

Want To Find Real Love In 2017? Follow These Guidelines To Get Away From Fools

This could be the year you stop dating the wrong people.

by Delaina Dixon January 2, 2017 • 10:02 AM ET



You may be planning to ring in the new year (like you've done in the past) with this resolution: This is the year I find true love! To make sure come next Dec. 31 you don't find yourself all alone with a tub of ice cream as the ball drops, we've reached out to top relationship experts for what you should do to make sure your search for "the one" in 2017 is a success.

Fran Greene, author of *The Flirting Bible*: "Being resilient is crucial when it comes to finding love, but being resilient doesn't mean that you'll never encounter a creepy guy, a boring evening, rejection or an event that's uncomfortable or stressful. What it means is this: resilient **daters bounce back**. They don't allow rejection to consume them, or let a really horrible singles event, for instance, predict the outcome of every event in the future. Instead, they—and you—view adversity, fear, self-doubt and worries about the future as a reminder that they have to persevere, and to reflect on a positive aspect of whatever they might encounter. You and they know that a hopeful, positive perspective is key to success. And the more resilient you are, the easier it is for you to look forward to the next adventure on your dating expedition. Ultimately, resilience builds strength that will help you in your quest to find love."

Susan Trombetti, CEO of *Exclusive Matchmaking*: "Most everyone says they want to find love, but a lot of people don't realize that they are hung up on someone already, whether it's real or in their head. It could be the guy you are spending time with that's a loser, your ex that you never took the time to get over or the hunky guy in front of you in line at Starbucks that just has to turn around to ask you out...They are all **holding you back** from finding real love. Until you clear your mind and time wasted on the wrong person, you can't find someone else. Get rid of the mental clutter and you will find love in 2017."

Lori Bizzoco, founder of *CupidsPulse*: "If you want to find love in 2017, you must get rid of your checklist and open your mind to dating people outside of your type. Oftentimes, we get caught up looking for a partner who meets the criteria and characteristics of what we have already imagined in our head. When we do this, we bypass people who could be amazing partners for us. If you really want to find love this coming year, focus on dating different types of people. It will open your mind and expand your dating pool, and you may be **pleasantly surprised** to find that you are closer to meeting the person of your dreams."

Cathryn Mora, founder of *LoveSparkMe*: "2017 is all about focusing on your own happiness and fulfillment, which will help in finding love. Find three new activities you would enjoy – say, rock climbing, ballroom dancing, photography – and then focus on enjoying those to the fullest. As clichéd as it is, the moment you stop looking for love, you tend to find it! It's also a great way of finding someone where you have **something in common** you could do together as a couple."

Koereyelle DuBose, author of *Confessions of a WERKaholic*: Start loving yourself enough to say no to things that aren't worth your time. If you're going to find love, you have to start with loving yourself. Channel your pain into purpose and start a new business venture, and seek support at The Single Wives Club, which is an education and empowerment organization for single women.

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