

Expert Dating Advice: 5 Surefire Signs He's Into You...or Not



By Lori Zaslow and Jennifer Zucher for [Project Soulmate](#)

If you're having trouble deciding whether the new guy you're seeing is into you or not, you may be looking too far into it. In [relationships and love](#), guys are not as complicated as we make them out to be. In fact, it's relatively easy to tell if he's into you or not. We often allow our emotions to interfere with the reality of a situation. Consider our expert dating advice: Don't let your heart block your judgement and lead you to ignore the red flags that your man might be sending you!

Expert Dating Advice From Elite Matchmakers

This dating advice from Project Soulmate's relationship experts will help you determine if your man is into you or not:

1. Is he persistently pursuing you?: The bottom line is, if a guy wants to see you, he will. Don't make excuses for your man, thinking he's too busy with work or other commitments. If he's into you, he'll make time to see you, one way or another. He should be reaching out to you just as much – if not more – than you're reaching out to him. If you're constantly texting him first, this may be the reason that you are hanging out or talking frequently. Take a step back and wait for him to contact you instead. When a guy reaches out to you first, it means he's thinking about you and wants to see you again.

Related Link: [Expert Dating Advice: 5 Signs He's Mr. Now and Not Mr. Right](#)

2. How do you define your dates?: A date can tell you a lot about what your man's intentions are. If he frequently invites you over for a Netflix marathon or texts you late at night to meet up for a drink, he probably considers you to be his hook-up buddy more than anything else. If a guy is into you and sees a potential future with you, he'll court you, which means he'll make plans in advance for your date and take you to dinner or an activity that he knows you're interested in. He'll make an effort to impress you and pay attention to the type of things you like.

3. Do you believe his body language?: If a guy is into you, he won't be able to keep his hands off you. He'll send you obvious signs during your date. He'll make slight gestures, like putting his hand on your leg, putting his arm around you, or holding your hand in public. You can also tell a lot by

looking into his eyes. If his eyes light up when he sees you and he keeps eye contact when you are talking, he's into you.

How a Guy Will Show That He's Into Your Relationship and Love

4. Does he pay attention to you?: If a guy is interested in you, he'll take the time to get to know you. He'll not only ask about your family, work, hobbies, and interests, but he will actually *listen* to your answers. For example, he'll remember your favorite food or hobbies and make a date involving your interests to show you that he cares in a personal way.

Related Link: [Don't Just Drop Hints When You Want Commitment](#)

5. Does he subtly show you off?: Nothing says a guy is into you like introducing you to his friends. Pay close attention to the way he introduces you and how he acts towards you in front of his pals. If he is flirty and kisses you in front of his friends, that means he's proud to show you off. You can also tell how he feels about you by the way that his friends react to the introduction. If they seem to know about you already, that means that he talks about you, which means he's interested. If a guy is interested in you, he wants to become a part of your world and meet your friends as well.

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