

Sources Say Elin Nordegren Doesn't Approve of Tiger Woods Dating Lindsey Vonn



By Kristin Mattern

Despite a recent six page report that Elin Nordegren approves of ex-husband Tiger Woods' girlfriend, Lindsey Vonn, UsMagazine.com claims that a source close to Vonn has told them this is simply not the case. The insider points out that Nordegren can't say anything to disparage Woods in the press or she will lose some of the \$100 million she won in the divorce. "She still despises Tiger," the source commented. "As time goes on, it probably gets easier, but she definitely doesn't like having Lindsey around her kids." Another insider was quoted as saying: "[She] hates Lindsey Vonn and everything

about this romance.” Apparently, the former model didn’t approve of Woods’ new girlfriend from the beginning.

How do you deal with jealousy over your ex’s new relationship?

Cupids Advice:

Getting over an ex is never easy, and when your ex has found a new lover, jealousy can blossom. The fact that your ex is happy and moving on with someone new can chafe at the lingering feelings you might still have, or simply be irritating if you aren’t in the same place. Cupid has some sage advice for getting over those jealous feelings your ex and his new boo are causing you to feel:

1. Be real with yourself: Pinpoint the true cause of your pain frustration over your ex-lover. This will take some soul searching, but ask yourself the real reasons you are feeling the way you are. Do you really miss your ex-sweetheart, or are you just jealous of the happiness you see him experiencing? It might not be him you want back, but the feelings your relationship once evoked. The more truthful you are with yourself, the faster you can begin to overcome your jealous feelings and move on.

2. Talk it out: Speak with friends and family about the way you are feeling. People who love you and know you the best can speak sincerely and candidly to you. If you are having trouble figuring out where your emotions are coming from, those closest to you might be able to hold up the mirror of truth for you, and perhaps offer some advice for how to get over the pain you are experiencing.

3. Know you will find love again: As the old cliché goes, there are more fish in the sea. While it sounds corny, believe that you will find love again and be just as happy as you see your ex being now with his new honey. Know that you are an amazing person, and that you will find someone else to care

for. When you're ready, go out and have fun with your friends, when you're happy, you will attract others to you.

Ever had to deal with being jealous over an ex and his new girl? Let us know in the comments below.

Rumor: Were Cory Monteith and Lea Michele Engaged Before He Died?



By Petra Halbur

In the wake of Cory Monteith's tragic death, it's come to light that he and Lea Michele may have had plans for marriage. A source confided to [People](#), that, at the time of Monteith's death last week, the couple were considering tying the knot. However, other sources insist that the two were never formally engaged. Regardless, the two *Glee* actors were spending a great deal of time together and Michele has expressed her gratitude to her fans for their support and sympathy. "Lea is deeply grateful for all the love and support she's received from family, friends and fans. Since Cory's passing, Lea has been grieving alongside his family and making appropriate arrangements with them," the statement issued by her reps reads. "They are supporting each other as they endure this profound loss together."

What are some things to consider before dating someone with a history of drug abuse?

Cupid's Advice:

Dating someone with a history of drug abuse is not an easy matter. What should you consider before deciding whether or not to pursue such an inherently complicated relationship? Cupid has some ideas:

1. Recovery last a lifetime: Former users refer to themselves as "recovering" addicts because recovery from addiction is a process that lasts the rest of the individual's life. Before you pursue this relationship, educate yourself about the nature of addiction and decide if this is something that you can handle in your life.

2. What are the chances of relapse: According to experts, addiction relapse rates are as high as 90%. This means that there is a 9 out of 10 chance that your partner will start doing drugs again at some point in his or her lifetime. You need to let this sink in before your relationship goes any further.

3. Love cannot save the day: The power of addiction is something that those who have never experienced it cannot understand. Do not delude yourself into believing that your love is enough to save your partner from drug abuse. Love and support is, of course, a necessary component to any relationship but do not assign yourself the role of savior. Doing so will only lead to unhappiness.

Have you ever dated someone with a drug problem? Tell us below.

Emma Roberts Arrested After Fight with Boyfriend Evan Peters





By April Littleton

Emma Roberts was arrested July 7 after getting into a fight with boyfriend and *American Horror Story* actor, Evan Peters that left him with a bloody nose. The couple got into a heated argument earlier that day, which resulted in them physically assaulting each other. A rep for both actors told UsMagazine.com, "It was an unfortunate incident and misunderstanding. Ms. Roberts was released after questioning and the couple are working together to move past it."

How do you address violence in your relationship?

Cupid's Advice:

Domestic violence should be an extreme red flag for anyone who's in a relationship. No one should have to worry about being physically or mentally abused. You want to feel safe with the person you're sharing your life with. If you're in a situation where you're getting hurt in any way, Cupid has some advice:

1. Tell someone: The first step to acknowledging that your

relationship may be toxic is to tell a close friend or family member. Your loved ones may be able to give you a safe place to stay or give you some helpful advice. You might also want to call a professional who could help you and your partner figure out why the relationship has taken such a violent turn – that is if you're interested in working things out.

2. Talk to your partner: Tell your significant other that what they're doing is scary and harmful to you. You may want to remain in the relationship, but you can't if your life is in danger. If any potential arguments begin to surface, try to remain calm and keep your love from getting too angry. If you can't have a calm, adult conversation with your partner without them going over the edge, they may have some issues that you can't help them with.

3. Get help: It may be necessary to call in reinforcements if the situation doesn't get better. Seek out someone who specializes in domestic violence, call your family and friends and the law may even need to get involved if the violence continues to be a problem.

How did you address violence in your relationship? Share your experience below.

Lea Michele Is Grieving With Cory Monteith's Family





By April Littleton

According to [People](#), the *Glee* star is spending her time grieving with Cory Monteith's family. Monteith's body was found in a Vancouver hotel room over the weekend. The coronor announced he died of a mixture of heroin and alcohol.

What are some ways to help your partner grieve?

Cupid's Advice:

Your partner just went through a tragic loss and you've been doing all you can to try to console them. Sometimes, it's hard to know what your loved one would appreciate and what would set them off once again, especially if you're not going through grieving yourself. Cupid has some tips:

1. Listen: If you're afraid of saying the wrong things to your partner, just listen to them vent. Some people only want to be heard when they're going through a rough time. The best thing you can do for your significant other is just to be there and lend a ear if and when they need it.

2. Be supportive: Your partner will expect you to be the strong one while they are dealing with a loss. While you may not know how to handle everything, you'll need to give it your best shot and provide a sense of stability. You'll need to show your love all of the positive, while they can't help but to focus on the negative. Your partner will be counting on you to be there, don't let them down.

3. Don't judge: The worst thing you can do right now is judge the decisions and actions your significant other may make. Naturally, some of the things they do might not be wise, but they're not thinking clearly. Let them grieve how they want and for as long as they need. Don't get impatient. When they do finally bounce back, they'll appreciate everything you did and your relationship will be stronger than ever.

How did you help your partner grieve? Comment below.

Lea Michele's Rep Requests Privacy During this 'Devastating Time'





By Kerri Sheehan

Tragedy struck in the Glee fandom this past weekend when actor Cory Monteith, who portrays Finn Hudson on Fox's hit television show, was found dead in his hotel room. For costar Lea Michele, Monteith's passing was more than just the loss of a friend, as the two were real life love interests. Michele has yet to release a statement, as she is still in the grieving process, but her rep told UsMagazine.com, "We ask that everyone kindly respect Lea's privacy during this devastating time. Thank you."

What are some ways to help a friend who has lost his/her partner?

Cupid's Advice:

The death of a partner is one of the worst things that can happen in your life, especially when you're young and in love. Cupid has some insight on how to help a friend through this difficult time:

1. Be supportive: Your friend has recently gone from being

deeply in love to being single in the worst way, so they won't be used to not having someone to lean on at all times. Let your friend know that if they feel lost or alone you'll be there for them in a heartbeat. Sometimes just knowing someone is there can help tremendously.

2. Mourn: Crying is a big factor in the mourning process. Not to say you have to cry with your friend but just be there for them as they cry. A hug is the best medicine you can give.

3. Understand: There is not right or wrong way to grieve a loss. Don't judge your friend for grieving differently than you think you would. Accept them wholeheartedly and let them handle the loss in whatever way they feel is appropriate.

Have you ever lost a partner? Share below.

'Glee' Star Cory Monteith is Found Dead in Hotel Room





By Kristyn Schwiep

Glee star, Cory Monteith, 31, was found dead in his Vancouver hotel room on Saturday. According to [People](#), the cause of the death was not immediately apparent, and an autopsy was set for Monday. According to [The Age Entertainment](#), said there's nothing to indicate the death was due to illicit drug use. When Monteith missed his check-out time, staff went to his room and found his body, said Acting Police Chief Doug LePard. Monteith had been dead for numerous hours by the time his body was found. LePard added: "On behalf of the Vancouver Police, I want to pass on our condolences to the family, friends, castmates and millions of fans of Mr. Monteith. As was the case in countless homes, I watched Glee regularly with my daughters, and I know there will be shock and sadness in many households with the news of his tragic death."

How do you help your partner deal with a tragic loss?

Cupid's Advice:

Dealing with a tragic loss is hard, emotionally and and

mentally, so how can you help your partner deal with such a tragedy? Cupid has some advice for you:

1. Just be there: Even if you don't have the right words to say, just be there and keep them company. Letting them know that you let are there for them no matter what can be the most comforting of feelings. At least now they know that if they need or want someone to talk to they have you. Also, feel free to ask them if they need help with anything such as babysitting or taking them somewhere, if you offer they might be more welcome to the idea during this hard time.

2. Send a note: Send a note of comfort, especially if you can't be with them in person, and make sure it is written in your own words. It may seem cliché to send a note and flowers, but it can cause an incredible impact on some who is suffering a loss. Even the littlest gestures goes a long way during a time of need and they will remember that you spoke out of comfort to them.

3. Don't run away: Helping someone through such a tragic loss can sometimes be uncomfortable, but try and stay with them through this hard time. Don't be quick to judge if you feel uneasy about their behavior. Also remember, that you can't fix anything or make anything better, but as long as you are there you are doing something to help.

What are some ways you have helped your partner deal with a tragic loss? Share your thoughts below.

George Clooney Vacations in

Lake Como Post-Split with Stacy Keibler



By Petra Halbur

The newly single George Clooney was spotted near his vacation compound in Lake Como, Italy, with friends last Wednesday, July 10. UsMagazine.com reports that the 52-year old actor appeared to be in high spirits despite his recent breakup with model, Stacy Keibler. The couple reportedly ended their 2-year relationship because of the amount of time Clooney had to spend away on location for work. "They hadn't had sex in months," a source confided. "He's been in Europe [filming *Monuments Men*], and she's in L.A., and they haven't seen each other in a long time. Some girls would be okay with that and just be happy dating George, but not her." Another

insider added, “No one got dumped. They both discussed it and realized it was better that they split.”

How do you re-group after a heartbreaking breakup?

Cupid's Advice:

Breakups are hard to bounce back from. It's easy enough to tell yourself to move on but it's difficult to actually do so. Cupid is here to help put the pieces back together after a break up:

1. Grieve: A period of time in your life is over and that hurts. Give yourself some time to grieve and find some closure before moving on.

2. Get involved: Volunteer at an animal shelter or food bank. A sense of purpose and accomplishment can do miracles to mend a broken heart.

3. Reconnect with others: Chances are, you probably put a few friendships on the back burner while you were involved with your former partner. Take this opportunity to reconnect with them. Remember: being single does not mean that you are alone.

How did you get your life back together after your break up? Tell us below.

**Nigella Lawson Is
'Devastated' Over Charles**

Saatchi's Divorce Filing



By Kristyn Schwiep

When Charles Saatchi decided to file for divorce, Nigella Lawson was caught off guard. According to the [New York Post](#), Lawson had no idea that her husband was about to announce their separation in a statement to a Sunday newspaper. She is devastated that their family is falling apart, and she has no control over the situation, an insider told [UsMagazine.com](#).

How do you cope when your partner breaks your heart?

Cupid's Advice:

It's never easy when your partner breaks your heart. The end of a relationship can put your life in shambles and trigger painful emotions. So what are some ways you can cope when

your partner breaks your heart? Cupid has some advice:

1. Find support: Open up to family and friends or join a support group. Being able to open up and share your feelings will guide you through this difficult time. Isolating yourself through this period can add stress and depression to you. Don't be afraid to talk to other about your emotions, people are willing to listen.

2. Take care of yourself: It's crucial to take care of yourself emotionally and physically. This can be a hard time for anyone so remember to exercise, eat well, and relax. Also, take the time to do something you've always be interested in, spending time with your friends and family, and focusing on you. Doing something that will make you happy will go a long way. Think positively, life will get back to normal.

3. Look to the future: Don't look back with regret. Once you've accepted the end of your relationship you will begin to heal. Also, it may seem hard to believe you will find love again, but remember you are allowed to – and will love again. So set your sights on the future and don't look back.

How do you cope when your partner breaks your heart? Share your thoughts below.

George Clooney and Stacy Kiebler Call It Quits





By Kristyn Schwiep

After two years of dating George Clooney and Stacy Keibler have decided to split. The decision to split wasn't an easy one. According to UsMagazine.com, Keibler and Clooney have been having ongoing discussions in the last few weeks and they both realized it was better that they split. The distance between the two didn't make their relationship any easier. Due to working on different projects, the couple hadn't been in the same country for a long time.

What are some ways to make a long distance relationship stronger?

Cupid's Advice:

Long distance relationships are tough on the heart. Is dealing with the separation and fear of doubt worth it? Cupid has some advice on how to make your long distance relationship stronger:

1. Communicate: Talk to your partner about your expectations about the relationship and try to understand each other's.

Discussing the parameters of your relationship will save you the heartache and misunderstanding in the future. So make sure you ask your partner questions like, “What are you looking to get out of the relationship?” or “Are we going to be exclusive?” Don’t be afraid to communicate.

2. Keep the romance alive: Talking on the phone every day can become repetitive and boring, so try other things that can keep the romance alive. If you want to see your partner, video chat is a great alternative to the average phone conversation. Also, try and think of other ways to keep the romance alive such as, sending flowers, watching TV or movies simultaneously together or sending e-cards. Here’s a list of 100 things you can do in a long distance relationship.

3. Take advantage: Being with someone who is close to you in distance can put a strain on your relationships with family and friends, so take advantage of the benefits while in a long distance relationship. You get to spend more time with your family and friends without having to choose, you get to maintain your individuality and when you reunite after being apart you have the opportunity to fall in love over and over again.

What are some ways to make a long distance relationship stronger? Share your thoughts below.

‘Shameless’ Co-Stars Emmy Rossum and Tyler Jacob Moore

Break Up



By Kristyn Schwiep

After two years, Emmy Rossum and Tyler Jacob Moore have broken up. The cause of the break-up is unclear, but she told friends about the breakup over July 4th weekend, according to the [New York Post](#). Rossum does not seem to be dwelling on the separation. On Friday, July 5, she tweeted, "Hope you all had a happy and safe 4th. Back to work starting tonight on a new film called Curfew in my home state New York."

What are some ways to move on after a breakup?

Cupid's Advice:

Moving on can be hard and painful. If you've just broken up with someone (or gotten broken up with), what are some ways to

move on? Cupid has some advice:

1. Accepting it: Before you can truly move on, you need to accept the fact that you are no longer with this person. Though it may take a while for reality sink in – let it. The sooner you can accept that this part of your life is over, the faster you will be able to allow yourself to move on.

2. Focus on you: After being tied down now is the time to focus on you. Do something fun or adventurous, go out with your friends, pamper yourself, just keep yourself busy. Focusing on yourself can boost your self-esteem at a time like this, so get out there and do something for yourself!

3. It's time to go out: Once you've accepted the end and spent some time focusing on you, now it's time to get out there. Grab a group of friends and go out for the night. It's time to start socializing and meeting new people. This doesn't mean you should try and pick up the first person you see at a bar, but going out and meeting new people is a great way to land your next relationship.

What are some tips you have for moving on after a breakup? Share your thoughts below.

Nigella Lawson's Husband Is Divorcing Her





By Kristyn Schwiep

Charles Saatchi is seeking divorce from Nigella Lawson. According to [People](#), Lawson failed to publicly defend him during the fallout over their disturbing public fight. Saatchi was seen grabbing the celebrity chef's throat at a London restaurant on June 9. "I feel that I have clearly been a disappointment to Nigella during the last year or so, and I am disappointed that she was advised to make no public comment to explain that I abhor violence of any kind against women," said Saatchi.

How do you know when to stand by your partner in a scandal?

Cupid's Advice:

Standing by your partner is an essential part of any relationship, but there are certain times when there are no excuses for your partner's actions. So, how do you know when to stand by your partner in a scandal? Cupid has some advice:

1. Twisted perception: Only you know how your partner acts on a day-to-day basis, which means only you know how to react

to your partners behavior. Out lookers can twist a situation way out of proportion, so if you know your partner was being harmless or meant it all in good food it is your decision to stand by your partner even when others are ridiculing your relationship.

2 . Protecting your family: Sometimes standing by your partner in a scandal is a good way of damage control. Many times you decide to stand by your partner to protect your family. Showing support to your partner will show your family how much you truly care about one another and that the accusations can't amount to the love you share.

3. You don't want to lose hope: Don't lose hope in a relationship over one minor fallback. Relationships come with a lot of stress, sometimes leading others to act out of character. If your relationship is something you believe in make sure you stand by your partner in times of needs. You will then have the opportunity to discuss the situation in private at a later time.

How do you know if you should stand by your partner in a scandal? Share your thoughts below.

Russell Crowe, Danielle Spencer Reunite For Dinner With Kids





By April Littleton

The Australian couple who are rumored to have split last fall spent the evening with their sons and friends at the Polo Lounge in Beverly Hills Thursday, June 27. “Russell and Danielle were sitting next to each other and seemed to get along well – but were never affectionate,” an eyewitness told UsMagazine.com. Later in the evening, after the children left the table, the pair continued to hold a discussion with another couple with Crowe “smoking a cigarette and talking very animatedly, [seemingly] about politics.”

How can you stay friends with an ex?

Cupid’s Advice:

You’ve parted ways with your significant other, but the two of you still hope to become friends one day. Sometimes, two people just aren’t right for each other romantically, but they make the best of friends. If the breakup was amicable and you still find yourself being able to freely talk to your ex about anything, you might be able to turn your old relationship

until a new friendship. Cupid has some advice:

1. Be kind to each other: If you really want this new friendship to work, you have to be there for each other. Listen to each other's problems and try to lend a helping hand. Good friends support each other's needs. When communicating with your ex, don't bring up the past or anything that could cause tension. After all, the two of you are friends now, not lovers. So, keep the relationship strictly platonic.

2. Don't talk about new lovers: The last thing you want to do is bring up a new romance, especially if the breakup with your ex is still mildly fresh. If you have someone new in your life, don't talk about it. Bringing up your love life can cause confusion and feelings of jealousy, which can ruin the friendship you and your ex are attempting to have. After awhile, talking about new love with your former boo may be the right thing to do, but put it off until you're sure he or she will be able to handle it.

3. Time and space: Before you can embark on a friendship, take some time apart first. Staying connected with your ex will be impossible if you still have feelings for each other. You need to move on from the breakup. Plan some fun events with old friends, and do some activities on your own before you start hanging out with your old flame again.

Are you friends with your ex? How did you make the transition from being a couple to being friends? Share your experience below.

Eliza Coupe Served With Divorce Papers by Husband Randall Whittinghill



By April Littleton

Two months after the cancellation of *Happy Endings*, the actress of the acclaimed ABC sitcom, Eliza Coupe, has been served with divorce papers by her husband Randall Whittinghill. According to UsMagazine.com, Whittinghill, a puppeteer and acting coach, cited irreconcilable differences and asked for spousal support. The couple has been together for more than 12 years. The actress has yet to comment on their split.

How do you tell your partner you want a divorce?

Cupid's Advice:

Divorce is never an easy subject to bring up, especially to your significant other. Regardless of how much love a couple has for each other, some marriages just don't work out. Whether your partner is aware of the tough decision you have made or not, it's up to you to be upfront and honest. If you think it's time to start thinking seriously about divorce, Cupid is here to help:

1. The location: Where you tell your spouse about your decision to divorce is crucial. If you have kids together, send them to a friend's house or have a family member take care of them for awhile. To avoid any potential outbursts, pick a private location. Telling news like this in a public place might make your partner feel embarrassed and can lead up to an irrational response.

2. Don't play the blame game: When you explain your decision to your significant other, try to avoid statements where it seems as though you're blaming him or her. Your partner will already be upset, so it's best to express your feelings without using an accusatory tone. The relationship is already over, don't waste time pointing fingers at each other.

3. Talk about the kids: If you have children together, it's important that your spouse knows he or she will always be involved in their lives. Assure your partner that your intentions are not to tear him or her away from the kids, but as a couple, the two of you just don't work anymore.

How did you tell your spouse you wanted a divorce? Share your experience below.

Kat Von D and Deadmau5 Call It Quits



By Petra Halbur

Kat Von D and Deadmau5 have broken up ... again. According to UsMagazine.com, on June 26, Kat tweeted that she had ended her engagement to the deejay on grounds of infidelity. Deadmau5 clarified on his Facebook page that he did have relations with another woman while he and Kat were taking a break last November. "Following that, Kat and I reconciled and I acknowledged being intimate with another person while we were estranged ... At the end of June, it was clear that the relationship was not working and we mutually ended the engagement. I was not, at any point, unfaithful to Kat during our time together."

How do you know when it's time to call it quits on a relationship?

Cupid's Advice:

Sometimes it's difficult to tell if a relationship is worth salvaging or not. At what point do you know it's time to break up? Cupid is here to help:

1. The bad outweighs the good: Every relationship has rough patches. However, the good parts of a relationship ought to outnumber and outweigh the bad. If this isn't the case, then you need to seriously reconsider your relationship.

2. You're holding each other back: If you or your partner have turned job offers down, forgone opportunities to travel or rejected other exciting propositions for the sake of your relationship, you two need to discuss if this relationship is really the best thing for you both.

3. You're not happy: Ultimately, if you are unhappy in your relationship, that is reason enough to end it.

When did you know to end your relationship? Tell us below.

Celebrity News: Jodie Sweetin Opens Up About Recent Separation





By April Littleton

According to *UsMagazine.com*, former *Full House* star Jodie Sweetin took to Twitter to address the news of her separation from husband Morty Coyle. “Thank you for to everyone for being kind and supportive...I really appreciate all the fan love”, she tweeted. “Life can have its challenges, for sure!” This is Sweetin’s third marriage. She was previously married to Shaun Holguin (from 2002 and 2006) and to Cody Herpin (from 2007 to 2010), with whom she has a 5-year-old daughter, Zoie with.

How do you know when it’s time to call it quits on a long-term relationship?

Cupid’s Advice:

Ending a relationship is a hard decision to make, especially when a couple is together for a long period time. There are times when a relationship loses its spark and it can be very tough to get it back. When is it time to let go of someone you once kept so close to you heart? Cupid has some advice:

1. Feelings change: Have your feelings for your significant

other changed? Do you no longer get that warm, fuzzy feeling every time your partner grabs for your hand? The feelings you once had for your love may return in time, but if you're still not feeling it, it's time to sit down and evaluate your relationship. Don't string your boo along when you know you no longer want to be involved with them.

2. Drifting apart: One of you might have gotten that big promotion at work and has been busier than usual. Conflicting schedules can cause a couple to lose touch of each other. If this has been going on for some time now and you've been seeking attention from somebody else, it's time to end the relationship you're in. Although, if the two of you make some time for each other, you might be able to reconcile.

3. Nothing works: You've tried couples therapy and sought the help of friends and family on your situation, but nothing seems to be working. If you can't revive the relationship on your own and your partner isn't interesting in putting forth the effort to fix whatever is wrong, then it's time to let it go. You shouldn't have to work so hard for love, especially if you're not getting any support from the person you're trying so hard to keep.

When did you know it was time to call it quits on your relationship? Comment below.

Celebrity News: Jodie Sweetin Files for Legal Separation

from Husband of Less Than a Year



By Marisa Spano

A *Full House* star is on the verge of ending her third marriage. According to [People](#), Jodie Sweetin filed for legal separation from Morty Coyle, her husband of just a little over a year. Sweetin is seeking custody of the ex couple's 2 ½ - year-old daughter, Beatrix. The actress and her ex got engaged on Sweetin's birthday in January 2011. They decided to keep their marriage secret for a year. On their first year anniversary, the two made their marriage public.

How do you know when to call it quits on your marriage?

Cupid's Advice:

Divorce can be complicated and nasty, so when do you know whether to keep trying or to call it quits? Cupid has some advice:

- 1. Do whatever it takes:** Ask yourself, have I done everything I can to save the marriage? Perhaps couples counseling is the answer, or maybe time is all you need. Either way, you won't be happy if you know you threw away your marriage without trying to make it work.
- 2. Plan:** Make sure you have researched, planned and prepared yourself legally for a divorce. If it's a spontaneous decision and you haven't done the necessary legwork prior, you probably aren't ready to call it quits.
- 3. Forgiveness:** Has something happened that can't be forgiven? Anyone can live with someone, but if something unforgettable has happened it will no longer be a happy marriage. It is about being completely honest. The real question is, are you able to forgive?

When would you call it quits? Let us know below.

Celebrity News: Is John Mayer's New Song 'Paper Doll' about Taylor Swift?





By April Littleton

According to UsMagazine.com, John Mayer's newly released song "Paper Doll" is said to be about his ex, Taylor Swift. Rumor has it, the song is a retort to Swift's 2010 breakup hit, "Dear John." In a June 2012 Rolling Stone interview Mayer admitted that Swift's song "made me feel terrible... because I didn't deserve it." He also accused the record of being "cheap songwriting." "Paper Doll" was released Tuesday, June 18 and is from Mayer's upcoming sixth studio album, *Paradise Valley*.

What are some ways to use music to cope with a breakup?

Cupid's Advice:

Getting over a breakup can be a long and hard process. Your heart might feel like it's broken into a million pieces. Sometimes, using music as a soothing agent, can be the perfect thing to help ease the pain. Cupid has some advice on how to use music to keep you distracted and focused something else other than your ex:

1. Listen to songs by strong women: The best songs for a

breakup are ones sung by strong, independent women. Women like Gloria Gaynor and Lara Fabian sing about different types of breakups, but they all have one thing in common – survival. If you're ready to stop crying yourself to sleep listening to the blues, change your tunes to songs like "Survivor/Independent Woman" by Destiny's Child or Christina Aguilera's "Fighter". These women will help you push through the pain and look forward to a brighter future.

2. Learn how to play a musical instrument: Forget about just listening to music, you want to create your own. If you'd rather take a more active approach to getting over your breakup, find an instrument you see yourself becoming interested in and get some help learning how to play. Start out by learning your favorite song and soon you'll see a change in your attitude. You'll be back in the dating game in no time.

3. Do a Taylor Swift: If you're already musically inclined, go ahead and write all of the emotions you have toward your ex down on paper. Turn those words into lyrics and think of a melody. Once you're happy with your little creation, try your hand at performing the song in front of some supportive friends. Whether you belt out words of hate or love, any kind of creative outlet you use to express yourself will help you work toward moving on with your life.

How did you use music to cope with a breakup? Share your experience below.

Celebrity News: Johnny Depp

Opens Up About Split with Vanessa Paradis



By April Littleton

UsMagazine.com has news that Johnny Depp has finally broken his silence about the end of his 14-year relationship with Vanessa Paradis. In the July 4 issue of Rolling Stone, Depp said, "The last couple of years have been a bit bumpy. At times, certainly unpleasant, but that's the nature of breakups, I guess, especially when there's kiddies involved." The ex-couple never married and are parents to Lily-Rose, 14 and Jack, 11. Recently, Depp has been dating 27-year-old actress Amber Heard.

How do you know when the downs outweigh the ups in a relationship?

Cupid's Advice:

It can be hard to tell when your relationship has taken a permanent turn for the worst, especially if you're working so hard to keep it intact. All relationships go through their ups and downs, but how do you know when it's time to let go of what you once had and move on? Cupid has some tips:

1. You're not satisfied: Is it hard for you and your partner to communicate well? Do you find yourself crying more often and smiling less? This may be a sign that your relationship is spiraling out of control. If you haven't been happy with your significant other in a while, then you need to be thinking about ending the relationship – no matter how painful it will be.

2. Change in behavior: Has your partner become distant? If there's a change in your behavior or your boo's, it's time to evaluate what's important in your relationship. Maybe the two of you just need space from each other, or maybe there's deeper issues the two of you haven't fully let out in the open yet. Whatever the case, now's the time to figure out whether you want to try one more time to salvage the relationship, or leave it behind.

3. Commitment: If you find it more and more difficult to stay committed to your significant other, now is the time to throw in the towel. The pressure may be too much for the both of you, or the spark may have fizzled out for good. If you can no longer envision yourself sticking it out for better or for worse, get out of the poor situation before it gets worse. You never know, maybe the two of you can eventually become friends in the end.

How did you know when the downs outweighed the ups in your relationship? Comment below.

Celebrity News: Katy Perry Admits Russell Brand Said He Was Divorcing Her Via Text



By April Littleton

According to UsMagazine.com, Katy Perry told Vogue in an interview how her ex-husband, Russell Brand brought up his plans for divorce, "He's a smart man, and I was in love with him when I married him. Let's just say I haven't heard from him since he texted me saying he was divorcing me December 31, 2011." The "Wide Awake" singer, 28 and Brand, 38 married in October 2010 after meeting at the 2009 MTV VMAs. Since their

breakup, Perry has had an on-again, off-again relationship with John Mayer.

What are some things you should not use social media for in a relationship?

Cupid's Advice:

Nowadays, a relationship isn't truly official until it's "Facebook official." Spilling the beans on your latest crush to your virtual friends may seem cute at the time, but if things get serious between you and the new boo, you might be setting yourself up for failure. Some things should be left completely private and left off of your Twitter updates. Cupid has some advice:

1. Cyber fighting: Many couples use social media sites like Twitter and Facebook to vent about their latest relationship problems. This would be OK if it weren't for the negative public commentary you'll be bound to receive. Putting your private business out there is never a good look for you or your partner. Plus, nasty comments left on your site could lead to bigger problems in your relationship.

2. Talking to the ex: If your ex sends you an "innocent" friend request, decline it. It's more than likely he/she will just stir the pot and cause a rift between you and your new love. If your ex is already apart of your social networking community, keep the conversations to a minimum. Your beau doesn't want to see you getting friendly with your ex for the whole world to see, and stay away from that dreaded "Like" button if you're dealing with an insecure partner. Commenting, or showing your appreciation for an old flame's picture or status will lead to an argument.

3. PDA: A few pictures of you and your boo kissing is OK, but don't overdo it. Your network of friends don't need to see what you and your partner do behind closed doors. Besides,

taking too many inappropriate pictures will be a cause for your site to be blocked or permanently suspended if enough people complain about it. Keep it PG-13 when you feel like sharing the love on the World Wide Web.

What are some other things you shouldn't use social media for in a relationship? Comment below.

Jennie Garth and Peter Facinelli Finalize Divorce



By Petra Halbur

Jennie Garth and Peter Facinelli's marriage officially ended on Tuesday, June 11. Though the two actors filed for divorce in March 2012, their split has been amicable. Garth and Facinelli have agreed upon a 50-50 custody arrangement with their three daughters, Luca Bella, 15, Lola Ray, 10, and Fiona Eve, 6. Garth spoke to [People](#) about her initial resistance to the idea of divorce. "I didn't want it to happen," she said. "It took me some time to come to peace with it."

What are some ways to keep your divorce amicable?

Cupid's Advice:

Divorce is never fun, but there is a way to keep the separation amicable. Cupid has some ideas:

1. Don't assign blame: Holding your partner responsible for the failure of your marriage will only generate negative feelings between you two. Brooding about the past will accomplish nothing. Though it may be difficult, let go and move towards the future.

2. Hold your tongue: Just because you have something to say, doesn't mean you have to say it. You may feel angry and hurt but for the sake of those around you, particularly if you have children, exert some self-control and keep things civil.

3. Forgive each other: It won't be easy, but try your best to make peace with the end of your marriage and reach a point where you can forgive your spouse and yourself for whatever factors led to the separation.

Did you keep your divorce amicable? Tell us how below.

Jane Lynch and Wife Lara Embry Are Divorcing



By Marisa Spano

It's always upsetting to hear when our favorite couples break it off. *Glee* star, Jane Lynch and Dr. Lara Embry have decided to end their marriage. The actress confirmed the news to UsMagazine.com, saying, "This has been a difficult decision for us as we care very deeply about one another."

How do you know when it's time to call it quits in a relationship?

Cupid's Advice:

Relationships are never easy, but there are some that are

simply not meant to be. Learning when relationships need to end are difficult, Cupid has some answers:

1. Do you want to keep fighting?: You need to decide whether you want to keep fighting for the relationship. your true desires will eventually come out. If any part of you still has hope that hanging in there and fighting might salvage a long-term future, answer to yourself what goals would you set for turning things around?

2. Ask family: Those who love you the most want the best for you. They usually already know if the relationship is good for you or not. Trust their judgment.

3. Make a list: list their pros and cons. Make sure you are honest and serious about their good and bad points. If you fear for your own safety, the best thing to do is get out now.

When would you end a relationship? Let us know below!

Will Arnett Says Dating Seems 'Very Scary' Right Now





By Kerri Sheehan

Since his split from fellow actor comedienne, Amy Poehler, Will Arnett has taken a step back when it comes to dating. After nine years of marriage and two sons together, Arnett isn't looking to rush back into dating. "I'm 43 and I've found my happiness – which is my kids," Arnett said according to [People](#). He added, "Yeah, I don't know what you do. Do you put out an announcement in the trades? I'M DATING! It all seems very scary to me, to be honest."

How do you get back in the dating game after being out of it for a long time?

Cupid's Advice:

The dating world is scary for everyone. It's a jungle full of random people and you never know who is in it just to play and who is in it to find love. Cupid has some advice:

1. Put yourself out there: You never know who you're going to meet and where you're going to meet them so always be open to new settings and environments. Maybe your soul mate was hiding

somewhere at that party you did want to go to last week, but you'll never really know.

2. Don't be afraid to strike out: You can't let the fear of striking out keep you from winning the game. Just because you don't succeed once, twice, or a thousand times doesn't mean that your next home run isn't just around the corner. Dating has always been hot or miss, so just keep hoping for a hit.

3. Know yourself: You can't truly fall in love with someone else unless you know who you are first. Expecting someone to fall in love with you without first loving yourself is like expecting a halfhearted salesman to get any business.

How do you recommend getting back into the dating game? Share below.

Courtney Cox and David Arquette Finalize Their Divorce





By Petra Halbur

Courteney Cox and David Arquette's 13-year marriage officially ended on Tuesday, May 28th. According to UsMagazine.com, the couple, who have an 8-year old daughter named Coco, announced their separation in October 2010 and filed the divorce papers in June 2012, citing "irreconcilable differences." Despite these differences, though, the pair remain on good terms. "I don't recommend divorce in general," Cox said when she was on *The Ellen Degeneres Show* in January. "But he is my best friend and we've both grown and changed, and I think we both appreciate each other more."

How do you know when to start dating again after a divorce?

Cupid's Advice:

Your love life doesn't have to end with your divorce. That said, after something as difficult and draining as a divorce is finalized, it may be difficult to tell when you're ready to start dating again. Cupid is here to help:

1. You've healed: Don't drag the heartbreak and turmoil left

over from your divorce into your dating life. Give yourself the time you need to come to terms with your ended marriage.

2. The kids are ok: You may feel ready to get back out there, but make sure that your children are ready to see you with someone new. Talk to them about your feelings and encourage them to express their own.

3. No rush: Make sure you're not hurling yourself back into the dating game for fear of being alone. As difficult as it may be to be single again, this could be a wonderful opportunity to rediscover who you are. Don't pass it up in a hurry.

How did you know when to start dating after your divorce? Tell us below.

Lenny Kravitz Says He and Ex-Wife Lisa Bonet Are 'Best Friends'





By Petra Halbur

Twenty years after the divorce, Lenny Kravitz is on great terms with his ex-wife, Lisa Bonet. According to UsMagazine.com, the pair were married for six years and had a daughter named Zoe before calling it quits in 1993. Still, Kravitz looks back fondly on his union with Bonet. “We were very young and it was wonderful,” Kravitz says on the June 2 episode of *Oprah’s Master Class*. “Zoe’s mom and I now are best friends. It’s interesting because that’s how the relationship started.”

How do you re-establish a friendship after a bitter breakup?

Cupid’s Advice:

“We can still be friends” is far easier to say than it is to do. How do you go about rebuilding a friendship after your romantic relationship has gone sour? Cupid has some ideas:

1. Take it slow: Do not rush things. Hurt feelings left over from a nasty break up can’t be shrugged off. You need to give yourself and your ex time to heal before developing a platonic

relationship.

2. Come clean: You need to be honest about any remaining bad blood remaining between you two. Sweeping unaddressed grudges under the rug for the sake of friendship won't work for long.

3. No green-eyed monsters: Will you be supportive when your ex starts dating someone new? If not, you need to resolve this issue within yourself now because jealousy will be a sure-fire way to destroy your newly revived friendly.

How did you stay friends with your ex? Tell us below.