

Celebrity Interview: Reality TV Producer SallyAnn Salsano Opens Up About New Show 'Hear Me, Love Me, See Me'



Interview by [Lori](#)

[Bizzoco](#). Written by [Jessica Gomez](#).

If you're a fan of [reality TV](#), then you are probably a fan of [SallyAnn Salsano](#), the television producer behind popular series like *Jersey Shore*, *Party Down South*, and *Martha & Snoop's Potluck Dinner Party*. Lucky for you, we have the behind-the-scenes scoop on her latest show *Hear Me, Love Me, See Me*, straight from Salsano herself! In our exclusive [celebrity interview](#), Salsano opens up about the new TLC series, which premiered Saturday, March 3rd, and also reveals

why she believes [The Bachelor](#) franchise has such staying power.

Celebrity Interview with Reality TV Producer SallyAnn Salsano

The 495 Productions executive tells us that she loves the concept of *Hear Me, Love Me, See Me*, a unique dating show where women who are looking for love meet three different men and get to know them through live streaming. Think about it: “You date someone for a long time. Then, you meet their friends and family. Then, you learn about their job,” Salsano explains. “It takes so long to get to the bottom of all of that.” The idea behind the new TLC show is that people don’t need to spend months and years getting to know one another before they decide the person isn’t right for them.

Related Link: [Celebrity Interview: ‘Ex Isle’ Executive Producer SallyAnn Salsano Talks Reality TV](#)

On each episode of *Hear Me, Love Me, See Me*, a woman dates three different men *without* meeting them. Each guy wears a camera and shows off their daily life – you see their friends and family, their hobbies, and so much more. It’s interactive because the audience gets to play along as well. By the end of the episode, the woman often picks someone she usually wouldn’t have dated. Salsano says that the show concept received great feedback when she shopped it around to the networks.

With this type of dating process, from the very beginning, the women can see what their relationship will potentially look like. As our founder and executive editor, Lori Bizzoco explains, “Everyone has a checklist and a type – which is what makes this show work in a different way from others. Here, women are forced to look beyond their must-haves and truly

consider the man they're dating."

There are three episodes filmed so far with tentative plans for more, depending on the viewers' response. There is also a possibility to take the show outside of the United States and even reverse the roles with men looking for love. What a twist!

In addition, to *Hear Me, Love Me, See Me*, Salsano is working on *Jersey Shore: Family Vacation*, a reunion show that she first mentioned to us over a year ago. Fans can expect to see exactly what they've been missing: the entertaining dynamic of the cast, finally together again on television. Of course, until the premiere date – Thursday, April 5th on MTV – Salsano couldn't reveal much, but she guarantees it will be fun to watch. It's also "100 percent of what producers were looking for" – which says a lot!

Related Link: ['Martha & Snoop's Potluck Dinner Party' Producer SallyAnn Salsano Talks About Her Hit Reality TV Shows & Possible 'Jersey Shore' Revival](#)

As if that's not enough, *Winter Break: Hunter Mountain* premieres on Friday, March 16th on MTV2. It's not a typical relationship show, the television producer explains. "It's like *Jersey Shore* on ice. The dating, the hook-ups, the sex, the make-ups – the drama on this show is ridiculous," she shares in our celebrity interview. "What goes on between that cast – the intermingling – I've never seen that before. It's such a fun, twisted turn of events." Thanks to that introduction, we can't wait to watch!

Salsano first got her start working on *The Bachelor*. With the dramatic finale of season 22, we had to ask for her thoughts on the popularity of the franchise. After so many seasons, she believes that the people on the show have become more normal, more real. "It's candy. Everyone can relate to it," she explains. "Everyone's been that girl; everyone's dated that

guy, and everyone's had their heart broken. It's like a version of Fantasy Football for women."

With a plethora of shows and ideas in her back pocket, we cannot wait to see what Salsano will be working on next!

Don't miss the next third installment of Hear Me, Love Me, See Me on TLC, airing on Saturday, March 17th at 10 p.m. EST.

Celebrity Interview: Reality TV Star Becca Tilley on 'The Bachelor' Finale: "Well, I Read the Spoilers!"





Interview by [Mallory McDonald](#). Written by [Whitney Johnson](#). Social media influencer Becca Tilley has built an impressive fanbase since she first appeared on seasons 19 and 20 of [The Bachelor](#), but she hasn't strayed far from her roots: She's close friends with many former *Bachelor* and *Bachelorette* contestants, including [JoJo Fletcher](#), Ashley Iaconetti, and Dean Unglert. In our exclusive [celebrity interview](#), she opens up about these relationships and says, "Being on *The Bachelor* or *The Bachelorette* is such a unique experience. There's absolutely nothing like it... It can form a bond instantly, whether it's romantically or just a friendship."

Celebrity Interview with Becca Tilley

Related Link: [Celebrity News: Hometown Heartbreak on 'The Bachelor'](#)

And, of course, she's still a fan of the show. With next week's finale of season 22 of *The Bachelor*, we had to ask about her prediction for Arie Luyendyk Jr.'s final rose. "Well, I read the spoilers!" she says with a laugh. "I

kind of feel like I know what happens, but at the same time, I always think they're going to throw me for a loop."

For her latest project, Tilley is partnering with Lime-A-Rita to introduce The Ritas, three legendary women who are sharing their best life hacks, including dating and relationship advice. "Of my friends, I'm always the straight-shooter, tells-it-like-it-is, so it's nice to have these three women to ask for advice. They give it to me straight, just like I would do for myself!" she shares.

If you go to any of the Lime-A-Rita social media sites and hashtag #RitaSays with a question, they'll send you an answer. "I want everyone to tag me in their questions so I can see what kind of advice they're getting from The Ritas," she adds in our celebrity interview.

Related Link: [Celebrity Wedding: 'The Bachelor Winter Games' Couple Clare Crawley and Benoit Beauséjour-Savard Are Engaged](#)

As for what's next, the reality TV star will continue recording her podcast *Scrubbing In with Becca Tilley* each week and sharing pictures from her swoon-worthy vacations, including an upcoming trip with Fletcher. "There's just always something fun going on – and it's all thanks to getting dumped on TV twice," she says with a laugh. "It's the silver lining, people!"

You can keep up with Becca on [Instagram](#) and [YouTube](#). You can also listen to her podcast [Scrubbing In with Becca Tilley](#).

Relationship Advice: Keys to Growing a Business When the Marriage is Over



By [Amy Osmond](#)

[Cook, Ph.D](#)

Hollywood certainly has its share of dramatic endings – relationship endings, that is. Stars like Laurence Fishburne, Fergie, Chris Pratt, Jennifer Hudson, and Danica Patrick, to name a few, were invested in a long-term [celebrity relationship](#) and either personally or professionally called it quits. But what happens when a couple's livelihood relies on maintaining a relationship after the marriage is over?

Christina and Tarek El Moussa can relate. After becoming household names as co-hosts of HGTV's hit reality TV show *Flip*

or Flop, they publicly announced their [celebrity divorce](#) just over a year ago. Despite moving on in their personal lives, both are committed to working together to make their successful business grow.

Related Link: [Celebrity Divorce: Christina & Tarek El Moussa Announce Break-Up](#)

It's not uncommon for former partners to maintain a business relationship. There are an estimated [3.3 million businesses](#) in the U.S. that are jointly owned by spouses. In some cases, a partner buys out the remaining portion of the business. But in a growing number of cases, the former married couple opt to remain invested in the business long after the divorce is final.

"I worked with one business where, actually, [the ex-spouses] were better business partners and got along better after the divorce and stayed together within the business for a while," says [Dann Van Der Vliet](#), executive director of the Smith Family Business Initiative at the Samuel Curtis Johnson Graduate School of Management at Cornell University. Van Der Vliet believes that, when the divorce relieves the anxiety in a relationship, the partners can focus on the strengths they contribute to the business.

Reality TV Stars Open Up About Celebrity Divorce & Share Relationship Advice

I talked with Christina and Tarek about their transition from a blended life to one that is now exclusively professional. They shared five rules they follow to maintain a positive and supportive professional relationship, even though they now lead separate personal lives:

1. Be professional: Part of their success derives from their

ability to separate professional obligations from personal responsibilities. “We believe in this company, and that means keeping our personal lives separate,” Tarek explains. “When we’re on set, it’s like a different life than what we live outside of the set. When we’re doing our job, we’re doing our job.”

Related Link: [Relationship Advice: Is Your Job Killing Your Relationship?](#)

2. Focus on the ultimate goal: Whether it’s personal or business, staying focused on your goals can help minimize distractions. “Every day that we film, I remember why I’m there,” says Tarek. He says his priority is to support his kids and family. “Second, I remember how I worked my entire life to build this thing. I don’t want to throw it away because of a divorce. We are good at what we do,” he adds. “We love flipping houses, and we enjoy delivering a great TV show that helps change people’s lives.”

3. Put kids first: Tarek and Christina understand that it is in everyone’s best interest to get along. “Children come first, and that means doing things that are best for them,” says Christina. “In our children’s case, it was in their best interest to do things together.” Often that decision requires some sacrifice and adjustments on the parent’s part.

4. Don’t sweat the small stuff: When tensions are high, it seems everything is a big deal. Immediately after a divorce, no matter how amicable, there is going to be a transition period. “Take time apart in all areas to better understand what you want,” says [Kate Taylor](#). “As you redefine your relationship, you should draw clear lines around your roles and responsibilities at work.”

Christina quickly discovered that not everything is worth fighting about. “When you’re not with that person, you’re not entitled to have those disagreements anymore,” she shares.

“When Tarek and I first separated, if there was a disagreement, it was important that we walk away from it.” When disagreements happen, her rule is: Don’t react, because that is the moment when you need to think more clearly.

Related Link: [Relationship Advice: Six Ways to Keep Work and Life Demands in Balance](#)

5. Keep it fun: Tarek and Christina make sure to contribute to a positive work environment. Their professionalism means everyone feels happy and comfortable when they are at work. “We have a great crew,” says Christina. “We’ve been friends with all of them for a long time. Because of that, it makes everything much easier because it’s such a great workplace.”

There are those who are skeptical that this type of relationship can work, but Christina is unfazed by the criticism. “Business is what we’ve always done best together. Tarek and I both agree that we work great together regardless of whether or not we are married,” she explains. “We make a great co-parenting team as well. There is nothing I would have done differently.”

For more information about and articles by our relationship expert Dr. Amy Osmond Cook, click [here](#).

Celebrity Interview: ‘RHONJ’ Star Teresa Giudice Opens Up About New Book, ‘Standing

Strong'



Interview by [Lori Bizzoco](#). Written by [Karley Kemble](#).
In our exclusive [celebrity interview](#), [Teresa Giudice](#) candidly discusses her new book, her four daughters, and her controversial past. *Standing Strong* is all about finding strength during tough times – something that the *Real Housewives of New Jersey* star knows the importance of from firsthand experience. Ultimately, she hopes to use her celebrity status as a platform to help women struggling with financial infidelity. Her words of advice to the masses? “Stand strong – nothing bad lasts forever,” she shares. “Even though you feel like you’re going through a rough time, you’re gonna get through it.”

As for the future, expect to see more from this bestselling author. “The sky’s the limit, and I’m all about empowering women,” the [reality TV](#) star says in our celebrity interview.

“So, you know, we’ll see what comes my way in the future.”

You can follow Teresa on Instagram at [@teresagiudice](https://www.instagram.com/teresagiudice) and purchase her book on [Amazon](https://www.amazon.com).

Celebrity Interview: Drew D’Angelo of ‘Real Estate Wars’ Says, “Don’t Ever Settle for Second Best”



By [Rachel Sparks](#)

If you don’t already know his name, you will soon: Drew

D'Angelo is a coastal real estate agent on The McMonigle Team and one of the stars of Bravo's new reality TV show *Real Estate Wars*. At 21 years old, he joined his stepfather's land development business as an assistant and worked his way up to the top. With 17 years of experience, he is certainly one of the best. In our exclusive [celebrity interview](#), D'Angelo opens up about reality TV, his best [relationship advice](#), and his future goals.

Drew D'Angelo Talks Real Estate & Reality TV in Celebrity Interview

Real Estate Wars includes the biggest real estate moguls in the O.C. Filled with A-listers, celebrity drama, and multi-million dollar houses, it's our next binge-worthy show. Of the experience so far, D'Angelo says, "My life hasn't changed all that much, with the exception of being recognized on the street and in stores when I am with my family." While he's now in the spotlight more than before, his career path is still very much the same. He co-owns several businesses with his family, including his stepfather (and role model), and continues to sell houses.

Bravo's selling point for *Real Estate Wars* – besides the gorgeous coastal homes – is two rival teams. D'Angelo is part of John McMonigle's team, who was the number one real estate agent in the United States before the market crashed. Of course, there's a catch: McMonigle's old partner, Jojo Romero, is on the opposing side. Despite the drama, D'Angelo reveals, "John is a constant gentleman to her. One can hope that, one day, they will be friends again. I do think Jojo will be nice to John when she lets go of her deep-rooted resentments."

D'Angelo, though, thrives off of the competition. He never feels animosity towards any members of either team and

considers some of them friends. In fact, he believes that the competition makes him better: “I look at my competition as an opportunity to collaborate and learn what makes them tick because it gives me the upper hand when I’m in negotiations with them.”

Related Link: [Relationship Advice: Getting Over a Grudge](#)

Real Estate Wars focuses on extremely high-end homes, so it’s no surprise that the reality TV star often works with celebrities. “I try not to get starstruck by anyone, but I definitely am in awe of the wealth these people have and the lives they live. It’s really a different world for some of my clients,” he shares. “I always try to make sure they know I am as comfortable as they are when doing business with celebrities. They seem to open up more when you are just being yourself and aren’t nervous.”

Of course, there is that one celebrity that he’d love to meet – and celebrity home that he’d love to sell: Kobe Bryant. Close runner-ups include Richard Branson, Irvine Co. owner Don Bren, and Bill Gates.

Related Link: [Kobe Bryant Relocates to a Resort Post-Split](#)

Reality TV Star Offers Relationship Advice

D’Angelo could never have so much success in his professional life without support from his family. When it comes to relationship advice, he believes the most important part of having a good home life is the partner you choose. “Don’t look for someone who fits into your life. Look for someone who adds to you and makes you better in all aspects of your life,” he explains in our celebrity interview. “A true partner is a complement to who you are already – someone who challenges you in a positive way to be more, someone who makes you want to be

more in your life, someone who respects your boundaries and has a set of morals and goals that again complement who you are.”

Currently married to his second wife, he adds, “Don’t ever settle for second best. This person, whomever it is, will make you feel your best and be the ying to your yang.”

Related Link: [Dating Advice: How to Go From Single to Married](#)

The father of three children, D’Angelo would love for his kids to follow in his footsteps and join the family business. He says, “It’d be great for them to continue our work, but most importantly, I want them to do what makes their hearts happiest.”

So what’s next for the real estate agent? He hopes to make great strides in the next five years. “I would like to have several million dollars sitting in the bank, a few apartment buildings that we own and manage, and a minimum of five different development deals going on,” he reveals. “Personally, I want to be able to provide more for my children and have plenty of money for any situation.”

As for *Real Estate Wars*, D’Angelo is hopeful that fans will want a second season. “It was such an amazing experience to be a part of something that is so big,” he shares. “I have no regrets.”

You can find out more about Drew D’Angelo on [Bravo.com](#). Follow him on [LinkedIn](#) and [Instagram](#).

Celebrity Interview: Michael Canalé Talks About His New Product Line & The Latest Celebrity Hair Styles



By [Rachel Sparks](#)

With nearly thirty years of experience as a celebrity hair stylist, Michael Canalé is best known for creating “The Rachel,” the hair style of [Jennifer Aniston’s](#) character on *Friends*. Seeing between 20 and 40 clients every day, he starts his mornings at 7 a.m. and spends anywhere from 15 to 30 minutes on each client. Adding to his already busy schedule, he has just released an ingenious new hair product line that lengthens the longevity of color and repairs damage to hair. Of course, Canalé is a lot more than a stylist: He’s

also a family man to three kids and an avid traveller for work. In our exclusive [celebrity interview](#), he opens up about his new product line, the latest celebrity hair styles, the importance of family, and what's next for his booming career.

Michael Canalé Talks About New Product Line in Celebrity Interview

Related Link: [Beauty Trend: Holographic Hair Colors](#)

Canalé's new line of hair care products "is the first of its kind, focusing on getting hair ready for color and maintaining color between salon visits." The four-step process starts with a gentle shampoo that does not fade color. Following the shampoo, Nourish is a topical vitamin that helps strengthen and heal hair. The third step is the conditioner that "restores luster, softness and shine." The newest addition to his line is Replenish, "an ingestible vitamin with a vegan and all-natural approach that contains patented Targeted Cellular Technology for maximum absorption with critical ingredients that will help you achieve strong, healthy hair."



Photo: Michael Canalé
Product

It's easy to see why we trust the Canalé product line as much as we trust the stylist to color and cut our hair. Canalé has a strong knowledge base and uses the undertones of someone's skin and eyes in order to choose their best hair color. He suggests that you look at your wrist and note the color of your veins: "If they're blue, you have a cool undertone, and if they're green, you have a golden undertone." He also recommends looking at your eye color: If you have blue-toned eyes, cool-toned highlights will be a natural compliment. For instance, blue-toned eyes with specs are best complimented with baby-blonde highlights.

Making it even easier for hair color novices, he adds, "Another trick is to always use your natural hair color when creating a hair color – that's why I prefer highlights."

Having started the largest hair styling trend in decades with "The Rachel," we had to ask Canalé's perspective on must-have celebrity hair styles. In terms of hair color, he believes that ombre and balayage are on their way out. Instead, he suggests his favorite technique and says, "The hottest color trend right now is using paper thin highlights to enhance a client's natural base and adding a finishing touch of a pop around the face to bring out a client's eye color, giving a subtle, glamorous look."

Related Link: [Get a Knockout Look with This One-Two Punch in Hairstyles](#)

When it comes to hair cuts, he encourages his clients to consider their natural texture. "If you do a cut that embraces your natural waves, it'll require less styling with heat and tools," he shares.

Celebrity Hair Stylist Shares

Parenting Advice

Aiding in his success is help from both his wife and manager. “I will tell you, it’s not easy. My wife is very supportive and holds down the fort when I’m out on the road,” he explains. “I also have a great manager who makes sure I don’t miss a beat when it comes to my kids.”

Despite his long days, Canalé always prioritizes time with his family. When it comes to finding your own work-life balance, Canalé says, “My best [parenting advice](#) to your readers is to never let work allow you to miss the most memorable moments and to carve out family time. Creating memories with your loved ones is priceless!”

So what’s next for this celebrity stylist? For starters, he sees himself spending plenty of time in the salon. He began his career working with Leslie Ann Warren and Marsha Mason, and most recently, he’s worked with Carolyn Murphy, the face of Estée Lauder, and Stephanie Hollman from *The Real Housewives of Dallas*. “I want to still be behind the chair, coloring the hair of women all over the world. I work in eight cities as of today and am looking to expand into another,” he explains. “My goal is that the future of my business continues to help women feel beautiful as we create healthy and beautiful hair color.”

Related Link: [Celebrity Interview: RHOD Star Stephanie Hollman Talks, Fame, Family Life, and Spring Style](#)

Additionally, Canalé hopes that one of his children will join the family business someday. “I’ve built a career around brand-specific color techniques and would love to see it continue,” he says. Plus, he promises that “a couple of incredible products will be released in 2018.” So stay tuned!

Canalé saves his best piece of beauty advice for the end of our celebrity interview: “One last thing: Don’t overthink your

color. Your hair is your best accessory – stay colorful!”

You can follow along with Michael Canale on [his website](#) and [Facebook page](#).

Celebrity Interview: ‘Love Blows’ Creators SallyAnn Salsano & Patti Stanger Discuss Reality TV & Modern Dating



Interview by [Lori](#)

[Bizzoco](#). Written by [Marissa Donovan](#).

Television producer [SallyAnn Salsano](#) and famous matchmaker Patti Stanger have teamed up to create a new [reality TV](#) show on WE tv called *Love Blows*, which follows the drama of a Chicago family's matchmaking business. In our exclusive [celebrity interview](#), Salsano and Stanger chat about their show, previous television projects, and today's dating world.

Read and listen to this celebrity interview from the masterminds behind the matchmaking reality TV show *Love Blows*!

<http://cupidspulse.com/wp-content/uploads/2017/08/Sally-Ann-Salsano-and-Patti-Stanger-Interview-for-Love-Blows.mp3>

SallyAnn, we last spoke about *Martha and Snoop's Potluck Dinner*, so I have to start off with saying congratulations because that's a tremendous success and your first Emmy nomination! How does that make you feel?

Salsano: I'm super proud of that. They are such power houses, superstars, and household names worldwide. Working with them – there's almost nothing they won't do. They are super dedicated 24/7 and on set with you morning, noon, and night. And creatively, it's really fun. We really had a great time.

Related Link: ['Martha & Snoop's Potluck Dinner Party' Producer SallyAnn Salsano Talks About Her Hit Reality TV Shows & Possible 'Jersey Shore' Revival](#)

You've said that there are a lot of commonalties between them, even though people may view them as so different. Do you think that played a role in the show's success?

Salsano: There's all this hullabaloo now in our world about different people and people being against each other. If the country was more like this show, we'd be in a better place. If you like someone, nothing brings you together more than a good meal and good conversation. Just get together and have a good time! It doesn't matter where you're from, where you're raised, or what you're like. At the end of the day, we all like to eat, laugh, and have fun. That's basically what this show's about.

Absolutely – great point. Patti, last month, you were on *Hollywood Medium* with Tyler Henry, and you shared that your adoptive mother was really good at giving you advice. What was that experience like?

Stanger: It's not so much what he says and how he says it. It's more like, when you're in the room, there's a strong energy. You *feel* the presence of your loved one. He's a guy that brings in the energy of your loved ones, and you feel loved. My mom died a really horrible death of lung cancer, and at the end, she was in a lot of pain. So knowing that she was okay was important to me. And then my biological mother showed up – that was all really nice. I never met her, but I felt a presence. You can't tell that though the television though.

Related Link: [Celebrity Interview: 'Hollywood Medium' Star Tyler Henry on His New Memoir & Career: "This is Fundamentally What I'm Meant To Do"](#)

Now, let's talk about *Love Blows*. This is just an amazing collaboration. Who came up with the idea?

Salsano: Patti!

Stanger: I came up with the idea. I wanted SallyAnn involved because she did *Jersey Shore*, and I envisioned this show to be in the same style. I just thought she was the perfect powerhouse to go into Chicago and turn it upside down. Chicago didn't have it's own reality TV show, which was really

important.

These are people I work with – I’m like the head affiliate for matchmakers around the world. I’m the one generating leads, giving them advice, and training them. So Lisa used to fix me up – we were like sisters. One day, she told me the story about her husband who cheated on her with her best friend – and she stills works with both of them! Their kids are now training to take over the business. I was like, “Oh my god, this is a reality TV show.”

I originally sold the show in a different format to Bravo, but when I left Bravo, I took it back. SallyAnn reformatted it and came up with a better concept than what I had. It was just going to be a pilot at first, but of course, given the powerhouse that she is, she made it go straight to series. We’re super excited. It’s going to connect to viewers like *The Real Housewives of Beverly Hills* and *Vanderpump Rules*. It’s a show you can keep watching for two hours straight.

So you knew Lisa before you started developing the show?

Stanger: She’s someone I work with on a regular basis. All matchmakers work with me; we all work with each other. What’s great about this show is that you’re going to see this unveiling of the industry. You’re going to see behind the scenes of matchmaking, which is a real business that you cannot major in at college. The only place you can get certification is through my old assistant who owns the Matchmakers Institute in New York. You train with matchmakers. You shadow them, like other matchmakers have shadowed me. It’s cool because it’s always handed down generation after generation – the way Lisa plans on handing it down to her daughter Annie.

A lot of crazy things happen in these episodes, a lot of cliff-hanger drama. And I’m appearing in a lot of episodes, which is fun.

SallyAnn, you've produced a lot of shows about love and relationships. What do you think makes this one different?

Salsano: It's actually real. There's something about a family dynamic that you can't change. If you combine the young and beautiful people on *Vanderpump Rules* with the drama of *Flipping Out* and the family dynamic of *Cake Boss*, then you get *Love Blows* – this show has it all. And it's all coming from a place of helping other people find love.

Mixing Patti's star power and expertise with their family dynamic is a recipe for success. Still, there's a lot of disastrous moments behind the scenes too. It's the stuff that reality shows are made of – and it's completely authentic.

Related Link: [Celebrity Video Interview: 'Millionaire Matchmaker' Star Patti Stanger on How a Relationship and Love Changed Her: "I'm Much More Relaxed"](#)

Shifting gears, let's talk about digital matchmaking versus traditional matchmaking. Do you think singles are ready to get back to true matchmaking – where a matchmaker (instead of a website or app) sets them up on a date?

Stanger: Personal attention will never be defeated by an app. Ever! With a matchmaker, you have someone selecting potential partners for you and talking to you on a daily basis...versus an app that has no information! You don't even know how tall they are, how many kids they have, if they're divorced. That's why matchmaking is older than prostitution – it's as old as time.

Do you think the show could help bring back the matchmaking industry?

Stanger: I wanted to make it a major in college – where you could actually major in it and open your own business. The industry is really going to change in the next 10 years. We've

already passed the two billion dollar mark – internationally, not just in the United States.

We've never been able to use FaceTime matchmaking because people want to hide their looks, their voices, their age, their height, and their weight. So that's the next frontier: Will you FaceTime with somebody? Will you show them who you are in broad daylight without makeup on and your hair up?

That's brilliant! Getting back to the show, Patti, we'd love to know a bit more about your role on-camera.

Stanger: You see a little bit of a softer side of me. I come in to help Annie, and I have to shut Lisa down because Lisa's more of a screamer than I am in this particular season. On top of it, I go on three dates.

I'm still going to lose my cool because I'm Patti, but I'm not in charge, so it's a different side of me. It's hard because I'm used to calling the shots. I'm more like the therapist that comes in to fix the problems in the family.

Related Link: [Celebrity Interview: 'Ex Isle' Executive Producer SallyAnn Salsano Talks Reality TV](#)

I have a couple additional questions for you, SallyAnn. The last time we spoke, I asked you if there would be a reunion for the *Jersey Shore* cast...and then *Reunion Road Trip* happened!

Salsano: That had nothing to do with me. Oh my god, I would kill to do one – with the entire cast and have them talk about the past.

As you probably know, Ronnie Ortiz-Magro and Pauly D have both been on the show *Famously Single*. Have you watched it?

Salsano: Of course. I watch this show and everything those cast members do. We have a group text going, and we always support each other. They're like my children. They call me "Mom." It makes me feel 900 years old, but it is what it

is! There's something different when you know somebody before anyone else did. I think you just kind of have a different bond with them and different insight into who they are.

Any final words about *Love Blows*?

Salsano: Just watch it!

Stanger: You need to watch it live. We have this expression on WE tv: "Live or Die." You're going to get tips about what to do if you want to open your own business, if you're dating someone and it's not working out, if you want to get back in the game after a divorce. People date on Saturdays or Sundays, so they need to tune in on Friday night! They need to have these tips in their arsenal. We can basically be your dating coaches.

Check out the buzz for yourself by watching the premiere of Love Blows on WE tv TONIGHT at 10/9c!

Celebrity Interview: 'Famously Single' Dating Coach Dr. Darcy Sterling on Relationships, Communication & Her Own Marriage





Written By

[Melissa Lee](#). Interview by [Lori Bizzoco](#).

Relationship expert and dating coach Dr. Darcy Sterling is no stranger to training individuals on their communication skills. As the mentor on E!'s *Famously Single* and the co-owner of a group practice, Dr. Darcy has spent the past 21 years counseling those on their relationship skills. *Famously Single* is only a sneak peek into the type of work Dr. Darcy does on a daily basis as a dating coach. As a clinical social worker, Dr. Darcy strives to help individuals open up and communicate in order to receive the most fulfilling romantic relationships possible. In our recent [celebrity interview](#), Dr. Darcy revealed some of the drama that went down on this season, key relationship issues, and how her show has helped her own marriage.

Dr. Darcy Spills Some Drama on Season 2 of *Famously Single* in

Celebrity Interview

Since the show essentially revolves around relationships, it's not a surprise that several co-stars ended up dating both during and after filming. Former *Jersey Shore* star Ronnie Ortiz-Magro and *DASH Dolls* alum Malika Haqq did not shy away from sharing details on their relationship on social media, but broke up shortly after filming ended. "I think they needed to learn how to have a fight. They had different communication styles, they needed to learn how to resolve conflict, and they needed to learn how to communicate effectively," Dr. Darcy says. She even confessed that her and wife Stephanie Koncicki offered to coach them after the show had ended, but Ronnie wasn't interested.

Related Link: [Celebrity Interview: "The Cycle" Co-Host Aliya-Jasmine Sovani on Work, Life, Love and Balancing It All](#)

Bachelorette contestant Chad Johnson soon ended up revealing his love with model Zoe Baron. When asked whether or not Dr. Darcy thinks Chad has learned much from the show, she informed us that the couple had very recently broken up! "They broke up two nights ago, so you tell me," she says.

And when it comes down to Calum Best, who was also on the show last season, Dr. Darcy explained that it was much easier to get deep down and solve his relationship conflicts. "The amazing thing with Calum is that I got to go so much deeper with him because I already had a relationship established with him, so I didn't have to earn trust or build a foundation of a relationship," Dr. Darcy says. "I'm a little rough on Calum this season."

The Advice Dr. Darcy Gives Is As

Real As It Gets

As a licensed psychologist, Dr. Darcy also has her own group practice in addition to an advice column. At times, it can be up for debate whether or not the advice she gives is the same she'd give to her private clients – but she quickly shuts that down. “You have to start with the basic skills – communication skills, conflict skills, how to have a fight. Those are the biggest issues.”

She explains that regardless of whether she's counseling in private or in the public eye on television, it is of great importance that individuals are working on their communication and conflict resolution. “We need them with all of our relationships. I need them with my friends, family, even my clients.”

Related Link: [Celebrity Break-Up: 'Famously Single' Stars Ronnie Magro & Malika Haqq Have Split](#)

Dr. Darcy further emphasized the fact that feelings get hurt in relationships, and it's somehow inevitable. “We need to know how to have a fight, and how to communicate when someone's hurt our feelings because in relationships, we hurt each other's feelings,” she says. “Everyone does it.”

***Famously Single* Improved Her Marriage**

Dr. Darcy married her partner, Stephanie, in 2009. She mentioned that Stephanie also does relationship counseling, but coaches couples together, whereas Dr. Darcy prefers one-on-one. “We teach relationship skills all the time. We're incredibly mindful of practicing what we preach, and it's really enhanced our relationship,” Dr. Darcy disclosed.

The two even have an online course together called

“Relationship Skills Bootcamp.” The workshop is designed to teach participants to improve skills within their relationship, similarly to the way their face-to-face counseling is.

Related Link: [Celebrity Interview: Former ‘Bachelorette’ Ali Fedotowsky Shares Her Tips on Staying Fit as a New Mom](#)

It turns out that hosting *Famously Single* has actually been a huge positive influence on her marriage. “We’re much better to each other, we’re more careful, we’re on our toes with each other,” she says. “How many people say getting a television show actually enhanced the relationship?”

Tune into Famously Single on Sundays on E! to see what relationship advice Dr. Darcy is giving this week!

Celebrity Interview: ‘The Cycle’ Co-Host Aliya-Jasmine Sovani on Work, Life, Love and Balancing It All





By [Noelle Downey](#)

Aliya-Jasmine Sovani is one of the newest voices at NBC with the talk show she co-hosts, *The Cycle*, now airing digitally to reach a millennial audience. With her show, she strives to make the news more accessible to young people by creating a haven for a well-researched blend of political, pop culture, and sports news that so many viewers wish they could find with just a quick Google search on their phones. And now they can, thanks to *The Cycle*. When she's done at work, the co-host has a life full of love, laughs, fashion, and friends to enjoy. In our recent [celebrity interview](#), Sovani opens about how she manages to have it all, from her dream job to true love.

Aliya-Jasmine Sovani Spills Details on Her New NBC Talk Show *The Cycle* in Celebrity Interview

While *The Cycle* may be hosted by NBC, one of the biggest networks around, Sovani insists that this new digital take on a talk show is bringing something brand new and accessible to younger viewers – and a lot of that has to do with the tone of

the show. “Imagine Anderson Cooper doing the six o’clock news and then going home in the evening, and he throws a black v-neck T-shirt and cracks open a beer,” she explains with a laugh. “The way that he would explain his day to Andy Cohen at night over a drink is the way that we try to do the news every day.”

Related Link: [Celebrity News: Anderson Cooper Thanks Boyfriend Ben Maisani at GLADD Awards](#)

Of course, it’s not just the tone; it’s also the content, which the co-host says is chosen with younger viewers in mind. “We’ll do all the biggest headlines when it comes to world news and politics, but we also cover sports and pop culture,” she says, “so if Kendrick Lamar drops a new album, we’ll talk about that with the same kind of importance.”

In this new digital world, convenience is everything. Sovani believes it was important to make this show as easy to access on-the-go as possible to match the fast-paced life of most modern millennials. “Our show is completely made to watch on your phone, which I think is really cool and forward-thinking,” the co-host shares. “This is new: the idea of traditional news networks pushing out content to a millennial audience using digital and social platforms. Being able to be part of that movement, as a storyteller and as a journalist, is really rad and incredibly fulfilling. Not only am I getting to tell stories that I care about, but I’m able to tell them on a platform that I also use to consume information.”

***The Cycle* Co-Host Dishes on Her Favorite Date Night**

Of course, with a new show and such a busy work schedule, Sovani has to set some serious boundaries to make sure that she can find time to just relax. So what are her secrets for achieving that perfect work-life balance? “I live about three

blocks from the ocean. I have a little rescue mutt, and I bring him to the ocean every single morning, and that's kind of my tranquility," she says in our celebrity interview. "I also have a rule at home: I don't have my phone in my bedroom at all. I won't even use it as an alarm. And I have a 'no weekends' policy. So the only time I'll check my email and my phone on the weekends is on Sunday night at 6 p.m., just to get ready for Monday."

During these social media and digital fasts, Sovani still has plenty to entertain her: "I just let my weekends be about me and my dog and my boyfriend," she enthuses. "We really like to go out for brunch, and we spend a lot of our weekends at the ocean. For me, that's everything."

Related Link: [Do-It-Yourself Date Night Advice from HGTV Host Monica Pedersen](#)

Sovani isn't just making strides in her professional life; she's also taking big steps in her [celebrity relationship](#). She admits that this is the first time she's ever lived with a boyfriend, so she's concentrating on keeping things fresh and fun. "I think it's very easy to get into a routine where all you guys talk about is work when you get home," she explains, "so we decided to try to go to more comedy shows! Instead of just doing a dinner [date night](#), we decided to start doing 'dinner and comedy' nights. We'll see the show, and then we can go for dinner and talk about it and the world at large."

So is laughter truly the best medicine? For Sovani and her special someone, it certainly is. "I think that it reminds you of why you were intellectually attracted to that person," she reveals. "For both of us, that's what we find really attractive about each other. So that's been a great addition to our relationship."

Aliya-Jasmine Sovani Reveals Her Go-To Fashion Item

Of course, whether in the office or on date night, Sovani is committed to looking fantastic. And there's one item that she just can't live without: "Sheath dresses are my new thing that I love in my 30's," she gushes. "I have these really great leather Oxford booties that I wear with my sleeveless sheath dresses and maybe a blazer thrown on top for work. Then, in the evening, all I have to do is replace those shoes with a cute pump and my briefcase with a nice little Chanel bag. That's been my new date night trick."

Related Link: [Fashion Advice: Choose the Perfect Date Night Dress](#)

With style tips as good as that, Sovani is clearly in-the-know when it comes to trends, and her knowledge of [celebrity news](#) is just as on point. Her favorite bits of celeb gossip right now are focused on two powerhouse ladies: [Kim Kardashian](#) and Serena Williams. "I read a headline about how Kim is being really open about getting a surrogate to have her next child. I know for many woman, that's been a taboo topic," she says. "So I think it's really interesting that she's being very open with it. It's opening up a dialogue for women who might not be able to have children and who have thought about that."

And it turns out the journalist is also a huge fan of how Williams recently shared her pregnancy photos. "I think that's really incredible because she has this iconic strong female body and all women are pressured into looking certain ways," Sovani explains. "Female athletes especially spend so much time conditioning their bodies, so for her to flip the switch and watch her body transform publically is really brave."

Tune into *The Cycle* and follow Aliya-Jasmine on Instagram [@AliyaJasmine](#) for more from this up-and-coming millennial news superstar!

Celebrity Interview: Dr. Darcy Sterling Reveals Chad Johnson and Zoe Baron Split



By [Mallory](#)

[McDonald](#)

Dr. Darcy Sterling, television personality and star of E! Network's hit show *Famously Single* hosted a Season Two viewing

party at CRAVEN restaurant in New York City last night. Lori Bizzoco, the founder and executive editor of Cupidspulse.com, got an [exclusive interview](#) with Dr. Darcy onsite. When asked if the work former [Bachelorette](#) contestant Chad Johnson did on the show, led to the success of his relationship with model Zoe Baron, Dr. Darcy shocked us with the news that the [celebrity couple](#) broke up two days ago!

Related Link: [Celebrity Couple News: 'Bachelorette' Villain Chad Johnson Is Dating Zoe Baron](#)

Tune into to E! on Sunday nights at 10/9c to watch Dr. Darcy work with Chad Johnson on *Famously Single*!!

Celebrity Interview: Former 'Bachelorette' Ali Fedotowsky Shares Her Tips on Staying Fit as a New Mom





Interview by [Lori Bizzoco](#). Written by [Noelle Downey](#).

It's no secret that, when it comes to being a new mother, things can get pretty hectic. This sentiment certainly rings true for [celebrity mom](#) and former star of [The Bachelorette](#), [Ali Fedotowsky](#). She recently chatted with CupidsPulse.com about her best survival tips for maintaining work-life balance, how to find time for fitness, and her exciting partnership with healthy snack company, goodnessKNOWS. Plus, she dishes on all things *Bachelorette* and Rachel Lindsay's search for love so far!

Celebrity Mom Ali Fedotowsky on How She Stays Fit

There's no doubt about it: Fedotowsky is busy! With her recent March wedding and her daughter Molly's first birthday coming up in early July (they're celebrating with a unicorn-themed backyard barbecue!), her life is filled to the brim with the happiest kind of chaos. So how does this reality TV star manage to do it all while also keeping herself sane? "For me, it's about taking little steps to take care of myself,"

she shares in our celebrity interview. “For example, if I need some time to myself, I tell Kevin. I have an amazing husband who always tells me to go do what I need to do.”

Related Link: [Celebrity Baby: Ali Fedotowsky Says She’s Ready to Be Pregnant Again](#)

Even when she’s not dishing about the latest styles on her thriving lifestyle blog or spending time with her sweet family, Fedotowsky doesn’t let herself slack off. Since she became a new mom last year, she has committed herself to staying fit. “Sometimes, I’ll do the tree pose while holding my daughter,” she admits with a laugh.

She enthuses about her newfound love of yoga in more detail, saying, “Yoga is the best. Yoga is the only thing I do – I’m not a gym person at all. I love how I can do it at home. I love the convenience of it and how it shapes my muscles in ways other workouts don’t.” Seems that this familiar and fun form of exercise is the perfect mix of convenience and challenging for this busy celebrity mom!

Reality TV Star Reveals Partnership with goodnessKNOWS in Celebrity Interview

Of course, it takes a lot of energy to stay fit and take care of your body. Fedotowsky swears that she has the secret weapon for keeping your energy up: goodnessKNOWS snack squares. The snacks, which combine essential vitamins with a delicious crunchy texture and great taste, are her lifesaver when it comes to eating healthy. “My girlfriends and I are all very conscious of what we put into our bodies,” she reveals, “so we can have a little bit of wine and be naughty but also have the cranberry almond dark chocolate goodnessKNOWS snack squares. They’re only 150 calories for all four!”

In fact, the celebrity mom was so thrilled with goodnessKNOWS and their healthy snacking initiative that she recently took things a step further and partnered with them on a new project for National Yoga Day. “We did a Facebook Live stream. It’s all about yoga and how you can do it at home and how good it can make you feel,” she explains in our celebrity interview. She hopes to show other new moms that they don’t have to be any kind of fitness guru to live their healthiest lives.

Related Link: [‘Bachelorette’ Alum Ali Fedotowsky Gives Birth to Celebrity Baby Girl](#)

Ali Fedotowsky Dishes On the Newest Season of *The Bachelorette*

Every busy mama needs a break, and Fedotowsky is no exception. Just like so many of us, during her free time, she has been keeping up with the current season of *The Bachelorette*. “I love this season and Rachel,” she enthuses. “I think she’s poised, fun, articulate, beautiful – everything a *Bachelorette* should be!”

Of Lindsay’s reality TV journey so far, Fedotowsky adds, “There are some guys who keep sneaking through the cracks. Like Lee is still there – that’s a questionable decision.” Ultimately, though, the lifestyle blogger believes that Lindsay is destined for love: “Rachel’s not stupid. She knows what she’s doing. I think she’s doing an incredible job opening up her heart!”

To keep up with Ali, check out her lifestyle blog [Ali Luvs](#).

Celebrity Interview: 'RHOD' Star Stephanie Hollman Talks Fame, Family Life, and Spring Style



By [Delaney](#)

[Gilbride](#)

After our recent [celebrity interview](#) with “wonder woman” Stephanie Hollman, we can certainly say this charitable philanthropist does it all. While *The Real Housewives of Dallas* (RHOD) has only recently finished filming its second season, the peacemaker of the show continues to juggle her work, home, and social life flawlessly. It begs the question: How is Hollman able to balance her busy life after her steady rise to fame? Thankfully, the reality TV star gives us all of

the answers we crave and more.

Stephanie Hollman Talks *The Real Housewives of Dallas* in Our Exclusive Celebrity Interview

While fame is notorious for going to people's heads, that's nowhere near the case for Hollman. As for how the philanthropist felt after the release of season one of *RHOD*, she says that "you learn who your real friends are" after you've made your claim to fame. "There's something really freeing about not being perfect and having everyone see that," Hollman continues.

Of the drama that arises during the filming of Bravo's hit show, Hollman explains that her mom's words are always in the back of her mind: "If you don't know what to do, do nothing." She urges people to think before they act in both friendships and romantic relationships – and this *especially* goes for women! When you act before you think, you have to deal with the consequences one way or another.

Related Link: [Celebrity Interview: 'RHOD' Star Stephanie Hollman Says Her Life Is All About Her Family](#)

As for upcoming episodes of the show, the reality TV star explains that she's "excited and nervous" for the season to air. "They really dug in deep, and everyone's vulnerable," she shares. Reality TV fanatics can't help but obsess over the bickering and drama that comes along with shows such as *RHOD*, and it seems like this season won't disappoint. Along with your typical petty drama that lives on reality television, Hollman explains that "real life issues" will also be taking place. As for a sneak peak, the star exclaims that the cast trip was "unforgettable." Guess we'll have to wait to see what's in store!

Reality TV Star Gives Family and Relationship Advice

Hollman and her family are known to be the ultimate charitable family in Dallas, and she and her husband take strides every day to shape their two sons into humble and caring young men. While they work tirelessly to make the world a better place for those who need it, they're also teaching their children to "give back in ways that they can understand." For instance, during the winter, they do all that they can to help those who are struggling. Hollman and her children go out and buy children's jackets in every size to donate to kids who don't have a coat. They even give their own shoes to those who can't afford them. She teaches her children to "be kind" to others in the hopes that others will do the same.

Related Link: [Celebrity News: Katherine Heigl Gushes Over Marriage and Kids](#)

As for her celebrity relationship with her husband, Hollman says marriage is definitely hard work! "I work really hard on my marriage," she claims. "We fight, but we talk about it, and we have a very open dialogue." She and her husband go to therapy weekly in order to maintain such a strong relationship, whether they're having a rough time or not. As for her best [relationship advice](#), Hollman encourages you to remember that, "no matter what happens, your spouse will always love you."

Hollman Talks Keys to the Perfect Spring Style

Look no further for spring [beauty tips](#)! This mother of two has got you covered. When it comes to the warmer days ahead, the reality star says her number one tip is that you *have* to be "really cozy in the spring." The weather can range from

easy breezy to intensely hot in a matter of hours, so to prepare for the changing temperatures, Hollman tells us that flowy clothes are the way to go. Her absolute favorite pieces for the spring time include maxi dresses, a flowy shirt, and a good pair of shorts. The fashionista also urges our readers to play with color and just have fun with their wardrobes.

Related Link: [Vacation Destinations: Spring Travel Tips for Home and Abroad](#)

When it comes to the one beauty product she just can't leave the house without, we were a bit surprised. Hollman reveals that she doesn't wear makeup unless she's going out on a [date night](#) with her husband and instead wears her favorite sunscreen, EltaMD, almost every day. "You will never look into anything else!" Hollman promises in our celebrity interview. "It's almost like foundation. It makes my skin look beautiful and feel amazing." The reasonably-priced sunscreen blocks out harmful UV rays, doesn't clog your pores, and gives your skin a beautiful finish. We know what will be on our shopping list this summer!

Catch Stephanie Hollman on the upcoming season of The Real Housewives of Dallas on Bravo. Check out her regularly updated [blog](#) today!

Celebrity Interview: Courtney Paige Talks About 'The

Arrangement' and If It's Really About Tom Cruise and Katie Holmes



Interview by [Lori](#)

[Bizzoco](#). Written by [Whitney Johnson](#) and [Miriana Rexrode](#).

If you're as hooked on E!'s hit scripted series *The Arrangement* as we are, then there's no doubt that Courtney Paige has made a lasting impression on you as the mysterious (and up-to-no-good) Annika. In our exclusive [celebrity interview](#) with the star, she opens up about her role on the show and what fans can expect in tomorrow night's finale. Plus, she talks to us about her film company Crazy Sunshine Films as well as her love life.

Celebrity Interview: Courtney Paige Talks About *The Arrangement*

As fans know, *The Arrangement* is a 10-episode series that follows the journey of up-and-coming actress Megan Morrison, who receives a lucrative offer to enter a staged marriage with movie star Kyle West. Paige's character Annika is working behind-the-scenes as hired help to ensure that their [celebrity relationship](#) lasts. Of playing the scandalous and manipulative villain of the show, Paige says, "Annika is so different from anyone I've played before because she has so many layers. It's quite a challenge for me."

Related Link: [Celebrity Interview: 'The Arrangement' Star Lexa Doig Says Viewers Can 'Expect a Bit of Everything'](#)

Of course, playing the bad girl can be fun. "It's such a treat," she adds. "You never know what she's going to do next."

We've read that Annika has a "big secret" to reveal in this season's finale episode. When asked about what's next for her character, the Canadian native reveals, "I think all of the characters on *The Arrangement* have some sort of big secret. The viewers are really left on the edge of their seats until the end. It's really well written."

It's been rumored that the show's storyline is based on a celebrity couple that we're all familiar with: [Tom Cruise](#) and [Katie Holmes](#). Luckily, the actress clears up any suspicions and says, "I think arranged relationships have been going on since before our time – long before Tom and Katie. So if anyone thinks it's deliberately about them, it's really not."

Related Link: [Celebrity News: Jamie Foxx Celebrates 48th Birthday with Katie Holmes](#)

The actress is lucky to share the small screen with a number

of famous faces, including Michael Vartan. “Michael is so lovely and so talented,” she shares in our celebrity interview. “It’s amazing how humble everyone is on set. Everyone is so nice to each other, and it’s a great cast to be apart of.” Thanks to the show’s addicting storyline and great cast, we were excited to learn that writers are already working on the second season.

Not only is Paige an actress, but she’s also an up-and-coming writer and film director. She started her own film company called Crazy Sunshine Films and has a feature film in the works called *Neon Candy*, set to premiere in September. She, of course, shares her thoughts on the potential strike of the Writers Guild of America (WGA). Although she is not part of the WGA, she believes that if anyone is not feeling valued or being underpaid, then they should take a stand. We couldn’t agree more!

Courtney Paige on Her Love Life

The Arrangement may be filled with romantic drama, but off-screen, Paige’s love life is much more low-key. While she’s not currently looking for a celebrity relationship, she’s not opposed to finding someone special. “I’m still single, and I’m really focusing on my career, but if you know any single guys...,” she says with a laugh.

When it comes to her dream date, she likes to keep things simple. “I’m a pretty big country girl. I love to get out of the city and do anything outdoorsy. Fishing, hiking, watching the stars, or something else in nature is right up my alley,” she shares.

Related Link: [Date Idea: Get Close with Nature](#)

Every man’s dream girl, right? Not according to Paige. “I’m a lot to handle,” she adds. “Actresses are emotional, and they wear their hearts on their sleeve.”

Of course, Paige's first love is acting, dating back to her early years in the theatre. To young girls watching *The Arrangement* and hoping to become actresses, she advises, "Make sure that you start in the theatre. I think it's important to not get caught up in all of the Hollywood glitz and fluffiness and to really stay true to your roots. Always remember what's important about the craft."

Catch Courtney Paige on the season finale of The Arrangement on E! on Sunday, May 7th at 10 p.m. EST. You can follow her on [Twitter](#) and [Instagram](#).

'Orange Is the New Black' Actress Alysia Reiner Talks Cool Effect & Season 5 of Her Hit Netflix Show in Celebrity Interview





By [Delaney Gilbride](#)

We all know Alysia Reiner as ex-assistant warden Natalie “Fig” Figueroa from the smash hit Netflix show *Orange Is the New Black* (*OITNB*), but did you know she’s also a passionate environmental advocate? The actress is adamant about spreading knowledge and awareness concerning the damages done to our Earth day after day, which is why she joined Cool Effect, a non-profit environmental group that allows individuals to create a tangible impact on climate change through a digital platform. In our [celebrity interview](#) with the star, she shares her best Earth-saving tips and also opens up about what’s next on *OITNB*.

Celebrity Interview with Alysia Reiner

Talking about her passion for protecting our planet, Reiner believes that *right now* is a “very crucial time” when it comes to saving our only home – Earth. When the actress asked herself what she could do as only one person to save our environment, she decided to focus on taking small steps. She

became a member of Community Supported Agriculture (CSA); she began using public transportation; and she started carrying her drinks around in travel mugs rather than plastic cups. She says that, on an individual level, it's important to begin with the little things like buying your groceries locally, eating less meat, and being aware of the clothes you buy. "I'm wearing, right now, a piece of clothing that uses waste [and] scraps from other pieces of clothing," she shares. "It's called 'Zero-Waste.'"

Related Link: [Top 5 Fashion Trends Blossoming for Spring](#)

Reiner states that "we have to become aware" that there are ways to cool down our environment. This, among many others, is one of the reasons why she teamed up with Cool Effect's new "Tons of Reasons" carbon-reducing projects campaign. This campaign is actively perusing new ways to eliminate the use of carbon, which is heating up our world at a steady rate.

The *OITNB* actress also talks about how Cool Effect is reaching its way to India, where individuals are turning their waste into clean, usable energy. "Take action in a way that gives [us] hope," she encourages in our celebrity interview. Taking the simple step of joining organizations such as Cool Effect will help our planet in a huge way.

Related Link: [Date Idea: Embrace a Physical Activity](#)

Lucky for us, Reiner didn't forget about the return of *OITNB* on Friday, June 9th (although that date may change given the recent hacker release of the first 10 episodes). "Yes, Fig is back," she says, "and [the season] takes place in three days." We can't help but love Fig and her continual returns to Litchfield Penitentiary in order to twist the knife just a smidgen more to make life hell for those who have wronged her.

Reiner is also working on season 2 of the FX show *Better Things* with comedian Louis C.K. and actress Pamela Adlon.

To help make the world a better place, please visit CoolEffect.org and TonOfReasons.org now. You can follow Alysia on Twitter [@alysiareiner](https://twitter.com/alysiareiner).

Celebrity Interview: Stylist Rachel Zoe Shares Her Tried and True Tips for Organizing Your Life in the Most Fashionable Way



Interview by [Lori Bizzoco](#). Written by [Noelle Downey](#).

When you're constantly on-the-go, living your best and busiest life, it can be difficult to find the time to stay both organized and on trend. Designer, author, entrepreneur, and [celebrity mom](#) Rachel Zoe knows all about this concerning conundrum. Fortunately, she recently spoke to CupidsPulse.com in an exclusive [celebrity interview](#) about how to prioritize and keep life mess-free. Watch the video above for her best tips for a fashionable, focused, and clutter-free life!

Celebrity Interview with Fashion Stylist Rachel Zoe

Zoe is not only a fashion icon and successful professional; she's also the mother to two adorable boys: Skyler, 6, and Kaius, 3. When she's not being a super mom for them, she and her handsome hubby Rodger Bergman are taking the fashion world by storm with Zoe's designer label, online fashion periodical *The Zoe Report*, and her sensational style books. So what's her best advice for keeping things in order while still having it all? "Well, staying organized – it's hard. In my personal life, it's a lot of staying on top of ever-changing weather and keeping my go-to items in the forefront of my closet," she shares.

Related Link: [Fashion Advice: 'Wow' the Crowd with Color](#)

Not only does this make Zoe's getting ready process "easier," but she also gets a head start when it comes to refreshing and reorganizing. "I think it's just about cleaning – cleaning everything, from your beauty cabinet to your car – and staying organized because you'll actually feel better," she confides.

Of course it's not *just* about killing it when it comes to keeping things clean. The stylist also dishes about what to

keep and what to part with when it comes to revamping your style. “Definitely get rid of the things that you have not worn in years. When there’s nothing about you that relates to this thing anymore, it’s time to get rid of it,” she advises.

Celebrity Mom Rachel Zoe Talks Spring Cleaning

But what’s her secret weapon for making sure her busy lifestyle and two kiddos don’t get in the way of a pristinely clean environment? “I’ve partnered with Lysol on talking about this incredible product,” she reveals. “It’s actually a Laundry Sanitizer. Especially since we have young children, we’re always washing their blankets and bedding and clothes, and adding this Laundry Sanitizer makes everything you wash virtually free of all harmful bacteria.”

She has also designed a limited edition blanket to show how the sanitizer works and keep your little ones stylishly cuddled and clean. These products are a lifesaver, perfect for busy moms who want to avoid the leftover bacteria that other cleaning methods might leave behind. “Knowing that I’m taking the germs out of what my kids wear every single day is a life-changing thing for me,” Zoe enthuses.

Related Link: [Celebrity Fashion Trend: Break Out the Floral Print](#)

Of course, getting organized is just the first step to looking fabulous. You also need to stay on-trend! Zoe let us in on some insider info for how to look stylish as the weather warms up. “I always have a lot of jackets,” she shares. “I love a lightweight jacket in a natural color, like camel, blush, or white. It looks really fresh for spring.” You heard it here first: Jackets are the must-have staple of your wardrobe for spring according to this famed fashionista!

From start to finish in this celebrity interview, the designer looked calm, confident, and, of course, effortlessly chic. This celebrity mom has certainly cracked the code to living an organized, successful, and stylish life – and now, thanks to her tips, so can you!

To learn more about Rachel Zoe, visit her website [The Zoe Report](#), or check out her [Instagram](#), [Twitter](#), or [Facebook](#).

Want to watch more videos from Cupid's Pulse? Check out our [YouTube channel](#).

Celebrity Interview: 'Mom vs. Matchmaker' Star Carmelia Ray Dishes on Celebrity Relationships & Expert Love Advice





By [Delaney](#)

[Gilbride](#)

The mother of all matchmakers is back and ready to tackle every and any matchmaking challenge that comes her way! Carmelia Ray's hit show on Myx TV, *Mom vs. Matchmaker*, is in full swing after the show's second season debuted on Tuesday, March 14th. Yearning singles couldn't be more hyped! Ray integrates her 20-plus years of experience as a celebrity matchmaker, certified dating coach, and online dating expert to battle it out with determined mothers in order to find the perfect suitor for struggling singles on her stirring reality TV show. In our exclusive [celebrity interview](#), the matchmaker spills her expert [dating advice](#) as well as her views on the hottest [celebrity couples](#).

Carmelia Ray Talks Season Two of Mom vs. Matchmaker

The saying "mother knows best" truly came into play during filming of the second season of *Mom vs. Matchmaker* – so much so that the expert needed a little help herself as she went

head-to-head with the mothers. “I thought the moms were fiery last season,” Ray shares, “but that was a fondue compared to the blazing competitors this season! I had to bring in a smoking hot love assistant, Patrick, to keep up with all that fire.”

Related Link: [‘Martha & Snoop’s Potluck Dinner Party’ Producer SallyAnn Salsano Talks About Her Hit Reality TV Shows & Possible ‘Jersey Shore’ Revival](#)

Moms were ready to give their all following the success of the show’s first season, and they sure didn’t disappoint. The process of being a matchmaker isn’t an easy one, *especially* if you’re butting heads with the mother of a client. Ray recalls working with a mother who called herself the “Mafia Mom” and, boy, did she mean it. The mothers participating in this season showed up “ready to rumble,” making it deliciously exciting for both Ray and her viewers.

Matchmaker Gives Love Advice on the End of “Cuffing Season”

With warm weather just around the corner, Ray’s [love advice](#) for the end of “cuffing season” – or winter flings – is short and sweet. “It’s time for spring cleaning!” she exclaims. This advice is both literal and metaphoric when it comes to your life. “Clear out your clutter – in your mind, on your social media, and with your love life. Dump anything or anyone that doesn’t serve you or what you stand for.” Although we all know too well how rough it is to end a winter relationship following long nights of cuddling and cocoa, Ray advises us to leave all of that in the past. The matchmaker thrives off of her ability to connect singles with their life mates and says, “Helping people find love is the best reward I could ever imagine.” So how could her advice possibly steer us wrong?

Related Link: [Reality TV Star & Cookbook Author Kathy Wakile Hosts Book Signing at Cabo in Rockville Centre](#)

As for finding someone special in the heart of spring, Ray mentions that if you're looking for love, you *have* to have a plan. "It's amazing how many singles who are looking for love don't date!" Ray shares. "My number one tip for someone looking for love is to make sure they have a dating strategy and plan in order to find love. You cannot go into dating without a plan for how, where, and when you plan to be dating."

An Inside Look at Celebrity Relationships

Since Ray has been coined "the celebrity matchmaker," it's only fitting that we asked her a few questions regarding the most popular couples in Hollywood. As for [Selena Gomez](#) and the Weeknd, the dating expert totally understands why the public adores their relationship. "They get each other's lifestyle and understand the hardships of dealing with their lives constantly being under scrutiny," she says. "This musical pair is an undeniable force and notable power couple." The matchmaker adds that "there's something incredibly undeniable about young, attractive, talented, celebrity couples, especially when they combine forces and publicly display their affection and respect for each other."

Related Link: [Celebrity Interview: 'The Arrangement' Star Lexa Doig Says Views Can 'Expect a Bit of Everything'](#)

When it comes to favorites, Ray gushes over her all-time favorite celebrity couple: Goldie Hawn and Kurt Russell. She believes there is so much to learn from them. "To be married and stay married in the world of music, TV, and entertainment is already a huge testament of their devotion, love, and loyalty for one another, despite the bumps," she

shares. We strive to have relationships that last a lifetime, which is why Ray does the job that she does. It's people like her that help singles like us get over our insecurities about love and jump into it with open arms!

You can connect with Carmelia Ray socially on Twitter, Instagram or Facebook @carmeliaray. Don't forget to hashtag #askmomvsmatchmaker if you have specific questions about your dating life you'd like answered by Carmelia Ray or her team.

'Martha & Snoop's Potluck Dinner Party' Producer SallyAnn Salsano Talks About Her Hit Reality TV Shows & Possible 'Jersey Shore' Revival





Interview by [Lori](#)

[Bizzoco](#). Written by [Delaney Gilbride](#).

The queen of reality TV, [SallyAnn Salsano](#), has taken VH1 by storm and is back and better than ever! The self-made American television producer is the CEO and president of 495 Productions, which launched in 2006 and has been a success ever since. Salsano has produced a number of widely-loved television shows, including MTV's [Jersey Shore](#) with its equally successful spin-off *Snooki & JWoww*. The entrepreneur has also produced popular reality TV series such as *Friendzone*, *Party Down South*, *Blue Collar Millionaires*, and the new VH1 show that everyone has been raving about, *Martha & Snoop's Potluck Dinner Party*.

Celebrity Interview with Reality TV Producer SallyAnn Salsano

In our recent [celebrity interview](#), Salsano opens up about the idea behind her latest project. She had collaborated with VH1 in the hopes of creating a new, unique show that viewers would fall in love with – and boy, did they! When speaking about the

birth of *Martha & Snoop's Potluck Dinner Party*, Salsano says the new president at VH1 asked her what kind of show she had been dying to create. She answered the question with an immediate response: "I would love to do a crazy, energetic celebrity cooking show," which everyone at VH1 jumped right on board with. When going back and forth about who they wanted to co-star in the show, Salsano tells us she asked the room, "Why are we even discussing other people? I think Martha Stewart and Snoop Dogg would be the best show ever."

Related Link: [Celebrity Interview: 'Ex Isle' Executive Producer SallyAnn Salsano Talks Reality TV](#)

After discussing the idea with the world-renowned chef, 495 Productions reached out to the rapper, but when they called him, he had already known about the show through Stewart. "They really are friends," says Salsano. "It's such an honor working with them." Salsano relates the mega-stars to those on another one of her shows, CNBC's *Blue Collar Millionaires*, by expressing how they started out just like every other aspiring blue collar worker: as entrepreneurs. "Even now, at this stage of their careers, they don't take it for granted," she adds.

Feeling inspired by the reality TV stars of her many shows, Salsano shares an important piece of career advice, saying, "You don't have to be a rapper or an NBA star to make it big. You just have to have an interest in something, dedicate yourself to it, and be good at it. And sometimes, loving your job, regardless of what it is, is enough."

Martha & Snoop's Potluck Dinner Party is the number one rated non-sports cable program in its time period with over three million viewers after only the second episode was released. Plus, it's already been renewed for a second season. Salsano believes that the reason why the reality TV show is such a hit is because the duo makes the show extremely fun-loving and humorous for people of all ages.

She adds that the show has an underlying message of, “Come on, everyone – knock it off. We can all get along.” The renowned rapper and famous chef continue to cross generations and demographics with their [celebrity relationship](#). People may wonder how they can be friends, but as Salsano explains, “When you look at who they really are as people, you come to realize that they have the same interests and the same sense of humor.” It doesn’t get any simpler than that.

Related Link: [Relationship Advice: Stay True to Yourself](#)

It’s no surprise that the reality TV producer loves working on the show. “If Snoop and Martha are on set, I’m on set,” she reveals. “It’s a fun day.” The stars actually have a lot of leeway when it comes to what they want to make in the kitchen. While Stewart makes, well, anything and everything she puts her mind to, Snoop is more of a “home cook” and uses recipes passed down by his mother. As Salsano shares, “He claims his mother always used to tell him, ‘You know what girls like? A man that cooks.’ And from then on, he has been making his signature dishes, like fried shrimp and catfish, for his family and friends.” Great [relationship advice](#) from Mamma Snoop!

SallyAnn Salsano Teases Future Bravo Reality TV Show & Jersey Shore Revival

Salsano also talked about her future projects in our celebrity interview. “There’s still so much I want to do,” she shares. The producer teased us with the notion that her first Bravo show will be coming out in the spring, but she’s not able to tell us much more than that she’s extremely excited to share it with everyone when the time comes. She also revealed that she’s constantly thinking about reviving her past reality TV shows, including *Friendzone*, which is still

one of her “favorite shows of all time.”

Related Link: [Celebrity Break-Up: ‘Famously Single’ Stars Ronnie Magro & Malika Haqq Have Split](#)

Of the continued success of the *Jersey Shore* stars, Salsano says, “I love it. I get excited for them, watch everything they do, and root them on. I feel like I have a different kind of love for them – I feel like I’ve known them from birth.” She also wants people to know that the stars of the hit MTV show are more than how they’re presented on camera. People don’t truly see “what great kids they are and what great families they’re from.”

Given her love for the reality TV stars, we had to ask if she ever thinks about doing a *Jersey Shore* revival. Without skipping a beat, she exclaims, “Like every day! Every show runs its course, but you never know.” We’ve got our fingers crossed!

Be sure to tune in to Martha & Snoop’s Potluck Dinner Party on Monday, March 6 on VH1 at 10pm ET. You can keep up with Salsano’s many projects on Twitter [@sallyannsalsano!](#)

Celebrity Interview: ‘The Arrangement’ Star Lexa Doig Says Viewers Can ‘Expect a Bit of Everything’



By [Cortney Moore](#)

If you're a fan of sci-fi and super hero television series, then Lexa Doig is a familiar face! This Filipina and Irish-Scottish actress has played the roles of medical specialist Sonya Valentine on the hit Canadian show *Continuum*, and the fierce Talia al Ghul on The CW's *Arrow*. Most recently, Doig snagged a role in the upcoming drama, *The Arrangement*, which is set to air in March. In our exclusive [celebrity interview](#), Doig opens up about her part in the new E! scripted series, family life, romance and how she balances it all.

Take a peek at what Lexa Doig is up to on the E! scripted series *The Arrangement* in this exclusive

celebrity interview!

E! is at it again with their second scripted romantic drama. *The Arrangement* is a 10-episode series that follows the journey of an up-and-coming actress who receives a lucrative offer to enter a staged marriage. Doig plays the role of Deann Anderson, who is a producer that aims to make the fake Hollywood marriage work for the sake of story telling. Without giving too much away, Doig says her character is “defined by her relationships with the men in her life, she knows who she is and what she wants to accomplish.” The concept of the show explores what goes into making a celebrity brand, and how it affects a star’s living. “I think that viewers can expect a bit of everything: there are power plays, personal dramas, intrigue, suspense,” teases Doig. Some have wondered whether *The Arrangement* was inspired by [celebrity news](#) involving [Tom Cruise](#) and [Katie Holmes](#), but audiences will be able to decide for themselves in a few weeks.

Related Link: [Celebrity Interview: ‘Hollywood Medium’ Star Tyler Henry on His New Memoir & Career: “This is Fundamentally What I’m Meant To Do”](#)

Doig is fortunate enough to be married to someone who understands her passion. She is married to fellow actor Michael Shanks, and has learned many lessons from their [celebrity relationship](#). “Honesty, trust and good communication are so, so important in a marriage,” Doig explains. She also stresses that it’s importance of making time for loved ones. “It seems a bit obvious to say that, but it’s shocking how much we forget that and take for granted the people we love.” Aside from being a wife, Doig is also a mother of three. She and her husband try their best not to work at the same time, but that doesn’t always go according to plan. Doig is fortunate enough to have a supportive best friend and nanny to help achieve her work-life balance. “I have loads of help

from lots of different places so I'm quite privileged in that way," she unabashedly says.

Related Link: [Celebrity Interview: Christina Milian Says, "Homemaker was just mom, and now it's also grandma, it's grandpa, it's stepmom, it's a combination of different people."](#)

Although Valentine's Day has now come and gone, Doig didn't have anything special planned. With 13 years of marriage under her belt, the starlet says she and her husband aren't big on the holiday. "We're a little unromantic that way, but we're both kind of unsentimental so it works great for us. I'd rather randomly do something beautiful or just appreciate and love my husband every day than pick an arbitrary day to go out for dinner and get chocolate," Doig explains. When asked what was the most romantic thing someone has ever done for her on V-Day, Doig recalled a time when a boyfriend sent her on a treasure hunt. She had found his gesture to be "sweet," but it ultimately didn't work out. "I totally crapped on it by waiting until rush hour to drive all over the city, got impatient with his clues and yelled at him." She went on to admit that her impatience is probably why she's no good at romance.

With being a regular on two big network series, you'd think Doig would have her hands full. Despite a busy schedule, Doig continues to practice her craft. She recently finished filming the sixth installment of *The Aurora Teagarden Mysteries* for the Hallmark Movies and Mysteries Channel, and is prepping to shoot the seventh very soon.

For more information about Doig, follow her on Twitter @LexaDoig. The Arrangement is set to premiere on Sunday March 5 at 10 p.m.

**Celebrity Interview:
Christina Milian Says,
“Homemaker was just mom, and
now it’s also grandma, it’s
grandpa, it’s stepmom, it’s a
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people.”**

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Interview by [Lori](#)

[Bizzoco](#). Written by [Cortney Moore](#).

There's very little Christina Milian can't do. She's a performer that can sing and dance, as well as act. These three traits definitely came in handy during her role as Magenta in the Fox broadcast of *The Rocky Horror Picture Show: Let's Do the Time Warp Again*, which aired on October 18. In our exclusive [celebrity interview](#), Milian opens up about her relationships, Thanksgiving plans, career and what it's like being a homemaker.

Learn what Christina Milian thinks it means to be a homemaker in this exclusive celebrity interview!

Milian has recently made news with her friendship to celebrity ex [Nick Cannon](#). The pair dated for two years in the early 2000's, but since then have recently been seen hanging out with each other. Milian confirms that they are only friends, saying, "It was good to catch up, it's been over 10 years, so that was a friendship that I always valued." She also says it's been nice experience for them to reconnect as parents, and that it has been fun discussing family life with someone who understands. Is the next logical step getting back together? Milian laughed, saying, "Well you never know, we'll see what happens!"

Related Link: [Christina Milian Talks New Reality TV Show, Viva Diva Wines and the Status of Her Love Life](#)

Meanwhile, Milian's 6-year-old daughter Violet keeps her on her toes. "Now she lets me know how I should be making the decisions in my life and how we should reschedule my life to make sure she's incorporated in every single part of it," which is something Milian went on to say she loved about her daughter. When asked if Violet had any interest in show business, Milian says she's steering her toward education, but

would be supportive of her daughter either way. With regard to raising Violet, Milian says her mother and father were a big help. "It really took a village to raise the household, to keep the house clean and safe, especially around the holidays," she says. Everyone in the Milian home contributes in some way, whether it be serving the table or cleaning up after each other. This especially holds true on Thanksgiving Day. As for family traditions, Milian likes to enjoy her Thanksgiving in her pajamas and cooking delicious food. "You better make two types of stuffing," Milian jokes in reference to differing palates. If you're ever making stuffing for Milian, make sure it has raisins in it!

Related Link: [Carmen Milian Talks Reality TV Show and Dating Advice in Exclusive Celebrity Interview: "Love Can Conquer All"](#)

More recently, Milian has partnered with Pine Sol to redefine what a homemaker means. "Homemaker was just mom, and now it's also grandma, it's grandpa, it's stepmom, it's a combination of different people," Milian explains. The initiative hopes to get people to share their stories on social media through #MakersOfHome, to show that other family members contribute to making a home. She is also involved with Pine Sol's charity Together We Rise, which aims to improve the lives of foster children. "This time of year I think it's really great for people to help other people," Milian goes on to add. "Philanthropy is very important to me, especially in the foster care system." Aside from her partnership, she's moved on from her [reality tv](#) show to other projects. Keep an eye out for new music in 2017. She also has a role on the new Fox show *Superhuman* alongside Mike Tyson and Dr. Rahul Jandial, which will begin to air next year.

For more information about Milian, check out her website, www.christinamilian.com. Follow her on Twitter @ChristinaMilian.

Celebrity Interview: 'Hollywood Medium' Star Tyler Henry on His New Memoir & Career: "This is Fundamentally What I'm Meant To Do"



Interview by Lori Bizzoco. Written by Kayla Garritano.
[Tyler Henry](#) is best known as the young, Macaulay Culkin look-alike who talks to spirits of deceased celebrity relatives on

his hit reality show, *Hollywood Medium*. Now on a small break from filming during season two, the E! superstar has published his first book, *Between Two Worlds: Lessons from the Other Side*.

Released just last week, Henry's memoir walks us through his journey and talks about the stars he has worked with and the spirits who have come through. "I'm only twenty, so I don't have the longest of memoirs," the California native says with a laugh. "But it does tell my story and answers a lot of those questions that I get on the street every single day." Lucky for us, the majority of the clients he reads are everyday people, not just the celebrities we see on his show.

Related Link: [Celebrity Interview: Hollywood Medium Tyler Henry Talks Upcoming Season, New Memoir & His Love Life](#)

***Hollywood Medium Reality Star* Releases New Memoir**

In his exclusive [celebrity interview](#) with CupidsPulse.com, the newly-minted author explains how his book will help others understand what it's like to be a clairvoyant. "I think we all have an intuition, and the book covers that idea," he explains. "I always say, getting in touch with your intuition isn't really an additive process; it's a subtractive one. It's about trying to be present and be in the moment."

He adds, "I hope that everyone who reads the book is able to find a sense of relatability in that healing and finds a sense of healing through other people's stories."

While discussing his method for connecting with the other world, he mentions that *Between Two Worlds* can teach readers how to channel spirits themselves, "We all have this inner intuition and a capability to connect information and find a deeper sense of guidance in our own lives," Henry shares.

Given that his waiting list for readings is 100,000 people deep, buying his book and learning to channel spirits on your own may be a lot faster.

When asked if his mother came with him on his East Coast book tour, the reality star laughs while rolling his eyes and waving his hand. “No, I left her home,” he says. Anyone who has ever watched the show knows that Henry’s mother plays a very important role, driving her son from place to place for readings and often times getting starstruck when she hears which celebrity he just had the privilege of meeting.

An only child, Henry tells us after our celebrity interview that he has finally moved out of his parents’ home and bought a home of his own in Malibu. Then, he adds, “Now, my parents live with *me!*”

Related Link: [Celebrity Interview: Hollywood Medium Tyler Henry Talks About His Near-Death Experience & Biggest Celebrity Crush!](#)

Tyler Henry Talks About His Career as a Medium in Celebrity Interview

Henry has read everyone from Sarah Paulson (his first off-camera celebrity reading!) to Jaime Pressly and Boy George and is now known as a celebrity himself. In fact, having previously read the Kardashians, he was recently contacted by Kris Jenner to help the family identify the person responsible for Kim’s robbery during Paris Fashion Week. Sources have reported that he refused to help. However, Henry says that he *has* helped families connect with members who have gone missing. “I would like to do more of that,” he admits. “It’s something that is very sensitive, and I think that there’s a way to do it.”

The reality star never knows who he is reading until he shows up at their home, and even then, he sometimes doesn't know who they are or what they do – and he actually prefers it that way. “I don't get starstruck. I don't get distracted,” he shares. “Fundamentally, it just feels like two people connecting on a very deep soul-to-soul level.”

Even at such a young age, Henry knows that being a medium is his calling and is something he will do for the rest of his life. “This is fundamentally what I'm meant to do,” he passionately says.

For others still searching for their life path, he adds this piece of valuable advice: “If we can follow our calling in being compassionate, being caring, helping the world, and enjoying ourselves along the way, then anything is possible.”

If you want to inquire about a reading, you can visit Tyler's [website](#). Catch the rest of season two of Hollywood Medium on E!, starting in January 2017. You can keep up with Tyler on Twitter and Instagram @tyhenrymedium and on [Facebook](#).

Celebrity News: Neil Strauss & Gabrielle Reece Break a Sweat in 'The Truth Barrel'





By [Cortney Moore](#)

People don't usually like the feeling of being sweaty while interrogated, but on *The Truth Barrel*, that's exactly what hosts Neil Strauss and Gabrielle Reece want out of their guests. Recorded within a 220-degree barrel sauna, the *New York Times* bestseller and professional volleyball player interview interesting characters in an hour-long podcast that aims to cover topics people don't like talking about. They discuss affairs, fears, challenges, double lives and inner struggles. Nothing is too controversial to be discussed. Cupid was able to speak with Neil and Gabrielle to find out how this new podcast is making a buzz and is becoming the latest [celebrity news](#).

In celebrity news, learn more about the podcast that's recorded in a super hot sauna.

Neil Strauss and Gabrielle Reece's podcast isn't something that was manufactured overnight. The pair had been speaking the truth for years, long before they started recording. "We

were introduced through mutual friends, and then Neil started coming to my house and training with my husband and I,” Reece explains, with regard to how this unlikely pair first met.

The concept behind *The Truth Barrel* is definitely a unique one. The cedar wood barrel sauna in question can fit anywhere from eight to ten people at a time, and although many deep conversations tend to take place in this environment naturally, people do often try to stay away from touchy topics like politics and parenting. Taking notice of this fact, Reece thought broaching these topics in the sauna would make for a great show because of its relaxing setting. “The barrel gets people to reveal things about themselves that they wouldn’t normally,” Reece says. Strauss, on the other hand, adds that unlike other conversations that take place between friends in saunas across the country, in *The Truth Barrel*, their interview subjects don’t know them like they do their spa buddies, making for very interesting exchanges.

Related Link: [‘The Truth’ Author Neil Strauss Gives Relationship Advice – Even When It’s Uncomfortable](#)

The Truth Barrel is still young, but the team has already welcomed a few intriguing personalities in their celebrity interviews, so it’s easy to understand why the podcast has already garnered so many highly rated reviews online. Both hosts work hard to get honest answers from their subjects and hope that their listeners can take away something from each episode. For example, Strauss points out that in the two streams that have been uploaded so far, they’ve interviewed people who have had near-death experiences and have come back from it. In his own words, Strauss says, “I thought it would be interesting to learn from people who have been on the other side and see how we could appreciate life and be more grateful.” In fact, this is the thoughtfulness that sets *The Truth Barrel* apart from other podcasts. Reece believes that the podcast’s success relies on integrity and that listeners enjoy hearing when others are going through similar issues as

themselves because they feel less alone in their struggles. “I want to put stuff out there that even if it may be uncomfortable or imperfect, there’s a level of honesty to it. There’s nothing like when you’re going through something and someone goes, ‘Wait, I’m going through that; I feel that way.’”

Related Link: [Celebrity Interview: Virtually In Love’s Kansas Discusses Falling In Love Online](#)

If there are any doubts that this duo can provide worthwhile advice, naysayers are in for a surprise. Both Neil and Gabrielle have overcome obstacles in their lives that required professional help. Strauss battled sex addiction after publishing his book *The Game*, which focused on pick up artists, while Reece has prevailed over body image issues and is currently speaking out against opioid use after her knee replacement surgery. Despite these hardships, they’ve both been able to lead successful careers and have families. Strauss has his wife Ingrid De La O and their son, and Reece has her husband, big wave surfer Laird Hamilton and their three daughters. What’s their secret when it comes to balancing family, marriage, and careers? Well, the bestselling author credits careful scheduling as his main source of success for finding a healthy balance, while the mother of three says it’s important to know, “You can’t have it all, all at the same time.”

Sweat the truth out, and take the plunge with Strauss and Reece in this riveting podcast. Learn deep dark secrets, and take the time to hear inspiring stories and experiences that can also help you when you are facing struggles and challenges in your life.

You can stream The Truth Barrel on [PodcastOne.com](#), the show airs on Tuesdays. For more information on Neil and Gabrielle, they can be reached on Twitter at [@NeilStrauss](#) and [@GabbyReece](#).

Celebrity Interview: Chloe Lukasiak Talks 'Dance Moms': "I'm Kind of Doing My Own Thing Now"

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Interview by Lori

Bizzoco. Written by Kayla Garritano.

From the age of two, Chloe Lukasiak knew she wanted to step foot on the dance floor, only to dance her way into fame. She starred in the first four seasons of *Dance Moms*, but this blonde performer has recently left to further her dance career with her self-titled channel, *Chloe on Pointe*, on

Ownzones.com. Now working on season two, the 15-year-old dancer has much to share in this exclusive [celebrity interview](#) with CupidsPulse.com on what's ahead in the upcoming season, as well as life after leaving *Dance Moms*.

In our celebrity interview, Chloe Lukasiak opens up about her career and gives some advice for young girls following their dreams.

Lukasiak's proven that she can handle being on her own. Her channel, which focuses on dance tutorials, also provides fans insider exclusives on her life through vlogs, and even offers beauty DIYs. So it's no surprise as to why *Chloe on Pointe* was renewed for a second season with the great content she's uploaded thus far. When asked why she wanted to create her own show, Lukasiak responded with, "I thought this would be a great way to teach, and give fans a look into the dance life. They can learn with me." This move to *Ownzone* has also helped Lukasiak gain new skills, which she appreciates because she's been exposed to things she's never tried before. Such as helping choreograph and teach her own dance solo! Being able to create, perform and teach has turned Lukasiak into a triple threat to be reckoned with. You'll be able to see the solo on her channel within the next couple of weeks. "I'm hoping that people really like it," she says.

Related Link: [Date Idea: Dance the Night Away](#)

Despite all her success, Lukasiak took a moment to reflect on how her career started. She left *Dance Moms* after season four, when instructor Abby Lee Miller made negative comments on her appearance and said her routine was a "hot mess." But instead of crying about it, Lukasiak says she's doing her own thing now and acknowledged that she hasn't kept in contact with her

former dance teacher. She went on to mention that she still talks to a few of the girls here and there, but everyone has their own lives and busy schedules. "It's just hard to keep in touch with everyone, since our schedules have taken us different places." However, she admits to being close with Paige and Brooke Hyland, who were also on the show and left at the beginning of season four. As far as other experiences she had on the show, Lukasiak opens up about how it's had a lasting effect on her. "I was nine, and I left when I was about thirteen, so I grew up really fast in that environment." She goes on to say that the show helped her come out of her shell and overcome her shyness. However, it is clear that Lukasiak is staying away from her past as best as possible. In recent weeks, there has been talk about canceling *Dance Moms* season 7. Responding to the news, she says, "I guess this might be the end of *Dance Moms*." She was also unaware of the rumor regarding Kendall Jenner joining the show, which she thinks would be a strange and interesting change.

Date Idea: [Date Idea: Beat of the Music](#)

Now that Lukasiak is occupied with her channel, dance and other exciting events, it's hard for her to make time for friends and school. When asked how she balances her responsibilities and fun, she responded with, "You have to figure out what's important and what's not important. It's about what you do with your time and how you handle it efficiently." She mentions that she focuses a lot of time on school, but stresses that it's important to be social and hang out with your friends. Lukasiak also shares some advice for young girls who are looking to dance competitively: "Do what makes you happy, because at the end of the day, you are your own person. If you're not happy, then something's wrong. Remember at the end of the day you're just getting a trophy," she jokes.

What can we look forward to seeing from Lukasiak? Aside from a

potential Christmas special on her channel, she will appear in two upcoming movies. She's also been thinking about college and what she will do with her life. "If I had to guess, I'd still dance, but I don't know if I could study dance."

You'll be able to find Chloe On Pointe on Ownzones.com. For more on Chloe Lukasiak, you can check out her [YouTube Channel](#), [Instagram](#), and [Twitter](#).

Celebrity Interview: Comedian Matt Bellassai Talks About Living Single Life: "I'm Comfortable in My Own Skin!"





By Kayla Garritano

This guy has come a long way from his first web series *Whine About It* for BuzzFeed. Comedian Matt Bellassai has progressed from journalism to comedy, and his hard work has paid off. Winning a *People's Choice Award* in January 2016, Bellassai has plans to continue his career full of laughs. In this exclusive [celebrity interview](#), he opens up to us about his upcoming show, *To Be Honest*, as well as his new campaign with snack company Soy Vay, all while living the life of a single celebrity in New York.

In our celebrity interview, Matt Bellassai talks about his career and sheds some light on the single life.

Bellassai's new show, *To Be Honest*, takes place in his apartment. The show is similar to what he's done in the past, where he gets drunk by himself, gives advice and "complains

about stuff” to his viewers. “The idea is watch me have some drinks and get angry about something,” he shares. Always open to requests from his fans, Matt takes some time, about a day or so, to think about a topic before he rants about it. He tells Cupid that it depends on what he’s feeling usually the day of the show, or a couple of days prior. “Stay tuned,” Matt says, keeping us in suspense. However, it wasn’t until recently that he thought he could turn comedy into a career, about a year and a half ago in fact. “I always thought about being a writer,” he shares. “I went to journalism school; I wanted to move to New York and be a writer. But it wasn’t until recently where I thought , ‘Oh, I could actually do comedy, be funny for a living.’”

Related Link: [Love & Laughs: Comedian Eric Patrick Shares His Relationship Advice](#)

Now that he’s in New York, Matt talks about his life, which is about more than just humor. He is currently single and even has a live show based off of that fact called *Reasons Why I Will Be Single Forever*, on his *Drunk and Alone* tour. “I’m very comfortable in my own skin, and there’s probably a handful of reasons why it’ll probably stay that way for a good amount of time,” he says on why he is single. But with a positive attitude, he offers relationship advice to those looking for a meaningful partnership. He says you have to get to know a person to figure them out and understand why they are who they are today.

Aside from his shows, Matt has done more with his comedy and has partnered up with Soy Vay, a Chinese-inspired snack line. They create marinades, as well as other culturally-inspired foods. Now, snacks! Soy Vay’s new line of rice clusters are hitting the market, and Matt is teaming up with the brand for new advertising! Their new campaign is called *SnackHour*. Matt says, “It’s like happy hour, except it’s in the middle of the day, and you get to eat snacks.” The idea is that when it is the middle of the day, and you just need a break from

everything, you can relax, eat some snacks, and watch videos that Soy Vay and Matt put together, all while eating some of their snacks. The video shows Matt with “hanger” (a mix of “hungry” and “anger”) ranting about random things, much like on his own show. “The idea is that you satisfy that sort of urge with some fun, Soy Vay snacks.”

Related Link: [Date Idea: Laugh Out Loud Fun](#)

What else is in store for Matt Bellassai? He is currently working on a book he wants to come out soon, and hopes to pursue a TV show as well as continuing with his live tours. “I’m just going to continue doing fun stuff, like I am doing now with Soy Vay.”

You can view these videos out on snackhour.tumblr.com as well as order some of these snacks for yourself!

For more on Matt Bellassai, you can check out his [Facebook page](#), [Twitter](#) and [Instagram](#).

Celebrity Interview: Casting Director and Actress Becky Wu Compares Dating and Acting: “You Should Trust Your Own Story”





By Kayla

Garritano

It's no secret that there's a lot of work – both behind-the-scenes and on-screen – that needs to be done in order to make a successful show, music video, or movie. You can even say that casting directors act as “matchmakers” for their clients, finding the perfect harmony between actor and project. That's what Myx TV's new reality show *Cast Me!* is all about. Becky Wu is one of the casting directors that appears on the series, but fans may recognize her from her acting roles on shows like *Desperate Housewives*, *All My Children*, and *Grey's Anatomy*. In an exclusive [celebrity interview](#) with CupidsPulse.com, Wu talks about her latest project as well as how she balances her hectic schedule and her love life.

Becky Wu Talks About *Cast Me!* in Our Celebrity Interview

Cast Me! reveals what goes on in the casting world as aspiring actors and actresses compete in hopes for their big break. It puts contestants through unusual and eccentric auditions as they pursue roles in upcoming television commercials, movies,

or music videos. “Viewers will get an inside look at what we do day in and day out as casting directors,” explains Wu. “There are so many crazy and hilarious moments on the show. We have a lot of fun doing our jobs, and that’s totally reflected in the series. It’s honestly hard for me to pick a favorite episode because each one has its valuable lessons. None of the episodes should be missed!”

With this new show, Wu hopes that viewers who are entertainers will learn what casting directors are looking for during auditions. “People need to understand that you have to build thick skin and that everyone will have an opinion,” she shares in our celebrity interview. Aside from educating new actors, she wants her appearance on the show to inspire people to follow their dreams and to realize that just because one casting director doesn’t like you doesn’t mean you can’t improve and get better.

Related Link: [Balance Work and Love Like a Celebrity Couple](#)

Given her experience both behind and in front of the camera, Wu can offer a lot of great advice to hopeful actors: “Always be prepared. Constantly work on your craft, so when an opportunity arises, you are ready and can take it head on because you’ve been practicing for so long. It’s so common for people to land an audition and feel lucky; then, they don’t get the role because they weren’t prepared. Success comes when preparation meets opportunity.”

In addition to her new show and rewarding career as a casting director, Wu will be making an appearance on an FX scripted series, which will premiere soon. She couldn’t tell us much more about it, but she’s “so excited for the opportunity.”

Celebrity Casting Director On

Balancing Her Relationship With Work

Despite her busy lifestyle and long hours on the job, Wu still makes time for romance. “At one point, I had to put my foot down because it was affecting my relationship with my boyfriend,” she says. “I was giving it all at the office and not able to spend as much time with him. Now, I’ve hired a lot more people to help me out, and there’s a much better balance.”

Fortunately, her boyfriend is a stuntman in Los Angeles, so they both understand how the industry works and encourage each other in their respective jobs. “We both know what this profession entails, so that makes it easier on our relationship,” she adds.

Related Link: [New Celebrity Couple: Sienna Miller Is Dating ‘Foxcatcher’ Director Bennet Miller](#)

So how does acting compare to dating? Wu finds similarities in the need to trust yourself and your instincts. “You have to trust the decision that you make as an actor in a story. In a relationship or on a first date, you should also trust your own story and who you *really* are rather than making things up because you’re feeling insecure,” she shares. “Just like in an audition, anything can happen on a first date, so it helps to get the jitters out and do what you need to feel confident and loosen up.” We couldn’t agree with this relationship advice more!

Cast Me! airs Tuesday nights on Myx TV at 8/7c. Each episode is available online at www.myxtv.com every Wednesday.