## Stacy Keibler Says George Clooney Keeps Her 'Locked Up'

George Clooney knows a good girl when he's got one. The actor jokingly told reporters that he doesn't let girlfriend Stacy Keibler go out. According to <u>UsMagazine.com</u>, the former WWE star played along with the reporters saying, "George keeps me locked up." They have much more in common than not wanting to go out on the town, however. The duo also have similar taste in fashion, according to Keibler. "Whatever I end up liking, he likes it , too. So it works out good because if he didn't, then I don't know what I would do!"

What do you do if your partner begins to hold you back?

### Cupid's Advice:

Not all relationships are like Clooney and Keibler's. Sometimes a partner can stop you from doing things you want to do. Cupid has some tips:

**1. Support:** Ask for support. Sit down with your partner and let them know that you need them to be a friend to you first and foremost. Friendship means supporting you in whatever you choose to be passionate about.

2. Trust: Some partners keep their loved ones from going out due to a lack of trust. Not believing in your partner can be a huge mistake. If your partner doesn't trust you, or vice versa, think about what is causing this mistrust and fix it if possible.

**3. Moving on:** Ultimately, if your guy or girl refuses to be there for you, it may be time to find someone who isn't going to hold you back, but rather, will push you forward.

What are some other ways a partner can hold you back? Share

## Former 'Roswell' Actress Shiri Appleby Debuts Web Series on Dating

Shiri Appleby, 33, made us fall in love with her when she was on the hit alien show, *Roswell*. Now she is teaching us how to fall in love with ourselves before finding the right partner. Staying true to her acting roots, Appleby will be starring in a new web series, *Dating Rules For My Future Self*. Appleby's character works up the courage to not marry her boyfriend after receiving a text message from her future self. Through dating, she finds what makes her happy in a relationship and as a single gal, according to *YourTango*. We definitely look forward to taking dating advice from this girl, who has been in a happy one year relationship.

How do you take control of your love life?

### Cupid's Advice:

Being in a relationship is a 50/50 commitment, but that doesn't mean that you have to lose control of who you are. When dating, you have to be able to have the courage to say "no" to what you don't want and say "yes" to new experiences:

1. Date on your terms: Date when you're ready, and date who you want to. Don't necessarily rule out blind dates, but don't force yourself to look for love where it isn't a chance of it happening. 2. Know when to say "no": Sometimes we get comfortable with a partner and are scared to let go when we feel that the relationship is not going right. If you're not happy, the relationship will fail.

**3. Say "yes":** Don't turn down the chance to go on a date with someone you probably wouldn't have thought of getting to know. If you're in a relationship, don't be afraid to say "yes" to trying new things to keep your love life fresh.

How do you take control of your love life? Share your thoughts below.

## Angelina Jolie Buys Brad Pitt a Waterfall

Talk about a grand gesture! Angelina Jolie, 35, bought husband, Brad Pitt, 48, a waterfall in California recently. According to <u>UsMagazine.com</u>, the grand gift served as both a birthday and Christmas gift. Jolie plans to construct a home for Pitt and their six children over the waterfall. The new home will be inspired by Pitt's favorite architect, Frank Lloyd Wright. "Brad has dreamed of a home with the sound of a waterfall cascading under the house," says a source. Jolie's gift came at the perfect time, as the duo recently sold their former Malibu home to Ellen Degeneres and Portia de Rossi.

What are some natural gifts you can give to your partner?

Cupid's Advice:

Want to give your sweetheart the stars? Well, you really can!

**1. Star:** Adopting a star is now an option to the public. For a small fee, you can buy a star and have it named. Talk about giving it all to you sweetheart. No gift will ever top a star.

2. Tree: Planting a tree in honor of your partner is easy, fun and good for the environment. You can do it together, or plant it as a surprise. Either way the tree will continue to grow and flourish just as your relationship does.

**3. Adopt a polar bear:** Polar bears are becoming extinct, and what better way to save them than by adopting one? For any amount of money you can donate to World Wild Life Fund and have your very own polar bear. If your lover is into saving the animals, this is the perfect gift.

What are other natural gifts you can give your partner? Share your ideas below.

## Rosie O'Donnell and Michelle Rounds Have a Date Night

Recently engaged Rosie O'Donnell and Michelle Rounds enjoyed a date night in Miami this weekend. According to <u>People</u>, the couple went to a Zuma, a Japanese restaurant, where they shared king crab, pork belly skewers, Wagyu beef and yuzu key lime pie for dessert. After the date, O'Donnell tweeted, "The food was out of this world- and we had a blast- date night rocks." A source tells *People* that the couple "radiated happiness."

What are some ways to make your date night unforgettable?

### Cupid's Advice:

The perfect way to spice up your relationship is a date night. Go out, try new things, laugh and enjoy each other's company. Here are some ways to make your date night unforgettable:

1. Do something meaningful: Take your man to the spot he took you on your first date. Take a walk through the same park, but add something new to the night as well, such as a different restaurant. It will be sure to bring back tons of great memories and create many more meaningful ones.

2. Try new things: Try something new. A first time experience is special, whether it be trying sushi for the first time or ice skating. It doesn't matter if you end up hating sushi; it's the experience and time spent together that matters.

**3. Take photos:** Taking photos will guarantee that your date night will never be forgotten. Making silly faces for the camera will remind you of the laughs you and your sweetheart shared on your special night. The photos can also turn into a future gift or scrapbook!

How did you make your date night unforgettable? Share your stories below.

# Brandi Glanville Has Quickie Wedding in Las Vegas

Brandi Glanville rang in the new year by getting a new husband...temporarily that is. The 38-year-old star of The Real Housewives of Beverly Hills married a mixed martial arts manager, Darin Harvey this past weekend. However, according to <u>UsMagazine.com</u>: Glanville, the former wife of Eddie Cibrian, tweeted of the marriage "We're not gonna stay married. But it was a fun way to start out the new year!" According to a source, they got drunk and became hitched for publicity. The two have never been linked romantically and think of each other as brother and sister.

Why is it important to think things through before getting married?

#### Cupid's Advice:

Marriage is not a step to be taken lightly. Cupid's Pulse has some reasons why one should truly think about their relationship before saying "I do."

1. Responsibility: Marriage is a big responsibility and when people walk down the aisle it should be for better or worse. Kim Kardashian took on a lifelong and very public commitment when she wed Kris Humphries. And, when she separated from her husband, she took away the maturity that this type of union entails, showing that one doesn't truly have to take on that duty for life.

2. It's not a joke: When Britney got married in Vegas, and annulled it less than 3 days later, she illustrated to young people that marriage was disposable. A commitment of marriage should be based on proper planning and true love.

3. Issues will arise: For those who wed on a whim, they will experience added pressure when problems arise. Being with someone isn't easy and being with a partner you aren't 100 percent sure about is even worse. Some people do make mistakes and don't realize it, until it's too late. But, there should be an added fight and marriage counseling before calling it quits.

What are your thoughts on the sanctity of marriage? Share

## What Did Kristen Stewart Get Robert Pattinson for Christmas?

As a gift for her man, Robert Pattinson, Kristen Stewart spent \$12,000 for two vintage guitars for Christmas. The *Twilight* star purchased the instruments from Norman's Rare Guitars in Los Angeles' Tarzana district on Dec. 23, according to *UsMagazine.com*. "She said 'He's gonna s-t when he sees them,'" said the shop's owner, Norman Harris, of Pattinson's potential reaction to the gift. The two guitars, a 1959 Fender Jazzmaster and a 1947 K&F Lap Steel, should be useful for Pattinson, as he plans on recording an album.

How do you decide what gifts to get your partner for special occasions?

### Cupid's Advice:

It can be a challenge to find the right gift for your lover, whether it's for a holiday, birthday or anniversary. Cupid has some suggestions:

**1. Hobbies:** Similar to Stewart, try to find a present that shows your support for your love's passions or interests.

2. Special meaning: Perhaps you'd like to give your partner something that reflects a special moment in your relationship. For example, if you both enjoy music, then perhaps tickets to see one of their favorite artists is a good idea.

**3. A reflection:** Whatever you choose to get, the right gift shows your appreciation for your lover and their commitment to you.

What did you get your partner for the latest special occasion? Share your comments below.

## Find Out How George Clooney and Stacy Keibler Spent New Year's Eve

Stacy Keibler didn't have to worry about where her New Year's kiss was going to come from because she and boyfriend George Clooney celebrated the arrival of 2012 together with family friends at their home in and Cabo San Lucas. Mexico. <u>People</u> reported that, although the former Dancing With The Stars contestant and hunky actor kept things low key this holiday, they still participated in usual NYE festivities. "There will *definitely* be some dancing and drinking going on," Keibler explained beforehand.

### What are the advantages of celebrating holidays at home?

### Cupid's Advice:

Spending New Year's Eve in crowded bars can be fun, but it can also be a hassle. Cupid has some advantages to ringing in the New Year at home:

1. VIP list: If you throw a holiday party at your home, you

can invite all of your closest friends and family. There's no chance you'll be sitting next to strangers.

2. Save money: Buying drinks or dinner out can be expensive. Make dinner at home, and accompany your meal with your favorite drinks made at a fraction of the price.

**3. Intimate:** Spending the holiday with friends and family can be a blast, but it might be a nice change of pace to spend a romantic night alone alongside your partner.

How did you ring in the New Year? Share your comments below.

# Prince William and Kate Middleton's New Year's Eve Plans

Prince William and Kate Middleton will be surrounded by family and friends as they ring in the New Year. A source told <u>UsMagazine.com</u> that the newlyweds plan to spend New Year's Eve and New Year's Day in Aberdeen, Scotland and will stay at Birkhall, the 53,000 acre estate belonging to William's father, Prince Charles and his wife, Camilla Parker-Bowles, Duchess of Cornwall. The source also revealed that Middleton's parents, Michael and Carole, are expected to join in on the festivities, although they won't likely be staying with the royal family.

What are some romantic ways to spend New Year's Eve?

Cupid's Advice:

Whether you're going out on a double date or staying inside cuddled up watching a movie with each other, there are plenty of romantic ways to ring in the New Year with your love. Here are a few last-minute ideas to make sure you get your New Year's kiss:

1. Plan a dinner at home: There's a wise tale that says to get to a man's heart, you have to know how to cook. Prepare a candlelit, romantic dinner at home for just the two of you. If the weather is somewhat breezy, set up a nice backyard dinner for you and your love. That way, you will have front row seats to an early firework show.

2. Hit the beach: You may not be able to ring in the New Year in Las Vegas or New York, but you can always take a quick getaway trip to a nearby beach that will allow you and your significant other to spend some quality time together. Watch the fireworks pop over the ocean as you and your love relax with your feet dug into the sand.

**3. Dance the night-away:** So maybe you're the type of couple that likes to be seen. Head to the club dressed to impress, and dance all night to your favorite songs. Go as a couple, on a double date or with a group of your closest friends.

How do you plan to spend the New Year with your significant other? Share your ideas below.

## Were Kate Middleton's Kiki McDonough Earrings a Present

# from Prince William?

As Kate Middleton strolled to and from church with the royal family on Christmas Day, she looked stunning as usual. But, the thing that turned heads and made headlines were the new pair of sparklers she wore with her outfit. We're talking about the \$3,000 diamonds dangling from her ears. <u>People.com</u> has confirmed that the jewels were by Kiki McDonough, the designer who made similar items for Prince William's mother Diana.

What are some unique gift ideas for your partner?

### Cupid's Advice:

When it comes to jewelry, diamonds are still a girl's best friend, but shopping for your boyfriend is a little different! Cupid has some tips to help you win his heart.

1. Wardrobe: Guys can always use new clothes, and picking them out is a plus. However, instead of getting something for him, buy something sexy for yourself that turns him on. It's a win-win gift situation that could heat-up your romance during the cold winter season.

2. Game day: Relationships require sacrifices, so if you're not a sports fan it's time to be one for a day. Buy your guy tickets to his favorite sporting event and he'll be part of your cheering team for a longtime to come.

**3. Appetite:** When aren't men hungry? Making a romantic homemade dinner that includes his favorite foods will leave him feeling more content than ever.

What gift did your guy love the most? Share your comments below!

Kendra Wilkinson and Family Celebrate First Christmas at Home

This was the first year that Kendra Wilkinson and her husband Hank Baskett spent Christmas at home. Since their two-year-old son, Hank IV was old enough to participate in Christmas activities, the reality stars decided to start making some holiday family traditions. "I woke up and realized that this is going to be baby Hank's first year to really know what's going on. It's not really about me anymore - it's about him now," Wilkinson told <u>People.com</u>.

How do you make your child's holiday special?

#### Cupid's Advice:

Kids just want to be included and do the things that the "big" people are doing! Cupid has some tips to help make your child's holiday a special one.

1. Wrapping presents: Wrapping gifts can be a difficult task for anyone, especially a child, but let them help you by sticking the tape down or putting the Christmas tag on the box.

2. Baking: Christmas cookies are a part of the major food groups during the holidays, so why not join in the festivities? You and your child could make Christmas-character treats with cookie cut-outs.

**3. Christmas tree:** Load up the car and go somewhere where you and the little ones can pick the Christmas tree together. As

they grow up it will be something they always remember doing as a family.

How do you make Christmas special for your children? Share your comments below.

## Prince William and Kate Middleton Act Goofy at Charity Visit

Prince William and Kate Middleton got their groove on during a visit to Centrepoint's Camberwell Foyer, a charity very close to the heart of the late Princess Diana. The Duchess of Cambridge watched with a smile as her prince imitated the dance moves of Centrepoint Foyer resident, Vanessa Boateng, who was the winner of the organization's Got Talent contest. According to <u>UsMagazine.com</u>, the casually dressed royal couple seemed happy and relaxed. In the spirit of the holidays, they also made mince pies and gingerbread cookies with the homeless youth.

What are some ways to make laughter a bonding experience in your relationship?

Cupid's Advice:

Laughter is one of the most important parts of any relationship. Everyone should be with someone who can make them giggle. Cupid has some great ways to bond over laughter with your partner:

1. Joke around: Always be on the lookout for a good laugh.

When you're with someone you love, it's always a good time to let loose.

**2. Inside jokes:** Couples always seem to have things that are only funny to them, which makes their bond even stronger.

**3. Smile:** You have to be smiling to laugh. Always take a moment to smile at your partner.

What's the funniest thing to ever happen to you and your partner? Share your experiences below.

# Spencer Pratt and Heidi Montag Lock Lips On a Ski Trip

It looks like Speidi is still going strong! Former Hills stars Spencer Pratt and Heidi Montag were spotted loading on the PDA on top of a mountain in Mammoth, Calif. The duo were snowboarding and skiing, respectively. But they didn't stop there in the way of winter activities, as they were also spotted sledding and snowmobiling on their affectionate trip, as well. "It was so much fun," Montag told "There is no better way to get in the <u>UsMagazine.com</u>. Christmas spirit than being out in the snow and skiing." The notoriously drama-ridden couple were on school vacation, as Pratt is studying political science at the University of Southern California. "It helped get us in the Christmas mode. It was the best trip ever," added Montag. "This has been the best year of my life, and I'm very excited to see what 2012 is going to hold."

How do you make a ski trip romantic?

Cupid's Advice:

Ski trips can either be an intense sporting event or a relaxing romantic getaway, depending on your mood and actions. Cupid has some way to get the romantic sparks flying:

**1. Warm up by the fire:** The best part about a couples ski trip is getting cozy by the fire after a long day of weathering the cold. Grab a blanket, and snuggle up next to your partner.

**2. Hold hands on the way up:** The chair lift ride is a great time to bond with your significant other. Hold hands and partake in the scenery below.

**3. Share a kiss on top:** Once you make it to the top of the mountain, share a quick smooch before heading back down. Take a look at the rolling hills beyond you, and briefly enjoy the moment together.

How did you make your ski trip more romantic? Share your experiences below.

# Ashley Hebert and J.P. Rosenbaum Have No Celebrity Wedding Plans Yet

The *Bachelorette* couple Ashley Hebert and J.P. Rosenbaum, who got engaged last August during the reality TV show's finale, won't be saying their "I do's" anytime soon. The famous couple told <u>UsMagazine.com</u> that they haven't set a date for their

celebrity wedding yet. Hebert is waiting to finish up school before tying the knot. The former *Bachelorette* star said that she and Rosenbaum are "looking forward to building our lives together. We really are best friends, [so] just being together is a lot to look forward to." Rosenbaum said that they "want to wait for the right time" before walking down the aisle.

Hebert and Rosenbaum are taking their time when it comes to picking a celebrity wedding date. What are the advantages of a long engagement?

### Cupid's Advice:

Take a cue from this famous couple and know that there's nothing wrong with a long engagement! In fact, there are plenty of benefits to taking some time before you tie the knot. Cupid has a few reasons why:

1. Less stress: Getting married soon after your engagement means you have to plan an entire wedding — and fast. Take your time and enjoy planning out this special day in your relationship and love.

**Related Link:** <u>Reality TV Star Ashley Hebert Instagrams Amazing</u> <u>Post-Celebrity Baby Body</u>

2. Take your pick: With your extra time, you can be sure that you book the ideal locations for your wedding and reception. You can also gather all the ideal decorations to throw the perfect party!

**Related Link:** <u>Kendrick Lamar Celebrates Celebrity Engagement</u> to High School Sweetheart **3. No doubts:** While you and your fiance spend some more time together as a soon-to-be-married couple, you'll have time to make sure they're the person you want to spend the rest of your life with.

Why did you like having a longer engagement? Share your comments below.

### Audrina Patridge Says Cameras Are Off and Love Life Is On

VH1 decided not to renew Audrina Patridge self-titled reality show for a second season, but Patridge couldn't be happier as the cancellation may just be what she needed to repair her onagain, off-again relationship with her boyfriend, BMX rider Corey Bohan. "Filming a reality show really takes a toll on relationships because your mindset is to create good TV," the former "The Hills" star told <u>People</u>. "It's really really hard on relationships so after the show, Corey [Bohan] and I really worked on what was going on with us. We spent time together." Audrina's breakup with Corey may have been good for her show's finale, but the couple has since rekindled their relationship and got back together in May.

How do you keep your job from affecting your relationship?

#### Cupid's Advice:

It's easy to let your job take over your life. Cupid has some ways to keep it from affecting your relationship:

1. Try to separate work from home: Sure, everyone has their bad days a work, but try not to bring the stress you may

receive at work to your home. If your job is consistently stressing you out, it may be time to start filling out applications.

2. Balance: Although you may not have finished everything you needed to do at work before your day ended, try to make sure that you when you're home, you're relaxing and not thinking about what you will have to do tomorrow.

3. Spend some quality time: It's extremely necessary to get away at least every once in a while. Plan a romantic getaway to your favorite vacation spot, organize a date night including dinner and a movie, or simply head to the gym and work out together.

How do you keep your career from affecting your relationship? Share your ideas below.

## Jennifer Garner Says She 'Would Do Anything' for Ben Affleck

The typical hollywood relationship seems to end in breakup, so what's the key to the success of Jennifer Garner and Ben Affleck's seven year marriage? The key to their marriage appears to be being there for each other. But obviously, gifts don't hurt either, and Affleck makes sure to shower his wife and two daughters with jewelery. According to *People*, Garner says that Affleck "knows when to swoop in with the gesture, He's sweet that way," and that she "would do anything for that man, because I know it's not taken for granted." Clearly, the couple is doing something right as their family continues to

grow with a third child on the way.

### What are some ways to keep your marriage going strong?

#### Cupid's Advice:

No one said that marriage is easy, but there are certainly some ways to keep your bond strong. Cupid has some tips:

1. Watch out for the little things: It might not seem like a big deal to you, but a small gesture like Affleck's jewelery giving can make your partner feel appreciated. These small gestures of love show you care.

2. Don't criticize in public: Any problems you may have with your spouse should only be with your spouse. Don't air your dirty laundry on Twitter, like Demi Moore and Ashton Kutcher did during their separation.

**3. Don't give up:** Garner would do anything for Affleck, and that includes continually trying to make things work in the relationship. Even if things get hard and conflict arises, continue to fight for your relationship.

What are some ways you keep your marriage strong? Share your advice below.

# Engaged Couple Ernie Halvorsen and Cindy Chiang Win The Amazing Race

On Sunday's finale of *The Amazing Race* on CBS, only one pair could emerge victorious. The winners were engaged Chicago

couple Ernie Halvorsen and Cindy Chiang, winning the \$1 million prize. According to <u>RadarOnline</u>, Halvorsen and Chiang managed to arrive first at the finish line after "landing a jet liner in a flight simulator, locating the house of *Gone With the Wind* author Margaret Mitchell and connecting the dots of their journey on a map above Turner Field." Chiang thanked all her fans via Twitter saying, "What a crazy ride!!"

What are some goals to work toward as a couple?

#### Cupid's Advice:

As important as it is to have goals when you're single, it's just as important to set goals as a couple. Achieving them becomes all the sweeter! Cupid has some things to work toward with your partner:

1. Living space: You and your partner should have a goal in mind of where you want to live. Whether it's together or separately, have your living arrangements figured out.

2. Financial goals: Make sure you and your sweetheart know what expectations you have when it comes to money. If you have the same financial goals in mind, you're more likely to be on the same page when it comes to spending money.

**3. Future goals:** What do you and your partner have in mind for the future? Make sure you both know if you're on the same page with things like marriage, kids and travel.

What are some goals you have with your significant other? Share your thoughts below.

## Angelina Jolie and Brad Pitt Celebrate Her Film with Dinner

In celebration of the premiere of her new movie, *In the Land* of Blood and Honey, Angelina Jolie and Brad Pitt celebrated at Magnolia Restaurant in Hollywood along with the cast of the film and Jolie's brother, according to <u>People</u>. The couple made it to the premiere after being in New York to take their kids toy shopping.

What are some ways to congratulate your partner on an achievement?

Cupid's Advice:

When celebrating your lover's achievement, it's important to do something special and out of the ordinary. Cupid has some suggestions:

1. Out on the town: Instead of driving yourselves to the bar or club, call a limo to take you there. It's important to show your partner just how important they are to you.

**2. Staying in:** If you can't afford to go all out, then do something special around the house, such as a candlelit dinner coupled with a free back massage.

**3. Weekend getaway:** If your partner has been working hard for their success, then perhaps it's time to celebrate by escaping for a weekend. Consider staying at a resort that features a spa for relaxation.

What do you do to celebrate your partner's successes? Share your thoughts below.

## Khloe Kardashian and Lamar Odom Prepare to Move to Dallas

It looks like the Kardashians will be taking over Dallas, Texas, as Khloe prepares to relocate in order to follow her hubby, NBA star Lamar Odom. Odom, who is now a former L.A. Laker, was traded late Saturday and will now be a Dallas Maverick. The Kardashians are a very close family, and *People.com* reported that Khloe has mixed feelings about the move. "We are all sad but positive energy gets you farther then negative," Khloe told a Twitter follower. However, later she posted, "I have no doubt about it! I am excited : ) I know this is for a reason."

How do you remain close with your family when you must relocate for your spouse's new job?

Cupid's Advice:

Just because you're moving doesn't mean you have to lose contact with your loved ones, especially with all the technology that we have today. Visiting each other is an obvious option, but Cupid has some tips to keeping close with your family and friends while you're apart:

**1. Hear them:** Everyone has a cell phone these days, which means hearing each others' voices is just a phone call away.

2. See them: If you don't have a web cam built into your computer, then invest in one. Video chats are more intimate than phone calls, and this way you can actually see each

other.

**3. Feel them:** The art of writing a good old fashioned letter is dying, but the anticipation of waiting for a letter in the mail from a loved one is still very much alive. Letters are very intimate, and you can feel each others' personalities within the words. A letter is also something you can save to read when you're having a bad day or missing your family.

How do you keep a long-distance relationship with your family? Share your comments below.

# Britney Spears Spends 30th Birthday Ice Skating With Jason Trawick

Britney Spears celebrated her 30th birthday on the ice, reports <u>UsMagazine.com</u>. The singer and her boyfriend, Jason Trawick, took a break from Spears' South American tour and went ice skating at a rink in Houston. Spears and Trawick started working together five years ago and started dating in 2009. "Jason is just amazing with [son Jayden and Sean]," said Spears. "They look up to him so much – they adore him. He's their hero."

What are some ways to make your partner's birthday special?

### Cupid's Advice:

Birthdays can be especially memorable when they're spent with a partner. Here are a few ways to make your partner's birthday special: **1. Throw a party:** If your partner is outgoing and social, throwing a party is a great way to make their birthday memorable. A surprise party could be even more exciting.

2. Invite their friends: Even though the two of you may share many mutual friends, your partner will be ecstatic if their friends are invited. Plus, it's a thoughtful gesture.

**3. Plan some alone time:** If you and your partner spend the day with friends and family, remember to set aside some alone time after the day's events. Your mate will finally be able to relax after a day of activity.

Have you done anything special for your partner's birthday? Feel free to share in a comment below.

## Jennifer Aniston and Justin Theroux Walk the Dog

Actress Jennifer Aniston and new beau Justin Theroux got some exercise as they strolled through Beverly Hills on Sunday with her dog Dolly, according to <u>RadarOnline</u>. Aniston adopted the pup back in 2006, and she has recently become the top dog after the actress's beloved mutt Norman passed away at the age of 15 back in April. Aniston uses walking Dolly as an excuse to spend some quality time with her canine and to fit some extra exercise into her busy schedule.

What are some ways to get exercise as a couple?

### Cupid's Advice:

Finding the motivation to exercise can be a difficult task,

but if you and your partner do it together it can be more fun. Here are some options:

1. Walking/running: If you can't afford a gym membership, walking or running in the great outdoors is free. Set a goal and encourage each other until you've both reached it.

**2. Sign up for a class:** Joining a kickboxing class as a couple is a great way to work out and see results. Seeing each other pushed to your limits and glowing in sweat can be pretty sexy, too!

**3. Play on a team:** Co-ed sports teams like softball and volleyball can be a blast. You'll work on your teamwork skills as players and as a couple.

How do you and your partner exercise together? Share your comments below!

## Stacy Keibler Drops the L Bomb About George Clooney

George Clooney is infamous for being very private when it comes to the media. His girlfriend, Stacy Keibler, however, loves to tweet about their relationship. In response to his new mate's public ways, he had this to tell *Rolling Stone* magazine: "She can do whatever she wants, I rarely tell anybody what they should be doing with their life." It looks like things are getting serious, too. According to *UsMagazine*, in Kiebler's latest tweet, she dropped the "L" word, stating, "You know it's love when your boyfriend has elbow surgery 2 days ago and takes you to a Ravens game. Especially when he's a Bengals fan." Maybe Clooney won't tweet his feelings for all to see, but often when your partner does trumps when they say.

What are some ways to tell you're in love?

### Cupid's Advice:

During the holiday season, feelings of love often become more pronounced. They can be disguised as many other things, lust and infatuation being the most common forms. Here's how you know it's real:

1. You show it: Like Clooney and Kiebler, sometimes words are better left unsaid. Showing someone you truly care can really make a person feel special. Being willing to take them to see their favorite sporting event (even if you loathe them), make them dinner, or even take them on a trip are good ways to tell it's true love.

2. You sing their praises: Another way to tell you're in love is wanting to have the whole world know it. You seem to gush about your partner to anyone willing to listen.

**3. They make your troubles disappear:** You are having the day from hell, but just hearing from them makes it all the better. You know you are smitten when you hear that voice on the other end of the line and all of the issues you were dealing with suddenly seem minor and disappear.

How did you know when you were in love? Share your comments below.

## Justin Bieber Serenades Selena Gomez During AMA Rehearsal

The Biebs is showing his romantic skills yet again! This time, Justin Bieber serenaded girlfriend Selena Gomez during a rehearsal for the American Music Awards, according to <u>UsMagazine</u>. Despite Bieber's paternity scandal, it doesn't look like the cute duo is letting anything get them down. "At one point Justin even sang 'I Feel Good' a la James Brown, said a source. "They were totally adorable. They were snuggling in between takes, and he was serenading her! They look as in love as ever." The pop star is scheduled to perform a song from his new holiday CD at the awards show, while Gomez is slated to present.

What are three creative ways to show your partner you care?

### Cupid's Advice:

It can become routine to simply say the words "I love you" every day. It's important to go out of your way periodically to actually *show* your partner you care, as well. Cupid has some ways:

1. Present them with love coupons: Make or buy some coupons good for things like a massage, a home cooked meal or a viewing of their favorite movie. It'll show that you're willing to go to certain lengths to please them.

2. Get a makeover: Sometimes when you've been in a relationship for a long time, you don't pay as much attention to the way you look around your partner. As a special treat, bring them out to dinner and show up as pretty or handsome as possible.

**3. Write a love letter:** It may sound corny, but often times a written letter that spells out your feelings for someone can be incredibly touching.

What are some other creative ways to show you care for your partner? Share your ideas below.

## Ashton Kutcher Describes What He Doesn't Like in a Woman

When it comes to a newly single Ashton Kutcher, what you see is what you get. Though the reasons for Kutcher's split from Demi Moore have yet to be seen, the *Two and a Half Men* star, 33, discussed what he wanted in a woman in an interview before his sex scandal. He said that he "could never be with a woman who felt like she needed to change me." According to <u>People</u>, Kutcher may have cheated on his wife of six years, but this doesn't mean he's against the idea of compromise. He believes in "working on the relationship" and that the goal of it all is "to be in a relationship."

What do you do if your partner holds some qualities that you don't like?

#### Cupid's Advice:

Everyone has flaws, and you're never going to find someone about whom you like absolutely everything. Here are some tips:

1. Think about why you want them to change: If you don't like something about your partner, make sure that the qualities you dislike aren't a major problem. If you're an impatient person, for example, you may be less likely to accept a partner who is perpetually late.

2. Have patience: It's important to note how necessary patience is in a relationship. Nobody can change overnight, and it can be very difficult to break a habit. Support your partner when they try to change something about themselves.

**3. Compromise:** Is there something about yourself that bothers your partner? You can suggest that you and your partner both try to change some negative aspects of yourselves that may be affecting the relationship. If you change together, you're more likely to grow together.

What are some qualities you don't like in a partner? Share your thoughts below.

## Nikki Reed Says Marriage Is 'Easy Breezy' So Far

In light of the recent influx of celebrity divorces, it's great to come across a happy and healthy Hollywood marriage. Nikki Reed, who tied the knot with American Idol's Paul McDonald, told <u>People</u>, "The first year [of marriage] is not the hardest. Gosh, if this is the hardest, then it's gonna be easy breezy." She added that even under the most stressful situations, she and her new husband still make a great team.

As a newlywed, how do you set a good precedent for your marriage?

Related: Cheat On Your Husband (With Your Husband)

Cupid's Advice:

It's important set the precedent for a healthy relationship from the beginning, not just when it comes to marriage, but also when it comes to dating. Cupid has some tips:

1. Don't sweat the small stuff: Fighting over silly things is a waste of time and can only put an unnecessary riff between you and your partner.

**2. Speak up:** If your partner says or does something you don't like, tell them from the beginning that their behavior is unacceptable.

**3. Be their best friend:** A perfect partner isn't just a lover, but also a best friend.

How do you connect with your partner early on? Share your thoughts below.