‘Married to Medicine’ Reality TV Star Jill Connors On Relationships And Love: “It’s So Hard To Get That Passion Back”

By Rebecca White

If you’re a fan of reality TV, then you know drop dead gorgeous Jill Connors is the up-and-coming star of the third season of Bravo’s Married to Medicine. The mother, attorney, and business woman has taken the Atlanta social scene by storm, becoming known for her buzzed about philanthropic soirees. The Southern belle gracefully balances motherhood
while managing her husband’s — Dr. John Connors — successful plastic surgery practice. We recently chatted with Connors about her celebrity love story and her best advice for keeping your relationship and love strong.

Reality TV Star Shares Her Celebrity Love Story

It was love at first sight for this famous couple. “I was a senior in college, and I had three boyfriends when I met John,” the star dishes in our exclusive celebrity interview. “We met on an airplane when I was going to visit one of my boyfriends in New York.” The funny thing is Connors couldn’t even tell her parents how she met her husband because they had no idea she was going to New York at that time! When she locked eyes with him, she just knew. “It was the weirdest spiritual thing,” she says. “About a month later, I remember saying to my best friend, ‘I’m not in love with him yet, but this is the man I’m going to marry.’”

Related Link: ‘Married at First Sight’ Couple Jamie Otis and Doug Hehner Share Love Advice: “A Strong Foundation is Key”

Not only was their meeting serendipitous, but they weren’t even supposed to be on the same flight or next to each other, for that matter. John planned to be in Florida for a medical talk with his friend Jim, but his buddy couldn’t make the flight. Jill was booked on a later plane, but a passenger didn’t show up for the earlier flight, so she got Jim’s seat next to John. And the rest is history!

Now, after nearly 13 years together, the married famous couple has three sons, who are ages 7, 9, and 11. When it comes to teaching her kids about romance, Connors is very open. “It’s because my parents never talked with me because they were strict Catholic Italian,” she reveals. “I still haven’t had
the sex talk with my mom, and I’ve already had it with my oldest son!”

The mother of three wants her kids to learn respect and the importance of working hard in a relationship. “The women’s job is a little harder, especially if she’s working,” Connors believes. “Realistically, she’s going to be the one working inside the home and the primary caretaker for the children.” When that’s the case, the reality TV star wants her boys to understand that they need to help their partners balance everything and be a team.

Jill Connors Talks Love Advice

This busy celebrity couple understands that balance is challenging to achieve in a marriage. Since Connors works with her husband, it’s even more difficult. “Because we work together, we’d be at work and then come home and talk about work,” she says. “It’s so hard to get that passion back, especially if you’re married for 13 years and have three kids!” But don’t fret because there are things you can do to put the spice back in your relationship and love. Connors’ love advice is to carve out alone time: “Sometimes, we have stay-cations, like an overnight trip to the St. Regis,” she shares. “You feel like you’re getting away, but you’re not too far away!”

Connors also says that it’s important to be comfortable with your significant other in order to avoid jealousy. “You need to know why you’re jealous,” she explains. “Is it because there’s a reason to be jealous, like your partner cheating? Or is it because you aren’t comfortable with yourself?” Once you figure out what the root of the problem is, then you can work on learning to trust the other person.

Related Link: Exclusive Celebrity Interview: ‘Player Gets Played’ Stars Discuss Moving On After Infidelity
Personally, Connors gets asked all the time if she’s jealous because her husband is a breast plastic surgeon. “He’s never made me feel like he’s attracted to these other women, and he’s so loving to me, so there’s no reason to be jealous,” she candidly says.

Although she’s been married for over a decade, she has some relationship advice for new couples. “The beginning of dating is the best, most fun time ever,” the celebrity mom shares. “If it’s hard in the beginning, it’s only going to get harder.” If that’s the case, she suggests that you move on. “You never know where that perfect person is. You could even meet them on an airplane!” she says with a laugh.

You can keep up with Jill Connors on Twitter. Tune in for Married to Medicine on Bravo on Sundays at 9/8c!