

# Reality TV Stars Kirk and Laura Knight Share Baby News



By Kirk and Laura Knight

**Kirk:** I have really been putting a lot of thought into starting a family with Laura. I truly needed to make sure that I was ready to have a child and couldn't just succumb to any pressure. One of my fears was waiting too long and being in a situation similar to my father's, where he is spending his retirement years still tending to young children. I've loved being a young father and I want to be an active role model for our future children. Laura's going to be a great mom and she is already a great caretaker for me and our household.

# Reality TV Stars Are Ready to Start a Family

**Laura:** Kirk and I have been talking about having a baby for years – agreeing that we wanted to have a child together, but not sure when exactly the “right time” would be for this next chapter in our lives . I’ve gotten to a point in our [relationship and love](#) where I am ready *now*. At 34 years old, my clock is ticking. I began to worry that Kirk was never going to be on the same page as me. Just as I was having my doubts, my husband surprised me with his own revelation – he too was ready for a baby!!! Tears welled up in my eyes with joy at this happy news.

**Related Link:** [Reality TV Stars Kirk and Laura Knight Staying in Shape and the Possibility of Parenthood](#)

**K:** Now that its baby making time my confidence is extremely high and I know my super sperm will deliver. My excitement grows daily since I’ve made the decision to start a family, I am focused and can’t wait for this to happen.

# Celebrity Couple’s Plans For Staying Healthy

**L:** We have a couple things to focus on in order to stay on track with our plan – eat healthy, exercise and make that baby!!!

**Related Link:** [Bravo Reality TV Star Kirk Knight Reveals Details of His Unforgettable Wedding Day](#)

**K:** One evening I was working on the fish tank, Laura called me into our bathroom and gave me the shock of the year. Watch tonight’s episode of the reality TV show *Newlyweds: The First Year* to see what happens next.

*What's up next for this celebrity couple? Tune in to the realty TV show Newlyweds: The First Year on Tuesdays at 10/9c on Bravo to find out!*