

Leading Non-Verbal Expert Shares Online Dating Love Advice



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Relationships and love are not always easy to find, and in this day and age, many people turn to online dating as they search for that special someone. This approach can be extremely effective, but it's important to keep a few things in mind in order to increase your chance of finding The One. In our celebrity interview, Dr. Paul Ekman, an expert in non-verbal communication, shares his best [love advice](#) to help you get through a first date with someone you met online.

Dr. Paul Ekman Shares Love Advice For Online Dating

Before you even go on a date, chat with your potential partners on Skype or FaceTime. That way, you'll be able to tell if they're authentic from the get-go. You can watch their facial expressions and hear their tone and pitch, gathering the non-verbal cues needed to get a better understanding of who they are. After all, you can't tell if they're lying via e-mail or text!

Related Link: [Love Advice: How To Tell If a Guy Likes You](#)

When it comes to your first date, Dr. Ekman's expert dating advice is simple: Be prepared to ask the right questions. He recommends that you find out the answers to these five questions below:

1. What do you like to do on vacation? If you can't travel together, you can't live together! Find out what your date likes to do for fun and see if you have any similar interests.

2. Why didn't your previous relationships and love work out? Really listen to how your date responds to this question and be on the lookout for any red flags. Of course, there are a few acceptable answers, like illness or death of a past lover and differing opinions about topics such as having kids or where to live.

3. Do you have a good relationship with the opposite sex parent? If the answer is no, they may look to you to fill that void. A bad relationship with any parent could cause issues in your love life, as they may have a skewed perspective of the family unit.

4. What is your online dating history? While this question isn't a necessity, it's helpful to know what sort of online

dating success your date has had thus far. How long have they been looking for love online? How many dates have they been on?

Related Link: [Dating Expert Gives Five Body Language Cues to Look For on a First Date](#)

5. What type of relationship do you want? Asking this question on a first date will let you know if you should continue this particular romance. If you have different answers, then it's time to move on!

Besides these verbal questions, don't forget to look for classic non-verbal cues while you're on the first date. Is your date leaning towards you? Are their eyes dilated? Are they making eye contact with you? These are all positive signs! Dr. Ekman even has a training tool called micro expressions, which can help you learn how to read people. Be sure to keep this love advice in mind the next time you go on a first date.

What questions would you ask on a first date? Let us know by commenting below!