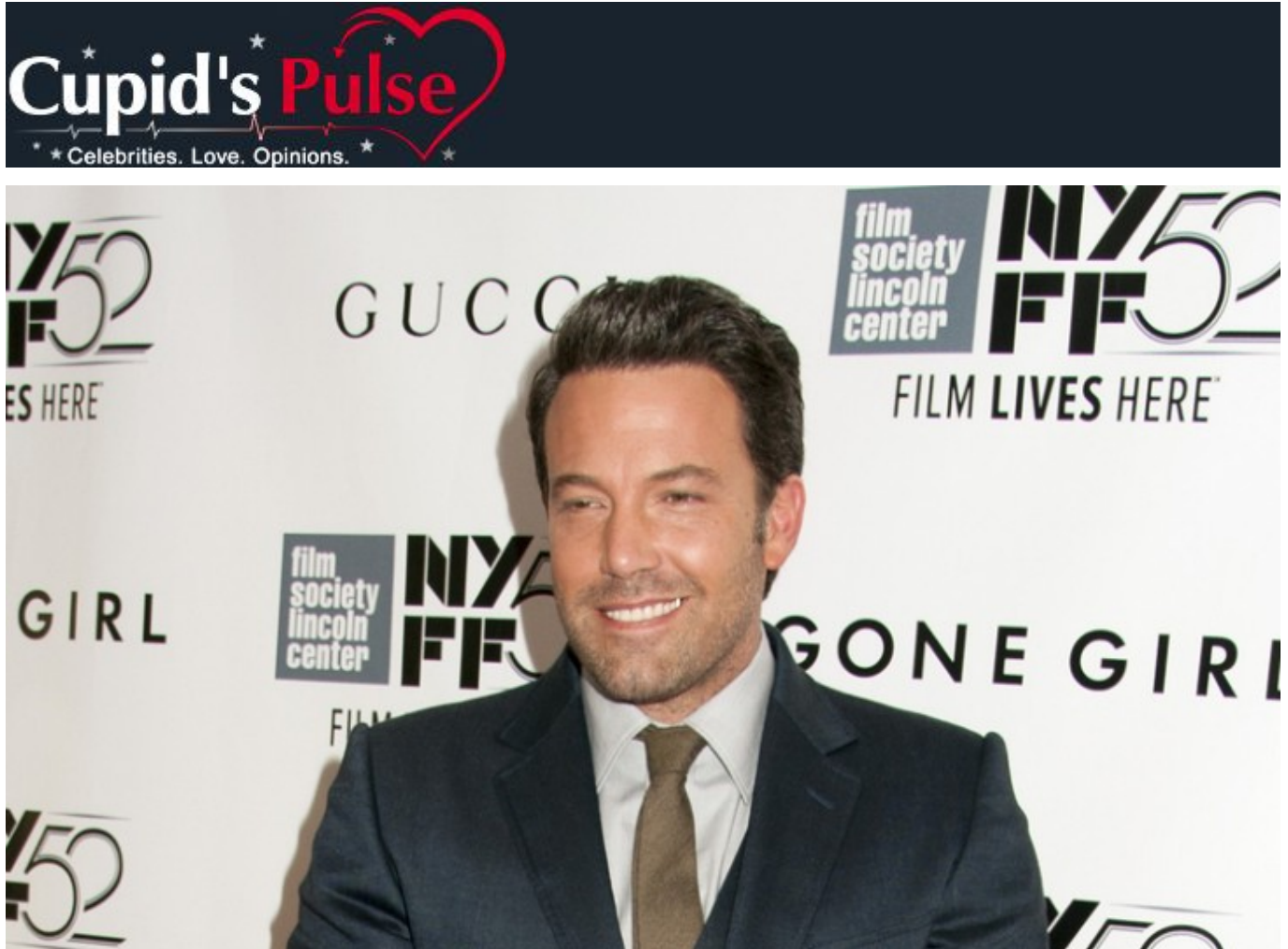


CELEBRITY GOSSIP: BEN AFFLECK HAS BEEN DATING NANNY CHRISTINE OUZOUNIAN



By Ryan Bonner

Rumors have been flying since the 10-year celebrity marriage of [Jennifer Garner](#) and [Ben Affleck](#) came to an end last month.

[UsMagazine.com](#) recently reported that Affleck has been spotted with the 28-year-old nanny, Christine Ouzounian, and the celebrity gossip is that the two are dating. The California native nanny began caring their children this past spring, and word is that she was fired by Garner when she saw what was going on between Ouzounian and Affleck.

This celebrity gossip is getting complicated. What are some ways to rise above gossip when it comes to relationships?

Cupid's Advice:

Post-split relationship gossip can spread very quickly, especially if

you are in the spotlight like Ben and Jen. There are always different sides to stories and rumors about what is going on in the lives of the couple who called it quits. Below are some tips for rising above the gossip:

1. Do not be a part of the grapevine: Even if you hear or read gossip, don't continue to spread it. You could be spreading complete lies about the relationship and not even realize it. Try to be the person who puts a stop to the gossiping.

Related Link: [Lessons From Jennifer Garner and Ben Affleck](#)

2. Avoid becoming judgmental: You never know a situation until you are a part of it. If you hear something, don't be so quick to judge. Instead, rise above that and keep your opinions to yourself.

Related Link: [Ben Affleck and Jennifer Garner Are Getting Celebrity Divorce After 10 Years of Marriage](#)

3. Put yourself in their shoes: It's easy to be the gossiper, but it is hard to be on the other side of it. If you wouldn't want someone gossiping about you, try not to gossip about other people. Try to understand how it would make you feel before taking part in it.

How did you stay away from gossiping about others relationships? Comment Below!