

Expert Love Advice: Why Getting to Know Her Friends Is Like a Football Game



By [David Wygant](#)

For a guy, one of the most important steps in any [relationship and love](#) is getting to know her friends. Her pals are what I call the defensive coordinator, offensive coordinator, special teams coach – the list goes on. Basically, until you get their approval, her BFFs are going to be ripping you apart. They're going to be evaluating each and every move, almost like going through the game tape after each date. As a relationship expert, here is my best advice for winning her friends over.

Relationship Expert David Wygant Compares Relationships and Love to a Football Game

The defensive coordinator is the one who thinks her friend is going to get hurt. She is going to break down the date when the girl about it. She's going to say, "He actually did that at that moment? So did that other idiot four and a half years ago – do you remember that?"

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Her next friend is going to be a hopeless dreamer. She's the offensive coordinator. She's the one that desperately wants her friend to fall in love because she still believes in love. So everything this new guy does is going to be sweet and amazing.

The special teams coach is the woman that will break down all your bad habits. The conditioning coach is going to take a look at you and think, "Boy, he could dress a little bit better. Can you believe the shirt that he wore? He's still a project." The secondary coach is going to notice how you touch and look at her friend. She'll comment if you have too many hands on her, not enough hands on her, or not enough eye contact with her.

Expert Love Advice on How to Sway Her Friends' Opinion of You

That's what you're up against. It's literally an entire football team of coaches, and that's why it's so important to get to know her friends. So what do you do to impress them? You act like the perfect gentleman. A little PDA is fantastic. A few kisses are great. A compliment here and there is

amazing. Being in tune and paying attention to your girlfriend's stories is good.

My expert love advice is to listen carefully to *everything* her friends tell you. Be the life of the party that night. Talk to every one of her pals and get to know them. They need to see the amazing guy that your girlfriend sees. Remember that they're coming in with a checklist of things that they already do or don't like about you. So be nice to them, engage them, ask them about what they do for work. Be interested in who they are. Maybe even set them up with one of your friends if you see a potential match!

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Expressing your feelings for your girlfriend in front of them is even better. Something like, "That's why I like her so much – it's the way her mind works. God, I love listening to her." Ding, ding, ding! They already know that you're into her sexually. They want to know that you're into her emotionally too, that you're going to support her dreams and aspirations.

This expert love advice can save your next relationship and love. Think of it as a football game: You're going to meet all of her friends, all the coaches. You're going to be pulled aside. You're going to need to be affectionate but not overly affectionate. When you leave, you're going to need to give each of them a big hug and tell them that you absolutely enjoyed your time with them. Meeting her friends is the ultimate four-quarter game that you're going to play, and you need to be able to do it really well. It's that simple. It really is.

David Wygant is an internationally-renowned dating and relationship coach, author of the new book [Naked and speaker](#). Through his boot camps, personal coaching and his [website](#), his advice has transformed the dating lives and relationships of

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