

Simon Cowell Speaks Out On Becoming a Dad



By April Littleton

For the first time since news broke about Lauren Silverman's pregnancy, the *X Factor* judge, 53, addressed the situation. He told [BBC News](#), "I'm proud to be a dad." Silverman became pregnant with Cowell's child before she separated from her now estranged husband Andrew Silverman. According to [People](#), Cowell plans to keep his distance from the mother-to-be until her divorce case is settled. Cowell adds that Lauren is "a very special girl."

How do you help your partner prepare to become a parent?

Cupid's Advice:

Becoming a parent is an exciting and nerve-wreaking adventure for a couple to experience. You're bring a new life into the

world and that thought alone can be scary, especially if this is going to be your first child. As you get ready for the new baby, you might be more involved than your significant other. Don't worry, Cupid has some tips:

1. Books: Your partner might not play an active part in all of the baby research because he/she doesn't know where to start. Baby books can help the expectant mother/father get a grip on the situation at hand more quickly. Go to a public library or your local bookstore and take a look at all of the various pregnancy guides out there to help you and your honey become great parents.

2. Talk about it: Having an open discussion with your significant other about the pregnancy and what will be expected can help ease any fears or worries he/she may have. Make sure you give your boo the time to talk about what concerns he/she has.

3. Talk to other parents: You and your partner might have some friends who are already parents themselves. Think about planning a barbecue or another activity where all your loved ones can mingle. Your love might enjoy talking to them about their experiences or he/she might just have some questions to ask them. Either way, your honey will gain a little more insight on the pregnancy.

How did you help your partner become a parent? Comment below.

Star Moms Give Back to School

Tips



By Jenny Schafer for

Celebrity Baby Scoop

It's time to start thinking about the back to school madness. While this time of year can cause stress and anxiety, Celebrity Baby Scoop reached out to some savvy celebrity moms – and rounded up top favorite brands – to help beat the back to school chaos.

Related Link: [Claire Danes Worried She'd Never "Want to Work Again" After Cyrus' Birth](#)

Melissa Joan Hart and husband Mark Wilkerson are parents to three sons: Mason, 7, Brady, 5 and Tucker, 12 months in September.

"I always try to get the boys a new backpack and a new pair of sneakers to get them excited about going back to school," Melissa says. "We talk for a few weeks leading up to it about

the teachers name and who a couple of classmates will be to help ease some of those first day jitters."

Courtney Lopez and husband, *Extra* host Mario Lopez, are parents to 3-year-old daughter Gia and are currently expecting their second child.

"In order to avoid losing her stuff at school, we label all of Gia's school supplies and clothes with Mabel's Labels," Courtney shares.

TODAY Show anchor and co-host, **Natalie Morales**, and her husband Joe Rhodes are parents to sons Josh, 9, and Luke, 5.

"Create a calendar of activities for each kid early on so they can see each day what they have and need," Natalie shares. "And label everything! I love Mabel's labels, as they stay on longer than the clothes lasts."

Entertainment Tonight's **Nancy O'Dell** is stepmom to her husband Keith Zubchevic's sons, Tyler and Carson. They are also parents to 6-year-old daughter Ashby.

"Make an album with your child," says Nancy, an avid scrapbooker.

"Over the summer when it gets close to the time for back to school, sit down with your child and make an album or a scrapbook of the previous year in school," she adds. "It will remind him or her of all the good times they had in school and it will get them excited about going back! It is a great bonding project to do together and you have a wonderful keepsake for the family as a result."

Nancy goes on to talk about the benefits of enjoying family photos.

Related Link: [Ivanka Trump: I Don't Stress About Being](#)

Balanced

"Also bring out some of your family albums to show your child," Nancy continues. "It will remind them that they are part of a group, that they are members of a strong family, that they belong and it will give them the strength to fall back on if they were to go through anything difficult at school, for example, bullying which is all too prevalent these days."

"Child psychologists will tell you that seeing family photos, with it being reinforced visually, helps children to know they have this family unit behind them to lean on," Nancy adds. "I share more of my album ideas at NancyOdell.com including an Album of Hope which would be another great back to school project with your child."

For the rest of the interview visit, www.celebritybabyscoop.com/2013/08/14/star-school-tips

'Don't Be Tardy' Star Kim Zolciak Is Expecting Twins





By Kristyn Schwiep

Kim Zolciak is expecting twins. Zolciak announced via Twitter that she had a “VERY exciting and personal announcement!!!” According to [People](#), the *Don’t Be Tardy* star “couldn’t be more excited” about adding two more little ones to her brood. Zolciak is already the mother of four children. She said twins do run in the family, but she was completely shocked.

How do you prepare for twins versus a single child?

Cupid’s Advice:

Having a baby is an exciting and stressful time in any parents life, but having two can add more stress than normal. So how do you prepare for twins versus a single child? Cupid has some advice for you.

1. Get organized: Get organized early. Make sure your hospital bags are packed, the nursery is set up, stock up on all the essentials, etc. Being organized early in the game will make your life a lot less stressful once the baby is born.

2. Keep sane: Being a mom of new born twins is going to be stressful so make sure you keep yourself sane. Learn to ask

for help from others when you need it. Also, don't isolate yourself because it can become very lonely so invite friends and family over to share this exciting time with them.

3. Routine: A part of getting organized is keeping organized with a routine. Make charts to help you remember which baby had slept, been fed, changed, etc. Also, divide tasks between both parents because it will make it a lot easier to get everything done.

How did you prepare for twins? Share your stories below.

Kim Kardashian and Kanye West Bring Baby North to Funeral



By Kerri Sheehan

Since giving birth two months ago, reality star Kim Kardashian has rarely been spotted outside of her nest. However, this weekend she and her baby daddy, Kanye West stepped out with the daughter, North. The new family jetted out to Oklahoma for a somber reason, due to the death of the rapper's grandfather, Portwood Williams Sr. A source confirmed to [People](#), "That's why they weren't at [sister] Kylie's birthday." In replace of their presence at the sweet sixteen bash, the couple sent hip-hop stars, Drake and Big Sean.

What are some ways to involve your child in important family functions?

Cupid's Advice:

It's hard to decide when you should begin including your child in more adult family events. Let Cupid help you weigh your options.

1. Start early: Depending on the type of parent you are coddling your child may seem silly to you. Therefore, involving your kids in family functions from the get go is perfectly fine.

2. Play it by year: With something as heartbreaking as a death, it may be best to leave your child at home. Kids are fragile and being exposed to death so young might not leave them with happy memories.

3. Ask them: Once your offspring gets to an age where they can make decisions, let them. If your child wants to be involved in the adult affairs of your family then there's no reason why you should shield them from that.

How would you involve your child in family functions? Share below.

Danielle Jonas Debuts Tiny Baby Bump at 2013 Teen Choice Awards



By Kerri Sheehan

The Jonas Brothers will soon be adding another member to their pop group as Danielle Jonas is expecting! The wife to the *Married with Jonas* reality star Kevin Jonas debuted her mini baby bump at the Teen Choice Awards this past Sunday. Clad in a short yellow flowered frock, the 25-year-old mom to be was glowing. The couple announced the pregnancy in July when the excited future father tweeted, "It's true – Danielle is pregnant! Can't even imagine how excited we are. I can't wait to share this with my best friend. I love you baby," according to UsMagazine.com.

How do you show off a baby bump in a tasteful manner?

Cupid's Advice:

What better way to show you're going to be a proud mama than to tastefully dress your baby bump? Cupid has some advice about what to wear during those 9 months:

- 1. Cover up:** It's important to remember not to show too much skin when you're with child. Super short shorts are a no-no as are deep v-necks. You're going to be a mom, so dress like it!
- 2. Dress the bump:** If you're looking for examples of what not to do then you can look at how Kim Kardashian dressed during her pregnancy. She was often caught in too tight clothes that weren't maternity friendly, which ended up making her look uncomfortable and uptight. Stores have a maternity section for a reason, be sure to check them out.
- 3. Show it off:** As soon as you try to hide the bump, that's when your clothing becomes a problem. You're carry a child in there so don't be afraid for others to see the bump and know that you're expecting.

How did you dress your baby bump? Share below.

Danielle Jonas Shares Baby Sonogram





By April Littleton

Danielle Jonas shared her sonogram with all of her fans via Instagram Tuesday, August 6. “I can’t believe this is ours @kevinjonas and I are so blessed,” she wrote. “Look at that cute nose!!!” The “Poms Poms” singer spoke to [UsMagazine.com](https://www.usmagazine.com) about his wife’s pregnancy, “The first trimester is always an interesting one. She’s been feeling up and down a lot. But she’s doing a lot better now. We’re in good spirits. We’re excited.”

What are some ways to to include family/friends in your pre-baby excitement?

Cupid’s Advice:

Finding out that you and your partner are going to have a baby is very exciting news. Sometimes, it may be hard to share the excitement with your loved ones because you’re so wrapped up in your own crazy emotions. Cupid is here to help:

1. Shopping for baby: Instead of taking your significant other baby shopping with you, think about taking some of your family members and friends. Shopping for clothes, toys and any other accessory you think your baby will need will be fun and exciting for you and for the people who don’t feel as included

in the pregnancy. If this is your first pregnancy, ask some of your friends who already have kids for their advice on diaper brands, bottles and baby formula. They'll be happy that you're trying to get them involved in all of the baby chaos.

2. Doctor appointments: You might not feel comfortable bringing your friends to any of your doctor appointments, but having a family member or two there with you won't do any harm. What better way to increase their excitement over the baby than to see him/her on the sonogram screen?

3. Baby names: If you need a little help thinking of names for your little bundle of joy, ask the people closest to you for help. Ask your loved ones their top three name choices for both a boy and a girl and pick the one you and your partner like the most. Don't reveal the name until the baby is born. The suspense of it all will be more than enough to keep everyone's attention on your pregnancy.

How did you include your family/friends in your pre-baby excitement? Share your experience below.

'The Bachelor' Stars Jason Mesnick and Molly Malaney Share New Picture of Daughter Riley





By Kristyn Schwiep

It's hard to believe that Jason and Molly Mesnick's little girl is already four months old! *The Bachelor* celebrity couple shared an adorable picture of their celebrity baby Riley Anne in a blog post on Monday, Aug. 5. According to UsMagazine.com, Jason, 37, and Molly, 28, hosted a Country Time Lemonade Stand for the "Great American Lemonade Stand-tacular" campaign to raise money for Alex's Lemonade Stand Foundation, which helps fight childhood cancer. "Having a new baby is one of the hardest jobs in the world, but it has made us love each other so much more," the new celebrity mom explains. "We have given each other the greatest gift in the world with Riley, and for that alone, we have a stronger love than ever before."

Jason and Molly Mesnick showed off their celebrity baby Riley at a lemonade stand. How do you introduce your new child to friends and family?

Cupid's Advice:

Having a baby is such an exciting time! So what are some ways you can introduce your new child to friends and family? Take a cue from this celebrity couple and consider one of these methods:

1. Take the traditional route: Send out announcements and let your family and friends know that you're proud new parents. You can make your own card on sites like Minted.com or enlist the help of a photographer and graphic designer.

Related Link: [5 'Bachelor' and 'Bachelorette' Couples We Can Learn From](#)

2. Use Facebook: If you updated your Facebook throughout your pregnancy, the social network is the perfect way to introduce your new baby to family and friends. Update your status with a picture of your new baby and include details like your son or daughter's birthday, weight, and length.

Related Link: ['Bachelor' Couple Jason and Molly Mesnick Renew Vows in Vegas](#)

3. Make a holiday card: If you give birth towards the end of the year, a holiday card is the perfect way to introduce your baby to your loved ones and let them know that you received the greatest gift of all this year!

What are some ways you can introduce your new baby to friends and family? Share your thoughts below.

Halle Berry Admits Pregnancy

Was a 'Constant Challenge' on 'X-Men' Set



By Kristyn Schwiep

Halle Berry was faced with a constant challenge on the *X-Men: Days of Future Past* set. "I wasn't in [the movie] as much as I was meant to be," the 46-year-old actress tells U.K.-based magazine *Total Film*. According to UsMagazine.com, one of the obstacles she faced was her rapidly changing figure. "My ever-growing belly was posing a constant challenge!" she says. "What I could do was getting more limited, so the role I play is so different from what it could have been, due to my surprise pregnancy." Berry said she has learned over the years to have a better work-life balance. "As I've grown older I've really learned, out of necessity, the importance of leaving work at work," Berry said.

What are some ways to support your partner through pregnancy?

Cupid's Advice:

Being pregnant isn't easy, but there are a few things that you can do to support your partner through their pregnancy. Cupid has some advice for you:

1. Help plan: Help your partner plan for the baby. Talk with your partner about what you both want for your baby. Talking about your expectations when the baby arrives will make the pregnancy going a lot smoother if you both know where each other stands.

2. Attend doctor visits: Support your partner by making time to attend doctor visits. Being there for scans and monthly check-ups will show your partner that you care and provide them with that extra support they need.

3. The little things: Help with the little things. Let your partner sleep in, clean the house, or go pick up the groceries. Any little thing you can do to help and make it easier for your partner will go a long way.

What are some ways you supported your partner through pregnancy? Share your stories below.

Simon Cowell Is Having a Baby with Socialite Lauren Silverman





By Petra Halbur,

Simon Cowell is going to be a father! Multiple sources confirm that everyone's favorite *The X Factor* judge and New York socialite, Lauren Silverman, are expecting a baby. The only complication is that Silverman is currently married to Cowell's close friend, Andrew Silverman. Cowell's UK rep tells [*People*](#), "This is a very sensitive issue and all media enquiries are being dealt with by his U.S. attorney." According to a source, the Silvermans have filed for divorce.

What are some ways to move on after an affair?

Cupid's Advice:

So, you were involved in an affair. It's over now but you're having a hard time moving on. Cupid is here to help:

1. Own up: You were involved in an affair. You need to accept that you were doing something that is, by all convention, immoral before you move on.

2. Be single for a while: After the deterioration of any relationship, but especially after one as destructive as an affair, it's a good idea to go solo for a while to get

yourself together.

3. Seek counseling: It wouldn't hurt to schedule an appointment with a professional to talk about why you got involved in such a relationship. You may not necessarily have "a problem" but it's still worth talking to someone about.

How did you get over an affair? Tell us below.

Claire Danes Worried She'd Never "Want to Work Again" After Cyrus' Birth



By April Littleton

At the Summer TCA Party in L.A., *Homeland* actress Claire Danes

told UsMagazine.com she's still "figuring out" how to balance her career with motherhood. "I was in my cozy mommy bubble. I was anxious about returning to work. I had all sorts of exaggerated fears, I think the biggest one being, "Oh god, will I ever want to work again?" Danes, who has been married to Hugh Dancy since 2009, often brings her 7-month-old son to set and the first-time parents take turns being their son's primary caretaker.

When is it the right time to go back to work post-baby?

Cupid's Advice:

Figuring out when you should go back to work after having a baby is probably one of the toughest decision you'll have to make as a parent. You want to be there for your child, but you also have to be able to take care and provide for your little bundle of joy. If you're not able to be a stay-at-home parent, Cupid has some advice:

1. Finances: Staying at home with your new baby might not be an option for you, in fact, for most parents it's not a choice they have. Depending on what your partner does for a living, one income may not be enough with an additional family member now in the mix. Add up all of your funds and see if you're able to living comfortably with just your partner's money coming in, if not, find someone you trust to look after your baby. Start off by working part-time or work from home if your job allows it.

2. Emotionally ready: It's very hard to detach yourself from your child, especially when he/she is first born. If you're just not comfortable letting someone else watch your baby for a few hours out of the day, then don't go back to work just yet. However, you're not going to know how you feel about being away from your kid if you haven't given it a chance. Don't worry, you'll miss them more than they miss you.

3. You've thought about it: Logically, you know it's the best thing for you and your family for you to go back to work. Think about how many hours you're willing to work. Maybe you and your partner can come up with a schedule where one of you is still at home with the baby. If you have thought about an arrangement that works best for the family, you're ready to go back to your 9 to 5.

When did you know it was the right time to go back to work post-baby? Share your experience below.

Evan Rachel Wood Welcomes a Baby Boy with Jamie Bell



By Kristyn Schwiep

Evan Rachel Wood and husband Jamie Bell, have welcome their

first child into the world. According to UsMagazine.com, Wood and Bell are parents to a beautiful boy and both the parents and baby are doing well. The couple wed in October 2012 and announced they were expecting in January 2013. Wood shared a few baby-related tweets, including this sweet tweet from July 6: "How can you be so excited to see someone you have never even met? #preggers."

How do you know when it's a good time in your life to have children?

Cupid's Advice:

The question of whether you are ready or not to start a family can add stress to your life, so how do you know when it's a good time in your life to have children? Cupid has some advice for you:

- 1. Goals:** Know what each others goals are for the future. Starting a family is a fun and exciting part of any relationships, but you need to make sure that you and your partner are on the same path. Discuss your future goals with one another, if everything lines up its safe to say its a good time to start your own family.
- 2. Careers:** Having a baby and a career isn't impossible, but making sure you have a stable career and time away from work to begin a family. If you and your partner are both in a good place in your careers and have the time to take off of work, there is no better time than now to have children.
- 3. Happiness:** Starting a family is a new experience, so you and your partner need to be happy and fully committed to each other before starting a family. If you and your partner are happy, loving, and supportive and you both are on the same page about your future, having children will only add to your happiness.

How did you know when it was a good time in your life to have children? Share your stories below.

Will Harry and Pippa Be Named Godparents to Prince George?



By Kerri Sheehan

Now that the Prince George has arrived the speculations about whom William and Kate will choose as godparents has begun. Members of the royal family traditionally have six godparents, three being women and three being men. Many are placing bets that William's bother, Prince Harry and Kate's sister, Pippa Middleton will be among the chosen, but no one can be sure. Both Harry and Pippa are already closely related to Prince George so William and Kate may fill the six godparent roles

with those who they wish to forge ties with. Ingrid Seward, editor-in-chief of *Majesty* magazine dished to [*People*](#), “Godparents don’t have to be your best friend. Quite often it is quite the opposite, it can be somebody quite random. Prince George’s christening is set to take place in the fall so speculations will likely continue until then.

How do you select role models for your new arrival?

Cupid’s Advice:

With a new baby come new responsibilities, such as choosing what kind of people to share your bundle of joy with. Cupid has some advice about how to go about selecting roles models for your new arrival:

1. Keep them positive: Growing children are extremely impressionable, so try not to keep any ‘Negative Nancys’ too close. If your child grows up hearing “I can’t,” or, “I’m not good enough to do that,” then the thought will likely rub off on them.

2. Be a role model: As a parent you’ve the one who your children will look up to most. Be your best you and your kids will strive to reach the bar you set.

3. Let them have a say: Each child is different; therefore the role models that each child needs will be different. You and your partner should consider your child’s likes and personality when trying to pick out roles models for them.

How did you pick your child’s role models? Share below.

Former 'Facts of Life' Star Kim Fields Is Expecting Second Child



By Petra Halbur

Kim Fields is pregnant with baby #2. According to [People](#), the former *Facts of Life* actress will announce her pregnancy on an episode of *The Real* that will air next week. Fields and her husband, Christopher Morgan, who already have a 6-year old son named Sebastian Alexander, plan to name their second boy, Quincy Xavier. "Sebastian and Christopher are very excited," she says on *The Real*, "Chris and I were very blessed to really have one another, to have our family and friends and our God to really get us through that."

How do you prepare for a second child versus a first?

Cupid's Advice:

You've found out that you're expecting a second baby! How will this baby be different? How do you get ready to have a second child? Cupid is here to help:

1. Get out the hand-me-downs: Good news! You don't have to spent a fortune on your baby this time around (well, not as big a fortune). Sort through the clothes and toys that your first child has outgrown and set them aside for your second baby.

2. Don't expect him/her to be like the first: Every child is different. Don't assume that your new baby will have the same personality or temperament as his or her older sibling. Try to limit your expectations and keep an open mind.

3. Learn from your mistakes: New parents always get things wrong. Remember back to the little mistakes you made the first time around (diaper fiascos, obsessive cleanliness etc.) and make sure to avoid them with this child.

How did you prepare for your second child? Tell us below.

Prince William and Kate Middleton Introduce Their Son to the World





By April Littleton

According to [UsMagazine.com](https://www.usmagazine.com), a day after Kate Middleton gave birth to a healthy boy, both parents decided to show him off to the world. The happy couple emerged outside the Lindo Wing at St. Mary's Hospital. In a statement released Tuesday, July 23, the first-time parents said, "We would like to thank the staff at the Lindo Wing and the whole hospital for the tremendous care the three of us have received."

How do you introduce your newborn child to friends and family?

Cupid's Advice:

The arrival of a newborn can be challenging, especially if it's your first child. It comes to no surprise that your friends and family will want to see the baby as soon as he/she is allowed to go home with you, but it's best to introduce your baby to a small amount of people little by little. You don't want to overwhelm yourself or the baby with loads of people hovering around you. Cupid has some tips:

1. Start with family: Introduce your new baby to your family first. Start with your parents and your partner's parents. Don't allow all family members to come and see the newborn all at once. Doing this could cause your child to become irritated

and the stress of so many people surrounding your baby might cause you to become frustrated as well.

2. Let close friends visit: It isn't healthy to have your newborn outdoors for long periods of time. Since your baby is so young, he/she can catch an illness quicker. If you're really anxious for your friends to see the baby, let a few of them come to you. Invite one or two friends over to your house when your baby has been fed and is ready for a little interaction.

3. Social media and video chat: Some of your friends and family might not live in the same state as you. In this case, take a few pictures of your newborn and post them to Instagram, Facebook or whatever social networks you use. Also, it would be a good idea to video chat with some of your distant relatives. It's not as personal as a live visit, but it's much better than just looking at pictures.

How did you introduce your newborn to friends and family? Comment below.

Jimmy Fallon and Wife Nancy Welcome a Baby Girl





By April Littleton

The *Late Night* host's rep confirmed to [People](#) that he and his wife Nancy Juvonen welcomed a baby girl Tuesday at 6:21 a.m. The first-time parents are "overjoyed about the arrival of their beautiful daughter," his rep said. The couple has been married since December 2007.

What are three things to remember about being first-time parents?

Cupid's Advice:

You've waited 9 months for your little bundle of joy to get here. The day has finally come and you get to hold your baby for the first time. Panic starts to set in when you realize it's up to you to keep this small human being safe and protected for many years to come. Don't let this thought overwhelm you, Cupid has some advice:

1. It's OK to ask for help: If you need some guidance, ask for it. You're a first-time parent, so it's only natural for you and your partner to have a few questions along the way. Your family and close friends won't mind helping you. In fact, they would love the chance to get to know the baby as well!

2. Listen to your baby: First-time parents tend to get frustrated when they begin to “think” that they don’t understand what their child wants. It’s simple. Your newborn will cry when she/he is hungry, tired or bored. As the two of you get more acquainted, you’ll be able to recognize the difference between those three cries. Don’t let your emotions get the best of you. If you’re patient and you just listen to what your baby is trying to tell you, you’ll be less stressed and have a better time learning how to care for your child.

3. You’ll make mistakes: All parents make a few mistakes the first time around. You might put the diaper on wrong and it ends up sliding right off. Breastfeeding may prove to be difficult the first few times. Hitting a few roadblocks when parenting is perfectly normal. Just remind yourself that your baby will love you as long as you care for them with the best of your ability.

What are some other things first-time parents should remember? Comment below.

Royal Baby: Prince William Says ‘We Could Not Be Happier’





By Kristyn Schwiep

The Royal Baby has arrived. On Monday, following the birth of his son, Prince William said, “We could not be happier.” According to [People](#), William, 31, is spending his first night as a father at St. Mary’s Hospital in Paddington, London, with his wife, Kate, 31, and their newborn son. Prince Charles, William’s father, said “Grandparenthood is a unique moment in anyone’s life, as countless kind people have told me in recent months, so I am enormously proud and happy to be a grandfather for the first time.”

What are some ways to support your partner through the first days with an infant?

Cupid’s Advice:

Becoming a parent for the first time can make you overwhelmed with joy and fear and all sorts of emotions, but there are ways to keep it together. So what are some way to support your partner through the first days with an infant? Cupid has some advice for you:

1. Let them have some alone time: There is no question that the first days with an infant can be overwhelming and exhausting, so one of the nicest things you can do to support

your partner is to take your new born and let your partner have some quiet time. Letting your partner rest for at least 30 minutes will go a long way. If you both let each other have some down time you will be able to put all your energy into your new baby.

2. Doing the small things: Wake up in the middle of the night with your new born, change the diapers, any thing you can do to make it easier on your partner will show great support. Doing something for your partner will give them something to look forward to.

3. Support them: Things can get a little crazy during the first days with an infant, so support your partner. Tell them they are doing a great job and that you are proud of them. These words of encouragement will help your partner feel reassured and that they are doing a good job with your new baby.

What are some ways you have supported your partner through the first days with an infant? Share your thoughts below.

‘Supernatural’ Star Jared Padalecki and Wife Genevieve Are Expecting Baby #2





By Kerri Sheehan

The *Supernatural* fandom is soon to add another Padalecki to its ranks! UsMagazine.com confirmed that star Jared Padalecki and his wife, actress Genevieve Cortese Padalecki, are expecting their second baby. The pair is already parents to a 16-month-old son named Thomas. Padalecki seems to be enjoying fatherhood so far as on Father's Day he tweeted, "Hope all you other daddy's out there had a great day. I'm honored to be a part of the club. (Thank god the mommys make our jobs SO easy)."

What are ways to prepare differently for a second child versus a first?

Cupid's Advice:

No doubt welcoming your first child into the world is the happiest you've ever been, so you're thrilled to be expecting a second. Cupid has some advice about how to make sure you're ready for baby number two to come:

1. Help your first child cope: Up until now your first child has been receiving all of your attention, so he or she won't be used to sharing the spotlight. Make sure your first child knows what's coming so they won't be in for a huge surprise.

2. Reuse items: Figure out what items you bought for your first child that can be reused by the second. Things such as a crib or a stroller can be passed down whereas pacifiers and a great deal of clothing cannot be. You and your spouse should have all of this sorted out before the baby arrives.

3. Get organized: Things are likely to get a little crazy with two little ones running around. Make sure everything is in check before the baby comes to save yourself some stress.

How did you prepare for your second child? Share below.

Prince William and Kate Middleton Welcome Their Royal Baby Boy





By Kerri Sheehan

Kate Middleton, The Duchess of Cambridge, gave birth to a little Prince this past Monday. According to [People](#) an official statement released Monday morning from Kensington Palace read, “Her Royal Highness The Duchess of Cambridge has been admitted this morning to St. Mary’s Hospital, Paddington, London in the early stages of labour.” Prince William was by her side when she was admitted to the hospital just before 6 a.m. The baby’s birth went as planned and the new mother and father gave the media a first glance at their bundle of joy Tuesday afternoon as they left the hospital.

What are some ways to support your partner through labor?

Cupid’s Advice:

Giving birth is one of the hardest things a woman can experience. Cupid has some advice about how you can support your partner while they’re in labor:

1. Music: Labor is a super stressful time for any woman, so playing some music is a great way to keep her as calm as can be. Soothing, mellow tunes will ensure that your significant other is in a good place mentally when the baby finally arrives.

2. Speak Up: Your partner already has enough to worry about so make sure that you act as an advocate for any wants or needs she has. It's your job to keep comfortable until it's time for the big push.

3. Be Prepared: Doing your research beforehand will help you know how the birthing process will go. Preparing yourself by watching birthing videos and reading up on what is to come when the baby is on its way out.

How would you want your partner to support you during labor? Share below.

Jason Biggs and Wife Jenny Mollen Are Expecting



By Petra Halbur

Jason Biggs has announced that he and his wife, Jenny Mollen, are expecting their first child. During an appearance on *Chelsea Lately*, Biggs shared a photo of his wife. Chelsea Handler observed that “Her breasts look really engorged,” to which Biggs responded, “Her breasts are very big these days. Would you like to know why? Cause I put a baby in her belly!” According to [People](#), Mollen later tweeted that the baby will be a boy.

What are three funny ways to announce your pregnancy?

Cupid's Advice:

Why not imbue one of the most exciting announcements you'll ever make with a little creativity and humor? Cupid has some ideas for unique ways to announce your pregnancy.

1. Hide the sonogram in a card: If you plan to make the announcement around the holidays, place several copies of your sonogram in your annual holiday cards. Ideally, you should hand these cards to your friends and family in person so you can see the look on their faces when they find out that you're going to be a parent.

2. Wrap the announcement up as a present: Place a pregnancy announcement in a box place within a box placed within another box. Wrap the largest box up and hand it to to your friends and family members. The building excitement as they open each box will make their joy at the news all the more worth it.

3. Decline a drink: Invite family and friends out to a restaurant. When the waiter offers you some wine, politely refuse, saying that you won't be drinking for the next 9 months. It's a nice, simple and somewhat cheesy way to announce your pregnancy.

How did you announce your pregnancy? Tell us below.

David Beckham: Prince William and Kate Middleton Are 'So Loving'



By Kristyn Schwiep

Being a first-time parent can always be a little intimidating, but David Beckham thinks Prince William and Kate Middleton will be on top of it when their first child is born. According to UsMagazine.com, Beckham thinks they are going to be amazing parents, because they're so loving towards children. Beckham, father of four, believes the Duke and Duchess of Cambridge will be great with the royal baby. Beckham attended the royal wedding in April and says that he has seen William grow from a young boy into an unbelievable gentleman. Beckham even joked and suggested to USA Today, that the royal couple should name

their first-born David if they welcome a son.

How do you know if your partner will make a good parent?

Cupid's Advice:

How do you know if your partner will make a good parent? Well, if they're sensitive, thoughtful, and supportive, you should be in the clear. All the qualities that make your partner a great partner are ones that will make them a great parent. So what are some qualities that will make your partner a good parent? Cupid has some advice for you:

1. They love to spend time with you: If your partner loves spending time with you at home opposed to spending the night out partying with friends, you've got yourself a keeper. A partner who rather spend time with you should show that you have nothing to worry about when the baby comes along. Now you know your partner will be there for you and the baby no matter what.

2. They're patient: If they're patient with you, work, family or friends you can breathe easy. If your partner knows how to handle a stressful situation calmly you have nothing to worry about when welcoming your new-born into the world. Your partner will be just as patient with your child as they would be with any other situation.

3. They love kids: If your partner loves spending time with their niece, nephews, or younger cousins your partner will make a great parent. Kids and babies can be overwhelming and exhausting so if your partner loves playing with kids and they love them back, you have nothing to worry about.

What qualities do you think make your partner a good parent? Share your thoughts below.

Alana De La Garza Welcomes a Baby Girl



By Kerri Sheehan

Actress Alana De La Garza is bringing home a baby! The 36-year-old and husband, Michael Roberts welcomed a baby girl on July 7th. This is the couple's second child and they are ecstatic to expand their family. De La Garza dished to [People](#), "I was just overwhelmed with pure joy and love. I know it sounds cliché, but that's exactly how I felt."

How do you prepare for a baby girl over a boy?

Cupid's Advice:

There are a lot of things to take into consideration when a

baby is on the way. Cupid has some tips for preparing for a baby girl:

1. Essentials: Make sure you have general items like stroller, crib, and diaper bag before you get more classified with gender specific touches. By not specifying a gender for these items you and your partner are able to use them again if you have another baby.

2. Other children: If you have other children then it's important to prepare them for the baby's arrival. No doubt they'll be helping take care of the new baby so make sure they're as ready as they can be for the newborn to arrive.

3. Final Touches: Once you've prepared for everything else then you can get into the gender more. You'll probably want girly clothes and shoes for your baby to frolic in, so make sure you're stocked up on those, as babies are messy!

How did you prepare for a baby girl? Share below.

Prince William Is Showing No Signs of Nerves Pre-Royal Baby





By April Littleton

While taking on his brother Prince Harry at a game of polo, Prince William showed no signs of nervousness as he awaits the birth of his first child, which is just days away. Tusk's chief executive Charlie Mayhew told [People](#), "We weren't expecting William to be here, it was a lovely surprise. He was on really good form." Prince William has ended all duties at the RAF Search and Rescue Base so he can be at his wife's side when she gives birth.

How do you soothe your partner's nerves pre-baby?

Cupid's Advice:

Most partners deal with anxiety over a pregnancy because they don't know what to expect when the baby comes. If it's the birth of their first child, they don't know if they'll be good parents, they worry over the health of their little one and they're nervous about seeing you in so much pain. Cupid has some advice:

1. Learn about the birth: To help ease your mind and your boo's, it's best to learn all about the birthing process before it actually happens. Many couples make the mistake of waiting until the actual delivery date to figure out what to

expect – this is the wrong move to make. In order for your significant other to be more engaged and for you to feel more calm when the chaos sets in, you need to do your research. Participate in a birthing class, read pregnancy books and watch some interactive videos. The more prepared you are, the better.

2. Talk to your partner: Take the time to discuss the details of the pregnancy with your loved one, especially if this is going to be your first child together. Talk about what your expectations are and vice versa. You may even want to take this time to come up with a schedule for when the baby comes. Your life and daily activities will change, but your significant other may not be aware of this fact yet.

3. Pack early: Most of the pre-baby stress comes from couples delaying to get certain things done before the baby arrives – like packing for your trip to the hospital. Get your clothing and your baby's first outfit ready, buy a spare toothbrush, keep extra shampoo and conditioner stocked, etc. Whatever you think you'll need for your stay at the hospital needs to be already packed and ready to go.

How did you soothe your partner's nerves pre-baby? Comment below.

LeAnn Rimes Denies Rumors That She's Pregnant





By Petra Halbur

LeAnn Rimes took to Twitter on Wednesday, June 10, to address some recent pregnancy rumors. “LMAO Star Magazine!” she tweeted. “I don’t know if you [doctor] the pics or pic the worst one you can find, but I’m far from pregnant and just dropped a jean size.” Rimes is already stepmother to her husband, Eddie Cibrian’s, two sons, Mason, 10, and Jake, 6. “I was just with the kids for the last two days taking care of them on my own, and trust me ... I have a newfound respect for working moms who do it all by themselves,” she said, according to UsMagazine.com. “It was my birth control for a little bit – so overwhelming!”

What are some ways to announce your pregnancy?

Cupid’s Advice:

Congratulations on your pregnancy! Now comes the task of announcing it to the world. Cupid has some ideas:

- 1. Facebook it:** It may be unoriginal, but Facebook and other forms of social media are quick, effective ways to let all of your friends and family know the happy news at once.
- 2. Put a bun in the oven:** Invite friends and family over for

dinner and before they arrive, place a hamburger bun in the oven. At some point, ask one of your guests to check the oven. It may take some explaining (“Bun in the oven ... get it?”) but they’ll appreciate the creativity!”

3. Take a photo: Get some friends together for a photo. Right when you would usually instruct them to say, “cheese,” announce your pregnancy and snap the photo. That captured moment of realization and excitement is one that you’ll all treasure forever.

How did you announce your pregnancy? Tell us below.

Kevin Jonas and Wife Danielle Are Expecting



By April Littleton

A rep for the *Married with Jonas* stars confirmed to UsMagazine.com that the happy couple are expecting their first child together. During a chat with [E! News](http://E!News.com) Tuesday, July 9, the singer said, "I was overjoyed. It's been the most exciting thing in my life so far." The duo met in 2007 while vacationing at the Bahamas and tied the knot two years later at Oheka Castle in New York's Long Island.

What are some ways to prepare your relationship for parenthood?

Cupid's Advice:

Expecting a child for the first time is the most amazing thing you'll ever experience, but it's also one of the scariest. Going through a pregnancy for the first time is full of the unknown. You're not sure what will happen, how it will affect your relationship or if you'll be a good parent to your child when he/she finally comes into the world. The dynamic between you and your partner will definitely change. It won't be just about you and your love anymore. Cupid has some advice:

1. Discuss the essentials: Before the baby comes, you should talk to your partner about how you were raised and how you would like to parent. They should also provide the same information to you. In order to prevent any future arguments on the subject, it's important for the two of you to reach some sort of common ground on parenting techniques before the due date arrives. Talk about religion, dating, traditions, holidays, etc. If you reach a point in the discussion where you don't agree on something, that's where compromise comes in.

2. The money talk: You and your significant other need to be financially ready in order to take care of this baby. As a couple, you will need to figure out how much money you will need to put away for the child. Will you set up a college saving account early? What about insurance before and after

the baby is born? You also need to be able to cover everyday expenses like clothing, food and housing for you as well as the baby.

3. Do your research: Take a few first-time parenting classes together. Make sure to leave some time to read a few baby books as well. Learning all you can about the pregnancy and about what's to come once the baby is born will relieve a lot of stress and anxiety.

How did you prepare your relationship for parenthood? Share your experience below.