## Celebrity News: 'Bachelorette' Alum Rachel Lindsay Reveals the Most Awkward Part of Finding Love on Reality TV





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## <u>Jessica Gomez</u>

<u>Bachelorette</u> alum Rachel Lindsay opened up about the most awkward part of finding love on a <u>reality TV</u> show, according to <u>EOnline.com</u>. And, it's not necessarily what you would expect. Lindsay got engaged to Bryan Abasolo in 2017 on the finale of her <u>Bachelorette</u> season. The <u>celebrity couple</u> do not have a definite date for their <u>celebrity wedding</u> as of yet,

but what Lindsay believes is the weirdest part of the process is the moment the show is over and the cameras stop rolling. "I tell people the most awkward day is the day the cameras go off. Not even your first date. It's like, 'I've been proposed to.' It's this amazing experience. And then they're like, 'That's a wrap.' Like, show's done, and then you're just standing with each other," the bride-to-be explained. "And once we got past that, everything else was a breeze... Because you don't know if the person is really the same person they showed you on camera — and I think that's what's scary."

This <u>celebrity news</u> shows that there are awkward moments even when it comes to finding love on TV. What are some ways to reduce those awkward moments on your quest to finding love?

## Cupid's Advice:

Oh, the journey of finding love, how wonderful and scary it can be. Alas, not to worry, Cupid has some advice on reducing awkward moments that could be avoided with a few steps:

1. Don't rush: Take things at a good pace — not too fast, not too slow. When rushing into things, we often miss signs that we should be looking out for in order to avoid making the mistake of further pursing a relationship or to avoid certain awkward moments. Things should happen in their own time and not be rushed by you or the other person. Love isn't a race, it takes time. You need to learn the way the person is and the way your new relationship is in order to avoid negativity and awkwardness. After that, then the trust needs to roll in,

which is why taking things steady is many times a good idea.

Related Link: <u>'Bachelor in Paradise' Couple Carly Waddell & Evan Bass Reveal Name of Baby-to-Be</u>

2. Don't try too hard: Impress others, but don't stop being yourself. Pretending to be someone you're not is bound to end in an awkward moment. It's important to put energy into trying to putting your best foot forward and being the best version of yourself. However, in the process, make sure to stay true to yourself. Don't let your mind roam too far, causing you to act out of desperation. It's understandable to maybe not want to be your whole, total self — just remember to not stray away from what really makes you you. Insecurities can easily pop up when you're playing a role that isn't like you.

Related Link: <u>'Bachelor in Paradise' Stars Carly Waddell &</u>
Evan Bass Celebrate Celebrity Baby Shower

3. Don't worry: Like said before, love and relationships take time. Sometimes certain concerns creep up on us and we become worrywarts. The unknown can be terrifying, and you may not feel completely comfortable because of that. However, don't let unvalidated feelings take over. Get to know the person without judging them from past experiences you've had that have nothing to do with them. As time passes by, you will also build emotional intimacy, which should ease the worrying due to having a more open relationship with one another.

What are some ways you have avoided awkward moments while dating or in a relationship? Share with us below!

## Celebrity News: Justin Bieber's Mom Defends Him Amid Selena Gomez Romance





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## <u>Carly Horowitz</u>

In <u>latest celebrity news</u>, <u>Selena Gomez</u>'s mom is not too fond of <u>Justin Bieber</u>. <u>Celebrity couple</u> Gomez and Bieber have been stirring on and off <u>celebrity gossip</u> for a couple years now. Right now in latest celebrity news, they seem to be on. According to <u>FOnline.com</u>, Bieber's mom posted an Instagram with a caption that praised how proud she is of her son and how beautifully he is maturing. With all of this talk of Gomez's mom not approving of Bieber, Bieber's mom had to show the world that no one is perfect so we need to have patience

with one another.

## This celebrity news has us clapping. What are some ways to get support when your partner's parents don't approve of you?

## Cupid's Advice:

The only realistic expectations you should have should not be for anyone other than yourself. It is upsetting though if your partner's parents don't approve of you and your relationship. Don't worry- Cupid is here to help with some tips on how to put your best self forward to potentially make a better impression with your partner's parents:

1. Find out activities they like: Talk to your significant other and find out some things that their parents are into. Maybe boating, cooking, going on walks, etc. Then, reach out to them to do one of their favorite activities with them. This will seem like less of a "kiss-up" move since you're not buying them anything, you are just simply creating a comfortable situation for them to truly get to know your amazing self!

Related Link: <u>Dating Advice</u>: 7 Reasons to Get in Good with <u>Your Partner's Family</u>

2. Be blunt if they are: If your partner's parents really make it clear that they are not a fan of you, be blunt and ask them sincerely what you can do in order to gain their trust. Communication is key. Ask and then make efforts to do what they feel is necessary as long as it is reasonable and does not interfere with changing who you truly are.

Related Link: Celebrity News: Selena Gomez Breaks Silence on

## Split from The Weeknd & Reunion with Justin Bieber

3. Show them how much you love their child: If they can't get past who you are, and it is a struggle for you to see the good qualities in your partner's parents as well, there is a genuine force that cannot be denied- the love that you have for your partner. Instead of trying to boost your self-image, make it clear how much you love and care for your partner. Their parents cannot be too upset with the fact that their child is getting the love and care that they deserve.

Have more advice on how to make a better impression with your partner's parents? Comment below!

## New Celebrity Couple: Danica Patrick Confirms She's Dating Aaron Rogers





Ву

## Carly Horowitz

There is a new <u>celebrity couple</u> in the world today! After gossip that Danica Patrick and Aaron Rogers had a <u>date night</u> on Saturday, January 13, Patrick confirmed their relationship two days later: "Yes, Aaron and I are dating", she told The Associated Press, according to <u>UsMagazine.com</u>. The <u>latest celebrity news</u> reveals that NASCAR driver Patrick has always rooted for Rogers, as he is the quarterback for the Greenbay Packers NFL team, even though she has been a Chicago Bears fan for years. One could say she has had a long time celebrity crush on him! Sometimes dreams do come true.

This new celebrity couple news is spreading fast to the ears of many. What are some ways to announce your relationship to friends and family?

Breaking the news to your friends and family about new relationships can sometimes be nerve racking! Cupid is here to help make this reveal as easy as possible:

1. Prioritize who you want to reveal the news to "officially": Don't stress out about telling every single person in your life that you're in a new relationship. If you want to flaunt it, great! Go for it. But, think about the most important people in your life- your family and your close friends, and make sure you get a chance to officially tell them about your new relationship so that they feel happy to be informed.

Related Link: <u>Celebrity News: Danica Patrick Crashes After</u>
Boyfriend Forces Her Car Into Wreck

2. Evaluate the mood: You want to make sure that when you go out of your way to tell the closest people in your life that you're in a new relationship, that they are in the right place to soak in this information. Make sure they are not busy with something else or worse, in a bad mood.

Related Link: Dating Advice: 4 Reasons Going Outside Your Comfort Zone Is A Good Idea

3. Be ready for questions: Of course your friends and family are going to want to know as much as they can about your new significant other before they even meet them. Be prepared to answer their questions as you feel comfortable. Maybe even have a picture of them ready to show so that they can match the information about them to their face.

Share some of your best and worst relationship reveal stories. Comment below!

## Celebrity Divorce: Jenni 'JWoww' Farley Talks Snooki & Jionni Divorce Rumors





Βv

## Karley Kemble

Though rumors have been flying that <u>Nicole "Snooki" Polizzi</u> and her husband Jionni LaValle are facing relationship problems, it looks like there is nothing to worry about. LaValle addressed the rumors head-on last week on his Instagram, denying all allegations of a <u>celebrity divorce</u>, and also shared he will not be part of the "Jersey Shore" reboot. Now, it looks like Polizzi's bestie is speaking out! According to <u>UsMagazine.com</u>, Jenni "JWoww" Farley said that it was "really heartbreaking" that LaValle had to combat the nasty

rumors, but she supports the <u>celebrity couple</u> and loves "everything about them and what they have going on." What a great friend!

## These celebrity divorce rumors are very unfortunate. What are some ways to keep rumors from affecting your relationship?

## Cupid's Advice:

Uh oh, is your relationship the current talk of the rumor mill? Don't worry, love. This too shall pass. If rumors are bringing you down, Cupid has how to fight through these challenging times:

1. Stay busy: This is an important factor because it tests and shows your true inner strength. When you are actively excelling at work, at school, or at home, it shows you cannot be kicked down by petty rumors. In time, the rumors should pass because people will realize you're way too strong to be affected by their nonsense.

Related Link: 'Martha & Snoop's Potluck Dinner Party' Producer SallyAnn Salsano Talks About Her Hit Reality TV Shows & Possible 'Jersey Shore' Revival

2. Give the benefit of the doubt: When you hear something unnerving or seemingly unlikely about your partner, it's important to take a step back and not jump to conclusions. Your emotions will be running high, and you're definitely entitled to your feelings. Just think: are you going to jeopardize an entire relationship over the possibility of a rumor being true? Before you do something you might regret, consider waiting and acting when you have the facts.

Related Link: <u>Snooki Stands Up for Celebrity Love Jionni</u>
<u>LaValle Amid Ashley Madison Reports</u>

3. Talk to your partner: At the end of the day, what's most important is you and your partner's take on things. If the rumors are affecting your relationship, you two *must* talk about it. If you don't, then your relationship will have a very challenging chance at survival. Communicating will help fill in the blanks and clear the doubts you could be having.

How have you stopped rumors from affecting your relationship? Let's talk about it!

Celebrity News: Arie Luyendyk Jr. Hands Out First Impression Rose on Season Premier of 'The Bachelor'





Ву

### Jessica Gomez

In <u>celebrity news</u>, Arie Luyendyk Jr. handed out the first impression rose to a woman named Chelsea on the two hour season premier of <u>The Bachelor</u>. According to <u>UsMagazine.com</u>, Chelsea gave a "villainous first impression." Chelsea was the first to get some one on one time with Luyendyk, and she was not playing nice throughout the night with the other women. She spoke negatively of the other contestants with no shame, receiving the label of "aggressive" from some of them. Although Chelsea gave the other girls a negative vibe, she clearly gave Luyendyk a good one since she got both a kiss and the first impression rose that night. Could Chelsea and Arie possibly be the next <u>celebrity couple</u> from the show, or did Chelsea's tactics just get her through the door? Too soon to tell! Let's keep watching every Monday at 8 p.m. ET on ABC.

## This celebrity news has us excited for the upcoming season of The

## Bachelor! What are some ways to make a good first impression on your crush?

## Cupid's Advice:

First impressions have a lasting effect and are very important. Cupid has your back with these tips:

1. Be yourself, and don't fake it. You want someone to like you for you — and so, you want to put your best face on, not a different one. Never be afraid to show the real you. Of course, you don't want to give away too much though — there tends to be something intriguing about the mysterious girl or guy. Be confident and put your best foot forward.

Related Link: <u>Celebrity Couple Miley Cyrus & Liam Hemsworth</u>
'Have Zero Plans' for a Wedding

2. Take initiative: Show them you're interested by starting a conversation or keeping it going. But also know when to stop talking. Have a balance of both, listen and speak while paying attention to your crush's body language and vibe. And don't forget to be straight forward!

Related Link: Andi Dorfman Is 'Excited' to See Arie Luyendyk
Jr. as New Star of 'The Bachelor'

3. Smile: Most people are attracted to those who are positive. Smiling is a kind and warm gesture, that signifies happiness. It is the easiest way to give out good vibes, and what sane person isn't attracted to good vibes? Smiling can also be another way to show your crush you're interested.

What are some ways you've impressed your crush during the first encounter? Comment below!

## Celebrity News: 'Bachelor' Arie Luyendyk Jr. Justifies First Impression Rose Pick





Ву

Rachel Sparks

This <u>celebrity news</u> is stirring up some fire! Bachelor Arie Luyendyk Jr. chose who to gave his first rose to, and according to <u>EOnline.com</u>, his choice made a lot of people mad. Single mom from Maine Chelsea threw insults around, upsetting the other women and the viewers, but to Arie, she was taking the initiative he wanted to see. Arie is confident that viewers will change their mind about Chelsea; he hasn't yet!

## This celebrity news has us in Arie's corner. What are some ways to know if someone appreciates you with no ulterior motive?

## Cupid's Advice:

We all dream of being on the 'Bachelor' and being handed that rose, but like Arie, there are many times we can doubt the true intentions of someone. A lot of people will try and use someone in Arie's situation for their own personal gain, so how can you remain secure in others' advances? Read Cupid's dating advice:

1. They seek you out often: Arie was driven by Chelsea's relentless pursuit of him. It's confidence-boosting when someone keeps coming after you. How do you know they're doing it for the right reasons? Pay attention to when and how they seek you out. If they're gaining a lot of attention for it, the situation is less about you and more about them.

Related Link: Celebrity News: Peter Kraus Speaks Out About Arie Luyendyk Jr. Becoming 'The Bachelor'

2. They ask the right questions: Dating is prying in the beginning, but what kind of information someone is digging for makes a big difference. Asking someone about their interests and aspirations is a genuine connection-forming question, rather than asking about money or how luxurious their home is.

Related Link: <u>Celebrity News: Arie Luynedyk Jr. Hands Out</u>
<u>First Impression Rose on Season Premier of 'The Bachelor'</u>

**3. They listen:** Listening is one of the most crucial parts to building a strong foundation of communication, and as any <u>relationship advice</u> will say, communication is key. If they

listen to you and genuinely respond, you know you've found someone who's main interest is you.

How do you know when someone is being genuine with you? Share your dating tips below!

## Celebrity News: Brad Pitt is Casually Dating as He Adjusts to Single Life as a Dad





Ву

Rachel Sparks

According to <u>E!Online.com</u>, the <u>celebrity news</u> is that <u>Brad Pitt</u> is slowly dipping his toes into the <u>celebrity dating</u> pool. The 46-year old actor is adapting to being single and seeing his family. Pitt stays busy by meeting with his large group of guy friends, none of them in the business, riding his motorcycle, and having regular dinner and lunch meetings. Though Pitt doesn't see his six kids as much as he wants, he has been filling his time with family, including going back to his Missouri and Oklahoma roots. As far as dating? This recently <u>divorced celebrity</u> says it's complicated and not a priority.

This celebrity news shows us celebs aren't immune to having to adjust. What are some ways to know you're ready to get back into the dating scene when you have kids?

## Cupid's Advice:

Balance is key when you're a single parent. You have to make sure you balance the demands of your career with the demands of your family. Maintaining a house, both the operations and finances, alone can be a challenge. Somewhere in there, of course, you need to be able to take care of yourself. Here's Cupid's dating advice to help you get ready for dating again:

1. Balance career: If you were the main bread-winner, maintaining the house and investing in your family was on the back burner because you had someone else helping you. When suddenly your support is gone, having the mental and physical energy to still invest in your career in addition to your new responsibilities can be daunting. Make sure your career is in a place where you can take some focus away and instead invest

in yourself and a relationship.

Related Link: Former Celebrity Couple Angelina Jolie and Brad Pitt Agree to Seal Divorce Documents

2. Are your kids ready: With a large brood of kids like Brad Pitt, getting back into dating can be a lot harder. Each age range of childhood processes divorce differently, so each child will vary on their resistance to a parent returning to dating. As a parent, be ready for that resistance, but make sure you're caring for your children, too.

Related Link: <u>Celebrity News: Angelina Jolie and Brad Pitt Are Talking Again</u>

3. Length of relationship: Depending on the length of your marriage, you may need more time to cope post-divorce. Shared affairs, such a mortgages and finances, can be hard to unravel and separate. Aside from that, the emotional aspect of becoming suddenly single can be a shock. As fun as dating can be again, if you're looking for something more serious, consider giving yourself the adequate amount of time to heal and the appropriate length of courting before claiming a relationship is serious.

As a single parent, how have you decided when it was the right time to start dating again? Share your dating advice below!

## Celebrity News: Kim Kardashian Reveals Her 2018

## New Year's Resolutions





Βy

## Karley Kemble

New year, new Kim? Kind of! According to <u>EOnline.com</u>, <u>Kim Kardashian</u> has been very open with the changes she hopes to make in 2018 on her exclusive app. In the video, Kardashian states her main goal "is to be on my phone less and more in the moment." She also hopes to up her fitness game and work out five to six days a week with her trainer. 2018 will certainly be a huge year for Kardashian and her husband Kanye West, as they will soon be welcoming another <u>celebrity baby</u> via surrogate, too!

## This <u>celebrity news</u> shows us that

even celebrities like Kim Kardashian plan to make big changes with the new year. How can you stick to your resolutions once you've committed to them?

## Cupid's Advice:

It's easy to make resolutions at the beginning of the year, but it's not always easy sticking to them. In fact, most people ditch their big resolutions before January even ends. If you're hoping to make sure your big changes stick, check out these tips straight from Cupid:

1. Re-frame the "resolution": Resolutions rarely see life past January is because of the immense pressure to strictly abide to them. If there is even a small deterrent, most people give up because they aren't perfecting their goal. Try re-framing and leave room for error. For example, if you want to lose weight, instead of saying "I will lose 20 pounds this year," say "I want to change my eating habits and focus on my overall health." The two coincide, and it's more likely you'll have more success!

Related Link: <u>Kim Kardashian Announces the Sex of Celebrity</u>
<u>Baby No. 3</u>

2. Don't be afraid to restart: Slip-ups are inevitable, so don't beat yourself up over them! With 52 weeks and 365 days, you would be insane not to stray from your big resolution. When you do stray (notice: "when" and not "if"!) know that your next choice/decision is an opportunity to get back to your goal. It's better to have a slow and steady progression, rather than no progress or even backtracking and giving up completely!

Related Link: Beauty Advice: The 5 Best Beauty Tips from Celebrities

3. Have a support system: Lean on others for support. It's not a sign of weakness, rather, it's a sign of strength! When you tell others about your goals, they will want to help encourage you and help keep you accountable. Making others proud is always a very empowering motivator, so you should definitely consider this option!

What's your New Year's resolution? How do you plan on sticking to it? Talk about it with us in the comments below!

## Celebrity Couple Miley Cyrus & Liam Hemsworth 'Have Zero Plans' for a Wedding





Ву

### Karley Kemble

Though Miley Cyrus and Liam Hemsworth are engaged, the celebrity couple is in no rush to walk down the aisle. According to UsMagazine.com, sources close to Cyrus and Hemsworth say that pair is happy with the way their relationship is, and "have zero plans of having an actual wedding." In fact, the celebrity couple already "considers themselves married" because of how long they've been together! Cyrus and Hemsworth announced their reengagement in 2016, following a two-year break. Hopefully, we'll see a celebrity wedding from them someday!

This celebrity couple isn't going to be heading down the aisle anytime soon. What are some reasons to hold off on marriage?

## Cupid's Advice:

While you may feel pressured to plan your wedding right after you and your partner become engaged, it's important to keep your wants and needs in mind. Long engagements are perfectly okay! Here are some reasons to consider pressing pause on your future walk down the aisle:

1. It saves money: Sometimes, it's financially smart for you and your partner to have a long engagement to save money for your big day. No matter the size of the wedding, they can be quite costly. Invites, rental spaces, dresses — they all add up very quickly. Ease the financial burden and take your time!

Related Link: <u>Celebrity News: Is Miley Cyrus Expecting a</u> <u>Celebrity Baby?</u>

2. It grows your relationship: When you prolong your engagement, you can truly get to know your partner better because it allows for time spent together in a different light. Though you aren't rushing to get married, it's eventually the endgame, so you'll spend more time focusing on your future wedding — and ultimately your longer future together!

Related Link: Celebrity Couple Miley Cyrus & Liam Hemsworth
Are Writing a Play Together

**3. It prevents stress:** Wedding planning is stressful and may seem impossible at times. Long engagements help prevent stress because it provides a more open and flexible timeline. Plus, you might even be able to score a few discounts if you book your venues far enough in advance!

Have an experience you'd like to share? Leave us a comment below!

## Celebrity News: Jason Kennedy's Wife Lauren Scruggs Defends Him After Co-Host's Exit





Ву

## <u>Jessica Gomez</u>

In <u>celebrity news</u>, Lauren Scruggs, Jason Kennedy's wife, is standing by her man! After her hubby's co-star, Catt Saddler, quit working for E! due to a pay disparity, Kennedy received criticism on social media, according to <u>UsMagazine.com</u>. Scruggs was there to support her hubby though. This <u>celebrity</u> couple stands strong together — and Scruggs had something to say via Instagram on Dec 21 to defend her man and E!. She wrote, "I believe in female empowerment and gender equality,

but it's heartbreaking that a network is being deemed sexist when that is simply not true. At one time my husband had a female co-anchor [Giuliana Rancic] on E! News who made 3 times his salary. Women are paid accordingly on this network, and the difference in his salary versus hers did not affect Jason. He knows there are always more components to consider when determining one's salary than gender alone... Since Jason was named the permanent anchor of E! News over two years ago, he has had various co-hosts that rotate throughout the week. A permanent co-host has never been named since the last one left 6 months ago."

This celebrity news shows that couples stick together in the good times and bad. What are some ways to support your partner through a controversial time?

## Cupid's Advice:

Supporting your partner during tough situations is important. Cupid has some <u>relationship advice</u> on ways to support your partner:

1. Communicate effectively. Make sure you are listening as much as you are speaking. Sometimes we mistake hearing for listening. The best way to help your partner is to try your best to understand them and prevent misunderstandings, and for that, listening is key!

Related Link: <u>5 Communication Keys Every Relationship Needs</u>

2. Keep the vibes positive: Positive thinking comes a long way. During any situation, controversial or not, we must keep a positive mind. Remember, "mind over matter." Nothing good

will come from thinking negatively.

Related Link: 10 Reasons Chrissy Teigen and John Legend are Relationship Goals

3. Create a judgment free zone: It's okay to give advice, but try not to sound like Judge Judy! Judging can only push people away, not bring them in. Keep an open mind.

What are some controversial moments you experienced with your significant other, and how did you support them or vise versa? Comment below!

## Celebrity Couple Ben Affleck & Lindsay Shookus Are Twinning On Friday Date





Ву

### Jessica Gomez

In <u>celebrity news</u>, <u>Ben Affleck</u> and girlfriend Lindsay Shookus were out and about wearing matching outfits on Friday, according to <u>EOnline.com</u>. The <u>celebrity couple</u> was spotted in Brentwood, California wearing similar outfits: leather jackets, gray tops, and dark denim jeans. Adorbs. Affleck and Shookus both seem "coordinated" and enjoying each other's company.

This celebrity couple came off looking like twins on a recent day out. What are some ways style plays a role in your relationship?

## Cupid's Advice:

Believe it or not, style does play a role in relationships, and not just in the aesthetically pleasing department. Cupid

is here to inform you!:

1. Matching has a connecting effect: Have you and your partner ever matched without planning? You both end up wearing similar outfits or the same color? In a way, it feels good. You feel like you're both connected, plus you look cute in public. Feeling like you and your partner are on the same page is a good thing, and matching is a small nudge in that direction.

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2. People snap judgments: It's engraved in our society — people judge others based on how they dress and their style. Whether these judgments are good or bad, the way you dress and the way your partner dresses are both in the public eye, up for observation. You shouldn't care what people think, but you may be more reluctant to not care when your significant other is meeting your friends or the fam. We all know that a good sense of style does make a lasting impression.

Related Link: <u>Macaulay Culkin Steps Out with Brenda Song in Paris</u>

3. Having a good sense of style gives you confidence: And having confidence helps a relationship. Having a style that you love is important because it can give you a self-assuring feeling — and oh, how we know that a lack of confidence is a problem in many relationships. On top of that, your style is something that you identify with, it's a reflection of you. On that note, let's do some shopping!

What are some ways style has affected your relationship? Comment below!

# Celebrity News: 'Vanderpump Rules' Star Lala Kent's Married Boyfriend Is Identified





Ву

Karley Kemble

From an abrupt reality show exit, to a mystery boyfriend, Lala Kent is causing quite the commotion these days. The reality star was mum about her boyfriend on the most recent season of *Vanderpump Rules*, but the latest <u>celebrity news</u> surrounding Kent has brought a name to the surface. <u>EOnline</u> reveals that Kent has indeed been dating television producer Randall Emmett for the last year and a half. Rumors surrounding the <u>celebrity</u> <u>couple</u> have been floating around for a few months, and the

pair was seen kissing at a FabFitFun event in Beverly Hills earlier this month. The couple's relationship has been a subject of criticism since Emmett is still legally married to his wife, though he has been in the process of receiving a divorce.

This celebrity news may not be appreciated by the married boyfriend in question. What are some ways to make sure your love interest is truly unattached?

## Cupid's Advice:

It's not fun to deal with others' emotional baggage. Though your partner may claim to be unattached to their ex, there's always a possibility they still could be. Cupid has some signs to look out for:

1. They've purged their social media: This may seem like a small detail, but it speaks volumes. One hand they're just pictures, but it could also indicate that they have some unresolved feelings about their ex. Photos are nostalgic — so your partner might just be nostalgic about their past love.

Related Link: Celebrity Break-Up: 'Vanderpump Rules' Star Sheana Marie & Robert Valletta 'Kind of Broke Up'

2. They talk about them nonstop: People want to talk about topics they're interested in, people they like, or things that are on their mind. If your partner brings up an ex a little more than what seems normal, it's likely that they are still emotionally attached. Don't overlook it or take it lightly

Related Link: Celebrity Break-Up: 'Vanderpump Rules' Star

## Stassi Shroeder Gets Dumped By Boyfriend on 4-Year Anniversary

3. Your relationship feels forced: Your relationship should never feel forced or like a chore. You should always feel a natural connection and feel inclined to confide in your significant other. When you feel like your partner is forcing their feelings toward you, it is probably a sign to take a closer look at what's really going on.

Have you dealt with a similar situation? Have any tips? Share in the comments below.

## Celebrity Couple News: Macaulay Culkin Steps Out with Brenda Song in Paris





Ву

### Jessica Gomez

In <u>celebrity news</u>, Macaulay Culkin and Brenda Song were spotted on a couples trip in Paris on November 22, according to <u>UsMagazine.com</u>. The <u>celebrity couple</u> was also joined by Culkin's goddaughter Paris Jackson. The two love birds were photographed taking a stroll and embracing one another, looking happy as ever.

## It looks like this celebrity couple is still going strong while abroad! What are some ways travel can bring you closer as a couple?

## Cupid's Advice:

Traveling is an amazing adventure to experience with your significant other. Cupid has <u>love advice</u> to celebrate your relationship:

1. Sharing memories: You're both in a different part of the world together, and that's something you won't forget. Traveling is a perfect way to spend quality time. Although planning a vacation can be stressful, once you make it, it's a fun and exhilarating experience that can definitely bring you closer.

Related Link: Kristen Bell & Dax Shepard Rent a Roller Skating
Rink for Date Night

2. Lots of time to talk: You'll get to know each other better! Share your passions, talk about everything: life beyond, the galaxies, morals, history — anything! When on vacation with someone, it's basically like you both live together, therefore you'll have tons of time to talk and share, and see what being together pretty much all the time is like. This can bring you much closer because there are less distractions on vacation than you would have at home (work, friends, family, etc.).

Related Link: Top 5 Celebrity-Approved Couple Vacation Stops

3. Overcoming vacay obstacles: Team work makes the dream work! Although we would love for vacations to be absolutely perfect, most likely they won't be... but they can get pretty close! Since you'll most likely be encountering challenges, you'll both be able to work together as a team, and you'll see each other's strengths and weaknesses, now that is grounds for getting closer.

Can't wait to book a vacation and bond with your love? Tell us where you're going. And for those of you who have gone on a couple vacay, share the bonding experience. Comment below!

# Celebrity News: Taylor Swift's Ex Turned Her Into 'Quasimodo,' According to BFF Todrick Hall





Вν

## <u>Karley Kemble</u>

Taylor Swift is infamous for being dramatic about her exes. If 2017 has shown us anything, it's that Swift is tired of being defined by the media. From winning a defining court case as a victim of sexual assault, to releasing her sixth album, Swift's past reputation is slowly, but surely being forgotten. In the latest celebrity news, one of Swift's closest friend Todrick Hall has revealed some vulnerable details about her most recent celebrity ex, reports EOnline.com. According to

Hall, Swift would "hunch over" at the mere mention of her ex's name — so he edited a photo of her to look like Quasimodo and told her, "You cannot turn into Quasimodo for this guy. Every time you say his name, you hunch over." Though her most recent relationship ended with a break-up, Hall said that his bestie is happier than ever with her current beau, Joe Alwyn.

In celebrity news, even Taylor Swift fell victim to an unhealthy relationship. What are some ways to know you're in an unhealthy relationship?

## Cupid's Advice:

Unhealthy relationships are emotionally draining, and it's best to end them before things worsen. If you think you might be in an unhealthy relationship, read these tips from Cupid:

1. They're too attached: Sure, it's normal to be a little clingy to your partner, but there is a line that must be drawn. Make sure you are aware of the differences between healthy attachment and emotional manipulation. Phrases like "I'll die if you ever break up with me" should never be taken lightly. Emotional manipulation is never, ever okay.

Related Link: Celebrity News: Taylor Swift & Joe Alwyn Dance
Together at Jingle Bell Ball

2. They constantly blame you: If your partner finds a way to spin every argument or disagreement you have and makes you feel like the bad guy, that is a telling sign of an unhealthy relationship. You are entitled to your feelings and opinions, and your partner should never invalidate you for being too sensitive or for overreacting. Beware of this if it arises.

## Related Link: Relationship Advice: Getting Over a Grudge

3. You're changing for the wrong reasons: You and your partner should bring out the best in each other. Any changes you make in your life should always be because you want to — not because you think it's what your partner would want for you. It's cliché, but staying true to your core values is important, and you should never lose sight of that!

Have you or somebody close to you been in an unhealthy relationship? How did it end?

## Celebrity Couple News: Jamie Foxx Celebrates 50th Birthday with Katie Holmes





#### Karley Kemble

In the latest <u>celebrity news</u>, Jaime Foxx may have just turned 50, but he is not showing any signs of slowing down! According to <u>People.com</u>, Foxx and girlfriend <u>Katie Holmes</u> celebrated the big five-oh with some friends in their inner-circle. The <u>celebrity couple</u> was seen walking into his big bash at Paramount Pictures together! Sources who were at the party said the duo appeared to have a great time at the party and spent very little time apart from each other. Foxx and Holmes have kept their relationship quiet from the onset of the rumors — but have been seen out and about with each other since 2013.

This celebrity couple has stayed almost entirely out of the limelight. What are some ways to keep your relationship on the down-

### low?

#### Cupid's Advice:

Sometimes, it's better to keep your relationship between you and your partner. If you're looking to keep your relationship quiet for the time being, read these tips straight from Cupid:

1. Keep it offline: In a world ruled by social media, it's important to refrain from posting or sharing anything related to your personal relationship! While your personal life might not be as documented by the tabloids, people in your news feeds will definitely talk and share the news with those around them. If you don't want others to know, keep it off the Internet until you're ready.

Related Link: <u>Celebrity News: Katie Holmes & Jamie Foxx Take</u>

Romantic Trip to Paris

2. Stay in on weekends: Weekends are the days when most people go out, so if you're wanting to keep your relationship quiet, it's better to stay in. If you and your partner want to do things together out in public, there always is a risk of seeing somebody you know. Have day dates (if you can) or go out during the weekday, when most people are at home!

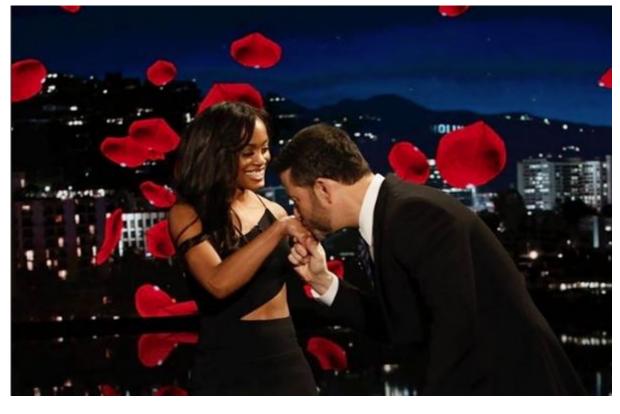
Related Link: <u>Celebrity News: Katie Holmes Says She Has No Regrets</u>

**3. Don't talk:** Loose lips sink ships! If you feel like your best friend or members of your family will spread the news of your new relationship to everyone in their general vicinity, don't share it with them! It's your relationship so if you're not ready to talk about it — you don't have to.

How have you kept your relationship on the down-low? Share with us below!

### Celebrity News: Source Says Beyonce Struggled to Trust Jay-Z After Cheating Scandal





Вν

#### <u>Jessica Gomez</u>

Couples therapy and their daughter Blue Ivy are the reasons why <u>Beyoncé</u> was able to remain in her nine year marriage with <u>Jay-Z</u>, a source told <u>People.com</u>. Queen B struggled to trust her husband again after his infidelity, like many of us would. "It took Beyoncé a long time to trust again. She was struggling to move on and forgive. But keeping her family together was very important," the source said. The <u>celebrity</u>

couple are now back to a happy marriage, according to the source, making <u>celebrity news</u> and relationship goals.

This celebrity news isn't surprising, given that cheating is a violation of trust. What are some ways to regain lost trust in a relationship?

### Cupid's Advice:

Once trust is lost, it's hard to get it back. But it's possible. Cupid has some <u>love advice</u>:

1. It takes two of you to rebuild trust: Both the person who is forgiving the other and the one that is working to mend the trust they broke have to work on it. You both have to meet each other half way to rebuild what was lost. And remember, Rome was not built in a day.

Related Link: Selena Gomez Breaks Silence on Split from The Weeknd & Reunion with Justin Bieber

2. Be honest with one another from here on out: Honesty is always key to making a relationship work. A way of proving yourself to one another is to not lie. If one partner or both partners continue to lie to one another, it will not work, and the path to rebuilding the trust will get much more difficult. Be truthful and be open. Communication is key.

Related Link: Minka Kelly Shuts Down Jesse Williams Cheating Rumors

**3. Can you forgive? Can you prove yourself?:** Lots of thinking and evaluating needs to happen! Before trying to rebuild the trust in a relationship, you both need to ask

yourselves something: Can I forgive him or her? Can I prove my loyalty again after violating his/her trust? If the answers to these questions are yes, then let the mending begin. If not, it's time to let go.

Usually there is that moment when we realize that we trust the other person again or that we've gained their trust back, what was that moment for you? Comment below!

### Celebrity News: Meghan Markle Will Attend Christmas Church with Royal Family





Jessica Gomez

In <u>celebrity news</u>, Meghan Markle will officially be joining Prince Harry and the royal family for Christmas, according to <u>UsMagazine.com</u>. "You can expect to see The Duke and Duchess of Cambridge, Prince Harry and Ms Markle at Sandringham on Christmas Day," said a Kensington Palace spokesperson. Markle does not have family in the UK, but the Royals are practically her family now due to the <u>celebrity couple's</u> engagement. They are currently planning their royal <u>celebrity wedding!</u>

Megan Markle is adapting to royal traditions. What are some ways to combine holiday traditions with your partner's? Cupid has some advice!

### Cupid's Advice:

Adopting another person's traditions can be hard, especially if you and your partner aren't into the same things. It could be religious traditions that drive you nuts, or maybe your partner is a Scrooge, but transitioning from just your family's holiday traditions to your S.O.'s is hard. Read Cupid's advice to help you and your love have a stress-free holiday:

1. Be flexible: A consensus is ideal, but many times we have to compromise or make certain sacrifices. Plans can also be modified to accommodate both parties. Do what you can do, but remember to accept what you may not be able to change. Also, don't forget to keep a positive mind!

Related Link: <a href="Prince Harry & Meghan Markle's Wedding Venue and Date Revealed">Prince Harry & Meghan Markle's Wedding Venue and Date Revealed</a>

2. Plan: Planning is essential. Planning is life (being a little dramatic, but for good reason). Start your planning ahead of time, and keep an open line of communication. Figure out what you both prefer and what you both are willing to compromise on.

Related Link: <a href="Prince Harry Asked Meghan Markle's Mom for Permission Before Engagement">Permission Before Engagement</a>

3. Be patient and open-minded: It's easier said than done, but during this integration process, you must be both patient and open-minded. Remember, that after all your planning and compromises, you will still have a magnificent holiday with the ones you love. Change does not equal a bad experience. Many times, change is good.

What are some ways you and your significant other have adapted to combine each other's holiday traditions? Comment below!

# Celebrity News: Robert Pattinson Spotted Holding Hands with a Mystery Blonde Post FKA Twigs Split





Βv

### Rachel Sparks

Twilight star Robert Pattinson has been seen holding hands with another woman just a few months after the split with celebrity ex FKA Twigs. According to <u>UsMagazine.com</u> the couple attended Seth MacFarlane's annual holiday party together. The identity of the mystery blonde remains unknown. Pattinson

admitted that his engagement with FKA Twigs was not totally amicable towards the end as believed. Privacy and scheduling conflicts created tension for the <u>celebrity couple</u> towards the end.

This celebrity news seems to mean that Robert Pattinson is moving on. How do you know when it's time to give up hope of returning to your ex?

### Cupid's Advice:

Returning to an ex is great. They know exactly what you like, how to treat you, what your interests are, and, more than likely, the two of you are great friends. Getting back with an ex can be like returning home. If the two of you agreed to take a break and ended on friendly terms, it's normal to wait to jump back into dating because you want to wait for your ex. Sometimes, though, it's more important for you to move on. Read Cupid's <a href="love advice">love advice</a> to help navigate those tough relationship waters:

1. You're ready for a relationship: This is the ultimate way to know when to move on, whatever the circumstance. If you're feeling great about life, what you have, who you are, and you're ready to share that with someone, don't wait for your ex. Love never follows a predictable path. You may be sad to be moving on when there seemed to be promises of returning to your ex, but you deserve your own happiness.

Related Link: Celebrity Break-Up: Robert Pattinson & FKA Twigs Split, But Maybe Not for Good

2. The problems haven't resolved themselves: Couples take a

break for a reason. If those reasons haven't been resolved, returning to an ex will only start a cycle. Whether it's scheduling or distance or something else together, don't go back until you feel you can give the relationship a fair shot. If the problems won't ever go away, it's definitely time to start fishing for something new.

Related Link: Celebrity Couple News: Robert Pattinson Says
He & FKA Twigs Are Still 'Kind of' Engaged

3. You're ok seeing your ex with someone else: The penultimate way to know you're past your ex: seeing (or imagining) them with someone else doesn't get you fired up. It's not fair to a new relationship if you're still harboring feelings for your ex. If you're truly past them, there's no reason to hold onto the hope of a reunion if that's not where you see love.

How have you decided it's time to move on from an old relationship? Share your own relationship advice below!

### Celebrity Couple: Dakota Johnson & Chris Martin Are 'Definitely Dating'





#### Rachel Sparks

The Fifty Shades of Grey actress Dakota Johnson is a part of a new <u>celebrity couple</u>! A source confirmed to <u>UsMagazine.com</u> that Johnson and Chirs Martin are "definitely dating." The couple has been spotted on two public dates in just as many months. Cold Play singer Martin asks Johnson for her opinion on his music and Johnson asks her celebrity boyfriend his opinion on her upcoming projects. The couple just recently came back from a trip to Israel together.

This celebrity couple just came back from a romantic getaway together. When is it too soon in a relationship to plan your own?

### Cupid's Advice:

Romantic getaways are great, without a doubt. Sure, plans may

fall through, it may be raining and you totally forgot to bring any rain gear, but traveling somewhere with just your love is a terrific bonding experience. But when is it too soon to get away with your partner? Read Cupid's relationship advice to learn when you should start planning your own couple's vacay:

1. Do you know how to spoil them: A romantic getaway is all about appreciating your partner, celebrating your relationship together, and expressing your love. How does your partner like to be appreciated? If you don't know this yet it may be too soon to get away. That's the whole point of these mini vacations!

Related Link: Romantic Getaway: 8 Affordable Destinations to Escape the Cold

2. Relaxers or adventurers: You imagine drinking mojitos on the beach but your S.O. is that person parasailing. Spending time apart is healthy for relationships, but if you're looking for a weekend of 24/7 time with your partner, make sure you both have the same goals for the vacation.

Related Link: <u>Top 5 Most Luxurious Romantic Getaways in the United States</u>

3. Common Intentions: Ultimately, no time is too soon for a romantic getaway if you both agree you're ready. While they can be silly, exciting, or serious, what you both bring out of it is up to the two of you. Make sure your intentions for your relationship are clear, along with what you would like to see out of your getaway.

Have you gone on a weekend trip with a partner before you were ready? Is there such thing as too soon? Share your own love advice below!

### Celebrity News: Taylor Swift & Joe Alwyn Dance Together at Jingle Bell Ball





Βv

### Karley Kemble

After taking time out of the spotlight, <u>Taylor Swift</u> has had quite a public 2017! In the latest <u>celebrity news</u>, Swift and her current boyfriend, actor Joe Alwyn were spotted getting cozy at this year's Jingle Bell Ball in London. According to <u>UsMagazine.com</u>, fans spotted the pair dancing, swaying, and sharing kisses during Ed Sheeran's set at the concert. Swift was a performer at the show, too, and sang some of her latest

hits from her recent album *Reputation*. Sources have also reported Alwyn was seen dancing and singing while watching his girlfriend on stage! The <u>celebrity couple</u> has kept a lower profile than some of Swift's past romances, but it's likely they began dating earlier this year.

## In celebrity news, this sweet duo is keeping things romantic. What are some ways to keep the spark alive in your relationship?

#### Cupid's Advice:

Regardless if you have been with your partner for a matter of months or many years, it's important to keep the spark alive! If you're looking for different ideas to reignite the romance, Cupid has some tips for you:

1. Surprise each other: Never underestimate the power of a random surprise. Leave a cute note in the pocket of their jeans or in the glove box of their car. The more seemingly random your hiding spot is, the bigger the surprise will be!

Related Link: Celebrity Couple News: Taylor Swift & BF Joe Alwyn Go on Double Date with Blake Lively & Ryan Reynolds

2. Embrace spontaneity: We are creatures of habit, and it's easy to feel attached to routine. Your relationship should never feel like a chore! Instead of doing the same thing you always do, say "yes" to new experiences. Do something together that is totally out of your comfort zones because it will bring you two closer together. Spontaneity almost always leads to memorable moments, too!

Related Link: Celebrity Couple News: Find Out More About Taylor Swift and Joe Alwyn's Undercover Romance

3. Do things on your own: Now before you jump to conclusions, hear us out! Yes, this does sound counterproductive. How could spending time alone possibly bring you and your partner together? Perhaps your partner doesn't like the same things as you — that's okay. Think about this: allowing each other to spend time apart gives you more to talk about. What is better than seeing somebody you love talk about something they're passionate about?

How have you kept romance within your relationship? Let us know below!

### Celebrity Couple The Weeknd & Bella Hadid Are 'Still Totally in Love'





#### Rachel Sparks

Is a reunion of this <u>celebrity couple</u> on the horizon? We hope so! A source told <u>UsMagazine.com</u> that <u>celebrity exes</u> The Weeknd and Bella Hadid "have been talking, texting, and FaceTiming each other pretty consistently" since he and <u>Selena Gomez</u> broke up. The source continued to say that The Weeknd and Bella Hadid are still in love with each other.

## This recently reunited celebrity couple are finding love once again. What are some benefits to rekindled love?

### Cupid's Advice:

At some point we all have wanted to get back together with an ex. It's normal. They know you and what you like and they're familiar and safe. While getting back together with an ex

doesn't work for everyone, there are times that it can be the exact romance that you want in life. It all depends on your past with your ex. Was the breakup irreconcilable? You alone know what's best. Cupid has the <u>relationship advice</u> to help you decide:

1. You know each other: The best relationships are the ones where your partner knows you inside and out. They know your buttons and your insecurities, but they love you anyway. They know what makes you happy, how your brain works, you dreams, and how to support you. If your ex was great at all of these things, going back to that relationship can actually be a good thing.

Related Link: Celebrity News: The Weeknd Hangs Out with Justin Bieber's Ex Post-Selena Gomez Split

2. You're friends: Romantic relationships work best when there's a solid foundation as friends. Sure, friends becoming romantic partners doesn't always work out, but romantic partners need to be friends through it all. If your friendship never ended with your ex, consider going back. No matter what dating advice says about dating an ex again, you will know if you're ready for that kind of thing and if it will be good for you both.

Related Link: <u>Celebrity News: Surprise! The Weeknd & Bella Hadid Are Hanging Out Again</u>

3. A chance at redemption: We've all messed up at relationships. We've all been too young, too immature, too inexperienced and regretted the outcome. When you go back to an ex, you're still the same people, but a little older and wiser. Sometimes that's all you need to make something a success. When you go back to an ex, make sure it's for the right reasons and that you're fully committed to making it work. Who knows, the person who was once an ex could become the love of your life and your future spouse. Treat them as if

they could be.

Have you gone back to an ex? Share you dating advice below!

### Celebrity News: Kate Hudson Reveals She Met Boyfriend Danny Fujikawa While Pregnant with Son Ryder





Βv

Jessica Gomez

Kate Hudson and beau Danny Fujikawa have known each other for

15 years, although they made their red carpet debut as a couple in May, according to <u>UsMagazine.com</u>. Celebrating the couple's first date anniversary, Hudson revealed via Instagram Sunday that she was pregnant when she met her love. "The first time I met Danny I was 23 and enormously pregnant with Ryder," wrote Hudson, along with other sweet details on the <u>celebrity couple's</u> history before making their relationship official.

This celebrity news has us wondering about on and off relationships. What are some factors to consider before continuing with this type of relationship?

### Cupid's Advice:

When in an on and off relationship, you must consider certain things. Cupid has some <u>dating advice</u>:

1. What's the reason for turning down the heat?: Is it something minuscule or something worth a break up, like lack of trust? Sometimes an on and off relationship will be just that, on and off all the time. Make sure neither of you are quick to end it, just to get back together right away without fixing a thing — this will make the break-ups seem less serious and will probably make them occur often.

Related Link: Nina Dobrev & Glen Powell Taking Time Apart Amid Busy Schedule

2. Did the time apart do you both any good?: If a couple is breaking up or putting things on hold, then they should be

growing during that time apart. What's the point of breaking up and getting back together if everything remains the same?

Related Link: <u>How Jennifer Lawrence & Darren Aronofsky's Age</u>
Difference Led to Their Split

3. Can your problems be worked through?: Unfortunately, not all problems can be fixed. Sometimes, things just don't work out. Evaluate the problems between you and your significant other, and decide together whether your issues can be mended or if the relationship is just too broken.

Have you ever been in an on and off relationship? How'd it go? Comment below!

### Celebrity Couple News: Kristen Bell & Dax Shepard Rent a Roller Skating Rink for Date Night





Jessica Gomez

In <u>celebrity news</u>, <u>Kristen Bell</u> and her hubby Dax Shepard were looking cute as ever Saturday while roller skating with friends, according to <u>EOnline.com</u>. Bell posted several photos on Instagram of the <u>celebrity couple</u> enjoying their time together at the Moonlight Rollerway rink in Glendale, north of Los Angeles. Bell and Shepard have been married for four years (since 2013) and have been together for 10 (since 2007). Adorbs!

## This celebrity couple is super cute! What are some creative date night ideas, much like Kristen and Dax's rollerskating date?

### Cupid's Advice:

Creating a bucket list is always a great idea because when in doubt, you can just randomly pick and have your date. Cupid

has some date ideas:

1. Feeling adventurous? Go camping: Time surrounded by the beauty of nature with your significant other is a bonding experience, and will of course make you bond with mother nature! You can also explore together with your cameras!

Related Link: Famous Couple Kristen Bell and Dax Shepard Plan
Date Nights Mathematically

2. Feeling hungry? Enroll in a cooking class for two, or conduct your own at home: Yummy food combined with the experience of making it together — uh, awesome! If you want to have your own cooking session in private, look up a video online, shop for some ingredients — and poof, your own cooking class from the comfort of your own home!

Related Link: <u>Kourtney Kardashian & Younes Bendjima Getting</u>
<u>Very Serious and Enjoy Date Night in L.A.</u>

3. Feeling artsy? Join a pottery class or sign up for a paintand-drink session at a bar: Making art is fun on its own, and it gets even better when doing so while tipsy with your love. It might teach you something you didn't know about your significant other, too!

Creative dates are what you make them — do things you haven't done before! What are some creative dates you've been on or want to try? Comment below!

# Celebrity News: Selena Gomez Breaks Silence on Split from The Weeknd & Reunion with Justin Bieber





Ву

### Karley Kemble

<u>Selena Gomez</u> is finally opening up about her recent romantic reunion with <u>Justin Bieber</u>! Gomez and Bieber were once infamous for their on-again-off-again romance, but the singer has a positive attitude about her <u>celebrity relationship</u> this time around, reports <u>UsMagazine.com</u>. In a recent interview with *Vanity Fair*, the singer spoke candidly about her past and present feelings for Bieber, saying, "I cherish people who have really impacted my life. So maybe before, it could have

been forcing something that wasn't right. But that doesn't mean caring for someone ever goes away." She also revealed that there are no hard feelings toward The Weeknd, and that the celebrity exes remain best friends.

This <u>celebrity news</u> is something a lot of fans have been waiting for! What are some benefits to being open about your relationship triumphs and woes?

#### Cupid's Advice:

Being open about your relationship has many benefits that not only help you, but also help others. Check out these tips from Cupid:

1. It's mature: There is a certain maturity that comes from being open about your woes. Nobody has a perfect relationship that is free from conflict. Being honest about your past mistakes and showing an active desire to change and grow is very mature. People will respect you and shouldn't look at you any differently!

Related Link: Celebrity News: Selena Gomez's Family Is 'Still Getting Comfortable' With Her Justin Bieber Romance

2. It's therapeutic: Sometimes, you need a listening ear to help process your feelings and emotions. When you talk to your close, inner circle about the good and bad parts of your relationship, you're allowing yourself to be vulnerable — which isn't always easy to do. It is also super beneficial to your mental health and wellbeing, and you'll have a newfound clarity in due time.

Related Link: <u>Celebrity News: Selena Gomez Snuggles With Her Pup at Justin Bieber's Hockey Game</u>

3. It's helpful to others: We're all familiar with the saying "everyone has something going on." We are naturally inclined to conceal the ugly parts of our lives, so you might not even realize one of your coworkers or close friends are going through a rough patch! Sharing your story is helpful to others who are facing similar situations, whether it's intentional or not.

What are some other benefits of being open about your relationship? Let us know below!