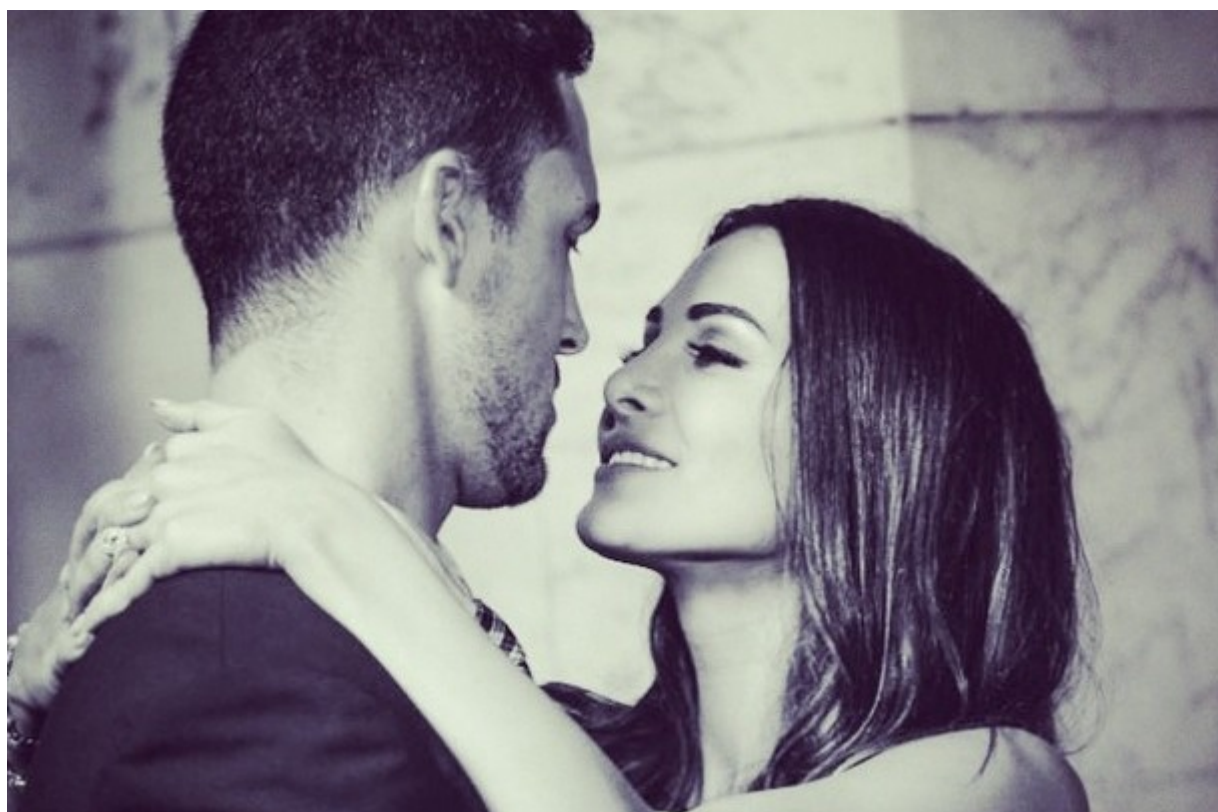


# 'The Bachelorette' Andi Dorfman Says Split From Josh Murray Is 'the Biggest Failure of My Life'



By

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Some celebrity love stories don't end with holy matrimony. Celebrity exes Andi Dorfman and Josh Murray split a few months ago during the holidays. According to [UsMagazine.com](http://UsMagazine.com), Dorfman said this is the biggest failure of her life so far. The reality TV star also said that the celebrity breakup was mutual, stemming from compatibility issues.

# Even celebrity exes like 'The Bachelorette' star Andi Dorfman and Josh Murray deal with feelings of failure in the wake of a break-up. What are some ways to keep those feelings at bay?

## Cupid's Advice:

Even though these celebrity exes have parted ways, that doesn't mean that either of them should feel like a failure. Here's some dating and relationship advice to help you deal with these feelings after an awful breakup:

**1. Be open and honest with yourself:** When you are ready to be open and honest with yourself about your relationship and love life, instead of bottling up emotions of regret and failure, your family and friends will be as supportive as they can be.

**Related Link:** ['Bachelorette' Season 10 Couple Andi Dorfman and Josh Murray Call it Quits](#)

**2. Remember you're not a failure:** Even though your fairytale ending didn't come true with this one, that doesn't mean it won't happen for you. The simple truth is that you fell in love, but now you both have decided to part ways. It's not a crime or a failure, it just didn't work out.

**Related Link:** [Celebrity Break-Up: Did Josh Murray Split with Former 'Bachelorette' Andi Dorfman for More Reality TV Fame?](#)

**3. Stay positive:** Try writing down positive and negative things about what worked in the relationship and what didn't. Acknowledge what you want and what you don't want. This will help you figure out how to choose the next lucky partner to

steal your heart.

**How do you avoid feeling like a failure after a breakup?  
Comment below!**