

Celebrity Break-Up: Ryan Seacrest & Shayna Taylor Split for the Third Time



By Alycia Williams

In latest [celebrity news](#), Ryan Seacrest and Shayna Taylor called it quits for the third time in the past eight years.

According to *UsMagazine.com*, the [celebrity couple](#) are remaining good friends and will always be each others' biggest supporters. They will also cherish the time they spent together as a couple. Seacrest, who is in Mexico with some friends, was spotted a few times with another woman. They've been pictured holding hands and relaxing on the beach together, very soon after his [celebrity break-up](#).

In celebrity break-up news, Ryan and Shayna called it quits, and it seems Ryan has already moved on. How do you know when you're ready to move on after a long-term relationship?

Cupid's Advice:

When you're in a relationship for a long time and things aren't going so well, it's hard to know when you should continue to work on your relationship or move on. If you are in a long-term relationship and you're not sure if you should move on, Cupid has some advice for you:

1. You've lost interest: In the beginning of the relationship, you two were inseparable. Late night phone calls, endless text conversations, and spontaneous dates were the norm, and it seemed like you would be together forever. If you've lost that same spark that you had when you first got together completely, then chances are it's not coming back.

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2. You fight constantly: Disagreements within a relationship are perfectly normal, but if you find you and your partner fighting a lot more than usual, then it's time to take a broader scope to the relationship. If fights outweigh the good times that you have, then it's time to call it quits.

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3. You avoid future plans: If you're in a long-term

relationship, then planning ahead should be natural, because you see a long-term future with each other. If you find yourself not planning a future with your partner, that just means you don't see this person in your future. In that case, it's time to move on.

What are some other ways to know when you're ready to move on after a long-term relationship? Start a conversation in the comments below!

Celebrity Break-Up: Jim Edmonds Says Marriage with Meghan King Edmonds Was 'Loveless and Abusive'





By Diana Iscenko

In latest [celebrity news](#), Jim Edmonds accused ex-wife Meghan King Edmonds of abuse in a recent Instagram post. Edmonds posted a picture of his girlfriend, Kortnie O'Connor, captioning it: "If it wasn't for this girl, I don't think I would be here right now." He continues by accusing his [celebrity ex-wife](#) and *Real Housewives* star: "I was going through hell ending a loveless and abusive relationship. The lies and accusations that followed the breakup only put me deeper into a funk." The post's intent was to celebrate the new [celebrity couple](#) but may create drama between the [reality TV](#) exes.

This celebrity break-up was certainly not drama-free, and accusations are still being thrown out there. What are some ways to

keep negativity after a break-up from consuming your life?

Cupid's Advice:

The end of a relationship is always hard, but avoiding drama will make it easier for you and your ex. Even if you can't avoid every awkward moment, Cupid has some advice for you:

1. Take time apart: Do your best to not see your ex, even if you want to be friends after the breakup. Give yourself a couple of months to get used to life on your own before you reach out to your ex again. Staying too interconnected after a breakup will prevent you (and your ex!) from moving on.

Related Link: [Celebrity Breakup: Teresa & Joe Giudice Talk Divorce in Interview with Andy Cohen](#)

2. Set boundaries: Sometimes you can't avoid your ex. Maybe you work together or have close mutual friends. You and your ex need to establish boundaries. Discuss what you're comfortable with when you do see each other and be adamant about not falling back into your old habits.

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3. Avoid social media: After the breakup, take some time before going on social media. Seeing what your ex is doing will cause unnecessary hurt and drama. You might also want to keep your breakup off the internet at first. You may not be ready to talk about the breakup with those outside your inner circle.

How do you keep things drama-free with your exes? Start a conversation in the comments below!

Celebrity Exes: Brooks Laich Steps Out Without Wedding Ring After Julianne Hough Split



By Ellie Rice

In the latest [celebrity news](#), Brooks Laich was spotted out in Los Angeles without his wedding ring. The sighting comes after his recent split from Julianne Hough. The pair wed in mid-2017 and had been the source of multiple breakup rumors in recent months. We wish these two nothing but the best on their

separate journeys!

This celebrity ex is letting his newly found single-dom be known. What are some small steps you can take to move on right after a split?

Cupid's Advice:

Break-ups are tough and moving on can feel impossible. If you're looking for ways to get that train rolling, Cupid has some advice for you:

1. Unfollow them: If you know you'll be itching to stalk their social media profiles and constantly check-up on what they are doing, unfollow them. During this process, it's important that you are focusing on yourself and doing what's right for you. Wasting your time on their socials will only make moving on more difficult and longer. Try taking a break from social media all together! Detox from your screen and work on your self-care routine instead.

Related Link: [Celebrity Break-Ups: Julianne Hough Is 'Super Upset' Amid Brooks Laich Split](#)

2. Cut the communication: While you may thinking reaching out and continuing to seek closure is a beneficial thing, it will only hurt you in the long run. Once you break up make sure you understand what went wrong and why. After you receive this closure, don't continue asking to talk, it will only sour the split. By cutting off the communication, you will be able to completely focus on yourself and spend time working on your personal growth. Use this time to better who you are whether that's in your career or with your loved ones.

Related Link: [Celebrity News: Brooks Laich Still Wants Kids After Split from Julianne Hough](#)

3. Turn to your support network: Nothing heals a wounded heart better than spending time with your friends and family. Tell them what's happening with your split and allow yourself to be vulnerable around them. Try planning a wine night with your girlfriends or a dinner with your family! Surround yourself with love and people who care about you and it will be a step in the right direction.

What steps would you take when moving on from an ex? Start a conversation in the comments below!

Celebrity Exes: Teresa Giudice Honors Estranged Husband Joe on Father's Day





By Alycia Williams

In latest [celebrity news](#), [reality tv star](#) Teresa Giudice honored her estranged husband Joe Giudice on Instagram for Father's Fay. According to *UsMagazine.com*, Teresa's post was of Joe and their four daughters captioned, "Happy Father's Day, the girls miss you today & everyday!" Joe commented under the post and said, "Thank you for being my angels, for showing the world you are superstar."

These celebrity exes may be estranged, but they're keeping their parental duties front and center. What are some ways to keep things civil with your ex for your kids?

Cupid's Advice:

A break-up is never an easy thing, and a lot of the times you never want to see your ex again, but if there are kids involved, then that's out of the question. If you are looking for ways to keep things civil with your ex for your kids, Cupid has some advice for you:

1. Only talk when you have to: If you and your ex ended things badly and you have kids together make sure that the only reason that you both are communicating is the kids. Keep every conversation, phone call, or text message pertaining to the children. Don't talk about what went wrong in your relationship, it'll just create bad blood between you two.

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2. Set your hurt/anger aside: Wearing your emotion on your sleeve won't benefit anyone and especially not your kids. It's ok to be hurt, but separate your feelings from your behavior because you don't want to put your kids in the middle of your drama.

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3. Don't try to be in control: Walking all over your ex when it comes to decisions about the kids is not helpful, and it won't be good for your co-parenting relationship. Keep the communication gate open when it comes to the kids and make sure that you both make decisions for the kids together.

What are some more ways to keep things civil with your ex for your kids? Start a conversation in the comments below!

Celebrity Break-Ups: Julianne Hough Is 'Super Upset' Amid Brooks Laich Split



By Diana Iscenko

In the latest [celebrity news](#), Julianne Hough is having a hard time with her recent separation from ex-NHL player Brooks Laich. The [celebrity couple](#) split in May after almost three years of marriage. A source told *UsMagazine.com* that the *Dancing with the Stars* alum is “super upset” about the pair’s upcoming [celebrity divorce](#) saying, “Julianne and Brooks’ split was a long time coming... There’s still a love there, but not in a romantic sense.”

In celebrity break-up news, Julianne is having a tough time dealing with her recent split. What are some happy things you can do while coping with a split to boost your mood?

Cupid's Advice:

The end of a relationship is always hard. You need time to grieve no matter how it ended. It's also important not to let the grief be the only thing you feel. If you're having a hard time feeling positive after your breakup, Cupid has some advice for you:

1. Reconnect with friends: It's easy to distance yourself from your friends during your relationship, but it's important to spend time with them after a breakup. Your close friends are there for you and this is when you need them most. If they're long-distance friends, schedule times to call them!

Related Link: [Celebrity News: Brooks Laich Still Wants Kids After Split from Julianne Hough](#)

2. Fall in love with your hobbies: Some of your free time will be spent being upset about your breakup and that's okay. Try spending more of that time getting back into hobbies you may have stopped doing during your relationship. This is your time to experiment with new activities, too!

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3. Say yes to new experiences: Accept every social invitation you have. Spend a night out with friends or have lunch with

your family. Even if it doesn't feel genuine at the beginning, you'll be glad you spent time with people you care about instead of holing up and watching Netflix again.

What are some ways you pick yourself up after a breakup? Start a conversation in the comments below!

Celebrity Divorce: What Went Wrong for Kelly Clarkson & Brandon Blackstock?



By Diana Iscenko

In the latest [celebrity news](#), Kelly Clarkson and soon-to-be ex-husband Brandon Blackstock have filed for divorce. A source close to Clarkson revealed that issues have been plaguing the [celebrity couple's](#) marriage for a long time. "They clashed on so many levels and being in quarantine together heightened their problems to the point of no return," the source *told UsMagazine.com*. Hosting her own talk show and coaching on *The Voice* required Clarkson to spend a lot of her time in Hollywood. However, the source reveals that the singer's [celebrity ex](#) "prefers their quiet life in Nashville."

In celebrity divorce news, quarantine heightened Kelly Clarkson and her husband's relationship issues. What are some ways to work on your relationship in quarantine?

Cupid's Advice:

Quarantine can be hard on any relationship, but it can take an especially heavy toll on those who are already having issues. If you're worried about COVID-19 ending your relationship for you, Cupid has some advice for you:

1. Make sure you're on the same page: Everyone is extra stressed out right now. Take time to discuss what is troubling you both most. Once you're both aware of what about the pandemic is worrying you most, you can work as a team to find ways to deal with it.

Related Link: [Celebrity Divorce: Kelly Clarkson Files for Divorce from Husband After 7 Years](#)

2. Find an activity to do together: You and your partner are probably spending much more time together. While every waking moment doesn't need to be spent together, find something you and your partner can do together that lets the two of you have quality time together. Do a puzzle, have movie nights, anything to make quarantine still feel like dating.

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3. Focus on communication: Having healthy communication with your partner is always important, but it's even more vital when you're with them 24/7. Especially in such a high-stress time, you're bound to have disagreements. Make sure to be empathetic and steer clear from trying to "win" the argument by belittling your partner.

How have you been working on your relationship during quarantine? Start a conversation in the comments below!

Celebrity Divorce: Kelly Clarkson Files for Divorce from Husband After 7 Years





By Diana Iscenko

In the latest [celebrity news](#), Kelly Clarkson and husband Brandon Blackstock file for divorce. The [celebrity couple](#) were married in 2013 and have two kids together, five-year-old River and four-year-old Remington. The singer cited irreconcilable differences when filing for divorce in Los Angeles. Despite these differences, the [celebrity exes](#) have been quarantining with their children at the pair's ranch in Montana.

In celebrity divorce news, Kelly Clarkson has decided to part ways with her husband after seven years of marriage. How do you know your relationship is over and not

fixable?

Cupid's Advice:

It's hard to come to terms with things when your relationship is ending. Is it something you can work through or is it over? If you're thinking about calling it quits with your partner, Cupid has some advice for you:

1. They're no longer your go-to: You just got amazing news, but your partner isn't the first to know. You want to go to a concert, but you don't think to bring them as your plus one. While this might not seem like major problems, it shows that your partner is losing importance to you. You're feeling closed-off from your partner, which could show that your relationship isn't working as well as it was.

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2. You've stopped talking about the future: Planning for your future together is an important part of being a couple. If you find yourself no longer looking forward to a future with your partner (or don't see them in your future at all!), it might be time to let them go. If you're no longer in it for the long haul, you're holding both you and your partner back.

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3. You're bored: Not only are you feeling bored with your relationship, but with your entire life. If you're feeling dissatisfied with everything, it may be because your relationship is stagnant and that's seeping into other areas of your life.

How do you know it's time to call it quits on your relationship? Start a conversation in the comments below!

Celebrity Divorce: Ewan McGregor Settles Divorce from Eve Mavrakis 2 Years After Filing



By Diana Iscenko

In the latest [celebrity news](#), Ewan McGregor and Eve Mavrakis have finalized their divorce more than two years after filing. The [celebrity couple](#) was married for 22 years, with McGregor filing for divorce in January 2018, citing inconsolable differences. There were rumors of this [celebrity divorce](#)

before it was filed, with McGregor spotted kissing *Fargo* costar Mary Elizabeth Winstead in October 2017. The couple went public with their relationship after McGregor's divorce was filed and are still together today.

In celebrity divorce news, it's officially over for Ewan McGregor and his now ex-wife Eve. What are some ways to get through tough divorce proceedings?

Cupid's Advice:

No one is expecting to get divorced on their wedding day. Even if your divorce was a long time coming, it can be hard to come to terms with the end of your marriage. If you need help getting through your divorce, Cupid has some advice for you:

1. Let yourself mourn: Your marriage is over and you're supposed to be upset about it. Whether you're heartbroken over betrayal or just bummed it didn't work out, you need to let yourself feel your emotions. Let yourself be upset.

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2. Stop fighting with your ex: You might be tempted to call your ex out on their bad behavior. If you keep fighting with your ex, you're letting the unhappiness of your past marriage get in the way of your moving on. Remember you aren't married anymore and you don't need to fight with them.

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3. Open up to someone: It's important to find someone to

confide in. Talk to a trusted friend, family member or therapist. You shouldn't keep your frustrations inside, but you also shouldn't complain about your divorce to your ex's voicemail or to your children.

How do you handle things with your ex? Start a conversation in the comments below!

Celebrity News: Brooks Laich Still Wants Kids After Split from Julianne Hough



By Alycia Williams

In latest [celebrity news](#), Brooks Laich expressed his desire for kids following his recent split from Julianne Hough. According to *UsMagazine.com*, the former professional hockey player was discussing his “journey” to learn more about racism on a “How Men Think With Brooks Laich and Gavin DeGraw” podcast episode when he said, “It’s important to me. I hope to be a father one day.” The [celebrity exes](#) split in May, but that doesn’t change the way he feels about one day having children.

In celebrity news, Brooks Laich isn’t letting his split from Julianne Hough keep him from having kids in the future. What do you do if your partner isn’t interested in having kids, and you are?

Cupid’s Advice:

Figuring out if you want to be a parent is such a big decision and even though you may have found who you think is “the one” they might not have the same plans as you to become a parent. If your partner isn’t interested in having kids and you are, Cupid has some advice for you:

1. Figure out if there’s an underlying issue: A lot of the time if someone doesn’t want to have kids, it’s not necessarily because they don’t want to be a parent, but because of something that they think may prevent them from being the best parent they can be. For instance, lack of time, lack of money, or lack of space could be factors. Talk to your partner and see if this is an issue that can be resolved

before starting a family.

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2. Be patient: Rushing into a big decision like becoming a parent isn't a good idea. If you are ready to have kids and your partner isn't, give them some time. They may change their mind over the course of time and when they do then you'll both be ready to have a baby.

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3. Keep and open mind: Try not to be stuck on exactly what you want. Hear your partner out and see if you can come to a compromise and agree on something that you both are happy with.

What are some other things to if your partner isn't interested in having kids, and you are? Start a conversation in comments below!

Celebrity News: Scott Disick Seen Dining With Kourtney Kardashian Amid Sofia Richie Split



By Ellie Rice

In the latest [celebrity news](#), Scott Disick was spotted dining out with ex-Kourtney Kardashian and their kids. The sighting has fans on high alert as Disick and longtime girlfriend Sofia Richie's recent split was said to be because of his former flame. According to *UsMagazine.com*, Disick's focus was always on Kardashian and their kids rather than Richie. We hope all these celebrity exes can get along!

In celebrity couple news, Scott Disick was seen out with ex-Kourtney Kardashian amid his split from Sofia Richie. How do you know

if you're still hung up on an ex?

Cupid's Advice:

Missing an ex is a common and sometimes inevitable occurrence. If you're wondering if you may fall into that category, Cupid has some advice for you:

1. You're constantly thinking about them: If the one thing that seems to always be on your mind is your ex, then chances are you're not over them. Think about the good and bad within the relationship and why it ended. If you went your separate ways for reasons that were fixable or poorly timed, then maybe reconciliation is in your future. For those whose relationship ended for valid and critical reasons, then you need to remember why the split took place. Nostalgia plays a selective highlight reel through our memory and focuses on the highest of highs, don't let this cloud your judgment.

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2. You stalk their socials: Are you glued to your phone and constantly checking in on your ex's profiles? If that sounds like you, then you're probably not over them. This definitely isn't a healthy step in the moving-on process or any for that matter! Once you've split, unfriend and unfollow your partner. Cutting off this visibility is crucial for you to embark on the next stage of your life. Constantly checking in or stalking their pages isn't going to do you any good and may lead to your feelings getting hurt all over again.

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3. You're still reaching out: Closure is a crucial part of the breakup process. It's important that the two of you have an open and honest discussion about why things ended so you're

both walking away without any lingering questions. Once this has happened, it's important that you move forward with your life and work towards finding your own happiness. Stop trying to rehash the past or continue to ask your ex what went wrong. Accept that it wasn't the right path and focus on yourself.

Are you still hung up on an ex? Start a conversation in the comments below!

Celebrity Break-Up: Jordana Brewster & Andrew Form 'Quietly Separated' Earlier This Year





By Alycia Williams

In latest [celebrity news](#), Jordana Brewster and her husband Andrew Form “quietly separated” earlier this year after 13 years of marriage. According to *People.com*, the [celebrity couple](#) have the utmost respect for each other and they remain committed to co-parenting their two sons, Rowan and Julian, as a team.

In celebrity break-up news, Jordana and Andrew have separated, but are co-parenting their kids as a team. What are some tips for co-parenting successfully?

Cupid’s Advice:

Co-parenting isn’t anyone’s ideal situation, but it’s a lot of people’s reality. It can be hard to maneuver the best way to

co-parent with your ex. Cupid has some advice for you:

1. Always communicate: It can be difficult to keep talking to your ex after you break-up, but if you have children together it's so important to keep communicating. You are both still parents whether you're together or not, and that means you still need to make decisions together pertaining to your kids. Keep your ex informed, and they should do the same with you.

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2. Have a plan: Once you and your partner break up, you need to create a plan when it comes to the kids. Sit down with your ex and figure out who the kids are going to live with, when the kids are going to visit the other parent, who's going to have the kids on which holidays, who's going to take the kids to school and all of the other little details. Agree on the details, and stick to them for consistency in your kids' lives.

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3. Try not to involve to kids: You and your ex broke up for a reason. Whatever that reason may be, try not involve your kids in your adult business. Don't talk negatively about your ex to your children, because that's their parent and you wouldn't want that done to you. Try to portray you ex in the best light possible in front of your kids.

What are some more tips for co-parenting successfully? Start a conversation in the comment below!

Celebrity News: Prince Harry's Ex Cressida Bonas Feared Being Labeled 'It' Girl After Split



By Ellie Rice

In the latest [celebrity news](#), Prince Harry's ex Cressida Bonas has opened up about life post-royal-split and how the relationship held her back. According to *UsMagazine.com*, Bonas feared her reputation would leave her branded as an "it" girl once the duo broke up, but she now has found the confidence to pursue her passions. The pair amicably went their separate ways in 2014 but remained on friendly terms as Bonas attended his wedding to Meghan Markle.

In celebrity news, Cressida Bonas was afraid of what people would think of her after her split from Prince Harry. What are some ways to keep your break-up from causing gossip and rumors?

Cupid's Advice:

Gossip and rumors can cause quite a rift in any relationship, often leading to a break-up. If you're wondering how to navigate the post-split waters without any of that negativity, Cupid has some advice for you:

1. Stay on the same page: Break-ups are tough for both parties, even when they're amicable. Moving on from a relationship and person that's held such a prominent position in your life is challenging. If you're worried about people gossiping and starting rumors about your relationship, then you need to have a conversation with your ex-partner. Let them know how you're feeling and get on the same page about what's going on.

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2. Be respectful: The last thing you want is to sour your split and have it turn messy. Once the two of you have gone your separate ways, be respectful. Honor the memories you shared and understand that it's now time to embark on a new chapter in your life. Unless your ex has done something awful, there's no need to soil and tarnish their reputation in the public sphere. You wouldn't want them speaking negatively about you without cause either!

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3. Redirect: If you're finding yourself surrounded by gossip about your relationship, set the record straight, and then move on. Understand why it ended, respect the feelings and decisions within the relationship, and then move forward. Redirect the conversation to what you're doing with your future and the other stuff that's happening in your life. The ins and outs of your relationship are nobody's business but yours and your former partner's.

How would you keep your break-up drama-free? Start a conversation in the comments below!

Celebrity Break-Up: Josh Lucas' Ex Wife Claims He Cheated During Pandemic





By Alycia Williams

In latest [celebrity news](#), Jessica Ciencin Henriquez posted a tweet slamming her ex-husband Josh Lucas for cheating on her. According to *UsMagazinge.com*, Henriquez captioned her tweet, "Exes are exes for a reason." She went on to explain that it's easier to forgive people for cheating when you have a child with them, but it takes a terrible person to cheat on someone during a pandemic. These These [celebrity exes](#) have broken up before in the form of a very public celebrity divorce [celebrity divorce](#) in 2014, but recently they have been trying to reconcile their relationship. Due to the recent cheating scandal, however, Henriquez decided to take it to Twitter, ending her tweet saying, "I deserve better than this, Our son deserves better than this."

In celebrity break-up news, Josh Lucas' ex-wife is airing her

grievances publicly. What are some things to consider before going public with relationship disagreements?

Cupid's Advice:

Having a disagreement with your partner can really be difficult, and sometimes you can be airing your dirty laundry without realizing it just because you need to vent. If you tend to go public with your relationship disagreements before considering all of the consequences, Cupid has some advice for you:

1. Think of the kids: Relationship disputes can be a really delicate situation, but when there are kids involved, it only makes it more complicated. You don't want your kids to be involved in adult conflict, and when you go public with your relationship drama, it can easily be overheard by your children. So, before you publicize your relationship disagreement, think about your kids. Put them first.

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2. What will your family and friends think?: When you tell your family and friends about your relationship feud, it can really paint a negative picture of your partner in their heads. If you decide to work out your differences and forgive your partner, your family and friends might not forgive them so easily, which will make gatherings really awkward. Your complaints can be taken to heart by your family and friends, making your partner seeming like a terrible person.

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3. You'll receive everyone's two cents: Having everyone know that you and your partner are having relationship issues can result in everyone giving their unwanted opinions. Hearing their thoughts about your relationship can stress you out. Sometimes unwanted opinions can lead to blowing smaller issues out of proportion, which only results in more conflict. When you deal with your relationship issues internally, you'll focus on your opinion alone, and that's ultimately the only one on that matters.

What are some other things to consider before going public with relationship disagreements? Start a conversation in the comments below!

Celebrity Break-Up News: Kristin Cavallari's Friends Saw 'Shady' Side to Jay Cutler Pre-Split





By Diana Iscenko

In the latest [celebrity news](#), *Very Cavallari* star Kristin Cavallari and Jay Cutler have filled for divorce. Fans of the [celebrity couple](#) may be surprised to hear of this split, but those closest to the [reality TV star](#) weren't always Cutler's biggest fan. According to *UsMagazine.com*, Cutler "would be mean to [Cavallari], embarrass her, make her feel bad, or storm off." Despite this messy situation, these [celebrity exes](#) "have nothing but love and respect for one another," according to an Instagram post.

In this celebrity break-up news, Kristin Cavallari's friends saw the writing on the wall before her split from Jay Cutler. What do you do if your friends are voicing

warnings about your relationship?

Cupid's Advice:

In a perfect world, your friends would all adore your significant other as much as you do. Unfortunately, there are many times when your friends might not see eye to eye with your new partner. If you're not sure how to handle a friend's worries about your new relationship, Cupid has some advice for you:

1. Think about your friendship: Consider if you have a healthy relationship with your friend. Are they one of your closest friends? Do you trust their judgment? Unfortunately, not all your friendships are perfect, but you'll be able to tell if your friend has your best intentions at heart.

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2. Learn more about their worries: Ask your friend what exactly makes them dislike your partner. Having an open conversation will let you know why exactly they're concerned. It's also important to consider your friend's viewpoint. They could see some major red flags you might have missed.

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3. Find a compromise: You can't force your friend and partner to get along, but you can make sure they're both as comfortable as possible. Set boundaries so they can feel comfortable around the other person. Maybe that's only seeing the other in a group setting or not discussing certain topics.

What do you do when your friend is worried about your new relationship? Start a conversation in the comments below!

Celebrity Break-Up: Scott Disick & Sofia Richie Officially Break Up After 3 Years



By Diana Iscenko

In the latest [celebrity news](#), [Scott Disick](#) and Sofia Richie called it quits after their three-year relationship. Richie ended things to give Disick space to work on his mental health and addiction issues, which he has struggled with long before the pair got together. These [celebrity exes](#) remain on speaking

terms, despite Disick spending his birthday weekend with ex-wife [Kourtney Kardashian](#).

In celebrity break-up news, Scott and Sofia are calling it quits. How do you cope with the loss of a long-term relationship?

Cupid's Advice:

The end of a long-term relationship marks a new chapter of your life. It doesn't matter who initiated the break-up; both parties will have to deal with heartbreak. If you're unsure of how to move forward, Cupid has some advice for you:

1. Allow yourself to grieve: This is your chance to accept your new reality without your ex. You have the time to reflect on the relationship and your own actions, which will allow you to move on. This is your time to establish a new routine without your ex and untangle them from your life.

Related Link: [Celebrity News: Scott Disick Celebrates Birthday with Ex Kourtney Kardashian & Kids After Split from Sofia Richie](#)

2. Focus on yourself: Long-term relationships often have you focusing more on "we" than on "me." This is your chance to do things that make you happy. This could be finding a new hobby, going out to your favorite places, or spending more time with people who support you.

Related Link: [Celebrity Couple News: Scott Disick and Sofia Richie Are on a Break Post-Rehab](#)

3. Lean on friends and family: Your loved ones are there to cheer you up! They can be a shoulder to cry on, an ear to

listen, or a distraction from the break-up. Spending time together will lift your spirits no matter what you do and it will remind you you're not alone.

What do you do to heal after a relationship? Start a conversation in the comments below!

Celebrity News: Scott Disick Celebrates Birthday with Ex Kourtney Kardashian & Kids After Split from Sofia Richie





By Diana Iscenko

In the latest [celebrity news](#), [Scott Disick](#) spent his birthday with ex-wife [Kourtney Kardashian](#) and their kids. According to *UsMagazine.com*, Disick and his long-time girlfriend, Sofia Richie, recently took a break from their relationship so he could work on his mental health. In the wake of this [celebrity break-up](#), Disick and Kardashian spent their Memorial Day weekend with two of their children, Penelope, 7, and Reign, 5, in Lake Powell, Utah.

In this celebrity news, exes Scott and Kourtney made his birthday a family affair. What are some reasons to keep things civil with your ex?

Cupid's Advice:

The end of a relationship is painful. Many people choose to cut their ex out of their life, but there are many reasons you might want to keep an ex in your life. If you're debating whether you should stay civil with an ex, Cupid has some advice for you:

1. You need closure: A break-up hurts less when it ends on good terms. This isn't always possible, but if your ex can have a conversation with you about the relationship, it may help you better move on and keep things drama-free in the future.

Related Link: [Celebrity Couple News: Scott Disick and Sofia Richie Are on a Break Post-Rehab](#)

2. You run in the same circles: Sometimes staying civil with an ex is all about practicality. If you share a group of friends or a workplace, you want to remain on speaking terms with an ex to avoid future drama and awkwardness.

Related Link: [Relationship Advice: What We Can Learn From The Trials And Triumphs Of Celebrity Relationships](#)

3. You still trust them: If your relationship had a clean ending, you might still want them as a supportive friend in the future. By ending on civil terms, it opens the door for your ex to come back into your life when you're ready.

Do you try to keep things civil with your ex? Start a conversation in the comments below!

Celebrity Break-Up: Mary-Kate

Olsen Officially Files for Divorce from Olivier Sarkozy



By Alycia Williams

In latest [celebrity news](#), Mary-Kate Olsen filed for a [celebrity divorce](#) from Olivier Sarkozy. According to *EOnline.com*, Olsen requested an emergency divorce filing initially. The request was denied due to the COVID-19 pandemic. After a few weeks, Olsen was finally able to file for divorce now that New York courts began allowing lawsuits and divorces to be filed online again.

In celebrity break-up news, Mary-

Kate Olsen was finally able to file for divorce from her husband. What are some ways to handle the initial fall-out from a split?

Cupid's Advice:

Break-ups can be a very difficult thing to process, especially when you're married. Dealing with the those first steps of the break-up can be really hard to navigate. If you are looking for ways to handle the initial fall-out from a split then, Cupid has some advice for you:

1. Deal with the logistics: When you're in a relationship that has lasted for a long time you both may share a lot of things. Whether it's your belongings or your home, you guys should decipher who's going to keep what and just come to a common ground.

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2. Make a plan for friends: Couples love to hangout with other couples but, when you guys break up it's important to figure out what you're going to do about interacting with mutual friends. Break down together who will hang out with who, that way you both don't have to have an awkward moment hanging out with shared friends.

Related Link: [Celebrity Divorce: Adele Files for Divorce from Simon Konecki](#)

3. Seek help to navigate your emotions: Seeking help after a breakup can be extremely helpful. Having someone to talk to and rely on after a break-up can help you recover faster. This help doesn't even have to be professional, it can be a family

member or a friend. As long as they are willing to listen to you vent about the break-up.

What are some other ways to handle the initial fall-out from a spilt? Start a conversation in the comments below!

Celebrity Couple News: Scott Disick and Sofia Richie Are on a Break Post-Rehab



By Ellie Rice

In the latest [celebrity news](#), Scott Disick and Sofia Richie have decided to take a break from their relationship. Sources exclusively shared with *UsMagazine.com* that Disick needs to get his act together before getting involved with their relationship again. Disick was seeking treatment to work through his past traumas, but left the facility after photos of him in attendance were leaked. We wish nothing, but the best for these two and hope they can work it out!

In celebrity couple news, Scott Disick and Sofia Richie are on a break after his latest stint rehab. What are some ways to support a partner or ex-partner recovering from addiction?

Cupid's Advice:

Supporting a loved one recovering from addiction can be difficult and emotional. If you're looking for a little guidance, Cupid has some advice for you:

1. Take it slow: The recovery process is a long and continuous road for your partner and your relationship. Don't expect everything to change overnight, as your significant other is on their own healing journey. As they find their inner strength, so will your relationship. Be supportive and communicative with them by creating an open and honest environment at home. Allow them to transparently convey their emotions and feelings towards you, so you both can understand where your relationship is at. If you have an ex-partner going through recovery who is still a part of your life, be supportive of them as well. Check-in with them and spend time together participating in fun and lighthearted activities.

Related Link: [Relationship Advice: What We Can Learn From The Trials And Triumphs Of Celebrity Relationships](#)

2. Build a support network: Letting your partner know that you support them and are with them every step of the way is so important. They need to feel love and care on the homefront. Remove any triggers from your home environment that you think could get in the way of their recovery process. Take them to their meetings or try engaging in couples therapy to continue rebuilding your relationship. Have family and loved ones provide support as well to show your partner how important they are.

Related Link: [Celebrity Couple News: Kim Kardashian Needs Space From Kanye West](#)

3. Get adventurous: Come up with fun and exciting activities to go out and experience with your partner! Finding ways to celebrate each other and rekindle your relationship by engaging in substance-free activities is crucial. Go for a walk down the beach or go take a hike. Create a list of things or places that make you both happy and go from there. Rebuilding your relationship in alcohol and substance-free environments will be a great way to strengthen your bond and help your partner on their journey.

How would you help a partner going through a difficult time? Start a conversation in the comments below!

Celebrity Break-up News :

Brian Austin Green Confirms Split from Megan Fox After 10 Years of Marriage



By Alycia Williams

In latest [celebrity news](#), pictures of Megan Fox and Machine Gun Kelly have surfaced, which has led many to suspect issues within Brian Austin Green and Fox's marriage. According to *UsMagazine.com*, Green shares in his podcast that he has split from his wife of ten years. Despite this [celebrity break-up](#), Green expresses that he will always love Fox, but that they've been trying to be apart since the end of 2019. He got choked up as he explains that he would rather be apart from Fox than be at odds, since they're best friends and have children

together.

In celebrity break-up news, Brian Austin Green and Megan Fox are calling it quits. How do you know your relationship is beyond saving?

Cupid's Advice:

Relationships are bound to go through up and downs, which makes it hard to know when you should let go. For some clarity on when your relationship is beyond help, Cupid has some advice for you:

1. Is your partner being faithful?: If your partner truly loves you, they won't be unfaithful. If they are cheating on you or being dishonest, then they don't respect you enough to tell you that they don't want to be with you. And, in that case, there is no point trying to fix the relationship because you deserve someone that respects you enough to be faithful.

Related Link: [Celebrity Break-Up: Kenya Moore's Husband Marc Daly Reportedly Had Multiple Affairs Before Split](#)

2. Are you happy?: Your partner is supposed to make you happy. So, if you feel that that you've been unhappy lately, then that's a sign that something isn't working out. You should get to the bottom of your unhappiness, and if your partner is at the root of your unhappiness, then it's time to part ways.

Related Link: [Celebrity Divorce: Sarah Palin's Husband Files for Divorce After 31 Years of Marriage](#)

3. Do you love being around your partner? In a loving relationship you guys would never want to be apart and you'll always want to be around each other. If you find yourself

trying to get as far as possible from your partner and not spending a lot of time together then you shouldn't try to save the relationship anymore.

How else do you know your relationship is beyond saving? Start a conversation in the comment below!

Celebrity News: Brian Austin Green Shares Cryptic Post After Wife Megan Fox is Spotted with Machine Gun Kelly





By Ellie Rice

In the latest [celebrity news](#), Megan Fox was spotted hanging out with rapper, Machine Gun Kelly, leading many to suspect a rift between her and husband, Brian Austin Green. According to *People*, Green posted a cryptic message on social media and was seen out and about without his wedding ring. The pair have had a rocky relationship, so this wouldn't be their first split. After meeting on set in 2004, the duo went on to have three kids together! We hope these two can work things out.

In celebrity news, Brian Austin Green came forward with a cryptic post, potentially referencing his wife Megan Fox after she was spotted with another man. What do

you do if you suspect your partner is being unfaithful?

Cupid's Advice:

Infidelity can plague and ultimately ruin a relationship especially if one partner finds out about the other's bad behavior. If you suspect your significant other of cheating, Cupid has some advice for you:

1. Talk to them about it: Before you draw any conclusions, you need to have a chat with your partner. Something you may have seen or heard could have been misinterpreted or only a portion of the full story. While this is an extremely emotional situation, it's important that you leave your aggression at the door. Go into the conversation with a level head and open mind in order to understand the weight of what your partner has to say.

Related Link: [Relationship Advice: The Case of Elon Musk: Connecting Instead of Clashing](#)

2. Analyze the situation: Once you've heard your partner out, it's up to you to decide what to do with that information. Take some time to think about the situation and your feelings for this person. Is this something you're willing to work through? Can your relationship move past this? Once trust is broken in a relationship it can be very difficult to get back to where you both were. Even though you may love this person, you need to put your mental health first. Decide if this relationship is worth repairing or if it's a better decision to move on.

Related Link: [Celebrity Exes: Megan Fox Finally Confirms Past Romance with Shia LaBeouf](#)

3. Find your support network: If you've decided that your

relationship cannot move forward after infidelity, it's important that you have a support network to help you through this time. Dealing with a cheating partner comes with a lot of hurt and feelings of betrayal. Surround yourself with friends and family and always save time for self-care. This group of people will be there to help you through every step of your breakup and when you're ready, they'll be by your side when it's time to date again!

What would you do if your partner was cheating? Start a conversation in the comments below!

Celebrity Divorce: Judge Rejects Mary-Kate Olsen's Emergency Divorce Filing from Olivier Sarkozy





By Ellie Rice

In the latest [celebrity news](#), Mary-Kate Olsen and Olivier Sarkozy are headed for divorce. According to *UsMagazine.com*, Olsen's emergency divorce filing was denied because of its "non-essential" categorizing. Olsen cited that she was afraid Sarkozy would force her out of their living space as her reasoning behind the emergency filing. The pair had been married for five years prior to the split, after meeting back in 2012. We hope these two are able to peacefully go their separate ways!

In celebrity divorce news, Mary-Kate won't be a single woman for a while yet, as her divorce filing wasn't deemed essential. What are some ways to navigate the

transition from married to single amid a divorce?

Cupid's Advice:

Going through a divorce signifies a time for new beginnings and change. If you're curious about how to move forward and navigate this transition, Cupid has some advice for you:

1. One step at a time: Feeling comfortable in this new chapter of your life will take some getting used to. It's important that you acknowledge what went wrong and understand your emotional needs. Divorce is a serious and final solution to a relationship that isn't working out. By recognizing what led to its demise, you will be able to learn from it and move forward with your life. Seek professional help or group therapy if you are having trouble figuring your path out!

Related Link: [Celebrity News: Mary-Kate Olsen's Transformation From Tabloid Queen to Happy Homebody](#)

2. Build your support network: Surrounding yourself with loved ones and people you care about is crucial during this period of adjustment. There is nothing more powerful than the love of your friends and family, especially when moving on from a former lover. They will be there for you throughout this process to help you move on and live your wonderful life. Not only will your network be supportive while you're going through pain, but also when you feel ready to embark on the dating world once again! Don't be afraid to lean on these people and let them know just how you are feeling.

Related Link: [Relationship Advice: Does Marriage Change Your Feelings?](#)

3. Find what makes you happy: Look at this new period of your life as a time for yourself. You're unattached from a

relationship and all of the emotional constraints that come with it. This change doesn't have to be seen as a negative if you're able to find happiness within yourself. Start finding activities or things that bring you joy. Whether that's meditation, cooking, or spending time outside, it is all up to you!

How would you navigate this transition? Start a conversation in the comments below!

Celebrity Break-Up: Kristin Cavallari & Jay Cutler Reach Temporary Child Custody Agreement





By Ellie Rice

In the latest [celebrity news](#), Kristin Cavalleri and Jay Cutler's divorce grows more complicated by the day. The pair announced their split last week after being together for over a decade. According to *EOnline.com*, Cavallari was blindsided by the divorce filings even though the pair have reportedly been having issues in recent months. They have now reached a temporary custody agreement which allows them both time with their three children. We hope these two can work it out and go their separate ways!

In celebrity break-up news, Kristin and Jay have at least agreed temporarily on how to take care of their children amid their split. What are some ways to compromise

when it comes to your kids in a relationship?

Cupid's Advice:

Once you become a parent, having to put your children's needs in front of your own is a must. If you're looking for ways to do that while maintaining a healthy relationship, Cupid has some advice for you:

1. Set up a plan: In order to keep your relationship strong while trying to parent, it's important that you are always communicating. Having open and honest lines of communication with each other will allow you to work as a team. Set up a plan to establish what is happening for the weeks or months ahead. By doing this you'll be able to see what kinds of scheduling conflicts or personal events are taking place and who needs to cover what. Organization is key! Not only will this eliminate stress, but you will feel more connected to your family unit.

Related Link: [Celebrity Parenting: Kristin Cavallari Says Jay Cutler Is the 'Stricter Parent'](#)

2. Think of your partner: If there's something coming up that your partner has really been looking forward to, be sure you are listening to them and acknowledging their desires. Make a compromise and offer to take care of the kids so they are able to do their thing. In the future, your partner will definitely offer to do the same. Even if it means that you're missing something you may have wanted, it's important to think of your relationship.

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3. Respect their decisions: Before having children, think

about some of the awesome experiences you'd like to check off your bucket list with your partner. Once children enter your life you'll be compromising a lot of time and money for years to come. Take this into consideration when family planning and try enjoying yourself for a little longer! Once you welcome children into your lives, make a plan with your partner for a vacation a few years ahead. Setting up a timeline will give you both something wonderful to look forward to with your kids.

What kinds of compromises do you make in your relationship? Start a conversation in the comments below?

Celebrity Exes: Jessie J Shares Sweet Birthday Tribute to Channing Tatum Weeks After Split





By [Hope Ankney](#)

In the latest [celebrity news](#), Jessie J. wished [Channing Tatum](#) a happy birthday over the weekend. Just weeks after these [celebrity exes](#) called it quits, *EOnline.com* states that the “Domino” singer took to social media to give Tatum a big 40th birthday shout-out. “Happy 40th birthday to this special man right here,” Jessie wrote alongside a photo of Channing in the water. “I am so grateful you were born, and even more grateful that we met.” She even shared a video of him in the water with the caption, “Keep living your BEST life.”

These celebrity exes seem to be taking the high road. What are some benefits to keeping a civil relationship with your ex?

Cupid’s Advice:

Everyone knows how difficult it can be to stay on good terms

with an ex. It's possible, but it can take a while to get to a point where you're both balanced enough to have some sort of friendship outside of the relationship. If you're figuring out the pros and cons of taking the high road with an ex, don't worry. Cupid has some [love advice](#) on the benefits that staying civil with your ex can bring:

1. Someone to confide in: No one else was apart of the relationship other than your ex. So, if you're having a difficult time healing or moving on in other relationships, they can be the perfect person to confide in. They know parts of you no one else does, and that can be very beneficial in the long run.

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2. Beneficial for the kids: If you and your ex have children together, it is very good to try and keep a civil relationship with their other parent. It can be difficult enough to split your kids up between the two of you, but it will be a lot better for everyone if you're able to still act as that family unit around your children.

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3. The work environment: Sometimes, you find that splitting up can be sticky for more reasons than one. If you both work around each other, the work environment can get awkward and tense real quick. If you're able to find a common ground to stand on with an ex, it can make both of your work spaces that much more bearable. Trust me, your coworkers will thank you.

What are the benefits you've found while staying civil with your ex? Let us know down below!

Celebrity Exes: Bradley Cooper & Renee Zellweger Reunite at Oscars 2020



By [Hope Ankney](#)

In the latest [celebrity news](#), [celebrity exes](#) Bradley Cooper and Renee Zellweger were spotted mingling together at the 2020 Oscars. *UsMagazine.com* reported that the two were being cordial with one another before taking their seats as the award show started. The pair began dating soon after working together on the thriller *Case 29* in 2009. They then split back in 2011.

These celebrity exes kept it cordial and mingled at this year's Oscars. What are some reasons to remain cordial with your ex after a break-up?

Cupid's Advice:

Staying cordial with an ex can sometimes be tricky. If you and your ex ended on less than ideal terms, it can be even trickier to find a medium ground between the two of you. It doesn't help if you have to see each other more often than you would like. If you're having trouble keeping it amicable with an ex, don't worry! Cupid has some [relationship advice](#) to help you wade through those waters after a break-up:

1. Let time pass: Sometimes, the best healing agent is the act of absence. Even if you are forced to be at the same functions or events as an ex, it's easier to stay clear of them until both of you are at a point that you can talk to one another cordially. It'll be less stressful and much more rewarding if you keep your distance when you work on interacting publicly.

Related Link: ['Bachelorette' Hannah Brown Runs Into Celebrity Ex Tyler Cameron at People's Choice Awards](#)

2. Meet up to discuss problems: If you both are at a place that you can meet and hash out your issues, that would be a great step for forging a cordial relationship with an ex. You guys can get everything out into the open, understand why one of you felt the way you did, and find common ground. Besides, this is a perfect opportunity to get closure if you didn't already have it.

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[Single After Split](#)

3. Bring friends as support: If you know you're going to have to interact with an ex at a function or event, surround yourself with friends to make sure it all runs smoothly. They won't allow the conversation to go off the rails, and they are a great barrier between any awkward tiffs you and your ex might have if you both were alone.

**What are some ways you've learned to be cordial with an ex?
Let us know down below!**