

Date Idea: Go Back to College!



By Shannon Seibert

You may have graduated years ago, but college life is still just as fun! As a fun weekend date idea, head back to your alma mater with your sweetheart to check out a football game, watch a performing arts group, and visit your favorite university bar or restaurant.

Related Link: [Date Idea: Relive High School Memories](#)

Take a Trip Down Memory Lane With

This Weekend Date Idea

You invested four years of your life into a place that you never thought would mean so much to you. Whether or not college is where you and your honey met, college towns are still a haven for memories, both old and new. For this nostalgic [date idea](#), take your love to all of your favorite buildings. Most universities allow public access to their libraries, informational buildings, and eateries. This way, you can even give your guy a personal tour of where you used to prep for exams and sneak in a quick study break for good measure.

Show him the sites that made you fall in love with campus, like the enormous oak trees, the daisy garden, or the baseball field. For University of Florida alumni, Ben Hill Griffin Stadium has never been a disappointment! As the two of you explore, you can chat about your favorite college memories and give each other insight on how you became who you are today. Considering this little piece of dating advice will definitely strengthen your relationship and love!

College isn't just about the campus either. It's about being independent for the first time and being on your own in a new town. Encompass that feeling all over again and head out on the town with your man. For a sweet and delicious date idea, visit the ice cream shop where you spent every Sunday afternoon. A double fudge sundae is always the best item on the college diet menu anyways!

Related Link: [Date Idea: Freaky Friday](#)

Talk with your honey about your awkward first college date at that hole-in-the wall restaurant – or even stop in for a burger. Restaurants and nightlife are a huge part of the college experience, so try and see if you still have that college spirit in you. Bar hop from Fat Tuesday's to the dive bar next door. The bartenders are also a great source of

information, so order a couple of peach-mango margaritas and learn about the changes the town has undergone since your last visit. This way, your sweetheart can take part in the town's history with you.

What are some of your favorite college memories? Tell us below!

Date Idea: Escape Black Friday



By Shannon Seibert

Sure, Black Friday sales are tempting, but they can also be

super crazy. Going shopping in that chaos can flare some tensions between you and your sweetheart. The overwhelmingly massive crowds and lines might test the limits of your relationship and love. So consider this piece of dating advice: Spend this weekend inside with your love, tracking the deals online and planning shopping trips for calmer days. Embrace your inner child and prepare your lists for Santa Claus too.

Related Link: [Date Idea: Deck the Halls](#)

Avoid Black Friday With Your Honey, Thanks to This Dating Advice

Black Friday is the Superbowl of shopping. Everyone is aggressively pursuing the items on their wish list while ambushing sales clerks and demanding their assistance. But in this day and age, Cyber Monday has become our saving grace. For a comfortable and stress-free date idea, shop with your honey from the comfort of your couch! This way, you can shield yourself from the frosty weather and enjoy online buying by a crackling fire. Grab a plate of Thanksgiving leftovers while you browse the sites for deals.

Start a pot of caramel espresso coffee and prepare yourself for the shopping Olympics. Stores such as Target, Macy's, and Best Buy usually do a sale preview before the event, giving you and your love a chance to adequately prepare your holiday list. Cyber Monday is unique in that some shops have online sales that *aren't* featured in stores. Do a little research before you start so you'll be sure to cover all of the bases, making your friends envious of your superior shopping expertise.

Related Link: [Date Idea: Pick Your Own Presents](#)

Together, make your Black Friday lists, organizing them from

most important items to least. For instance, if your sweetheart is looking for a Lifeproof iPhone case, Amazon.com is your best bet for deals. What's even better is that if the price lowers within a month of your purchase, you can shoot an email to Amazon, and they will refund you the difference. Consider this organizational piece dating advice so that you and your partner can spend less time being frustrated and more time finding the perfect gift for each other.

You can't forget about the big man in the North Pole! Mr. Claus has been a part of Christmas traditions since the beginning of time, so why stop now that you're an adult? With your holiday hunk, write your lists for Santa. Make sure to include all of your Christmas wishes! While you do so, munch on adorable gingerbread cookies and sip some cinnamon-infused hot cocoa. With this out of the box weekend date idea, the holiday mood will begin to set in, only adding to you and your love's anticipation for the upcoming festivities.

What's on your list for Black Friday this year? Share with us in the comments below!

Date Idea: Give Thanks for Your Health





By Shannon Seibert

While you may be tempted to feast this holiday season, you and your love can both benefit by choosing healthier options. As a pre-Thanksgiving weekend date idea, spend the weekend prepping for the holiday with healthy versions of your favorite meals and planning a winter workout regimen.

Related Link: [Date Idea: Friendsgiving](#)

Relationship Advice for You and Your Love to Get Healthy This Thanksgiving

People mistake healthy eating for bland food, which is definitely not the case. Get cooking in the kitchen with this delicious [date idea](#). Put together some indulgent dishes with your honey that will fool your tastebuds about calorie content. The Food Network has a plethora of gluten-free, trans fat-free, vegan, vegetarian, and other healthy alternative recipes that are easy to make and heavy on the flavor.

Playing chef with your sweetheart can also inspire a heart-to-heart talk about your health. Being healthy and in good shape with your partner is a piece of relationship advice we easily take for granted. So pour a glass of Cabernet Sauvignon (good for your heart!) and tell each other what you're thankful for. Simple life pleasures – such as being able to run or having an above-average immune system – are something to appreciate.

As you progress in your healthy lifestyle with your honey, consider this piece of love advice: Tell your significant other that you're thankful to have such a wonderful, motivating partner that inspires you to be a better person. Having a positive attitude and sharing words of encouragement will help you and your partner to improve your health.

Proper exercise goes hand in hand with healthy eating, so this winter, keep warm with your love by getting active. Together, make a chart displaying a weekly workout regimen. Ask your honey what muscles he wants to focus on and channel that inspiration into a tag-team exercise plan. Google some winter-inspired workout ideas that will help you and your beau survive the cold weather.

Related Link: [Date Idea: Get in the Game](#)

To really turn up the heat this winter, why not try out hot yoga for a active date idea? Most classes are 100 minutes long in a 100-degree room and incorporate multiple styles of yoga. Watching each other stretch in all directions as you drip in sweat from the intense heat can actually be sexy. Who knows, you may take away a few new moves to try out later at home.

Cool off afterwards by stepping outside into the crisp, cool air or just nibble on some Edy's Chocolate Trinity ice cream (hey, you earned it!). Enjoy the feeling of doing something great for your body with someone who holds such a special place in your heart.

What are you thankful for this Thanksgiving? Tell us in the

comments below!

Weekend Date Idea: World Series Weekend



By Shannon Seibert

If your honey loves baseball, celebrate the final weekend of the sport by gearing up for the game. To get in the mood and get ready for your favorite team to win, watch movies like *A League of Their Own* or *The Bad News Bears* or watch reruns of legendary games. Bonding with your partner over America's favorite pastime is a great weekend date idea that he will

appreciate. Plus, it'll strengthen your [relationship and love](#).

Related Link: [Date Idea: Fall in Love with Falling Leaves](#)

Hit a Home Run With a World Series Weekend Date Idea

Baseball is one of the most traditional American hobbies. Whether you're on the field or in the stands, there is something about a white sphere with red stitching that brings people together for the love of the game. With the World Series approaching, you and your man need to get into game day mode as well. Prep yourself for this weekend date idea with recaps of recent games and make predictions on upcoming outcomes. You can even bet on how many runs each team will win by – the loser has to do the dishes tonight.

During those nine innings, things can get pretty intense, especially if you and your partner are on opposing sides. There is nothing sexier to a man than a woman who likes sports and actually knows what she is talking about. Don't be the fool who gets excited and exclaims "the batter hit a touchdown!" Instead, if you're unfamiliar with the rules and terms used, read up on the lingo in advance of this weekend date idea.

Men also like when their significant others share common interests with them, so consider this dating advice to make you irresistible to your partner. Once he sees you immersed into the action, he won't be able to tear his eyes away from you long enough to even register whether that last pitch was a ball or a strike.

Related Link: [Date Idea: Plan a Walk Around Town](#)

Another fun addition to this sporty date idea is having baseball-inspired snacks to keep your stomach satisfied as you

eagerly watch the championships unfold. Pinterest has oodles of ideas that your man won't be able to resist. Also, you can go the more traditional route and snag a couple of bags of Cracker Jacks and boiled peanuts to quench your cravings. Once you and your love start munching, you'll feel like you're actually in the stands!

Even if it isn't the real thing, sports movies always teach us life lessons through the love of a sport. Classics such as *The Sandlot* and *Angels in the Outfield* show you that believing in something bigger than yourself is something worth believing in. The root of this belief is love, so remind your partner of how great you are together and cuddle close as you watch these movies again.

How do you and your man spend game days? Tell us in the comments below!

Weekend Date Idea: Go Shopping





By Shannon Seibert

Winter is coming, and with the exit of warm weather, it's time for an update to your wardrobe. So this weekend, head into town with your sweetheart for some snuggly sweaters and adorable boots, and plan your next date idea to showcase your new fashions.

Related Link: [Date Idea: Game On](#)

Shopping Date Idea for the Cold Weather

The fall chill is the perfect excuse to pick out some new clothes, so grab your man's attention with a sexy winter wardrobe. But remember: Shopping isn't only for ladies, gents! In fact, a shopping date idea is the perfect way to strengthen your relationship and love by indulging a bit in your lady's fashion interests.

For her, pick out items that match the season. Scarves, cute hats, sweaters, and cardigans are great staples for the

upcoming temperature drop. For a fall feel, play up the season with purples and golds. Before hitting the shops and participating in this weekend date idea, do some research. Search for “Fall Women’s Clothing” on Pinterest for a little shopping assistance.

For him, you can never go wrong with simplicity. To really incorporate the changing seasons, go for an arrangement of ties. Deep oranges, dark reds, and hunter greens are great colors. Find an array of examples at Brooks Brothers.

Related Link: [Date Idea: Picnic With Pals](#)

But you don’t have to limit your shopping to high-end boutiques. Thrift stores are the perfect treasure chests for warm, woolen sweaters for the fall season. Goodwill is a popular place to start, but the best places are the hole-in-the-wall ones that may require some searching. Don’t fret! You and your man will pass the time easily with good conversation and the happiness your company brings.

Pick your pumpkin out a batch of sweaters and jackets and make your way to the dressing room. Consider this dating advice and incorporate some fun during your shopping trip. Have your man rate his favorite choices and do the same for him. Even make a game out of the day and see who can pick out the most unique item. Put on a winter fashion show for each other and strut your stuff for your sweetheart. The only thing better than the cozy feel of the sweater is the affordable price tag dangling off of the sleeve!

Bask in the glory of your shopping success and celebrate your findings with a tall glass of Chardonnay as you snuggle next to the fireplace. After all, you both deserve it, right?

What is your favorite fall accessory or clothing item? Share with us below!

Weekend Date Idea: City Living



By Shannon Seibert

Cities are a haven for magical sites that capture the essence of romance. The crowds of interesting people, the hustle and bustle of traffic, and even the historical landmarks around you add to your experience. This fall weekend, embark on an adventure with your love and take in all that your hometown (or the nearest big city) has to offer with this exciting [date idea](#)!

Related Link: [Date Idea: Play All Day](#)

Fun Weekend Date Idea in the City

Together, you and your man can browse the windows (Christmas isn't *that* far away, right?) and check out the unique boutiques. You never know what treasures you'll find! Whether it's a hand-crafted scarf for her or a festive tie for him, boutiques always have the best and most unique items for reasonable prices. Pick out something that incorporates the fall season. Stick to burnt oranges, exuberant reds, and shades of yellow and gold. Now, you have a new accessory for that fall wardrobe you've been dying to debut – perfect as you plan your next weekend date idea!

Parks are also a great place to find city-inspired entertainment. You may run into a sketch artist while you're wandering around. Have them draw up an animation of you and your honey. You can strike a silly pose, stick your tongue out, or even make the moment romantic with a kissing picture. This way, the two of you will have a fun way to commemorate your relationship and love and document the fun you had on your date.

You and your sweetheart can also enjoy the people of the city. Stop and watch the street performers and even volunteer to participate. New York City is known for their creative street dancers that incorporate their audience into their acts, so don't be shy! Doing things out of your comfort zone is a great piece of dating advice, and you might surprise yourself and your partner by unexpectedly jumping in the middle of the dance circle.

Related Link: [Date Idea: Batter Up](#)

Indulge in the flavors of the season with a Pumpkin Spice Latte and split a warmed cinnamon-chocolate croissant with your love as you tour the city. Order each other a cup of coffee or specialty drink from a street cafe and give each other funny names that include some of your inside jokes. When

the barista calls out “Mr. Snores A Lot,” you’re bound to get a crowd reaction. As you’re holding hands and walking along the sidewalks, take in the feeling that the fall season is all about.

New York City also boasts an impressive number of famous couples who call the city home. While walking around and enjoying each other’s company, you and your honey might run into some celebrities, including Taylor Swift, Sarah Jessica Parker, or even Jay-Z and Beyonce. If you don’t want to approach them, snap some celebrity photos as proof to show your friends after this weekend date idea.

What places in your hometown do you think are most beautiful in the fall? Share with us below!

Date Idea: Go Strawberry Picking





By Brittany Stubbs

When is the last time you and your love got outside and did something fun? It's time to head to the closest strawberry farm and pick your favorite sweets together! After all, this warm weather won't last forever, so take advantage of it and embrace the sunshine.

Related Link: [Date Idea: Make Your Love Set Sail](#)

Switch up your regular weekend routine of dinner and a movie and go enjoy nature instead. Not only will this adventure allow you to taste fruit that's fresher and juicier than what you'll find in your grocery store's produce section, but picking berries is just one of the many activities that the two of you can enjoy. Many strawberry farms also have petting zoos, beautiful flowers, souvenir stands, and great photo opportunities. Be prepared to pay with cash or check because most farms do not accept credit cards. Another tip: Wear tennis shoes and clothes you don't mind getting a little dirty.

After you've walked around the strawberry patch and filled

your baskets, have a romantic picnic with your partner. Pack a blanket, some napkins, and a few food items that will pair nicely with the fruit you collected. For an easy and delicious treat, consider bringing angel food cake and whip cream and adding in your freshly-picked strawberries. But make sure you wash your hands and all that fruit before you get to munching!

Related Link: [Date Idea: Get Wet and Wild on the Water](#)

Assuming the two of you have some berries leftover after the picnic, plan a creative way to enjoy the rest of your goodies later that week. We know you've had your eye on all those recipes on Pinterest! Come up with a special dessert or even a meal that incorporates your fruit. Not only will this adventure give you and your love some sweet treats but some sweet memories too!

Have you ever gone to a strawberry farm with your partner? Share your stories below!

Date Idea: Show Off





By Brittany Stubbs

Have a hidden talent that you want your love to appreciate? Set up a night where you can reveal your true self and impress your sweetheart. Your partner probably knows all about what you do for a living and your favorite hobbies, but there's that other side of you that doesn't always see the light of day. There is nothing more intimate than allowing your man to discover something new about you.

Finding inspiration might mean going back in time. Maybe you were on the dance team in high school and want to show off some of your old moves. That doesn't mean you have to start stretching and attempting the splits in your living room. Start looking for those videos of performances you never thought you'd watch again, make some popcorn, and cuddle up on the couch. Your partner will love seeing you in your youth as much as you'll enjoy laughing at yourself.

Related Link: [Date Idea: Slumber Party](#)

Or perhaps you aspired to be a stand-up comedian back in the day. Come up with a routine to make your lover laugh. If your

sweetie has a thick skin, get creative and incorporate them into some of your jokes. Whether the routine goes smoothly or you're stumbling along, by the time you're finished, you'll both be on the floor laughing.

After you've revealed your hidden talent, sit back and allow your partner to share something you never knew about them. You'll be surprised how much closer the two of you will feel after this experience! Whether you're showing off tricks you haven't pulled out in years or talents you're still secretly working on, you'll learn more about each other and create a great memory along the way.

Related Link: [Date Idea: Game On](#)

To get your friends in on the fun, host a talent show. Invite a few of your favorite couples over for drinks and appetizers, followed by every couple putting on a mini performance. Take it a step further and present an award for the most entertaining show. Whether your friends impress you or make you cry from laughter, you'll want to make this night your newest tradition.

Have you shared a hidden talent with your partner? Tell us about it the comments below!

Date Idea: Redecorate





By Brittany Stubbs

It may sound cliché, but decorating your home with your love is a great way to bond. Even if you don't live together yet, you can have fun fantasizing about what your place will be like when you do move in together.

Start with the room that the two of you spend the most time in. Maybe it's the living room where you have *Dexter* marathons together, the bedroom where you like to hide out on lazy Sundays, or the kitchen when you're sharing a bottle of wine and catching up on the day's events. Discuss what you both enjoy about the room in the current conditions and what you would both like to change. Feel free to turn to magazines and Pinterest to get some ideas flowing!

Related Link: [What You Need to Know Before You Move In Together](#)

Once you and your partner decide what changes you're looking to make – whether it's simple decorations to the walls or a new piece of furniture – get out there and start looking

around. While online shopping seems easy, you'll have a much better time actually getting to see the artwork or coffee tables in person.

If you're just looking to add a few decorations, antique shops are great places to find unique items that will spice up your place. These purchases often make great conversation starters as well. You may even find something, like a coffee table or an outdated couch, that needs refurbishing – a project that you can tackle together!

Redecorating doesn't require spending a ton of money. Try something fun and different like going to a garage sale in your area. Look out for listings in your local paper on the weekends. It's amazing what treasures you may find when you step into someone else's past. Even if you walk away with a single picture frame, the two of you will have fun rifling through the sales. You may even find items that spark some great memories, so you can learn more about each other at the same time.

Related Link: [Date Idea: Deck the Halls](#)

If you don't live together yet, you can make your significant other feel special by letting them have some input on changing up your pad. Maybe you're in the market for some new living room furniture, and who better to shop with than the person that snuggles with you on the couch? Including your partner will tell them that their opinion is important and worthy of a long-term investment.

You may not agree on everything, but keep in mind that you're doing this as a team and there will have to be compromises. No matter what, don't forget to have fun!

Cupids wants to know: Have you ever redecorated your home with your beau? Tell us in the comments below!

Dazzle On Your Next Date Night with Cate and Chloe VIP Jewelry!



This post is sponsored by Cate and Chloe.

By Laura Seaman

Make sure you shine this summer with some amazing new jewelry from Cate and Chloe! Sometimes, you need a little extra sparkle to brighten up that little black dress or to add some variety to an outfit you've worn so many times before. With the [Cate and Chloe](#) VIP package, it's not just a one-time deal.

You get 2 new styles, valued at 200 dollars, delivered right to your doorstep every 15 days! Whether you're at the bar with your beau or dancing at the club with your girlfriends, you'll be the most radiant woman there.

Of course, the fun doesn't stop there. Each month, one of the pieces sent to you will be a pre-release item, available only to VIP members. And if you don't love your new jewelry, you can exchange it, no questions asked. Thanks to something dazzling catching his eye every time you walk through the door, your man won't be able to take his eyes off you.

If you love what you see and want to get more, the VIP package also comes with 20 percent off all featured items from Cate & Chloe – perfect for that online shopaholic or jewelry fanatic. Plus, there are free giveaways and prizes for all members. No doubt you'll find that perfect accessory for your jewelry box!

Every girl deserves to feel like a princess, and with this VIP package, you'll feel like one on a daily basis. Lucky for you, CupidsPulse.com readers can get an extra 20 percent their first month as a member! That's a lot of bling for a little ca-ching. So if you want the chance to find a new treasure in your mailbox from Cate and Chloe twice a month, check out their VIP package today!

For 20 percent off on your first month as a VIP member to CateandChloe.com, enter discount code CUPIDSPULSE20 at checkout*. We hope you enjoy your beautiful new jewelry!

**Since the prepaid sign-up options already offer significant discounts to new members, this code will only be valid for the standard month-to-month sign-up of \$39.99/month.*

Exclusive Celebrity Interview: Beauty Expert Kym Douglas Says, “Fall in Love as Often as You Can”



Interview by Brittany Stubbs. Written by Laura Seaman.

Kym Douglas, known around the world for her beauty expertise, is a woman of many talents, as shown by her frequent television appearances, radio spots, and multiple books. Her motto “bliss happens” is an inspiration to people everywhere as she helps them find ways to be healthy, feel beautiful, and live their lives to the fullest. As she says in our exclusive celebrity interview, “It’s not about trying to look younger; it’s about trying to look your best.”

Exclusive Celebrity Interview with Beauty Expert

The beauty guru started out on *The Ellen Degeneres Show* nine years ago on a one-time guest segment. “Ellen isn’t interested in lipstick and rouge or beauty products. It’s never going to work,’ everyone kept telling me. But the moral of the story is similar to dating: You might count someone out because of your differences, but it may turn out to be something great.” And now, Douglas is the show’s only regular contributor and says that she and the host bring out the best in each other.

Fans may also recognize the beautiful blonde from *Home & Family* on the Hallmark Channel. “I think it’s a wonderful show,” she says. “It’s just so real – real values, real issues. There’s beauty, cooking, making your home reflective of who you are inside.”

Kym Douglas Shares Beauty Tips and Dating Advice

Being the expert on beauty, we asked the TV personality to share some of her summer secrets for looking your best – and she drew from personal experience. Recently, Degeneres sent her to Hawaii for a segment, and her hair had trouble with the heat. However, a dab of deodorant along her hairline and on her neck kept the sweat from frizzing up her luscious locks.

Another seemingly odd beauty tip involves egg whites. “Before a date night with my husband, I’ll wear a mask of whipped egg whites on my face. It helps tighten up my skin so I feel comfortable wearing less makeup.” And we all know: The less makeup you pile on, the less chance that it will melt off in the heat. An easy and inexpensive way to conquer the summer weather!

When it comes to summer makeup trends, Douglas knows exactly what's in this season. "The biggest thing is dark, full brows," she says. Everything else on the face is muted and light to give your eyes a great pop without having to wear a lot of heavy makeup.

In terms of hairstyles, Douglas says it's all about the braids – "whether it's a braid wrapped around the crown of your hair or a small braid on the side." No surprise there, as we've already seen celebrities like Beyonce and Blake Lively rock this style.

Related Link: [Tabatha Coffey Says It's Important to "Connect and Continue to Get to Know Your Partner"](#)

While these trends may come and go, Douglas notes one simple trend that's here to stay: "I really think that, if I had to sum it up in one word, I would say that 'fresh' is the goal for beauty. Try to look fresh!" she explains in our exclusive celebrity interview.

This summer look is bound to get a man's attention, and Douglas knows a thing or two about a summer relationship and love. In her experience, summer love was always the best type of love. "It was something about the free feeling and the happiness of summer. I always fell in love with a new guy, and he would be the love of my life at that time." Douglas still remembers the names of them all and encourages others to enjoy their summer flings: "Fall in love as often as you can!"

Related Link: ['RH0A' Star Phaedra Parks Talks New Book and Marriage: "Remember What Made You Fall in Love"](#)

Since then, Douglas has found the real love of her life and started a family. She now "has it all" with her husband, her son, and her successful career. She had always wanted these things but didn't know how to make it happen. So when she first went on *The View*, she looked to Barbara Walters for life and relationship advice. "I asked her what it took, and she

told me, 'You can have it all; you really can. You just can't have it all at the same time.' I really took those words to heart."

You can see Kym Douglas regularly on Hallmark Channel's Home & Family weekdays at 10 am ET/PT.

Single in Stilettos Show: How to Have the "Exclusive Relationship" Talk with Him



On this week's [Single in Stilettos](#) show, founder Suzanne

Oshima talks to writer, speaker, and romance artist Zan Perrion about having the “exclusive relationship” talk with your guy. His best tips include: keep it light; be curious about your relationship; make sure your tone isn’t demanding; and never say “we need to talk.” The most important thing to remember, though, is that it’s not only about what you want; it’s about what you *both* want for your future.

Related Link: [Thomas Edwards Jr. on How to Tell If He Likes You](#)

For more information about Single in Stiletto's shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you bring up the dating-to-relationship conversation? Tell us in the comments below!

Kourtney Kardashian Is Pregnant with Third Baby





By Laura Seaman

Third time's a charm as Kourtney Kardashian is pregnant with baby number three with her boyfriend Scott Disick. Multiple sources tell UsMagazine.com that Kourtney is only a few months along, but that she is already showing a pregnant glow. Sources say it was planned, and that Kourtney "wants to have a handful of kids." The Kardashian had said in 2012, "I need to see what it's like when I have three, but [having kids] is what life is about."

How does having a third baby change your family dynamic?

Cupid's Advice:

A third child can really change how a family works in ways that a second child does not. It's best to be prepared for these changes so that your family can properly adjust to this new addition:

1. There is now a middle child. Ah, yes, the notorious situation of the middle child. There are plenty of stories about how the middle child gets much less attention from

parents. This is something every family can avoid, but many are guilty of without realizing. Of course you'll always be proud of that first-born child, and you'll dote on your new baby, but don't forget the middle child. They're just as important.

Related: [5 Celebrity Couples Who've Adopted](#)

2. There's the odd man out. Three, being the odd and often uncomfortable number that it is, can create tension between the children. The two oldest might create a new bond after the baby is born and become closer than ever, which is fantastic until they start growing up and the third child is still treated like the baby sister or brother who never quite gets it.

Related: [Celebrity Baby: Zhang Ziyi Welcomes First Child](#)

3. There is always someone around. It might be that one kid is always hungry, or one kid is always late for a lesson, but this is to be expected for any number of children greater than one. On the bright side, this means that someone is always there to keep their sibling busy. Maybe the oldest is busy and the middle child wants to play. Instead of constantly pestering their older sister or brother, they now have a younger sibling to play with.

How has having a third baby changed your family? Tell us below.

Kim and Kanye Will Treat

Guests to Private Versailles Tour



By Louisa Gonzales

Kim Kardashian and Kanye West plan to make their wedding extra special and educational. According to [People](#), Kardashian and West will let guests experience the wonders of Château of Versailles during a private surprise tour on Friday, May 23, on the verve of their wedding. The couple made this decision together in hopes their quest will grasp a better understanding of the exceptional heritage of the castle of Versailles, which is a World Heritage site. The gorgeous duo first checked out the place in January, which was rumored to be where the wedding itself would take place, but palace official denied the rumors.

What are some ways to spice up your wedding rehearsal?

Cupid's Advice:

Weddings rehearsals can be much the same. You go through the steps of the wedding and then eat some dinner with family/friends. Cupid has some ways to spice it up a little:

1. Make it themed: A fun idea would to be make your wedding rehearsals themed. Have everyone dress up in the same style or era and make the festivities match what you want. You could make it themed by year such 50's style or 60's or you can do something else like make it western style, or mexican style or Italian it doesn't matter just pick something you both love.

Related: [Kim Kardashian and Kanye West Set a Wedding Date in Paris](#)

2. Go some place fun: Have your wedding rehearsal at a cool spot, that's fun, unique and interesting. You can rent a movie theater or have a movie screening and make it a film themed bash. Another thing you can do is travel to a destination, if it's exotic have the rehearsal on the beach or if it's a romantic place have it in a historical place or museum. There are many possibilities of wonderous place you can go, just make sure it's some place you both and your quests will enjoy. Celebrity Couples, Engagements, Kanye West, Kim Kardashian, Love, Marriage, Relationship Advice, Slider

Related: [Kim Kardashian and Kanye West Visit Paris: Wedding Plans?](#)

3. Have some games: Make your wedding rehearsals really fun by having and creating some fun games for guests to play. To make it even better for the guests get cool prizes for them to win, noting makes games more exciting than adding the chance of winning awesome prizes. Playing fun games doesn't have to be strictly raffle or guessing games, you can also have a paintball fight or a sports game, just make whatever you do

fun for all.

What do you think are good ways to spice up your wedding rehearsal? Share you tips below.

Bethenny Frankel and Jason Hoppy Settle Custody Dispute



By Sanetra Richards

The smoke has cleared and everything is settled between Bethenny Frankel and Jason Hoppy ... at least for now. According to UsMagazine.com, the estranged couple has come to an

agreement in divorce court, involving the custody battle for daughter Bryn. Hoppy's attorney, Bernard Clair, released a confirmation statement saying, "My client is delighted that this custody dispute has been resolved; that his co-parenting status has been acknowledged; that the parties' child will have the benefit of being raised by both parents; and most importantly, that his daughter will no longer be at the mercy of a high-profile courtroom battle."

What are some ways to shield your child from divorce proceedings?

Cupid's Advice:

Every divorce that involves children leads to questions revolving what is best for him or her. Whatever decision you and your ex make, you want to keep your child's best interest in mind, which includes not exposing them to the messy divorce proceedings. Cupid has some tips to help you achieve this:

1. Have respect and decency: The best way to not taint the image your child may have of the other parent is to avoid bashing, at all costs. Your child is already coping with the separation and any unnecessary arguing in their presence will only make matters worse. However, if you and your ex are respecting each other, your child will do the same.

Related: [New Celebrity Couple Alert: Bethenny Frankel Is Dating Marcus Lemonis](#)

2. Be honest: Do not keep your child completely out of the loop with what is going on between the two of you. If he or she has question involving the separation, answer it honestly to the best of your ability. As stated before, maintain that respect and reassure them that you and your ex will always be their parents.

Related: [Bethenny Frankel and Jason Hoppy Ignore Each Other at](#)

[Daughter's Birthday](#)

3. Do not play the blame game: This means absolutely not pointing fingers. Your child is in a very vulnerable state (just like you) and will possibly believe anything negative you may tell them about the other parent. Remember what is most important –being a parent and protecting your child from any danger, including those harsh words you may want to say.

What are some ways to shield your child from divorce proceedings? Share your thoughts below.

Jason Aldean Walks First Red Carpet With Former Mistress Brittany Kerr





By Sanetra Richards

A new couple has made their debut! That's right, Jason Aldean and Brittany Kerr are out of hiding and ready to show off their relationship. According to UsMagazine.com, after filing for divorce from his wife, Jessica Ussery, over year ago, the country star walked the CMT Music Awards red carpet with his new girlfriend Brittany Kerr on June 4th. After admitting to inappropriate behavior with Kerr in September 2012, Aldean called it quits on his 12-year marriage and later filed for divorce in April 2013. It was confirmed him and his former mistress were officially dating in March 2014. The couple was also spotted meeting up for dinner after April's ACM Awards.

How do you know when to go public with your new relationship?

Cupid's Advice:

You and your new partner have been in hiding so long, and now you are ready to take it to the next step and go public. Unfortunately, you are concerned about the timing and possible reactions. Cupid has some advice to make the decision a little

bit easier for you and your latest love:

1. Everything is going smoothly: When you cannot deny the feelings and there is nothing to complain about, you should probably begin to brace yourself for making the big announcement. You are more than satisfied and secure in the new relationship, so why hide it any longer? However, be sure you are absolutely comfortable and willing to inform everyone.

Related: [Jason Aldean Is Dating Mistress Brittany Kerr Post-Divorce](#)

2. It is a mutual decision: Both parties should agree on whom, when, and where to tell. If your partner has not quite warmed up to the idea just yet, give him/her some time and maybe ask for their reasoning. You want to confirm that they have the same vision of the relationship as you do.

Related: [New Couple: Zoe Kravitz and Noah Becker Stroll Hand-in-Hand](#)

3. Longevity: Have the both of you discussed a future life together? Is it a fling or forever? These are questions to ask and keep in mind when making the decision to announce your relationship. If there is any doubt of being together later down the line, be cautious of informing family and friends. You want to be able to share the news, and your loved ones can count on this person to be around months (even years) down the line.

What are some ways to know if you should go public with your new relationship? Share your thoughts below.

Cupid's Weekly Round-Up: Being Your Own Person in a Couple



By Shannon Seibert

A growing misconception about relationships is that the partnership defines who you are as a person. First and foremost, you have to do what is best for *you* and be your own person. This doesn't mean you love your sweetheart any less; it just means that you know who you are individually. It takes two strong halves to equal a united whole, so we have pulled together these five articles from our partners to make your relationship stronger than ever:

1. Don't marry your self-esteem to your man: Basing your

happiness off of the circumstances of your relationship is just a ticking time bomb heading for the inevitable explosion. If you're in a foul mood the entire day because you and your man are disagreeing over where to put the new couch, there may be a deeper problem. A woman who creates her own happiness is beautiful, and a woman who shares her happiness with someone she loves is even more beautiful. (YourTango.com)

2. Establish your independence: Much like our favorite independent woman Kourtney Kardashian, you can be in a strong, loving relationship while holding your own. Kardashian is a spokesperson, model, and partner in numerous businesses apart from her man, but she still has the utmost love and respect for him. They are even expecting baby number three! (CelebrityBabyScoop.com)

3. Focus on yourself: Sure, we all know that inner beauty is just as important as outer beauty...but sometimes, we just want to feel pretty. Take some time to focus on your skincare and haircare rituals with these beauty tips from actress Amanda Seyfried. (GalTime.com)

4. Have outside interests: What is the point in coming home to tell your honey about your day when you spent the entire day doing everything together? Having separate interests is actually liberating in a relationship. It gives you an outlet to be your own person without having to take someone else's opinions into consideration. So embrace your passion! (YourTango.com)

5. Don't wait on the approval from your loved ones: Your friends and family are important to the decisions you make, but you can't give them the reigns and just ride their opinion wave. If you're happy in your relationship, don't let your pals and relatives make you feel otherwise. Be confident in your feelings and learn to trust yourself. (GalTime.com)

How do you stay true to yourself when you're in a

relationship? Share with us in the comments below.

So You're Dating a Mama's Boy!



By [David Wygant](#)

Congratulations! You're now in a relationship with a mama's boy. Mama's boys are tough to date. Mommy took such good care of them over the years, and while she's still in their lives, you might always play second fiddle to her.

I know all about mama's boys because my dad was one. I remember when we used to go out to the Hampton's during the

summer. My dad would have his own special blueberries and sugar on top. His mom, my grandmother, would always reserve the coffee ice cream for him, her king. She catered *everything* to him. He'd call her at least three or four times a day. It was like he couldn't stand not having contact with her for even a couple of hours.

When you're dating a mama's boy, you're going to be under such a powerful microscope, and you can never win because nothing will ever be good enough for her "sweet little boy." Moms sometimes cradle and pander to their boys, no matter how old they are. Not just that, but they give them their full backing and support, even when they've done something wrong.

Related Link: [Five Ways To Get His Undivided Attention](#)

It's almost too much. He's used to being catered to, and he's used to having everything done for them. I've even known grown men who still take their laundry home for their moms to do. Some let mom come over to their place and tidy it up for them too!

I've heard many nightmare stories about girlfriends moving into their boyfriend's house and buying some new furniture and decor, only to come home one day and find out it's all been moved. Mom came over, decided she didn't like what you chose, and replaced it with all her own stuff.

Don't get me wrong though! Mama's boys have some great qualities too. They're gentle, they're sweet, and they're respectful.

The big problem is you may be used to dating a man-boy, someone who has struggled to leave the nest. He's a boy at heart who can't bear to leave his mom's side. It's hard when you're dating a mama's boy because you're going to find he'll increasingly want you to take over her duties.

Related Link: [4 Ways to Know You're Dating a 'Man-Boy,' Not a Man](#)

Now, you can try to break the boy out of mama's cradle, but that's not going to be easy. He's lived his entire life this way. He enjoys it, and he expects any woman he dates to treat him the same as his mom does. Are you ready to be in a relationship where you have to mother your partner and his mom knows all your business? If you're ready for a relationship where your mother-in-law is going to know everything, and you can handle it, then go for it. If you can't, then you need to think again.

I remember I once dated a daddy's girl. Nothing I did ever compared to her father. She'd say it all the time too: "Dad did this for me, and Dad did that for me." I felt like I was competing with her dad, and it drove me crazy. If I ever did anything wrong, her daddy would get a phone call right away.

You want to be the woman in a man's life, not his caretaker. You don't want to compete with his mom, and you don't want to be second best. The next time you meet an amazing guy that happens to be a mama's boy, you need to ask yourself whether you can put up with this kind of behavior. If not, it's time to send him on his way and send him back to his mother. She'll welcome him with open arms!

For more information on David Wygant, click [here](#).

Kanye West Shows Off His

Wedding Ring



By Laura Seaman

Kanye West, recently married to Kim Kardashian, was spotted leaving the gym with a big smile on his face and showing off his wedding ring on his hand. According to UsMagazine.com, West had just returned from the couple's honeymoon in Europe, where they visited Ireland and the Czech Republic. The couple went bike riding, visited the pubs, and saw a movie together where it was said "they were laughing and smiling together".

What are some ways to show the pride you have in your partner?

Cupid's Advice:

When you're with the special someone, you know just how

amazing they are. Sometime it's easy to forget that maybe the whole world doesn't know what you know. Here are some of Cupid's tips on how to show the world how incredible your partner is without having to scream it from the top of a skyscraper:

1. Show little signs of affection in public. Holding someone's hand or giving them a peck on the cheek while you're out on the town is a simple, romantic way to show the world that you're proud to be with your partner. Be careful not to take it too far, because too much PDA can be obnoxious.

Related: [Five Ways To Get His Undivided Attention](#)

2. Use the gifts they've given you. Whether this means wearing an accessory, using that dorky coffee mug, or listening to the mix CD they made, it means a lot to see your partner use the gift you've bought them. It means even more when they boast "I got this from my wife/husband."

Related: [QuickieChick's Dating Tips: Be the Only One on Your Man's Mind](#)

3. Show your partner off to friends and family. These people mean a lot to you, and if your partner is started to really be a part of your life, it's only right to introduce them to those who care about you the most. Meeting the friends and family is a gesture that says "you mean a lot to me and I want everyone to know it."

What are some ways that you show your pride in your partner? Tell us in the comments below.

Co-Parenting Teenagers in the Summertime



By Lisa LaBelle

Co-parenting and planning summer visitation with teenagers can be challenging and emotionally draining. Hopefully, plans can be worked out peacefully with your ex-spouse – consider Reese Witherspoon and Ryan Phillippe for a celebrity example – but there are many who are not so fortunate. The error comes when parents choose to not give their teenagers a voice in planning their time. They don't stop to think about the consequences that occur when their teenagers aren't able to participate in activities and events that are important to them, through no fault of their own.

The solutions are simple. Here are some tips to help with co-

parenting during your teenager's summer plans:

Related Link: [Keep Talking to Your Kids After Divorce](#)

Give your teenager a voice:

It's important to sit down one-on-one with your teenager and simply ask what they want their summer to look like. Does your teenager have scout camp, sports camp, music and art classes, academic work, dance camp, team sports, or a summer job? Remember it's not about you; it's about your teenager. Next, have your teenager write out their summer goals, responsibilities, and commitments. Give your teenager a voice in both the verbal and written word.

Be your teenager's true advocate:

Listen to your teenager and offer supportive input. Do your best to work around their activities. Talk with your ex about your teenager's summer commitments peacefully. Encourage your ex-spouse to come and attend any events too. For example, it may be a scout camping trip that he could chaperone with your son or coming to cheer for your teenager in a dance competition.

Encourage your teenager to use their voice:

Encourage your teenager to respectfully use their own voice with both you and your ex-spouse. It's important for your teenager's self-worth to speak directly to both parents concerning their summer plans. It may take some time for your ex-spouse to adjust to your teenager making their own plans, but it will increase mutual respect.

Be supportive of your teenager *and* ex-spouse:

You, as the custodial parent, will have the role of being supportive to your teenager and your ex-partner as they work out their summer plans. If your ex attempts to bring you into

the decision-making process, you simply remind them you are there to offer support, cheering them on in making their plans “together.” After a few times of responding in this peaceful, supportive manner, your ex-spouse will not feel the need to reach out to you for assistance.

Related Link: [How to Cooperatively Co-Parent After Separation or Divorce](#)

Remind your teenager you're there:

Verbally remind your teenager that you are there to be a support as they make summer plans with their other partner. Knowing you are there will naturally build confidence in your teenager's ability to communicate directly with your ex-partner. You are there to be the main support and to reinforce the importance of your teenager's voice as plans are being made.

As a co-parent, stay close to your teenager, cheer them on, and encourage them to use their own voices for all summer and year-round planning. The results will be worth it. Communication between you and your teenagers will increase, and a long-lasting, healthier relationship will be the outcome. Your teenager's own self-respect will improve knowing they do have a voice and that they matter.



Lisa LaBelle is co-founder and co-executive director of Hope After Divorce and Divorce SupportCenter.com. She holds a B.S. degree in Education, and is completing her master's degree in clinical mental health counseling with an emphasis in marriage, child, and family therapy. Lisa is a family and child advocate. She is co-author and co-editor of Hope After Divorce and Divorce Experts Weigh

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Armie Hammer and Wife Prepare For First Baby



By Laura Seaman

The star of *Lone Ranger*, Armie Hammer, and his wife Elizabeth Chambers are expecting their first baby, as confirmed by their rep to UsMagazine.com. "They talk about having a couple, though they're thrilled with one now," says a source.

Hammer had some experience with kids when he read *Oh, the Places You'll Go* by Dr. Seuss at the Kids' Art Museum Project event at Hammer Museum. "I'm practicing for when I do have kids," he said.

What are some ways to prepare your relationship for a baby?

Cupid's Advice:

Having a baby is a huge step in a relationship, and you'll need all the preparation you can get. There's no fail-proof way to raise a child, and you're bound to run into some problems, but the more you prepare for the future the better equipped you will be to handle whatever life throws at you.

1. Spend time with kids and pay attention. If you have relatives or friends with young children, it might be a good idea to babysit or go to the park with the family. Watch how the parents interact with their children and take note of what does and doesn't work.

Related: [Lauren Conrad Talks Celebrity Babies with Husband William Tell](#)

2. Give each other tips in everyday settings. If you and your partner notice habits or behaviors that aren't suitable for children, it would be helpful to politely point them out. Be careful not to come off as rude or condescending, but be sure you both realize what kinds of behavior changes need to be made.

Related: [Paul Adelstein Marvels About the Experience of Parenthood](#)

3. Communication is key. Make sure you're on the same page with everything, including schedules, parenting methods, and other questions that may come up over the next few years. Bringing up any possible conflicts beforehand is better than facing them when the child is already here.

How else can you prepare your relationship for a baby? Share your ideas below.

How to Make Out with a Girl



By Todd Valentine

Kissing was once the bane of my dating life. Like many of you, I was shy and worried about offending girls or making them feel uncomfortable. It took nine months of dating before I had my first kiss. Watch any romantic movie, and you'll notice that there is so much emphasis on the kiss. The kiss is the catalyst for getting physical. But, **kissing is just one step in physical escalation**, and it probably shouldn't be the

first. A kiss can happen spontaneously—like on a dance floor—but typically you need to get physical in other ways first. One way is to make a move that doesn't involve kissing. If it's well received, continue. If not, back off and try again. When a woman says, "no," sometimes this really means, "not yet." Girls can be reluctant to make a move for fear of being labeled slutty, so it's your responsibility to make the interaction physical. Okay, so *how* do you actually make out with a girl? Below are four techniques that work for me:

1. Triangular Gazing

Look from her eyes, to lips, to eyes, to lips, and so on. This should be done slowly, and ideally, in silence. It conveys that you want to kiss, and it won't get you in trouble. If she goes silent too, or leans in, kiss her. If not? Try another technique.

Related: [5 Ways to Have a Stress-Free First Date](#)

2. Eskimo Kiss or Neck Bite

The Eskimo Kiss is another move that builds arousal. Rub your nose against hers and say, "Come here—but no lips!" If she's into it, kiss her, but I would suggest pulling away. You can kiss next time. With the **Neck Bite**, you're getting physical, but the girl isn't technically a participant, so she won't feel slutty. Plus, a bite often arouses a girl *more* than a kiss. Lead with, "I need to tell you a secret," then go for a nibble.

Related: [Five Tips for Falling in Love in 2014](#)

3. Eyes-Closed Kiss

"Close your eyes. I want to show you something." She closes her eyes, you kiss her. Again, this releases the girl from feeling "slutty." Use this technique if other signals are there but she keeps shying away from kissing. The girl usually

knows what you're up to but will often be glad you relieved her of the responsibility.

4. The Gangster

This is one of my favorites, but it requires courage. It works when you're not close enough to a girl to kiss her (maybe there's a table between you). Say, "sh," go silent, put down your drink, walk around the table, set down *her* drink, and kiss her. The move itself is so ballsy, and it will be less awkward to go for the kiss than to stop in the middle.

My overall advice is: **Go for it**. Girls want you to take charge. Get into a sexual vibe so she does too. Slow down, look into her eyes, think sexual thoughts, and use **these four techniques**. If she responds well, great. If she doesn't, try again. Even if she doesn't kiss you, I promise she'll respect you for the attempt.

Todd Valentine is a global authority on attraction and seduction. For more insights on kissing and dating, check out his blog valentinelife.com and his channel [youtube.com/rstdtodd](https://www.youtube.com/rstdtodd).

5 Reasons to Move In with your Mate





By Laura Seaman

Moving in with your partner is a big step. Sure, maybe you've spent the night at each other's apartments before, or gone on a trip where you shared a hotel room or lake house, but this is something else entirely. Living together means more than just sharing a house (which is a big responsibility on its own), it means sharing bills, personal space, and secrets that may have been hidden before. Despite the intimidation that comes with this decision, there are a few good reasons to take the plunge and move in with your mate:

Share the Cost

Living together gives you half the rent and none of the transportation costs that came with two separate living spaces and the drive it took to visit one another. That's one utility bill, one water bill, and one gas bill. You'll also only be using one set of furniture. Just be sure that splitting these costs doesn't lead to conflict. Establish ahead of time who will pay which bills and how much each of you will pay. With another living companion, paying the bills

might be a bit more complicated, but they will be much less expensive.

See Their Habits (and Vice Versa)

There are plenty of habits you may not get to see while you're dating someone. People tend to hide their bad habits when they're trying to impress, so you might have a pet peeve they haven't revealed. When someone is at home, they're much more comfortable with themselves and they can't help but show their little quirks. It may be something as little as biting their nails, or something difficult to ignore, such as counting having to walk through a doorway three times. It's important to see these habits before taking your relationship too much further, because there might be one habit that pushes you over the edge, and the sooner you find this out the better.

Related: [What You Need to Know Before You Move In Together](#)

Seeing the Ugly Side

When you're dating, situations rarely arise that will bring out a person's temper. While living together, you have the chance to see their tempers flare. This may not seem like a pro, but you will be thankful for it in the future. Moving in with your partner is taking your relationship to the next step and seeing a side of them that they wouldn't normally show you. This step may not be pleasant, but it's very important and cannot be overlooked if you hope to maintain a stable relationship.

Learning to Share

With one place to live, one set of furniture, and maybe even a pet, sharing is essential to staying in a happy relationship. It may be something we learned as children, but it seems to get harder as we get older. It's difficult to share a home; that's why so many people argue with their families growing up. Once you learn to share more of your home with your

partner, you can then learn to unwind and share more of yourself. It will be the most open and honest that you've ever been with each-other, and that is something you might not get when being apart.

Related: [QuickieChick's Video Dating Tips: Moving In with your Man](#)

Long-Term Decisions Come Up

Living together is a big step in a relationship. For many, it means further commitment; it's a trial-run before marriage. However, what if not everyone involved feels that way? When going on a date, the subject of children and marriage isn't likely to come up. But when you're living together, you and your partner are bound to talk more, and these serious subjects will likely come up. This is the perfect way to find out if your mate made the move to become something more, or if maybe you both have something more to talk about.

Living together can be tough, and many people advise against it. However, it's these hardships that truly make it worth the risk. If your relationship can't make it through the step of living together, how can it make it through marriage? The pros might not be as happy or pleasant as expected, but as with all learning experiences, it is necessary.

Do you think it's a good idea to move in with your mate? What's your experience? Let us know in the comments!

Rachel Bilson and Boyfriend

Hayden Christensen Enjoy Vacation During Pregnancy



By Laura Seaman

Rachel Bilson, whose pregnancy was announced just last month, was spotted vacationing in Barbados with her boyfriend Hayden Christensen on Sunday, June 1 spending some quality beach time together. She was eating what UsMagazine.com assumes to be her pregnancy craving food of orange soda and sandwiches. The couple when on a sailing lesson and soaked up the sun while pregnant Bilson wore a black bikini that showed off her growing baby bump.

How do you support your partner during pregnancy?

Cupid's Advice:

Pregnancy is a very big, scary, and exciting time for many women. The best thing a partner can do is be there to support them. There are many ways to support your partner during pregnancy, and the more support you give, the better the process will be for everyone involved; even the baby, when it arrives! Cupid has some advice:

1. Take time off and make sure you're there: While it's important to make money to support the baby, it's also important to take the time to support the mother. During this pregnancy, things might become difficult or confusing, and it means a lot if you're there to make things better. Your time is probably the most important thing you can give to another person, so make sure your partner is getting plenty of it.

Related: [Ginnifer Goodwin Opens Up About Her Pregnancy and Wedding](#)

2. Lower the stress and have some fun: Getting ready for a baby is stressful enough, and there's no need to pile on more. Try having some fun and getting away from the usual grind of life. Take a mini vacation, take her out for a nice dinner, or just spend the night together without electronic distractions.

Related: [10 Date Ideas for the Married Couple with Kids](#)

3. Be calm and understanding: Sometimes pregnancy can really take its toll on a woman's body and stress levels. There's a lot going on, and unless you've been pregnant, there's no way you can possibly know what she's feeling during pregnancy. So just be kind and sympathetic, and don't play down the situation or say she's overreacting. It's a big deal for her, and it should be a big deal for you.

What are some other ways to support your partner during pregnancy? Share your thoughts below.