


Jaime Pressly Splits with Husband Simran Singh After 16 Months



 Jamie Pressly and Simran Singh have decided to call it quits, according to UsMagazine.com. It doesn't seem to be a good year for Pressly, as she was also recently arrested on suspicion of a DUI. An insider says of the split, "It's over. I don't think they have officially filed anything yet though." The source added, "I think it comes down to she married this guy too fast. He seemed like a good guy but he is super full of himself and puts her down for everything. He picks fights with her for any little thing."

How do you avoid unnecessary arguments?

Cupid's Advice:

Every relationship has its ups and downs, but some fights are more avoidable than others. Cupid has some tips on how to avoid unnecessary arguments:

- 1. See the other side:** It's easy to see things from your perspective. Take a minute to put yourself in your partner's shoes. Understanding is key.
- 2. Avoid sensitive topics:** The closer we are to people, the more we know what buttons to push. If you a particular topic is sensitive, try to avoid it. If it's absolutely necessary, approach it with caution.
- 3. Ponder it first:** Make sure you filter your thoughts before saying them out loud. If you're upset about something your partner did, make sure it's really worth an argument. The

best way to do that is to keep it to yourself for a few hours or days. If you still think you need to bring it up, at least you know it's worth it.