

Celebrity Exes: Tate Donovan Says He was 'Dying Inside' Working with Ex Jennifer Aniston on 'Friends'



By Ivana Jarmon

In the latest [celebrity news](#), Tate Donovan broke his silence on his break-up from [celebrity ex Jennifer Aniston](#). In 1994, the *Argo* actor guest starred on the famous NBC comedy show *Friends* for a six-episode arc. During that time, Donovan and Aniston were unfortunately breaking up in real life. Reporting exclusively to [UsMagazine.com](#), Donovan said, "I was just happy to be on the team. The only bummer was Jennifer and I were breaking up at the time. And so that was tricky to sort of act

like we are just meeting each other, and falling in love, when we're sort of breaking up. That was tough." Donovan went on to say that because of the break-up, the arc for his character Joshua, a personal shopping client of Rachel Green's (Aniston) at Bloomingdale's, only lasted six episodes. But, those who knew of their break-up such as Aniston's co-stars, were very compassionate about the whole situation. The actors were all able to remain professional.

These celebrity exes kept it professional at work even though they were going through a break-up in real life. What are some ways to stay professional at work even if you work with your ex?

Cupid's Advice:

Break-ups aren't easy, especially if you have to continue seeing your ex on a daily basis at work. Cupid has some tips:

1. Keep it professional: Work is work. Keep your personal life out of it. Even if you feel like you're dying inside, take a deep breath and keep it moving. Be civil to one another, even if he or she isn't.

Related Link: [Celebrity Break-Up: Justin Theroux Had 'Reservations' About Marrying Jennifer Aniston](#)

2. Fake it until you make it: Paste a smile on your face and act like nothing is bothering you. Don't risk your job for an ex; keep your work life free of drama.

Related Link: [Celebrity Break-Up: Justin Theroux Is Spotted with Aubrey Plaza Post-Split from Jennifer Aniston](#)

3. Don't date your coworker in the first place: Plain and simple. Dating a co-worker may work for some, but certainly not all. If things go south, it may get very awkward very quickly at your work place. This won't only affect you, but also your coworkers. Tensions may escalate quickly. There's no reason you should have to see your ex daily. It's extremely hard to make a clean break, but it's almost impossible to make one when you share an office.

What are some survival tips to stay professional at your workplace while working with an ex? Share your thoughts below.

Celebrity Break-Ups: Ashlee Simpson Wasn't Totally Surprised By Jessica Simpson & Nick Lachey's Split





By Ivana Jarmon

According to *UsMagazine.com*, singer/songwriter Ashlee Simpson, 33, open up about her reaction to sister [Jessica Simpson](#) and Jessica's ex Nick Lachey's [celebrity break-up](#) on *Watch What Happens Live with Andy Cohen*. This took place while playing a round of no-holds-barred "Plead the Fifth" on Tuesday, September 4th. In 2005, then [celebrity couple](#) Jessica Simpson and Nick Lachey's split rocked the celebrity world. After five years of marriage, the pair announced they were separating. Within the following month, Simpson filed for divorce citing "irreconcilable differences." But, for Ashlee Simpson, her sister's break-up wasn't all that surprising. Andy Cohen asked her, "On a scale of 0 to 10, how surprised were you by the split of Nick Lachey and your sister? Ten being the most surprised." Simpson gave a coy smile to her husband Evan Ross, before answering, "A five."

This celebrity break-up happened a

long time ago, but it was a big deal in the celebrity world at the time! What are some ways to keep your break-up from being breaking news?

Cupid's Advice:

If you go through a break-up, the last thing you want is for it to be the talk of the town. Cupid has some tips:

1. Privacy is key: The truth is, no one needs to know about your split. Keep your lips sealed. It's your business and your business alone. Of course you'll want to tell a trustworthy few like family and close friends, but no one else needs to know your business. Don't confirm anything unless you feel ready. Don't ever feel pressured to confirm something or make any announcements.

Related Link: [Celebrity Relationship: Jessica Simpson Celebrates 7-Year Anniversary with Eric Johnson](#)

2. Don't bash each other: After a break-up, make a pact with your ex to not throw each other under the bus no matter the circumstances. No bashing each other in public or on social media. Why? The fact is, it's plain rude and shows you have no respect for that person or yourself.

Related Link: [Jessica Simpson Runs Into Ex Nick Lachey](#)

3. Platform: Your break-up is only news if you put your relationship on such a platform where people will see it. A real relationship doesn't belong in the public eye; it's between two people. Keep your relationship and lack thereof to yourself! It doesn't belong on social media, television or anything that lets others sneak a peek into your personal

life.

What are some other ways to keep your relationship from being big news? Share your thoughts below.

Celebrity News: Kaitlyn Bristowe Addresses Shawn Booth Split Rumors



By Rhodesia Williams

In celebrity news, Kaitlyn Bristowe talks about rumors of a

[celebrity break up](#) from Shawn Booth. According to *EOnline.com*, Bristowe put an end to the [celebrity gossip](#) by explaining why she isn't wearing her engagement ring and insisting that the [celebrity relationship](#) is still going strong. It looks like this [celebrity couple](#) won't fall victim to the pressure of the rumor mill.

In celebrity news, Kaitlyn Bristowe addresses rumors of a split from Shawn Booth. What are some ways to keep break-up rumors from affecting your relationship?

Cupid's Advice:

It can be hard to ignore gossip and rumors when you are in a relationship. It's annoying because you don't know where it came from or why anybody is saying anything to begin with. Cupid has some ways on how to keep break-up rumors from affecting your relationship:

1. Don't feed into it: The best thing you can do is to not feed into the rumors. Giving attention to this hurtful gossip will make things worst by allowing the gossip to grow and potentially spiral out of control. When someone asks if you heard it? Say yes and keep it moving. Eventually your silence will show the person who started the nasty rumor that you could care less and the rumors will stop. Silence is stronger than any other answer, remember that.

Related Link: [Dating Advice: How to Make Summer Love Last](#)

2. Actions speak louder than words: Remember, actions speak louder than words. Show your haters that you and your partner are still going strong and you are un-bothered. Not only will

this shut down the person who started the rumor, it will shut down and questions or thoughts anyone else has about your relationship. To avoid ridiculous questions, this is the east way to keep the rumors away.

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3. Talk about it: Make sure you and your partner are on the same page when it comes to these rumors. Talk it out in private about what you both know. From there, together, you should make the decision on how your are going to respond, if at all. Your relationship is bigger than a silly rumor so give each other the respect and time to figure out what your next move will be.

What are some ways you keep break-up rumors from affecting your relationship? Share below.

Celebrity Parent: Find Out More About Jesse Williams' Fight to Privately Parent





By Rhodesia Williams

In [celebrity news](#), Jesse Williams is still dealing with custody issues after his [celebrity break-up](#). According to *EOnline.com*, Jesse Williams' [celebrity divorce](#) from his ex-wife, Aryan Drake-Lee is costing him way more than a pretty penny. Although the [celebrity couple](#) filed for divorce in April 2017, they are still going at it when it comes to custody of their kids. Unfortunately, the [celebrity exes](#) are going tit for tat and it doesn't seem like it will end any time soon.

This celebrity parent is battling to parent in private. What are some ways to keep your custody battle out of the limelight?

Cupid's Advice:

When you break up or go through a divorce, fighting can is

inevitable. Although fighting is never good, it is much better to argue in private rather than cause a show for people to watch. Cupid has some advice on ways to keep your custody battle out of the limelight:

1. Agree on privacy: If you can't agree on anything else, try to agree on keeping things between the two of you. When going through a sensitive time, keeping things private allow you and your ex to face the issues at hand without interference. Not only that, as heated as arguments get, people won't see how "heated" you can really get. We all do things out of anger so why advertise it just to regret it later.

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2. Keep it short and sweet: Think about it. When someone asks about your current situation with your ex and you calmly say you aren't seeing eye to eye, they won't know what to say. Usually people rant and rave and tell people details and sometimes, that's just what people are looking for. While I'm sure you have one or two people you can trust to keep quiet, going into details with other's is an invitation to have your business spread.

Related Link: [Five Relationship Advice Tips for Breaking Up Without Hurting His Feelings](#)

3. Keep Calm: Sometimes you just want to break your ex's windows or bleach their clothes. Well, don't. Keeping calm during this time will just let people assume everything is fine, which isn't a bad thing. Reframe from doing anything that will cause attention because it will do just that, not cause any attention. Attention will bring more confusion and during a sensitive time like this, you don't need that. As upset as you are, you don't want people or your children to see it. Children repeat everything and all you need is for them to repeat something.

What are some ways you keep your custody battle out of the limelight? Share below.

Celebrity News: Kevin Federline 'Tried to Settle' Custody Battle with Britney Spears Outside of Court



By Rhodesia Williams

In latest [celebrity news](#), Kevin Federline is trying to settle

his custody battle with Britney Spears out of the courtroom. According to *UsMagazine.com*, the ex [celebrity couple](#) have been going through a long drawn out custody battle since their [celebrity divorce](#). Just a couple of months ago, Federline asked for more child support but is also willing to settle out of court. It looks like this

In celebrity news, the custody battle between Kevin and Britney is still going strong unfortunately. What are some ways to keep your kids out of disputes about money?

Cupid's Advice:

Custody battles are never fun and can often affect your children. Cupid has some advice on how to keep your kids out of disputes about money:

1. Think about the kids: It's important to keep your kids in mind when you are going through a custody battle. While it's natural for kids to blame themselves for the split, hearing you and your ex fight about money will only make things worse. Keep their feelings in mind and try to make the break-up as comfortable as you can.

Related Link: [Divorce with Dignity](#)

2. Compromise: When fighting about money, the children will unintentionally be pulled in. A compromise is the easiest way to avoid dragging the children through any fighting. While wanting to fight for what's right, it is important to remember that your kids are well aware of what's going on. Sometimes the best thing to do is to compromise.

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3. Keep a straight face: Tensions are high and you don't want to back down. To not drag your kids into the fight, stay calm around them. Making comments or arguing around the kids will only make things worse. It is important to keep the kids out of it. Kids remember everything; don't make them think your break-up is about money to be spent on them.

What are some ideas on how to keep kids out of disputes about money? Share below.

Celebrity News: Jack Osbourne Allegedly Punches Estranged Wife's New Boyfriend





By Rhodesia Williams

In [celebrity news](#), an upset Jack Osbourne has recently gotten himself into some trouble just months after his split from wife Lisa. According to *UsMagazine.com*, Jack Osbourne has been going through a [celebrity break up](#) from his estranged wife, Lisa. Apparently, Osbourne went to talk to his wife when her boyfriend showed up. After a heated argument, Osbourne punched him. The [celebrity couple](#) say that although their [celebrity relationship](#) is over, they will continue to co-parent and enjoy their kids.

In celebrity news, Jack Osbourne apparently isn't a fan of his estranged wife's new beau. What are some ways to handle jealousy coming from an ex moving on?

Cupid's Advice:

Moving on after a break up is always hard. Some take it better than others, so it is important to consider your ex partner's feelings. Cupid has some advice on how to handle jealousy from an ex:

1. Stay away: The easiest and safest way to handle a jealous ex is to stay away! While you don't have to hide like you're in the Witness Protection Program, keeping your distance may be best. Everyone is different, so you can't know for sure how your ex feels. Running when you see them is a bit too much but if you deliberately go looking to see your ex, just be prepared for anything that may happen. If you are seeing someone else, please heed this warning. You know what they say... "If you knock on the Devil's door, he will answer." Be smart and be safe.

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2. Respect the break up: For whatever reason, your relationship unfortunately ended. For you and your partner, it is important to respect your break up. Showing respect towards your ex could ease the tension and may help your partner to move on. Parading a new flame around too soon may egg your ex on and cause a huge, unnecessary commotion. Keep the peace and have respect.

Related Link: [Dating Advice Q&A: Should I Remain Friends with My Ex Online?](#)

3. Stay quiet: If your ex is acting out, sometimes the best response is no response. Not every action deserves a reaction. Whether your ex is genuinely upset or purposely trying to hurt you, keep calm and continue on. Eventually, your ex will get tired of not being answered and will hopefully work on healing themselves. Silence is the loudest answer you can give.

What are some ways to handle a jealous ex? Share below.

Celebrity Break-Up: Nikki Bella & John Cena Split Again Two Months After Reconciling



By [Haley Lerner](#)

In [celebrity break up](#) news, Nikki Bella and John Cena have split again only two months after reconciling and resuming their [celebrity engagement](#). Bella told *EOnline.com* in a statement, “After I called off the engagement, we tried to work on our relationship to get back to where it was, and in order to move forward with our wedding. After much time and soul-searching alone and together, we have decided to

officially part ways. I had a beautiful and loving 6-year relationship with a wonderful man. I have the utmost respect for John, but I know what is best for me.” A source said Bella is doing well and moving on with her life after the breakup. But, Cena has yet to publicly comment on the breakup. This news comes after Bella’s representative said she and Cena were “working on their relationship” after the two initially called off their engagement just over three months ago. The couple began dating in 2012 and their relationship has been documented on *Total Divas* and *Total Bellas*.

It looks like John and Nikki are experiencing a celebrity break-up yet again. What are some factors to consider before reconciling with an ex?

Cupid’s Advice:

Are you feeling like you might want to reconcile with an ex? Cupid has some factors for you to consider:

1. Will it last?: Before getting back together with an ex, you want to make sure that the reconciliation will actually last. For Bella and Cena, their reunion was short-lived. Getting back together just to break up again shortly after can cause you more pain than the initial break up did. If you reunite with your ex, make sure you are completely committed to doing so and you are sure things will last for the long term.

Related Link: [On-Again! Celebrity Couple Nikki Bella & John Cena Are Back Together After Calling Off Wedding](#)

2. Have things changed?: You shouldn’t get back together with someone if all the problems that made you two break up are

still there. If you choose to reconcile with your ex, all former arguments should be quelled and you two need to have worked through your problems. If a past issue is still present, it's likely to cause more trouble for you further on in your relationship.

Related Link: [Celebrity Wedding: Nikki Bella Admits She's Growing 'More Apart' from John Cena Pre-Nuptials](#)

3. Are you ready?: It's important you make sure that you are emotionally ready to be in a relationship again after already getting your heartbroken before. You need to make sure prior to reconciling with your ex that you are confident in yourself and are ready for what could happen if the relationship fails again. Don't get back with your ex if you think you won't be able to handle a potential negative outcome from it.

Have any more things to consider before getting back together with an ex? Comment below!

Celebrity News: Jennifer Garner 'Doesn't Want' Her Kids Around Ben Affleck's GF Lindsay Shookus





By Rhodesia Williams

In [celebrity news](#), Jennifer Garner says she doesn't want [Ben Affleck](#)'s new [celebrity relationship](#) anywhere near their three children. Affleck, who is now dating Lindsay Shookus, went through a public [celebrity break-up](#) with Garner in 2015. They share three children together; however, Garner has her reasons for not wanting Shookus around her children.

In celebrity news, Jennifer Garner is doing well post-split from Ben Affleck, but she doesn't want her kids around his new girlfriend. What are some ways to handle introducing your kids to your new partner?

Cupid's Advice:

Introducing your children to a new partner can be difficult. Often times, your ex may have some requests and, to keep the peace, honoring them is a good idea. Cupid has some ideas on how to introduce your new partner to your kids:

1. Who wants ice cream?: Naturally, most kids love ice cream. A good ice breaker is taking the kids and your new partner out for ice cream. It is important to have the kids in an environment where they are comfortable and feel safe. While you may think they are focused on their sundaes, they will remember the outing and it will help associate your partner with a happy memory.

Related Link: [Relationship Advice: The Pitfalls of Dating While Divorcing](#)

2. Introduce the idea: Sometimes the “what if” game helps. Slightly introducing the idea will help in finding out if your kids are okay with you having a new partner. Kids often object to their parent being with someone new because they want to see their biological parents together. Over time, suggesting that you may have a new partner will plant the seed needed and will help introduce your new partner.

Related Link: [Parenting Tip: Being a Adoptive Parent](#)

3. Make it a party: If you and your ex are on good terms, it’s a good idea for all adults involved to introduce your new partner. Your children seeing that you all are getting along and can co-exist will ease their minds. Naturally kids don’t want to see their parents apart, so when introducing a new partner, you want your kids to feel comfortable. Having your ex back you up can only help the situation.

What ways would you introduce your new partner to your children?? Share below.

Celebrity News: Wilmer Valderrama Spotted Visiting Demi Lovato One Day After Her Overdose



By [Haley Lerner](#)

In [celebrity news](#), Wilmer Valderrama was spotted visiting [celebrity ex](#) Demi Lovato at the hospital, just one day after the singer's drug overdose. According to *EOnline.com*, Valderrama's car was seen entering Cedars-Sinai Medical Center in Los Angeles, where Lovato is receiving treatment. A source

said that Valderrama stayed at the hospital for over two hours and said, "He was somber and quiet and you could tell he was in a very serious mood. He arrived and left by himself." Lovato and Wilmer dated for almost six years until breaking up in 2016, but have remained on good terms. Valderrama is the first celebrity guest to visit Lovato in the hospital after she was rushed to the hospital by ambulances from her home in Hollywood Hills on July 24 after suffering an apparent overdose. Lovato's publicist confirmed the news in a statement, but refuted tabloid claims that the singer overdosed on heroin. "Demi is awake and with her family who want to express thanks to everyone for the love, prayers and support. Some of the information being reported is incorrect and they respectfully ask for privacy and not speculation as her health and recovery is the most important thing right now."

These celebrity exes still clearly hold love for one another. What are some ways to support your ex during a trying time?

Cupid's Advice:

In difficult times, sometimes the right thing to do is to be there for your ex. Cupid has some tips on how to support them:

- 1. Show up:** Just like Valderrama did, sometimes the best thing you can do when your ex is struggling is to show up and be there for them. Just because you are no longer in a relationship doesn't mean you don't have to be supportive of them when they are going through something difficult. Just going to them to offer your support and presence is a huge help.

Related Link: [Celebrity Exes Demi Lovato & Wilmer Valderrama Haven't Ruled Out Reconciliation](#)

2. Keep it platonic: One thing to remember when supporting your ex during a trying time is to not let things go too far and end up getting romantic. Your ex is going through a lot and a past relationship is easily something they can turn to for comfort, but you could end up getting hurt in the end if it doesn't work out. Make sure to support your ex only as a friend and make your boundaries clear.

Related Link: [Celebrity Exes Demi Lovato & Wilmer Valderrama Reunite for Lunch Date](#)

3. Rally their friends: If you actually being around your ex might be too stressful for them, maybe try supporting your ex in a different way. If you still have mutual friends, contact them and let them know they should reach out to them. You can also try to organize a get together where you all can be there for him, without things being as awkward as meeting with just the two of you.

Have any more tips on how to support an ex in trying times? Comment below.

Celebrity Break-Up: Josh Duhamel & Eiza Gonzalez Split After 5 Months of Dating





By [Haley Lerner](#)

In [celebrity break-up](#) news, Josh Duhamel and Eiza Gonzalez have spit after dating for five months. A source told *UsMagazine.com* that the [celebrity couple](#) split “a couple weeks ago” because “they just drifted apart.” On July 23, Duhamel told photographers in Los Angeles that he and Gonzalez are “done,” according to the *Daily Mail*. Duhamel started dating Gonzalez less than five months after splitting from wife Fergie after being married for eight years. Duhamel and Gonzalez met in February at Jennifer Lopez’s pre-Super Bowl concert at the Minneapolis Armory.

This celebrity break-up was a result of the couple just drifting apart. What are some ways to keep your relationship strong?

Cupid’s Advice:

Looking to stay close with your partner? Cupid has some tips on how to keep your relationship strong:

1. Plan dates: If you and your partner are having trouble making time to see each other, it is important you work together to set aside time for special dates and meetings. Plan a romantic date with your beau and spend quality time with each other.

Related Link: [New Celebrity Couple: Josh Duhamel Steps Out with Eiza Gonzalez Amidst Relationship Rumors](#)

2. Talk about your feelings: If you feel like you and your partner might be drifting apart, you really should talk about it to them. You two can then process your emotions together and figure out what's causing the distance and how you can solve it as a couple.

Related Link: [Celebrity News: Fergie Says She Wanted to Stay Married to Josh Duhamel 'Forever'](#)

3. Show your love: Stay close with your partner by showing them how much you truly love them. Whether it's by complimenting them, surprising them with a gift or cooking for them, you should make it clear to your partner how much you love them.

Have any more tips on how to stay close with your partner? Comment below!

Celebrity Exes: Dennis Quaid

Says Relationship With Meg Ryan Was His 'Most Successful'



By Jessica DeRubbo

Dennis Quaid has a lot of fond memories about his 10-year celebrity marriage to celebrity ex Meg Ryan, according to *UsMagazine.com*. Quaid opened up about his past marriage to the *You've Got Mail* actress in a recent interview. "[It was] my most successful relationship," Quaid, 64, said on *Megyn Kelly Today* on Monday, July 23. "When we met, you know, I was the big deal. And then my career [came to a halt]. ... We'd go out on the streets of New York and it would be like, 'Meg! Meg!' And I have to admit it, I actually did feel like I disappeared. I didn't think I was that small, but I was. It

was a growth opportunity. I learned from that.” Quaid and Ryan fell in love on the set of their movie *D.O.A.* and wed in 1991. They welcomed a son named Jack, now 26, the following year, and then divorced in 2001.

These celebrity exes aren't on bad terms; in fact, Quaid thinks on his relationship with Meg Ryan fondly. What are some benefits of focusing on the positive when it comes to your ex?

Cupid's Advice:

There's really no point in holding grudges, even when it comes to your exes. Cupid has some advice on why staying positive about your ex is the best thing:

1. It cuts down on stress: Thinking and feeling negatively about someone can take its toll on you mentally. Simply put, it can stress you out! Positivity always trumps negativity when it comes to keeping peace of mind.

Related Link: ['What to Expect When You're Expecting Has an All-Star Cast!](#)

2. Good karma: Whether you believe in karma or not, it can't hurt to put positivity out into the world. If you stay positive about your ex, he or she may do the same in return.

Related Link: [Meg Ryan & John Mellencamp Split After 3 Years Together](#)

3. Keep bridges intact: It's never a good idea to burn a bridge that may help you out later in life. Keep as many

connections that you make intact along the way in life so as to have a bigger network to pull from when you really need something.

What are some other positives to staying on good terms with your ex? Share your thoughts below.

Celebrity News: How Brad Pitt Came Out of Split from Angelina Jolie Better Than Ever





By [Haley Lerner](#)

In [celebrity news](#), [Brad Pitt](#) seems to have come out of his [celebrity break up](#) with [Angelina Jolie](#) better than ever. After his shocking split with Angelina Jolie, with her filing for divorce and requesting full custody of their six children, Pitt seemed to be in a bad place. Despite cheating allegations and custody fights, Pitt has relied on therapy, solitude and sobriety to “strip down the foundation and break out the mortar,” as the 54-year-old actor said in an interview with *GQ Style*. Pitt also said, “For me every misstep has been a step toward epiphany, understanding, some kind of joy. Yeah, the avoidance of pain is a real mistake. It’s the real missing out on life. It’s those very things that shape us, those very things that offer growth, that make the world a better place, oddly enough, ironically. That make us better.” According to *EOnline.com*, an insider said Pitt and Jolie have “had a pretty dramatic year and [Pitt] wants things to remain calm in the future.” One source said the actor has been on a few dates, but hasn’t focused on any serious relationship yet. Another insider said Pitt maintains an active social life and that “Brad spent a lot of time alone and in private looking at

himself and reevaluating what was most important and who he wanted to be. Now he's in a place where he's implemented those changes and has a lot more clarity. He's come out of that dark time and is in a much better place."

In celebrity news, Brad Pitt has never been happier. What are some ways to know it's time for a change in your relationship status?

Cupid's Advice:

Sometimes, it's time for a relationship to end. Cupid has some ways to know it's time for a change:

1. You constantly fight: If you and your partner are constantly fighting, it may be time to end the relationship. You shouldn't be in a relationship where you are unhappy, so even if you really care about your partner, it might be the right thing to do to let them go.

Related Link: [Celebrity News: Brad Pitt Was 'Done Being Mr. Nice Guy' in Custody Agreement with Angelina Jolie](#)

2. You feel stuck: Even if there isn't any drama in your relationship, sometimes it can be rough when you feel a lack of passion or interest in your partner. If you feel your relationship is only holding you back, you should consider changing your relationship status.

Related Link: [Celebrity News: Brad Pitt is Casually Dating as He Adjusts to Single Life as a Dad](#)

3. You don't have time for each other: Sometimes, two people just aren't meant to be together when it comes down to timing. If you and your partner never seem to have time to hang out or

go on dates, it might be time to take a break. If you miss each other, you can always try working it out again. But, it might be best for you to take some time alone.

Know any more ways to tell that you need to change your relationship status? Comment below!

Celebrity Break-Up: Liam Payne & Cheryl Cole Split After 2 Years Together



By Rhodesia Williams

In [celebrity news](#), Liam Payne and Cheryl Cole have decided to split after two years together. According to *UsMagazine.com*, the [celebrity break up](#) comes after rumors of cheating among other things. The [celebrity couple](#) started dating in 2015. Cole says that the [celebrity relationship](#) went through it's struggles but through it all they will continue to love their son, Bear, and continue to co-parent.

This celebrity break-up comes after a long-term relationship. What are some ways to know your relationship has run its course?

Cupid's Advice:

As hard as it is, sometimes the one you love just isn't the one for you. Cupid has some advice on ways to know if your relationship has run its course:

1. Unexplained anger: Are you and your partner constantly fighting? Is there unexplained tension or anger between the two of you? This is a clear indicator that there is something wrong and should be brought to each other's attention. There are clearly some issues that need to be worked out and unfortunately if the issues can't be fixed, maybe its time to say goodbye.

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2. Are you happy?: Your happiness matters! If you or your partner aren't happy then its time to break up. Staying in an unhealthy environment isn't going to make things better and can cause issues later on. Discuss things that can help boost the positivity in your relationship. If you can't seem to get it right then it's time to call it quits. Breaking up doesn't mean you don't love each other, but you guys are preserving

the love you have left.

Related Link: [Dating Advice: 4 Signs Your Partner is the Right One for You](#)

3. You aren't at work: Although relationships are work, you shouldn't feel like you are at work when with your partner.

What are some other ways to know your relationship may be over? Share your thoughts below.

Celebrity Break-Up: Sam Smith & Brandon Flynn Split After Nine Months of Dating





By [Haley Lerner](#)

In [celebrity break-up](#) news, [celebrity couple](#) Sam Smith and Brandon Flynn have split after nine months of dating. According to *UsMagazine.com*, Smith deleted all posts of Flynn on his Instagram account. The “Stay With Me” singer also shared cryptic posts on his Instagram Story on June 26, one photo reading “Love” and a screenshot of Clean Bandit and Julia Michael’s song “I Miss You.” But, the *13 Reasons Why* star still has photos of the couple on his Instagram account. The pair was first seen kissing in New York City in October 2017. Then, the two attended the 2018 Grammy Awards together this past January.

This pair just went through a celebrity break-up. What are some ways to know early on that you aren’t a match with someone?

Cupid's Advice:

Want to avoid a tough break-up? Cupid has some ways to tell early on that you and someone might not work out:

1. You have nothing in common: Early on, it's easy to fall for someone because of their charm and good looks. But, it's important that when considering seriously dating someone you two actually have stuff in common. If you don't, your relationship is pretty much likely to not end well.

Related Link: [Celebrity Break-Up: Jillian Michaels & Heidi Rhoades Split After 9 Years Together](#)

2. You don't like their friends: While there are exceptions, most of the time someone's friends reflect their only personality. If you find you can't stand hanging out with your partner's friends, then the relationship probably isn't a good match.

Related Link: [Celebrity Break-Up: The Bachelorette's Luke Pell & Girlfriend Holly Allen Split Again](#)

3. Different schedules: If you and the person you're dating have totally conflicting lives and schedules, a committed relationship can be especially hard. Your lives should work well together, but if they don't, it could mean the relationship isn't a good match.

Have any more ways to tell early on if you aren't a match with someone? Comment below!

Celebrity Break-Up: The Bachelorette's Luke Pell & Girlfriend Holly Allen Split Again



By Rhodesia Williams

In [celebrity news](#), *The Bachelorette's* Luke Pell and Holly Allen are calling it quits. According to *Usmagazine.com*, this [celebrity break up](#) isn't much of a shock. The [celebrity couple](#) seem to break up to make up often. Although Pell has dated other people on and off the screen, the couple always seem to find their way back to each other.

This isn't the first time a celebrity break-up has occurred between these two. What are some things to consider before having an on-again off-again relationship?

Cupid's Advice:

Sometimes space is needed in a relationship, but too much space can hurt your relationship. Cupid has some advice on some things to consider before having an on-again-off-again relationship:

1. Time: Having a permanent on and off relationship is never healthy. You can't spend most of your time broken up because it poses the question of why you are even together in the first place. When deciding to break up, make sure you pay attention to how much time you are spending apart. Remember, when you are apart, you are teaching each other how to live without each other. Be careful; you might end up falling in love with the single life instead of your partner.

Related Link: [Dating Advice: 4 Signs Your Partner Is the Right One for You](#)

2. Respect: If you and your partner anticipate getting back together, make sure you both respect your relationship. A break is not meant for one or both of you to be out partying and hooking up with other people. Remember, a break is because things aren't working and if you are considering getting back together, then you need to spend the time working on yourself. Sometimes space is needed, but don't do anything you will regret.

Related Link: [Dating Advice: How to Stop Self-Sabotaging in](#)

[Love](#)

Compromise: Being in an on and off relationship is hard enough, but remember to work through the issues. Relationships are two sided so as you're working through things, keep in mind that sometimes you have to negotiate. While you shouldn't have to put up with disrespect or cheating, simple things like communication and quality time problems can easily be solved.

What are some things you consider when entering an on and off again relationship? Share below.

Celebrity Break-Up: 'Real Housewives of Orange County' Alum Alexis Bellino & Husband Jim Split After 13 Years of Marriage





By Rhodesia Williams

In [celebrity news](#), it looks like *Real Housewives of Orange County* stars Alexis and Jim Bellino will be going through a [celebrity divorce](#). According to *UsMagazine.com*, although the [celebrity couple](#) share three children together, the [celebrity break up](#) comes after 13 years of marriage. Based on irreconcilable differences, the pair are calling it quits.

***Real Housewives* fans are upset by this split for sure. What are some ways to work on your marriage before calling it quits?**

Cupid's Advice:

It takes hard work to get to the point of marriage and even more work to maintain it. Don't be discouraged if you are going through a rough patch. Cupid has some advice on ways to work on your marriage before calling it quits:

1. Communication: One of the easiest ways to fix your marriage is communicating. If communication is part of the problem, it will take both of you to fix it. Expressing yourselves in a calm, respectable manner will not only fix the issue, but strengthen your relationship. Maybe sitting down over dinner or going for walks will help to set the mood and tone of the conversation. Being respectful is very important, and make sure you are both listening. Nobody wants to be seen and not heard, so respect your partner and really pay attention to what is being said.

Related Link: [Relationship Advice: Don't Let Distance and Lifestyle End Your Relationship](#)

2. Take time apart: While this may sound drastic, space can help your relationship tremendously. That doesn't necessarily mean going out and dating other people, but maybe staying at a family member's house or a close friend's house for a week is a good idea. Time away will make you miss your partner, and sometimes that's what relationships need. The space will also give you time to think and regroup. That being said, don't let too much time pass. When you leave someone for a long period of time, you teach them how to live without you. If you want to work things out, agree on the terms and conditions, and take it from there.

Related Link: [Relationship Advice: How to Stay Confident in a Long-Term Relationship](#)

3. Quality time: Though it's the opposite of taking time apart, maybe the issue is that you aren't spending enough time together. While there can be various factors playing into why you aren't spending time together, it is important to come together and discuss the issue. You have worked this hard to get to marriage, so don't throw it away over something so silly. Sometimes you have to reignite the spark, so it's time to get the lighter. This is not a one-sided commitment. As a couple, you have to come together and make time for each

other. Start simple with a date night or a surprise homemade dinner; you'll be surprised how the little things can make the biggest impact.

What are some ways you would work on your marriage before calling it quits? Share below.

Celebrity Divorce: Blake Shelton Reveals He Hit 'Rock Bottom' After Split from Miranda Lambert





By Rhodesia Williams

In [celebrity news](#), [Blake Shelton](#) admits to hitting rock bottom after his [celebrity divorce](#) from Miranda Lambert. According to *UsMagazine.com*, the [celebrity couple](#) were married for four years before their [celebrity break up](#). Before Shelton and [Gwen Stefani](#) tried [celebrity dating](#), the two often checked on each other through texts and emails. Stefani was also going through a rough patch with her then husband, Gavin Rossdale. From simple texts and emails to thoughts of a possible [celebrity marriage](#), the [celebrity couple](#) are three years into their relationship. The couple made it through one of the hardest times of their lives together and are still going strong.

This celebrity divorce hit Blake Shelton hard. What are some steps you can take to recover after a tough break-up?

Cupid's Advice:

Break ups are one of the hardest things you go through in life. Through the pain, you have to find the light even if it takes some time. Cupid has some advice on how to recover after a tough break up:

1. Cry: Never ever be ashamed to cry! Man or woman, everybody has a heart and can have it broken. The best self therapy is to just let it all out. Whether it happens when you are in front of people or when you are alone, you will feel so much better. Holding back the tears won't help you because you aren't expressing how you feel. Building up emotions isn't healthy and can cause issues later.

Related Link: [Relationship Advice: Working Through Your Heartbreak](#)

2. Talk: Talking is another therapeutic way to help recover from a tough break up. Speak about what happened. It will only help ease the pain away. Say you accidentally spilled your coffee. Initially, in anger you say, "Darn! I spilled my coffee." As the day goes on, you soon lose the anger and when you explain what happened, the anger is no longer there. Speaking on what happened and repeating things somehow helps put your mind and in this case, your heart at ease.

Related Link: [Relationship Advice: I'm scared to Get Back Out There and Date!](#)

3. Go out: While we're not saying head out to the clubs or immediately sign up for speed dating, taking baby steps and enjoying yourself will help with recovery. Start small, like a movie date with friends or even by yourself. Surrounding yourself with loved ones always helps, but sometimes you just need to be alone. Dating yourself for a while is a great way to heal your broken heart. Sometimes simply taking yourself for ice cream can help.

How do you recover from a tough break up? Share below.

Celebrity News: How Blake Shelton's Divorce Led Him to True Love



By Rhodesia Williams

In [celebrity news](#), Blake Shelton found love after his [celebrity divorce](#). According to *EOnline.com*, Shelton went through a [celebrity break up](#) with wife, Miranda Lambert. While going through his divorce, fellow *The Voice* castmate, Gwen

Stefani, approached him to let him know that she was also going through a tough time. Not too long after that, Stefani officially broke up with her husband of 13 years. At first, the [celebrity couple](#) say they didn't think anything of their support chats, however, that quickly changed. Before the couple realized it, they were dating. Although it was tough in the beginning, the new [celebrity couple](#) were able to get past the challenges and enjoy each other.

In celebrity news, Blake Shelton moved on from devastation to true love. What are some ways to know you've found true love?

Cupid's Advice:

Falling in love is one of the most exciting yet nerve wracking things after a heartbreak. Besides coming down with constant cases of "the butterflies", Cupid has some advice on knowing if you've found true love:

1. You're glowing: Are the people around you noticing you with a particular glow? Glowing is good; sometimes we can't help it but people can tell when you are genuinely happy. From your attitude, the way you are beginning to carrying yourself, and that constant smile, you can't help it. While it seems embarrassing when people bring it up, own your glow!

Related Link: [Date Idea: Take a Trip Down Memory Lane](#)

2. Your missing piece: Do you feel like you've found the missing piece to your puzzle? Do you feel like your days are getting easier with your partner in your life? This is surely a sign that you have found love. When everything starts to make sense and naturally flow together, there is no other

feeling like it. It's like a sigh of relief or a breath of fresh air. It seems like life has gotten easier and you're not hating it.

Related Link: [Dating Advice: 5 Signs He's Falling for You!](#)

3. For the better: Of course you're happy that you have found someone but is this person for the better? How does this person add to your life? While it is exciting to be in love, remember, the person you fall in love with needs to add to your life in some way. Maybe you can't go a day without speaking to them or you can't sleep without saying goodnight. Needing your love's presence is natural and a true sign of falling in love.

**What are some ways you can tell that you have found true love?
Share below**

Celebrity Break-Up: Jillian Michaels & Heidi Rhoades Split After 9 Years Together





By Rhodesia Williams

In celebrity news, [celebrity couple](#) Jillian Michaels and Heidi Rhoades have called it quits. According to *UsMagazine.com*, the [celebrity relationship](#) has come to an end after nine years. Although the two share two children together, the couple expressed that the [celebrity break up](#) was mutual. “We’ve found we’re better as friends and parents living apart than staying together.”

This celebrity break-up comes after a long-term relationship. How do you decide whether to call it quits on a long-term relationship?

Cupid’s Advice:

Sometimes it’s hard breaking up, especially when you have been together for a very long time. As hard as it can be, you have to do what is best for the relationship. You can’t let time

play a factor in this decision. Cupid has some advice on how to decide if you should call it quits on a long-term relationship:

1. Foundation: Without a strong foundation, your relationship won't be able to weather any storm. Coming up with a decision like ending a long-term relationship is hard, but an excellent point to start is at the core. Do you and your partner have the basics down? Just in case you aren't sure what the basics are, we are talking about trust, communication, understanding, and compatibility. When there are problems, it usually stems from one of those components. Think about it.

Related Link: [Relationship Advice: How to Stay Confident in a Long-Term Relationship](#)

2. Future: Think about your future. Granted, we never know what can happen in the future, but knowing your partner, you can take a pretty good guess. Have you come to an understanding about the things you both want? Children? Marriage? Housing? Pets? You have to think about all of the things that you want. Coming together and discussing the future will help, but if ultimately you are having difficulty coming to an understanding, then maybe you have to rethink your future with your partner.

Related Link: [Expert Dating Advice: Beware of These Kinds of Relationships](#)

3. Feelings: You may have a strong foundation, but your feelings do matter. If you have a gut feeling about something or something just doesn't feel right, maybe you should hold off. The saying, "what's done in the dark will always come to the light" couldn't be more true. Listen to your intuition! While we aren't talking about cold feet, there may be something lingering that is bothering you. Pay attention, and give it time. When the feelings are right, you won't have to second guess anything.

How would you decide if it's time to call it quits? Share below.

Celebrity News: 'Bachelorette' Contestant Lincoln Adim Convicted of Assaulting Woman on Cruise



By [Haley Lerner](#)

In [celebrity news](#), Becca Kufrin's [Bachelorette](#) contestant

Lincoln Adim was convicted of assaulting a woman on a cruise ship. According to *UsMagazine.com*, Adim was found guilty on May 21 of indecent assault and battery for groping and assaulting an adult female on a harbor cruise ship on May 30, 2016. Adim was charged just days before the *Bachelorette* seasons premiere. The Nigerian native was sentenced to one year in a house of correction, with that term suspended for a two-year probationary period. A judge ordered the 26-year-old to stay away from the victim and to attend three Alcoholics Anonymous meetings per weeks during his two years of probation. If Adim does not comply with the judges orders or re-offends, he will be put in jail. Also, Adim will now have to register as a sex offender. Kufirin has not yet addressed the situation and Adim has not yet been eliminated in recent episodes of *The Bachelorette*.

In celebrity news, 'Bachelorette' contestant Lincoln Adim got violent with a woman. What are some steps to take if you feel you've been assaulted?

Cupid's Advice:

Getting assaulted is never the victim's fault. Here are some steps to take if you feel you have been assaulted:

- 1. Get help and talk to someone:** If you are immediate danger or seriously injured, call 911. But, if you need help processing your options, reach out to a friend or family member to help accompany you and help comfort you emotionally. You can also call the National Sexual Assault Hotline at 800-656-HOPE and have an advocate walk you through the steps you can take. Then, you can take the steps to go to the police

if it what you want to do.

Related Link: [Celebrity News: 'Bachelorette' Becca Kufrin Feels 'Sick' When She Finds Out Colton Underwood Dated Friend Tia Booth](#)

2. Save potential evidence: Even if you aren't sure if you want to report your assault, it's important that you do not get rid of clothing or items from the scene of the assault that might have DNA evidence of your assailant. Also, if you have any physical injuries like bruising or bleeding, you should take photos of them to show to the police.

Related Link: [Celebrity Wedding: 'Bachelor' Arie Luyendyk Jr. Proposes to Lauren Burnham After Breaking Off Engagement to Becca](#)

3. Go to the hospital: Medical professionals at the emergency room are trained in handling assault and can help heal any injuries you may have. At the hospital you can also log any records of your injuries to be used in a potential case against your assailant.

Do you know any more steps to take if you feel you've been assaulted? Comment below.

Jack Osbourne on Celebrity Divorce from Wife Lisa: 'It Is What It Is'



By [Haley Lerner](#)

In [celebrity news](#), Jack Osbourne has opened up about his [celebrity divorce](#) from wife of six years, Lisa Osbourne. The youngest Osbourne child told *UsMagazine.com* that “Things are going good. We’re trucking along and it is what it is.” Osbourne announced that he and his wife were splitting back in May in an Instagram post. In the post, he said him and his wife “tried everything we could for many years to make this work” and that they were “disappointed but feel confident that we will continue to grow our relationship as co-parents and best friends.”

This celebrity divorce comes after six years of marriage. What are

some tell-tale signs that your relationship may not be able to withstand the test of time?

Cupid's Advice:

Everybody wants to know if their relationship is going to last the long run. Cupid has some signs that signal a relationship won't be long lasting:

1. Poor communication: If you're fighting with your partner all the time and can't seem to communicate effectively, then your relationship might not be durable through the years. Sure, every couple has the occasional fight, but constant bickering is not okay. You should be able to communicate your problems maturely and be able to talk through your issues with your beau.

Related Link: [Jack Osbourne Announces Engagement and Soon-to-Be Fatherhood](#)

2. Your lifestyles don't match: Sometimes, no matter how hard two people try in a relationship, logistically it just can't work. If you and your partner never have time to see each other because of conflicting schedules, keeping a relationship up for many years might not be possible. Even if you two may love each other, sometimes your lifestyles aren't the best fit together.

Related Link: [Jack Osbourne Admits His Baby-to-Be Wasn't Planned](#)

3. Lack of trust: A good relationship is built on trust. If you're constantly doubting your partner's actions and think they might often lie to you, it's clear the relationship won't have much longevity. You shouldn't have to worry about who your love is texting or where they've been the night before.

Do you know any more signs that signal your relationship may not withstand the test of time? Comment below!

Celebrity News: Kate Spade's Husband Breaks Silence After Her Death By Suicide



By [Haley Lerner](#)

In recent [celebrity news](#), Kate Spade's husband, Andy Spade, released a statement a day after the 55-year-old fashion designer was found dead in her New York City apartment from an

apparent suicide. Andy, 55, wrote in a statement to *The New York Times*, saying, "Kate was the most beautiful woman in the world. She was the kindest person I've ever known and my best friend for 35 years. My daughter and I are devastated by her loss, and can't even begin to fathom life without her. We are deeply heartbroken and miss her already." Andy also added that "Kate suffered from depression and anxiety for many years. She was actively seeking help and working closely with her doctors to treat her disease, one that takes far too many lives. We were in touch with her the night before and she sounded happy. There was no indication and no warning that she would do this. It was a complete shock. And it clearly wasn't her. There were personal demons she was battling." According to *UsMagazine.com*, Kate and Andy, who married in 1994, had recently decided to separate due to marital issues. The couple had one child together, Frances Beatrix, who is now 13. The pair launched the fashion brand Kate Spade New York in the '90s. Andy addressed his separation with his now deceased wife in the statement, saying "For the past 10 months we had been living separately, but within a few blocks of each other. Bea was living with both of us and we saw each other or spoke every day. We ate many meals together as a family and continued to vacation together as a family. Our daughter was our priority. We were not legally separated, and never even discussed divorce. We were best friends trying to work through our problems in the best way we knew how. We were together for 35 years. We loved each other very much and simply needed a break." Rest in peace, Kate Spade.

In this celebrity news, our hearts are broken by the death of a beloved designer, and her husband

is now speaking out. What are some ways to cope with the loss of a loved one?

Cupid's Advice:

Losing a loved one is incredibly hard. Cupid has some ways to cope with the loss:

1. Take care of yourself: After losing someone close to you, it's easy to slip into a negative state of mind. While grieving, it's important you don't abandon your own physical and emotional needs. Make sure to eat right, get enough sleep and exercise so you don't let the heartache consume you.

Related Link: [Julie Andrews' Relationship Advice: How to Survive the Death of a Loved One](#)

2. Spend time with your friends and family: You are in need of love and support after the death of a loved one, so it's important you surround yourself with people who will be there for you. In your hard time, spend more time with your family members and close friends so you do not have to feel so alone.

Related Link: [Robin William Dies From Suspected Suicide; Wife Releases Statement](#)

3. Honor their memory: To help yourself move past the pain of the someone's passing, honor their memory to help you and others move on. Celebrate that person's life by donating to a charity in their honor, frame photos of them or hold a memorial service.

Have any more ways to help cope with the loss of a loved one? Comment below.

Celebrity Break-Ups: Nikki Bella Reveals the Moment She Knew She Couldn't Marry John Cena



By [Haley Lerner](#)

In recent [celebrity news](#), Nikki Bella revealed on Sunday's episode of *Total Bellas* the moment she realized she could not marry John Cena. According to *UsMagazine.com*, the pair called off their engagement after six years together in April. Cena and Bella were supposed to tie the knot in Mexico on May 5,

but have since been spotted together in San Diego. On Bella's reality show, she divulged that wedding dress shopping something "didn't feel right" and she felt "overwhelmed" by her engagement party. "I honestly feel like I'm about to have an anxiety attack," The *Total Divas* star said. "I just feel like I'm on this roller coaster of emotions and I feel like I'm going to explode. It's just all too much for me." Bella explained that her apprehension was because she realized she wanted to have children, but she knew Cena did not. "I just know deep down I want a baby," Bella said. But, it seems Cena might have changed his stance on parenthood in an attempt to win his ex-fiance back after this [celebrity break-up](#). The actor appeared on the *Today* show earlier this month and said he still loves Bella and "would love to have a family with Nicole." Cena said, "I love her. I want to be with her. I want to make her my wife. I want to be the father of her children. I just want us to work."

Nikki Bella shed some more light on her celebrity break-up from John Cena. What are some ways to know your relationship won't stand the test of time?

Cupid's Advice:

It's difficult when the future of your relationship is uncertain. Cupid has some signs that your relationship is on its way out:

- 1. How you resolve conflict:** The way you and your partner fight is honestly a great way of seeing how the rest of your relationship will pan out. To start, you shouldn't be dating someone who you're always fighting with. But, when the

inevitable fights do occur, it's important that you and your beau manage the conflict with maturity and respect. If all your fights remain unresolved, your relationship won't survive for long.

Related Link: [Celebrity Break-Ups: Nikki Bella & John Cena Call It Quits & End Engagement](#)

2. You want different things: Just like Bella and Cena, having different major desires in life is a big reason many relationships fail. If you and your partner have totally conflicting career paths, interests and life aspirations, then maybe it's time to end your coupling soon.

Related Link: [Celebrity News: Nikki Bella Is Still 'Spending Nights' with John Cena at His Home](#)

3. Lack of passion: For a relationship to last the long run, there has to be a true spark between both people. If you love your partner, but there isn't spectacular chemistry, then it might be time to let them go. Eventually, that lack of passion could cause conflict in the future.

Have any more ways to realize your relationship won't make it far? Comment them below!

Celebrity News: The Weeknd Scrapped an 'Upbeat' and 'Beautiful' Album After

Selena Gomez Break-Up



By Rhodesia Williams

In [celebrity news](#), The Weeknd tossed an entire album and produced *My Dear Melancholy* after split with [Selena Gomez](#). According to *UsMagazine.com*, the [celebrity couple](#) broke up in October after 10 months of dating. Although The Weeknd had the previous album completely finished, the [celebrity break up](#) caused him to scrap it and produce his new six track EP. *My Dear Melancholy* was his way of expressing himself through his rough time. "He's been in the studio pretty much nonstop," a source said. The Weeknd said, "You want to get it out. It's like you close a chapter."

This celebrity news shows that The Weeknd was very affected by his break-up from Selena Gomez. What are some ways to cope with a sudden painful split?

Cupid's Advice:

Break ups can be tough, especially if they're sudden. Cupid has some advice on how to cope with a sudden painful split:

1. Talk it out: Sometimes you have to talk it out of your system. Expressing yourself and talking to other just may be what you need to ease the pain.

Related Links: [Relationship Advice: How to Heal a Broken Heart](#)

2. Keep yourself busy: It helps to keep yourself busy after a sudden break up. Sitting at home will have your mind wandering. Keeping yourself busy keeps your mind occupied for the most part. When you finally have those down times, thinking of the break up won't be so bad.

Related Links: [Dating Advice Video: Dating After Heartbreak](#)

3. Give it time: Your gut instinct is to reach out to the other person but sometimes that's not always the best thing to do. Give the situation time. Maybe a mixture of different things resulted the break up, but, have faith. Give it some time and then reach out. And, no, 5 minutes is not enough time.

Do you have any ways you cope with a break up? Share your thoughts below.