

NEWLY SINGLE CELEBRITY BLAKE SHELTON POSTS SMILING SELFIE WITH PAL



By [Courtney Omernick](#)

Four days after his [celebrity divorce](#) was finalized, the newly single celebrity, Blake Shelton took to social media to post his first selfie with his friend, according to [UsMagazine.com](#). Shelton and Miranda Lambert finalized their celebrity divorce on Monday, July 20.

This single celebrity is hitting the ground running! What are some ways to move on quickly after a divorce?

Cupid's Advice:

No one believed that celebrity couple Blake Shelton and Miranda Lambert would go through a celebrity divorce, but, these things happen. Even though their celebrity divorce went quickly, emotions can still linger. If you're going through a similar situation, below is some ad-

vice on how to move on quickly after a divorce:

1. Let yourself mourn: If you don't mourn, you may truly never get over what you've been through. Take some time to make room in your daily life for what you're feeling. Don't dwell over it, but don't ignore your pain.

Related Link: [Ben Affleck: Can You Forgive a Betrayer in a Romantic Relationship?](#)

2. Rediscover who you used to be: You've probably forgotten what it's like to be alone. Take this time to rediscover old passions and other qualities of your "former" self.

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3. Discover a new side of yourself: You may be spending time discovering the old you and find some new things that you love to do. Embrace all of the new and exciting activities that you're experiencing. They could change your life for the better.

How have you moved on after a divorce? Comment below!