# Date Idea: Cuddle With a Furry Friend





#### By Sarah Ribeiro & Melissa Lee

Spend the weekend with your partner surrounded by each other's love and your love for animals. Getting a chance to cuddle up with a gentle creature will put the two of you in a loving mood.

Looking for a fun way to spend the weekend with your significant other? This date night idea is

### perfect if you two love animals!

Plan a zoo trip with your love — check out the Association of Zoos and Aquariums to find a local zoo that the two of you have never visited. While you're there, be sure to take photos not just of the animals, but of you and your sweetheart too. Be sure to let go of your inhibitions and let your inner child show; there's nothing more endearing than watching your partner get excited over seeing giraffes. Plus, it's a great photo (or video!) opportunity. At the end of the day, head to the souvenir shop and find something memorable to get each other. It can even be something humorous and tacky, like the typical gorilla stuffed animal holding a heart, so long as you two can make a loving memory out of the gift.

#### Related Link: Date Idea: Embrace Your Inner Child

If you're more of a community-centric couple, try your hand at volunteering. Call up your local animal shelter and see if you can set up a time for the two of you to help them out. Petfinder offers a directory of animal welfare groups where you can volunteer. This day is definitely another "photo op" for you two, as you may get the chance to play with or walk a homeless animal. Be prepared for dirty work, too: most shelters ask for help cleaning and sanitizing cages and kennels, but the work is well worth it. You may find an adorable cat or dog that the two of you are willing to foster or even adopt.

### Related Link: Date Idea: Take A Trip to the Park

For those who already have enough animals in your life, take them on a date with you. Head to your nearest dog park with your honey. Let your pets play while you sit back and relax with your beau, holding hands and bonding over your love for your furry babies. Or keep them on the leash and take a walk – or even a hike – and take in the new spring weather. Tell each other stories about your first pets, why you love animals and what your favorite furry creature is and why. It's a great opportunity to get to know each other better and enforce why you love each other.

Have an idea for a great animal-lover's date? Share it with us in the comments below.

### 6 Best Rock & Roll Celebrity Couples





By <u>Katie Gray</u>

Rock & roll! The music industry brings a lot of joy to

people's lives. In particular, the genre and subgenres of rock & roll have had a huge impact on the world. It's nice to listen to a song and connect to it on a deeper level. It's comforting when you can relate to music, and it's soothing when you need an escape from reality. Music changes people for the better. With rock & roll, there comes fashion, partying, fun world tours, wild lifestyles, groupies, and there are, of course, rock & roll <u>celebrity relationships</u> that become iconic. <u>Celebrity couples</u> that are rock stars live ravishing lives. Everybody wants to rock & roll all night and party every day!

### Cupid has compiled the 6 Best Rock & Roll Celebrity Couples:

1. Mick Jagger & Bianca Jagger: Like A Rolling Stone! Rock & Roll legend, Mick Jagger, is famous for many things — most notably being the lead singer of The Rolling Stones. From 1971-1978 he was married to Bianca de Macias, an actress and human rights advocate. She was his first wife and they remain one of the most popular couples of all time. Together they have one child, a daughter, Jade. They are well known for their iconic fashion, jet-setter and party-goer lifestyle. (Long live the glorious and glamorous days of Studio 54!) There is nothing not to love about Mick Jagger and Bianca Jagger as individuals, and the way they roll like a Rolling Stone!

2. Tommy Lee & Pamela Anderson: Heavy metal Heaven! Mötley Crüe drummer, Tommy Lee, was married to Pamela Anderson, *Baywatch* Babe and *Playboy* Playmate. Mötley Crüe was formed in LA in 1981 and saw success throughout the 80's, and they've sold over 100 million records worldwide. Tommy Lee also founded rap-metal band Methods of Mayhem and his solo musical projects have also taken off. Their whirlwind romance makes this pretty pair one of the most iconic relationships in heavy metal. They married on a beach, just four days after they met, in 1995. They have two sons together: Brandon and Dylan. They divorced in 1998, and then reunited and split again in 2001. They reunited again in 2008 before splitting, and later on again rekindled the romance. This hot couple has been through it all together: they appeared on the cover of *Rolling Stone* magazine, had their intimate vacation home video stolen from their home causing a media frenzy, and parenting their children together. They are the epitome of Rock & Roll romance.

3. Kurt Cobain & Courtney Love: Come As You Are! Kurt Cobain is one of the most influential individuals in the music industry. He is famous for being the lead singer and songwriter of the popular band, *Nirvana*. The group coined the 'alternative rock' genre of music, and made it mainstream. Kurt Cobain married singer, Courtney Love, and both were big into the punk and grunge music scene. Love was the frontwoman of alternative rock band, Hole. Their relationship smelled like teen spirit and looked like true love. Kurt Cobain and Courtney Love married and had one child together, daughter Frances Bean Cobain. This couple is the embodiment of the grunge and punk, rock and roll, music community. Sadly, Kurt Cobain died at age 27. His death was ruled as a suicide, with Cobain having left behind a suicide note. His death has sealed his status as one of the biggest legends in music and has sparked a lot of conversation. With his tragic passing, he entered the infamous "27 Club." The club has garnered attention and fascination from all around the world, as many iconic musicians have passed away at the young age of 27. The music of Kurt Cobain and Courtney Love is a gift to the world, because it has heart. "Heart Shaped Box" is a song that we all can relate too.

**Related Link:** <u>Best Lana Del Rey Lyrics Inspired By Celebrity</u> <u>Relationships</u>

4. Axl Rose & Erin Everly: Sweet Child O' Mine! Axl Rose, the

front man of one of the best rock & roll bands of all time, Guns N' Roses, is a cool dude. Since 2016 he's also the lead singer of AC/DC. Currently Guns N' Roses is on tour, playing their popular hits "Paradise City," "Welcome To The Jungle," "November Rain," "Knockin' On Heaven's Door," among many more. The rockstar has had a variety of relationships and one of his most famous, is with Erin Everly. She is the daughter of Don Everly, of The Everly Brothers, the popular pop duo of the 50's and 60's. Axl Rose, wrote the song Sweet Child O' Mine, about her. Not only did she inspire some of his songs, but they also were married briefly after being together several years. There are a lot of tabloid articles spanning throughout the decades about the duo, with reports of domestic abuse and cheating allegations. The hard rock singer-songwriter, and the model, were a pretty pair during their time together. It was very evident that they had passion for one another.

5. Lindsey Buckingham & Stevie Nicks: Rock, pop, new wave and romance. Stevie Nicks and Lindsey Buckingham are legendary musicians and performers. They are in the band, Fleetwood Mac together. They were previously a couple as well, and when they were an item together — they received nothing but admiration from the public. Even though they ended up splitting after five years, they remain good friends and still perform in the group together. It has recently been announced that Fleetwood Mac, will be touring together soon. Stevie Nicks has had an amazing solo career too, and collectively she's sold over 140 million records between her solo music and her music with Fleetwood Mac. They were one of the best couples of the 70's! The freedom-land of the seventies was such a beautiful time.

Related Link: <u>5 Most Romantic Celebrity Couples</u>

6. Sid Vicious & Nancy Spungen: Sex Pistols! Sid Vicious, was the bassist and vocalist, of the influential punk rock band – the Sex Pistols. He had a roller coaster romance with Nany Spungen. They loved each other but also fought a lot. They were very passionate and loved in the fight. Both of them were addicted to heroin, which had a lot to do with the tumultuous relationship. In 1978 when the Sex Pistols disbanded, they moved to New York City and checked into the Hotel Chelsea under the names "Mr. and Mrs. John Simon Ritchie," which was his real name. Many famous musicians have lived in the Hotel Chelsea, which is why it is a landmark and is iconic in itself. There have been numerous songs and stories written inside those walls, and in return it has inspired much writing. Leonard Cohen's popular song, "Chelsea Hotel," is about the Hotel Chelsea and his time with Janis Joplin. While Vicious and Spungen lived as residents of the Hotel Chelsea, they were on a lot of drugs. In 1978, Spungen was found dead in the bathroom of their room, under the sink at the young age of 20. She was stabbed to death in the abdomen, with only one single stab wound. It was reported that Vicious owned the knife that was used to kill her. He was arrested right away and charged with the murder. However; he pleaded not guilty and was released on \$50,000 bail. He died four months later, at age 21 of a heroin overdose, before he could go to trial, and therefore; the NYPD closed the case. Before that occurred, he attempted suicide and slashed his entire arm with a knife. It was reported he did that and then screamed, "I want to be with my Nancy! I want to be left alone!" There are many different theories about the murder, however. Many believe that Vicious did not kill her, and that it was in fact one of their regular drug dealers. Sid Vicious had his ashes scattered over Nancy's grave, on top of the snow, by his mother. Sid Vicious had written a poem titled "Nancy" before he died. It read, "You were my little baby girl/ And I knew all your fears/ Such joy to hold you in my arms/ And kiss away your tears/ But now you're gone/ There's only pain/ And nothing I can do/ And I don't want to live this life/ If I can't live for you."

### Which rock & roll couple is your favorite of all time? Comment below!

# Movie Review: Blake Lively Stars in Drama Film, 'All I See Is You'





By <u>Melissa Lee</u>

Marc Foster's All I See Is You (starring <u>Blake Lively</u> and James Clarke) tells the story of a blind woman and her husband. When Gina's (Lively) sight miraculously returns, she starts to discover the previously unseen details about themselves, including things about their marriage she'd never even thought of. This drama film is filled with jawdropping moments, all because shocking details about their relationship continue to get revealed – luckily, Cupid has some relationship advice for any similar situations!

#### Should you see it:

The onscreen chemistry between Lively and Clarke is something you're not going to want to miss. Plus, this movie has a super unique and interesting plot line that you're definitely going to want to see.

#### Who to take:

Since this isn't your typical romantic comedy, All I See Is You might not be the ideal date night movie. If you're in the mood for a drama filled film, think about going out with your friends to go see this flick.

#### Cupid's Advice:

In All I See Is You, information regarding Gina's relationship is brought to her attention in a rather non-traditional way. While the circumstances of this situation are less than likely, it isn't unrealistic to find out things about your relationship you weren't aware of – if this dilemma sounds familiar, Cupid has some advice for you:

1. Confront your partner: When confronting your significant other about the revealed information, try to tone down the anger you may be feeling. Instead, attempt to have a productive conversation so your partner feels comfortable enough to be completely honest with you about the situation.

**Related Link:** <u>Relationship Advice: 5 Communication Keys Every</u> <u>Relationship Needs</u>

2. Talk it out: After the problem has been acknowledged, it's best to talk everything out regarding the details that were divulged. Ask all the questions you have in an effort to bring closure to the situation. If there is a solution either one of you see, be sure to talk about that as well.

**Related Link:** <u>Relationship Advice: Getting Over a Grudge</u>

**3. Move on:** Whether you decide to stay together or end things based on this incident, it's important to move on from it. If you two are staying together, acknowledge your partner's feelings and concerns and make sure to stay aware of them. If it has been decided to end the relationship, move forward with your life and be sure to take care of yourself.

What are some of your tips? Share your thoughts below.

# Movie Review: 'Home Again' is a Hopeful Tale About Moving On





By Melissa Lee

John Debney's newest drama/romance film, *Home Again*, focuses on a recently divorced mother of two (<u>Reese Witherspoon</u>). She decides to start over and move to L.A., but her life gets thrown upside down when she allows three young guys to move in with her.

### This romance movie is sure to pull at your heart strings along with offering some valuable relationship advice!

#### Should you see it?:

This movie is star studded with actors like Reese Witherspoon, Michael Sheen, and Nat Wolff all making appearances throughout. *Home Again* is a relatable film about trying to start over after a divorce, so if this kind of situation appeals to you, this may be the perfect summer blockbuster.

#### Who to take:

Know someone going through heartbreak? This would be a great movie to see together! Witherspoon's character slowly gets back on her feet, but not without another love interest postdivorce — show your friend that there *is* life to be had after that tough breakup.

#### Cupid's Advice:

In *Home Again*, Witherspoon struggles to find herself after going through a divorce with her husband. Going through a breakup is always difficult, but Cupid has some tips to help you get by:

1. Rely on your support system: Whether it be family members or friends, have a support system that will be there for you at your time of need. Have someone that you know you can talk to, or have that shoulder to cry on. It'll make the process a little bit easier, plus you won't feel as alone.

Related Link: Relationship Advice: Getting Over a Grudge

2. Occupy yourself: The worst thing you can do is sit around, crying and thinking about the relationship and breakup. Allow yourself a few days of grieving, but after that, it's time to occupy your mind. Take up a new hobby, go work-out, or hang out with friends — but it's important to find healthy ways to keep yourself distracted.

Related Link: Romantic Comedy Stays Alive in 'The Big Sick'

3. Use this time to focus on you: Take advantage of the breakup process and use the time to focus on yourself. If there's a project you've been meaning to complete, now is the time to do that. Want to start eating healthy and working out? Now is the perfect time! Take care of yourself, and be proud for being able to do that.

What are some of your tips for getting through a breakup? Share your thoughts below.

# Movie Review: 'Tulip Fever' Shows What a 17th Century Affair Looked Like





By Melissa Lee

This shocking film takes place in 17th century Amsterdam, when an orphaned girl is forced into an unhappy arranged marriage, resulting in her eventually embarking in an affair with the painter of a portrait that her husband purchases. The lovers decide to abandon everything they know and run away, entering the tulip bulb market in an effort to earn money to make their dreams come true.

### Cupid has all the latest details on this scandal-filled movie, which shares some key relationship advice in this movie review:

#### Should you see it?:

*Tulip Fever* is another one of the summer's drama-romance films. This movie is absolutely chock full of scandal and shocking scenes, so be sure not to miss it.

#### Who to take:

This film would be great to go see with your friends! The cliffhangers will leave you all in awe, wondering what could possibly happen next.

#### Cupid's Advice:

In *Tulip Fever*, the wife of a powerful merchant decides to begin an affair and eventually run away with him. Though this movie is set in the 17th century, cheating should never be the way out of a relationship — if you're questioning how to end things with your partner, Cupid is here to offer some advice:

1. Be as honest as possible: If you spent a decent amount of time with your significant other, then they most likely deserve an honest explanation as to why you feel the relationship should end. Be honest about your feelings and maybe even the flaws that occurred, perhaps suggesting things they could do differently. 2. Try to leave things on good terms: Breakups can be rough, but leaving things civilly can be beneficial. There won't be as much pain or sadness, and it can make the breakup process a little bit easier. At the end of the day, acknowledging your time together and knowing that it's ending for a good reason may help both of you move forward.

Related Link: <u>Relationship Movie 'Playing It Cool' Features a</u> Loveless Chris Evans

**3.** Don't rush into a friendship: If you decide to stay friends after breaking up, it's important not to just rush into this. Recognize that the two of you just spent a certain amount of time being romantically involved, and it won't be beneficial for either one of you to immediately rush into being friends.

What are some of your tips? Share them below.

# Date Idea: Make Sushi Together





By Daniela Agurcia & Melissa Lee

Every girl loves to be wined and dined by her significant other. While restaurants are great, sometimes, you want a cozy night indoors when your partner surprises you with his best rib dish, a bottle of wine and a bouquet of red roses.

In reality, we're not all top chefs and often end up making a mess in the kitchen when we even attempt to make something as simple as macaroni. In this situation, a sushi kit can save date night.

You can find a sushi kit at a nearby grocery store for a reasonable cost. They're not as complicated as they sound and will walk you through the entire process, helping your date night to go as planned. Dress up and invite your beau over for a home-cooked meal. Greet him with a glass of Pinot Grigio,

and surprise him in the kitchen with the sushi materials all set-up for you to make your favorite rolls together. Sushi kits come with a cookbook, rice, nori for wrapping the sushi, ginger, spicy wasabi and soy sauce. A couple of simple rolls you can make include California Rolls, Tuna Rolls and Salmon Rolls. Put on your favorite playlist, and for the next 30 minutes, flip through the cookbook and create a 10-15 piece sushi set. Lay it all out on a big plate and fill a little bowl with soy sauce. You're ready to feast!

Related Link: Tease Your Taste Buds on This Weekend Date Idea

After you put your kit to good use, spend the rest of your time together enjoying your sushi and that bottle of wine. Catch up on what you've both done throughout the week, and sit back and enjoy each other's company. The best part about a sushi dinner is that you don't get that extremely full feeling you'd have if you ate something heavy like pasta or a burger. Sushi is the perfect meal to leave you feeling satisfied with some extra room for something sweet.

Related Link: Date Idea: Stroll Through the Farmer's Market

Go the extra mile and surprise your date with a fortune cookie for dessert...but customize it. Slip in a little note that reads "I love you" or "I'm happy I met you." It's an unexpected gesture that will make your date feel especially loved. Plus, it'll make this date night all the more memorable.

What ideas do you have for dining in with your loved one? Share your ideas below.

## Date Idea: Workout Together





By Daniela Agurcia & Melissa Lee

April is here, with Summer just around the corner. Now is the time where everyone throws on their swimsuits and heads to tropical destinations like Cancun, Miami, and Hawaii to lay out in the white sand and soak up the beaming sun. It's the last chance for you to sculpt those legs and define those abs – and what better way to do it than with the one you love.

### After a great workout for this date idea, you'll feel stress-free and energized. Plus, it provokes

# happiness, which will benefit your relationship.

Use this month to develop an exercise schedule together. Take advantage of all of your options, whether it's at your local gym or a nearby park. Sign up for a spinning class, something you can do at your own pace since your strength level will be different than your partner's. It doesn't even have to be a workout – dancing provides great exercise as well. Hit up the nearest salsa class for a curve-building calorie killer. Whether it's dancing or weight training, be there for each other and remember that it's about support – not competition!

Related Link: Date Idea: Become a Football Fanatic

Don't want to waste a beautiful day indoors? Kill two birds with one stone by heading to the park. Run side-by-side for 30 minutes, and then help each other with a core workout on the grass. You can even go hiking or canoeing to put those legs and arms to work, all while engaging in conversation and enjoying each other's company.

**Related Link:** <u>Date Idea: Enjoy the Great Outdoors with Your</u> <u>Other Half</u>

Many people don't have time to fit in exercise between their jobs and their social lives. But you don't have to choose one over the other. Dating shouldn't derail your plans to get fit this summer. You both want to look good for each other, so what better way than getting fit with someone you love? With your new fitness regimen, you can accomplish this. Sounds too good to pass up. Give it a try!

What fun workout plans do you and your man do together? Share your ideas with us below.

# Date Idea: Have a Colorful Day



By Ché Blackwood & Melissa Lee

Remember the fun of youth by creating a daytime date centered on coloring. With this <u>relationship advice</u>, you'll be taking a trip down memory lane with the one you love. It'll you feeling rejuvenated and creative!

### For this <u>date idea</u>, invest in a box

### of crayons, grab a few coloring books, stock up on old sweet films and give yourself the play date of your childhood dreams!

There are a variety of coloring books, allowing you to choose the best ones for your personality. If your honey likes baseball, pick up a workbook focused on the popular pastime. If you've still got a thing for princesses, purchase a Cinderella coloring book. If kid's books aren't your thing, head over to an adult store. Many of them carry adult themed coloring books, which will prevent your afternoon from staying G-rated.

Related Link: Date Idea: Revisit Your Childhood

Challenge your beau's artistic talents by judging each other's coloring. If you're really creative, grab a few colored pages from each book and make up a story together. Sketch to your hearts' content, but be sure to stop as soon as soon as it loses its appeal. Some things are better in moderation.

Related Link: Date Idea: Laugh Out Loud Fun

Once the crayons have started to crumble, watch a favorite animation together. Whether a classic like *Beauty and the Beast* or a more grown up choice, like *Futurama*, savor the experience of watching cartoons together with popcorn and a cozy cuddle on the couch. The rare opportunity to forget your adult responsibilities will leave you feeling joyful and young at heart.

How do you like to stay young with your partner? Tell us in the comments below!

# Movie Review: 'Lady Macbeth' Exhibits Drama, Romance and Affairs





By <u>Melissa Lee</u>

In an upcoming drama film, which comes to theaters today, *Lady Macbeth* shows the dark side of Katherine's (Florence Pugh) stifling marriage, resulting in her embarking on an affair with a young worker from her husband's estate. This fling ignites a fire in Katherine, causing her to stop at nothing to reach her end goal of true happiness.

### Check out our movie review on *Lady Macbeth*, and get some <u>relationship</u> <u>advice</u> in the process!

#### Should you see it?:

This movie isn't exactly a romantic comedy, but it has hints of romance and controversy, along with a ton of drama. If you're looking for a shocking tale, this is the film for you!

#### Who to take:

Lady Macbeth is a serious film — it's not filled with comedy or cheesy romance scenes, so maybe it's not the best first date movie. However, it could be a good flick to go see with your girlfriends, or even a date with your partner.

#### Cupid's Advice:

In Lady Macbeth, Katherine is stuck in an unhappy marriage with a disapproving family. In an effort to find happiness, she begins an affair with another man, eventually deciding that nothing will stop her being truly happy. While this determination can be seen as admirable, she goes about it the wrong way, resulting in poor decisions and actions. If you're not happy in a relationship and trying to find contentment, like Katherine, Cupid has some tips:

1. Communicate: Similarly to a lot of other relationship problems, communication is key. It's time to figure out whether or not your relationship is worth saving, and it's important to both be honest with yourself and your partner. You should voice your thoughts and concerns, but don't force yourself to stay if you know you won't be happy.

**Related Link:** <u>Relationship Advice: How Your Excitement Drives</u> Your Expectations 2. Do things that make you happy: Compile a list of healthy activities that make you happy, whether it be painting, working out, or meeting up with friends. If you're doing positive things that enhance your mood, happiness will come more easily. Forming a routine with these activities can be ever more beneficial!

**Related Link:** <u>Movie Review: Romantic Comedy Stays Alive in</u> <u>"The Big Sick"</u>

**3. Be honest with yourself:** At the end of the day, you know yourself better than anyone else. It's also important to put yourself first in certain situations. Don't be afraid to take the necessary actions to make yourself happier at the end of the day, and don't feel like you're being selfish, either.

What are some of your tips? Share your thoughts below.

# Relationship Advice: Getting Over a Grudge





By Dr. Jane Greer

In <u>celebrity news</u>, social media is going crazy after pop star <u>Taylor Swift</u> decided to release her entire back catalog of music on all streaming services on the same day that <u>Katy</u> <u>Perry</u> released her new album, *Witness*. It was especially big news because Taylor had previously pulled her songs from Spotify in 2014. Some fans took it to be an intentional act, possibly to take the attention away from Katy on that important day. At the very least, the timing was interesting since Katy has publicly discussed her feud with Taylor multiple times in the last few weeks while promoting her new record. This is the perfect example of two people holding onto a grudge and resentment for a long time.

### For Taylor and Katy, the grudge seems to be born out of creative competition that went on between

### them, but grudges can be kept over almost anything. Check out this <u>relationship advice</u>:

Usually at a grudge's core is both people believing that they were wronged by the other person, and feeling justified in their anger, entitled to an apology, and basically hurt by the other person putting their own interest and needs ahead of the friendship. Very often, the pain that the betrayal causes can run so deep that people easily become consumed in their desire for retaliation and/or revenge. When this happens, the goal is to make the other person suffer and pay for the pain they put you through.

#### **Related Link:** <u>Celebrity Break-Ups: Taylor Swift's Ex Calvin</u> <u>Harris is Collaborating with Her Nemesis Katy Perry</u>

In my book *How Could You Do This To Me?: Learning To Trust After Betrayal*, my chapter "I'll Make You Pay" speaks to the nature of revenge and the toll it takes. When you lock into getting back at the other person, it keeps you connected to that person in a negative way. It is one thing to feel resentful over something a friend has done and decide to end the friendship and not have anything more to do with that person. It is another thing entirely to get mad and end the relationship, but stay connected by way of your anger. It also can be difficult for the people around you who may be drawn into the controversy as they are asked to choose sides, or worry about offending you by wanting to still be involved with the person you are feuding against. Too often there is collateral damage.

**Related Link:** <u>Celebrity News: Diplo Fires Back After Katy</u> <u>Perry Knocks His Bedroom Skills</u>

The question becomes, how do you end a grudge when you feel

you have been betrayed? It isn't easy to let go when you believe you have been wronged, but here are a few things to keep in mind as you attempt to do just that. The first step is realizing that if you are in this situation it is like giving bad energy free rent in your mind which could be used for more productive things. If you keep the flame of anger burning you will have less available fuel for engaging in activities and doing things that could actually make you feel good. Recognizing this can help you choose to let go of all these vindictive thoughts so you can begin to shift your focus to what you can do for yourself, something you can control, and away from focusing on what you hope might happen to the other person, which you can't control.

#### **Related Link:** <u>Relationship Advice: Does Time Apart Heal</u> <u>Betrayal?</u>

Another option is to deal directly with the person you have a grudge against. If you do go this route, it is important to give up the notion that you are in the right and the other is in the wrong, and that you deserve an apology. Instead, that both of you are dealing recognize with а misunderstanding, and tackle it like a team. Consider saying to the other person that obviously you both have hurt feelings, and that you are sorry for what happened and you hope that is mutual. If you try to get into your view versus theirs, it is likely that tempers might flare and you might end up being accusatory and have a difficult time problem solving. If that should occur, the only choice might be to agree to disagree, and accept that you may never get to the bottom of it, but concur that the relationship matters more and you are willing to put the disagreement behind you. At that point, you can talk about how to put guidelines in place so you can check things out with each other and be more considerate, so hopefully you can avoid altercations in the future.

Perhaps Katy and Taylor are on the brink of letting go of

their grudge, and time will tell.

Please tune in to the Doctor on Call radio hour on <u>HealthyLife.net</u> every Tuesday at 2 PM EST, 11 AM PST. First and third Tuesdays are Shrink Wrap on Call, second Tuesdays are HuffPost on Call, and the last Tuesday of the month is Let's Talk Sex! Email your questions dealing with relationships, intimacy, family, and friendships to Dr. Greer at <u>askdrjane@drjanegreer.com</u>. Connect with Dr. Jane Greer on Facebook, at <u>www.facebook.com/DrJaneGreer</u>, and be sure to follow @DrJaneGreer on Twitter for her latest insights on love, relationships, sex, and intimacy. For more on Dr. Greer, visit <u>http://www.drjanegreer.com</u>.

## Weekend Date Idea: Celebrate Easter by Getting Crafty





By Marissa Donovan

With Easter right around the corner, it's easy to lose track of your relationship while getting caught up in family and social obligations. To properly balance a busy holiday schedule and a thriving love life, you need to be creative. Get crafty on Friday, Saturday, and Easter Sunday.

### Hop right into this <u>date idea</u> by doing Easter crafts with your sweetheart!

Whether you celebrate Easter for religious reasons or not, you'll have a blast taking part in the festivities with your partner. Visit a local grocery store and buy an egg-dying kit. With a variety of colors to choose from, you will be able to express your more artistic sides. Stickers can help the artistically challenged keep their eggs looking beautiful. Surprise your partner with a secret love note by purchasing a few white wax crayons. They are easily accessible and allow you to write invisible messages on shells, which won't show until after they've been dyed.

**Related Link:** <u>Dating Advice: 5 Tips For Bunny Hopping Yourself</u> <u>Into Romance</u>

Feel like a kid again by arranging an old fashioned Easter egg hunt for your loved one. To add a new twist to this old game, write up a series of romantic hints for each other. Direct him to find a hint in a picture frame or cookie jar!

Related Link: Dating Advice: Hunt for Love

Afterward, arrange an Easter basket for your date. Fill it with candies and special trinkets that he'll love, like a favorite DVD or tickets to a concert. Ending one date by planning another is a great way to ensure you'll keep making memories together.

What type of fun do you plan around Easter? Let us know in the comments below!

# Date Idea: Hunt & Thrift for Treasures





By Marissa Donovan

Rummaging through your grandmother's attic, or sifting through a garage sale can be a thrill when you find old treasures. This weekend, make a <u>date night</u> out of it by visiting thrift stores and flea markets with your special someone.

# Find excitement by treasure hunting as a couple!

Try sorting through forgotten artwork, jewelry and furniture to find the perfect addition to your life. Vintage clothing can be resold online if your findings don't match your own particular needs. Always check the latest <u>fashion trends</u> to see if you can still pull off the vintage look!

Related Link: Weekend Date Idea: Get Thrifty

Driving through town and stopping at garage sales is another great way to hunt for used items! Garage sales have the added benefit of allowing you and your sweetheart to speak with an item's owner. This gives you the opportunity to discover the history of an object before purchasing it.

**Related Link:** <u>9 Frugal Dating Tips for Cost-Conscious</u> Lovebirds

Keep an eye out for neighbors replacing older furniture or preparing for a move! They are much more likely to bargain price since they need to get rid of their items quickly.

What's the best thing you found with your partner at a thrift store or flea market? Let us know in the comments!

# Date Idea: Spend a Day at the Zoo





By Ché Blackwood and Marissa Donovan

Get close with your sweetheart by visiting a zoo! Watch the penguins swim and the tigers wrestle while spending an afternoon outside in the fresh air. See the variety of other creatures sharing our planet.

### Get wild with this <u>date idea</u> by going to the zoo with your loved one!

If you want to get really close to Mother Nature, visit a petting zoo. While you may not spot any lions, you'll have the chance to touch gentle animals like sheep, pigs and goats.

Related Link: Date Idea: Cuddle With a Furry Friend

If sea creatures are more up your alley, visit an aquarium. Watching sharks glide through the water and jelly fish pulsate will leave you relaxed and in awe. Try quizzing each other with animal trivial while entering a new exhibit! **Related Link:** <u>Weekend Date Idea: Kinkajous, Horses, and Clown</u> <u>Fish – Oh My!</u>

Make sure to leave a donation before heading home to ensure zoos and other animal friendly organizations can continue their work. You can also go home and donate money to a organization that is currently helping your favorite species. Sometime an organization will give you a birth certificate for donating, which would be a great gift for your partner!

**Related Link:** <u>Matt Damon and Scarlett Johanssen Learn to Love</u> in 'We Bought a Zoo'

What animal do you love to visit at your local zoo? Tell us in the comments below!

# Date Idea: Create Magic in Your Relationship





By Ché Blackwood & Melissa Lee

Show your partner what you have up your sleeve by adding a little mysticism to your daily routine. Skip your usual weekend haunts and attend a local magic show with your honey.

### Whether you're seeing a famous act or something more low key, it'll only take one wave of the wand to spice up your date night.

Find a venue by checking the local listings in your area. Seeing a magic show can make for some great conversation as you and your sweetheart try to unravel the secrets of the performance once its over. If there aren't any acts nearby, scout one out in the city nearest you. It may be worth taking a road trip together.

Related Link: Weekend Date Idea: Play All Day

Another idea is to bring the mystery home by purchasing a magic kit online or from your local toy store. Dress up as an assistant and let your significant other perform all types of tricks on you. Or make a game of it by each learning a separate trick to impress one another with. Whatever you choose, you'll be casting an enchanting spell over the evening.

What's your favorite magic trick? Tell us in the comments below!

# Date Idea: Couple Up with Game Night




By Ché Blackwood & Melissa Lee

It may still be too chilly to throw a BBQ or spend an evening drinking with your lover on the patio, but that shouldn't stop you from double dating. This weekend, take the fun inside by hosting a couple's game night.

### Whether you're playing with your partner or against, healthy competition mixed with good company will guarantee an uproarious date night.

Group games, like charades and Pictionary, involve everyone and foster a loud, exciting atmosphere Keep score throughout the night to see which couple racks up the most points. To make a tradition out of it, create a small trophy for the winners to take home. Every month, plan a new game night and rotate the trophy accordingly.

#### Related Link: <u>Weekend Date Idea: Game On</u>

Technology can help keep your game night interactive. Fire up your PS3 or Xbox and have a tournament. Let the console keep track of each team's points while playing games like Call of Duty or Wii Sports. There's nothing wrong with a little new age entertainment! If you have single friends, invite them over with a platonic teammate. Everyone can join in on game night.

Related Link: Weekend Date Idea: Build a Fort

At the end of the evening, you can wind down with pizza and a movie. Even if your other couple friends can't show, a night of first person shooters and Monopoly with your <u>sweetheart</u> will keep the memories coming as the hours fly by.

What's your favorite game to play with your beau? Let us know in the comments below.

### Date Idea: Feed Your Heart with a Sushi Sampling





By Ché Blackwood and Melissa Lee

Sushi, a heart healthy meal served up in a variety of ways, is meant to please every taste bud. Since it's so versatile, this tiny treat is perfect for date night. With so many options, you and your sweetie would have to visit a Japanese restaurant every day for a year before trying them all.

### This weekend, take our date idea advice and put some serious work into your sushi habit with your lovely by searching out all the rolls your town has to offer.

Map out two or three different spots you've wanted to visit and go on a taste test with your partner. Order two rolls to share at each place, comparing the taste with the restaurant's overall atmosphere. Share a small amount of their Saki as well, finding the perfect temperature and strength for your preferences.

#### Related Link: Date Idea: Have a Night Abroad

Because sushi is a smaller meal, you'll be able to try several dishes with your significant other. By the time you reach your doorstep, you'll know where to find the most decadent Crunchy Whitefish Roll.

Related Link: Date Idea: Couples Barbecue

If running from table to table doesn't sound appetizing, sampling items at home can be just as romantic. Grab a few menus and circle the most scrumptious sounding tempura, sashimi and veggie dishes.

Related Link: Date Idea: Stroll Through the Farmer's Market

If you're lucky, you'll even find a few joints that deliver. This way you can create a romantic setting. Set out a nice spread with wasabi, ginger and soy sauce. Throw out the menus to the restaurants you don't like and save ones you do. The next time you need a quick meal, you'll know who to call.

What meal do you and your honey love to share? Let us know in the comments below.

### Movie Review: 'Blind' Stars Alec Baldwin & Demi Moore Engaging in Affair





By Melissa Lee

In Michael Mailer's latest romance film, *Blind*, Alec Baldwin and <u>Demi Moore</u> star in a blockbuster sure to tug at your heartstrings. Baldwin plays a novelist blinded in a car accident that killed his wife. He then falls in love and starts an affair with Moore's character, who is still married to a businessman who neglects her. Talk about drama!

# Check out our movie review on *Blind*, coming to theaters July 14, 2017

#### Should you see it:

The movie's two leads are Hollywood legends, plus the unique plot is enough to keep you hooked the entire time – *Blind* doesn't seem like a movie you should miss this summer!

Who to take:

This movie isn't just your average drama-romance; it's filled with OMG-worthy moments. *Blind* seems like a great movie for a date night with your partner, but would also be fun to see with your friends for a girls night.

Alec Baldwin and Demi Moore engage in an affair in 'Blind'. How can you move on from an unfaithful relationship?

#### Cupid's Advice:

Untrustworthy partners are terrible to experience, but it's important to realize that you come out a stronger person after the relationship is over. Below are some tips on how to keep your life moving after the break-up:

1. Let yourself grieve: Everyone's going to have different opinions, but it's critical that you let yourself go through the average break-up phases. Even though this one may hurt particularly bad, don't assume that you automatically have to move on because of that reasoning.

Related Link: <u>5 Celebrity Couple Breakups: Say It Ain't So</u>

2. Don't blame yourself: Regardless of how you found out your partner was being unfaithful, it's not your fault. This was their choice and you should not believe that you could have done anything to make the situation better. When you come to terms with this, it may be a little easier to continue to move forward.

Related Link: <u>Relationship Advice: Why Isn't It Easy to Say</u> <u>Goodbye?</u>

3. Try to stay positive: Even though it can feel like awful circumstances, try your best to stay positive. Maybe it's better that you found out your significant other is not a faithful person at this point in the relationship, before things furthered. Or more importantly, realize that you're worthy of being in a sincere relationship and this person doesn't deserve you.

What are some tips to move on from an unfaithful relationship? Leave your thoughts below.

### Movie Review: 'The Beguiled' Brings Back Historic Romance





By Melissa Lee

In Sofia Coppola's latest drama film *The Beguiled*, an all girls' school in Virginia during the Civil War is tossed upside down when the young women decide to shelter a wounded

Union soldier. The result? A plethora of rivalries and sexual tension as the girls fight over the soldier.

### Check out our movie review on *The Beguiled*, and go see it for <u>date</u> <u>night</u>:

#### Should you see it?:

Coppola is known for her edgy filmmaking style, so this electrifying film surely won't be one to miss. Plus, stars like Colin Farrell, Nicole Kidman, Elle Fanning, and Kirsten Dunst star in it. Talk about some big acting chops!

#### Who to take:

This movie may be fun to see with your significant other, but it would also be great for a girls' night.

Sometimes it's nothing if not full of drama when you're competing with other girls for the affections of one guy. Is the drama worth the guy?

#### Cupid's Advice:

In this Civil War-era flick, the young women live a relatively normal life until they make the choice to take in a wounded soldier. His presence ultimately causes drama between the girls, which is a fairly common situation. How do you know when to cut the drama — and the guy responsible for it?

1. Reflect: As cheesy as it may sound, make a pros and cons list and think about how his presence has affected your life. Has he only caused problems? Is he a toxic person? Make the executive decision and figure out if he's being a positive influence. **Related Link:** <u>Relationship Movie 'Playing It Cool' Features a</u> <u>Loveless Chris Evans</u>

2. Talk to friends: When you talk to friends that have your best interests at hand, they may be honest with you about whether or not they see this person's true colors. If they've noticed some shady activity, take their opinions into account too.

**Related Link:** <u>Relationship Advice: How Far Will You Go for a</u> <u>Relationship?</u>

**3. Communicate:** Having a calm, productive conversation about your concerns with this person may be beneficial, too. However, it's important not to forget your own viewpoint – don't let them sway you away from the fact that you are still questioning their motives.

What are your tips for cutting out a dramatic person? Share your thoughts below.

Relationship Advice: Why Your Superiority Complex May Be Killing Your Marriage (and How to Stop It)





By David M.R. Covey and Stephan M. Mardyks

You may be married on paper, but are you and your spouse really married *in spirit*? Sure, you live under the same roof, you may share a last name, your finances are intertwined, and you're (presumably) faithful to one another.

If you're like many "happily" married couples, you haven't really integrated your lives. Instead, you're operating as "married singles"—and it's because you believe your own upbringing is superior to that of your partner. Check out this <u>relationship advice</u>:

People usually bring two different value systems into their marriage. Where do they get those values? From their

upbringing, naturally. And human nature being what it is, we tend to believe that what we are taught as children is the "right" way to operate.

If you're not proactive in bridging the schism, the problems that arise from your conflicting viewpoints can kill your marriage (or any other kind of intimate relationship yours might be).

When you disagree on the small things—how to squeeze the toothpaste or arrange the furniture—it's not that big a deal. But when it comes to more substantial issues, being out of sync can lead to fighting, simmering resentment, and, ultimately, divorce.

**Related Link:** <u>Relationship Advice: Making Marriage Work Like</u> <u>Beyonce</u>

We call this destructive pattern the "Relationship Trap." It's actually one of seven traps covered in our book *Trap Tales: Outsmarting the 7 Hidden Obstacles to Success*. In the book, we provide new insights to help you escape the seductive modernage traps that keep you from reaching your optimal performance and happiness—and our solutions often cut against the cultural grain.

Trap Tales teaches readers the art of Trapology, as described through the tale of Alex, a husband and father who has unwittingly fallen into the traps that so many people struggle with. Alex fell into the Relationship Trap because he and his wife failed to discuss their differing values systems. Over the years, Alex left the brunt of the household duties to his wife and spent money on things he wanted while she worried over their increasing debt. Their story no doubt rings true for many couples facing similar problems.

**Related Link:** <u>Celebrity Wedding: Nelly Explains Why He's</u> <u>Getting Married One Time</u> The Relationship Trap is pervasive today for various reasons. First, women can and do work and no longer have to rely on their husbands for survival. Separation and divorce today are highly common. Plus, it's easier than ever to meet new people online, so people tend not to feel "stuck" with their current partner when things get tough.

The bottom line? Couples need to negotiate their different roles to find harmony in the modern age. This begins with understanding the reasons why we fall into the Relationship Trap:

1. As mentioned earlier, we believe our upbringing is superior to that of our partner's. It's very common for each spouse to think the way things were done in their childhood is the right way to operate. Anything that runs counter to their experience is seen as different, weird, or just plain wrong. This applies to both the big things, like how they raise their kids or manage their money, and small things, like how they organize the kitchen. We make these judgments unconsciously and become annoyed at the differences in our spouse or partner.

2. We fail to shift our mindset from "me" to "we." Most couples don't spend enough time thinking like a team in their marriage, and the ramifications are serious. If you think of marriage as a sport, too many couples today are running track instead of playing football. But to make their marriages work best, couples must focus on transitioning from me to we and thinking of their marriage as a team sport.

3. We are unwilling to change, or we agree to change only if our partner changes first. Finally, couples fall into the Relationship Trap (and get stuck there) because they wait for their spouse to change first. But change is very difficult, and most people tend to avoid it as long as they can. In relationships, this translates to a very long wait. The lack of movement in one partner makes the other partner feel justified in not changing either. But when our partner attempts to change, our conscience is pricked to reciprocate in kind. Therefore, the best way to encourage change in your partner is to change first yourself.

Here's the thing: The conventional approach to climbing out of the Relationship Trap—"agree to disagree" and focus on other areas in which you are compatible—doesn't work. This approach acknowledges that you can't change others and suggests that you just need to accept each other's differences. However, if you can't create a mutual perspective on important issues, your marriage is likely to remain superficial at best.

To solidify your relationship, you must create a shared vision for your marriage and agree upon a pathway to get there. People typically don't do this because it's easier to simply repeat what they've each seen modeled already. But if you want a strong marriage that goes beyond the superficial, you must do this.

Here are three steps for creating your shared vision for the future:

STEP 1: Plan some time to formulate your shared vision together. This step is crucial, and to complete it, you need to have time free of distractions and interruptions. Yes, it may feel uncomfortable at first, but you'll quickly see that it is fun and exciting to imagine what you can accomplish in your life together. This exercise will draw you closer as a couple.

STEP 2: Discuss and come to an agreement on these three crucial issues.

How will you manage your finances? How will you raise your kids? How will your household duties be divided and managed?

Write down and commit to memory your agreement with your partner.

STEP 3: When disagreements arise, try this "Trap Inversion." If you have a major disagreement, ask each other how important the issue is on a scale of 1-10 (where 1 is not important at all and 10 is extremely important). Be honest in your assessment. Allow your partner to have their way if they score higher on the scale than you on that particular disagreement.

It's never too late to create a shared story with your partner. And the good news is that the modern world offers so many more opportunities than it ever did in the past. What couples can achieve is limitless if they just take the time to create a plan and work toward it together.

**David M.R. Covey** and **Stephan M. Mardyks** are widely seen as world-renowned experts in the field of global learning and development. They are the cofounders and CEOs of SMCOV, Wisdom Destinations, and TrapTales; and cofounders and managing partners at ThomasLeland, Leading in English, and Streamline Certified. Past experiences include serving as joint COOs at FranklinCovey.

Trap Tales: Outsmarting the 7 Hidden Obstacles to Success (Wiley, May 2017, ISBN: 978-1-1193658-9-1, \$25.00) is available at bookstores nationwide, from major online booksellers, and direct from the publisher by calling 800-225-5945. In Canada, call 800-567-4797. For more information, please visit the book's page on www.wiley.com.

### Date Idea: Indulge In a Night of Laughter





By <u>Marissa Donovan</u>

Need new <u>date ideas</u> because boredom is getting the best of you? Why not indulge in a night of laughter? Have a movie night with your sweetheart this weekend by grabbing your alltime favorite comedy. If you want to watch something new, head on over to the nearest theater to watch the latest movie releases. Check Youtube for comedy movie trailers that are being shown in a theatre near you.

# Enjoy giggling together as a couple during your next <u>date night</u>!

Comedy clubs are also fun and will make your night. They feature many comedians who definitely won't let you down. Check out bars or other venues in your area to see when a comedian is preforming. Websites like Ticketmaster and Eventbrite can help you locate the next show.

**Related Link:** <u>Relationship Advice: Can Humor Go Too Far?</u>

Do you enjoy watching Jimmy Kimmel Live or The Tonight Show Starring Jimmy Fallon? Do you live in California or New York? If you plan on visiting those states, get tickets for their shows!

**Related Link:** <u>Relationship Advice: 5 Things to Know Before</u> <u>Dating a Funny Guy</u>

Have a laughing fit with your partner and remember all the jokes to retell to friends.

Do you have any funny dating stories worth sharing? Leave you stories in the comments for our readers.

### Date Idea: Keep It Exciting During New Venue Night





By Marissa Donovan

Finding something new to do with your partner can be a challenge, but the key to an exciting night out is often found just around the corner. Comedy clubs, dance clubs, and seasonal fairs are constantly opening up all over the country. This is the opportunity to try something different and be spontaneous together.

# Keep it your <u>date night</u> exciting at a new venue!

Learning about other cultures and the arts is a great way to start the evening. Attend a museum opening, traveling exhibit or art show. Educating yourself with your love by your side can be exhilarating. Afterward, try something out of the ordinary for dinner by hitting up a <u>romantic restaurant</u> with cuisine you've never sampled before.

Related Link: Date Idea: Stroll Through a Museum

When an emerging establishment opens, it is not uncommon for

them to hold a wine tasting, or special happy hour for locals. If this fits your idea of getting closer together, sites like Zagat.com and Groupon.com can help you find the best events and deals in your area.

**Related Link:** <u>Relationship Advice: Wine Taste Your Way to An</u> <u>Intimate Date</u>

Whatever it is you chose to do, just make it something new!

What new places do you like to visit with your special someone? Share the new venue with our readers in the comments.

### Date Idea: Pucker Up While Putt-Putt Golfing





By <u>Melissa Lee</u>

Are you tired of having to sit quietly during your regular movie dates? If so, your next date with your significant other should be an awesome game of putt-putt golf! This will give you guys a chance to <u>try something new</u>, all while enjoying the warm summer weather and each others' company.

### You don't have to be a pro to enjoy the game with your mate; this date idea is all in the name of fun and love!

Miniature golf will give you two a chance to be competitive, which will create fun conversations — something that every relationship needs! Come on guys, don't we all love being able to help out our partners when they are struggling to hit the ball? This is also the perfect time to be cute and cuddly. Go ahead and give your love a special kiss when he/she does a good job! You know what else wouldn't hurt? A comforting hug when your sweetheart misses the ball - your cool point meter will increase big time!

**Related Link:** Enjoy the Outdoors With This Challenging Date Idea

Another way to make your date priceless is by dressing alike! By throwing on some matching polo's and some nice cargo shorts, you'll be picture perfect together. Now after your fun but tiresome date, dine at the restaurant of your choice and talk about all the funny things that happened while golfing. Sounds like the perfect date!

Take a look at some of America's best and most bizarre courses:

- 1. Lake George, N.Y.'s Around the World in 18 Holes
- 2. Mayday Golf in Myrtle Beach, S.C.
- 3. Putz n Glo Miniature Golf in Rapid City, S.D.

Know any other ways of enjoying a good game of mini golf? Comment below!

### Date Idea: Take Him Out To The Ball Game





By Melissa Lee

It's summertime, which means it's the perfect time to bond with your beau over something he loves ... baseball! Not only will this show him that you listen to what he likes, but also that you're willing to take an interest and bond with him over it.

### Why not surprise your honey with tickets to see his favorite baseball team for <u>date night</u>?

If you don't want to head to a Major League game, why not remind him of his childhood and check out a little league game? This way you have the rush of real competition, but without the stress of all the rules of major league baseball. Plus, watching Little League is usually free, where as Major League can be pretty pricey.

Related Link: Date Idea: Enjoy the Warm Weather

If you don't want to head to a game, why don't you make your own? Get some friends and family together and set up a game in your own backyard or nearby park. Grab a bat and a ball and play for yourself. It definitely beats sitting on the couch watching the game.

Related Link: Date Idea: Couples Barbecue

Or even better, set up a couples baseball game, and make it a weekly event! If you don't feel like putting a whole game together, simply play a game of catch with your beau. What better way to enjoy a beautiful summer day?

Have any baseball-related ideas for your next date? Share your ideas below.

### Date Idea: Take In Some Cartoons





By Melissa Lee

Remember Sesame Street, Winnie the Pooh and Bugs Bunny? They were probably your favorite cartoons when you were younger, and still are today. But now that you're older and too busy, you might not have the time to watch them.

### Well, why not use this <u>date idea</u> and spend this weekend catching up on your favorite cartoons with your mate? After all, you're never too old for *Loony Tunes*.

Snuggle up on the couch with your man and watch some Saturday morning cartoons. Make a breakfast complete with Lucky Charms, and turn back the clock to a time when everything was easy.

#### Related Link: Date Idea: Laugh Out Loud Fun

Spend the following day with an animated flick at a theater.

Not interested in anything that's currently being played? Rent your favorite Disney classic films and cuddle up with with a bowl of popcorn and soda at home with your significant other.

**Related Link:** <u>Date Idea: Embrace Each Other with a Scary Movie</u> <u>Marathon</u>

What are some of your favorite cartoons? Share below.