Model Eva HerzigovÃi Is Expecting Her Third Child





By Nicole Weintraub

Model Eva Herzigova is preparing to welcome her third child, according to <u>People</u>. The model and husband Gregorio Marsiaj are expecting their third child in the spring. The pair already have two children — George who is 5 and Philipe who is 21 months old. Herzigova is best known for the Wonderbra ads, which made her one of the original supermodels. She is still walking the runway, which she did just a few weeks ago and is adding Dior Capture skincare products to the lines that she represents.

What do you prepare for differently when you're expecting a third child?

Cupid's Advice:

One child, two children, three children...your brood is growing, so here are some tips on how to prepare for your next baby:

- 1. Use hand-me-downs: You're an expert at baby rearing by now and there are probably tons of old clothes from your other kids lying around the house. It's time to reuse the old baby clothes and equipment.
- 2. Reflect on your parenting style: Now is the time to reflect on what you want to do the same with your third child as you did with the others. If there is something that you want to do differently, discuss it with your partner.
- **3. Prepare your kids:** Two's a party, but three's a crowd so be sure to prepare your kids for the newest addition of the family. Be open with them and discuss some of the changes that they should be expecting.

How do you prepare for a third kid? Share your ideas with us in the comments below!

Alicia Keys: Motherhood Has Made Me A Better Person





By Jenny Schafer for

Celebrity Baby Scoop

Grammy Award-winner Alicia Keys opens up to *Scholastic Parent* & *Child*'s December/January issue about her 2-year-old son **Egypt**, the joys of motherhood and balancing work and family life with husband Swizz Beatz.

On being a new mom: "Being a parent has made me more open, more connected to myself, more happy, and more creative. I'm more discerning in what I do and how I do it. It's just made me a better person all the way around."

On balancing work and family life: "What's been surprisingly hard about becoming a mom is being away from him and trying to find that magical balance for everything, which I kind of expected. But on the flip side, what's been surprisingly easy is just how natural parenthood feels. I feel great about how easily I've fallen into the role. I love it!

On family time: "We love to go to art galleries and to the park. We love to do painting days and to visit our family—and we also love to run around our house and just go nuts!"

Giuliana Rancic Faces End of Maternity Leave: "It's Hard"





By Jenny Schafer for

Celebrity Baby Scoop

After three months of a blissful maternity leave with her newborn son **Duke**, E! News host Giuliana Rancic is returning to work.

"I could give you the Hollywood answer and just say it's been great going back to work," she tells <u>Life & Style</u>. "But the real answer is, it's hard. What's important now is different from what was important a few months ago."

"The other morning, I was having the best time with Duke, and he was making faces that I had never seen before, and he was being so cute. Then I looked at the clock and I had to go to work," the new mom, 37, adds. "So I keep thinking, am I going to miss something?"

To help calm her nerves, doting hubby **Bill Rancic** regularly sends smartphone videos of their son throughout the day. "It's one thing to look at pictures," she says. "But when I see video, I feel like I'm with him."

Bill, 41, says he's never seen this side of Giuliana before. "It's remarkable to see how the baby has changed her," he shares. "Just the devotion the little guy evoked and the motherly instincts that kicked in."

But the self-professed workaholic says she'll work hard at balancing work and family life.

"I'll make it work," she says. "I'm going to make sure I don't sacrifice anything."

Jenna Bush Hager Is Expecting





By Jennifer Ross

After several months of secrecy, ex-first daughter Jenna Bush Hager and husband Henry Hager announce that they are expecting their first child. In an exclusive interview with <u>People</u>, the Today's Correspondent exclaims, "We're so excited. We can't wait." That's exactly how the rest of the Bush clan feels about the new addition, set to arrive next spring. The first grandchild for former President George W. Bush and former First Lady Laura Bush, the Bush's called into Wednesday's Today Show to publicly congratulate their daughter and son-inlaw. "We're both really thrilled. We've been looking forward to being grandparents for a long time and we're very excited about it," says Laura Bush. The former President added, "I'm fired up...I could barely contain the news." When it comes to buying gifts for baby Hager, the Bush family will have to choose neutral colors. The proud parents-to-be are waiting to learn the baby's gender.

How do you prepare your relationship for a first child?

Cupid's Advice:

When pregnant with your first child, you may have the overwhelming urge to buy every latest baby item ever created. However, one thing that will definitely need to be baby-

proofed is your relationship and you won't find this item at your local baby store. By considering the following tips, you and your partner will be much closer to being ready for you little bundle of joy:

- 1. Be realistic: No matter how hard you and your partner prepare for the new baby, you are going to have relationship issues during the first few months. One of you may even think the relationship is falling apart and possibly need couples counseling. The reality is you two are redefining your relationship to include a newborn, which isn't easy.
- 2. "Me" time: Once a newborn is in your life, you and your mate can kiss your private time good-bye unless you make it a priority. With all the daily repetitive chores your baby will require, both you and your partner will need to take a little "me" time out to unwind and, possibly reset yourselves. Without it, one or both of you will lose your sanity.
- 3. Sleep schedule: Because of your newborn's feeding schedule, a major adjustment will be the lack of sleep. To prevent you and your mate from becoming zombies, plan in advance a night time schedule, equal for both parents. Remember that it doesn't make sense for both parents to be awake in the middle of the night at the same time.

How did you prepare your relationship for your first child? Share with us below.

Snooki Has Some Mommy Advice

for Kate Middleton





By Jennifer Ross

Now that Nicole "Snooki" Polizzi has had time to settle in with her new role of mommy, she is ready to become a mentor. With the world's eyes set on Kate Middleton, Polizzi proposes a few words of advice to the Duchess about becoming a new mom. "It's hard, but don't stress out. Enjoy your pregnancy and be excited," the Jersey Shore star told the New York Daily News. Now that the Duchess, 30, has been released from the hospital after being treated for hyperemesis gravidarum, Polizzi encourages her to relax more when out of the spotlight. "Enjoy your time at home — or the castle, in her case — with the baby, especially the first few months." Pregnancy is definitely not easy. Even so, Polizzi knows from experience, it will be worth it in the end. "You'll get to know him/her, keep them safe and fall more in love each day."

How do you prepare your busy lifestyle for a child?

Cupid's Advice:

You may not be royalty, but that doesn't mean your life isn't just as hectic and fast paced. With a new baby on the way, you will need to make a several changes along the way to adjust and keep your sanity. Ready to take notes? Here are a few ways to prepare you busy life for a wonderful new addition:

- 1. Slow down and ask: If you are used to running around, multi-tasking and problem solving on your own, come to the realization that your unborn baby will need you to slow down. Pregnancy will challenge your body physically and emotionally. The sooner you learn to slow down and ask for help, the better for you and baby.
- 2. Remember to eat: In order to give your baby the best chance at growing healthy within you, your health is more than necessary, it's vital. Regardless of your busy schedule, always make sure to eat healthy and often. A good way to help with this is to have snacks at work and carry some with you just in case there's no time for a full sit-down meal.
- 3. Exercise in moderation: While it is very important to stay active during your pregnancy, your exercise routine may need to change a bit. High internal body temperature is not safe for baby and could cause birth defects. Also, activities at different altitudes, such as skydiving or scuba diving could be potentially risky. As always, consult your doctor about which activities are right for you.

How did you prepare your busy lifestyle for your child? Share with us below.

How Queen Elizabeth Found Out About Kate Middleton's Pregnancy





By Jennifer Ross

Now that the word is out that the Duke and Duchess of Cambridge is expecting their first child, family and friends are excited and concerned. A royal source tells *People*, "There is a real excitement but obviously people are anxious about the Duchess." On Dec. 6, the Duchess, 30, was released from the hospital, after being treated for a severe form of nausea, known as hyperemesis gravidarum. Prince William, 30, and the Duchess were hoping to keep the pregnancy a secret until Christmas, had she not become ill. But how were the royal family, including Queen Elizabeth, notified about the pregnancy? A source reports that Prince William informed the Queen, Prince Charles and Prince Harry about the great news just before his wife was hospitalized. Friends were informed

by the public announcement. Incredibly, the pregnancy was planned for new baby to come into the world without stealing the spotlight from the Queen's Diamond Jubilee or any foreign tours. Majesty editor Ingrid Seward says, "Kate is probably one of the most organized [royal] women we've ever known."

What are some ways to announce your pregnancy as a couple?

Cupid's Advice:

"We're pregnant!" is probably the phrase you hear repeating in your head since the positive results were in. And while you and your partner may want to shout it on every street corner, it is best to let your friends and family in on the news first. To help you two, here are a few creative ways to announce your pregnancy:

- 1. Capture the surprise: A great way for you and your mate to tell your family and capture their surprise is to get it on film. Have a family gathering; rather than just announcing it, gather the family together with mommy-to-be in the center and daddy-to-be taking the photo of everyone. Before everyone yells "cheese," you two can yell out, "We're pregnant!"
- 2. Dinner party: When hosting a dinner party for your friends and family to announce your news, there are a couple ways to include the baby. One thing is to have a baby theme with the food, baby-back ribs, baby spinach, baby carrots and baby corn. Also, the dad-to-be can make a toast, saying what he is thankful for and ending with the addition to the family.
- 3. Modern technology: If you are able to plan ahead, it is possible to announce the news to all family and friends at the same time without gathering them together. First, secretly video tape announcing the pregnancy to the father and capture his wonderful surprise. Then, simply upload the video to both of your Facebook accounts and wait for their replies.

How did you announce your pregnancy as a couple? Share your story below.

Pregnant Kate Middleton Leaves the Hospital with Prince William





By Nicole Weintraub

After complications with her pregnancy, Kate Middleton was released from the hospital, according to <u>People</u>. After suffering from severe morning sickness, the mother to be spent three nights and almost four days at King Edward VII Hospital. During her stay, Middleton was joined every day by husband Prince William and even her sister Pippa Middleton and their mother visited. The couple left the hospital together Thursday

morning and offered their thanks for the hospital for taking wonderful care of Middleton. The Duchess of Cambridge is in the very early stages of her pregnancy as she will now recover from her morning sickness at the couple's cottage home.

What are some ways to take care of your partner through the ups and downs of pregnancy?

Cupid's Advice:

Having a baby with your partner is a wonderful experience, though a difficult one as well. Here are some ways to take care of your partner through the ordeal of pregnancy:

- 1. Have a system: Along with pregnancy comes morning sickness, a spark in hormones and cravings. A good way to deal with these sudden changes is by implementing a system. For instance, prepare a morning sickness pack with bottles of water, wash cloths, etc.
- 2. Be supportive: It's easy to forget that while the both of you are having the baby, technically the female is the one actually having the baby. The female is the one whose body is going through changes, so do your best to be supportive.
- **3. Beware of hormones:** We all get hormonal and have mood swings. When we experience these mood swings we may say things that we do not mean. Try not to get too offended if your partner's mood changes quickly.

What are some ways to be supportive through a pregnancy? Share your ideas with us in the comments below.

Michael Bublé: My Children Will Be My Priority





By Kirstin Mirtich

for Celebrity Baby Scoop

Although Michael Bublé has enjoyed a successful singing career, the Canadian crooner has no qualms about putting aside his busy schedule to raise a family one day.

"It can't always be like that; I won't allow it to be like that," the Grammy Award-winner explains. "When I do have children, my priority will be my family."

"I'll continue for a couple more years, and then it's not that I'm going to stop," he adds. "But I'll definitely probably slow down the pace, so that I can not have to hate myself for not being there for the family."

The 37-year-old star says that married life to Argentine actress Luisana Lopilato is wonderful but admits their busy

careers sometimes kept them apart.

"Yes, we are definitely apart quite a bit, but I try to hang out with her as much as possible," he reveals. "We try to get together, and when she's on set making her movies, I go down there, and my job is to rub her feet and bring her coffee basically."

In the meantime, Michael is excited about the possibility of collaborating with actress **Reese Witherspoon** on his next album.

"By all accounts it would be true. I just really am a big fan, and so myself and my camp, we wanted to do this with her, and we were thrilled that she was excited about it too."

Find Out Why Prince Harry May Be the Happiest that Kate Middleton Is Pregnant





By Jennifer Ross

With a new addition coming soon to the royal family, Prince Harry has many reasons to be happy about becoming an uncle, according to <u>People</u>. To begin with, once the Duchess of Cambridge deliver's her and husband Prince William's first child, Prince Harry will be pushed back to forth in line for the British throne. Currently, his grandmother and Her Royal Highness Queen Elizabeth is the heir to the monarch. Following her will be Prince Harry's father Prince Charles, then followed by Prince Harry's older brother Prince William. The new baby, regardless of gender, will become third in line after Prince William and before Harry. With the world excited over the new baby to come, Harry, 28, will also get some much relieved rest from the spotlight. In the past, the red-headed, blue-eyed Prince has gotten into quite a bit of trouble with the press and the royal family due to his many boisterous stunts. In early spring, Harry had commented to Katie Couric that he has always wanted children and is "waiting to find the right person, someone who's willing to take on the job." With the press off of him for a moment, this might be his chance to privately find love.

How do you gain respect back as a potential partner after a series of mishaps?

Cupid's Advice:

With life's challenges and unpredictability, it is understandable how mishaps can happen causing you to hurt your partner. However, remedying the mistake and regaining their respect is possible. By following the steps below, soon you will be on right side of love:

- 1. Lay low: Usually, a great thing to do is lay low for awhile after your mistakes. You, your mate and anyone else involved will need time to digest the situation and calm any negative feelings. This is not to say that you should go into hiding. Rather, focus only on fixing the issues and not any extras that could make things appear the same or worse.
- 2. Rebuild reputation: With your reputation tarnished, work on rebuilding your life back to where you want it. Moving forward, pay attention to what you say or write to your partner, family and friends so as not to have them misconstrued. Also, be sure that your actions are leading you towards the reputation you want.
- 3. Keep your promise: After everything, hopefully you have learned a lesson in how not to ruin your relationship. Take this opportunity to be a better partner through love, respect and honesty; don't just pretend to be one. Keeping your promise from here on out will lead you back to a loving relationship.

What ways did you regain respect as a potential partner after your series of mishaps? Share your story below.

Prince William and Kate Middleton Are Expecting Their First Child!





By Jennifer Ross

The baby rumors are verified and a new royal is soon to arrive! On Monday, an official statement by the British royal press stated, "Their Royal Highnesses, The Duke and Duchess of Cambridge are very pleased to announce that The Duchess of Cambridge is expecting a baby." The royal couple had hoped to keep the news a secret until Christmas, however, the Duchess's first pregnancy is already causing a stir — in Kate, that is. Suffering from a severe form of morning sickness, the royal press continued to say, "The Duchess was admitted this afternoon to King Edward VII Hospital in Central London with Hyperemesis Gravidarum. As the pregnancy is in its very early stages, Her Royal Highness is expected to stay in hospital for several days and will require a period of rest thereafter." Of

course, her royal highness is not alone, according to <u>UsMagazine.com</u>. Her loving husband and second in line to the succession Prince William remains by her side. Instantly, congratulations came pouring in from everywhere. Prime Minister David Cameron congratulated the royal couple, stating his "delight" over the news. "They will make wonderful parents." Since the announcement of their engagement, the Duke and Duchess, both 30, have not hidden the fact that they want a family together. During their engagement interview, Prince William informed the world, "We'll sort of get over the marriage first and then maybe look at the kids." With the moment here, the world watches to see; will it be a boy or girl? Regardless of the baby's gender, he/she will become third in line to inherit the throne, pushing soon-to-be-uncle Prince Harry back one step.

What are some ways to help your pregnant partner relax?

Cupid's Advice:

If you and your partner are expecting a baby and you are not the one pregnant, chances are you will need to be the best supporter possible. But what does that entail and how do you begin? It starts with understanding what is happening internally while your unborn grows and realize that the carrier, your partner, will require you to lessen the load around her. To help you out, here are a few tips on how to make her feel at ease:

- 1. Massages: Back rubs, foot rubs and body massages is an instant way to alleviate stress and pain caused by the fetus. Your partner will often be uncomfortable and sore due her body having to support both herself and a growing baby. Whether it's her neck, her back, her feet or her legs, learning to massage them at her level of comfort will go a long way.
- 2. Chores: Because your expecting partner will become fatigued easier and often, physically and emotionally, you will need to

pick up a majority of the chores. Handling these chores before she stresses over them will benefit you both in the end. Therefore, change out the cat litter box, research medical insurance for baby or family medical history for the doctor visits, perform the physical labor chores; take care anything that could drain your mate.

3. Attention: With your baby arriving soon, your partner may become filled with worries and doubts about...anything. Also, as your mate's body changes, she may become self conscious about herself. To help, be sure to listen to her fears and insecurities. Talk about what how you both feel and how, as a couple, you two can tackle the issues. Finally, remember to compliment her often and publically.

How did you help your pregnant partner relax? Comment below.

Jessica Simpson Is Pregnant Again!





By Jennifer Ross

At barely seven months old, baby Maxwell Drew Johnson is going to be a big sister soon. In what is surprising news to everyone, even those involved, <u>UsMagazine.com</u> confirms that Jessica Simpson is pregnant again. A source states, "It definitely wasn't planned. But yes, Jessica is pregnant again. She really is overjoyed!" This will be the second child for both Simpson, 32, and fiancé Eric Johnson. It wasn't long ago when Simpson went on episode one of *Katie*, Katie Couric's show and said, "Motherhood is a dream. It really is absolutely amazing." It looks like Simpson will now have two reasons to be amazed.

What are some ways to support your partner during a surprise pregnancy?

Cupid's Advice:

Having a baby is a shocking and exciting time for anyone regardless if the pregnancy was planned or not. That being said, you and your partner may be more anxious ridden if the pregnancy was a surprise. To ensure that both baby and parents are healthy come delivery time, here are a few ways to support your partner during the next nine months:

- 1. Do not judge: Because neither you nor your mate was "expecting" to be expecting, be sure never to judge him/her should self-insecurities arise. It is only normal to question everything about becoming a parent beforehand. Keeping yourself open and supportive to your mate will help to alleviate those doubts.
- 2. Stay positive: As with having doubts and worries, your partner may occasionally have negative emotions surrounding the pregnancy. Remember, those emotions are just fear being expressed. No matter what, stay positive to combat the negativity and help your partner look forward to a happier future.
- 3. Protect: If you think you and your partner will be the only ones with questions, you are sadly mistaken. Therefore, should family and/or friends come around expressing doubts about your surprise, remember to protect the hearts of your partner and unborn baby. Regardless of your internal worries, your baby is coming and you and your mate will need to stand strong together.

How did you support your partner during a surprise pregnancy? Share with us below.

Celeb Brad Pitt Says Fatherhood Has Made Him a Better Man





By Jennifer Ross

When <u>Brad Pitt</u> reflects back on 2012, what pattern does he see? "It's been a family type of year, a down-home type of year," the celeb recently reported to <u>People</u>. As Pitt, 49, spoke about his family, while having dinner in his London rental with twins Knox and Vivienne, he didn't let out all the details about his upcoming <u>celebrity wedding</u> to fiancée <u>Angelina Jolie</u>. However, he did say that the wedding theme will be "just family...keep it simple — really." One thing the <u>Killing Them Softly</u> actor confirms is that fatherhood has "absolutely" made him a better man. With regards to what he has planned for his time before turning 50 next year, the celeb simply says, "I want to enjoy this year more than ever."

This celeb and father of six seems to be handling parenthood just fine. How do you know if your

partner is cut out for parenthood?

Cupid's Advice:

The truth is, you really can't know if your partner is going to be a great parent until they become one. However, there are basic skills a person should have when raising children that they show prior to becoming a mom or dad. To help ease your worries, here are a few clues to look for that can tell you your partner has parent potential:

1. Patience: Having patience is a great indicator of someone being able to handle parenthood. Let's face it: If your partner cannot be patient around adults, like the time when a friend has one too many drinks and your mate is stuck babysitting them, then they won't last around children.

Related Link: <u>Cupid's Weekly Round-Up: Preparing for</u> Parenthood

2. Flexible and fun: Because children require so much attention, having a partner with the ability to be flexible and fun will help everyone involved. This means that your significant other is alright with plans not going as scheduled and seeing the humor in stressful situations.

Related Link: Olivia Wilde Discusses the Pros and Cons of Parenthood

3. Compassionate: A way to see if your partner is compassionate is to see how they react when someone is hurt or angry. Does your beau ignore them or try to empathize by lending a shoulder to cry on? To have someone with compassion is a big help for your relationship and love. Plus, it's an important parenting skill.

How did you know your partner would make a great parent? Tell us below.

Harvey Weinstein and Georgina Chapman Are Expecting





By Jessica DeRubbo

Weinstein Company chairman Harvey Weinstein and Marchesa cofounder and *Project Runway: All Stars* judge Georgina Chapman are set to welcome their second child together, reports *People*. The pair, who are parents to daughter India Pearl, 2, do not know if they are expecting a daughter or son, although according to Chapman, "I'd be happy either way." Weinstein and Chapman married in Connecticut in 2007.

What are some ways to prepare your first child for a sibling?

Cupid's Advice:

It's best to prepare your first child for a sibling instead of just letting it be a gigantic surprise. A smoother transition for everyone, here are some ways to get your daughter or son ready for the family addition:

- 1. Take the time to explain: Sit down with your first child and explain that you will be having another baby and what this means to them. Make sure to let them know that you will still love them just the same, but that they will have to share your time in the future.
- 2. Involve them in the preparations: Make sure that your first child feels a part of preparing for your second child. If you're decorating a new nursery, have him/her help pick out the paint, wallpaper, or bedding.
- 3. Visit friends who have infants: One of the best ways to prepare your child for a sibling is to visit friends or family members who have a baby in their household. Introduce your child to the baby and explain that you're carrying a similar one in your stomach.

What are some other ways to prepare your child for a sibling? Share your thoughts below.

First Glimpse of Neve Campbell's Baby





By Jenny Schafer for

Celebrity Baby Scoop

Party of Five alum Neve Campbell was photographed with her partner **J.J. Feild** and their newest addition in Los Angeles, Calif. on Wednesday (November 21). The Canadian actress, 39, looked every bit the proud new mom as she walked with a smile alongside her two guys.

While the *Scream* star has remained mum on the details of her baby, rumorville states that she gave birth to a boy in August, whom they named **Caspian**.

In mid-August, the happy new parents were seen cooing over their newborn bundle of joy at a Los Angeles beach.

We last saw the *Scream* actress — full pregnant belly and all — in L.A. on July 12.

Reportedly, the new mom is set to return to the small screen as one of Derek's (Patrick Dempsey) four sisters on an upcoming episode of *Grey's Anatomy*.

Melissa Joan Hart Tweets Her Travelin' Tots





By Carolyn Robertson

for Celebrity Baby Scoop

Melissa Joan Hart packed up the kids and headed to Alabama, where her husband **Mark Wilkerson** is from, for the Thanksgiving holiday.

The *Melissa & Joey* star took to Twitter to share a couple of photos from the trip, including this cute one of her middle son **Brady**: "Ready for our flight. ALabama here we come!" she wrote.

A huge fan of the University of Alabama Crimson Tide football team, Melissa was also busy Tweeting about this year's Iron Bowl. It sounds like her boys are already inheriting her team pride.

"Brady (4yr old) saw an Auburn clad car pass us and exclaimed

'we're gonna beat the hell outta them!' #rammerjammer #pottymouth," she wrote.

She and her musician hubby are also parents to sons **Mason** and **Tucker**.

Beyonce and Jay-Z Enjoy Quality Family Time with Daughter Blue Ivy





By Nic Baird

R&B power couple Beyonce and Jay-Z are shown doting on daughter Blue Ivy Carter in pictures from the *Dangerously in Love* singer's Tumblr. Beyonce is kissing her child's forehead in one photo. In another, Jay-Z carries the 11-month-old as he

walks down a tree lined path. Both mother and daughter are appropriately dressed in blue. The baby girl was born this January, and though the couple released photos with the newborn in early February, they've been careful to keep her out of the limelight. That being said, ever since her credited cries rang out at the end of Beyonce's "Glory," she's been the youngest person ever to appear on a *Billboard* chart.

What are some tips to becoming closer as a family unit?

Cupid's Advice:

Family is expected to be there for each other in bad weather, but they're not just a life raft. Here are some ways to bring your family closer:

- 1. Routine and tradition: Building your family is easier if you have traditions at the foundation. This can be as simple as sharing meals together, or as unconventional as unwrapping the Christmas presents with your teeth. Productive routines, like doing chores and homework, can't hurt either. The family identity that emerges will be be special because it was celebrated.
- 2. Interest and support: Showing that you're involved with the lives of your family means more than simply demonstrating your concern, or sympathy. Give helpful advice, and be present. When you're around to lend a hand it demonstrates that family has meaning and a purpose.
- 3. Special moments: Make sure to take advantage of spontaneous, significant moments. Children are experiencing life with a lot more wonder. You can create lasting impressions by noticing when your child is amazed at something they've never seen, or tasted a new flavor, or just trying anything for the first time. Be part of that memory, and manufacture them whenever possible! Taking your child on an outing, or for an activity, could end up being a lasting

example for how they define family.

What are some ways your family bonds? Share your experiences below.

Melissa Joan Hart Says She 'Hates Being Pregnant'





By Nic Baird

She's done it three times now, but actress Melissa Joan Hart says she hates having a bun in the oven, <u>People</u> reports. "It a huge adjustment and you have to change your whole lifestyle for a few months," Hart says. The lack of energy and dietary changes caught Hart as she and husband Mark Wilkerson were dealing with the wild antics of toddler boys. Mason Walter, 6, and Braydon Hart, 4, were joined by Tucker McFadden this

September. "I would have seven babies if I didn't have to be pregnant," Hart says. "I hate being pregnant."

What are some ways to help the mother of your child stay positive during pregnancy?

Cupid's Advice:

There's a lot to do when you find out you're expecting. But like buying presents for Christmas, these preparations should be joyful, exciting, and obviously stressful. While you can't avoid the ladder, you need to be there to keep the joy and excitement alive. Cupid has some advice on how you can help the mother of your child during pregnancy:

- 1. Take her out: Exercise is a great mood lifter. While there should be many classes in your area tailored for your pregnant partner, it's better to find activities for two. Try going for a walk to a nearby park and siting for awhile. Vitamin D powers your significant other's vitality!
- 2. Give her support: It's no secret that moods intensify during pregnancy. Expect a lot of fluctuation in emotions during the first eight to 11 weeks. Hormones will balance out later, but this is a crucial time to support your future child's mother. Don't try and correct things your partner already knows. Instead, be a sounding board for what they're feeling, and offer your sympathy.
- 3. Be ready: First, be thankful. You're not the one whose body is not going through dramatic, stressful, and ultimately painful changes. Despite this, there's still plenty of work to be done to welcome a new child. Take as many of the pregnant lady's worries as she'll allow. Educate yourself, prepare, and make sure your partner has everything she needs for a healthy, comfortable pregnancy.

What are some ways to stay positive during a pregnancy? Share

Former 'Dallas' Star Leonor Varela Welcomes a Baby Boy





By Jennifer Ross

The sexy villain on *TNT's Dallas*, Leonor Varela has a new and starring role as mother. According to *People*, Varela, 39, and producer Lucas Akoskin have received their first child together. Happy mom announced the news in both English and Spanish, via *Twitter* on Nov. 20. "Matteo V. Akoskin is finally in our arms! Matteo V. Akoskin llegó porfin a nuestros brazos!" Originally, a rep for Varela confirmed the pregnancy back in July to *People*.

What are some ways to announce the birth of your child?

Cupid's Advice:

Once you newborn arrives, you will want to tell the entire world. A big question is how to do this. No longer are the days of passing out cigars and mailing announcement cards. Thanks to modern technology in communication, here are a few ways to spread your news:

- 1. Status update: One of the fastest ways to instantly inform your loved ones is by either updating your status on Facebook.com or tweeting a message through Twitter.com. It's simple and straight to the point. You can include your baby's first photo. To be really ambitious, you and your mate can even update them periodically throughout the delivery.
- 2. Baby blog: If you and your partner want to share more than just a simple announcement, you can create a baby blog. This allows you to memorialize your baby's entire life, from pregnancy onward, through including multiple photos, videos and writing your experience every step of the way.
- 3. Edibles: To send something more than just a baby announcement card via mail, you say it with sweets. It is easy to order online your favorite candy bars with your newborn's birth information printed on the wrapper. To make the candy bars extra special, there are gourmet candy stores that will hand-stamp the chocolate bars with the announcement.

How did you announce your baby's arrival? Share with us below.

Rob Schneider and Wife

Welcome a Baby Girl





By Jennifer Ross

Add one more fan to Rob Schneider's fan base. The comedic actor and his TV producer wife, Patricia Azarcoya Arce welcomed into the world their daughter, Miranda Scarlett Schneider, born on Friday, Nov. 16. According to <u>People</u>, baby Miranda weighed in at 5 lbs., 13 oz. and is 18 inches long. A very elated dad, Schneider tweeted just 45 minutes before delivery, "Baby is COMING NOW! 19th hour of labor! Wife is doing great! WOW!!!" With a little over a day to recover from the excitement of his daughter's birth, Schneider eventually tweets the good news. "Miranda Schneider!!! Born 8:59 pm! Mommy and Baby happy and healthy!" Married in April 2011, this is the first child together for the couple. Schneider also has an older daughter Elle, with ex-wife London King.

How do you prepare for the arrival of a baby girl versus a baby boy?

Cupid's Advice:

Are you having a boy or girl? That's usually the first question you will continually answer throughout your pregnancy. Although most new born babies require basically the same needs after birth, here are some things to consider when preparing for a boy versus a girl:

- 1. Color choice: Nowadays, many parents-to-be option-out of learning the sex of the baby. However, knowing whether you will have a boy or girl definitely helps in determining the color choice for the nursery. Will it be blue or pink? If neutral is not your color preference, then ask your doctor "what's the gender."
- 2. Amount of clothing: Generally boys are born bigger. However, what most new parents aren't aware of is that boys also grow much faster than girls during the first 6 months of their lives. Therefore, you and your mate will need to buy a larger variety of sizes for your baby boy versus a baby girl. It's probably better to wait till after 6 months to buy him designer clothing.
- 3. Circumcision: When having a boy, you and your partner will need to decide whether you want him to be circumcised, either for health and/or religious reasons. The best way to decide is lots of research on the topic. Should you decide yes, you will need a couple of items, such as Epsom salt for his bath water and Vaseline to apply during the healing process. Of course, always consult a doctor first.

What steps did you take to prepare for a baby girl or a baby boy? Tell us below.

Giuliana Rancic Says Son is a Mini Version of Husband Bill





By Jennifer Ross

In an episode of <u>STYLE's Giuliana & Bill</u> that was filmed just before baby Rancic was born, Giuliana and Bill Rancic discuss naming their first born and his possible traits. Giuliana, 37, was keen on naming their son William, after her very own husband. Bill, 41, wasn't too thrilled with the idea, "I've never been a fan of the 'junior.' I want to give him his own identity." As names like Luke and Zack are weighed upon, the couple considers naming their son after their own fathers. Giuliana explains, "Your dad is Edward and mine's Eduardo. We could name him Edward." The conversation then continues on to what Giuliana most looks forward to when finally meeting baby Rancic — his personal traits. "I want to look at him and see you. I want him to be a 'mini Bill.' Honestly, I want him to be just like you."

How do you work as a couple to instill values in your children?

Cupid's Advice:

Everyone wants their children to grow up becoming successful adults with great values. Yet, no child has ever come with a manual to accomplish this. Fortunately for parents, you won't have to figure it all out on your own. Here are a few key steps to start you on the process of instilling values:

- 1. Action: Instilling values into children must start with you and your partner showing by examples. From the day they are born, their little eyes are watching your every move. So remember to be compassionate, courageous, honest, reliable or whatever it is you want them to be.
- 2. Practice daily: Since we, as adults, cannot be perfect all the time, it is safe to say your children won't be either. Therefore, use those moments of mistakes in each of you to kindly practice the right way to do things. Also, you and your partner can practice supporting each other in the learning process as another example of good values.
- **3. Praise:** Praise or celebrate the times when your children show trustworthiness or sympathy or love. If someone outside the family witnesses the children showing great behavior, make them aware that others are watching and how proud you feel. They will feel the pride too.

How did you and your partner work together to instill values in your children? Tell us below.

Giuliana Rancic: I Want Duke To Be A Mini-Bill





By Kirsten Mirtich

for Celebrity Baby Scoop

When it came to choosing a name for her first born son **Edward Duke**, mama and reality television star <u>Giuliana Rancic</u> wanted to name him after his proud papa **Bill Rancic**. However, her hubby wasn't as keen on the idea as she was.

"I've never been a fan of the 'junior.' I want to give him his own identity," the 41-year-old father reasons in a clip from the November 13th episode of *Giuliana & Bill* — which was filmed just prior to Duke's August 2012 arrival. "If he wants to name his son after me, then I've earned it."

Although the couple considered names such as Luke and Zach, they ended up agreeing on a name that paid tribute to their own fathers.

"Our fathers are great men — your dad is Edward and mine's Eduardo. We could name him Edward," Giuliana comments in the preview clip as the couple finally settle on what to name their son.

Since his arrival, the couple have taken to calling him Duke — his middle name — which they chose because it means leader.

After they decide on the name, Giuliana reveals that she most looks forward to having a constant reminder of the greatest man in her life — her hubby of five years.

"I want to look at him and see you. I want him to be a 'mini Bill,'" she says on Tuesday's *Giuliana & Bill*. "Honestly, I want him to be just like you."

"He'll be better!" replies Bill.

Giuliana & Bill airs Tuesday at 8 p.m. (EST) on STYLE.

Tamara Mowry-Housley Welcomes a Baby Boy





By Jennifer Ross

At last! On November 12, 2012, <u>People</u> confirmed that the first born child for Tamara Mowry-Housley and Adam Housley finally arrived, just two weeks after his due date. At 9 lbs., 5 oz. in weight and 21.5 inches long, Aden John Tanner Housley entered the world late in the evening, giving his parents a lesson on patience. "If I have yet to learn patience, my son is in the process of teaching me now. I have learned that I am not in control and that he will decide when he comes," the actress blogged. In the end, both proud parents "feel very blessed" to have baby Aden home.

How does having a baby bring you closer as a couple?

Cupid's Advice:

When you really think about it, having a babycan be serious and dirty business. There are the mood swings, lots of crying, dirty diapers, hunger pains at all hours and fatigue — from all family members. Yet, after all this, a new baby can also enrich your lives. Besides growing the family tree, here are a few benefits having a baby can bring to your relationship:

1. Communication: Because your newborn is incapable of saying exactly what he/she wants, you two as parents will have to

communicate much more often. These are the times when hashing out the details are necessary, so say exactly what your mean. With consistent communication, eventually a routine will surface and a better knowledge of each other will be the reward.

- 2. Team work: With the endless chores surrounding a baby, forming unity in your family will be essential. You both are going to be forced to learn to rely on each other for help. Because of this, there is a lot of give-and-take. As team work is strengthened and your baby grows, soon you will see that it was all worth it.
- 3. New perspectives: As your baby grows, you and your partner will witness many first moments. This also gives you both the opportunity to view each other in your own "firsts" as well. Whether she perfects her gentle rocking as she is nursing or he is wonderful at reading the sports section to the baby, you will begin to see your mate in a new light, allowing you to fall in love all over again.

Did you and your partner become closer after your baby was born? If so, how? Share your story below.

Reese Witherspoon Debuts New Son Tennessee James Toth





By Nicole Weintraub

Reese Witherspoon and husband Jim Toth have welcomed son Tennessee James Toth into the world, according to <u>UsMagazine.com</u>. Born about six weeks ago, Tennessee and mommy Witherspoon were seen out in Los Angeles. The couple wed back in 2011 and this is their first child together. Witherspoon has two older children with former husband Ryan Phillippe. Witherspoon's two older kids met Tennessee when he came home from the hospital. "Deacon is excited to have a brother. And Ava can't wait to babysit," a source revealed.

What are some ways to introduce your new baby to your other children?

Cupid's Advice:

Bringing a baby into your family can be a tough decision, especially when you have older children. Here are some ways to prepare them for the arrival of your new baby:

1. Prepare them: Read your kids children's books about a new baby coming into the family. Talk to your children about what it means to have another brother or sister. The more open you are with your kids, the better prepared they will be.

- 2. Practice: If you have older children, have them practice carrying and holding a baby with a doll. Show them how a diaper is changed or how to feed a baby so that they will know what to expect once the baby comes.
- **3. Get them involved:** Get your kids involved ask them their opinions on different baby names and show them pictures of your sonogram. The more involved they feel, the less threatened they will be by the newest arrival.

What are some ways you would prepare your kids for a new baby? Share your thoughts with us.

Pal Says Kim Kardashian Hopes to Get Engaged and Pregnant Post-Divorce





By Jennifer Ross

Kim Kardashian wants to start planning for her future with Kanye West; that is once her divorce papers come in. Kardashian, 32, recently set the record straight to <code>UsMagazine.com</code>, confirming that she is not pregnant nor having a "surprise wedding" with West. Technically, she her divorce to Brooklyn Nets Kris Humphries is not official and continues at a snail's pace. However, a close source reveals that the couple does have a plan for their future. "Kim thinks they'll get engaged and try for a baby once the divorce is final...Kanye is actually being very patient." All that is needed is ink to dry on Kardashian's walking papers.

What are some things to be careful of in a relationship after your divorce?

Cupid's Advice:

Dating again post-divorce can be both exciting and challenging, especially if you have been off the market for quite some time. While you may feel you are ready to start a love life once more, there are many things to be careful about in new relationships. Some things will be obvious and some will sneak up on you. So to get you started, here are a few no-no's to think about when saying yes to a date:

- 1. Jumping in too soon: While there is no set time for when to start dating again, you can jump into the dating pool too soon. The main thing to focus on is whether you have healed from your divorce. Taking the time to get to loving your single self and realizing what you did wrong before will help you not to make the same mistakes again.
- 2. Comparing your ex to your new partner: One thing a potential partner hates is being compared to the ex or even listening about him/her over dinner. So try not to do it. While you do not want to find an exact replacement to your ex, keep in mind that every person is different and will not necessarily act the same as your ex in a similar past situation. Bottom line, keep your ex in the past.
- 3. Repeating the same mistakes: A common thing to do when you are not ready to date is to repeat the same mistakes. This usually happens in not taking the time to analyze what went wrong in your previous marriage and what responsibility you had in those mistakes. Without unlearning the wrong way and relearning the right way to handle a conflict, you are doomed to repeat.

What were some things you were careful of in a new relationship post-divorce? Comment below.