

Celebrity News: Jen Harley Posts Pics of Jersey Shore's Ronnie Ortiz-Magro With a New Girl



By

Meghan Khameraj

In [celebrity news](#), Jen Harley opened up about her rocky [celebrity relationship](#) with *Jersey Shore* star Ronnie Ortiz-Magro. According to *UsMagazine.com*, Harley posted several Instagram stories calling out Ortiz-Magro for his infidelity. Harley claimed that one picture showed a woman with her arms around Ortiz-Magro. A source for *UsMagazine.com* defended Ortiz-Magro, stating, "Ronnie did not cheat. That girl is a friend of his and that was from a boat party on Monday with a

bunch of people.” Ortiz-Magro’s infidelity wasn’t the only thing Harley revealed. She also claimed that she has been “bullied and abused” by Ortiz-Magro, MTV, and the cast of *Jersey Shore: Family Vacation*. This isn’t the first time the [celebrity couple](#) has hit a bump in their relationship. During the filming of *Jersey Shore: Family Vacation*, Ortiz-Magro brought two different women home, which Harley also called out on her Instagram. Though the pair has been coming for each other’s throats lately, they have been on speaking terms for the sake of their 17-month-old baby, Ariana Sky.

In celebrity news, the drama isn’t over between these this Jersey couple. What are some ways to keep the drama after a split to a minimum?

Cupid’s Advice:

Ronnie Ortiz-Magro and Jen Harley have hit yet another bump in their relationship. Though their dirty laundry has been exposed to the world, the couple needs to maintain a civil front for the sake of their daughter. Cupid has some advice that will help you avoid any unnecessary tension between you and your ex:

1. Talk it out: It’s better to get all of your feelings out early so they don’t sneak up on you after you and your ex have made amends. Take some time and talk about the things in your relationship that really bothered you. The key to successfully airing out your grievances is to always keep it civil.

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2. Communicate only when necessary: Don't hit your ex up to hang out or update them on your personal life. If you need to talk to your ex make sure you only do so when you absolutely have to. For many couples, this may be the case if you share children or pets.

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3. Focus on yourself, not your ex: We're all guilty of creeping on an ex's social media profile. While that might be comforting in the early stages of a breakup, you shouldn't spend your time wondering what they are doing. Focus on bettering yourself in your spare time instead of checking their tagged photos!

Do you maintain contact with any of your exes? Let us know in the comments below!

Celebrity News: Brody Jenner is 'Happy' for Miley Cyrus & Ex Kaitlynn Carter





By

Hope Ankney

Three cheers for supportive exes! In [celebrity news](#), Brody Jenner is speaking out about his ex, Kaitlynn Carter, and her new fling with [Miley Cyrus](#). According to *UsMagazine.com*, Jenner is “happy that Kaitlynn’s moved on and found love.” The two [celebrity exes](#), reportedly, have no hard feelings towards one another. They had a clean split that helped them to stay close friends, allowing Jenner to not be bothered by Carter and Cyrus’s relationship.

In celebrity news, Brody Jenner isn’t holding any ill will toward his ex, Kaitlynn Carter and her new relationship with Miley. What are some ways to keep jealousy at bay when your ex moves on?

Cupid’s Advice:

Even Hollywood's stars go through jealousy after break-ups. It's a normal feeling to have, especially after seeing an ex with someone new. Jealousy can consume, but it doesn't have to be that way. Fortunately, Cupid has some [relationship advice](#) on how to keep the eye of jealousy away when your ex has moved on:

1. Distract yourself: Keeping one's mind busy after seeing an ex with a new fling is an important step in keeping jealousy at bay. Distraction can be your best friend when all else fails, and you just need time to turn your brain off from it all. Throwing yourself into a new hobby, double-downing at work, or even spending more time with friends could be the perfect way to keep your mind from wandering to your ex and the person they're with.

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2. Try to bring closure to the relationship: Many studies state that journaling, venting to loved ones, and creating arts and crafts are just some things that bring closure after a break-up. By creating a safe space where you can let out all your feelings without judgment, the less likely you'll become jealous and act on that jealousy. It could also help you find out more about where this jealousy is stemming from, and how you can de-construct it.

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3. Embrace your 'wins:' Break-ups take such an emotional toll on us. It's even worse when it seems like they've moved on before you. You've got to learn to let go by discovering all the 'wins' that the relationship gave you. By studying the positive sides of the relationships and understanding that those things were 'wins' to you even if the relationship ended, it helps you come to terms with the loss before

jealousy overrides it. What did this person teach you about yourself? Did they encourage you to embrace something you wouldn't have otherwise? That's the 'win' that keeps the memory of the relationship positive.

Have you ever had to overcome jealousy after you saw an ex with someone new? How did you do it? Sound off in the comments below!

Celebrity Divorce: 'Jersey' Shore' Couple Jenni 'JWoww' Farley & Roger Mathews Finalize Divorce





By

Meghan Khameraj

In [celebrity news](#), *Jersey Shore* couple Jenni 'JWoww' Farley and Roger Mathews has finalized their divorce after announcing their separation in September 2018. Farley and Mathews share two children, daughter, Meilani, 5, and son, Greyson, 3. This [celebrity divorce](#) won't be ugly, according to a source for *UsMagzine.com*, "the former couple has put their differences aside for the sake of their children." Mathews even attends the same family events as Farley's new boyfriend. The former celebrity couple is committed to maintaining an amicable relationship for the sake of their kids.

This celebrity divorce has been finalized. What are some ways to re-build after a divorce?

Cupid's Advice:

Even celebrity divorces can take a lot out of the couple in question. It can be hard to think about moving on and re-

building your life. Cupid has some tips:

1. Talk it out: Understanding why your relationship didn't work out will help you avoid awkward and potentially hurtful conversations with your ex. Avoid the drama and be honest with your former partner. Understand their point of view and their feelings so you can both move past it.

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2. Keep it civil: Break-ups can be nasty and it can be painful to have any sort of relationship with your ex. However, don't take your frustrations out on your former partner, instead, express your feelings calmly to figure out how you can maintain a relationship with your ex.

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3. Move on: Don't spend time dwelling on the past and don't think you might get back together. Take your time to heal from the breakup but also under that the romantic relationship is over and now you must move on to a more amicable relationship.

What are some other ways you can re-build a relationship? Let us know in the comments below!

Celebrity Break-Up: Find Out Why Katie Holmes Ended

Relationship with Jamie Foxx



By

[Ashley Johnson](#)

In the latest [celebrity break-up](#) news, [Katie Holmes](#) officially made solidified her split from Jamie Foxx after six years, on Monday, August 19. Just four days earlier, Foxx had been spotted out with a mysterious blonde, and then not too long after was spotted with singer Sela Vave in Hollywood. According to *UsMagazine.com*, a source said, "It has been many years of him stepping out with other women. He's disrespectful and their lives were different. His partying ways don't fit with hers as she's focused on raising her daughter and working."

In celebrity break-up news, Katie Holmes had her reasons for breaking things off with “disrespectful” Jamie Foxx. What are some ways to know your partner is respectful?

Cupid's Advice:

Break-ups can be hard, especially when it involves [Hollywood couples](#) in the spotlight. Luckily, Cupid is here to give you [relationship advice](#) on how to know if your partner is respectful, so you can avoid having relationship problems like Katie Holmes and Jamie Foxx:

1. Makes room for 'quality time': Everyone has busy lives and a multitude of responsibilities to deal with on a daily basis. However, if you and your partner can prioritize your relationship and make time for each other, that shows you two truly respect the relationship. You can tell your partner really makes an effort to spend quality time with you when they stick to important plans and don't constantly try to reschedule, or when they make an effort to show up on time for special events.

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2. Appreciates your differences: Each and every one of us are different: we all have different personalities, pet peeves, needs, desires, etc. While it is unlikely that you and your partner are going to agree on everything or have the same exact perspective, it is important that you and your partner embrace the differences between each other. If your partner really respects you they will try to understand your way of thinking, if not completely agree with it... they may even learn

something new if they are willing to appreciate the differences between you two, rather than discourage them.

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3. Supports your goals: Your partner should be your #1 supporter, and if they are not, maybe they are not the best person for you to share your life and dreams with. Having a support system and someone who believes in you is essential in any relationship. If your partner doesn't rain on your parade and does nothing but shower you in love and support, then they are probably a keeper.

Can you think of any other ways to know if your partner is respectful? Share them with us in the comments below!

Celebrity Break-up: Miley Cyrus & Liam Hemsworth Split Less Than 8 Months After Wedding





By

[Katie Sotack](#)

It “came in like a wrecking ball” for [Miley Cyrus](#) and Liam Hemsworth fans. Following a surprise reunion and hasty marriage, the couple’s time together has ended in divorce. According to *UsMagazine.com*, the couple is happier focusing on themselves and their careers. The marriage lasted less than eight months before the relationship grew too rocky. The [celebrity news](#) was a shock to fans hoping that the *Last Song* costars real life love affair would work out.

Miley and Liam announced their celebrity break-up as she enjoyed an Italian vacation with friends. What are some tips for announcing your break-up to family and friends?

Cupid’s Advice:

Aside from the pain of the actual breakup, you'll find it's time to deal with telling the masses. If friends and family knew them well this can very difficult news to break. Here are some relationship tips to ease the tense news:

1. Bring everyone together: Instead of doing a world tour to tell your family and friends, make the news a one night show. Invite those close to you over for dinner, ply them with wine, and fess up.

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2. Ease them into it: Divorce and break-ups don't just happen, but it can feel that way to those who know you. Be honest about the dissolution of your relationship and the negative effects it was having on you near the end.

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3. Focus on you: Your loved ones may have a lot of opinions, but remember that this was your relationship. Do not let their suggestions or criticism persuade you from knowing this breakup was right. Look out for yourself while reassuring their feelings.

How do you break the news for your breakup? Share in the comments below.

Celebrity Couple News: 'Real

Housewives of Atlanta' Star Porsha Williams & Dennis McKinley Back Together After One Month Split



By

Ashley Johnson

In celebrity couple news, *Real Housewives of Atlanta* star Porsha Williams was recently seen wearing her wedding ring again, according to *EOnline.com*. It has been one month since the [reality TV star](#) split from her husband Dennis McKinley, but they have decided to give their relationship a second chance and take it one day at a time.

In celebrity couple news, Porsha and Dennis have rekindled things after one month apart. How do you know whether to give your ex a second chance?

Cupid's Advice:

We are wishing the celebrity couple well in their reunion, however not all relationships deserve a second chance, and there are factors to be considered before jumping right back in with your ex. Cupid has some [love advice](#) on how to know whether to give your ex a second chance like the *Real Housewives of Atlanta* stars:

1. Your brain and your heart match up: Feelings can be overwhelming and a lot of the time you may get lost in them. The heart wants what it wants, but the brain has a different agenda. While the care may still be there for your ex and old feelings may even resurface, following your heart can come with its consequences. If your heart is invested, but your brain is showing you all the red flags, then you should be very cautious before giving your ex that second chance.

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2. You both have grown: If you both have grown, that means that you both are different people than when you first met, and that also means you both are able to move on from the past. Sometimes you may hold grudges against your ex for certain relationship problems in the past, but if you and your ex are genuinely able and willing to forgive each other, then you can begin anew with each other.

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3. You see your ex in your future: You always want to move forward, not backward. Just because your ex may have been a good portion of your past, does not always mean that they should be a part of your future. However, if you are both on the same page this time around and have the same wants and needs in a relationship, then you can consider keeping them in your life for a better future together.

Can you think of any other ways how to know whether to give your ex a second chance? Let us know in the comments below!

Celebrity News: 'Bachelorette' Hannah Brown Says 'Thank You, Next' to Questions about Tyler Cameron & Gigi Hadid





By

Ashley Johnson

In a [celebrity interview](#) with *UsMagazine.com*, Hannah Brown made it clear that she is ready to take on life as a single woman after her [celebrity break-up](#) with Tyler Cameron. The reality TV star says she is focused on exploring her new opportunities as a single woman and is ready to move forward from *The Bachelorette* with or without a man.

In celebrity news, Hannah isn't letting anyone draw her into talks surrounding Tyler Cameron's dating life. What are some ways to move on when you see your ex moving on?

Cupid's Advice:

While all celebrity relationships do not last, the relationship you have with yourself does. We are rooting for Hannah in her new journey! Cupid has some advice on how to

move on from an ex like Hannah Brown and many other single celebrities:

1. Focus on yourself: Self-care is always the best way to go. When we take care of ourselves and give ourselves all the love and affection for a change, we realize just how much we needed it and realize that self love is enough. Focusing on yourself and taking the time to heal on your own can help you rediscover yourself and learn more about who you are. You can learn more about your likes, dislikes, and everything in between.

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2. Enjoy your hobbies and friends: Just taking the time to do things you enjoy again can remind you what you really value in life. You can now focus all your time and energy on everything you have ever wanted to do, whether it be painting, going to concerts, traveling the world, or spending more time with friends. Friends are there for you when you need them the most. They can help distract you from your ex and past relationship and can be a shoulder to lean on when you just need to vent.

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3. Take a break from social media: Focusing on yourself means you can't have any distractions. Social media is the easiest way to stay up to date with your friends, and unfortunately, your ex. With just one click you can get lost in your ex's feed. Being single means you now have time to focus on yourself, not your ex and their whereabouts. Embrace the distance from your ex... this may even mean blocking or unfollowing them on all social media for the time being.

Can you think of any other ways to move on when you see your ex moving on? Let us know in the comments below!

Celebrity News: Jordyn Woods Parties with Khloe Kardashian's Ex James Harden



By

[Katie Sotack](#)

It looks like more Kardashian exes are after Jordyn Woods! Model, Woods was seen partying at a Houston nightclub with NBA player James Harden, according to *People.com*. Celebrity exes [Khloe](#) and Harden ended things three years ago, but after Khloe's baby daddy Tristan Thompson made moves on Woods, the tensions between the superstar family and Jordyn over exes are high. Woods seems to be attracting all the same men as the

Kardashian sisters, as she was spotted with [Kim](#)'s ex Ray J as well. Though Woods claims she's as sorry and apologetic as she can be, Khloe maintains she never wants to see her again.

In [celebrity news](#), Jordyn Woods may be asking for more drama with Khloe Kardashian. What are some basic rules when it comes to friends' exes?

Cupid's Advice:

According to Khloe Kardashian, her friendship with Woods is totally over. Yet with feelings still webbed between the two and their exes, does girl code still apply? Here are the laws of the land when interacting with a friend's ex:

1. Not too friendly: Unless this ex was part of the friend group before your bestie started dating them, it's best to pull back from that budding friendship. Don't go around commenting on their Instagram posts and bar hopping with them. It's better to let your friend know they're your number one. This doesn't mean you have to hit the unfollow button or that you can't be social at parties. Just try not to be their closest confidant.

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2. Dating an ex?: You two really clicked and they might be, like, the love of your life. That doesn't make the situation as less tricky. Parse out if you *really* have feelings for this ex, that go beyond lust. Then if you're sure you need to be with them, go to your friend first. This doesn't mean you'll

be free and clear from any negative fall out, but your friend will respect that you didn't go behind their back.

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3. Take your friend's side: Even if you don't agree with their bitching they likely need to vent about the relationship. Don't use this time to point out that their ex wasn't all the bad. After the breakup let your friend blow off steam for the first few weeks. After that if they're still bitter, let them know it's not benefiting them to fret over the past.

How do you support your friend when you like their ex? Share in the comments below!

Celebrity Break-Up: 'Riverdale' Co-Stars Cole Sprouse & Lili Reinhart Split After 2 Years





By

[Katie Sotack](#)

Cole Sprouse and Lili Reinhart are over. After nearly two years of dating, the [celebrity breakup](#) was confirmed by multiple sources, according to *UsMagazine.com*. The pair, who play on-screen lovers Jughead and Betty on the hit teen drama *Riverdale*, appeared friendly at the *Entertainment Weekly* Comic-Con party two days ago. Reinhart even took a joking attitude towards her ex Sprouse and costar Apa, captioning a photo from the event, "Please don't put me between these two ever again."

In celebrity break-up news, it's splitsville for these *Riverdale* co-stars. What are some ways to continue working with your partner after a break-up?

Cupid's Advice:

Working with a ex? Yikes, that's some tricky territory. But, fear not! Cupid's got some sneaky ways to make the situation work out:

1. Purge: The number one way to rid yourself of negative feelings is to purge them out. Grab your friends and some drinks, or see a professional therapist. Any way that you can process both the bad and the good will be better for you in the long run. Once you've felt all the feels, it'll be easier to face your ex without pining or resentment.

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2. Respect: You're at work, so keep it professional! We've all had to work with someone we're not a fan of before, so use your professional coping skills. Plenty of celebrities have been in this position before, so find a role model pair you can look up to. Like famous exes and *The Office* co-stars Mindy Kaling and BJ Novak, remember that you're both there to do a job. Who knows, the professional attitude might lead to a friendship again.

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3. Heal: With the emphasis on professionalism, it's tempting to put your mental health on the back burner. Don't. Give yourself as much room and time to heal as you need. Seeing an ex every day is difficult. Admit that to yourself. Most of us like to click "unfollow" and forget their face. So, give yourself props for dealing with this hardship, and pamper yourself a little.

How do you deal with seeing your ex? Share in the comments below!

Celebrity News: JWoww Celebrates Daughter's Birthday with Her Boyfriend & Estranged Husband



By

[Emily Green](#)

In the latest [celebrity news](#), Jenni “JWoww” Farley and her estranged husband Roger Mathews celebrated their daughter Meilani’s 5th birthday this past Saturday, with Farley’s boyfriend, Zack Clayton Carpinello in attendance, according to *UsMagazine.com*. This former [celebrity couple](#) split in

September 2018 after three years of marriage, and have been working toward co-parenting their children together.

In celebrity news, it's the more the merrier for JWOWW's daughter's birthday celebration. What are some ways to play nice with your ex for the sake of your children?

Cupid's Advice:

Being on amicable terms with your ex is the ideal co-parenting situation for any parents. By remaining friendly with your former partner, your children can transition more smoothly into their own version of a typical day-to-day lifestyle. Cupid has a few ways to play nice with your ex for the sake of your children:

1. Ask them how they are doing: Simply asking how someone is doing can brighten their day and give them the sense that you truly care about what is going on in their lives. Whether you listen to them talk about their job, how they are feeling mentally, or even their newfound love life, it is important to show that you still care for your ex's well being, despite not being together anymore.

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2. Be supportive of their decisions: Just like you, your ex is a competent individual. Whether they decide to venture into a new career opportunity, or even begin to start dating a new person, let them know that you are supportive of them in their decisions, and they will do the same in return.

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3. Don't bring up any sensitive topics: It is important to remember that you and your ex broke up for a reason. If you're going to talk about the past, try to focus on the happy times, and not times where things were a bit rough. By focusing on the happier times, you and your ex will be able to stay civil for not on your children, but friends and family as well.

What are some other ways to play nice with your ex? Let us know in the comments below!

Celebrity News: Pamela Anderson's Ex Adil Rami Denies Abuse Allegations





By

[Emily Green](#)

In the latest [celebrity news](#), Pamela Anderson's ex boyfriend denied the allegations Anderson recently made against him claiming that he abused her during their relationship, according to *UsMagazine.com*. This former [celebrity couple](#) announced their split on June 25 in a post on Anderson's Instagram, saying "It's hard to accept. The last (more than) 2 years of my life have been a big lie."

This celebrity news has drama written all over it. What are some ways to avoid drama after a tough split?

Cupid's Advice:

A break up with a significant other is never easy, especially if it wasn't mutual. While sometimes drama comes with the breakup, it is always possible to sit down and talk with your

ex to work out your issues before you go your separate ways so there are no bad feelings residing. Here are a few of Cupid's ways to avoid drama after a tough split:

1. Assess the situation: Sit down with yourself and do a bit of self reflection- what exactly is leading to this break up? How have you reacted to things? How has your partner? Find the root of your worries and think about how you want to address them with your ex, so you can work out those feelings before anything gets out of hand.

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2. Leave the past in the past: The past is the past for a reason. Every day you grow into a new and better version of yourself, you are not who people may believe you once were. Focus on the here and now, and who you are today.

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3. Stop pleasing others: There is always a reason for every break up. If you decide to split from your partner because it was not right for you to be with them anymore, so be it! You have to do what is best for you and only you, no matter what others may say or think.

What are some other ways to avoid drama after a split? Let us know in the comments below!

Celebrity Break-Up: Allison

Williams & Husband Ricky Van Veen Split After 4 Years of Marriage



By

[Bonnie Griffin](#)

In [celebrity break-up news](#), after almost four years of marriage, Allison Williams and Ricky Van Veen have split. According to *UsMagazine.com*, the [celebrity couple](#) gave a joint statement saying, "With mutual love and respect, we have made the decision to separate as a couple." Reports say the two have been living apart. It is nice to see they were able to split on friendly terms.

This celebrity break-up comes after four years of marriage. What are some ways to know your marriage has cracks that can't be fixed?

Cupid's Advice:

Sometimes what seems like the best of marriages run into issues that create cracks in the relationship and cannot be repaired. This celebrity couple made the decision to separate while they were still able to be friends. Cupid has some tips to help you decide if the cracks in your marriage are beyond fixing:

1. You live life like you're single: If you're married and either you or your partner are essentially living separate lives, it may be a sign that your marriage is beyond fixing. As partners, you should be putting each other first, and enjoying spending time together. If you are both spending most of your time apart, and making decisions without considering your spouse first, it's a good chance your marriage may be nearing the end.

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2. Thinking of your spouse with someone else doesn't hurt: Your spouse should be your priority; someone you want to spend time with and who you want to prioritize the love between the two of you. If you think they may be spending time with someone else and that doesn't bother you or make you sad, then your marriage is hurt and this may be a sign it is cracked beyond repair.

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3. You stop having sex: Sex isn't everything, but when you're married, it is something. It isn't necessary that you have sex several times a day or even weekly, but if months go by and neither of you is interested in having sex, this is a bad sign. It is a definite sign that your marriage is not looking so great.

What are some things you look out for when determining if a relationship has run its course? Let us know your thoughts in the comments below.

Celebrity Break-Up: 'Bachelorette' Jed's Ex Haley Cries After Learning He Allegedly Cheated





By

[Bonnie Griffin](#)

In [celebrity break-up news](#), country singer Haley Stevens learns that *Bachelorette* frontrunner, Jed Wyatt, allegedly cheated on her. According to *UsMagazine.com*, Stevens learned of the alleged affair on an episode of the *Reality Steve Podcast*. Steve revealed that Jed allegedly cheated right after the couple took a trip together to the Bahamas. The news brought Stevens to tears. Sadly these [celebrity exes](#) did not have an equally committed relationship, and Stevens is feeling the pain of Wyatt's betrayal.

In celebrity break-up news, *The Bachelorette* drama between Jed Wyatt and his ex Haley is far from over. What are some ways to know your partner is committed?

Cupid's Advice:

Sometimes it can be hard to tell if your partner is as committed to your relationship as you are. When you care for someone deeply you want to know that they are in it as much as you. There are signs you can look out for if you want to know if your partner is committed. Cupid has some advice to help you decide if your partner is committed:

1. You enjoy spending lots of time together: Life is busy, but at the end of the day you and your partner should be spending the majority of your free time together. Not only should you be together, but you should be content and happy to be around each other and genuinely enjoy each other's company.

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2. You talk about your future together: Both of you spend time planning a future together. You make plans that take each other into consideration because you want the other person to still be in your life months and years down the road.

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3. You're a top priority: You should have social lives and friends, but when push comes to shove if your partner is committed then they should put you as a top priority. Your happiness and well-being should outweigh hanging out with friends; you should come first.

What are some things you look for when deciding if your partner is committed? Let us know your thoughts in the comments below.

Celebrity Break-Up: Bradley Cooper Enjoys a Boys' Night in L.A. After Irina Shayk Split



By

[Bonnie Griffin](#)

In the latest [celebrity break-up news](#), [Bradley Cooper](#) and Irina Shayk split. According to *EOnline.com*, Cooper “was spotted with pals at the Sunset Tower Hotel in West Hollywood, California on Monday evening.” After four years together, the [celebrity couple](#) called it quits a few days earlier, and it looks like Cooper was happy to spend some time with his friends to blow off the stress of the break-up.

In celebrity break-up news, Bradley Cooper shook off some split stress with a night out on the town with his guy friends. What are some ways to cope with a very recent split?

Cupid's Advice:

Break-ups can be stressful and often come with a lot of heartaches. The best ways to cope with a recent split can be different for everyone, from hanging out with your friends to eating ice cream from the carton. Cupid has some advice on coping with a recent break-up:

1. Lean on your friends: Sometimes the worst thing you can do after a split is to sit at home alone and dwell on the past. Take this time to spend time with your friends. Go out, dance, and let them help you take your mind off of your break-up; let them be there for you the way you'd be for them if the roles were reversed.

Related Link: [Celebrity Break-Ups: Lady Gaga Breaks Silence on Split from Ex-Fiance Christian Carino](#)

2. Stick to a routine: A break-up can make you feel like the rug has been pulled from beneath your feet. It can be easy to get lost in your sadness and focus on the loss, but sticking to a schedule will help you avoid getting lost in a long crying abyss even if it is something as simple as setting your alarm, taking a shower at a specific time each night, or whatever helps you keep moving forward.

Related Link: [Why Fans Think Lady Gaga Is Defending Bradley Cooper After Celebrity Break-Up](#)

3. Express yourself: Feeling lonely or upset and sad is normal

after splitting with your partner. Take some time for yourself and find a way to express your feelings; don't keep them bottled up because you could wind up exploding when you least expect it. Draw, paint, or just keep a journal so that you can get your feelings out in a healthy way.

What are some ways you cope after a break-up? Let us know in the comments below.

Why Fans Think Lady Gaga Is Defending Bradley Cooper After Celebrity Break-Up



By

Katie Sotack

Recently, news of Bradley Cooper's [celebrity break-up](#) with Irina Shayk broke. According to *EOnline.com*, rumors had been flying that Cooper's *A Star Is Born* costar Lady Gaga contributed to the couple's tension and demise. Gaga, who was performing in Vegas when news of the split arose, gave a speech about trying to change others before singing her and Cooper's duet, *Shallow*. It may be a stretch, but fans are certain of Gaga's hidden message about Cooper.

This celebrity break-up has a lot of rumors surrounding it. What are some ways to keep gossip from making your break-up worse than it actually is?

Cupid's Advice:

Rumor mills never stop turning. They can be hurtful and amplify situations for the worse. Here are some ways to keep ahead of the gossip about your breakup:

1. Make a clear statement: Once news of the breakup hits you'll have to have a go-to explanation prepared. Make it unbiased and appreciative of your ex-partner if you want to minimize the damage and potential gossip.

Related Link: [Celebrity Break-Up: Bradley Cooper & Irina Shayk Split After 4 Years Together](#)

2. Stay Facebook friends: If you and your ex are on good terms stay friends on social media. Apps like Facebook and Twitter have the added perk of a mute option. That way the breakup can be amicable online, but you won't need to see their posts

everyday.

Related Link: [Celebrity News: Brad Pitt Attends Ex Jennifer Aniston's Birthday Party](#)

3. Keep it light, but honest: When you're pressed for more information, don't get worked up. Be honest about the way you feel, but not accusatory or angry. This way you'll stay authentic but positive about your ex-partner.

How have you avoided bad blood after a breakup. Share in the comments below!

Celebrity Break-Up: Bradley Cooper & Irina Shayk Split After 4 Years Together





By

Katie Sotack

[Celebrity couple Bradley Cooper](#) and Irina Shayk broke up after four years together, according to *UsMagazine.com*. The news arrived not long after reports came out that the couple were going through relationship problems, which began earlier this year amid talk of Cooper's chemistry with *A Star Is Born* costar, Lady Gaga. Shayk claims to know they were both "in character" and denies the relevancy to the break-up. The two are still living in Cooper's house for now as they care for their two-year-old daughter, Lea.

This celebrity break-up comes after speculation that the pair's relationship was on the rocks. What are some ways to work through a tough time in your relationship?

Cupid's Advice:

Relationships aren't always smooth sailing. They take time and effort from the individuals involved. When your relationship requires work, here are some steps you can take to mend bridges:

1. Honesty is the best policy: it may be tempting to soften-blows and tell white lies, but the truth is mandatory in a relationship. Sooner or later your partner will find out, it's better you're the one to tell them.

Related Link: [Back On! Celebrity Couple: Ben Affleck & Lindsay Shookus Are Back Together After Split](#)

2. Listen to your gut: If you feel like something's wrong, something probably wrong. Your intuition is your best friend and it's trying to help you out. Sort through your feelings and talk to your partner about what your body's been telling you.

Related Link: [Celebrity Exes Jennifer Lawrence and Nicholas Hoult Reunite in 'X-Men' Movie Scenes](#)

3. Know when to seek outside help: sometimes your relationship problems are bigger than the two of you can handle. There's no shame in that and plenty of trained professionals are willing to mediate. Whether you see a relationship counselor or sit down for legal mediation, considering bringing in a conflict expert.

What are some ways you manage conflict with your partner? Share in the comments below.

Celebrity News: Shia Labeouf & FKA Twig's Relationship Is On Hold



By

Katie Sotack

[Celebrity couple](#) and *Honey Boy* co-stars Shia LaBeouf and FKA Twigs are reportedly taking time off their relationship, according to *EOnline.com*. In [celebrity news](#), FKA Twigs' Magdalene Tour has taken her around the world and away from LaBeouf. In the meantime, he seems to be taking comfort in the arms of another woman. A source caught a glimpse of the two at Kanye West's Sunday Service, looking more cuddly than "just friends."

In celebrity news, this pair is taking a break from their relationship. What are some benefits to putting your relationship on hold?

Cupid's Advice:

It's not always a bad thing to take a break from your relationship. Cupid has some tips:

1. Absence makes the heart grow fonder: So you were going hot and heavy, but now you've cooled off into a freeze out. Sometimes too much too soon is overwhelming. Take time out to miss each other before reuniting stronger than ever.

Related Link: [Celebrity Break-Up: Lena Dunham Talks Rebound Romances Post Split from Jack Antonoff](#)

2. Maybe their not the one: You've been driving each other up the wall lately, but you swear you love them. Time apart is the best way to find out if your happier single and looking for someone suited to your lifestyle.

Related Link: [Relationship Advice: 5 Things To Do Before You Get Petty](#)

3. Time to focus on yourself: Focusing on 'we' instead of 'me' leaves parts of you on the back burner. In this solo time reconnect with your hobbies, career, family, and friends. Take bliss in all the beautiful pieces of life that have nothing to do with romantic love.

How has taking time off of your relationship benefited you? Share in the comments below.

Celebrity Break-Ups: Lady Gaga Breaks Silence on Split from Ex-Fiance Christian Carino



By

Katie Sotack

[Lady Gaga](#) wowed audiences in Las Vegas this past weekend with star-studded covers and a monologue of personal feelings. Gaga opened her song “Someone to Watch Over Me,” with a brief statement about her breakup from ex-fiance, Christian Carino. She said, “Last time I sang this song, I had a ring on my

finger, so it'll be different this time." According to *EOnline.com*, the split happened back in February, and this is the first she's spoken about it publicly. Her confession moved the audience, and she proved she's a singing star with or without Carino.

In celebrity break-up news, Lady Gaga finally addressed her split from Christian Carino. What are some ways opening up about a break-up can help you move on?

Cupid's Advice:

Staying silent about pain in your life is not always the best plan of action. It can build up until you explode in ways that aren't pleasant. Cupid has some ways opening up about a split can help you move on:

1. Talk to loved ones: Ending a relationship also drops the levels of intimacy you once had. Open up to your loved ones to quench your need for intimacy and vulnerability through other trusted people in your life.

Related Link: [Celebrity Break-Ups: Fans Speculate That Porsha Williams and Dennis McKinley Call It Quits](#)

2. Redefine yourself: For the past *insert-relationship-length-here*, you've been branded as a couple. Post up your best selfie and re-introduce yourself to the world as a single. Meaning you're just you and that's enough.

Related Link: [Break-Up: Kendall Jenner & Ben Simmons Split Months After Reconciliation](#)

3. Get physical: Don't be afraid to tell your friends "I just

need a hug right now". Pump up a feel good hormone, oxytocin, by admitting you miss a physical connection with your ex. Then, get hugging.

How has opening up about your breakup helped to kick start the healing process? Share in the comments below.

Celebrity Exes: Nikki Bella Prays for John Cena to Find Happiness



By

[Mara Miller](#)

In [celebrity news](#), Nikki Bella revealed at the 3rd Annual Best Buddies Mother's Day Celebration in Malibu that she wishes nothing, but the best for John Cena. According to *People.com*, the [celebrity exes](#) were in a [celebrity relationship](#) for six years before she called off their engagement. "I loved [seeing him moving on]," she said of Cena at the event. "I've been so happy for him because I think of the decisions I've made...walking away and just needing to find myself because I felt like I lost it." Cena has moved on with a new flame, Shay Shariatzadeh, while Bella has been dating Artem Chigvintsev. She does not yet want to label their relationship.

Nikki Bella wishes her celebrity ex John Cena nothing but the best. What are some ways to stay positive after a split?

Cupid's Advice:

Staying positive after a split is the best way to keep yourself motivated to move on. Cupid has some ideas on how to keep your head up:

1. Find yourself again: If you've been in a relationship for a long time, you might find that you are able to have more freedom than you did when you were with your ex. Now is the perfect time to explore who you are as a person!

Related Link: [Celebrity Break-Up: Adele & Simon Koneckis Call It Quits](#)

2. Stay strong: Break-ups suck for everyone. Stay strong by getting rid of anything that reminds you of him too much. Don't seek revenge because you'll only get hurt further if it was a bad break-up.

Related Link: [Celebrity News: Demi Moore to Reflect on Ashton Kutcher & Bruce Willis Marriages In Memoir](#)

3. Don't blame anyone: Break-ups happen. It's not necessarily your fault or your ex's fault that your relationship didn't work. You'll grow and change as you get older. Don't blame them for this because it can take you down a long path of negativity.

What are some ways you can remain positive after a split? Let us know in the comments below!

Celebrity News: Kaitlyn Bristowe Slams Nick Viall's Reasons for Joining 'The Bachelorette'





By

Megan McIntosh

Though they are no longer a [celebrity couple](#), Kaitlyn Bristowe is still has opinions about ex Nick Viall after their [celebrity break up](#). According to *UsMagazine.com*, though it was all fun and games, Bristowe didn't hesitate to diss her ex in a word association game saying Viall's name negatively in association with "the right reasons." Though it's been years since they've dated, it's clear there's still bad blood even after all this time.

In celebrity news, these exes are clearly not on good terms after their break-up. What are some ways to keep old hurts from your exes from affecting your current life?

Cupid's Advice:

It can be hard to move on from an ex when you've broken up on

bad terms. It's best not to let those old wounds reopen and keep you from living your life. It's not always easy to be friends with your ex, like Kourtney Kardashian is with Scott Disick, but it is possible to prevent that old relationship from holding you back like [Khloe Kardashian](#) after her break up with Tristan Thompson. Cupid has some tips:

1. Be comfortable moving on: Sometimes when you're afraid of being alone, you tend to hold on to toxic people. Holding on to exes who are not good for you can lead to being resentful and holding onto bitterness, like Bristowe with her ex Viall.

Related Link: [Celebrity News: Demi Moore to Reflect on Ashton Kutcher & Bruce Willis Marriages In Memoir](#)

2. Let go of any possible future together: If you're still holding onto the idea of you and your ex being together, it stops you from building a life with someone else. It also stops you from growing as a person because you may be stuck in the past.

Related Link: [Celebrity Exes: Khloe Kardashian & Tristan Thompson Reunite at True's 1st Birthday Party](#)

3. Don't talk about your ex: Don't talk about your ex-partner. Just don't. Talking about them is a sign that you're not over them. If you talk about them, you're thinking about them. If you're thinking about them, you're not moving on. Stop talking about them and you will stop thinking about them and you'll finally move on to better things.

What are some other ways to keep old hurts from a past relationship from affecting your current life? Share your thoughts below.

Celebrity Break-Up: Adele & Simon Koneckis Call It Quits



By

[Mara Miller](#)

In [celebrity break-up](#) news, [celebrity couple](#) Adele and Simon Koneckies have decided to call it quits after two years of marriage. They broke up eight or nine months ago, according to a source for *UsMagazine.com*. A second source said, "Their relationship evolved and they became more friends than lovers." The [celebrity exes](#) have a six-year-old son and are committed to raising him together.

In celebrity break-up news, Adele

and her husband have decided to go their separate ways. What are some ways to work on your romantic love?

Cupid's Advice:

Unfortunately, love sometimes fades in a relationship. Cupid has advice on how to work on your romantic love to keep the spark alive:

1. Keep dating: Date nights are important when keeping your love with your partner alive. It gives you both a chance to get away from the kids for the night so you can focus on each other instead of school events, doctor appointments, or work issues.

Related Link: [Celebrity News: Demi Moore to Reflect on Ashton Kutcher & Bruce Willis Marriages In Memoir](#)

2. Take on a challenge together: Whether it's adopting a new puppy, tackling a sink full of dishes, or potty training a new puppy, taking on challenges with your partner encourages the both of you to learn how to work together rather than apart.

Related Link: [Celebrity Exes: Khloe Kardashian & Tristan Thompson Reunite at True's 1st Birthday Party](#)

3. Buy each other gifts: It's cheesy and it's been suggested over and over again, but buying gifts for each other really will keep the romance alive. You don't have to show affection for your partner only on holidays or special occasions like an anniversary. Let them know you love them by getting something simple like a candy bar or that coffee they've been eyeing all week!

What are some other ways to work on your romantic love? Let us know in the comments below!

Celebrity News: Demi Moore to Reflect on Ashton Kutcher & Bruce Willis Marriages In Memoir



By

[Mara Miller](#)

In [celebrity news](#), [Demi Moore](#) is set to release a “deeply candid and insightful” memoir titled *Inside Out* that reflects on her [celebrity marriages](#) to [celebrity exes](#) [Aston Kutcher](#) and Bruce Willis, according to Harper Collins. *UsMagazine.com* reports Moore was married to Willis

from 1997 to 2000 and have three daughters, Rumer, Scout, and Tallulah. Kutcher and Moore were together from 2005-2011, with their celebrity divorce being finalized in 2013.

In celebrity news, Demi Moore will open up about her failed marriages in her memoir. What are some ways writing can help you cope with a break-up?

Cupid's Advice:

Demi Moore wrote an entire memoir after two of her marriages ended in divorce. While writing might not be your coping mechanism for a break-up (and it's a *really* good way to cope), here are some other ways to get through your relationship ending:

1. Talk about it: Get some coffee with a friend or go to a restaurant for lobster and steak to dish all about the break-up. It's not good to hold in emotions after a break-up and your friend is sure to be willing to listen to you vent! Use it as a chance to catch up with them too if you haven't seen each other in a while.

Related Link: [Celebrity News: Stephanie Pratt Is Not On Speaking Terms with Spencer Pratt Due to 'Gold Digger' Heidi](#)

2. Practice self-care: It's time to put yourself first for a while. It is not selfish. You are putting your own well-being first for once. Get a mani-pedi, binge-watch your favorite show on Netflix, or eat an entire pizza by yourself. Or all do all three! You need to learn to care for yourself again.

Related Link: [Celebrity Couple News: Priyanka Chopra Jonas](#)

[Admits She Judged Nick Jonas At First](#)

3. Practice positivity: Try not to let yourself dwell on everything negative that happened in your relationship. If you don't want to think about it at all, that's okay. Start a gratitude journal and write about all of the good things happening in your life. Or, if you need to write about your relationship, write about the positives and the things you have learned that you can take with you when you are ready to start dating again.

What are some other things you can do to help you cope with the end of your relationship? Let us know in the comments below!

Celebrity Divorce: Wendy Williams Confronted Husband About Allegedly Having a Baby with Mistress





By

Megan McIntosh

Wendy Williams is a part of a [celebrity couple](#) no more. According to *People.com*, Wendy William is divorcing her long-time manager husband after over two decades of marriage. This is not an amicable split. Williams confronted her husband and “the split is definitely due to Kevin’s ongoing infidelity and that his mistress recently welcomed their child.” Despite the strain that this has put on Williams, she remains in high spirits, continues to battle her substance addiction, and “she’s ready to leave the sober living house and build a new life for her and her son.”

In celebrity divorce news, the drama is still raging between Wendy Williams and her ex. What are some ways to get through a split when you’re on bad terms with your ex?

Cupid’s Advice:

It can be hard to deal with a break up, it can be even harder to deal with a bad break up. Cupid has some ways to deal with an awful split:

1. Move ahead without closure: Sometimes closure just means moving on and continuing to live like Wendy Williams. Confrontation and arguments won't always bring you that peace you're looking for after a split. You sometimes have to make your own closure as the relationship is over, and it's time to move on.

Related Link: [How to Move On After Heartbreak](#)

2. Don't rush it: You don't need to move on with someone else quickly to fill the void or to get rid of the bad taste that your bad split has left you with. Focus on yourself and your family first. Of course, there's nothing wrong with moving on from a split quickly like [Chris Pratt](#) when he divorced Anna Faris.

Related Link: [Relationship Advice: How to Navigate a Separation](#)

3. Keep it civil: You don't have to be friends after a bad split or after any kind of breakup. But it is important to remain civil especially if you have children or mutual friends. Treat them like acquaintances, be polite but you don't have to be friendly.

How have you dealt when a relationship ended on bad terms? Share below!

Celebrity Exes: Khloe Kardashian & Tristan Thompson Reunite at True's 1st Birthday Party



By

[Mara Miller](#)

In the latest [celebrity news](#), [celebrity exes](#) Khloe Kardashian and Tristan Thompson threw a birthday bash for their 12-month-old daughter, True. According to *UsMagazine.com*, they even took a picture together on Instagram, where Kardashian shared pictures of True's party. Happy birthday, True!

These celebrity exes came together for their daughter, despite their differences. What are some pointers for successfully co-parenting?

Cupid's Advice:

Even if you and your ex aren't together anymore, you will have to keep things amicable, like Khloe Kardashian and Tristan Thompson, when it comes to your kid(s). We've got a few pointers:

1. Put them first: Always put your kid(s) first, no matter what. They depend on you both.

Related Link: [Celebrity Couple News: Priyanka Chopra Jonas Admits She Judged Nick Jonas At First](#)

2. Improve communication: The easier you can both communicate because you have put aside the past, the better your child(ren) will benefit.

Related Link: [Celebrity Parenting: Khloe Kardashian Is 'Extremely Upset' With Tristan Thompson For Not Being Involved with True](#)

3. Think of co-parenting as teamwork: If you approach co-parenting as working together as a team, it will make things easier. If you have rules, boundaries, and a schedule, then being there for your kid(s) will remain your top priority.

Do you have any pointers for successfully co-parenting your children? Share your thoughts below.