Surprise! Sean Penn Watches 'The Bachelor' with Celebrity Love Charlize Theron and Is Team Kaitlyn



By Katie Gray

What a pleasant surprise! Actors and celebrity couple Sean Penn and Charlize Theron, watch *The Bachelor* together! Penn announced this great revelation during his appearance on Jimmy Kimmel. According to <u>UsMagazine.com</u>, he said, "We argue about whether or not we should fast [forward]," he revealed. "I don't really want to hear the conversations, I want to know the decisions. You can decide on this one or this one. And I want to see somebody cry. And then see somebody get ecstatic and then see them cry." Also, apparently Sean Penn was Team Kaitlyn on the most recent season! This celebrity love is a true one for sure.

Who knew that Sean Penn watched *The Bachelor*? What are some out of character things you can do to show you care?

Cupid's Advice:

When you genuinely love someone, it's important to remind them that you care. Whether it's done verbally or through small acts of kindness, it will all be touching to your partner:

1. Romance: It's imperative to keep the romance alive in your relationship. Cook your partner his or her favorite dinner, write a love letter, offer a massage, and treat them to their favorite things. Think about what will make them happy, no matter how minor it may seem, and bring that into your relationship and love.

Related Link: Charlize Theron Dating Sean Penn

2. Adventure: Take a ride on the wild side! Plan weekend getaways and take vacations. Exploring is a great way to bond and get to know your partner even better. Try things that they enjoy and take part in activities that they like.

Related Link: Sean Penn Files to Adopt Charlize Theron's Kid

3. Sentiment: It's always the thought that counts! Feel free to get your partner things that serve as little reminders of your time spent together. Whether that is listening to a certain song that is special to you both or eating the same type of food from a particularly memorable date. Give them photographs or make a scrapbook so that you can both relish in the beautiful memories.

What are ways you have showed your partner you care? Share your stories with us below!

'American Idol' Contestant Sarina-Joi Crowe on Being Eliminated: "It Motivates Me Even More"





By Jenna Bagcal

Perseverance and determination are two qualities that 19-yearold Sarina-Joi Crowe possess. The Columbia, Tennessee native has auditioned for reality TV show American Idol four times since 2011. This season, she made it to the Top 12, but her journey ended this past Thursday after she received the lowest number of fan votes. She performed Demi Lovato's "Neon Lights" as her save song, but it wasn't enough for the judges to keep her from elimination. While this came as a shock to viewers and fans, the singer isn't done yet: "This is not the end of me. There's definitely more to come!" she assures us in our celebrity interview.

American Idol Contestant Talks About Elimination and Relationships and Love

Crowe grew up in a small town in Tennessee and worked as a hostess at a restaurant. She learned to sing in church and credits her mother as the driving force behind her tenacity. "She's always been very big on following our hearts, doing what we want to do, and not letting anyone stop us," she shares. This attitude is one that Crowe has held on to throughout her life, and it's what has pushed her to pursue her goals.

Related Link: <u>'American Idol' Contestant Alex Preston Says His</u> <u>Girlfriend Kept Him Going</u>

While many contestants in the performer's position would feel disheartened, the veteran says that her elimination from the reality TV show "doesn't affect her determination" to pursue music as a career. "It actually motivates me even more. At the end of the day, I know everybody wants to go all the way on *Idol*, and that's ultimately the goal," she explains in our celebrity interview. "But if you can go from number 100 to 60 to 48 to 12, then it's a pretty good sign of what kind of

career you're going to have. You're always gonna go a little farther; you're always gonna get a little better. I still have time to grow and do great things."

Of course, we had to ask Crowe about her relationship status! When she performs romantic songs like "You Really Got a Hold On Me," she's not thinking of anyone in particular. "There's nobody in mind because I'm so single, it should be illegal!" she says with a laugh.

Instead, she thinks of a personal experience or an experience of someone she knows and tries to channel that energy into the song and make the delivery of it convincing. "I try to use past relationships and love as an example, or I try to jump into the shoes of somebody that I think would feel that way," she explains.

Related Link: <u>'American Idol' Contestant Majesty Rose: "I</u> Didn't Change Who I Am At All"

The young singer has also learned a lot about the audition process during her long history with American Idol and has some advice to share for next season's hopefuls. "You should never give up. That's the one thing I want to make known across the nation," she exclaims. "When somebody tells you 'no,' you can't really take that. You have to figure out what to do next and try it again. It's that one 'yes' that's gonna make the difference."

To her fans, Crowe says, "I just want to thank them so much. I love them dearly! I've been reading so many great things on Twitter and Facebook, and it's just really awesome to see a group of people who are so dedicated and loyal. I owe them everything because I wouldn't even be here if not for them."

You can keep up with Sarina-Joi on Twitter @SarinaJoi and www.facebook.com/SarinJoiMusic?ref=br_tf!

Famous Couple Sean Lowe and Catherine Giudici Speak Out Against the New 'Bacherlorette' Twist





By Meranda Yslas

The latest celebrity news is that two women, Katilyn Bristowe and Britt Nilsson, will be on the upcoming season of *The Bachelorette*. This announcement has left a lot of people puzzled and some even angry. According to <u>UsMagazine.com</u>, famous couple Sean Lowe and Catherine Giudici, who met on season 17 of *The Bachelor*, are not happy about this change. Lowe wrote on his personal blog that this decision is "downright degrading for the women" because it "transfers the power back to the men on the show specifically designed for the women." He feels that the contestants on *The Bachelorette* shouldn't be given the authority to choose which woman will stay and which will go.

Sean Lowe is against shifting the power back to the men on *The Bachelorette.* What are some ways that couples can have equal say in their relationship?

Cupid's Advice:

An important part of any relationship and love is maintaining a balance of power between the couple. One person cannot be over controlling so that their partner resents them and one person cannot be too submissive where they get walked on. Cupid offers some relationship advice on how to find a middle ground:

1. Sharing the bills : Without a doubt, the idea of gender roles are constantly being challenged in our modern generation. No longer is it a 'wife duty' to clean the house, while the husband is the bread giver. Having one partner in charge of the bills will definitely cause some imbalance of power in the relationship. Splitting the bills in half will make sure one person doesn't feel too dependent on the other.

Related Link: <u>'The Bachelor' Stars Catherine and Sean Lowe on</u> <u>Celebrity Baby Plans: 'Not Anytime Soon'</u>

2. Create an open environment: Sometimes an unequal say in a

relationship stems from one person in the couple being too scared or nervous to speak their mind about something. Instead, he/she will keep their mouth close while their mate continues doing something they don't like. Make sure the relationship fosters an open and honest environment so that both people are free to speak their mind.

Related Link: <u>'The Bachelor' Sean Lowe Writes: 'My Wife Is Hot</u> and I'm in Love'

3. Make decisions together: Making important decisions in a relationship should be the job of both partners, not just one. When deciding on something, like what school to send your kids or what car to buy, make sure this task isn't in one person's hands, but is considered by both people in the relationship.

How do you maintain a balance in your relationship? Share below.

Reality TV Host Chris Harrison Reveals Twist for Next Season of 'The Bachelorette'





By Emma L. Wells

Fans were shocked last night when Chris Harrison named *two* women to be the stars of the upcoming season of *The Bachelorette*. According to the *WashingtonPost.com*, the producers of the reality TV show were divided on whether to pick Kaitlyn Bristowe or Britt Nilsson, both former contestants from *The Bachelor* season 19, so they're going to let the men make the decision for them. This has never happened on *The Bachelorette* before, but it's actually not a first in franchise history: *The Bachelor* season 6 also began with two potential guys. It's no surprise that Bristowe and Nilsson seemed underwhelmed and unenthused by the announcement, both trying to stay polite during their joint conversation with Harrison.

On the next season of *The Bachelorette*, Bristowe and Nilsson

will again be squaring off on their quest for a relationship and love. How can you use dating competition to your advantage?

Cupid's Advice:

Competition in any area can make you work harder, but it also makes the situation tougher. It all depends on how you play the game! Cupid has some dating advice about how to make competition work for you when it comes to a relationship and love:

1. Stand out from the crowd: Normally, it's not very healthy to compare yourself to others. But in this case, you can make it work to your advantage. The key is to embrace and promote the qualities that make you unique. By standing out from the crowd, you'll draw his eyes away from your so-called opponents.

Related Link: Desiree Hartsock Is the New 'Bachelorette'!

2. Be cool: If you feel you're in a competitive dating environment, the best thing you can do is stay calm. You'll look confident and therefore more attractive if you can appear to be unbothered by any adversaries. Your future beau will notice you and want to know what makes you so self-assured.

Related Link: 'The Bachelorette' Season 8 Finale: Tips for Lasting Love

3. Embrace your uncompetitive side: Believe it or not, even if you're the type who isn't interested in opposition, competition in dating can still help you, thanks to the process of elimination. By knowing you won't fit well with someone interested in engaging in dating contests, you've saved your own time by excluding those types of people from the running. Think quality over quantity.

How have you handled dating competition in the past? Tell us in the comments below!

Celebrity News: 'The Bachelor' Stars AshLee Frazier and Sarah Herron Find Love





By Maggie Manfredi

In latest celebrity news, love is in the air! According to <u>UsMagazine.com</u>, AshLee Frazier and Sarah Herron are past participants of the popular ABC series, but neither found celebrity love during The Bachelor or Bachelor in Paradise. Frazier met Cody Manuel, who works at a tax firm, after The Bachelor but before Bachelor in Paradise. Although the blogger and professional organizer made a connection with Graham Bunn on the show, she came home to Manuel and they have been dating in Texas ever since. Herron has Tinder to thank for her newest love and former marine Casey Link. She stated, "Our first date was on Jan. 2. He took me on a hike in Malibu. Two days later I made him a lasagna dinner, and it's been on ever since."

It's not always easy to find the best match in a partner – just ask *The Bachelor* stars AshLee and Sarah! What are three unique ways to meet someone new?

Cupid's Advice:

Cupid knows the road to true love is not smooth. But fear not, here is some advice on how to find that special someone you've been searching for:

1. Social media: There are tons of apps, sites and pages whose mission it is to help you find love. Herron used the dating app Tinder to find her man, and you can too!

Related: <u>'The Bachelor' Season 19 Contestant Rehash Old Fueds</u> During "The Women Tell All" Episode

2. Be adventurous: Go out there and try new things. By gaining some culture and experience you might just bump into your soul mate in the process. It could be on a rock climbing wall or a

speed dating function, be bold and be brave and get out there!

Related: <u>'The Bachelorette' Andi Dorfman Says Split From Josh</u> <u>Murray Is 'The Biggest Failure of My Life"</u>

3. Phone a friend: If you are lucky to have a circle of friends who love and support you don't be shy about reaching out to them. Who knows they might have a fabulous single friend waiting in the wings for you. Be cautious here, not every date leads to true love so have fun with it and don't get too caught up in the big picture; be present with the person and be in the moment.

How are you searching for Mr. Right? Share with us below!

Kirk and Laura Knight Prepare For Tonight's Premiere of Bravo's Reality TV Show 'Newlyweds'





By Kirk Knight

Laura and I started our relationship and love just outside of Washington, DC on a true blind date. Normally, neither one of us would entertain the idea of a real blind date — especially without even a social media drive by. Armed with nothing more than each other's names, we set up a date for afternoon coffee in Bethesda, Maryland. I remember waiting in front of the coffee shop, looking at each woman that walked by worried that a "blind date" may be a really bad idea and a waste of time. Just then, I saw this absolutely beautiful woman walk up to the coffee shop.

The Beginning Of A Relationship and Love

It was Laura, and she made a visual impression that lasts to this day. After sitting down, we started talking about everything. Two and a half hours later, she not only had my attention but my heart. I would say it was love at first sight, but I feel that cheapens what it was. It wasn't just the sight of her; it was our conversation, her warmth, her heart. She is what I could only describe as the feeling of "coming home."

Related Link: <u>Famous Couple Robert Pattinson and FKA Twigs</u> <u>Exchange Promise Rings</u>

I grew up in the DC area, and Laura is from Florida (two completely different cultures). I have two teenage sons and a large and very close family. We quickly learned how much we have in common, how our interests are so similar, and how much we both value family. Six months prior to meeting me, Laura had lost her brother to a drug overdose in an addiction battle that lasted years. She was devastated, but I felt like it brought us closer. It allowed us to share very intimate feelings with one another and bond in ways most people may not get a glimpse of so early in a relationship and love.

Laura was new to the area and mostly stayed busy with her insurance brokerage business, Silver State Law Pro. We both had a lot going on and spent the next few years getting to know each other, traveling, and having the best time of our lives. I knew I wanted to marry Laura from early on, but I really wanted to build on a strong foundation for our love. After three and a half years, I proposed to Laura, and we got married on November 15, 2013 (with a beautiful ceremony, if I do say so myself).

Related Link: <u>Are Prince Harry and Emma Watson in a New</u> <u>Celebrity Relationship?</u>

Being on the Reality TV Show Newlyweds

As a married couple, we have been busy merging our lives and trying to juggle 100 things at any given time. I own Knight Investments, a commercial real estate consulting company, and the start-up Internet and mobile app company Razzd.com, which allows people to argue about any topic or headline and have the public vote on who's right and who's wrong. It's a really fun venture, but it takes a lot of my time. We have such a great relationship, but together, we own three companies and film a reality TV show. Plus, I'm launching my start-up. We are facing some major life decisions: Should we have kids? If so, then when? Should we move out of the city? I'm used to our very free life and wonder how we can handle all of the changes and challenges being a married couple brings...

Watch Kirk and Laura's story unfold on Bravo's Newlyweds: The First Year, premiering on tonight at 10/9c!

Celebrity Engagement: Chris Soules Proposes to Whitney Bischoff on 'The Bachelor' Season 19 Finale





By Emma L. Wells

After ten weeks of searching on reality TV, Prince Farming has finally found his Princess! On the finale episode of *The Bachelor* season 19, Chris Soules, armed with a Neil Lane engagement ring, got down on one knee and proposed to Whitney Bischoff, a 29-year-old fertility nurse from Chicago. "Everything about this moment feels right," he told her. According to <u>ABC News</u>, Bischoff seemed to be the obvious choice after the other contestant, Becca Tilley, confessed that she wasn't ready to jump into a <u>celebrity engagement</u> and commit to a life in Arlington with Soules. During the "After the Final Rose" special, it was easy to see that the reality TV pair is thrilled to just be a "normal" couple.

This celebrity couple found true love on reality TV, but not all of us have that option. What are some

unique ways to meet your soulmate?

Cupid's Advice:

Unlike the lucky celebrity couple from *The Bachelor* season 19, most of us don't have reality TV producers arranging the perfect circumstances for us to find relationships and love. If we want it, we have to go out and look for it ourselves! It's certainly not easy, but Cupid has some love advice about how to meet your soulmate:

1. Take part in group activities: You'll want to have common interests with your future partner, so why not participate in group activities that relate to your hobbies? Take an Italian cooking class or sign up to learn Spanish. Join an intramural kickball league or a hobby club. It will be easy to strike up a conversation with someone over your shared interests while interacting in this laidback setting.

Related Link: <u>The LOWEdown on 'The Bachelor' Celebrity Wedding</u> of Sean Lowe & Catherine Giudici

2. Ask your friends: There's a reason why so many dating websites and apps give you matches based on your Facebook friends: You're more likely to hit it off with someone who your pals already like! If you're looking for a relationship and love, ask your friends for help. They know you well and know what you want in a partner. If you're nervous about a blind date, you can always plan a double or group date instead to ease any awkwardness.

Related Link: <u>Whitney from 'The Bachelor' Season 19 Says She'd</u> <u>Move to Arlington, Iowa for Chris Soules</u>

3. Look online: It can be hard to find the time and place to meet someone special. There's nothing wrong with searching through a reputable dating site – it's one of the reasons they were invented! It gives you the opportunity to judge potential

matches at your own pace. There's also a lot less pressure if you've talked online before you meet in person.

How did you meet The One? Tell us in the comments below!

Exclusive Celebrity Interview: 'Bachelorette' Couple Ashley and J.P. Rosenbaum Are Divided on Who Will Win Chris Soules's Heart!





Interviewed by Lori Bizzoco. Written by Meranda Yslas.

The relationship between J.P. and Ashley Rosenbaum is a celebrity love story come true. This <u>famous couple</u> met on *The Bachelorette* season 7, and since then, they've gotten married and welcomed a new addition to their family, son Fordham (Ford) Rhys. The adorable pair, who recently moved to Miami, are getting the hang of being first-time parents and opened up about their experiences as a family of three in our exclusive celebrity interview. Plus, we found out they're a house divided when it comes to this season of *The Bachelor*!

'Bachelorette' Celebrity Couple Talks About Life as New Parents

Raising a baby — whether it's for the first time or the fifth time — is by no means easy, but for the celebrity couple, Ford has been a blessing. "He's a model angel baby," the proud dad shares. So far, there haven't been any big moments that the duo couldn't handle, but like any first-time parents, J.P. admits that they "just roll with the punches!" **Related Link:** <u>'Bachelorette' Celebrity Couple Ashley and J.P.</u> <u>Rosenbaum Talk About Life with Newborn Son Fordham</u>

At just five months old, Ford is already making huge progress in his development. "He rolls over and sits up. Of course, we have to put pillows around him, but he can sit up for a pretty extended period of time," Ashley gushes. "He's grabbing at things; he's eating semi-solid foods right now; and he's taking the packaging, putting it into his mouth, and trying to feed himself. It's a pretty exciting time right now!"

The celebrity mom has a prediction for an upcoming milestone in her son's life too: She thinks Ford's first word will be "Boo." She elaborates, "That's our dog's name, and he's always hearing us say 'Boo,' so we're pretty sure that's what he's going to say first."

Like most dads, J.P. is excited for his son to follow in his footsteps and play sports someday. "I grew up playing basketball, soccer, lacrosse, and baseball, so we're going to let him try out everything," the former *Bachelorette* contestant shares. Noticing that Ford has been using his left hand more frequently, he adds, "We think he may be a lefty, so he may have an advantage as a pitcher. We're definitely going to get a baseball in his hand pretty early."

Now that Ford is a little bit older, the celebrity couple is feeling more comfortable with other people watching him so that they can have some alone time. "Ashley is going back to work soon, and we just hired a nanny about two weeks ago. We're easing into the 'leaving him with somebody else' phase so that we can go on date nights," J.P. reveals. "We're almost there!"

Related Link: <u>'Bachelorette' Stars J.P. Rosenbaum and Ashley</u> <u>Hebert Tie the Knot</u>

A few months before their son was born, the reality TV stars packed their bags and headed south. Fortunately, the move to

Florida was a great choice for them. "I don't see us going back to New York. We've only been down here for about eight months, but we love it," J.P. shares.

Lucky for them, the winter in Miami hasn't been too severe, but just in case it gets blustery, the famous couple partnered with Puffs to make sure they're prepared. "We thought it was a cool partnership. We're just promoting staying healthy and putting your best face forward throughout the winter, Ashley explains in our exclusive celebrity interview. "What we love about Puffs is that it's a campaign to promote taking care of yourself and providing comfort to you during cold and flu season, especially with such a harsh one this year,"

Being that *The Bachelorette* season 7 stars have some experience under their belts, talk of another baby has come up. "I had so much fun. I had a great pregnancy. I really, really enjoyed just having a baby and him being born," the new mom says. "So who knows! Maybe we'll go for a third, but right now, we're really thinking two."

J.P. and Ashley Rosenbaum on Chris Soules and *The Bachelor* Season 19

Related Link: <u>'The Bachelor' Chris Soules Prepares to Bring</u> <u>Winner Home to Arlington</u>

Given their celebrity love story, it's no surprise that they enjoy watching *The Bachelor* together. With the finale of Chris Soules's journey tonight, we had to ask their thoughts on the remaining two ladies. The former *Bachelorette* is Team Becca. "I love both Whitney and Becca, but personally, I think Becca would be better for Chris," she reveals. "I feel like she is more genuine. She hasn't had a lot of love in her life, and she moves a little bit slowly, but I feel like there can potentially be a more real relationship between then." J.P. disagrees. "I'm on the other side. I think his relationship with Whitney has progressed so much more than his relationship with Becca. I think he would be leaning more towards Whitney," he shares.

When it comes to the next season of *The Bachelorette*, the famous couple agree that ousted contestant Kaitlyn Bristowe is the best pick. "We like Kaitlyn a lot," Ashley says. "She seems like a cool chick. She's got a little edge to her, so we like that."

J.P. adds, "She's funny too. I think she'd make a good Bachelorette."

You can keep up with the cute couple on Twitter @ashhebert and @JP_Rosenbaum. Be sure to tune in for The Bachelor season 19 finale tonight on ABC at 8/7c!

Former 'Bachelor' Jason Mesnick Surprises Celebrity Love Molly Malaney for Fifth Wedding Anniversary





By Emma L. Wells

It has always been a tradition for celebrated jeweler Neil Lane to offer a selection of engagement rings before the finale of *The Bachelor*. Jason Mesnick and celebrity love Molly Malaney met during season 13 of the reality TV show, but Malaney never received one of these coveted rings because she was technically the runner-up. Now that this famous couple has been married for five years, Mesnick wanted to rectify the situation by giving his wife a new engagement ring for their anniversary. Malaney told *People.com*, "The past five years have been the most amazing years of my life because of Jason. Our relationship and love started all because of *The Bachelor* franchise, and Neil has been such a meaningful person within the franchise, so I am so honored to have a piece of that relationship...This is the most amazing gift I've ever received!"

This reality TV star gave his

celebrity love a beautiful ring for their recent anniversary. What are some ways you can make sure your romantic surprise goes off without a hitch?

Cupid's Advice:

While diamonds are always a great way to show you care, little romantic surprises are also beneficial for relationships and love. Cupid has some relationship advice to help you pull them off without any issues:

1. Be unexpected: Thoughtful presents are a wonderful way to demonstrate that you've been listening to your partner. Give them something they want but aren't expecting. If you pay attention, they are bound to mention something you can keep in mind!

Related Link: <u>'The Bachelor' Stars Jason Mesnick and Molly</u> <u>Malaney Share New Picture of Daughter Riley</u>

2. Make it unique: Malaney's ring was so romantic because her celebrity love had it made especially for her. Go the extra mile and give your significant other something unique and just for them. Even if it's homemade, they'll surely appreciate the effort.

Related Link: <u>5 Bachelor and Bachelorette Couples We Can Learn</u> <u>From</u>

3. Ask for help: Surprises can be very hard to pull off, especially when you're excited about them. It doesn't hurt to ask a few friends to help you succeed. Also, make sure your plans aren't too elaborate it. Chances are, if you follow these guidelines, your surprise will be a success!

How have you surprised your partner in the past? Tell us in the comments below!

'The Bachelor' Season 19 Contestants Rehash Old Feuds During "The Women Tell All" Episode



By Emma L. Wells

The Bachelor season 19 "The Women Tell All" special brought all the women back together to reminisce about their time on

the reality TV show and clear the air. They had many grievances with each other — and many more with *The Bachelor* himself, Chris Soules. Kelsey came under attack from all the contestants (yet again) for being conniving and fake. After taking the hot seat, Britt Nilsson immediately called out Carly for being a bad friend. Additionally, both Jade Roper and Kaitlyn Bristowe confronted Soules about why he rejected a relationship and love with them. He assured Roper that it was not because of her *Playboy* spread. Bristol, unfortunately, received a less clear answer. *USAToday.com* reported that Soules said, "I apologize....In that moment, I did the best I could and that's all I know." We can't wait to see how *The Bachelor* season 19 will end next week!

When it comes to past relationships and love, how can you get over old disputes and move forward? The ladies from *The Bachelor* season 19 need to listen to this dating advice!

Cupid's Advice:

Holding on to old grievances isn't good for you. Why should you dwell on the past when you can move on and find happiness again? This dating advice applies to friendships as well as relationships and love:

1. Reach an understanding: Kaitlyn made the right choice to confront Soules about her hurt feelings. It's hard to move on when you don't understand what really happened. The best way to do so is to have an open conversation – preferably not on reality TV! – with the person *without* being accusatory. Let

them explain their actions in their own words. You might not get a satisfying answer, but it will help you to talk it through.

Related Link: <u>'The Bachelor' Chris Soules Prepares to Bring</u> <u>Winner Home to Arlington</u>

2. Look inward: In most cases, while you may be hurt, you're probably not blameless. It's equally important to understand what you did wrong and could have done better. Ask your ex about your behavior or just put yourself in their shoes and examine the situation. Either action will help you ensure that the same mistakes aren't made again.

Related Link: <u>'The Bachelor: Women Tell All' Recap: Old</u> <u>Catfights Resume and Michelle's Redemption</u>

3. Forgive and forget: Just because you're at a place where you're ready to move on doesn't mean the other person is, so don't expect an apology or forgiveness. The best thing you can do is say your peace, move on, and hope that, someday soon, they will be able to do the same.

How have you settled past relationship and love grievances? Tell us in the comments below.

Former 'Bachelorette' Reality TV Star Desiree Hartsock Jokes About Being A 'Mama in

Training'





By Emma L. Wells

The Bachelorette famous couple Desiree Hartsock and Chris Siegfried celebrated their celebrity wedding in January of this year, and they already have babies on the brain! Earlier this week, an Instagram photo sent rumors flying that the brunette beauty is on her way to becoming a celebrity <u>Inquisitr.com</u> shared a photo of the reality ΤV mom. star happily holding a baby with the caption: "Mama in training with @floridaray18 baby Jax. He's so precious I couldn't put him down!" Baby Jax belongs to new celebrity mom Renee Oteri Maynard, who is a former contestant from The Bachelor and good friends with Hartsock. Both Hartsock and Siegfried have talked about wanting to add kids to their relationship and love, but the newlywed quickly squashed the rumors by commenting in the thread that she's not currently

expecting.

Desiree Hartsock isn't pregnant, but it looks like she's ready to become a celebrity mom! What are some signs that you're ready to have a baby?

Cupid's Advice:

Having a baby is one of the biggest decisions you can ever make, and there are many factors you should consider before taking that step. Cupid has some relationship advice on how to tell if the timing is right for you and your beau:

1. You have a strong partnership: Having a baby puts a strain on your relationship and love in many ways and for many reasons. If your partnership is already a little rocky, it might be a good idea to wait until you two are on more stable ground before embarking on this journey. You should be sure that you and your significant other can support each other throughout parenthood. After all, once you're a parent, you're a parent for the rest of your life! Be sure that's a commitment that both of you can make.

Related Link: <u>Famous Reality TV Couple Desiree Hartsock and</u> <u>Chris Siegfried Reveal How Many Celebrity Kids They Want</u>

2. Your finances are in order: Everyone knows kids aren't cheap! Recent estimates put the average cost of raising a child in middle-income America until they are 18 at 241,080 dollars, and those numbers are quickly rising. It can cost thousands of dollars during the pregnancy alone. Make sure you have a financial plan in place *before* getting pregnant.

Related Link: Former 'Bachelorette' Desiree Hartsock Shares Celebrity Wedding Photos

3. It's for the right reasons: There are many reasons to have a child, and some make more sense than others. For instance, don't have a baby just because you think they're cute or because it's what people expect from you after marriage. It may be helpful for you and your partner to each make a list of why you want a baby and why you want one now. If your reasons are good and your lists match up, then it's a good sign the timing is right!

How can you tell if you're ready to be a parent? Tell us below!

'The Bachelor' Chris Soules Prepares to Bring Winner Home to Arlington





By Maggie Manfredi

The Bachelor is on the fast track to love! According to USMagazine.com, Chris Soules is down to his final two leading ladies after this week's dramatic episode. The Bachelor season 19 has culminated in this farmer being very optimistic about getting down on one knee during the finale to solidify a relationship and love. Kaitlyn was sent home by Soules and is no longer in the running to be part of a celebrity couple, but rumors are already flying that she may end up as the next Bachelorette. The Bachelor still has to chose between Whitney the fertility nurse and Becca the virgin. The three are set for an epic finish in Bali and are already well on their way to finding love. Who will be our Bachelor's leading lady?

We can't all date with the level of style that *The Bachelor* contestants do, but we can still make it

special. What are three ways to date in style?

Cupid's Advice:

Dating is a fun step toward finding your soul mate. Although we can't all date like Chris Soules, Cupid does have some attainable tips on how to date in style:

1. Experience new things: The best way to make dating more exciting is to try new things together. Whether it be a big move like skydiving or a smaller treat like trying a foreign food, be bold and enjoy every adventure.

Related Link: <u>Whitney from 'The Bachelor' Says She'd Move To</u> <u>Arlington, Iowa For Chris Soules</u>

2. Take advantage of free stuff: It is okay to be a dater on a budget, but that doesn't mean you have to sit at home every night and watch television. Take this dating advice to heart: Get online and look into what your city has to offer for free. You would be surprised by the amount of coffee shop concerts, museums, and festivals that take place all year long for no charge! With a little bit of research, you can have a great date on a budget.

Related Link: <u>'The Bachelor' Season 19 Contestants Treat a</u> <u>Relationship and Love with Chris Soules Like a Game</u>

3. Stay in: Nothing completes dating like a pinch of romance. How can you make the love come alive? Start with the little things like lighting candles at dinner, sharing a blanket while watching a movie, or baking dessert together. Get creative and don't afraid to have a romantic night in; not everyone needs Bali at sunset to fall in love.

Will Chris propose to Whitney or Becca? Share your predictions below!

Whitney from 'The Bachelor' Season 19 Says She'd Move to Arlington, Iowa for Chris Soules





By Emma L. Wells

From day one, *The Bachelor* season 19 star Chris Soules has said that a relationship and love with him means moving to his (very small) hometown of Arlington, Iowa. After asking potential celebrity love Whitney if she would be able to leave her life in Chicago for him, she gave him exactly the answer he was looking for. According to <u>People.com</u>, she said that, while she loves her job as a nurse, she would have "no hesitation" about moving to Arlington and "having babies" as her career. <u>The Bachelor season 19</u> frontrunner continued, "I firmly believe that life takes you places, and it's not where you are; it's who you're with."

The Bachelor season 19 contestant Whitney is willing to move to Iowa for her celebrity love. How do you know if that's the right decision for your relationship and love?

Cupid's Advice:

We sometimes fall for people who aren't perfect for us in a geographic sense. Long-distance dating can't go on forever, and eventually, you're left with two choices: break-up or move. Cupid has some dating advice on how to tell what move (no pun intended) is right for you:

1. Consider all the factors: Realty TV star Whitney told her celebrity love that it doesn't matter where she is because it's who she's with that's important. While there is a lot of truth to her statement, you should examine your specific situation first. Think about what you need in order to be happy; that may include your career, your friends and family, or something as seemingly small as your kickball team or local library. What would you have to give up when you move to be closer to your partner? More importantly, can you live without it?

Related Link: <u>QuickieChick's Video Dating Tips: Is He "The</u> <u>One" or Just Another Someone?</u> 2. Look to the future: After you've made your mental list of things you can't live without, ask yourself how that list will change in the next five, ten, or twenty years. Moving might not suit your needs *this* year, but maybe that's where you see yourself long-term. In this case, the question changes from "if" to "when." Tell your significant other that you're willing to move but need a little more time before you're ready. If your relationship and love is as important to them as it is to you, then they will understand.

Related Link: <u>'The Bachelor' Season 19 Contestants Treat a</u> <u>Relationship and Love with Chris Soules Like a Game</u>

3. Be on the same page: Make sure you understand why your beau wants you to move; that will ensure that you two have similar expectations. Are their reasons valid? Does it make more sense for you to move to them or vice versa? It's equally important for them to understand your reasons as well. Having a discussion about how this move will change your relationship is the best place to start.

Have you ever moved for your relationship and love? Tell us about it below!

Celebrity Break-Up: Did Josh Murray Split with Former 'Bachelorette' Andi Dorfman for More Reality TV Fame?





By Emma L. Wells

Fans of The Bachelorette have been wondering why Andi Dorfman and Josh Murray called off their engagement. According to HollywoodLife.com, these celebrity exes were more interested reality TV fame in than in each other. Apparently, Murray never even wanted to win The Bachelorette season 10! "During the filming of the show, the producers kept telling Josh that if Andi didn't pick him, he would be the next Bachelor," a source said. "So he has been resentful towards Andi because he knows he could have been in the limelight as The Bachelor, so now [that he's single] he is going to make a play to try to be the next Bachelor. Even though they are telling their friends [their split] was mutual, he ended it." The source went on to say that there was an attraction between the reality TV stars, but in the end, they were more interested in being famous than being with each other.

Celebrity exes Andi Dorfman and Josh Murray may have put their reality TV fame first, costing them their relationship and love. How can you keep your career goals from getting in the way of your personal life?

Cupid's Advice:

A fulfilling career doesn't mean you have to give up a relationship and love, and similarly, a healthy relationship doesn't mean you have to sacrifice your career. Cupid has some dating advice on how to achieve this balance so your love life doesn't turn out like this celebrity break-up:

1. Include your partner: If your career is a big part of your life, then you shouldn't hide it from your significant other. Tell them about your job and invite them to work functions. Your partner should be part of your support system.

Related Link: 'The Bachelor' Host Chris Harrison Says He "Had No Clue" Andi Dorfman & Josh Murray Would Break Up

2. Be present: Neither of you want your entire relationship and love to revolve around your job. When you're with each other, it's important to be in the moment. Giving your partner your undivided attention is the easiest way to show you care, so put your phone away and ignore those e-mails until tomorrow!

Related Link: <u>'Bachelorette' Andi Dorfman Hands Out Final Rose</u> and Confronts Runner-Up

3. Sort out your priorities: If work is your number one

priority, then you need to be with a partner who understands. If your significant other can't see why you care about your job, then you clearly aren't clicking when it comes to some fundamental issues. It's important to have similar life goals and priorities.

How do you balance your career and your relationship? Tell us below!

'The Bachelor' Season 19 Contestants Treat a Relationship and Love with Chris Soules Like a Game





By Emma L. Wells

You know what they say: Two's a party, but three's a painfully awkward and quiet crowd. Kelsey and Ashley I. weren't exactly audience favorites on <u>The Bachelor season 19</u>, but it certainly was enjoyable to watch them face-off on a two-on-one date during last night's episode of this popular reality TV show. Rather than using their alone time with Chris Soules to grow their relationships and love, the ladies complained and gossiped about each other. According to <u>Fox News</u>, The Bachelor star saw through their games and took their accusations seriously, ultimately sending both women home.

The Bachelor season 19 contestants Kelsey and Ashley I. played Chris Soules like a prize to be won during their two-on-one date. Why

can playing games cause more harm than good to your relationship and love?

Cupid's Advice:

Dating can often feel like a game; after all, there's players and a field, scores and a strategy. But it can be harder to reach your goal and find a relationship and love if you get too wrapped up in the sport. Here's why you should take Cupid's dating advice and stop playing games when it comes to love:

1. It's not a competition: If you're out to win the game like these two contestants from *The Bachelor* season 19, you'll never win his heart. Ask yourself what winning would even look like to you. If you're always focused on the final outcome, you can't enjoy the here and now properly. You'll end up missing the best parts of your own relationship!

Related Link: <u>Screwing the Rules Video Dating Advice: How 'The</u> <u>Bachelor' Is Changing the Reality of Dating</u>

2. You don't need a strategy: While there are some helpful tips to playing the field, the most important rule to follow is trusting your heart. Make moves based on your own emotions and don't feel like you have to play hard to get. You can't expect to have a real partnership if you're not acting like your true self. Remember that if it doesn't work out, then it's not meant to be.

Related Link: <u>'The Bachelor' Season 19 Contestant Britt Faces</u> <u>Her Fear For Chris Soules</u>

3. The stakes are real: If you're out to just play the field, you'll never find something serious, and you'll most certainly end up hurting someone along the way. When dating,

the stakes are high. You should have some idea of what you want in a relationship before you dive into it, and you should be honest about your priorities as you go along.

How do keep from playing games in your relationship and love? Tell us in the comments below!

Celebrity Break-up: Are 'The Bachelorette' Reality TV Stars Andi Dorfman and Josh Murray Fighting on Twitter?





By Emma L. Wells

The celebrity news that reality TV stars Andi Dorfman and Josh Murray split came as a shock to many. While we still don't know what caused this celebrity break-up, they have remained very amicable – but that might be changing. At the end of January, Murray tweeted, "Having to change all my passwords because someone keeps logging into my social media accounts SMH." This left us wondering: Is former *Bachelorette* Dorfman cyber stalking her celebrity ex? Her response came very quickly – only 9 minutes later according to *thestir.cafemom.com.* She replied, "Join the club ... Got better things to do with my life #blessed." While we can't say for certain who these tweets are directed at or what they really mean, we *can* assume that there's some tension following this celebrity break-up.

These reality TV stars seemed friendly after their celebrity break-up, but it looks like their claws are coming out now! How can you move on after a split?

Cupid's Advice:

It's common to still be emotionally attached your ex after your relationship has ended, making it hard to move on. Moving forward is a process and won't happen overnight, but Cupid has some dating advice that will (hopefully) make it easier:

1. Remember that no one wins: These Bachelorette exes may feel a little competition at this point in their celebrity breakup. While it's natural to want to "win" by looking better, dating someone new first, and making sure the news of your success gets back to your ex, there's really no point. Focus on making yourself happy instead of making your ex jealous.

Related Link: <u>'The Bachelorette' Season 10 Couple Andi Dorfman</u> and Josh Murray Call It Quits

2. End all contact: It's hard to let go of your connections to your ex, whether they be in real life or digital. If you've had a meaningful and serious relationship, you probably don't want to lose those memories. Still, moving on means looking forward, not backward, and constant reminders about your former beau will only make it difficult. While it may be difficult, cut your ties on social media and in real life too. You can consider a possible friendship after you've had some time apart.

Related Link: <u>Chris Harrison: Things Were "Awkward and Weird"</u> <u>Between 'The Bachelorette' Andi Dorfman & Josh Murray</u>

3. Learn something from it: You may feel like you wasted your time with your ex or that it was all a big mistake, but you probably have a few good memories too, even if the relationship ended badly. Give your past relationship purpose by learning from it and allowing the experience to make you better person. It'll be easier to feel happier if you don't regret your decisions.

Have you successfully moved on from an ex? Share your tips below!

'The Bachelor' Season 19 Contestant Britt Nilsson

Faces Her Fear For Chris Soules





By Emma L. Wells

"The sky's the limit...," read Britt Nilsson's one-on-one date card on last night's episode of *The Bachelor* season 19. That's when the 27-year-old waitress started to cry in panic due to her debilitating phobia of heights. Still, she pulled it together before their one-on-one date. *People.com* reported Chris Soules saying that she was "just as beautiful first thing in the morning as when she's all dolled up for the rose ceremony. It's pretty incredible." Turns out, she gets all dolled up for bed too, but oh well! The reality TV lovebirds soon arrived in the New Mexico desert to find a hot air balloon waiting for them, and Nilsson's fears quickly disappeared with Soules' arms around her. This *Bachelor* season 19 contestant overcame her fear to get closer to Chris Soules. What are some ways you can beat your phobias when looking for a relationship and love?

Cupid's Advice:

Whether you fear heights, spiders, darkness, or commitment, you shouldn't let it stand in your way when you're looking for a relationship and love. It's completely possible to overcome your distress, no matter how big it may seem. Cupid has some dating advice for you:

1. Switch your focus: On *The Bachelor* season 19, Nilsson was able get over her fear because being close to Soules was more important to her. If you're afraid of flying but have to take a trip, focus on the destination to help you get through the flight. Paying attention to your fear will only make the situation harder. That's why having a hunky farmer by your side is always a benefit!

Related Link: <u>The First Official Look at Chris Soules on 'The</u> <u>Bachelor' Season 19</u>

2. Get your facts straight: Most fears – like the fear of sharks, for instance – aren't based on actual statistics. Our imaginations make our phobias much worse than they should be. Do you really live in an area where you need to be worried about giant, poisonous spiders getting you in the dark, or is it just in your mind? Do some research to calm your nerves.

Related Link: '<u>The Bachelor' Chris Soules Says That Men "Don't</u> <u>Work Well with Subtlety"</u> 3. Face your fear: You can't just ignore it and expect it to go away. To overcome your terror, you need to take gradual steps. If you're afraid of dogs, watch a few videos of them until you're comfortable seeing them on the screen. Then, work your way up to being in the same room with them or passing them on a sidewalk. Keep going until you can interact with a large dog in an enclosed setting. There's no need to rush!

Tell us about a time where you had to face your fears in the name of love!

Former 'Bachelorette' Desiree Hartsock Shares Celebrity Wedding Photos





By Emma L. Wells

There's another name to add to the list of successful love stories stemming from *The Bachelorette*! Former reality TV star Desiree Hartsock tied the knot with Chris Siegfried on Sunday, Jan. 18. While the church ceremony wasn't televised, they released exclusive photos of their celebrity wedding to <u>UsMagazine.com</u> earlier this week. They shared more than two dozen pictures from their special day, including the pretty invitations, the bridal party, and the salted caramel and Oreo cake (yum!). "In a relationship, you're always learning about someone, trying to figure out how they love, how they feel, how they think," Hartsock said following their big day. "I think it's the same with marriage. You continue getting stronger and growing with each other."

You don't have to be a reality TV star like this former *Bachelorette*

to have photographs fit for a celebrity wedding. What are some ways to up the ante for your own wedding album?

Cupid's Advice:

You want to capture all the details of your wedding — from the dress to your first kiss as a married couple to the dancing. After all, these are memories you'll want to cherish and display forever! If you want a unique and special wedding album but don't have the budget of a celebrity wedding, Cupid has some tips:

1. Use disposable cameras: Add throwaway cameras as a part of your centerpieces and invite guests to get in touch with their inner amateur photographer. You can even buy customizable ones, so they match your color scheme and have your names and wedding date on them. Your loved ones will get involved and interact with each other while snapping candids all evening long. Not all of them will be Annie Leibovitz-impressive, but you'll end up with some really fun pictures for your album.

Related Link: 'The Bachelor' Runner-Up Lindsay Yenter Is Engaged

2. Rent a photo booth: Photo booths are becoming a really big trend at weddings: They're a great way to capture photos of all of your guests, and the strip of photos can be your wedding favor. You can rent one for the reception, or go the DIY route by hanging a black sheet for a backdrop, finding a friend whose willing to snap pics throughout party, and buying a travel printer. To make photos you'll still enjoy looking at in 20 years, hit a thrift store or costume store and pick up some fun accessories for your guests to wear while they pose. **Related Link:** <u>Celebrity Pregnancy: Former 'Bachelorette' Emily</u> Maynard is Expecting

3. Create your own hashtag: Getting your friends and family involved is a sure-fire way for you to see all of the special photos of your big day. Pick an event hashtag for your wedding; be creative and come up with a cute couple nickname or keep it simple with just your married last name and the year. Make sure it's not a popular hashtag though, or it will be harder to collect all of your photos. Post the hashtag somewhere in venue – like above the bar or on the cocktail napkins – and ask your attendees to use it whenever they Instagram, Facebook, or Tweet throughout the day.

Any other tips to make your wedding album extra special? Tell us in the comments below!

'The Bachelor' Chris Soules Says That Men "Don't Work Well with Subtlety"





By Emma L. Wells

Poor Chris Soules had a lot to handle on last night's jampacked episode of the hit reality TV show The Bachelor. His hands were full with two group dates, two one-on-ones, a visit from his sisters, a shameless *Cinderella* promotion, and one big confession. The first group date brought seven girls to the lake for a day of beach fun and night of camping. Ashley I. was, in her own words, a camping virgin and a virgin camping, and after fretting over it, she decided to tell Soules the truth about her sexual history – or lack thereof. She snuck into The Bachelor star's tent in the middle of night to wake him up and was clearly nervous as she danced around the point of the conversation without actually saying it. In his blog on *People.com*, the Iowa farmer writes, "Here's a little lesson for you ladies: Men are pretty simple when it comes to words... Spell it out for us. Maybe even write it down so we don't forget it. We don't work well with subtlety." Later in the episode, she bravely tried again, and this time, she came right out with her confession.

The Bachelor contestant Ashley I. was in need of some dating advice before she confronted Chris Soules with her big reveal on last night's episode. What are some ways to successfully open up to a guy?

Cupid's Advice:

Getting to know someone at the start of a relationship is both fun and scary. Once you get through basic background information, you have to open up about the good, the bad, and the emotional — and that's not always easy. It's worth it, though: Sharing yourself with a new guy leads to a deeper connection and a stronger relationship. Cupid has some dating advice to help you successfully open up:

1. Pick the right time and place: Ashley I. should've waited for a better opportunity to reveal her big secret to Soules. If you're ready to share something personal, it's important that your partner be in the right mindset. Make sure you have an appropriate amount of time, their undivided attention, and a bit of privacy. You should be somewhere where you feel comfortable expressing your emotions and talking freely without interruptions or distractions.

Related Link: <u>'The Bachelor' Season 19 Contestants Deal with</u> Jealousy – Chris Soules Can't Stop Kissing Them!

2. Be straightforward: Like *The Bachelor* said, "Spell it out." Don't beat around the bush; your significant other probably won't understand what you're trying to say, and you won't get the response you're looking for. It can be hard, but say it as plainly as possible. You may still have answer some follow-up questions though, so be prepared to have a conversation and not just make a confession.

Related Link: <u>'The Bachelor' Chris Soules Opens Up About</u> <u>Finding His Future Wife</u>

3. Let it happen naturally: Reaching the point in a relationship where you two can really be honest with each other can't be forced. If it's meant to be, it will be. There's no need to rush to pull the skeletons out of your closet in the first few weeks of a knowing each other. When the timing is right, you'll feel it. That being said, if you think this person can't really get to know you while you're keeping a secret, then it's time to reveal it.

How do you know when it's time to open up in a new relationship? Tell us in the comments below!

New Celebrity Couple: Courtney Robertson is Dating New Tinder Boyfriend





By Katie Gray

There is a new celebrity couple in town. Model and former winner of *The Bachelor*, Courtney Robertson, has a new boyfriend, whom she met on Tinder. According to *UsMagazine.com*, a source said, "They went out for dinner and drinks on their first date. On their second date, they both deleted their Tinders. She adores him!" Another source shed light on how the duo met. It turns out the now couple unknowingly lived a mile apart from one another for years and believe they wouldn't have met without the app." This celebrity couple is very happy together.

New celebrity couples face the same challenges the rest of us face when it comes to finding a good match. How do you branch out in order to find a new love?

Cupid's Advice:

When it comes to relationships and love, it's important to broaden your horizons. Get out there and meet new people. Try new things, eat new food and do a bit of traveling. Take a class on a topic that interests you, hit the gym or do yoga, study or do work in a coffee shop, join a book club, participate in charity organizations and volunteer. Cupid has some tips:

1. Visit new places: It's really important to expose yourself to new surroundings. Get yourself outside of your habitual places and try new locations to eat, shop, dance and frequent. Not only is this a good way to meet a potential partner, it's good for yourself too. Most likely you will find that you enjoy yourself and the new spots.

Related Link: <u>'The Bachelor' Winner Courtney Robertson Tells</u> <u>All In New Book: "I Really Didn't Hold Back!"</u>

2. Indulge in new experiences: Part of the process of finding your soulmate deals with trying new experiences and activities. Picking up a hobby that you discover brings you a lot of enjoyment, going to a wine tasting and taking a cooking class, or playing sports and working out are just examples of what you might do. During this time, you are finding yourself, not only searching for the love of your life. Enjoy every step along the way and you will feel extremely fulfilled.

Related Link: <u>'Bachelor' Stars Ben Flajnik and Courtney</u> <u>Robertson Call It Quits</u>

3. New people: Meeting new people introduces you to new things, and brings you one step closer to finding your match. It's also a way to make more genuine friends to enjoy your life with. The comfort we feel when we're with our friends and family is what matters the most in life. Sometimes you need to step outside of the circle of people you know at work and school. When the range of people you know widens, so does potential partners. Surround yourself with supportive and loving people.

How did you branch out in order to find a new love? Share your stories with us below.

Celebrity News: LeAnn Rimes and Eddie Cibrian's Reality TV Show Canceled After One Season





By <u>Rebecca White</u>

LeAnn Rimes and Eddie Cibrian made celebrity news in a bad way when they took part in a celebrity affair, each cheating on their spouse with each other. According to <u>UsMagazine.com</u>, the latest celebrity news surrounding the couple is that their reality show LeAnn & Eddie was canceled after just one season. This Hollywood couple clearly has been through a lot together, but they are still standing strong as a united front.

The latest celebrity news surrounding LeAnn Rimes and Eddie Cibrian isn't good. How do you get through the tough times with your partner?

Cupid's Advice:

Relationships require a lot of hard work from both parties involved. Don't fret, though, because once you put in the effort, getting through the tough times with your partner will be a breeze. Just take a look at Rimes and Cibrian, who have managed to get through one of the biggest celebrity affairs to date:

1. Communication: Communication is key when it comes to relationships and love. If you get in a fight with your loved one, make sure you talk about it, either with them or a trusted friend. Talking about your feelings is the first step in understanding them and subsequently finding a resolution.

Related Link: <u>LeAnn Rimes Discusses Her Affair with Eddie</u> <u>Cibrian: What Her Non-Verbal Cues Tell Us</u>

2. Acknowledge and feel your feelings: Going through hard times means not being scared of your emotions. Try acknowledging the negative feelings, so that you are one step closer to finding a solution to your problems.

Related Link: <u>Was LeAnn Rimes' Breakdown Fueled By Fears of</u> <u>Eddie Cibrian Cheating?</u>

3. Practice acceptance: One of the hardest things to do is to

understand that we don't always have control. Make a list of the things you can't control and then stop worrying about them. Like Taylor Swift says...the "haters gonna hate hate hate." We just have to "shake it off"!

How do you get through tough times with your partner? Comment below!

Celebrity Pregnancy: Former 'Bachelorette' Emily Maynard is Expecting!





By Emma L. Wells

Emily Maynard shared some exciting celebrity pregnancy news last week, according to <u>People.com</u>. In a humorous Instagram photo captioned "too much pizza #july2015," the reality star revealed her growing baby bump. After unsuccessful engagements stemming from both the <u>The Bachelor</u> and <u>The</u> <u>Bachelorette</u>, the mom-to-be wed Tyler Johnson this past June. Now, the couple – along with Maynard's daughter Ricki – are thrilled to share their celebrity baby news.



Former 'Bachelorette' Emily Maynard announces her celebrity pregnancy. Photo courtesy of Emily Maynard's Instagram.

We love Maynard's cute celebrity

pregnancy announcement. What are some creative ways to announce your pregnancy?

Cupid's Advice:

Baby news is happy news, and therefore, it should be announced in cheerful fashion. Take a cue from celebrity pregnancy announcements like Maynard's and come up with a fun way to share that your family is growing:

1. Take funny photos: Use your baby bump as a prop or punchline for a series of pictures. If you want to be really coy or aren't interested in being photographed, show how your family, your house, or your diet is changing. You can write that you won't be drinking alcohol for the next few months and accompany that with a picture of a baby bottle.

Related Link: <u>'Bachelorette' Alum Emily Maynard is Engaged to</u> <u>Tyler Johnson</u>

2. Enlist the help of an older sibling: Instead of announcing a new baby is on the way, share that the child you already have is about to be a big brother or sister. Take a cute picture of your son or daughter and caption it, "I'm being promoted." Or dress up your kid like a superhero and make a sign that says, "Every superhero needs a sidekick," along with the due date. If it's your first baby, you can use your pet as a prop instead.

Related Link: Former 'Bachelorette' Emily Maynard Marries in Secret Wedding

3. Use word play: Take a picture of something baby-related – whether that be your blossoming belly, your pregnancy test, or some baby clothes you've already purchased – and write a pithy

caption using a play on words. Maynard used the idea of a "food baby," but other common phrases to consider are "bun in the oven" or "ready to pop." You can also try using a movie or song title with the word "baby" in it.

Cupid wants to know: How did you announce your pregnancy?

Screwing the Rules Video Dating Advice: How 'The Bachelor' Is Changing the Reality of Dating





By E!'s Famously Single Dating Coach, Laurel House

In this week's <u>dating advice</u> video, relationship expert and E!'s *Famously Single* dating coach, <u>Laurel House</u> discusses how *The Bachelor*, particularly season 19 with <u>Chris Soules</u>, and other similar reality TV shows are changing the reality of dating.

Dating Advice from E!'s Famously Single Dating Coach Laurel House

"They're helping to shape the way we view what is desirable, what is sexy," she explains of the reality TV franchise. "With Farmer Chris from Iowa as America's current leading man, the dating landscape has dramatically shifted." House reveals five ways that Soules is changing the reality of dating: Women no longer want bad boys like former *Bachelor* Juan Pablo Galavis; we see farmers as marriage material; we're going back to the basics and forgetting about the rich and famous; we want a true gentleman; and we (finally!) think nice is sexy.

Related Link: <u>Screwing the Rules Video Dating Advice: Find the</u> Love of Your Life

Funny enough, a reality TV show is helping us redefine real love. "It's being authentic; it's being our true self. It's looking down deep and thinking, 'What do I need in a relationship and love? What do I need in a relationship? What will sustain a relationship long-term?'" the relationship expert shares.

For more dating advice from House, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

How do you think The Bachelor is changing the way we date?

Chris Harrison: Things Were "Awkward and Weird" Between 'The Bachelorette' Andi Dorfman & Josh Murray



By Maggie Manfredi

This man knows a celebrity break-up when he sees one! According to <u>UsMagazine.com</u>, Chris Harrison, the newly single host of *The Bachelor* and *The Bachelorette* series, knew something was up with former *The Bachelorette* star Andi Dorfman and fiancé Josh Murray before they split. Harrison said, "I knew things were a little off. They were being a little awkward and weird. But you know, they're from Georgia. You know those people." The celebrity exes announced their break-up just after they attended *The Bachelor* season 19 premiere together.

Celebrity exes Josh Murray and *The Bachelorette* star Andi Dorfman gave nothing away the day before their celebrity break-up announcement. How do you remain civil with an ex in the midst of turmoil?

Cupid's Advice:

Keeping the drama to a minimum is tough when you're in the midst of a break-up and feeling tense. Cupid has some tips on how to stay calm:

1. Stay off social media: The last thing you want to do during a break-up is cause even more tension and turmoil, which is exactly what spreading your feelings all over social media will do. Keep your thoughts to yourself. If you need an outlet, try writing down your thoughts in a personal diary or writing a letter to your ex (without the intention of sending it).

Related Link: <u>'The Bachelor' Host Chris Harrison Says He "Had</u> <u>No Clue" Andi Dorfman & Josh Murray Would Break Up</u>

2. Respect your ex's privacy: A relationship means intimacy, admiration, and love. Even when the other elements fade, make

sure that you continue to show respect, like these celebrity exes did. Don't share your former partner's secrets or betray the trust bestowed upon you during your relationship.

Related Link: <u>'Bachelorette' Season 10 Couple Andi Dorfman and</u> Josh Murray Call It Quits

3. Talk about it: If things get bad and messy postrelationship, sit down and talk about it. Otherwise, your feelings will only fester, and you'll lose perspective on the situation. Maturity is an important factor in having a relationship, so continue that trait even after your break-up.

What your tips on how to avoid civil war with an ex? Share your comments below.