## 'Kendra on Top' Star Kendra Wilkinson Talks Second Pregnancy





By Maria Darbenzio

Reality star Kendra Wilkinson recently made an appearance at OK! magazine's Pre-Oscar party at Greystone Manor in Hollywood. The soon-to-be mother of two spent her time celebrating the Oscars, enjoying music provided by DJ Havana Brown, and hanging out with other celebrity mothers such as Tia Mowry and Candace Cameron-Bure.

Related Link: <u>'Kendra On Top' Star Hank Baskett Set To Host</u>
Every Thing For Dads Convention

Wilkinson and her husband Hank Baskett are the proud parents of four-year-old son Hank. The couple is expecting a daughter as a happy addition to their growing family. "It's been okay," she said when Celebrity Baby Scoop asked about her second pregnancy. "I am in a lot of pain, but so far, I feel like I've been the healthiest I've ever been in my life. I am on a better diet now than I am when I am not pregnant!"

When it comes to raising a daughter, she's up for the challenge. "You know, I've lived my life as a young girl and as a young woman. I feel like I know the key, and I feel like I wouldn't have another kid if I didn't feel like I had the key to life. I feel like having a girl is it, and that it's meant to be," she explained. "I want to solve this whole puzzle of life; I want to take whatever I learned and teach it to her."

Related Link: Kendra Wilkinson on 'Playboy' Past, Motherhood and Baby No. 2

Celebrity Baby Scoop also talked to Wilkinson about whether she wanted her daughter to be just like her. She candidly shared: "Do I want her to be like me and live like me? Certain things, yes, but I went off a little bit into my own world, into drugs, so that's definitely not it. However, do I want her to be herself, find herself, and not feel so much pressure? Yes."

For the rest of the interview, www.celebritybabyscoop.com/2014/03/06/wilkinson-per fect-teacher

## JWoww Says Her Baby is 'So Dramatic' Already





By Sanetra Richards

JWoww could possibly be carrying a little drama princess in the making. The former Jersey Shore star Jenni 'JWoww' Farley and her fiancé Roger Mathews are expecting their first child. Farley posted a sonogram picture of their baby girl on Monday, with the title "My Baby Is So Dramatic Already." In the caption, she said "OMG! How adorable is this new ultrasound picture of my baby with her hand on her head being overdramatic!??? OBSESSED with her!!!" According to an USMagazine.com interview, Farley shared her feeling of finding out the baby's gender, saying she was "super excited and super emotional." She went along to say, "She will be my best friend

and daddy's little girl."I can't wait for everything from her first steps to her first dance class."

What are some ways to prepare your relationship for a child?

#### Cupid's Advice:

You are at that point in your relationship where having a child is or will be the next step. However, it is vital you and your partner know what is tied to a baby. Here are ways to brace your relationship for this life changing event:

1. Acknowledge: You must come to terms with knowing nothing will ever be the same. You must take on the full-time role as a provider and nurturer. Those spontaneous dates or something as simple as having bed space might even disappear for a little while. Also, take into mind that you and your partner are forever joined by the child, not just for 18 years.

Related: <u>JWoww Celebrates Birthday at 'Mob Wives' Star Big</u>
<a href="mailto:Ang's Drunken Monkey">Ang's Drunken Monkey</a>

2. Finances: As we know, taking care of baby is far from inexpensive. Limit your nonessential spending habits. You and your partner may find that minimizing certain activities will reduce the headache as you all begin to baby shop.

Related: <u>JWoww and Fiance Roger Matthews are Expecting First</u>
Child

3. Mental preparation: There will be some definite changes made in your lifestyle, especially in the first months. Expect to suffer from lack of sleep and idle time — it is all a part of parenthood! Be sure to thoroughly communicate with your partner and maintain affection, this could lead to fewer disputes.

How would you prepare your relationship for a child? Share your thoughts below.

## Shakira Says She'd Love to Have Eight or Nine Kids with Gerard Pique





By Sanetra Richards

Could we be expecting a *Gerard and Shakira Plus Eight* reality show anytime soon? According to *UsMagazine.com*, the *Voice* judge shared in a recent interview with *Latina* that she "would love to have" lots of children with her longtime boyfriend Gerard Pique, if time permits. "If it weren't because of my music projects, I would be pregnant already," said the songstress and mother of 13-month-old Milan "I would love to

have eight or nine kids with Gerard — my own futbol team."

How do you compromise with your partner on how many children to have?

#### Cupid's Advice:

The talk between you and your partner about building a family can be a scary and exciting conversation. It is important to discuss the maximum number of children to have and when to have them. There is a lot to think about, but Cupid has some things for you to consider before making the even bigger step:

1. Timing: You and your partner should ask each other if it is the right time to expand your family. Be sure to take in mind if you all are at the right and most comfortable place in your relationship or marriage. If problems have been occurring since the birth of baby number one, do not ignore the possibility of them increasing if another baby is added. Also, think about daily schedules and if the two of you will be able to maintain a balanced household.

Related: Shakira Welcomes a Baby Boy

2. Finances: Big families come along with bigger expenses. Perhaps you have been noticing a dent in your pocket or a decline in your bank account — it may not be the best idea to bring in another bundle of joy just yet. A suggestion would be to continue saving until there is an adequate amount that could support another child. Both of you need to discuss income and the ability to provide the basic necessities, plus more, to those future four or five children.

Related: David Arquette Says Having a Second Child Is 'Less Scary'

3. Agreement: There should be a mutual understanding between you and your partner on the size of family wanted. Try to have this conversation early on to avoid any conflict at a later

date. If your partner has stood firm on only wanting two children, do not pressure him/her into doubling that number. Negotiate on three instead.

What are ways to compromise with your partner on the number of children to have? Share your suggestions below.

## Stephen and DeAnna Pappas Stagliano Reveal Baby Daughter's Name





By Louisa Gonzales

It's official! The baby name of Stephen and DeAnna Pappas Stagliano has been announced. The beautiful couple has named their baby girl Addison Marie Stagliano according to <u>People</u>. The Bachelorette star and her husband named their daughters middle name after DeAnna's mother, who died of cancer when she was 12. The duo welcomed their baby to the world on Thursday, February 6 and the Bachelorette alum's husband was quick to tweet the good news. The lovebirds pregnancy was first announced in August, and the starlet even joked about how the baby would be her gift to her husband. The lovers couldn't be happier and are grateful for all the warm wishes they have received.

How do you compromise with your partner on baby names?

#### Cupid's Advice:

Welcoming a baby into the world is an exciting event. Babies can bring couples together or pull them a part. Discussing and picking out your baby's name can be difficult, especially when you both have specific names in mind. How can the two of you find a way to civilly pick out a name? Cupid has some advice on how to compromise with your partner on baby names:

1. Remember you want to pick a baby name not pick a fight: There is a way to peacefully pick out baby names, you just have to know how to pick your battles. If the baby name is truly important to you, your partner will most likely understand and agree to a compromise, but before you go there ask yourself how important is the name to your really? More important than your marriage? These are questions you need to ask yourself, when you're set on a name, but you beau is against it.

Related: Former 'Bachelorette' DeAnna Pappas Stagliano Is Pregnant

2. Be together on this: Couples who are a team and work

together have stronger relationships than those who don't. Sit down, maybe go through a baby names book or make a list of possible baby names together. If your lovebird is against certain names you really like ask if they are willing to agree on an alternative. It could be fun to find a baby name together, just make sure it's a name you will both love and be happy with.

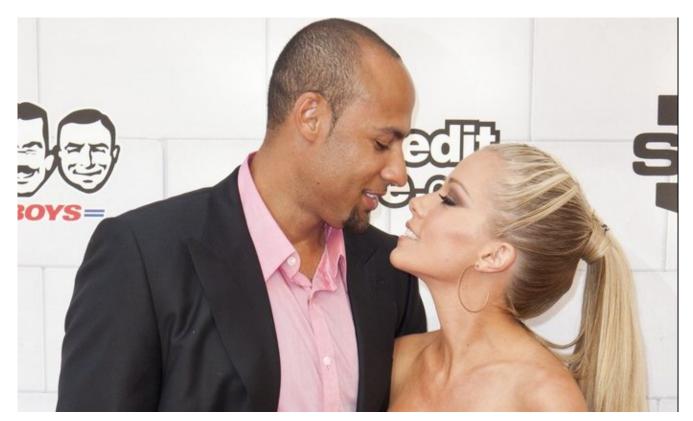
**Related:** 'Married to Jonas' Star Danielle Jonas Dishes on Motherhood!

3. Be reasonable: When choosing baby names be fair. Don't suggest random or odd names that have no real significance to you or your significant other. You don't want to look back later in life and not be happy with your choice of baby name nor do you want to look back and say, "yea maybe we should have gone with your suggestion". If you are both honest and willing to be smart about the potential names it will making deciding on one much easier.

What do you think are the best ways to compromise when choosing baby names? Share in the comments below.

## 'Married to Jonas' Star Danielle Jonas Dishes on Motherhood!





By Maria Darbenzio

First-time parents Kevin and Danielle Jonas welcomed their daughter, Alena Rose, on February 2nd. With a month of parenting now under her belt, the new mommy talked to Celebrity Baby Scoop about natural childbirth, breastfeeding, and her newborn, who she says is "such a good baby."

Luckily, we were all able to follow along with the couple's journey into parenthood through Kevin's tweets. "I don't know when he was able to tweet because it seemed he was helping me the whole time. I was very lucky. We went into the hospital at midnight the night before and thought we were going to have her then. Once we got there, they said it would probably be tomorrow evening, so we went home. Three hours later, we were back at the hospital and ready to start the process."

Related Link: Kevin and Danielle Jonas Welcome a Baby Girl

CBS: Are you breastfeeding? If so, how is that going?

**DJ:** "Breastfeeding is a daily challenge. We're still finding a rhythm."

CBS: How are you navigating these early days of motherhood? Do you have help? Family support? Are you doing all the midnight feeds?

**DJ:** "Lots of family support! Everyone has been amazing, but it is tough. I have my moments of wondering if I'm doing something wrong if she won't stop crying. Those moments are tough, but then she eventually calms down and is a happy baby again. Midnight feedings are mostly me, but Kevin has been taking early mornings so I can sleep. He's better in the morning — I don't drink coffee, but I think I may need to start."

CBS: Do you have any tips for parents-to-be in coming up with a playroom/nursery design?

**DJ:** "Make everything short and small. We have a couch for her that is smaller, so she won't have issues getting up on it when she's older. Also, if she is playing and falls, it's low to the ground so she'll be less likely to get hurt."

Related Link: Danielle Jonas Shares Baby Sonogram

CBS: What's up next for the three of you?

DJ: "I think we're going to spend as much time together as a family as we can. Kevin is going to get really busy again soon, so it's nice to have him home as much as possible right now."

To read the rest of the interview, visit www.celebritybabyscoop.com/2014/02/21/danielle-alena-amazing!

## Gwen Stefani Welcomes Third Son with Husband Gavin Rossdale





By Louisa Gonzales

Gwen Stefani's kingdom just gained a new heir. The No Doubt singer and husband Gavin Rossdale, welcomed a new family member, a baby boy and their third son, on Friday, February 28, according to <code>UsMagazine.com</code>. Rossdale was proud to announce the birth of his son, Apollow Bowie Flynn Rossdale, and even tweeted it to the world on Saturday, March 1. The proud papa also reveled how the child's name was derived from his and Stefani's mothers' maiden names. The news of the baby gender was first announced back on January 17, in a tweet by the starlet, she joked in the tweet about being surrounding by

boys and how she will remain the "queen of the house". Congratulations to the happy couple.

How do you prepare for a third child versus your first and second?

#### Cupid's Advice:

Having children is a beautiful thing and for many couples a great new adventure in their relationship. Having children is great, but it can be hard, especially when you already have a couple of kids under your belt. You've already done your research on pregnancy and have experience with kids, but that doesn't mean there aren't still new things for you to learn or prepare for. Cupid has some advice on how to prepare for a third child:

1. Prepare for change: With the birth of your third child, change will come for your whole families dynamic. You can still learn about all the ways it can change and prepare for it by doing research, read up on how it will affect your other two children and your relationship. Each child needs attention and you'll need to figure out how your going to divide the time up between them. Also don't forget about each other, couples need time to spend together to keep their bond and love strong.

Related: Gwen Stefani Is Pregnant with Third Child

2.Let your kids know: Help your kids understand there's going to be a new addition to the family soon. The third child arrives in to an already established family with pre-formed relationships. There will be power struggles between your kids, but you can help ease the change of gaining a new family member, by casually mentioning it from time to time. Both you and your partner can try mentioning it at dinner or at the park when you see other families, you could say, "soon our family" will grow.

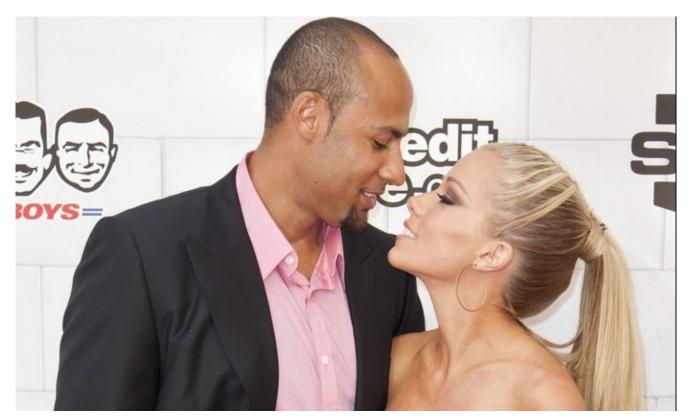
Related: Scarlett Johansson Is Expecting!

3. Discuss and make plans together: Before the third child arrives you need to set up a game plan of how things are going to run. You may already have baby things from your previous kids, but you will most likely need some new things, especially if you don't want to let the third child feel less important than the others by only getting handy downs. Money issues and work schedules will also need to be discussed, and you'll need to work together to compromise and establish all the things you need to do to for your growing family.

How do you think a couple should prepare for the arrival of their third child? Share in the comments below.

## Michael Ealy Says Son Elijah's Milestones Warm His Heart





By April Littleton

Not much is known about Michael Ealy's private life except that he has a wife, Khatira Rafiqzada, who he married Oct. 2012, and he welcomed a baby boy last year. "We have a son. I never understand why people announce the birth of their children," Ealy said in February. However, The About Last Night star seems to be warming up to the idea of opening up to the public. "There are multiple milestones every day," he told People. "He said 'Mama' yesterday in the car and it really warmed my heart. It was a lot of babbling!"

#### What are some ways to keep your family life private?

#### Cupid's Advice:

Many people like to keep their personal life private, but have a hard time doing that without offending other individuals who may be a part of their life. Cupid is here to help:

1. Keep personal information quiet: Keep any secrets or other general information you're not comfortable with letting everyone known under wraps. If you're constantly around people

who like to bring up personal subjects, stay away from them or simply tell them you're not interested in talking about your private life.

Related: Pete Wentz and Meagan Camper Are Expecting a Baby

2. Stay away from social media: Social media can be a couples' best friend or worst enemy. If you decide to post all of your business via Twitter or Instagram, it's guaranteed almost everyone you didn't want to know about your private life will be the first ones with the inside scoop. Avoid posting any pictures or statuses if it has to do with your loved ones.

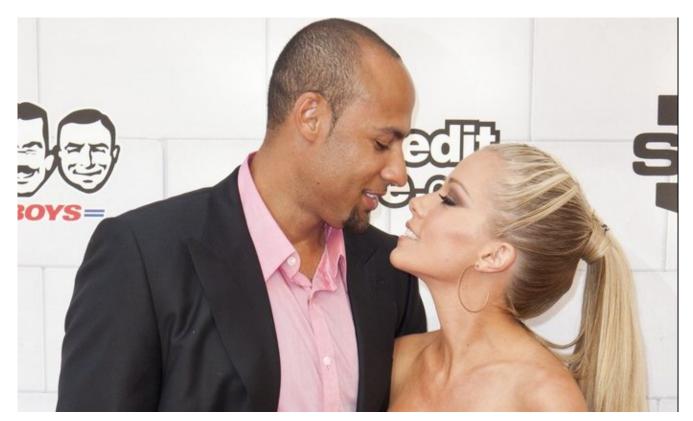
Related: John Krasinski and Emily Blunt Welcome a Baby Girl

3. Keep your circle small: Make sure you can trust the friends you have to keep any private information between them. The more people you have around your family, the more likely it is for false information and miscommunication to appear. Maintain a tight, small circle of loved ones and keep your acquaintances at a distance.

What are some other ways to keep your family life private? Comment below.

## 'Kendra On Top' Star Hank Baskett Set To Host Every Thing For Dads Convention





By Maria Darbenzio

Hank Baskett, star of *Kendra On Top*, will be hosting the 1st annual Every Thing For Dads convention in Sarasota, Florida, on March 15th. The event will focus on raising awareness about the need for fathers in the parenting process as well as the respect and recognition that dads deserve for their role. Recently, Celebrity Baby Scoop caught up with Baskett, who shared his thoughts on the upcoming convention.

"I'm extremely honored and blessed to host the first ever Every Thing for Dads Convention in March. You look at all the dads out there in the world, and I was speechless when I found out I get to host the first one. When I told my dad, he reacted the same way," the former wide receiver said. "My definition of success, whenever I die, is going to be based on how I was described as a husband and a father. I live my life for my family, my son, and my soon-to-be-born daughter. It's an honor because this type of award is not one you can just buy."

The reality star also talked about potential names for his

future daughter, his relationship with wife Kendra Wilkinson, and what family means to him.

Related Link: <u>Kendra Wilkinson Talks About Her Plans for Oscar Night</u>

CBS: How has fatherhood changed you?

**HB:** "It gives me a feeling of joy that little Hank is learning how to kick, learning how to throw, learning how to build, and has awe in his eyes every day he does something good. It gives me so much joy whenever Kendra and I are there to share it with him. When he says to you, 'Look, Papa, at what I built!' and when you see how proud he is, it makes you realize that as adults, people put too much emphasis on everything we have to do during the day."

CBS: Do you have any names picked out for your baby girl?

**HB:** "We're all over the place. We've thrown out names like Jayden, Taylor, Addison, and Ashton. We're trying to narrow it down, but you know little things happen while we research baby names and what not."

Related Link: <u>Kendra Wilkinson on 'Playboy' Past, Motherhood</u> and Baby No. 2

CBS: How has your relationship with Kendra evolved over the years? Have you fallen more in love with her during the pregnancy and motherhood?

HB: "Any man who looks at his wife when she is pregnant understands that it's the most beautiful feeling. You don't know how many times she is going to get pregnant; it might just be once. I appreciate the nine months that she was pregnant. She could be going through pain, but I just love looking at her because that's when you really look at a woman and say, 'You have really given me everything.' When a woman gives you a child, she is truly giving you everything. I just

grow more and more in love with her over the years. To this day, I fall in love over and over because she keeps me on my toes and I never know what to expect from her."

For the rest of the interview, visit www.celebritybabyscoop.com/2014/02/26/baskett-family-complete!

## Scarlett Johansson Is Expecting!





By April Littleton

According to <u>People</u>, Scarlett Johansson is expecting her first child with fiance Romain Dauriac. Six months ago, the <u>Avengers</u> actress announced her engagement. "I'm very happy. He's my buddy," Johansson said about the French journalist.

#### How do you prepare for your first child?

#### Cupid's Advice:

Many couples don't know where to start when they find out they're pregnant for the first time. How do you know what size clothes to buy? Do you buy baby formula now or later? Take a deep breath and remain calm. Cupid has some tips:

1. Get educated: One of the best things you can do for yourself and your future newborn is learn everything there is to learn about babies and parenthood. Buy pregnancy books, take parenting classes with your partner and ask for tips and advice from loved ones who've already been through the situations you are about to experience.

Related: Jimmy Kimmel Is Expecting a Baby with Wife Molly McNearney

2. Take care of yourself: Stay away from foods that aren't recommended to eat while pregnant. This means no sushi and absolutely no drinking. Eat foods that will nourish you and your growing baby. Keep yourself in shape and in good health. Exercise regularly, but don't overexert yourself.

Related: <u>Simon Cowell Shares Photo and Gushes About Newborn</u>
<u>Son</u>

3. Get the house together: You and your significant other need to start getting your home together for when the baby arrives. Think of ideas on how you want his/her room to be. Do you have a color scheme picked out? Is the house even safe enough for a child to live in? Your lifestyle will change, and most of the money you spend on materialistic objects will need to be put

toward a crib, diapers, toys and baby clothing.

How did you prepare for your first child? Share your experience below.

# Jimmy Kimmel Is Expecting a Baby with Wife Molly McNearney





By Louisa Gonzales

Jimmy Kimmel is going to be adding another member to his family, yet again. According to <a href="USMagazine.com">USMagazine.com</a> Kimmel, 46, and

his wife, Molly McNearney are expecting their first child together. Kimmel appeared on *The Ellen DeGeneres Show* and talked about the pregnancy, and even joked about how "It's disgusting the way babies are made." The comedian married McNearney back in July 2013. The soon to be father of three, talked about wanting to find out the gender, even though his wife wants it to be a surprise, and potential baby names. Congratulations to the expectant couple.

What are some ways to prepare your relationship for the arrival of a child?

#### Cupid's Advice:

Deciding you want to have a baby is only the first step of a long journey. Getting ready for the arrival of new baby can be stressful and challenging, but it can also be a lot of fun. Cupid has some advice on ways to prepare your relationship for the arrival of a child:

1. Discuss the raising of your child: Once you start this conversation know that there will be some disagreements. No couple agrees on everything all the time. Having a child can be stressful. Once you have a child things will change, but make it easier by talking about how you plan to raise the child beforehand and set up all necessary ground rules in terms of your parenting standards. Couples who communicate have an easier time trusting their partner and have a better chance at keeping their bond strong.

Related: <u>Jimmy Kimmel Celebrates Bachelor Party with Vancouver</u> <u>Getaway</u>

2. Be prepared to compromise: You both probably have different opinions on how to raise your child, but you have to be willing to sacrifice and compromise to make things work. You will also have to compromise in terms of work and other daily activities. Plan before the arrival of your child what you're

going to do about work, child doctor appointments, baby errands etc. Keep what is best for the child in mind while you do your decision making.

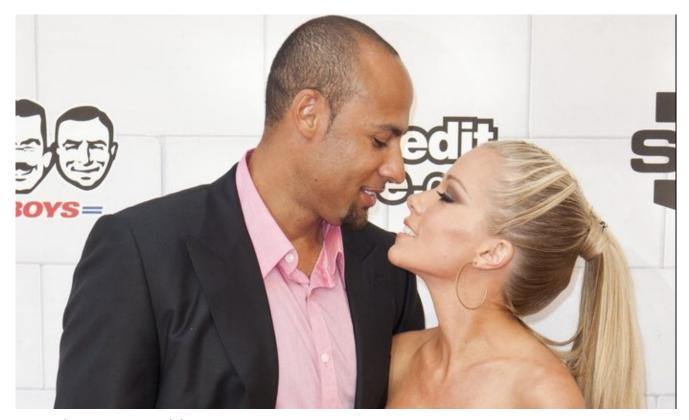
Related: John Krasinski and Emily Blunt Welcome a Baby Girl

3. Remember you are in this together: Realizing you are not alone is important. If you are both there for each other and support one another it will benefit your relationship. Your relationship will never be the same after you have kids, but keep in mind you aren't the only couple who have gone through hard times. However, if you stick together you can overcome any challenges that comes your way and most important of all remember that you love one another.

What do you think are good ways to prepare your relationship for the arrival of a child? Share in the comments below.

## Simon Cowell Shares Photo and Gushes About Newborn Son





By Brittany Stubbs

Simon Cowell might be known for his blunt British criticism, but when it comes to his new baby, he's not afraid to show his sweeter side. Last Friday, Cowell and his girlfriend Lauren Silverman welcomed their son Eric into the world, reports <code>USMagazine.com</code>. Cowell showed his love for the little guy buy sharing a photo with all of his Twitter followers. Sleeping like a baby, surrounded by stuff animals, Cowell captioned the picture of his son, "Eric's new friends." This is not the first time Cowell expressed his love of being a dad to his fans. "The last three days have been incredible," he tweeted on Sunday. "Eric Lauren sgiddly and diddly all happy."

What are some ways to compromise when it comes to childcare?

#### Cupid's Advice:

While welcoming a baby into the world is an amazing experience, it comes with a significant workload as well. Making compromises are key in any relationship, especially when it comes to taking care of another life. Cupid has some

#### advice:

1. Communicate: One of the most important aspects of a compromise is understanding one another's needs and concerns. Understanding requires listening. Arrange a time where the two of you can sit down and discuss how you are feeling. Each take a turn speaking and listening.

Related: Simon Cowell's Girlfriend Lauren Silverman Is Officially Divorced

2. Agree on the roles you'll each perform: List out all the daily activities that are required for your child's care, from feeding and laundry, to running to the store for more formula. Decide together what tasks you should each be responsible for so the workload can be divided.

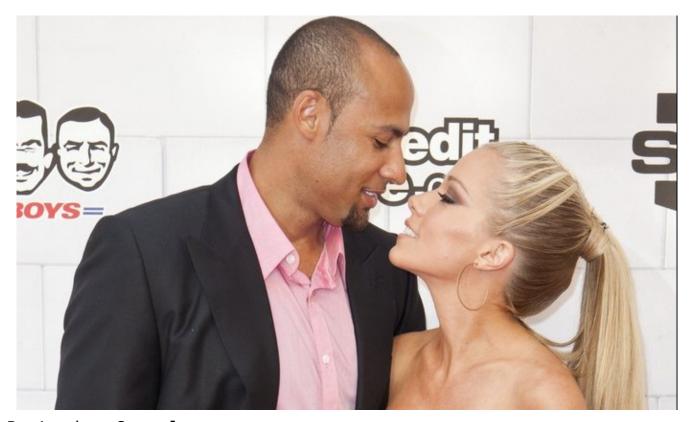
Related: Simon Cowell Speaks Out On Becoming a Dad

3. Be flexible: Part of being able to compromise is being flexible. You may not love having to change all the diapers, but if your partner can't stand it and much rather take on bath time and midnight feedings, consider it an even deal.

What are some ways you have compromised when it comes to childcare? Share your thoughts below.

## Pete Wentz and Meagan Camper Are Expecting a Baby





By Louisa Gonzales

It looks like Fall Out Boy's bassist, Pete Wentz will soon be welcoming a new member into his family. Wentz is expecting his second child with model girlfriend, Megan Camper, this will be the couple's first child together. Wentz revealed the news via Instagram on Monday February 17, with a photo of the lovebirds cuddling and sharing a kiss. According to a source of *People*, the duo have planned to have a baby for a while, and are excited for Wentz's first son with ex-wife Ashlee Simpson, Bronx, 5, to have a "new little buddy". Congrats to the happy pair.

What are some ways to prepare your relationship for a child?

#### Cupid's Advice:

Having a child together is a big step in a couple's relationship. When you know you want to have a baby with your lover, it can be a new and exciting step for both of you, but that doesn't mean it won't be hard. Preparing and figuring out all the new things that comes with being pregnant and having a

child is vital to make things run as smoothly as possible. If you and your partner are looking to take the next step of your romantic partnership by having a baby, cupid has advice on ways to prepare:

1. Learn what to expect: To understand and prepare for a new addition to your family, do your research and learn all the things that come with pregnancy, a newborn baby and being first time parents. Gather all the information you can from classes, books or friends and family who have already went through pregnancy, every little thing helps with figuring out what to expect. There's a lot that comes with pregnancy and children and it will no doubt be overwhelming at times, but if you work together as a pair, you can overcome any challenges your relationship will face.

Related: Pete Wentz Hints at Marrying Model Girlfriend Meagan Camper

2.Know that things will change: Once the baby arrives your normal daily routines are going to be turned upside down. Know that it's not going to be easy and smooth sailings all the time, especially in the beginning. Figuring out how to take care of the baby and how the household is going to work is going to take time. A lot of couples don't understand how much things will change and feel they need to attend couple's therapy, but really you just need to redefine your relationship.

Related: John Krasinski and Emily Blunt Welcome a Baby Girl

3. Have clear communication: To avoid any misunderstandings or pointless arguments, communicate with each other and share your thoughts and feelings. You need to let your partner know what's going on and have a clear plan of what you both need and want if your relationship is to stay strong. The key to creating and sustaining a long-term relationship is being able to speak and listen to your lover. If both you and your

romantic mate are on the same page it will make things easier for the both of you.

How do you think a couple can prepare their relationship for a child? Share your tips in the comments below.

## John Krasinski and Emily Blunt Welcome a Baby Girl





By April Littleton

According to <a href="People">People</a>, Emily Blunt and John Krasinski welcomed their first child, a daughter named Hazel Sun. Feb. 16. The

former Office actor made the announcement himself via Twitter, "Wanted to let the news out directly. Emily and I are so incredibly happy to welcome our daughter Hazel into the world today! Happy bday!" Krasinski wrote. The new parents married in 2010 and announced their pregnancy last September.

What are some ways to prepare your relationship for a baby?

#### Cupid's Advice:

Congratulations on your pregnancy! Now, you have nine months to prepare yourself and your significant other for what's to come next. Cupid is here to help:

1. Friends and family: Ask some of the people who you're close to for helpful advice. What would they recommend to buy for a newborn? What kind of parenting classes should you and your partner look into? You want to experience being a first-time parent all on your own, but there's nothing wrong with getting a little help along the way — especially if the people you ask have been through what you're preparing for now.

Related: 'Bachelorette' Alum DeAnna Pappas Welcomes a Baby Girl

2. Organize your finances: You and your significant other need to agree on a set budget. You won't be able to spend money the way you used to with a new baby on the way. Forget about buying yourself a pair of new shoes whenever the urge comes around. Now, you'll need to save up for more important products — diapers, baby wipes, bottles, etc.

Related: 'The Fosters' Star Sherri Saum is Expecting Twin Boys

3. Discuss work: As a couple, you and your honey will need to figure out who is going to stay with the baby and who will stay at home for awhile. If you plan on breastfeeding, the decision has already been made for you. Either way, the both of you will need to think of a schedule that works and/or

decide if arranging professional childcare would be the best option.

What are some other ways to prepare your relationship for a baby? Comment below.

## Beverly Mitchell Hosts Shower For Military Moms-To-Be





By Maria Darbenzio

New mom, Beverly Mitchell, partnered up with Operation Shower and Birdies for the Brave to give 40 military moms-to-be,

whose spouses are deployed, the shower of their dreams on February 11th at The Riviera Country Club in Pacific Palisades, California. The 7th Heaven star caught up with Celebrity Baby Scoop to talk about the experience and her own transition into motherhood.

"I am so incredibly grateful to our military and their families for their sacrifice, and this is a very small way of saying thanks. If it weren't for their daily sacrifice, we would not be able to live as we do, and I never take that for granted," Mitchell exclaims. "I wish I could do more, but this is a start and it couldn't make me happier to spoil these mommies-to-be with the most amazing things to help make the transition into parenthood a little easier. And let's be honest, who doesn't love a little pampering!"

### **Related Link:** <u>DeAnna Pappas Stagliano Celebrates Her Baby</u> Shower

During the shower, guests were given a lunch provided by Whole Food Markets and the Operation Shower signature "shower in a box." The box contained products for both mother and baby donated by numerous companies, including Carousel Designs.

Mitchell became a first-time mom in the past year when she gave birth to her beautiful daughter, Kenzie, who turns one year old next month. "We are planning a little something at the house — our families and close friends. Just something quaint and special — probably a little barbecue," the actress shared when asked what their plans were for Kenzie's upcoming birthday.

Like many new mothers, point-of-views change with the addition of a little one. Mitchell says she's gone through the same change in views. "The biggest change was my perspective on what really matters, and I am much less stressed because of it, mostly because I have learned that I have absolutely no control so sit back and enjoy the ride versus fighting to make

everything happen the way I would like it to.

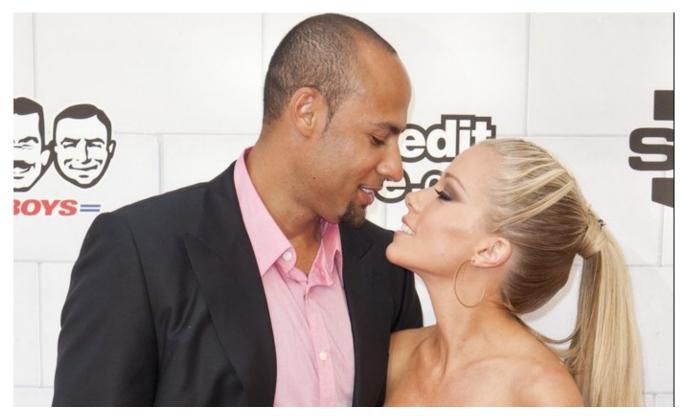
Related Link: Kevin and Danielle Jonas Welcome a Baby Girl

With parenting experience under her belt, she says her and her husband would love to have more children. But don't be expecting that to happen anytime soon! They want to take the next year or two to enjoy Kenzie before jumping into having another child.

For the rest of the interview, visit www.celebritybabyscoop.com/2014/02/12/beverley-mitchell-operation!

## 'Bachelorette' Alum DeAnna Pappas Welcomes a Baby Girl





By Louisa Gonzales

Congratulations to the happy couple, 'Bachelorette' alum DeAnna Pappas and her hubby, Stephen Stagliano for the birth of their first child together! According to <u>UsMagazine.com</u>, the news of their baby girl being brought into the world was announced to the world via Twitter on Saturday, February 8th. Proud papa, Stagliano, was delighted in the welcoming of their daughter to the world, expressing in his tweet how he now has "two loves in his life!". He also thanked all his fans for all the support and love. Pappas, 32, showed her gratitude also and retweeted the message.

## What are some ways you can support your partner through pregnancy?

#### Cupid's Advice:

Pregnancy is one of the many wonders of this world and is a special time for a couple to experience. Finding out you're pregnant can be exciting, exhilarating, and nervewracking. For a lot of couples, it's the start of a new

chapter. Cupid has advice on ways you can support your partner through pregnancy:

1. Go with your partner to prenatal doctor appointments: Both you and your partner are soon to be parents, even though only the mother is carrying the child. Show your support and let them know your are in it together, by going with your lover to their prenatal doctor visits and check ups. Experiencing pregnancy things such as finding out the baby's gender, listening to their heartbeat can be a great memory to share as a couple as well as a family. Going to the doctor's can be scary and stressful, being able to hold your lovers hand and show your love is helpful to both the mother's and the babies health as it can help keep her calm, happy and stress-free.

Related: Former 'Bachelorette' DeAnna Pappas Stagliano Is Pregnant

2. Attend birthing classes and do research together: Signing up and going to pregnancy related classes together shows your lovebird you care and that you'll be there throughout the entire process. Many changes come with being pregnant and being prepared can help with transitioning into this new chapter of your lives. This means reading and researching on what being pregnant means, what you should do to be ready and how to make it as smooth sailings as possible. It's good to do things as a couple still because it shows the other you love them and they're not alone.

Related: 'The Fosters' star Sherri Saum is Expecting Twin Boys

3. Make sure the mother to be is as healthy as she can be: This means eating right, exercising, and keeping her away from anything that can be harmful to both her and the baby. This includes things like stress, which can weaken the immune system. Keeping the mother happy can keep her healthy and the baby. Help her stay healthy by doing it together. For example, both of you can change your diets and exercise together, you

doing it too will make it easier for the expectant mother. Also, make sure your honey gets enough sleep and stays away from harmful substances such as alcohol. If you want your baby to be born healthy you both have to put in the effort.

What do you think are good ways to show support towards your lover during pregnancy? Share your tips below.

### 'The Fosters' star Sherri Saum is Expecting Twin Boys





By April Littleton

During the Television Critics Association press tour, Sherri Saum told <u>People</u> that she is expecting twin boys with her husband Kamar de los Reyes. The couple are "kicking around some names," but won't reveal anything until the babies are born. "I just want to meet them first and see if the ones we're thinking of match them. We'll see!" the mom-to-be said.

How do you prepare your family for twins?

#### Cupid's Advice:

The arrival of one new baby is hard to deal with, but imagine having to prepare for two newborns at the same time. Don't overwhelm yourself with the thought of having to raise two babies — it won't be as difficult as it seems if you prepare yourself now. Cupid is here to help:

1. Double trouble: Twins require twice as much love and affection. You'll also need to stock up on double the necessary equipment. Two cribs, two strollers, twice as many diapers, etc. Brace yourself for the amount of money you'll have to spend in order to take care of your new family. Being responsible for two new lives instead of one won't be an easy task, but it'll all be worth it once you see their faces.

Related: Evelyn Lozada is Expecting a Son

2. Mental prep: You and your partner will need to emotionally prepare yourself for what's to come. Both of you will need to be extremely hands on. Don't expect to get any sleep for awhile. You will spend hours feeding TWO babies, changing TWO diapers, etc. You'll be exhausted, but if you ready yourself now, you and your significant other should handle the pressure with easy after awhile. Read some pregnancy books and/or take a few birthing classes to help with the process.

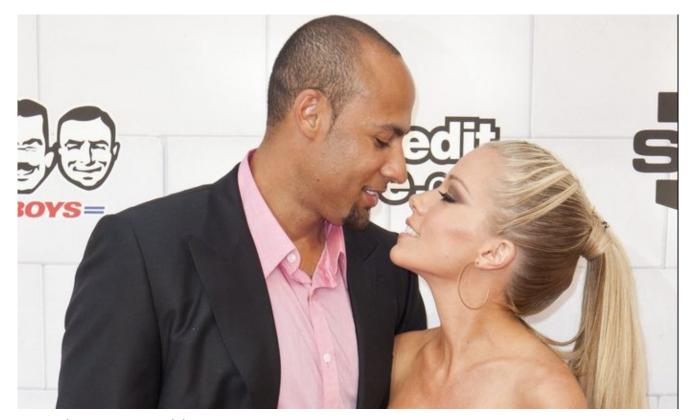
**Related:** <u>Hugh Grant Fathers Third Love Child with Swedish TV</u> Producer

**3. Get others involved:** During the first few weeks of your newborns' lives, you'll need as many additional hands as you can get. Ask your family and close friends to help you and your honey out for while — at least until you get into a routine you can handle on your own.

What are some other ways to prepare your family for twins? Comment below.

## Former 'Brothers & Sisters' Star Sarah Jane Morris Welcomes a Baby Girl





By Brittany Stubbs

Bring on the pink decor, Ned Brower and Sarah Jane Morris are officially parents of a beautiful daughter! "Happy to share the good news that I am officially done being [pregnant and] am now mother to little GIRL, Beau Katherine, who was born on [Saturday, Feb.1]," <u>People</u> reports the actress tweeted this Tuesday. "In LOVE!" The former <u>Brothers & Sisters</u> star and her drummer husband also share a son, Emmett Andrew, who turned 4 this January.

What are some ways you can support your pregnant partner?

#### Cupid's Advice:

It's important to support your pregnant partner in any way that you can, as she is carrying your child for a grueling 9 months. Cupid has some advice:

1. Participation: Supporting your partner is all about making them feel like they're not alone. You can show your commitment by staying involved through out the pregnancy process. Attending doctor appointments, participating in the planning,

and accompanying her on the shopping trips are little ways to show that though you're not the one physically carrying the baby, you're just as committed and involved as she is.

Related: Kristin Cavallari Shows Off Baby Bump #2

2. Sacrifice: Although being pregnant is truly a blessing, it is one that involves sacrifices as well. Not only does a mother endure the obvious physical ones, but mental, emotional, and social sacrifices often occur as well. You can show your support by making some of the same sacrifices she does. Whether this be cutting back on the bar scenes, skipping the bottle of wine with dinner, or avoiding your favorite sushi restaurant, you will show your support by allowing those certain aspects in your life to change as well.

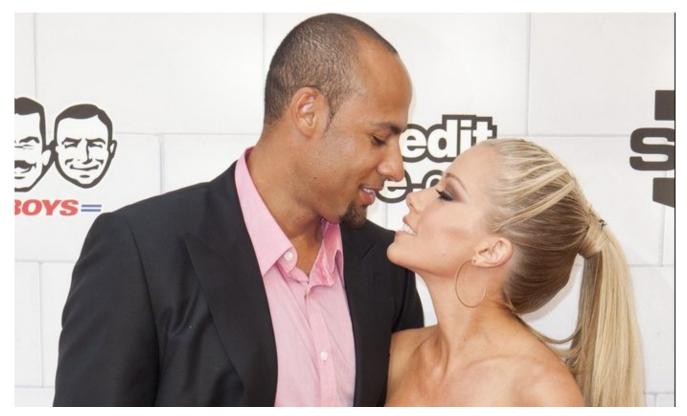
Related: Kevin and Danielle Jonas Welcomes a Baby Girl

3. Acknowledge: Although you cannot change some of the less-glamorous parts of pregnancy, sometimes just acklowledging what she is going through makes a different. Make her aware that her struggles and sacrifices are not going unnoticed or being taken for granted.

What are some ways you have supported someone pregnant? Share your experiences below.

## Kevin and Danielle Jonas Welcome a Baby Girl





By Louisa Gonzales

Congratulations to the new parents, *Married to Jonas* stars, Kevin Jonas and wife Danielle! The two welcomed a daughter on Sunday, February 2<sup>nd</sup>. According to *People*, the first time parents are reportedly "overjoyed" about the new addition to their family and want to shout it to the world. The lovebirds have never been shy about sharing their pregnancy experience and were happy to keep fans updated about their journey through social media, as they believe it is something you should celebrate and not hide.

What are some ways to prepare your relationship for your first child?

#### Cupid's Advice:

Pregnancy is a wonderful and beautiful thing, but it can also be stressful and challenging. There's no doubt the road to giving birth is going to be a bumpy ride, filled with a few unexpected turns and you may end up getting lost a few times along the way, but it's an amazing ride. Being in a

relationships means sticking together and being there for each other, this is something you should keep in mind when preparing for your first child. Cupid has some advice on how to prepare your relationship for parenthood:

1. Stay calm: Yes, pregnancy is going to be stressful, especially if it is your first one, because it's new and unfamiliar. However, if you remind yourselves to stay calm and relax it will help keep things in perspective for the two of you. Remember, no good can come out of to worked up. Keep in mind if the mother-to-be is stressed it can be harmful to the baby and if her partner is also freaking out it will only make things worse for the mother and by extension the baby.

Related: Kevin Jonas and Wife Danielle Are Expecting

2. Read some books and take classes together: Doing pregnancy things together as a couple, will only make your relationship stronger. Go to weekly check-up appointments to the doctors together or sign yourselves up for a birthing class. Both first time parents have to put in equal effort to prepare for the new addition to their family, as it shows you are both in this together. It is also important to research and prepare for the birth of your child and parenthood, this is one of the best thing you can do for yourselves and your baby.

Related: Kristin Cavallari Shows Off Baby Bump #2

3. Mentally prepare yourselves: Brace yourselves for the life changing event of having a baby. Know that some things will change and will never be the same as soon as your lover gets pregnant. There is bound to be changes in both of your daily routines and lifestyles, so make sure you and your significant other are ready for the long journey of pregnancy and parenthood. Know that with having a child there is going to be times of pain and hardships, but also beauty and life and if you work together as a team you can over come anything.

What do you think you should do to prepare relationship for

## Hugh Grant Fathers Third Love Child With Swedish TV Producer





By Brittany Stubbs

Is the third one the charm? It has been confirmed that Hugh Grant is the father of a baby boy. Anna Elisabet Eberstein, a Swedish TV producer, secretly gave birth to this September, making Grant now the father of three love children.

<u>UsMagazine.com</u> obtained a copy of the birth certificate, confirming that the child was born in Queen Charlotte's and Chelsea Hospital located in London on September 3, 2013. Although the baby's first name was not listed, his surname is "Grant," and "Hugh John Mungo Grant" was listed as the father.

What are some ways to find out if your partner is cheating?

#### Cupid's Advice:

Nothing can be more difficult in a relationship than the feeling that your partner is being unfaithful. But before you start packing up your stuff or planning to attack, try one of these approaches to find out if they're actually guilty:

1. Get an outsider's opinion: When you're doubting your partner's faithfulness, everything can be seen as confirming your suspicions: they have to work late or they cancelled plans last minute...is this just in your head? Sharing your situation and reasons of doubt with a close friend or family member can often give you assurance if your suspicions are justified, or you're just being paranoid. If the outsider agrees and has noticed some sketchy behavior as well, you might be on to something.

Related: <u>Hugh Grant Has Baby Girl With Mystery Woman</u>

2. Pay attention to their phone: Maybe you're not the type to check phone records or read through messages, which is often how to catch someone cheating, but there are still other signs to look out for. Do they have a passcode? Do they step out to take calls, text under the table, or take their phone with them to the bathroom? These might be signs that they're hiding something. Next time you notice your partner's sketchy phone behavior, ask to see who they're talking to. Their reaction alone might clue you in.

Related: Celebrity Baby Beat

3. Surprise them: Catching them off guard is an easy way to catch them in a lie. Maybe this means coming back in town a day earlier than your partner is expecting. Or finding an excuse to stop by their house unexpectedly. Did they say they were grabbing drinks with friends? Maybe you need to make a surprise appearance.

Have you ever caught someone cheating? Share your experiences below.

## Celebrity Baby News: Evelyn Lozada Is Expecting a Son





#### By Brittany Stubbs

It's going to be a blue baby shower for Evelyn Lozada, who is expecting a son this March! "Surprisingly, I found out when I had my first trimester screening," the *Basketball Wives* star shares with *People*. "I was about 13 weeks when they told me the sex! I was honestly praying for a boy. I have wanted to have a son for years." All of Lozada's dreams seem to be coming true, having also gotten engaged to Carl Crawford, Los Angeles Dodgers outfielder and father of her baby, over the holidays.

How do you prepare for a baby boy versus a girl?

#### Cupid's Advice:

You not only have to prepare your relationship for the arrival of a new addition to the family, but you also have to prepare differently for a boy versus a girl. Cupid has some advice:

1. The big "C": While there are many aspects of parenting that couples should discuss before a baby's arrival, the conversation of whether or not you plan to have your baby boy circumcised is crucial. It's important that couples are on the same page, especially regarding something as serious as your baby's body.

Related: 'DWTS' Anna Trebunskaya Welcomes a Baby Girl and Reveals Boyfriend

2. Prepare to discipline: In a discussion about the differences of raising boys and girls, <u>Parenting.com</u> shares that boys are often harder to discipline because they have a harder time hearing. Women always joke about men never hearing a thing they're saying, but it's true! Boys' ears are less sensitive than girls'. Because girls can detect speech discrimination, they are more likely than boys at responding to warnings and heightened tones.

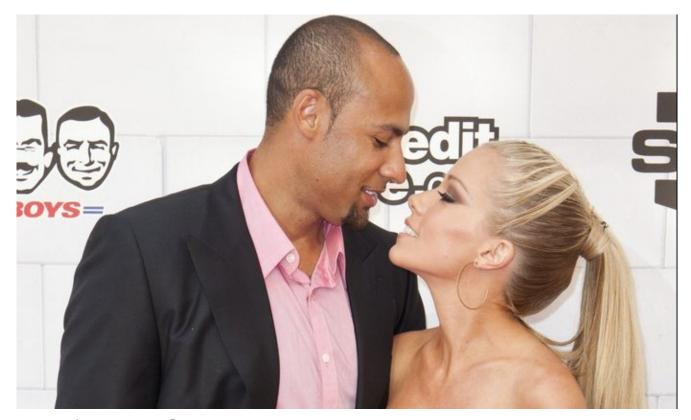
Related: Celebrity Baby Beat

3. It's just a scratch: New mothers are known to get worked up about every little bump and bruise, but let's face it, you're having a boy. Occasional scrapes and bruises are going to happen along the way. Climbing, exploring, roughhousing...it's all apart of their fun! Just plan on having a portable First Aid kit on you at all times.

What ways would you prepare for a boy versus a girl? Shares your thoughts below!

## 'DWTS' Pro Anna Trebunskaya Welcomes a Baby Girl and Reveals Boyfriend





By Louisa Gonzales

The Dancing With The Stars alum, Anna Trebunskaya makes two big and exciting announcements in one blow. The TV star broke the news of the birth of her child and the name of her baby daddy, Nevin Millian. Millian is an actor who has shown up in shows such as True Blood and Nip/Tuck. According to UsMagazine.com, a rep confirmed in a statement that Trebunskaya and boyfriend Millan welcomed their first child at a home birth, daughter Amayla Millan, on Saturday, January 18<sup>th</sup>. The couple was reportedly also quoted saying they're "thrilled" and "couldn't be happier" about the birth of their baby girl!

What are some ways to keep your relationship under wraps at first?

#### Cupid's Advice:

When your relationship is new and fresh you might feel it is best to keep it under wraps, especially when it is important for you to keep your personal life private, until you know it's real and will last. It is important to feel secure in a relationship and not reveal anything until you both are ready. How can you keep your relationship under wraps in the beginning? Cupid has some advice:

1. Keep it to yourself: Don't discuss your personal business. When people bring up your personal life maintain short and cool responses. If people are persistent about it don't be afraid to say, "I don't discuss my personal relationships." If you are not ready to show you're a couple or talk about it then don't, no one needs to know about your private affairs.

Related: 'Dancing With the Stars' Cheryl Burke Is Dating NHL Star Joffrey Lupul

2. Keep physical contact to a minimum in public: If you want to keep your union under wraps, that means hiding all signs of a relationship when you are out in public or with your family and friends. What you do on your own time or in private is up to you, but if you're looking to keep the fact you are together a secret, and you are both constantly all up on each other your affair won't stay that way.

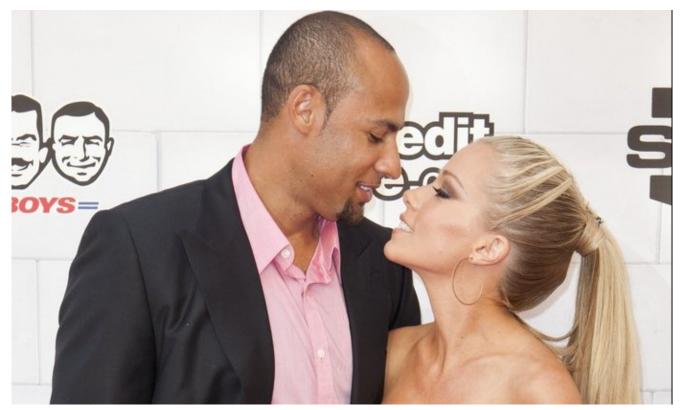
**Related:** <u>Celebrity Couples Who Keep Their Relationships Out of</u> the Spotlight

3. Deny or Avoid the subject: You can deny the fact you two are an item if anyone asks or you can avoid the subject. If someone asks you about them you can say things about them, without revealing you are with them simply by avoiding the subject of romance. Say things like, "Yes they're great," and "We are very close." This lets you talk about your lover without actually stating the two of you are lovebirds.

What do you think is the best way to keep your relationship under wraps? Share your advice below.

## Kristin Cavallari Shows Off Baby Bump #2





By April Littleton

According to <u>UsMagazine.com</u>, former <u>Hills</u> star Kristin Cavallari showed off her second baby bump via Instagram Jan. 18. "Gym selfie….baby bump getting big!" she captioned the photo. Cavallari married Jay Cutler last June. The couple are already parents to son Camden, 17 months.

How do you prepare for a new addition to your family?

Cupid's Advice:

Congratulations on your growing baby bump! Family is important. Adding to something that already means so much to you is a special thing. You're ready to include a new life in your already amazing family, but how do you get them to feel the same way? Cupid is here to help:

1. Communicate with your child/children: One of the first things you should do when you find out you're expecting another baby is share the news with the child/children you already have. If they're old enough to understand what it means to be a big sister or brother, just let them know when you let the rest of your family know. If they're too young to full grasp the meaning, keep reassuring your love for them and get them excited about the new baby. Let them help pick out toys, clothing, etc. When the newborn finally does arrive, allow them to help out with small things involving their new younger sibling as well.

Related: Chris Hemsworth and Elsa Pataky Are Expecting Twins

2. Budget: How much money you're spending on your family now versus how much you'll have to spend when the baby comes will differ greatly. Be prepared for a new budget. A new child also comes with new responsibilities and a bigger family means higher expenses.

Related: Olivia Wilde Shows Off Baby Bump at Golden Globes

3. Look through old baby items: Before you go out and buy unnecessary baby items, look through some of the things you already have from your previous pregnancies. Depending on the sex of your newborn, any of the old clothing you have will do just fine until your child grows out of it. You can choose to update other items such as a crib, stroller and toys, but if you'd rather save your money for the things you can't reuse (diapers), your loved ones and your newborn baby won't hold it against you.

What are some other ways to prepare for a new addition to your

# Will Arnett and Katherine Heigl Talk About Their Children and New Animated Film





By Maria Darbenzio

Will Arnett and Katherine Heigl walked the red carpet joyfully on January 11th at the Los Angeles premiere of their new animated comedy, *The Nut Job*. This family movie follows the story of an independent squirrel named Surly, who is banished from his park and forced to live a city life. Celebrity Baby Scoop had a chance to catch up with Arnett and Heigel to discuss the movie as well as their children. Arnett is the father of two sons, Archibald William Emerson and Abel James. Heigel is the mother of two adopted daughters, Nancy Leigh and Adalaide Marie Hope.

## Tell us about work life balance. Is there such a thing when you're a parent who works?

Will: "Anyone who's a parent knows that it is a balance and that you're always trying to find a way; I try to reverse engineer it, to look at what my family demands are and what my kids need and then kind of work backwards from there, and then retro fit everything into it. I feel very blessed when you get to work on something like this that doesn't take you away from the kids. Anything that takes me away from my kids, I dislike.

Related Link: Celeb Dads Who Are Doing It Right

## Did having kids impact your decision to take this role and how you played your character?

**Katherine:** "I just really wanted to do something that I could show my kids, that we could watch together. We watch movies every night, so hopefully, we won't have to watch this one over and over again. "

Will: "Yeah, it did for me. I also watch a lot of these animated films, and I'm a huge fan of a lot of it. There's a lot of really good stuff out there, and it is important to me at this stage in my life to do stuff that I can share and enjoy with my kids and that they can watch. That's much more important, and now that's what I kind of want to do. "

Related Link: Will Arnett and Katie Lee Dating, Kiss and Hold Hands at Dinner

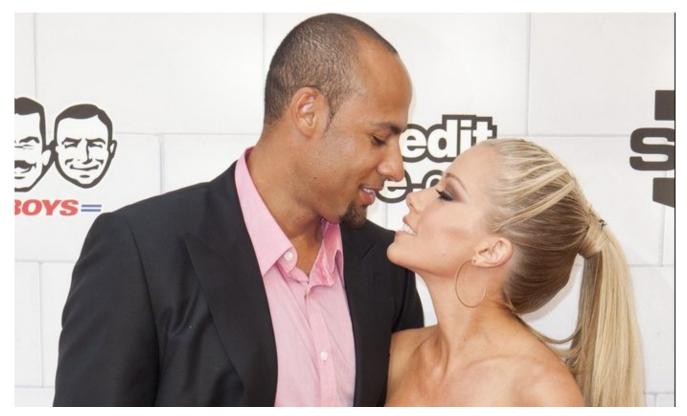
Are there any animated films you remember as favorites from when you were growing up?

**Katherine:** "The Little Mermaid. I have a 5 year old and a  $1-\frac{1}{2}$  year old. The little one is more of a tomboy, but the bigger one is obsessed with princesses — to the point of exhaustion."

To read the rest of the interview, check out celebritybabyscoop.com.

### DeAnna Pappas Stagliano Celebrates Her Baby Shower





By Maria Darbenzio

Former star of *The Bachelorette*'s fourth season, DeAnna Pappas Stagliano, joined friends and family to celebrate the soon-to-be mother. A baby shower was held at her mother-in-law's Los Angeles home on January 12th. The get-together was hosted by DeAnna's sister-in-law, best friend, and Good Carma Studio with a theme of *Pretty in Pink*. You guessed it: Her and husband, Stephen Stagliano, are having a baby girl! Celebrity Baby Scoop had the opportunity to talk with the 32-year-old about her first child.

#### Related Link: Former 'Bachelorette' DeAnna Pappas Stagliano Is Pregnant

As Pappas Stagliano showed off her baby bump in a gorgeous royal blue dress from A Pea in the Pod, guests enjoyed an array of organic foods that included fresh juices and yogurt parfaits. The soiree also included a candy table created by Mabel's Labels, including organic sweets of sugar, spice, and everything nice. They were even treated to foot massages, thanks to MANLY HANDZ.

"I've been trying not to stress over the actual birthing process," she shared. "We've decided to just head to the hospital and let the doctors do what they know best. I'll have an epidural and put my trust in the brains that know best."

She's excited to welcome her little bundle of joy, who is expected to arrive in early February around the same time as her husband's birthday. "A healthy, happy baby girl is all we care about," she went on to say.

Related Link: The LOWEdown on 'The Bachelor' Wedding of Sean Lowe and Catherine Giudici

Because the couple shared the baby's gender, they've decided to keep their name decision a secret until she arrives. Their daughter will be welcomed with a beautiful nursery designed by Carousel Designs. Although they don't have an overall theme for the nursery, the couple decided on a color scheme and the perfect bedding to go along with it.

As the baby shower came to an end and guest began to leave, they were handed goodie bags that included a variety of awesome party favors. It sounds like the pregnant star had a blast!

For the rest of the interview, check out celebritybabyscoop.com.