

# Longtime Celebrity Couple Jon Hamm and Jennifer Westfeldt Break Up



By Mackenzie Scibetta

This week's [latest celebrity news](#) is shattering all of our hearts, as one of Hollywood's longest lasting [celebrity couples](#) is parting ways. According to [People.com](#), Jon Hamm and Jennifer Westfeldt confirmed that their celebrity romance of 18 years has come to an end. The duo has been plagued with break-up rumors ever since Hamm completed rehab for alcohol abuse earlier this year. The two started their Hollywood romance in 1997.

# **This celebrity couple is no more. How do you know when you're ready to break it off with someone?**

## **Cupid's Advice:**

Coming to terms with the end of a relationship takes a lot of strength and certainty. While breaking up with someone is never easy, there are some undeniable signs that can help you realize if you're with the wrong person. Cupid is here to help you decide if it's time to give your significant other the boot:

**1. You don't have fun together anymore:** If every time you and your partner get together seems like a chore or burden then the relationship has likely come to a halt. The point of being with someone is to share your happiness together, so if you're feeling negative emotions, it's probably not working anymore.

**Related Link:** [Avril Lavigne and Chad Kroeger Announce Celebrity Break-Up After Two Years of Marriage](#)

**2. You're tormented with feelings of doubt or insecurity:** If you don't feel secure in a relationship that is a sign of ongoing or forthcoming trouble. Your partner should keep you feeling happy and confident, not constantly worried. Having no trust should be a deal-breaker.

**Related Link:** [Is Tyga Feuding with Celebrity Ex Blac Chyna Over Kylie Jenner's Ferrari?](#)

**3. Your friends and family think it's a bad match:** Sometimes the people closest to us know what's best for us. They can see things from the outside that we are blinded to and often have been in similar situations. If many of your close friends and family are hinting that a break-up would be healthy for you then you should consider it.

**How did you handle a tough break-up? Let us know in the comments below.**