

Relationship Expert Shares 8 Powerful Celebrity Women Who Will Change Your Life



By [Sandra Fidelis](#)

It's not easy balancing a successful career and a thriving relationship and love life. We, as modern women, have so much on our plates. The pressure of being a power player in the business world while maintaining a healthy relationship can be a big challenge. But as a [relationship expert](#), I know nothing is impossible.

Relationship Expert Shares How Powerful Celebrities Will Change Your Life

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The following ladies (some of the most powerful and successful women in the world) serve as great models for how to balance your work and relationship and love life. They show us the value of having both a great career and a thriving partnership.

1. Zoe Saldana. The starlet recently made celebrity news over her announcement that her husband, Mark Perego, opted to take on her surname. The *Avatar* actress and her dedicated artist husband juggle successful careers. Now, they add family to the mix after the birth of their celebrity babies, twins Cy and Bowie.

2. Pink. The singer began dating her motocross racer husband Carey Hart in 2001. After briefly separating in 2003, they announced their celebrity engagement in 2005 and married in 2006. The famous couple separated again in 2008, but reconciled in 2010. They welcomed daughter Willow soon after. Pink travels the world balancing family, her music career and Carey's motocross team.

3. Ellen DeGeneres. She's Hollywood's darling and along with wife Portia DeRossi an advocate for the LGBT community. The celebrity couple is going strong and Ellen credits Portia with being someone who truly gets her, supports her and wants the best for her. As a relationship expert, I know that's what we all want in a partner.

4. Jennifer Aniston. Jennifer is like a fashionable, cool older sister. We've watched her go through a painful celebrity

divorce and date Hollywood's most eligible bachelors. After finally settling down with fiancé Justin Theroux, Jennifer continues to be a power player in Hollywood. Her star has only continued to rise. Her range has expanded from a leading lady in romantic comedies to taking on more complex roles such as in her recent film *Cake*.

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5. Giselle Bündchen. Recently Giselle hung up her stilettos and announced that although she'll keep working in the modeling world, she won't be modeling for pay. Her hubby Tom Brady posted a sweet message about her accomplishments and what an inspiration she is to him. Aww!

6. Angelina Jolie Pitt. Mrs. Jolie Pitt credits her hubby Brad Pitt with being her rock. He supported her through her recent health issues as well as her work behind the camera. The Hollywood couple raises six children together and makes managing two high-profile careers look easy.

7. Oprah. Oprah has always had a lot on her plate. These days, she's running her own network, interviewing newsmakers and attempting to raise the world's consciousness with her hit show *Super Soul Sunday*. She's managed to maintain a low-profile relationship with her spiritual partner of 28 years, Stedman Graham. That may very likely be the reason it has lasted as long as it has.

8. Beyoncé. Beyoncé is consistently featured on Forbes list of most powerful women in the world. She credits her relationship with husband Jay-Z with giving her the strength and confidence to be fearless in her career choices and endeavors.

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These women serve as great models for managing a hectic

lifestyle while maintaining happy, thriving marriages and relationships. I know it may be difficult to compare your life to the women on this list (considering that all of them have access to assistance and support that most women only dream of having). These women have also figured out how to be the powerhouses that they are without intimidating and alienating their partners. This can certainly be a challenge for modern women. But these women have proven that you can have great love and a great career.

[Sandra Fidelis](#) is a relationship expert, best-selling author and speaker with a great talent for helping single women get off the dating merry-go-round and finally meet the right man.