## Date Idea: Spring Into Romance





### Delaney Gilbride

The last mounds of snow are melting, flowers are blooming, and the warm weather is *finally* returning. After suffering through weeks of winter, why wouldn't we be ecstatic when spring arrives? The best part about this time of year is that there are endless places to enjoy the spring <u>date ideas</u> you've been dreaming about all winter.

# Why is it that spring is such a great dating season? We're glad you

### asked!

You've spent a good three months sitting at home beside the fire finding activities to do with your significant other indoors. Perhaps, the two of you have gone a bit stir crazy being stuck inside for so long. Why not make up for all those tedious hours and take your partner on a cruise around town? Rent a couple of bikes, enjoy the scenery of budding plants, and check out the various events that are taking place around town. End the date by having lunch at a local restaurant.

### **Related Link:** <u>5 Unique Travel Destinations You Can Drive to</u> <u>from NYC</u>

If you'd rather get out of town, plan a day trip with your partner and hit the road! Be on the look out for cities, or even states, where exciting events are occurring. Better yet, choose an activity that you're both dying to do and then find a place that provides it. If you want to go horseback riding look up farm and ranches nearby. If you'd rather go skydiving, then find a provider near you.

Related Link: Fashion Advice: 'Wow' the Crowd with Color

If you and your sweetheart prefer having a relaxing outdoor date, plan on having a picnic in a park or on the beach. Pack a lunch basket and have a barbeque! These are great examples of how to enjoy the coming of spring.

Have a favorite spring date of your own? Comment below and share with our readers.

## Date Idea: Embrace a Physical Activity





Delaney Gilbride

Are you and your boo running out of <u>date ideas</u> for your regular weekend <u>date nights</u>? It's important that you and your significant other spend time together on the weekends after a long week of work – you have to decompress! So, if you're tired of going on the same date time and time again, take our <u>love advice</u> by embracing any type of physical activity. Regardless of whether or not you and your partner are sports junkies, it's good to be active while spending time together!

### In lieu of playing an actual sport,

which may not be every couple's cup of tea, there are tons of physical activities that can help shake things up and keep the dynamic fresh:

Looking for a fun group activity? Sporty dates are a great way to socialize. Round up a few other couples and go bowling! Bowling alleys across the country are re-designing themselves with music, restaurants and bars to cater to adults looking for an enjoyable night out. Check out <u>Lucky Strike Lanes</u>; they have locations all across the country and have perfected the art of turning bowling into a classy, celebratory event.

Interested in something more personal and romantic? Ice skating is a much loved standby, and for good reason. You and your significant other can hold hands while circling the rink, and warm up afterwards with spiced cider or hot chocolate.

Have a favorite semi-sports date of your own? Comment below and share with our readers.

## Date Idea: Learn a New Sport Together





Delaney Gilbride

Are you and your significant other sports junkies? Do you watch your favorite sports together *all* the time? Well, instead of watching or playing the usual on your <u>date nights</u>, why not spice it up a bit and learn about a new sport this weekend? When choosing which sports to watch, make a list of all the ones you and your partner are interested in learning. Then, you can narrow your choices down from there. However, if you can't put your finger on what you and your boo want to learn...

## Here's a list of three unique sports that are interesting to learn, fun to watch, and exciting to play:

1. Team Handball: This sport is a combination of basketball and soccer. The game involves two teams of six players and one goalie. Each team passes a ball and tries to throw it into their opponent's goal. The team with the most goals after two 30-minute halves wins the game.

Related Link: Date Idea: Take a Risk and Be Daring

2. Polo: In Polo, players on horseback move a ball into their opponent's goal by using a long wooden mallet. Each team has four players who have specific responsibilities throughout the game. The main purpose of the game is to score the most goals by hitting the ball through the goal.

**Related Link:** <u>Romantic Getaway: Philadelphia Food and Wine</u> <u>Festivals 2017</u>

**3. Cricket:** This sport is extremely similar to baseball, and it's played with two teams of 11 on an oval-shaped outdoor area. The centre of the area has a rectangular 22-yard-long pitch with a wicket (a set of three wooden stumps) at each end. To score a run, a striker must hit the ball and run to the opposite end of the pitch, while his non-striking partner runs to his end. Both runners must touch the ground behind the popping crease with either their bat or their body to get a run.

Have a favorite sports date of your own? Comment below and share with our readers. Until then, enjoy your next weekend date!

## Best Lana Del Rey Lyrics Inspired By Celebrity Relationships





### Katie Gray

Lana Del Rey is an amazing singer, songwriter and poet. She is known internationally and is continuously becoming more successful each year. Her popular song Young & Beautiful was featured in the film The Great Gatsby, she sang Once Upon A Dream for the trailer of Angelina Jolie's film Maleficent, and she performed during the <u>celebrity wedding</u> festivities of <u>Kim</u> Kardashian and Kanye West, as they are admirers of hers. Del Rey is talked about a lot for her distinctive and unique vocal sounds, bold lyrics, music style, and her beautiful appearance. Her genres are alternative, jazz, rock, pop, triphop, indie-pop and dream-pop. Her shows always sell out fast and she has garnered millions of fans. Del Rey's new single "Love" is taking the world by storm, and she is set to release a new album this year. All of her songs are inspired by her life and, more specifically, love. Recently she did an interlude with The Weekend, in the song "Stargirl." She has had celebrity relationships with rocker Barrie James O'Neill

Βv

and fashion photographer and filmmaker Francesco Carrozzini. In addition; James Franco, Courtney Love, The Weekend, ASAP Rocky, Marina and the Diamonds, among many others, are all fans of the starlet. Her musical inspiration stems from her own life experiences and relationships.

### Here are 10 of the best Lana Del Rey songs and lyrics about love inspired by her celebrity relationships:

### 1. Video Games:

Lana Del Rey's breakthrough song was "Video Games." It went viral on YouTube when she posted it in 2011 and that was viewed by millions people, which led to her getting a record deal with Interscope records. Del Rey had made the music video herself. It features different shots of her singing, with images of the New York City skyline and the Hollywood horizon spliced throughout. The time in Lana's life that she felt the happiest, with the person she loved more than anything, is the tone of the music video and the song. Images in the video feature footage of the Chateau Marmont in LA, quvs skateboarding, a flower blooming, paparazzi, birds flying, the American flag and other images that represent the USA. Although she never discloses the name of her boyfriend that most of her songs about, she has said of this relationship, "I'll love him forever." Also she has disclosed, that she's always singing about the same person and that her songs are all about the same man. The main chorus lyrics are, "It's you, it's you, it's all for you. Everything I do. I tell you all the time, Heaven is a place on earth with you. Tell me all the things you want to do. I heard that you like the bad girls, honey is that true? It's better than I ever even knew, they say that the world was built for two. Only worth living if somebody is loving you. And baby now you do." The song was a commercial success, peaking at number one in Germany, reaching the top ten position in Belgium, France, the Netherlands and the United Kingdom and peaked at 91 on US Billboard Hot 100 chart and was certified gold. The song won the Ivor Novello Award for 'Best Contemporary Song' in 2012 and was nominated for many other awards after its release.

### 2. Blue Jeans:

When Lana Del Rey is in a celebrity relationship, she is ride or die. In her hit song "Blue Jeans," she wrote and sang, "'Cause I'm a ride or die, whether you fail or fly, well at least you tried." This is a ballad that has hip hop influences. The official music video stars Bradley Soileau, which many speculate she was in a celebrity relationship with. It was filmed all in black and white and has a romantic noir vibe. The two are filmed in a swimming pool. Lana Del Rey has made it known she loves Elvis and James Dean, and they serve as her inspirations. In "Blue Jeans" she sings, "Blue jeans, white shirt. Walked into the room, you know you made my eyes burn, it was like James Dean for sure." Many speculate this was about an earlier celebrity relationship, with the man she was very much in love with. Part of the lyrics are, "You were sorta punk rock, I grew up on hip hop. But you fit me better than my favorite sweater." Whoever Lana Del Rey is a celebrity couple with, she loves them with her all. She makes it clear in Blue Jeans, "I will love you till the end of time."

**Related Link:** <u>What's Your Favorite Love Song?</u>

### 3. Shades of Cool:

Many people knew Lana Del Rey was in an official celebrity relationship with Barrie James O'Neill. He's a member of the band Kassidy. He was in her duet video of "Summer Wine" which is a cover of the Nancy Sinatra original. (Lana has said that she thinks of herself as a "ganster Nancy Sinatra.") It is said that "Shades of Cool" was written by her about him and their relationship. She sings, "My baby lives in shades of blue. Blue eyes, and jazz, and attitude. He lives in California, too. He drives a Chevy Malibu. And when he calls, he calls for me and not for you." She had ended the relationship, and there were rumors that the pair were engaged. Her lyrics state: "But I can't fix him, can't make him better and I can't do nothing about his strange weather." "Shades of Cool" was released in 2014 and is off of her *Ultraviolence* album and it had a good reception in America but even more so overseas. In Europe the song reached number 3 in Greece, number 37 in France, 19 in Hungary, 40 in Belgium, in Sweden it peaked 43, in Italy 35 and in Spain 31.

### 4. National Anthem:

Red, white, blue's in the sky. Summer's in the air and baby heaven is in your eyes. Lana Del Rey is reminiscent of La Americana in the 50's and 60's. She has stated in the past that one of the boyfriends she had was very patriotic. Many of her songs talk about America, and feature the American flag. There is a lot of symbolism to 'The American Dream.' Her song titled "National Anthem" in particular embodies this. The music video stars rapper ASAP Rocky. The two are friends, but some people have speculated they were once a celebrity couple. In her original demo for the song, in the video she made, it features Elvis Presley and his wife Priscilla, as well as President JFK. Lyrics in this song are catchy, upbeat and trip hop. She sings, "I'm your National Anthem, God you're so handsome. Take me to the Hamptons, Bugatti Veyron. He loves to romance 'em, reckless abandon, holding me for ransom upper echelon."

Related Link: <u>5 Most Romantic Celebrity Couples</u>

### 5. Born to Die:

Come take a walk on the wild side! The first major studio

album by Lana Del Rey was titled "Born To Die." The first song on the track, which was a single as well, is titled the same. "Walking through the city streets, is it by mistake or design? I feel so alone on the Friday nights, can you make it feel like home if I tell you you're mine?" This music video also stars Bradley Soileau, whom she has been linked to as a celebrity couple - although they never confirmed. The song goes, "Don't make me sad, don't make me cry. Sometimes love is not enough and the road gets tough, I don't know why. Choose your last words, this is the last time. 'Cause you and I, we were born to die." She's known for being very private about her life and described herself as an introvert. She went into the music business because she felt it was difficult to make friends in high school and college, and she wanted to be part of a music community like it was in the sixties. She wanted to make her life into a work of art - and she did.

### 6. The Blackest Day:

After her split from rocker Barrie James O'Neill, her albums *Ultraviolence* and *Honeymoon* released. It is said her songs, 'Black Beauty' and 'The Blackest Day' are about her celebrity relationship with him. It goes in "The Blackest Day," "Ever since my baby went away, it's been the blackest day. All I hear is Billie Holiday, it's all that I play. Because I'm going deeper and deeper, harder and harder, getting darker and darker, looking for love." In the bonus track, "Black Beauty," she swoons, "Sun and ocean blue, their magnificence, it don't make sense to you – black beauty."

### 7. Brooklyn Baby:

I think I'm too cool to know ya, you say I'm like the ice I freeze. I'm churning out novels like beat poetry on amphetamines. It's well known that Lana Del Rey lived in Brooklyn while she was an up and coming singer-songwriter. Her hit song Brooklyn Baby flows together with lyrics, "Well my boyfriend's in the band, he plays guitar while I sing Lou Reed. I've got feathers in my hair, I get down to poetry. And my jazz collection is rare, I can play most anything — I'm a Brooklyn Baby." She used to play at a lot of small venues scattered around Williamsburg, Brooklyn and in the East Village in Manhattan. She advanced far in the Williamsburg Live Songwriting Contest that used to be held, with her original song "Pawn Shop Blues." She sings of her boyfriend during this time, "They say I'm too young to love you. I don't know what I need. They think I don't understand the freedom land of the seventies."

### 8. Salvatore:

Catch me if you can, working on my tan, Salvatore. Dying by the hand, of a foreign man, happily. Calling out my name in the summer rain, ciao amore. Salvatore can wait, now it's time to eat soft ice cream. This track off of the Honeymoon album, is reported to be about her last celebrity relationship with Francesco Carrozzini – the Italian fashion photographer and filmmaker. They made a beautiful pair, but recently it has been reported they are splitting. He actually filmed her music video "Ultraviolence" (the title track of her third major studio album) for her. How sweet to have your boyfriend film you for your own music?! He's the son of Italian Vogue's legendary editor-in-chief, Franca Sozzani who sadly recently passed away. Her upcoming album this year, should feature songs about the recent relationship and what she is going through now.

Related Link: World's 8 Wealthiest Celebrity Couples

### 9. Cola:

Lana Del Rey makes it known what she likes! Her second studio album titled "Paradise" features a popular song titled, "Cola." In it she states flat out, "I got a taste for men who are older, it's always been so it's no surprise." This is about her celebrity relationship with Barrie James O'Neill. Del Rey explained, "My boyfriend is Scottish, he deems American girls very exotic. He deems us all very exotic." This was in response to how the song made a splash with some sexy and explicit lyrics. With lyrics like, 'Come on baby lets ride, we can escape to the great sunshine. I know your wife and she wouldn't mind. We made it out to the other side.' Nobody is certain for sure who the track is about, but it's someone who meant a great deal to her. The song also mentions things Lana loves: Pepsi-Cola, cherry pie, diamonds, vanilla and sunshine.

### **10. Mermaid Motel:**

You call me lavender, you call me sunshine. One place in the world that Lana Del Rey has always loved is Coney Island. Her song Mermaid Motel, she released back when she went by her original name Lizzy Grant, revolves all around Coney Island and mermaids. There are also references about themes she likes: Brooklyn, Miss America, the National Anthem, roller coasters and summertime. The song was featured on her first album that was titled "Lana Del Rey a.k.a. Lizzy Grant" before they took it down. Her first extended play (EP) was titled "Kill Kill" and the song of the same title also features Coney Island, sand and summertime vibes. These songs were all about her relationship during her early times in her career. Lana Del Rey has stated in the past she had an on-off relationship with someone high up in the music business, but that never got her a record deal, but she respected him very much. In Mermaid Motel she talks about living on Neptune Avenue in Coney Island. She sings, "God bless you and God bless me." But really; God bless Lana Del Rey for bringing all of this amazing music into the world!

## What is your favorite Lana Del Rey song? Share in the comments below!

## Relationship Advice: How Far Will You Go for a Relationship?





Jane Greer

Singer Ed Sheeran found true love on another continent. When he first started dating girlfriend Cherry Seaborn, she lived in New York and he lived in England. The two, who met in school, made that work for a while before Seaborn moved to England to be closer to Ed. The latest buzz is that Ed plans to propose to her soon, sealing the deal that has seen a lot of miles traveled to build their relationship before finally ending up in the same place. This is not an unusual scenario. Since celebrities and singers are so busy on set or on tour, they often meet and even strike up a relationship with someone who lives far away.

You certainly don't have to be a celebrity or songwriter to travel the world to find love. Sometimes, if you're lucky, work will take you to another place where you might meet someone you feel a connection to, and then you find yourself trying to stay in touch with the hope of building a relationship. Other times you might be forced to become more creative in your pursuit of finding a romantic partner. Whatever the case, while long distance is never easy, it is much more doable these days with all the social media that keeps us connected and has bridged that gap that might literally be between you. With Skype, Instagram, Twitter, Facebook, email, and even a good old-fashioned phone call, people can interact and feel like they are together even when there is a great distance between them. This allows couples to not only feel close, but also to actually get to know each other and begin to date when they aren't in the same town or, in some cases, the same country.

So if you are contemplating broadening your horizons, what is the best way to go about it, especially if your job is not going to take you someplace new? Consider this relationship advice. This might be particularly timely now that Valentine's Day is over and spring is right around the corner, both which might spark your desire to step outside your comfort zone to meet that someone. Here's how to proceed. Use a dating app, which is a great tool in this process. Many people flinch at the thought of doing so, because they have tried it and it didn't work out, or they had a negative experience, or they feel they should be meeting someone spontaneously instead of in this formalized way. Consequently, they have tried it and won't use it again, or are reluctant to use it in the first place. However, one bad date doesn't translate into all dating apps being useless. Proceeding that way would be like having a cut on your wrist and amputating your arm. By excluding them from your options you could wind up missing out on a terrific way to meet a great person who could be your friend or even more.

So instead of generalizing all dating sites, consider them individually. Ιf are ready to vou qо abroad, <u>AnastasiaDate.com</u>, <u>AsianDate.com</u>, and <u>AmoLatina.com</u> are the apps for you because they specialize in international dating both in Europe and Asia. In using these apps you expand your search far and wide, give yourself the chance to experience the culture of another country, and create the opportunity to build travel into your lifestyle as well, all while achieving your main goal of finding love. Best of luck to Ed Sheeran and his girlfriend. They are the perfect example that absence makes the heart grow fonder.

Please tune in to the Doctor on Call radio hour on <u>HealthyLife.net</u> every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at <u>askdrjane@drjanegreer.com</u>. Connect with Dr. Jane Greer on Facebook, at <u>www.facebook.com/DrJaneGreer</u>, and be sure to follow @DrJaneGreer on Twitter for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit <u>http://www.drjanegreer.com</u>.

## Date Idea: Take a Risk and Be Daring





Tanni Deb. Updated by Jessica DeRubbo

Searching for some <u>date ideas</u>? Romantic date nights are always fun, but think about being a little more daring this weekend.

# Feel the thrill of love this weekend by going on an adventurous date with your mate.

Do you both love taking risks? Consider going skydiving. Your hearts will race like never before as you soar above beautiful landscapes. For another exciting activity that's guaranteed to get your adrenaline pumping, find the nearest bungee jumping locations near you. If you prefer combining your thrills with exercise, go rock climbing. Of course, if you'd rather avoid bad weather, there's always indoor rock climbing as well.

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Do you live in Massachusetts? The state has plenty of amazing indoor rock climbing places. Make sure to check them out here.

Related Link: <u>Weekend Date Idea: Test Drive Your Relationship</u>

Another place sure to rock your world and send chills down your spine is an amusement park. The live entertainment, expositions and rides will make your day unforgettable. And who better to share these memories with than your sweetheart?

Have a favorite adventurous date of your own? Comment below and share with our readers.

## Top 5 Academy Award Nominations if the Oscars Were Based on Love Stories





### Katie Gray

Oscar weekend is behind us! The annual Academy Awards are always a huge deal. Buzz swarmed around nominated films such as: La La Land, Manchester by the Sea, Moonlight, Hidden Figures and Lion. Casey Affleck, Ryan Gosling, Denzel Washington, were the top picks for actors in leading roles. All eyes were on Emma Stone, Meryl Streep, and Ruth Negga for actresses in a leading role. Natalie Portman garnered a lot of attention (as well as an Oscar nomination) for her starring role in, *Jackie*. The film also scored a nom for costume design, which played a huge role, as Jackie O's style is iconic. "Can't Stop The Feeling" from the movie Trolls is sure to be the music everyone will jam to all weekend - it got a nomination for Music Original Song. It's an exciting time, and all of the <u>celebrity couples</u> came out and shine on the red carpet together. Despite the 'Best Picture' flub that occurred this year, it was still the biggest night for film. If the Oscars were based on romantic movies, there are some that would have stood out at the awards ceremony.

### Cupid has compiled the Top 10 Academy Award Nominations if the Oscars Were Based on Love Stories:

1. Me Before You: This love story deserves an Oscar! (Both the book and the film.) The novel was written by Jojo Moyes. The story follows a girl who takes a job, taking car of a man who was in a terrible accident and can't walk or move very much. The film stars Emilia Clarke and Sam Claflin in the lead roles. The story entwines the two characters in a divine way, and you find yourself entwined in the tale of these two. Disclaimer: When you watch it, make sure you have tissues at hand!

2. My Big Fat Greek Wedding 2: The first film of the same name, won at the Academy Awards. Nia Vardalos has outdone herself again. (She wrote them both, in addition to starring in each.) The sequel that followed up in 2016, picks up where it left off with the Greek family we all love. This time, though, Toula and her husband Ian, are married and have a daughter. It packs the punch, with a bunch of laughs and love. Two things are for certain in life, family and love.

**Related Link:** <u>Movies to get you in the Mood for Valentine's</u> <u>Day</u>

3. The Spectacular Now: These 2013 feel-good film makes the list, because it was beautifully made and brilliantly written. It has love and humor. The film stars Miles Teller and Shailene Woodley, who deliver superb performances. The story is based on the novel of the same name. It revolves around high school students in their senior year, as they navigate the coming-of-age stage of their lives. It is incredibly moving, raw and real.

4. Passengers: Jennifer Lawrence and Chris Patt rule the

screen, in *Passengers*. This film is one for the books for scifi romantic-drama fans. There is a spacecraft travelling to a planet when issues arrive and a malfunction occurs in one of its sleep chambers. Hollywood heartthrob, Chris Pratt, has his character woken up – 60 years early. He then ends up waking up JLaw's character, and a love story blooms. A match made in science!

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5. Paper Towns: This film, based on the bestselling novel by John Green, stars Cara Delevingne and Nat Wolff. The story is a coming-of-age tale about neighbors, love, youth and adventure. Quentin, is a smart student with his whole future ahead of him. He's always love his neighbor, Margo, who is an enigma. As the movie says, "She loved mysteries so much, she became one."

What are your film nomination choices? Comment below.

## Date Idea: Have Fun in the Winter Sun





Tanni Deb. Updated by Jessica DeRubbo

So, guess what? It's still winter! Ugh. You might feel like there is nothing better than bundling up, sitting in front of the fireplace and sipping hot chocolate on a chilly day with your significant other. But, why waste a romantic season staying indoors?

## Ignite new passion with your love this winter with this <u>date idea</u>. After all, all the great date ideas haven't flown down south during this time of the year.

Fall in love all over again by planning a trip to a ski resort. Stay active by spending the day on a slopes. If neither one of you know how to ski, take classes together. Nothing is more fun than sharing the experience of learning something new and then trying it for the first time with your sweetheart. Searching for an inexpensive, but fun date idea that's closer to home? Grab a sled, find the closest hill and sled your hearts out. Afterward, visit a coffee shop and warm up with hot chocolate.

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If you haven't gone ice skating in a long time, consider visiting an indoor or outdoor skating rink. End the night by getting cozy in the movie theaters with a bowl of popcorn.

Related Link: Date Idea: Embrace the Cold Weather

Do you have any romantic date ideas for the coldest time of the year? Comment below, and share with our readers.

## Date Idea: Most Romantic Destinations In the U.S.





Delaney Gilbride & Linda Guma

If you're lucky enough to have some time off this coming President's Day weekend, what better way to celebrate the coming and going of Valentine's Day than by indulging in some travel and exploration with your honey? Traveling abroad can get expensive and time-consuming, and not all of us have extra money and vacation days to spare. Although places like Venice and Paris are known for their European romance and charm, you can find that same feeling right here in the United States.

Who says you have to be in Paris to french kiss? Here's some <u>dating</u> <u>advice</u> on the most enchanted travel destinations in the U.S.

1. Niagara Falls (NY): Niagara Falls, known as the Honeymoon Capital of the World, is an ideal romantic spot. One of the many <u>date ideas</u> for Niagara Falls includes taking a classic Maid of the Mist boat tour with your lover and be captivated by the breathtaking view of the waterfalls. You can also engage in some other fun activities, like going on a Niagara wine tour.

2. Poconos Mountains (PA): Whether or not you've just tied the knot, the Poconos is a spectacular destination. The Mountains were home to the first honeymoon resort in 1945. As part of its intimate tradition, Poconos has a famous heart-shaped whirlpool bath for two, as well as many world-class spas.

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**3. Key West (FL)**: Surrounded by history, art, and culture, Key West is the southernmost city of the U.S. and an excellent couples' <u>romantic getaway</u>. Enjoy a magical tour of the city during the day and take advantage of the upbeat nightlife. Conclude your day with a passionate and awe-inspiring view of the sunset in Mallory Square, where people gather for the sunset celebration.

**4. Malibu (CA)**: An iconic American destination, Malibu is home to an array of public beaches. Enjoy some delicious seafood on the beachfront while bidding the sun farewell for the day or visit a winery in a chateau. Take advantage of an entertaining <u>date night</u> by hitting up a blues bars, dance hall, or martini lounge.

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5. Rocky Mountains (CO): If you and your partner are outdoor fanatics, you definitely don't want to miss out on the spectacular landscape of the Rockies. Your trip can be amorous, yet adventurous. Reconnect with your partner and discover peaceful solitude in an intimate cabin. Then escape into nature while surrounding yourself by untouched beauty as you venture off for a hike on Mount Elbert, the range's highest peak.

Got any other suggestions for romantic American destinations?

Share your ideas below.

## 5 Most Romantic Celebrity Couples





### Katie Gray

Love is in the air! Our favorite <u>celebrity couples</u> are big when it comes to the romance department. Whether it's the way they look at each other during events, the surprises they do for one another or the way they raise their celebrity babies, it's clear that the love is ever present. These <u>celebrity</u> <u>relationships</u> give us major goals!

### Cupid has compiled the five most romantic celebrity couples in Hollywood today :

1. John Legend & Chrissy Teigen: Our hearts just swoon, when we see pictures of celebrity couple John Legend and Chrissy Teigen. This celebrity relationship gives each other all of them. Legend, a singer and musician, and Teigen, a model and cookbook author, dated for four years before getting engaged in 2011 and marrying in Italy in 2013. This past year in 2016, they had their first child together. A beautiful daughter named, Luna Simone Stephens. They give us major relationship goals!

2. Blake Lively & Ryan Reynolds: Spotted: Blake Lively and Ryan Reynolds being couple goals. This celebrity relationship has definitely become "America's Sweethearts." Actors, Ryan Reynolds and Blake Lively, met while filming Green Lantern in 2010, became an item and married in 2012. They have two daughters, born in 2014 and 2016.

Related Link: Movies to get in the Mood for Valentine's Day

**3. Jay-Z & Beyoncé:** Music moguls, performance icons and power couple – Beyoncé and Jay-Z have been a married celebrity couple since 2008. They had their sweet daughter, Blue Ivy Carter, in 2012. This celebrity relationship just announced that they are expecting twins! Romance is definitely in the air.

4. Sarah Michelle Gellar & Freddie Prinze Jr.: One of the most genuine and romantic celebrity couples in Hollywood, is hands down, Sarah Michelle Gellar and Freddie Prinze Jr. The pretty pair, and fellow actors, have been married since 2002. They have two children together. They even co-starred in the film *I Know What You Did Last Summer* and the *Scooby-Doo* movies

together. Now how cute will that be for their kids in real life to watch? You may know her from *Cruel Intentions* and *Buffy The Vampire Slayer*, but these two are slaying when it comes to celebrity relationships!

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5. Keith Urban & Nicole Kidman: Country crooner, Keith Urban, and actress, Nicole Kidman, are a match made in heaven. The married celebrity couple, tied the knot in 2006, in Australia. They have two celebrity babies together. Urban always looks adoringly at Kidman on the red carpet and at events they are photographed at. There are many reports that this celebrity couple are very down to earth.

Who are your favorite most romantic celebrity couples? Comment below.

## Relationship Advice: Can You Cheat Jealousy?





By Dr.

#### Jane Greer

Kristen Bell recently shared how her husband, Dax Shepard, was her wingman at the Golden Globes so that she could meet her celebrity crush, Riz Ahmed. This is a perfect example of a relationship where both partners are secure and completely trust that, even though one may find another individual attractive, it won't challenge their fidelity. It's natural to see others as appealing, even when you're in a committed, monogamous relationship, but it is also important to remember that everyone's physical appearance changes. People get older, and sometimes they get sick. Beauty is not enough to sustain an ongoing romance. If you know in your heart that you're always the most important person to your partner, then even if they have flirtations and/or a crush, it will enable you to tolerate your partner's attention or interest in someone else without feeling threatened.

# So, how do you get the trusting feeling that equips you to joust

# jealousy? Here's some relationship advice.

Make sure you take the time to tell and show one another how much they turn you on. If you are able to do this even when someone hasn't taken the time to dress up — when they first wake up in the morning and are makeup free, or are playing with the kids and despite being covered in dirt from the backyard look so manly — it can mean even more because those are the real moments of living. They can bind you in intimacy because you are seeing each other through the eyes of love. Also, be aware of your partner's likes and dislikes so that you can take them seriously. This will help them feel supported, cared about and understood by you, and help keep the air clear so tension doesn't build. You don't have to be the best looking person in the room, just the best in your partner's eyes.

**Related Link:** <u>Famous Couple Kristen Bell and Dax Shepard Plan</u> <u>Date Nights Mathematically</u>

By following this recipe, you strengthen your bond so that you can buffer your relationship from other people coming between you. When you have a solid foundation and know that you both have each other's back, it gives you the confidence to handle a passing flirtation knowing that's all that it is, something that is in the moment and will pass. Whether it is meeting one of your high school first loves, an old flame from college, a new work partner, or anyone who might be perceived as a possible intruder, the two of you can remain impenetrable.

## **Related Link:** Expert Relationship Advice: How to Handle a Jealous Girlfriend

Another ingredient in the trust recipe is that when either one of you feels insecure and voices that, it is important to respond with a heavy dose of reassurance. Rather than getting angry, minimizing your partner's feelings, telling them they are being ridiculous and continuing your behavior or ignoring them, instead let them know that it doesn't matter how many people you are talking to because they come first and you only want to go home with them.

Everyone is drawn to other people at times, but attraction and intimacy are two different things. One is instant and the other takes time to develop. If you trust this, and know your connection runs deep, you will be better able to cheat any jealousy that might come up and move forward as a team that nobody can divide. It seems that Kristen and Dax have this recipe under their belts.

Please tune in to the Doctor on Call radio hour on <u>HealthyLife.net</u> every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at <u>askdrjane@drjanegreer.com</u>. Connect with Dr. Jane Greer on Facebook, at <u>www.facebook.com/DrJaneGreer</u>, and be sure to follow @DrJaneGreer on Twitter for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit <u>http://www.drjanegreer.com</u>.

## Dating Advice: Movies to Get You In the Mood for Valentine's Day





### Katie Gray

Cupid strikes! Now that it is officially February, we are in the month of love. That means that Valentine's Day is just around the corner. Bring on all of the chocolate and champagne! While we make plans with our significant others, families and friends, <u>celebrity couples</u> are doing the same. There's no better way to get into the Valentine's Day spirit, than by watching your favorite <u>celebrity relationship</u> and love stories on screen. In preparation for Valentine's Day, fall in love with these films!

## In this <u>dating advice</u>, Cupid has compiled six movies to get you in the mood for Valentine's Day:

1. Valentine's Day: The title says it all! The 2010 box office

hit film, Valentine's Day, revolves around a group of people as they deal with their love struggles and strengths on Valentine's Day. This commercially successful movie was directed by legendary romantic-comedy filmmaker, Garry Marshall. The ensemble cast included: Jessica Alba, Bradley Cooper, Jessica Biel, Patrick Dempsey, Julia Roberts, Jamie Foxx, Jennifer Garner, George Lopez, Emma Roberts, and many more. Taylor Swift even made her film debut and her song "Today Was A Fairytale" is in it!

### Related Link: Top 10 Most Romantic Movie Locations

2. Pretty Woman: It's always a good time to watch the 1990 hit romantic-comedy, Pretty Woman. However; it's especially essential to view it during the Valentine's Day season. The film stars Julia Roberts and Richard Gere, and is directed by Garry Marshall. It depicts a love story between a Hollywood hooker, Vivian, and Edward, a wealthy businessman. She is hired to be his escort for several social outings, and they end up having a deep connection and develop a loving relationship.

3. Dirty Dancing: Now I've had the time of my life! Dirty Dancing, is one of the most successful films of all time. In 2009 it had grossed over \$214 million dollars worldwide. The romantic dance drama, stars Patrick Swayze and Jennifer Grey. It takes place in the summer of 1963 at a resort in the Catskill Mountains, and follows the stories of the guests and employees.

Related Link: World's Wealthiest Celebrity Couples

**4.** When Harry Met Sally: The 1987 romantic comedy, When Harry Met Sally, has become a cultural hit. The film stars Meg Ryan and Billy Crystal. It's about the path of the main characters, Harry and Sally, on their adventure to New York City. The film became wildly popular and is full of humor, perfect for Valentine's Day vibes.

**5.** Breakfast At Tiffany's: What better film to watch for Valentine's Day, than the classic film, Breakfast At Tiffany's? It won two Academy Awards and has been critically acclaimed. Audrey Hepburn, Tiffany & Co, and New York, is all you need to feel the love. This 1961 film, is based on the book by Truman Capote.

6. Sleepless in Seattle: Tom Hanks and Meg Ryan dazzle in the romantic comedy, Sleepless in Seattle. This 1993 romantic movie, has garnered critical and commercial success, grossing over \$220 million. This touching and heartfelt movie will have you feeling lots of love. Most importantly, it provides viewers with hope that true love is out there and soulmates are real. It gives the perfect vibes for Valentine's Day.

What are your favorite movies to get you in the mood for Valentine's Day? Comment below!

## Dating Advice: 5 Reasons Why Men Text Instead of Call





<u>sica DeRubbo</u>

"Wanna go out tonight?" may be a simple text that most men feel is harmless, but it's something that drives women nuts. What happened to the days of in-person conversations, or perhaps picking up the phone and calling, so you can get to know people, hear their voices, and truly sense how they are feeling? It seems that texting is no longer a trend and has become the norm, and it is getting on the nerves of women everywhere!

### The question is, "Why do men text instead of call?" Cupid did some digging for <u>dating advice</u>, and here are five iron-clad reasons:

1. It's quick and easy: If it comes to simple things like what time the two of you are meeting up, or where to go for dinner, shooting off a text takes a lot less time and effort than an actual phone call. Julie Spira, creator of <u>CyberDatingExpert.com</u>, agreed with this idea, saying that many men are busy executives and don't have time to hold an overthe-phone conversation. Sending a text takes less than a minute. Also, it takes away some of the pressure of having to come up with a plan instantly, since through texting, you have time to sit and think about what to type, as opposed to an awkward silence over the phone.

**Related Link:** <u>Dating Advice Q&A: What Does Texting On A Date</u> Say To Your Partner?

2. They are copying women: A few men gave Cupid their opinions on why they opt to text now-a-days rather than calling, and a common response we received was that they are simply following what they see women do. Dan Nainan, a comedian/actor, claims that it seems like the only way to ask women out is through text messaging, because no one wants to talk on the phone anymore. So, if guys are copying what they are seeing, maybe women need to stop sending the wrong message, and start picking up the phone once in a while instead of sending a text.

**3. Fear of rejection:** Just like women, men fear rejection, and what's more embarrassing than making the effort to pick up the phone and call a girl, just to be turned down? Many women seem to forget how intimidating dating is, especially for guys. Dr. Zach Hill, of AdultDatingHistory.com, explained, saying, "Dating can be intimidating, and hiding behind the screen of a cell phone makes conversations less intimidating. Telephone calls with someone you are not comfortable with just yet are just as intimidating. When you text someone, you have time to think about what you are going to say, how you are going to word it, and you have the advantage of looking it over to make sure everything sounds right. Whereas when you make a phone call, you are put on the spot to speak, and the idea of fumbling your words, saying the wrong thing, speaking too fast or slow, or any other option that may make you appear like an "idiot" is much more probable." I guess when you see it from this perspective, women can get a sense of why men do text

instead of call.

**Related Link:** Dating Advice Q&A: Is It Appropriate to Play Hard to Get Via Texting?

4. They don't know it bothers you: If you allow men to continue texting, and you don't say anything about it, then why would they feel anything needs to change? There are easy ways to get your point across, without being too direct. Carole Lieberman M.D, a psychiatrist, says that in order to have your guy call instead of text, simply respond to their text with something cute like, "Hey, would love to hear your voice, give me a call." This will give men the confidence to pick up the phone and actually call.

5. Men think it's okay to text: Because texting has become such a common part of everyday life, men have started to think it's fine to just text women instead of calling. Dave Grossman, of <u>CanoodleOnline.com</u>, says, :In this era of text messaging, men have decided it's OK to text the women they are dating," and he even admits to doing this himself, but has now become more cautious of it. It's hard to break a habit that has become a part of everyday life, so women need to try to break men from this habit by showing them how much more personal a phone call can be.

Why do you think men choose to text instead of call? Share your thoughts with us below!

## Dating Advice: 3 Ways to

## Protect Your Relationship from Reality TV





TraceyAnne, Relationship Coach and Founder of FindThatMach.com

When it comes to love and connection with our loved ones, I find it astounding some of the things that I see on reality TV. Kendra on Top, Real House Wives of Beverley Hills, and Keeping Up With the Kardashians to name but a few, all depict a world that most of us do not live in. The fast cars and expensive seemingly superficial lifestyles don't resonate with us much. These "celebrities" appear to have everything and all done for them from their hair and make-up to holidays planed and designed for them. Our attraction, I believe, is seeing a mix of a world we might like to one day inhabit and the relationships that are very much just like the ones that we have in our own circles.

### This <u>dating advice</u> can help you keep reality TV from negatively affecting your relationship.

To see people who appear to 'have it all' fall out with and argue with their close friends, family and spouses can in a weird way give us a sense of comfort. You see, we only get to view the edited versions, so we have no idea what information we're missing. The communication that we see is bad, short and misses so many vital points that I always find myself thinking, "For goodness sake! Perhaps if they had a real conversation about what was really happening, they might be able to get their stuff together." Alas, we watch these shows and it teaches us nothing, just that relationships are hard work and full of drama. Drama that viewers believe is passion and chemistry and what all relationships should have. Relationships take work. A few pieces of advice:

#### 1. Listen to what they're really saying.

So often you will see an argument play out that is more about circumstance. These people are fighting in their own corner and simply want to be heard and more likely want to be the person who is 'right'. If they (and us at home) would communicate our feelings, it would honestly move mountains. The real issues would be spoken about and the couples could find some common ground to move forward.

Related Link: Do Your Friends Influence Your Relationship?

#### 2. Don't be fooled by romantic gestures.

On these TV shows we see the romance of being taken out to dinner, bought flowers and diamonds and it makes us stop and think 'hang on where is this in my life, I don't get that' well I implore you to take stock and think about how many times your other half has made a romantic gesture. Really think about it, I bet they do, and if they don't how often do you? Romance is a two way street!

Related Link: 'Millionaire Matchmaker' Reality TV Star Marisa Saks Says Listening Is Key

#### 3. Don't allow yourself to become suspicious.

We sometimes see couples on reality TV get cheated on and hurt. I by no means am suggesting that you ignore or block out if you think your partner may be cheating, what I am saying, is that if you watch these TV shows and your role models are cheaters you may start to become suspicious.

TraceyAnne, a Relationship Coach and founder of <u>FindThatMach.com</u>; a unique online relationship and dating course helping people find love and what they truly want in life.

# World's 8 Wealthiest Celebrity Couples





#### Katie Gray

"One for the money, two for the show." <u>Celebrity couples</u> are worth a ton of money together, with their assets combined. All around the world, the top power players of every industry make quite a team when they match up with another individual in the same industry. An actor or athlete can have an amazing salary, but when they get together with someone else with the same career, it increases big time. Talk about a touchdown! When you have been in a relationship with your partner for a long time, or become engaged or married, typically the incomes of both parties are put together for the household. A <u>celebrity</u> <u>relationship</u> is no different. With their abundant net worths, they are able to afford all of the luxuries the world has to offer. Therefore; they also spare no expense when it comes to <u>celebrity weddings</u> and having <u>celebrity babies</u>. The celebrity relationship that works hard together, plays hard, too!

# Cupid has compiled the world's eight wealthiest celebrity couples:

1. Bill & Melinda Gates: Bill Gates is known for being one of

the richest individuals in the world. He has a networth of \$85.7 billion dollars. He's an American business magnate, entrepreneur, investor, author, and philanthropist. Since 1994 he's been married to Melinda Gates, who is also a philanthropist and businesswoman. The successful pair are extremely charitable. They have the Bill and Melinda Gates Foundation that has education and world health as initiatives. The couple also launged The Giving Pledge with Warren Buffett that strives to have the world's wealthiest people give a majority of their profits to charity. The couple that gives together, stays together!

2. Steven Spielberg & Kate Capshaw: One of the biggest power players in Hollywood, is Steven Spielberg. He's one of the most prominent screenwriters, directors and producers in the business. Spielberg is also a co-founder of DreamWorks Studios. As of last year he had a net worth of \$3.60 billion dollars. In 1991 he married his actress wife, Kate Capshaw. The stars met on the set of *Indiana Jones and the Temple of Doom*.

**3. Beyoncé & Jay Z:** Singers and superstars, Beyoncé and Jay-Z are worth a whopping \$850 million dollars. They make their profits from their music careers, endorsement deals and sponsorships. They spend a lot of their income on their daughter, Blue Ivy Carter.

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4. Victoria & David Beckham: So posh! Footballer, David Beckham, and fashion designer/former Spice Girl, Victoria Beckham are worth around \$400 million dollars. The pretty pair have modeling deals, celebrity endorsements and their own brand. David Beckham is one of the most famous soccer players and Victoria Beckham is iconic for being in the pop girl group. They have homes around the world and dote on their children. 5. Gisele Bundchen & Tom Brady: Gisele Bundchen, is known for being the world's highest paid supermodel. She has an annual income of \$45 million dollars, and her husband, Tom Brady, makes a hefty \$31 million a year for his career in the NFL. The duo spends their time and money on the environment, their children, and eating clean with a healthy lifestyle. They're together worth \$350 million.

6. Calista Flockhart & Harrison Ford: Actor, Harrison Ford, and actress, Calista Flockhart are together worth \$224 million dollars. She earned a lot of money from a Brothers & Sisters contract and he's famous for playing the lead in Indiana Jones and starring in Star Wars. Talk about lights, camera, action! (On screen and off screen.)

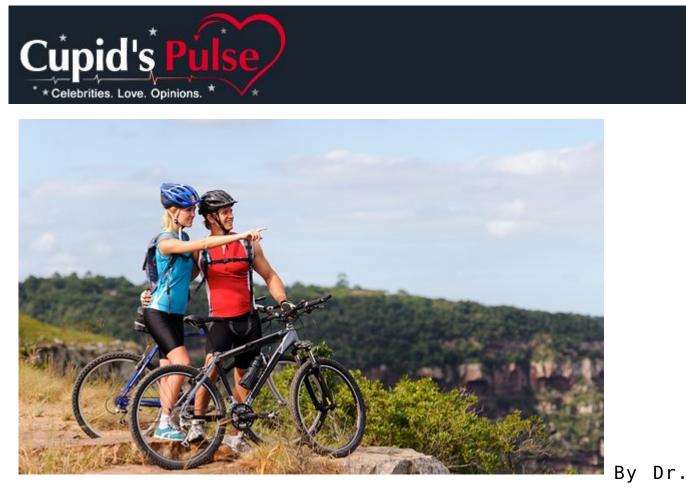
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7. Keith Urban & Nicole Kidman: Country singer, Keith Urban, and actress, Nicole Kidman, are worth \$200 million dollars. Urban makes his fortune from his album sales and world tours. Kidman makes her money from her film career and endorsement deals — such as with luxury brand Omega.

8. Kim Kardashian & Kanye West: This year Kim Kardashian had a net worth of \$105 million dollars. Her husband, rapper Kanye West, has a net worth of \$130 million. The married couple earn income off their fashion brands, products, appearances and endorsement deals. The couple's lavish wedding in 2014 cost a total of \$12 million. They also spoil their kids North and Saint, with designer clothes and the best parties.

Who are your favorite wealthiest celebrity couples? Share your comments below.

# Relationship Advice: How to Compromise on Planning Your Nuptials



Jane Greer

Matthew Lewis, who played Neville Longbottom in the Harry Potter movies, is engaged to be married to his girlfriend Angela Jones. This will be his first <u>celebrity wedding</u>, but her second. In fact, it was reported that they began dating shortly after she divorced her first husband. Matthew seems to have gotten the proposal right, judging from the photos of the ring and the Paris vacation during which the engagement was said to have taken place. The <u>relationship advice</u> question is, will the fact that she has already had a wedding change the dynamics of, and possibly complicate, the marriage planning that lies ahead for them?

This is something that happens often when two people decide to spend their lives together. One might have gone through it all before, the big wedding and honeymoon, and the other might be experiencing it for the first time. Sometimes this can affect what each is hoping for as far as their big day goes. For the one who hasn't experienced it before, this might be something they have been dreaming about since they were a little kid. They might have family members who have looked forward to it for years, and may even have strong ideas about how it should play out. For them, the whole idea of a traditional wedding dress and all the fanfare might sound great. The other person, though, might feel they have been there and done that, they might no longer see the appeal of all the details and possible headaches that can go along with planning such a large, involved event. They might even think it would be nice to sneak away to City Hall or Las Vegas and elope. If you find yourself in this situation, how can you reconcile it?

The first thing to keep in mind is the end goal, which is to commit to each other for life. There are so many paths to take to get there, and as long as you find one you will be achieving that all-important objective. Having said that, though, people still want what they want. Make sure you are able to talk about what you each desire and hope for, and really listen to why each person is requesting what they do. Try to compromise, maybe the person who doesn't want a huge wedding or honeymoon will give in to the big day for the sake of his or her new spouse and family, but will then get to choose the honeymoon destination with the aspiration to keep it low key. Or maybe the reverse could work for you, the one who hopes for a grand occasion will be willing to tone it down but then might opt for an extravagant honeymoon.

Do your best to stay focused on what you want as a couple without giving up what is most important to you as an individual. Be sensitive to your partner's needs, and try to find a middle ground that will work for both of you. That way, each of you can be invested in their wedding.

Hopefully Matthew and Angela will be able to navigate these complicated decisions as they plan their important day. Maybe all they'll need is a little Hogwarts magic.

Please tune in to the Doctor on Call radio hour on <u>HealthyLife.net</u> every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at <u>askdrjane@drjanegreer.com</u>. Connect with Dr. Jane Greer on <u>Facebook</u>, and be sure to follow @DrJaneGreer on <u>Twitter</u> for her latest insights on love, relationships, sex, and intimacy.

## Retail Therapy: Celebrity Couples Who Shop Together





#### Katie Gray

The couples who shop together, stay together! <u>Celebrity</u> <u>couples</u> have the luxury of enjoying the finer things in life together. This entails shopping sprees, romantic getaways, spa days, vacations in paradise and dinner dates at the best restaurants. A <u>celebrity relationship</u> is typically lavish, which is why it fascinates the public and dominates the tabloids. When you factor in a <u>celebrity wedding</u> and celebrity babies, that adds a whole new dimension. (Plus more things to shop for!) There is nothing like a little retail therapy to fix anything in your life – sometimes shopping is just what the doctor ordered.

# Cupid has compiled five celebrity couples who love shopping together:

1. Kim Kardashian & Kanye West: Kim Kardashian and Kanye West

are known for shopping, donning designer pieces, and being very fashion forward. Through the years they have frequently been spotted shopping together. The husband and wife have been seen leaving Balenciaga together, as well as the Westfield Topanga shopping center, boutiques in Paris, France and they even went on a Black Friday shopping spree. The paparazzi always catches candid photos of them carrying tons of shopping bags.

2. Will Smith & Jada Pinkett Smith: One of the longest lasting marriages in Hollywood is Will Smith and Jada Pinkett Smith. The pretty pair is known for shopping together often! They are always spotted at stores hand in hand. Plus, they always are rockin' nice attire for the outings. They even shop for their children at arts and crafts stores. How cute!

Related Link: Celebrity Couples We Want To Reunite

**3. Sarah Jessica Parker & Matthew Broderick:** Sarah Jessica Parker is famous for her portrayal of Carrie Bradshaw on the hit series *Sex and the City*. Just like her character, Parker also has impeccable taste in fashion. She even launched her own shoe line that is available at department stores. She's been married to fellow actor, Matthew Broderick, for years. The happily married celebrity couple even do their grocery shopping together! They also take their children toy shopping as a family, and are known for always teaching their kids to be grateful and give back. Parker has even stated her kids wear hand me downs and are taught the value of hard work. What an amazing family!

#### **Related Link:** <u>Celebrity Couple Engagement Rings</u>

4. <u>Beyoncé</u> & <u>Jay-Z</u>: This music couple knows how to shop! The husband and wife enjoy shopping at designer stores in Milan, mansion shopping in Los Angeles, boutiques in New York City, and all around the world. They are known for dropping a lot of cash on shopping sprees. The proud parents also hit up

children stores! Jay-Z took a cue from Beyoncé's song, he liked it so he put a nice ring on it. They've been shopping together ever since and we can't wait to see what they purchase next.

5. John Legend & Chrissy Teigen: This celebrity couple will always give us relationship goals! John Legend and Chrissy Teigen captivated the world with his hit song "All of Me" and the music video they both star in. They cook together, shop together and parent together. Last month in October, the happy family was spotted shopping with baby Luna at Barney's. We can't wait to see how they spend the holidays as a family!

What celebrity couple would you like to go shopping with? Share your pick below.

## Relationship Advice: Love At First Sight From a Guy's Perspective





Robert Manni

Although some argue against it, there are studies that show the phenomenon known as "love at first sight" is possible. Partially because we are all connected at a spiritual level, it can be argued that people can actually "know" someone almost instantly, including if they are a good fit for them. But others say that we need to know someone through their actions first before truly falling in love. I think a combination of those intense beginning feelings and the gradual reveal of the person melding with those passionate first impressions makes a case for love at first sight. Remember, modern dating and relationships can be tricky, so heed the following <u>relationship advice</u> on taking additional steps to validate our initial reactions saves yourself from heartache later.

### Relationship advice for guys on, "Love at first sight." Does it

### exist?

It's no surprise that men are more visually stimulated than women when it comes to attraction. Frequently, men mistake "lust" or "infatuation at first sight" for love, only to have buyer's remorse when the woman does not live up to their fantasies. But, there is a silver lining. Both men and women can experience love at first sight- it just might not be exactly what they expected. The discussions I've had with women on this topic reveal that for them, love at first sight is more of a process with layers that unfold quickly. Although they may not get an overpowering visceral reaction to a guy instantaneously; what he says, how he looks, his energy, confidence, and how she feels around him all create the possibility for love. This process occurs rapidly in a case of "love at first sight," and can also work for a guy, especially if he has created the space in his heart for new love while also taking the time to look beyond a woman's looks. That's how it happened when I met the woman who became my wife. On the relationship advice of her sister, she signed up for a three-day trial on a popular dating site. She posted a late night selfie without any makeup and winked at me because she liked what I had written on my profile. At the time I'd been happily dating up a storm online and was going to take a pass. But, there was a beautiful simplicity about her in that photo, and especially in her eyes. I studied her face and then reread her profile. Hers was more of a "hey, this is what I've been doing," instead of the many packaged profiles I'd seen that were built to sell. So, I decided to write back.

#### **Related Link:** <u>Relationship Advice: The Guy's Guide to Dating</u> <u>Like a Man</u>

After a few short emails we agreed to have a date night. We met at the corner of West 79th and Broadway in Manhattan. I arrived first and climbed the steps of a church so I could

keep my eyes out for her. When I looked across the street the first person I laid eyes on was a very pretty lady in a green and white summer dress. I knew this was her, and I could not take my eyes off of her as she gracefully approached the church. I was pleasantly surprised because she was even better looking in person than in the photo she'd posted online. I met her halfway as she crossed the street and without thinking hugged her. She reciprocated with a curious smile. As we walked towards the 79th Boat Basin, I took her hand and she accepted mine with a welcoming clasp. All of this felt very natural. Was it love at first sight? Maybe. It sure was a nice beginning. When we sat down to eat she mentioned that she was a vegetarian. I wanted a cheeseburger, but for some reason when I heard this, I ordered something else. Afterwards we walked hand in hand along Riverside Park. When we stopped to sit on a bench, a former online date of mine roller-bladed past us. For some reason I took this as a sign that the woman on her blades was my past and the woman beside me was my present and future. And, I have not eaten meat since that day. Was it love at first sight?

#### Related Link: Top Dating Secrets of Men

My wife and I have been happily married for six years now and are the proud parents of a wonderful little boy. So is love at first sight possible for men? At least that's how it worked for me. As a relationship expert, this is how I advise readers of my blog and listeners of my radio podcast when they ask questions. With so many wonderful available women looking for a good guy, it's never been a better time to be a man. But to make the most of this opportunity, guys need to follow dating tips that make room for love, and take a little bit of extra time to look beyond a woman's exterior and into her heart.

Robert is the author of The Guy' Guy's Guide To Love, a novel praised as the "Men's successor to Sex and the City." Robert's website, RobertManni.com, features his syndicated

## Date Ideas: Craft Your Christmas Presents





#### Rebecca White

Ho, ho, ho! When you sit by the Christmas tree today admiring all of the presents around it, you don't want to be embarrassed about what you got your loved ones. In order to end this year on a high note, try to make your partner something special. For this weekend <u>date idea</u>, you'll get bonus points if you two craft some presents together! This date night will give you a chance to focus on your relationship while ringing in the holidays.

# Craft your own Christmas presents with this week's weekend date idea.

To get started with this date idea, you'll need to get in touch with your crafty side. You can make each other a scrapbook of memories, noting your first kiss, your first date, and other important moments. If you want to keep it simple, you can just write a secret love note for your significant other to find on Christmas morning. No matter what, your gift will mean more if it comes from the heart. This <u>dating advice</u> will surely make the holiday even more romantic!

You can even take a cue from celebrity couples like <u>Kim</u> <u>Kardashian</u> and <u>Kanye West</u> and make each other a selfie book. While these selfie books may not hit the bestsellers list, reminiscing and taking some photos together may be just what you need to feel connected.

Related Link: Find Out How Kanye West Proposed to Kim Kardashian

If you want to feel like a kid again, put on a Santa hat and dance to Christmas music on this weekend date idea. You can even make each other a "couple's first Christmas" ornament and put it on the tree that morning. Or if you aren't crafty or don't want to make something yourself, go shopping together and give each other a list of items under 20 dollars that you want. Either way, you don't need to spend tons of money this holiday.

**Related Link:** <u>How to Communicate with Your Ex Over the</u> <u>Holidays</u>

After opening your presents, keep the gift giving spirit going

and plan a surprise breakfast picnic for your honey. Pack some holiday favorites, like eggnog French toast, gingerbread, peppermint tea, and candy canes. It's important to get some alone time together before heading off to see your families. Enjoy a calm moment by sharing some delicious food and chatting about what you are most excited for when the New Year hits.

What did you make for your special someone this Christmas? Share your stories below!

## How to Campaign for a Better Relationship





Tanni Deb and Kayla Garritano

With Election Day in recent history, the best time to campaign for a better relationship is now. Whether that means leaning to the left with a liberal approach or moving toward the right with a more conservative one, you deserve the best relationship. For future <u>date nights</u> with your partner, let's make sure you can get their vote towards a better relationship.

# This <u>relationship advice</u> may win a vote from that special someone:

1. Figure out what you want in a partner: Knowing exactly what you want in a partner will help you narrow down your choices, just as you would with a candidate in an election. Otherwise, you'll settle for anyone. You can make a list of pros and cons, or just make a mental note, anything to help you make the right moves.

2. Figure out what issues/things you can compromise: Figure out what things you're willing to let go, such as finding a mate who doesn't have certain features or doesn't meet your height requirement. Although compromising is important for a healthy relationship, and this will help you prepare for compromises with your partner in the future, never do it for major issues. For instance, if you want a family in the future, don't make a life with someone who doesn't like children.

**3. Search:** You'll probably need to search in a variety of places before you find your perfect partner. Dating sites, clubs or even attending a party at your friend's house can lead you to your ideal mate. You usually end up finding your perfect partner where you least expect it!

Related Link: How to Deal with Online Dating Rejection

4. Communicate: Communication is the key to every successful relationship. It helps avoid misunderstandings, fixes problems, and aids in understanding each other in order to improve your relationship. Ask your partner how their day was, if they have any new interests, and other common questions like that. You should also show that you appreciate your partner by complimenting him or her once in a while.

5. Listen: Just like communication, listening is another major factor in a successful relationship. Your interest and focus is important to your partner, and when you show that they have your full attention, it means the world to them. It will also build a sense of respect and trust between both of you.

6. Think positively: When you concentrate on the negative aspects, it'll cause tension in your relationship. The next time you have a negative thought about your significant other's actions, come up with a more reasonable explanation for his or her act and then discuss it. If an argument arises, control your tone and figure out what the major issue is or the message your partner is trying to communicate. Lastly, remind yourself frequently of the good times you've spent together.

Related Link: How to Communicate to Get What You Need

7. Common goals: Having similar ambitions in life makes your relationship stronger. Figure out what both of you want and where you both want to be in the future. Find common goals and talk about how to achieve them together.

8. Find time for each other: Work is important, but for relationships to flourish, it's essential to have time for your significant other. Instead of taking things too seriously, spend time with your sweetheart, have fun and just relax. Whether it's a movie night in, an impromptu <u>romantic getaway</u>, or a date at a <u>famous restaurant</u>, make sure you get your time together.

9. Get to know him/her: After you've found the person you think is "The One," date seriously for a while. If you find that the person has way too many red flags or your feelings for him or her aren't strong enough, it's best to end the relationship so you don't drag it out for four more years, or even the rest of your life.

**Related Link:** <u>Relationship Author Kailen Rosenberg Gives</u> <u>Dating Advice for Finding 'Real Love, Right Now'</u>

10. Marriage: Talk about settling down and moving onto the next step in your relationship if you can see yourself married for the rest of your life. Unfortunately with relationships, it's not quite as easy as electing a new candidate whenever you hit a rough patch.

What methods did you use to find the perfect partner or help change the relationship you're in? Let us know in a comment below!

## Top 5 Most Traveled Celebrity Couples





Nisha Ramirez and Kayla Garritano

Once you get past the daunting task of packing and getting through airport security, traveling can be a great way to bond with your partner. Whether you decide to take a road trip through the 50 states or hop on a plane headed around the world, visiting a new place and learning a new culture can bring the two of you closer. <u>Celebrity couples</u> are always seen traveling together, and just like them, you could have you're very own <u>romantic getaway</u>.

# These celebrity couples have taken traveling to the extreme:

1. Ethan Zohn and Jenna Morasca: Ethan Zohn won the hit reality TV show Survivor Africa. His girlfriend, Jenna Morasca, won Survivor Amazon. After being together for eight years, the adventure loving couple took traveling to new heights and joined the cast of The Amazing Race in September. Zohn and Morasca hoped the competition across the world would help them relieve stress following Zohn's battle against Hodgkin's disease. 2. Kylie Jenner and Tyga: It seems Kylie Jenner and her onagain off-again beau Tyga are always jet setting someplace new. Whether it's Mexico, the Caribbean,Turks and Caicos, or Miami, they seem to prefer tropical locals. They even sometimes bring Cairo, Tyga's song with Blac Chyna, on their trips with them. It's a true family affair!

Related Link: Take a Walk on the Wild Side of the Caribbean

**3.** Jay-Z and Beyonce: These two hip-hop and R&B superstars are always hopping on planes. From laid-back summer vacations to mixing work and pleasure, Jay and Bey have racked up a large number of frequent flyer miles. While Beyonce was working on her album, 4, the married couple took to France for some R&R and long studio hours. The travel time worked like magic, because Beyonce's album was a success and she became pregnant with their first child. In September, a month after the pregnancy announcement, the new parents vacationed in Hvar, Croatia.

4. Prince William, Duke of Cambridge and <u>Catherine</u>, Duchess of <u>Cambridge</u>: Traveling is a part of William and Kate's new life together, and they take it in stride. After their lavish wedding, the royal couple took a trip around Canada and the west coast of the United States this year. The North America tour took place from June 30, 2011 to July 10, 2011. Getting to see the world is just one of those royal perks!

**Related Link:** <u>Date Idea: Travel Abroad without Leaving the</u> <u>Country</u>

5. <u>Nikki Reed</u> and <u>Ian Somerhalder</u>: When this pair got married in 2015 secretly in California, their next step was their honeymoon, planning an extravagant trip around the world. They started with Mexico, then headed to Brazil in less than a week. They were shortly seen together at a film festival in Nice, France. Happy in love, and happy in travel!

Where are the most exciting places you've traveled? Share your

experiences below.

## Tips For A Happy Friendsgiving—It's Like Thanksgiving, But A Whole Lot Cooler



Kayla Garritano

Have you gotten an invitation yet to one of the hottest new trends for Thanksgiving? If you haven't, you may very well be getting one soon. Skip <u>date night</u> and have a "Friendsgiving"-aka: a Thanksgiving celebration with friends.

The big difference is you get to call all the shots and do it your own way. Friendsgiving can happen on Thanksgiving Day, but most people host them a few weeks before so they can enjoy both. Typically Thanksgiving with family is a traditional holiday and on the conservative, tame side (if you've had relatives fall asleep in the Lazy-Boy right after the meal, you'll know what we're talking about), but Friendsgiving can be anything you want! Now aren't you excited to throw your own Friendsgiving?

### These expert tips will help you make your Friendsgiving fun and festive:

1. The Invitation List. It's a good rule of thumb to invite friends who are grateful to share your table. Stick with a good group of people who are unlikely to create stress or drama. Try to invite like-minded friends and those that you think will get along well. Set a simple rule upfront that some topics are off limits such as politics, religion and how the Cubs won the World Series.

2. Keep It Simple. There is very little point in hosting a dinner party if you don't enjoy it. The easiest way to do this is by keeping everything simple. What's most important is your guests are happy and comfortable. Set a minimal table with a couple of candles and a little nature, like pinecones or greenery in a glass vase. Skip the formal dinner setting—save that for a family Thanksgiving or Christmas. Make it even easier by setting up a buffet table where your guests can help themselves. This also makes clean up faster.

**3. Set a Meal Theme**. Since this isn't a traditional Thanksgiving, feel free to have a little fun. Pick a theme such as Throwback Thanksgiving and have friends bring side

dishes that were popular in another era. You can also ask your guests to dress the part. It will make for a memorable Friendsgiving! You can also step completely away from the typical fare of turkey and mashed potatoes and go with Mexican, Italian or Asian. Or be bold and order pizza with store bought pies. Shortcuts are welcome here. You're not trying to impress your mother-in-law with this one. Just remember to ask everyone to bring a side dish to help make your job easier, go potluck for the entire meal or order it from a local restaurant.

#### Related Link: Date Idea: Friendsgiving

4. Delegate Responsibilities. These are your friends and they're going to want to help you out and you should let them. It will make the day so much more relaxing if you're not stressing and overworked in the kitchen. If you have friends that are meeting for the first time, helping out is a great ice breaker. Jot down the tasks on post-it notes and have every one grab one on their way in the door. You may find your boyfriend's best friend doing dishes with your old college roommate. What an easy way to get the conversation going, "How about your wash and I'll dry?"

5. Don't Forget the Entertainment. No Friendsgiving would be complete without entertainment! Are any of your friends musically inclined? If so, have them bring their instruments and get a sing-a-long going. Another fun activity is karaoke. You can pick up a home karaoke machine very reasonably or find one used. Put on some fun music and encourage everyone to pick a song. A simple homemade photo booth will also keep the fun going. Just hang a sheet or tablecloth on the wall, lay out some props and signs to hold (like "Friendsgiving 2016–Where You Can Pick Your Friends"). You can simply use the camera on your phone or let your friends use their own phones for photos.

6. Give Back at Your Friendsgiving. In America, 1 in 5 kids

are struggling with hunger. Your Friendsgiving can make a difference. By hosting a No Kids Hungry Friendsgiving, your guests can have fun enjoying your dinner party while also giving to a worthy cause. No Kid Hungry will offer tons of resources to make your event a success from fundraising tips to exclusive chef recipes. Or you can simply ask each guest to bring a canned good to the dinner to donate to the local food pantry.

Related Link: How Celebrities Celebrate Thanksgiving

7. Don't Forget to Uber. Dinner parties like Friendsgiving usually include cocktails and wine. Relaxing and having a couple of drinks is expected. Just make sure your guests get home safely by calling Uber or for a taxi.

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Dating Advice: Five Ways Social Media Can Help Your Relationship





Diamon Hall and Kayla Garritano

Perhaps you reconnected with the girl who used to pinch you on the playground, the professor who inspired you to land your dream job or a long lost distant relative who lives in Germany. Whatever it may be, websites like Facebook, Twitter, LinkedIn, Snapchat, or Instagram are used in many different creative ways. In fact, it seems that people can hardly function without social media nowadays. It helps you keep in touch with family, friends and even people you wouldn't normally communicate with if it weren't for those sites. If social media can help you in the platonic aspects of your life, then it can certainly help your love life, whether that means meeting a new flame or enhancing a relationship you already have.

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### This <u>dating advice</u> can help you use social media to find that special someone:

1. More ways to keep in touch: Just like social media can help you keep in touch with family and friends, it can also help you keep in touch with your mate. You may not always be able to pick up your phone to call or even shoot a text. If you're at work and there's a computer available, it's probably easier to log on to a social site like Facebook and chat for a quick minute or send a personal message just to say, "I love you."

2. Dig deeper before the first date: If you're just meeting someone for the first time and about to go on your <u>date night</u>, social media can greatly assist you in figuring out who this person is and what you can expect. Although you shouldn't judge solely on what you read online, the image someone gives off via social media sites can be telling. Browse through their identifying information, photos, and friend's comments. Often times it's insightful to see how a potential partner interacts with others.

**Related Link:** <u>Relationship Experts Q&A: Does Social Media</u> <u>Stalking Create False Intimacy?</u>

3. Stay close even when distant: You or your honey may have to go out of town without the other sometimes, such as going on a business trip. You can upload pictures of yourself to let them know what's occupying your time while they're not there on Instagram or Facebook. Twitter also let's you update followers about your life as many times as you want. Snapchat, you're just a picture away from sharing with your partner the most current unflattering photo you could take, or putting a goofy filter on. Facebook has even incorporated video chat on their site, which is a great way to seemingly shrink the distance between the two of you. 4. Communicate more with his or her family: Social media is a way around being the shy one at the extended family dinner table. Your partner's family is going to want to see you in person sometimes, but for the other times, talk to them via a social site. They'll be thrilled to know you think enough of them to include them in your virtual social life. Plus, they get a chance to see what you and your partner do with the pictures you up!

**Related Link**: Love Advice Q&A: How Do I Show My Interest In Someone Online?

5. Meet through mutual friends: Sometimes you meet the love of your life through mutual friends. Social media makes it easier to find mutual friends. Whether it's by a retweet that you share, or a like on a friend's picture, it's a simple gesture to know that they exist. You can even sneak into a friend's snapchat when she's sending silly pics to her closest friends. Plus, you can go the extra mile and "follow" or "friend" them. Who knows what could happen!

How has social media helped your relationship? Share your experiences below.

## 5 Celebrity Couple Breakups: Say It Isn't So





Tanni Deb and Katie Gray

They say everything happens for a reason, so we can only hope that these recent <u>celebrity couple</u> breakups are for the best – because we loved watching their romantic fairy tales unfold. Whether they were married with children, engaged, or just dating for awhile, we will miss these <u>celebrity relationships</u>. The important thing is to take away the positive from any situation and grow from it!

## Cupid has compiled 5 Celebrity Couple Breakups: Say It Isn't True

1. Lady Gaga & Taylor Kinney: Music icon and actress, Lady Gaga, dated actor Taylor Kinney for five years. The pair met on the set of her music video in 2011. Kinney popped the question and proposed on Valentine's Day and Gaga had a huge diamond ring to set it in stone. They announced afterwards that they were both calling the engagement off, which was a surprise to fans. However; Lady Gaga recently stated she still cares about him and her new album has beautiful ballads.

2. <u>Taylor Swift</u> & Tom Hiddleston: "Say you'll remember me, standing in a white dress, staring at the sunset, babe," is one of the many love song lyrics of singing superstar, Taylor Swift. She was in a relationship with Tom Hiddleston after dating musician and DJ, Calvin Harris. Rumor has it that Hiddleston wanted to be more public with the relationship than Swift did, which led to their breakup. Regardless; the two had some great times together, and she will be coming out with some amazing new love songs!

#### Related Link: Celebrity Couples We Want To Reunite

3. Jana Kramer & Mike Caussin: Country singer, Jana Kramer, and former NFL star, have separated. The celebrity couple have a baby daughter together, Jolie Rae. According to the news, Caussin had to go to rehab for unidentified reasons, but Kramer is staying strong and doing everything she can for their babygirl. We know that these two will be able to coparent and do what is best for their beautiful baby!

4. Angelina Jolie & Brad Pitt: The separation of actors and icons, Angelina Jolie and Brad Pitt, rocked the world and caused a media frenzy. Jolie filed for divorce, citing irreconcilable differences. Pitt announced to People magazine that he was saddened by it and was just concerned about their children. There have been reports of cheating and arguing over parenting. Every couple has their ups and downs. Our only hope is that these two can co-parent together in a healthy way, and move onto happy futures!

#### Related Link: <u>Celebrity Couple Engagement Rings</u>

5. Jennifer Meyer & Tobey Maguire: Actor Tobey Maguire and his wife Jennifer Meyer, sadly split after nine years of marriage. The celebrity couple have two children together. They issued a joint statement, saying, "As devoted parents, our first priority remains raising our children together with enduring love, respect and friendship." We applaud them for remaining positive and focusing on their children!

What celebrity couple breakups shocked you? Comment below.