

Dr. Amy Osmond Cook



If you are in need of some expert love advice, then you've come to the right place! **Dr. Amy Osmond Cook**, Ph.D., is the CEO of [Osmond Marketing](#) and publisher of [39forlife.com](#). Cook is here to provide relationship advice, whether it be giving your ex a second chance or how to find love after divorce.

She is the Director of Provider Relations at [North American Health Care](#), Founder of the [Divorce Support Center](#), and a health/wellness columnist for the *Orange County Register*, *Daily Herald*, *Family Share*, and *Cupid's Pulse*. The [relationship expert](#) has worked as an instructor at Arizona State University, Brigham Young University, and the University of Utah intermittently for the past 15 years. Her expert love advice has been featured in publications such as *People* and *USA Today* and on television shows such as *Good Morning America*.

On this page, we share real-life and [celebrity divorce](#) examples that show you how to be mindful when it comes to post-divorce relationships and love. Reading about a celebrity break-up may also give you the courage to talk to your spouse

about the way you are feeling in your own marriage.

Reach out at @doctorosmond or amy@osmondmarketing.com.

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