually start a conversation? The relationship expert empathizes that finding a point of entry can be difficult. The first step is to overcome your nerves! Harness them and get your adrenaline pumping so it empowers you. You want to walk up confident in how interesting you are.

Related Link: [Dating Expert Says Look For What You Need, Not Want!](#)

Once you find the confidence to approach the hottie across the way, you'll want a few topics to discuss. For example, if you're a foodie, talk about the food being served at the party. Or be a bar fly and talk about cocktails. Either way, relationship experts, whether from *E!'s Famously Single* or not, say you'll want to show a passion of yours and reveal something about yourself. Remember to dig deep and get past the surface if you want a relationship and love.

For more relationship advice videos from House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you start up conversation at a party? Tell us in the comments below!

Expert Dating Advice: How To Impress Her Dad





By [David Wygant](#)

So you've met somebody you really care about. You've exchanged the "I like you's." You might have even exchanged the "I love you's." You're talking about a future – or at least something to do next month. And then all of a sudden she says, "My parents are in town this weekend, and I'd love for you to come to dinner with us."

David Wygant Shares Expert Dating Advice to Impress Her Dad

You've heard all about her mom, and you think, "She's a mother; mothers are easy." All you need to do is flirt with her the same way you flirted with her daughter. Well, not exactly the same way, but mothers always want their daughters to find a relationship and love. Mothers are always looking at the man the daughter brings home, and as long as he's well-behaved and dresses well, you're fine.

Related Link: [How to Meet a Man on Halloween](#)

But what about the father? You've heard she's a daddy's girl. You've heard that her father is really difficult, and you've heard many other intimidating things about him. How do you impress the dad? According to my expert [dating advice](#), it comes down to this: The father is always the toughest one, especially if he was a good dad and his daughter was his princess. He's going to want to make sure that the man she picked is strong and confident.

I have a daughter. She's far from dating age, but the way I am bringing my daughter up is the way I want a man to treat her. I want him to listen to her. I want him to respect her. I want him to allow her to blossom and grow. And that's what it's all about.

When you meet the dad, he's the one that is going to have his eyes glaring at you like an eagle on top of a mountain. He wants to make sure you're good enough for his little girl. In his eyes, she will always be his little girl. You are going to need to impress him, and doing that is very simple.

If she's serious about you, he wants to know what your life action plan is, how motivated you are, and how much money you make (without bringing up the number). Maybe you want to become an entrepreneur. Talk about your job. Talk about everything in the positive. He wants to see a motivated man because, if you're the guy that is going to give him grandchildren, he wants to make sure you're going to be able to support them all when she's barefoot and pregnant.

Be a gentleman. Open the door for her. Hold her hand. Treat her with respect. Smile when she talks. Have eye contact. Find out how he wants to be addressed. For instance, if he's a military man, he might want to be called sir.

Related Link: [How to Make Your Girlfriend Feel Beautiful](#)

Share your stories. Share your sports interests. Is he into fantasy football? What's his favorite sports team? It's all

just bonding. Learn about his business ahead of time. Research some things to help you make conversation. It's all about making a connection. Find ways to bond with him because, deep down, he's just a guy.

At the end of the day, it's all about the way you treat his daughter in his presence and your life goals. That's what going to make a father feel comfortable about the man in his daughter's life.

David Wygant is an internationally-renowned dating and relationship expert, author of the book Naked, and speaker. Through his boot camps, personal coaching, and his [website](#), his love advice has transformed the relationships and love of hundreds of thousands of people from every corner of the globe.

For more expert dating advice from David, click [here](#).